



HAL
open science

Trial of labor versus elective cesarean delivery for patients with two prior cesarean-sections: A retrospective propensity score analysis

Léa Roux, Marie-Charlotte Chiemlewski, Linda Lassel, Helene Isly, Isabelle Enderle, Alain Beuchée, Maela Le Lous

► To cite this version:

Léa Roux, Marie-Charlotte Chiemlewski, Linda Lassel, Helene Isly, Isabelle Enderle, et al.. Trial of labor versus elective cesarean delivery for patients with two prior cesarean-sections: A retrospective propensity score analysis. *European Journal of Obstetrics & Gynecology and Reproductive Biology*, 2023, 287, pp.67-74. 10.1016/j.ejogrb.2023.05.038 . hal-04163549

HAL Id: hal-04163549

<https://hal.science/hal-04163549>

Submitted on 21 Jul 2023

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.



Distributed under a Creative Commons Attribution - NonCommercial 4.0 International License

1 **Trial of labor versus elective cesarean delivery for patients with two prior cesarean-**
2 **sections: a retrospective propensity score analysis.**

3 **-Bicicat-**

4 Léa Roux¹, M.D., Rennes, France

5 Marie-Charlotte Chiemlewski^{1,3}, MD Rennes, France

6 Linda Lassel¹, M.D, Rennes, France

7 Hélène Isly ¹, M.D, Rennes, France

8 Isabelle Enderle^{1,3}, M.D, Rennes, France

9 Alain Beuchée ^{1,4}, M.D, PhD, Rennes, France

10 Maela Le Lous^{1,4}. M.D, PhD, Rennes, France*

11

12 1. Department of Obstetrics and Gynecology, University Hospital of Rennes, France.

13 2. Department of Public Health, University Hospital of Rennes, France.

14 3. Univ Rennes, CHU Rennes, Inserm, EHESP, Irset (Institut de Recherche en Santé, Environnement et Travail) -
15 UMR_S 1085, F-35000, Rennes, France.

16 4. University of Rennes 1, INSERM, LTSI - UMR 1099, F35000, Rennes, France.

17

18 ***Corresponding author:**

19 Maela LE LOUS, MD, PhD

20 Phone : +33(0)6 95 02 38 05

21 E-mail : maela.le.lous@chu-rennes.fr

22 Address : Hôpital Sud, 16 boulevard de Bulgarie, 35200 Rennes

23 Fax number : +33 (0) 2 99 02 34 20

24

25

26

27 Word count: 2800 Figure count : 4 ; Table count : 3

28

29

30

31

Journal Pre-proofs

32 **Abstract**

33

34 **Introduction** Despite awareness of obstetricians to the constant increase in the number of
35 cesarean sections in recent years, the fear of a uterine scar rupture is still present and influences
36 the choice of the mode of delivery in patients with two previous cesarean sections. However,
37 several clinical studies have suggested that, under certain conditions, vaginal birth after two
38 cesarean sections is usually successful and safe.

39 **Objective** The objective of this study was to compare maternal and neonatal issues according
40 to the planned mode of delivery in patients with two previous cesarean sections.

41 **Methods** It was a retrospective observational comparative study at Rennes University Hospital
42 between January 1, 2013, and December 31, 2020. We performed a propensity score for the
43 comparison of neonatal outcomes: cord pH, cord lactates, Apgar scores, transfer to neonatal
44 unit and deaths, according to the planned delivery mode. Secondary outcomes were maternal
45 issues: uterine rupture, post-partum hemorrhage, deaths.

46 **Results** A total of 410 patients with two previous cesarean section were eligible for our study.
47 Prophylactic cesarean was performed in 358 cases (87.3%). Trial of labor was attempted in the
48 52 remaining patients (12.7%), 67.3 % of whom were successful. Neonatal weight, APGAR
49 score at 1-5-10 minutes, and pH on cord blood were comparable in both groups. One case of
50 uterine rupture occurred in the trial of labor group.

51 **Conclusion** Trial of labor seems to be a reasonable option for women with two previous
52 cesarean sections in a selected population.

53

54 **Keywords** uterine scar; previous cesarean section; mode of delivery; trial of labor; elective
55 cesarean section: neonatal outcomes; maternal outcomes.

56

57

58

59

60

61

62

63 Introduction :

64 Despite obstetricians' awareness of the need to limit cesarean sections, the legitimate
65 fear of uterine rupture influences the choice of delivery route in the case of a patient with a
66 history of two previous cesarean section, and trial of labor in this case is not often offered to
67 women.

68 However, there are inherent risks to the mother and fetus after a cesarean delivery, both
69 short and long term, especially if repeated[1]. Cesarean delivery is associated with higher rates
70 of maternal mortality, intensive care management, hysterectomy, blood transfusions in the
71 immediate post-partum[1–4]. The consequences of a third cesarean delivery also have a major
72 impact on subsequent pregnancies. Indeed, multiple cesarean sections increase the risk of
73 uterine rupture, placenta accreta spectrum, post-partum hemorrhage, infertility, pelvic
74 adhesions, hysterectomy and premature deliveries [1–4][5].

75 From a neonatal point of view, cesarean section would increase neonatal short term
76 morbidity leading to neonatal respiratory distress and would bear a greater risk of severe
77 neonatal asphyxia in future pregnancies[6]. Considering long-term consequences, cesarean
78 sections may be responsible for alterations in the immune system and intestinal microbiota, as
79 well as an increased risk of future obesity and asthma in the child[1,4,7].

80 A meta-analysis by Tasheen et al. showed that vaginal delivery after two cesareans was
81 not associated with an excess of maternal and neonatal morbidity and mortality compared with
82 a trial of labor after one cesarean section[8]. Trial of labor in patients with two previous cesarean
83 sections was therefore offered to women in some centers, but this offer is still heterogenous[11].
84 In our center we started to offer the possibility of a trial of labor in selected patients.

85 Our main objective was therefore to compare neonatal morbidity and mortality after a
86 trial of labor in patients with two previous cesarean section versus an elective cesarean section.
87 Maternal outcomes were analyzed secondarily.

88

89

90

91

92 **Methods**93 *Study design*

94 This was a single-center retrospective observational study taking place at the University
95 Hospital of Rennes, Obstetric department, between January 1^{er} 2013 and December 31 2020.
96 We compared neonatal outcomes in case of trial of labor versus elective cesarean section in
97 case of two previous cesarean sections, using a propensity score for the comparison of neonatal
98 outcomes according to the planned delivery mode.

99

100 *Study population and data collection*

101 A total of 466 patients with two previous cesarean sections were found via a
102 computerized file search using the International Classification of Diseases ICD 10O34.2 and
103 ICD 10O75.7; and by searching in local patient records software (DxCare®). All patients who
104 delivered at a term ≥ 37 SA of a singleton fetus in cephalic presentation and who had previously
105 delivered twice by cesarean section were included in the study.

106 Patients with twin pregnancies, a preterm delivery before 37 weeks of gestation (WG),
107 a fetus with a condition requiring elective cesarean delivery, placenta accreta, uterine
108 malformation, a history of uterine rupture or previous corporal incision were excluded.

109 Data collection was carried out in agreement with the local Ethics Committee. Each
110 patient was informed individually by mail of the use of her data and non-opposition was
111 confirmed.

112 The variables collected were maternal age, body mass index and maternal history of
113 hypertension or diabetes, parity, previous vaginal deliveries, indications and course of the two
114 previous cesarean sections, pelvic tomodensitometry, estimated fetal weight at third trimester
115 of pregnancy. Postpartum maternal complications included postpartum hemorrhage, defined as
116 a bleeding greater than 500cc no matter the delivery route was, uterine rupture, defined as
117 rupture of all layers of the uterine wall (including muscle and serosa), and maternal death.
118 Neonatal data collected were cord pH, lactate and APGAR score at 1 minute, 5 minutes and 10
119 minutes of life, and transfer to intensive care neonatal unit, gestational age, birth weight and
120 neonatal death.

121

122 *Protocol for trial of labor acceptance in case of two previous cesarean section*

123 The department's protocol for acceptance of a trial of labor was as follows: fetus in
124 cephalic presentation, estimated fetal weight under 90^e percentile at the third trimester scan
125 (performed between 30 and 35 weeks), previous transverse and segmental cesarean sections. A
126 pelvic tomodensitometry was to be performed with the following limits: promontoretropubic \geq
127 10.5cm, bispinal > 10 cm, transverse ≥ 12.5 cm. Finally, patient had to be keen to a vaginal
128 delivery. Each case had to be validated during staff meeting. Induction of labor was not
129 authorized, although a moderate use of oxytocin to increase labor was possible. If no labor
130 occurred by 41+6 WG, a cesarean section was performed.

131

132 *Statistical analysis*

133 Categorical variables were represented by counts and percentages and compared by χ^2
134 test or a Fisher exact test. Continuous variables were tested for normality (Q-Q plots and
135 Shapiro's test), represented by their median [minimum, maximum] and compared by Student's
136 t-test or a Mann-Whitney U test as appropriate.

137 To analyze the effect of the decision "trial of labor" or " elective cesarean delivery" on
138 short-term maternal and neonatal morbidity and mortality, the confounding factors that could
139 affect the decision to agree to vaginal delivery were taken into account by estimating a
140 propensity score. The variables introduced into the model for estimating the propensity score
141 were : maternal age, maternal history of diabetes, history of myomectomy, maternal BMI,
142 indications for the two previous cesarean sections, history of vaginal delivery before and after
143 cesarean section, the presence of maternal pathology related to the pregnancy and in particular
144 gestational diabetes, estimated third trimester fetal weight, pelvic tomodensitometry.

145 Missing values prior to the decision on the route of delivery were considered as an
146 additional mode of the variable concerned, as its absence could influence decision
147 making. First, we compared different matching and weighting methods for their performance
148 in reducing the imbalance between the two groups with or without a decision of trial of labor.
149 Each pre-decision covariate averaged across decision groups were Patients with or without a
150 decision of trial of labor were compared by estimating the standardized mean differences (SMD)
151 after weighting on Inverse Probability of Treatment Weighting (IPTW), on IPTW truncated at
152 the 95th percentiles and on Matching Weights (MW) which is a variant of the IPTW, and
153 pairwise 1:1 matching 1:1 without replacement on their propensity score within 0.2 standard
154 deviation of the logit of the propensity score[13,14]. The quality of the weighting and matching
155 was verified by estimating the standardized mean differences (SMD) showing the absence of
156 residual imbalance (Figure 3). The matching weights (MW) method, which is a variant of the
157 Inverse Probability of Treatment Weighting (IPTW), performed best with all pre-decision
158 covariate variables having a SMD <0.1 (supplemental data) as shown in Figure 4 [13,14].
159 Consequently, to reduce the imbalance between the two groups, the MW weighing method was
160 used in subsequent analysis of the outcome after the decision to agree or not to vaginal delivery.
161 The significance level was defined as $p < 0.05$. All data were analyzed with R (R Core Team
162 (2021) URL <https://www.R-project.org/>).

163 The design and reporting of the study was carried out in accordance with the Strategy
164 for Strengthening Observational Studies in Epidemiology (STROBE) .

165

166

167 **Results**

168

169 *Population*

170

171 We identified 466 patients with two previous cesarean sections, 410 of whom were
172 eligible for our study and met the inclusion criteria. Of these, 95 had a vaginal delivery
173 agreement, and for the other 315 patients a cesarean section was planned. Of those who had a
174 vaginal delivery agreement, 13 patients ultimately refused the trial of labor, 26 did not go into
175 labor spontaneously, 2 patients developed pre-eclampsia, 2 had non cephalic fetal presentations.
176 A total of 52 patients had trial of labor, of whom 35 actually delivered vaginally (67.3%), all
177 under epidural anesthesia (**Figure 1**).

178 The characteristics of our total and weighted population are shown in **Table 1**. The
179 indications for the two previous cesarean sections were similar in both groups. Estimated fetal
180 weight at the third trimester averaged 65^e percentile in the elective cesarean section group
181 versus 46^e percentile for trial of labor group (OR 1.02 [1.01 ;1.02] and a $p < 0.001$). The cut-
182 off point for a planned cesarean delivery decision appeared to be around the 75^e percentile
183 (Figure 2). Since the introduction of that protocol in October 2012, practices appeared to be
184 homogeneous over time, with notably a stable rate of trial of labor from 2014 onwards (**Figure**
185 **2**).

186

187 *Neonatal and maternal outcomes:*

188 Neonatal outcomes in univariate analysis before and after the propensity score are
189 presented in **Table 2**. Neonatal weight, APGAR score at 1-5-10 minutes, and cord blood pH
190 were comparable in the two groups. Lactatemia was higher in the trial of labor group,
191 significantly at 3.10mmol/L versus 2.20mmol/L ($p < 0.001$). Transfers to neonatology were
192 similar in both groups 3.2% versus 2.5% ($p = 1.00$) before the propensity score. There were
193 slightly more respiratory distress in the newborns born by cesarean section, 3 versus 1 in the
194 group of patients with a vaginal delivery agreement. There were no neonatal deaths.

195 From a maternal point of view, there was one uterine rupture. The uterine rupture
196 occurred in a G3P2 woman, with a eutrophic fetus (50th percentile). The first stage of labor
197 lasted 9 hours, with oxytocin at a maximum of 6mUI/min. CTG abnormalities developed and
198 an emergency cesarean section was performed. Birth weight was 3305g, APGAR score was 7-
199 9-10 at 1, 5 and 10 minutes, cord blood was: pH = 6.9 lactates 8.1 = mmol/L. The rate of post-
200 partum hemorrhage was 29.9% in the group that did not agree to a vaginal delivery compared
201 with 21.1% in the group that did agree to a vaginal delivery ($p = 0.13$). There were 3 transfusions
202 in each group. There were no maternal deaths. There 2 bladder injuries, 6 additional surgeries
203 (4 intrauterine aspiration and 2 scar revisions), and 2 ileus, all in the planned cesarean section
204 group. There was no bowel injury. The rate of postpartum infections was 2% for patients with
205 a vaginal delivery agreement versus 1.5% for elective cesareans ($p = 0.73$). There was no
206 difference in the length of stay before or after ponderation (**Table 2**).

207 The gestational age at birth was 39 WG for the elective cesarean section group (SD
208 [37.00; 40.71]) versus 40 WG (SD [37.00; 41.86]) for the vaginal delivery agreement group (p

209 < 0.001).

210 After weighting by the propensity score, we compared maternal and neonatal outcomes
211 between patients who had a trial of labor and those who did not. We had 92 comparable patients,
212 weighted with the MW method. **Table 1** shows that our two weighted populations are
213 completely comparable at the time of the decision for vaginal delivery.

214 Similarly, maternal and neonatal outcomes were comparable, with no significant
215 difference found except for birth term ($p < 0.001$) (**Table 2**). Neonatal birth weights were
216 significantly different, 3379g [2495 ;4520] for patients with a trial of labor versus 3220g [1800
217 ; 4625] for patients with an elective cesarean section ($p = 0.04$).

218 The rate of postpartum hemorrhage was 21.3% for patients with a vaginal delivery
219 agreement versus 31.7% for elective cesareans ($p = 0.18$). Lactatemia was similar in both
220 groups, at 2.60 mmol/L versus 2.20 mmol/L for patients without a vaginal delivery agreement
221 ($p = 0.06$); and APGAR scores at 1 and 10 minutes were similar ($p = 0.16$ and 0.68 respectively).
222 The median APGAR score at 5 minutes showed a significant difference with $p = 0.045$, (10 [8-
223 10] for the vaginal delivery agreement group versus 10 [4-10] for the no vaginal delivery
224 agreement group). There were no more transfers to neonatology, i.e. 2.2% for newborns of
225 patients with a vaginal agreement versus 4.3% for newborns of patients without a vaginal
226 agreement ($p = 0.53$). We then analyzed the cord blood pH at birth in multivariate analysis, the
227 mode of delivery did not significantly modify the cord pH value of the newborns (for elective
228 cesarean section group [-0.01 - 0.02] with $p = 0.64$) (**Table 3**).

229

230 *Predictive factors for successful vaginal delivery*

231 After the multivariate analysis, a vaginal delivery after the two cesarean sections was a positive
232 predictive factor for a successful vaginal delivery (OR = 42.82 [5.48 ; 334.58] $p=0,0003$) and a
233 BMI ≥ 30 was a negative predictive factor for a successful vaginal delivery (OR =0.76 [0.62 ;
234 0.92] $p=0.0065$) (**Table 4**).

235 **Discussion**

236

237 This study provided a preliminary investigation of the immediate neonatal outcomes of
238 patients with two previous cesarean deliveries by comparing the two possible strategies in this
239 context for the obstetrician: elective cesarean section and trial of labor, after weighing the
240 confounding factors in both groups. The success rate of trial of labor was 67.3% and appeared
241 reasonable in terms of maternal and neonatal safety.

242

243 *Neonatal outcomes*

244 The immediate neonatal outcomes were similar in our two groups after weighting. The
245 results of lactatemia and cord blood pH at birth were not significantly different ($p = 0.06$ and p
246 $= 0.77$ respectively). The number of APGAR were also similar. There were no more transfers
247 to neonatology for neonates from the vaginal delivery group. Pre-propensity score lactatemia
248 was significantly higher in the vaginal agreement group, but not clinically significant, averaging
249 3.10 mmol/L [1.40; 10.20] versus 2.20mmol/L [1.20; 9.30] in the no vaginal agreement group
250 ($p < 0.001$). We did not find any cerebral palsy or neonatal death in our series. The differences
251 in time of birth and term of birth between the two groups are explained by the fact that elective
252 Cesarean sections are more likely to be performed in the morning around 10 a.m., at
253 approximately 39 weeks of gestation.

254 The meta-analysis by Tahseen et al. compared outcomes between women who had trial
255 of labor after 2 cesareans versus after one cesarean section, and also compared trial of labor
256 after two cesareans versus a third elective cesarean section [8]. Although the numbers were too
257 small to draw firm conclusions at the neonatal level, they showed similar reassuring results
258 about trial of labor after two previous cesarean sections. Neonatal admission rates were similar
259 at 8.85% for patients with trial of labor after two cesareans versus 8.49% after one cesarean (p
260 $= 0.57$). The combined rate of neonatal asphyxia and neonatal mortality was 0.09% versus 0.05%
261 ($p = 0.35$)[8].

262 Another study by Rotem et al. compared neonatal outcomes of patients with trial of
263 labor after one and after two cesarean sections. They also concluded that the overall neonatal
264 outcomes were favorable and comparable when a vaginal delivery was attempted after one
265 versus two cesareans, without neonatal asphyxia or death. [16].

266

267 *Maternal Outcomes*

268 There appeared to be no excess risk of morbidity and mortality in patients who had a
269 trial of labor, including for those who have had an actual natural delivery, those who had an
270 emergency cesarean section during labor, and those who had an elective cesarean section for
271 no onset of labor.

272 In particular, the rate of postpartum hemorrhage was not different in our two groups,
273 and was even insignificantly higher in the elective cesarean group (21.3% versus 31.7% $p =$
274 0.18), and there were no hysterectomies or maternal deaths in our cohort. Also, in our cohort,
275 additional complications occurred in the cesarean section group including 4 additional

276 intrauterine aspirations, 2 bladder injuries, and 2 ileus. The infection rate appeared to be the
277 same for both strategies.

278 The 2015 prospective study by Miller et al. including 152 trials of labor and nearly 6000
279 elective cesarean sections in patients with two previous cesarean sections also found no
280 significant difference in maternal outcomes between trial of labor and iterative cesarean section,
281 in terms of maternal morbidity including transfusions (2% versus 1.8%), hysterectomies (0
282 versus 0.4%), and uterine ruptures (0.7 versus 0.1%) [17]. The study by Rotem et al. showed a
283 similar rate of postpartum hemorrhage in patients who had trial of labor after one versus two
284 cesarean sections (2.6% versus 3.5% $p=0.24$), and a similar rate of uterine rupture (0.3% versus
285 0.6% $p=0.24$)[16]. The meta-analysis by Tahseen et al. also showed similar rates of
286 hysterectomy and transfusion when comparing outcomes of trial of labor after 1 versus 2
287 previous cesareans [8]. A French series by Bretelle et al. included 180 patients with two
288 previous cesarean sections who had trial of labor, with one hysterectomy for uterine atony in
289 the trial of labor group[18].

290

291 *Predictive factors for successful vaginal delivery*

292 Our success rate for vaginal delivery of 67.3% is in line with the literature which found
293 success rates between 62.8% and 74.6%. [8,18–21]. The success of the trial of labor is an
294 important point because cesarean sections during labor might be more morbid than elective
295 cesarean sections [22]. However, vaginal deliveries are also less morbid than elective cesarean
296 sections. It is therefore important to define the patients for whom labor has a good chance of
297 succeeding. To this end, for patients with a unique previous cesarean section, Grobman et al.
298 developed a prediction score for successful vaginal delivery. In their prospective study of over
299 11,000 patients in different centers, successful vaginal delivery after cesarean section was
300 significantly more likely if the patient was large and/or had a history of vaginal delivery.
301 Conversely, they were less likely to succeed if the reason for the cesarean section was labor
302 arrest or failure to engage, and if they had a history of treatment for chronic hypertension, and
303 in patients of higher weight or age [23]. In our study, diabetes was not an exclusion criterion
304 for trial of labor. However, patient with uncontrolled diabetes with macrosomia were not
305 eligible for trial of labor.

306 In our study, the pelvic TDM has contributed to a drastic exclusion of 112 patients that
307 were candidates for trial of labor. We cannot tell how would have been the outcomes for these
308 patients if they have had a trial of labor. However, pelvic TDM is no more recommended for
309 women with one previous cesarean and a similar approach may be applied to those with two
310 previous cesareans.

311

312 *Strengths and Weaknesses*

313 The main strength of our study is that it included only patients with two previous
314 cesarean and compared the two strategies in an intention to treat strategy. Most of the available
315 studies for the management of patients with two previous cesarean sections compare the
316 outcomes of women with one versus two previous cesarean sections deliveries[16,17,19,20,24–
317 26]. Few studies, even national ones, address this issue, as the strategy of allowing vaginal
318 delivery after two cesarean sections is in the minority. [18]. However, the size of our study is

319 too small to conclude on differences for events as rare as uterine rupture or hysterectomy. Our
320 analysis therefore focused on a simple criterion of judgement which is the neonatal cord pH.

321 Also, the patients were individually informed about the advantages and risks of both delivery
322 routes, which could have led to information bias.

323 A randomized study is always ethically difficult to implement with regard to the delivery
324 route. We therefore used a propensity score to mimic a "quasi-randomisation" situation after
325 weighting the patients in the two groups, in order to control for selection and indication bias.
326 This statistical analysis technique, which allowed us to have perfectly comparable groups, was
327 also a methodological strength of our study. However, as with all non-randomized studies, the
328 major limitation of our statistical analyses was the inability to identify all confounding
329 variables. A multicenter prospective study on a national scale and with varied protocols would
330 provide a better answer to this question.

331

332 **Conclusion**

333 The proposal of a vaginal delivery seems to be a reasonable option in a selected
334 population of patients with two previous cesarean sections, after the patient has been informed
335 of the short and long term benefit/risk balance, in particular the risk of uterine rupture.

Journal Pre-proofs

References

- [1] Villar J, Carroli G, Zavaleta N, Donner A, Wojdyla D, Faundes A, et al. Maternal and neonatal individual risks and benefits associated with caesarean delivery: multicentre prospective study. *BMJ* 2007;335:1025. <https://doi.org/10.1136/bmj.39363.706956.55>.
- [2] Souza JP, Gülmezoglu AM, Lumbiganon P, Laopaiboon M, Carroli G, Fawole B, et al. Caesarean section without medical indications is associated with an increased risk of adverse short-term maternal outcomes: the 2004-2008 WHO Global Survey on Maternal and Perinatal Health. *BMC Medicine* 2010;8:71. <https://doi.org/10.1186/1741-7015-8-71>.
- [3] Korb D, Goffinet F, Seco A, Chevret S, Deneux-Tharaux C, Group ES. Risk of severe maternal morbidity associated with cesarean delivery and the role of maternal age: a population-based propensity score analysis. *CMAJ* 2019;191:E352–60. <https://doi.org/10.1503/cmaj.181067>.
- [4] Sandall J, Tribe RM, Avery L, Mola G, Visser GH, Homer CS, et al. Short-term and long-term effects of caesarean section on the health of women and children. *Lancet* 2018;392:1349–57. [https://doi.org/10.1016/S0140-6736\(18\)31930-5](https://doi.org/10.1016/S0140-6736(18)31930-5).
- [5] You S-H, Chang Y-L, Yen C-F. Rupture of the scarred and unscarred gravid uterus: Outcomes and risk factors analysis. *Taiwanese Journal of Obstetrics and Gynecology* 2018;57:248–54. <https://doi.org/10.1016/j.tjog.2018.02.014>.
- [6] Maisonneuve E, Audibert F, Guilbaud L, Lathelize J, Jousse M, Pierre F, et al. Risk Factors for Severe Neonatal Acidosis. *Obstetrics & Gynecology* 2011;118:818–23. <https://doi.org/10.1097/AOG.0b013e31822c9198>.
- [7] WHO_RHR_15.02_fre.pdf n.d.
- [8] Tahseen S, Griffiths M. Vaginal birth after two caesarean sections (VBAC-2)-a systematic review with meta-analysis of success rate and adverse outcomes of VBAC-2 versus VBAC-1 and repeat (third) caesarean sections: Success rate & adverse outcomes of vaginal birth after two caesarean sections. *BJOG: An International Journal of Obstetrics & Gynaecology* 2010;117:5–19. <https://doi.org/10.1111/j.1471-0528.2009.02351.x>.
- [9] indications_cesarienne_programmee_-_recommandation_2012-03-12_14-44-28_679.pdf n.d.
- [10] Collège National des Gynécologues et Obstétriciens Français. *Journal de Gynécologie Obstétrique et Biologie de la Reproduction* 2005;34:513. [https://doi.org/10.1016/S0368-2315\(05\)82867-4](https://doi.org/10.1016/S0368-2315(05)82867-4).
- [11] heterogeneite_des_pratiques_de_la_cesarienne_en_france.pdf n.d.
- [12] Zupan Simunek V. Asphyxie périnatale à terme : diagnostic, pronostic, éléments de neuroprotection. *Archives de Pédiatrie* 2010;17:578–82. <https://doi.org/10.1016/j.arcped.2010.02.001>.
- [13] Li L, Greene T. A Weighting Analogue to Pair Matching in Propensity Score Analysis. *The International Journal of Biostatistics* 2013;9. <https://doi.org/10.1515/ijb-2012-0030>.
- [14] Franklin JM, Eddings W, Austin PC, Stuart EA, Schneeweiss S. Comparing the performance of propensity score methods in healthcare database studies with rare outcomes. *Statistics in Medicine* 2017;36:1946–63. <https://doi.org/10.1002/sim.7250>.

- [15] von Elm E, Altman DG, Egger M, Pocock SJ, Gøtzsche PC, Vandenbroucke JP. The Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) statement: guidelines for reporting observational studies. *The Lancet* 2007;370:1453–7. [https://doi.org/10.1016/S0140-6736\(07\)61602-X](https://doi.org/10.1016/S0140-6736(07)61602-X).
- [16] Rotem R, Sela HY, Hirsch A, Samueloff A, Grisaru-Granovsky S, Rottenstreich M. The use of a strict protocol in the trial of labor following two previous cesarean deliveries: Maternal and neonatal results. *European Journal of Obstetrics & Gynecology and Reproductive Biology* 2020;252:387–92. <https://doi.org/10.1016/j.ejogrb.2020.07.016>.
- [17] Miller ES, Grobman WA. Obstetric outcomes associated with induction of labor after 2 prior cesarean deliveries. *American Journal of Obstetrics and Gynecology* 2015;213:89.e1-89.e5. <https://doi.org/10.1016/j.ajog.2015.02.003>.
- [18] Bretelle F, Cravello L, Shojai R, Roger V, D’ercole C, Blanc B. Vaginal birth following two previous cesarean sections. *European Journal of Obstetrics & Gynecology and Reproductive Biology* 2001;94:23–6. [https://doi.org/10.1016/S0301-2115\(00\)00328-6](https://doi.org/10.1016/S0301-2115(00)00328-6).
- [19] Davidson C, Bellows P, Shah U, Hawley L, Drexler K, Gandhi M, et al. Outcomes associated with trial of labor after cesarean in women with one versus two prior cesarean deliveries after a change in clinical practice guidelines in an academic hospital. *J Matern Fetal Neonatal Med* 2020;33:1499–504. <https://doi.org/10.1080/14767058.2018.1520831>.
- [20] Macones GA, Cahill A, Pare E, Stamilio DM, Ratcliffe S, Stevens E, et al. Obstetric outcomes in women with two prior cesarean deliveries: Is vaginal birth after cesarean delivery a viable option? *American Journal of Obstetrics and Gynecology* 2005;192:1223–8. <https://doi.org/10.1016/j.ajog.2004.12.082>.
- [21] Horgan R, Hossain S, Fulginiti A, Patras A, Massaro R, Abuhamad AZ, et al. Trial of labor after two cesarean sections: A retrospective case–control study. *Journal of Obstetrics and Gynaecology Research* n.d.;n/a. <https://doi.org/10.1111/jog.15351>.
- [22] Yang X-J, Sun S-S. Comparison of maternal and fetal complications in elective and emergency cesarean section: a systematic review and meta-analysis. *Arch Gynecol Obstet* 2017;296:503–12. <https://doi.org/10.1007/s00404-017-4445-2>.
- [23] Grobman WA, Sandoval G, Rice MM, Bailit JL, Chauhan SP, Costantine MM, et al. Prediction of vaginal birth after cesarean in term gestations: A calculator without race and ethnicity. *American Journal of Obstetrics & Gynecology* 2021;0. <https://doi.org/10.1016/j.ajog.2021.05.021>.
- [24] Farmakides G, Duvivier R, Schulman H, Schneider E, Biordi J. Vaginal birth after two or more previous cesarean sections. *American Journal of Obstetrics and Gynecology* 1987;156:565–6. [https://doi.org/10.1016/0002-9378\(87\)90051-2](https://doi.org/10.1016/0002-9378(87)90051-2).
- [25] Landon MB, Spong CY, Thom E, Hauth JC, Bloom SL, Varner MW, et al. Risk of uterine rupture with a trial of labor in women with multiple and single prior cesarean delivery. *Obstet Gynecol* 2006;108:12–20. <https://doi.org/10.1097/01.AOG.0000224694.32531.f3>.
- [26] Silver RM, Landon MB, Rouse DJ, Leveno KJ, Spong CY, Thom EA, et al. Maternal morbidity associated with multiple repeat cesarean deliveries. *Obstet Gynecol* 2006;107:1226–32. <https://doi.org/10.1097/01.AOG.0000219750.79480.84>.

Journal Pre-proofs

Conflict of interest : None

Funding : University Hospital of Rennes

Figure 1. Flow chart

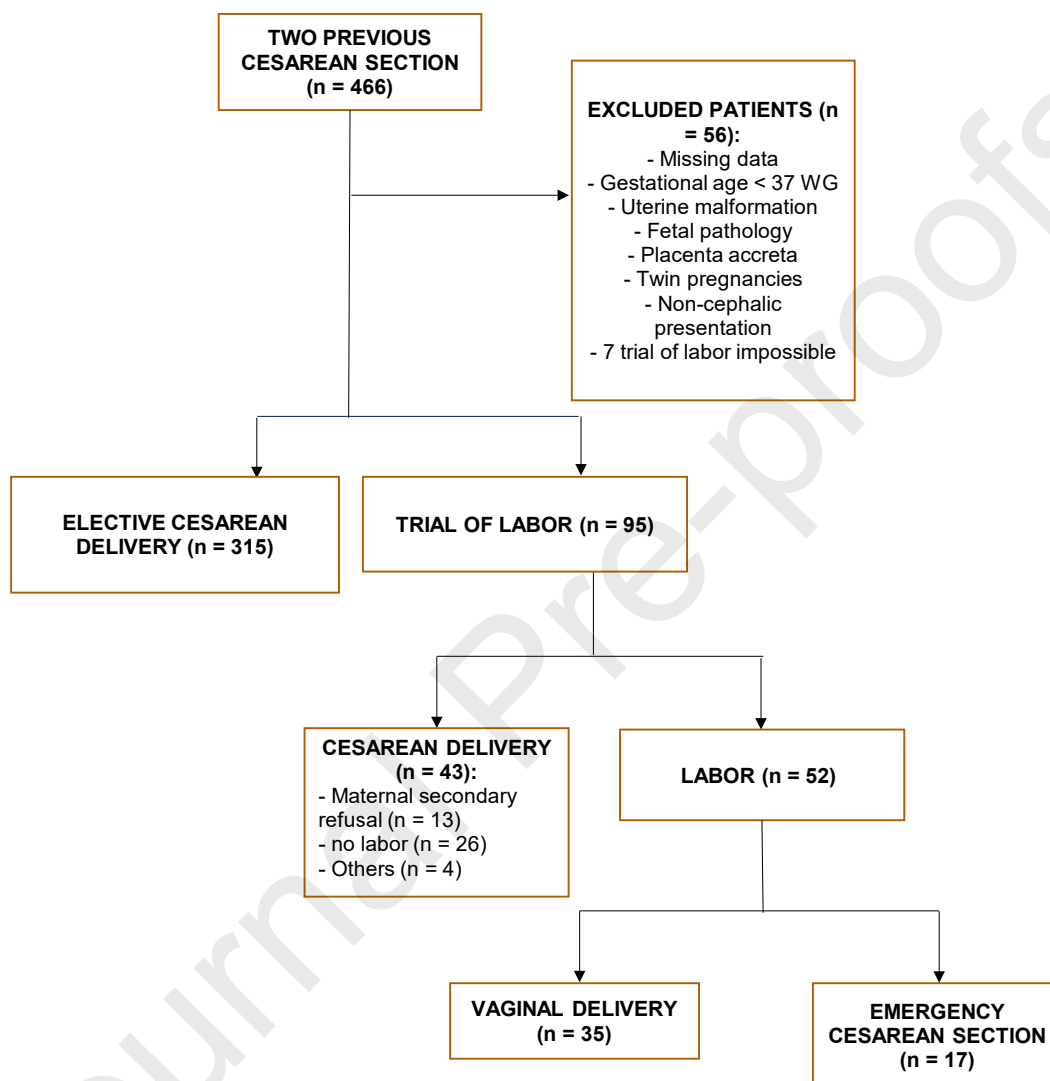


Figure 2. Histogram showing the percentage of vaginal delivery in patients with two previous cesarean sections over time from 2013 to 2020

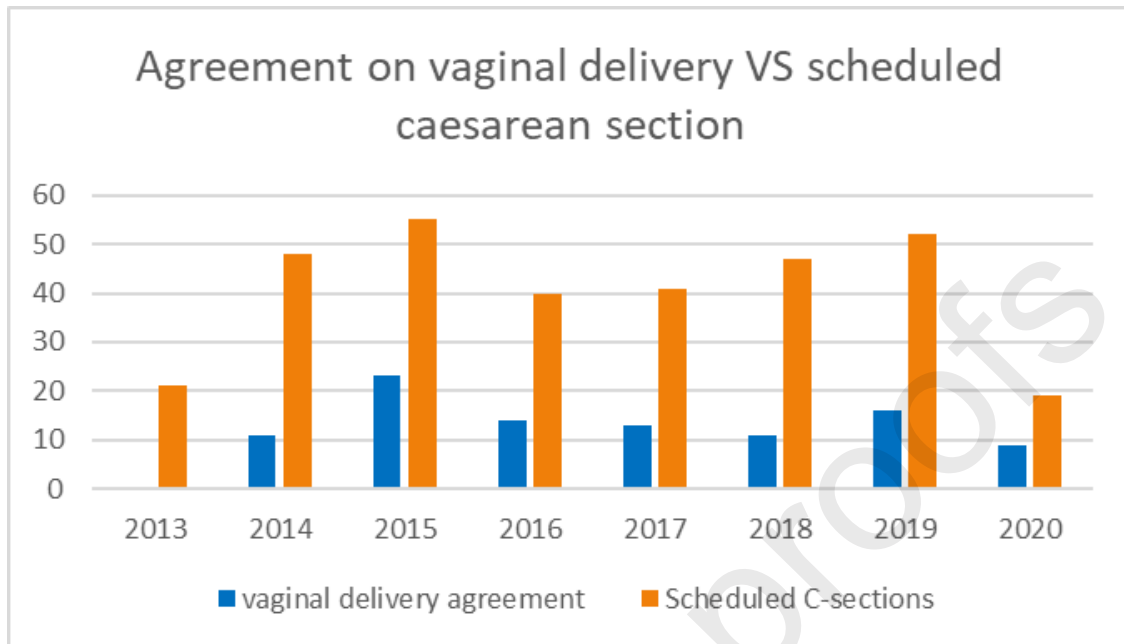


Table 1. Population characteristics before and after propensity score

	Total population (n = 410)			Weighted Population (n = 92)		
	Trial of labor	Elective cesarean section	SMD	Trial of labor	Elective cesarean section	SMD
	n = 95	n = 315		n = 46	n = 46	
Age						
<32	31 (32.6)	115 (36.5)	0.207	15.7 (34.1)	15.2 (33.1)	0.070
32 -35	36 (37.9)	99 (31.4)		18.0 (39.1)	17.0 (36.9)	
>36	26 (27.4)	99 (31.4)		12.3 (26.8)	13.7 (29.8)	

	Missing data	2 (2.1)	2 (0.6)		0 (0.1)	0 (0.1)	
BMI	Obesity	31 (32.3)	95 (30.1)	0.270	14.3 (30.9)	14.4 (31.4)	0.010
	No obesity	65 (67.7)	210 (66.5)		31.8 (69.1)	31.6 (68.6)	
	Missing data	0 (0)	11 (3.5)		0 (0)	0 (0)	
Maternal history of diabetes	0	91 (95.8)	302 (95.9)	0.175	45.5 (98.8)	45.4 (98.7)	0.007
	1	4 (4.2)	9 (2.8)		0.5 (1.2)	0.6 (1.3)	
	Missing data	0 (0)	4 (1.3)		0 (0)	0 (0)	
Previous myomectomy	0	92 (96.8)	306 (97.1)	0.159	44.1 (95.7)	44.5 (96.6)	0.048
	1	3 (3.1)	6 (1.9)		2.0 (4.3)	1.5 (3.4)	
	Missing data	0 (0)	3 (0.9)		0 (0)	0 (0)	
SVD before caesarean section	0	69 (72.6)	278 (88.3)	0.466	36.5 (79.2)	35.4 (77)	0.053
	1	12 (12.6)	26 (8.25)		3.6 (7.8)	3.8 (8.3)	
	2 or more	13 (13.7)	10 (3.17)		5.9 (12.7)	6.6 (14.3)	
	Missing data	1 (1.05)	1 (0.3)		0.1 (0.3)	0.1 (0.3)	
SVD after two caesarean sections	0	60 (63.2)	312 (99.0)	1.023	43.3 (94)	43.9 (95.3)	0.060
	1	29 (30.5)	3 (0.95)		2.8 (6)	2.2 (4.7)	
	2	6 (6.32)	0 (0)		0 (0)	0 (0)	
γ CI indication	CTG anomaly	26 (27.4)	78 (24.8)	0.265	12.8 (27.7)	13.1 (28.6)	0.069

	Stagnation	15 (15.8)	63 (20.0)		9.2 (19.9)	9.9 (21.6)	
	Trigger failure	9 (9.4)	33 (10.4)		5.4 (11.7)	4.9 (10.6)	
	Narrowed pelvis	2 (2.11)	19 (6.03)		1 (2.2)	0.7 (1.6)	
	Other	43 (45.3)	122 (38.7)		17.7 (38.5)	17.3 (37.7)	
γ C2 indication	CTG anomaly	26 (27.4)	41 (13.0)	0.672	9.8 (21.3)	9.9 (21.5)	0.089
	Stagnation	14 (14.7)	42 (13.3)		7.9 (17.2)	9.1 (19.8)	
	Trigger failure	15 (15.8)	34 (10.8)		7.5 (16.4)	8 (17.4)	
	Narrowed pelvis	1 (1.05)	52 (16.5)		1 (2.2)	1 (2.2)	
	Other	39 (41.1)	146 (46.2)		19.8 (43)	18 (39.2)	
Gestational diabetes	Gestational diabetes	21 (22.1)	61 (19.4)	0.064	8.9 (19.2)	9.3 (20.3)	0.026
	No gestational diabetes	74 (77.9)	254 (80.6)		37.2 (80.8)	36.7 (79.7)	
Pregnancy pathology	0	58 (61.1)	199 (63.2)	0.194	31.1 (67.5)	30.1 (65.4)	0.045
	1	37 (38.9)	111 (35.2)		15 (32.5)	15.9 (34.6)	
	Missing data	0 (0)	5 (1.59)		0 (0)	0 (0)	
T3 EFW ultrasound > 90th percentile	Not Macrosome	80 (84.2)	210 (66.7)	0.436	37.4 (81.1)	37.1 (80.6)	0.038
	Macrosome	10 (10.5)	56 (17.8)		4 (8.7)	4.5 (9.7)	
	Missing data	5 (5.2)	49 (15.6)		4.7 (10.2)	4.5 (9.7)	
Pelvi TDM	Narrowed pelvis	39 (41.1)	173 (54.9)	1.070	26.2 (56.9)	26.5 (57.6)	0.044

Normal	41 (43.2)	15 (4.7)	11 (23.8)	11.4 (24.7)
No pelvimetry	15 (15.8)	127 (40.3)	8.9 (19.3)	8.1 (17.6)

BMI: Body Mass Index, SVD: spontaneous vaginal delivery, CTG: ardiotocography, EFW Estimated Fetal Weight, SMD: Standardized Mean Difference; TDM Tomodensitometry

Table 2. Maternal and neonatal outcomes. Comparison of the two groups before and after weighting by the MW method based on the propensity score.

	Total population			Weighted population			
	Trial of labor	Elective cesarean section	p	Trial of labor	Elective cesarean section	p	
	N=95	N=315		N=46.1	N=46.0		
Gestational Age	40.14 [37.00, 41.86]	39 [37.00, 40.71]	< 0.001	39.88 [37.00, 41.86]	39 [37.00, 40.71]	< 0.001	
Lactates	3.10 [1.40, 10.20]	2.20 [1.20, 9.30]	< 0.001	2.60 [1.40, 10.20]	2.20 [1.20, 9.30]	0.06	
Lactatemia 6	Lactatemia < 6	82 (92.1)	297 (96.4)	0.15	41.4 (93.2)	44 (96.7)	0.38
	Lactatemia ≥ 6	7 (7.9)	11 (3.6)		3 (6.8)	1.5 (3.3)	
pH	7.28 [6.92, 7.40]	7.30 [6.92, 7.45]	0.23	7.30 [6.95, 7.40]	7.30 [7.01, 7.45]	0.77	
pH 7	pH > 7	86 (97.7)	303 (99.3)	0.50	42 (96.1)	45.1 (99.5)	0.30
	pH ≤ 7	2 (2.3)	2 (0.7)		1.7 (3.9)	0.2 (0.5)	
APGAR 1 minute	9 [0, 10]	9 [0, 10]	0.001	9 [0, 10]	9 [0, 10]	0.16	

APGAR 1 minute	APGAR at 1min \geq 5	92 (96.8)	311 (99)	0.28	45.2 (98.2)	45.7 (99.5)	0.18
	APGAR at 1 min $<$ 5	3 (3.2)	3 (1)		0.8 (1.8)	0.2 (0.5)	
APGAR 10 minutes		10 [9, 10]	10 [5, 10]	0.74	10 [9, 10]	10 [5, 10]	0.68
APGAR 5 minutes		10 [8, 10]	10 [4, 10]	0.63	10 [8, 10]	10 [4, 10]	0.045
APGAR 5 minutes	APGAR 5min \geq 5	95 (100)	313 (99.7)	1.000	46 (100)	45.9 (99.9)	0.32
	APGAR 5min $<$ 5	0 (0)	1 (0.3)		0 (0)	0.1 (0.1)	
Neonatal resuscitation	No neonatal resuscitation	95 (100)	312 (99.0)	0.78	46.1 (100)	45.9 (99.8)	0.20
	Resuscitation in the delivery room	0 (0)	3 (1.0)		0 (0)	0.1 (0.2)	
Neonatal transfer	No neonatal transfer	92 (96.8)	307 (97.5)	1.00	45 (97.8)	44 (95.7)	0.53
	Born transferred	3 (3.2)	8 (2.5)		1.0 (2.2)	2 (4.3)	
Duration of hospitalization		0 [0, 2]	0 [0, 20]	0.67	0 [0, 2]	0 [0, 20]	0.70
Neonatal death	0	91 (100)	307 (100)	NaN	45.9 (100)	45.8 (100)	NA
	1	0 (0)	0 (0)		0 (0)	0 (0)	
Birth weight		3370 [2495, 4520]	3410 [1800, 4625]	0.72	3379.8 [2495, 4520]	3220.3 [1800, 4625]	0.04
zScore Birth weight		-0.23 [-2.66, 2.07]	0.22 [-2.94, 2.55]	< 0.001	-0.07 [-2.66, 2.07]	-0.03 [-2.94, 2.55]	0.93
Postpartum hemorrhage	0	71 (78.9)	218 (70.1)	0.13	35.2 (78.7)	30.9 (68.3)	0.18
	1	19 (21.1)	93 (29.9)		9.5 (21.3)	14.3 (31.7)	

Uterine rupture	0	94 (98.9)	315 (100)	0.52	45.1 (97.8)	46 (100)	0.31
	1	1 (1.1)	0 (0)		1 (2.2)	0 (0)	
Length of stay	(days)	4.68 [1.00, 16.96]	4.74 [0.00,15.71]	0.773	4.70 [1.00, 16.96]	4.00 [0.00, 15.71]	0.237

Table 3. Multivariate Models of Neonatal Cord Blood pH Analysis

<i>Predictors</i>	Model 1 (weighted)			Model 2 (weighted, adjusted)			Model 3 (weighted, adjusted, outliers excluded)		
	<i>Estimate_s</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimate_s</i>	<i>CI</i>	<i>p</i>
Trial of labor agreement (No)	0.01	-0.01 - 0.02	0.459	0.00	-0.02 - 0.02	0.734	0.00	-0.01 - 0.02	0.642
Birth weight (g)				0.01	-0.01 - 0.03	0.386	-0.01	-0.03 - 0.01	0.241
Gestational age at birth (WG)				-0.00	-0.01 - 0.01	0.947	0.01	-0.00 - 0.02	0.155
Comments	393			388			376		
R ² / R ² adjusted	0.001 / -0.001			0.021 / 0.011			0.008 / -0.003		
Deviance	0.698			0.676			0.433		

AIC -30.829 -40.504 -176.437

Correlation between planned mode of delivery and cord pH as a continuous variable.

Among children with complete data. Model 1 was weighted by the MW method based on the propensity score and not adjusted. Model 2 was MW-weighted and adjusted for birth weight, gestational age at birth. Model 3 was adjusted and weighted, after excluding patients with aberrant cord blood pH values.

Table 4. Maternal and neonatal characteristics in the labor group and univariate analysis and multivariate analysis of predictive factor for vaginal delivery success.

Univariate analysis Variable	Successful vaginal delivery N=35	Cesarean section during labor N=17	p	OR [IC95%]
Age				
<32	14(40.0)	4(23.5)		
32-35	7 (20 .0)	10(58.8)		
>35	14(40.0)	3(17.6)	p = 0.62	0.97 [0.87 ; 1.09]
BMI				
>30	6(17.1)	14(82.4)		
<30	29(82.9)	3(17.6)	p = 0.03	0.88 [0.78 ; 0.99]
Parity	2.8±1.3	2.8±1.3	p = 0.88	0.97 [0.63 ; 1.49]

Number of Previous vaginal deliveries	0.9±1.4	1.1±1.3	p = 0.72	0.93 [0.62 ; 1.39]
VD after first cesarean				
0	8	11	p = 0.01	1
1	25	4		6.82 [1.87 ; 24.87]
2	3	1		3.43 [0.34 ; 34.83]
VD after second cesarean				
0	6	12	p = 0.0006	1
1	27	2		29.25 [5.18 ; 165.25]
2	3	3		2.17 [0.33 ; 14.06]
Estimated fetal weight (percentile)	51.9±25.4	50.8±28.6	p = 0.59	1.06 [0.85 ; 1.34]
Intergenic period (between last cesarean and present delivery, in years)	4.2±2.2	3.9±1.8	p = 0.84	1.03 [0.76 ; 1.39]
Birthweight C1 (100g)	3166±846	2785±69	p = 0.06	1.07 [1.00 ; 1.15]

Birthweight C2 (100g) 3304±581 $\frac{2751 \pm 86}{0}$ **p = 0.02** 1.13 [1.02 ; 1.26]

Multivariate analysis		
Variable	OR [IC95%]	P
VD after 2 cesarean sections	42.82 [5.48 ; 334.58]	p = 0.0003
BMI > 30	0.76 [0.62 ; 0.92]	p = 0.0065

BMI : body mass Index ; VD : vaginal delivery.