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Bioconjugation studies of EGF-R targeting ligand on dendronized iron oxide nanoparticles to target head & neck cancer cells

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20 Abstract

A major challenge in nanomedicine is designing nanoplatforms (NPFs) to target abnormal cells to ensure early diagnosis and targeted therapy. Among developed NPFs, iron oxide nanoparticles (IONPs) are good MRI contrast agents and can be used for therapy by hyperthermia and as radio-

- 25 sensitizing agents. Active targeting is a promising method for selective IONPs accumulation in cancer tissues and is generally performed by using targeting ligands (TL). We developed here a coupling strategy for linking a ligand targeting the epidermal growth factor receptor (EGFR) at the surface of dendronized IONPs. Several parameters were tuned to ensure a high coupling yield and to quantify the amount of TL per nanoparticle. We faced important issues during bioconjugation and the reagents and
- 30 the pH were shown to be crucial parameters to consider. We succeeded in optimizing the conjugation conditions of the selected TL at the surface of IONPs and in developing an indirect method for their quantification. Head and neck cancer cell lines (FaDu and 93-VU) that overexpress the epidermal growth factor receptor (EGFR) were selected to validate two selected coupling strategies. The presence of the TL at the surface of NPFs was shown to be effective to enhance their internalization
- 35 during the *in vitro* experiments.

1. Introduction

In nanomedicine, two main mechanisms are reported for the uptake of theranostic NPFs in 40 tumor sites. These mechanisms are known as "passive targeting" and "active targeting". Briefly, passive targeting occurs because the NPFs, due to their size, can pass easily through the abnormal vasculature of tumors, which generally present irregular fenestrations and poor lymphatic drainage compared to healthy tissues^{1–3}. Through this process, certain NPFs tend to accumulate in the tumor site. This mechanism was proposed in the 1980s under the name of Enhanced Permeability and 45 Retention effect (EPR effect)⁴. However, as the tumor microenvironment is so important for the EPR effect, some of the effectiveness of therapies made possible by this effect not only depends on the features of the tumor but also on the capacity of the NPFs to accumulate in high amount in these places.

Because of this limitation, a lot of research was done in order to develop active targeting. The purpose
of such active mechanism is also to selectively reach abnormal tissues and to treat only them, avoiding the uptake of nanoparticles by healthy tissues. In this sense, the active targeting consists firstly in finding a cell receptor overexpressed in the type of cancer of interest^{2,3,5–8}. Once the suitable overexpressed receptor is defined, a specific molecule, often named targeting ligand (TL) selected to interact with the cell receptor, can be used to deliver the nanoparticles directly to this site. Among the most used receptors are, e.g., the folate receptor, which can be targeted with folic acid on the surface of NPFs⁹; or the Human Epidermal Growth Factor Receptor 2 (HER2+) which is recognized by the monoclonal antibody Trastuzumab¹⁰. Peptides, nano-bodies, affibodies, proteins, small organic molecules or nucleic acids^{2,3,11–15} constitute examples of short TL. The large antibodies or the smaller versions of them, the fragment antigen-binding (Fabs), are also common TL¹⁶.

- 60 These targeting ligands are thus generally coupled to drug or at the surface of functionalized nanoparticles. Iron oxide nanoparticles (IONPs) are among the most developed and promising NPFs at the moment for their use as contrast agent for magnetic resonance imaging (MRI) and for hyperthermia therapies.^{2,3,5–8,17,18}. They are usually accumulated in tumors without TL via intratumoral injection or passive targeting as a result of the EPR effect. Another way to increase their accumulation
- 65 is to perform a magnetic targeting, in which a magnetic field gradient guides IONPs towards the tumor. The main drawback of this technique is the requirement of a magnet that should be positioned easily near the tumor, thus limiting this strategy to specific cases. Active targeting studies have been also conducted but *Wilhem et. al.* observed that just 0.7% (median) of the administered nanoparticle dose (with or without TL) was found to be delivered to solid tumors after reviewing the literature from
- 70 the previous 10 years¹⁸. Similar low percentages of internalized IONPs were reported also by *Alphandery*¹⁷. Therefore, one challenge today is the design of functionalized IONPs bearing TL able to specifically target diseased organs without a too strong accumulation in the reticulo endothelial system. Among the characteristics that can be tuned in such IONPs to ensure their high accumulation,

we can mention the kind of the organic coating, the size and nature of the TL, its 75 hydrophobicity/hydrophilicity balance, the final mean hydrodynamic size and the surface charge, as the most relevant. In our case, we have developed IONPs with a mean diameter of 10 nm coated with polyethylene glycol (PEG)-based dendron molecules (dendronized IONPs: DNPs), which were demonstrated in several *in vitro* and *in vivo* studies to ensure antifouling properties to dendronized IONPs ^{19–27}. Thus, these DNPs, which display a favourable *in vivo* biodistribution and bioelimination

profile, are well adapted for investigating affinity targeting. Coupled to melanin TL, DNPs were shown to selectively target melanin granules or hypoxia states after i.v. injection^{28,29}. Even if specific targeting was evidenced in these studies, the internalized amount in tumors stayed low and the amount of TL was not optimized. Therefore, these DNPs displaying a particularly good biodistribution, without a significant uptake in healthy tissues and showing potential for active targeting, are useful
 NPFs to answer some important questions related to the targeting process.

The choice of TL is challenging as it must target overexpressed receptors at the surface of cancer cells. Moreover, the size of the TL must be suitable to the mean size of IONPs. Furthermore, the NPF-immobilized TL needs to conserve its recognition capacity towards its target, a fact that imposes *sine qua non* conditions to the chosen bioconjugation approach to avoid the involvement of the active site in the coupling. In the case of short TL, a major concern is to avoid abrupt changes in the 3D conformation of the molecule (upon conjugation to the NPFs) that may alter its interactions with the

cellular receptors. Lastly, the TL must remain fully exposed at the surface of the IONPs and not buried inside the polymer ligand. In this work, our aim is to target head and neck cancer (HNC) cells with functionalized DNPs.

- 95 The chosen cancer model for this work was HNC, using the FaDu cell line derived from a hypopharyngeal carcinoma and the 93-VU line from an oral cavity carcinoma. Both cell lines have elevated levels of the epidermal growth factor receptor (EGFR).³⁰ This receptor, which belongs to the HER/ErbB family of receptors tyrosine kinases (RTKs), is overexpressed in 90% of head and neck squamous cell carcinoma (HNSCC)³¹⁻³³. It has been demonstrated that EGFR has a strong role for tumorigenesis, the higher its expression, the more resistance to therapies and the poorer outcome for patients are evidenced³¹. Some therapies were developed to inhibit the EGFR with the use of anti-EGFR antibodies, like Cetuximab, which, up to now is the only approved targeted drug for HNSCC.³⁴ However, its efficacy remains limited due to unresolved resistance mechanism of the tumor.³⁵ As an alternative to antibodies, peptides appear as a good substitute, they have high penetration into solid
 105 tumor tissues and limited immunogenic potential^{36,37}. Additionally, peptides are small, simple to manufacture and easy to adapt to several bioconjugation approaches by the addition of specific amino
- acid residues, such as lysines, or terminal tags, such as the Histidine tag. During the conjugation on DNPs bearing a peripherical carboxylate group, the amount of peptide can be tuned to cover a desired surface of the DNPs. Peptides with small molecular weight and high EGFR affinity have been the

110 focus of research for active targeting agents combined with drug delivery systems. The dodecapeptide GE11 (YHWYGYTPQNVI) has been shown to have good affinity for EGFR³⁸. Many analogs of GE11 peptide were synthesized to test their binding affinity to triple negative breast cancer line overexpressing EGFR and among 29 of them, Hossein-Nejad-Ariani *et al.* demonstrated that the peptide analogue 22 (YHWYGYTPENVI) (P22) shows several fold higher uptake compared to the

115 lead peptide GE11 when evaluated in solution and in *in vitro* assays³⁹. This fact makes P22 an interesting candidate to target other types of cancers with overexpression of EGFR.

As the EGFR inhibition strategy was not efficient enough, the objective here is to specifically internalize DNPs bearing the targeting ligand in HNC cell lines by taking advantage of their EGFR overexpression and to use the therapeutic properties of IONPs based on magnetic hyperthermia or photothermia^{25,40,41}

There is a wide spectrum of bioconjugation reactions⁴² used to attach TL at the surface of functionalized IONPs and; globally they can be divided into two types: covalent conjugations or non-covalent conjugations. To the first group, belong the carbodiimide chemistry⁴³, Michael addition^{44,45}, click Chemistry^{46–48}, or Diels-Alder cycloaddition, among others^{3,49}. In non-covalent conjugation, the

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- 125 most common are carried out by electrostatic interactions, metal affinity coordination or biotin-avidin interaction⁵⁰. As DNPs possess carboxylate functions at their periphery, the coupling of P22 on DNPs surface was achieved using carbodiimidation reactions between a free carboxylate group present at the extremity of the dendron molecules, and a primary amine of P22, resulting in the formation of an amide bond.
- 130 Therefore, in this work, we have optimized the coupling reaction of P22 at the DNPs surface and studied the impact of the coupling strategies on the amount of coupled TL and on the cell internalisation yield of DNPs bearing TL. During these investigations, we confirmed the generally acknowledged importance that should be conferred to the purity and storage conditions of the reagents involved in this reaction (particularly EDC and sulfo-NHS), as well as the significant impact of carefully controlling the pH during the different steps of the coupling.

We have taken care also in validating the presence of TL at the surface of IONPs and in quantifying it. Commonly, the presence of TL at the surface of IONPs may be checked by FTIR spectroscopy or thermogravimetric analysis if the amount of TL is high enough, but most often, it is confirmed by the observation of an increase in the hydrodynamic size or a change of the zeta potential values. Hence,

140 the most challenging step is the quantification of the amount of TL at the surface of IONPs^{2,6,14,51}. This quantification can be done by an indirect way, analysing the amount of uncoupled TL, or directly by fluorescence spectroscopy, for example, when a fluorescent TL is used. The presence of the P22 at the surface of the DNPs was verified by zeta potential changes and by the increase in hydrodynamic size. The P22 coupled amount was quantified by an indirect method based on the quantification of the

145 unbound peptide by HPLC-UV (between 40% and 50% coverage of dendrons). The specific

internalization of these optimized DNPs bearing the P22 targeting ligand by the two HNC cell lines was then studied and discussed.

2. Experimental

150 2.1 Materials

Iron stearate (FeSt₃) was purchased from TCI (purity min 60% of stearic acid, 5.8 to 7% of iron and maximum 10% of free acid), FeSt₂ was home made. Acetone (purity 99.8%), chloroform (purity 99%) and THF (purity 99.5%) were purchased from Carlo Erba. Dioctyl ether (OE) (purity 99%), HEPES buffer (purity 99.5%), N-hydroxy sulfosuccinimide (sulfo-NHS, purity 98%), sodium carbonate 155 (Na₂CO₃, purity 99,5%) and thiazolyl blue tetrazolium bromide (MTT, purity 98%) were purchased from Sigma Aldrich. Peptide 22 (P22) (purity 98.7%) was purchased from Polypeptide. Sodium hydrogen carbonate (NaHCO₃, purity 99.5%) was purchased from Bioreagent. 1-Ethyl-3-(3'dimethylaminopropyl) carbodiimide hydrochloride (EDC-HCl, purity 99%) was purchased from Carl Roth. Oleic acid (OA, purity 99%) was purchased from Alfa Aesar. Dimethyl sulfoxide (DMSO, 160 purity 99%) was purchased from Fisher Scientific. The dendron D1-2P was provided by Superbranche. All reagents for cell culture: cell medium (DMEM (Dulbecco's Modified Eagle's Medium)) High Glucose with Glutamine and Sodium Pyruvate), PBS 1X, Penicillin/Streptomycin 100X (P/S), trypsin-EDTA and Foetal Bovine Serum (FBS) were purchased from Dominique Dutscher. Cell lines FaDu and 93-VU were donated by the Department of Human Anatomy and Experimental Oncology from the University of Mons (FaDu provided from ATCC (ATCC® HTB43TM) and 93VU-147T from the 165 University Medical Centre of Amsterdam (Dr. de Winter).

2.2 Synthesis of 10 nm IONPs

Iron oxide nanoparticles were synthesized by thermal decomposition of an iron stearate precursor⁵² in an organic solvent with a high boiling point and a surfactant⁵³⁻⁵⁵. 2.2 mmol of FeSt₃ (1.99 g) or FeSt₂ (1.44 g), 4.4 mmol of OA (1.24g) were mixed with OE (16.2 g, 20 mL) in a two-neck round-bottom-flask of 100 mL. The mixture was first heated to 120°C (heating device temperature: 130°C) for 60 min to dissolve the reagents in OE. The condenser was then connected to the flask and the mixture was heated up to 290°C (heating device temperature: 320°C) with a 5°C/min ramp. The mixture was refluxed at 290°C for 120 min. The obtained black NPs suspension was cooled down to 100°C to proceed to the washing steps.

2.3 Washing

10 mL of chloroform were added to the IONPs suspension at a temperature around 100°C and the
suspension was introduced in a flask containing 400 mL of acetone. This mixture was heated at 60°C for 1 h under mechanical stirring using a thermal bath. The IONPs were collected with a magnet and

the supernatant was discarded. The collected IONPs were re-dispersed in 50 mL of chloroform. 400 mL of acetone were added again to proceed to a second washing step: the mixture was once more heated at 60°C for 45 min under mechanical stirring. At the end, the IONPs were collected with a magnet and the supernatant was discarded. Finally, the IONPs were re-suspended in 40 mL of THF for their storage or further utilization.

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2.4 Dendronization of IONPs

The ligand exchange between OA and the dendron (D1-2P) was performed in THF²³. Briefly, 5 mL of
IONPs@OA at 1 mg Fe/mL were stirred for 24 h with 7 mg of dendron. To maximize the ligand exchange and remove most of oleic acid molecules⁵⁶, the suspension was then purified by ultrafiltration. 5 mg of dendron were added to the mixture for another 24 h of stirring. The suspension was mixed with hexane (volume ratio 1/3:2/3) to precipitate the DNPs. The suspension was centrifuged at 8000 rpm 5 min and the supernatant was discarded. Finally, the DNPs were collected and dispersed in deionized water. The water suspension was purified by ultrafiltration 3 times.

2.5 Coupling reaction

The DNPs suspension was initially buffered-exchanged with HEPES 0.1 M, pH 6.5 in a centrifugal filter unit (Amicon®, MW cut off: 30 kDa; 10 min at 8000 rpm), the filtrate was suspended in the appropriate volume to reach a final concentration of 5 mg Fe/mL in HEPES. The suspension was mixed with EDC (20 molar excess compared to carboxylate groups present on dendron molecules) during 10 min and sulfo-NHS (20 molar excess compared to carboxylate groups present on the dendron molecule) was added during additional 20 min. Upon the sulfo-NHS addition, the volume was increased to reach a final iron concentration of 0.5 mg/mL in HEPES buffer. The activated DNPs were

- 205 rinsed with 0.1 M carbonate buffer, pH 9.2, in a centrifugal filter unit (10 min at 8000 rpm) to eliminate excess EDC, sulfo-NHS and other possible reaction intermediates. The filtrate was rapidly recovered and mixed with various P22 molar equivalents (compared to dendron molecule) in carbonate buffer. The volume of the reaction was completed with carbonate buffer to reach a final iron concentration of 0.5 mg/mL. The reaction was let overnight at room temperature under magnetic stirring. At the end, the supernatant was recovered by centrifugation (10 min at 8000 rpm) in
- 210 stirring. At the end, the supernatant was recovered by centrifugation (10 min at 8000 rpm) in centrifugal filter units (Amicon®, MW cut off: 30 kDa). Three washes with milliQ water were done and the washes recovered for unbound P22 quantification.

2.6 Characterization techniques

215 2.6.1 TEM

The IONPs were characterized by transmission electron microscopy (TEM) with a JEOL 2100 microscope operating at 200 kV (point resolution 0.18 nm). The size distribution of NPs was estimated from the size measurements of more than 300 nanoparticles using ImageJ software.

220 2.6.2 X-Ray Diffraction

The X-ray diffraction (XRD) patterns were collected at room temperature with a Bruker D8 Discover diffractometer in Bragg Brentano geometry equipped with a monochromatic copper radiation source (K α 1 =0.154056 nm) and an energy resolved Lynx-Eye XE-T detector in the 25–65° (2 θ) range with a scan step of 0.03° . High purity silicon powder (a = 0.543082 nm) was used as an internal standard.

The diffraction patterns were refined by LeBail's⁵⁷ method using the Fullprof software⁵⁸. The 225 background, modeled as a linear function based on 20 experimental points, was refined, as well as the zero shift. The peaks were modeled with the modified Thompson-Cox-Hasting (TCH) pseudo-Voigt profile function.

230 2.6.3 FTIR analysis

The ligand exchanged was confirmed with standard infrared spectra recorded between 4000 and 400 cm⁻¹ with a Fourier Transform infrared (FTIR) spectrometer, Spectrum 100 from Perkin Elmer. Samples were ground and diluted in a non-absorbent KBr matrix before their analysis.

235 2.6.4 Dynamic Light Scattering and Zeta Potential

Dynamic Light Scattering measurements were performed on a MALVERN (nano ZetaSizer) equipment to assess the colloidal stability of the IONPs suspension in water and to determine their mean hydrodynamic diameter (D_b) after ligand exchange. The zeta potential was also recorded using the same equipment. The coupling of the TL was confirmed by an increase of D_h and a change in the zeta potential.

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2.6.5 High Resolution Magic-Angle Spinning NMR (HRMAS NMR)

HRMAS NMR experiments were conducted on a Bruker FT-NMR Avance 500 equipped with an 11.75 T superconducting ultra-shield magnet. All the experiments were performed at a spinning rate of 5 kHz with a 50 μ L zirconium rotor. This technique was used to confirm the presence of the TL at the surface of the IONPs.

2.6.6 Nuclear magnetic resonance dispersion (NMRD) profiles

Proton NMRD profiles were recorded using a Stelar Fast Field Cycling relaxometer (Mede, Italy). The 250 system operates over a range of magnetic fields extending from 0.25 mT to 0.94 T (0.01-40 MHz) at 37 °C. T1 and T2 measurements were performed on a Bruker Minispec mq60 (Karlsruhe, Germany) working at a Larmor frequency of 60 MHz (1.41 T) at 37 °C.

2.6.7 High Performance Liquid Chromatography-UV spectroscopy (HPLC-UV)

- 255 HPLC-UV spectrophotometry analysis was performed on an Agilent 1100 system equipped with a Diode-Array Detector (DAD). 10 μL of samples (supernatant and washes obtained after the coupling reaction for P22 quantification), were injected onto the column (Zorbax Extend-C18, 150 x 4.6 mm, 3.5 μm, Agilent) at room temperature. Ultrapure water, HPLC grade solvents and additives were used for the analysis. The elution gradient was carried out with trifluoroacetic acid (TFA) 0.1% (mobile
- phase A) and acetonitrile acidified with TFA 0.1% (mobile phase B) at a flow-rate of 1 mL/min. The mobile phase gradient was programmed with the following time course: 10% mobile phase B at 0 min, linear increase to 60% B at 15 min, held 1 min, linear decrease to 10% B at 17 min and held 7 min. The DAD was used as detector, with simultaneous detections at 220 ± 5 nm and 280 ± 5 nm. Quantification was realized by integration of the peak of the chromatogram corresponding to the analyte of interest compared to the integration calculated from a calibration curve of a standard solution of P22 (Figure S1).

2.7 Cell lines

FaDu (hypopharyngeal carcinoma) and 93-VU (oral cavity carcinoma) were cultured in DMEM
medium supplemented with 10% FBS, 1% P/S and 2% L-Glutamine (200mM). They were cultured in an incubator at 37°C with 5% CO₂ under fully humidified conditions.

2.8 Cell viability assay

Cell viability assays were performed using the MTT [3-(4,5-dimethylthiazol-2-yl)-2,5diphenyltetrazoliumbromide] assay. FaDu or 93-VU cells were seeded in 96 well plates at a density of 10⁴ cells/well. After 24 h, the medium was taken out and DNPs in fresh medium were added at different concentrations (from 0 µg/mL to 400 µg/mL Fe) together with a negative control with 100 µL DMSO. The cells were growth 24 h at 37 °C and 5% CO₂ to ~80% confluence. After 24 h the medium was retrieved, and the cells were washed twice with PBS and incubated with 100 µL of a
MTT solution (0.5 mg/mL in cell medium). The plates were incubated for 3 h at 37°C and 5% CO₂, then the MTT solution was taken out and 100 µL of DMSO were added to each plate to dissolve the crystals under orbital shaking. The absorbance was read in a microplate reader (Xenius XC spectrophotometer (SAFAS, Monaco)) at 570 nm. The cytotoxicity was expressed as a percentage of cell viability compared to the control cells that were not exposed to the DNPs.

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2.9 Iron uptake

The internalization study of DNPs and DNPs@P22 into cells at a concentration of 100 μ g/mL was measured using the well-known Prussian Blue reaction developed by *Boutry et al*⁵⁹. FaDu or 93-VU cells were seeded in a 6-well plate and incubated 24 h at 37 °C and 5% CO₂ for cells' attachment to

290 reach 80% confluence in 24 hrs. The next day, the medium was replaced with fresh medium containing 100 μg/mL of suspension with DNPs or DNPs@P22 for 24 h. Then, cells were trypsinized,

recovered gently from the wells in a 1:2 volume ratio of trypsin to cell medium and then counted in a hemacytometer. After cell counting, cells were pelleted by centrifugation and washed three times with PBS. The final cell pellet was lysed with 5 N HCl for 24 h at 37°C. HCl also digested the cell-internalized DNPs leading to Fe^{3+} . The digested solution was finally put in contact with potassium ferrocyanide trihydrate, a salt which will react with Fe^{3+} to form a colored complex: the Prussian Blue dye. Furthermore, 100µL of suspension of DNPs at various concentrations were digested in the same conditions as the cell pellets to build a calibration curve (0 to 0.3 µmol/mL Fe). (Figure S2). All

suspensions were let under orbital stirring for 15 min, and the absorbance was read in a microplate

reader (Xenius XC spectrophotometer (SAFAS, Monaco)) at 630 nm. In this way, the amount of iron

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3. Results

3.1 Characterization of IONPs

internalized per cell could be determined.

305 IONPs were synthesized by the thermal decomposition method using a standard established protocol^{53–55} and were characterized structurally. TEM images gave information on the shape and size distribution of IONPs (Figure 1 A), showing that they are spherical with a monomodal size distribution and a mean diameter of 12.8 ± 1.8 nm (Figure 1B). X-Ray Diffraction pattern (Figure 1C) displays the characteristic XRD peaks of an iron oxide spinel structure and the lattice parameter calculated from this XRD pattern thanks to profile matching on FullProf (Figure S3) is of 8.37 Å, which is, as expected, intermediate between those of the magnetite and maghemite phases (8.395 Å and 8.347 Å, respectively)⁵³.



Figure 1 : A) TEM images of IONPs, B) Size distribution determined from TEM images and C) bulk
315 magnetite and IONPs XRD pattern (*Si (silicon) is an internal reference).

3.2 Coating of IONPs with dendron molecules (dendronization)

After the synthesis, IONPs remain coated with hydrophobic oleic acid ligands. Dendronization is thus an essential step to obtain stable colloidal suspensions of IONPs in water, this procedure occurs by a

- 320 ligand exchange process²³. The chemical formula of the dendron molecule is given in Figure 2A: the dendron bears two phosphonate groups at one side for a strong anchoring of the dendron at the surface of IONPs^{23,27,56} and three PEG chains at the opposite side with the central one being longer and ended with a carboxylate function. This free carboxylate group is used to couple the TL, fluorophores, or molecules of interest at the surface of DNPs.
- 325 FTIR analysis has confirmed the dendronization of IONPS. In Figure 2B, the comparison of IR spectra of the dendron, of IONPs coated with oleic acid and of DNPs showed the presence, in the DNPs IR spectrum, of the bands of PEG (C-O-C bond) chains of dendron around 1100 cm⁻¹ and a modification of the phosphonate bands in the wavenumber range 1100-800 cm⁻¹ (proving the anchoring of dendrons through the phosphonate groups)²³. This confirmed the efficacy of the ligand exchange process. The
 330 presence of the dendron and of the low remaining amount of oleic acid was also demonstrated by HRMAS as can be seen in Figure S4 showing HRMAS spectra of IONPs, DNPs and the dendron

molecules. Indeed, the presence of two phosphonate groups used to anchor the dendron at the surface of IONPs has been shown effective to ensure a low amount of remaining oleic acid⁵⁶.

As the final objective is to use these DNPs in *in vitro* or *in vivo* studies, it is crucial to control this 335 ligand exchange to preserve a good hydrodynamic size distribution with a mean hydrodynamic size smaller than 100 nm. The hydrodynamic size distribution after the dendronization step is monomodal with a mean hydrodynamic size of 18.7 nm. The surface density deduced from elemental analysis is about of ca. 1.4 dendron/nm² in agreement with the expected value⁶⁰ which corresponds to ~700 dendron molecules per DNP.



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Figure 2 A) Scheme of the dendron molecule, B) FTIR spectra of the dendron (black doted spectrum), of IONPs coated with oleic acid (grey spectrum) and of DNPs (black spectrum).

3.3 Coupling reaction of TL on the peripheral carboxylate groups of dendronized IONPs

345 A carbodiimidation reaction was done to conjugate the TL (P22 molecule: Figure 3A) at the DNP surface. The typical reaction proceeds in two steps as shown in Figure 3B.



Figure 3 A) Chemical structure of P22 B) Carbodiimation reaction: first step: activation of the
activation carboxylate groups at the DNP surface. Second step: amide bond formation between the active carboxylates and primary amine groups of the P22.

Several protocols were carried out with the aim of finding the optimal conditions to do the coupling reaction between the TL (P22) and the dendron molecules at the surface of the DNPs. Overall, five

different protocols were carried out (protocols A to E) and the suspensions obtained are called respectively: DNP@P22-A, DNP@P22-B, DNP@P22-C, DNP@P22-D, DNP@P22-E. They are described in Table 1 for 0.6 molar equivalents of P22. During the optimization of the coupling protocol, we noticed how relevant it is to pay attention to the stability of the EDC over time. We saw that after 3 months of opening the bottle several times, the EDC started to hydrolyze with ambient
water. After that, we bought a new EDC and stored it at -20°C in an inert atmosphere. The opening of the bottle is also a crucial point: the bottle must be back at ambient temperature before opening it to avoid rapid hydrolysis of the compound.

Table 1: From A to E, five different conditions evaluated for the carbodiimidation reaction between the carboxylate group of the dendron and the P22 TL.

	DNPs + P22	DNPs + P22	DNPs + P22	DNPs + P22	DNPs + P22
	Α	В	С	D	Ε
Coupling	EDC only	EDC only	EDC only	EDC + sulfo-	EDC + sulfo-
conditions	(molar ratio	(molar ratio	(molar ratio	NHS (molar	NHS (molar
	compared to	compared to	compared to	ratio compared	ratio compared
	dendron 20:1)	dendron 20:1)	dendron 20:1)	to dendron	to dendron
				20:1)	20:1)
	In milliQ water	In milliQ water	In milliQ water	In milliQ water	HEPES and
					carbonate
					buffer
	No pH control	No pH control	pH controlled	pH controlled	pH controlled
			with NaOH	with NaOH	with buffers
			(rise to 9 after	(rise to 9 after	
			P22 addition)	P22 addition)	
	No washing	Addition of a	Addition of a	Washing step	Washing step
	after EDC	washing step	washing step	after EDC + s-	after EDC + s-
	addition	after EDC	after EDC	NHS activation	NHS activation
		activation	activation		

At the beginning, both (activation and coupling) steps were conducted in water without precise pH control (e.g., protocols A and B), but we did not see clearly neither the appearance of characteristics peaks by FTIR spectroscopy, nor high changes in hydrodynamic size (D_h) by DLS or zeta potential value variations. Nevertheless, with the protocol A by comparison with protocol B, slight variations are observed suggesting some P22 coupling (Table 3). Indeed, as the P22 molecule is not a big molecule, it is not so easy to confirm its presence by DLS measurements (Figure 4). For the one pot protocol A, some aggregates were sometimes observed (higher D_h in Figure 4), that we suspected to be due to a copolymerization of P22 as no wash was performed between the two steps. Indeed, EDC

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375 was not removed before adding P22, it may also activate the carboxylate groups present on the peptide and therefore lead to polymerization between peptides molecules. In fact, P22 bears carboxylate and amine functions, which can interact between them if they are also activated as allowed by the protocol A.

The consideration of the reported pH used for some EDC/NHS reactions in published papers (Table 2) evidenced strong discrepancy in the pH values. The pH was either in the range 5-6 or 8-10 for both activation or coupling reactions. In addition, the coupling was reported at room temperature or assisted by microwave. After considering carefully, the two steps of the reaction, discussing with organic chemists, going back to the main literature sources and after performing several trials, we finally established that the activation and coupling reactions had to be performed at different pH ranges 5-6 and 8-10 respectively.

Table 2. Reported pH range for the carbodiimidation reaction according to the literature

Reference	Solvent	Molecules	EDC	NHS	sNHS	pН	time	Temp	pН	time	Temp
Arriorta, 2018 – Biointerfaces ⁶	Sodium tetraborat e 50 mM	cRGD + Iron oxideNPs	Yes	-	-	9	2 h	RT		2h	35 C
Han, 2022 – Biomaterials ⁶²	water	cRGD + NPs	Yes	Yes	-	no info	4 h	RT	no inf o	24 h	RT
Wang, $2019 - Acta$ Biomaterialia ⁶	Dry DMSO	cRGD + NPs	Yes	Yes	-	-	24 h	RT			
Hermanson, 2008 - Bioconjugate techniques 2 nd ed ⁶⁴	MES 0.1 M	Proteins + amines	Yes	-	-	4.7	2 h	RT			
Richard, 2017 – Biochimica et bophysica acta ⁶⁵	-	cRGD + IONPs	Yes	Yes	-	4	no info	no info	9	3 cycle s 5'	65 C MW
Bolley, 2013 – Nanoscale ⁶⁶	-	cRGD + IONPs	Yes	Yes	-	4	no info	no info	9	3 cycle s 3'	65 C MW
Bolley, 2013 – Langmuir ⁶⁷	water	cRGD + IONPs	Yes	Yes		4	2 h	RT	9	overn ight	RT
Panahifar, 2013 – Applied Materials Interfaces ⁶⁸	PBS 50mM	IONP + Alendronate	Yes	Yes		7	30 min + (2 h washi ng by dyalis is)	RT	7	3 h	RT
Walter, 2015 – J.Mater Chem B ²¹	water	IONP + Alexa dye	Yes			No info	30mi n			1 h after additi on of dye	
Perton, 2019 – Applied Materials ⁶⁹	water	Stelate mesoporous silica + quantum dots	Yes	Yes		7	One pot (4hrs)				
Sun ; 2006 – Molecular imaging ⁷⁰	MES 0.1 M / DMSO		Yes	Yes	-	6	3 h				
Bartczak, 2011 – Langmuir ⁷¹	Sodium borate	peptide + Gold NPs	Yes	-	Yes	9	24 h	RT	On e pot		
Jia, 2021 – Food Chemistry ⁷²	PBS 0.01 M	NPs + polylisine	Yes	Yes	-	no info	1 h	RT	no inf o	12 h	45 C
Morade, 2021 – Int Journal of Biological Molecules ⁷³	MES 0.1 M	NPs + Ab	Yes	Yes	-	6.2	2 h	RT	6.2	4h	no info

Han, 2020 - Journal of Materials Chemistry ⁷⁴	PBS 0.01 M	SPIONs + dye	Yes	-	Yes	7.2	10 min	no info	7.2	3 h	25 C
Saha, 2020 – MDPI ⁷⁵	PBS 0.01 M	NPs + Ab	Yes	Yes	-	no info	90 min	RT	no inf o	2h 30'	RT
Wen, 2019 - Colloids and surfaces, Biointerfaces ⁷ ⁶	DMF	CDs + IONPs	Yes	Yes	-	-	1 h	RT		24 h	RT
Bordeianu, 2018 - Molecular Pharmaceutics 28	water	NPs + NH2- DOTA	Yes	-	-	6.5	30 min	0 C	6.5	2 h	RT
Totaro, 2016 - Bioconjugate Chemistry ⁷⁷	MOPS 50 mM + NaCl 50 mM	Peptides	Yes	-	Yes	7.1	20 h	RT	On e pot		
Lee, 2008 - Journal of Nuclear Medicine ⁷⁸	no info	NPs+DOTA +linker	Yes	-	Yes	5.5	30 min		8.5	1 h	4 C
Hermanson, 2008 - Bioconjugate techniques 2nd ed ⁶⁴	MES 50 mM	NPs -COOH + R-NH2	Yes	-	Yes	6	2-4 h	RT	On e pot		
Hermanson, 2008 - Bioconjugate techniques 2nd ed ⁶⁴	MES 50 mM	NPs -COOH + R-NH2	Yes	-	Yes	6	15 min	RT	6/9	2-4 h	RT



Figure 4: Mean hydrodynamic size distribution measured by DLS after the coupling reactions for the
different protocols with 0.6 molar equivalent of P22 compared to the carboxylate groups present on
the dendron molecule. A) Intensity distribution of the D_h, B) Volume distribution of the D_h

Among all the protocols in which we carefully considered the pH conditions (C to E, Table 1), protocol E is the one leading to higher variations in D_{h} and zeta potential (Table 3). Protocol D results 395 in higher variations in D_h and zeta potential than protocol C, showing that sulfo-NHS was an important reagent for our coupling conditions. Nevertheless, one can see that the variations with protocol D are close to those of protocol A. In any case, protocol E displayed the highest change in zeta potential value toward negative values, together with a meaningful change in the mean D_h Basically, working in buffer solutions (protocol E) instead of water (protocols A, B, C and D), we were able to better control 400 the pH conditions in both steps. An acidic pH of 6.5 for the carboxylate activation, with the addition of EDC first, alone for 10 min and in concentrated conditions (both for EDC and for the DNPs), followed by the addition of sulfo-NHS for 20 additional minutes were the optimal conditions for the first step. As expected, the absence of EDC washing out prior the addition of the peptide can be linked to a potential undesired copolymerization of the peptide. The overall time for the activation step was kept 405 low (30 min), and the temperature at 24°C. After thorough washing of unreacted EDC, sulfo-NHS and reaction products, with a buffer at higher pH than for step 1, samples were quickly recovered in the least possible volume and exposed to the peptide. For this second step, we increased the pH until 9.2 where we are close to the pKa of primary amines.

To favour a high coupling yield, the peptide molar ratio to the carboxylate groups in the dendron was varied and the system was stirred overnight at room temperature. We have tested three different P22 amounts: 0.25, 0.6 and an excess with 1.2 molar equivalents of P22 with respect to the number of activated carboxylates present on the DNPs. Most experiments have been performed with the molar ratio 0.6.



415 Figure 5: A) comparison of HRMAS spectra of (from top to bottom): DNP@P22-A (blue), DNP (black), P22 (red) and dendron (black dots), B) Comparison of HRMAS spectra of (from top to bottom): DNP@P22 – E (orange), DNP@P22 – A (blue) and P22 (red).

In the HRMAS spectra, the presence of the dendron on DNPs/DNPs@P22 is evidenced for both conditions (protocols A and E). The signal of P22 is clearer for protocol E compared to protocol A and that can be due to the copolymerization taking place with protocol A. Nevertheless, by HRMAS, it was not possible to unambiguously confirm the presence or quantification of the P22.

Table 3. pH conditions for each protocol, mean hydrodynamic size (D_h) and zeta potential value at pH
6.5 after the coupling step performed with 0.6 molar equivalents of P22 as a function of each protocol detailed in Table 1 and percentage of the P22 coupling determined by HPLC-UV (ND: not determined, *: water, ^b: buffer).

Samples	DNPs	А	В	С	D	Е
pH 1 st step		no pH	no pH	6-7*	6-7*	6.5 ^b
2 nd step		control*	control*	9*	9*	9.2 ^b
D _h (nm)	18.7	20.6	17.4	18.7	20.1	21.7
ΔD_h	-	1.9	-	0	1.4	3
Zeta potential ζ value (mV)	-22	-29	-22	-22	-35	-42
Δζ	-	-7	0	0	-13	-30
% of coupling		ND	40 %	50 %	25 %	45 %

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The NMRD profile corresponds to the measurement of the proton relaxivity r_1 as a function of the proton Larmor frequency within IONPs suspension. The NMRD profiles of superparamagnetic IONPs have a characteristic shape from which the fitting can extract different structural and magnetic parameters of the IONPs such as saturation magnetization (M_s), or NMRD radius. These two parameters depend on how close the water protons to the magnetic core of IONPs can be. The coating of the IONP can affect this distance between proton and magnetic core and thus the NMRD profile.

- 435 The denser the coating is, the further the protons will be from the core. Thus, smaller M_s values and bigger radius will be determined from NMRD measurements. Here, the radius determined by NMRD profile is quite close to the radius determined after TEM images analysis (Table 4). Indeed, the dendron with its three branched PEG allows a lot of mobility and the protons can easily access toward the core of the NPs²¹.
- Adding the P22 at the surface of DNPs could hinder this mobility and thus decrease both the Ms and the radius determined by NMRD. As seen in Table 4 and Figure 6, this effect is more visible for the protocol A, where we suspect that a copolymerization happens between the P22 molecules. Indeed, the measured M_s is only 37.5 emu/g compared to 46.8 emu/g before coupling. As for the radius, it goes from 6.9 nm for DNPs to 7.9 nm when the peptide is coupled with protocol A. This strong difference
- tends to validate the copolymerization theory, which is happening with this protocol. The effect is less marked for the protocol E, where the radius determined by the NMRD profile fitting shows only an increase of 0.4 nm after the coupling of P22 and the M_s is also less impacted by the presence of P22 (47.8 emu/g compared to 49.9 emu/g before coupling). These results seem to agree with the fact that with protocol A, copolymerized P22 are on the DNPs surface whereas for protocol E, P22 is coupled
 without this copolymerization phenomenon and in a smaller quantity.



Figure 6: A) NMRD profiles of DNP (black) and DNP@P22-A (blue), B) NMRD profiles of DNP (black) and DNP@P22 -E (orange)

455 Table 4: TEM radius, NMRD radius and M_s determined after NMRD profile fitting for four suspensions: two of DNP, DNP@P22 – A and DNP@P22 -E

	DNP before	DNP@P22 - A	DNP before	DNP@P22 - E
	protocol A		protocol E	
Radius (TEM)	62	/	64	/
(nm)	0.2	,	0.1	,
Radius (NMRD)	69	79	6.8	7 1
(nm)	0.9	1.5	0.0	/.1

M _s (NMRD)	16.8	37 5	10.0	17.8	
(emu/g)	40.8	57.5	49.9	47.8	

3.4 P22 quantification by HPLC-UV

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Concerning peptide quantification methods, we faced many difficulties. A direct quantification can be done in specific situations: for example, if the attached molecule is fluorescent, it can be measured by fluorescence microscopy. Another technique could be elemental analysis, but in our case, it is not useful because we have the same elements (C, N, O) in the dendron and in the P22. Lastly, as IONPs are magnetic, NMR is not an appropriate technique.

- As an alternative, we decided to develop an indirect quantification method. Briefly, knowing the initial amount of P22 in the coupling reaction, the unbounded P22 was quantified by HPLC-UV. To determine the amount of unbound P22, the supernatant (S) and the three consequent washes (W1, W2, and W3) were analyzed by HPLC-UV (Figure S5). The separation of the DNPs@P22 from the free P22 was done using Amicon filter tubes with a cut-off of 30 kDa and centrifugation at 8000 rpm for 5 min (Figure 5). A calibration curve for P22 was obtained in milliQ water (Figure S1). Quantification
- 470 was carried out by peak integration of the chromatogram peak corresponding to the P22 at an elution time of 10.2 min.

The supernatant and the washes are weighted, so, knowing the mass and the concentration by HPLC-UV, the μ g of unbounded P22 were obtained. The difference between the initial mass and the mass found by HPLC measurements gave the number of molecules of P22 bound to the dendron at the DNPs surface. This quantification was possible for protocols B to E but not for the A one. Indeed, with

475 DNPs surface. This quantification was possible for protocols B to E but not for the A one. Indeed, with protocol A, the HPLC chromatogram does not display a single peak as with all other protocols, but several peaks possibly due to the polymerization of P22 (Figure S6).

The P22 coupling yield was estimated for protocols B to E. For all protocols, the coupling is around 40% except for protocol D where only 25% coupling is noticed. This lower coupling amount could be

- 480 explained by the more difficult control of pH by adding HCl and NaOH to water, which may have perturbed the reaction. However, it is important to say that these coupling yields may have been overestimated as some peptide could be retained in the filters of the Amicon tubes. The amount of P22 bound to the filter is hard to quantify accurately. Otherwise, it allows a fair comparison between the different samples. The comparison of the D_h and zeta potential value and percentage of P22 coupling
- 485 (Table 3) shows that, for protocol B, a coupling of 40% is obtained when no variation in D_h and zeta potential value is observed. By contrast, with the protocol D, a variation in these values is observed (quite similar to that of protocol A) but the coupling percentage is rater low. This can be attributed to the uncertainty of HPLC quantification, with the retention of some P22 in the filter and/or to an interaction of P22 with PEG chains like a "burial" of P22 in PEG chains depending on the protocol.

490 The highest variations in mean hydrodynamic size and zeta potential values were noticed with the

protocol E. Furthermore, the protocol E showed to have the best reproducibility: it was assessed several times with various molar equivalents of P22 compared to carboxylate groups: 0.25, 0.6 and 1.2 molar equivalents, as it can be observed in Figure 7. With this protocol, 19.50 % of the carboxylate groups at the surface of DNPs are coupled with P22 at 0.25 molar equivalent. When using 0.60 equivalents, 45 % of the carboxylate groups are coupled with P22. When using 1.2 equivalent, 37.5 % are coupled with P22. The amount of coupled P22 increased when the amount of P22 introduced increased but one may notice that the coupling with an excess of P22 does not imply more coverage. Indeed, it seems that the coupling maximum is around 40 %, which may certainly be explained by some steric hindrance at the surface of DNPs.



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Figure 7 Estimation of P22 coupling after protocol E with (from left to right) 0.25 equivalent of P22, 0.6 equivalent of P22 and 1.2 equivalent of P22, the bars show the mean percentage reached for each condition, with their respective standard deviations. The number of experiments for each condition was ≥ 3 .

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3.5 Cell internalization studies

Before investigating the cell internalization of DNPs and DNPs@P22 in *in vitro* studies, we first carried out cytotoxicity tests on a panel of DNPs@P22 made according to different protocols. After that, DNPs and DNPs@P22 were exposed to the cells to evaluate their cell uptake.

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3.5.1 Cytotoxicity study

Cytotoxicity of both suspensions (DNPs and DNPs@P22) was evaluated by MTT assay using both cell lines incubated for 24 h with the suspensions at various concentrations (from 0 and 400 μ g/mL of iron). DNPs@P22 were prepared with a concentration of 0.6 molar equivalent of P22 using the

515 conditions of the protocol E. In Figure 8, DNPs do not show any cytotoxicity up to 200 µg Fe/mL.

More importantly, the presence of the peptide even if it decreases a bit cell viability, seems to not strongly affect the cells up to $100 \ \mu g$ Fe/mL.



Figure 8 Cell viability of FaDu (blue) and 93-VU (red) cell monolayers as a function of the amount of
DNPs and DNPS@P22 - E. neg: negative control with DMSO

3.5.2 Internalization study

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Cell internalization studies have been conducted at Fe concentrations of 100 μ g/mL, which are below the concentration inducing cytotoxicity. As a time point, 24 h was the time chosen to study the internalization of DNPs or DNPs@P22 in both cell lines (FaDu and 93-VU).

With protocols A and E, when the amount of P22 increases up to 0.6 equivalent of P22 (coverage around 45%), internalization was observed but the internalization amount seems to depend on the concentration and also, on the protocol. Indeed, with the protocol A, a higher internalization is observed in comparison with DNPs without P22. The comparison between protocols A and E shows

530 that protocol A leads to higher internalization values with 0.6 equivalent of P22 at a concentration of 100 μ g/mL of iron (Figure 9). With the optimized protocol E, the highest internalized amounts were obtained with a P22 equivalent of 1.2 and a concentration of 100 μ g/mL (Figure 10).



535 Figure 9 Amount of iron internalized in cells with DNPs and DNPs@P22 prepared with the protocol A (DNP@P22 – A) and protocol E (DNP@P22 – E) with 0.6 molar equivalent of P22 compared to carboxylate group (concentration of suspension: 100 μg Fe/mL). The test was carried out once with triplicate.



Figure 10 Amount of iron internalized in cells with DNPs and DNPs@P22 prepared with the protocol E and a P22 of 1.2 (coverage 37.5%) (concentration of suspension: 100 µg Fe/mL). The test was carried out once with triplicate.

545 The amount of iron internalized in cells using DNPs and DNPs@P22 suspensions prepared with optimized protocol E and P22 equivalent of 1.2 at a concentration of 100 μg/mL is given in Figure 10. The effect of P22 is clearly visible for both cell lines and especially for the FaDu line as the amount of pg Fe/cell is higher as well as the percentage of iron internalized into cells. Indeed, around 10 pg of iron per cell are found with DNPs bearing the P22 against 1.6 pg for the DNPs. The 93-VU cell line 550 seems less prone to the effect of targeting of the peptide, strong differences both in terms of percentage

and iron amount is visible between the two suspensions.

Among all protocols, the protocol A, where a copolymerization of P22 is suspected, and the protocol E, with a P22 equivalent of 1.2 instead of 0.6, which leads however to the same P22 coverage, have conducted to cell internalization. Our hypothesis is that these coupling conditions should favor an interaction between P22 molecules and EGFR in cells. P22 molecules are coupled on DNPs but there are other P22 molecules interacting strongly with them and certainly more available for interacting with cells as depicted on Figure 11. This suggests that it would be important to have a longer linker between targeting ligand and the surface of DNPs to ensure a higher internalization amount as the targeting ligand could be more accessible for the cell receptor.



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Figure 11 Hypothesis on P22 coverage to explain in vitro internalization results for A) protocols A and E with 0.6 P22 molar equivalent compared to dendron molecules and B) protocol E with either 0.6 and 1.2 P22 molar equivalent compared to dendron molecules

Overall, the *in vitro* studies confirmed the need of P22 targeting ligand to increase DNPs internalization inside cancerous cells that overexpress the EGF receptor. It is in agreement with other previous studies based on iron-oxide nanoparticles coupled with GE11 (original peptide that P22 was

570 derived from) that suggested the strong role of the peptide to increase nanoparticle accumulation inside cells.^{79,80}

5. Conclusions

In this work, we have highlighted the difficulties in coupling and quantifying a peptide grafted on the surface of DNPs. Even if the carbodiimidation reactions are widely used, their 575 conditions are not so trivial as evidenced by the discrepancies observed for the pH conditions of coupling, the different tested temperatures (4°C, room temperature or assisted by microwave), the washing between the steps, and the use of reagents (e.g., with or without sufo-NHS). The stability and/or ageing of EDC was also found to be a crucial point to have 580 efficient and reproducible coupling as well as the careful control of pH during both coupling steps. The different performed studies allowed us to optimize the coupling conditions in order to establish a reproducible protocol leading to a controlled amount of peptide grafted at the surface of DNPs. The amount of P22 has been determined by an indirect method and may slightly be overestimated due to the possible loss of low amounts of P22 during the different 585 washing steps. Nevertheless, the amount of coupled P22 is reproducible. The first in vitro studies have confirmed that there is an enhancement in the uptake of DNPs@P22, compared to DNPs without TL. This study suggested, that the TLs need to be highly accessible for cancer cells receptors and not too close from the surface of DNPs to facilitate the nanoparticles internalization.

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