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Assessing the Parasitic Burden in a Late Antique Florentine Emergency Burial Site

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Abstract: Excavation (2008-2014) carried out under the Uffizi Gallery (Florence, Italy) led to the discovery of 75 individuals, mostly buried in multiple graves. Based on Roman minted coins, the graves were preliminarily dated between the second half of the 4th and the beginning of the 5th centuries CE. Taphonomy showed that this was an emergency burial site associated with a catastrophic event, possibly an epidemic of unknown etiology with high mortality rates. In this perspective, paleoparasitological investigations were performed on 18 individuals exhumed from 9 multiple graves to assess the burden of gastrointestinal parasitism. Five out of eighteen individuals (27.7%) tested positive for ascarid-type remains; these are considered as “decorticated” *Ascaris* eggs, which have lost their outer mammillated coat. Roundworms (genus *Ascaris*) commonly infest human populations under dire sanitary conditions. Archaeological and historical evidence indicates that *Florentia* suffered a period of economic crisis between the end of 4th and the beginning of the 5th centuries CE, and that the aqueduct was severely damaged at the beginning of the 4th century CE, possibly during the siege of the Goths (406 CE). It is more than plausible that the epidemic, possibly coupled with the disruption of the aqueduct, deeply affected the living conditions of these individuals. A 27.7% frequency suggests that ascariasis was widespread in this population. This investigation exemplifies how paleoparasitological information can be retrieved from the analysis of sediments sampled in cemeteries, thus allowing a better assessment of the varying frequency of parasitic infections among ancient populations.

Key words: Paleoparasitology, *ascaris*, egg, cemetery, bioarchaeology, emergency burial site, florence, Italy, Late Antiquity

Paleoparasitology is the study of the evolution and of the ecological history of parasitic organisms in humans and other animals [1]. Depending on the species, gastrointestinal worms produce eggs ranging in size from ~30 µm to ~160 µm [2]. On account of their median coat, composed of chitin, sclerotin and/or keratin, the eggs can be recovered after several millennia [3-6].

In archaeological contexts, paleoparasitology helps scholars to answer questions relating to the way of life of ancient populations: their sanitary conditions, food habits, waste management, or the use of space in archaeological sites. In a broader

perspective, the study of ancient parasites leads to a better understanding of the evolution of the human-pathogen relationship [7]. Traditionally, paleoparasitology focuses mainly on the analysis of coprolites from latrines and sewers [8]. Less attention has been paid to the analysis of sediments collected in cemeteries and necropolises. Recent research has shown that cemeteries and large bio-anthropological collections provide scholars with a more refined understanding of the paleo-epidemiological dynamics of parasitic infections [9]. Here, we report a new evidence of ascariasis in a sample of the Florentine population from Late Antiquity.

Florentia (ancient Florence) was founded at the end of the first century CE. Surrounded by walls, the city was a pan-Mediterranean urban trade center throughout the Imperial Age [10]. Florence acted as a crossroads through which imported goods transited to supply the army and the metropolis (Rome), as well as other major cities [11]. The macro-economic system

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ensured a generalized well-being and gave rise to local micro-economies. During the second century CE (Hadrianic Age, 117-138 CE), at an urban level, Florence was a wealthy Roman city [12]. However, in Late Antiquity (end of the 4th and beginning of the 5th centuries), Florence underwent a profound economic crisis due to a decrease in imports. This decline was partially balanced out by the development of local economies [11]. In 406 CE, Florence was sieged by the Goths led by Radagaisus. Although the Barbarian army was unable to penetrate the city and was defeated by the Master-General Stilicho in the Battle of Faesulae (August 406 CE), the siege had dramatic consequences for the Florentine population [13]. Based on archaeological evidence, between the end of the 4th century and beginning of the 5th centuries CE (possibly during the siege of the Goths), the aqueduct was severely damaged and was not repaired. These events coincided with period of decadence [11].

Archaeological excavations (2008, 2013, and 2014) led to uncover a large sepulchral area under the basement of the eastern wing of the Uffizi Gallery (Florence, Italy). Aside from single graves, 14 multiple graves were excavated and a total of 75 individuals were exhumed. In multiple graves, up to ten individuals had been deposited simultaneously (Fig. 1). Taphono-

Table 1. Paleoparasitological observations among 18 individuals. Five showed remains of *Ascaris* sp.

Lab sample ID	Tomb/ Individual ID	Localization	<i>Ascaris</i> sp./ Ascarid
UFF17 P1	T8 IND C	Lumbar vertebrae	yes
UFF17 P2	T8 IND E	coccyx	-
UFF17 P3	T8 IND E	pelvis	-
UFF17 P4	T9 IND A	pelvis	yes
UFF17 P5	T9 IND C	sacrum	yes
UFF17 P6	T9 IND E	pelvis	-
UFF17 P7	T9 IND E	sacrum	-
UFF17 P8	T10 IND C	pelvis	-
UFF17 P9	T16	pelvis	-
UFF17 P10	T17 IND B	pelvis	-
UFF17 P11	T18 IND B	pelvis	-
UFF17 P12	T18 IND C	pelvis	-
UFF17 P13	T18 IND D	pelvis	-
UFF17 P14	T19 IND A	pelvis	-
UFF17 P15	T19 IND B	pelvis	-
UFF17 P16	T19 IND C	pelvis	-
UFF17 P17	T19 IND D	pelvis	-
UFF17 P18	T20 IND C	pelvis	-
UFF17 P19	T22 IND A	pelvis	yes
UFF17 P20	T22 IND A	coccyx	-
UFF17 P21	T22 IND B	coccyx	yes
UFF17 P22	T22 IND B	sacrum	yes



Fig. 1. Pit grave T9 (Uffizi Gallery, Florence) containing 8 aligned individuals deposited simultaneously. The bodies were closely joined, with alternating orientation and diversified position of the upper limbs.

my showed that this area did not correspond to an ordinary cemetery but to an emergency burial site dug out of the city walls possibly during an epidemic of unknown etiology [14]. The burial site was preliminarily dated between the second half of the 4th and the beginning of the 5th centuries CE, based on minted coins associated with some of the skeletons.

Twenty-two samples of sediment (100 g each) associated with 18 individuals were systematically collected from the pelvic area of each skeleton in order to analyze the remnants of their intestinal contents (Table 1). We applied the RHM protocol (for Rehydration – Homogenization – Microsieving) to extract microscopic eggs of gastrointestinal worms from the sediments. This method is widely used in paleoparasitology as it is propitious to the successful recovery of the parasitic diversity contained in the analyzed specimens [15]. For each sample, 5 g of material were rehydrated for 1 week in a 50 ml solution of 0.5% aqueous trisodium phosphate (TSP) and 50 ml of 5% glycerinated solution. A few drops of 10% formalin solution were added to circumvent organic pollution. In order to separate parasitic specimens from the surrounding sediments, samples were then crushed in a mortar and sonicated in an ultrasonic device for 1 min at 50/60 Hz. Lastly, samples were strained through a microsieving column consisting of 315, 160, 50, and 25 μm meshes. Only the residues from the 50 μm and 25 μm meshes were kept, as they contain the whole

putative parasitic diversity, with eggs ranging from $\sim 30 \mu\text{m}$ to $\sim 160 \mu\text{m}$. After 24 hr sedimentation, samples were ready for microscopic analysis. Twelve slides ($22 \times 22 \text{ mm}$) were read for each sample, consisting of 6 slides from the 50 μm sieve, and 6 slides from the 25 μm sieve.

Among the 22 collected samples, 186 ascarid-type eggs were identified in 6 positive samples associated with 5 individuals (Table 1; Fig.2). Ninety-six percent (96%) of the eggs (179 out of 186 eggs) were identified in one sample exhumed from Tomb 9 (UIFF17 P5, Tomb 9 individual C, sampled area: sacrum), and some of them still harbored remnants of the outer shell. In the remaining 5 samples (Tombs 8, 9, 22), the number of observed eggs per sample varied from 1 to 3. Hence, a 27.7% frequency of parasitic remnants was identified in the examined archaeological population (T8, T9, T22).

Ascarid-type specimens are commonly observed in archaeological contexts. They consist of oval specimens, roughly 60-70 μm long and 40-50 μm wide, with one clearly identifiable thick and smooth shell. Ascarid-type specimens are often observed nearby eggs of roundworms belonging to the genus *Ascaris*, characterized by a thick shell and a bumpy mammillated outer layer. Ascarid-type specimens are attributed by consensus to “decorticated” *Ascaris* eggs, which have lost their outer mammillated coat [16]. It is generally admitted that this genus consists of 2 species, namely *A. suum* and *A. lumbricoides*, which

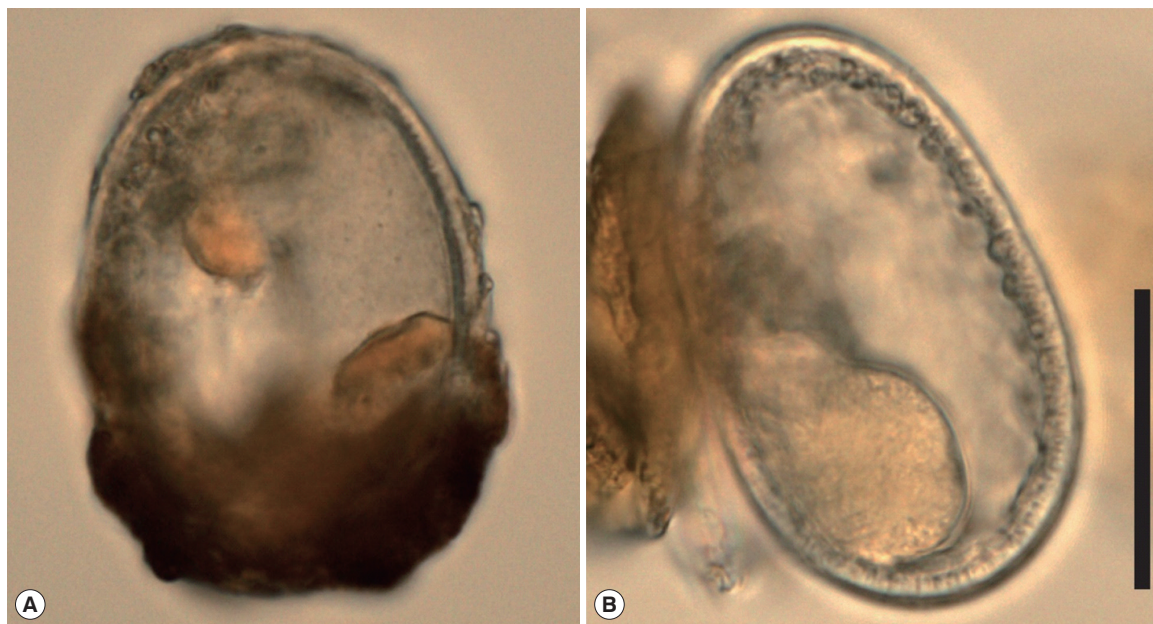


Fig. 2. *Ascaris* sp. eggs. (A) the lower part is still coated with the outer shell (dark brown). (B) decorticated egg (morphotype “ascarid”) with preserved inner content in the lower part. Scale: 50 μm .

infest pigs and humans, respectively. The eggs produced by these 2 taxa are identical, and no specific discrimination based exclusively on morphological traits can be performed. Moreover, molecular data tend to recognize only 1 species infecting both human and pig, namely *A. lumbricoides* [17]. In our case, because of the archaeological context and sampling methods, an attribution to the human species is anyway more likely.

A wide range in the number of observed eggs per sample was recorded at Uffizi, from one egg (UFF17 P4, UFF17 P19, UFF17 P21, UFF17 P22) to 179 eggs (UFF17 P5). This difference may be the result of a different parasitic load. However, differences may be also attributed to the ecology of the parasite. Although a female *A. lumbricoides* can produce around 200,000 eggs per day and several adult worms may infest a single person, the production of eggs varies on a daily basis and is not continuous.

Since this was an emergency burial context, burial conditions were probably stable over time. It seems reasonable to surmise that the number of counted eggs reflects the infection rates per individual. However, in the absence of eggs per gram count (EPG), this assumption remains highly speculative. EPG was not performed since this was an analysis of sediments (and not of coprolites). In sediments, the intestinal contents leach and dilute. If the distribution pattern observed in the Uffizi archaeological population was truly representative of differential infection rates, it would be consistent with a typical aggregate pattern seen in parasite ecology, where a minority of the infected population hosts the majority of the parasite population [18].

Several parasite species have been detected in Italy through systematic diagnosis under light microscopy, namely *Trichuris*

sp., *Capillaria* sp., unidentified strongyle-like nematodes, *Dicrocoelium* sp., *Opistorchis* sp., *Fasciola* sp., *Taenia* sp., and *Diphyllobothrium* sp. [19-24] (Table 2). More specifically, *Ascaris* sp. was previously detected in a Roman Period sediment core from Ostia [22], and from medieval pits excavated in Parma [24]. The present study identifies a strict association of *Ascaris* sp. with human burials for the first time in the Italian Peninsula. This association sheds light on the frequency of ascariasis in an ancient Late Antique population.

The microparasitic record in ancient Italy reveals the presence of Protozoa, namely *Plasmodium falciparum*, *Entamoeba histolytica* and *Leishmania infantum*. *E. histolytica* was detected in a Roman period sediment core [25], whereas *Plasmodium falciparum* was identified in the dental pulp of 2 Roman Period individuals from the settlements of Velia (Salerno, Campania) and Vagnari (Apulia) [26], and in human bones from the 5th century. Lugano CE [27].

For later periods, Malaria was also detected in the skeletal remains of members of the Renaissance Medici family in Florence from the 16th century [28,29]. Through paleoimmunological (Western Blotting SDS-PAGE) and paleomolecular analyses, *Leishmania infantum* was also identified in the bony remains of Eleonora di Toledo (1519-1562), the wife of Grand Duke Cosimo I de' Medici [30].

Our data provide evidence that the Late Antique individuals buried beneath the Uffizi Gallery were plagued by ascariasis. This parasitism is acquired via fecal-oral transmission, which consists in the ingestion of food and/or water contaminated by human and/or animal stools [31]. Nowadays, endemic ascariasis is almost inexistent in the Western World, but it still has a dramatic impact on the lives of the poor. In the 90s, its

Table 2. Paleoparasitological data in Italy

Site	Period	Sampling context	Helminths	Protozoa	Reference
Italy	Roman	Latrines	<i>Trichuris</i> sp.		[19]
Pompei	1st c. CE	Pipes	<i>Trichuris</i> sp.		[20,21]
Ostia	Roman	Sediment core	<i>Ascaris</i> sp., <i>Capillaria</i> sp., Strongyle type eggs, <i>Dicrocoelium</i> sp., <i>Opistorchis</i> sp., <i>Fasciola</i> sp.		[22]
Parma	3rd-2nd c. BCE	Layers	<i>Trichuris</i> sp.		[23]
	10th-12th c. CE	Pits	<i>Ascaris</i> sp., <i>Trichuris</i> sp., <i>Diphyllobothrium</i> sp., <i>Dicrocoelium</i> sp., <i>Capillaria</i> sp., <i>Taenia</i> sp.		[24]
Velia	1st-2nd c. CE	Human bone		<i>Plasmodium falciparum</i>	[26]
Vagnari	1st-4th c. CE	Human bone		<i>P. falciparum</i>	[26]
Lugano	5th c. CE	Human bone		<i>P. falciparum</i>	[27]
Rome	Roman	Sediment core		<i>Entamoeba histolytica</i>	[25]
Pisa	16th c. CE	Human bone		<i>P. falciparum</i> , <i>Leishmania infantum</i>	[28-30]

prevalence reached 90% in the poorest populations of the world [31]. In the second decade of the 21st century, a similar rate of prevalence is still registered in South India and South-west China [32,33]. The infection may cause physical and cognitive growth impairment in children, respiratory symptoms, abdominal pain, vomiting, anemia, diarrhea and intestinal obstruction [31]. Furthermore, ascariasis acts as a dramatic lever in areas of the world where people are exposed to starvation and reinforces the action of other major pathogens such as tuberculosis [34,35]. The bulk of the parasitic burden caused by intestinal worms does not necessarily result in acute conditions, such as deadly pancreatitis due to *Ascaris* adult worms, for instance. Rather, it is associated with chronic conditions enhancing the compensatory mortality rate (as opposed to the additive mortality rate).

Given the frequency of ascariasis observed in the present study (27.7%) and the ability of the parasite to survive in the ground for up to 5 years, we surmise that ascariasis was most likely widespread in the analyzed Florentine population sample in Late Antiquity. It is reasonable to suppose that, given the high number of casualties, seemingly linked to an epidemic event, ascariasis had a compensatory effect on mortality rates.

It is impossible to assess whether the Florentine archaeological population was plagued by other chronic parasites due to the poor state of preservation of the eggs and/or the specificity of the analyzed material (sediment with high dilution of the eggs). Based on the parasitic diversity identified in Roman archaeological sites in Italy, they may also have been infested with *Trichuris trichiura*, another gastrointestinal parasite with a fecal-oral transmission route; this parasite was detected in pipes from Pompeii [20,21]. The dysenteric protozoa *E. histolytica*, previously detected in Roman Period core sediments from Rome, might also have been active, adding other acute pathological conditions to the overall burden of diseases [25]. The same holds true for other pathogens, such as *Plasmodium falciparum*, recorded in Southern Italy [26] and Tuscany [28]. Co-infections among parasites and bacteria dating back to the Roman Period have also been identified outside Italy [36].

The present study is part of a multidisciplinary project aimed at reconstructing the living conditions of this Late Antique Florentine population. The paleoparasitological investigation shed light on their parasitic burden. Microscopic remains belonging to the Ascarid morphotype and attributed to the species *A. lumbricoides* were identified in 27.7% of the analyzed individuals. This parasite, a human infesting nematode,

commonly plagues people living in unsanitary conditions and is acquired by the ingestion of contaminated food and water. The archaeological sources indicate that between the 4th and the 5th centuries CE, the Florentine aqueduct was disrupted and was not repaired until a later period. It is highly likely that the people who lived in dire sanitary conditions were infested with different types of gastrointestinal parasites and that comorbidity occurred. Such a parasitic burden may have aggravated any kind of epidemic, leading to high mortality rates.

This investigation exemplifies how paleoparasitological information can be retrieved from the analysis of sediment collected in cemeterial areas. It also argues in favor of a greater integration of systematic paleoparasitological analyses. As shown by a previous study [37], ancient DNA investigations shall be routinely performed in conjunction with microscopic analysis in a growing number of cemeteries in order to gain enhanced insights into ancient parasitic diversity. Lastly, the present study corroborates the current paleoparasitological trend showing that sediments from cemeteries allow for a better approximation of the varying frequency of parasitic infections among ancient populations.

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CONFLICT OF INTEREST

We have no conflict of interest related to this work.

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