

Carbon and nitrogen stable isotope analysis on charred archaeobotanical remains: Investigating the diet of the past populations of southern France

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The use of carbon and nitrogen stable isotope analyses on human and animal bones contributed, over the last decades, to the better comprehension of past-population subsistence strategies in **Southern France**. Although they represented a big part of the diet, plants were rarely taken into consideration into dietary reconstructions based on stable isotope analyses. In addition, animal bones are usually used to infer the local environmental baseline and plants are considered mainly through a broad range of values coming from modern specimens. However, several studies stressed the impact of the local environment and climate, as well as anthropogenic practices on plant stable isotope ratios, making it essential to include them to this type of study. This work aims to reconsider paleodietary reconstructions by integrating carbon and nitrogen stable isotope analyses of charred plant remains. Barley, emmer and millet grains as well as acorns were analyzed. They are coming from 16 archaeological sites in southern France and are dated between the Neolithic and Iron Age. Paleodietary models are proposed, integrating plant's isotopic results, for the sites where stable isotopic results from animal and human bones were already available (Farese et al. 2023).

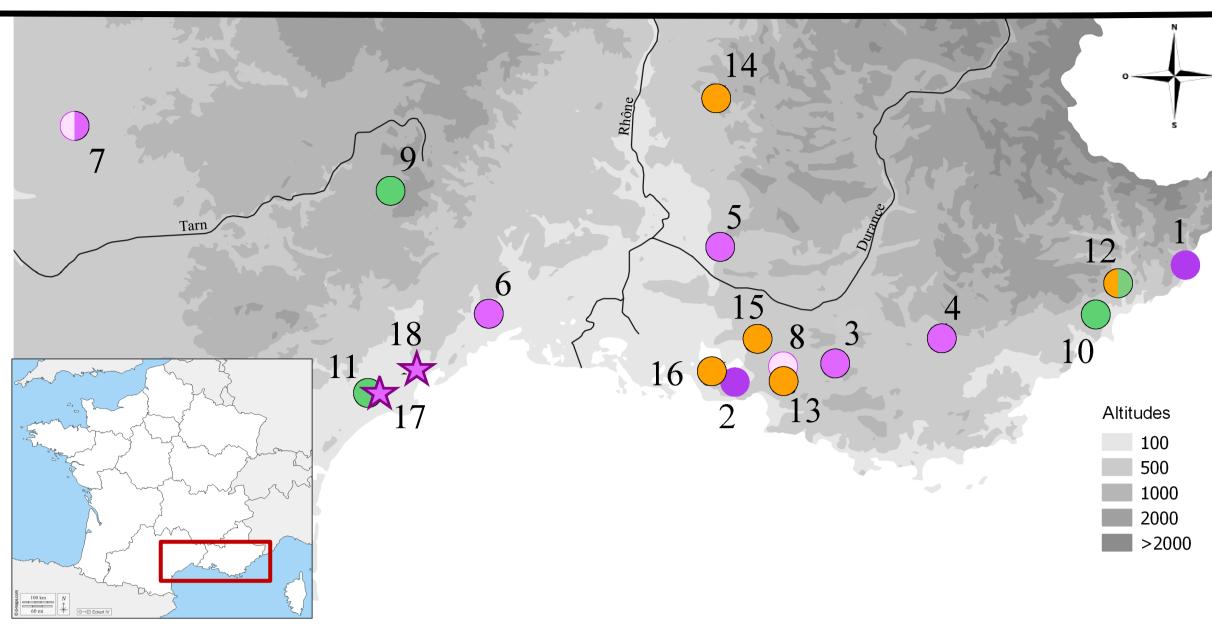
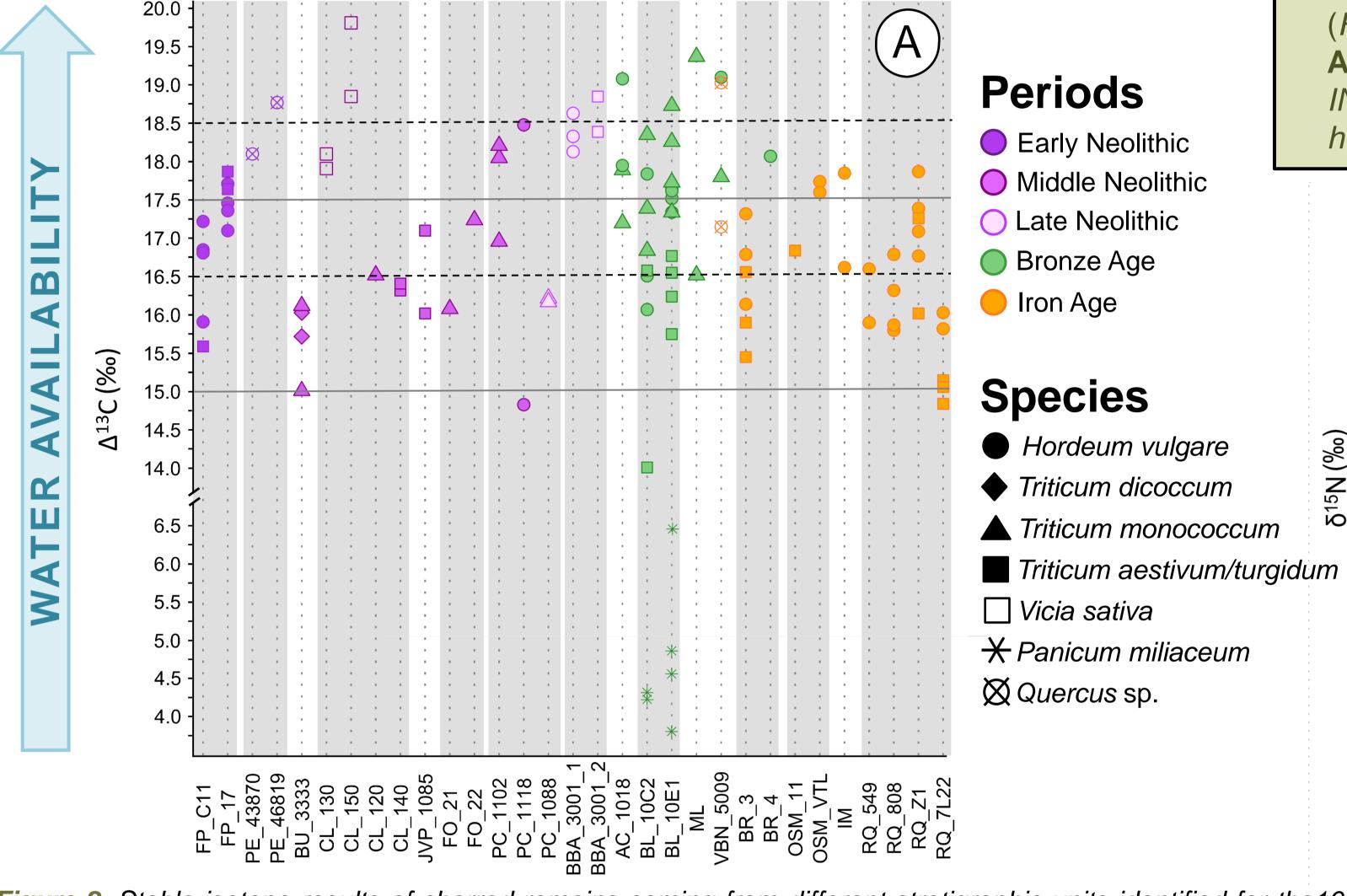


Figure 1. Location of the archaeological sites from southern France dated between the Neolithic and Iron Age periods (see Figure 2 for periods). 1. PE Pendimoun, 2. FP Font-aux-Pigeons, 3. BU Burlière, 4. FO Fontbrégoua, 5. CL Claparouse, 6. JVP Jardin de Vert Parc 7. PC Perte du Cros, 8. BBA Bouc-Bel-Air, 9. BL Baume Layrou, 10. ML Mort Lambert, 11. AC Acropole, 12. VBN Baou des Noirs, 13. BR Baou Roux, 14. OSM Oppidum Saint-Marcel, 15. RQ Roqueperrtuse, 16. IL lle de Martigues, 17. Le Pirou, 18. Le Crès

MBLE ISOTOPE ANALYSES OF ARCHAEOBOTANICAL REMAINS



METHODS

- ❖ A sample is two or three seeds together
- * ABA full-gentle chemical treatment (Vaiglova et al. 2014)
- ❖ △¹³C was calculated following Farquhar's equation (Farquhar et al. 1982), using $\delta^{13}C_{air}$ values from the AIRCO2_LOESS database (Ferrio et al. 2005, CU-INSTAAR/NOAA-CMDL database,

http://web.udl.es/usuaris/x3845331/AIRCO2_LOESS.xls)

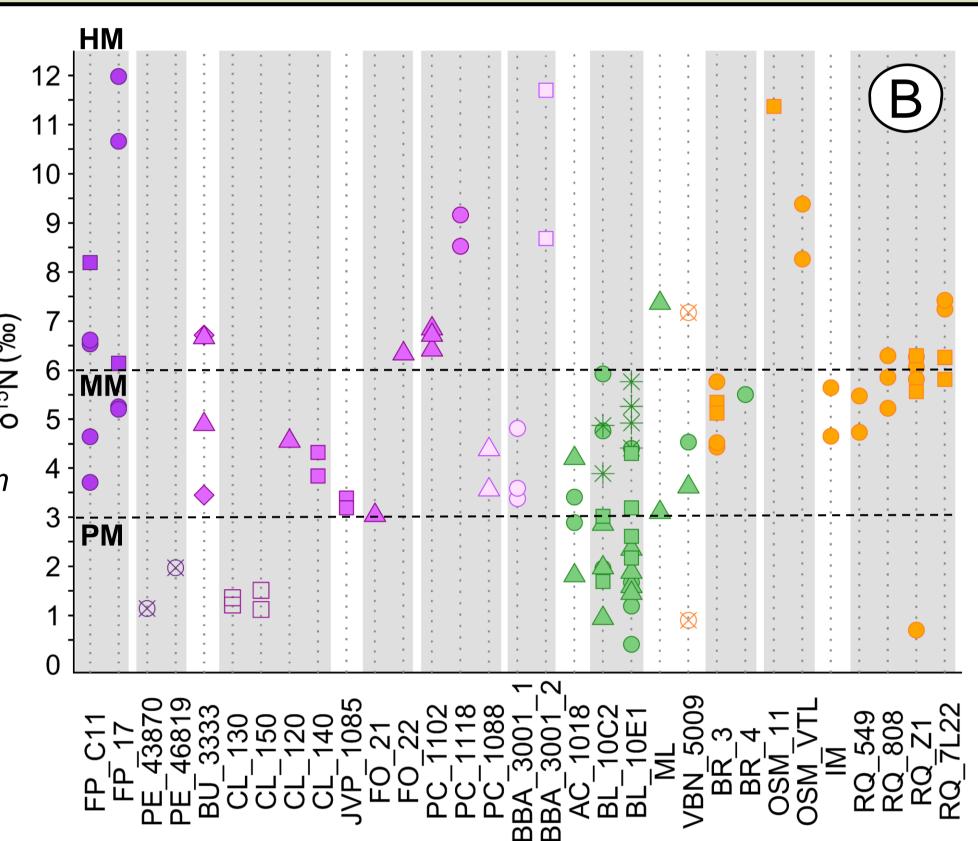
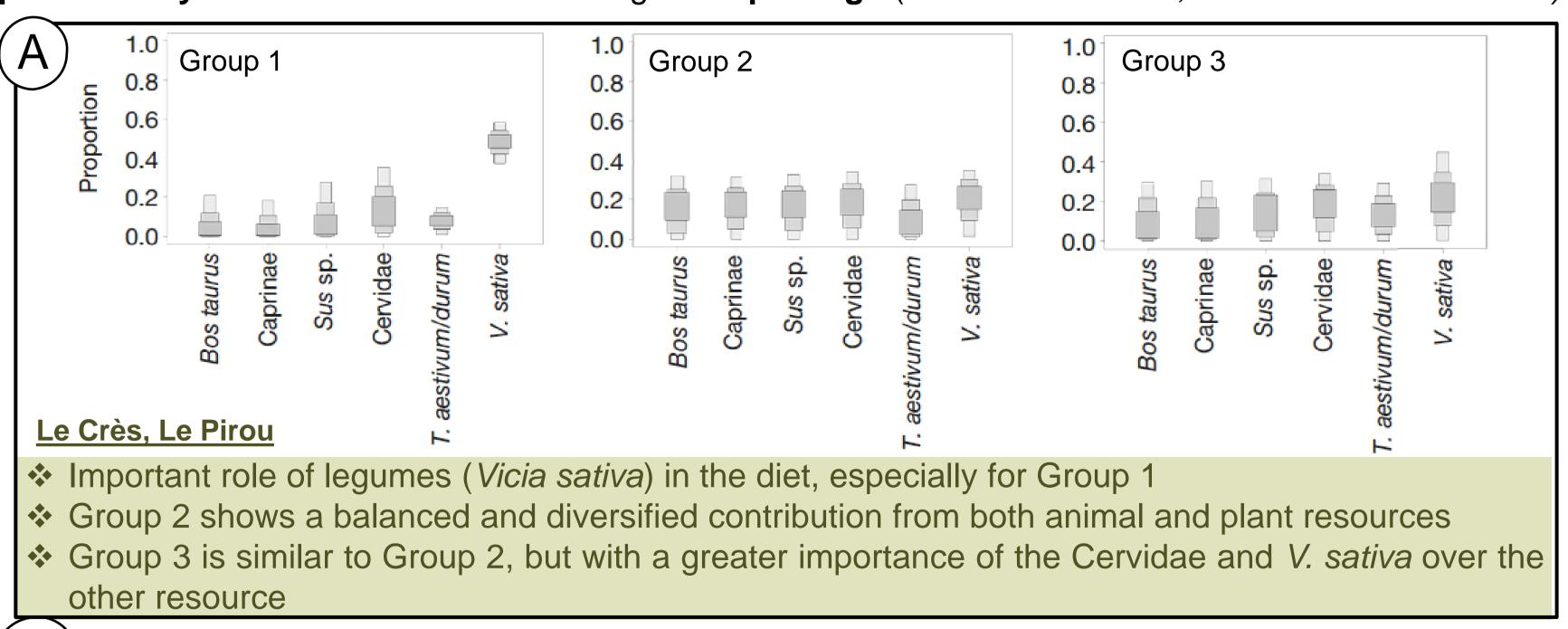


Figure 2: Stable isotope results of charred remains coming from different stratigraphic units identified for the 16 southern France archaeological sites. For sites abbreviations see legend Figure 1. The analytical error was, maximum 0.14 ‰ for δ¹⁵N and 0.1 ‰ for δ¹³C (A) Δ¹³C: according to Flohr et al. (2019) for semi-arid environments, barley (black lines) and wheat (grey lines) are well-watered, above, respectively, 18.5-19 and 17.5-18‰ and poorly watered below 16.5 and 15‰. (B) δ¹5N: lines represent thresholds calculated by Bogaard et al. (2013) on modern cereal fields from Northern Europe. PM: Poorly manured, MM: Moderately manured, HM: Highly manured.

DISCUSSION

- ❖ Differences clearly visible between species (legumes, C₃ and C₄ cereals)
- ❖ No trend or differences across time or between regions was identified
- Signal is linked to local environment and climate
- Possible human influences (manuring, irrigation...)

Archaeological sites for which carbon and nitrogen stable isotope analyses were already available on animal and human remains were selected. They are all dated from the Neolithic period (see Figures 1 and 2). In order to propose new interpretations, these results were integrated in paleodietary models that were done using SIAR package (Parnell et al. 2008; Parnell & Jackson 2013) available on R.



Proportion 0.0 -**Fontbrégoua** Greater wild animal proteins, role especially Cervidae, than vegetal ones

The Cervidae seem to be particularly present in the diet for Group 1

Equitable contribution of the

both groups

different resources for Group 2 Consumption of oak acorns for Pendimoun, Le Rastel

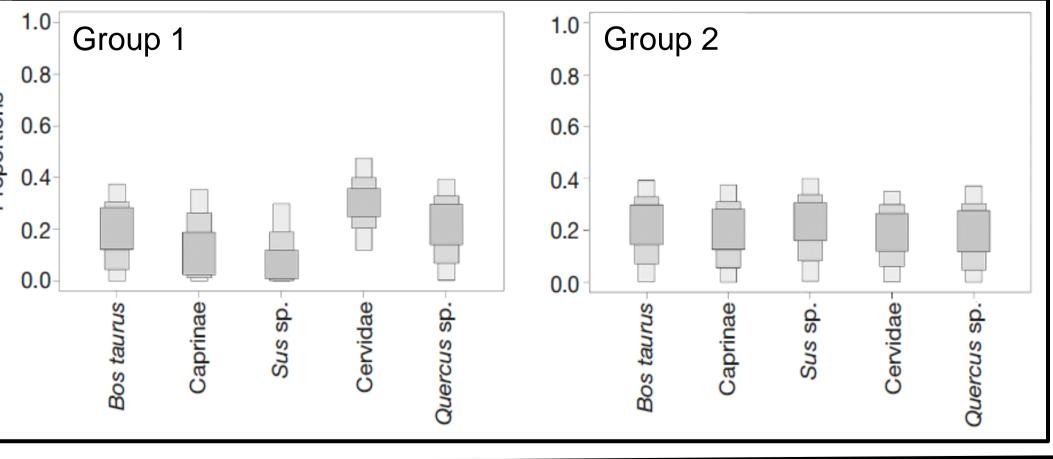


Figure 3: Paleodiet models (A) Le Crès et Le Pirou, Group 1: human from Le Crès and group B from Le Pirou. Group 2: burial 10b from Le Crès and group A from Le Pirou (Gleize et al. 2019). Group 3: dogs from Le Pirou. T; aestivum/durum are from JVP and V. sativa from CL were integrated following the hypothesis proposed by Le Bras-Goude et al. (2009) (B) Fontbrégoua, All humans (Le Bras-Goude et al. 2010) (C) Pendimoun et Le Rastel, Group 1: woman F1 and 3 men (Le Bras-Goude et al. 2006a, b). Group 2: woman F2 from Pendimoun

Data allows to discuss the role of wild plants in diet such as acorns whose isotopic signal can sometimes be similar with legumes. It also permits the confirmation or re-interpretation of results obtained without taking into consideration the local plant remains.

❖ However, the role in the diet of other resources, not retrieved or underestimated in the archaeological record and therefore not integrated into the models, should be further considered.

❖ In addition, the analyzed charred remain are from different chrono-cultural phases as well as diverse geographical and paleo-climatic conditions. Together with the potential anthropic practices, this could influence the isotopic signals and therefore need also to be addressed.



