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How much water is there within calcium silicate hydrates? Probing water dynamics by Inelastic Neutron Scattering and Molecular Dynamics Simulations

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Zhanar Zhakiyeva, Valérie Magnin, Agnieszka Poulain, Sylvain Campillo, María Pilar Asta, et al.. How much water is there within calcium silicate hydrates? Probing water dynamics by Inelastic Neutron Scattering and Molecular Dynamics Simulations. 2023. hal-04235281

HAL Id: hal-04235281

<https://hal.science/hal-04235281v1>

Preprint submitted on 10 Oct 2023

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1 **How much water is there within calcium silicate hydrates? Probing**
2 **water dynamics by Inelastic Neutron Scattering and Molecular**
3 **Dynamics Simulations**

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39 **1 ABSTRACT**

40 Calcium silicate hydrate (C-S-H) is a disordered, nanocrystalline material acting as the primary
41 binding phase in Portland cement. Thin films of water are present on the surfaces and inside the
42 nanopores of C-S-H and related phases such as calcium-aluminum-silicate-hydrate (C-A-S-H), an
43 Al-bearing substitute present in low-CO₂ C-S-H cement. These water films control many of the
44 chemical and mechanical properties of C-S-H, including drying shrinkage, ion transport, creep,
45 and thermal behavior. Therefore, obtaining a fundamental understanding of their properties is
46 essential. In this work, we have applied a combination of inelastic incoherent neutron scattering
47 and molecular dynamics simulation methods to unravel the dynamics of water in synthetic C-
48 (A)-S-H samples conditioned at five hydration states (from dry to fully hydrated) and with three
49 different Ca/Si ratios (0.9, 1, and 1.3). Our results converge towards a picture where the
50 evolution from thin layers of adsorbed water to bulk capillary water is dampened by the
51 structure of C-(A)-S-H, in particular by the availability of Ca²⁺ sites which tend to keep the water
52 in the form of structured surface layers.

53 **2 INTRODUCTION**

54 Cement paste is a multiphase material containing an extensive network of pores of different
55 sizes. Water, either in bulk form or adsorbed at the surfaces of the different cement phases, is
56 omnipresent.¹ The most important phase in cement is calcium-silicate-hydrate (C-S-H) and its
57 Al-bearing analog, present in low-CO₂ cement calcium-aluminum-silicate-hydrate (C-A-S-H). The
58 C-(A)-S-H phase itself is a nanocrystalline and disordered material with varying Ca/Si ratio and
59 water content and distribution. Not surprisingly, water plays a crucial role as it directly
60 influences the mechanical properties of cement, such as shrinkage, creep, and strength of
61 concrete structures,² and fluid and solute transport processes that control cement geochemical
62 alteration and durability.³ The detailed properties of cement pore water, however, remain
63 challenging to characterize because of the complex, heterogeneous, and nanoporous structure
64 of the material⁴⁻⁶. Hence, understanding water dynamics in cement systems remains a
65 fundamental topic of interest⁷⁻¹¹.

66 Previous experimental studies of the dynamics of water have mostly focused on the entire
67 cement paste, using different spectroscopic techniques that access different energy and spatial

68 domains. For example, Nuclear Magnetic Resonance provides information about the types of
69 water, by probing the local environment of the proton, and about its relaxation and exchange
70 dynamics.^{6,9,10,12-14} Infra-red and Raman spectroscopies are sensitive to the stretching
71 vibrational modes of water, yielding information about the local environment of water.^{7,15}
72 Broadband Dielectric Spectroscopy accesses water motion regimes in different sized pores by
73 probing its dielectric properties.^{1,16}

74 Inelastic neutron scattering (INS)^{3,17-19} and Quasielastic Neutron Scattering (QENS)^{3,19-21} also
75 have been widely applied to probe the dynamics of water in cementitious materials and other
76 confined water systems ranging from Vycor glass,²² to chalk,²³ silica glass,²⁴ and clay minerals.²⁵
77 These methods probe time domains from nano- to picoseconds and spatial domains from 0.1 to
78 10 nm, thus allowing the study of water rotational and translational dynamics (diffusion,
79 exchange between different environments at interfaces and in nanopores). INS experiments
80 performed on cement pastes under varying relative humidity (RH) conditions have been found
81 to distinguish interfacial/interlayer water,^{3,19} translations of water molecules,^{26,27} translational
82 dynamics of portlandite hydroxyl ions,^{17,18} and librational modes of water (H-bond hindered
83 rotations of water molecules).

84 Atomistic simulation methods, including notably molecular dynamics (MD)²⁸⁻³⁰ simulations,
85 similarly can probe the dynamics of water in confined systems over time scales of nano to
86 femtoseconds and length scales of 0.1 to 10 nm, allowing direct comparisons with experimental
87 results from ¹H NMR, INS, QENS, and other experimental techniques. For example, a classical
88 MD study by Kalinichev et al.³¹ revealed diffusion coefficients of 5.0×10^{-11} m²/s for water in the
89 tobermorite (a natural crystalline analog of C-S-H³²) and 6.0×10^{-10} m²/s for water on the
90 external interfaces, in agreement with QENS experimental results.^{12,33}

91 Experimental and computational studies using the methods outlined above have converged
92 towards an identification of three water populations in cement paste with different dynamical
93 properties: (i) bulk-like water that is weakly bound and evaporates at around 100°C, which is
94 found in so-called gel pores larger than 3 nm in diameter; (ii) multilayer interfacial water found
95 within 1 nm (~3 water layers) from the C-(A)-S-H surfaces and; (iii) chemically bound water
96 that includes interlayer and strongly bound interfacial water and hydroxyls of Si-OH and Ca-OH
97 groups. A characteristic of these studies is that they have been performed on cement pastes^{34,35},
98 and many date back 10 to 20 years when limited instrumental resolution obstructed a detailed
99 data interpretation^{17,19,21,36}. These studies were instrumental in revealing the complexity of C-
100 (A)-S-H systems, including variability in the abundance of different phases and different water
101 populations. However, their use of comparatively 'macroscopic' approaches in sample
102 preparation has proved limiting in establishing a detailed molecular level understanding of

103 water in the pores or on the surfaces of the C-(A)-S-H phase of cement. In short, new
104 mechanistic understanding of the role that water plays in cement phase requires approaches
105 that can isolate water dynamics in the C-(A)-S-H phase.

106 In this work, we present an Inelastic Incoherent Neutron Scattering (IINS) investigation of
107 water in hydrated synthetic C-(A)-S-H complemented with MD simulations of water dynamics in
108 the same system using our recently developed C-S-H model.³⁷ IINS is a vibrational spectroscopic
109 method that is extremely sensitive to hydrogen atom vibrations due to the very large incoherent
110 scattering cross section of the H atom compared to other atoms. Consequently, it is ideal for
111 studying water dynamics, providing access to a wide range of water vibrational modes across
112 the spectroscopic range, even the librational modes that cannot be measured with other
113 techniques (for instance IR spectroscopy) because the signal is masked. The IINS method offers
114 several advantages compared to traditional spectroscopic techniques like Raman and IR
115 spectroscopy: i) Due to the interaction of neutrons with the nuclei, no selection rules apply,
116 enabling access to *all* vibrational modes; ii) Neutron scattering methods are non-destructive,
117 preserving the integrity of the sample for further analysis; and iii) Experimental neutron
118 spectroscopy data can be readily complemented and interpreted by atomistic level simulations,
119 including MD simulations.

120 We carried out IINS experiment, for C-(A)-S-H at three Ca/Si ratios (0.9, 1, and 1.3) and five
121 hydration states (fully hydrated, oven-dried, conditioned at 55% and 98% RH levels, and
122 desorbed/dried at 11% RH). First, we examine the impact of varying Ca/Si ratios and RH levels
123 on our experimental IINS data. This analysis sheds light on how these factors influence the
124 water dynamics within the C-(A)-S-H structure. Next, we utilize the generalized density of states
125 (GDOS) predicted by MD simulations to deepen our interpretation of our experimental data and
126 reveal the complex interplay between structural parameters and observed spectral features.
127 Finally, we evaluate the diffusion coefficients of interfacial and interlayer water and
128 subsequently compare them to the diffusion constant of bulk water. This comparison provides
129 insights into the differing mobility behaviors of water in distinct compartments within the C-
130 (A)-S-H system.

131

132 **3 MATERIALS AND METHODS**

133 **3.1 Sample preparation**

134 C-S-H samples of Ca/Si = 1, 1.2, and 1.3 were synthesized by reacting calcium oxide and fumed
135 silica in water inside an N₂ wet glove box. Calcium oxide was obtained by calcination of CaCO₃
136 (Sigma-Aldrich, Fluka, Bioultra) at 1000 °C for 18 h and stored in a vacuum desiccator until

137 usage. Fumed silica SiO₂ (Sigma-Aldrich, Aerosil 200) was placed in an oven at 40 °C for ~24 h
138 to remove physisorbed water prior to each experiment. Deionized water was boiled and
139 degassed with N₂ gas to remove all dissolved CO₂. The quantities of calcium oxide and fumed
140 silica required to prepare C-S-H of predetermined stoichiometry were calculated using the
141 method reported by Haas and Nonat³⁸ (Table S1 in the Supporting Information). Samples were
142 left reacting under stirring conditions for ~1 month in High Density Polyethylene (HDPE)
143 bottles inside a wet N₂ glove box, then filtered using Millipore® filter paper (0.22 μm, GSW1
144 UM), and the wet C-S-H residue was left to dry inside a glove-box for ~12 h. The C-A-S-H
145 samples with Ca/Si = 0.9, and Al/Si = 0.1, were synthesized following the protocol that can be
146 found elsewhere³⁹. We use C-(A)-S-H when we refer both to C-S-H and C-A-S-H samples.
147 Aliquots of these C-(A)-S-H samples were preserved and will be referred to as fully-hydrated or
148 'FH' C-(A)-S-H.

149 The remaining portion of each FH C-(A)-S-H sample was oven-dried at 40 °C in a vacuum oven
150 for ~24 h. Based on previous studies⁷ and our own experience, this temperature is not sufficient
151 to remove highly-bound water even under conditions of dynamic vacuum, but it is enough to
152 evaporate the majority of bulk capillary-pore and adsorbed gel-pore water. A part of these
153 samples was stored separately and is referred to as oven-dried or 'OD' C-(A)-S-H.

154 The remainder of each sample was exposed to a controlled RH of 55% or 98% using saturated
155 salt solutions of Mg(NO₃)₂·6H₂O and K₂SO₄, respectively (Figure S1 in the Supporting
156 Information). The equilibration times for C-S-H samples lasted 1 week, and for C-A-S-H samples
157 1 month. The different equilibration times were due to the availability of the neutron beamtime.
158 We note that, ideally experiments involving water adsorption in C-(A)-S-H should be done in the
159 same timeframe to eliminate the equilibration time effect. We refer to these C-(A)-S-H as '55RH'
160 and '98RH' samples. Finally, a portion of each 98RH C-(A)-S-H sample was stored inside a
161 vacuum desiccator containing silica beads to remove any adsorbed or bulk water⁴⁰. We named
162 these samples desiccator-dried or 'DD' samples.

163 Following these conditioning protocols, we obtained C-S-H samples labeled CSH_Ca/Si_%RH,
164 where %RH is the relative humidity value at which they were conditioned. The C-A-S-H samples
165 were labeled CASH_Ca/Si_%RH. In the text, we refer to 'wet' (FH, 98RH) and 'dry' (55RH, OD,
166 DD) C-(A)-S-H samples. As C-(A)-S-H is sensitive to atmospheric CO₂, all synthesis and
167 conditioning processes were performed under an inert gas atmosphere of N₂.

168 **3.2 Sample characterization**

169 **Inductively coupled plasma - atomic emission spectrometry (ICP-AES).**

170 Ca/Si ratios were determined using ICP-AES (Varian 720ES Agilent). The C-(A)-S-H particles (5-
171 10 mg) were dissolved by adding of concentrated 14 M HNO₃ (distilled) and 28 M HF (47-51%,

172 Trace Metal™, for Trace Metal Analysis, Fisher Chemical) acids, followed by heating the solution
173 for ~24h at ~80°C. The final step involved diluting with boric acid and ultrapure water up to
174 150 mL prior to the measurement.

175 **Water adsorption volumetry**

176 Water adsorption isotherms were obtained at 25 °C using a Belsorp-Max instrument by BEL
177 JAPAN Inc. A long acquisition time of at least 2 weeks was required due to the slow equilibrium
178 kinetics. Prior to the measurements, all samples were outgassed at 50 °C for 24 h under a
179 residual pressure of 4.652×10^{-5} Pa. The classical Brunauer–Emmett–Teller (BET) theory was
180 used to analyze the isotherms and derive the specific surface area (SSA)⁴¹ (Table 1).

181 **Thermogravimetric analysis**

182 Thermogravimetric analysis (TGA, Mettler-Toledo TGA-DSC3+) was used to examine the
183 thermal decomposition and determine the water content of the C-(A)-S-H samples. The samples
184 were analyzed at a heating rate of 10°C/min up to 600°C in an N₂ environment with a flow rate
185 of 20 mL/min. The samples were loaded in aluminum crucibles and were hermetically sealed
186 with aluminum caps inside a glove box or a glove bag filled with N₂ equilibrated at the same RH
187 used to condition the sample. The sample mass used for TGA analyses varied between 8 and 30
188 mg. The amounts of water deduced from the TGA have been normalized per mass of C-S-H
189 measured at the end of the heating, at 600°C.

190 **Synchrotron X-Ray diffraction**

191 Synchrotron XRD measurements for the C-S-H samples were performed at the ID31 beamline of
192 the European Synchrotron Radiation Facility (ESRF) in Grenoble, France. Prior to analysis, C-
193 (A)-S-H samples were loaded into 1.5 mm (ID31) polyimide capillaries inside the glove bags, or
194 wet glove-box, at the same RH values. The capillaries were sealed airtight on both ends using a
195 two-part epoxy adhesive.

196 At the ID31 beamline, a monochromatic X-ray beam of 78 keV ($\lambda = 0.159 \text{ \AA}$) was used to obtain
197 scattering patterns of C-S-H samples. The data sets were collected using a PilatusX 2M CdTe
198 detector placed at a sample-to-detector distance of $d_1 = 1.226$ m to obtain scattering patterns
199 with a Q range of 0.1-6.2 \AA^{-1} . This allowed the measurement of the Bragg peak corresponding to
200 the interlayer distance of C-S-H. Data were automatically corrected for internal dark current.
201 Two-dimensional images of the scattered intensity were azimuthally integrated using the pyFAI
202 software package⁴². The pattern from the empty capillary was subtracted as a background.

203 The C-A-S-H samples were measured at the 11-ID-B beamline at the Advanced Photon Source,
204 Argonne National Laboratory. Samples were analyzed with a monochromatic X-ray beam of
205 58.6 keV ($\lambda = 0.2115 \text{ \AA}$). Data were collected with a Perkin Elmer XRD 1621 N ES detector and

206 sample-to-detector distance of $d = 0.799$ m to access a Q range of 0.2 - 10.4 \AA^{-1} . Data were
207 automatically corrected for internal dark current. Two-dimensional images of the scattered
208 intensity were azimuthally integrated using the GSAS II software package⁴³.

209 **Distribution of water in C-(A)-S-H**

210 The total weight loss (from 25 to 600°C) qualified by TGA, which includes all water and
211 hydroxyls in the samples, is referred to here as ‘total water’ amount. We opted to include the
212 hydroxyl groups in the total mass, because in the IINS experiment we cannot separate the
213 signals from water and hydroxyls. The amount of bulk-like water is quantified based on the first
214 minimum of each dTG curve around 100°C (Figure S3 in the Supporting Information). We note
215 that this water classification is based on the energetics of water release from C-(A)-S-H. Thus,
216 bulk-like water is water that evaporates at around 100°C and is found predominantly in large
217 gel pores (>3 nm), but small amounts of bulk-like water are also found in the ‘dry’ samples as
218 remnant water inside the large pores. The amount of non-evaporable interlayer and strongly
219 bound monolayer water was assumed to be the water in OD samples after the bulk-like water is
220 evaporated. This value was called “Interlayer, hydroxyl, and monolayer water” in Table 1 and
221 was the same for all samples for a given Ca/Si with a total weight larger than the OD sample.
222 This assumption is valid because the OD sample was the starting sample that was subjected to
223 wetting (see sample preparation Figure S1).

224 The amount of multilayer adsorbed water upon rewetting was calculated by subtracting the
225 bulk-like water, interlayer, and monolayer water from the total water amount. Within this
226 category, the amount of water that entered the interlayers and led to swelling of the interlayer
227 space (as evidenced by increasing XRD d_{001} values) was named the ‘Multilayer and interlayer
228 water’.

229 **3.3 Inelastic Incoherent Neutron Scattering**

230 The inelastic neutron scattering event involves both energy (E , cm^{-1}) and momentum ($|Q|$, \AA^{-1})
231 transfer. The energy transfer (E_T) is defined as $E_T = E_i - E_f$ where i and f refer to the incident and
232 final values, respectively. The momentum transfer is given by $\mathbf{Q} = \mathbf{k}_i - \mathbf{k}_f$, where the absolute
233 value of the wavevector \mathbf{k} is defined as $|\mathbf{k}| = \frac{2\pi}{\lambda}$, and λ is the wavelength of the neutron. IINS
234 captures vibrational modes across the wide energy range, from the microwave to the ultraviolet
235 regions. We are most interested in the region spanning from microwave to mid-infrared, i.e.,
236 from 20 to 2000 cm^{-1} .

237 INS spectra of C-S-H samples with Ca/Si=1.2 and 1.3 were collected in the energy range from
238 133.3 to 1940 cm^{-1} (16.5 to 240 meV) with an energy resolution of $\Delta E/E \sim 2$ - 3% using the
239 indirect geometry spectrometer Lagrange (LARGE GRAPHITE ANALYSER FOR GENUINE EXCITATIONS)

240 secondary spectrometer at the hot source of high-flux reactor of the Institut Laue-Langevin
241 (ILL), France (doi:10.5291/ILL-DATA.7-04-167)^{44,45}. A combination of two double focusing
242 monochromators was used to access the energy range: Cu(220) to access the intermediate
243 energies, and Si(311) for lower energies.

244 The energy transfer range was obtained by subtracting the final energy of 4.5 meV of
245 PolyGraphite (PG) analyzers from the experimentally obtained one. The samples were loaded
246 into hollow aluminium cells, which were sealed under RH conditions matching the preparation
247 of each of C-S-H samples. The INS spectra were collected at 10 K (to lower the Debye-Waller
248 factor) for the samples, the empty holders, and the cryostat. The background spectrum from the
249 latter was subtracted from the raw INS spectra of the C-S-H samples. The obtained intensity was
250 normalized by the monitor counts and empty cell signal was subtracted using LAMP (Large
251 Array Manipulation Program) software.⁴⁶

252 Providing that the final wavevector, k_f , is much smaller than the incident wavevector k_i , the
253 observed intensity is directly proportional to the generalized density of states (GDOS), which in
254 the case of hydrogenated samples is the hydrogen partial density of states.

255 The INS spectra of C-S-H samples with Ca/Si = 1, and C-A-S-H samples with Ca/Si = 0.9 were
256 measured at 10 K using TOSCA spectrometer at the ISIS spallation Neutron and Muon Source
257 (Rutherford Appleton Laboratory, UK).^{47,48} TOSCA is an indirect geometry time-of-flight
258 spectrometer operating in the energy transfer ranges up to 8000 cm⁻¹ with an $\Delta E/E$ resolution
259 of $\sim 1.25\%$. The samples were loaded in Al cells and sealed with In-wire under RH conditions
260 matching the preparation of the C-S-H samples. All manipulations were performed inside a wet
261 glove box or glove bags to prevent contamination by carbon dioxide. The Al cells were then
262 mounted on a center stick connected to a gas handling system. The INS signals from sample
263 scattered neutrons and empty Al cells were recorded by detectors both in forward and in
264 backward directions for about 4 hours per sample. The neutron beam size was approximately
265 40 mm x 40 mm. The resulting data were combined using Mantid software.⁴⁹ Inelastic signals
266 coming from the empty Al cells were subtracted for each sample, and the spectra were scaled by
267 sample mass. More precisely, spectra were normalized by initial sample mass, i.e., the mass of
268 the oven-dried C-S-H samples before conditioning at varying RH levels.

269 **3.4 Molecular Dynamics Simulations**

270 Atomistic simulations were performed at the Cori supercomputer at the National Energy
271 Research Scientific Computing Center (NERSC, USA) using the MD simulation code LAMMPS,⁵⁰
272 which solves Newton's equations of motion for many-particle systems interacting through
273 pairwise potentials. Interatomic interactions were described using the SPC water model,⁵¹ and

274 the CLAYFF model of mineral-water interactions.^{52,53} The CLAYFF force field was chosen
275 because of its versatility and successful descriptions of various systems including clay
276 minerals,^{31,54-57} zeolites,⁵⁸ and other phases,⁵⁹⁻⁶¹ validated against the results of X-ray and
277 neutron scattering experiments,^{31,62} and a variety of other experimental techniques.^{63,64}

278 The structure of the C-S-H nanoparticle model is described in detail elsewhere³⁷ and is briefly
279 presented in Figure S2 in the Supporting Information. While we acknowledge the existence of
280 the C-S-H sheet model,⁶⁵ for the purposes of this discussion whether the edges of the C-S-H
281 particle are chemically connected or not should have little or no impact on our results. The C-S-
282 H model used in our MD simulations is based on the colloidal model by Jennings,⁶⁶ and it
283 describes well the structural characteristics of interfacial water³⁷.

284 We have simulated our C-S-H nanoparticle model at two hydration states: a comparatively 'dry'-
285 state named 'CSH-dry-NP' with $H_2O/Si = 1.35$ (molecules/molecules) and interlayer spacing
286 $d_{001-MD} = 11.0(2)$ Å and a fully hydrated state 'CSH-wet-NP' with $H_2O/Si = 38.5$ and interlayer
287 spacing $d_{001-MD} = 13.0(2)$ Å.³⁷ Analyses of the MD simulation trajectories were performed using
288 custom-made Python codes over the frames from the production runs. The GDOS of the two
289 simulated systems were calculated using the Molecular Dynamics Analysis for Neutron
290 Scattering Experiments (MDANSE) python-based application.⁶⁷

291 **4 RESULTS AND DISCUSSION**

292 **4.1. Water content in C-(A)-S-H samples as a function of Ca/Si**

293 Calcium-(aluminium)-silicate-hydrates are well known to have varying stoichiometry
294 depending on the Ca/Si ratio, the hydration state of the sample, and the abundance of defects in
295 the C-(A)-S-H structure.⁶⁸⁻⁷⁰ To discern this variations, we determined the water content and
296 distribution in our C-(A)-S-H samples at three Ca/Si ratios (0.9, 1, and 1.3), encompassing five
297 different hydration states and an additional sample of CSH_1.2_DD.

298 ***'Dry' C-(A)-S-H samples (55RH, OD and DD)***

299 Results from the TGA experiments indicate similar amounts of water for all 'dry' C-(A)-S-H
300 samples. The total amount of water in 'dry' C-(A)-S-H were constant regardless of Ca/Si value
301 and in accordance with the literature⁷¹. The average quantity of total water for OD samples was
302 about 18 wt.%. The d_{001} spacing values for OD samples were about 0.6 Å lower than for DD
303 samples, which can be explained by the more efficient removal of interlayer water under
304 vacuum.

305 The 55RH C-(A)-S-H samples contained about 20 wt.% of total water irrespective of Ca/Si ratios.
306 We calculated the amount of water adsorbed upon rewetting at 55% RH by subtracting the
307 'interlayer, hydroxyl, monolayer' and bulk-like water from the total water. The results of TGA

308 and WSI point to decreased amounts of adsorbed water with increasing Ca/Si ratios. The WSI
 309 results show that the amount of adsorbed water for CASH_0.9 was roughly 1.9 times larger than
 310 for CSH_1.3 and CSH_1 (Table 1).

311 Exposure of the 98RH samples to a desiccator environment (<11% RH) containing silica gel led
 312 to a reduction in total water content by 10-20 wt.% and to the transformation of these samples
 313 into DD samples. TGA and dTG curves reveal that 98RH samples lost primarily bulk-like
 314 capillary pore water and adsorbed gel pore water, resulting in ~16 wt.% of total water in DD
 315 samples (Figure S3 in the Supporting Information). At RH levels <11%, 'drying' of the interlayer
 316 also takes place^{4,40,72}, leading to a contraction of the d_{001} values, observed through XRD (Figure
 317 1). The extent of C-(A)-S-H interlayer space contraction is about 2.5 Å, on average, from 'wet' to
 318 'dry' samples, consistent with the work of other researchers (who reported ~3 Å)⁷. This value is
 319 roughly the size of a water molecule, which is complementary to the TGA data showing a
 320 difference of about 1 H₂O/Si between the 'dry' and 'wet' C-(A)-S-H samples also reported in the
 321 literature^{7,70,71}.

322 *Table 1. Summary of TGA, WSI, and XRD results for 'wet' and 'dry' C-(A)-S-H samples. Columns 3-6 refer to*
 323 *TGA results in units of mmol/g_{CSH-dry} (mass of C-(A)-S-H samples at 600 °C, at the end of the TGA cycle).*
 324 *Column 7 refers to WSI results in units of mmol/g_{CSH-dry} (mass of C-(A)-S-H samples after the WSI pre-*
 325 *treatment with 50 °C in the vacuum).*

Sample name	Total water, wt.% (25-600°C)	Bulk-like water (100°C)	Interlayer, hydroxyl & monolayer water	Multilayer & interlayer water	WSI adsorbed water	SSA (m ² /g)	d_{001} -XRD (Å)
C-A-S-H.							
Ca/Si=0.9							
DD	16±2	2±0.7	8.6±0.7			353	12(2)
OD	19±2	4.2±0.7	9.4±0.7				11.9(2)
55RH	22±2	4.6±0.7	9.4±0.7	0.5±0.9	8.35		12.4(2)
98RH	36±2	11.3±0.7	9.4±0.7	11.1±0.9	22.25		13.7(2)
C-S-H.							
Ca/Si=1							
DD	15±2	0.8±0.7	9.2±0.7			180	11.6(2)
OD	17±2	0.8±0.7	10.3±0.7				10.6(2)
55RH	23±2	2.5±0.7	10.3±0.7	4.1±0.9	4.43		12(2)
98RH	27±2	5.2±0.7	10.3±0.7	4.9±0.9(2)	20.31		12.3(2)
FH	28±2	6.1±0.7	10.3±0.7	5.2±0.9	0		13.1(2)
C-S-H.							
Ca/Si=1.3							
DD	16±2	1±0.7	9.2±0.7			135	10.4(2)
OD	17±2	1.6±0.7	9.8±0.7				9.8(2)
55RH	20±2	1.6±0.7	9.8±0.7	2.3±0.9	4.38		
98RH	24±2	2.7±0.7	9.8±0.7	4.4±0.9	14.11		11.9(2)
FH	26±2	5±0.7	9.8±0.7	5.2±0.9			11.5(2)
C-S-H.							
Ca/Si=1.2							
DD	16±2	0.9±0.7	9.5±0.7			177	10.6(2)

326

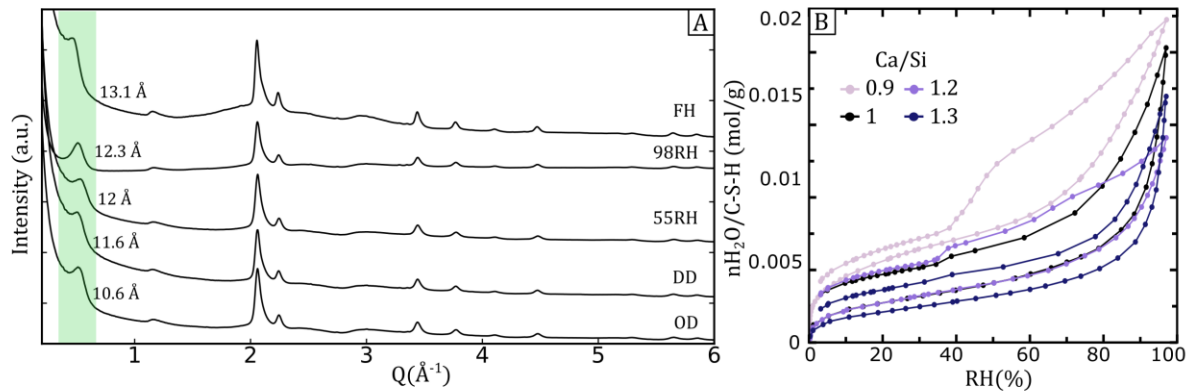
327 ***'Wet' C-(A)-S-H samples (FH and 98RH)***

328 The TGA results revealed that fully-hydrated samples CSH_1_FH and CSH_1.3_FH contain 28,
329 and 27 wt.% of total water, respectively. This total water consists primarily (mol/g_{dry-CSH}) of less
330 strongly bound bulk-like capillary water, as indicated by intense dTG minima centered at 100°C
331 (Figure S3 in the Supporting Information). The FH samples have interlayers filled with water
332 molecules, reflected in d_{001} values of 11.5 Å for CSH_1.3 and 13.1 Å for CSH_1 sample. These
333 values are about 2 to 2.5 Å larger than for 'dry' C-(A)-S-H samples (Table 1).

334 WSI was used to calculate the specific surface areas of C-(A)-S-H accessible to water. According
335 to the IUPAC classification⁷³, the water sorption isotherms belong to type II with an H3
336 hysteresis type formed throughout the whole RH range (Figure 1). A characteristic hysteresis
337 between adsorption and desorption branches, and a sudden drop in the adsorbed amount at RH
338 ~35% were observed for nearly all samples. The origin of the hysteresis is generally explained
339 by the presence of 'ink bottle pores' that have narrow entrances to the pore, which are
340 considerably smaller than the actual pore diameter⁷⁴. The BET method⁴¹ allows the calculation
341 of the SSA from the adsorption branch at relative pressure levels from 0.05 to 0.3. The results
342 show a clear decrease in SSA of C-(A)-S-H at increasing Ca/Si ratios (Table 1). For Ca/Si ratios
343 from 0.9 to 1.3, the SSA decreases from 353 m²/g for CASH_0.9 to 135 m²/g for CSH_1.3. We
344 note that the absolute values for surface areas of cement pastes and pure C-S-H vary widely
345 depending on the adsorbate used, the drying technique, and the temperature of the sample^{74,75}.

346 The rewetting at 98% RH of the OD (oven-dried) samples proceeds through water populating
347 the interfaces and the interlayer⁴⁰, with the amount of adsorbed water depending on the
348 equilibration time⁷⁶. The comparison of our WSI data with the data from Roosz et al.⁸ show that
349 long exposure to RH > 95% leads to higher amounts of water being adsorbed on the C-(A)-S-H
350 surfaces, followed by capillary condensation in pores. This phenomenon results in varying
351 amounts of total water for 98RH C-(A)-S-H samples at varying Ca/Si ratios.

352 We calculated the amount of adsorbed water in our C-(A)-S-H samples by subtracting the
353 'Interlayer, hydroxyl, and monolayer' and bulk-like water from the total water amounts in our
354 98RH samples. Some part of this adsorbed water condenses in large gel pores and stays as bulk-
355 like water. The TGA/dTG curves show that the proportions of bulk-like water to total water
356 decrease from CASH_0.9 to CSH_1 to CSH_1.3. Some part of the adsorbed water stays as
357 multilayer interfacial water, and some water enters the interlayers thus increasing d_{001}
358 reflection values by 1.8 to 2 Å (Table 1).



359

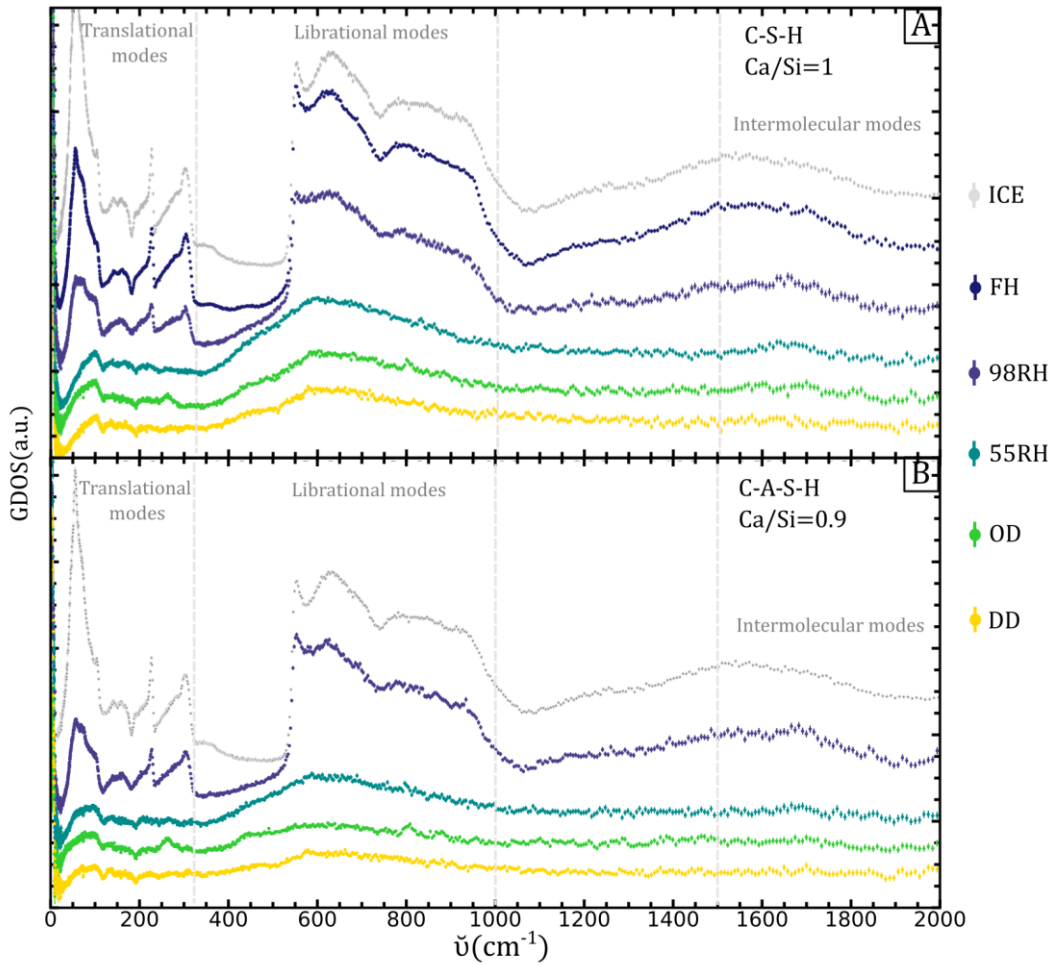
360 *Figure 1. (A) X-ray diffraction patterns of CSH_1 sample showing changes in the d_{001} values with changing*
 361 *RH levels: FH (fully hydrated), 98RH (conditioned under 98% RH), 55RH (conditioned under 55% RH), DD*
 362 *(desiccator dried), OD (oven dried); (B) Water sorption isotherms of C-(A)-S-H samples showing the amounts*
 363 *of adsorbed water at increasing RH values.*

364 **4.2. Experimental IINS data**

365 In this section we detail the results of the IINS experiments that were used to probe the
 366 dynamics of water in C-(A)-S-H samples with three Ca/Si ratios (0.9, 1, 1.3) at five hydration
 367 levels. The integrated intensity of the IINS spectra (GDOS) is proportional to the total amount of
 368 water and hydroxyls in the C-(A)-S-H samples.

369 **4.2.1. Impact of RH level in CSH_1**

370 A first comparison between the C-S-H and ice Ih spectra allow distinguishing the 'dry' C-S-H
 371 samples (green-yellow curves) from the 'wet' C-S-H samples (blue curves) (Fig. 2). The former
 372 contains only interlayer and interfacial water and have lower water content than the 'wet'
 373 samples (as deduced from WSI, TGA and XRD data). The spectra resulting from the 'wet' C-S-H
 374 samples contain bulk capillary pore water in addition to the interlayer and interfacial water.



375

376 *Figure 2. Evolution of the generalized density of states (GDOS) of (A) CSH₁ samples; (B) and CASH_{0.9}*
 377 *samples with increasing hydration states. For the sake of clarity, all the spectra have been arbitrarily shifted*
 378 *along the GDOS axis. The spectra have been normalized to the water content of the sample in the beam. The*
 379 *translations of water molecules at 80, 226, and 305 cm⁻¹ (10, 28, and 38 meV) evident in samples containing*
 380 *bulk-like water (FH and 98RH) evolve into the dampened signal at 96 cm⁻¹ (12 meV) upon loss of water.*
 381 *Accordingly, librational edges evolve from the sharp vertical onset in FH samples into a rising slope in dry*
 382 *samples (55RH, OD, DD). The librational edges of 98RH samples contain features of bulk-like water and*
 383 *multilayer adsorbed water. Librational modes, which reflect the hydrogen bonding network, undergo*
 384 *changes in shape and intensity as they transition from an ice-like distribution to a broader triangular shaped*
 385 *distribution spanning a range of frequencies from 400 to 1000 cm⁻¹ (equivalent to 50 to 125 meV). The*
 386 *librational modes of drier samples (OD, DD) have lower intensities and librational edges shifted to lower*
 387 *energies than in the 55RH samples, reflecting their smaller water content and less extensive H-bonding*
 388 *network.*

389 The power spectra of ice Ih (grey curve in Figure 2) can be broken down into three different
 390 regions: a low energy part representing the translational modes at 0-323 cm⁻¹ (0-40 meV); a
 391 librational region, which represents hindered rotations of H-bonded water molecules, is found
 392 between 444-968 cm⁻¹ (55-120 meV); the high frequency intramolecular vibrations, such as
 393 bending modes are observed at 1613 cm⁻¹ (200 meV) and O-H stretching modes at 3307 cm⁻¹
 394 (410 meV)⁷⁷.

395 *Lower energy modes (0-320 cm⁻¹)*

396 The lower energy translational modes in ice Ih are characterized by the triangular features at 57
397 cm⁻¹ (~7 meV) known as acoustic modes, and at 226 and 298 cm⁻¹ (28 and 37 meV) known as
398 optic modes. These modes involve the O-H stretch for a tetrahedral bonding motif in the ice
399 lattice⁷⁸. The same translational modes are evident in the 'wet' C-S-H samples, with slightly
400 lower relative intensities than in ice Ih. On the other hand, the 'dry' C-S-H samples show a
401 dramatic change in the region of lower energies, with translational and acoustic modes
402 attenuated and shifted to higher frequencies. This signifies that the tetrahedrally ordered
403 structure of the H-bonding network is not present, meaning that the water molecules on the C-
404 S-H surfaces have a different local order than in ice Ih.⁷⁹ **REF MONICA LI**

405 The behavior described above has been previously observed for water adsorbed at the solid-
406 water interfaces of other nanosystems^{3,23,77,80-83}. In the case of cementitious materials, previous
407 INS studies have identified the peaks at around 80 and 242 cm⁻¹ (10 and 30 meV) as
408 'fingerprints' of confined water. In computer simulations⁸⁴ and experimental studies on Vycor
409 glasses^{22,26}, these peaks have been attributed to the translational motions of water molecules
410 inside the confining cage. Analogous peaks are observed are at about 97 and 249 cm⁻¹ (12 meV
411 and 30.9 meV). The difference in peak position relative to previous studies of cementitious
412 materials could be due to the improved resolution of the instruments or to the tendency of these
413 peaks to shift and vary in spectral intensity depending on the ions present in the system and the
414 hydration state^{83,85}. Finally, the temperature of the experiment affects the intensities of these
415 peaks, with a significant sharpening of the signals as temperature goes below 0°C²². In our case,
416 we have assigned these peaks to the dangling hydrogens of strongly bound interfacial water
417 molecules, based on the calculated partial GDOS as will be explained later.

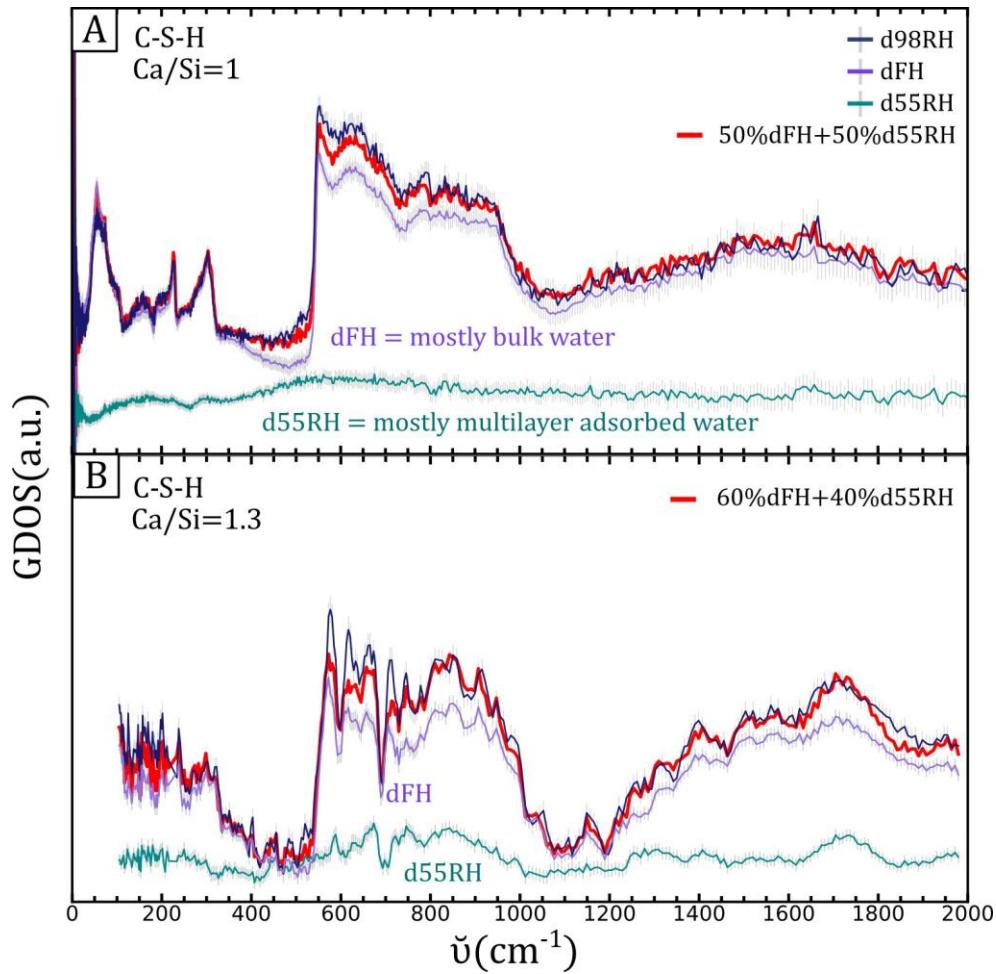
418 *Librational modes (300-1000 cm⁻¹)*

419 The librational modes found between ~300-1000 cm⁻¹ (37-124 meV) are very sensitive to the
420 strength of the hydrogen bonds. The librational modes include the rocking, twisting, and
421 wagging modes with their corresponding energies increasing accordingly (shown schematically
422 in Figure S3 in the Supporting Information). However, the modes associated with different
423 motions are strongly coupled and cannot be readily deconvolved^{85,86}. The librational edge
424 represents the start of the librational modes energies, with a sharper edge at the low frequency
425 side signaling the presence of a highly ordered structure with degeneration of some of these
426 modes into a sharp peak indicative of water forming an extensive H-bonding network.

427 The evolution of the shift of the librational edge as a function of the water content can be
428 followed by the changes observed from about 350 cm⁻¹ (~43.3 meV) for 'dry' to nearly 520 cm⁻¹
429 (~204 meV) for 'wet' C-S-H samples. The absence of a clear librational edge (a broken

430 degeneracy of the librational modes) similar to ice confirms the absence of bulk-like water in
431 the 'dry' C-S-H samples. Among the 'dry' C-S-H samples, the librational modes of the OD and DD
432 samples show shoulders at about 500 cm^{-1} (a convolution of the rocking, twisting, and wagging
433 modes), while the 55RH C-S-H sample shows a smoother and sharper edge, indicating the
434 presence of more water. This is in good agreement with the results of TGA, which show that
435 CSH_1_55RH contains 35% and 40% more of total water than the OD and DD samples,
436 respectively (Table 1). Experimental⁸ and computational⁸⁷ work has shown that at $\sim 55\%$ RH, C-
437 S-H contains both interlayer and multilayer adsorbed water.

438 The 'wet' C-S-H samples reveal a close resemblance to ice, showing that they contain bulk liquid-
439 like capillary pore water in addition to the interlayer and interfacial water. The CSH_1_98RH
440 incorporates less bulk water than the fully hydrated C-S-H sample as shown by the results of the
441 TGA and XRD experiments. Indeed, the start of the librational edge of CSH_1_98RH coincides
442 with that of CSH_1_55RH, followed by a sharp vertical rise coinciding with the librational edge
443 of ice Ih at around 500 cm^{-1} (62 meV) shown in Figure 2A. The 'combined' edge of CSH_1_98RH
444 shows that the sample contains multilayer water, together with bulk capillary pore water. We
445 performed the linear combination fitting by taking two end members (dFH and d55RH) to fit C-
446 S-H_98RH samples. Both dFH and d55RH spectra are the results of the subtraction of OD from
447 FH and 55RH spectra, respectively. The subtraction of the OD spectrum aimed to remove most
448 of the contributions from interlayer and monolayer water, thus leaving predominantly bulk-
449 liquid-like water in dFH and multilayer adsorbed water in d55RH spectra (Table 1). The
450 CSH_1_98RH spectrum showed a good match to an evenly-weighted-sum of the dFH and d55RH
451 spectra (Figure 3A). The fit results are in good accordance with the TGA data, showing that upon
452 rewetting of the CSH_1 sample at 98% RH, the water distributed as 52% of bulk-liquid-like
453 water and 48% multilayer adsorbed water.



454

455 *Figure 3. Linear combination fittings of C-S-H 98RH samples: (A) Ca/Si = 1 best fit with 50% of dFH and 50%*
 456 *of d55RH samples; (B) Ca/Si=1.3 best fit with 60% of dFH and 40% of d55RH samples.*

457 *Intramolecular modes (1500-4000 cm^{-1})*

458 At higher energies, we observe intramolecular modes including H-O-H bending modes at around
 459 1650 cm^{-1} (205 meV) and O-H stretching modes at around 3600 cm^{-1} (446 meV). The values of
 460 the former and the latter modes tend to shift to higher frequencies with increasing water
 461 content. In our case, this is not observed because both bending and stretching modes are
 462 difficult to distinguish from the background signals. There are several plausible explanations:
 463 first, at high energy transfers of IN1-Lagrange and TOSCA instruments (inverse geometry) the
 464 signal is dampened significantly. Secondly, the Debye-Waller effect i.e., the thermal fluctuations,
 465 at higher Q values substantially attenuate the intensity in the spectra. Experiments were
 466 performed at 10 K to avoid most of thermal fluctuations. Finally, at higher Q ranges there is an
 467 increase in multiphonon intensity, which gives a rising background with increasing Q values.

468 **4.2.2. Impact of RH levels in CASH_0.9**

469 IINS spectra of CASH_0.9 with different water contents are shown in Figure 3. A detailed
 470 examination reveals a close resemblance to CSH_1. This behavior is expected, as in our samples

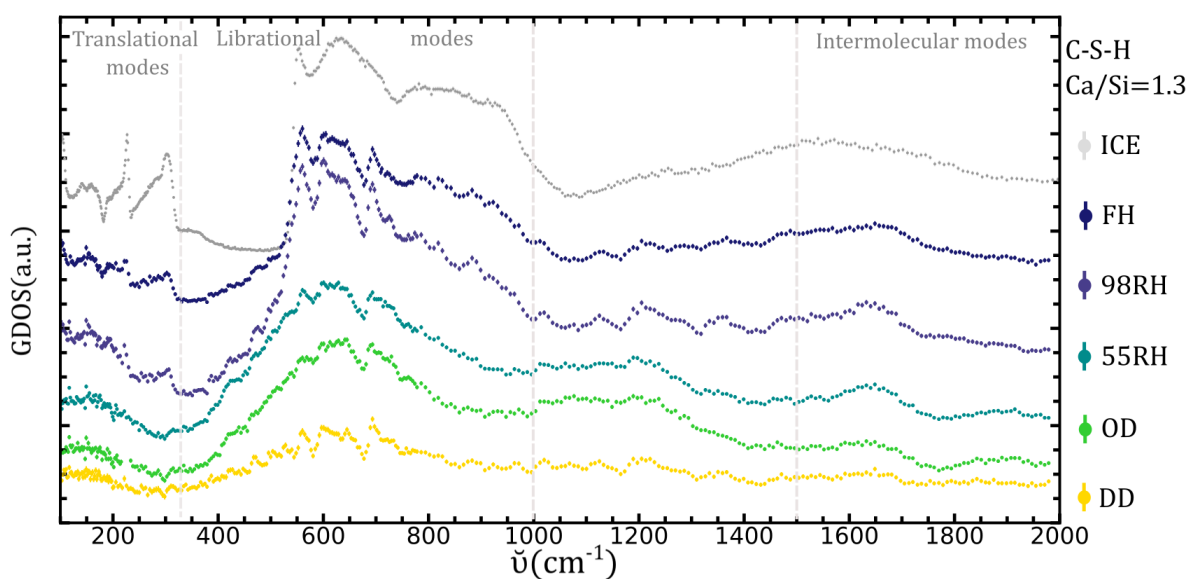
471 the ratio of Al ions per Si is 0.1, and the effect of the Al is limited. However, some differences
472 should be addressed.

473 First, similar to the CSH_1_98RH, the CASH_0.9_98RH contains multilayer water and some bulk
474 pore water, as deduced from the librational edge, which could be decomposed as a linear
475 combination of the signals from CASH_0.9_55H, and ice Ih edges. However, the relative
476 intensities of the lower energy range translational modes (100-250 cm^{-1} , 15-40 meV) to the
477 intensities of the librational modes are closer to those of ice Ih, than in CSH_1. This can be
478 explained by the greater amount of water adsorbed at a given RH for CASH_0.9 than for the
479 CSH_1 samples as shown by the results of WSI, TGA, and XRD (Table 1).

480 Secondly, the shape of CASH_0.9_98RH coincides with the shape of Ice Ih (Figure 2B), except for
481 the absence of the characteristic dip in intensity at 350-550 cm^{-1} (43.4-68 meV) and the lower
482 intensities of the acoustic mode at 56.5 cm^{-1} (7 meV). This reveals that multilayer water
483 adsorption leads to capillary condensation of water in the larger gel pores and capillary pores
484 with increasing RH. Another difference is in the acoustic mode peak which was damped and
485 shifted in CSH_1 and is wider in the case of CASH_0.9, in line with our discussion about the
486 changing value, shape, and intensity of this band.

487 **4.2.3. Impact of RH level in CSH_1.3**

488 The evolution of spectra for C-S-H with Ca/Si = 1.3 (CSH_1.3) as a function of RH is shown in
489 Figure 4. The tendency towards the formation of an ice-like structure at increasing RH values is
490 again observed. However, there are a few significant differences, which stem from the changing
491 nature of C-S-H depending on the Ca/Si ratio.



493

494 *Figure 4. Evolution of the GDOS of CSH_1.3 samples with increasing hydration state. All the spectra have*
 495 *been normalized to the water content of the sample in the beam. For the sake of clarity, all the spectra have*
 496 *been arbitrarily shifted along the GDOS axis. The translations of water molecules at 226 and 305 cm^{-1} (28*
 497 *and 38 meV) evident in samples containing bulk-like water (98RH) evolve into dampened signals upon loss*
 498 *of water. Additionally, the OV sample shows a peak at 260 cm^{-1} (32 meV). Similar to CSH_1 and CSH_1.3*
 499 *samples, the librational edges evolve from the sharp vertical onset in the ice into a rising slope in dry samples*
 500 *(55RH, OD, DD). The librational edges of FH and 98RH samples contain features of both bulk-like water and*
 501 *interfacial and interlayer water. The librational modes in the 55RH sample, which are indicative of the*
 502 *hydrogen bonding network, alter their shape and intensity as they transition from an ice-like distribution to*
 503 *a broader triangular distribution. This transition occurs in a frequency range from 400 to 1000 cm^{-1}*
 504 *(corresponding to 50 to 125 meV). These sets of spectra have been collected at IN1-Lagrange, ILL. The x-axis*
 505 *starts from 100 cm^{-1} due to the experimental setup.*

506 The main differences are observed in the range of low energies for CSH_1.3 compared to CSH_1
 507 and CASH_0.9. The very different shape of spectra at lower energies comes from the
 508 peculiarities of the IN1-Lagrange instrument where the data were collected. The Q range for
 509 CSH_1.3 samples spans from 100-2000 cm^{-1} (\sim 15-250 meV), which is obtained by stitching the
 510 IN1-Lagrange data from the two monochromators manually. The acoustic signals at 226 and
 511 298 cm^{-1} (28 and 37 meV) present in ice Ih exist also in CSH_1.3_FH, and with lesser intensities
 512 in CSH_1.3_98RH samples.

513 The 'wet' CSH_1.3 samples show fewer ice-like features than C-S-H_1 samples for a given RH. We
 514 also performed a linear combination fitting for the CSH_1.3_98RH sample and found a good fit
 515 with 60% of dFH and 40% of d55RH samples (Figure 3B), comparable to the TGA data. The TGA
 516 data shows that water adsorbed upon rewetting of CSH_1.3 sample at 98% RH consists of 38%
 517 bulk-liquid-like water, which evaporates at 114°C, and of 62% multilayer adsorbed water.

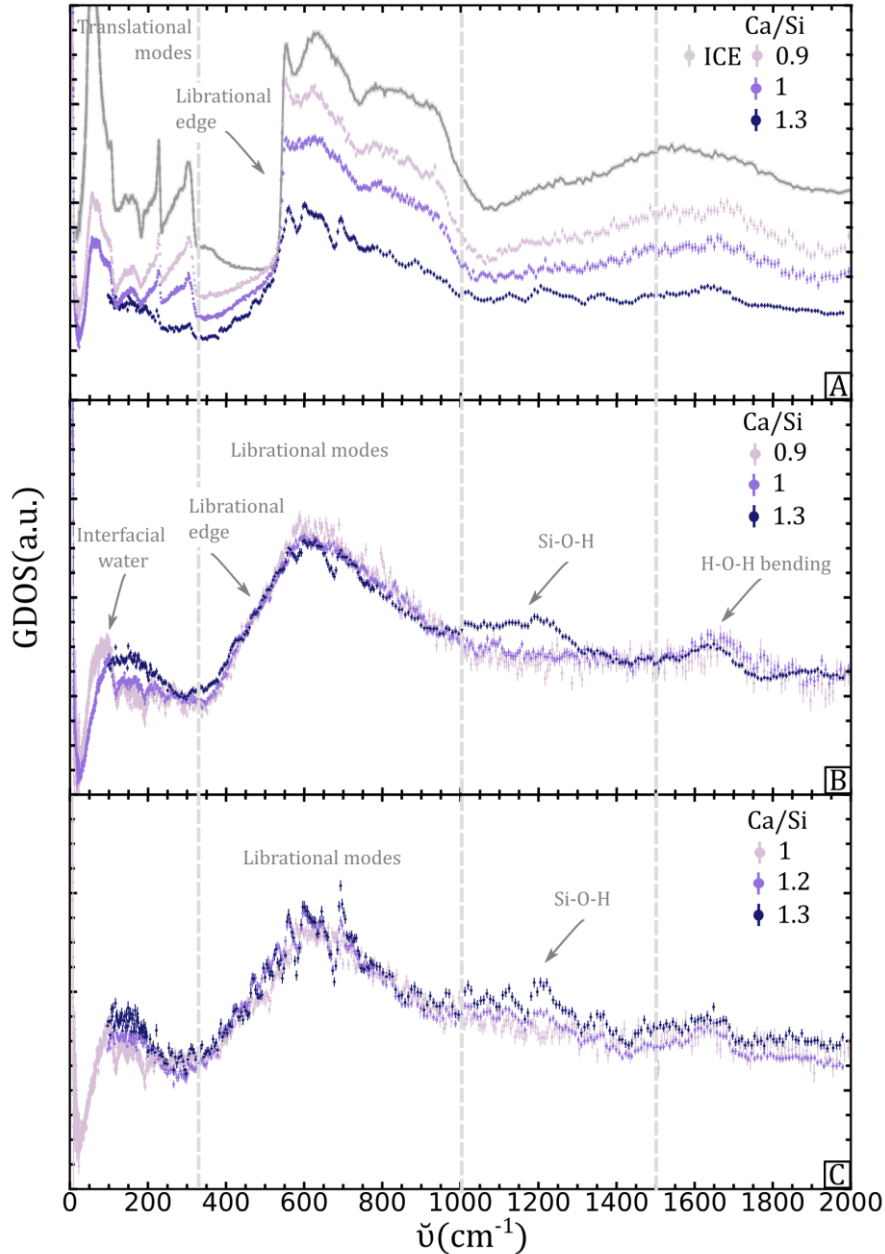
518 The difference between CSH_1, CASH_0.9, and CSH_1.3 samples can be explained based on three
 519 factors: (i) C-S-H samples tend to adsorb less water at a given RH with increasing Ca/Si ratios.

520 This observation is supported by the results of WSI, which show that the amount of adsorbed
521 water at 98% RH is 1.1 times higher for CASH_0.9 than for CSH_1 and 1.6 times higher than for
522 CSH_1.3 (Table 1). (ii) A high number of Ca²⁺ sites in the sample implies a higher proportion of
523 Ca-hydration water, which is highly structured (i.e., non-bulk water). Our MD simulations, as
524 well as others⁸⁸, showed that Ca²⁺ ions act as hydrophilic centers creating hydration shells and
525 induce a H-bonding network. Therefore, a higher density of calcium ions in CSH_1.3 results in a
526 greater proportion of bound water and a smaller proportion of bulk-liquid-like water. (iii) We
527 note that the amount of adsorbed water on C-(A)-S-H surfaces is highly dependent on the
528 equilibration time^{89,90}. In our case, the CASH_0.9 sample was equilibrated under 98% RH
529 conditions 4 times longer than the C-S-H samples (1 month vs. 1 week). Therefore, the larger
530 amount of adsorbed water can be explained partially by a lengthier exposure to a high humidity
531 atmosphere.

532 Overall, the shapes of the librational modes can be used to differentiate between adsorbed
533 interfacial water and bulk pore ice-like water in all C-(A)-S-H samples. For all C-(A)-S-H samples
534 equilibrated at higher RH levels we observed a very close resemblance to ice Ih due to the
535 presence of bulk-liquid-like pore water, whereas at lower RH levels typical confined water
536 signals were present at lower energies of confined water were present in CSH_1 and CASH_0.9
537 samples.

538 **4.2.4. Amount and distribution of water as a function of Ca/Si ratio**

539 In Figure 5, we highlight differences in the IINS spectra arising from changing Ca/Si ratio in 'wet
540 and 'dry' C-(A)-S-H samples. We note that we simultaneously examine the *amount* and
541 *distribution* of adsorbed water since IINS allows observing directly both of these characteristics.
542 There is a direct dependence between an increased amount of water and an enhanced spectral
543 intensity. At the same time, the type of water affects the overall shape (and to some extent the
544 intensity) of the spectra. The two types of water that IINS allows us to distinguish are interfacial
545 and interlayer water versus bulk-liquid-like water.



546
 547 *Figure 5. Experimental generalized density of states for C-(A)-S-H samples with varying RH levels and Ca/Si*
 548 *ratios. (A) 98RH samples show less ice-like features and more structured water increasing Ca/Si*
 549 *ratios. Librational edges at higher Ca/Si ratios reflect a greater abundance of interfacial and interlayer water and*
 550 *a smaller abundance of bulk-liquid-like capillary water; (B) In 55RH samples, an interfacial water signal at*
 551 *96 cm⁻¹ (12 meV) is observed, which is proportional to the amount of adsorbed interfacial water. Samples*
 552 *with lower Ca/Si ratios tend to exhibit slightly higher intensities for this peak. (C) DD samples show an*
 553 *increasing Si-O-H signal with increasing Ca/Si ratio.*

554 The ‘wet’ FH C-S-H samples show a steep decrease in the amount of adsorbed water at
 555 increasing Ca/Si ratios as witnessed from both TGA and WSI experiments. The ‘dry’ C-S-H
 556 samples show a smaller difference in the amount of adsorbed water at rising Ca/Si ratios as
 557 seen by the amount of water in 55% RH samples from TGA and WSI (Table 1). These trends
 558 correlate well with the IINS data, where in the case of 98RH samples we can follow the
 559 increasing amounts of adsorbed water with decreasing Ca/Si ratios (Figure 5A).

560 However, the conditioning protocol (Figure S1 in the Supporting Information) has an effect on
561 the total amount of adsorbed water as a function of Ca/Si (Table 1). As noted earlier, the
562 equilibration time is an important factor when the adsorption of water in C-(A)-S-H is
563 discussed⁸⁹. As Badmann et al. (1981) noted in their work, at RH levels > 95% RH adsorption is
564 superimposed by capillary condensation, therefore the adsorbed volume is more a function of
565 time than humidity⁷⁶. The longer exposure to a higher RH atmosphere of CASH_0.9 could have
566 affected the amount of water adsorbed compared to CSH_1 and CSH_1.3.

567 The same logic can be applied to the 55RH samples (Figure 5B), where the relative decrease in
568 area is less apparent than for 98RH samples. The CASH_0.9_55RH sample contains about 1.9
569 times more adsorbed water than CSH_1 and CSH_1.3 samples. This property of C-(A)-S-H to
570 adsorb less water at higher Ca/Si ratios can be explained by the decreasing surface area shown
571 in Table 1. Gaboreau et al. (2020) showed with XRD analysis that the stacking of the C-S-H
572 layers increased from 3-6 to about 8 as the ratio of Ca/Si increases from 1 to 1.2⁷. The authors
573 also observed a decreasing SSA calculated from WSI data with rising Ca/Si ratio^{7,8}, albeit
574 acknowledging that effects such as interstratification (stacking of structurally different layers
575 along c^* axis) and turbostratic stacking (random rotations of layers) could affect the results⁹¹.

576 Based on the above discussion, we argue that the amount of adsorbed water is a delicate
577 balance between the equilibration time and available surface area. On the other hand, the
578 distribution of the adsorbed water is most probably affected by an increased number of Ca^{2+}
579 ions, not only in the interlayers but also on the surfaces of C-(A)-S-H. These calcium ions form
580 hydrophilic sites for water that are highly structured.

581 Finally, the comparison of DD samples at different Ca/Si ratios (Figure 5C) shows that they have
582 matching intensities, except for the region around 1100 cm^{-1} (136.4 meV). This intensity is
583 characteristic of silanol hydroxyl groups as shown for different minerals⁵³.

584 In summary, we have applied the IINS experiment to probe the dynamics of water in our C-(A)-
585 S-H samples with three Ca/Si ratios (0.9, 1, 1.3) at five hydration levels. The resulting GDOS
586 allows us to distinguish different types of water present in our samples: interfacial and
587 interlayer water strongly affected by C-(A)-S-H surfaces; bulk-liquid-like capillary pore water,
588 resembling ice Ih; and intermediate samples containing both multilayer interfacial and bulk-like
589 water. The method permits the observation of characteristic bands coming from translational
590 movements, bending and stretching motions of water molecules, and most importantly, from
591 librational motions (H-bond hindered translations and rotations of water molecules).

592 4.3. Computed IINS data

593 To complement our experimental IINS data, we performed classical MD simulations and
594 calculated the associated generalized density of states (GDOS). Predicted GDOS were calculated
595 for different hydrogen populations reflecting different water distributions in our 'wet' and 'dry'
596 C-(A)-S-H samples. We used two atomistic C-S-H models developed in our previous work³⁷: a
597 'dry' atomic model named 'CSH-dry-NP' with H₂O/Si ratio of 1.35 and interlayer spacing d_{001-MD}
598 = 11.0(2) Å and a fully hydrated model 'CSH-wet-NP' with H₂O/Si ratio of 38.5 and an interlayer
599 spacing d_{001-MD} = 13.0(2) Å. The direct comparison of the GDOS calculated from our MD
600 simulation trajectories with our measured vibrational spectra is consistent with our
601 experimental conclusions. Moreover, water diffusion coefficients calculated for our 'CSH-dry-
602 NP' model confirms the presence of the highly bound interfacial/interlayer water in our 'dry' C-
603 (A)-S-H samples.

604 ***Bulk water vs interfacial and interlayer water***

605 GDOS were calculated for all populations of hydrogen atoms (water and hydroxyl hydrogens) in
606 the 'CSH-dry-NP' model and the bulk water (Figure S4 in the Supporting Information). The
607 shapes and intensities of the vibrational modes of water of the 'CSH-dry-NP' model are very
608 different from the ones of bulk water. Differences are present in all regions of the spectra: at
609 lower frequencies we observe a peak at 260 cm⁻¹ (~32.2 meV), which is not present in bulk
610 water, followed by librational modes having half the intensity of bulk water, and an additional
611 broad peak centered around 1100 cm⁻¹ (136.4 meV). The origins of these signals will be
612 addressed later. Intramolecular vibrations are observed at higher frequencies, including the H-
613 O-H bending peak generally expected at around 1600 cm⁻¹ (198.4 meV) and the O-H stretching
614 signal at around 3600 cm⁻¹ (446.3 meV).

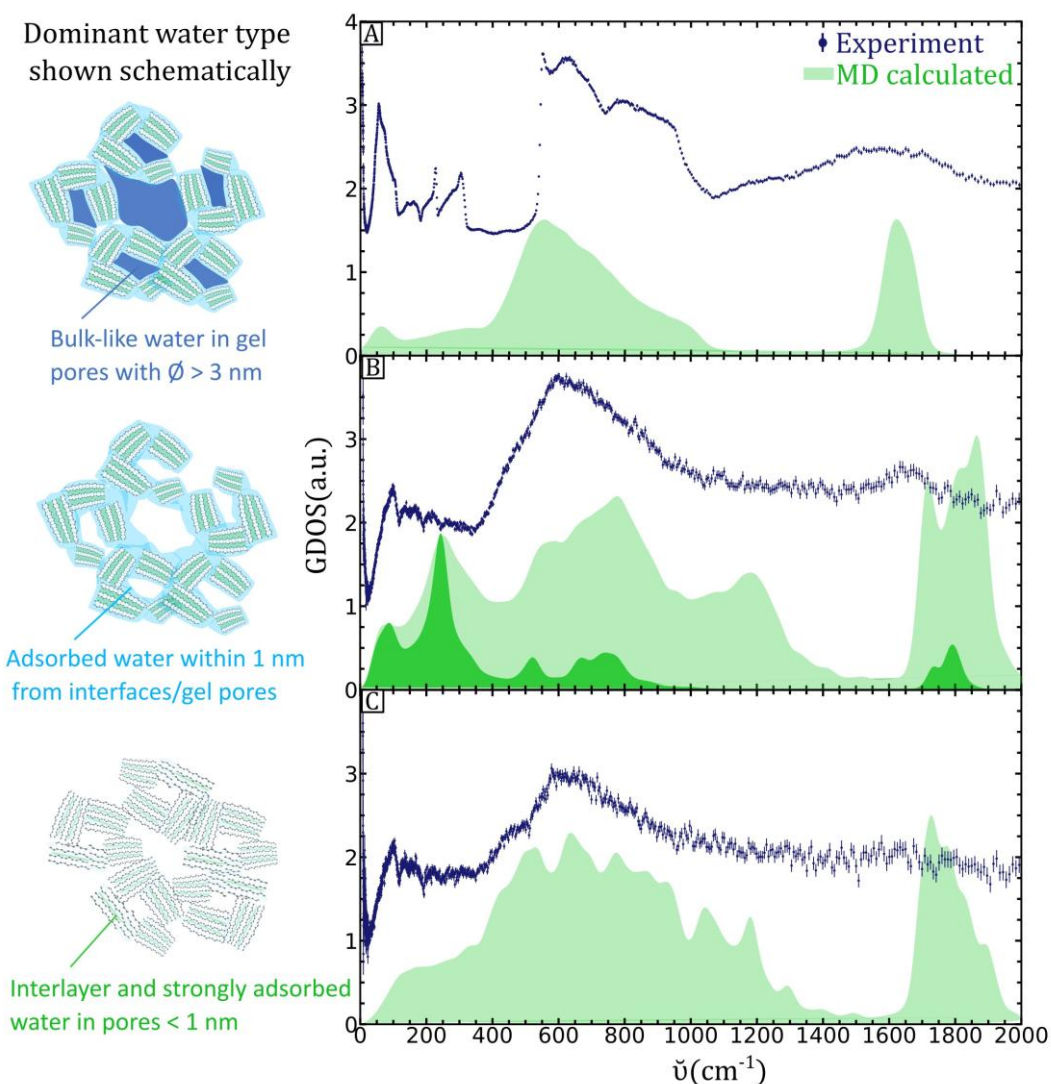
615 The bending peak for the calculated bulk water is centered at the expected value 1650 cm⁻¹,
616 whilst the bending in CSH_1_55RH is split into two, occurring at about 1725 and 1830 cm⁻¹
617 (213.5 meV and 226.5 meV), indicating a clear deviation from the bulk water. The stretching
618 modes for bulk water are centered at 3730 cm⁻¹ (462.4 meV) and 3810 cm⁻¹ (472.4 meV), and for
619 the 'CSH-dry-NP' model at 3677 and 3830 cm⁻¹ (455.9 and 474.8 meV). A blue shift for the
620 expected stretching values is most probably due to the limitations of the SPC water model, in
621 addition to the interlayer and interfacial water properties in 'CSH-dry-NP'.

622 The calculated total GDOS of the 'CSH-dry-NP' system consists of contributions from hydrogens
623 of water and hydrogens of structural hydroxyls. Since there are 132 hydroxyl hydrogens and
624 896 water hydrogens in the simulated 'dry' system, the total GDOS signal is dominated by the
625 hydrogens of molecular water (Figure S5 in the Supporting Information).

626 **Experimental IINS data vs MD calculated GDOS data**

627 Here, we compare the experimental data to our calculated GDOS and evaluate whether the
 628 comparison is consistent with the conclusions made in the experimental section.

629 The GDOS of water hydrogens can be separated depending on the local environment of the H
 630 atoms: (A) water hydrogens in the first hydration shell of calcium ions, and/or forming H-bonds
 631 with the C-S-H surfaces; (B) hydrogens forming hydrogen bonds with other water molecules
 632 and; (C) hydrogens not involved in any kind of bonding (Figure S6 in the Supporting
 633 Information). These different types of hydrogens result in IINS signals at different energies as
 634 shown in Figure 6.

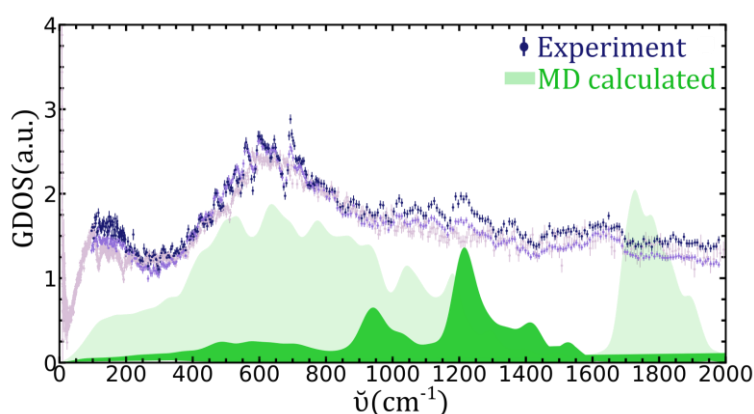


635
 636 *Figure 6. (right) Experimental and calculated GDOS for CSH₁ samples with varying water content (A) FH;*
 637 *(B) 55RH; (C) DD; (left) Schematic images of C-(A)-S-H containing different water types: strongly bound*
 638 *interlayer and interfacial water are in green; adsorbed multilayer interfacial water is in light blue; bulk-like*
 639 *capillary pore water are in dark blue. (A) The experimental FH spectrum is dominated by the bulk-like*
 640 *capillary water found in gel pores larger than ~ 3 nm. The MD simulated GDOS reproduces a characteristic*
 641 *peak at 80 cm⁻¹ (10 meV) attributed to the translations of water molecules in ice 1h, a sharp librational edge*
 642 *starting at ~ 550 cm⁻¹ (68 meV), and the H-O-H bending modes at 1650 cm⁻¹ (206 meV); (B) The*

643 experimental 55RH spectrum is dominated by adsorbed interfacial water found on the surfaces of gel pores
 644 within about 1 nm from the C-(A)-S-H interfaces. The MD simulated GDOS of total water in CSH_1_55RH
 645 nanoparticle model containing interfacial and interlayer water is shown in light green. The MD-generated
 646 partial GDOS (shaded dark green) represents interfacial dangling water hydrogen atoms with characteristic
 647 signals at 96 cm^{-1} and 245 cm^{-1} (12 and 30 meV). H-O-H bending modes in the 55RH sample are at 1650 cm^{-1}
 648 in the experimental spectrum, and at 1800 cm^{-1} in MD generated one; (C) The experimental DD spectra is
 649 dominated by strongly bound interlayer water in pores smaller than 1 nm, and interfacial water within 1 nm
 650 (e.g., 3 water monolayers) from the C-(A)-S-H surfaces. The MD-generated partial GDOS represents
 651 interlayers of the CSH_1_55RH nanoparticle model. The absence of the peaks at 96 cm^{-1} and 245 cm^{-1}
 652 confirms that they are associated interfacial water.

653 The lower frequency (<300 cm^{-1}) contributions originate mainly from the dangling water
 654 hydrogens and from the water molecules H-bonded to other water molecules, as demonstrated
 655 in light blue in Figure 6. The signal at about 55 cm^{-1} (7 meV) in ice decreases in intensity and
 656 broadens for samples containing interfacial and interlayer water. Our calculated GDOS shows
 657 these peaks at 80 cm^{-1} (9.9 meV) and 260 cm^{-1} (32.2 meV) come from the dangling interfacial
 658 water hydrogens and H-bonded interfacial water molecules. Moreover, when only the interlayer
 659 region is selected in the 'CSH-dry-NP' and 'CSH-wet-NP' models, these lower energy signals
 660 disappear (Figure S7 in the Supporting Information), meaning that there are no dangling water
 661 hydrogens in the interlayer region. These dangling interfacial hydrogens are responsible for an
 662 extra peak at $\sim 249 \text{ cm}^{-1}$ present only in oven-dried samples (bright green on Figures 2A/B).
 663 Most probably this peak signifies a monolayer of adsorbed interfacial water (hence dangling
 664 hydrogens), which stems from the wetting mechanism of the C-(A)-S-H surfaces as evidenced by
 665 our MD simulations.

666



667

668 Figure 7. (Blue and purple symbols) Experimental IINS spectra for DD CSH_1, CSH_1.2, and CSH_1.3; (Shaded
 669 light green area) Calculated GDOS of interlayer hydrogens show the absence of interfacial hydrogen peaks at
 670 80 cm^{-1} (9.9 meV) and 260 cm^{-1} (32.2 meV); (Shaded dark green area) Calculated partial GDOS of interlayer
 671 hydroxyl hydrogen atoms showing intensity to the signal centered at 1100 cm^{-1} .

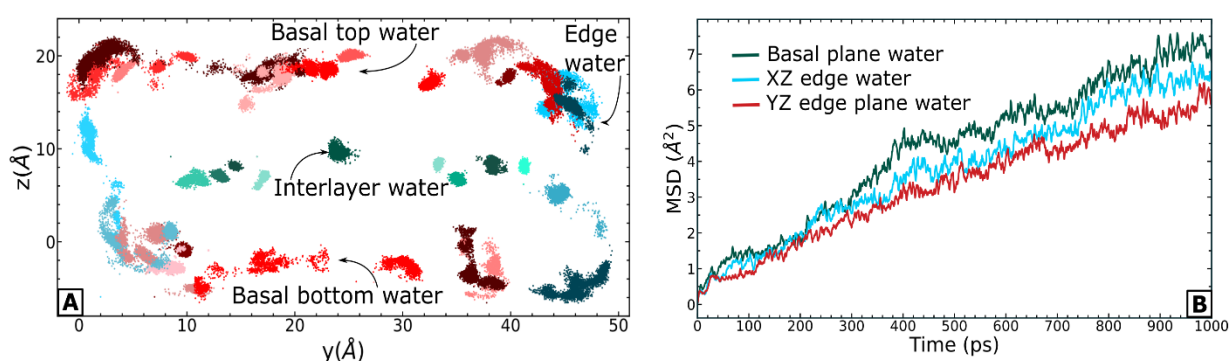
672 We calculated the vibrational density of states for the silanol hydroxyls⁵³ found in the interlayer
 673 that showed the intensity centered at 1100 cm^{-1} (136.4 meV) (Figure 7). This signal increases
 674 with the Ca/Si ratios. Recent findings based on ^1H NMR experiments and theoretical calculations

675 showed similar trends⁹². It is known that at higher Ca/Si ratios the number of defects increases
676 as evidenced by the increased number of Q¹ silicons (Si atoms connected only to another Si
677 atom) and mean length of Si chain (the mean number of silica tetrahedra forming chains)⁹³. We
678 found that the 1100 cm⁻¹ (from 900 to 1400cm⁻¹) signal in DD samples increases consistently
679 from CSH_1 to CSH_1.2 to CSH_1.3.

680 These hydroxyl signals do not arise from calcium hydroxide-like species. We have verified the
681 absence of portlandite by comparing the IINS spectra of portlandite (Ca(OH)₂) with our C-(A)-S-
682 H spectra. Portlandite generally shows an intense peak at 330 cm⁻¹ (41 meV) and is clearly
683 visible in INS spectra of cement pastes with higher Ca/Si ratios (Ca/Si > 1.6¹⁸). Although it
684 remains difficult to assign these signals definitively to the silanol hydroxyls as previous
685 literature points to the opposite trends of the number of Si-OH decreasing with increasing Ca/Si
686 ratios^{5,94}. Careful analysis of our results suggests that silanol hydroxyl groups in C-(A)-S-H show
687 increased signal intensity at higher Ca/Si due to an increased number of defects at higher Ca/Si
688 ratios.

689 **Diffusion of water in 'CSH-dry-NP'**

690 The trajectories of oxygen atoms of water were followed over 5 ns, revealing a very restricted
691 motion over the course of the production run (Figure 8A). The mean square displacement
692 (MSD) of water molecules in the 'CSH-dry-NP' system (Figure 8B) has been used to calculate the
693 self-diffusion coefficient of interfacial water. The obtained value of 6.8×10^{-11} m²/s compares
694 well to other reported values (from 2.6 to 5×10^{-11} m²/s) for interfacial/confined water in C-S-
695 H³⁰.



696

697 *Figure 8. (A) The trajectories of water oxygens followed for 5 ns shown in the YZ plane for 'CSH-dry-NP'; (B)*
698 *The MSD of water molecules on the 'CSH-dry-NP' interfaces during 1 ns.*

699 **5 CONCLUSIONS**

700 Inelastic Incoherent Neutrons Scattering experiment, complemented with MD simulations, WSI,
701 and TGA data, is a powerful approach to probe the vibrational dynamics of water in confined

702 systems such as C-(A)-S-H surfaces and pores. The spectra exhibit a range of features that allow
703 attributing different properties to the water in the different regions of the samples. Our
704 combined approach shows that at lower energies ($<300\text{ cm}^{-1}$ or 37.2 meV) the so-called
705 'fingerprint' signal of confined water at around 80 cm^{-1} (9.9 meV) was present in the 'dry' C-(A)-
706 S-H samples, with the oven-dried samples showing a peak at 260 cm^{-1} (32.2 meV) possibly
707 belonging to a thin monolayer of interfacial water. At intermediate energies, the shape of the
708 librational region is different for water confined at interfaces, showing a broadband that starts
709 at $\sim 300\text{ cm}^{-1}$ (37.2 meV), as opposed to 550 cm^{-1} (68.2 meV) for bulk-like water. A linear
710 combination fitting was applied to fit 98RH samples as a mixture of multilayer adsorbed and
711 bulk-liquid-like water. The high energy ($>1000\text{ cm}^{-1}$ or 124 meV) intramolecular bending and
712 stretching modes are present in the experimental data but with significantly dampened
713 intensities. The calculated GDOS reproduced these intramolecular vibrations, albeit blue-shifted
714 due to the nature of confined water in our dry samples, and approximations associated with the
715 SPC water model.

716 Differences in both the amount and the distribution of adsorbed water were found when
717 increasing the Ca/Si ratio. At 98% RH, CSH_1.3 samples adsorbed significantly less water than
718 CSH_1, which in turn adsorbed less water than CASH_0.9. The water at higher Ca/Si ratios was
719 also more structured, i.e., less bulk-liquid-like. This observation can be rationalized by
720 considering the number of adsorption sites for water present in the different samples. At high
721 Ca/Si ratios, more Ca^{2+} is present in the samples. This cation acts as a strong center of charge,
722 very hydrophilic in nature, thus creating more adsorption sites for water. This water is not only
723 bonded to the Ca^{2+} cation, but it also forms hydrogen bonds with oxygen atoms from the
724 structure.

725 Confined, strongly bound, water from the first coordination sphere of Ca^{2+} has limited diffusivity
726 and forms strong hydrogen bonds with surface oxygen atoms, in particular in the interlayer
727 region. Previous studies have reported an increase of the stacking along the \mathbf{c}^* direction upon
728 the increase of the Ca/Si ratio in the samples. This increased stacking could lead to an eventual
729 higher crystallinity, with better-defined sites for water adsorption (water from the Ca^{2+}
730 hydration shell).

731 Overall, our experimental and simulation results converge towards a picture where the
732 evolution from thin layers of adsorbed water to bulk capillary water is dampened by the
733 structure of C-(A)-S-H, in particular by the availability of Ca^{2+} sites that tend to keep the water in
734 the form of structured surface layers.

735 Determining the range of humidity at which bulk-like water is present in C-(A)-S-H samples is of
736 major importance to understand better some of the mechanisms that take present or controlled
737 by the properties of C-(A)-S-H – water interfaces. This is the case, for instance, of the
738 carbonation reaction that takes place in the presence of dissolved CO₂. As in a saturated system,
739 the presence of capillary water tends to lead to dissolution–reprecipitation processes, unlike the
740 solid-state transformation that takes place under non-saturated conditions⁹⁵. It is expected that
741 other processes, such as creep, can be influenced by the presence of adsorbed vs. bulk-like
742 water⁹⁶.

743 **6 ACKNOWLEDGEMENTS**

744 Use of the Geochemistry-Mineralogy platform at ISTerre is acknowledged. A.F.-M. and A.E.S.V.-D.
745 acknowledge funding from the ANR-JCJC ‘NUANCE’ project (grant ANR-17-CE08-0057). We
746 thank the IDEX mobility scholarship program of the University of Grenoble-Alpes for supporting
747 a research stay at Princeton University. We thank the Institut Laue-Langevin, ISIS Neutron and
748 Muon Source, and European Synchrotron Radiation Facility for allocated beamtimes. I.C.B. was
749 supported by the U.S. Department of Energy, Office of Science, Office of Basic Energy Sciences,
750 Geosciences Program under Award DE-SC0018419. Molecular dynamics simulations were
751 performed using resources of the National Energy Research Scientific Computing Center
752 (NERSC), which is supported by the U.S. Department of Energy, Office of Science, under Award
753 DE-AC02-05CH11231. Z.Z. thanks BRGM for cofounding her PhD and Dr. Arianna d’Angelo for
754 fruitful discussions about DOS calculations.

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