

# Small RNA-sequencing reveals the involvement of microRNA-132 in benzo[a]pyrene-induced toxicity in primary human blood cells

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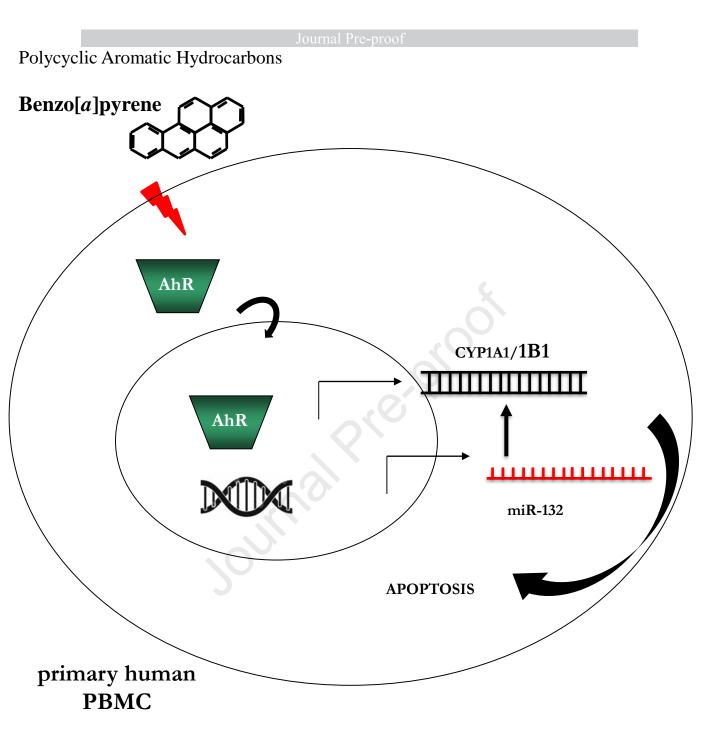
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Exposure to polycyclic aromatic hydrocarbons, like benzo[*a*]pyrene, induces miRNA expression changes associated with biological processes relevant to apoptosis in human primary PBMCs.

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1	Small RNA-sequencing reveals the involvement of microRNA-132 in benzo[a]pyrene-
2	induced toxicity in primary human blood cells
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20	
21	Abbreviations: AhR, Aryl Hydrocarbon Receptor; AhRR, AhR Repressor; anti-miR-CTR, miR
22	inhibitor control; anti-miR-132, miR-132 inhibitor; B[a]P, benzo[a]pyrene; CYPs,
23	cytochromes P-450; CTP-I, industrial Coal Tar Pitch; CTP-S, synthetic Coal Tar Pitch; DMSO,
24	dimethylsulfoxide; FDR, False Discovery Rate ; IPA, Ingenuity Pathway Analysis; miRNAs,
25	microRNAs; PAHs, Polycyclic Aromatic Hydrocarbons; PBMCs, Peripheral Blood

- 26 Mononuclear Cells; PYR, pyrene; RNA-seq, RNA sequencing; TIPARP, TCDD Inducible
- 27 Poly(ADP-Ribose) Polymerase; UTR, untranslated region; Z-VAD, N-benzyloxycarbonyl-
- 28 Val-Ala-Asp(O-Me) fluoromethyl ketone
- 29

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#### 30 Abstract

Polycyclic aromatic hydrocarbons (PAHs) are widely distributed environmental contaminants, 31 triggering deleterious effects such as carcinogenicity and immunosuppression, and peripheral 32 blood mononuclear cells (PBMCs) are among the main cell types targeted by these pollutants. 33 In the present study, we sought to identify the expression profiles and function of miRNAs, 34 gene regulators involved in major cellular processes recently linked to environmental 35 pollutants, in PBMC-exposed to the prototypical PAH, benzo[*a*]pyrene (B[*a*]P). Using small 36 RNA deep sequencing, we identified several B[a]P-responsive miRNAs. Bioinformatics 37 analyses showed that their predicted targets could modulate biological processes relevant to 38 39 cell death and survival. Further studies of the most highly induced miRNA, miR-132, showed that its up-regulation by B[a]P was time- and dose-dependent and required aryl hydrocarbon 40 receptor (AhR) activation. By evaluating the role of miR-132 in B[a]P-induced cell death, we 41 42 propose a mechanism linking B[a]P-induced miR-132 expression and cytochromes P-450 (CYPs) 1A1 and 1B1 mRNA levels, which could contribute to the apoptotic response of 43 PBMCs. Altogether, this study increases our understanding of the roles of miRNAs induced by 44 B[a]P and provides the basis for further investigations into the mechanisms of gene expression 45 regulation by PAHs. 46

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Keywords: Polycyclic Aromatic Hydrocarbons, Peripheral Blood Mononuclear Cells,
microRNAs, Benzo[*a*]pyrene, miR-132-3p, Aryl Hydrocarbon Receptor, Cytochromes P-450
1A1 and 1B1

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# 54 **1. Introduction**

Polycyclic aromatic hydrocarbons (PAHs) are a major class of environmental contaminants 55 formed by the incomplete combustion of organic materials, and distillation of coal and 56 petroleum. Human are commonly exposed to these pollutants present in large amounts in food, 57 air pollution, cigarette smoke, and some occupational atmospheres (Mallah et al., 2022). Human 58 exposure to these pollutants has been correlated to various pathologies such as cancer, 59 immunosuppression, and inflammation contributing to cardiovascular and pulmonary diseases 60 (Holme et al., 2019; Stading et al., 2021; Yu et al., 2022). While several particulate PAHs are 61 classified as probable or possible carcinogens by the International Agency for Research on 62 Cancer, benzo[a]pyrene (B[a]P) is the only PAH classified as a known human carcinogen 63 (International Agency for Research on Cancer, 2010), and the most widely used model 64 compound for studying the effects of PAHs. Most of the B[a]P-related toxic effects have been 65 66 linked to the activation of the aryl hydrocarbon receptor (AhR) and its subsequent binding to specific xenobiotic responsive elements within the promoter of responsive genes such as 67 cytochromes P450 (CYPs) 1A1, 1A2 and 1B1 (Fujii-Kuriyama & Mimura, 2005). We and 68 others showed that activation of the AhR signalling pathway by B[a]P produces systemic 69 changes in gene expression contributing in a major way to its toxic effects, especially 70 71 carcinogenesis in several organs such as lung, liver and lymphoid tissue (Hockley et al., 2006; Sparfel et al., 2010; Liamin et al., 2017, 2018). 72

MicroRNAs (miRNAs) are short (20 to 23 nucleotides long) non-coding RNAs that regulate gene expression at the post-transcriptional level. Typically, they bind to the 3'-UTR (untranslated region) of target mRNAs, leading to suppression of translation and/or mRNA degradation (Bartel, 2009). Through multiple transcript targets, miRNAs have been shown to regulate many aspects of biology such as stress responses, cell death, or carcinogenesis (Gulyaeva & Kushlinskiy, 2016). More recent investigations have examined the relationship

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between environmental contaminants and miRNA expression (Tumolo et al., 2022). Growing
evidence linking miRNAs to pollutants, associated with their regulatory role in gene expression,
suggests that miRNAs can serve not only as potential biomarkers of exposure but also
contribute to the mechanisms of diseases caused by environmental contaminants. Indeed,
miRNA alterations after PAH exposure in humans identified patterns that could be responsible
for various health outcomes (Deng et al., 2019; Ruiz-Vera et al., 2019).

Peripheral blood mononuclear cells (PBMCs), an easily obtainable blood cell fraction 85 mainly composed of lymphocytes and monocytes, appear to be a major cell type targeted by 86 PAHs. PBMCs are present at the entry points of these contaminants, and circulate permanently 87 through the body, thus acting as the first line of defense. In earlier studies, we have shown that 88 exposure to PAHs inhibits the differentiation of human monocytes into immunocompetent cells 89 such as macrophages (van Grevenynghe et al., 2004). Such an exposure also targets human T 90 91 lymphocytes, thereby altering their functional properties such as cytokine secretion in current smokers (Prigent et al., 2014) or producing specific B[a]P-derived DNA damage associated 92 with an increasing frequency of mutations (Liamin et al., 2017). Overall, these PAH-induced 93 alterations may participate in the immunotoxic, pro-inflammatory or carcinogenic-related 94 effects; this underlines the importance of studying PBMCs to analyse the effect of 95 96 environmental pollutants to human health. Whether these effects are associated with an alteration of miRNA expression in PBMCs has not been previously investigated. The present 97 study used high-throughput small RNA sequencing (RNA-seq) technology to characterize 98 99 miRNA changes caused by B[a]P exposure in human PBMCs. Using bioinformatics tools, we also investigated the possible role of the differentially expressed miRNAs by predicting their 100 101 downstream target genes and analysed the major regulated signalling pathways and biological functions. Further analyses showed that B[a]P increased, in a dose- and time-dependent 102 103 manner, the expression of miR-132-3p; that this required AhR activation and that the regulation of CYP1A1/CYP1B1 balance by miR-132 could be a potential modulator of B[*a*]P's
cytotoxicity in PBMCs.

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### 107 2. Materials and methods

### 108 2.1. Chemicals and reagents

B[a]P, pyrene (PYR), dimethylsulfoxide (DMSO), Hoechst 33342, CH-223191, and N-109 benzyloxycarbonyl-Val-Ala-Asp(O-Me) fluoromethyl ketone (Z-VAD) were obtained from 110 Merck (Darmstadt, Germany). Lipofectamine and SYTOX®Green were purchased from 111 Thermo Fisher Scientific (Courtaboeuf, France). PAH complex mixtures were extracted from 112 the industrial products coal tar pitch (CTP-I), and the synthetic coal tar pitch mixture (CTP-S) 113 was identically reconstituted using PAH standards as previously reported (Bourgart et al., 114 2019); PAH profiles in CTP-I are indicated in Supplementary materials and methods (Table 115 116 S1). The applied dose was adjusted to 10 nM and 2  $\mu$ M of B[a]P for CTP-I and CTP-S.

### 117 2.2. Cell culture and treatment

PBMCs were isolated from buffy coats collected from human blood donor who provided 118 written informed consent for the research protocol according to the regulation for blood 119 transfusion of the French blood organization Etablissement Français du Sang, Rennes (France), 120 AC-2019-3853 by Ficoll (Eurobio, Les Ulis, France) gradient centrifugation (Liamin et al., 121 2017, 2018). They were then cultivated at 37°C with 5% CO2 in RPMI medium (Eurobio) 122 supplemented with 20 IU/mL penicillin, 20 µg/mL streptomycin, and 10% decomplemented 123 124 fetal calf serum (Lonza, Bale, Swiss) and exposed to PAHs, stocked in DMSO. The final concentration of DMSO in the culture medium was always < 0.2% v/v and control cultures 125 received the same dose of DMSO as treated cultures. 126

### 127 **2.3.** *RNA isolation*

Parallel isolation of small and large RNA from PBMCs was perfomed using the NucleoSpin
RNAs kit (Macherey-Nagel, Düren, Germany) with minor changes, and were quantified as
detailed in Supplementary materials and methods.

131 2.4. RT-qPCR assays

132 The reaction is performed on total RNA (1  $\mu$ g),reverse-transcribed into cDNA using the RT 133 Applied Biosystems kit (Thermo Fischer Scientific). For qPCR assays,gene-specific primers 134 from Eurogentec (Seraing, Belgium) were used as previously described (Liamin et al., 2018).

The small RNA fraction (5 ng) was reverse-transcribed using an adapter-based TaqMan Advanced miRNA cDNA Synthesis kit (Thermo Fischer Scientific) with a preamplification step according to the manufacturer's protocol. For qPCR assays, predesigned probe-based TaqMan Advanced miRNA Assays and TaqMan Fast Advanced Master Mix (Thermo Fisher Scientific) were used. For qPCR validation, we spiked the samples with an exogenous miRNA (miR-39) for normalization before RNA extraction, and used it as the reference miRNA to control technical variability as recommended (Hu et al., 2020).

#### 142 2.5. Western blotting

Total cellular protein extracts were prepared by lysis of PBMCs in a buffer containing 50 mM
Tris-HCl, pH 8, 5 mM EDTA, 150 mM NaCl, 1% Nonidet-40, 0.5% sodium desoxycholate, 1
mM sodium fluoride, 2 mM dithiothreitol, 1 mM sodium orthovanadate and 1 mM
phenylmethanesulphonyl fluoride, supplemented with a cocktail protease inhibitor (Roche
Diagnostics, Meylan, France).

Protein separation was performed on a polyacrylamide gel followed by electrophoresis 148 149 transfer onto nitrocellulose membranes (Merck Millipore, Burlington, MA, USA). After blocking, membranes were incubated with a mouse monoclonal antibody to human Dicer 150 (ab14601) (Abcam, Cambridge, UK) or with a rabbit anti-human PUMA antibody (Cell 151 152 Signaling Technology, Danvers, MA, United States). A peroxidase-conjugated antibody was next used as secondary antibody and immunolabelled proteins were visualized by 153 chemoluminescence using a gel imaging system (Bio-Rad) equipped with a CCD camera. 154 Protein amounts were quantified by densitometry using Image Lab<sup>TM</sup> software (Bio-Rad) and 155

normalized using HSC70 (Santa Cruz Biotechnology (Heidelberg, Germany) as a loadingcontrol.

158 2.6. Small RNA-seq

# 159 2.6.1. Library preparation and small RNA-seq

To construct the libraries, 12 independent PBMC cultures each grown in untreated (DMSO) 160 and 2 µM B[a]P-treated conditions for 48 h, were combined in 3 equal pools (with 4 separate 161 blood donors *per* pool) for each condition. Due to the biological variability between donors 162 (Sparfel et al., 2010; Liamin et al., 2018), we pooled the 12 cultures in 3 equal pools, either 163 with or without B[a]P exposure, prior to isolate 5-15 ng of the small RNA fraction and 164 processed using Qiaseq miRNA library prep kit (Qiagen, Hilden, Germany) according to the 165 manufacturer's instructions and as detailed in Supplementary materials and methods. 166 Sequences obtained in the study have been deposited in GenBank with accession numbers 167 GSE222837. After filtering low-quality reads and adaptor sequences, a total of 3251955 + 168 468873 and 2604815 ± 227816 miRNA reads were obtained for the untreated (DMSO) and 169 B[a]P-treated PBMCs, respectively (Tables S3 and S4). 170

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# 2.6.2. Small RNA-seq data processing and mapping

Fastq files were aligned using the QIAGEN pipeline (QIAseq® miRNA Primary 172 173 Quantification). The number of differentially expressed miRNAs between the two conditions were determined with the DESeq2 R package (DESeq2 1.26.0). The standard DESeq2 174 normalization method (DESeq2's median of ratios with the DESeq function) was used, with a 175 176 pre-filter of reads and genes (reads uniquely mapped on the genome, or up to 10 different loci with a count adjustment, and genes with at least 10 reads in at least 3 different samples). 177 Following the package recommendations, the Wald test was used with the contrast function and 178 the Benjamini-Hochberg False Discovery Rate (FDR) control procedure to identify 179 differentially expressed genes. 180

## 181 2.7. Functional analysis

Lists of miRNAs significantly induced or repressed after B[*a*]P exposure were analysed through the use of Ingenuity Pathway Analysis (IPA) software (QIAGEN Inc., <u>https://www.qiagenbioinformatics.com/products/ingenuity-pathway-analysis</u> v. 73620684). Significantly over-represented functions were identified with a right-tailed Fisher's Exact Test that calculates an overlap *p-value* determining the probability that each term associated with our list of differential miRNAs was due to chance alone.

### 188 2.8. miRNA transfection

To study the functions of miR-132, PBMCs were transfected with 8.5 x  $10^{-9}$  M miR-132 inhibitor (anti-miR-132) or miR inhibitor control (anti-miR-CTR) (Thermo Fisher Scientific)

using lipofectamine. Twelve hours later, PBMCs were exposed to  $2 \mu M B[a]P$  for 48 h.

# 192 2.9. Cell death evaluation

PBMCs were tested for both apoptotic and necrotic cell death, as previously reported 193 (van Meteren et al., 2019). Apoptotic cells were identified by chromatin condensation and 194 morphological changes of the nucleus using the blue-fluorescence chromatin dye Hoechst 195 33342; in parallel, necrotic cells were evidenced by the SYTOX<sup>®</sup>Green nucleic acid stain, only 196 permeant to cells with compromised plasma membranes. Briefly, untreated (DMSO) and PAH-197 198 treated PBMCs were stained at 37 °C with 10 µg/ml Hoechst 33342 and 125 µM SYTOX<sup>®</sup>Green for 15 minutes. Apoptotic and necrotic cells were then manually counted using 199 a fluorescence microscope (Axio Scope A1, ZEISS, Marly le Roi, France); a total of 300 nuclei 200 201 were examined for each condition (magnification x40).

202 2.10. Statistical analysis

Data are expressed as mean ± SEM from at least 3 independent experiments. Statistical
 significance was assessed using GraphPad Instat (GraphPad Software, INC., La Jolla, CA,

- 205 USA) by paired Student's t-test, or analysis of variance followed by Dunnett or Student-
- Newman-Keuls post hoc tests. A *p*-value  $\leq 0.05$  was considered significant.

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## 208 **3. Results**

# 3.1. Identification of B[*a*]P-regulated miRNAs in human PBMCs using high throughput small RNA-seq

We isolated primary human PBMCs from healthy blood donors and treated them with vehicle 211 (DMSO) or with the prototypical PAH, B[a]P, at previously and commonly chosen 212 concentrations for *in vitro* toxicity studies of 10 nM and 2 µM (Liamin et al., 2017) for 48 h. 213 The expression of four well-known AhR-target genes (CYP1A1, CYP1B1, AhR Repressor 214 (AhRR), and TCDD Inducible Poly(ADP-Ribose) Polymerase (TIPARP)) was analysed in 215 PBMCs by RT-qPCR. As expected (Hockley et al., 2006; Sparfel et al., 2010), a 48-h exposure 216 217 to 2 µM B[a]P was found to up-regulate the mRNA expression of these AhR-target genes, with statistically significant induction of CYP1A1 and CYP1B1 while no significant difference was 218 observed in PBMCs treated with 10 nM B[a]P (Figure 1A). We then investigated the effect of 219 220 2  $\mu$ M B[a]P on the expression of genes and proteins involved in the miRNA processing machinery. As shown in Figure 1B, DROSHA, DCRG8, XPO5, DICER and AGO2 mRNA 221 expression was not affected. Consistent with the unaltered mRNA levels, protein levels for 222 DICER were not significantly increased in the presence of B[a]P (Figure 1C). Taken together, 223 these data indicate that primary human PBMCs fully responded to a 2 µM B[a]P 48 h exposure, 224 225 and possess components of the miRNA machinery unaltered by such exposure, allowing an analysis of global changes in miRNA profiles in these conditions. 226

To identify differentially expressed miRNAs in response to B[*a*]P exposure, we performed deep sequencing of small RNAs extracted from PBMCs from 12 independent donors cultured in the presence of 2  $\mu$ M B[*a*]P or DMSO for 48 h. As shown in Figure 2A, B[*a*]P treatment did not significantly alter the proportion of miRNA reads which accounted for approximately 28% and 25% of the total number of reads for DMSO and B[*a*]P-treated samples, respectively. Overall, we detected 765 mature known miRNAs expressed with a base mean of reads > 10 in at least

one of the two conditions (Table S5), with 436 (57%) shared by the two conditions as shown 233 by the Venn diagram (Bardou et al., 2014) (Figure 2B). By using the principal component 234 analysis on the top 500 miRNA reads, we revealed distinct clusters between untreated (DMSO) 235 and B[a]P-treated PBMCs (Figure S1). After filtering with an adjusted p-value < 0.05 and a 236  $|\log 2FoldChange| \ge 0.4$  or  $\le -0.4$ , 285 miRNAs showed differential expression after B[a]P 237 treatment compared with the DMSO control with 65 up-regulated and 220 down-regulated 238 miRNAs (Figure 2C, Table S6). Using as a cutoff miRNAs with more than > 100 read counts 239 in at least one of the 6 conditions, 15 miRNAs whose expression was altered upon B[a]P240 treatment were detected, including 4 up-regulated miRNAs (miR-132-3p, miR-1246, miR-241 242 3069, and miR-320c) and 11 down-regulated miRNAs (miR-221-3p, miR-23b-3p, mir-454-3p, miR-7-5p, miR-30c-5p, miR-142-3p, miR-144-5p, miR-301a-3p, miR-4515, miR-1909-5p, 243 miR-6815-5p) (Figure 2E). The heatmap (Figure 2D) indicated that these differentially-244 regulated miRNAs were well clustered into 2 classes defining distinct expression patterns 245 between untreated (DMSO) and B[a]P-treated PBMCs. 246

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# 3.2. Functional analysis and target gene prediction of B[*a*]P-regulated miRNAs in human PBMCs

To explore the over-represented functions in which these 15 B[*a*]P-regulated miRNAs are involved, we used IPA software. Cellular development, growth/proliferation and death/survival-related functions were 3 of the top 5 functions altered in response to B[*a*]P treatment (Table 1). The use of the TAM 2.0 tool to perform functional annotations of B[*a*]Pregulated miRNAs by over-representation analysis also reported an enrichment in miRNAs contributing to cell death and apoptosis (Table S7).

Since the functional enrichment analysis of miRNAs is limited by current miRNA
functional annotations, we performed a target gene prediction of the 15 differentially-regulated

miRNAs using the four analysis online tools, TargetScan, FunRich, miRDIP, and miRWALK. 258 We thus identified 313 common genes (Figure S2A). IPA software was then used to analyse 259 the most significant diseases and disordered biological functions linked to these genes. As 260 shown in Table S8, the most significant disease was cancer, the most significant molecular and 261 cellular function was linked to function and maintenance, and organismal survival appeared as 262 the most significant category in physiological development and system function. Using the 263 online prediction tool WebGestalt, we then performed an identification of enriched categories 264 based on a FDR < 0.05 for the 313 predicted target genes. Interestingly, the GO biological 265 process analysis showed that these genes are involved in the negative regulation of intrinsic 266 267 apoptotic signalling pathway to DNA damage, and in the regulation of cellular senescence (Figure S2B). The KEGG analysis also identified autophagy among the five most significant 268 categories selected on *p*-value (Figure S2C). Altogether, these results indicate that the 269 270 differentially-regulated miRNAs and their predicted genes may participate in regulation of the balance between cell survival and death. 271

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# 3.3. Validation of B[*a*]P-regulated miRNAs and associated biological pathways in human PBMCs by RT-qPCR

275 We then performed RT-qPCR assays using cultures of independent PBMC samples, in order to confirm the transcriptional changes of miRNAs identified by the RNA-seq analysis. From the 276 list of the 15 most differentially-regulated miRNAs, we selected 8 miRNAs (miR-132-3p, miR-277 1246, miR-3609, miR-221-3p, miR-454-3p, miR-7-5p, miR-30c-5p, miR-142-3p) that 278 demonstrated the highest reads and depending on TaqMan probes available for RT-qPCR 279 validation. As shown in Figure 3A, all the miRNAs examined show a trend consistent with the 280 miRNA-seq results. We detected levels of up-regulation for miR-132, miR-1246, miR-3609 281 and lower levels for miR-221, miR-454, miR-7, miR-30c, miR-142 in B[a]P-treated PBMCs 282

(Figure 3A). However, results of RNA-seq data were more pronounced than those obtained by

and times. We showed that miR-132 increased with B[a]P concentration with a significant

RT-qPCR results; indeed, regarding these latter results, the effect of B[a]P was only statistically significant for miR-132 (Figure 3A). Due to its highest change in expression and the robustness of its analysis, miR-132 was selected for further investigations. To further evaluate the impact of B[a]P on miR-132 expression, PBMCs were exposed to B[a]P at increasing concentrations

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effect from 2  $\mu$ M compared to DMSO-controls (Figure 3B). Time-course of its induction in PBMCs exposed to 2  $\mu$ M B[*a*]P showed that miR-132-3p miRNA levels increased over time and became significantly up-regulated at 48 h (Figure 3C).

292 Due to the ontology analysis, and since B[a]P is known to initiate cell death in different cell types (Hardonnière et al., 2017), we evaluated whether B[a]P caused apoptosis, necrosis, 293 and/or autophagy in PBMCs. Using Hoechst 33342 and SYTOX<sup>®</sup>Green co-staining, we first 294 295 observed that the number of apoptotic PBMCs increased with B[a]P concentrations and was significant at 2  $\mu$ M B[a]P after a 48 h-exposure (Figure 4A) with several apoptotic 296 morphological features such as chromatin condensation and DNA fragmentation (magnified 297 images on the right panel, Figure 4A). By contrast, B[a]P treatment did not cause any significant 298 299 changes in the number of necrotic cells (Figure 4A). Additionally, analysis by RT-qPCR 300 experiments revealed that the expression of several genes involved in the regulation of the apoptotic signalling pathway in response to DNA damage by p53 were increased after treatment 301 with 2 µM B[a]P for 48 h (Figure 4B). A significant increase was notably found for DDB2, 302 303 which plays a central role in defining the response to DNA damage as well as for the proapoptotic genes BBC3 and BID (Figure 4B). In agreement with mRNA expression, protein 304 305 levels of PUMA encoded by the BBC3 gene were also significantly increased after treatment with 2 µM B[a]P for 48 h (Figure 4C). Next, we examined cell autophagy by acridine orange 306 staining and flow cytometry to assess acidic vacuoles, that increase upon autophagy induction 307

(Thomé et al., 2016). We found that the percentage of acridine orange-stained cells was not 308 significantly altered upon B[a]P treatment (Figures S3A and S3B). Furthermore, treatment with 309  $2 \mu M B[a]P$  for 48 h did not significantly alter mRNA levels of typical markers of autophagy 310 such as ATG5, ATG7, ATG12, and BECLIN1 (Figure S3C) or the protein LC3 conversion 311 (LC3B-I to LC3B-II) (Figure S3D) (Mizushima & Yoshimori, 2007). Finally, given the 312 association of oxidative stress with cell death/survival, we used the oxidative-sensitive 313 H2DCFDA probe and flow cytometry to detect generation of reactive oxygen species in 314 PBMCs exposed to B[a]P for 48 h. As shown in Figure S4A, a 48-h treatment with 10 nM or 315  $2 \mu M B[a]P$  did not modify the production of reactive oxygen species. However, we observed 316 317 alterations in the expression of markers linked with the oxidative machinery; we thus found a 318 significantly decreased mRNA expression of SOD2 mRNA and HMOX1/HO-1 mRNA and protein levels after B[a]P treatment with 2 µM for 48 h (Figures S4B and S4C), therefore 319 320 suggesting that an early oxidative stress probably could contributes to B[a]P-induced apoptosis as previously described (Huc et al., 2007). 321

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## 323 **3.4.** Role of miR-132 in B[*a*]P-induced cell death in human PBMCs

In the next set of experiments, we first investigated the involvement of the apoptosis induced 324 325 by B[a]P in miR-132 expression using Z-VAD, an apoptosis inhibitor (Fearnhead et al., 1995; van Meteren et al., 2019). Although Z-VAD prevented the increase in the number of apoptotic 326 cells (Figure 5A, right panel), it did not change the B[a]P-induced miR-132 expression (Figure 327 328 5A), thus indicating that this was not mediated by apoptosis. We next examined the effects of the potent AhR antagonist CH-223191 (Zhao et al., 2010), inhibiting B[a]P-induced CYP1A1 329 and CYP1B1 mRNA levels in PBMCs (data not shown) on the miR-132 up-regulation. 330 Interestingly, CH-223191 strongly inhibited miR-132-induced expression in B[a]P-treated 331 PBMCs (Figure 5B); it also significantly prevented the induction of apoptosis in B[a]P-treated 332

PBMCs (Figure 5B, right panel). We thereafter analysed the effects of several AhR activators 333 on miR-132. PYR, known as a weak activator of AhR (Boonen et al., 2020), failed to increase 334 miR-132 levels (Figure 5C). By contrast, realistic and synthetic CTPs, adjusted at 335 concentrations of 10 nM and 2 µM B[a]P and containing 17.3 nM and 3.46 µM PYR 336 respectively, markedly increased miR-132 expression in PBMCs (Figure 5D). Interestingly, 337 PYR, did not significantly induce apoptosis whereas real and synthetic PAH mixtures 338 significantly increased apoptotic PBMCs (Figures 5C and 5D, right panels). Altogether, these 339 data indicate that B[a]P-induced AhR activation is necessary to increase miR-132 levels and 340 cause apoptosis in PBMCs at a 48 h-exposure. 341

342 We further analysed the role of miR-132 on B[a]P-induced effects in human PBMCs. Firstly, we explored the effects of miR-132 knockdown on B[a]P-induced apoptosis by 343 transfecting PBMCs with an anti-miR-132 or with an anti-miR-CTR. Transfection and 344 345 knockdown efficiencies were confirmed by measuring miR-132 expression levels in PBMCs (Figure S5A). The results showed that transfection of the anti-miR-132 significantly mitigated 346 the number of B[a]P-induced apoptotic PBMCs compared to PBMCs transfected with the anti-347 miR-CTR (Figure 6A). Interestingly, RT-qPCR analysis showed that transfection with the anti-348 miR-132 in B[a]P-treated PBMCs did not alter the mRNA expression of pro-apoptotic and anti-349 350 oxidative genes such as BBC3 and Bcl2 (Figure 6B) and of SOD2 and HMOX1, respectively(Figure S5B). Since we observed a strong decrease in expression of AhR target 351 genes, CYP1A1 and CYP1B1 associated with the increased miR-132 expression over 48 h 352 353 (Figure 6C), we explored a potential regulatory role for miR-132 in the AhR signalling pathway and activation of its downstream genes. Interestingly, transfection with the anti-miR-132 354 increased B[a]P-induced, although not significantly, CYP1A1 mRNA levels, and significantly 355 decreased those of CYP1B1 (Figure 6D), while it did not modify AhR or ARNT expression when 356 compared to B[a]P-treated PBMCs transfected with the anti-miR-CTR (Figure 6E). Altogether, 357

- 358 these data suggest an effect of B[a]P on the CYP1A1/CYP1B1 balance, which could be
- associated with its induction of apoptosis in PBMCs.

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# 361 **Discussion**

miRNAs play major roles in the regulation of responses to environmental stresses and pollutant 362 exposures. Alteration of their expression can influence a variety of cellular functions, which 363 justifies investigating their expression profiles to understand toxicological responses of various 364 cell types. Among ubiquitous pollutants, PAHs, especially the prototypical B[a]P, exert various 365 toxic effects, mainly associated with AhR activation and the subsequent induction of CYP1-366 metabolizing enzymes (Shimada, 2006). We have previously characterized B[a]P-induced 367 alterations and their involvement in immunotoxic, pro-inflammatory or carcinogenic effects 368 using primary human blood cells (Liamin et al., 2017; Prigent et al., 2014; van Grevenynghe et 369 370 al., 2004). However, the key questions of how miRNA expression is regulated and what the roles of dysregulated miRNAs are in B[a]P-exposed human blood cells, remain to be 371 elucidated. In the present study, primary human PBMCs representing normal non-transformed 372 373 human cells that express all the miRNA processing machinery (Beer et al., 2014), were used as a model system to assess the effect of B[a]P on the expression of miRNAs. 374

Recent advances in next-generation sequencing technologies have enabled the 375 development of comprehensive and robust approaches such as small RNA-seq to quantify 376 377 miRNA expression genome-wide. To our knowledge, this is the first study using the high-378 throughput small RNA-seq method to profile B[a]P-regulated miRNAs, which allowed us to identify them as potential novel modulators of the effects of B[a]P, on human PBMCs. We 379 observed that B[a]P altered the expression of 285 miRNAs, most of them being down-380 381 regulated. This down-regulation has previously been described, notably the effects of PAHs and cigarette smoke on miRNA profiles in humans have been reported (De Flora et al., 2012; 382 Deng et al., 2014). By selecting highly expressed miRNAs, we focused on 15 miRNAs whose 383 expression is altered in B[a]P-treated PBMCs. Some of these miRNAs have already been 384 associated with B[a]P treatment such as miR-221 (recently proposed as a genetic marker for 385

bladder cancer for which PAH exposure is a risk factor; Martin-Way et al., 2022), miR-30c 386 regulated by B[a]P exposure (Wu et al., 2019) or miR-142, a PAH-responsive marker in 387 epidemiological studies (Rani, 2021). In the context of realistic environmental exposure to 388 which a human may be exposed, a number of such miRNA signatures have been described, for 389 example, miR--30c and miR-142 for cigarette smoke, and the miR-144 for air pollution by 390 diesel particles (Vrijens et al., 2015). The miR-132 also appeared regulated under human 391 exposure to cigarette smoke (Donate et al., 2021), our use of an occupational mixture of coal 392 tar reinforces this data in a real exposure situation. Interestingly, our *in silico* analysis indicated 393 that these 15 differentially-expressed miRNAs and their predicted targets could be enriched in 394 395 link with various functions, including well-documented B[a]P-regulated processes and signalling pathways. Indeed, IPA analysis revealed the prominence of biological categories 396 involved in apoptosis and autophagy processes essential to cell death and survival, which we 397 398 have previously been reported to be associated with B[a]P exposure (Lagadic-Gossmann et al., 2019). Analysis of signalling pathways activated by B[a]P-regulated miRNAs and their targets 399 genes such as MDM2 and DDB2 support involvement of PI3K-Akt pathway and DNA damage 400 response. DNA damage-induced Akt activation provides an opportunity for cells to survive and 401 repair DNA damage as we reported (Liamin et al., 2017). The consequence of DNA damage 402 403 depends on the balance between death and survival signals even if the molecular basis 404 underlying the balance between death and survival remains to be clarified under such our experimental conditions. Our experimental data confirmed that exposure of PBMCs to B[a]P405 406 induces cell apoptosis, supporting the hypothesis that miRNAs altered by B[a]P might be implicated in the cellular alterations caused by this pollutant in PBMCs. Subtle regulation of 407 miRNAs has been described as able to significantly inhibit different individual key targets to 408 modify biological responses (Flynt & Lai, 2008). For example, miR-221, known to promote 409 cell growth and protect cell from apoptosis (Liu et al., 2020; Xie et al., 2018), appeared weakly 410

411 down-regulated in B[a]P-treated PBMCs whereas its pro-apoptotic target *BBC3*/PUMA was 412 up-regulated at both mRNA and protein levels. A down-regulation of miR-142, leading to 413 changes in gene expression associated with an increase in B[a]P-DNA adducts in lung and liver 414 tissues, has also been reported (Halappanavar et al., 2011).

In the present study, we focused on miR-132 as it was the only miRNA whose altered 415 expression was validated by RT-qPCR. When we used TaqMan advanced probe-based 416 technology to validate miRNAs on independent PBMC samples, we did not statistically 417 validate by RT-qPCR the changes in expression of the 15 miRNAs identified by RNA-seq. 418 Although the consistency of these two techniques has been described (Yagi et al., 2017), 419 420 discrepancies have also been reported leading to a low percentage of validation by RT-qPCR (Chettimada et al., 2020; Ogando et al., 2016). This could be due not only to a difference in the 421 specificity between targeted qPCR versus whole library amplification of RNA-seq, but also to 422 423 a difference in the approaches used for data normalization. Indeed, non-variable small RNAs have not been proposed for normalization in qPCR as there is no standard strategy (Prieto-424 Fernández et al., 2019). Nevertheless, the trends in the qPCR quantification of selected 425 miRNAs was consistent with the RNA-seq results, supporting the validity of the sequencing 426 427 data.

428 Interestingly, the most induced miRNA, the miR-132, is a highly conserved miRNA belonging to the cluster miR212/132 associated with pleiotropic roles in multiple cell types and 429 different biological processes such as neurological development, inflammation, angiogenesis 430 431 and cancer (Wanet et al., 2012). miR-132 has also been described as regulated in several immune contexts such as experimental autoimmune encephalomyelitis (Hanieh & Alzahrani, 432 2013), in patients suffering from arthritis (Donate et al., 2021) or multiple sclerosis (Sağır et 433 al., 2021). Regarding its transcriptional regulation, miR-132 appears typically controlled by the 434 cAMP-response element binding transcription factor (Wanet et al., 2012), but in inflammatory 435

contexts, recent evidences demonstrated that AhR activation is implicated in the regulation of 436 miR-132 expression (Hanieh & Alzahrani, 2013; Abdullah et al., 2019; Donate et al., 2021). 437 Our data demonstrated the major contribution of AhR in B[a]P-induced miR-132 expression in 438 PBMCs. Indeed, realistic and synthetic CTPs with B[a]P content enhanced miR-132 439 expression, whereas the weak AhR agonist PYR exhibiting low AhR activity (Boonen et al., 440 2020) did not significantly alter miR-132 levels. In addition, the AhR antagonist CH-223191 441 fully counteracted the induction of miR-132 expression by B[a]P, whereas the use of pifthrin-442  $\alpha$ , a p53 inhibitor, also reducing B[a]P metabolism (Sparfel et al., 2006), did not change it (data 443 444 not shown). Our findings are consistent with the description of an AhR binding consensus motif located in the miR-132 gene, as described by Hanieh et al., (2015). Despite these advances 445 indicating the involvement of AhR in the B[a]P-induced miR-132 expression independently 446 from metabolism and activation of p53 pathway, the transcriptional control of the miR-132 447 expression by AhR remains incompletely elucidated. Although the induction of miR-132 by 448 449 AhR has been suggested to play an important role in mediating some of the immunomodulatory 450 effects of AhR (Wanet et al., 2012), its exact role in PBMCs awaits further investigation. Since PYR did not induce up-regulation of miR-132 in PBMCs and because CH-223191 451 452 concomitantly decreased B[a]P-triggered apoptosis and miR-132 up-regulation, we first postulated a role of miR-132 in apoptosis. To ascertain this role, B[a]P-induced miR-132 453 expression was inhibited via an anti-miR-132 that mitigated apoptosis in B[a]P-treated PBMCs, 454 in agreement with the proposed role of miR-132 as a tumor suppressor in mantle cell lymphoma 455 456 (B. Wu et al., 2020). By antagonizing miR-132 in PBMCs, the mRNA expression levels of pro-457 and anti-apoptotic genes remained unchanged while those of CYP1A1 and CYP1B1 were altered. Then, we hypothetized that miR-132 might modulate the CYP1A1/CYP1B1 balance. 458 459 Since CYP1A1 is important for detoxication whereas CYP1B1 plays a prominent role in the 460 metabolic activation and genotoxicity of PAHs (Uno et al., 2006), we propose that modulation

by miR-132 in favour of CYP1B1 could be correlated to B[a]P-induced apoptosis. However, 461 the mechanism by which B[a]P-induced miR-132 regulates CYP1A1 and CYP1B1 mRNAs 462 remains to be determined. Interestingly, a negative correlation between miR-132 and CYP1A1 463 has already been described (Rieger et al., 2013). Moreover, the description of miR-132 binding 464 sites on the CYP1A1 3'UTR in the miRWALK database suggests a direct regulation of 465 CYP1A1 by miR-132 through transcript degradation. To our knowledge, no studies have so far 466 linked miR-132 to CYP1B1 but an indirect transcriptional regulation mediated by a down-467 regulation of the SIRT1 deacetylase that regulates CYP is possible (Lee et al., 2010). A role for 468 cAMP also cannot be ruled out since we have previously reported that the B[a]P-activated  $\beta$ 2-469 470 adrenoreceptor-depending signalling pathway is crucial for PAH-mediated up-regulation of 471 CYP1B1 (Lagos et al., 2010; Mayati et al., 2012). We then propose a model in which B[a]Pinduced miR-132 mediates an increase of CYP1B1, associated to a reduction of CYP1A1 472 mRNA levels, thus potentiating the apoptotic response of PBMCs. Biological functions 473 mediated by these potential miR-132 targets are worthy of further investigations in the future, 474 especially during exposure to xenobiotics. 475

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#### 477 Conclusion

Our results contribute to a better understanding of the roles of miRNA, particularly that of miR-132, in the response to B[a]P exposure in human PBMCs, and provide the foundations for further investigations on the regulatory mechanisms of gene expression associated with PAH exposure.

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Fig.1: Primary human PBMCs are fully responsive to 2 µM B[*a*]P exposure for 48 h and 493 express several components of the miRNA machinery. Primary human PBMCs were treated 494 with vehicle (DMSO), with 10 nM or 2 µM B[a]P for 48 h. (A, B) mRNA expression of AhR-495 496 target genes (A) and miRNA machinery genes (B) was measured by RT-qPCR. Data are expressed relative to mRNA expression levels in DMSO-treated PBMCs, arbitrarily set at 1 497 unit and are shown as mean  $\pm$  SEM of 8 (A) and 4 (B) independent experiments performed with 498 PBMCs from separate blood donors tested in triplicate per experiment. (C) Expression of 499 DICER protein was analyzed by Western blotting. HSC70 was used as a loading control. A 500 representative blot is displayed on the right panel. Data are expressed relative to protein 501 expression levels in DMSO-treated PBMCs, arbitrarily set at 1 unit and are shown as mean  $\pm$ 502 SEM of 5 independent experiments performed with PBMCs from separate blood donors. \*,  $p \le 1$ 503 0.05 when compared with DMSO-treated PBMCs (analysis of variance followed by Dunnett's 504 multirange test) (A). 505

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Fig.2: Identification of B[a]P-regulated miRNAs in human PBMCs using high-507 throughput small RNA-seq. Primary human PBMCs were treated with vehicle (DMSO) or 2 508 µM B[a]P for 48 h and small RNA-seq was used to profile miRNA expression. (A) Distribution 509 of percentages of differentially mapped miRNAs. (B) Venn diagram showing numbers of 510 shared and unique miRNAs expressed in PBMCs. miRNAs were identified with a base mean 511 of reads > 10 in at least one of the two conditions. (C) Volcano plot of the differentially 512 expressed miRNAs with log2(Fold Change) on the x-axis and -log10(adjusted *p-value*) on the 513 y-axis. Genes with an adjusted *p*-value  $\leq 0.05$  and a log2(Fold Change)  $\geq 0.4$  or  $\leq -0.4$  are 514 highlighted in bright red for the up-regulated annotations, representing a total of 65 miRNAs, 515 and bright blue for down-regulated annotations, with a total of 220 miRNAs. (D) Visual 516 heatmap representation of the top 15 miRNAs (http://www.heatmapper.ca/expression) showing 517

unsupervised hierarchical clustering performed on rows (miRNAs) and columns (samples)
using Spearman rank correlation on z-scored normalized counts. (E) Table indicating
differential expression of the top highest expressed 15 miRNAs significantly regulated after
B[*a*]P exposure.

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Fig.3: Selected B[a]P-regulated miRNAs identified by RNA-seq are validated by RT-523 qPCR in human PBMCs. Primary human PBMCs were treated with vehicle (DMSO) or 2 µM 524 B[a]P for 48 h (A), with various increasing B[a]P concentrations for 48 h (B) or with 2  $\mu$ M 525 B[a]P for various increasing times (C). miRNA expression was measured by RT-qPCR. Data 526 527 are expressed relative to miRNA expression levels in DMSO-treated PBMCs (dotted black line), arbitrarily set at 1 unit and are shown as mean + SEM of 12 (A), 5 (B) and 6 (C) 528 independent experiments performed with PBMCs from separate blood donors tested in 529 triplicate *per* experiment. \*,  $p \le 0.05$  when compared with DMSO-treated PBMCs (paired 530 Student's t test (A) and analysis of variance followed by Dunnett's multirange test (B, C)). 531

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Fig.4: B[a]P induces apoptosis in human PBMCs. Primary human PBMCs were treated with 533 vehicle (DMSO), with 10 nM (A) or 2 µM B[a]P (A, B, C) for 48 h. (A) Apoptosis was 534 535 identified by microscopic observation (magnification x40) of the number of cells with condensed and/or fragmented chromatin after nuclear staining by Hoechst 33342, and necrosis 536 was estimated by SYTOX<sup>®</sup>Green staining. Representative photographs are displayed on the 537 538 right panel with digitally magnified images (x5) indicating apoptotic features such as chromatin condensation and DNA fragmentation. Data are expressed as percentages of dead cells and are 539 shown as mean  $\pm$  SEM of 5 independent experiments performed with PBMCs from separate 540 blood donors. (B) mRNA expression of genes involved in DNA damage and apoptosis was 541 measured by RT-qPCR. Data are expressed relative to mRNA expression levels in DMSO-542

543 treated PBMCs, arbitrarily set at 1 unit and are shown as mean  $\pm$  SEM of 8 independent experiments performed with PBMCs from separate blood donors tested in triplicate per 544 experiment. (C) Expression of PUMA protein was analyzed by Western blotting. HSC70 was 545 used as a loading control. A representative blot is displayed on the right panel. Data are 546 expressed relative to protein expression levels in DMSO-treated PBMCs, arbitrarily set at 1 547 unit and are shown as mean  $\pm$  SEM of 6 independent experiments performed with PBMCs from 548 separate blood donors. \*,  $p \le 0.05$  when compared with DMSO-treated PBMCs (analysis of 549 variance followed by Dunnett's multirange test (A) and paired Student's t test (B, C)). 550

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Fig.5: B[a]P-induced miR-132 expression does not depend on apoptosis but on AhR 552 553 activation in human PBMCs. miR-132 expression was measured by RT-qPCR in primary human PBMCs pre-treated or not for 1 h with 10 µM Z-VAD (A) or with 3 µM CH-223191 554 (B) prior to a B[a]P treatment for 48 h (A, B), with the vehicle (DMSO) or 2 µM PYR for 48 h 555 (C) or with industrial and synthetic CTP mixtures (CTP-I and CTP-S) (D). (A, B, C, D, left 556 panels) miR-132 expression was measured by RT-qPCR. Data are expressed relative to miRNA 557 expression levels in DMSO-treated PBMCs, arbitrarily set at 1 unit and are shown as mean + 558 SEM of 6 (A, B), 8 (C), 7 (D, CTP-I) and 6 (D, CTP-S) independent experiments performed 559 560 with PBMCs from separate blood donors tested in triplicate per experiment. (A, B, C, D, right panels) Apoptosis was identified by microscopic observation of the number of cells with 561 condensed and/or fragmented chromatin after nuclear staining by Hoechst 33342 staining. Data 562 563 are expressed as percentages of dead cells and are shown as mean  $\pm$  SEM of 4 (A), 5 (B), 8 (C) and 6 (D) independent experiments performed with PBMCs from separate blood donors. \*,  $p \le 1$ 564 0.05 when compared with B[a]P (A, B)- and DMSO (D)-treated PBMCs (analysis of variance 565 followed by the Student-Newman-Keuls's multirange test (A, B) or by Dunnett's multirange 566 test (D)). 567

Fig.6: miR-132 inhibition regulates B[a]P-induced CYP1A1 and CYP1B1 mRNA 568 expression and attenuates B[a]P-dependent apoptosis in human PBMCs. Primary human 569 PBMCs were transfected with an anti-miR-132 or an anti-miR control (anti-miR-CTR) (A, B, 570 D, E) prior to a B[a]P-treatment for 48 h (A, B, D, E) or with the vehicle (DMSO) or 2 µM 571 B[a]P for various increasing times (C). (A) Apoptosis was identified by microscopic 572 observation of the number of cells with condensed and/or fragmented chromatin after nuclear 573 by Hoechst 33342 staining. Data are expressed as percentages of dead cells and are shown as 574 mean ± SEM of 6 independent experiments performed with PBMCs from separate blood 575 donors. (B, C, D, E) mRNA expression (B, C, D, E) and miR-132 expression (C) was measured 576 577 by RT-qPCR. Data are expressed relative to expression levels in DMSO-treated PBMCs, arbitrarily set at 1 unit and are shown as mean  $\pm$  SEM of 6 independent experiments performed 578 with PBMCs from separate blood donors tested in triplicate *per* experiment. \*,  $p \le 0.05$  when 579 580 compared with B[a]P-transfected PBMCs with an anti-miR-CTR (paired Student's t test (A, D)). 581

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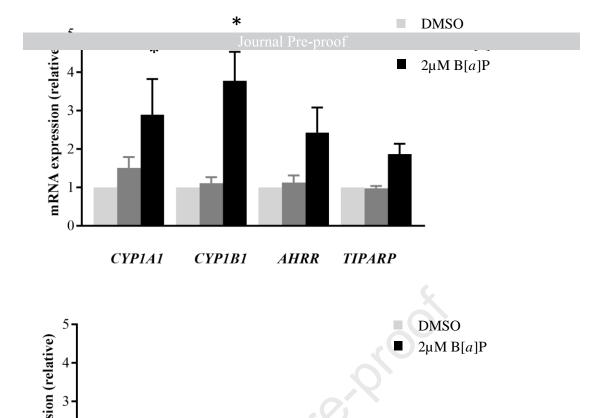
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Table 1: Top functions regulated by the 15 differentially-expressed miRNAs in PBMCs after exposure to 2  $\mu$ M B[ $\alpha$ ]P for 48 h.

Molecular and Cellular functions					
Top Functions	p-value <sup>a</sup>	miRNAs			
Cellular Development	3.98E-02 - 4.83E-06	130a-3p, 132-3p, 144-5p, 221-3p, 23a-3p, 30c-5p, 320b, 7a-5p			
Cellular Growth and Proliferation	3.98E-02 - 4.83E-06	130a-3p, 132-3p, 144-5p, 221-3p, 23a-3p, 30c-5p, 320b, 7a-5p			
Cell Death and Survival	4.87E-02 - 1.96E-04	130a-3p, 132-3p, 142-3p, 221-3p, 23a-3p, 30c-5p, 320b, 7a-5p			
Cell-To-Cell Signaling and Interaction	3.32E-02 - 1.38E-03	142-3p, 221-3p			
Cellular Function and Maintenance	4.16E-02 - 1.84E-03	130a-3p, 142-3p, 30c-5p, <mark>320b</mark>			

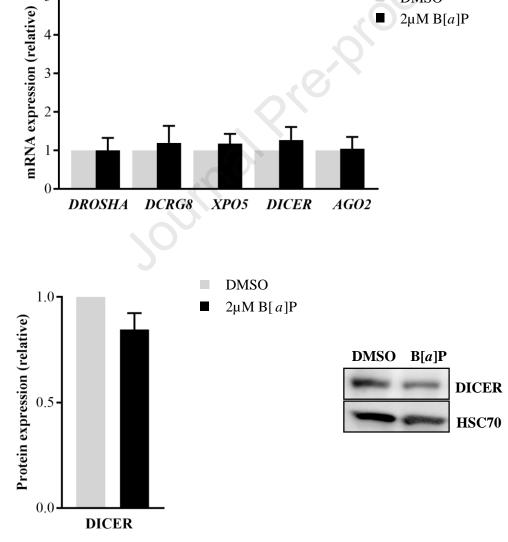
<sup>a</sup>p-values were calculated using the IPA software.

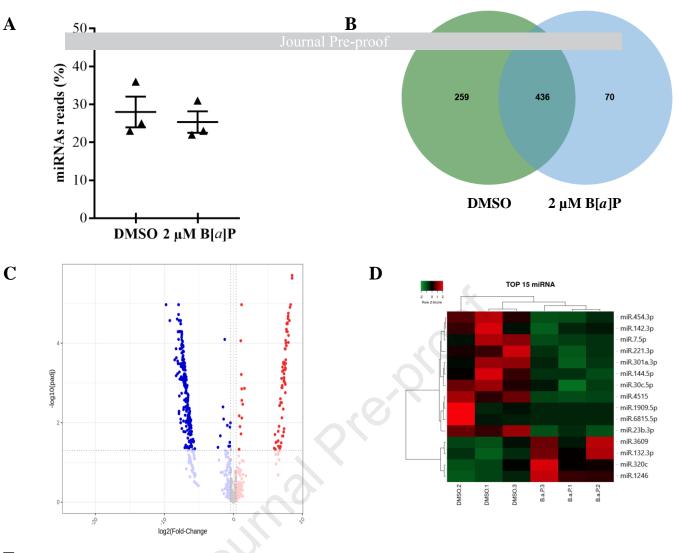


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	baseMean	log2FoldChange	p-value	p-value adjusted
hsa-miR-142-3p	48920.68	-0.7	0.01	0.04
hsa-miR-221-3p	7113.01	-0.4	0.02	0.05
hsa-miR-23b-3p	3104.84	-0.4	0.00	0.01
hsa-miR-1246	1708.11	1.2	0.00	0.00
hsa-miR-132-3p	934.27	1.2	0.00	0.00
hsa-miR-454-3p	1536.52	-0.5	0.00	0.01
hsa-miR-30c-5p	1467.31	-0.5	0.01	0.03
hsa-miR-320c	809.59	0.8	0.02	0.05
hsa-miR-7-5p	1121.42	-0.5	0.01	0.04
hsa-miR-3609	412.29	1.1	0.01	0.02
hsa-miR-144-5p	372.74	-0.9	0.00	0.01
hsa-miR-4515	254.03	-1.2	0.00	0.00
hsa-miR-301a-3p	115.06	-1.0	0.02	0.05
hsa-miR-1909-5p	85.36	-9.7	0.00	0.00
hsa-miR-6815-5p	58.60	-9.2	0.00	0.00

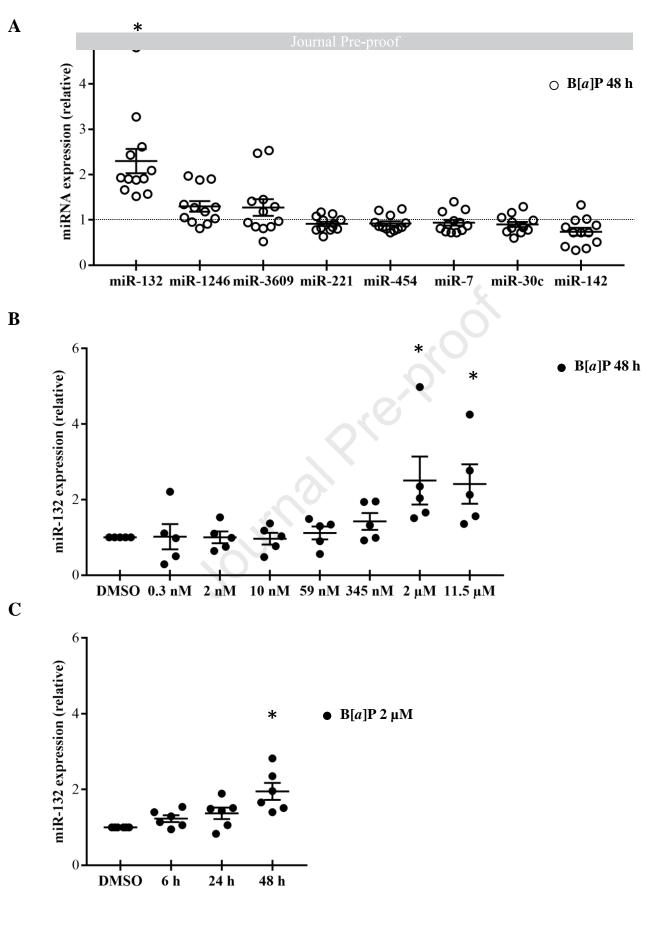
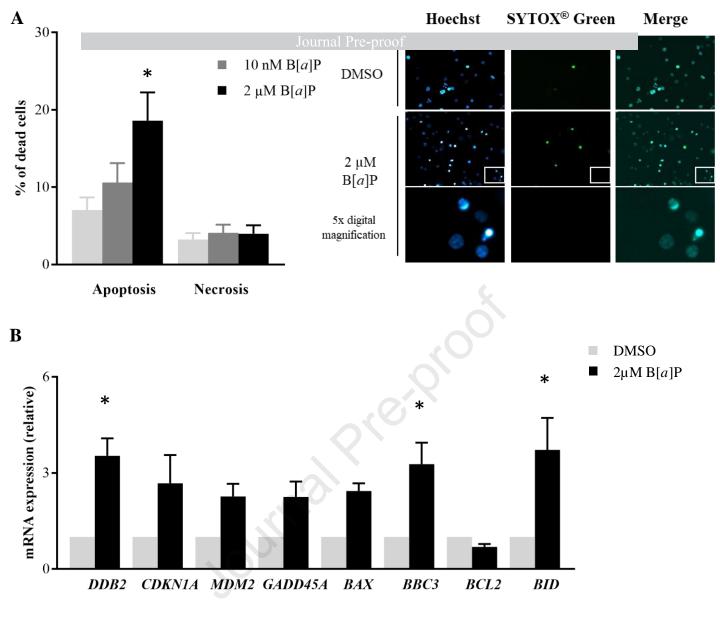
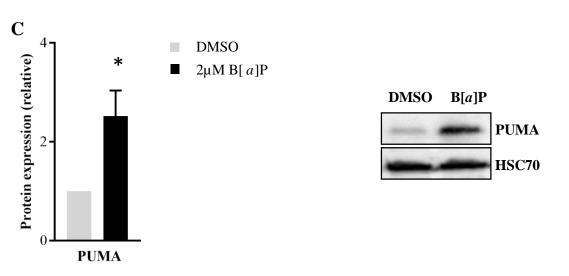


Fig. 3





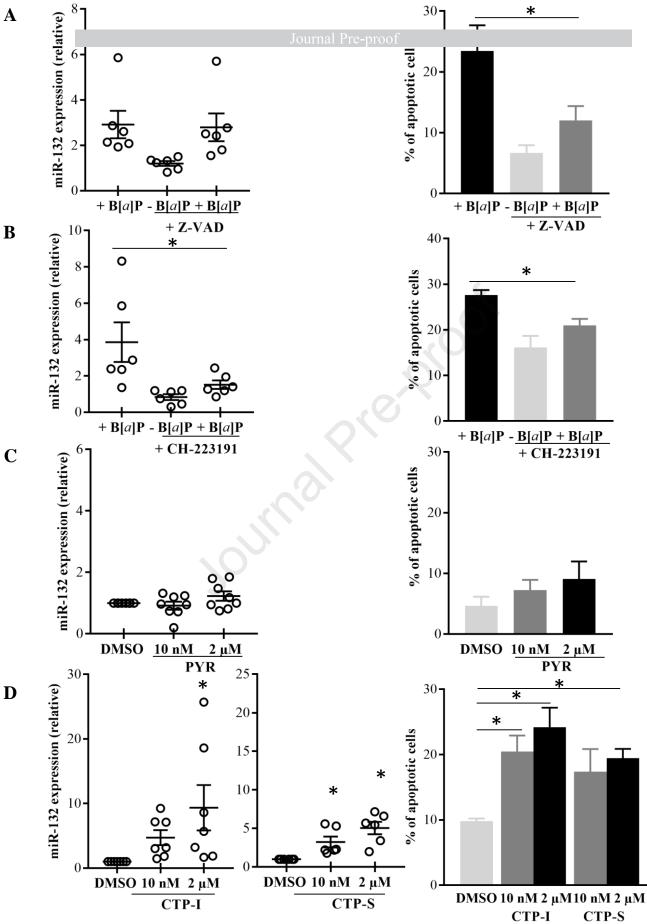
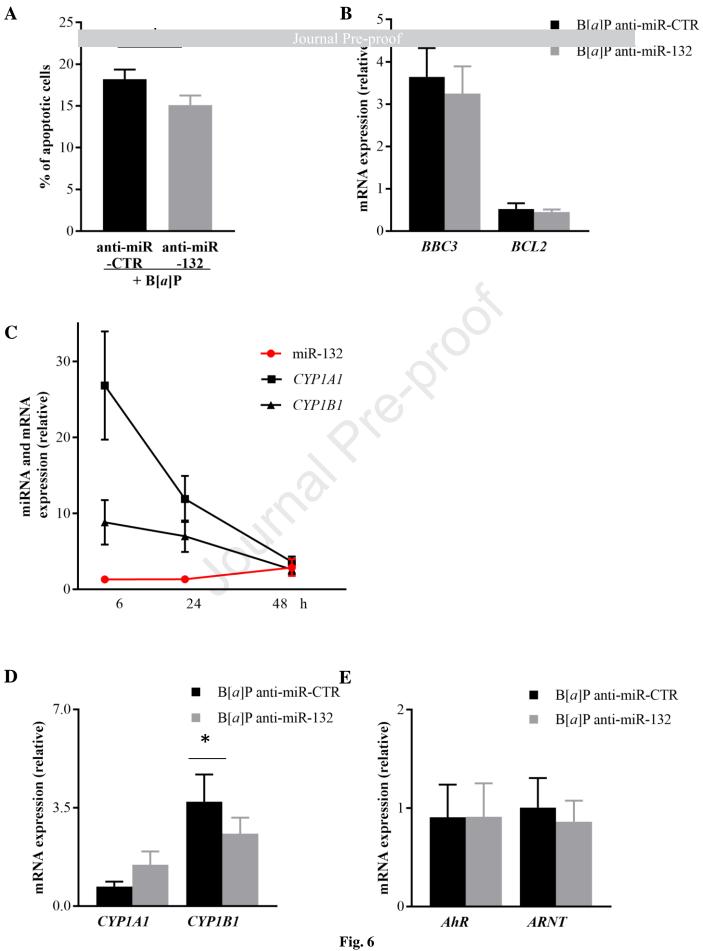


Fig. 5



# Highlights

- Small RNA sequencing identifies B[a]P-responsive miRNAs in human PBMCs.
- Predicted targets of B[a]P-regulated miRNAs are related to apoptosis of PBMCs.
- miR-132-3p is the most B[a]P-regulated miRNA in PBMCs.
- B[*a*]P-induced miR-132 requires AhR activation.
- miR-132 could modulate apoptosis *via* regulation of the CYP1A1/1B1 balance upon B[a]P.

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Funding acquisition: Lydie Sparfel

### **Declaration of interests**

☑ The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

□ The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

Journal Prevention