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Forecasted weakening of Atlantic Overturning Circulation could amplify future relative sea-level rise in the Mediterranean: a review of climate and tide-gauge data links

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Abstract

Sea-level rise is one of the most significant and perceptible consequences of global warming because it affects natural environments and coastal anthroposcapes at human timescales, particularly in sediment-starved littoral contexts. Within this framework, improvements in understanding the projection of sea-level rise require better knowledge of regional changes. Here we focus on the recent sea-level history
of the Mediterranean Sea, an area characterized by a densely populated coast and where climate variability is larger, and the rate of sea-level rise higher than the global average. We produce a spatially-averaged Mediterranean relative sea-level (RSL) time series, based on 138 tide-gauge records, stretching back to the late 1800s, indicating that Mediterranean RSL has risen by ~24 cm in the past ~140 years. At interdecadal timescales and beyond, we find that Mediterranean relative sea-level rising rates (RSLRR) are significantly influenced by the strength of the Atlantic Multidecadal Oscillation (AMO) and the Atlantic Meridional Overturning Circulation (AMOC). Climate-model predictions of a weakened Atlantic overturning circulation in the coming decades, slowing and diminishing North Atlantic heat transport, has the potential to accentuate Mediterranean rising rates, with significant implications for the basin’s coastal societies, infrastructure and economies. We conservatively estimate that a 0.1°C decrease in AMO sea surface temperatures can accentuate Mediterranean RSLRR by up to -0.61±0.5 mm yr\(^{-1}\). Future coastal management and adaptation policies must assimilate these findings into local/regional-scale impact and vulnerability assessments.

**Introduction**

Reconstructing regional sea-level histories in semi-enclosed basins like the Mediterranean Sea is important for understanding the climate system and to prepare seaboard communities under threat from coastal erosion and increased flooding. In recent decades, the retreat of Mediterranean coastlines has been amplified by a drastic decrease in littoral sediment budgets and by rapid urbanization (Anthony et al., 2014), but there is a paucity of empirical data on Mediterranean coastal response to high rates of relative sea-level rise (RSLR), given the limited observation period of real-time
geodetic measurements (Bonaduce et al., 2016). The densely populated Mediterranean region faces significant threats from RSLR and coastal erosion, given that human settlements, cultural heritage sites, agrosystems, anthroposcapes, and coastal infrastructure are all situated in limited coastal spaces (Neumann et al., 2015; Cramer et al., 2018; Reimann et al., 2018). The coastal population in this area has grown from approximately 100 million in 1980 to around 150 million in 2005, and it is projected to reach approximately 200 million by 2030 (Plan and Bleu, 2020). Artificial land cover is estimated to account for approximately 40% of the Mediterranean’s coastal zone (Plan and Bleu, 2020).

The Mediterranean Sea is a semi-enclosed basin and its level is mediated by the local freshwater balance, exchanges with adjoining basins, steric changes and Glacial Isostatic Adjustment (Tsimpis and Rixen, 2002; Calafat et al., 2012; Galassi and Spada, 2014; Spada and Melini, 2021). Mediterranean RSLR is currently accelerating – levels have increased by >3.5 cm in the past 10 years (in relation to the 1980-1999 mean) – and projected median values could increase by 30 to 100 cm by 2100 (1994-2014 baseline), depending on the greenhouse gas emission scenario (I.P.C.C. et al., 2021). Several studies have addressed the interannual variability of Mediterranean Sea level (Tsimpis et al., 2009; Tsimpis et al., 2011), but few investigations have sought to compile a basin-wide average and compare this to regional climate records. The period since the late 1800s is particularly pertinent in probing the RSL-climate link because it spans both the cool global temperatures of the late Little Ice Age (e.g. low solar irradiance) and the global warming of the 20th and 21st centuries (e.g. human-induced change, Neukom et al., 2014). One further factor, less understood, is the acceleration/deceleration in Mediterranean RSL due to dynamic responses to North
Atlantic Ocean Circulation, for example, a potential slowdown in the Gulf Stream and Atlantic Meridional Overturning Circulation (Rahmstorf et al., 2015; Boers, 2021; Caesar et al., 2021) (AMOC), suggested to play a role in driving RSL changes along the eastern seaboard of North America (Bingham and Hughes, 2009; Ezer et al., 2013; Little et al., 2017). For instance, Piecuch et al. (2019) found a correlation between the AMOC at 26.5N and sea level along the New England coast, but this relationship is not causative and stems from synchronized but physically distant atmospheric influences connected to the North Atlantic Oscillation. In contrast, Volkov et al. (2019a) demonstrated that the AMOC’s impact on the U.S. east coast sea level change is mediated through the ocean heat divergence/convergence on a gyre scale.

At present, satellite altimetry data only exist for the past four decades, making it extremely challenging to evaluate longer-term links between Mediterranean RSLR and climate change. To address this knowledge gap, we here use 138 tide-gauge records (Fig. 1) to produce a composite RSL curve for the Mediterranean Sea (Fig. S1). The quality and the continuity of Mediterranean tide-gauge measurements over time renders the data reliable for long-term trend analysis. We compare and contrast it with decadal to interdecadal variability in climate dynamics.

**Methods**

The Mediterranean basin is monitored by a large number of tide gauges, some of which span >100 years. We compiled 138 Mediterranean records from the Permanent Service for Mean Sea Level (PSMSL, [https://www.psmsl.org/](https://www.psmsl.org/)), at an annual resolution (Figs. S1-S5). Fig. 1 displays the spatial distribution of the tide gauges used in the database, which range in temporal length from 3 to 135 (Marseille) years. Records with
significant quality control issues were not included. All data were corrected for Glacial Isostatic Adjustment (GIA) using the recent ICE-7G model (Roy and Peltier, 2015; 2017) (Fig. 1), which has been recently validated by Roy and Peltier (2018) in a regional test for the Mediterranean basin. To obtain GIA model predictions, the ICE-7G model has been implemented in the Sea-Level Equation solver SELEN⁴ (Spada and Melini, 2019). The Sea Level Equation has been solved on a global grid with spatial resolution of ~40 km, including harmonic terms up to the maximum degree Lmax = 512 which corresponds to a minimum wavelength of ~80 km on the Earth surface. To account for GIA modeling uncertainties, we also tested other GIA models, including the ICE-6G(VM5a) global model developed by Peltier et al. (2015) and one of the models developed by the Australian National University research group (Lambeck et al., 2003, Nakada and Lambeck, 1987), which has been specifically employed in the Mediterranean (Lambeck and Purcell, 2004). Model choice did not significantly alter the results due to the short nature of the time series and because the scatter between the different models is smaller than the uncertainties in the RSL trend (Fig. S6; see Spada and Melini, 2021 for a discussion). The individual GIA-corrected tide-gauge records were subsequently summed and averaged to generate a basin-wide record of Mediterranean RSL and RSLRR. We also calculated a composite rising-rate time series using moving time windows of 20, 25 and 30 years. Potential sources of data bias exist, including for example: (i) the strong concentration of tide gauges on the northern and eastern coasts of the Mediterranean, with very few records from the Mediterranean coast of North Africa, and (ii) vertical land motion of tectonic or anthropogenic origin that may affect tide-gauge records at specific sites (Buble et al., 2010; Faccenna, 2014).
To explore the role of steric-driven changes in driving RSL at tide-gauge stations, annual Sea Surface Temperatures (SST) were extracted from the International Comprehensive Ocean-Atmosphere Data Set (ICOADS) (https://icoads.noaa.gov). The SST data were used to establish a spatially averaged record of Mediterranean SST. We also compared and contrasted the Mediterranean RSLR data with various high-resolution palaeoclimate datasets including: (i) Mediterranean air surface temperatures (Osborn and Jones, 2014); (ii) the Atlantic Multidecadal Oscillation (Enfield et al., 2001) (https://psl.noaa.gov/data/timeseries/AMO/); and (iii) Atlantic Meridional Overturning Circulation (Caesar et al., 2018).

To assess the quality of the RSL and SST time series, we randomly sampled 40, 60, 80, 100, and 120 records from the total of 138 used to construct the two time series. The overall variability between the sub-sampled time series and the "all sites" series for the RSL record was <5%, with a mean of 1.57±1.1% (Fig. S7A). For the SST record, the overall variability was <4%, with a mean of 1.25±0.6% (Fig. S7B). Based on these results, we are confident that both time series effectively capture the RSL and SST histories of the Mediterranean basin.

Statistical analyses were performed using XL-Stat2019 (https://www.xlstat.com), R 4.1.0 (Team, 2017) and PAST 4.08 (Hammer et al., 2001). To explore the links between RSL, SST and air surface temperature, cross correlations (P < 0.05) were calculated, shown in Fig. 2. Cross-correlation is a statistical technique used to measure the similarity between two time series as a function of the time shift (i.e. lag) between them (Kaniewski et al., 2008). It is commonly used in time series analysis where the timing relationship between two signals is important (e.g. Fiorillo and Doglioni, 2010).
The technique involves computing the correlation coefficient (CC) between the two time series as they are shifted in time relative to each other. The correlation coefficient is a measure of the degree of linear relationship between the two time series. A value of 1 indicates a perfect positive correlation (i.e., as one time series increases, so does the other), a value of -1 indicates a perfect negative correlation (i.e., as one time series increases, the other decreases), and a value of 0 indicates no correlation. The cross-correlation function can help determine the lag between two time series, which can be used to identify causal relationships or synchronization between the signals. The maximum value of the cross-correlation function indicates the optimal lag, where the two signals are most highly correlated. We consider positive and negative correlation coefficients with a focus on the Lag0 value, using 0.5 or -0.5 as the significant threshold. Non-significant values indicate no correlation.

Sinusoidal regressions were used to model periodicities in the time series (the Pvalue, based on an F-test, gives the significance of the fit). The regressions (RSL rising rate, Atlantic Multidecadal Oscillation and Atlantic Meridional Overturning Circulation) were then compared and contrasted. The link between RSL rising rate and Atlantic Multidecadal Oscillation was tested, ranking the Atlantic Multidecadal Oscillation scores in ascending order and retaining the associated RSL rising rate values. Averages were calculated and are plotted with their confidence intervals. Linear and polynomial models (Pvalue < 0.001) were added. Variations in RSL rising rate were then calculated for a steady increase of 0.1°C in the Atlantic Multidecadal Oscillation. The same process was applied in testing the relationship between the RSL rising rate and the Atlantic Meridional Overturning Circulation. Variations in RSL rising rate were
then calculated for a steady increase of 0.5°C in the Atlantic Meridional Overturning Circulation (Fig. 3).

**Results and discussion**

*Anatomy of Mediterranean RSL changes since the late 1880s*

Mediterranean RSL has risen by >20 cm since the late 1800s (1884 to 2010 = 243 mm rise), largely consistent with the global average (Dangendorf et al., 2019). Since 1884, RSL in 93% of years has been inferior to the 2010-2019 mean. Fig. 2 plots (A) a basin-wide average of Mediterranean RSL based on tide-gauge records between 1884-2019; (B) a spatial average of Mediterranean Sea Surface Temperatures (SSTs) from the tide gauge sites; and (C) Mediterranean air-surface temperatures (T°C). Strong rising trends are observed in all three data series. Mediterranean RSL shows an average rising trend of $1.78 \pm 0.27 \text{ mm yr}^{-1}$ for the period 1884–2019, from minima during the late 1800s (6896 ± 46 mm in the period 1884-1889) to maxima during the 2010s (7044 ± 74 mm in the period 2010-2019). Over the same period, Mediterranean SSTs have risen at an average rate of $0.03 \pm 0.007 \degree C \text{ yr}^{-1}$ and Mediterranean air surface temperature at $0.02 \pm 0.002 \degree C \text{ yr}^{-1}$.

To explore the trend components, we applied a smoother (10-year moving average) to all three datasets before looking for statistically significant breaks in the data using change-point methods (Fig. 3). Change-point detection is a particularly effective tool in probing shifts or shocks in environmental time series (Cahill et al., 2015). The method divides time series into segments, where the values within each section have a similar mean and standard deviation. The results reveal two significant change points in the
RSL data (1898, 1956), three for the Mediterranean SST data (1896, 1950, 2001) and two for the Mediterranean air surface temperature data (1926, 2001). Although the early 2000s change point is not detected in the Mediterranean RSL data, there is close phasing of this time series with the Mediterranean SST data in particular. Three broad plateaus are delineated in the RSL trends. Period 1 runs from the late 1880s until 1897, with average RSL of -152 ± 45 mm and an SST of 16.75 ± 0.51°C. This period corresponds to lower RSL and gradual SST warming at the end of the Little Ice Age (Mann et al., 2009; Morice et al., 2021; Marriner et al., 2022). The warming of SSTs at the end of the Little Ice Age led to the melting of glaciers and ice sheets, the thermal expansion of seawater (Kemp et al., 2011) and changes in Atlantic Ocean circulation patterns and water distribution patterns which contributed to the observed sea-level rise in the Mediterranean (e.g. Vacchi et al., 2022). Period 2 spans 1898 to 1955, with average RSL of -85 ± 51 mm and a SST of 17.51 ± 0.84°C (Fig. 3). Period 3 encompasses 1956 to 2019, with average RSL of -27 ± 66 mm and an SST of 18.75 ± 1.16°C. We note a significant jump in Mediterranean RSL of >100 mm between 1950 and 1960 which appears to translate a lagged response to significant Mediterranean SST warming during the mid-1940s, consistent with the Great Acceleration (Steffen et al., 2015). The Great Acceleration refers to the significant increase in human activities and their impacts on the Earth's systems since the mid-20th century (Steffen et al., 2015). It includes various aspects such as population growth, urbanization, industrialization, and agricultural intensification, which have engendered a range of environmental changes and challenges, including climate change, biodiversity loss, and pollution. Within this context, RSL rise in the Mediterranean has been affected by the increase in global temperatures, which has led to the melting of land-based ice sheets and glaciers and the steric expansion of seawater (Bonaduce et al., 2016). One
further contributing factor could be a weakening in Atlantic Ocean overturning circulation, beginning in the 1950s, through mass exchanges with the North Atlantic (Volkov et al., 2019b). While Volkov et al. (2019b) put forth a potential explanation for how shifts in the AMOC could impact sea level in the Mediterranean, they did not examine the potential effects of a decline in the AMOC since the mid-20th century.

*North Atlantic thermohaline pacing of Mediterranean RSL rising rates*

To probe oscillations in the Mediterranean RSL record, a composite rising-rate time series was calculated. This was done in order to minimize the purely random variability that dominates the time series at high frequencies, while retaining most of the variability at decadal and longer periods. Previous studies have demonstrated that nonseasonal fluctuations in Mediterranean RSL can be attributed to wind-driven mass changes and exchanges with the Atlantic Ocean (Landerer and Volkov, 2013; Tsimpolis et al., 2013). To focus on the interdecadal variability in rising rates, this time series was further smoothed using 10 to 25-year moving averages. Average Mediterranean RSLRRs for the whole sequence (1884 to 2019) are 1.24 ± 0.48 mm/yr, with a minimum of -1.05 ± 0.15 mm yr\(^{-1}\) in 1946 and a maximum of 3.12 ± 0.17 mm yr\(^{-1}\) in 1974. The data presented in Fig. 4 manifest a clear ~60-year cycle, characterized by: (i) two phases of RSL decrease spanning the early 1920s to the late 1940s (with the peak change of -1.05 ± 0.15 mm yr\(^{-1}\) occurring in 1946) and the late 1970s to the late 1990s (peak change of -0.02 ± 0.81 mm yr\(^{-1}\) in 1997); and (ii) two periods of contrasting RSL acceleration encompassing the early 1950s to the early 1970s (maximum acceleration of 3.12 ± 0.17 mm yr\(^{-1}\) in 1974) and the early 2000s to present (maximum acceleration of 1.53 ± 0.1 mm yr\(^{-1}\) in 2018). Multiple linear regression analyses show that the Mediterranean’s multidecadal RSLRR record manifests highly significant anti-
phasing (inverse fit $r = -0.8$; permutation $p = 0.0001$) with records of the Atlantic Meridional Oscillation, whereby a warmer (cooler) AMO is associated with lower (higher) RSLRR in the Mediterranean. For AMOC, the Mediterranean data also show significant anti-phasing ($r = -0.5$; permutation $p = 0.0001$). Since the early 1990s, satellite altimetry data show that AMO/AMOC affect basin-mean surface height in the Mediterranean Sea via the Gibraltar inflow transport (von Schuckmann et al. 2016; Meli et al., 2023). The AMO refers to a long-term pattern of variability in the temperature of the Atlantic Ocean (Marullo et al., 2011), while the AMOC refers to the movement of ocean currents that bring warm surface water from the tropics to the North Atlantic, where it cools and sinks to form deep currents that eventually circulate back to the tropics. One way that the AMO and AMOC can affect the climate and oceanography of the Mediterranean Sea is by influencing the amount of water that flows into the basin through the Strait of Gibraltar (Iona et al., 2018). The flow of water through the Strait of Gibraltar is an important part of the AMOC, as it helps to regulate the exchange of heat and salt between the Atlantic and Mediterranean. For example, recent remote sensing data found that during periods of high AMO and strong AMOC, the inflow transport into the Mediterranean tended to be weaker, leading to lower sea levels in the basin (e.g. von Schuckmann et al. 2016). Conversely, during periods of low AMO and weak AMOC, the inflow transport of warm and saltier water tended to be stronger, leading to higher Mediterranean sea levels. Variations in the amount, temperature and salinity of water that flows through the Strait of Gibraltar therefore have significant impacts on the mean sea level of the Mediterranean Sea, which can in turn affect coastal communities and ecosystems (Lionello et al., 2006). Nonetheless, our understanding of these mechanisms at longer interdecadal timescales was, until now, unclear.
Recent investigations suggest that the AMO is significantly linked to the AMOC which plays a major role in connecting external forcing with North Atlantic SSTs. At interdecadal timescales (10-30 years), a model-based study by Kim and colleagues (Kim et al., 2021) demonstrated that AMO and the AMOC establish a self-sustaining oscillatory mode, whereby the AMOC induces a positive AMO through meridional heat transport, but with a time lag of ~7 years as the AMOC anomalies spatially propagate southwards in the Atlantic basin. After then, the AMO reduces the density in the main sinking region and induces the negative phase of the AMOC, which results in the second half of the cycle. At multi-decadal timescales (>50 years), the AMO and the AMOC are almost in phase because the AMOC is spatially stationary, leading to a pan-Atlantic surface warming.

Caesar et al., (2018) have elucidated a generally weaker AMOC between 1965–1995, resulting in weaker northward heat transport and decreasing North Atlantic SSTs at high northern latitudes (and decreasing Mediterranean RSLRR). This contrasts with a stronger AMOC around 1930–1965 and after 1995 (Caesar et al., 2018), underpinning warmer North Atlantic SSTs and increasing Mediterranean RSLRR. An increase (decrease) of sea-level pressure in the center of the North Atlantic subtropical gyre is associated with a strengthening (weakening) of westerly winds in the midlatitudes and trade winds in the subtropics. The trade winds drive northward (southward) Ekman transport anomalies that directly strengthen (weaken) the AMOC (Frajka-Williams et al., 2016; Wang et al., 2019). These modifications are linked with southwestward (northeastward) wind anomalies along the northwest African coast and westward (eastward) wind anomalies over the Strait of Gibraltar, which, coupled with a weaker
(stronger) Azores Current, pump water out of (into) the Mediterranean Sea, therefore lowering (raising) its sea level (Fig. 5; Volkov and Landerer, 2015; Volkov et al., 2019a,b). Short time series have demonstrated that these winds are able to modify the sea-level gradient along the strait, leading to barotropic sea-level fluctuations in the Mediterranean (Volkov et al., 2019b). The redistribution mechanism of North Atlantic heat, conveying energy from lower to mid and higher latitudes, highlights the importance of the thermosteric and thermohaline components in mediating both North Atlantic and Mediterranean sea-level variability. A recent study investigating late Holocene RSL variations in the Western Mediterranean highlighted a previously unrecognized variability in the basin’s sea-level change rates that were correlated with the occurrence of major regional-scale cooling/warming episodes (Vacchi et al., 2021). We hypothesize that past changes in the strength of the Atlantic Ocean Overturning Circulation could have been key in modulating this centennial to millennial-scale variability.

**Conclusion**

The findings of this study suggest that better exploration of regional climatic parameters, mediating variability in Mediterranean RSL rising rates, is required to produce robust predictions of Mediterranean RSLR in the coming century. Regional forecasts for the Mediterranean could deviate markedly from global-scale scenarios, particularly within the context of a projected slowdown in AMOC in future decades, already at its weakest point in the last 1000 years (Caesar et al., 2021). This has significant implications for the near-future resilience of both natural and human-modified Mediterranean coasts, characterized by rapid demographic, social, economic and environmental change (Furlan et al., 2021). Current and future coastal
management and adaptation policies, such as those included in the Integrated Coastal Zone Management (ICZM) Protocol of the Barcelona Convention (MedECC, 2020), must integrate these findings into local/regional-scale impact and vulnerability assessments for sustainable coastal planning in the 21st century (Satta et al., 2017). These data provide a regional baseline for present and future Mediterranean RSLR processes and prediction studies.

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**References**


Figure 1: Present-day rates of sea-level change in the Mediterranean area according to the ICE-7G Glacial Isostatic Adjustment (Roy and Peltier, 2015; 2017). The white dots denote the location of tide gauges used in this study.
Figure 2: (A) Composite Mediterranean RSL stack for the period 1880-2020, produced using the 138 tide-gauge stations used in this study. (B) Composite stack of SSTs at the studied tide-gauge stations. (C) Mediterranean air surface temperatures (Osborn and Jones, 2014). The three bottom insets show the cross-correlations between the three considered variables.
Figure 3: Change-point analysis of the Mediterranean RSL stack (A), Mediterranean SSTs (B) and Mediterranean air surface temperatures (C). (D) Juxtaposition of the different change points for the three time series.
Figure 4: (A & B) Mediterranean relative sea-level rising rates (RSLRR) compared with Atlantic Multi-decadal Oscillation Sea Surface Temperature (data from Enfield et al., 2001). (C & D) Mediterranean RSLRR versus Atlantic meridional overturning circulation Sea Surface Temperature (°C; data from Caesar et al., 2018).
Figure 5: Schematic explanation of the climate/thermocline mechanisms leading to RSL changes in the Mediterranean during phases of stronger (A) and weaker (B) AMOC.

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