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Matthew Paul van Leeuwen, Michelle Rosemarie Toutounji, Jitendra Mata,  
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1    **Assessment of starch branching and lamellar structure in rice flours**

2    Matthew Paul Van Leeuwen<sup>a</sup>, Michelle Rosemarie Toutounji<sup>a</sup>, Jitendra Mata<sup>b</sup>, Rachelle

3    Ward<sup>c</sup>, Elliot Paul Gilbert<sup>b,d</sup>, Patrice Castignolles<sup>a</sup>, Marianne Gaborieau<sup>a,e\*</sup>

4    <sup>a</sup> Western Sydney University, Australian Centre for Research On Separation Science

5    (ACROSS), School of Science, Parramatta, NSW 2150, Australia

6    <sup>b</sup> Australian Centre for Neutron Scattering, Australian Nuclear Science and Technology

7    Organisation (ANSTO), Lucas Heights, NSW 2234, Australia

8    <sup>c</sup> Yanco Agricultural Institute, NSW Department of Primary Industries, Yanco, NSW 2703,

9    Australia

10    <sup>d</sup> The Australian Institute for Bioengineering and Nanotechnology and Queensland Alliance

11    for Agriculture and Food Innovation, The University of Queensland, Brisbane, QLD 4072,

12    Australia

13    <sup>e</sup> The University of Queensland, Centre for Nutrition and Food Sciences, St Lucia, QLD 4072,

14    Australia

15    E-mail addresses: [matt211092@gmail.com](mailto:matt211092@gmail.com), [mtoutounji@csu.edu.au](mailto:mtoutounji@csu.edu.au), [jtm@ansto.gov.au](mailto:jtm@ansto.gov.au),

16    [rachelle.ward@dpi.nsw.gov.au](mailto:rachelle.ward@dpi.nsw.gov.au), [epg@ansto.gov.au](mailto:epg@ansto.gov.au), [p.castignolles@westernsydney.edu.au](mailto:p.castignolles@westernsydney.edu.au),

17    [m.gaborieau@westernsydney.edu.au](mailto:m.gaborieau@westernsydney.edu.au)

18    \* corresponding author: [m.gaborieau@westernsydney.edu.au](mailto:m.gaborieau@westernsydney.edu.au)

19

20    **Abstract**

21    Apparent amylose content is used to describe milled rice flour composition. This spectrophotometric

22    method is often the only direct measurement of starch structure in routine quality analysis. However,

23    starch exhibits 6 levels of structure. The (supra)molecular starch structure in rice flours was measured:

24    average degree of branching by <sup>1</sup>H NMR spectroscopy and semi-crystalline lamellar structure by small

25 angle X-ray scattering (SAXS). The suitability of these methods in routine quality analysis for breeding  
26 programs or the food industry was assessed in terms of precision and accuracy. Determination of  
27 apparent amylose content exhibits high precision (ca 5 % error) but low accuracy. Determination of  
28 average degree of branching exhibits a similar precision but good accuracy. Sample preparation  
29 (dissolution) is the first source of error in  $^1\text{H}$  NMR spectroscopy and presumably also in  
30 spectrophotometry. Within narrow ranges of apparent amylose content (less than 2.5 % absolute  
31 difference) differences in average degree of branching and lamellar structure could be observed. The  
32 difference between chemical structures of different amyloses/amylopectins within a given sample is  
33 not negligible. This opens a way to explore how finer details of molecular and supramolecular starch  
34 structure can play a role in understanding rice quality.

### 35 **Keywords**

36 Rice, starch, amylose, branching, SAXS, NMR

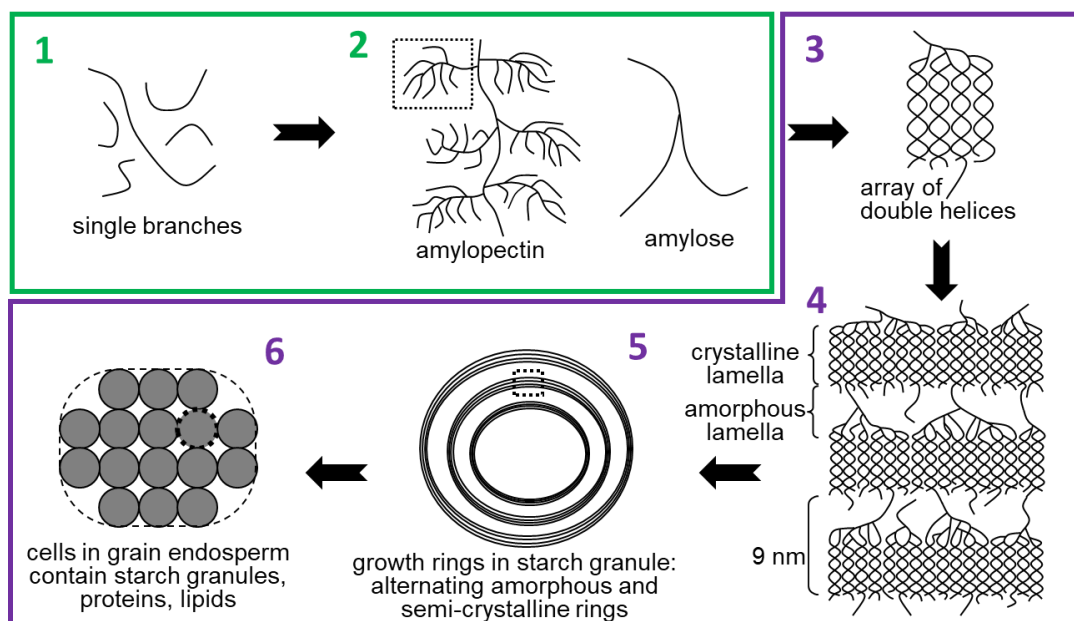
37

## 38 **1. Introduction**

39 Rice is an important crop providing the main nutritional intake of two-thirds of the global population  
40 (Juliano, 2016). Milled rice grains primarily comprise starch along with water, proteins and lipids  
41 (Juliano, 2016). Many commercial rice varieties are the result of rice breeding to maximise production  
42 efficiency, convey pest and disease resistance and to ensure the grain traits used to describe grain  
43 quality meet domestic and international market preferences (Ward, 2017). Descriptors of rice quality  
44 include physical, compositional and functional properties such as chalkiness, colour, gelatinisation  
45 temperature, apparent amylose content (AAC), texture and digestibility (Ward, 2017). Variation in  
46 some traits can primarily be explained by molecular markers (Ayres et al., 1997; Waters et al., 2006)  
47 and these are used in early generation breeding selections. Other traits are interdependent, for  
48 example, digestibility has generally been observed to decrease when AAC increases (Fitzgerald et al.,  
49 2011), but AAC values by themselves do not allow an accurate prediction of rice digestibility. Different

50 factors can impact grain quality, for example growing conditions have been observed to affect AAC,  
 51 gelatinisation and chalkiness (Jiang et al., 2003; Krishnan et al., 2011; Misra et al., 2015). Post-harvest  
 52 processing of starch into foods can also strongly affect starch structure in some cases but not others,  
 53 which in turn impacts nutritional and sensory properties (e.g. texture, visual aspect and flavour)  
 54 (Blazek & Gilbert, 2011). From rice breeding to processing, there is a common need for a deeper  
 55 understanding of drivers of rice quality traits (Concepcion et al., 2015), and characterising starch  
 56 structure at each level of organisation is a novel approach to do that.

57 The properties measured in describing grain quality often do not include any direct measures of starch  
 58 structure outside of AAC (Pallas, 2016; Ward, 2017). Native starch structure is complex, exhibiting a  
 59 multi-level hierarchical structure (Figure 1). Starch macromolecules consist of glucose monomer units  
 60 connected by  $\alpha(1, 4)$  glycosidic bonds with branch points involving  $\alpha(1, 6)$  linkages. Branched chains  
 61 are regularly arranged into tightly packed clusters of double helices that are the building blocks of  
 62 crystalline regions within the repeating semi-crystalline lamellar structure of each starch granule  
 63 (Buléon et al., 1998).



64

65 **Fig. 1. Hierarchical structural levels of starch showing the molecular (levels 1 and 2) and supramolecular**  
 66 **(levels 3-6) structures.. Adapted from (Gaborieau & Castignolles, 2009)**

67 Native and modified starch structures have been characterised by a range of analytical techniques  
68 (Blazek & Gilbert, 2011; De Bruyn et al., 2006; Pérez & Bertoft, 2010). The molecular level of structure  
69 refers to the individual starch molecules and their branching structure (Figure 1, Levels 1 and 2).  
70 Amylose and amylopectin are respectively linear/slightly branched and highly branched starch. Starch  
71 has no chromophores, but AAC is most commonly determined by spectrophotometric methods after  
72 binding to iodine (AACC International, 2011; Fitzgerald et al., 2009). Nuclear magnetic resonance  
73 (NMR) spectroscopy is one of the most versatile and informative spectroscopic techniques available  
74 for elucidation of molecular and supramolecular structure and dynamics (Figure 1, Levels 2 to 4)  
75 (Claridge, 2009; Gartner et al., 2011).  $^1\text{H}$  NMR spectroscopy can differentiate between anomeric  
76 protons involved in  $\alpha(1, 4)$  and  $\alpha(1, 6)$  linkages and has been used to estimate the average degree of  
77 branching (*DB*) of D-glucans (Usui et al., 1974), oligosaccharides (Gaborieau & Castignolles, 2009;  
78 Gaborieau et al., 2009; Hernández et al., 2008) and starches (Gidley, 1985). NMR is the preferred  
79 choice to determine the average *DB* (Ward, 2017) (Figure 1, Level 2). The measurement of average *DB*  
80 by  $^1\text{H}$  NMR spectroscopy is one of the few established methods available for probing the branching  
81 structure of starch, with separation methods such as HPAEC (high-performance anion-exchange  
82 chromatography), SEC (size-exclusion chromatography), or CE (capillary electrophoresis) also available  
83 to probe other aspects of the branching structure such as the molar mass distribution of enzymatically  
84 debranched starch, commonly named “chain length distributions” (Castro et al., 2005; Kazarian et al.,  
85 2010; Koch et al., 1998; Witt et al., 2012).

86 Characterisation of the multiple levels of crystalline structure in starch can be explored through a  
87 variety of techniques (Figure 1, Levels 3 to 5). X-ray diffraction (XRD) is capable of identifying and  
88 quantifying underlying A, B and C-type crystalline structures in starch (Buléon et al., 1998; Lopez-Rubio  
89 et al., 2008). The proportions of single and double helices relative to the amorphous structure of starch  
90 can also be measured by  $^{13}\text{C}$  solid-state NMR spectroscopy, allowing for insight into the short-range  
91 molecular order (Lopez-Rubio et al., 2008). Fourier transform infrared spectroscopy (FTIR) has been  
92 extensively used to characterise starch crystallinity, particularly in the range  $1300\text{-}800\text{ cm}^{-1}$  where a

93 crystalline index is often referenced. Crystalline index is defined as the ratio of 'crystalline' and  
94 'amorphous' absorbance band intensities (Capron et al., 2007; van Soest et al., 1995). However, strong  
95 overlap in absorbance bands and sensitivity to moisture limit the ability to obtain accurate data  
96 (Warren et al., 2016).

97 Lamellar starch structure can be measured by small angle X-ray scattering (SAXS) (Figure 1, Level 4 to  
98 5) (Blazek & Gilbert, 2011). Chain length distribution (i.e., distribution of degrees of polymerisation of  
99 the branches) and proportion of crystallinity correlate with the size and distribution of the lamellar  
100 structures in extracted starch (Witt et al., 2012). This has important implications for understanding  
101 the activity of branching enzymes in starch synthesis, the resulting dynamic composition of amylose  
102 and amylopectin, and their unique branching characteristics (Liu et al., 2012). These structural changes  
103 can consequently have significant impacts on the functional properties of the starch (Aravind et al.,  
104 2013; Shrestha et al., 2012). SAXS can also monitor starch processes including starch swelling (Salman  
105 et al., 2009), gelatinisation (Vermeulen et al., 2005), retrogradation (Bayer & Baltá-Calleja, 2006) and  
106 annealing (Vermeulen et al., 2006).

107 AAC is known to be a valuable parameter in describing grain quality traits relevant to key consumer  
108 preferences such as texture. However, there is scope to explore other structural features of starch.  
109 Rice flours were chosen rather than purified starches for their relevance to rice breeding programs or  
110 the food industry. Here, the suitability of characterisation methods in differentiating rice flour  
111 samples based on starch structure is assessed. This is achieved by investigating AAC by the iodine  
112 binding spectrophotometric method, average *DB* by <sup>1</sup>H solution-state NMR spectroscopy and semi-  
113 crystalline lamellar structure by SAXS. It is preceded by an in-depth, comparative assessment of the  
114 performance of AAC and *DB* measurements in terms of precision and accuracy.

## 115 **2. Materials and Methods**

### 116 **2.1 Materials**

117 Seven varieties of rice were grown at the NSW Department of Primary Industries at Yanco, NSW,  
118 Australia. These varieties are examples of rice with different end-quality attributes and different  
119 genetic backgrounds. Details of the rice growing in different temperature treatments, harvesting and  
120 preparation to flours are given in section S1.1 in supporting formation.

121 Hot-water soluble (HWS) and hot-water insoluble (HWI) fractions from flours of the waxy rice varieties  
122 Hom, Makfay, Med Gnay, Laboun and Phae Savan were provided as freeze-dried powders by the  
123 International Rice Research Institute (Los Baños, Philippines). HWS and HWI fractions are specified as  
124 waxy varieties in the text.

125 Other materials are described in section S1.2 in supporting information.

## 126 **2.2 Methods**

### 127 *2.2.1 Apparent amylose content*

128 AAC was determined using a modified AACCI approved method 61-03.01 (AACC International, 2011).

129 Rice flour was weighed (100 mg) and transferred quantitatively to 100 mL volumetric flasks. To this, 1  
130 mL of 95 % ethanol (5 % H<sub>2</sub>O) was added to wet the sample followed by vortexing, then 9 mL of 1 M  
131 aqueous NaOH added. Samples were then left at room temperature for 15-25 h to disperse. After  
132 dispersion, samples were made up to 100 mL with distilled water and vortexed.

133 For iodine colour measurements, 1 mL of dispersion was quantitatively transferred to a 20 mL test  
134 tube. To this, 2 mL of 0.1 M citric acid in water was added with mixing, followed by 1 mL of iodine  
135 solution (0.2 wt% aqueous I<sub>2</sub> and 2.0 wt% aqueous KI) then made up to 20 mL with distilled water. The  
136 dispersion was then mixed and left to stand for 20 min. Colour absorbance was recorded for 2 aliquots  
137 of each sample solution at 620 nm. Measurements were made on a Beckman Coulter DU800 Spec  
138 (Beckman Coulter Life Sciences, Indianapolis, United States).

139 Standard curve samples were prepared daily using water plus two in-house calibrated rice samples  
140 from NSW DPI. The absorbance at 620 nm was plotted against amylose content for each standard  
141 solution. The resulting standard curve was used to read AAC values for test samples.

142 The AAC of each variety and temperature is reported as the average of the replicate measurements  
143 and replicate glasshouse samples (n=4). Error bars are the standard error of the mean. Groupings of  
144 AAC were based on a range of AAC independent of error bars (<2.5 % absolute difference).

### 145 2.2.2 Average DB

146 Rice flours (10 mg) were suspended in 2.24 g D<sub>2</sub>O (5 g·L<sup>-1</sup>) in round bottom flasks (50-250 mL), rinsed  
147 with D<sub>2</sub>O prior to use. The flasks were sealed with Parafilm M<sup>®</sup>, mounted on an orbital shaker. Samples  
148 were continuously shaken (200 rpm) for 8 to 17 h at room temperature. Samples were then freeze-  
149 dried. This process was repeated once to ensure complete exchange of hydroxylic protons and  
150 minimise any resonance interference from residual solvent. The dried, selectively deuterated sample  
151 (4.5 mg) was dissolved in 0.45 mL of a 5 wt% LiBr DMSO-*d*<sub>6</sub> solution (made fresh from DMSO-*d*<sub>6</sub> with  
152 molecular sieves and LiBr powder stored in a desiccator) and heated in sealed glass vials at 80 °C  
153 overnight (approximately 15 h). 0.15 mL of D<sub>2</sub>O was subsequently added to give a final sample  
154 concentration of 7.5 g·L<sup>-1</sup> in DMSO-*d*<sub>6</sub>/D<sub>2</sub>O (75/25). Samples were kept at 80 °C and measured  
155 immediately (less than 2 min later).

156 The solution state <sup>1</sup>H NMR spectroscopy measurements were performed with a Bruker DRX300  
157 spectrometer (Bruker BioSpin Ltd, Sydney) equipped with a 5 mm dual <sup>1</sup>H/<sup>13</sup>C probe, at a Larmor  
158 frequency of 300.15 MHz. For older measurements in the reproducibility experiment (see Figure S4 in  
159 section S2.7, and accompanying text), experiments were performed with the same setup but at a  
160 Larmor frequency of 300.13 MHz (due to decommissioning and recommissioning of spectrometer to  
161 new location). <sup>1</sup>H NMR spectra were recorded using a 10 000 Hz spectral width, 90° flip angle, and  
162 acquired at 90 °C (see section S2.1 for temperature calibration).



163 The probe was tuned and the spectrometer was shimmed for each sample to ensure optimal signal-  
164 to-noise and resolution, respectively. Spectra were recorded and treated using Topspin software.  
165 Longitudinal relaxation times ( $T_1$ ) of the signals of interest were estimated using the one-dimensional  
166 inversion recovery pulse sequence (see supporting information, Figure S1 in section S2.3 and  
167 accompanying text). Quantitative spectra were recorded with a 7.5 s repetition delay, which is longer  
168 than 5 times  $T_1$  for the signals of interest. The chemical shift scales were calibrated with respect to  
169 the signal of DMSO at 90 °C (2.526 ppm) (Hoffman, 2006).

170 Average  $DB$  was calculated with equation 1 (Manelius et al., 2002),

$$171 \quad DB (\%) = \frac{I_{\alpha(1,6)} \times 100}{I_{\alpha(1,4)} + I_{\alpha \text{ reducing}} + I_{\alpha(1,6)} + I_{\beta \text{ reducing}}} \quad \text{Equation 1}$$

172 where  $I_y$  is the integral of the  $^1\text{H}$  NMR signal of the anomeric proton of type  $y$ , with observed  $y$  signals  
173 being  $\alpha(1, 4)$  (5.13 ppm),  $\alpha$  reducing end (5.00 ppm),  $\alpha(1, 6)$  (4.80 ppm) and  $\beta$  reducing end (4.45 to  
174 4.35 ppm) (Gidley, 1985; Hernández et al., 2008; Manelius et al., 2002; Nilsson et al., 1996). An  
175 example of the partial spectra and integration regions is shown in Figure S6. Reported values are the  
176 average of glasshouse replicates ( $n=2$ ). Error is reported as the standard error of the mean, and  
177 groupings of similar  $DB$  based on error bars.

178 For waxy rice flour fractions, the protocol above was slightly modified as detailed in section S2.2.

### 179 *2.2.3 Semi crystalline lamellar structure*

180 Samples were packed into 2 mm quartz glass capillaries. Packed samples were hydrated with excess  
181 Milli-Q® quality water for at least 12 h prior to analysis and tubes sealed using paraffin wax.

182 Small-angle X-ray scattering experiments were performed on a Bruker NANOSTAR SAXS system,  
183 employing 3 pinhole collimation for focussing, Cu  $K\alpha$  radiation with a wavelength of 1.541 Å and a  
184 VANTEC1000 2D detector (resolution 68  $\mu\text{m}$ ). The scattering vector,  $q$ , in the range of 0.01 to 0.35  $\text{\AA}^{-1}$   
185 was used with optics and sample chamber under vacuum.

186 Scattering files were radially averaged using Bruker NANOSTAR software package, appropriately water  
187 background subtracted and scaled relative to a water filled capillary using the ATSAS software package  
188 (Petoukhov et al., 2012). Scattering curves were fitted using a power law function to represent large-  
189 scale structure combined with a combined Gaussian/Lorentzian function for the main starch peak ( $q$   
190  $\approx 0.067 \text{ \AA}^{-1}$ ) and a Gaussian function for the secondary peak ( $q \approx 0.13 \text{ \AA}^{-1}$ ) (Equation S2). Fitting  
191 parameters were iteratively calculated to minimise chi-square using WaveMetrics Igor Pro software  
192 (WaveMetrics Inc.) and National Institute of Standards and Technology (NIST) Centre for Neutron  
193 Research macros (Kline, 2006). An example curve and fit is shown in Figure S37.

194 Reported values are the average of triplicate measurements of glasshouse duplicates (n=6). Error bars  
195 are reported as the standard error of the mean, and groupings of similar values based on error bars.

### 196 **3. Results and discussion**

#### 197 ***3.1 Performance of determination of AAC by spectrophotometry and average DB by NMR*** 198 ***spectroscopy in characterising molecular structure***

199 To allow a meaningful comparison of AAC and DB values measured on different samples, the  
200 performance of both methods first needs to be assessed. The precision and accuracy of the  
201 determination of AAC and average DB are compared below. The reproducibility was also assessed  
202 through the measurement of the same samples by different operators on different instruments. Here  
203 a comparison between the two methods to characterise level 2 of the starch structure is provided,  
204 assessing three major points: 1) sample preparation, 2) the measurement itself and 3) the results  
205 obtained.

##### 206 **3.1.1 Sample preparation**

207 In the first point, the sample preparation is an important aspect of both methods, both sensitive only  
208 to starch that is solubilised from flour at the molecular level. Full dissolution is sometimes assumed

209 when a transparent liquid is obtained or when no precipitation occurs upon centrifugation.  
210 Quantitative solution-state NMR spectroscopy showed that a transparent liquid, even upon  
211 centrifugation, can be obtained even if starch is not fully dissolved.(Schmitz et al., 2009)The NMR  
212 methodology published initially (Gidley, 1985) was modified in this work using dry DMSO- $d_6$  with the  
213 addition of 5 wt% LiBr instead of  $D_2O$  for dissolution of the samples (Hoang et al., 2008; Schmitz et al.,  
214 2009) to ensure complete dissolution at the molecular level. This high LiBr concentration was used  
215 (130:1 LiBr to glucose stoichiometry) since lower LiBr concentrations (12.4:1 LiBr to glucose  
216 stoichiometry) lowered the precision of average *DB* (see Figure S3 in section S2S2.5, and  
217 accompanying text). This large molar excess of LiBr compared to glucose units is needed not only to  
218 interact with the starch hydroxyl groups (inhibiting hydrogen bonds) but also to interact with and  
219 modify DMSO as a solvent (Striegel, 2003). Dry DMSO was used since even minute amounts of water  
220 in DMSO slow down the dissolution (Dona et al., 2007).  $D_2O$  was added after dissolution to shift the  
221 residual  $H_2O$  solvent peak, yielding further improved resolution of starch signals (Hernández et al.,  
222 2008). The error associated with sample preparation was determined through 4 repeat preparations,  
223 yielding a relative standard deviation (*RSD*) of 2.6 % on the average *DB* of Doongara (see Table S1 in  
224 section S2sS2.6, and accompanying text).

225 In the spectrophotometric determination of AAC, the sample preparation requires quantitative  
226 solubilisation of the starch at the molecular level but also iodine binding to occur. Suspension of starch  
227 in 90 % DMSO/10 % water before iodine binding has been attempted a few times.(Knutson, 1999;  
228 Singh et al., 2006) Dissolution of starch with DMSO and LiBr has never been attempted for AAC  
229 determination. The AACCI method for AAC determination prescribes the use of aqueous sodium  
230 hydroxide for solubilisation, a protocol that is typically maintained even in modified AAC  
231 determination methods. However, the solubility of starch in aqueous sodium hydroxide at the  
232 molecular level has yet to be determined. The sample preparation in the accepted AAC determination  
233 methods could thus lead to low accuracy with especially some systematic errors.

### 234 3.1.2 Precision and accuracy of average *DB*

235 The measurements clearly differ between NMR spectroscopy and spectrophotometry, with  
236 differences in precision and accuracy. A typical limitation of NMR spectroscopy is its sensitivity. The  
237 error related the signal-to-noise ratio (*SNR*) can be determined from an empirical relation (Castignolles  
238 et al., 2009; Maniego et al., 2017). In this work, spectra were collected until an *SNR* of at least 60 was  
239 obtained for the  $\alpha(1, 6)$  signal (about 700 scans, in about 90 min, yielding a *RSD* lower than 1 %. The  
240 error due to data processing (phasing, baseline correction) was deemed negligible in the case of  
241 determination of chitosan composition by NMR when *SNR* was above 50 for the least intense signal  
242 of interest.(Thevarajah, Bulanadi, et al., 2016) The resolution of the signals of interest in NMR of  
243 chitosan is similar to that observed in this work (see Figure S5 in section S2.8 for a typical  $^1\text{H}$  NMR  
244 spectrum of rice flour). The error due to processing is thus likely negligible for average *DB* in this work.

245 Measurements by  $^1\text{H}$  NMR spectroscopy are not intrinsically quantitative contrary to common belief.  
246 To determine quantitative conditions in which signal intensities reflect the quantities of species  
247 dissolved in the sample, appropriate estimation of  $T_1$  relaxation times was performed in this work for  
248 all signals of interest(section S2.3). This  $T_1$  assessment will apply to other instruments at the same  
249 magnetic field (300 MHz  $^1\text{H}$  Larmor frequency). To ensure accurate integration of the signals of  
250 interest, the resolution was improved by high probe temperature (90 °C) on top of the addition of  $\text{D}_2\text{O}$   
251 after dissolution (Hernández et al., 2008) (see Figure S2 in section S2.4, and accompanying text). In  
252 addition, the presence of lipids and proteins in rice flours did not affect the accuracy of *DB*  
253 quantification; their presence does not affect the quantification of starch solubility with  $^1\text{H}$  NMR  
254 spectroscopy, and no significant  $^1\text{H}$  NMR signals from proteins and lipids in rice flours are detected in  
255 the range of the signals of the anomeric hydrogen used in the quantification of the degree of branching  
256 (Schmitz et al., 2009).

257 These conditions were then used to test long- and short-term sample aging. A negligible effect of long-  
258 term aging (of the flour) was confirmed through repeat measurements 4 years after their initial

259 measurement and storage at 4 °C in a refrigerator, with a change in operator and instrument giving  
260 an indication of the good reproducibility of the method (see Figure S4 in section S2.7, and  
261 accompanying text). In contrast, short term aging (of the dispersion) was found to occur, with slow  
262 degradation after the addition of D<sub>2</sub>O if the sample was left to evolve over several hours (see Figure  
263 S22 in section S2.10, and accompanying text), therefore measurements were consistently performed  
264 immediately after addition of D<sub>2</sub>O.

265 Calculations of average *DB* in the literature differ in the inclusion or exclusion of  $\alpha$  and  $\beta$  reducing  
266 ends (Gidley, 1985; Manelius et al., 2002; Nilsson et al., 1996). For non-waxy rice flours  $\alpha$  and  $\beta$   
267 reducing ends were detected and included in the average *DB* calculation as previously reported  
268 (Manelius et al., 2002). For the waxy HWS and HWI fractions,  $\alpha$  and  $\beta$  reducing ends were considered  
269 negligible and not included. In the rest of the work, the error bars are based on precision values, likely  
270 a reasonable estimate of the accuracy in this case.

### 271 3.1.3 Precision and accuracy of *ACC*

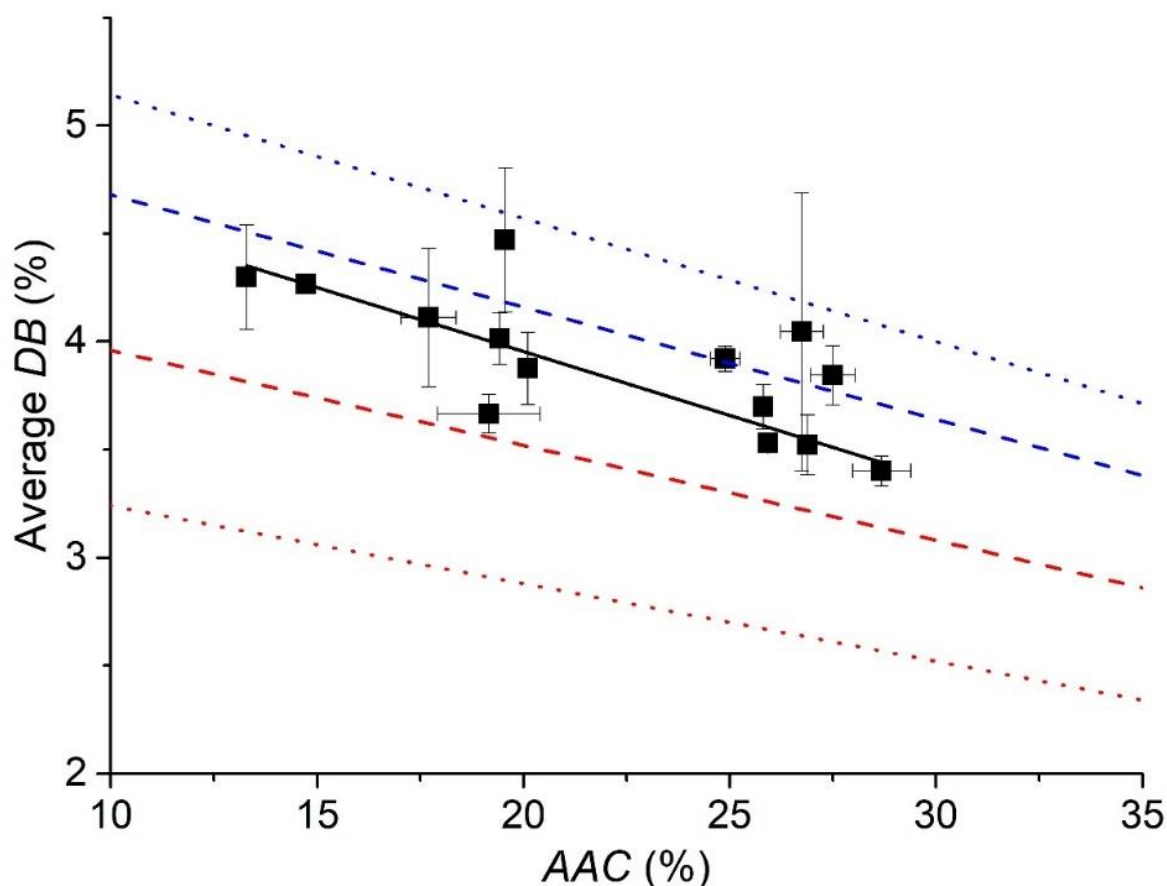
272 For *AAC* determination using spectrophotometry, sensitivity is not an issue. However, resolution is a  
273 limitation: amylose and amylopectin's UV absorption spectra are not fully resolved after iodine  
274 binding. Their bands are particularly broad due to branching affecting iodine binding. The absorbance  
275 assumed to be from amylose includes some absorbance due to amylopectin (Fitzgerald et al., 2009)  
276 introducing some systematic error. Therefore, without corrective procedures, *AAC* determination is  
277 inherently semi-quantitative. The variability present in the methods of *AAC* determination has been  
278 assessed in a broad interlaboratory round-robin test (17 rice cultivars and 27 laboratories) (Fitzgerald  
279 et al., 2009). The repeatability was found to be high a result consistent with this work (5 % *RSD*), and  
280 similar to that of the determination of average *DB* by NMR (6 % *RSD*).

281 Reproducibility was however found to be low for *AAC* determination, identifying differences in  
282 standards and methodology as major sources of error (Fitzgerald et al., 2009). However, the use of

283 rice cultivar standards instead of potato ones improved reproducibility. Here, an average relative  
284 difference in AAC of 6.8 % for this sample set was observed in reproducing measurements 4 years  
285 apart with different operators, instruments and methods (see Table S4 in section S3, and  
286 accompanying text). In the rest of the work, the error bars are based on precision values, likely an  
287 underestimate of accuracy in this case.

#### 288 3.1.4 Comparison of average DB and AAC

289 The results of the two methods were compared to assess the consistency of the data between them  
290 (Figure 2). An apparent linear relationship between the average *DB* and *AAC* indicates, as expected, a  
291 decrease in average *DB* with increasing *AAC*; it is due to amylose being substantially more sparsely  
292 branched than amylopectin. Boundary conditions were plotted to detect any potential variations in  
293 the linear relation for either measurement. These boundary conditions were created by taking the  
294 extreme values measured for average *DB* of waxy HWS and HWI rice flour fractions (assuming 0 %  
295 *AAC*, see Table S2 in section S2.11 for *DB* values) and linearly extrapolating to 100 % *AAC* and 0 %  
296 average *DB* (assuming negligible branching in amylose), shown as dashed lines. Boundaries were also  
297 plotted based on the highest and lowest average *DB* reported in literature for waxy starches in general,  
298 irrespective of botanical origin (see Table S3 in section S2.11 for *DB* values), shown as dotted line. The  
299 linear correlation between the average *DB* and *AAC*, as well as their confinement within the boundary  
300 conditions indicates that the data are consistent. However, with the adjusted  $r^2$  of 0.93, it is possible  
301 that deviations are occurring as a result of different branching structures.



302

303 Fig. 2. Average *DB* by  $^1\text{H}$  NMR plotted against AAC for rice flours of different varieties grown at lower and  
 304 higher temperature (black squares) showing a linear correlation (black line, adjusted  $r^2 = 0.93$ ). Dashed lines  
 305 are linear extrapolations of extreme values of average *DB* measured for HWS (blue) and HWI (red) fractions  
 306 of waxy rice flours (Table S2). Dotted lines are linear extrapolations from the highest (blue) and lowest (red)  
 307 average *DB* values for waxy starches from literature (Table S3). Boundary conditions were extrapolated  
 308 linearly between the measured waxy sample (measured *DB* listed in Tables S2-S3 in section S2.11, assumed  
 309 AAC = 0 %) and an assumed point (*DB* = 0 %, AAC = 100%) at the other end of the AAC scale. AAC error bars  
 310 represent the standard error of 4 values (2 independent replicates of temperature and 2 instrument  
 311 readings for each replicate). Average *DB* error bars represent the standard error of 2 values (2 independent  
 312 replicates of temperature). See Table S5 for individual AAC and average *DB* values.

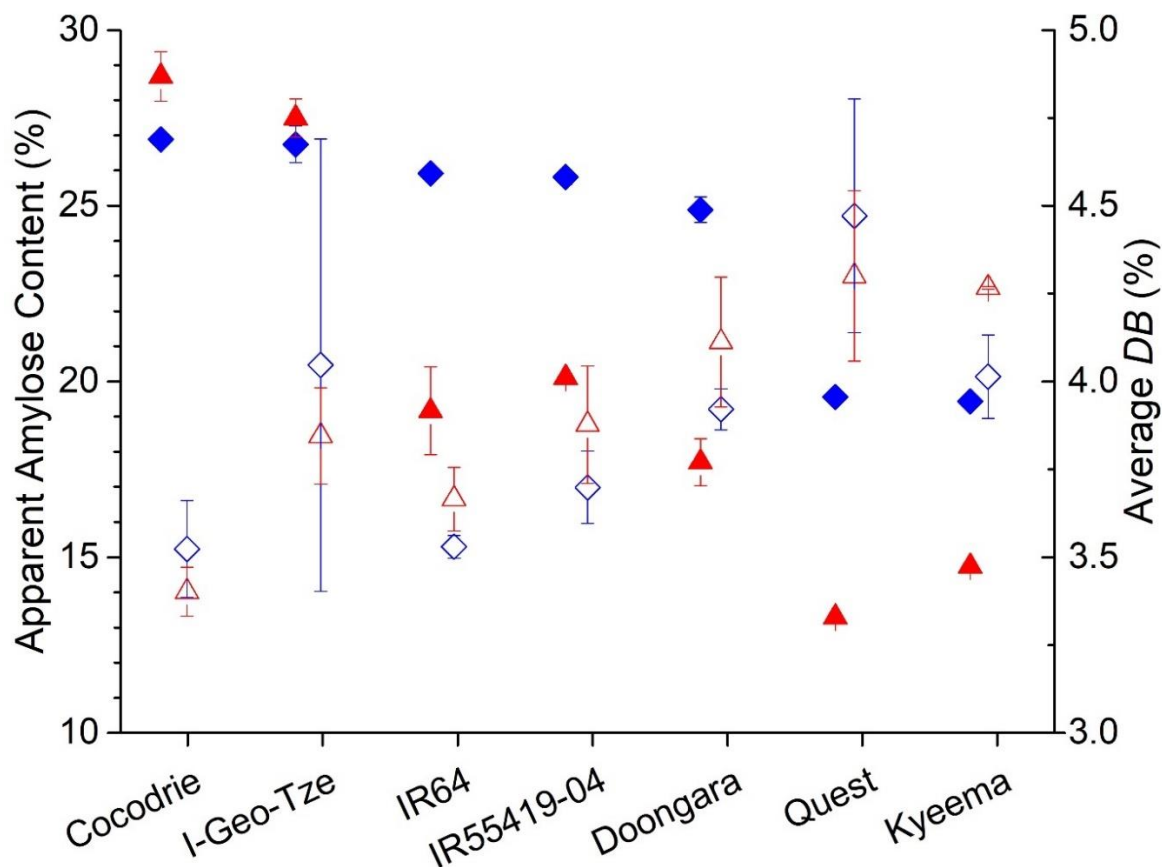
313 As a tool for rice quality assessment, the determination of AAC by iodine binding is a high-throughput,  
 314 cost-effective method with standard methods strengthening its deployment (AACC International,  
 315 2011; The International Organization for Standardization, 2015). Spectrophotometry and NMR  
 316 spectroscopy provide valuable data with which to assess the molecular structure of starch, both  
 317 exhibiting a similar precision, with average *DB* expected to provide more accurate information. In  
 318 contrast, while AAC and average *DB* methods are impacted by dissolution and branching structures,  
 319 the measurement of the semi-crystalline lamellar structure by SAXS is impacted primarily by the  
 320 availability of, and competency in use of, instrumentation and the application of appropriate models.

321 Given SAXS analysis is on solid samples, with excess hydration the only modification, sample  
322 preparation is simple and consistent. One exception is in the influence of sample packing density on  
323 relative intensity; however, this was observed to be adequately controlled in this work (see section  
324 3.4).

### 325 ***3.2 Assessing molecular structure through AAC and average DB***

326 AAC is known to be influenced by variety and temperature during the grain-filling period, with higher  
327 temperatures leading to a decrease in amylose synthesis for some varieties (Hirano et al., 1998; Larkin  
328 & Park, 1999). In this work seven rice varieties were grown in two different temperature treatments.  
329 At lower growing temperatures, Quest and Kyeema recorded an AAC of 19-20 % that reduced to 13-  
330 15 % at higher growing temperatures. The remaining varieties recorded an AAC above 25 % at lower  
331 growth temperatures, with only Cocodrie and I-Geo-Tze maintaining a high AAC at higher growing  
332 temperatures (Figure 3). These observations have been explained by the expression of granule bound  
333 starch synthase (GBSSI) and the Waxy gene (Chen et al., 2008; Hirano et al., 1998; Larkin & Park, 1999;  
334 Sano et al., 1991). Thus, the determination of additional structural features such as average *DB* will  
335 serve to identify how the starch structure differs between temperature treatments and varieties.





336

337 **Fig. 3. AAC measured by iodine binding (left axis, solid shapes) and average DB measured by <sup>1</sup>H NMR**  
 338 **spectroscopy (right axis, hollow shapes) for rice flours of different varieties grown at lower (blue diamonds)**  
 339 **and higher (red triangles) temperature. Error bars for AAC represent the standard error of 4 values (2**  
 340 **independent replicates of temperature, 2 instrument readings for each). Error bars for average DB represent**  
 341 **the standard error of 2 values (2 independent replicates of temperature). See Figures S7 to S20 for partial <sup>1</sup>H**  
 342 **NMR spectra. See Figure 2 for data consistency check. See Table S5 for individual values.**

343 Average DB is a metric related to AAC, with increasing proportions of less branched molecules  
 344 generally expected to result in a decrease in the average DB (Figure 2). The average DB within the rice  
 345 varieties grown at different temperatures is also shown in Figure 3. Average DB ranged from 3.4 to 4.5  
 346 % for all varieties and growing temperatures. Growing temperature did not influence average DB in  
 347 any variety except Kyeema, where error bars indicated an apparent increase in average DB potentially  
 348 arising from the coinciding decrease in AAC rather than a change in branching structure. All other  
 349 varieties but Cocodrie and I-Geo-Tze displayed a reduction in AAC at the higher temperatures, but no

350 significant change in average *DB*, counter to the observation in Kyeema and suggesting no direct  
351 association between *AAC* and average *DB* in these varieties. This is despite the general trend of  
352 decreasing average *DB* with increasing *AAC*, highlighting the need to report on a varietal basis (Figure  
353 2). It is hypothesised that the reduction in the less branched amylose component had been  
354 counteracted by a decrease in *DB* primarily in the amylopectin component as a result of the higher  
355 growing temperature.

356 Differences in average *DB* could be noted between some varieties. At lower growing temperature, for  
357 the first grouping of varieties by *AAC* (24.9 to 26.9 %), the average *DB* was within the error bars, except  
358 for Doongara. For the second grouping (*AAC* of 19.4 to 19.6 %), a difference in their average *DB* was  
359 observed. At higher growing temperatures, two of the groupings by *AAC* (27.5 to 28.7 %, and 17.7 to  
360 20.1 %) displayed a different average *DB* between varieties. For the third grouping, Kyeema and Quest  
361 (13.3 to 13.7 %), the average *DB* was within error.

362 While differences in average *DB* were observed between varieties, the average *DB* alone masks the  
363 distribution of  $\alpha(1, 6)$  bonds between amylose and amylopectin. For example, the fine details of the  
364 branching structure such as short chain and long chain branches or the position of the branches,  
365 cannot be assessed. Given the multitude of possible combinations in branching and amylose content,  
366 it is expected that many of these can yield the same average *DB* despite displaying different branching  
367 distributions. Therefore, while the average *DB* may be a useful tool for general assessment of  
368 branching characteristics in some cases, it does not yield the fine details necessary to assess the  
369 potential relationships between branching structures and rice quality traits.

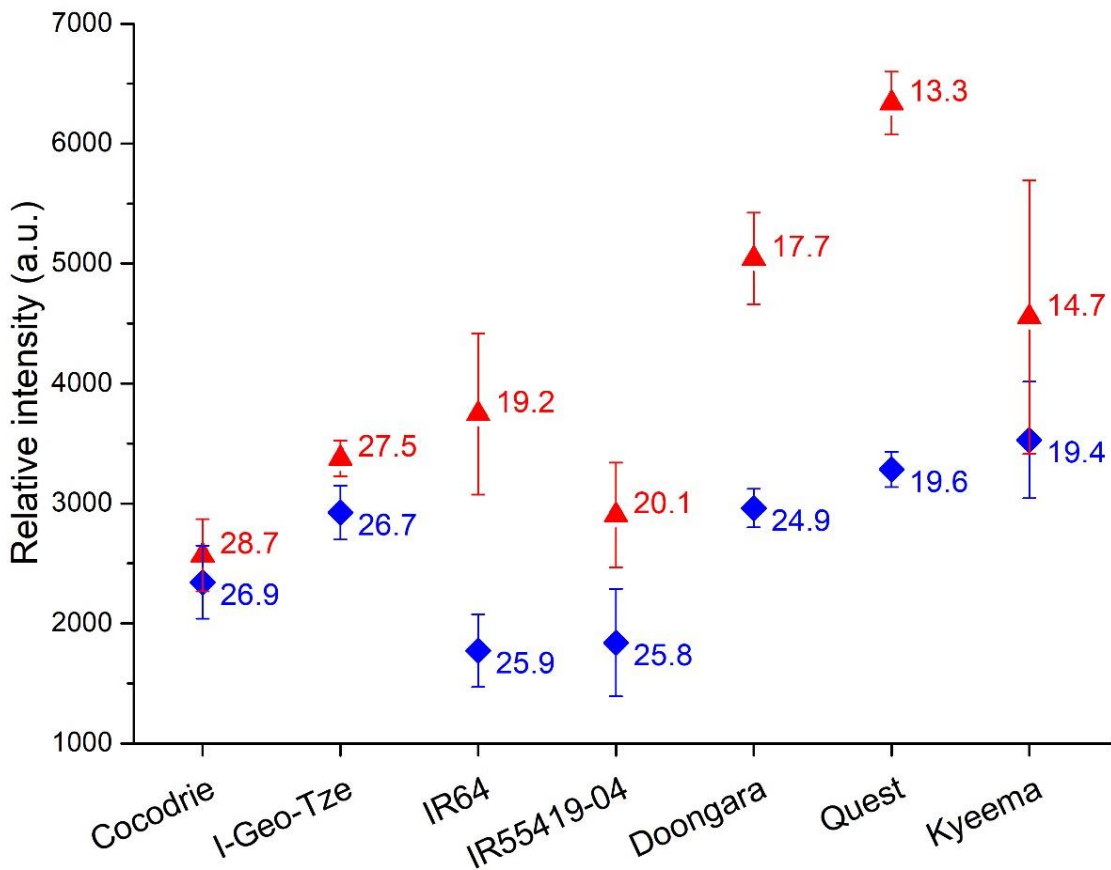
### 370 **3.4 Assessing semi-crystalline lamellae with SAXS**

371 The semi-crystalline lamellar structure of starch is packing of amylose and amylopectin as a function  
372 of their branching and size within each starch granule (Figure 1, Levels 3 to 5). The characteristic  
373 lamellar peak of starch ( $q \approx 0.06-0.07 \text{ \AA}^{-1}$ , d-spacing  $\approx 9-10.5 \text{ nm}$ ) has been well studied with SAXS in a

374 diverse array of starches including rice starch (H. Wang et al., 2018; Witt et al., 2012); however, to the  
375 best of our knowledge this is the first time it has been studied on milled rice flour. This and a second  
376 higher  $q$  peak ( $q \approx 0.13 \text{ \AA}^{-1}$ ) were observed here for all varieties (Figure S37). This second peak is rarely  
377 reported in the literature and likely to have its origin as a second order reflection from the lamellar  
378 peak. The extracted parameters of the primary lamellar peak are related to the features of the semi-  
379 crystalline lamellar structure of starch (Blazek & Gilbert, 2011), providing an additional avenue in  
380 assessing the subtle differences in starch nanostructure beyond information on AAC and average DB.

#### 381 *3.4.1 Extent of semi-crystalline order*

382 The relative intensity of the primary lamellar peak ( $q \approx 0.067 \text{ \AA}^{-1}$ ) relates to the extent of semi-  
383 crystalline order present in the sample. The peak intensity of rice grown in two temperature  
384 treatments is shown in Figure 4. It is important to note that the relative intensity in SAXS is sensitive  
385 to sample thickness and packing density, and that care must be taken to minimise differences when  
386 comparing scattering intensity from different samples (Blazek & Gilbert, 2011). In this work, the  
387 sample thickness and packing density in preparation were not specifically controlled, so bias in relative  
388 scattering intensities may be introduced. However, a general decrease in relative intensity with  
389 increasing amylose content has been reported in the literature (Blazek & Gilbert, 2011) and has also  
390 been observed in this study (Figure S38). This trend indicates that packing densities were adequately  
391 controlled. This apparent relationship of AAC with relative peak intensity has been explained by the  
392 accumulation of defects within the lamellar architecture (Blazek & Gilbert, 2011).



393

394 **Fig. 4. Relative peak intensity of main lamellar peak observed in SAXS for rice flours of different varieties**  
 395 **grown at lower (blue diamonds) and higher (red triangles) temperature for each variety and temperature.**  
 396 **Average AAC of samples is shown adjacent to data point. Error bars represent the standard error of 6 values**  
 397 **(2 independent replicates of temperature, 3 preparations for each). See Figures S23 to S36 for SAXS curves.**  
 398 **See Table S5 for individual mean peak intensity values.**

399 Differences in relative intensity between temperature treatments were within the error bars for  
 400 Cocodrie and I-Geo-Tze, and given AAC and average DB were unchanged, this suggests no change in  
 401 the extent of semi-crystalline order. IR64, IR55419-04, Doongara and Quest varieties exhibited a  
 402 measurable increase in the relative intensity, a decrease in AAC and similar average DB at the higher  
 403 growing temperature. These results agree with the consideration that amylose contributes mainly to  
 404 the amorphous regions of the semi-crystalline structure (T. L. Wang et al., 1998). The extent of semi-  
 405 crystalline order is thus expected to increase as a result of a decrease in the amorphous component.  
 406 The consistency in average DB for all varieties except Kyeema indicates that the extent of semi-

407 crystalline order is independent of a change in branching frequency, reflected in the relationship of  
408 strongly increasing relative intensity (by 110 %) with weakly increasing average *DB* (by 25 %, see Figure  
409 S39). At higher growing temperatures, Kyeema displayed no measurable increase in relative intensity  
410 despite an apparent decrease in *AAC* and increase in average *DB*. This suggests the formation of  
411 crystalline structure has not been influenced by the reduced *AAC* or changes to branching structure.  
412 The large error in the relative intensity for Kyeema may indicate that intragranular packing density  
413 was significantly interrupted, especially at the higher temperature.

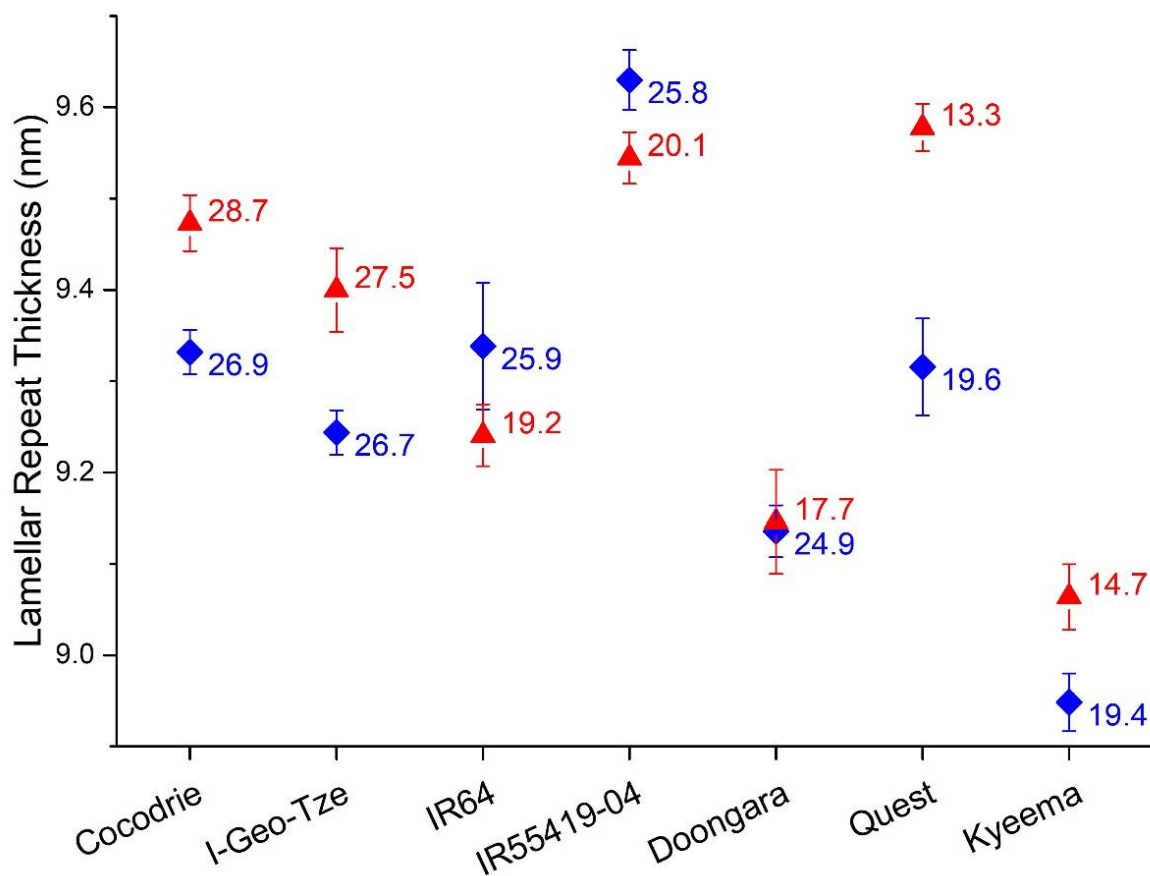
414 Differences in relative intensities could also distinguish varieties within each temperature treatment.  
415 The two groupings of varieties by *AAC* at lower growing temperatures (24.9 to 26.9 %, and 19.4 to  
416 19.6 %), could be distinguished into three groups by their relative intensities. Of the higher *AAC*  
417 varieties, I-Geo-Tze and Doongara displayed the highest relative intensities and IR55419-04 and IR64  
418 the lowest, while Cocodrie overlapped both. This highlights the difference in extent of semi-crystalline  
419 order that can occur between varieties despite a relatively narrow range of *AAC*. In contrast, the lower  
420 *AAC* Kyeema and Quest had both similar *AAC* and similar relative intensities. Interestingly, despite  
421 much lower *AAC*, the relative intensity of these varieties was similar to some of the higher *AAC*  
422 varieties at the lower growing temperature. At higher growing temperatures, the three groupings of  
423 varieties by *AAC* all displayed differences in relative intensity within the groupings, highlighting again  
424 how differences in the extent of semi-crystalline order can manifest independent of *AAC*. However,  
425 intergroup overlap of relative intensities was noted for the higher and intermediate *AAC* groupings,  
426 counter to the general observation of decreasing relative intensity with increasing *AAC* (Figure S38).

427 At both lower and higher temperatures, varieties exhibiting similar average *DB* could not be further  
428 discriminated by their relative intensity. One exception was Doongara, displaying a substantially  
429 higher relative intensity at higher growing temperature than I-Geo-Tze and IR55419-04 despite similar  
430 average *DB*; however, due to the large error no conclusions can be drawn.

431

432 3.4.2 Thickness of semi-crystalline lamellae

433 The position of the primary lamellar peak relates to the thickness of the lamellar repeat unit, one  
434 crystalline plus one amorphous lamella, in real space (Figures 1 and 5). The lamellar repeat thickness  
435 was typical of what has been reported for starch (Donald et al., 2001), with varieties exhibiting sizes  
436 between 8.9 and 9.7 nm.



437

438 Fig. 5. Lamellar repeat thickness measured with SAXS for rice flours of different varieties grown at lower  
439 (blue diamonds) and higher (red triangles) temperatures (Equation S6). Average AAC of samples is shown  
440 adjacent to data point. Error bars represent the standard error of 6 values (2 independent replicates of  
441 temperature, 3 preparations for each). See Figures S23 to S36 for SAXS curves. See Table S5 for individual  
442 mean thickness values.

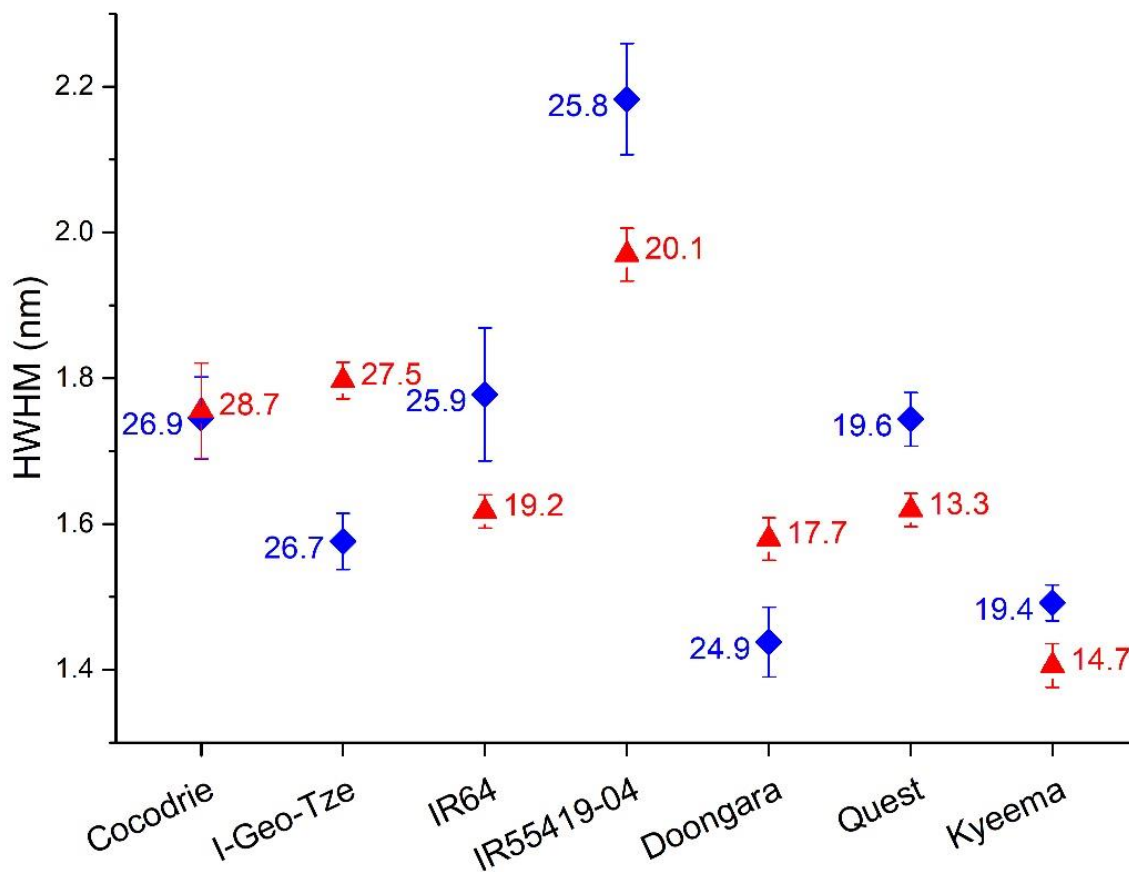
443 All varieties displayed a change in the lamellar repeat thickness, within error, between temperature  
444 treatments except for IR64 and Doongara (Figure 5). Both IR64 and Doongara also displayed a

445 decrease in AAC, similar average *DB* and an increase in extent of semi-crystalline order with the higher  
446 temperature treatment. This similarity in lamellar repeat thickness strongly indicates that the  
447 decrease in AAC is linked primarily with a decrease in the fraction of bulk amorphous regions (Figure  
448 1, level 5) rather than in the amorphous lamellae of the semi-crystalline regions (Figure 1, level 4). Of  
449 the varieties in which higher temperature treatment impacted the lamellar repeat thickness, Cocodrie  
450 and I-Geo-Tze had displayed no large difference in AAC, indicating again that AAC itself is not a primary  
451 driver of the lamellar repeat thickness, but may play a role. Variations in lamellar repeat thickness  
452 have indeed been reported to coincide with increased concentration of longer chain lengths of  
453 debranched starch (degree of polymerisation higher than 13), with either increased disordered chain  
454 ends contributing to amorphous regions or production of larger crystalline lamellae (Witt et al., 2012).  
455 Kyeema was the only variety with a change in both lamellar repeat thickness and average *DB* between  
456 temperature treatments, potentially indicating a change in concentration of longer chain lengths.  
457 However, these suggestions cannot be confirmed by the average *DB* as it does not inform on such  
458 aspects of the branching structure.

459 The lamellar repeat thickness appeared to be independent of AAC between varieties within each  
460 temperature treatment. An exception to this was Cocodrie and I-Geo-Tze which displayed similar  
461 lamellar repeat thicknesses at the higher growing temperature, reflecting the consistency in other  
462 measured parameters. For the remaining varieties, grouped by AAC and exhibiting similar average *DB*,  
463 differences in lamellar repeat thickness were noted within groupings. At lower temperature  
464 treatment, this was observed for the grouping of Kyeema and Quest varieties, as well as for the  
465 grouping of IR55419-04 and Doongara varieties. At higher growing temperatures this was observed  
466 for the grouping of IR55419-04, IR64 and Doongara varieties. These observations confirm that AAC or  
467 average *DB* are not in themselves the primary drivers of the lamellar repeat thickness, though it is  
468 possible these differences arise from varietal differences in chain length distribution, similar to  
469 observations of the temperature treatments (Witt et al., 2012).

470 3.4.3 Heterogeneity of lamellae

471 The half width half maximum (HWHM) of the observed scattering peak for starch is related to the  
472 uniformity of the lamellar repeat thickness, with an increase in HWHM corresponding to a greater  
473 variation between the thickness of lamellae (Figures 1 and 6). There is a positive relationship between  
474 HWHM and average lamellar repeat thickness (see Figure S40 in section S4.3). This previously reported  
475 observation was explained by a minimum number of glucose units (degree of polymerisation of 10-  
476 12) required to form a helix (Witt et al., 2012).



477

478 Fig. 6. HWHM of the lamellar peak measured with SAXS for rice flours of different varieties grown at lower  
479 (blue diamonds) and higher (red triangles) temperatures (Equation S7). Average AAC of samples is shown  
480 adjacent to data point. Error bars represent the standard error of 6 values (2 independent replicates of  
481 temperature, 3 preparations for each). See Figures S23 to S36 for SAXS curves. See Table S5 for individual  
482 mean HWHM values.



483 All varieties displayed a change in lamellar heterogeneity between temperature treatments, except  
484 for Cocodrie (Figure 6). For Cocodrie this indicates a consistency in the lamellar repeat thickness  
485 between the lamellae, reflected in both the unchanged AAC and average *DB*, though an increase in  
486 the lamellar repeat thickness in the higher temperature treatment (Figure 5) indicates that some  
487 structural changes are still occurring. Of the other varieties where lamellar heterogeneity was  
488 different between temperature treatments, all except I-Geo-Tze recorded a decrease in AAC at higher  
489 growing temperature. Varieties displaying both positive and negative changes in HWHM were  
490 observed indicating an independence of lamellar heterogeneity from AAC. Kyeema was the only  
491 variety that exhibited a change in both the average *DB* between temperature treatments and in  
492 HWHM, which may again hint at some aspect of the branching structures playing a role; however, this  
493 cannot be confirmed.

494 Differences in lamellar heterogeneity were also observed between varieties within each temperature  
495 treatment. At lower growing temperature, the grouping of higher AAC varieties (24.9 to 26.9 %)  
496 exhibited a range of different HWHM values, indicating large differences in the lamellar heterogeneity  
497 between them. An exception to this was Cocodrie and IR64, for which along with HWHM both average  
498 *DB* and lamellar repeat thickness were similar. This could suggest that these varieties exhibit similar  
499 branching structures that account for the similarities observed, though similar HWHM of the lower  
500 AAC suggests that AAC is not a major factor in HWHM. This is further highlighted by the difference in  
501 HWHM between Kyeema and Quest at lower growing temperature despite similar AAC and average  
502 *DB*. At higher growing temperatures, similar observations were made for the three groupings of  
503 varieties with similar AAC exhibiting differences in lamellar heterogeneity. Where varieties also  
504 exhibited similar average *DB*, HWHM distinguished between them (e.g., Quest and Kyeema). An  
505 exception was Cocodrie and I-Geo-Tze, displaying similar HWHM and a narrow range of AAC (27.5 to  
506 28.7 %), but an apparent difference in average *DB* suggests some similarity in branching structure that  
507 is independent of branching frequency.

#### 508 3.4.4 General statements on semi-crystalline structure

509 When comparing groupings of varieties by AAC, features of the semi-crystalline lamellar structure  
510 could be used to differentiate between varieties and the impact of growing temperature. Similarly,  
511 when comparing varieties of similar average *DB*, the lamellar features could be used to further  
512 differentiate samples. Drivers of such changes in the semi-crystalline structure could be explored at  
513 the molecular level, for example in terms of chain length distribution of debranched starch (Witt et  
514 al., 2012) or of distribution of branching structures (Thevarajah, Sutton, et al., 2016). FTIR may provide  
515 a more accessible approach to explore the crystalline structure. However, the complex non-linear  
516 relationship of the crystallinity index determined from FTIR with crystallinity measured by NMR or XRD  
517 (Warren et al., 2016) indicates that such an approach is not straightforward; this is principally  
518 associated with the deconvolution of strongly overlapping signals biasing the intensity of the peaks of  
519 interest. Cryogenic temperatures have been suggested to improve resolution (Hermann & Harvey,  
520 1969); however, an adequate resolution could still not be obtained for starch in this work even at  
521 cryogenic temperatures (see Figure S41 in section S6.2).

522 Tentative conclusions could be drawn from the SAXS peak intensity data. The lamellar repeat thickness  
523 and HWHM offer valuable information to characterise differences between samples. As far as its  
524 association with AAC and average *DB* is concerned, it is apparent that the lamellar structure is  
525 influenced by the AAC; however, within the range of samples studied, the average *DB* does not offer  
526 any more depth than AAC when examining the lamellar structure.

## 527 4. Conclusions

528 Determination of AAC by spectrophotometry is a standard and valuable measurement conducted on  
529 rice grains as part of grain quality assessment . However, there is a range of characteristics in starch  
530 structure that could also play a role in grain quality. Whereas AAC has high precision and low accuracy,  
531 determination of the degree of branching using NMR offers a similar precision but the accuracy may

532 be higher. There are intrinsic errors in NMR due to sampling and dissolution; however, this can be  
533 largely addressed by dissolving the starch in dry DMSO and then measuring the sample as soon as D<sub>2</sub>O  
534 has been added. The accuracy of AAC may be investigated by adopting similar dissolution protocols  
535 shown to effectively solubilise starch; however, this would also require determination of the impact  
536 on the iodine binding. In terms of NMR, a round-robin test would give an important assessment of the  
537 accuracy of the average *DB*.

538 Average *DB* could distinguish varieties, showing groupings despite differences in other structural  
539 features. However, the subtle changes caused by a stressor to a single variety, in the current case  
540 temperature, are more challenging to detect if present. Varieties with similar AAC could be  
541 distinguished by their average *DB* within an AAC grouping. However, the contributions of different  
542 branching structures and their distributions are averaged into this single value. As an alternative  
543 approach in the characterisation of molecular structure in starch, the separation of different branching  
544 structures using free-solution capillary electrophoresis shows promise as a complementary technique  
545 (Herrero-Martínez et al., 2004). Evaluation of the lamellar structure similarly was able to distinguish  
546 different varieties and could also indicate differences in structure as a result of growing temperature.  
547 The ability of SAXS to investigate the semi-crystalline lamellar structure yields unique insights into the  
548 crystalline structure compared to the lateral long-range crystalline information that can be obtained  
549 by XRD; however, SAXS instrumentation is generally less accessible to food materials scientists.

550 Ultimately, features of starch structure other than AAC in rice flour are also capable of distinguishing  
551 samples, even in some cases where AAC was unchanged. However, the relevance of AAC to other  
552 quality parameters such as gelatinisation temperature, texture and digestibility is a major reason that  
553 it has cemented its importance as a quality parameter of rice flour. The use of more robust statistical  
554 approaches to explore the value of different measurements of starch structure in distinguishing  
555 between rice varieties or rice qualities would be a valuable approach.

556 While the focus of this study was on starch characteristics, it must also be acknowledged that proteins,  
557 lipids and other polysaccharides will contribute to rice grain quality. However, there is still an  
558 opportunity to explore how finer details of starch structure, including molecular (branching structures)  
559 and supramolecular (lamellar) structure, are linked to or can define other important quality traits of  
560 rice grains. Such a link would strengthen the case for inclusion of these alternative and complementary  
561 features of starch structure within routine rice quality analysis. Considering costs and accessibility, the  
562 characterisation of the lamellar structure (by SAXS) would be limited to selected samples, the  
563 measurement of average *DB* (by NMR) would be applicable to a larger range of samples to select the  
564 more promising ones, and the determination of the distribution of branching structures (with capillary  
565 electrophoresis) would be applicable as a high-throughput tool for the initial pre-selection.

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## 577 **Declaration of interest**

578 None.

579

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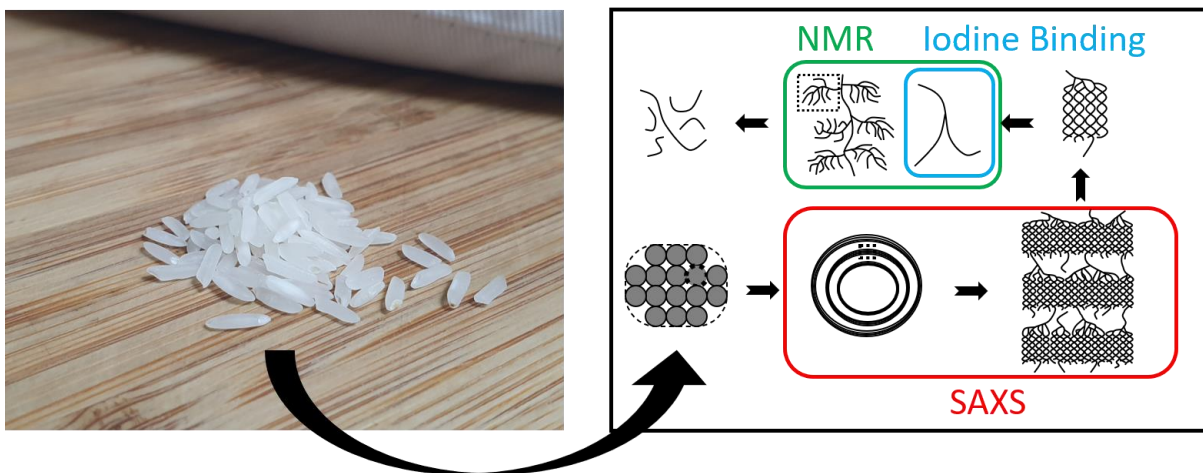
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## Highlights

- Starch structure was characterised in rice flours by spectroscopy and scattering
- The ability of starch structure to distinguish rices, growing conditions was explored
- The link between average branching degree and apparent amylose content was assessed
- Starch structure was affected by growing temperature, but not at all levels
- The methods suitability for inclusion in rice quality analysis was assessed

## Graphical abstract



## Supporting Information for

### Assessment of starch branching and lamellar structure in rice flours

Matthew Paul Van Leeuwen, Michelle Rosemarie Toutounji, Jitendra Mata, Rachele Ward,

Elliot Paul Gilbert, Patrice Castignolles, Marianne Gaborieau

#### **S1 Materials**

##### S1.1 Rice flour samples

Seven varieties of rice were grown in glasshouses using a two-phase randomised design. The first phase was from sowing to five days after anthesis whereby 24 pots per variety were grown in the same glasshouse. In the second phase, between five days after anthesis and harvest, pots (6 per variety) were placed into replicated growth rooms with temperatures of 26/17 °C and 36/27 °C day/night temperatures. All other growth input and conditions were consistent. Grain was harvested at physiological maturity, dehulled (THU35A 250V 50Hz Test Husker, Satake, Australia), milled (brush mill) and ground (Cyclotec 1093 Sample Mill, Tecator AB, Sweden) to pass through a 50 µm sieve.

##### S1.2 Non-rice materials

Milli-Q® quality (Millipore, Bedford, MA, USA) water was used where specified, otherwise distilled water was used. Analytical grade sodium hydroxide pellets (NaOH), citric acid, potassium iodide and iodine were from Thermo Fisher Scientific (Scoresby, Victoria, Australia).

Deuterium oxide (D<sub>2</sub>O) ≥99% (100 g bottles) and dimethyl sulfoxide-d<sub>6</sub> (DMSO-*d*<sub>6</sub>) ≥99% were obtained from Cambridge Isotope Laboratories, Inc. (Andover, MA, USA). Ethanol ≥99% and lithium bromide (LiBr) ≥99% were purchased from Sigma-Aldrich (Castle Hill, NSW, Australia). Ethylene glycol in DMSO-*d*<sub>6</sub> (80 %) standard was obtained in a sealed 5 mm NMR tube from Bruker (Bruker Biospin Ltd, Sydney). Quartz glass tubes: 80 mm length, 2 mm outer diameter, and 0.01 mm wall thickness were purchased from Hilgenberg GmbH (Malsfeld, Germany).

## **S2 Determination of average DB**

### **S2.1 Calibration of probe temperature**

The probe temperature was calibrated using ethylene glycol (80 % in DMSO- $d_6$ ) and equation S1 (Tyburn, 1998):

$$T = \frac{(4.218 - \Delta\delta)}{0.009132} \quad \text{Equation S1}$$

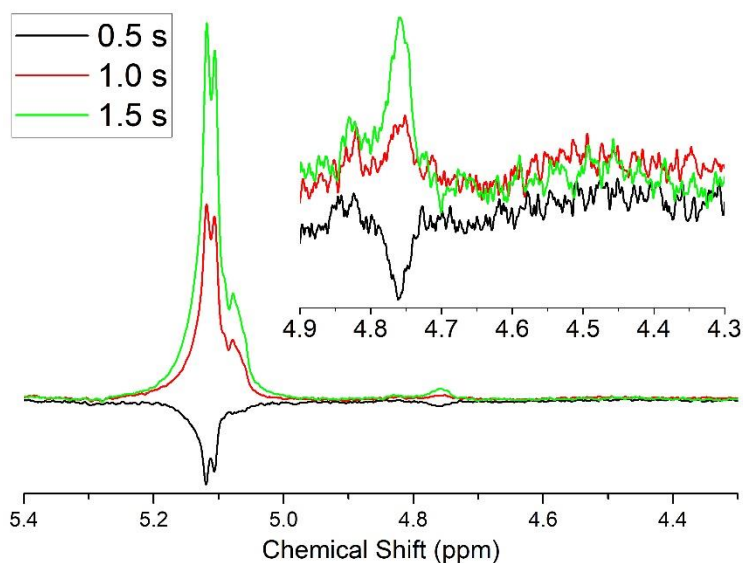
where  $T$  is the sample temperature in Kelvin and  $\Delta\delta$  is the difference in ppm between the CH<sub>2</sub> and OH singlets.

### **S2.2 NMR measurement of waxy flour fractions**

The protocol detailed in the main manuscript for rice flours was slightly modified as follows for the waxy rice flour fractions. The quantities were multiplied by 1.5 for the suspension in D<sub>2</sub>O. DMSO- $d_6$  with 0.05 wt% LiBr was used for dissolution, as it yields complete dissolution of waxy rice flours (Schmitz et al., 2009). NMR spectra were measured on a Bruker Avance NMR spectrometer operating at a Larmor frequency of 500.13 MHz for <sup>1</sup>H, equipped with a TXI5z probe (Bruker Biospin); the temperature calibration was carried out with a pure ethylene glycol standard (distilled, in a sealed tube) (Schmitz et al., 2009). Quantitative <sup>1</sup>H NMR spectra were recorded at 90 °C using a 90° flip angle, and a repetition delay of 20 s. The signals of  $\alpha$  and  $\beta$  reducing ends were negligible in the waxy rice flour fractions and not taken into account in the average *DB* calculation.

### **S2.3 Estimation of $T_1$ for quantitative determination of average DB**

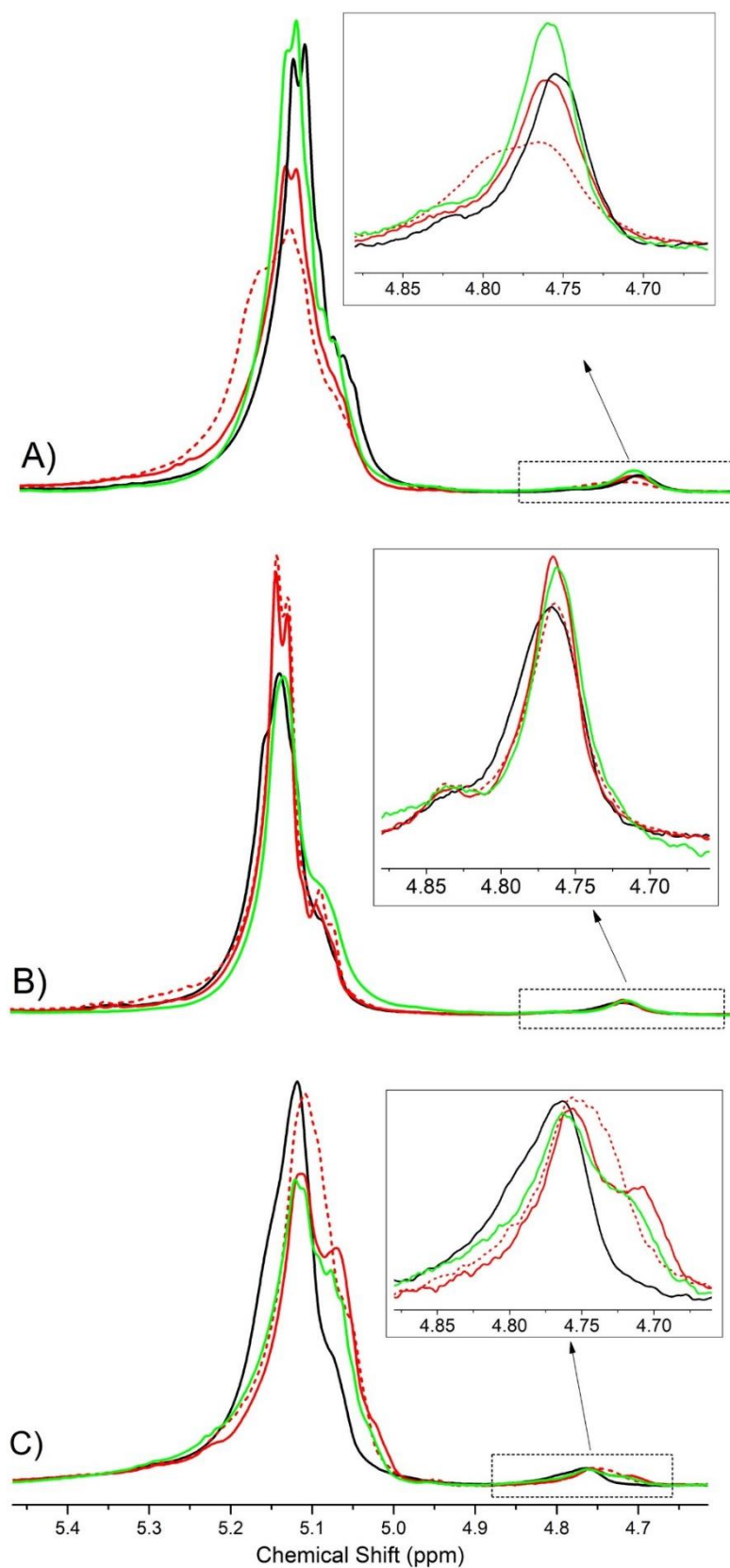
Longitudinal relaxation times ( $T_1$ ) of the signals of interest (in the range of 5.4 to 4.2 ppm) were estimated using the one-dimensional inversion recovery pulse sequence. In this experiment, a signal is negative if the inversion recovery delay is shorter than  $T_1 * \ln 2$ , and positive if the inversion recovery delay is longer than  $T_1 * \ln 2$ . Signals in this range exhibited similar  $T_1$ , with  $T_1$  determined to be between 0.5 and 1.5 s (Figure S1).



**Figure S1 Partial spectra of rice starch in DMSO-d<sub>6</sub> at 80 °C displaying measurements to assess whether  $T_1$  values are shorter than 0.5 s (black), 1.0 s (red) and 1.5 s (green), with inversion recovery delays of 347 ms (black), 694 ms (red) , and 1.042 s (green).**

#### S2.4 Effect of probe temperature on average DB measurement

The work of Gidley employed high probe temperatures in order to maintain favourable conditions for a stable starch dissolution (Gidley, 1985). The effect of temperature was tested to ensure optimal resolution and sample dissolution stability. With a dissolution temperature of 80 °C, probe temperatures of 70 °C and 90 °C were compared on rice samples to determine if there were any dramatic effects on the resulting spectra. The results indicate that similar spectra are obtained, with a slightly improved resolution of the reducing ends afforded by the 90 °C probe temperature (Figure S2). This improved resolution was also noted in starch standard samples, leading to a lower calculated average *DB* (Figure S3).

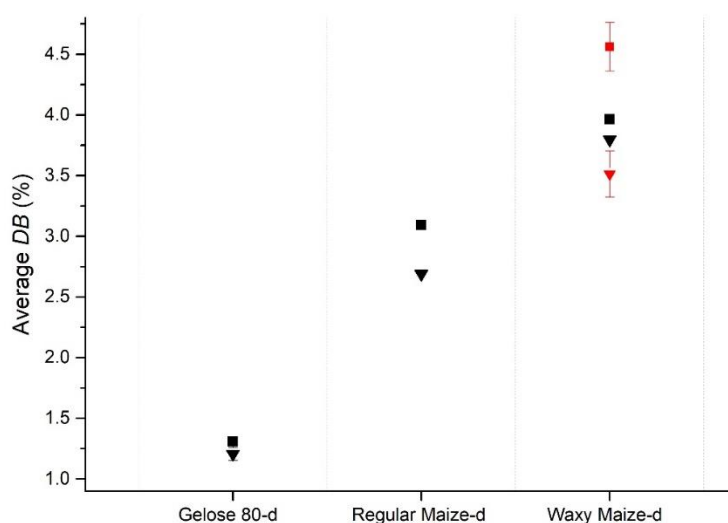


**Figure S2** Partial spectra of I-Geo-Tze (a), Doongara (b) and Quest (c) rice samples grown at lower (black) and higher temperatures (red and green).  $^1\text{H}$  NMR spectroscopy measurement temperatures were 70 °C (dashed line) and 90 °C (solid line).

### S2.5 Solvent choice

The solvent was changed from pure D<sub>2</sub>O (Gidley, 1985) to DMSO-*d*<sub>6</sub> with the addition of LiBr for improved sample dissolution (Schmitz et al., 2009). D<sub>2</sub>O was also added. The amount of LiBr was tested on waxy maize, with 5 wt% found to give a more consistent average *DB* value regardless of probe temperature (Figure S3). This likely arises from a more stable dissolution.

In terms of absolute value, the average *DB* in waxy maize ( $3.96 \pm 0.1$  %) was lower compared to earlier measurements of another waxy maize (4.76 %) (Gidley, 1985).



**Figure S3 Average degree of branching in standard starch samples, measured at 70 °C (square) and 90 °C (triangle) in 3:1 DMSO-*d*<sub>6</sub>:D<sub>2</sub>O with 5 wt% LiBr (black) or 0.05 wt% LiBr (red). Error bars were estimated from the signal-to-noise ratio of the  $\alpha(1, 6)$  signal (Castignolles et al., 2009).**

### S2.6 Repeatability of sample preparation

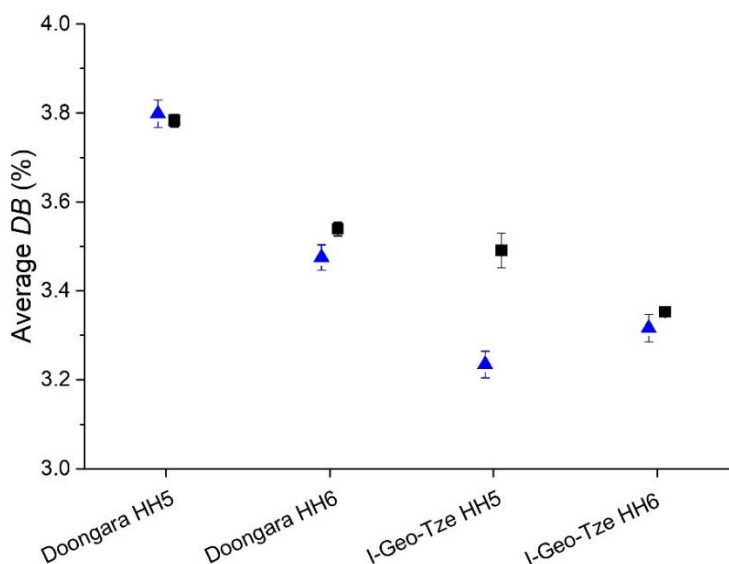
The error arising from the preparation of samples in the measurement of average *DB* was assessed using 5 repeat preparations of a single rice sample, from a single glass house (Table S1). This was done to minimise the influence of sampling error arising from differences between samples grown in separate glass houses but at the same temperature. The first measurement was found to be significantly higher than later measurements. This has been attributed to the difference in freeze drying protocol, longer time in D<sub>2</sub>O and shorter drying time, as well as the uncontrolled timing of measurement in regard to short term aging that was observed later (S1.7). For this reason, the first experiment is considered to be an outlier and is not included in the assessment of repeatability. Given these results, the sample preparation was determined to contribute a relative standard deviation (*RSD*) of 2.6 %.

**Table S1 Average DB of Doongara rice flour for 5 repeat sample preparations, with freeze drying protocol timing and date of measurement of each preparation. The corresponding partial  $^1\text{H}$  NMR spectra are shown on Figure S21.**

Date	Average DB (%)	SNR of $\alpha(1,6)$ signal	Shaking time in $\text{D}_2\text{O}$ (h)	Freeze-drying (h)	Shaking time in $\text{D}_2\text{O}$ (h)	Freeze-drying (h)
9/04/2019	4.49	61.9	16.75	7	16.75	5.5
30/04/2019	3.79	77.6	6	16	8	65
4/06/2019	3.72	76.8	8.5	19	6.5	17.5
4/06/2019	3.95	78.3	8.5	19	6.5	17.5
4/09/2019	3.87	75.8	8.5	19	6.5	17.5

S2.7 Assessing reliability of average DB through long- and short-term sample aging

The reliability and reproducibility of the DB measurement were assessed to determine the robustness. A set of samples were prepared and measured 4 years apart by two different operators, in two separate laboratories due to the relocation of the spectrometer to a new campus, and the average degree of branching calculated from the resulting spectra (Figure S4). The repeated experiments were in good agreement, indicating a high level of reproducibility, as well as a lack of any aging effect on the rice samples in the observed branching structure.

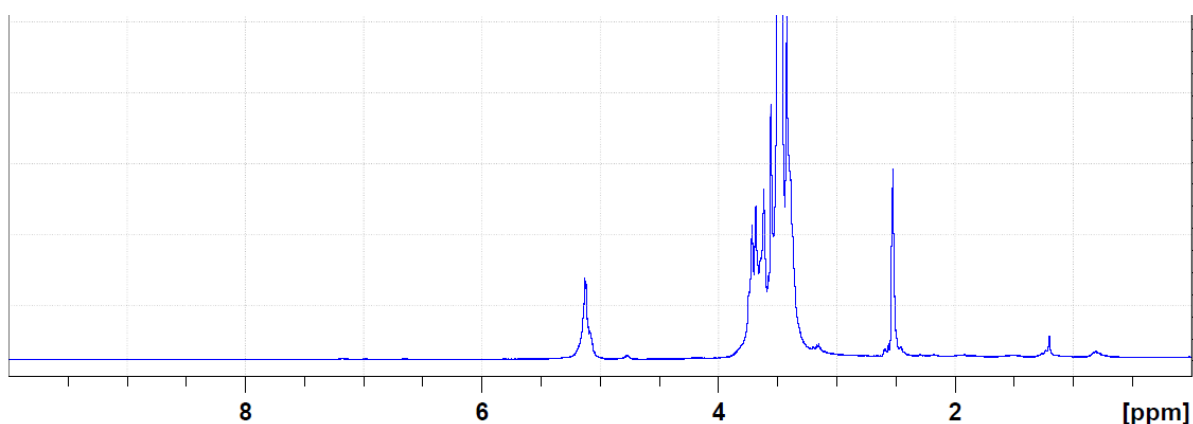


**Figure S4 Average degree of branching (%) of rice measured in 2015 (blue triangles) and 2019 (black squares). Error bars were estimated from the signal-to-noise ratio of the  $\alpha(1, 6)$  signal (Castignolles et al., 2009). Data points are offset along the x-axis for greater clarity. HHx refers to glasshouse x listed in table S4.**

Typically, this type of measurement is only performed on pure or modified starches while, in the current case, rice flours contain lipids and proteins. Thus, the potential for other components to interfere with analysis is an issue. Neither lipids nor proteins yield signals in the same regions as the starch signals used for *DB* quantification; however, other polysaccharides could. Rice flour displayed typical starch signals in the 6.0 to 4.0 ppm range indicating no additional components from other polysaccharides. However, any convoluted signals arising from other polysaccharides would be difficult to isolate and would result in a bias in average *DB* values. Despite this, direct analysis of rice flours is possible for comparative purposes.

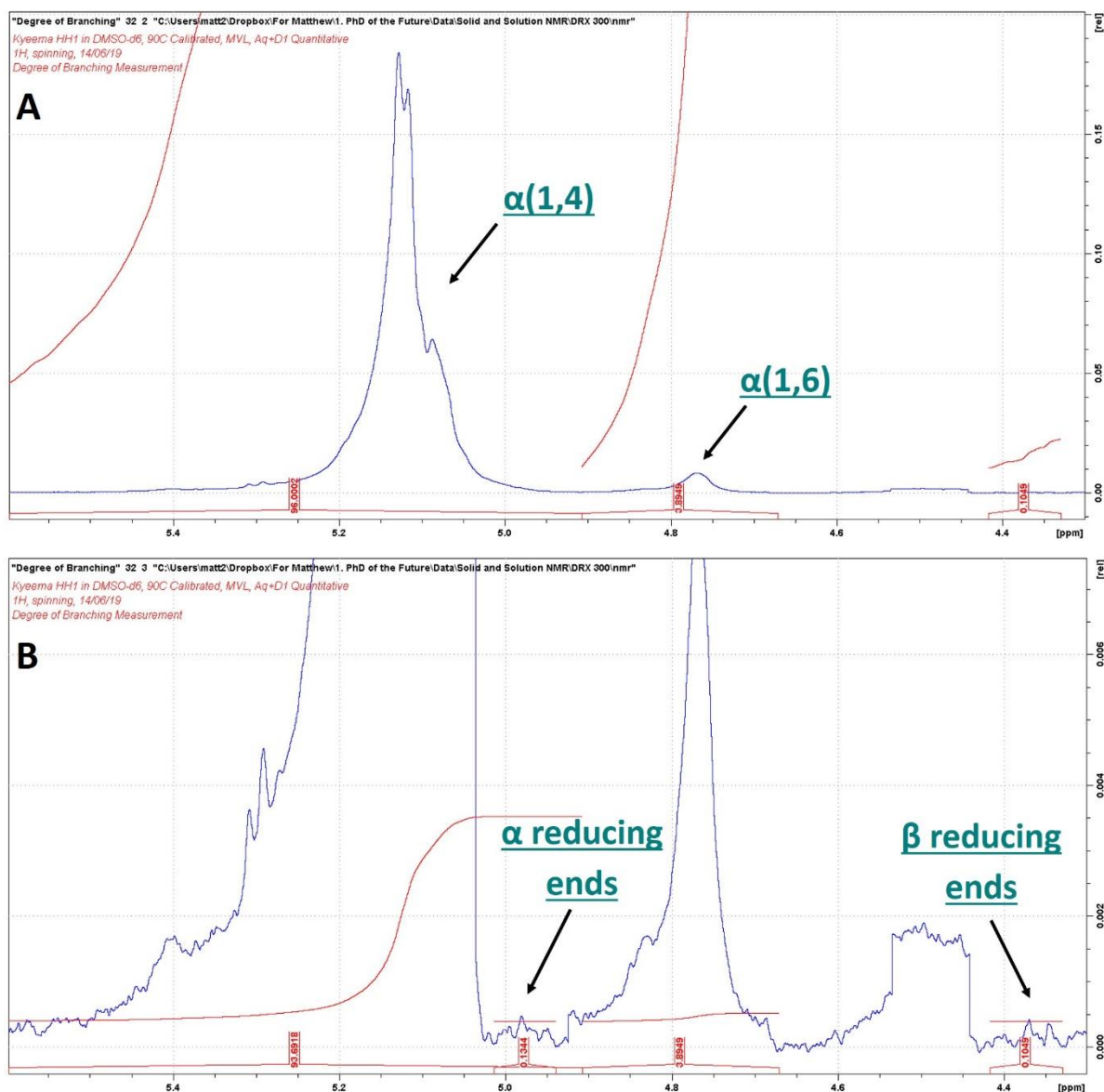
### S2.8 Example spectrum of rice flour and integration regions for calculation of average *DB*

Figure S6 shows partial spectra of the signals of interest for the calculation of average *DB*. Figure S6A shows the spectrum with baseline correction for integration of  $\alpha(1, 4)$  and  $\alpha(1, 6)$  signals while Figure S6B shows the zoomed and baseline corrected spectrum for integration of  $\alpha$  and  $\beta$  reducing end signals. The full  $^1\text{H}$  NMR spectrum is shown in Figure S5 for information.



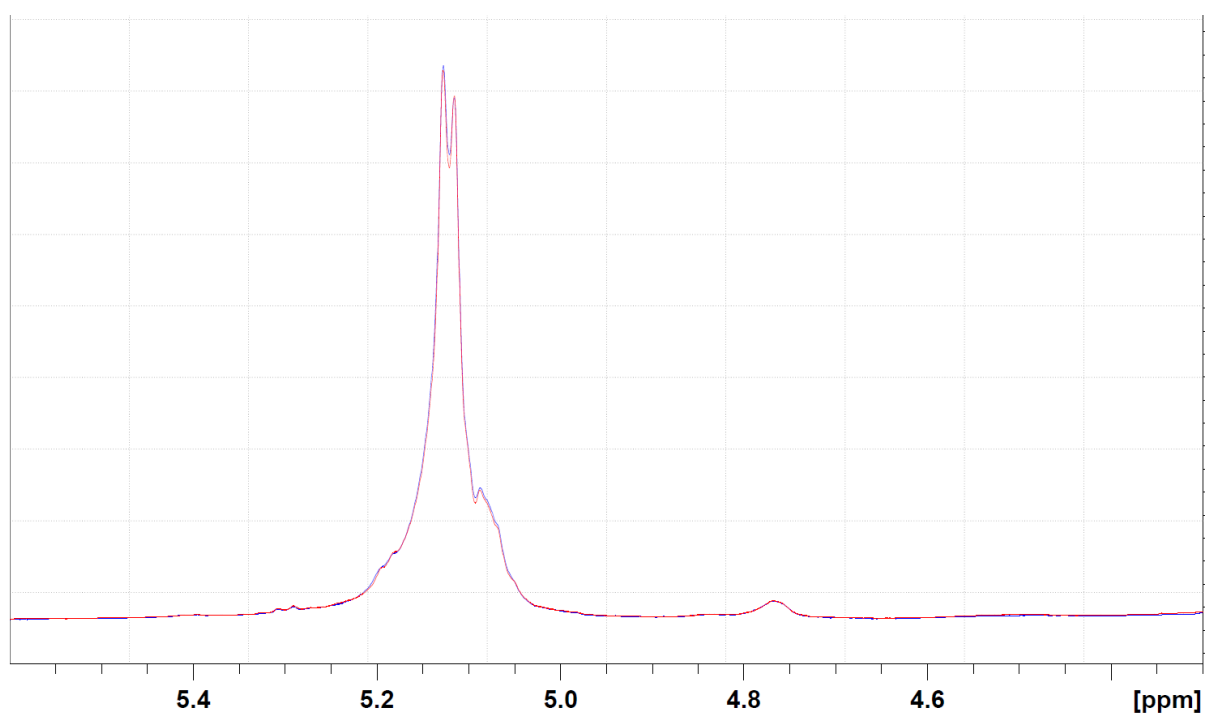
**Figure S5 Typical full  $^1\text{H}$  NMR spectrum obtained for Kyeema rice flour grown at lower temperature (large signals at 2.5 and 3.3 ppm are from residual  $\text{DMSO-}d_6$  and residual water, respectively)**



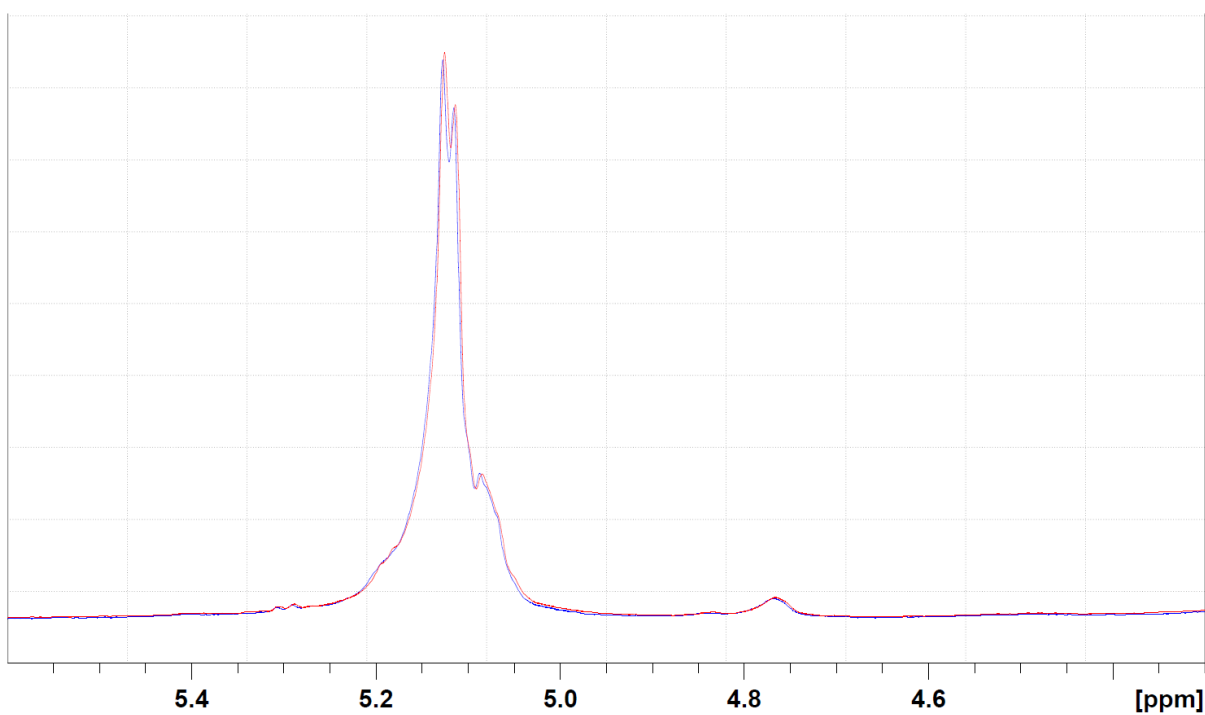


**Figure S6 Typical partial  $^1\text{H}$  NMR spectrum of rice flour with integration regions required for determination of average DB annotated with: A) baseline corrected for integration of  $\alpha(1,4)$  and  $\alpha(1,6)$  signals, and B) baseline corrected for integration of  $\alpha$  and  $\beta$  reducing end signals**

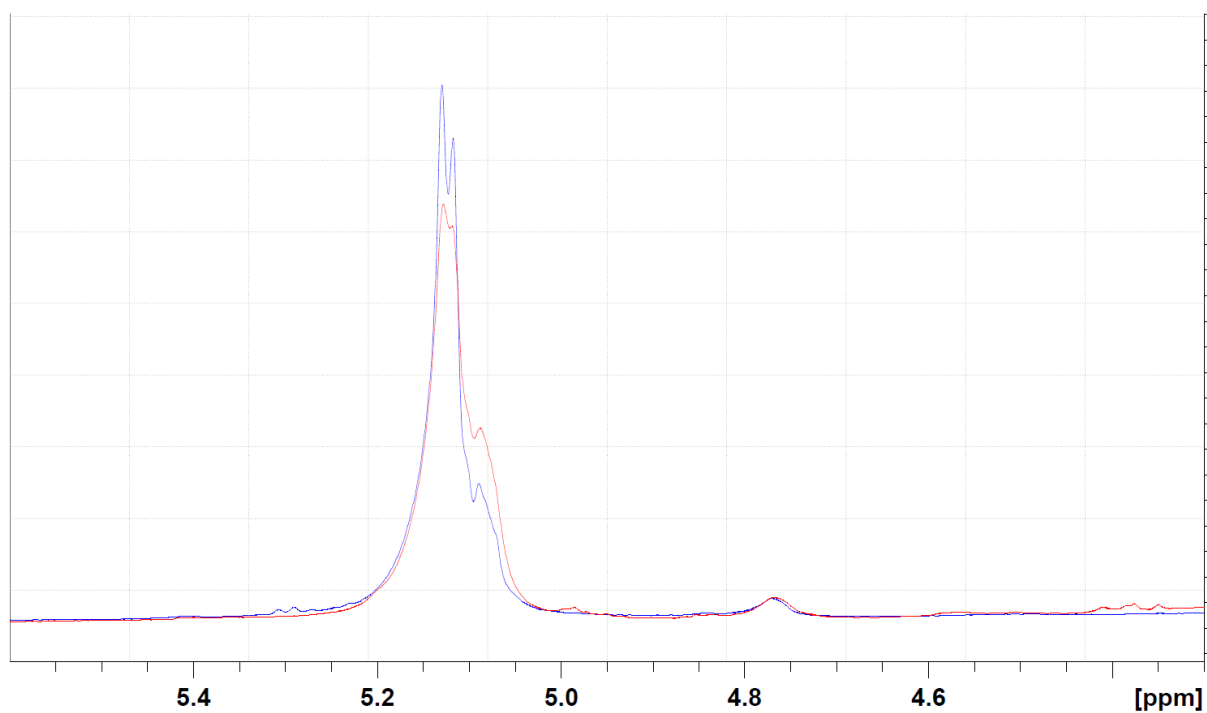
S2.9 Partial  $^1\text{H}$  NMR spectra for all rice flours measured in this work



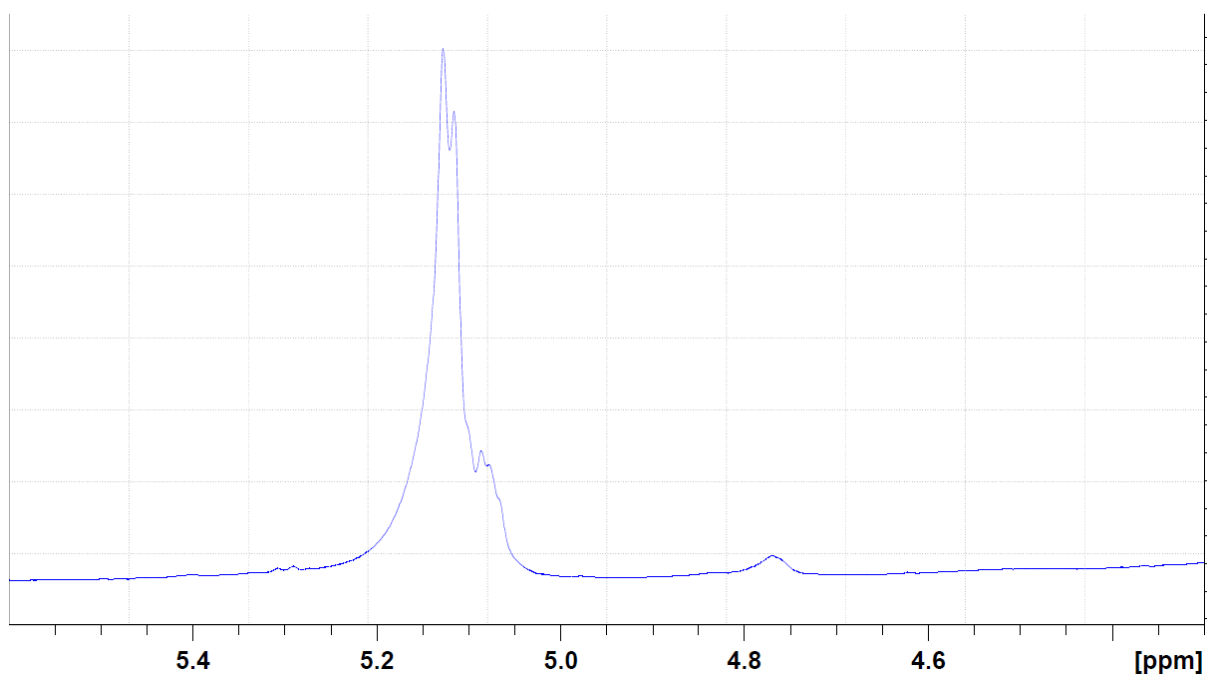
**Figure S7** Partial  $^1\text{H}$  NMR spectra of rice flours of Cocodrie grown at higher temperature. Different spectra correspond to different glasshouses at the same temperature.



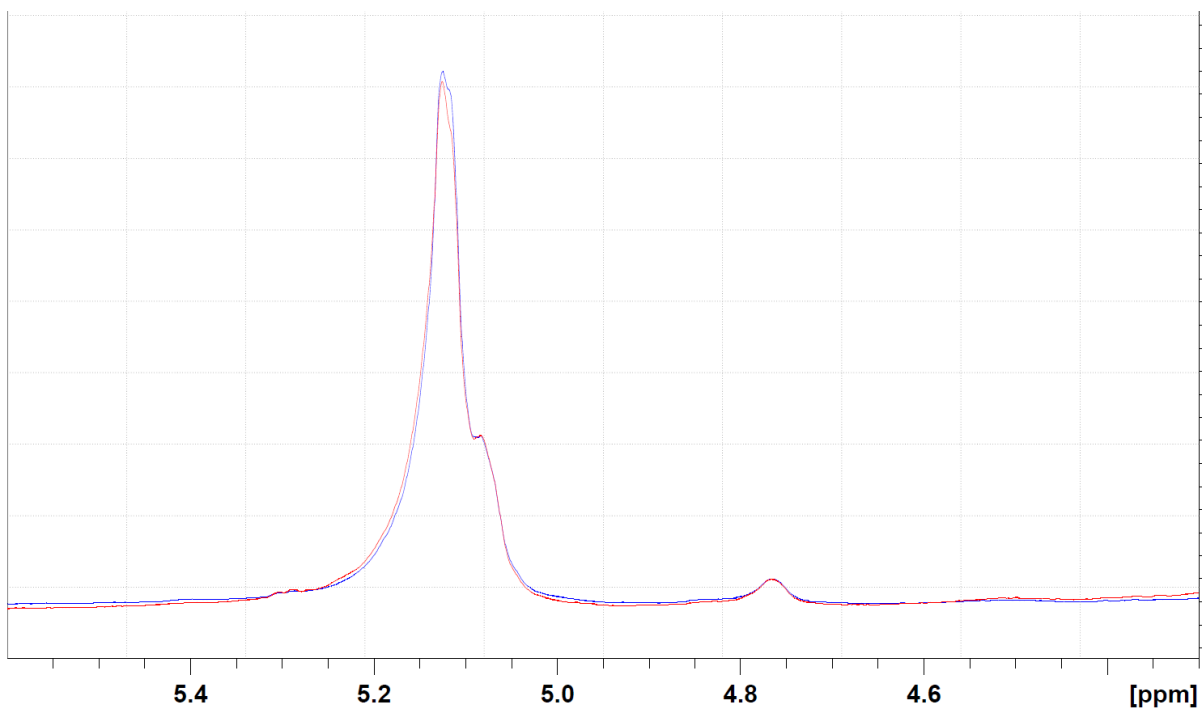
**Figure S8** Partial  $^1\text{H}$  NMR spectra of rice flours of Cocodrie grown at lower temperature. Different spectra correspond to different glasshouses at the same temperature.



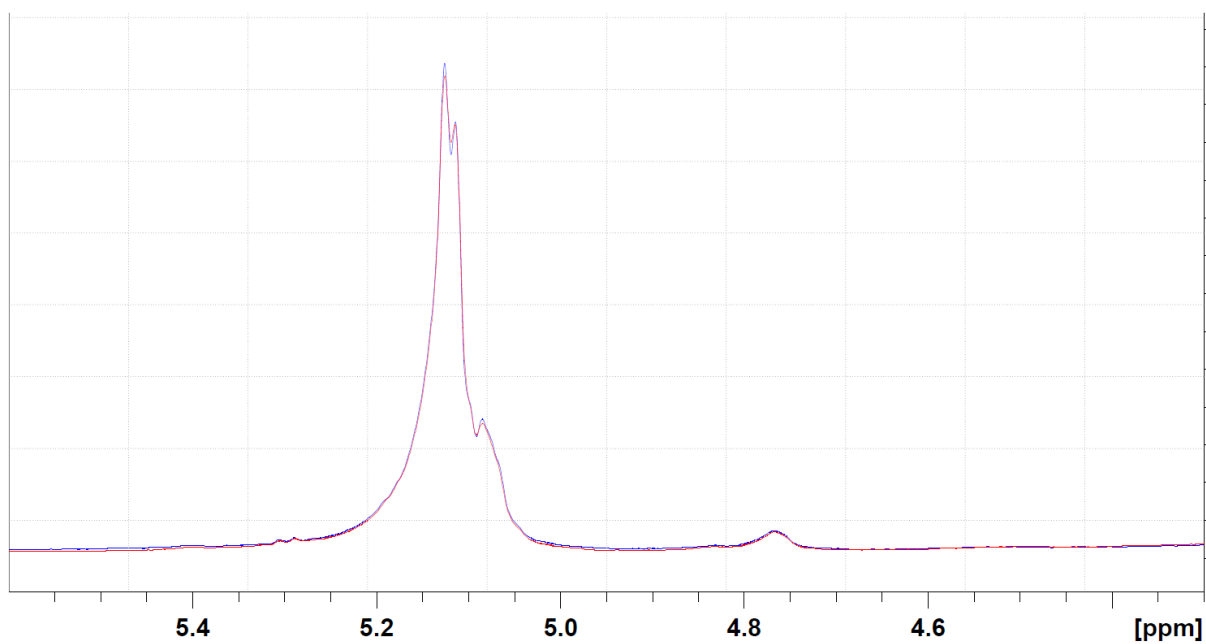
**Figure S9** Partial  $^1\text{H}$  NMR spectra of rice flours of I-Geo-Tze grown at higher temperature. Different spectra correspond to different glasshouses at the same temperature.



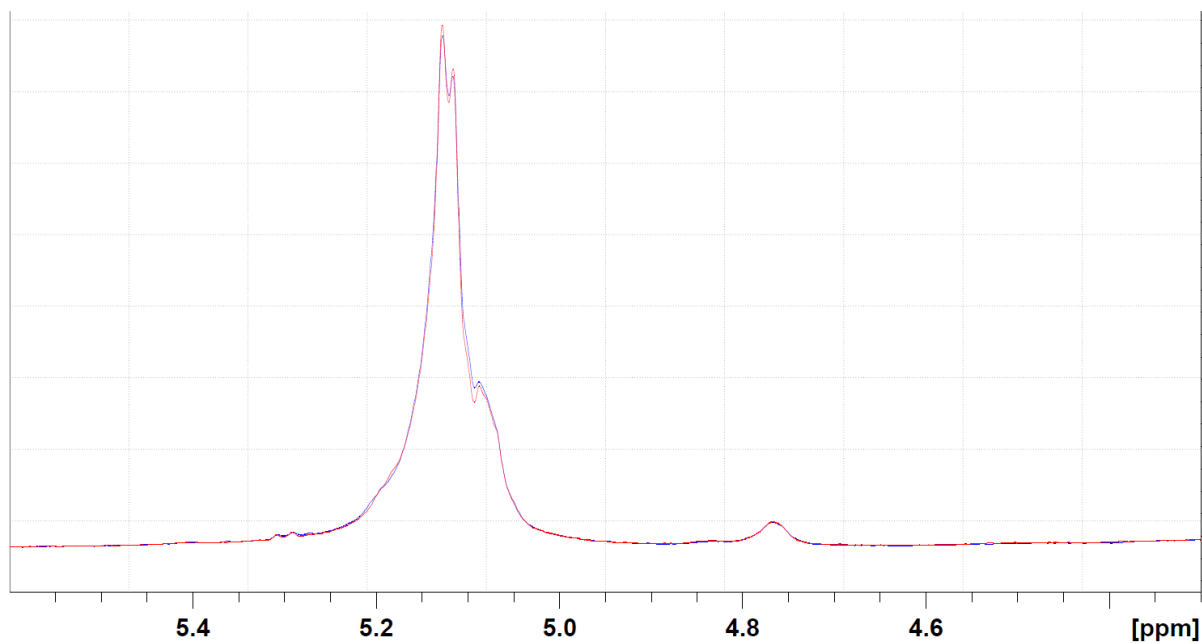
**Figure S10** Partial  $^1\text{H}$  NMR spectrum of rice flours of I-Geo-Tze grown at lower temperature.



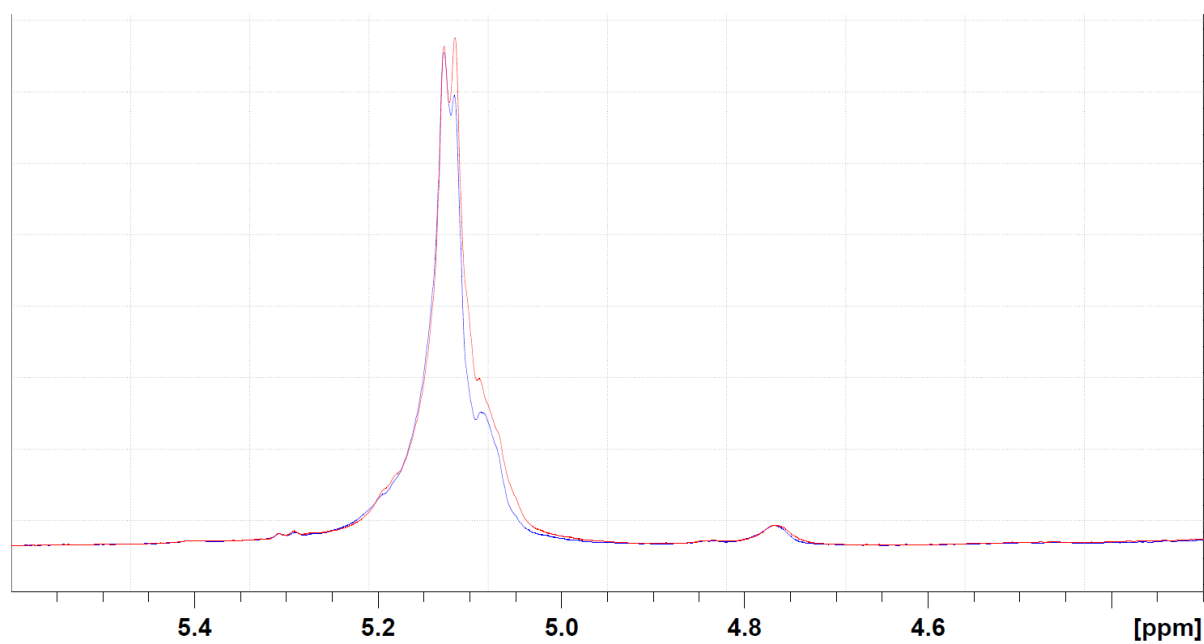
**Figure S11** Partial  $^1\text{H}$  NMR spectra of rice flours of IR64 grown at higher temperature. Different spectra correspond to different glasshouses at the same temperature.



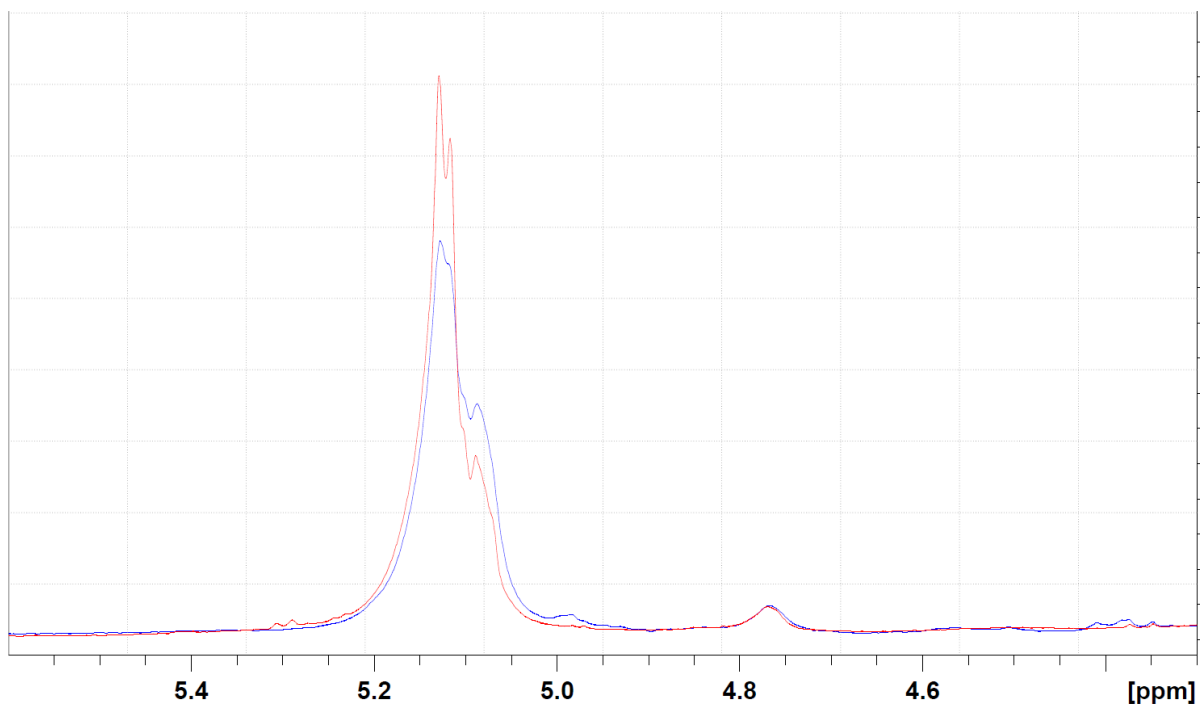
**Figure S12** Partial  $^1\text{H}$  NMR spectra of rice flours of IR64 grown at lower temperature. Different spectra correspond to different glasshouses at the same temperature.



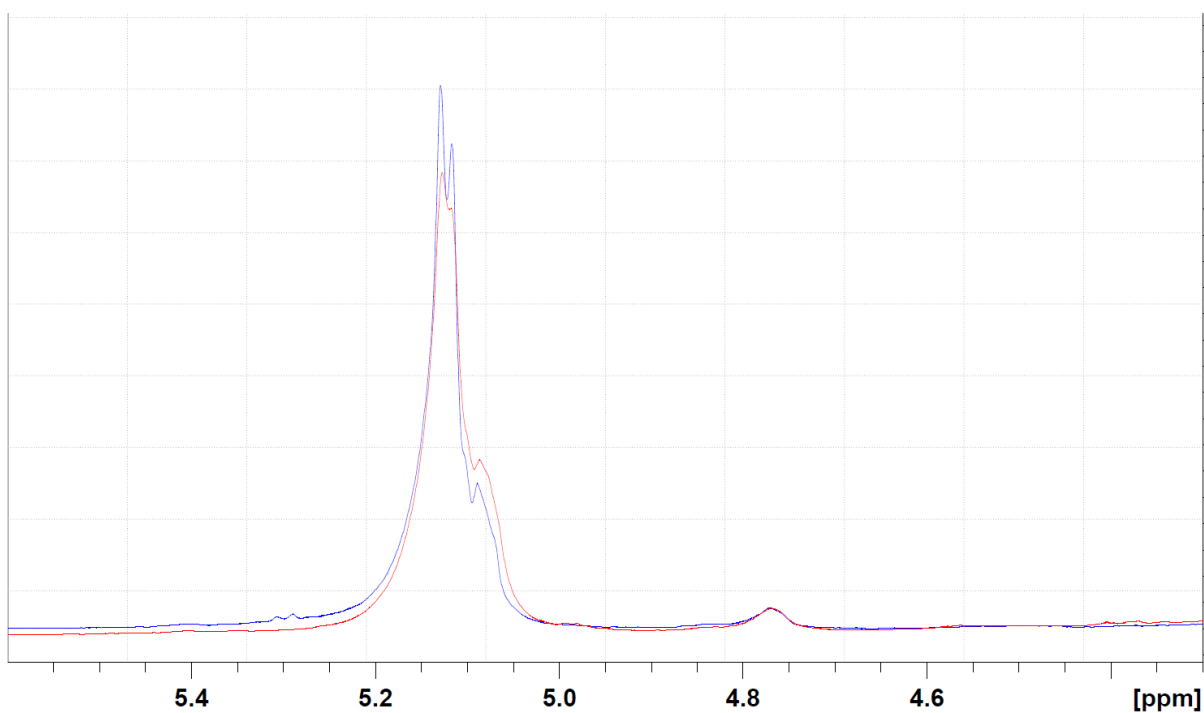
**Figure S13** Partial  $^1\text{H}$  NMR spectra of rice flours of IR55419-04 grown at higher temperature. Different spectra correspond to different glasshouses at the same temperature.



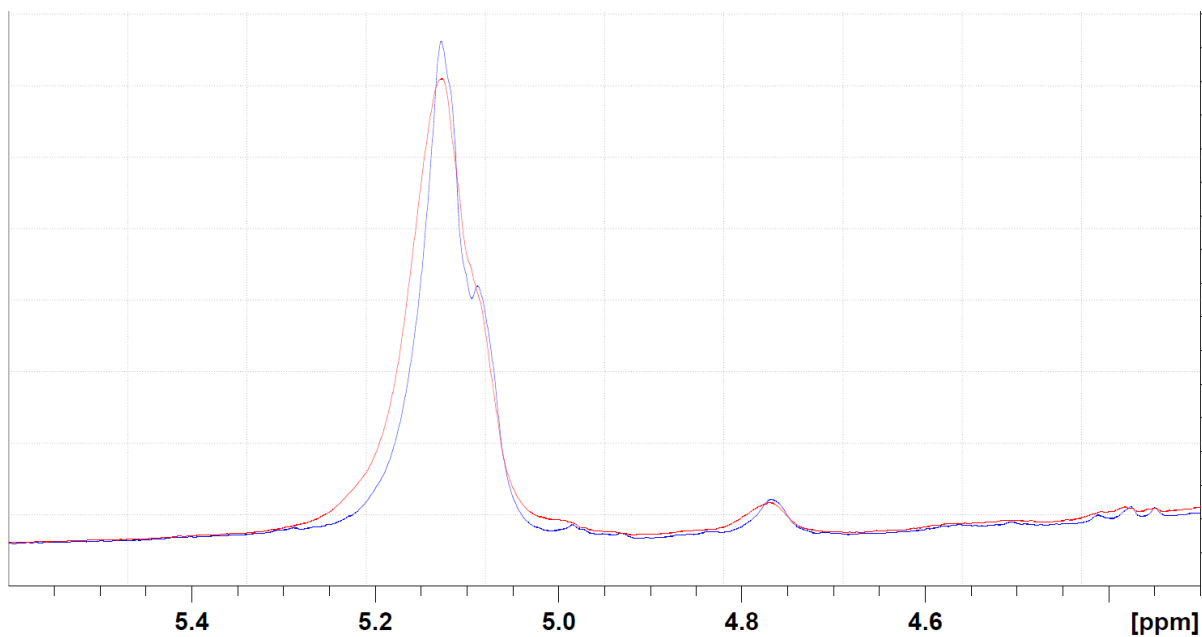
**Figure S14** Partial  $^1\text{H}$  NMR spectra of rice flours of IR55419-04 grown at lower temperature. Different spectra correspond to different glasshouses at the same temperature.



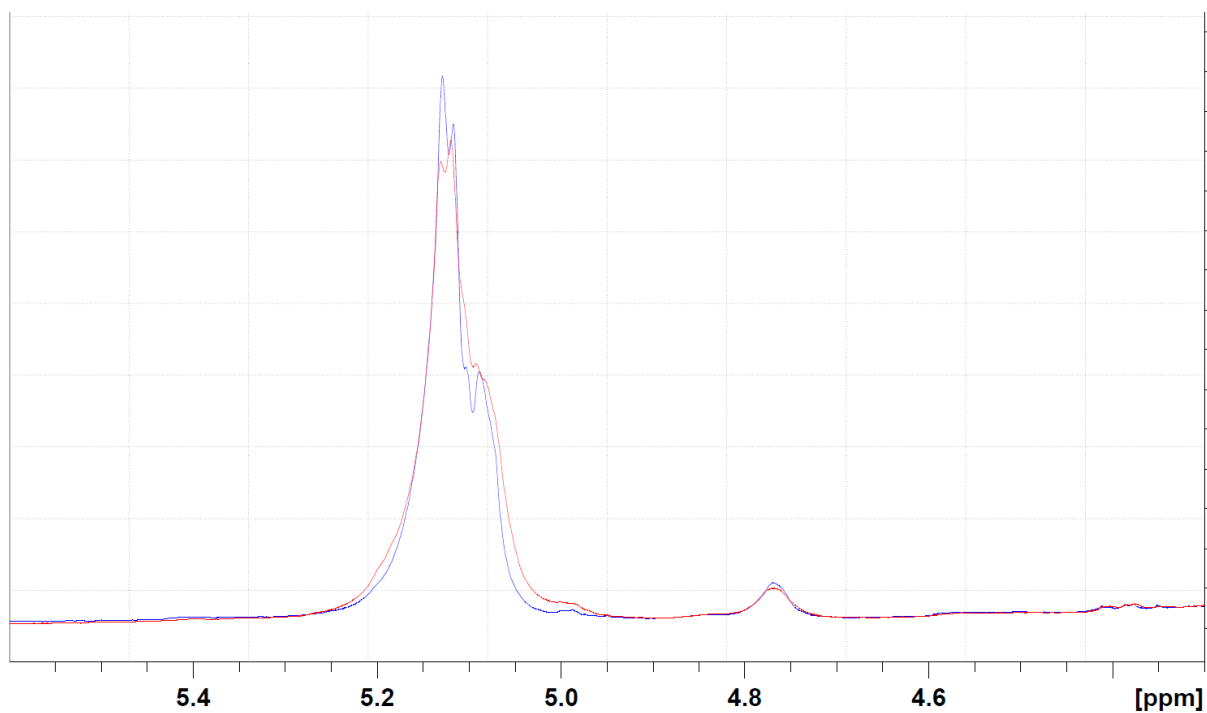
**Figure S15** Partial <sup>1</sup>H NMR spectra of rice flours of Doongara grown at higher temperature. Different spectra correspond to different glasshouses at the same temperature.



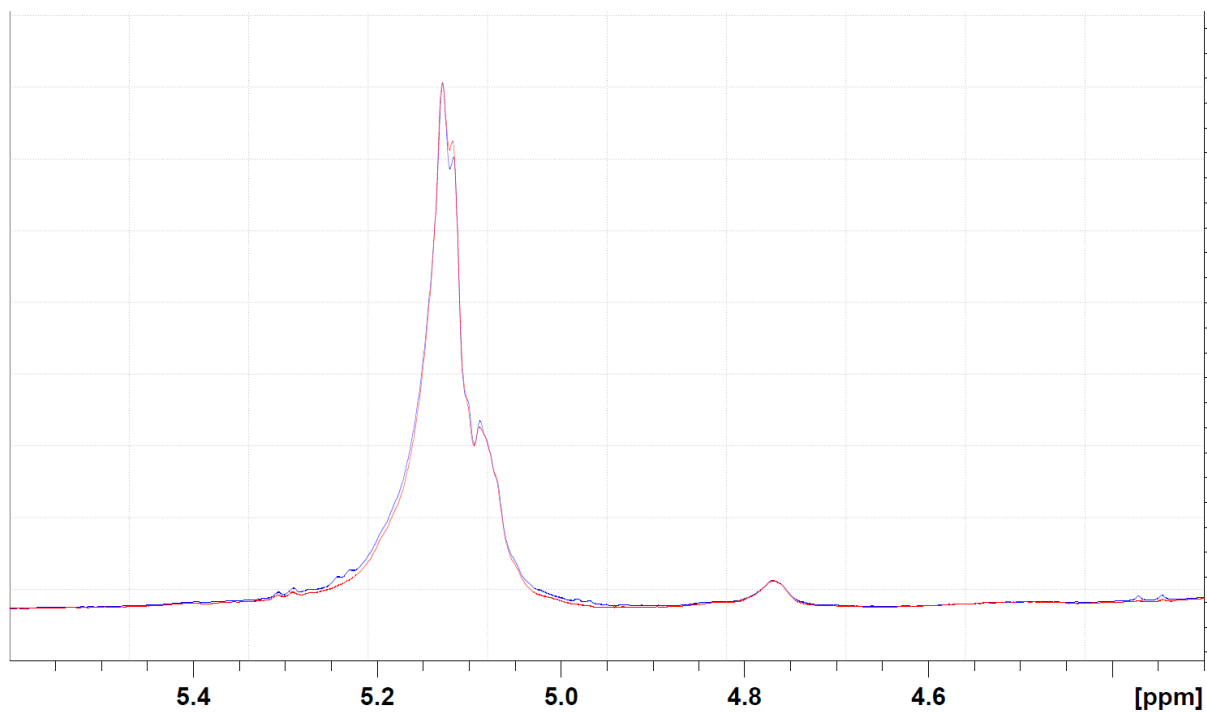
**Figure S16** Partial <sup>1</sup>H NMR spectra of rice flours of Doongara grown at lower temperature. Different spectra correspond to different glasshouses at the same temperature.



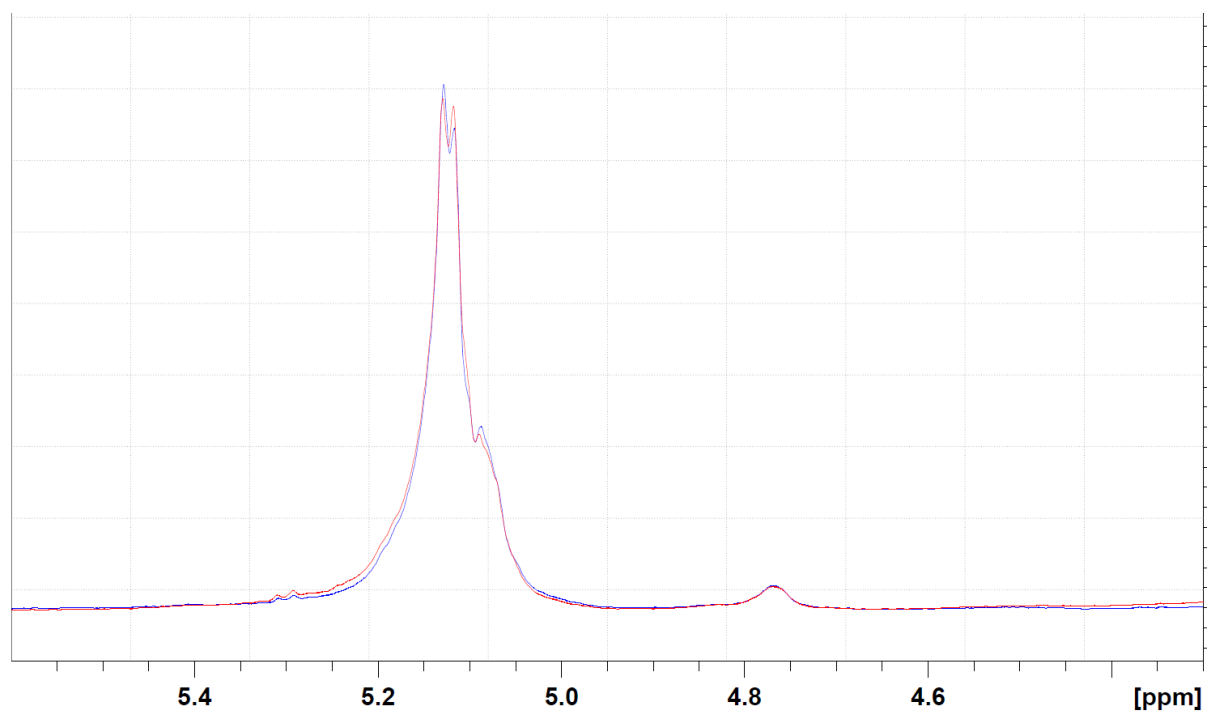
**Figure S17** Partial  $^1\text{H}$  NMR spectra of rice flours of Quest grown at higher temperature. Different spectra correspond to different glasshouses at the same temperature.



**Figure S18** Partial  $^1\text{H}$  NMR spectra of rice flours of Quest grown at lower temperature. Different spectra correspond to different glasshouses at the same temperature.

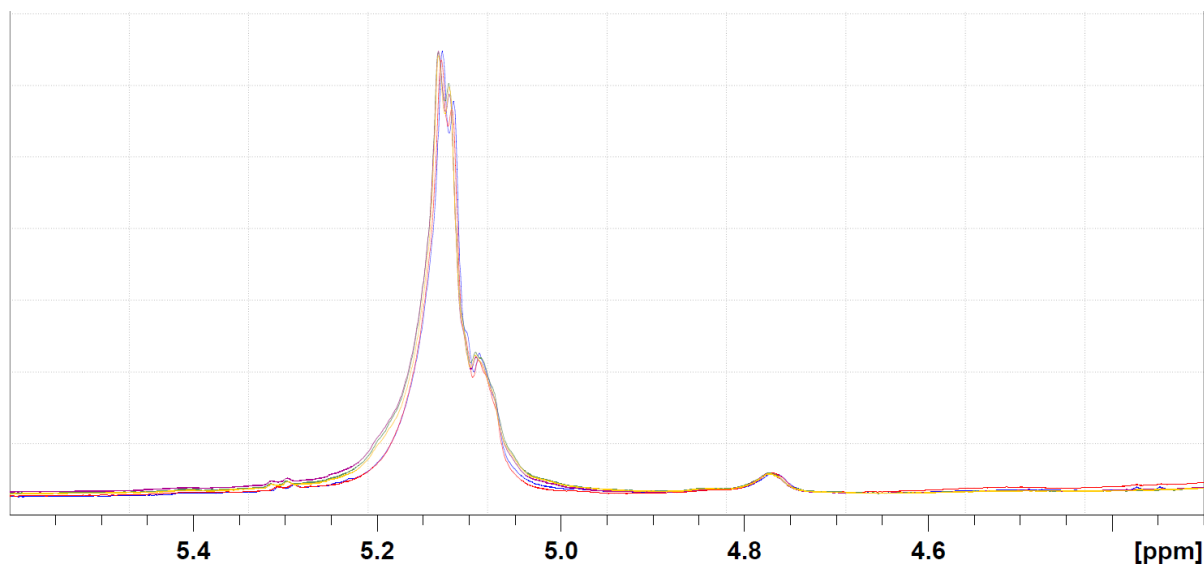


**Figure S19** Partial  $^1\text{H}$  NMR spectra of rice flours of Kyeema grown at higher temperature. Different spectra correspond to different glasshouses at the same temperature.



**Figure S20** Partial  $^1\text{H}$  NMR spectra of rice flours of Kyeema grown at lower temperature. Different spectra correspond to different glasshouses at the same temperature.

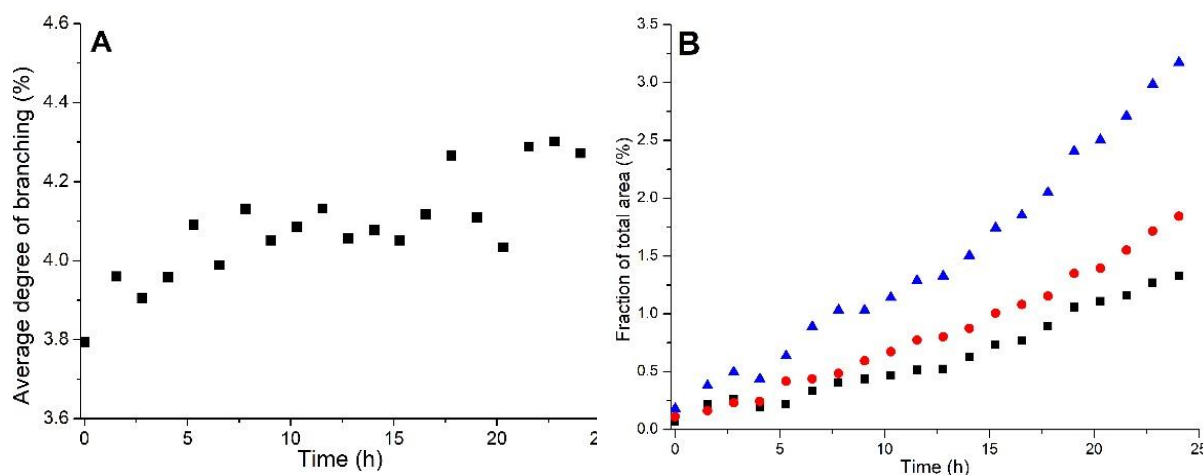




**Figure S21 Partial  $^1\text{H}$  NMR spectra of rice flours of Doongara grown at higher temperature. Different spectra correspond to repeat experiments on different parts of the same sample.**

#### S2.10 Assessing short-term aging contribution of reducing ends

The average *DB* was also monitored over a 24 h period after addition of  $\text{D}_2\text{O}$  and initial measurement (Figure S22A). An immediate increase in the average *DB* was observed after the first hour, subsequently plateauing at  $\sim 0.3\%$  above the initial measurement. Further analysis of the  $\alpha$  and  $\beta$  reducing ends revealed a proportional increase with time (Figure S22B). This indicates that the average *DB* increase is likely not a result of chain aggregation, but rather of some degradation process. All data indicate that for measurements taken immediately after addition of  $\text{D}_2\text{O}$ , as done here, the effects of degradation are insignificant.



**Figure S22 Evolution with time spent in the spectrometer at 90 °C after D<sub>2</sub>O addition of a) average DB (%) and b) percentage contribution to the total starch signal of α reducing ends (red circles), β reducing ends (black squares) and both α and β reducing ends (blue triangles).**

#### S2.11 Values of average DB for waxy flours

**Table S2 Values of average DB for waxy rice flours. Individual NMR measurements of the hot-water insoluble fraction (HWI) and hot-water soluble fraction (HWS) are reported; HWx-1 and HWx-2 refer to repeat fractionation of the flour. n.d. refers to ‘not determined’.**

<i>Variety</i>	<i>Average DB (%)</i>		<i>Average DB (%)</i>	
	<i>HWI-1</i>	<i>HWI-2</i>	<i>HWS-1</i>	<i>HWS-2</i>
Phae Savan	4.80	4.93	4.75	5.10
Laboun	4.61	4.35	5.20	5.03, 4.98, 5.07, 4.98, 4.95
Med Gnay	4.40	4.42	n.d.	5.00
Makfay	4.59	4.44, 4.54, 4.52, 4.35, 4.52	4.83 (for mixed sample of HWS-1+HWS-2)	
Hom	4.42	4.43	n.d.	4.92, 4.94

**Table S3 Values of average DB by <sup>1</sup>H NMR for different types of waxy starch samples**

<u>Type of waxy starch</u>	<u>Average DB (%)</u>
Waxy maize starch	5.00 (Gidley, 1985), 3.80 (Elfstrand et al., 2004), 5.26 (Dunn & Krueger, 1999)
Potato amylopectin	4.35 (Gidley, 1985), 3.6 (McIntyre et al., 1990), 4.07 (Nilsson et al., 1996)
Tapioca amylopectin	5.71 (Gidley, 1985)
Corn amylopectin	4.77 (Nilsson et al., 1996)

**S3 Apparent amylose content by iodine binding – Consistency over time**

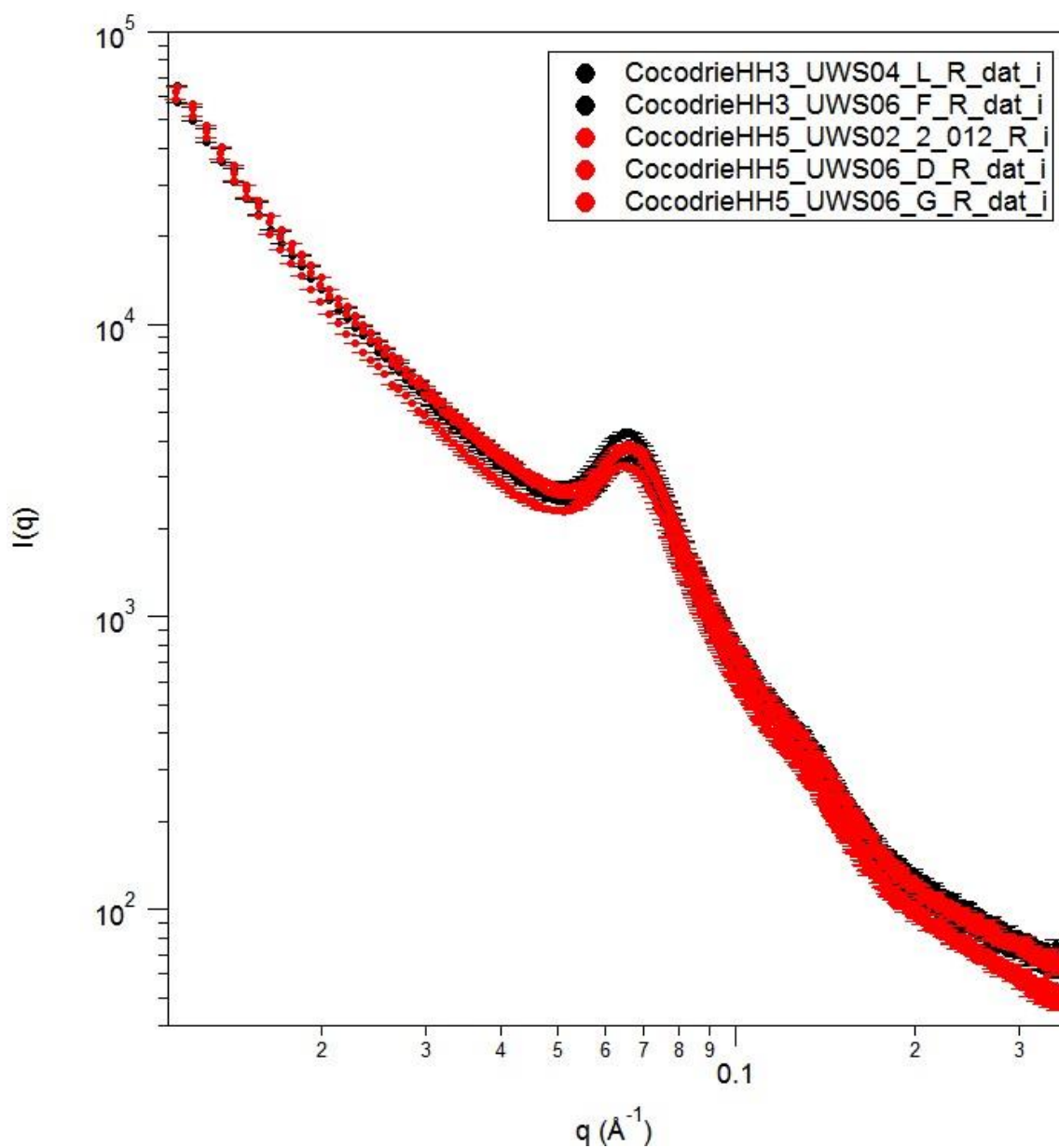
The AAC of the samples in this work was originally measured in 2015 in the conditions cited in the methods section 2.2.1. To confirm samples had not aged at the molecular level, the AAC was remeasured 3 years later on 3 varieties, including four glasshouses each. Due to changes in instrument, methodology and operators, the 2018 measurements also give an indication of the reproducibility of the AAC. The original values (2015) and remeasured values (2018) are shown in Table S4. One apparent outlier was the I-Geo-Tze variety in glasshouse 5, with a 19.1 % relative difference in AAC, the remaining samples had an average relative difference of 6.8 %.

**Table S4 AAC for different varieties grown in different glasshouses initially measured in 2015 then remeasured in 2018**

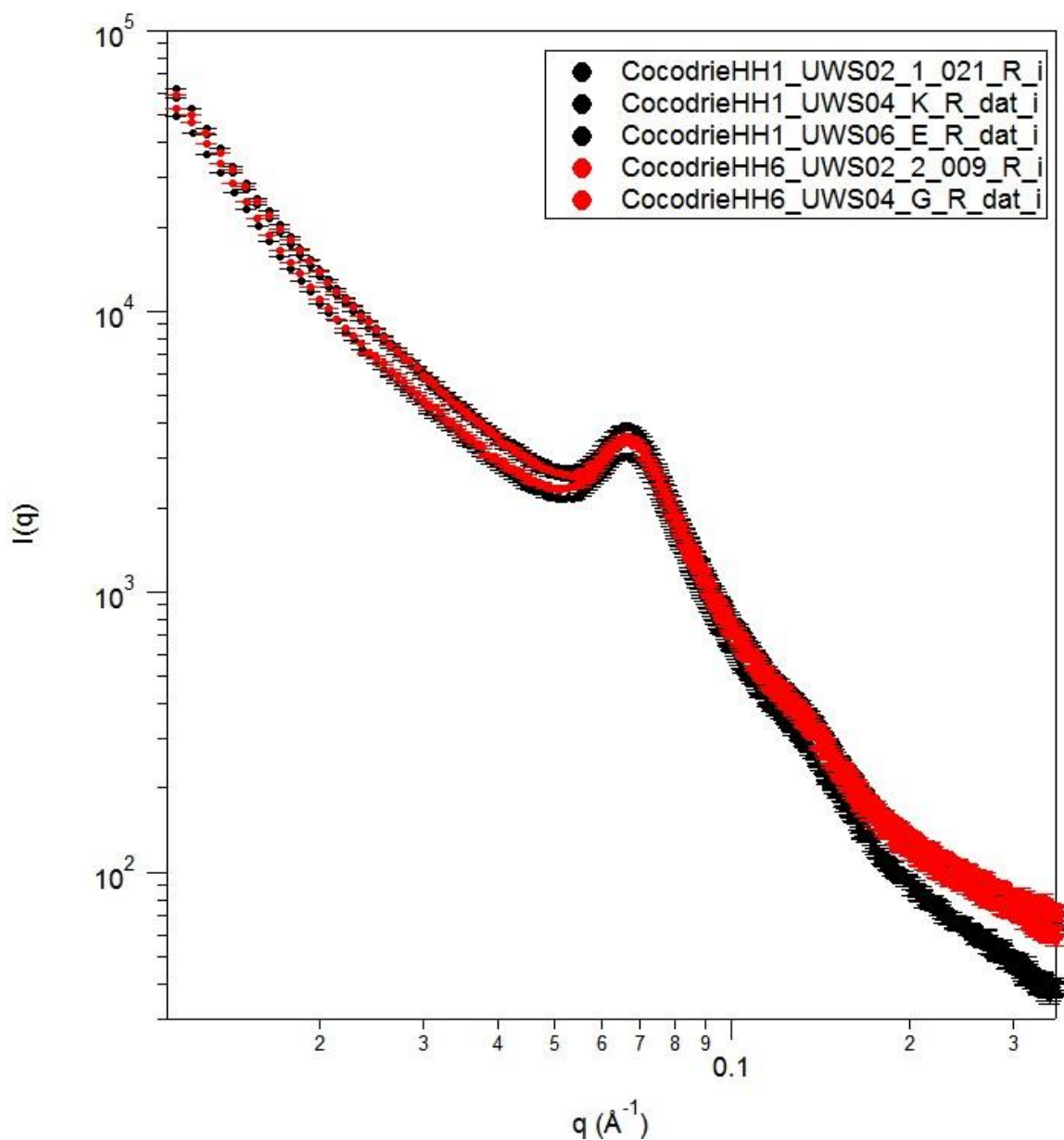
<b>Variety</b>	<b>Glasshouse</b>	<b>AAC (%) (2015)</b>	<b>AAC (%) (2018)</b>	<b>Relative difference (%)</b>
Kyeema	Glasshouse 1 - Low Temp	19.63	20.61	4.9
Doongara	Glasshouse 1 - Low Temp	25.39	27.53	8.1
I-Geo-Tze	Glasshouse 1 - Low Temp	27.48	29.36	6.6
Kyeema	Glasshouse 3 - High Temp	14.58	15.70	7.4
Doongara	Glasshouse 3 - High Temp	16.76	17.79	6.0
I-Geo-Tze	Glasshouse 3 - High Temp	28.27	29.60	4.6
Kyeema	Glasshouse 5 - High Temp	14.89	15.92	6.7
Doongara	Glasshouse 5 - High Temp	18.64	19.87	6.4
I-Geo-Tze	Glasshouse 5 - High Temp	26.72	32.38	19.1
Kyeema	Glasshouse 6 - Low Temp	19.22	20.37	5.8
Doongara	Glasshouse 6 - Low Temp	24.38	26.31	7.6
I-Geo-Tze	Glasshouse 6 - Low Temp	26.01	28.96	10.7

## **S4 Characterisation of lamellar structure by small angle X-ray scattering**

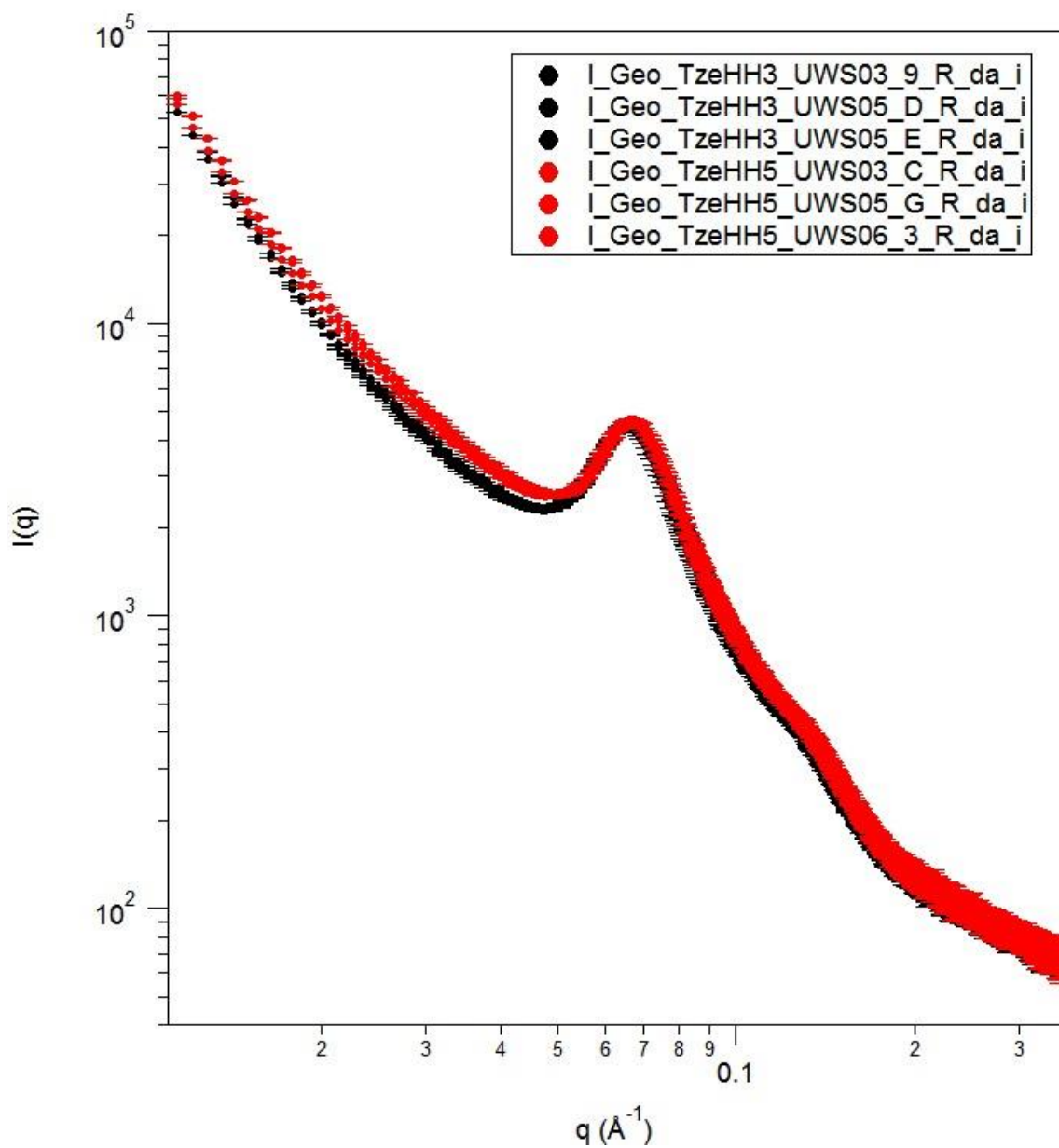
### S4.1 SAXS curves for all samples measured in this work



**Figure S23 Small angle X-ray scattering curves of rice flours of Cocodrie grown at higher temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.**



**Figure S24** Small angle X-ray scattering curves of rice flours of Cocodrie grown at lower temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.



**Figure S25 Small angle X-ray scattering curves of rice flours of I-Geo-Tze grown at higher temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.**

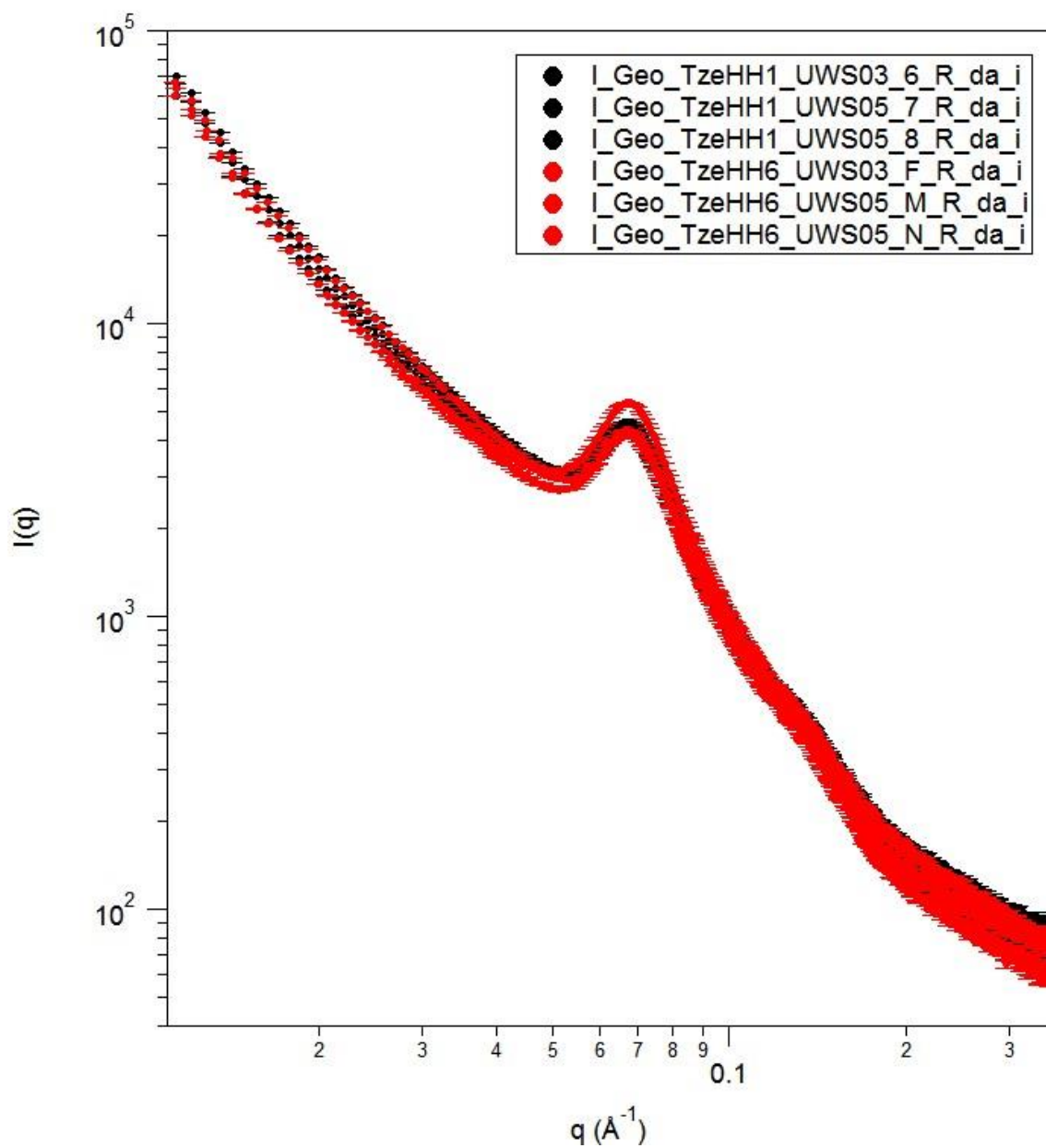
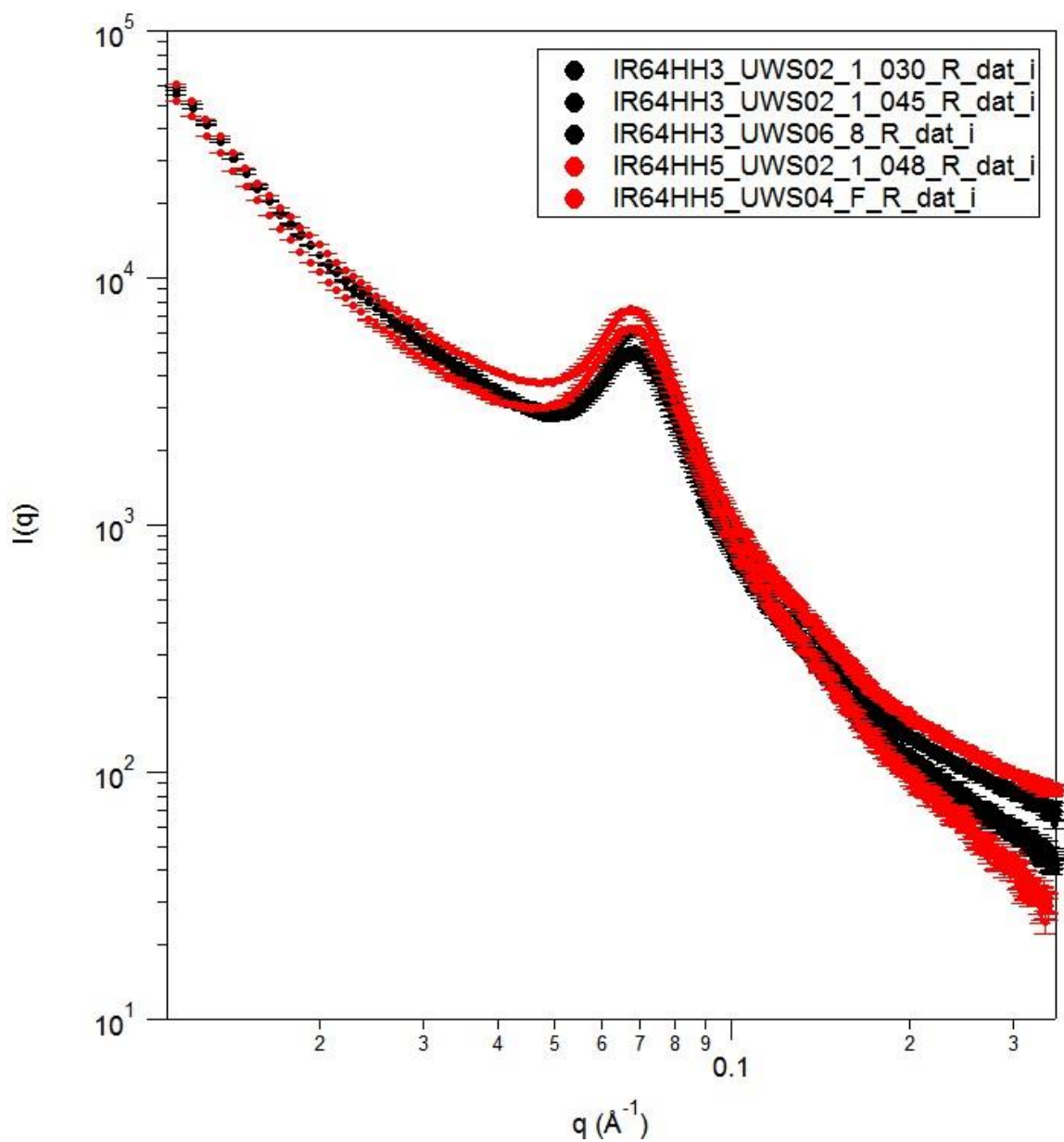
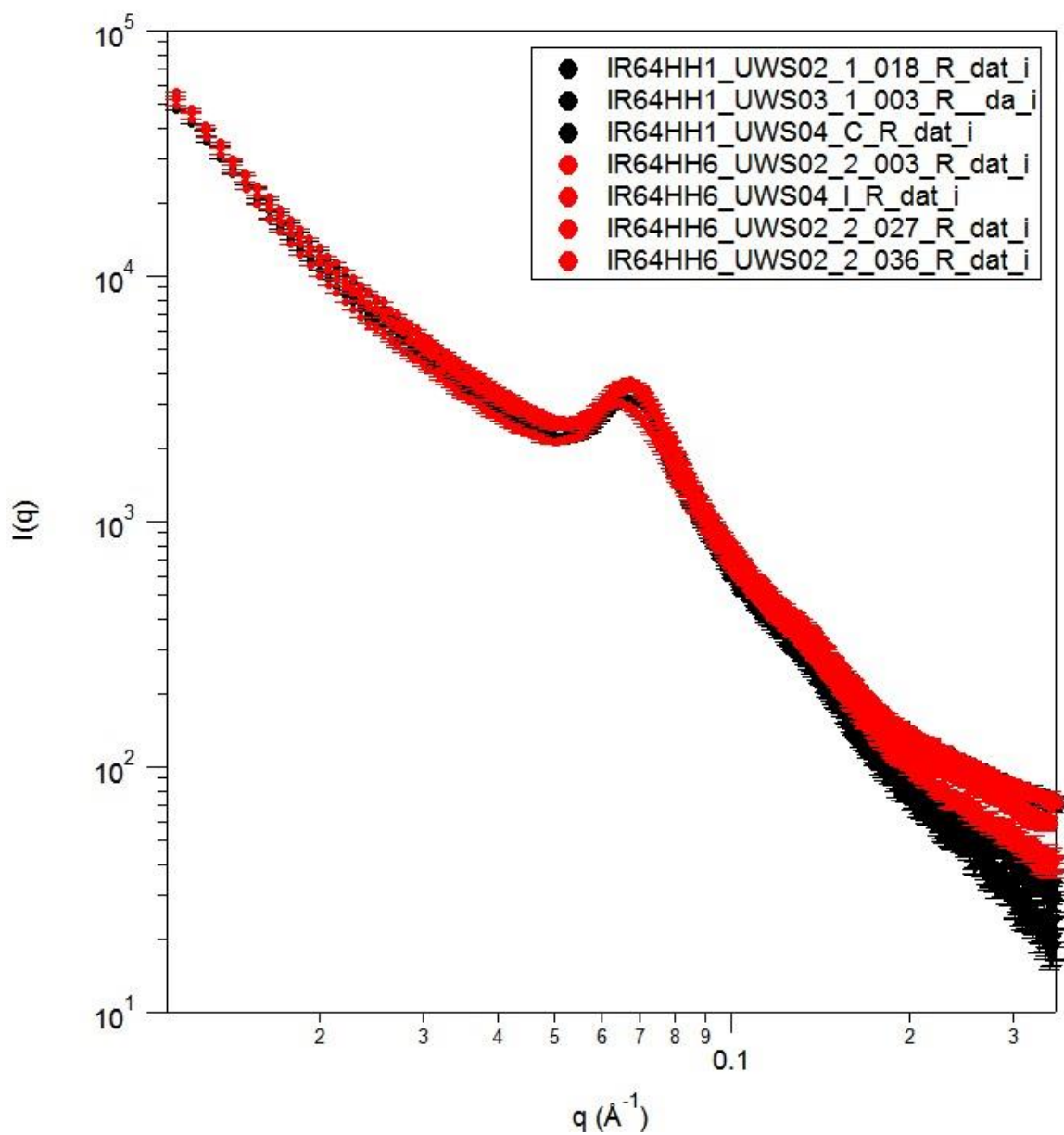


Figure S26 Small angle X-ray scattering curves of rice flours of I-Geo-Tze grown at lower temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.

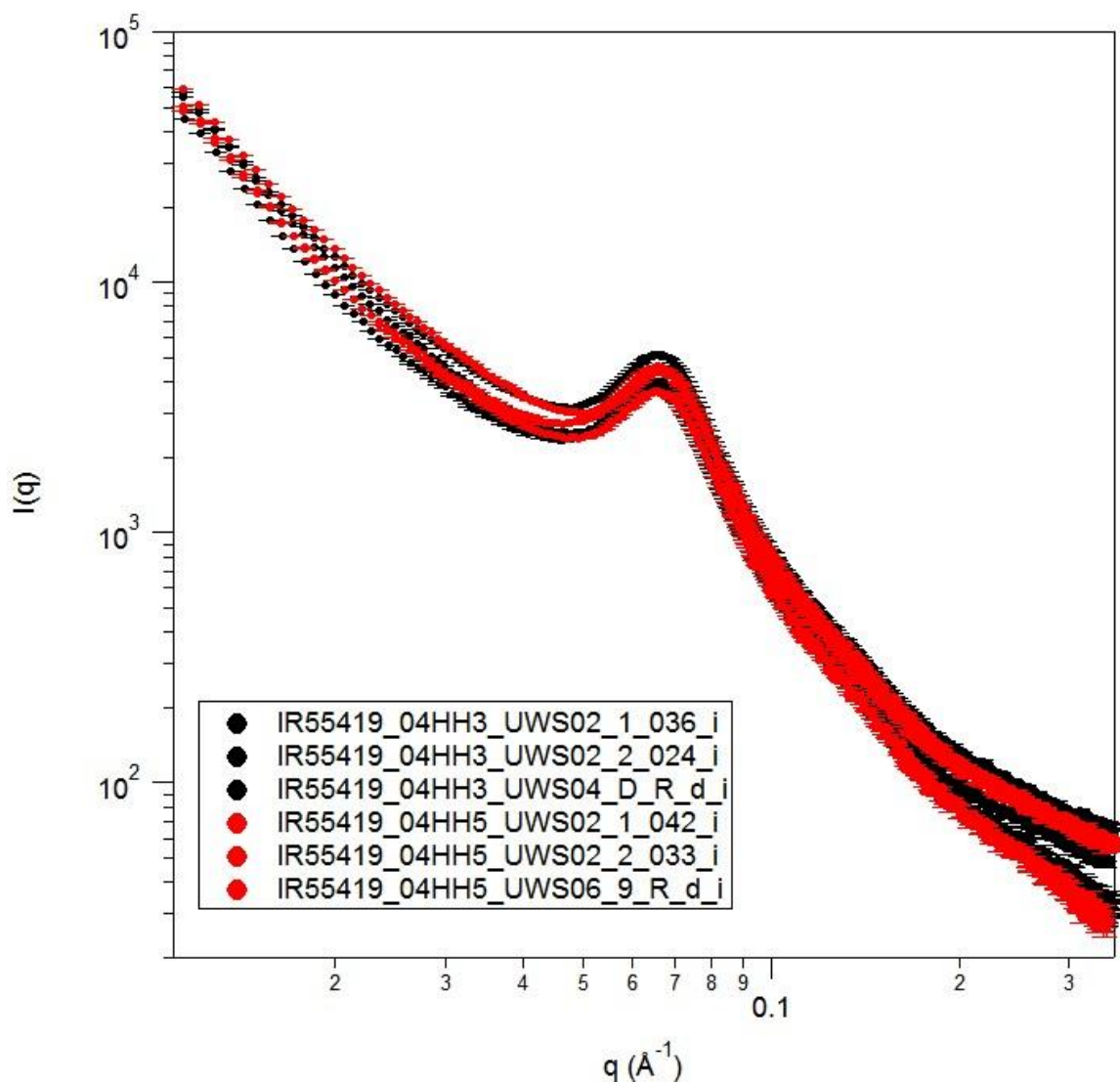


**Figure S27** Small angle X-ray scattering curves of rice flours of IR64 grown at higher temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.

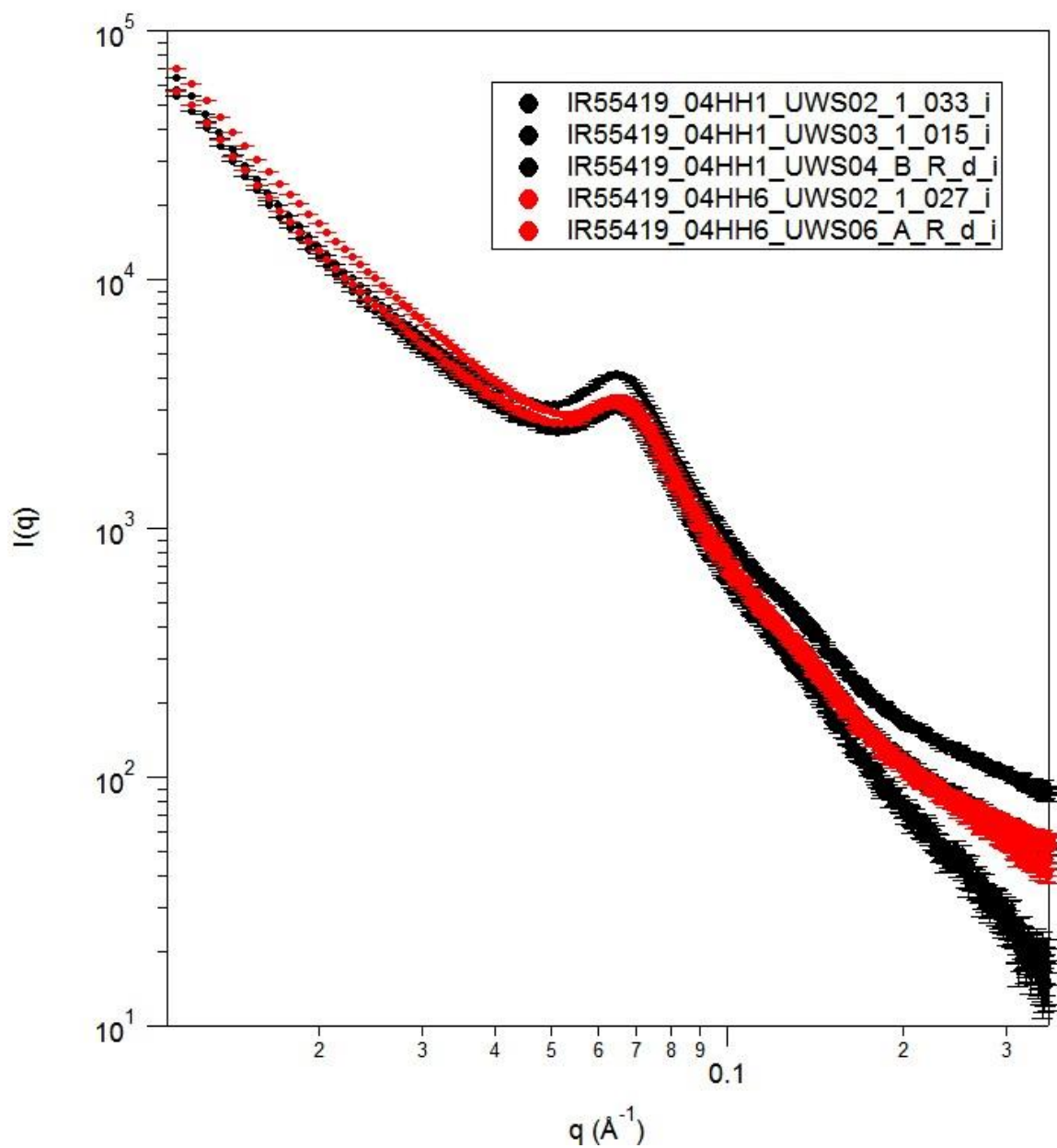




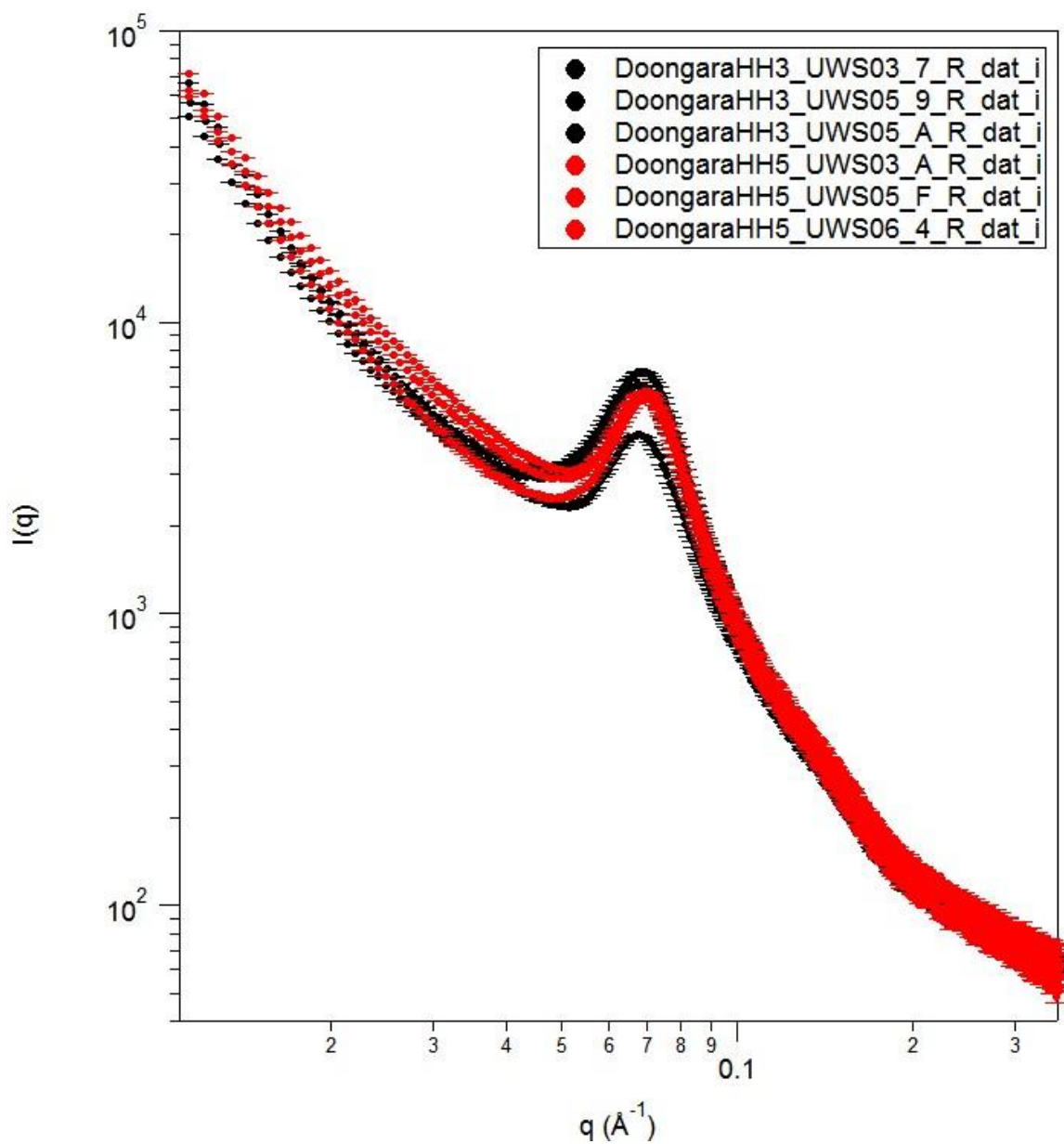
**Figure S28** Small angle X-ray scattering curves of rice flours of IR64 grown at lower temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.



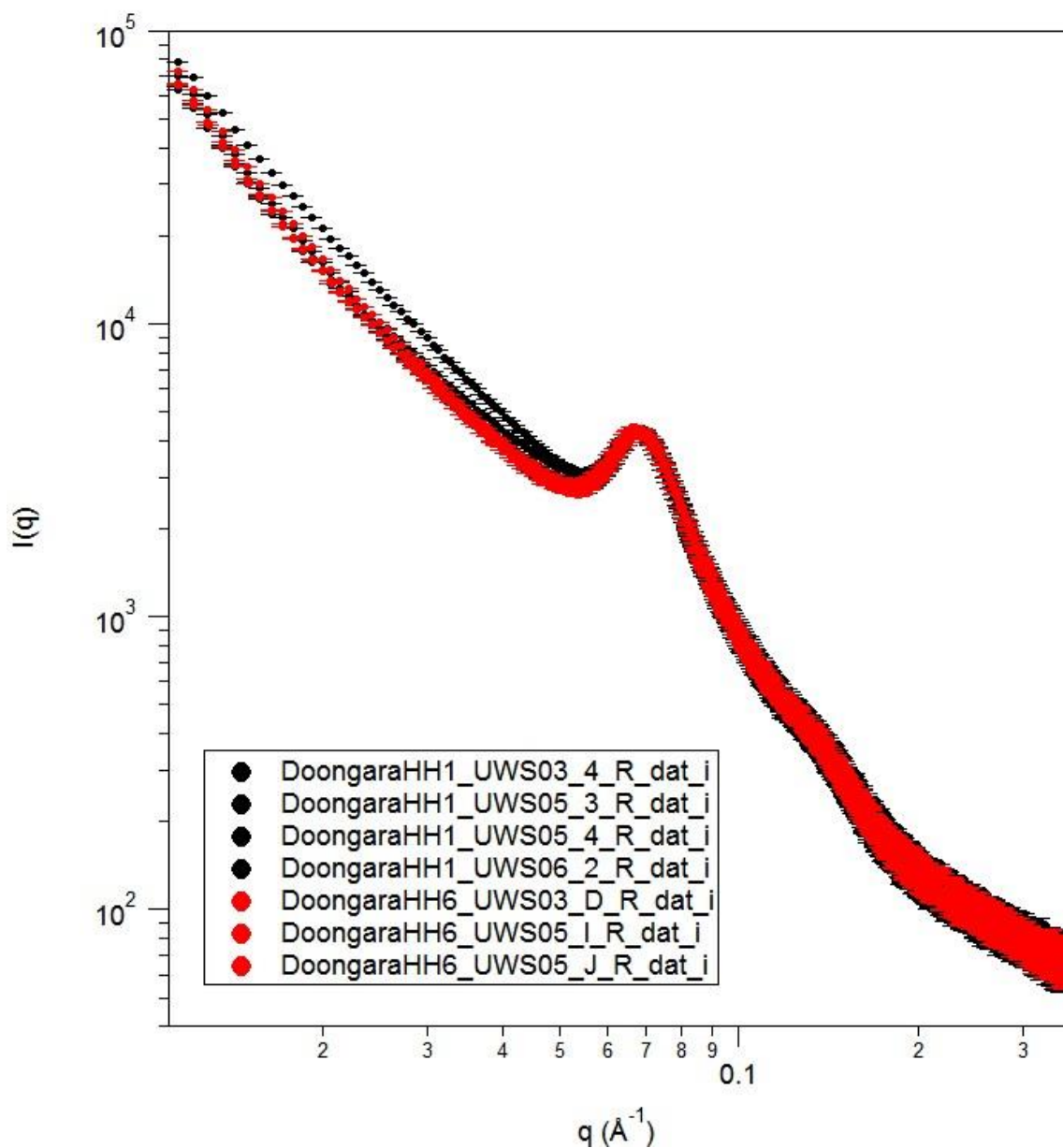
**Figure S29 Small angle X-ray scattering curves of rice flours of IR55419-04 grown at higher temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.**



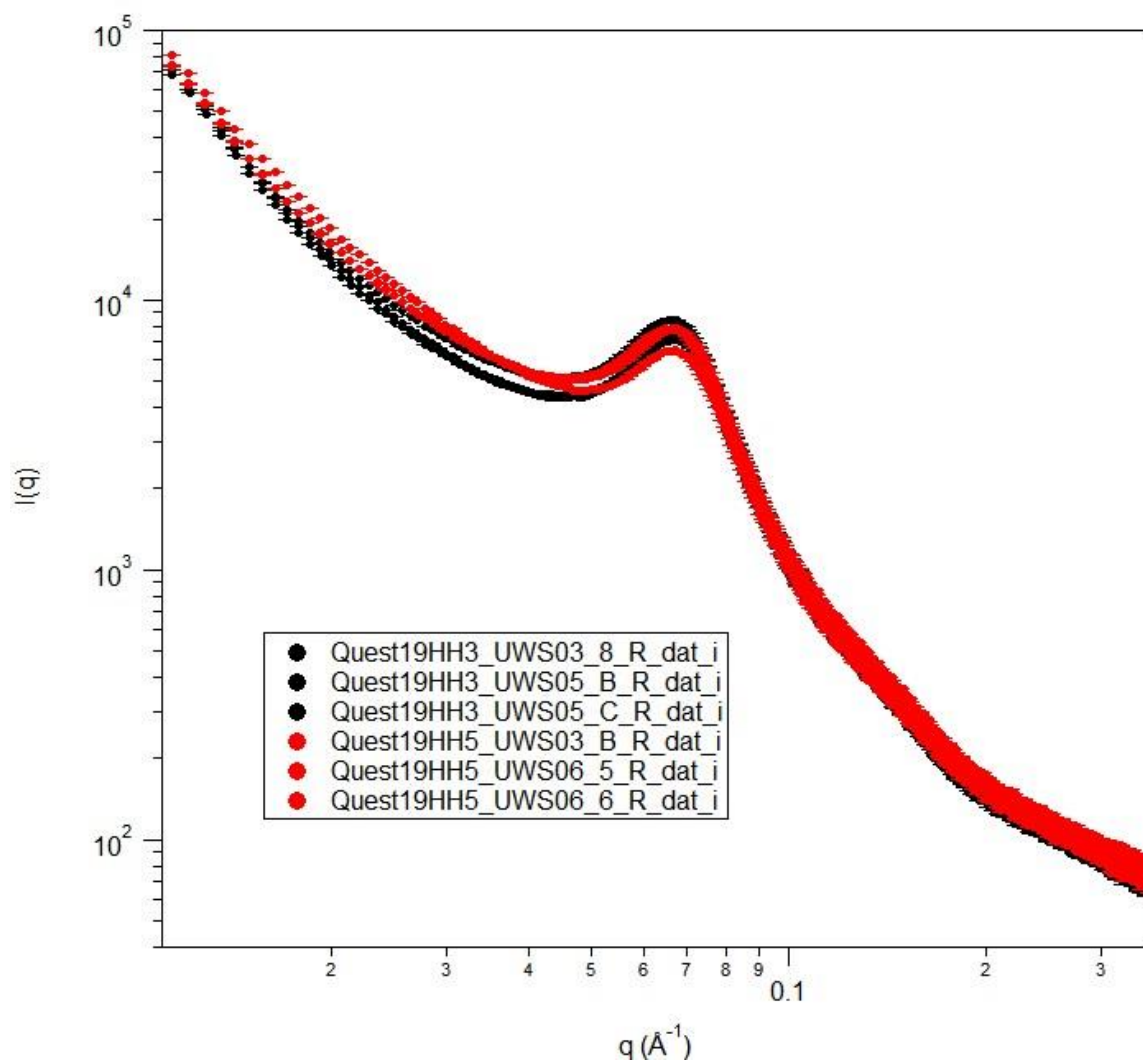
**Figure S30** Small angle X-ray scattering curves of rice flours of IR55419-04 grown at lower temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.



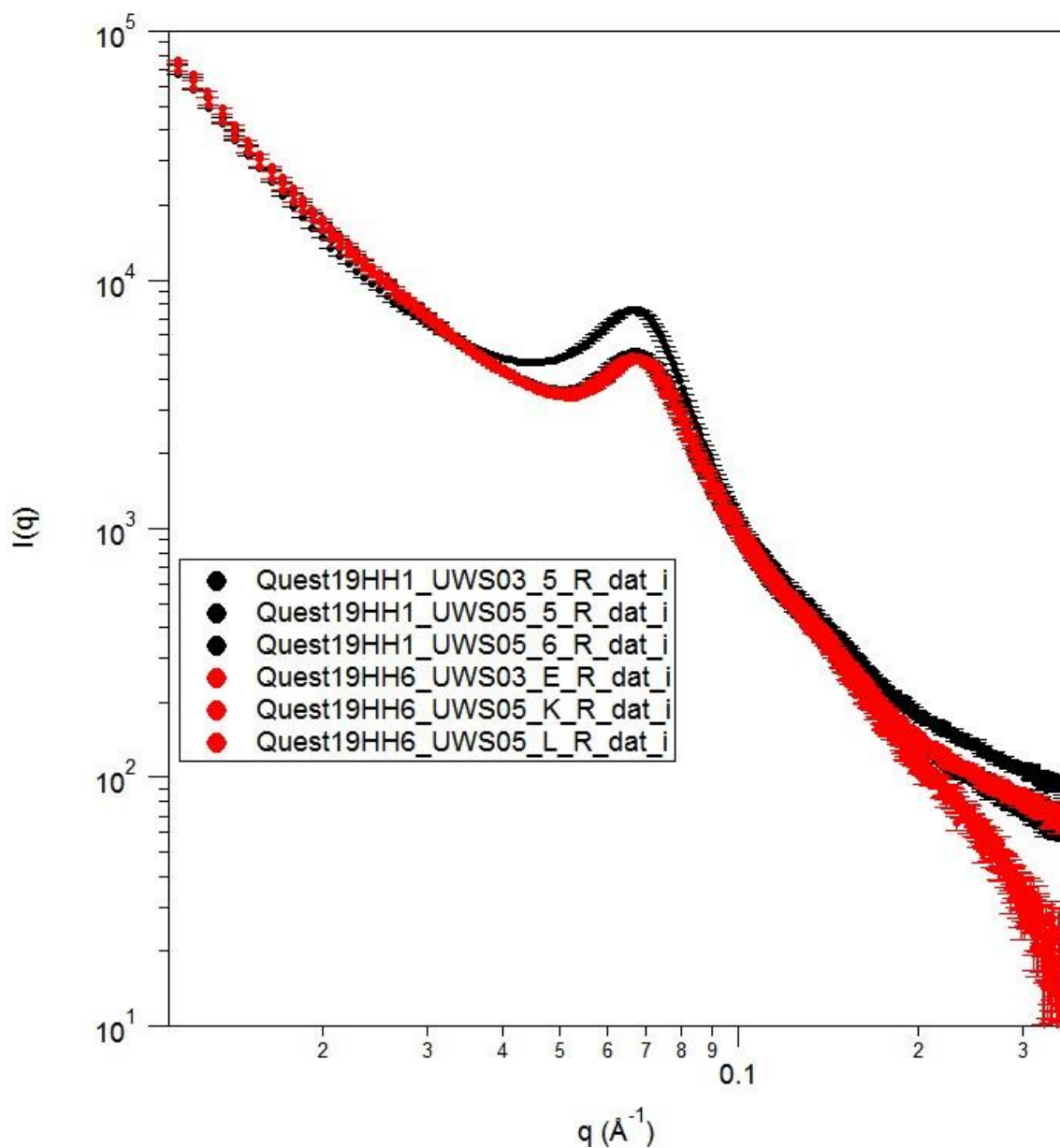
**Figure S31 Small angle X-ray scattering curves of rice flours of Doongara grown at higher temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.**



**Figure S32** Small angle X-ray scattering curves of rice flours of Doongara grown at lower temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.

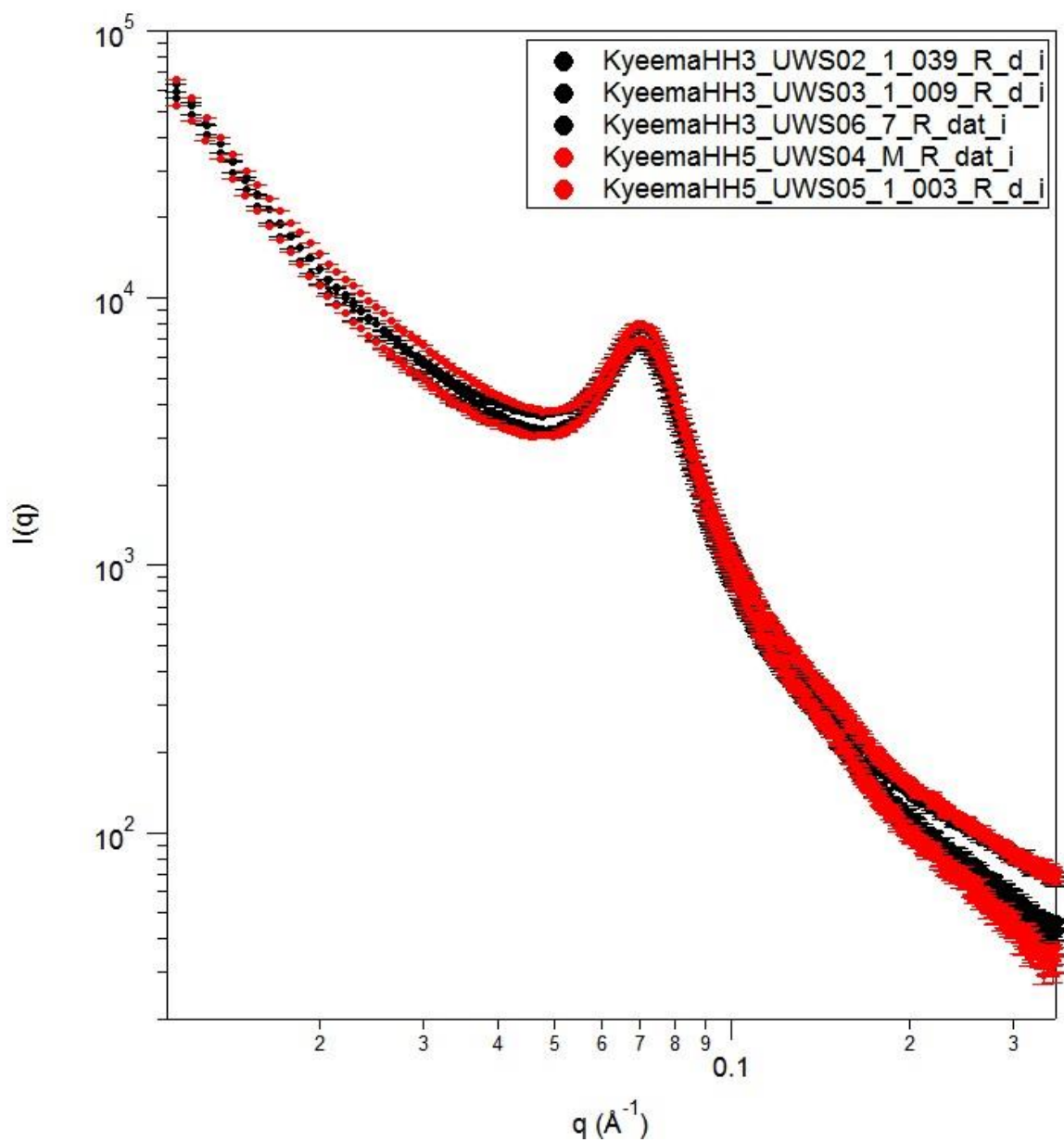


**Figure S33 Small angle X-ray scattering curves of rice flours of Quest grown at higher temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.**



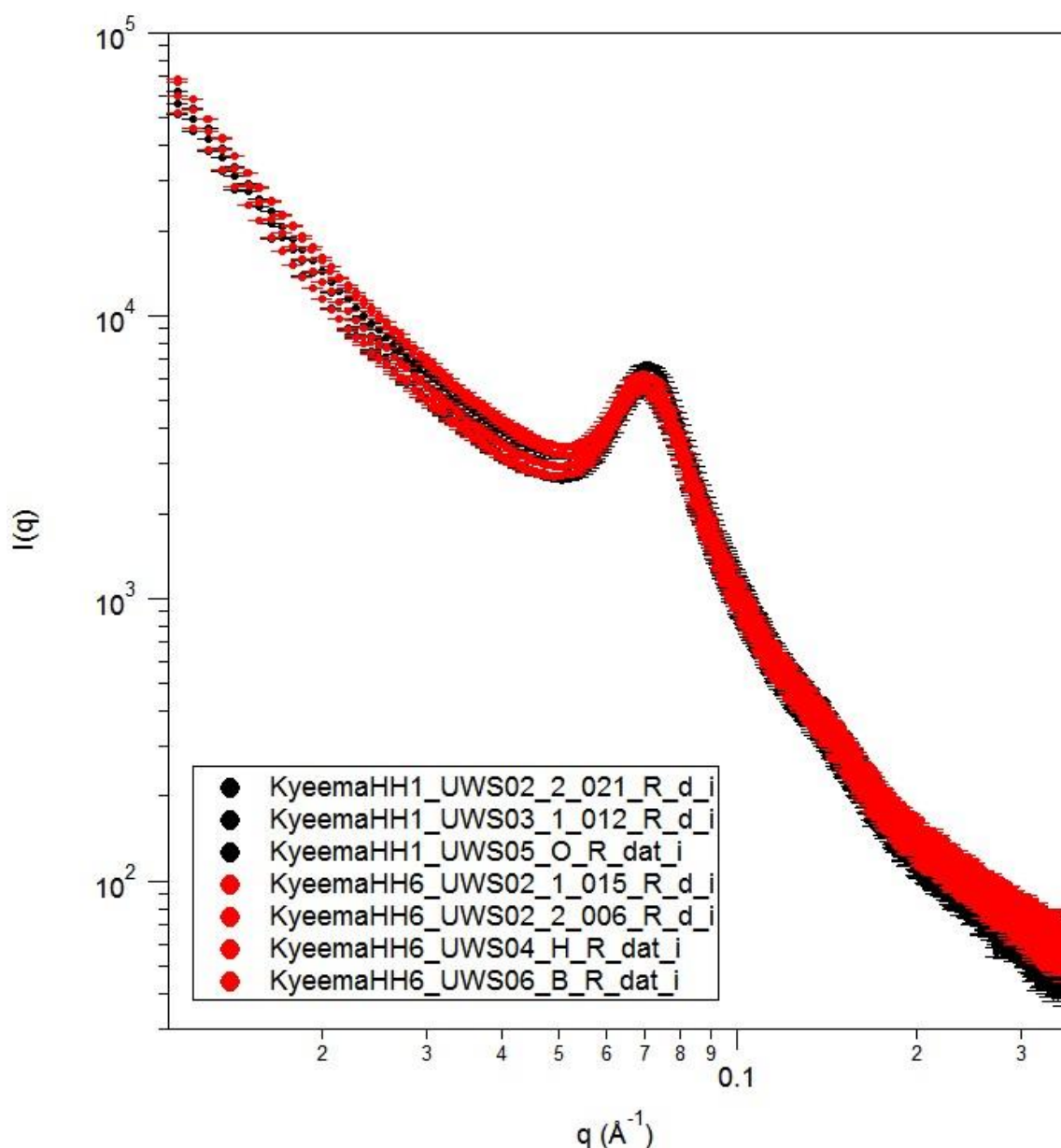
**Figure S34** Small angle X-ray scattering curves of rice flours of Quest grown at lower temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.





**Figure S35 Small angle X-ray scattering curves of rice flours of Kyeema grown at higher temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.**





**Figure S36 Small angle X-ray scattering curves of rice flours of Kyeema grown at lower temperature. Red and black curves correspond to different glasshouses at the same temperature. Separate curves of same colour correspond to repeat experiments on different parts of the same sample.**

#### S4.2 Fitting of small angle X-ray scattering data

Scattering curves of rice flour samples were iteratively fitted with a power law function to describe the underlying small angle scattering (where  $\beta$  is the power law prefactor and  $\alpha$  is the power law exponent) plus a Gaussian/Lorentzian function and a second Gaussian function to describe both the starch primary lamellar and secondary peaks (position,  $q_{\max}$ ; Intensity,  $I_{\max}$ ; full width at half maximum,  $\Delta q$ ).

$$I(q) = (r(I_{\max 1}(1 + A_1)^{-1}) + (1 - r)I_{\max 1}A_2) + I_{\max 2}A_3 + (\beta q^{-\alpha}) \quad \text{Equation S2}$$

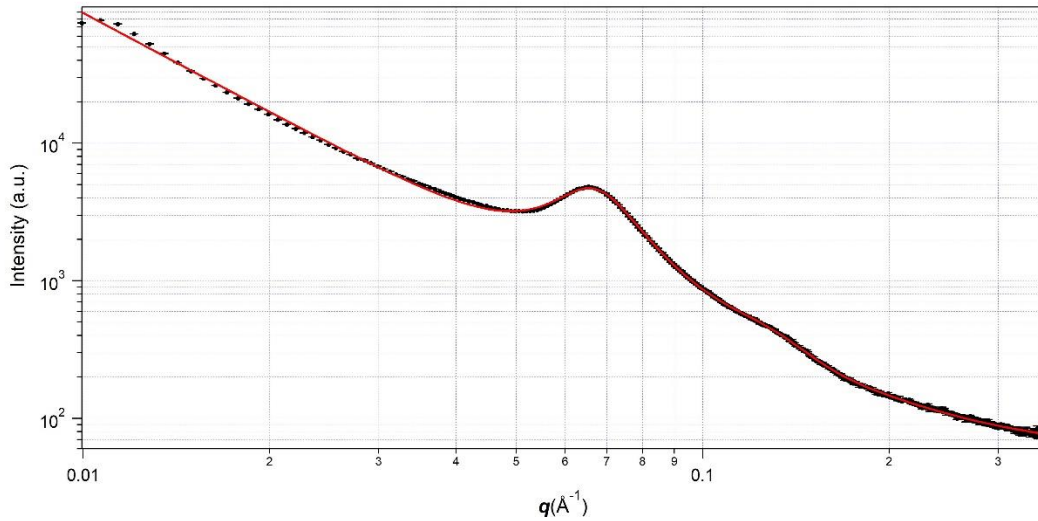
$$A_1 = \left[ \frac{2(q - q_{\max 1})}{\Delta q_1} \right]^2 \quad \text{Equation S3}$$

$$A_2 = \left[ e^{-\left( \frac{q - q_{\max 1}}{\Delta q_1} \right)^2} \right] \quad \text{Equation S4}$$

$$A_3 = \left[ e^{-\left( \frac{q - q_{\max 2}}{\Delta q_2} \right)^2} \right] \quad \text{Equation S5}$$

where  $q$  is the modulus of the scattering vector equal to  $(4\pi/\lambda)\sin\theta$  where  $\lambda$  is the X-ray wavelength (0.1542 nm) and  $2\theta$  is the scattering angle.  $r$  is the ratio of Lorentzian to Gaussian characteristics to the primary peak.

Figure S37 shows an example scattering curve of a rice flour and its fit overlaid after iterative calculation to minimise chi-squared.



**Figure S37 Small angle X-ray scattering curve of Cocodrie rice flour grown at a higher temperature (black crosses) with an iteratively calculated fit with equation S1 (red line)**

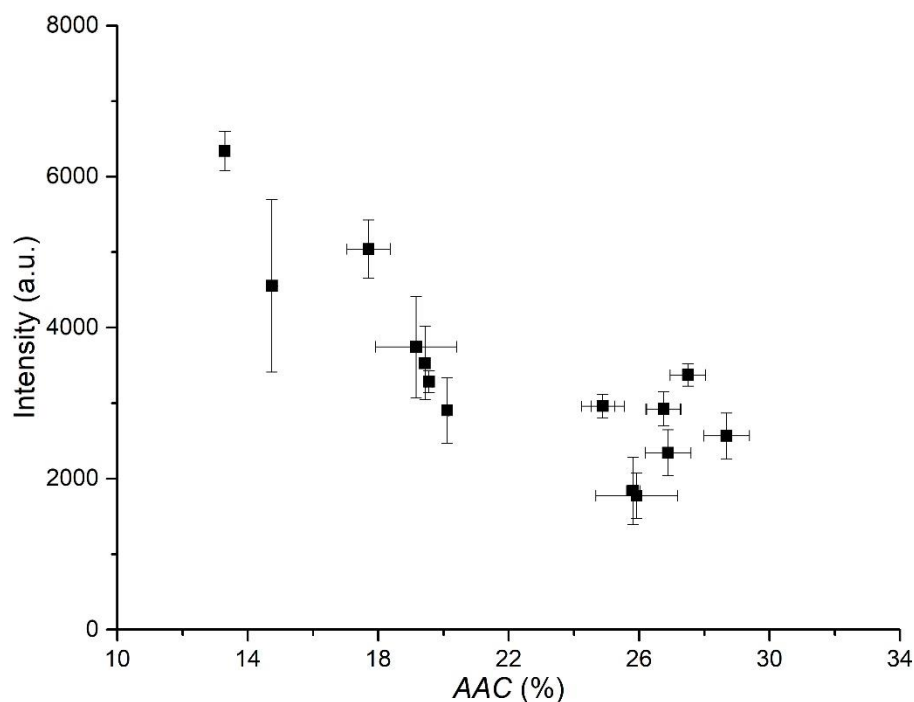
The real space lamellar repeat thickness was calculated from the peak position with equation S6. HWHM in real space was determined with equation S7.

$$\text{Lamellar repeat thickness (real space)} = \frac{2\pi}{q_{\max}} \quad \text{Equation S6}$$

$$\text{HWHM} = \frac{2\pi}{q_{\max}^2} \times \frac{\Delta q}{2} \quad \text{Equation S7}$$

### S4.3 Relationship of peak intensity with AAC and average DB

A general trend of decreasing lamellar peak intensity with increasing amylose content has been reported in the literature (Blazek & Gilbert, 2011). This has been explained by the accumulation of defects within the lamellar structure. A similar trend was observed in the rice samples in this study, with the data shown in Figure S38.



**Figure S38 Relation between SAXS peak intensity and AAC for rice flours of different varieties grown at lower or higher temperatures. SAXS peak intensity error bars represent the standard error of 6 values (2 independent replicates of temperature, 3 preparations for each replicate). AAC error bars represent the standard error of 4 values (2 independent replicates of temperature, 2 instrument readings for each). See Table S5 for individual AAC and average DB values.**

The peak intensity and average DB were loosely correlated, indicating an increased extent of semi-crystalline order with increasing average DB (Figure S39). However, given the poor correlation, it is unlikely that the branching frequency is the primary driver for changes in the extent of semi-crystalline order. It is possible that other aspects of the branching structure such as chain length distribution play a larger role, thus peak intensity and average DB are both relevant in reporting on different aspects in the overall starch structure.

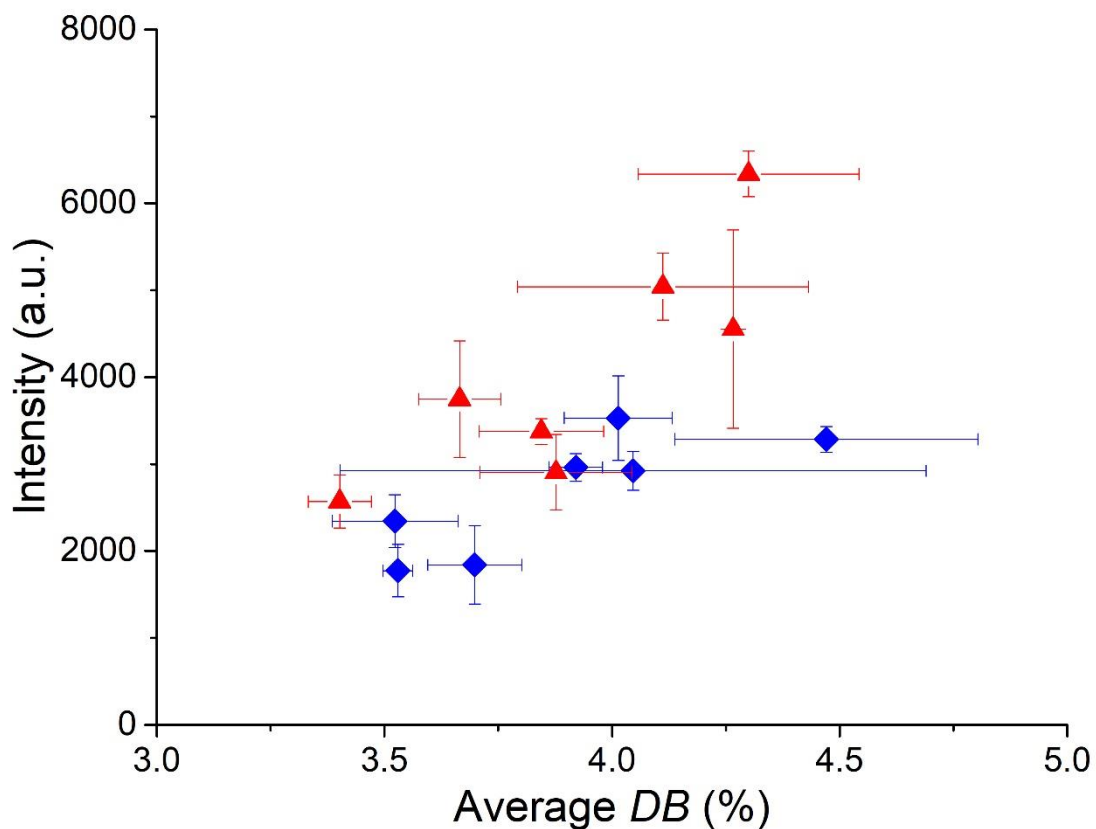
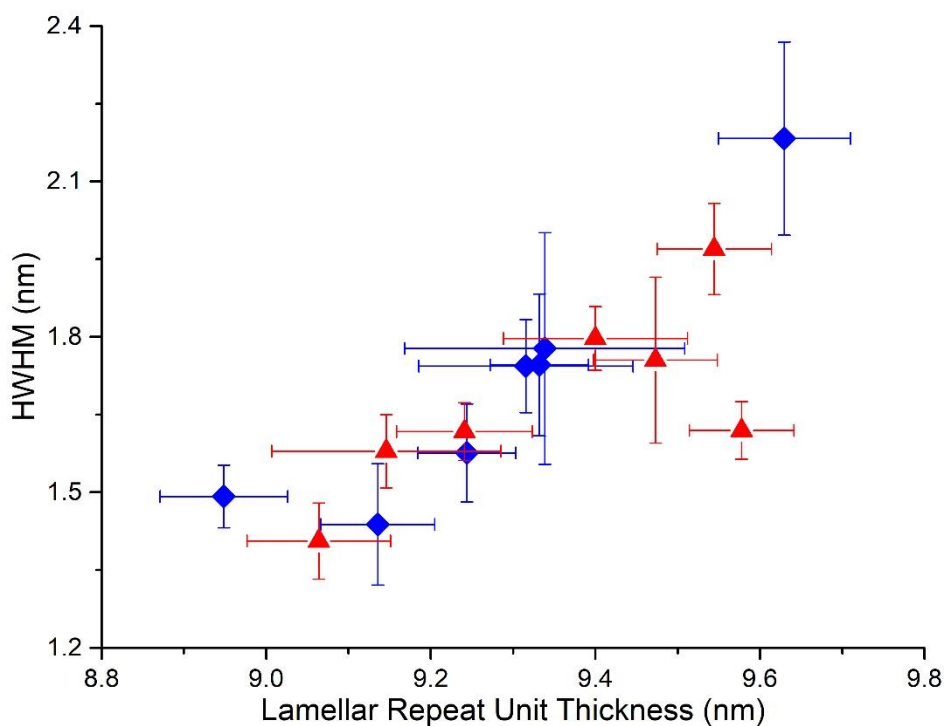


Figure S39 Relation between SAXS peak intensity and average *DB* for rice flours of different varieties grown at lower (blue diamonds) or higher (red triangles) temperatures. SAXS peak intensity error bars represent the standard error of 6 values (2 independent replicates of temperature, 3 preparations for each replicate). Average *DB* error bars represent the standard error of 2 values (2 independent replicates of temperature). See Table S5 for individual *AAC* and average *DB* values.

#### S4.4 Relationship of repeat unit thickness with HWHM

The HWHM and lamellar repeat thickness are positively correlated (Figure S40). This was previously observed on extracted starches of various botanical origin and thought to be due to a conserved distribution of lamellar sizes limited by the minimum number of glucose units (degree of polymerisation of 10-12) required to form a helix (Witt et al., 2012).



**Figure S40** Relation between HWHM and lamellar repeat unit thickness for rice flours of different varieties grown at lower (blue diamonds) or higher (red triangles) temperatures. Error bars represent the standard error of 6 values (2 independent replicates of temperature, 3 preparations for each replicate).

**S5 Mean and standard error values for AAC, average DB, SAXS intensity of main lamellar peak, SAXS lamellar repeat unit thickness, SAXS half-width half-maximum (HWHM) of main lamellar peak**

Table S5 Individual values of AAC, average DB, SAXS intensity of main lamellar peak, SAXS lamellar repeat unit thickness, SAXS half-width half-maximum (HWHM) of main lamellar peak. Mean values are reported for samples grown at lower and higher temperatures, with their standard error (Std error) for 4 measurements for AAC (2 independent replicates of temperature, 2 instrument readings for each), 2 measurements for average DB (2 independent replicates of temperature), 6 measurements for SAXS (2 independent replicates of temperature, 3 preparations for each).

<i>Variety</i>	<i>AAC (%)</i>		<i>Average DB (%)</i>		<i>SAXS peak intensity (a.u.)</i>		<i>SAXS thickness (nm)</i>		<i>SAXS HWHM (nm)</i>	
	<i>Mean</i>	<i>Std error</i>	<i>Mean</i>	<i>Std error</i>	<i>Mean</i>	<i>Std error</i>	<i>Mean</i>	<i>Std error</i>	<i>Mean</i>	<i>Std error</i>
Cocodrie, lower T	26.88	0.01	3.52	0.14	2344	305	9.33	0.02	1.75	0.06
Cocodrie, higher T	28.68	0.70	3.40	0.07	2568	302	9.47	0.03	1.70	0.06
I-Geo-Tze, lower T	26.75	0.52	4.05	0.64	2924	226	9.24	0.02	1.58	0.04
I-Geo-Tze, higher T	27.50	0.54	3.84	0.14	3376	148	9.40	0.05	1.74	0.02
IR64, lower T	25.92	0.06	3.53	0.03	1773	302	9.34	0.07	1.78	0.09
IR64, higher T	19.16	1.25	3.67	0.09	3746	671	9.24	0.03	1.65	0.02
IR55419-04, lower T	25.81	0.20	3.70	0.1	1840	449	9.63	0.03	2.18	0.08
IR55419-04, higher T	20.11	0.05	3.88	0.17	2904	436	9.54	0.03	2.01	0.04
Doongara, lower T	24.88	0.36	3.92	0.06	2961	160	9.14	0.03	1.44	0.05
Doongara, higher T	17.70	0.67	4.11	0.32	5041	382	9.15	0.06	1.58	0.03
Quest, lower T	19.56	0.13	4.47	0.33	3284	147	9.32	0.05	1.74	0.04
Quest, higher T	13.29	0.09	4.30	0.24	6338	262	9.58	0.03	1.53	0.02
Kyeema, lower T	19.43	0.14	4.01	0.12	3529	486	8.95	0.03	1.49	0.02
Kyeema, higher T	14.74	0.11	4.27	0	4552	1141	9.06	0.04	1.37	0.03

## **S6 Fourier transform infrared spectroscopy at cryogenic temperatures**

### **S6.1 Materials and Methods**

FTIR spectroscopy was performed on a Bruker Vertex 70 spectrometer. All spectra were acquired with 64 scans, at a resolution of  $1\text{ cm}^{-1}$  in a transmission mode arrangement using a Specac variable temperature cell holder under vacuum. Samples were pressed into KBr pellets with a sample concentration of 2 wt% (200 mg total mass). Powder for pressing was prepared by combining sample and KBr powder and grinding together into a fine powder using an agate mortar and pestle. The powder was then transferred to the die and spread with light tapping. Pellets were pressed using a PIKE Technologies CrushIR digital hydraulic press. The pressure sequence was: 3 tonnes followed by immediate release, 7 tonnes for 30 s, then ramp from 7 to 10 tonnes and hold for 2 min. Pressed pellets were analysed on the day of pressing and stored in a desiccator until analysis.

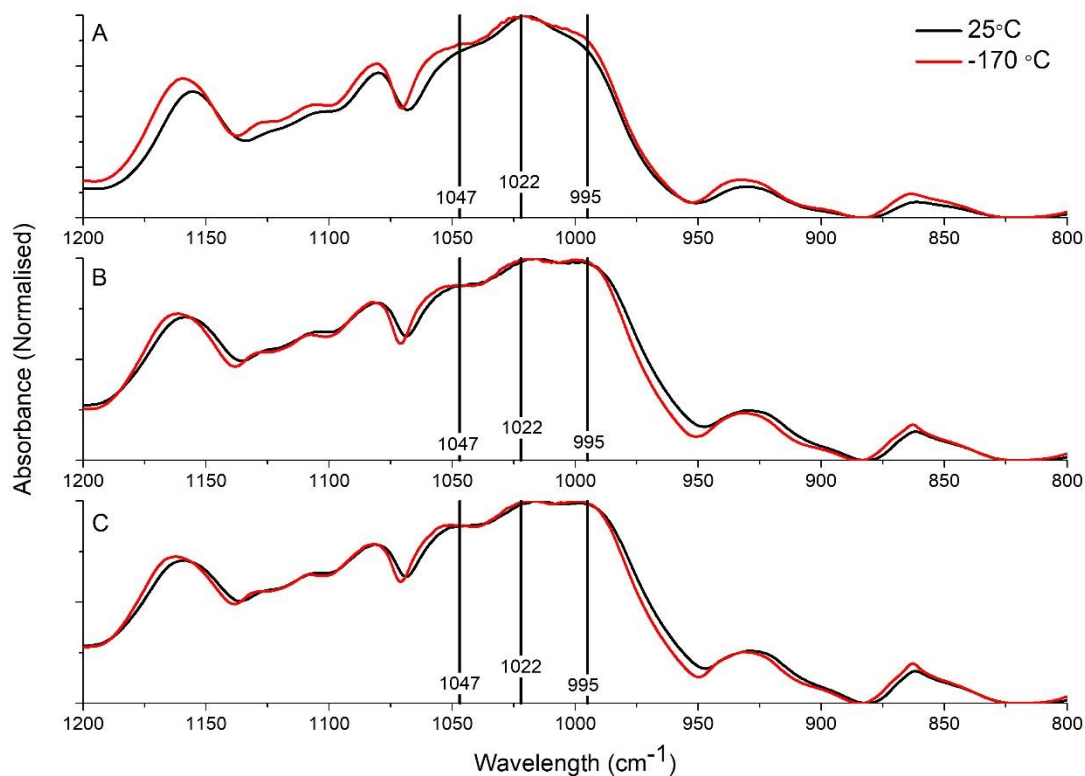
Three types of commercial maize starches with different amylose contents: waxy maize (3.4 % amylose), regular maize (24 % amylose) and Gelose 80 (83 % amylose) (Tan et al., 2007) were from Penford Australia Limited (Lane Cove, NSE, 2066, Australia). All starch samples were conditioned to 44 % relative humidity for at least 1 week prior to analysis. Sample environments at 44 % relative humidity was created by placing a saturated solution of potassium carbonate ( $\text{K}_2\text{CO}_3$ ) in a desiccator (Greenspan, 1977).

All spectra were processed with Bruker OPUS 7.5 (Bruker Optik GmbH). All FTIR spectra were baseline corrected by 1 step (minimum amount) in the software's interactive mode using a rubber band based correction algorithm. All FTIR spectra were then normalised to an absorbance range of 0 to 2.0 based on min-max calculations.

### **S6.2 Effects of cryogenic temperatures on FTIR spectra**

Cryogenic temperatures have been used widely over the life of infrared technology, across an extremely broad range of applications, and leading to data exhibiting reduced peak width and improved resolution (Caspary, 1968; Hermann & Harvey, 1969). This has been explained by weaker intermolecular interactions and lower intensity of bands corresponding to excited-state energy levels (Hermann et al., 1969; Holland-Moritz & Siesler, 1976; Stuart, 2004).

Figure S41 displays the FTIR spectra of the three model starches at both 25 °C and -170 °C. Slight improvements in resolution were noted for all three starch samples; however, these improvements were minimal and still did not result in clearly resolved signals. As a result, the investigation of crystalline order by FTIR spectroscopy was not explored in this work.



**Figure S41** Transmission mode FTIR spectra of A) Gelose 80, B) Regular maize and C) Waxy maize, conditioned at 44 % relative humidity and measured at different temperatures. Bands of interest are noted by vertical black lines and labelled with the wavelength.

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