

THE EFFECTS OF A NEW TECHNOLOGY, THE MAGIC TABLE, ON THE WELLBEING OF NURSING HOME RESIDENTS SUFFERING FROM ADVANCED NEURODEGENERATIVE DISEASES AND EXHIBITING BEHAVIORAL DISORDERS

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▶ To cite this version:

Caroline Picq, Carole Lefèvre. THE EFFECTS OF A NEW TECHNOLOGY, THE MAGIC TABLE, ON THE WELLBEING OF NURSING HOME RESIDENTS SUFFERING FROM ADVANCED NEURODEGENERATIVE DISEASES AND EXHIBITING BEHAVIORAL DISORDERS. Journées d'É tude du Vieillissement Cognitif, Jun 2023, TOURS, France. 10.13140/RG.2.2.12633.08805. hal-04140153

HAL Id: hal-04140153

https://hal.science/hal-04140153

Submitted on 24 Jun 2023

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THE EFFECTS OF A NEW TECHNOLOGY, THE MAGIC TABLE, ON THE WELLBEING OF NURSING HOME RESIDENTS SUFFERING FROM ADVANCED NEURODEGENERATIVE DISEASES AND EXHIBITING BEHAVIORAL DISORDERS

Journées d'Étude du Vieillissement Cognitif Tours juin 2023

INTRODUCTION

Considering the worldwide soar of both new technologies and elderly demographics this research aims to deepen Anderiesen's works (2015, 2017). Given the specific characteristics of neuro-degenerative diseases (Prado-Jean, 2010; Grosclaude, 2019) and their impact on daily life (WHO, 2022), adapted tools are necessary. Focusing on wellbeing (internal) as well as quality of life (external) – as explained by Salvador-Carulla and al. (2015) – is essential to care for the elderly suffering from these issues.





What are the effects of the magic table on the wellbeing, the quality of life and the agitation of nursing home residents with dementia?



H2 positive correlation between wellbeing & quality of life

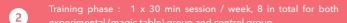
METHODOLOGY

Material:

- Pre & post test evaluations
 - 1. Wellbeing Index (WHO, 1999)
 - 2. Quality of life (Rabins and al., 1999)
 - 3. Agitation (Cohen-Mansfield & Billig, 1986
 - Depression (Alexopoulos and al., 1988)
- The magic table: overhead projector attached to the ceiling projecting interactive images and games on the table placed below

Protocol:

1 Pre test phase: evaluations



3 Post test phase : reevaluations

Participants: N=32, ages 60+, 23 women and 9 men, 16 participants per group













RESULTS H1



PRE + POST TEST comparison of each variable

experimental + control groups had improvements for each variable

MORE wellbeing & quality of life + U LESS agitation

Variable	Group	Pre test M (SD)	Post test M (SD)	
Wellbeing	Experimental	28.25 (17)	30.75 (19.03)	*
	Control	34.25 (13.22)	36.75 (13.40)	**
Quality of life	Experimental	0.46 (0.19)	0.48 (0.19)	*
	Control	0.55 (0.11)	0.57 (0.12)	**
Agitation	Experimental	68.19 (28.32)	66.88 (28.67)	*
	Control	68.00 (34.74)	66.63 (34.49)	



POST TEST comparison of each variable experimental vs control group

Variable	Experimental group Post test M (SD)	Control group Post test M (SD)	
Wellbeing	30.75 (19.03)	36.75 (13.40)	
Quality of life	0.48 (0.19)	0.57 (0.12)	N.S.
Agitation	66.88 (28.67)	66.63 (34.49)	

Note. *p<.05, **p<.01, ***p<.001

DISCUSSION H1

- $\bullet \qquad \text{Improvements may results from playful \& supportive human interaction.} \\$
- However magic table allows for : time efficiency + opening care to ≠ medical & paramedical professions (Dondelli, 2022)





RESULTS H2



Strong positive correlation between wellbeing and quality of life

Variable	M (SD)	Statistic R	p
Wellbeing	31.25 (15.29)	— 0.87	.001***
Quality of life	0.51 (0.16)		

DISCUSSION H2

Wellbeing & quality of life are variables that are :

- distinct
- potentially complementary

(Bruchon-Schweitzer & Boujut, 2014)

Furthermore, it would be interesting to study the link between quality of life and agitation or wellbeing and agitation, if agitation reflects internal feelings, then its reduction = serenity

PERSPECTIVES

- Evaluating effects of the magic table on: engagement + social interactions / relationships, during the activity + long term
- $\bullet \qquad \text{Studying how each profession uses the magic table and the different benefits for the users} \\$