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# Ability of animals to detect cancer odors

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## 17 Abstract:

18

19 The olfactory capacity of animals has long been used by humans to help with various activities, e.g., 20 hunting, detecting mines, locating people, and diagnosing diseases. Cancer is among the leading 21 diseases causing death worldwide. Several recent studies have underscored the benefit of using scent 22 to detect cancer, and this paper will review the studies using animals to detect tumor scents. A large 23 variety of animals have been used for this purpose-dogs, rodents, insects, and nematodes-and have 24 shown their capacity to detect cancer, with a success rate close to 90%. Here we discuss these studies, their methodologies, and the animal models used. Finally, we discuss the medical perspectives for 25 26 cancer diagnosis using odors.

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28

29 <u>Keywords</u>: Cancer odor, olfactory sensor, odor discrimination, volatile organic compounds,
 30 behavioral response.

- 32 **1. Introduction**
- 33

34 Cancer is the second leading cause of death in the world, with an estimated 9.9 million deaths 35 in 2020 [1]. For most cancers, it is widely acknowledged that the early determination of a malignant 36 tumor is crucial for increasing the chance of survival. Indeed, most cancer deaths are linked to a delay 37 in the diagnosis, attributable to the fact that early stage cancers are rarely associated with clear 38 symptoms. Early diagnosis usually increases the effectiveness of therapies by treating the tumor at a 39 stage at which it has not yet caused significant tissue damage or transferred metastases to other organs 40 [2]. Thus, any tool allowing early tumor detection would be particularly valuable in the fight against 41 cancer.

42 For the last 20 years, a new approach for early cancer detection has been explored that is based 43 on the hypothesis that the presence of a tumor could—for various reasons, e.g., the altered metabolism 44 of cancer cells-result in the production of specific volatile substances (volatile organic compounds 45 [VOCs]) that are detectable by chemical analysis techniques [3]. In fact, many diseases can be 46 detected because of the modifications they induce in body odors [4-7]. Among these diseases are 47 infectious ones such as malaria [8] and tuberculosis [9], and chronic diseases such as mucoviscidose 48 [10], asthma [11], and diabetes [12]. Cancer is no exception: several studies have shown that it was 49 possible to detect differences in VOCs emission between healthy people and cancer patients, 50 especially for lung, breast, and prostate cancers [3].

51 For many animal species, olfaction plays an essential role in both intra- and interspecific 52 interactions [13–16]. For example, scent is involved in the identification of conspecifics, sex, social 53 rank, or reproductive status [17,18]. There is also some evidence that olfactory capacities are used to 54 recognize congeners who are sick following infections by pathogens [19–24].

55 Because of their olfactory acuity, animals have been used by humans for various tasks, from 56 hunting to scent detection. The first use of animals for their sense of smell involved dogs in a military 57 context to detect objects such as explosives, mines, and dead bodies during the Second World War 58 [25]. Later, in the 1980s, rodents were used for the same reason. Because of their small size, mice 59 could more easily enter small areas without triggering the explosives [26,27]. The dog's sense of smell 60 is regularly used by police to detect explosives [28,29] and drugs [30], and to search for cadavers [25] as well as at the border for biosecurity [31]. For human diseases, it has been established that dogs, 61 62 trained or not, can detect the imminence of an epilepsy crisis based on changes in their master's body odor [32,33]. More recently, dogs have been used to detect COVID-19 [34,35]. In addition to dogs, 63 other animal species have been found that can detect body odors, notably rodents [36], bees [37], or 64 65 drosophila [38]. Other insects such as wasps have also been trained to detect substances such as 66 cocaine [39].

67 Recent advances in cancer research have shown that the ability of dogs to detect tumor-68 associated odors could offer a relevant tool for cancer detection [40-42]. The aim of this paper is to review current knowledge concerning the use of various animals to detect cancerous processes in 69 70 humans. We examined 49 publications reporting results on this topic published between 1989—the 71 year when the first publication in this field was reported-and 2022. We listed the species capable of detecting cancers and analyzed the different methods to test scent discrimination by detailing the 72 advantages and inconveniences of each species. Finally, we explored the potential interest of each 73 74 animal group for early detection of cancer in humans.

75

#### 76 **2. Material and methods**

77 Our exhaustive review was conducted by searching for published articles on PubMed 78 (https://pubmed.ncbi.nlm.nih.gov/), Web of Science (www.webofknowledge.com), and Google 79 Scholar (https://scholar.google.com/) that contained the following keywords: "animal smells" or 80 "animal olfaction", or "animal nose" AND "cancer" or "cancer detection" or "cancer odors" or 81 "cancer scent." The literature included articles published in English from 1989 until 2022, excluding 82 systematic reviews or meta-analyses. For each study, in addition to publication year, we extracted the 83 following information: species, type of cancer, odor source (e.g., exhaled air, urine), whether or not 84 animals were naive before being included in the test, as well as specificity and sensitivity of the test. All graphical representations were performed with the software R version 4.0.3 in Rstudio [43] and 85 required the following packages: ggplot2 [44], GGally[45], and cowplot [46]. 86

87

#### 88 **3. Results**

- 89
- 90 3.1 History of the use of animals in cancer detection



92 Figure 1: Number of papers by year published between 1989 and 2022 that addressed the ability of

93 animals to detect cancer odors. Studied animals were divided into dogs and other species, which

94 *included nematodes, bees, drosophila, ants, mice, and rats.* 

95

96 Despite knowledge of the olfactory abilities of animals and their use in different fields, it was 97 not investigated in cancer research until reports of anecdotes from the late 1980s about particular dog 98 behaviors toward owners harboring tumors began to surface. The first study on the subject is a case 99 report in 1989 [47]. This note refers to a 44-year-old woman who presented lesions, which were 100 subsequently diagnosed as malignant melanoma. This patient sought medical care because her two 101 dogs, a Border collie and a Doberman, had detected a lesion by sniffing it. Following this initial 102 observation, no study was launched on the subject. It was not until a second case report in 2001 [48], 103 which described the same scenario, that research was undertaken on the subject. In this second 104 observation of spontaneous identification of cancer by a dog, the owner of a male Labrador retriever 105 was diagnosed with melanoma following his dog's incessant reaction to the lesion (licking and 106 sniffing). Following this second case report, animal studies were undertaken. In parallel, in the 2000s, 107 research showed that it was possible to detect differences in odor profiles between healthy and 108 cancerous individuals [3].

109 Since these first case reports, 46 studies have been conducted between 2004 and the present on 110 the ability of animals to detect cancer (**Fig. 1; Table S1 and S2**). Most of these publications (31) 111 concerned dogs, following the above described case studies. Because dogs are already common 112 subjects of research based on sense of smell, many training protocols were available. Other animal 113 species began to be studied from 2010 onwards, although much less frequently compared to studies 114 with dogs (**Fig. 1 & 2**). Among the other species studied are mouse and rat. These species are widely used in medical research, including oncology [49,50]. Using genetically modified murine models, it is possible to induce cancers that are very similar to those occurring in humans (e.g., [51,52] and then explore how tumorigenesis induces modifications in the mouse odor bouquet [53,54]. It is also known that olfaction is one of the most used senses in rodents [55–57]. However, only four publications involved mice between 2010 and 2022 [53,58–60] and only one involved rats [61].

121 More recently-in 2014- invertebrates began to be used in this research field [62]. The 122 emergence of these new study models is certainly linked to the constraint of experimentation on 123 vertebrate animals, when researchers were encouraged to reduce the use of vertebrates and replace 124 them by other models whenever possible. Olfaction in insects is highly developed and is among the most sensitive of the animal kingdom [63]. There are for instance several examples of insects that 125 126 demonstrate high sensitivity and selectivity in detecting and discriminating odours (Bromenshenk et al. 2003, Schott et al. 2015, Chamberlain et al. 2012; Frederickx et al. 2011). Nevertheless, only three 127 128 studies have so far tested the olfactory capacity of insects in the context of cancer. In 2014, there was a 129 first publication on drosophila (Drosophila melanogaster) [62]; there was another in 2015 on bees 130 (Apis melifera) [64], and one in 2022 on ants (Formica fusca) [65].

In 2015, a team in Japan began studying the ability of the nematode *Caenorhabditis elegans* to detect cancer [66–72]. This organism, a study model in sensory neurobiology, offers many advantages as a model system, one of which is its small and transparent body, which allows the imaging of neuronal activity in real time [73]. The Japanese team produced seven publications supporting the hypothesis that nematodes can detect and distinguish odors emitted by scent sources from cancerous and healthy humans.

Figure 2 illustrates the percentage of publications made on each animal species. Many different breeds of dogs were used. Certain breeds were selected that excel in olfaction-based tasks. For instance, dogs such as Labrador retrievers, German shepherds, and Belgian shepherds are often used in scenting tasks in the military field because of their drive and high trainability [74]. However, at least 28 other dog breeds of various sizes have been tested for their ability to detect cancer-related odors. More than half of the publications used medium-sized dogs (30–60 cm); 14 different breeds of these sized were tested, especially Labrador retrievers.

![](_page_7_Figure_0.jpeg)

*Figure 2:* Proportions of different animals used for odor detection. The dog breeds used (28 different breeds in referenced publications) were classified into three size categories: small, medium, large. Some dogs were crosses between two known breeds, so we were unable to identify the size category to which they belonged and they were therefore classified in the size category "NA."

158 The sense of smell of these different species was used to discriminate different cancers from 159 non-cancer samples. A total of 12 types of cancer were studied, with 10 different odor sources (Fig. 160 3). Lung cancer was the focus of most studies, with 14 publications, followed by breast cancer (10 161 publications), ovarian cancer (seven publications), and colorectal, melanoma, and prostate cancers, 162 with five publications each. The greater number of studies concerns lung cancer which is the most 163 prevalent cause of cancer deaths worldwide, and breast cancer which is the most frequently diagnosed 164 cancer in women worldwide [1]. Lung cancer and breast cancer are also the two cancers that have 165 been studied using the largest number of different organisms. Studies on lung cancer have been done mainly with dogs, comprising 75% of the publications, but also mice, rats, and bees. Breast cancer has 166 167 been tested with dogs, ants, drosophila, and nematodes. Some cancers or stimuli have only been tested using one species, e.g., prostate cancer (five dog studies), cervical cancer (one dog study), lymphoma 168 (one nematode study), leukemia (one nematode study), pancreatic cancer (four nematode studies), and 169 170 gastrointestinal cancer (three nematode studies). The detection abilities of dogs were tested on a larger 171 number of cancers than for any of the other organisms, eight in all: prostate, ovarian, melanoma, lung, 172 colorectal, cervical, breast, and bladder cancers. Studies using nematodes have included six different 173 cancers (pancreatic, lymphoma, leukemia, gastrointestinal, colorectal, and breast). Among studies 174 conducted using mice, two were on lung cancer [53,60], one on melanoma [75], and one on bladder 175 cancer [58]. Only one publication on lung cancer involved rats [61].

176 Animals are presented with different sources of stimuli to see if they can discriminate the 177 odors of cancerous individuals. The most commonly used source is urine. Dogs were tested with odors 178 derived from human urine (11 publications) while mice were tested with both human (1 publication) 179 and mouse urine (two publications) and nematodes (one publication with mouse urine and six with 180 human urine). The second most used source is exhaled air from humans, with nine publications 181 involving dogs and one involving rats. Breath sample collection is not invasive to humans-the person 182 only needs to blow into a machine, similar to a stress test by a pulmonologist. Both urine and exhaled 183 breath are simple ways to quickly obtain odor samples. There are other noninvasive methods, such as 184 stool samples or soiled mouse bedding, in which odors emitted by mouse urine, feces, and glands can 185 be found. Sweat is another noninvasive source that has been studied (eg.). These odour sources are not yet widely used, with only two publications using stool samples and one using soiled bedding. 186 187 These could be further developed, particularly in the context of colorectal and digestive cancers.

188 Surprisingly, the most common odor sources urine and air are not the ones that have been 189 tested on most organisms: Cell cultures are often used as odor sources. The three publications 190 involving bees, ants, or drosophila all used odor stimuli from cell cultures. This stimulus was also tested in three publications with dogs and one with nematodes. The other samples presented to the
animals were more invasive and requires either blood sampling or biopsies for tissue or skin samples.
Dogs were tested with a wide spectrum of samples, with eight different stimuli used. Nematodes were
also tested for different cancers and different stimuli, although most studies were made using human
urine [66,67,69–72].

![](_page_9_Figure_1.jpeg)

*Figure 3:* Summary of cancers and odor sources used with each animal, including the number of
publications identified per cancer type and source of odour.

- 2053.3 Experimental setup

Animals tested for cancer odor discrimination have different olfactory abilities and behavioral responses, which necessitates adapting the experimental set-up to the chosen animal model. Some methods are exclusive to one organism while others have been be generalized and used on several organisms by adapting the method to the study model. Three main techniques were identified: tests involving conditioning training, behavioral tests carried out without conditioning, and electrophysiology tests (**Table 1 and Experimental setup**). These tests showed similar overall capacities of the animals, although the tests using bees were inconclusive.

214 Table 1: Summary of the advantages and disadvantages of techniques using each species to detect 215 cancer associated odours. Test details are given in the supplementary material.

Test technique	Species	Advantages	Disadvantages
Test technique Conditioning training	Dogs	<ul> <li>Good sensitivity and specificity</li> <li>A single trained individual is useful for several years</li> <li>Many samples tested</li> <li>Animal not killed</li> </ul>	<ul> <li>Long training time required (several months).</li> <li>Cost (over US\$50,000 per dog)</li> <li>Few individuals/replicates</li> <li>Ethical documents are needed for the experiment</li> </ul>
	Bees	<ul> <li>Good sensitivity and specificity</li> <li>Short testing time (than 3 hours)</li> <li>The individual can be killed or returned to the colony after the test (even though in the study mentioned bees have been killed)</li> </ul>	No discrimination of cancerous individuals
	Ants	<ul> <li>Good sensitivity and specificity</li> <li>No ethical documents needed for experimentation</li> <li>Large number of individuals available</li> <li>Short testing time (a few minutes)</li> <li>The individual can be killed or returned to the colony after the test</li> </ul>	<ul> <li>Many individuals are necessary</li> </ul>
	Rats	<ul> <li>Good sensitivity and specificity</li> <li>Short training time (a few days)</li> <li>Animals can be used several times on multiple samples (even though rats in the study mentioned have been euthanized after the experiment)</li> </ul>	<ul> <li>Many individuals are necessary</li> <li>Ethical documents are needed for the experiment</li> </ul>
	Mice	<ul> <li>Good sensitivity and specificity</li> <li>Short training time (a few days)</li> <li>Animals can be used several times on multiple samples (even though mice in the study mentioned have been killed after the experiment)</li> </ul>	<ul> <li>Many individuals are necessary</li> <li>Ethical documents are needed for the experiment</li> </ul>

Behavior test: habituation/ generalization	Mice	<ul> <li>Good sensitivity and specificity</li> <li>Short test time (a few minutes)</li> <li>Animals can be used several times on multiple samples (even though mice in the study mentioned have been killed after the experiment)</li> </ul>	<ul> <li>Many individuals are necessary</li> <li>Ethical documents are needed for the experiment</li> <li>Limited number of tests per individuals</li> </ul>
Behavior test: preference	Mice		No preference for cancerous or healthy stimuli
	Nematodes	<ul> <li>Preference for cancerous stimuli</li> <li>Good sensitivity and specificity</li> <li>No ethical documents needed for experimentation</li> <li>Large numbers of individuals are available</li> <li>Reduced total duration of the experiment (a few minutes)</li> <li>No training</li> </ul>	<ul> <li>Many individuals are needed for one test</li> <li>Killed after tests</li> </ul>
Electrophysiology test (calcium imaging)	Drosophila	<ul> <li>Good sensitivity and specificity</li> <li>No ethical documents needed for experimentation</li> <li>Large number of individuals are available</li> <li>Reduced total duration of the experiment (a few minutes)</li> <li>No training</li> </ul>	<ul> <li>Many individuals are needed for one test</li> <li>Killed after tests</li> </ul>

217 Conditioning tests involves learning by a system of reward or punishment (see Experimental 218 setup). This type of test can be used with dogs, insects, and rodents. To estimate the success rate of 219 conditioning tests, we can calculate the sensitivity and specificity as follows:

220

221 Sensitivity = CP/ (CP+ MI)

222 Specificity= CN/ (CN+FA)

223

where CP indicates a correct positive response, when animals detected the target sample; MI indicates a false negative response, when animals did not detect the target sample; CN indicates a correct negative response, when animals did not detect a control sample; and FA indicates a false positivealert, when animals detected a blank or control sample.

228

229 All publications on dogs on average display good sensitivity, i.e.,  $71\% \pm 24$ , as well as a good 230 specificity, i.e., 85%±18. Some studies obtained scores higher than 90% or even 100% success. For 231 example, using blood serum, beagles had a sensitivity of 96.7% and a specificity of 97.5% [76]. Other studies obtained much less conclusive results, with success rates below 50% [77-79]. Sensitivity and 232 233 specificity vary among studies, and we noted that they vary depending on the cancers tested and the stimuli presented (Fig. 4). Sensitivity varies more than specificity, which means that dogs are more 234 235 likely to make false positives - indicating that a sick person is healthy - than false negatives, which can 236 have detrimental consequences for patients in the absence of other diagnostic methods. Detection of 237 urine showed the lowest sensitivity among the stimuli, yet it is the most common stimulus tested on 238 the dogs. Regarding the types of cancers tested, prostate and bladder cancers had average sensitivities 239 close to 50%, making them the least well detected cancers by dogs. However, this poor detection level 240 may be because only urine samples were used and that dogs are less sensitive to cancer related 241 molecules present in the urine.

242 Of the other animals tested by conditioning, mice showed success rates ranging between 80 and 100% (ref). In another study, mice could distinguish cancerous conspecifics based on their urine. 243 Compared with dogs, either mice are more sensitive to informative molecules present in the urine 244 and/or it might be easier to distinguish diseased conspecifics than non-conspecifics. The rat study used 245 246 exhaled breath samples to detect lung cancer, resulting in a sensitivity of 82% and a specificity of 247 81%. The two studies conducted on insects using conditioning tests gave mixed results. Bees did not 248 seem to be capable of discrimination between healthy and cancerous cell cultures with proboscis 249 extension response (PER) tests [64]. The failure of tests involving bees may be explained by the fact 250 that cell cultures do not produce compounds to which the bees are sensitive. While, test based on bees 251 olfaction were successful in other contexts, such as landmine detection [37] or in an ecological context 252 with the use of bees to detect the presence of larvae of the Mediterranean fruit fly [80]. The study 253 using ants [65] showed that when ants were conditioned with sugar water to the odor (healthy cell 254 cultures or cancerous cell cultures), they spent much more time near the conditioned smell than the 255 new smell. These results show that ants are able to distinguish between healthy and cancerous cells and even between two different cancerous cells. Conditioning has advantages and disadvantages, 256 depending on the animal tested. In the context f cancer detection, for all species tested other than bees, 257

this method resulted in sensitivity and specificity above 80%.

Conditioning tests require a learning period that can be variable in length. This training time can be a disadvantage with dogs. Dogs start training in average at 10±4.8 months, with training durations varying greatly among studies (average 41±34 weeks). Some dogs were trained for only 3–4 262 weeks prior to testing [76,81] and others were trained for seven to 24 months [82-84]. This makes the 263 dog the organism that takes the longest to provide conclusive results. For all other species tested, the learning shorter, 264 time was much from few minutes a few days. a to

*Figure 4:* Global sensitivity and specificity for all experiments with dogs as a function of cancer type and odor sample. Boxplots represent the first, median, and third quartiles on the 95% extent. The dots represent the outliers and when there was only one data point.

![](_page_14_Figure_1.jpeg)

However, once a dog is trained, its training can last for its lifetime and thus the same 265 266 individual can be used for a large number of tests, unlike, for example, insects or nematodes, which 267 usually cannot be used more than once, due to their short lifespan. The possibility of using trained 268 dogs throughout their lives makes them an attractive study model. Alternatively, studies involving 269 animals that cannot be used repeatedly require a sufficient number of individuals to be statistically reliable. For example, habituation-discrimination tests typically involve between 10 and 20 mice/rats 270 271 and 30 or so ants for a given experiment in contrast to dog conditioning studies, where only one to 10 272 dogs were involved. This results in a large number of organisms to be tested; in the case of rodents, 273 this involves ethical constraints, while experimentation on invertebrates have fewer restrictions.

274 These advantages and disadvantages including the number of individuals required and the 275 ethical issues are common to all three testing methods-the other two being behavioral tests without 276 prior learning and electrophysiology tests. Behavioral tests were carried out on mice and nematodes. 277 Two types of tests were performed on mice. The first was a habituation/generalization test [60], where 278 the mouse was habituated for 14 minutes to a scent stimulus (cancerous or healthy) and then presented 279 with two new stimuli. The mouse will typically spend more time smelling the stimulus with which it is 280 less familiar. In this way, it can be determined whether mice can differentiate between the smells of 281 cancerous and healthy stimuli. This study showed that mice were able to discriminate between 282 cancerous conspecifics but-as with ants-this depended on the stimulus to which they had been 283 habituated. Mice were able to differentiate a cancerous stimulus from a non-cancerous one if they were habituated to a non-cancerous stimulus, even at an early stage of cancer development. But when 284 285 a mouse was habituated to a cancerous stimulus, mice showed difficulty discriminating among two 286 different cancerous stimuli. This may be due to possible higher heterogeneity in odors emitted by two 287 cancerous stimuli [85].

The second behavioral test consists of a preference test where two different odors are placed either in a Y-maze for mice or in two Petri dishes for nematodes. Despite their ability to detect the odors, wild-derived mice did not show a preference for healthy or cancerous samples [60]. This was not the case for nematodes, which were attracted to the odors emitted by stimuli of cancerous patients, regardless of the cancer type or stage [66,70,71].

Behavioral tests involving mice or nematodes have good sensitivity and specificity scores. This type of test allows a reduction in testing time by eliminating the need to learn by positive or negative reinforcement. Nevertheless, as mentioned above, the number of individuals required is much larger compared to conditioning with dogs. This disadvantage is not an issue for nematodes since there are no ethical requirements for experimentation, which allows an unlimited number of individuals that could be tested.

- The last technique involves electrophysiology. As of now, it has only been tested on Drosophila melanogaster, with calcium imaging [62]. For this method, the response of drosophila to olfactory stimuli presented to the fly's antennae, was examined at the brain level using calcium imaging . Even if this study did not specifically identify candidate VOCs, it showed that drosophila has a network of natural chemosensors that seem to respond to odors of medical interest (i.e. [62].
- 304

305 3.4 Medical perspectives

307 Cancer detection by animals-from dogs or mice to insects and nematodes-seems to be a 308 promising avenue. Indeed, they seem to be able to detect cancer even with only slight variations in 309 body VOCs. This capacity to detect cancer could allow a much more accurate diagnosis than current 310 cancer screening tests, such as MRI. However, there are different experimental setups depending on 311 which animal is used and different behavioral responses and measures, such as digging, rolling over, 312 sitting, rearing, and barking with dogs; physiological measurements such as electroantenography 313 (EAG) coupled with calcium imaging with insects; and attraction or repulsion responses with mice or 314 nematodes. Furthermore, a number of different stimuli can be presented to animals. The optimization 315 of these stimuli for each type of cancer and for each animal must be considered. Some stimuli are 316 currently little used even though they are potentially reliable. Other stimuli, such as urine, are often 317 used even though they do not necessarily give the best results (e.g. in studies with dogs). Furthermore, 318 given the detection capacity of insects, it is important to test stimuli other than cell cultures to see if 319 this capacity could be extended to other commonly used stimuli, e.g., urine or exhaled air.

Twelve different cancers have been studied using animals as cancer detectors. Human cancers (18 in total) have already been studied by chemical analysis of their VOCs to identify molecular differences between cancerous and healthy patients (see the review [3]). However, this review has shown that there was no universal compound associated with cancer odours. It is interesting to note that the cancers most studied by chemical analysis of human VOCs—apart from lung cancer—are different to those that have been investigated by animal detection, e.g., cervical cancer [86].

326 To make the best use of animals in the field of disease detection and especially for cancer, it is 327 essential to choose an experimental set-up that is easily duplicated and can be extended to a large 328 number of cancers. Based on several studies, it appears that animals can detect cancer at very early 329 stages of precancerous lesions [60,66,83]. This could be useful for initial diagnoses or for cases of 330 relapse, which are sometimes difficult to detect. Early detection is critical to more effectively treat 331 patients. In addition, cancer detection methods must be accurate, fast, simple, and affordable. In this 332 respect, animals that are well trained, or for which a reliable protocol can be established, can help 333 detect early stages of cancer using primary and noninvasive screening. While the different animals that could be used all have advantages and disadvantages, all offer a non-invasive rapid diagnostic tool forhuman cancers.

336 The use of animals could be ethically problematic, especially the use of dogs and mice, so in 337 this context it may seem preferable to use organisms such as insects or nematodes rather than 338 mammalian detectors like dogs for instance. Another alternative is chemical analysis. Techniques such 339 as GC-MS (gas chromatography - mass spectrometry), LC-MS (liquid chromatography coupled with 340 mass spectrometry), and PTRMS (proton transfer reaction mass spectrometry) show promise in the 341 identification of VOCs that can help identify cancerous individuals. Although chemical analysis may 342 be less sensitive than animal "noses". Further, these analyses are time-consuming and tedious because 343 cancer impact on VOCs does not always involve the same compounds, thus many samples and 344 analyses would be necessary to identify potential cancer biomarkers. Indeed, several candidate VOC molecules have already been identified [3], but there is no consensus on one or more potential 345 346 biomarkers, although some compounds such as hexanal, acetone, ethanol, or nonanal have been 347 pointed out in several publications [3]. In the absence of general diagnostic markers, the use of animals to detect early stages of cancer development might be more effective. 348

#### 349 **4. Discussion**

350

The use of animals in the fight against cancer, although effective, is still in its infancy. Indeed, the potential of animals to detect cancer at an early stage has only been explored in the last 20 years. The use of several animals seem promising, with success rates above 80% for most. All species tested have advantages and disadvantages, although from an ethical point of view the development of experiments using invertebrates such as nematodes, ants, or drosophila should be given special attention. Moreover, this ability to detect cancer—with or without learning—opens the door to new questions about how and why animals are able to discriminate these odors.

358 Many species have evolved highly developed olfactory systems, allowing them to find their prey or food, avoid predators and toxic resources, or to socially interact [13,87]. The need to know 359 360 one's environment has led animals to develop a highly efficient olfactory system that-with or without 361 training—allows them to identify cancerous individuals. We know about the impact of infectious 362 parasites on the social relationships of several animal species ([20,22,24]), but we know little about 363 cancer. No studies to our knowledge have looked at the ability of conspecifics in the wild to avoid 364 cancerous individuals. Documentation of cancer in natural populations is limited because most wild 365 animals live and die anonymously. The exact prevalence of cancer in a population requires detailed 366 knowledge of the organism under study (e.g., demography, distribution, migration) as well as 367 extensive monitoring and sampling. However, the relative paucity of cancer research in natural 368 environments does not signify that it is not important in determining the survival of an organism and 369 in shaping ecological dynamics. Indeed, we know that many species—from hydra to humans—can 370 develop cancer [88]. Although there is little information on the prevalence of cancer in nature, some 371 studies have been able to show that cancer can be a significant cause of death in nature [89–92], 372 although population monitoring to investigate the prevalence of cancer is very difficult to set up in the 373 wild. Only Tasmanian devils and beluga have thus far been extensively studied for cancer [93,94].

374 Concerning the impact of cancer on wild animals, i.e., whether their olfactory capacity allows 375 them to identify a cancerous congener, no study to our knowledge has asked this question. The only 376 study carried out on the impact of cancer on intra- or interspecies relationships was done on tumoral 377 hydras and showed that tumorous polyps were more predated by fish [95]. Is this only due to their 378 larger size, or do they emit different odors that allow fish to differentiate them? For other predators 379 such as the wolf, the dog's ancestor, do they use their sense of smell to detect sick individuals, and can they distinguish cancerous individuals? Are cancerous individuals, which may carry more pathogens 380 381 following cancer-induced immune suppression [96], excluded from the group or less frequently 382 chosen as sexual partners (e.g., [97])? These questions are even more relevant for species harboring 383 transmissible tumors, such as Tasmanian devils [91]. In this species, the extent to which individuals 384 may avoid each other to prevent contamination is poorly understood. There are many questions about 385 how cancer is perceived in nature by animals and especially how animals perceive cancerous animals 386 using their sense of smell. For species with post-reproductive cancer, selection should not play a role 387 on social interactions since the cancer will not affect the fitness of breeders. However, oncogenic processes may appear at a younger age in some species, or in the case of transmissible cancers, it is 388 389 possible that selection plays a role in the olfactory capacities of animals to enable them to avoid 390 conspecifics in poor conditions ([98,99]).

391 Oncogenic agents such as UV radiation, oncogenic contaminants, and hormones released into 392 waterways are increasingly present in the environment due to human encroachment and habitat 393 degradation. Because many of these carcinogens are new, exposed organisms may not have developed 394 effective defense mechanisms and may not have the capacity to avoid them, which might make 395 wildlife particularly vulnerable to carcinogenesis [100–102]. Exploring the extent to which chemical ecology will be central in these novel ecological contexts will be fascinating and will require the 396 397 integration of concepts and techniques from different disciplines in addition to chemical ecology (e.g., behavioral ecology, physiology, molecular biology, oncology). 398

- 400
- 401 **5. Concluding remarks**
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Animals can use their sense of smell to detect objects, drugs, people, or even diseases such as cancer. This ability is shared by many animals that use olfaction as a means of communication in the wild. Their sense of smell allows them to obtain information about the individuals around them, including their age, sex, and health status. Using their ability to identify individuals with parasitic, chronic, or genetic diseases such as cancer is a promising avenue for the early detection of many diseases.

409 Different experimental techniques could be used with different animals. This review covered 410 olfactory studies that used dogs as well as other species and highlighted the advantages and 411 disadvantages of each species. Analyzing the neural electrophysiological responses (e.g., 412 electroantenography) of species capable of detecting cancer and thus identifying the compounds that 413 are different between cancer patients and healthy ones would be invaluable. However, this involves a 414 vast number of individuals who are destined to be euthanized. In this respect, insects or other invertebrates may be an interesting avenue of research: they have highly developed olfactory 415 416 capacities and their use in experimentation is not at this time subjected to any ethical constraints. 417 Finally, the ability of animals to detect cancer raises many interesting ecological and evolutionary 418 questions.

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#### 422 Author's Contribution

FG and AP collected the data. FG analyzed the data and wrote the paper. LD, FT, and GG supervisedthe project and contributed to the final manuscript.

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#### 426 **Declaration of Competing Interest**

427 The authors declare that they have no known competing financial interests or personal relationships

428 that could have influenced the work reported in this paper.

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# 896 SUPPLEMENTARY MATERIAL:

- **Table S1:** List of studies that examined the ability of dogs to discriminate cancer odors, including details on dog breed, sex, age, training duration, previous experience, cancer type, sample type,
- *and the main results of each study.*

Study	Authors	Year of	Cancer type	Number	Breed	Sex	Age	Length of	Previous	Odor	Sensitivity	Specificity	Global	Global
type		publication		of dogs				time	experience	samples	for each	for each dog	detection	detection
				lesieu				uameu			uog		(%)	(%)
	[47]	1989	Melanoma	1	Border collie and Doberman	NA	NA		Naive	Skin lesion				
	[48]	2001	Melanoma	1	Labrador retriever	Male	NA		Naive	Skin lesion				
Case reports	[103]	2013	Melanoma	1	Alsatian	Female	NA		Naive	Skin lesion				
	[104]	2004	Melanoma	2	Standard schnauzer	Male	4 years		Different distinctions. Served 2.5 years in police; certified bomb- detection dog; served in research efforts by the US Department of Defense Different	Tissue	NA	NA	86%	
					retriever	I emaie	0 years		distinctions				1570	
[y	[77]	2004	Bladder	6	Mixed breed	Male	6 years	7 months	Obedience	Urine	11%	NA	41%	NA
ve stud			cancer		Labrador retrievers	Female	7 years				33%			
ecti					Cocker spaniel	Male	1.5				55.50%			
dsoj						Female	2 years				55.50%			
Pı							= years				20.0070			

					Female	5 years				44%			
					Female	7 years				44%	-		
[81]	2006	Breast cancer and	5	Labrador retriever	Male	7–18 months	2–3 weeks	Recruited dogs were screened	Exhaled breath	NA	NA	Lung cancer: 99%	Lung cancer: 99%
		lung cancer		Labrador retriever Labrador retriever	Male Female			eagerness to sniff objects and respond to commands				cancer: 88%	cancer: 98%
				Portuguese water dog Portuguese water dog	Male Female								
[78]	2008	Breast	6	Aussie cocker	Male	2 years	12–14 months	NA	Urine	28%	NA	20.5%	NA
		culleer		Collie mix	Females	8 years	montins	NA		28%	-		
				German shepherd		4 years		Tracking, agility, obedience		22%	-		
				Rhodesian ridgeback		5 years		Agility, obedience, rally		28%			
				Boxer		6.5 years	-	Agility, obedience, rally	•	17%			
				Italian greyhound	Male	5 years		Agility	-	11%			
		Prostate cancer	4	Chihuahua mix	Females	4 years		Service: therapy		6%			
				Miniature goldendoodle		2.5 years		Service: therapy		15%			
				Pembroke Welsh corgi		6 years		Therapy: obedience		22%			
				Border collie		2 years		NA		28%			
[105]	2008	Ovarian cancer	1	Giant schnauzer	NA	4 years	12 months		Human sample tumor bank	100%	100%	100%	97.5%
[106]	2010	Ovarian	2	Giant	Females	7 years	9 months	Trained to	Blood and			Blood:	Blood: 98%

		cancer		schnauzer				detect ovarian	tissue test			100%	
				Giant		3 years	9 months	Naive	-			Tissue:	Tissue: 95%
[107]	2011	Prostate cancer	1	Belgian Malinois shepherd	NA	NA	16 months	Chosen among young dogs destined for explosives detection training. No previous training	Urine and blood		9	91%	
[108]	2012	Lung cancer	4	German shepherd German shepher Labrador retriever Australian shepher	2 Males and 2 Females	2.5–3 years	NA	Family dogs	Exhaled breath	NA	NA	71%	93%
[82]	2011	Colorectal cancer	1	Labrador retriever	Female	8 years	6 months (November 2008 through June 2009)	Trained for water rescue beginning in 2003 and then began training as a cancer detection dog in 2005	Human watery stool Exhaled breath	91% 97%	99% 99%	91% 97%	99% 99%

[109]	2010	Bladder	4	Cocker spaniel	Males	6 and 8 years	NA	Obedience commands	Urine	NA	NA	57–73%	56-92%
						J Curs		••••					
				Springer spaniel	Male	5 years							
				Labrador retriever	Female	6 years							
[110]	2012	Lung cancer	NA	German shepherd mix	Male	20–22 months		NA	Exhaled breath	NA	NA	82.2%	82.4%
[111]	2012	Breast and lung cancer, melanoma	6	German shepherd	Males	$3 \text{ dogs} \\ \ge 20-22 \\ \text{months;}$	NA	Naive	Exhaled breath	NA	NA	79%	78%
				Labrador retriever		$\begin{array}{l} 3 \text{ dogs} \\ \leq 6 \\ \text{months} \end{array}$							
[83]	2013	Ovarian cancer	2	Giant schnauzer	NA	10 years	2 years		Blood	Series I: 97%; Series II (3 months after chemo): 50%; 6 months after chemo: 60%	Series I: 99%; Series II (3 months after chemo): 96%; 6 months after chemo: 90%	Serie I: 97%; Serie II: 70% and 80%	Serie I: 99%; Serie II: 95% and 92%
				Giant schnauzer	NA	6 years				Series I: 97%; Series II (3 months after	Series I: 100% Series II (3 months after chemo):		

										chemo): 80%; 6 months after chemo: 100%	94%; 6 months after chemo: 94%		
[112]	2014	Lung cancer	4	Belgian shepherd	Male	8 years		Scent-tracking missing people, environmental pollutants	Exhaled breath, Urine	Exhaled breath: 76%; urine:	Exhaled breath: 33.3%; urine:	66–76%	33-41.7%
				Border collie	Male	4 years		Scent tracking, environmental pollutants		66%	41.7%		
				Wire-haired dachshund	Male	8 years		Scent tracking					
				Rottweiler	Female	3 years		Scent tracking					
[79]	2014	Prostate cancer	2	Labrador	NA	9 years			Urine	13%	71%	17%	73%
				Border collie	NA	3 years				25%	75%		
[113]	2014	Lung cancer	2	German shepherd mix	Male	NA	NA	NA	Exhaled breath	NA	NA	86%	28%
[114]	2015	Breast cancer	2	Belgian shepherd, Groenendael type	Female	5 years	6 months	Detect explosives and identify people who need to be	Cell culture	NA	NA	100%	100%
				Belgian shepherd, Malinois type	Female	2.5 years		singled out in a group					
[115]	2015	Prostate cancer	2	German shepherd	Females	2–3 years	4 months	Explosives detection	Urine	Dog 1: 100% Dog 2: 98.6%	Dog 1: 98.7% Dog 2: 97.6%	98.7–100%	97.6-98.7%
[64]	2015	Lung cancer	2	Labrador	Female	3 years	8 months	Both dogs had	2 lines of	40%	50%	45%	15%
				retriever	N/ 1		-	basic obedience	cell culture	200/	100/		
				Mixed breed	Male			were experienced in scent		20%	10%		

								discrimination					
[86]	2017	Cervical cancer	1	Beagle	Male	3 years		Trained for drug detection	Human fresh biopsies; smear sample	Smears: 92.78%; Surgical bandages: 96.36%	Smears: 99.1%; Surgical bandages: 99.55%	Smears: 92.78; Surgical bandages: 96.36	Smears: 99.1; Surgical bandages: 99.55
[76]	2019	Lung cancer	3	Beagle 1	NA	2 years	4 weeks	Naive	Blood serum	91%	100%	96.7%	97.5%
				Beagle 2						100%	100%		
				Beagle 3						82%	97%		
[116]	2019	Ovarian cancer	1(4 started	German shepherd	Female	33 months	NA	Naive	Cell culture	87.40%			
			training)	German	Female	12							
				shepherd		months							
				Labrador retriever	Male	49 months							
				German	Female	50							
54.4.93	2010			shepherd		months	- 1			1000/	1000/	0.0.00/	00.00/
[117]	2019	Breast cancer	2	shepherd	Males	18 months	5 months	Naive	secretions	100%	100%	90.3%	90.3%
				Belgian shepherd						88.9%	88.9%		
[118]	2020	Ovarian cancer	4	German shepherd Labrador retriever English springer spaniel	3 Females / 1 Male	2–7 years	NA	NA	Blood plasma	False alarm: 14–41%; hesitated: 7-42%	NA	24–56%	NA
[84]	2020	Lung cancer	3	Belgian Malinois	Female	5 years	1 year	NA	Urine	First trial 45%; second trial 55%	First trial 89%; second trial 91%	54.60%	90.30%
				Belgian Malinois	Female	3 years				First trial 55%; second trial 36%	First trial 91%; second trial 87%		

				Mixed breed	Female	3 years				first trial	First trial		
										73%;	91%;		
										second	second trial		
										trial 64%	93%		
[119]	2020	Ovarian	3	English	NA	12-20	6 months	NA	Blood	95.1%	NA	95.70%	NA
		cancer		springer		months			plasma				
				spaniel									
				German						98.7%			
				shepherd									
				Labrador						93.3%			
				retriever,									
				yellow									
[120]	2020	Colorectal	8	Nova Scotia	Female	2 years	NA	Privately owned	Stool	74%	94%	82%	92%
		cancer		duck tolling		-							
				retriever									
				Labrador $\times$	Female	2 years		Rejected as		88%	91%	-	
				golden		-		guide dog					
				retriever									
				English cocker	Female	1 years		Working dog		88%	87%		
				spaniel				line					
				English cocker	Female	1 years		Working dog		79%	90%		
				spaniel				line					
				Labrador ×	Female	2 years		Rejected as		83%	90%		
				golden		5		guide dog					
				retriever									
				Labrador ×	Female	1 years		Rejected as		80%	91%		
				golden		5		guide dog					
				retriever				0 0					
				English cocker	Male	1 years		Working dog		80%	95%		
				spaniel		<b>J</b>		line					
				Belgian	Female			Working dog		84%	96%		
				Malinois				line					
[121]	2021	Prostate	2	Labrador	Female	4 years	3 years	NA	Urine	71.4%	76.2%	71.4%	73%
		cancer		retriever		5	2						
				Wire-haired	Female	7 years	1			71.4%	70.0%		
				Hungarian									
				Vizsla									
[122]	2021	Breast	1	Labrador	Female	9 years	12 months	Water rescue	Urine	100%	100%		
		cancer		retriever		<u> </u>		dog, and then.		-			
								because of her					

									high ability of sniffing out and eagerness, she was recruited to have a cancer detection training				
	[123]	2022	Lung cancer	2	Labrador retriever	4 ye	ears	21 months	Naive	Blood, Exhaled breath	blood: 69% breath: 62%	blood: 67% breath: 71%	
					Australian cattle dog	5 ye	ears	15 months	Naive		blood: 62% breath: 75%	blood: 97% breath: 90%	
Ī	[124]	2021	Lung cancer	1	Golden retriever	7 ус	ears	1 year	Raised to discriminate	Exhaled breath	78%		
									different smells e.g., chamomile tea, cinnamon, or coffee	Urine	87.80%		

901 *Table S2:* List of studies that examined the ability of rodents and invertebrates to discriminate cancer odors, including details on cancer type, animal type, sex, and age, training type and duration, 902 odor source, and the main results of each study.

		Year of publication				Number of		Training duration		
		1				animals		uurution		
Animal	Authors		Cancer type	Sex	Age (weeks)	tested	Training		Odor samples	Success or p-value
		2010		Males		6	Y training maze with	14 days		
	[53]		Lung	Female		1	water recompense		Mouse urine	Discrimination success > 80%
		2017						1–2		
								days		
	[58]		Bladder	Males	3 weeks	23	Y-maze behavioral assay with water recompense		Human urine	100%
		2020					Spontaneous preference/avoidance in	few days		Non-significant preference for conspecifics with melanoma
				Females	_	11	the open files and Y-maze			
				Males	9 weeks	15	tests			P <0.01 spontaneous from conspecifics with melanoma
Mouse				Females	-	20	-			P > 0.001; mice discriminated cancerous urine with 90% probability of choosing
	[75]		Melanoma				Trained mice tested in Y maze with treats as a		Mouse urine	melanoma samples and 82% for samples from mice with or without a visible melanoma
				Males		20	recompense			tumor
		2022					Spontaneous	10 min		
							preference/avoidance in	test		Non-significant preference for
				Females	12 weeks	18	Y-maze tests		Soiled mouse bedding	conspecifics with melanoma
								21 min		p<0.01; mice discriminate
			Luna					test		cancerous mice at early and
	[60]			Males	12 weeks	11_16	rauluation/generalization		Soiled mouse bedding	development

		2021					Trained rats tested to	30 min once a		
							discrimination	day		
Data	[61]		Lung	Malas	4 wooks	12	reinforcement / reward /		Exhalad braath	Sensitivity: 82%;
Kais		2014		Iviales	4 WCCKS	12				
Drosophila								A few		
melanogaster	[62]	2015	Breast	Females	1–5 days old	NA	Calcium imagery	minutes	Cell culture	Significant difference
		2015								
						20 in				
Honeybee (Anis						14	Test of proboscis			
mellifera)	[64]		Lung	Females	NA	tested	extension (PER)	1 h	Cell culture	No discrimination $(p = 0.062)$
		2022								
			O	<b>F</b> 1_			Conditioning test with	A 6		Discrimination between
Ant (Formica fusca)	[65]		breast	(foragers)	A few days	36	reward sugar solution +	A few minutes	Cell culture	between two cell culture lines
jusca)		2015		(Iorugers)	iiiow duys	20		lillitates		
	5.60		Colorectal,			50 100			Cell culture, tissue,	Sensitivity: 95.8%;
	[66]	2019	gastric, breast			50-100	-		blood, urine	Specificity: 95.00%
		2017								
						50-100				
			Colorectal,							
	[67]		gastric				Preference tests in Petri		Urine	61.1-82.1%
Nematode		2019			V		dish with one stimulus	A. C.		Semeticity 71 400/
(Caenornabditis elegans)	[68]		Pancreatic		adults	50	(nearing or cancerous) on each side	A few minutes	Mouse urine	Sensitivity: 71.40%; Specificity: 83.30%

	2020				
			50		
[69]		Gastrointestinal		Urine, blood	80–90%
	2021				
					Sensitivity: 84.6%;
[72]		Pancreatic	50-100	Urine	Specificity: 60%
[71]	2021	Breast, esophageal, gastric, colon, gallbladder, bile duct, pancreatic, malignant lymphoma, acute myeloid	100		Sensitivity: 87.50%;
[71]		leukemia		Urine	Specificity: 90.20%
	2021	Pancreatic			
[70]		cancer	50-100	Blood, urine	P < 0.001

778

#### 5 **Experimental setups:**

#### 777 I) Conditioning training

Two types of conditioning training can be used in animals: classical conditioning and operant conditioning [125].

#### 781 • Classical conditioning

782 Classical conditioning, which is based on the Pavlov reflex, implies that certain stimuli 783 automatically provoke certain responses [126]. The first step in classical conditioning is to associate a 784 neutral stimulus that initially has no effect on the animal-for example, the smell of a cancerous 785 individual-with an unconditioned stimulus, such as sugar, which provokes an unconditioned 786 response. As the neutral stimulus is closely followed by an unconditioned stimulus that naturally 787 triggers an unconditioned response, the neutral stimulus is associated with an unconditioned stimulus, 788 so that the association between the two becomes stronger and the unconditioned response develops. 789 Based on Pavlov's principle, procedures have been adapted to insects that are more commonly called 790 differential conditioning of the proboscis extension response (PER) [127,128].

#### Operant conditioning

The other type of learning is operant conditioning, which refers to the fact that a behavior can be controlled by its consequence (reward, called reinforcement, or punishment). The animal's behavioral response to a stimulus will be followed by a reinforcement, i.e., the response has a favorable result such as food [129]. In the case of negative reinforcement, the animal will be subjected to an aversive stimulus such as an electric shock, or bitter or unpleasant food [130]. This learning technique is used to train dogs and rats, and for some studies on mice. With conditioning, two parameters are calculated to evaluate detection capacity—sensitivity and specificity.

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### 800 II) Behavioral tests

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- 802

# The concept of these tests is to habituate an individual to an odor for a given period of time and then present him two new odors; it is assumed that the odor to which the organism will go more is the one that is more different [131].

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### 807 • <u>Preference tests / choice tests</u>

Habituation/generalization tests

The choice tests take place in a Y-shaped enclosure or another container such as a Petri dish for small organisms. These containers allow the individual to move towards one of the two stimuli presented, which are placed at each end of the olfactometer branch or on opposite sides of the Petri dish. The time spent in each position indicates the preferred stimulus.

# III) Electrophysiology test

The last type of test used to determine whether animals can detect cancer consists of analyzing the
neuronal response of an insect's antenna to an odorant stimulus. For these tests, insects must be killed
before antennae are removed from the animal to perform the experiments.

780 781

### Electroantennography (EAG)

782 Electroantennographie (EAG) is a bioassay widely used in experimental entomology for the detection of volatile compounds. This technique consists of analyzing what the insect's antennal 783 784 olfactory receptor detects. A neurological response recorded from the antenna indicates whether the 785 compound is detected by the organism. For this purpose, the antenna of an insect is connected to two electrodes. The antennae are exposed to an odor (a single compound or mixture of volatile 786 787 components) and the electric response of the antenna is recorded by the electrodes via an amplifier 788 [132,133]. This technique has never been used to determine whether an insect is able to detect the 789 smell of a cancerous individual.

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# 791 • <u>Calcium imaging</u>

This technique allows an even finer level of detection compared to EAG. It consists in visualizingthe activated areas of the olfactory lobes of an insect during olfactory perception [134].

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