

Relationship Between the Severity of Exercise Induced Ischaemia and the Prevalence of Exercise Induced Calf Symptoms During Treadmill Testing With Transcutaneous Oximetry

Jeanne Hersant, Pierre Ramondou, Jean Picquet, Mathieu Feuilloy, Pierre Abraham, Samir Henni

▶ To cite this version:

Jeanne Hersant, Pierre Ramondou, Jean Picquet, Mathieu Feuilloy, Pierre Abraham, et al.. Relationship Between the Severity of Exercise Induced Ischaemia and the Prevalence of Exercise Induced Calf Symptoms During Treadmill Testing With Transcutaneous Oximetry. European Journal of Vascular and Endovascular Surgery, 2022, 63 (5), pp.707-713. 10.1016/j.ejvs.2022.01.011 . hal-04233692

HAL Id: hal-04233692

https://hal.science/hal-04233692

Submitted on 22 Jul 2024

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.



- 1 Relationship between the severity of exercise-induced ischemia and the prevalence of
- 2 exercise-induced symptoms at the calves during treadmill testing with transcutaneous
- 3 oximetry.

7

- 5 Jeanne HERSANT^{1,\$}, Pierre RAMONDOU^{1,\$}, Jean PICQUET^{2,3}, Mathieu FEUILLOY⁴,
- 6 Pierre ABRAHAM^{2,5}, Samir HENNI^{1,2}.
- 8 1 Vascular Medicine, University Hospital, Angers, France pierre.ramondou@chu-angers.fr;
- 9 Jeanne.hersant@chu-angers.fr; Samir.henni@chu-angers.fr; Piabraham@chu-angers.fr
- 2 MitoVasc Institute UMR CNRS 6015/INSERM 1083, Faculty of Medicine, Angers
- 11 University, France.
- 12 3 Thoracic and Vascular Surgery, University Hospital, Angers, France. Jepicquet@chu-
- 13 angers.fr

16

21

- 4 School of Electronics (ESEO), Angers, France. Mathieu.feuilloy@eseo.fr
- 5 Sports Medicine, University Hospital Center, Angers, France
- 17 *Corresponding author:
- 18 Prof. Pierre ABRAHAM, Centre Hospitalier Universitaire, 4 rue Larrey
- 19 49 933 Angers Cedex 9; Tel.: 02 41 35 36 89 Fax: 02 41 35 50 42
- 20 ORCID: 0000 0001 7053 2801 Email: piabraham@chu-angers.fr
- ^{\$} P Ramondou and J Hersant share first authorship
- 24 Research paper.
- 25 Short title: Pain and Ischemia Relationship in Claudication

27 DECLARATION OF INTERESTS: None.

28

WORD COUNT: Main text incl. references: 3961; Abstract: 300

WHAT THIS STUDY ADDS:

Correlations between exercise-induced symptoms with hemodynamic parameters of LEAD
are fair at best. The present study shows a biphasic relationship between the prevalence of
symptoms (exercise-induced calf pain) and the severity of calf ischemia as assessed by the
minimal decrease from rest of oxygen pressure (DROPm) obtained by exercise oximetry. We
report a linear increase from DROPm= 0 (with origin being approximately 30% symptom
prevalence and a slope showing a 1.4 % increase in symptom prevalence for each 1 mmHg
decrease in DROPmin), until a plateau is reached for the more severe ischemic limbs
(symptom prevalence being ~70% at the plateau).

ABSTRACT:

40

- 41 <u>Objectives:</u> We hypothesized that we would find a linear relationship between the severity of
- 42 calf exercise-induced ischemia and the prevalence of calf claudication on a treadmill until a
- plateau is reached. We also expected that no pain would be present in the absence of ischemia
- and all severe ischemic calves would be symptomatic.
- 45 <u>Design</u>: Retrospective analysis of a cross-sectional acquired database recording.
- 46 Materials: Transcutaneous oxygen pressure (TcpO2) on chest and on each calf was used to
- evaluate calf ischemia during treadmill tests with simultaneous recording of calf pain in 7884
- 48 subjects (15,768 calves).
- 49 <u>Methods</u>: We calculated the minimal value of calf changes from rest minus chest changes
- from rest (DROPm). Regression analyses were used to determine the correlation between the
- 51 proportion of exercise-induced symptoms present in calves and each unit of DROPm values.
- We repeated the analysis after objective determination of the cut-off point between the linear
- increase and the plateau.
- 54 Results: We found a linear relationship between the degree of ischemia and the proportion of
- symptomatic calves for DROPm values ranging from 0 mmHg to -28 mmHg (Proportion = -
- $0.014 \cdot DROPm + 0.32$, r = 0.961, p < .001). For DROPm values lower than -28 mmHg (severe
- ischemia), on average 1/3 of limbs remained asymptomatic. The biphasic relationship
- between DROPm to prevalence of symptoms persists after exclusion of patients with diabetes
- 59 mellitus, exercise-induced hypoxemia and no evidence of lower extremity arterial disease
- 60 (LEAD).
- 61 <u>Conclusions:</u> The relationship between exercise-induced pain and ischemia is biphasic with a
- 62 linear increase in the proportion of symptomatic limbs with ischemia severity, until a plateau
- 63 is reached for the more severe ischemic limbs. The presence of exercise-related calf
- symptoms should not automatically be reported as indicating the presence of LEAD; and the
- absence of exercise-induced symptoms is not proof that ischemia does not occur during
- 66 exercise.

67

68

KEYWORDS

- 69 Lower extremity artery disease; Intermittent claudication; Calf pain; Exercise oximetry;
- 70 Symptoms; Ischemia

INTRODUCTION

72

73 Lower limb pain while walking is a frequent symptom in elderly patients. Vascular type 74 claudication is defined as lower limb pain or discomfort that is absent at rest, induced by exercise and disappears within 10 minutes when exercise is stopped ¹. A better knowledge of 75 the relationship of symptoms to ischemia is required to explain why 4% of patients do not 76 show improvement after revascularization ² or why patients may clinically improve without 77 apparent hemodynamic improvements (i.e. absence of ABI increase) during rehabilitation 78 programs³. 79 80 Pain in arterial claudication is assumed to result from the stimulation of nociceptors by tissue acidosis induced by the lactate accumulation. Lactate accumulates because of the disparity 81 between the oxygen demand of exercising muscle and the oxygen delivery to the active 82 muscle via blood flow. Therefore, one potential way to evaluate the severity of ischemia is to 83 estimate the difference between the oxygen demand of the exercising muscle and the impaired 84 oxygen delivery resulting from lower extremity arterial disease (LEAD). Transcutaneous 85 86 oxygen pressure (TcpO2) recordings allow the monitoring of lower limb regional blood flow impairment (RBFI) throughout exercise and recovery in both calves simultaneously ⁴⁻⁶. The 87 calculation of the lowest value of the "decrease from rest of oxygen pressure" (DROPm) 88 index provides measurable evidence for this oxygen deficit: the lower the DROPm value, the 89 more severe the RBFI ⁴. 90 We hypothesized that in patients referred for treadmill testing for suspected, or follow-up of, 91 92 vascular type claudication, we would find a biphasic relationship between DROPm values and the prevalence of exercise-related symptoms. The first part of the biphasic relationship would 93 be a linear increase until a plateau is reached. In theory, no symptoms would be found in the 94 95 absence of ischemia (in which case the regression line starts from zero). For the second part of the biphasic response all severely ischemic limbs should be symptomatic, and a plateau 96 should be observed with 100% symptomatic limbs when DROPm values are low enough. 97 98 **METHODS** 99

Study population, inclusion criteria and ethical approval:

Since 1999, we have used exercise-TcpO2 as routine among all patients referred to our 100 laboratory for the diagnosis or follow-up of exercise-induced claudication of suspected 101 arterial origin ⁴⁻⁷. As routine, all subjects had to fill in a questionnaire about their age, sex, 102

ongoing treatment, presence or absence of diabetes mellitus based on either medical history of, or ongoing treatment for, diabetes mellitus. Height and weight were recorded to calculate body mass index (BMI: kg/m²), as well as ankle-to-brachial index (ABI). The presence of LEAD was based on either ABI<0.90 or a report for ultrasound or angiography confirming the presence of "significant stenoses".

As routine, patients were systematically informed that their record and the medical database as a whole would be used for research purposes and were informed of their right to object to such use, but that according to French law, the analysis of routine practice does not require written individual consent. The database was ethically approved and was fully declared to national authorities. The present analysis of the recording and database received local ethics committee approval under reference 2020/42 and conforms to the Declaration of Helsinki. It was registered on the American National Institutes of Health database clinicaltrial.gov under reference NCT04376099. For the present work, we analysed all adult patients (age > 18 years old) referred for exercise TcpO2 since the database was initiated. Exclusion criteria were the absence of TcpO2 results (test not performed for technical reasons, contra-indication to the test, missing results, leg amputation) or a lack of information on exercise-related symptoms.

Exercise tests and symptom description:

For patients who were able to walk 10 m in less than 15 sec we proposed a standard treadmill procedure, consisting of a transition phase of 1 minute from a flat gradient and 0 km/h to 3.2 km/h and a 10% slope, while for the other patients, the maximum speed was limited to 2 km/h. Before 2007, in the absence of limiting symptoms, the test was stopped at 20 minutes, whereas since 2007 after 15 minutes the speed and gradient were increased by increments of 1 minute until exhaustion or limiting symptoms occurred, as previously described ⁸. Throughout the walking period, patients were asked to report symptoms in one or both calves. We recorded maximum walking time (MWT) as the time at which the treadmill was stopped as well as exercise-related lower limb symptoms at calf level on each side.

TcpO2 measurements:

We used three 44.5 °C heated sensors (E5250 Radiometer, DK) either connected to a

TCM400 Radiometer device (Radiometer; Copenhagen, Denmark) or PF5010 device

(Perimed; Stockholm, Sweden), with double calibration to air. Probes were positioned on the
lower third external aspect of each calf and at chest level (in the upper part of the back,). A

detailed description of the technique is provided as supplementary material. At chest level, the
normal response is an increase of TcpO2 from rest ^{9, 10}. Then exercise-induced systemic
hypoxemia was arbitrarily defined as a decrease in chest TcpO2 from resting values of 10
mmHg or more in order to account for spontaneous baseline changes. We calculated the
decrease from rest of oxygen pressure (DROP) by subtracting chest changes from rest from
calf changes from rest ^{11, 12}. The lowest DROP value observed during a test is denoted
DROPm. The DROPm is considered indicative of the severity of RBFI.

TcpO2 values were recorded without decimals in the database. Results are reported as number

Statistical analysis:

141

142

143

144

145

146

147

148

149

150

151

152

153

154

155

156

157

158

159

160

161

162

163

164

165

of observation (Nb) with percentage (%) of the observations within the considered group, mean, +/- standard deviation (SD) or median [25° - 75° centiles], according to distribution normality. Statistical analyses were performed using SPSS (IBM SPSS statistics V15.0; Chicago, USA). Distribution normality was tested using Kolmogorov-Smirnov tests. Comparison between groups was performed using an unpaired T-test for numerical data and Chi-square test for categories. For each DROPm value, we calculated the proportion of symptomatic limbs (exercise-induced calf pain under the probe). These proportions are reported with 95% confidence intervals. In order to objectively detect the degree of severity above which the correlation between DROPm values and the proportion of symptomatic limbs (exercise-induced calf pain) would result in a plateau, we progressively increased the range of values involved in the regression line calculation. Due to the inverse relationship between DROPm values and the proportion of symptomatic limbs, we hypothesized that the coefficient of correlation would decrease toward minus 1 with the increase in range of included values, as long as linearity was respected. Thereafter, it would increase while additional values from the plateau are included in the calculation. Thereby, the DROPm that resulted in the best coefficient of correlation was used as a cut-off point to separate the linear part of the relationship from the plateau in the expected biphasic response. Then, linear regression analyses of the data were performed for the whole range of data as well as separately for DROPm values down to, and below this cut-off point, and we calculated the origin and slope of the two regression lines. Coefficients of correlation were expected to be negative values (higher proportions of symptomatic calves for lower DROPm values). For all statistical tests, a 2-tailed probability level of p < .05 was used to indicate statistical significance. Non-significant results are reported as NS.

167	RESULTS
168	Of the 8551 records available in the database on July 8, 2021, we identified 7884 records for
169	which information on calf symptoms and measurements of calf TcpO2 were available for both
170	sides as shown in Figure 1. Characteristics of the patients are presented in Table 1.
171	Typical examples of TcpO2 recordings are presented in Figure 2. It is interesting to note that
172	despite widely different starting values, changes on the two chest probes of both patients are
173	almost similar in pattern and in amplitude on the right and left side. This underscores the
174	importance of the DROP calculation in eliminating the unpredictable transcutaneous gradient
175	in oxygen.
176	Figure 3 presents the results for the 15,768 calves. As shown on the upper panel, the DROPm
177	values did not follow a Gaussian distribution which is important because the number of
178	observations directly influences the confidence intervals observed for the proportion of
179	symptomatic limbs for each DROPm value, as will be reported below. The optimal cut-off
180	point between the increase and plateau phases of the DROPm to the proportion of
181	symptomatic calves relationship was found to be -28 mmHg (fig. 3 middle panel). As shown
182	in the lower panel of figure 3, we found a linear relationship between the degree of ischemia
183	and the proportion of symptomatic calves for DROPm values ranging from 0 mmHg to -28
184	mmHg (r = 0.961, p < .001). The slope and origin of the regression line suggested a 1.4%
185	increase in the proportion of symptomatic calves for each 1 mmHg decrease in DROPm value
186	and that 32% limbs were symptomatic for a theoretical zero DROPm value. For DROPm
187	values lower than -28 mmHg (severe ischemia), the slope is almost flat (results are
188	independent from the severity of ischemia), with an average of approximately 30% of calves
189	remaining asymptomatic. Note that, for the whole range of DROPm values the coefficient of
190	correlation for the relationship between the proportions of symptomatic calves and each of the
191	DROPm values was only $r = 0.183$ (p =0.072).
192	
193	DISCUSSION
194	The study allowed us to confirm our hypothesis of a biphasic relationship between the

DROPm index and the proportion of symptomatic limbs. Notably, approximately 30% of

limbs were symptomatic for a zero DROPm value (absence of measurable exercise-induced 196 RBFI) and approximately 30% of limbs remained asymptomatic for DROPm values lower 197 than -28 mmHg. 198 There have been multiple attempts to correlate quality of life or symptoms to hemodynamic 199 parameters of LEAD severity ¹³⁻¹⁷. The relationship between the Walking Impairment 200 Questionnaire (WIQ) Score and various indices of LEAD severity (ankle-brachial index, time 201 to maximal claudication, 6-minute walked distance) ranged from 0.16 to 0.45 in 80 patients 202 with claudication ¹³. In 555 patients with intermittent claudication, Feinglass et al. found a 203 weak coefficient of correlation between ABI and the WIQ distance score (r = 0.18, p < .001) 204 17 . Last, in 150 subjects, U Müller-Bühl et al. 18 found a weak correlation (r = 0.20, p < .01) 205 between ABI and maximal walking distance. 206 Since a non-linear relationship exists for ABI and vascular risk ¹⁹, recent studies have reported 207 other indices of hemodynamic results. For example, contrast-enhanced ultrasound showed a 208 much better correlation with the Rutherford classification than ABI ^{20, 21}. Gardner et al. also 209 showed that the minimum calf muscle oxygen saturation (log-transformed) is associated with 210 maximal walking time (r = 0.56; p < .001) ²². Many factors such as arterial stiffness or 211 myopathia may participate to these non-linear relationships between vascular indices and their 212 clinical correlates ^{23, 24}. The coefficient of correlation for the linear regression analysis that we 213 had for the whole range of DROPm values (r = 0.569) is close to previous publications and 214 215 underlines the interest of analysing the data in two different phases (which result in a very high coefficient from 0 to -28 mmHg, consistent with our initial hypothesis). 216 217 It is worth noting that we previously showed that among patients complaining of isolated calf pain, a perfect concordance with symptoms on a treadmill and underlying ischemia (calf pain 218 only and calf ischemia only) was observed in only 19.5% of the cases ²⁵. Although we did not 219 expect that our observation would result in a simplistic linear 0 to 100% prevalence of 220 symptoms with the decrease in DROPm values, the proportion of symptomatic limbs without 221 associated ischemia and that of asymptomatic limbs despite severe ischemia (both being close 222 to 30%) were higher than we presumed. Multiple reasons could contribute to these high rates. 223 Obviously, a lack of sensitivity (false negative results) of TcpO2 cannot be excluded (e.g. 224 225 patients stopping their test for cardiac or osteo-articular reasons before ischemia occurred). We previously showed that, in many cases, these apparently false-negative tests found 226

explanations and that the normal TcpO2 indicated that the origin of symptoms was probably

not vascular despite the presence of LEAD as expanded upon below ²⁵. Although we accounted for exercise-induced symptoms only, it is likely that many of these symptoms observed in the absence of ischemia are of non-vascular origin (e.g. osteo-articular, statininduced myalgia, lumbar spinal stenosis, etc.). Lastly, it should be kept in mind that DROPm is calculated as the decrease in limb TcpO2 during exercise from which an eventual decrease in chest (systemic) TcpO2 is subtracted ⁹. Exercise-induced systemic hypoxemia may therefore mask the eventual peripheral limb hypoxia, while oxygen delivery in the limb will be impaired, possibly resulting in anaerobic lactate accumulation and pain. Nevertheless, the relationship between DROPm and the proportion of symptomatic limbs remained unchanged after exclusion of patients with an exercise-induced decrease in chest TcPO2 of more than 10 mmHg (see supplementary data). Another possibility is that the sensor was not positioned at the optimal location, specifically in patients complaining of proximal and distal symptoms. The present study focused on calf symptoms only and results for TcpO2 at the buttock level were not taken into consideration despite the fact that we previously reported that isolated calf pain was relatively frequent (pseudo-sciatica) in patients with isolated buttock ischemia ²⁶. The absence of symptoms in almost 30% of severely ischemic limbs can also have various origins. A lack of specificity (false-positive results) of TcpO2 is one possible explanation. Another possible explanation is that another more painful localisation occurred in the patient, who did not report the calf as a less painful location. The presence of a neuropathy, specifically in cases of diabetes mellitus or the use of pain killers or decreased sensitivity to pain (as a possible mechanism of training), is another possible explanation for these asymptomatic but severely ischemic limbs. Nevertheless, the results seem to remain unchanged after diabetic patients have been excluded. With regard to limitations of the present study, first of all, it might be legitimate to suggest that there was a bias in recruitment because we should have focused on patients with confirmed LEAD only. Since it was previously shown that 13% of patients with claudication have a normal ABI at rest ²⁷, we believe that recruiting patients regardless of resting ABI was meaningful. Furthermore, the results are almost unchanged when only patients with abnormal resting ABI (ABI < 0.90 or > 1.30) are studied. Second, no study of the influence of walking duration was undertaken, but most tests were brought to a halt on request of the patient. The heterogeneity of protocols (slow procedure in slow walkers) could also be considered a limitation. It affected only 7.7 % of all patients. Furthermore, we previously reported that DROPm was unaffected by the protocol used ²⁸. Third, no sex-specific analysis was

228

229

230

231

232

233

234

235

236

237

238

239

240

241

242

243

244

245

246

247

248

249

250

251

252

253

254

255

256

257

258

259

performed, but for reasons we have not been able to explain, our patients were predominantly males, and a female-specific analysis would result in too few cases per group. Forth, diabetes mellitus was based on the self-reported presence of, or treatment for, diabetes while no recording of the objective presence of neuropathy was carried out. Almost all patients were outpatients and we often do not have direct access to their medical files. Fifth, some patients had multiple tests over the study period. Due to our database construction, identification of such patients in the present study was impossible, but we estimate that they represent less than 15% of all cases. Sixth, TcpO2 is a microvascular technique that can be influenced by acute drug intake, smoking or caffeine absorption ²⁹. Tests were performed in routine, and patients had not been advised to stop usual medication or avoid drinking coffee or smoking cigarettes before the tests were carried out. Seventh, in our routine practice we do not always have access to the medical files of the patients and cannot report the presence or absence of osteoarthritis, cardiac or renal dysfunction or previous revascularization. Similarly, due to our retrospective design, although most of our patients taking cholesterol-lowering drug received statins, our database does not differentiate statins from other cholesterol-lowering drugs. Last of all, we do not report proximal ischemia and/or non-calf symptoms because during the initial phase of exercise oximetry development in the laboratory, we did not have sufficient probes to allow proximal recordings. The number of calves studied (> 15,000) is expected to compensate for many of these limitations.

CONCLUSION

Our results confirm our hypothesis that the proportion of symptomatic limb increases linearly with the severity of ischemia up to a plateau for the most severely ischemic calves. Nevertheless, exercise-related limb symptoms should not automatically be reported as indicating the presence of LEAD, with almost one third of calves with exercise-related symptoms showing no exercise-induced calf ischemia. Furthermore, the absence of exercise-induced symptoms is not proof that ischemia does not occur in patients during exercise, with almost one third of legs with severe calf ischemia (DROPm < -28 mmHg) remaining asymptomatic during treadmill tests. Future studies are required to determine whether systematic analysis of the presence/absence of ischemia through exercise oximetry may allow better decisions to be made regarding therapeutic interventions in patients with claudication and/or LEAD and the effects of these to be better monitored.

293 **CONFLICTS OF INTEREST** 294 PA has benefited from the support of Radiometer, Perimed, Profusa and Medicap. None of 295 these companies had access to or interfered in the present project. 296 297 FINANCIAL SUPPORT 298 The protocol was promoted (and then indirectly funded) by the University Hospital, Angers. 299 300 **AUTHOR CONTRIBUTIONS** 301 PA and SH conceived and designed the study. PR, JP, JH, PA and SH participated in the 302 recruitment of patients. MF, JH and PR participated in the data analysis and interpretation. PA 303 and SH prepared the manuscript draft, the other authors critically revised the manuscript. All 304 authors approved the final version of the manuscript. 305 306 **ACKNOWLEDGMENTS** 307 308 The authors thank the students who performed the analyses in addition to their investment in fighting the COVID-19 crisis. We thank S. Marechal, M. Mauboussin and P. Vandeputte for 309 310 their technical assistance. 311

REFERENCES

- 1. Leng GC, Fowkes FG. The Edinburgh Claudication Questionnaire: an improved version of the
- 314 WHO/Rose Questionnaire for use in epidemiological surveys. J Clin Epidemiol 1992; 45: 1101-1109.
- 315 2. Fakhry F, Spronk S, van der Laan L, Wever JJ, Teijink JA, Hoffmann WH, et al. Endovascular
- 316 Revascularization and Supervised Exercise for Peripheral Artery Disease and Intermittent
- 317 Claudication: A Randomized Clinical Trial. JAMA 2015; 314: 1936-1944.
- 318 3. Lane R, Harwood A, Watson L,Leng GC. Exercise for intermittent claudication. Cochrane
- 319 Database Syst Rev 2017; 12: CD000990.
- 320 4. Abraham P, Picquet J, Bouye P, L'Hoste P, Enon B, Vielle B, et al. Transcutaneous oxygen
- 321 pressure measurements (tcpO2) at ankle during exercise in arterial claudication. Int Angiol 2005; 24:
- 322 80-88.
- 323 5. Abraham P, Picquet J, Vielle B, Sigaudo-Roussel D, Paisant-Thouveny F, Enon B, et al.
- 324 Transcutaneous oxygen pressure measurements on the buttocks during exercise to detect proximal
- arterial ischemia: comparison with arteriography. Circulation 2003; 107: 1896-1900.
- 326 6. Henni S, Colas-Ribas C, Signolet I, Feuilloy M, Abraham P, Ouedraogo N. Multiprobe devices
- 327 for exercise transcutaneous oxymetry in patients complaining claudication: interest and limits of
- unusual probe positions. Int Angiol 2016; 35: 557-564.
- 329 7. Abraham P, Colas-Ribas C, Signolet I, Ammi M, Feuilloy M, Picquet J, et al. Transcutaneous
- 330 Exercise Oximetry for Patients With Claudication- A Retrospective Review of Approximately 5,000
- 331 Consecutive Tests Over 15 Years. Circ J 2018; 82: 1161-1167.
- 332 8. Mahe G, Ouedraogo N, Marchand J, Vielle B, Picquet J, Leftheriotis G, et al. Self-reported
- estimation of usual walking speed improves the performance of questionnaires estimating walking
- capacity in patients with vascular-type claudication. J Vasc Surg 2011; 54: 1360-1365.
- 335 9. Colas-Ribas C, Signolet I, Henni S, Feuillloy M, Gagnadoux F, Abraham P. High prevalence of
- 336 known and unknown pulmonary diseases in patients with claudication during exercise oximetry: A
- retrospective analysis. Medicine (Baltimore) 2016; 95: e4888.
- 338 10. Ouedraogo N, Feuilloy M, Mahe G, Leftheriotis G, Saumet JL, Abraham P. Chest tcpO2
- changes during constant-load treadmill walking tests in patients with claudication. Physiol Meas
- 340 2011; 32: 181-194.
- 341 11. Abraham P. Software analysis of transcutaneous oxygen pressure measurements at exercise
- in patients with arterial claudication. Atherosclerosis 2018; 278: 328-329.
- 343 12. Abraham P, Gu Y, Guo L, Kroeger K, Ouedraogo N, Wennberg P, et al. Clinical application of
- transcutaneous oxygen pressure measurements during exercise. Atherosclerosis 2018; 276: 117-123.

- 13. Izquierdo-Porrera AM, Gardner AW, Bradham DD, Montgomery PS, Sorkin JD, Powell CC, et
- 346 al. Relationship between objective measures of peripheral arterial disease severity to self-reported
- quality of life in older adults with intermittent claudication. J Vasc Surg 2005; 41: 625-630.
- 348 14. Hiatt WR, Hoag S, Hamman RF. Effect of diagnostic criteria on the prevalence of peripheral
- arterial disease. The San Luis Valley Diabetes Study. Circulation 1995; 91: 1472-1479.
- 350 15. Johnston AL, Vemulapalli S, Gosch KL, Aronow HD, Abbott JD, Patel MR, et al. Ankle-brachial
- index in patients with intermittent claudication is a poor indicator of patient-centered and clinician-
- based evaluations of functional status. J Vasc Surg 2019; 69: 906-912.
- 353 16. Hammad TA, Smolderen KG, Spertus JA, Jones PG, Shishehbor MH. Associations of exercise
- ankle-brachial index, pain-free walking distance and maximum walking distance with the Peripheral
- 355 Artery Questionnaire: Finding from the PORTRAIT PAD Registry. Vasc Med 2019; 24: 32-40.
- 356 17. Feinglass J, McCarthy WJ, Slavensky R, Manheim LM, Martin GJ. Effect of lower extremity
- 357 blood pressure on physical functioning in patients who have intermittent claudication. The Chicago
- 358 Claudication Outcomes Research Group. J Vasc Surg 1996; 24: 503-511; discussion 511-502.
- 359 18. Muller-Buhl U, Wiesemann A, Oser B, Kirchberger I, Strecker EP. Correlation of hemodynamic
- and functional variables with the angiographic extent of peripheral arterial occlusive disease. Vasc
- 361 Med 1999; 4: 247-251.
- 362 19. Fowkes FG, Murray GD, Butcher I, Heald CL, Lee RJ, Chambless LE, et al. Ankle brachial index
- 363 combined with Framingham Risk Score to predict cardiovascular events and mortality: a meta-
- 364 analysis. JAMA 2008; 300: 197-208.
- 365 20. Davidson BP, Hodovan J, Mason OR, Moccetti F, Gupta A, Muller M, et al. Limb Perfusion
- 366 During Exercise Assessed by Contrast Ultrasound Varies According to Symptom Severity in Patients
- with Peripheral Artery Disease. J Am Soc Echocardiogr 2019; 32: 1086-1094 e1083.
- 368 21. Lindner JR, Womack L, Barrett EJ, Weltman J, Price W, Harthun NL, et al. Limb stress-rest
- perfusion imaging with contrast ultrasound for the assessment of peripheral arterial disease severity.
- 370 JACC Cardiovasc Imaging 2008; 1: 343-350.
- 371 22. Gardner AW, Montgomery PS, Wang M,Shen B. Association between calf muscle oxygen
- 372 saturation with ambulatory function and quality of life in symptomatic patients with peripheral
- 373 artery disease. J Vasc Surg 2020; 72: 632-642.
- 374 23. Mendes-Pinto D, Rodrigues-Machado MDG, Avelar GL, Navarro TP, Dardik A. Arterial stiffness
- 375 predicts amputation and death in patients with chronic limb-threatening ischemia. J Vasc Surg 2021
- 376 24. Gratl A, Frese J, Speichinger F, Pesta D, Frech A, Omran S, et al. Regeneration of
- 377 Mitochondrial Function in Gastrocnemius Muscle in Peripheral Arterial Disease After Successful
- 378 Revascularisation. Eur J Vasc Endovasc Surg 2020; 59: 109-115.

- 379 25. Signolet I, Henni S, Colas-Ribas C, Feuilloy M, Picquet J, Abraham P. Prevalence and Causes of
- 380 Normal Exercise Oximetry in the Calf in Patients with Peripheral Artery Disease and Limiting Calf
- 381 Claudication. Eur J Vasc Endovasc Surg 2016; 51: 572-578.
- 382 26. Jacquinandi V, Bouye P, Picquet J, Leftheriotis G, Saumet JL, Abraham P. Pain description in
- patients with isolated proximal (without distal) exercise-related lower limb arterial ischemia. Vasc
- 384 Med 2004; 9: 261-265.

- 385 27. Toth-Vajna Z, Toth-Vajna G, Gombos Z, Szilagyi B, Jarai Z, Berczeli M, et al. Screening of
- peripheral arterial disease in primary health care. Vasc Health Risk Manag 2019; 15: 355-363.
- 387 28. Sempore WY, Ramondou P, Hersant J, Feuilloy M, Guilleron C, Henni S, et al. Specific slow
- tests are not mandatory in patients with extremely short standard (3.2 km/hr 10% slope) test
- durations during exercise oximetry. Clin Physiol Funct Imaging 2020; 40: 232-237.
- 390 29. Tesselaar E, Nezirevic Dernroth D, Farnebo S. Acute effects of coffee on skin blood flow and
- microvascular function. Microvasc Res 2017; 114: 58-64.

394 TABLES:

Table 1: Characteristics of the patients and results for the exercise test. TcpO2 stands for transcutaneous oxygen pressure and DROP stands for decrease from rest of oxygen pressure.

	Total	No diabetes	Diabetes	р		
		and	or			
		no hypoxemia	hypoxemia			
	N = 7884	N = 5180	N = 2704			
Characteristics of the patients		•				
Age - years	63.7 ± 11.3	62.8 ± 11.7	65.4 ± 10.2	.001		
Male sex	6373 (80.8)	4113 (79.4)	2260 (83.6)	.001		
Body weight - kg	76.9 ± 15.4	74.6 ± 14.6	81.6 ± 15.9	.001		
Height - cm	169 ± 8	169 ± 8	169 ± 8	.215		
LEAD based on either	6075 (77.1)	3968 (76.6)	2107 (77.9)	.194		
positive imaging	3606 (45.7)	2249 (43.4)	1357 (50.2)	.001		
ABI < 0.90 or > 1.30	5389 (68.4)	3541 (68.4)	1848 (68.3)	1		
Ongoing treatments						
Anti-platelet agents	5984 (75.9)	3865 (74.6)	2219 (82.1)	.001		
Anti-hypertensive drugs	4629 (58.7)	2787 (53.8)	1842 (68.1)	.001		
Cholesterol-lowering drugs	4935 (62.6)	3026 (58.4)	1909 (70.6)	.001		
Pain killers	1242(15.8)	825 (15.9)	417 (15.4)	.580		
Beta blockers	2297 (29.1)	1326 (25.6)	971 (35.9)	.001		
esting TcpO2 values						
Chest - mmHg	66 ± 13	66 ± 13	66 ± 14	.854		
Right calf - mmHg	71 ± 12	71 ± 12	69 ± 13	.001		
Left calf - mmHg	71 ± 12	71 ± 12	69 ± 12	.001		
Treadmill test						
Standard procedure	7318 (92.8)	4844 (93.5)	2474 (91.5)	.001		
Maximal walking time – sec	326 [190 / 743]	342 [197 / 832]	300 [180 / 598]	.001		
Maximal heart rate - beats/min	119 ± 22	120 ± 22	119 ± 22	.188		
Left calf DROP min - mmHg	-15 [-26 / -8]	-14 [-26 / -8]	-14 [-25 / -8]	.190		
Right calf DROP min - mmHg	-14 [-26 / -8]	-15 [-26 / -8]	-14 [-25 / -8]	.530		
Lower limb symptoms on	6719 (85.2)	4437 (85.7)	2282 (84.4)			
treadmill				.141		
Left calf pain	4195 (53.2)	2726 (52.6)	1469 (54.3)	.154		
Right calf pain	4110 (52.1)	2705 (52.2)	1405 (52.0)	.183		
Non-limb symptoms	1752 (22.2)	1077 (20.8)	675 (25.0)	.001		

Data are presented as n (%) or mean ± standard deviation (SD) or median (interquartile range [IQR]).

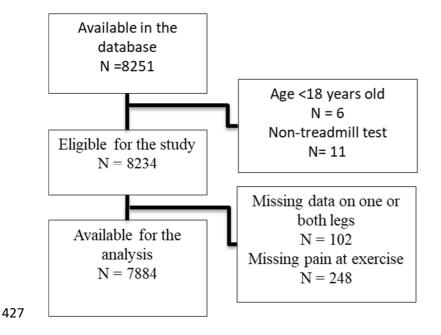
LEGENDS FOR ILLUSTRATIONS:

Figure 1: Flowchart of the study.

Figure 2: Typical examples of TcpO2 recordings. Note that in these two patients two chest probes were used, although only the right chest value was used to calculate the decrease from rest of oxygen pressure (DROP) at the calves. Patient A is an 88-year-old female patient with ultrasound-detected stenosis of both femoral arteries estimated at 50 - 60% and an ankle-to-brachial systolic pressure index (ABI) of > 1.6 on both sides, who complains of bilateral calf pain while walking. As shown, the walking duration (white arrow) was approximately 6 minutes and DROP values did not decrease at the calves and DROPm was -1 mmHg on both calves. Nevertheless, chest values decreased significantly, suggesting exercise-induced systemic hypoxemia as the cause (or the worsening cause of calf muscle oxygen delivery/oxygen requirement disparity). Patient B is a 77-year-old male with bilateral stenoses on ilio-femoral arteries. Right ABI was 0.41 and left ABI was 0.79. Walking (11 minutes) on treadmill induced a unilateral right calf pain consistent with underlying severe DROP decrease throughout exercise: DROPm was -14 mmHg on the left calf and -36 mmHg on the right calf, respectively.

Figure 3: Number of legs for each unit of DROPm value (upper panel) and analysis of the relationship between minimal decrease from rest of oxygen pressure (DROPm) and the proportion of symptomatic limbs (exercise-induced calf pain) on a limb-by-limb basis (lower panel) among the 15768 calves of the 7884 studied subjects. Middle panel is the evolution of the coefficient of correlation between DROPm and the proportion of symptomatic limbs with the increase in the number of DROPm categories starting from zero. The lowest value of the coefficient (black point) was used to determine the cutoff point that separates the linear relationship between DROPm values and the proportion of symptomatic limbs shown in the lower panel. Note that the cutoff point was -28 mmHg. The proportions are represented with 95% confidence intervals.

Figure 1:



<u>Figure 2</u>:



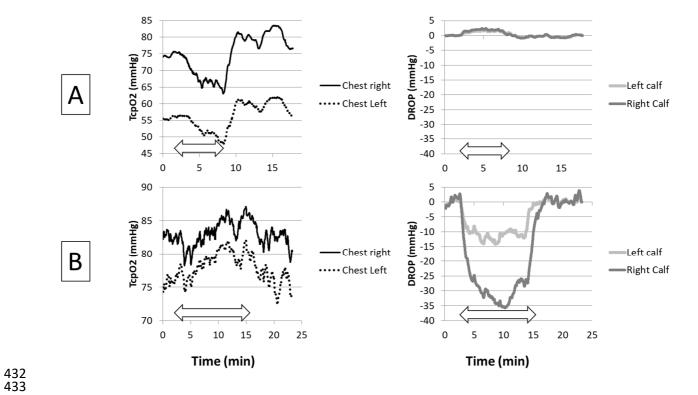


Figure 3:

