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Studying mechanical load at body-seat interface during wheelchair

propulsion: A scoping review

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Background: The increasing number of wheelchair users and their risk of medical

complications such as pressure ulcers (PU) make it important to have a better

understanding of their seating characteristics. However, while most studies tackling this

issue are based on static measurements, wheelchair users are active in their wheelchairs

when performing daily life activities. This suggests the need to assess the mechanical

loads at the wheelchair user's body – seat interface during dynamic activities.

Objectives: A scoping review was conducted to explore the existing data (shear load

and pressure) and highlight significant parameters, relevant conditions and

methodological strategies when studying wheelchair users performing a dynamic task.

Materials and methods: The literature search was performed by applying the PRISMA

methodology.

 Results: 11 articles met the inclusion criteria. Differences between static and dynamic data were found in the literature for peak pressure values, for pressure distribution and in location of peak pressure. None measured tangential load at the seat/body interface, although two studies measured the shift of the ischial region. A significant impact of type of pathology has been quantified, showing the need to perform experimental

 understanding of their seating characteristics. Several epidemiological surveys reported that more than 50% of wheelchair users in the United States developed at least one PU in their life time [7,8]. Barrois et al. reported in a recent epidemiological survey that 42.4% of the patients suffering from PU in French public and private hospitals, care units and nursing homes were wheelchair users [9].

 The aetiology of pressure ulcers is multifactorial [10–13]. Classically, intrinsic risk factors such as age, nutrition, immobility and sensory disorders are distinguished from extrinsic risk factors such as temperature, humidity, contact surface and mechanical factors. These mechanical conditions are defined by the type of mechanical load (normal or shear forces). Several studies [14,15] showed the need to take into account both pressure and tangential loads (shear), especially since shear stresses can reduce the time required for PU onset [14]. Knowing the mechanical loads on the wheelchair seat will therefore contribute to understanding the risk of PU for wheelchair users.

 PU prevention during wheelchair occupancy has been the subject of three systematic reviews published since 2007 [16–18]. These reviews focus on static seating conditions in a wheelchair, the most common seating conditions. Wheelchair users spend on average 10.6 hours a day in their wheelchair [19,20], less than one hour of which (11.2% of their wheelchair time) is spent moving forward over roughly 1.9km [20], via either manual propulsion, electrical devices or being pushed.

 There is international consensus on the fact that movement is key to prevention of PU [21]. It is recommended that wheelchair users perform pressure relief manoeuvres like push-ups [22]. Regarding locomotion, however, the link between mobility and PU is unclear [23]. Do pressure peaks foster PU occurrence or, on the contrary, could the generated variation in pressure help prevent PU? Furthermore, due to their rapid impact

 on PU generation, dynamic shear forces also need to be investigated. In terms of PU management, Damiao et al. [17] highlighted both the key role of cushions in static conditions and the importance of wheelchair settings. Does the same apply to dynamic conditions?

 To help address these issues, this article presents a literature scoping review that explores existing data on surface shear load and pressure measurements for wheelchair users during mobility, aiming to supplement existing literature reviews on mechanical 81 load in static conditions. The results are analysed with reference to 1/ the population 82 studied, 2/ the protocol, 3/ the effects of cushions and wheelchair adjustments on PU 83 management, 4/ assessment tools and pressure analysis parameters and shear loads, 5/ 84 the main findings from dynamic assessment studies.

Method

 This scoping review follows the PRISMA methodology of Tricco et al. [24] (www.Prisma-statement.org). To ensure the application of a rigorous protocol, the recommendations by Arksey and O'Malley [25], adopted in another study [26], were also taken into account.

Literature search strategy

 The literature search was performed using PUBMED (1978 to January 2022) and Web Of Science (1956 to January 2022) in February 2022 to find articles with an available abstract. The following search terms were used: (pressure* OR shear* OR 94 tangential*) AND (wheelchair* OR seating*) AND (propulsion* OR locomotion*).

 Two reviewers performed the literature search. The fields searched were title and abstract. The eligibility and relevance of the articles were determined by reading the abstracts. When there was any disagreement on inclusion or exclusion, the full article was read and its inclusion discussed by the reviewers. The references of all selected articles were also hand-searched for additional resources.

Eligibility criteria

 Articles were considered for inclusion if they contained pressure and/or tangential load measurements at the body-seat interface during a dynamic task. Papers were excluded 1/ if they reported only pressure or tangential load measurements performed under static rather than dynamic conditions, 2/ if pressure and tangential load were not measured at the human-seat interface, or 3/ if they were written in a language other than French and English. Duplicates were removed.

 Given the small sample of papers, the selection of sources of evidence was not taken into account, as recommended by Arksey [25]; however, this point is discussed at the end of the review.

Data extraction

 The two authors responsible for the literature search also extracted the data from the selected articles. Data extraction items were first proposed by one reviewer, then reviewed by the second reviewer. The final data table was built from the chosen data items, and a descriptive analysis of the extracted data was carried out for each category of item.

Results

Literature search results

The initial database searches identified 128 articles which were further reduced

 to 103 by removing duplicates. Application of exclusion criteria by reading the abstract reduced the number of articles to 11. Analysis of the references of each included publication failed to yield further relevant articles, and therefore the search procedure identified a total of 11 articles meeting the inclusion criteria. Both reviewers found the same number of articles and included the same 11 articles [27–37].

Results are summarised in [Figure 1.](#page-18-0)

 The data extraction items agreed on by the two reviewers were: authors, years of publication, population (no. subjects, sex, weight, pathology), study design, assessment system, propulsion mode (bi-manual, one arm – one leg, dual handrim, two legs powered, etc.), type of wheelchair and adjustments, outcome parameters (such as peak pressure, average pressure), dynamic analysis strategy, main results. There was no disagreement between the reviewers on data extraction, both identifying the same data for each item.

Population

 The clinical status of populations differed. Three studies [27,34,36] recruited only able-bodied participants, with respectively 2, 19 and 1 participants. Two studies [31,35] recruited both able-bodied and disabled participants, with respectively 20 (10 able-bodied, 10 SCI (spinal cord injury)) and 8 (1 SCI, 3 spina bifida, 2 orthopaedics, 1 amputee and 1 able-bodied) participants. The 6 other studies recruited only disabled 138 participants, with respectively 1 (cerebral palsy), 15 (SCI), 10 (SCI), 8 (6 SCI and 2 multiple sclerosis), 15 (hemiplegia) and 10 (SCI) participants [28–30,32,33,38]. More details are available in [Table](#page-22-0) 1.

Protocol

 Concerning study design, type of propulsion and type of wheelchair and adjustment, nine studies [27–31,33,35,36,38] compared static and dynamic conditions and two [32,34] compared different types of propulsion without static measurements. The dynamic condition activity was bi-manual propulsion in 9 studies [27–31,33–35,38] and one study [32] focused on 3 types of propulsion for hemiplegic users (one-arm lever-driver, dual handrims and a novel device consisting of 1 handrim with 1 foot for 148 direction (Neater®)).

 Some protocols were laboratory-oriented, with wheelchairs placed on ergometers for easy measurement control [27,31,35,38]. Others reproduced daily situations, with a setup of self-propelled courses either in a direct line of 3 metres [36], 10 metres [34], 15.2 metres [28,29], 100 metres [33] or during 5s [30], and an indoor circuit [32].

Cushion characteristics and wheelchair adjustments

 Supports, such as the cushion, varied widely. Three studies used no specific support; participants sat directly on the wheelchair seatpan [27,31,34]. Three used a single cushion appropriate to the user's needs [28,29,32] and the last 4 studies compared different cushions in their protocol [30,33,35,38].

 In five studies, participants used their personal wheelchair with their personal wheelchair adjustments [28–30,33,38]. Four studies used the same wheelchair for all participants, adjusting the size but keeping all the other parameters (such as tilt or backrest inclination) the same for each participant [27,31,34,39]. This information was not found in two studies [35,36].

Assessment tools and pressure analysis parameters and shear loads

 Assessment tools and pressure parameters (Table 1) showed major technological discrepancies. Two studies measured the force under the seatpan using force sensors [27,38], some of which were placed in specific areas in the seatpan, with one additional sensor to cover the entire seatpan. However, most studies used pressure maps to obtain more precise data on pressure distribution [28–31,33–36,39]. All parameters exported from pressure maps in the different studies are summarised in [Table 1.](#page-22-0)

 The definition of peak pressure differed from one study to another (varying according to pressure map resolution), preventing us from comparing these results. Another outcome called peak pressure index left/right (the sensor average within a 174 10 cm² window of the peak pressure sensor) was used to target the ischial tuberosity in one study [33].

Main findings in dynamic assessment studies

 Data processing took different forms under dynamic conditions. Two studies measured the shift of the ischial tuberosities during wheelchair propulsion. The others used pressure map parameters: some examined the parameter minimum and maximum measurements over recordings [27,31,36,38], while others used the mean recorded for each measured parameter [28–31,33–35,39].

 The main findings from dynamic assessment were as follows. Some articles noted differences between static and dynamic data[:Table 2. Parameters studied in the selected](#page-23-0) [literature and their dynamic/static ratio](#page-23-0) either discrepancies in peak pressure, with

differences in minimum and maximum variation (from 30% to 230% of static values)

[27,36], in mean value (from 76% to 112% of static values) [28,31,36] and in location

of peak pressure (24 mm between pic and IT location for the SCI population and 13 mm

188 for the able-bodied population) [31].

 Other articles noted differences in activities' impacts on pressure distribution [32,33] and on its magnitude [36,38]. For example, unilateral propulsion with a dual handrim induces more forces (494.43 N) on the ipsilateral side of the seat than with a lever arm (368.05 N). Details are shown in [Table 1,](#page-22-0) [Table 2](#page-23-0) and [Table 3.](#page-26-0)

 Regarding tangential load, none of the 11 studies measured it at the body-seat interface. However, 2 articles [31,34] attempted to reveal tangential loads through the shifting of the ischial areas. Tam et al. explored ischial tuberosities' location and shift in dynamic conditions [31]. Uemura et. al designed a protocol to assess the ischial area shift during activity but did not calculate the shear stress associated with this motion [34]. Thus, while there is evidence of this cycling ischial shift, no data are available to quantify the associated tangential load.

Discussion

 One of the main findings of this review is the absence of standards for the assessment of forces at the body-seat interface of a wheelchair user performing a dynamic task.

Population

 Four of the 11 studies were single-participant case studies [27,35,36,38]. The number of participants in the other studies ranged from 8 to 20, enabling statistical analyses: for instance, comparing body-seat interface measurements performed under static versus dynamic conditions [28,30], comparing different surface materials [29,33], types of activities [32] or population characteristics [31]. One study using various participant typologies had a number of participants per typology that resembled a case study [35], weakening the statistical interpretation of the results in terms of pathology.

Protocol

 Bimanual propulsion was the propulsion mode most commonly studied [30,34,35,37–40,42,43]. Only one study tried to explore one-sided propulsion for hemiplegic users [39]. There was no examination of certain propulsion modes, like bipodal propulsion. The wide variety of study designs prevents any precise comparison.

 To capture the actual pressures that wheelchair users are subjected to on a day- to-day basis, pressure distribution should be studied during daily life activities. Even protocols attempting to more faithfully replicate daily activities only asked participants to roll along a straight line for 3 to 100 metres [35,36,39,40,42,43], which is not representative of daily life wheelchair propulsion. Sonenblum and al. pointed out that 63% of wheelchair bouts of mobility covered less than 12.5 m at less than 0.5 m/s [20]. The indoor circuit for hemiplegic users [39] seems to represent an institutional kind of wheelchair propulsion more than real daily life wheelchair propulsion [20]. Furthermore, measurements are not made on a variety of ground surfaces representing the full range of propulsion conditions.

Cushion characteristics and wheelchair adjustments

 An important finding of this review is the confirmation that a cushion offers the same spatial pressure distribution under both static and dynamic conditions. All studies comparing cushions found similar differences in spatial pressure distribution between cushions tested under static and dynamic conditions [37,38,42,43]. Thus, when selecting the most suitable cushions, a static evaluation may be sufficient.

 However, wheelchair adjustment does not yield information on the participants' posture in their wheelchair, which makes it difficult to compare participants. Indeed, pelvic position (tilt, inclination) leads to different load distributions [44,46]. Many studies do not provide any information about wheelchair adjustments and the nature of assistive postural devices (such as a backrest) [27–30,33–36,38,39]. This lack of information also limits opportunities for cushion comparison. The cushions are documented as efficient in terms of pressure distribution, with a backrest adjustment to control pelvis tilt position [47].

Assessment tools and pressure analysis parameters and shear loads

 The major technological disparities among the sensors used in the selected studies make it impossible to compare the absolute values of their outputs. A pressure mapping system with reasonable resolution should be used. At least 1024 sensors over 42*42 cm² is precise enough to target the IT area, with the peak pressure index indicating the region most at risk of PU [10]. Seven studies met this resolution criterion $[28-31,33,36,39]$ of at least 0.5 sensor per cm², and 3 provided better resolution, with 1 256 sensor per cm² [30,31,36].

 None of the studies provided information on the calibration of the pressure mapping system, nor on the lapse of time between being seated on the cushion and

 measurement. More reliable data is known to be obtained from measurements taken at the body-cushion interface several minutes after the user is seated, due to cushion sagging [42,43].

 There was only one point of convergence concerning the outcome parameters: all focused on peak pressure. However, as its definition differed from one study to another, peak pressure results cannot really be compared. The recent outcome peak pressure index left/right has been documented by Hobson and al. [44] as targeting the IT area. We therefore recommend using it to define peak pressure for the ischial tuberosity area, since this parameter would be less sensitive to erroneous data points. In addition, being computed on a given area, this parameter facilitates comparison between values obtained at different pressure map resolutions. Another interesting outcome parameter is spatial average pressure (pressure averaged over all the pressure map sensors), which seems preferable to total normal force because it uses the same unit as for peak pressure (spatial pressure). This would enable the peak/average ratio to be studied, allowing a better understanding of the PU risk than peak values alone. The location of the peak pressure index as a function of time is another useful outcome parameter that can bring to light an anterior shift of the ischial tuberosity area during propulsion [34]. The sensitivity of IT shifting is likely of the same order of magnitude as the resolution of the pressure map, which is why we recommend a pressure map resolution of 1024 sensors 278 per $42x42 \text{ cm}^2$ minimum.

Main findings in dynamic assessment studies

 Currently, with PU injury thresholds at the body-seat interface not known, conclusions cannot be drawn on the risk of PU occurrence, even when static conditions are compared to dynamic conditions. Approaches linked to modelling could make it

possible to move towards an estimation of lesion thresholds [15].

 Values for peak pressure or average pressure in dynamic mode are cyclic during bimanual propulsion [28,30,36,38]. Our interpretation of this variation is that the cyclic load applied to handrims unloads the seating area. In addition, the movement of the trunk and arms implies that the centre of gravity shifts on the seat in a cyclical manner, together with peak pressure values.

 The higher peak values found in dynamic than in static mode in other studies [27,31] confirm the difference in pressure between static and dynamic conditions, raising questions about the impact of these differences on overall pressure distribution. Unfortunately, in the only study extending the analysis from external forces to internal forces, the ratio between internal pressure (fat and muscle) and external pressure was not provided for dynamic conditions [36].

 As for the vertical reaction force measured in the study on one-arm drive wheelchairs, the differences between right and left side highlight the difficulty of propelling a wheelchair with one side of the body. Indeed, the increased load on the driver side of the seat suggests that participants leaned on their unimpaired side to stabilise their pelvis in the wheelchair and increase their power for wheelchair propulsion. The degree to which they bent over reflects the degree of difficulty of the wheelchair movement: bending over compensates for a more difficult propulsion mode or a more challenged wheelchair user [45]. Propelling the wheelchair required the use of both their trunk weight in front of the ischial tuberosity zone to stabilise the pelvis and their body weight to increase arm strength. Although the study of Mandy and al. focused on a facilitating device (Neater) [39], their result cannot be generalised to all patients. Hemiplegia is a complex disability with multiple secondary disorders and the

 most important parameter for the user is being able to use the wheelchair, even when this is challenging.

 Regarding data processing, the two approaches (looking at variations and/or the average of the recording for each parameter chosen, like peak pressure, mean pressure, etc.) observed in all the studies are relevant, and when combined yield a more thorough assessment of the propulsion task. The recording average provides the overall outcome of the experiment, which may be enough in cases where the aim is not to study the forces from a biomechanical point of view [33,35].

 In contrast, when the goal is the biomechanical study of the forces during propulsion for a better understanding of the task, looking at both the average (temporal) and variations during the activity is more appropriate [31,36,38]. Since the location of the peak pressure index is a relevant representation of the shift of the ischial tuberosity area, we suggest that studying peak pressure index recordings as a function of time better reveals the biomechanics of a dynamic task [27,31,36,38]. This kind of analysis is, however, difficult to perform in the field due to the high number of parameters to be recorded (several propulsion cycles in a framed environment are required to perform biomechanical analyses such as motion analysis and inverse kinematics and dynamics).

 In static conditions, tangential loads at the body-seat interface have mainly been studied in laboratory conditions [44,48,49], since shear sensors have several limitations that compromise their use in everyday conditions. The reviewers did not find any mention of tools that might enable tangential load to be measured or estimated at the body-seat interface in everyday conditions [44,48,49]. Technical issues may be involved: a major constraint is the thickness (e.g. Predia® sensors) and rigidity (e.g. force plate) of the sensor, making it inappropriate for evaluations at the body-seat

 interface for wheelchair users who need cushions to prevent PU. A second constraint is the fact that these sensors are not easily transportable (no wireless connection or cumbersome), reducing their usefulness for prolonged recording in daily life [44,48,49].

 Thus, the reviewers did not find any study measuring antero-posterior tangential load in dynamic conditions. Nevertheless, two studies highlighted the existence of tangential load by measuring the shift of the ischial tuberosity area over time. However, their measurements were not used to predict any values to compare participants and/or force conditions [31,34]. Loerakker's work on the aetiology of pressure ulcers confirmed the role of both normal and tangential loads in PU occurrence [10]. As for prosthetics applications [50], a tool for measuring seated tangential load in dynamic conditions needs to be developed, for a better understanding of the role that both normal and tangential loads at the body-seat interface play in PU during a dynamic task like wheelchair propulsion. Tangential load measurements could reveal major differences between dynamic and static conditions. Furthermore, finite element analysis could shed light on shear forces both at the body – seat interface and at the ischial tuberosity interface during wheelchair propulsion [51]. Since studies on animal models have revealed that shear forces double the PU occurrence for the same normal mechanical load [52], a numerical approach might be a good starting point.

Limitation and conclusion

 One of our objectives here was to highlight relevant conditions and methodological strategies to study tangential load and pressure distribution at the body- seat interface during propulsion in wheelchairs. Overall, the existing literature shows a lack of consensus, although some conclusions can be drawn from this scoping review. There are not enough dynamic studies for any extrapolation that would allow static and

dynamic conditions to be compared under a single experimental procedure.

Future research

 There is a clear need for more dynamic studies of wheelchair users for a better understanding of normal mechanical loading in dynamic sitting. Moreover, better assessment of tangential load could be achieved by measuring the shift in ischial tuberosities and/or directly measuring the force with new tools. Such studies should carefully choose pressure map parameters and adopt an innovative approach to study tangential load under dynamic conditions, without neglecting participant posture. These findings confirm the conclusions of Bader et al.'s systematic review highlighting the need to develop an integrated system to monitor both mechanical loads [15]. The recent progress in the development of machine learning algorithms or the use of artificial intelligence could enhance PU management by better reflecting daily life, as

already achieved for wheelchair users' posture guidance and for continuous pressure

monitoring [53,54].

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- Two of the authors are employed by Texisense, a company producing textile sensors
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382 *Figure 1. Flow diagram of study selection procedure*

Comparison of 3

cushions

Table 1. Summary of contents of studies by data item

Table 2. Parameters studied in the selected literature and their dynamic/static ratio

Table 3: Parameters and their values in different conditions for each study

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