

The effects of temperature extremes on survival in two semi-arid Australian bird communities over three decades, with predictions to 2104

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The effects of temperature extremes on survival in two semi-arid Australian bird com-
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     munities over three decades, with predictions to 2104.
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    Running Title: Temperature extremes and avian survival
10
     Abstract
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     Aim: Organisms in arid and semi-arid regions are frequently exposed to climatic extremes and
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     accordingly among the most vulnerable to climate change. Studies of seasonal differences in vi-
13
     tal rates, which mediate effects of climate on viability, are rare in arid species, limiting ability to
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     project population trends. We quantified survival patterns for two bird communities as a func-
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     tion of exposure to temperature extremes in winter and summer, then projected survival patterns
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     to 2104.
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     Location: semi-arid eastern Australia
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     Time period: 1986-2016; 1986-2104
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22
    Major taxa studied: Birds
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    Methods: Using mark recapture time-dependent Cormack-Jolly-Seber models and data for 37
25
     species from two 30-year ringing programs, we tested for effects on 6-monthly survival of expo-
26
     sure to temperatures >38°C and <0°C. We then predicted future survival for different emission
27
     scenarios, testing whether changes in survival associated with warming winters would be suffi-
28
     cient to offset the effects of rising summer temperatures.
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30
    Results: Survival probability declined strongly with increasing exposure to days >38°C and to a
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lesser extent to days $<0^{\circ}$ C, with temperature extremes explaining 43% and 13% of temporal

33 variation in survival among years, respectively. Summer survival patterns were similar across

avian guilds but only survival of nectarivores declined in winter. Our models predict that gains
in winter survival will not offset reductions in summer survival. Annual survival is predicted to
decline substantially by the end of the century: from 0.63 in 1986 to 0.43 in 2104 under an optimistic emission scenario and to 0.11 under a pessimistic scenario.

Main conclusions: We highlight the significance of temperature extremes for species' persistence in arid and semi-arid regions, comprising 70% of Australia's land mass, and 40% globally.
Our demography-based results are consistent with physiological-based projections evaluating
avian survival in arid and semi-arid regions globally and suggest rising summer temperatures
pose a risk to population persistence in these regions.

KEYWORDS: arid zone, Australian birds, avian guilds, climate change, energy and water bud gets, population projections, species persistence, survival, temperature extremes, thermoregula tion.

INTRODUCTION 47

A signature of contemporary climate change is the changing frequency, intensity and duration of 48 extreme weather events (Ummenhofer & Meehl, 2017; Stillman, 2019). Birds in the arid and 49 semi-arid regions of the world are particularly vulnerable to temperature extremes, in part, be-50 cause their high body temperatures are close to the lethal limit for endotherms, and small 51 changes in temperature can cause thermal stress at both the hot and cold ends of the temperature 52 range. Exposure to weather extremes can disrupt energy and water budgets with consequences 53 for fitness that affect both survival and reproduction (Mitchell et al., 2018; Huey et al., 2012; 54 Boyles et al., 2011). 55

56

Mortality associated with exposure to summer extremes can be a direct result of succumbing to 57 acute heat stress via hyperthermia or lethal dehydration, exemplified by mass die-offs of 58 budgerigars (Melopsittacus undulatus), zebra finches (Taeniopygia guttata) and Carnaby's 59 cockatoos (Calyptorhynchus latirostris) during heatwave events in Australia (McKechnie et al., 60 2012, Saunders et al., 2011). In such cases, avian body temperature exceeding about 46°C is 61 lethal (Boyles et al., 2011). 62

63

Fitness in terrestrial animals may also be affected by high temperatures well below those caus-64 ing die-offs events. Growing evidence suggests that air temperatures in the mid to high 30°Cs 65 are harmful for endotherms (Cunningham et al., 2021). For example, prolonged exposure to 66 temperatures >38°C has been shown to increase the cost of avian thermoregulation by increasing 67 the need for evaporative cooling to maintain body temperatures below lethal limits (McKechnie 68 et al., 2017). Increasing exposure to these sub-lethal conditions increases the risk of mortality, 69 when exposure is prolonged over hours, days and weeks (Sharpe et al., 2019, 2021). Indeed, re-70 cent work on Australian desert birds in the laboratory showed that chronic heat stress can cause 71 organ damage (e.g. liver or kidneys) which can contribute to avian mortality over time (Xie et 72 al., 2020). 73

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High temperatures are also associated with changes to foraging patterns and microhabitat use 75 (du Plessis et al., 2012; Edwards et al., 2015; Cooper et al., 2019; Fungi et al., 2019) which can 76 lead to a reduction in food intake and loss of body condition. Southern pied babblers, Turdoides 77 bicolor and southern yellow-billed hornbills (Tockus leucomelas), for example, were unable to 78 maintain body mass on days when temperatures exceeded thresholds in the mid 30s°C (van de 79

Ven et al., 2019; du Plessis et al., 2012) and Jacky Winters *Microeca fascinans* lost 2% of their
mass on days ≥ 42°C (Sharpe et al., 2019). Given that body condition is closely linked to survival and reproductive success (Paniw et al., 2019), increasing exposure to high summer temperatures is likely to have major fitness consequences as the climate warms.

Exposure to cold extremes can also impose thermoregulatory and energetic challenges for en-84 dotherms, although we have much less understanding of how birds respond to reductions in cold 85 extremes that are expected to be beneficial for fitness as the climate warms. Energetic con-86 straints and cold stress can drive reductions in body condition and impose carry-over costs on 87 subsequent survival and reproduction (Williams et al., 2014). In Australia, changes in survival 88 were associated with temperature extremes for two coexisting bird species monitored over 37 89 years, red-winged fairy-wrens Malurus elegans and white-browed scrubwrens Sericornis 90 *frontalis* (Gardner et al., 2017). In scrubwrens, winter temperatures <5°C were associated with 91 lower survival within the same season while in both species, survival was associated with body 92 size, and there was evidence that size-dependent mortality was mediated by carry-over effects of 93 climate in the previous season (Gardner et al., 2017). Moreover, energetic costs of thermoregu-94 lation in the cold during periods of low food availability can be greater than those in warmer 95 conditions during the breeding season (Harrison et al., 2011; Williams et al., 2014). For exam-96 ple, energetic stress on cool days was greater than that associated with exposure to high temper-97 atures between 40 and 45 °C in an arid zone population of zebra finch (Cooper et al., 2019). 98 Warming winters can, or are predicted to, reduce winter mortality and lead to improvement in 99 body condition (Robinson et al., 2007; Ozgul et al., 2010). For example, warming winters led to 100 longer growing seasons with concomitant improvement in the body condition of yellow-bellied 101 marmots, Marmota flaviventris and this was associated with changing patterns of survival and 102 reproduction (Ozgul et al., 2010). Benefits of warming conditions in winter may therefore offset 103 negative effects of warming summers on survival. 104

Studies of how changes in seasonal weather influence vital rates are rare in arid zone species, 105 largely because of a paucity of long-term demographic data. This limits our ability to project 106 population trends in coming decades. Here we investigate variation in survival associated with 107 exposure to high summer and low winter temperatures for 37 avian species captured over a 30-108 year period (1986-2016) at two sites in a semi-arid landscape in western NSW, Australia. Using 109 mark recapture time-dependent Cormack-Jolly-Seber models we first test for the effects on 6 110 monthly survival of exposure to: (1) summer temperatures above 38°C, and (2) winter tempera-111 tures below 0°C. We classify these temperatures as extreme because chronic effects which re-112

duce survival appear to begin at these thresholds in Australian bird species (Bailey et al., 2020;

- 114 Gardner et al., 2016; 2017; McKechnie et al., 2017); obviously more extreme temperatures can
- 115 have acute effects via immediate mortality. At our study sites these thresholds are currently
- reached on around 5% of days: cold extreme in winter 8% at Charcoal Tank Nature Reserve, 9%
- at Weddin Mt National Park; hot extreme in summer 5% at Charcoal Tank, 3% at Weddin Mt.
- 118 We then test whether the changes in 6 monthly survival associated with warming winters will be
- sufficient to offset the negative effects on survival of rising summer temperatures based on cli-
- mate projections for the region to the year 2104. Current climate projections for Australia indi-
- 121 cate more hot summer and fewer cold winter temperature extremes (BOM & CSIRO, 2020).

122 METHODS AND MATERIALS

123 Study sites and species

The study was carried out at two sites: The Charcoal Tank Nature Reserve (hereafter Charcoal; 33.9831°S, 147.1575°E) and Weddin Mountains National Park (hereafter Weddin; -33.9386°S,
147.9872°E) in western New South Wales in south-east Australia (Fig. S1). Both sites have been
the subject of long-term (>30 years) ringing programs, with data collected in each year since
1986. The study sites are located 75 km apart within a fragmented agricultural landscape (see
Appendix S1 in Supporting Information for site description).

Birds were captured in mist nets and sampled 2-7 times annually (Gardner et al., 2016). At each capture, we recorded body mass using a Pesola balance (\pm 0.5 g). Wing length was measured as the length of the flattened wing chord from the carpal joint to the tip of the longest primary feather using a butt-ended ruler (\pm 1.0 mm), and primaries were scored for moult. Data collection was overseen by Mark Clayton (Charcoal) and Richard Allen (Weddin) ensuring consistency in methods over time and between sites.

137

We obtained weather data from the Australian Government Bureau of Meteorology, from the 138 Grenfell (Manganese Rd) station for the Weddin site, and from the West Wyalong Airport sta-139 tion for the Charcoal site. We defined 6-month periods from 1st September to 29th February as 140 "Summer" or from 1st March to 31st August as "Winter". For each 6-month period between 1970 141 to 2016 we extracted (1) mean daily extreme temperatures for each season (mean daily maxi-142 mum in summer, mean daily minimum in winter), (2) the sum of precipitation for each 6-month 143 period, (3) the number of days with temperatures beyond an extreme threshold for each season 144 (days above 38°C in summer, days below 0°C in winter). 145

146

147 Future climate predictions

To predict the number of temperature extremes until the end of the century under difference sce-148 narios of greenhouse gas concentration we chose the model CESM1-CAM5 (Community Earth 149 System Model version 1 that includes the Community Atmospheric Model version 5, Neale et 150 al. 2010). The model CESM1-CAM5 performs very well for short-term predictions of climate in 151 Eastern and Southern Australia (Moise et al., 2015). We extracted daily predicted minimum and 152 maximum temperatures for the years 2016 to 2104 from the West Wyalong Airport weather sta-153 tion, located 10.5km from Charcoal, under three Representative Concentration Pathway (RCP) 154 155 scenarios: RCP 2.6 corresponding to a very stringent scenario of reductions in greenhouse gases emissions, RCP 4.5 an intermediate scenario and RCP 8.5 the worst-case climate change sce-156 nario (Meinshausen et al, 2011). We combined climate projections to observed data (1986 to 157 2015) and for each 6-month period calculated the number of days below 0°C in winter and 158 above 38°C in summer. For both seasons and for each of the three RCP scenarios we fitted gen-159 eralised additive models of the number of extreme temperature days as a function of year. Year 160 was modeled as a thin-plate regression spline (Wood, 2003). We used the predictions from each 161 of these generalised additive models to project survival in the future. 162

163

164 Mark-recapture data

The full data set contains captures for 39 species for which > 100 captures were recorded 165 between 1986 and 2016 (Table S1) with a total of 33550 captures for 21621 individuals. Those 166 data included only adults which were identified on the basis of plumage. We classified birds as 167 belonging to one of four feeding guilds: nectarivore, insectivore, omnivore or granivore. Most 168 individuals are captured only once, presumably due to movements of non-resident birds or post-169 fledging dispersal. Our study populations, typical for much of the Australian arid zone, contain 170 171 both resident and migratory species, including partial migrants and local nomads, making it difficult to classify movement patterns for individual species (see Chan, 2001). This means that ap-172 parent local mortality represents a mixture of true mortality and permanent emigration. To re-173 duce the influence of emigration we removed the first capture of each individual to focus our 174 analysis on resident birds, increase the proportion of apparent survival (or mortality) related to 175 local survival (or mortality) rather than emigration and decrease computation time. In two spe-176 177 cies, not a single individual was recaptured so we were left with only 37 species totalling 4136 individuals. We present results derived from the full data set in Fig. S8. We used capture data to 178 calculate a temporal proxy of bird density within each guild (see Appendix S2). 179

180

To create regular time intervals corresponding to seasons and to decrease the number of vari-181 ables in models we aggregated capture sessions by 6-month periods from 1st September to 29th 182 February ("Summer") or from 1st March to 31st August ("Winter"). Thus, we obtained 62 virtual 183 capture occasions instead of the initial 748. This procedure violates the assumption of mark-re-184 capture models that survival intervals are long relative to the marking intervals but was essential 185 to obtain a manageable number of capture occasions and reasonably high recapture probabilities. 186 187 The noise introduced by this violation is expected to only blur the statistical signal and not bias it (see Appendix S3, Fig. S2). 188

189

190 Statistical analyses

191 Mark-recapture model

We modelled apparent survival probability across species and time periods, as a function of summer and winter weather. We used time-dependent Cormack-Jolly-Seber models which describe capture histories as the product of a survival probability and a recapture probability. We modeled variation among species, among time periods and among locations for survival and recapture probabilities (see Appendix S4).

For the linear predictor corresponding to recapture probability, the fixed effects were a global
intercept, the effect of site (Weddin vs. Charcoal), the effect of season (the 6-month capture period being the non-reproductive or the reproductive season), and the effect of a bird being
caught on a previous occasion to control for trap-dependence.

For the linear predictor corresponding to survival probability, the fixed effects were a global in-201 tercept for the effect of site (Weddin vs. Charcoal), a linear effect of time (i.e. 6-months periods 202 fitted as a continuous covariate) to de-trend the response and avoid over-estimating the effect of 203 climate (Grobois et al., 2008), the effect of the 6-month survival period being in winter (as op-204 posed to summer), a dummy variable indicating whether an individual was captured for the first 205 time to account for transience effects, a proxy for within-guild-site bird density fitted as a con-206 tinuous covariate (see Appendix S2, Fig. S3, S4), and the effect of weather variables, for which 207 we tried different combinations involving our three weather variables, measured for each site 208 and each 6-month period: (1) the number of days with temperature reaching a threshold (either 209 above 38°C for summer survival periods or below 0°C for winter survival periods); (2) the sum 210 of precipitation because extreme temperatures are correlated with the sum of precipitation, and 211 precipitation is known to affect bird survival (Kennedy, 1970; Robinson et al., 2007; Gardner et 212

al., 2016); (3) the average daily temperature (average winter minimum, average summer maximum). Weather variables were standardized to a mean of zero and a standard deviation of one.

In a first model (model 1 hereafter), we fitted the linear effects of the number of days with tem-215 peratures beyond thresholds in each season as these were the main predictors of interest, and a 216 linear effect of the sum of precipitation in each season. That model is at the center of our work 217 because it estimates the independent effect of extreme temperatures when accounting for the 218 confounding effect of precipitation. For both seasons, separately, we calculated the proportion of 219 temporal variance in mean survival among years explained by extreme temperatures (see Ap-220 pendix S5 for details). To predict the net effect of changes in the balance of deleterious winter 221 versus deleterious summer temperatures, we predicted seasonal-survival and year-survival based 222 on model 1 and on predictions of temperature extremes based on the CESM1-CAM5 model for 223 the three RCP scenarios, from 1986 to 2104. Survival was predicted while integrating the ran-224 dom effects of year and species. 225

Bevond model 1, we fitted four extra models to address secondary questions regarding the effect 226 of weather on survival probability. In a second model (model 2 hereafter) we added the interac-227 tion between sum of precipitation and the numbers of days >38°C or <0°C in each season. In 228 wetter summers the negative effect of extreme high temperatures may be reduced because water 229 230 availability helps birds cope with heat, while in wetter winters the negative effect of extreme cold may be exacerbated because the insulating capacity of wet feathers is poor (Kennedy, 1970; 231 232 Robinson et al., 2007). These expectations, however, assume that extreme temperatures co-occur with increased precipitation or water availability, within each time period, which may not be 233 the case. Next we fitted model 3, an extension of model 2, in which we also included a linear ef-234 fect of mean maximum or minimum daily temperature in each season. With the model we test 235 whether it is possible to disentangle the effects of the number of days of extreme temperatures 236 from the effect of the average season temperature. 237

We first fitted models 1 to 3 for all species together. However, dietary guilds are expected to respond differently to weather conditions because food availability varies with temperature and rainfall, and because water content varies between diets, so we fitted models 1 to 3 separately for each of the 4 guilds.

242 Model 4 included random slopes of species for the effects of the number of days of extreme

temperatures to test for differences among species in their responses (see Appendix S4, results

in main text). Model 5 included species average size and its interaction with the number of days

of extreme temperatures (see Appendix S4, results Fig. S7). With model 6 we tested whether our

results were robust to the exclusion of the first capture: model 6 is identical to model 1 but is fitted on the full data set, which includes all captures of all individuals, and includes a second transience fixed effect (see Appendix S4, results Fig. S8).

249

We fitted all models in the Bayesian probabilistic programming language Stan (Carpenter, 250 2017), using No-U-Turn Hamiltonian Monte Carlo sampling with Rstan (Stan Development 251 Team, 2020). For fixed effects we used normalising Gaussian priors with a mean of 0 and a 252 253 standard deviation of 3. For random effect standard deviations we used half-Cauchy priors of location 0 and scale 0.1. We used 4 chains each with 2000 warm-up iterations and 2000 samples. 254 255 We assessed model convergence using visual diagnostics (trace plots, pairwise posterior plots), in particular using Bayesplot (Gabry et al., 2019) and checked that all R-hat values were below 256 1.05 and effective sample sizes were above 200. We report posterior means and 95% highest 257 posterior density credible intervals. All derived parameters and model predictions were calcu-258 lated by integrating over the full posterior distribution. The code to run all models is provided 259 (see Appendix Code S1). 260

261

262 **RESULTS**

Unless mentioned otherwise, parameter estimates are from model 1, fitted to all species to-263 gether. Survival probability was slightly higher at Weddin compared to Charcoal (β =0.25, 95% 264 highest posterior density credible interval [0.02; 0.50]) and did not clearly differ between sum-265 mer and winter (β =-0.04 [-0.68; 0.59]) (Table S2). The effect of transience was negative (β =-266 0.78 [-0.998;-0.55]), meaning that birds have a lower probability of apparent survival just after 267 being captured for the first time. This effect may correspond to non-resident birds that perman-268 ently leave the study site after first capture. There was heterogeneity in survival probabilities 269 270 both among occasions, even after accounting for weather variables (random standard deviation, σ = 1.09 [0.77;1.54]) and among species (σ = 0.28 [0.14; 0.49], Fig. 1). Species mean 6-month 271 survival probabilities varied from 0.88 [0.83; 0.92] in the white-throated treecreeper, to 0.76 272 [0.67; 0.83] in the superb fairy-wren (Fig. 1). 273

274

275 Recapture probability was consistently lower at Weddin compared with Charcoal and did not 276 clearly differ between seasons (Table S2). Trap dependence was positive (β =0.33 [0.23;0.43]), 277 meaning that a living bird is more likely to be recaptured just after having been captured. There 278 was heterogeneity in recapture probabilities both among occasions (σ = 0.55 [0.46;0.66]) and 279 among species (σ = 0.68 [0.44; 1.05]). Species recapture probabilities varied from 0.34 [0.27; 0.42] in the white-throated treecreeper, to 0.074 [0.038; 0.12] in the spiny-cheeked honeyeater(Fig. 1).

282 Effects of number of days of extreme temperatures

283 The effect of the number of extreme summer days was strongly negative (β =-0.57 [-1.01; -

0.08]), corresponding to a decline in survival probability from 0.86 [0.78;0.95] when there are 284 no days above 38°C to 0.59 [0.45; 0.77] for 30 days above 38°C (Fig. 2). The effect of the num-285 ber of extreme winter days was marginally negative (β =-0.39 [-1.01; 0.04]), corresponding to a 286 decline in survival probability from 0.84 [0.76;0.90] for 0 days below 0°C to 0.53 [0.28;0.78] 287 for 44 days below 0°C (Fig. 2; Table S2). The effect of extreme temperatures explained 43% 288 [16%; 70%] of temporal variation in survival among years in summer and 13% [0%; 36%] in 289 winter. The effects of the number of extreme summer and winter days were also apparent when 290 including transients, in Model 6 (summer β =-0.33 [-0.57; -0.10], winter β =-0.37 [-0.62; -0.15]), 291 with the effect in summer being a bit weaker and the effect in winter being of similar strength 292

but more precisely estimated (Fig. S8).

294

Model 4 revealed that species differed significantly in their responses to extreme summer tem-295 peratures (σ = 0.14 [0.02;0.32]) and to extreme winter temperatures (σ = 0.12 [0.02;0.27]), but 296 those differences were biologically small so that the pattern of survival was qualitatively con-297 sistent across species (Fig. 2, Fig. S5, Table S8). Moreover, as is often the case in mixed models 298 (Houslay and Wilson, 2017), despite significant variance among species the uncertainty in spe-299 cies-specific slopes was large so that it is not possible to identify which species responded more 300 or less strongly (Fig. S5). In particular, those differences were not significantly explained by dif-301 ferences in the mean body size of species (Model 5, Table S9). 302

303

Guild-specific analyses confirm the consistency of the responses among species. The negative effect of extreme temperatures in summer was independently found in insectivore, nectarivore and omnivore species (Table S3, Fig. S6). On the other hand, the effect of extreme temperatures in winter was present only in nectarivore species, where it was significant and strong (β =-0.66 [-1.56;-0.43]), with a predicted decline in survival probability from 0.89 [0.78;0.97] with 0 days below 0°C to 0.41 [0.05;0.81] with 44 days below 0°C. For the granivore guild, a small sample size prevented a precise estimation of any parameter for weather effects.

311

Winter precipitation had a negative effect on survival (β =-0.52 [-0.94; -0.17]). The effect was statistically supported in the nectarivore guild model (β =-0.92 [-1.56;-0.43]) but not found in other guilds (Table S3). Summer precipitation had no clear effect on survival across species (β =-0.24 [-0.57; -0.57]), or in any of the guilds (Table S3).

316

317 When fitting model 2 to all species together (Table S4), there was no evidence of interactions

318 between number of days beyond extreme temperatures and precipitation, in summer (β =0.04 [-

0.4; 0.52) or in winter (β =0.13 [-0.44; 0.13]). In guild models, there was support for an interac-

320 tion only in omnivorous species, for summer, with increased survival to extreme temperatures at

- 321 higher precipitation(β=0.67 [0.03; 1.42]) (Table S5).
- 322

Fitting model 3 to all species together allowed us to disentangle the effects of mean tempera-

tures from the number of days with extreme temperatures. For summer, there was sufficient

evidence that the number of days above 38°C had a negative effect on survival probability after

accounting for effects of mean temperature (β =-0.32 [-0.55; -0.03]) (Table S6). In winter the

327 trend for the effect of the number of days beyond 0°C was marginally negative but the uncer-

328 tainty was large (β =-0.28 [-0.68; 0.04]).

329

In summary, winter extremes had a weak effect on 6-monthly survival, except in the case of 330 nectarivores which are predicted to have low survival (ca 41%) in the coldest winters with > 40 331 days below freezing. In contrast, the negative effect of summer extremes was strong and consis-332 tent across species (Model 4), showing little variation among species (Fig. S5) and all three 333 guild-models showing similar trends (Fig. S6). Our results are robust to the inclusion of the cor-334 related effects of mean extreme temperatures (Model 3, Table S6), to the inclusion or exclusion 335 of transient individuals (Model 6, Fig. S8, Table S10), and in accounting for species (Model 4, 336 Fig. S5) and guild differences (Fig. S6). 337

338

339 Climate predictions:

At Charcoal the number of winter days below 0°C is projected to decrease from 12.0 in the year 340 2016 to almost 0 in 2104 (2.4 RCP 2.6, 1.4 RCP 4.5, 0.17 RCP 8.5), while the number of sum-341 mer days above 38°C is projected to increase from 13.8 in 2016 to 28.7 (RCP 2.6), 36.4 (RCP 342 4.5) and 67.4 (RCP 8.5) in 2104 (Fig. 3). Based on these climate projections, model predictions 343 for survival to 2104 showed broad-scale declines in annual survival across species (Fig. 4). As-344 suming median precipitation, in winter, 6-month survival is projected to increase slightly as win-345 ters warm, whereas summer survival and annual survival were predicted to decline substantially, 346 with the severity of the decline depending on the RCP scenario (Fig. 4). 347

348 349

350 DISCUSSION

We quantified patterns of adult survival for two bird communities in semi-arid south-eastern 351 Australia as a function of exposure to temperature extremes in winter and summer, using data 352 from 37 species that have been the subject of continuous ringing programs over 30 years. Sur-353 vival probability did not differ between summer and winter, but survival declined at a higher 354 rate with increasing exposure to summer days with thermal maxima >38°C, than with increasing 355 exposure to winter days with minima <0°C. The effect of hot days in summer was consistent 356 across species and guilds whereas the effect of cold days in winter was consistent across species 357 but only statistically clear in nectarivores. Model projections to 2104 suggest that survival may 358 be reduced by a third from current levels; the increase in survival associated with milder, warm-359 ing winters will be insufficient to offset the negative effects on survival of more frequent ex-360 treme days above >38°C in summer. 361

362

363 Survival

364

365

Our study does not elucidate the causes of temperature-related summer mortality or the specific 366 timeframe over which such mortality occurs, but several mechanisms might be at play. Mortality 367 might be a direct result of hyperthermia or lethal dehydration during heatwave events as previ-368 ously reported in arid Australia (McKechnie et al., 2012, Saunders et al., 2011). However, in-369 creasing exposure to high temperatures >38°C is also likely to increase mortality over broader 370 timeframes via increasing the need for evaporative cooling to maintain body temperatures below 371 lethal limits or reducing food intake with consequences for water and energy budgets (Mitchell 372 et al., 2018). Recent work by McKechnie et al. (2017) examined the evaporative cooling capac-373 ity and heat tolerance of five insectivorous and nectarivorous passerine species in Australia's 374 arid zone, among them the spiny-cheeked honeyeater (Acanthagenys rufogularis) included in 375 this study. They confirmed the reliance of these species on evaporative heat loss via panting at 376 high air temperatures. When air temperatures exceeded 38°C, rates of evaporative water loss in-377 creased rapidly and linearly to at least sevenfold (670-860%) above basal rates under field labo-378 ratory conditions (McKechnie et al., 2017). Previous work at both Charcoal and Weddin showed 379 that prolonged exposure to days with air temperature >38°C was associated with reductions in 380

body condition of white-plumed honeyeaters (*Ptilotula penicillatus*) (Bailey et al., 2020), and at
Charcoal, heat-exposed individuals in poor condition were less likely to be recaptured the following spring (Gardner et al., 2016). This apparent mortality may have been a result of thermoregulatory constraints but could also result from heat-related changes in foraging patterns and
microhabitat use (du Plessis et al., 2012; Edwards et al., 2015; Fungi et al., 2019) that lead to a
reduction in food intake and loss of body condition, although we have no direct evidence in our
study species.

Diet is an important factor influencing the way birds respond to high temperatures (Albright et 388 al., 2017; Smit et al., 2019). Diets vary in water content, potentially making some dietary guilds 389 more vulnerable to rising temperatures than others. For example, the dry seeds eaten by grani-390 vores have the lowest water content of any food, leading to a high dependency on surface water 391 (Fisher et al., 1972). Nectarivores are similarly dependent on surface water because they need 392 water to process diets high in sugar (Fleming et al., 2008). Both groups drink more frequently as 393 ambient temperature increases (Fisher et al., 1972). By contrast, omnivores and insectivores 394 have animal-based diets or a combination of animal and plant-based (omnivores) diets, drink in-395 frequently from freestanding water, and rely on water from their prey during the hottest, driest 396 times of year (Smit et al., 2019). This has led to the suggestion that drinkers would be more vul-397 nerable to mortality in hot conditions when surface water is unavailable (Smit et al., 2019). 398

Czenze et al. (2020) found that drinkers had greater heat tolerance than non-drinkers and could withstand air temperatures of \geq 52°C based on metabolic chamber measurements for wild-caught individuals of 12 passerine species in arid South Africa that had ad libitum access to water prior to testing. However, in the absence of surface water or during long periods of inactivity in hot conditions, they concluded that drinking species are likely to exceed their limits of dehydration tolerance at lower temperatures than non-drinkers, and thus may be more vulnerable to mortality in dry, hot conditions.

In an attempt to understand the causes of collapse of bird communities in the Mojave Desert
USA over the last century (Iknayan & Beissinger, 2018), Riddell et al. (2019) modelled changing water requirements for thermoregulation using biophysical models and found that species
declines were associated with increasing water requirements for body cooling in hot conditions.
They found that birds inhabiting the hottest, driest sites without surface water had the lowest
probability of persistence. Increasing water requirements were correlated with declines in insectivores and carnivores (non-drinkers with animal-based diets) but not herbivores and omnivores

413 (drinkers with plant-based diets), in conditions where surface water was present.

In contrast to these studies, we found that dietary guilds displayed similar patterns of summer 414 survival with increasing exposure to daily maxima >38°C. We found no evidence for an interac-415 tion between rainfall and increasing exposure to extremes >38°C across species, although the 416 negative effect of summer extremes was reduced in higher rainfall conditions in the omnivorous 417 guild. Despite this result, our study design is unlikely to detect the effects of rainfall-related wa-418 ter availability on summer survival because we calculated rainfall as the sum of rain for each 6-419 month period and is not temporally related to the occurrence of extreme days >38°C. The struc-420 ture of our analyses does not permit finer-scale resolution of the co-occurrence of rainfall and 421 temperature >38°C, which seems critical for understanding responses to heat. Indeed, previous 422 study of mass loss in white-plumed honeyeaters at Charcoal found that apparent mortality was 423 associated with high summer temperatures but only in low rainfall conditions, characterized as 424 rainfall in the 4 weeks prior to capture (Gardner et al., 2016). This suggests that water availabil-425 ity in hot conditions may be critical for drinking species, but we have no comparable data for 426 non-drinking species. Although these studies suggest that drinkers might fare worse in the ab-427 sence of surface water in hot conditions, the broad-scale ecological significance of such findings 428 are unclear. Behavioural field studies are needed to understand the trade-offs individuals make 429 while foraging in the heat in conditions of varying water availability, and the influence dietary 430 431 guild has on mortality risk, to complement lab-based studies of physiology.

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433 Climate Projections and survival

Under all RCP scenarios the number of hot days >38°C is predicted to increase and the number 434 of cold days <0°C is predicted to decrease until the end of the century. Given that increasing ex-435 posure to cold winter days is associated with decreased survival, warmer winters are projected to 436 increase 6-monthly survival. Conversely, hot summer days are deleterious to survival and pro-437 jected to become more common reducing 6-monthly survival by 2104. The increase in winter 438 survival will be more than offset by decreasing survival in summer. Indeed, annual survival is 439 projected to decrease from 0.631 to 0.430 at best, 0.11 at worst, by 2104. We note that these cal-440 culations come with assumptions and should not be taken as a prophecy. First, we predicted sur-441 vival based only on the predicted changes in extreme temperatures, while ignoring other 442 changes that may affect bird survival in the next 80 years. Second, in the case of hot days the 443 calculation is based on an extrapolation since a summer with more than 25 days above 38°C has 444

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never been observed at our study sites, whereas climate models predict yearly averages of 30 to
70 days above 38°C. It is possible that the effect of days above 38°C is not consistent for the
range of values observed at our study sites and for the larger values in the range predicted by climate models. Third, our calculations assume no significant adaptation of the bird populations to
the changing climate (see below).

Nevertheless, the prediction of a substantial decrease in annual survival for the bird community 450 currently present in our study sites is likely robust. Indeed, the deleterious effects of temperature 451 extremes we identified statistically are consistent with physiological mechanisms (see next para-452 graph). Even if the shape of the relationship between survival and number of hot days is not ac-453 454 curately represented by our extrapolation (for instance, being optimistic there may be a plateau beyond which survival does not decline), we know of no plausible mechanism that would re-455 456 verse the trend of decreasing survival across a broader range of hot days. Therefore, more hot days on average will certainly decrease mean survival compared to the current situation. In addi-457 tion, cold days are already quite rare in our study sites and are predicted to almost disappear 458 within a few decades under all RCP scenarios, whereas hot days will become more and more 459 common until the end of the century (Fig. 3). Trading very few cold days for a dozen or more 460 hot days logically decreases overall survival. 461

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Our results add to concerns about the persistence of avian populations in arid and semi-arid re-463 gions of Australia and on other continents. Modelling avian water requirements for temperatures 464 predicted for the 2080s, McKechnie and Wolf (2010) concluded that desert birds in Australia 465 will experience reduced survival times more frequently during summer due to large increases in 466 thermoregulatory water requirements, regardless of water availability. Similarly, Conradie et al. 467 (2020) modelled the risks of lethal hyperthermia and dehydration for 10 Australian arid zone 468 bird species to 2104 based on thermal physiology data. They concluded that increased water de-469 mands for evaporative cooling will greatly increase mortality risk and several species will also 470 be vulnerable to lethal hyperthermia, particularly smaller species. In combination, increasing 471 temperatures and unpredictable water availability pose a significant risk to the avifauna of the 472 Australian interior, particularly in the far western parts of the continent (Conradie et al., 2020). 473 Our analyses, based on demographic data, suggest that climate change also poses a threat to 474 475 birds in semi-arid regions of eastern Australia.

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Elsewhere, Albright et al. (2019) modelled the consequences of 4°C warming to the year 2104
for desert passerines in the United States, and concluded warming would greatly increase the ex-

tent, frequency and intensity of dehydration risk over large parts of the south-western United 479 States, affecting water balance, daily activity and geographic distribution of desert birds in these 480 regions. Building on that work, simulation models of heat flux showed that observed declines 481 482 over the last century in the Mojave desert were positively associated with climate-driven increases in water requirements for evaporative cooling: predictions suggest an increase in water 483 requirements of 50 to 78% under future climate scenarios, all else held equal (Riddell et al., 484 2019). Finally, Conradie et al. (2019) synthesized physiological and behavioural data to evaluate 485 the risks of lethal extreme heat events versus sublethal costs of chronic exposure to hot weather 486 for birds in the Kalahari Desert. They concluded that the risk of acute heat exposure will remain 487 488 relatively low to the end of the century compared with Australia and south-western USA due to lower rates of warming. By contrast, sublethal costs of chronic heat exposure are likely to drive 489 large declines in avian diversity in the southern African arid zone by the end of the century. 490 491

These laboratory-based studies provide a physiological basis for climate-driven local extinctions 492 that are likely to apply to the current study. Birds in our study will inevitably be exposed to 493 greater risk of acute hyperthermia and dehydration as summers warm in these semi-arid environ-494 ments. Model projections for the region indicate a 50% increase in the frequency of days with 495 air temperatures >38°C, a temperature threshold known to affect white-plumed honeyeaters at 496 both sites (Gardner et al., 2014, 2016, Bailey et al., 2020). Moreover, recent heatwaves in semi-497 arid South Australia, provide some insights into the consequences of a 4°C rise for the survival 498 of small passerines. In January 2019 the mean daily maximum temperature was 37.5°C, 4.2°C 499 above average, identical to the temperature increase predicted for that region in 2090. Birds at 500 the site were exposed to up to 10 h per day of air temperatures above body temperature (40°C) 501 (Sharpe et al., 2019), the threshold at which evaporative cooling is required to maintain body 502 temperatures below lethal limits (Boyles et al., 2011; Albright et al., 2017). Apparent mortality 503 among the colour-ringed population of insectivorous jacky winters, Microeca fascinans, in-504 creased almost three-fold during the two-month heatwave period (20% of the population died) 505 and all breeding attempts were abandoned. Birds were never observed to forage, provision 506 nestlings or incubate at air temperatures > 38°C (Sharpe et al., 2021). More recently, in Decem-507 ber 2019, 30% of the ringed population disappeared, and presumably died, within 24hr of air 508 temperatures reaching 49°C (Sharpe et al., 2021). 509

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Body size will inevitably affect avian responses to high temperatures, with smaller birds at particular risk of mortality. Balancing energy and water budgets against the risk of fatal hyperther-

mia is a challenge for smaller birds because they have smaller energy stores and body water 513 pools but higher rates of heat gain and higher mass-specific rates of evaporative water and en-514 ergy use (Smit et al., 2016, Albright et al., 2017). Consequently, smaller birds have shorter sur-515 vival windows during extreme heat events than larger species. Albright et al. (2017) estimate 516 that a 9.7g Lesser Goldfinch (Spinus psaltria) will lose body mass at about twice the rate of 71g 517 Curve-billed Thrasher (Toxostoma curvirostre) (3.4% versus 1.8% body mass per hour). An in-518 crease in air temperature from 40 to 44°C will result in a 150% increase in rates of evaporative 519 water loss, but time to death through dehydration differs greatly because of differences in mass-520 specific rates of evaporative water loss (Albright et al., 2017). However, we found no effect of 521 body size on responses to temperature extremes, although the response to temperatures >38°C 522 was consistent with poorer survival of smaller individuals. Our data may be too limited to detect 523 strong effects, as we analysed only 37 species with a limited range of sizes (from 48 to 133mm). 524

Our study looks at just one component of fitness: longitudinal adult survival. Clearly, estimates 525 of reproduction are necessary to model population viability per se, but such data are not avail-526 able for our study species. Nevertheless, our estimates of survival are likely to correlate with 527 528 population decline, regardless of recruitment. Even if populations maintain recruitment at current levels by advancing the start of seasonal breeding as winters warm, increasing exposure to 529 extreme heat represents a clear threat to survival, affecting all individuals, suggesting a down-530 ward trend in population size is likely. Assuming the decrease in annual survival of around 30% 531 (RCP 2.6), recruitment would have to increase by ca. 40% to offset the decline in survival (1/(1-532 0.3) = 1.43), which seems unrealistic. In general, adaptive micro-evolution may be substantial 533 over a few generations (Bonnet et al., 2022), but current evidence suggests that adaptive re-534 sponses are most likely insufficient to offset the current rate of climate change (Radchuk et al., 535 2019). Moreover, the potential for genetic adaptation to higher temperatures that could reduce 536 mortality is unclear given the lack of evidence for such effects in birds (Gienapp et al., 2008; 537 Chevin & Hoffmann, 2017). In Australia, there is evidence for microevolution in genes that are 538 associated with heat-related dessication in Drosphila melanogaster (Umina et al., 2005), but we 539 are unaware of similar examples in birds. This reflects the rarity of examples of microevolution 540 in response to climate change in general, and heat tolerance in particular (Gienapp et al., 2008; 541 Chevin & Hoffmann, 2017). In addition to microevolutionary changes in the mean response to 542 extreme temperatures, a genetic response to natural selection may mitigate the negative impact 543 of climate change on survival by reducing the temporal variation of vital rates, via demographic 544 545 buffering (Hilde et al., 2020).

546 CONCLUSIONS

Our study highlights the significance of temperature extremes for species' persistence in arid and semi-arid regions, comprising some 70% of the terrestrial land mass of Australia, and about 40% globally. We used long-term ringing data and a mark-recapture framework to estimate survival as a function of temperature extremes, rather than make projections based on the physiological costs of heat exposure. Despite differences in methodology and approach, our conclusions are similar to physiological-based projections, and suggest that rising summer temperatures pose a risk to population persistence for birds in arid and semi-arid regions.

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806	DATA ACCESSIBILITY STATEMENT
807	Data will be available on Dryad

Figure 1. Species-specific 6-monthly mean survival and mean recapture probabilities as estimated from a random intercept model (Model 1). Species are arranged by mean-survival on the y-axis and color-coded by guild. Survival and recapture probabilities are calculated conditional on a median number of days with temperature extremes, median rainfall, and integrating sites, seasons and temporal variance. Points represent posterior means and horizontal bars represent 95% highest posterior density credible intervals.



Figure 2. Predicted probability of 6-monthly survival as a function of the number of days of extreme summer temperatures recording daily maxima >38° C and extreme winter temperatures recording minima <0° C. Average predictions, over all species, are shown in thick lines with shaded areas representing 95% credible intervals, and were derived from model 1. Thin lines represent species-specific predictions derived from model 4. Predictions were estimated for a median rainfall and population density, but integrated over temporal variation, and in the case of the average predictions, over species variation.

Apparent 6-month survival and extreme temperatures

Number of days beyond extreme

Figure 3. Predictions of daily temperature extremes under three emission scenarios from the model CESM1-CAM5. (A) Number of days on which temperatures are below 0°C in winter; (B) Number of days on which temperatures are above 38°C in summer. Numbers are observed from 1986 to 2015 (black line) and simulated according to the model from 2016 to 2104. Smoothed lines and 95% confidence intervals are produced with negative-binomial generalised additive models using thin-plate smooths of year from 1986 to 2104.

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- (A) Winter 30 Number of days below 0C in winter 20 Scenario rcp 2.6 rcp 4.5 rcp 8.5 10 0 2010 2040 2070 2100 year (B) Summer Number of days above 38C in summer 75 Scenario 50 rcp 2.6 rcp 4.5 rcp 8.5 25 0 2040 2070 2100 2010 year

Figure 4. Projected 6-monthly survival as a function of predicted change in the number of (a)

835 winter and (b) summer days with temperature extremes >38° C or <0° C, respectively; (c) an-

nual survival to 2104 (averaged over all species, sites and time periods), for three scenarios of
emissions and associated climate change. For winter the predictions from the three scenarios

emissions and associated climate change. For winter the predictions from the three scenarios
largely overlap. Dashed lines indicate the initial predicted survival probability to provide context

for trends in predicted survival. Shaded areas represent 95% credible intervals.

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