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# ► To cite this version:

Michael Pereira, Nathan Faivre, Fosco Bernasconi, Nicholas Brandmeir, Jacob Suffridge, et al.. Subcortical correlates of consciousness with human single neuron recordings. 2023. hal-04108100

# HAL Id: hal-04108100 https://hal.science/hal-04108100

Preprint submitted on 26 May 2023

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# Subcortical correlates of consciousness with human single neuron recordings

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Keywords: perceptual consciousness, detection, deep brain stimulation, single neuron activity

**Acknowledgments:** MP was supported by two Postdoc.Mobility fellowships from the Swiss National Science Foundation (P2ELP3\_187974; P400PM\_199251). NF has received funding from the European Research Council (ERC) under the European Union's Horizon 2020 research and innovation program (grant agreement no. 803122). OB is supported by the Bertarelli Foundation, the Swiss National Science Foundation, and the European Science Foundation.

**Author Contributions:** MP, NF, FB, AR and OB developed the study concept and contributed to the study design. Neurosurgical procedures were carried out by NB, PK, and AR. Data collection was performed by MP, NF, FB, JS, and KT. Data analysis was carried out by MP, NF, FB. SW provided methodological support and VF supervised data collection. OB supervised the project. MP and NF drafted the paper; all authors provided critical revisions and approved the final version of the paper for submission.

# Summary

How does neuronal activity give rise to our conscious experience of the outside world? This question has fascinated philosophers for centuries and is being increasingly addressed empirically. Current methods to investigate the neural correlates of consciousness aim at contrasting the neural activity associated with different percepts under constant sensory stimulation to identify the minimal set of neuronal events sufficient for a specific conscious percept to occur (1–3). Only very few studies have found such contrasts at the single neuron level (4-8) but did so only in cortical regions of humans capable of providing subjective reports. The role of subcortical structures for perceptual consciousness is theoretically relevant (2,9,10) with some empirical support from studies in non-human primates (11,12), as well as functional imaging or local field potentials in humans (13,14). Nonetheless, it remains unknown whether and how the firing rate of subcortical neurons changes when a stimulus is consciously perceived. Here, we recorded individual neurons from the subthalamic nucleus (STN) and thalamus of human participants during 36 deep brain stimulation surgeries. While participants detected vibrotactile stimuli provided at the perceptual threshold, we found that neurons in both subcortical structures were modulated by the onset of the task or of the stimulus. Importantly, we found that 23% of the recorded neurons changed their activity when a stimulus was consciously perceived. Our results provide direct neurophysiological evidence of the involvement of subcortical structures in perceptual consciousness, thereby calling for a less cortico-centric view of the neural correlates of consciousness.

# Results

# Task and behavior

Deep brain stimulation surgeries provide a unique opportunity to record the activity of single neurons in subcortical structures of the human brain. Microelectrode recordings are performed routinely after patients are awakened from anesthesia, allow to electrophysiologists and neurosurgeons to identify the target brain structure along the planned trajectory (Figure 1B; Supplementary Figure 1). During this procedure, we attached a vibrotactile stimulator to the palm of the hand contralateral to the microelectrode recordings and estimated the stimulus intensity corresponding to participants' individual tactile detection threshold. Once stable neuronal activity could be recorded in the target brain region (STN or thalamus), we proceeded to the main experiment, which comprised one or two sessions of 71 trials (total: 48 sessions). Each trial started with an audio "go" cue, followed by a vibrotactile stimulus applied at any time between 0.5 s and 2.5 s after the end of the cue (i.e. stimulation window), except for 20% of catch trials in which no stimulus was

applied (Figure 1A). After a random delay ranging from 0.5 to 1 s, a "respond" cue was played, prompting participants to verbally report whether they felt a vibration or not. Using a staircase procedure, the stimulus intensity was kept around the detection threshold over the whole experiment. When possible, participants were trained to perform the task prior to the surgery.



**Figure 1. Task and behavior. A**. Task timeline. Each trial started with an auditory start cue, followed by a 0.5 s delay. Next, the stimulus could occur anytime during a 2 s stimulation window. After a variable 0.5 to 1 s delay, a response cue prompted patients to answer whether or not they detected the stimulus. **B**. Two example sets of 1 s long microelectrode recordings along the surgical tract showing specific firing for the subthalamic nucleus (left) and the motor thalamus (right). The depth at which the research data was collected is represented as a red dot (see Supplementary Figure 1 for anatomical correspondence). **C**. Number of hits, misses, correct rejections (C.R.), and false alarms (F.A.) collected during the main experiment. **D**. Averages of the absolute vibrotactile intensity in hits and misses in arbitrary units (values cannot be compared between participants). In panels C and D, each small dot represents a participant with Parkinson's Disease (PD, in green) or essential tremor (ET, in orange). Big dots represent averages; error bars represent 95% confidence intervals.

When analyzing tactile perception, we ensured that our results were not contaminated with spurious behavior (e.g. fluctuation of attention and arousal due to the surgical procedure). We excluded specific series of trials from analyses based on objective criteria and focused on trials where hits and misses occurred in commensurate proportions (see methods). This procedure led us to keep 36 sessions out of 48 with a mean of 24.0 [95% confidence interval = 22.0, 25.9] hit trials and 22.7 [20.8, 24.5] miss trials. Permutation tests at the single-participant level indicated that detected and missed stimuli were of similar intensity except in

5 sessions for which the intensity of detected stimuli was higher on average. Likewise, detected and missed stimuli had similar onsets, except in 1 session for whom stimuli with late onsets were predominantly missed, and in 2 sessions for whom stimuli with early onsets were predominantly missed. The hit rate was comparable between participants with Parkinson's disease (0.51 [0.49, 0.53]) and essential tremor (0.52 [0.51, 0.53], Wilcoxon rank sum test: W = 114.5, p = 0.45). Catch trials were separated into 9.1 [8.1 10.1] correct rejections and 2.1 [1.7, 2.6] false alarms, with an equivalent false alarm rate between participants with Parkinson's disease (0.24 [0.19, 0.28]) and essential tremor (0.24 [0.18, 0.30], Wilcoxon rank sum test: W = 145, p = 0.76). Intraoperative behavior was similar to the behavior observed during the training session (see Supplementary Figure 2) and similar to what we found recently in a cohort of healthy participants using the same task (6).

#### Neuronal firing was modulated by the task

We performed a total of 48 (STN: 25, Thal: 23) successful microelectrode recording sessions during 36 surgeries for deep brain stimulation electrode implantation. We isolated 50 putative single neurons (STN: 26, Thal: 24) according to spike sorting metrics (Supplementary Figure 3A-F). We ensured that all neurons showed stable spike amplitudes during the recording (Supplementary Figure 3H; Supplementary Figure 4). We also ensured that for every analysis, a minimum of 20 trials were kept after removing artifacts. First, we looked for cue-selective neurons that modulate their firing rate during the 500 ms delay following the end of the "go" cue, compared to a 500 ms pre-cue baseline period. There were 8 / 44 (18 %) cue-selective neurons (Figure 2A; 6 neurons were removed from the analysis due to an insufficient number of trials). We confirmed that these 8 cue-selective neurons could not have been obtained by chance with permutation tests across neurons (p < 0.001). The proportion of cue-selective neurons was not significantly different in the STN (21%) and thalamus (15%; difference: p = 0.31, permutation test) and 6 out of 8 neurons showed a decrease in firing rate compared to the pre-cue baseline (Binomial test: p = 0.145).

Next, we investigated how many neurons showed task-selective modulations by comparing firing rates during the 2 s stimulation window to the 500 ms pre-cue baseline, indicating a modulation of their firing rate when a stimulus is expected. There were 9 / 44 (20 %) task-selective neurons (p < 0.001) with a similar proportion in the STN (20 %) and thalamus (21 %; p = 0.91). Interestingly, 8 out of 9 neurons decreased their firing rate relative to the pre-cue baseline (Binomial test: p = 0.020). In both regions, a significant proportion (44 %; p < 0.001) of the task-selective neurons were also cue-selective, modulating their firing rate before any sensory stimulation necessary for a decision occurred. Therefore, these cue- and

task-selective neurons are unlikely to be involved in decision-related action selection or cancellation (15,16) but should be involved in the detection task *per se*.



**Figure 2.** Representative cue- and task-responsive neurons in distinct patients. Upper panels: firing rate time-locked to the onset of a trial (300 ms long auditory cue; vertical grey shade). A-D. Upper panels: firing rates during the task, compared to a 500 ms pre-cue baseline ("B"). Two significance windows were tested: the post-cue window (500 ms after cue offset; grey horizontal bar; cue-selective neurons) or the stimulation window (800 ms to 2800 ms post-cue; black horizontal bar; task-selective neurons). Asterisks represent statistical significance (p < 0.05). Shaded areas indicate bootstrapped standard errors. Inset: corresponding action potentials (shaded area indicates standard deviation; vertical bar corresponds to 100  $\mu$ V). Lower panels: raster plot for hits (blue), misses (red), correct rejections (C.R.; green), and false alarms (F.A.; black). A. Cue-selective neuron in the thalamus. B. Cue- and task-selective neurons in the STN. C. Task-selective neuron in the thalamus.

## Neuronal firing was modulated by the stimulus

We then searched for neurons that modulate their firing rate after the stimulus onset compared to a 300 ms pre-stimulus baseline. We found 11 / 48 such stimulus-selective neurons (23%, p = 0.0020; Figure 3A-D; 2 neurons were removed due to an insufficient number of trials), with a similar proportion in the STN (21%) and in the thalamus (25%; difference: p = 0.807). These differences occurred 170 ms ± 30 after the stimulus onset, lasted for an average of 150 ms ± 20, and 9 out of 11 neurons showed an increase in firing rate after the stimulus onset (p = 0.0193). These results show that subthalamic and thalamic neurons are modulated by stimulus onset, irrespective of whether it was reported or not, even though no immediate motor response was required.



**Figure 3. Representative stimulus-responsive neurons in distinct patients.** A-D. Upper panels: firing rate time-locked to the onset of the stimulus (100 ms vibrotactile stimulation; blue sinusoid) for all trials. Thick horizontal black segments show significant time windows. Shaded areas indicate bootstrapped standard errors. Inset: corresponding action potentials (shaded area indicates standard deviation; vertical bar corresponds to 100  $\mu$ V). Lower panels: raster plot. The 300 ms pre-stimulus baseline was used only for statistics.

#### Neuronal firing was modulated by tactile perception

Having identified subcortical neurons that were cue-, task- pr stimulus-selective, we next sought to assess the role of these structures in perceptual consciousness by comparing firing rates time-locked to detected vs missed stimuli. Of the 50 neurons recorded, 35 were associated with periods of high-guality behavior, allowing us to assume tactile stimulation at the perceptual threshold. We found 8 neurons (23 %) showing a significant difference after stimulus onset (p = 0.0020; Figure 4A-D). The proportion of these perception-selective neurons was similar in the STN (27 %) and the thalamus (20 %; difference: p = 0.529). These differences in firing rates occurred 160 ms  $\pm$  30 after the stimulus onset and lasted for an average of 90 ms ± 10. We note that, 6 out of 8 neurons had higher firing rates for missed trials than hit trials, although this proportion was not significant (p = 0.145). None of the aforementioned neurons showed sustained differences between the highest and lowest stimulus amplitudes nor between early and late stimulus onset within the 2 s stimulus window (Supplementary Figure 5). Our control analyses confirm that our results do not stem from slight differences in stimulus amplitudes due to the staircase procedure or spurious differences induced by the start or response cues. Qualitatively, we found very little overlap between task-, stimulus- and perception-selective neurons and no clear indication that neurons with a beta-band oscillatory component were more or less selective (Supplementary Figure 6). This result suggests that neurons in these two subcortical structures have mostly different functional roles.



**Figure 4. Representative perception-selective neurons in distinct patients.** A-D. Upper panels: firing rate time-locked to the onset of the stimulus (100 ms vibrotactile stimulation; blue sinusoid) for hits (light blue) and misses (red). Thick horizontal black segments show significant time windows. Shaded areas indicate bootstrapped standard errors. Inset: corresponding action potentials (shaded area indicates standard deviation; vertical bar corresponds to 100  $\mu$ V). Lower panels: raster plot for hits (light blue) and misses (red).

# Discussion

The role of subcortical structures in perceptual consciousness is only rarely considered and poorly described, although their putative role for consciousness is largely acknowledged (2,9,10,17). This limit is likely due to the difficulty of recording subcortical activity in awake humans capable of providing conscious reports under controlled experimental conditions. We report the first intraoperative recordings of subcortical neurons in awake individuals providing conscious reports during a detection task. By imposing a delay between the end of the tactile stimulation window and the conscious report, we ensured that neuronal responses reflected conscious reports and not mere motor responses. In addition, because stimuli were applied on the palm, we asked participants to provide detection responses orally to avoid confounding neural activity related to sensory and motor processes of the upper limb. Our main result is that the activity of subcortical neurons co-varies with conscious reports following the presentation of detected vs missed tactile stimuli. This result confirms that the neural underpinnings of conscious detection can be observed at the scale of single neurons (5–8) but also shows for the first time that they are not limited to the cortex.

Our findings that neurons in the thalamus modulate their activity according to conscious perception adds to the existing evidence in favor of the role of the thalamus during tactile detection. Indeed, thalamic activity and more precisely thalamocortical loops are often considered key to gate sensory stimuli to conscious access (10). In non-human primates, for

example, oscillatory thalamic activity predicts tactile detection (11), and functional interactions between the somatosensory thalamus and the cortex increase when a tactile stimulus is detected (12). In humans, thalamic local field potentials and fMRI activity were higher for seen vs unseen stimuli (14) and causal effects of thalamic stimulation on the levels of consciousness have been found (18). Future studies with higher neuronal yields will be helpful in assessing the contribution of distinct thalamic territories to tactile consciousness, focusing notably on the ventral caudal part, which contains neurons with tactile receptive fields.

Concerning the subthalamic nucleus, a possibility is that perception-selective neurons determine conscious reports through the regulation of decisional processes involved when detecting a stimulus. Indeed, previous studies reported a modulatory role of subthalamic activity on decisional processes, notably by elevating the decisional threshold in conflict tasks (19-22). In a recent study in which we measured the activity of cortical neurons in a similar task, we showed that a specific decisional process called evidence accumulation is also at play during conscious detection (6). Based on this finding, we proposed that percepts fade in and out of consciousness when evidence accumulated by cortical neurons passes a given threshold (23). The present results, therefore, indicate that the contribution of subthalamic neurons to decisional processes is not limited to conflict tasks or motor planning, but may also regulate the threshold at which accumulated evidence gives rise to a conscious percept. Considering the inhibitory role of the subthalamic nucleus on the cortex (15), the fact that most of the perception-selective neurons we found had higher firing rate for misses than for hits suggests a role in elevating that threshold, similar to what is found in decision tasks manipulating conflict or cautiousness and requiring immediate responses (21,20,24,22). Thus, our results suggest that the STN plays an important role in a subcortical network gating conscious access, although it might not encode conscious content per se (25).

Apart from perception-selective neurons, we also found a distinct population of neurons in both the STN and thalamus that modulated their firing rate both after the cue and during the task, and therefore much before the stimulus onset. These neurons cannot be involved in detection-related processes but could instead be involved in task switching (26). We also found neurons that modulated their firing rates after the stimulus onset, irrespective of detection. Our results should be taken with caution as they are based on a small number of neurons due to the high complexity of intraoperative recordings, and because the number of trials we could collect was not sufficient to test the computational mechanisms underlying the neuronal activity we recorded. Future studies combining cortical and subcortical recordings would be useful to consolidate these findings and investigate how subcortical regulation

interacts with the cortex. For example, the 160 ms latency we observed post-stimulus corresponds to the onset of a putative cortical correlate of consciousness, the perceptual awareness negativity (27). We confirmed that our detection task was compatible with a contrastive analysis of consciousness in that it elicited a similar number of yes (detected stimuli or hit trials) and no responses (missed stimuli or miss trials), irrespective of stimulus intensity or stimulus onset. Nevertheless, it will be important in future studies to examine if similar subcortical responses are obtained when participants passively experience stimuli without the instruction to report them (i.e., no-report paradigms) (28).

In sum, our study provides neurophysiological evidence from single neurons in humans that subcortical structures play a significant role in perceptual consciousness either by themselves (10) or through their numerous connections with the cortex (9). A comprehensive account of the neural correlates of consciousness should, therefore, not be cortico-centric but also consider subcortical contributions.

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# Methods

## Participants

We recorded high impedance electrophysiological signals from microelectrodes inserted intraoperatively in the subthalamic nucleus of 32 participants with Parkinson disease or essential tremor undergoing deep brain stimulation electrode implantation surgeries (N = 36). For individuals with Parkinson's disease, the age at the time of the recording was  $60.4 \pm 2.7$  years and the average UPDRS III score was  $40.6 \pm 3.0$  prior to surgery and was reduced to  $20.8 \pm 2.8$  after the surgery (p = 0.0015, z = 3.18). We also recorded intraoperatively in the thalamus of individuals with essential tremor undergoing deep brain stimulation surgeries. The age at the time of the recording was  $68.9 \pm 3.2$  years and the average TETRA motor score was  $20.1 \pm 2.9$  prior to surgery. The study was approved by the institutional review board of the West Virginia University Hospital (WVU02HSC17; #1709745061) and all participants provided written informed consent prior to any data collection.

## **Experimental procedure**

Participants performed a tactile detection task programmed in Matlab using the Psychophysics toolbox (29,30,31). When possible, participants were trained a few days before the surgery (N = 18 / 36 surgeries). Participants sat in a reclining chair in a quiet room (training session) or in the operating room (main session). Every trial started with a 300 ms long auditory "go" cue delivered through an external loudspeaker placed near the participants. Following the end of the go cue and a delay of 500 ms, a 100 ms vibrotactile stimulus could be delivered at any time during a two second stimulation window (i.e., uniform distribution between 0.8 and 2.8 s after the onset of the go cue; Figure 1A) on the lateral palm contralateral to the deep brain implant. Stimuli were applied using a MMC3 Haptuator vibrotactile device from TactileLabs Inc. (Montréal, Canada) driven by a 230 Hz sinusoid audio signal. Participants reported orally whether they felt the stimulus or not and whether they were confident in their answer or not after an auditory "respond" cue played one second after the end of the stimulation window. The participants responses could thus consist in "yes, sure", "yes, unsure", "no, sure" and "no, unsure". The task was stopped after two sessions of 71 trials, or before in case of discomfort or other clinical constraints (see results). As most participants could not provide accurate confidence ratings upon waking from anesthesia, confidence data was not analyzed.

To keep the vibrotactile stimulus intensity around the detection threshold, we first conducted a rough threshold search by presenting a series of stimuli whose intensity decreased by steps of 5% until participants reported not feeling them anymore. Then we presented series of low intensity stimuli whose intensities increased by step of 5% until participants reported feeling them again. These procedures were repeated until the experimenter deemed the results satisfying. We took the average between the thresholds obtained during these procedures as a seed for the main task. During the main task, a 1up/1down adaptive staircase procedure (32) ensured that the intensity was kept around the perceptual threshold by increasing the intensity by 5% after miss trial and decreasing the intensity by 5% after a hit trial. Of note, the absolute stimulus intensity is not informative and cannot be compared across patients and sessions, as it varied according to the manner with which the tactile stimulator was strapped onto the palm.

## Surgical procedure

STN and Thalamus targets and trajectories were defined preoperatively using CranialSuite (Neurotargeting Inc., Nashville, US) based on stereotactic MRI coregistered with a preoperative CT scan. Both targets were then defined with respect to the AC-PC (commissural) line using standard atlas-based methods and refined based on individual anatomy. The entry point was chosen approximately 2 to 3 cm from the midline and 1 cm anterior from the coronal suture and adjusted to individual anatomy in order to avoid traversing brain sulci, lateral ventricles or the medial bridging veins. Scalp incisions and burrhole drilling were performed under local (lidocaine) and general (propofol) anesthesia and a microelectrode (FHC, Maine, US) was inserted through a guide cannula using a microdrive placed either on a Leksell frame (N = 13 surgeries) or a 3D printed mould (N 23 surgeries).

## Electrophysiology

Once the microelectrode reached the target brain structure (STN or thalamus), the speed of the microdrive was reduced and neuronal activity was streamed to a loudspeaker, allowing the electrophysiologist to verify the targeted depth of the preplanned trajectory. The research task was initiated when a neuron showed stable activity for a few tens of seconds and the anatomical localization was confirmed by the electrophysiologist. Electrophysiological data was recorded from the 5 mm tip of the microelectrode, grounded and referenced to the guide cannula and an adaptive line noise canceller was applied. Data were sampled either using a Guideline 4000 LP+ amplifier (FHC, Maine, US) at 30 kHz (N = 21 surgeries), or using a Guideline 5 amplifier (FHC, Maine, US) at 32 kHz and resampled offline to 30 kHz (N = 14 surgeries).

#### **Behavioral analyses**

We used R 4.1.2 (33) and the tidyverse (34) and modelr (35) packages to analyze behavioral data. Permutation tests were performed by permuting hit and miss trials over 1000 iterations for each participant. Non-parametric p-values were estimated by counting the permutations for which the difference between hits and misses was higher in the observed compared to the shuffled data.

As titrating and keeping the vibrotactile stimulation intensity to the perceptual level after anesthesia was a challenging task, we took great care in keeping only the highest quality recordings. We estimated the trial-by-trial hit-rate using a sliding window of 11 trials (for the first and last 5 trials, we mirrored trials to avoid border effects). Any trial with a hit-rate out of the ]25, 75[ % range were removed from further analysis comparing hit to miss trials. If less than 10 hit and 10 miss trials were kept by this procedure, the session (and its corresponding neurons) was removed from subsequent analyses (13 / 48 sessions; 27 %).

#### Spike sorting and firing rate estimation

Each microelectrode recording was filtered between 300 and 3000 Hz and visually inspected. Artifacts such as cross-talk from the participants' vocal responses were marked and replaced by white noise with a matching standard deviation. We performed this procedure to avoid spuriously lowering the thresholds for neuronal spike detection. The timing of these artifactual epochs were saved in order to reject affected trials in later analyses. Neuronal spikes were detected and clustered using an online semi-automatic spike sorting algorithm (OSort) (36). Each resulting cluster of neurons was inspected based on common metrics such as spike waveform, percentage of inter-spike interval below 3 ms, signal-to-noise ratio and power spectral densities and possibly merged with other clusters. Finally, the resulting curated neurons were labeled as *putative single neuron* or *multiunit*, depending on the spike waveforms, peak amplitude distribution and the percentage of interspike interval below 3 ms. Electrophysiological signals were realigned either to the onset of the "go" cue or to the onset of the stimulus, which was precisely obtained by applying a matched filter to a copy of the audio signal used to drive the vibrotactile stimulator we simultaneously recorded with the electrophysiological data. We estimated instantaneous firing rates using a sliding Gaussian kernel with a standard deviation of 40 ms and 1 ms steps. When displaying the resulting average firing rates over time, we estimated the standard error of the mean using a bootstrap procedure with 1000 resamplings.

## Identification of selective neurons

To thoroughly control for false positives and possibly non-normal distributions, we exclusively used non-parametric statistics (Wilcoxon rank sum test, sign test), coupled with

permutation tests. For each analysis, we verified that the reported number of neurons could not have been obtained by chance by comparing this number to a null distribution using permutation tests. For paired tests with respect to a baseline, we randomly flipped the sign of the difference between the firing rate during the trial and during the baseline and for unpaired tests, we randomly shuffled the labels. To obtain a p-value, we repeated this procedure 1000 times and counted the proportion of times we obtained a number of neurons that was as large as the number of neurons obtained in the data. Similarly, to test whether the proportion of neurons was different in the STN compared to the thalamus, we counted the proportion of times that the absolute value of the difference in the shuffled data was higher than the absolute value of the difference in the original data.

To identify cue-selective neurons we compared the number of spikes in a 500 ms baseline preceding the "go" cue to the number of spikes in a 500 ms period following the offset of the "go cue" using a two-tailed non-parametric sign test. Similarly, we identified task-responsive neurons by comparing the mean number of spikes in a 500 ms baseline preceding the "go" cue to the mean number of spikes during the 2 s stimulation window and performing a permutation test. We compared the differences in the proportion of selective neurons in the STN and thalamus, to the same differences observed in the shuffled data to assess its significance. Finally, we also compared the number of cue- and task-selective neurons to the same number observed in the shuffled data to assess whether the overlap was significant.

To identify detection-selective neurons, we looked for differences in the firing rates during the first 400 ms post-stimulus onset, assuming that subcortical signatures of stimulus detection ought to be found early following its onset. We defined a cluster as a set of adjacent time points for which the firing rates were significantly different between hits and misses, as assessed by a non-parametric Wilcoxon rank sum test. A putative neuron was considered perception-selective when the length of a cluster was above 80 ms, corresponding to twice the standard deviation of the smoothing kernel used to compute the firing rate. Whether for the shuffled data or the observed data, if more than one cluster was obtained, we discarded all but the longest cluster. This permutation test allowed us to control for multiple comparisons for time and participants.