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**Biological effects of Tire and Road Wear Particles (TRWP) assessed by** *in vitro* **and** *in vivo* **studies – a systematic review**

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#### **Abstract**

Air quality is a critical issue because even small amounts of air pollutants can cause significant adverse health effects. Road traffic is a major contributor to air pollution both through aerosols from exhaust emissions (EE) and non-exhaust emissions (NEE). The latter result from mechanical abrasion of brakes and tires, erosion of road surfaces and resuspension of road dust into the atmosphere by passing traffic. EE have been extensively characterized and have declined over time due to mitigation measures. By contrast, NEE have been less studied, are not tightly regulated and there are limited data on their toxicity. Thus, NEE relative part has become prevalent, potentially making of these emissions a major human health concern. The aim of this systematic review was to provide an overview of the current state of knowledge on the biological effects of NEE. We paid particular attention to the toxicological effects of Tire and Road Wear Particles (TRWP) induced *in vitro* and *in vivo* in mammalian models. To this end, we performed a bibliographic search in two databases (PubMed and Web of Science). Of the 400 papers, 22 were found to be relevant and included in our analysis, confirming that the assessment of the TRWP toxicity in mammalian models is still limited. This review also reports that oxidative stress and inflammation are the main mechanisms underlying the toxicity of TRWP.

**Key-words**: Tire and Road Wear Particles (TRWP); Human health; Toxicity; Air quality; Non-exhaust emissions

#### **1. Introduction**

#### **1.1. Air pollution**

Air quality is a critical issue as reports indicate that even low levels of air pollutants can have significant adverse health effects, contributing in particular to respiratory and cardiovascular diseases (European Environment Agency, 2022; WHO, 2022). Particulate matter (PM) has been classified as a group I human carcinogen by the International Agency for Research on Cancer (IARC) based on data from human, animal and mechanistic studies (IARC, 2013; Loomis et al., 2013). PM has been shown to be correlated to the incidence and mortality of lung cancers (Cazzolla Gatti, 2021; Charloux et al., 1997; Hamra et al., 2014; Kurt et al., 2016; Mayoralas-Alises and Diaz-Lobato, n.d.; Nishida and Yatera, 2022; Raaschou-Nielsen et al., 2013; Tseng et al., 2019; Wong, 2014). However, other cancers are also suspected to be related to air pollution such as childhood leukemia (Amigou et al., 2011), gastrointestinal tract cancers (Pritchett et al., 2022), bladder and kidney cancers (Zare Sakhvidi et al., 2020) and breast cancer (Yu et al., 2021). Overall, it is estimated that air pollution is responsible for approximately 9 million premature deaths worldwide each year (Fuller et al., 2022).

Road traffic is a major contributor to air pollution (Amato et al., 2014; Harrison et al., 2021; Lewis et al., 2019; Piscitello et al., 2021). Emissions from road traffic include both gaseous pollutants and PM (Lewis et al., 2019), which can originate either from exhaust (tailpipe) or non-exhaust emissions (NEE). The former are the result of fuel oxidation and lubricant volatilization during the combustion process, while the latter arise from the mechanical abrasion of brakes and tires, erosion of road surfaces and resuspension of road dust into the atmosphere by passing traffic (Fussell et al., 2022; Harrison et al., 2021; Piscitello et al., 2021). NEE contribute mainly to PM10 and, to a lesser extent to PM2.5 (Piscitello et al., 2021). In particular, the contact between the vehicle wheel and the road surface results in shear and frictional forces that lead to abrasion. Consequently, the emitted particles contain fragments of road surface material embedded in tire wear particles, which are referred to as Tire and Road Wear Particles (TRWP) (Harrison et al., 2021; Lewis et al., 2019).

Exhaust emissions (EE) have been extensively studied and progressively decreased thanks to successful mitigation measures. In contrast, NEE have not received such attention and there is currently no legislation to specifically reduce NEE particles. Consequently, there has been an increase in NEE, which is a significant source of PM10 and PM2.5 in urban environments and now far exceeds EE in many countries (ADEME, 2022; Amato et al., 2014; Baensch-Baltruschat et al., 2020; Fussell et al., 2022; Harrison et al., 2021; Lewis et al., 2019; Piscitello et al., 2021). This relative contribution of NEE to air pollution may even increase in the future, making these emissions a major concern for human health. Indeed, vehicle traffic is expected to increase: the OECD estimates that NEE PM emissions from passenger cars will increase by 53.5% globally, from 0.85 million tons in 2017 to 1.3 million tons in 2030, based on the projected growth in the global vehicle stock (Harrison et al., 2021; OECD, 2020). In addition, the development of the electric vehicle fleet will lead to a further reduction in EE, but not NEE, which will actually increase in absolute terms because of the higher weight of electric vehicles, their increased power and torque capabilities, when compared with traditional gasoline vehicles (Amato et al., 2014; Baensch-Baltruschat et al., 2020; Lewis et al., 2019; Piscitello et al., 2021).

While NEE have been extensively described in terms of emission and physicochemical characterization (Amato et al., 2014; Gulia et al., 2019; Harrison et al., 2021; Lewis et al., 2019; Piscitello et al., 2021), very few data are available on their potential impact on human health.

We chose to pay particular attention to TRWP over brake wear because their mass emission is higher. It has been estimated that PM10 emissions from a thermally driven vehicle NEE are composed of 25% brake emissions, 47% tire road contact emissions and 28% resuspended emissions. In addition, for electric cars, while brake emissions decrease to 3% due to regenerative braking, TRWP emissions increase to 61% (ADEME, 2022). Therefore, while we should continue to take measures to reduce brake emissions, further understanding of TRWP emissions is of utmost importance.

#### **1.2. TRWP**

Tire wear emissions result from the abrasion of tires on the road surface. Tire wear particles (TWP) are particles that are worn off tires and directly released into the air, whereas road wear particles are due to the fragmentation and degradation of road surfaces as a result of vehicle traffic (OECD, 2020). Consequently, it is difficult to measure tire wear particles separately from road wear particles. TRWP are therefore a complex mixture of tread rubber and encrusted mineral particles from the road surface. To better understand the composition of TRWP, it might be interesting to recall the composition of tires.

The main categories of materials in a tire by mass are as follows: rubber hydrocarbons (40–60%, natural and synthetic rubber (styrene butadiene rubber (SBR) or butadiene rubber (BR)), filler (20– 35%, typically soot/carbon black, silica and chalk), softener (15%, hydrocarbon oils and resin), textile and metal reinforcement (5–10%), vulcanization agents (2–5%, sulphur and zinc oxide), other additives (5–10%, preservatives (halogenated cyanoalkanes), antioxidants (amines, phenols), desiccants (calcium oxides), and plasticizers (aromatic and aliphatic esters)) (Harrison et al., 2021).

Less than 1% by volume of the particles in tire wear emissions are smaller than 10 μm. Within PM10, more than 60% of tire wear particles (by mass) are generally between 2.5 and 10 μm in size. However, a bimodal distribution is observed with peaks around 1  $\mu$ m and between 5 and 8  $\mu$ m. The use of studded tires increases TRWP emission by orders of magnitude, and produces nanometer-scale particles due to the interaction between the studs and the pavement (OECD, 2020).

Depending on whether or not road- and stormwater-runoff are treated, TRWP can also enter rivers, estuaries and coastal waters, or reach agricultural lands through the application of sewage sludge (Turner and Rice, 2010). Once in the oceans, TRWP can leach various substances including toxic metals such as zinc, lead and cadmium, and organic compounds such as hydrocarbons and benzothiazole derivatives (Page et al., 2022). For this reason, the adverse effects of TRWP on ecosystems have been studied primarily by assessing the toxicity of the leached fraction, known as 'leachate', which corresponds to chemicals released from tire particles into water (Halle et al., 2021). For more details, see the references to publications on ecotoxicology in Supplementary Table 1.

The situation is quite different for humans, as the risk to human health is primarily associated with inhalation of TRWP released into the atmosphere (Baensch-Baltruschat et al., 2020). Because the lungs are directly and continuously exposed to air pollutants, considerable attention has been paid to the effects of air pollution in general and PM in particular on the respiratory system. *In vitro* studies have shown that TRWP can induce cytotoxicity at high doses, through several biological mechanisms, the most studied being inflammation and oxidative stress (Fussell et al., 2022).

The aim of this paper was to present the current state of knowledge on the biological effects of TRWP through a systematic review.

#### **2. Systematic review of the literature**

Figure 1 schematically illustrates the method, the results and the analysis we performed, which is explained in more detail below.



**Figure 1** – Graphical summary of the research performed and the results obtained.

#### **2.1. Method**

Because we wanted to focus our research on the effects of TRWP on human health and the environment we selected the following keywords: (((tire OR tyre) AND road wear particles) OR TRWP OR (tire OR tyre) particles) AND (toxicity OR ecotoxicity OR cytotoxicity OR oxidative stress OR ROS OR inflammation OR human health).

We searched two databases: PubMed and Web of Science. We eliminated duplicates and analyzed the remaining papers. Papers were excluded from our selection based on 3 criteria: i) if they were reviews and thus did not contain original experimental data, ii) if the studies did not involve TRWP and iii) if no toxicity data were reported (*e.g.* if the studies focused only on the emission or the physicochemical characterization of TRWP).

#### **2.2. Results**

As shown in Figure 1, the search (performed on March 21, 2023) in PubMed yielded 171 papers, while the search in Web of Science yielded 350 references. After eliminating duplicates, 400 papers remained to be further analyzed. 337 papers were excluded and the remaining 63 papers were classified as addressing either the environmental (ecotoxicology) or human health (*in vitro/ in vivo* studies) effects of TRWP, corresponding to 41 and 22 references, respectively. Although our study focuses on the human health effects of TRWP we also considered papers addressing ecotoxicity to ensure that we did not overlook any data that could be, even indirectly, related to human health. However, these studies were considered separately (see below).

#### **2.3. Analysis of the results**

Supplementary Table 1 lists the papers that relate to the field of ecotoxicology. As mentioned earlier, we focused our analysis on studies conducted *in vitro* and *in vivo* in mammalian models to better assess the health-related impact of inhaled TRWP. Table 1 summarizes the findings.

**Table 1** – Summary of the references assessing the *in vitro* and *in vivo* effects of TRWP.











First, it should be noted that studies on the inhalation toxicity of TRWP in mammalian models remain quite sparse. While some works do not find any harm induced by TRWP (Karlsson et al., 2008; Kreider et al., 2012; Lehner et al., 2020; Vicente et al., 2022), others clearly indicate a significant toxicological effect (Beretta et al., 2007; Gottipolu et al., 2008; Gualtieri et al., 2008, 2005a, 2005b; Gustafsson et al., 2008; Karlsson et al., 2011, 2006; Li et al., 2022; Lindbom et al., 2007, 2006; Liu et al., 2022; Mantecca et al., 2010, 2009a, 2009b; Poma et al., 2019). From the analysis of these papers, we can conclude that the TRWP effects may be mediated mainly by a pro-inflammatory response and oxidative stress, as described below.

#### **3. Mechanisms of toxicity**

Airborne tire wear particles have been shown to induce *in vitro* inflammatory response, in various cell models such as human alveolar cells (Gualtieri et al., 2008, 2005b, 2005a), macrophages, nasal epithelial and bronchial epithelial cells (Karlsson et al., 2011, 2006; Lindbom et al., 2007, 2006). It was observed that the intensity of the inflammatory response varied depending on the nature of the road pavement or depending on the type of tire. Indeed, TRWP containing granite pavement had a significantly higher capacity to induce cytokine release than particles generated at the surface of quartzite pavement, both in murine and human macrophages (Lindbom et al., 2007, 2006). Similarly, higher inflammatory effects were induced in macrophages by particles from passenger car tires than by particles from truck tires, which may be related to the higher content of natural rubber in truck tires (Poma et al., 2019).

Furthermore, tire wear particles have been shown to induce oxidative stress through the formation of Reactive Oxygen Species (ROS) in human alveolar cells or macrophages (Gualtieri et al., 2008; Li et al., 2022; Lindbom et al., 2007). The formation of ROS may be related to the metallic components of the TRWP, which can catalyze the formation of free radicals through the Fenton and Haber-Weiss reactions

in respiratory lining fluids, thereby attacking antioxidants and metal-binding proteins that protect the epithelial surface of the lung (Fussell et al., 2022).

Genotoxicity is another mechanism of toxicity that has been reported as DNA damage was observed after exposure of human lung cells to TRWP (Gualtieri et al., 2005b; Karlsson et al., 2008, 2006; Lindbom et al., 2007, 2006)*.* Similarly to inflammatory effects, higher clastogenic/genotoxic effects were induced in macrophages when exposed to particles from passenger car tires than those from truck tires (Poma et al., 2019).

The toxicity of TRWP has been associated mainly with the metallic constituents of non-exhaust PM but some studies have shown that these particles also contain polycyclic aromatic hydrocarbons (PAHs) (Vicente et al., 2022), many of which are potent mutagens and carcinogens. Therefore, metals (in particular Zn, Cd and Cu) and polycyclic aromatic hydrocarbons (PAHs) are key components driving the toxicity observed, which is consistent with the general literature on ambient PM. *In vivo* studies examining the effects of rodent exposure to TRWP have focused primarily on lung effects and similar to *in vitro* studies, report mainly oxidative stress and inflammation as major mechanisms for toxicity (Fussell et al., 2022; Harrison et al., 2021; Lewis et al., 2019).

It is also worth mentioning that PM can induce different biological effects depending on their size (Piscitello et al., 2021). This was illustrated by the studies of Mantecca *et al.* in which tire particles were obtained after grinding and milling tires and then size-fractionated into tire particles less than 2.5 µm in size (TP2.5) and tire particles less than 10  $\mu$ m in size (TP10). After mice were exposed to 100  $\mu$ g of these two size fractions by intratracheal instillation (single exposure), TP10 elicited an inflammatory response whereas TP2.5 rather triggered strong cytotoxic effects (Mantecca et al., 2009a, 2009b). The authors suggested a different mechanism of action between the two particle fractions, with macrophages being significantly involved in the responses to TP10 and cellular cytotoxicity being largely governed by TP2.5. They confirmed this finding in another study, which also showed that TP2.5 were able to reach the alveoli whereas TP10 were mainly distributed in the bronchi (Mantecca et al.,

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2010). They also studied the effects of similarly sized urban PM collected in Milan, Italy and showed that the PM2.5 size fraction provoked an enhanced pulmonary response (inflammation, apoptosis and some signs of adverse histopathology), whereas PM10 generally did not. Actually, lung immunohistochemistry showed that fine particles, especially TP, are able to penetrate deeply into the parenchyma and rapidly induce inflammatory responses, involving even endothelial cells, whereas PM10 elicits a strong proinflammatory response mediated by the bronchiolar cells and resident macrophages of the proximal alveolar sacs, probably due to its larger size and endotoxin content. From these results, the authors concluded that different inflammatory mechanisms are at play in mouse lungs in response to urban PM and tire particles.

Gottipolu *et al.* also showed that after instillation of two types of respirable TWP into the lungs of rats (5 mg/kg, single exposure), both increased several markers of pulmonary inflammation, with TWP that contained more Cu and Fe having stronger effects(Gottipolu et al., 2008). However, these effects were shown to be reversible, returning to baseline after one week. Li *et al.* also observed inflammatory responses after exposure of mice to TRWP (0.125 - 1 mg/kg of particles delivered through aerosol inhalation, single exposure) (Li et al., 2022). Moreover, they reported a restricted ventilatory dysfunction and fibrotic pathological changes. Indeed, they observed an increase in tissue damping and elasticity in TRWP-treated mice compared with controls. Furthermore, lung inhalation capacity analysis showed that TRWP caused a decrease in expiratory peak flow, as well as a decreased lung ventilation in mice exposed to 1 mg/kg TRWP. These findings suggest that TRWP may play a role in the development of respiratory diseases (Li et al., 2022).

#### **4. Discussion**

Although the above studies have provided clear evidences of the biological effects of TRWP and the underlying mechanisms, we should consider the limitations of these studies.

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First, TRWP emission depends on many parameters, *e.g.* tire composition, type of road surface, driving style, climate, etc. (Fussell et al., 2022; Piscitello et al., 2021). In fact, the specific composition of tires varies greatly depending on the type of vehicle (*e.g.,* car, truck) and manufacturer (Fussell et al., 2022; Harrison et al., 2021). As an example of the different composition of tires, a truck tire contains 80% natural rubber, while passenger car tires contain only 15% (Fussell et al., 2022). It also varies by geographical area, for example, northern countries use studded tires which improve grip in icy conditions (Harrison et al., 2021). Similarly, the rate of tire wear is affected by the roughness of the road surface by a factor of two to three, and there may be increased emissions if the road surface is not paved (Harrison et al., 2021). We should also keep in mind that TRWP are generated by the contact between the tire and the road surface during driving, so their properties and, accordingly, their behavior in the environment depend not only on the components of the tire tread but also on the generation process. Heat and friction generated during the interaction between tire and road surface change the chemical composition of the generated particles compared to the original tire tread. Moreover, material from the road surface is incorporated into the tire wear particles and varies depending on the road surface material (asphalt, granite, etc.) (Baensch-Baltruschat et al., 2020; Fussell et al., 2022; Gustafsson et al., 2008; Lindbom et al., 2007, 2006; Piscitello et al., 2021). Due to these parameters, the physicochemical composition of TRWP can vary significantly, which can greatly affect the effects that TRWP can cause *in vitro* or *in vivo*. Table 1 clearly shows that different sources of TRWP have been used for toxicological studies. It should be taken into account that their composition differs depending on the way they are obtained. Depending on their origin, particles can be divided into tread particles, tire wear particles, and road collected particles. Tread particles include particles that have been manually abraded from tires that have never been used and therefore do not contain road wear. Tire wear particles, on the other hand, are generated by tire wear on a road or in a laboratory road simulator, and therefore contain road wear. On-road collected particles are a mixture of rubber tire particles, road dust and other car emissions; this form of particle is mostly sampled from the environment (Piscitello et al., 2021). Because of their different composition and generation mode,

particles collected on the road or obtained with a road simulator appear to better reflect real-world emissions, although the other types of particles still provide informative data.

The second limitation of the studies discussed is the heterogeneity of the toxicological assays performed, which make it difficult to draw firm conclusions about the toxicity of inhaled TRWP in mammalian models. For example, *in vitro* studies used a variety of methodological designs, dose ranges, and cell types, although lung epithelial cells are the most commonly studied (Fussell et al., 2022).

The third limitation of the studies discussed is that assessing the effects of TRWP is quite difficult because they are mixed with other emissions (other NEE as well as EE) and interference can occur (Forest, 2021; Fussell et al., 2022; Piscitello et al., 2021), potentially leading to additive, synergistic or antagonistic effects. It is therefore difficult to distinguish between "direct" wear emissions (tire, brake or road wear) and "resuspended" wear emissions, and consequently to determine their relative contribution to PM levels in the atmosphere (Piscitello et al., 2021).

Mitigation measures have been proposed to reduce NEE such as reductions in traffic volumes, vehicle speed/velocity, and aggressive driving styles to reduce brake, tire, and resuspension emissions (Fussell et al., 2022; Lewis et al., 2019; Piscitello et al., 2021). To reach this objective, a range of legislative, traffic management, and scientific engineering measures are needed (Fussell et al., 2022).

#### **5. Conclusion**

The publications analyzed in this systematic review have confirmed that the assessment of the toxicity of inhaled TRWP in mammalian models is still limited. *In vivo* and *in vitro* studies have nevertheless shown that oxidative stress and inflammation are the main mechanisms underlying the toxicity of TRWP. Further research, preferentially using standardized samples and assays is warranted to better characterize the toxicity of TRWP.

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### **Supplementary data**

**Table S1** – List of the studies related to the ecotoxicity of TRWP.







