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# Novel Applications of Nanotechnology in Life Sciences

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## Abstract

The main focus of the review is to discuss about the most popular, expanding and promising branch of science and technology i.e., nanotechnology, its various applications in life sciences which opened up doors in several areas like diagnostics, drug delivery and tissue engineering. Nanotechnology is often viewed as a relatively young field, with tremendous potential to reinvent existing industries and significantly improve standards of living. Nanotechnology applications to the life sciences include pharmaceuticals, biotechnology, medical devices, diagnostics, gene therapy, drug delivery and tissue engineering.

**Keywords:** Nanoparticles; Drug delivery; Lab-on-a-chip; Tissue Engineering

## Introduction

Nanotechnology is defined especially as growing and exciting technology at the scale of one-billionth of a metre sweeping away the barriers between the physics, chemistry and biology. Nanotechnology is the design, characterization, production and application of structures, devices and systems by controlling shape and size at nanometer scale [1,2]. There are two fundamental approaches at nanoscale: “Top-down” means the production of nanostructures materials by taking bulk material and forming it into desired structure which include development of integrated circuits (ICs). “Bottom-up” approach refers to building up nanostructures atom-by-atom or molecule-by-molecule i.e., quantum dots and nanotubes [3]. Nanotechnology word Originates from the Greek word meaning “dwarf”, in science and technology the prefix “nano” signifies 10<sup>-9</sup>, i.e. one billionth (=0.000000001). One nanometre (nm) is one billionth of a metre, tens of thousands of times smaller than the width of a human hair.

The nanotechnology platform was actually laid by Richard Feynman, a famous physicist gave this idea in his lecture given at California Institute of Technology called “there is plenty of room at the bottom”, a belief of many workers in the field of nanotechnology. He presented a technological vision of miniaturization of materials, manipulating and controlling at nanoscale called “Nanotechnology” [4]. Feynman envisaged the technology to build nano-object, atom-by-atom and molecule-by-molecule using tool box [5]. Nanoscale, nanotechnology, nanoengineering and nano-object became the modern concept of Feynman speech instead of the terms used such as small scale, small things and miniaturization [6]. Norio Taniguchi from Tokyo Science University first defined nanotechnology in 1974 as “Nano-technology mainly consists of the processing of separation, consolidation and deformation of materials by one atom or one molecule. Despite the hype around nanotechnology in recent years, it is not a new technology which include examples like Lyncurus glass cup in British Museum looks jade green in natural light and red colour when bright light shines through it due to nanoparticles of gold and silver [7], carbon nanoparticles are used in car tyres manufacturing while the red and yellow colours seen at sunsets are due to the nanoparticles in the atmosphere [8]. Some of the ancient examples include - nanotechnology used to make weapons and long lasting cave paintings about 2000 yrs ago by Indian craftsmen and artisans,

existence of carbon nanoparticles on the famous sword of Tipu Sultan and Ajanta paintings. The first observation and size measurements of nanoparticles were carried out using an ultramicroscope by Richard Zsigmondy in 1902. The term “Nanotechnology” was first used by Norio Taniguchi, University of Tokyo to describe the ability to engineer materials at nanoscale [9]. In the 1980s, two inventions which enabled the imaging of individual atoms or molecules as well as their manipulation led to the significant progress in the field of nanotechnology [10]. In 1986, Eric Drexler recognized for driving the nanotechnology where it is today through his speeches and books – “Engines of creation: the coming era of nanotechnology” and In 1991, Sumio Iijima discovered carbon nanotubes and by 2000, the United States launched the National Nanotechnology Initiative (NNI-a federal visionary research & development programme for nanotechnology) & these paved way for the progress in research and development in the field of nanotechnology. A disruptive technology with a potential to change the world as we know it today [11].

## Impact on life sciences

Nanotechnology is an emerging technology which is widely expected to provide technical solutions and economically successful products in various fields of application [11]. Already in the market the nanotechnology products available but still it is very intensive basic research field. In other words discovery in nanotechnology implies increasingly impact on life sciences [12]. It refers to a set of technologies that are being applied to numerous existing industries has mainly three overlapping areas such as Nanoelectronics, nanomaterials, nanobiotechnology which find applications in various fields like electronics, materials, environment, metrology, robotics, healthcare, information technology, pharmaceuticals, agriculture, transport etc [13-15]. Nanotechnology is often viewed as a relatively young field, with

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tremendous potential to reinvent existing industries and significantly improve standards of living. Nanotechnology applications to the life sciences include pharmaceuticals, biotechnology, medical devices, diagnostics, gene therapy, drug delivery and tissue engineering [16-20] (Figure 1).

### Nanotechnology-drug delivery

There are many potentially valuable prospects in nanotechnology for drug delivery systems. Some of the advantageous areas in which nanotechnology efforts are being made include vaccine adjuvants and delivery systems, nanostructured applications used in orthopaedics and wound management [21-23], controlled release drug delivery system, delivery vehicles that enhance circulation and targets of drug and to specific cells, systems that improve the solubility of poorly water soluble drugs [24-27]. Some types of nanotechnologies being utilized in drug delivery as follows:

#### Polymer nanoparticles

Polymer drug conjugates are used as drug delivery systems as many pharmaceuticals are not soluble in water, inefficiency towards specific target site. Some of the examples include PEGylated liposomal nanoparticle formulation of GMP-grade WHI-P131 exhibited potent in vivo activity shows therapeutic potential against breast cancer than chemotherapy drugs like paclitaxel, gemcitabine [28].

#### Quantum dots

Fluorescent invisible nanocrystals measuring around 2-10nm smaller than the wavelength of visible light made to fluorescence stimulated by light have range of health applications for tracing the course of therapeutic drugs or establishing circulatory problems in the human body. Example include chitosan (N-(2-hydroxyl) propyl-3-trimethyl ammonium chitosan chloride, HTCC/CdS quantum nanodots can be potentially used in biological applications and labelling of biomolecules [29].

#### Vaccines

Number of systems have been developed which can be used as an alternative alternative to traditional biological vaccine methods. Of which nanovectors developed for influenza is one of the example.

These systems proved to be very successful as nanovectors are used to trigger the body's immune system [30].

### Nano-fabricated structures

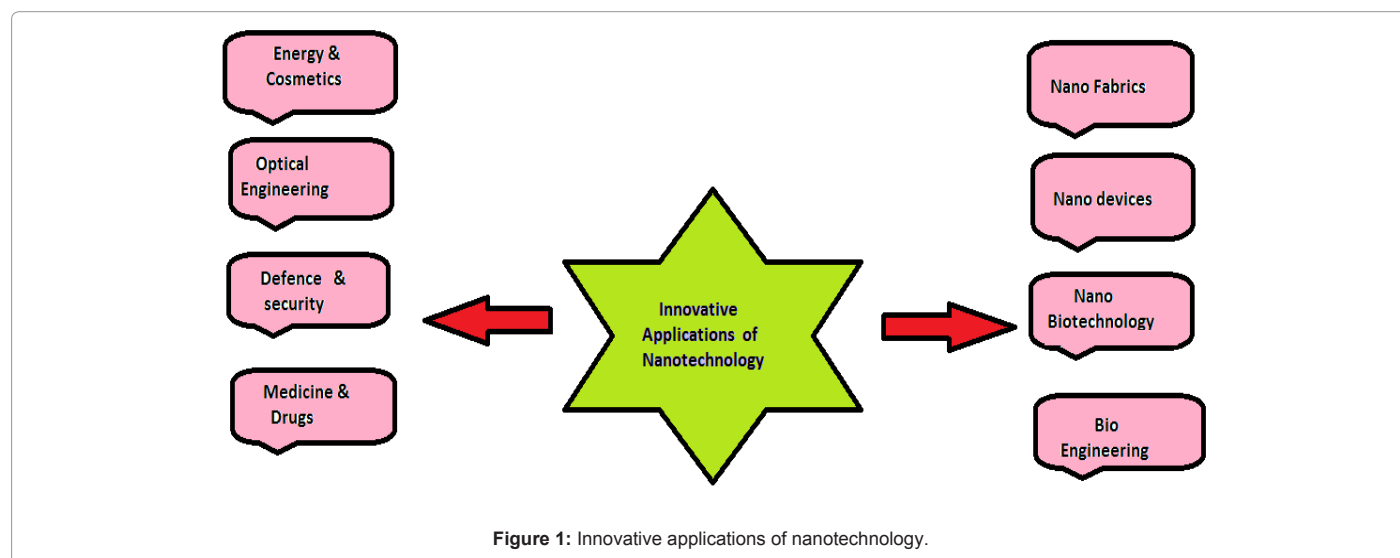
Emerging field where nanofabricated surface structures are used as permeable layers so that they don't allow unnecessary molecules to pass through it [31].

### Nanotechnology-diagnostic applications

The recent developing and revolutionary area of nanotechnology is molecular diagnostics which requires small amount of sample, less time, quick process and reliable for different kinds of analysis [32-34]. By using lab-on-chip technology we can synthesize small chip analyzer used to analyze the samples within few minutes then and there itself instead of sending them to laboratory for analysis purposes [35]. Companies are working harder to synthesize new chip analyzers-require only nanogram or picolitre sized samples which gives more scope for efficient analysis and reliability [36-41]. There are different lab-on-a-chip devices already available in the market for analytical purposes. Eg: "Gluco-watch" which permeates your skin with fluidic nanochip biosensors that sense the level of blood Lab-on-a-chip technology is the basis for combinatorial screening techniques, which, when combined with powerful computers can dramatically speed up the new drug discovery process [42-45].

### Tissue engineering

Tissue engineering is the interface between pharmaceutical and biomedical industry where nanotechnology will have real impact. In developed countries, this field growing rapidly in terms of commercial importance day-by-day [46-50]. Some of the examples include internal tissue implants- shortfall in providing replacement organs lead to xenotransplants, so nanotechnology can be used to grow tissues & organs artificially on nanopatterned scaffolds, Medical devices include contact lenses require surface topography measurement at the nanolevel to verify shape and intended optical profiles using nanostructured materials and functionalized surfaces [51], Nanorobot therapeutics-the speculative area which may take atleast 20years and in future it's been envisaged that nanorobots will float around the body and carry out targeted healing jobs [52], In-vivo testing devices-these include



the devices or sensors which can be used to detect cancer, infections and coronary heart attacks etc and small transmitters are used to communicate with outside world and tell patient is at particular risk at that moment in time. Miniaturisation is the key to these applications, combining sensors and actuators with nanoscale features to produce personal health devices [53].

### Benefits and risks of nanotechnology

Due to broad spectrum of nanotechnology applications, it has numerous benefits in both developed and developing countries like improvement on transport systems, cheaper and clean energy, clean drinking water due to nanofilters that can entrap organisms and toxins, improved healthcare system by fabrication of devices and drug delivery systems for diagnosis, monitoring and treatment of dreadful diseases, clean environment by removal of pollutants through remediation, creation of new products and improvement of existing products at nanoscale etc which paves the industrial revolution that may change every aspect of human life [53]. In spite of the potential applications of nanotechnology, it has some risks include nanoparticles such as copper, cobalt etc have inflammatory and toxic effects on human cells [54], chemical weapons fabricated from nanoparticles are more deadly than the present ones used in military, carbon nanotubes – cytotoxic in nature induce granulomas in lungs of laboratory animals [55]. Due to enormous applications and benefits of nanotechnology in various fields, ethical, social and safety studies should indicate how to maximize the benefits and reduce the risks.

### Future Prospectives and Conclusion

Different aspects of nanotechnology brings the science almost incomprehensibly small device close and closer to reality and at some point developments will be so vast that they will affect all fields of science and technology. Although expectations are too high but safety of nanomedicine is not yet fully defined. Over the next coming years, it is predicted that nanotechnology going to evolve and expand in different fields of life sciences and its achievements being applied in medicine like diagnostics, tissue engineering and patient improvement which play crucial role in treatment of human diseases and also in improving human physiology.

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