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▶ To cite this version:

Fanny Gaveriaux, Laurent Bouby, Gwenaëlle Goude. Carbon and nitrogen stable isotope analysis on charred archaeobotanical remains: Investigating the diet of the past populations of southern France. EAA 2023 (European Association of Archaeologists), Aug 2023, Belfast, Ireland. hal-04225824

HAL Id: hal-04225824 https://hal.science/hal-04225824v1

Submitted on 3 Oct 2023

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Carbon and nitrogen stable isotope analysis on charred archaeobotanical remains: Investigating the diet of the pastpopulations of southern France

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The use of carbon and nitrogen stable isotope analyses on human and animal bones contributed, over the last decades, to the better comprehension of past-population subsistence strategies in **Southern France**. Although they represented a big part of the diet, **plants were rarely taken into consideration** into dietary reconstructions based on stable isotope analyses. In addition, animal bones are usually used to infer the local environmental baseline and plants are considered mainly through a broad range of values coming from modern specimens. However, several studies stressed the impact of the local environment and climate, as well as anthropogenic practices on plant stable isotope ratios, making it essential to include them to this type of study. This work aims to reconsider paleodietary reconstructions by integrating carbon and nitrogen stable isotope analyses of charred plant remains. Barley, emmer and **millet** grains as well as **acorns** were analyzed. They are coming from **16** archaeological sites in southern France and are dated between the Neolithic and Iron Age. Paleodietary models are proposed, integrating plant's isotopic results, for the sites where stable isotopic results from animal and human bones were already available (Farese et al. 2023).



Figure 1. Location of the archaeological sites from southern France dated between the Neolithic and Iron Age periods (see Figure 2 for periods). 1. PE Pendimoun, 2. FP Font-aux-Pigeons, 3. BU Burlière, 4. FO Fontbrégoua, 5. CL Claparouse, 6. JVP Jardin de Vert Parc 7. PC Perte du Cros, 8. BBA Bouc-Bel-Air, 9. BL Baume Layrou, 10. ML Mort Lambert, 11. AC Acropole, 12. VBN Baou des Noirs, 13. BR Baou Roux, 14. OSM Oppidum Saint-Marcel, 15. RQ Roqueperrtuse, 16. IL Ile de Martigues, 17. Le Pirou, 18. Le Crès



Figure 2: Stable isotope results of charred remains coming from different stratigraphic units identified for the16 southern France archaeological sites. For sites abbreviations see legend Figure 1. The analytical error was, maximum 0.14 ‰ for δ¹⁵N and 0.1 ‰ for δ¹³C (A) Δ¹³C: according to Flohr et al. (2019) for semi-arid environments, barley (black lines) and wheat (grey lines) are well-watered, above, respectively, 18.5-19 and 17.5-18‰ and poorly watered below 16.5 and 15‰. (B) δ¹⁵N: lines represent thresholds calculated by Bogaard et al. (2013) on modern cereal fields from Northern Europe. PM: Poorly manured, MM: Moderately manured, HM: Highly manured.

DISCUSSION

- Differences clearly visible between species (legumes, C₃ and C₄ cereals)
 No trend or differences across time or between regions was identified
- Signal is linked to local environment and climate
- Possible human influences (manuring, irrigation...)

PALEODIET MODELLING

Archaeological sites for which carbon and nitrogen stable isotope analyses were already available on animal and human remains were selected. They are all dated from the Neolithic period (see Figures 1 and 2). In order to propose new interpretations, these results were integrated in paleodietary models that were done using SIAR package (*Parnell et al. 2008; Parnell & Jackson 2013*) available on **R**.

(A)	1.0 Group 1	1.0 Group 2	1.0 Group 3	(B) 1.0
	0.6 0.4 0.2	0.6 0.4 0.2	0.6 0.4 0.2	0.8 - 0.6 - 0.0 -
	Bos taurus Bos taurus Caprinae Sus sp. Cervidae V. sativa	Bos taurus Caprinae Sus sp. Cervidae <i>V. sativa</i>	Bos taurus Bos taurus Caprinae Sus sp. Cervidae <i>um/durum</i>	



However, the role in the diet of other resources, not retrieved or underestimated in the archaeological record and therefore not integrated into the models, should be further considered.

In addition, the analyzed charred remain are from different chrono-cultural phases as well as diverse geographical and paleo-climatic conditions. Together with the potential anthropic practices, this could influence the isotopic signals and therefore need also to be addressed.



31/08/23 – EAA 2023 – Belfast

References