

Are fisheries regulations influencing the biology and reproduction of the surmulet Mullus surmuletus Linnaeus, 1758 on the south-eastern coasts of France (NW Mediterranean)?

Daniela Bănaru, Laurence Le Diréach, Guillaume Crest, Melissa Tenaille, Mireille Harmelin-Vivien

▶ To cite this version:

Daniela Bănaru, Laurence Le Diréach, Guillaume Crest, Melissa Tenaille, Mireille Harmelin-Vivien. Are fisheries regulations influencing the biology and reproduction of the surmulet Mullus surmuletus Linnaeus, 1758 on the south-eastern coasts of France (NW Mediterranean)?. Cybium: Revue Internationale d'Ichtyologie, 2022, 46 (1), pp.19-28. 10.26028/cybium/2022-461-003 . hal-04013647

HAL Id: hal-04013647 https://hal.science/hal-04013647v1

Submitted on 3 Mar 2023 $\,$

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers. L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

1	Cybium 2022, 46(1): 19-28. https://doi.org/10.26028/cybium/2022-461-003
2	
3	Are fisheries regulations influencing the biology and reproduction of the surmullet
4	Mullus surmuletus Linnaeus, 1758 on the south-eastern coasts of France (NW
5	Mediterranean)?
6	
7	Daniela Bănaru *(1), Laurence Le Diréach (2), Guillaume Crest (1), Melissa Tenaille (1),
8	Mireille Harmelin-Vivien (1)
9	
10	(1) Aix-Marseille University, University of Toulon, CNRS, IRD, MIO (Mediterranean Institute of
11	Oceanography) UM 110, Marseille, France. [daniela.banaru@univ-amu.fr] [guillaume.crest@live.fr]
12	[melissa.tenaille@etu.univ-amu.fr] [mireille.harmelin@mio.osupytheas.fr]
13	(2) GIS Posidonie, Aix-Marseille University, OSU Pythéas, Campus de Luminy, Marseille, France.
14	[laurence.ledireach@univ-amu.fr]
15	* Corresponding author [daniela.banaru@univ-amu.fr]; No. ORCID: 0000-0002-8126-4328
16	M. Harmelin-Vivien: No. ORCID: 0000-0003-3085-2899
17	
18	Abstract. –

The surmullet Mullus surmuletus Linnaeus, 1758 is one of the main target and high value 20 21 species for small coastal fisheries in the North-Western Mediterranean. Morphometric and reproduction indices of surmullet were determined in fisheries regulated and non-regulated 22 zones neighbouring the Port-Cros National Park (South-Eastern France) in autumn 2019 and 23 spring 2020. Total length of individuals ranged between 12 and 32 cm, with a mode (?) 24 25 between 17 and 23 cm. Significantly larger individuals were measured in the regulated fishing zones than in non-regulated ones, and in autumn rather than in spring. Females dominated in 26 all zones and seasons, particularly in size classes > 24 cm in spring. Higher gonado-somatic 27 index and more advanced gonadal development stages were observed in both sexes in spring 28 29 than in autumn. Higher percentages of individuals with mature gonads and high gonadosomatic index were found in the fisheries regulated zone, engendering a higher reproductive 30 31 potential. These results highlighted the importance of fisheries management with regard to the life-history traits of targeted fish species. 32

Key words: *Mullus surmuletus*, total length and weight, relative body condition, gonado somatic index, gonadal development stages, Port-Cros marine protected area, North-Western
 Mediterranean

37

38 **Résumé.** – Le rouget de roche *Mullus surmuletus* est l'une des principales espèces cibles et 39 commerciales des pêcheries côtières artisanales de la Méditerranée nord-occidentale. La 40 morphométrie et les indices de reproduction du rouget ont été déterminés dans les zones de pêche réglementées et non réglementées autour du Parc National de Port-Cros (Sud-Est de la 41 France) à l'automne 2019 et au printemps 2020. La longueur totale des individus variait entre 42 12 et 32 cm, avec un mode entre 17 et 23 cm. Des individus significativement plus grands ont 43 été mesurés dans la zone de pêche réglementée comparativement aux zones non réglementées, 44 et en automne par rapport au printemps. Les femelles dominaient dans toutes les zones et 45 saisons, en particulier dans les classes de taille > 24 cm au printemps. Un indice gonado-46 somatique plus élevé et des stades de développement gonadiques plus avancés au printemps 47 qu'en automne ont été observés chez les deux sexes. Des pourcentages plus élevés d'individus 48 avec des gonades matures et un indice gonado-somatique élevé ont été trouvés dans la zone de 49 50 pêche réglementée, induisant un plus fort potentiel reproducteur. Ces résultats mettent en évidence l'importance de la gestion des pêches sur les traits d'histoire de vie des espèces de 51 52 poissons ciblés.

53

54 Mots clés : Mullus surmuletus, longueur et poids totaux, indice corporel relatif, indice

55 gonado-somatique, stades de développement des gonades, Aire marine protégée de Port-Cros,

56 Méditerranée nord-occidentale

INTRODUCTION

58

57

The surmullet Mullus surmuletus Linnaeus, 1758 (Osteichthyes, Perciformes, Mullidae) is a 59 60 teleost fish species commonly found in the Mediterranean, the Black Sea and the East Atlantic (Hureau, 1986). This bentho-demersal species occurs from shallow waters down to 400 m, 61 being more abundant between 50 and 200 m depth (Hureau, 1986, Tserpes et al., 2002). M. 62 surmuletus juveniles settle in shallow coastal habitats and disperse in deeper waters when 63 growing, while adults undergo seasonal migrations toward deep habitats for reproduction 64 65 (Garcia-Rubies and Macpherson, 1995; Machias et al., 1998). M. surmuletus is a major target species in the Mediterranean Sea, exploited by various artisanal small fisheries using trawls 66 67 and nets. However, the General Fisheries Commission for the Mediterranean-GFCM stock assessment in the French Mediterranean area is performed only for the red mullet M. 68 69 barbatus, a related species considered as over-exploited (Biseau, 2020). No biomass data are available for the populations of the south-eastern coast of France, the scientific MEDITS 70 71 trawling campaigns covering only the Gulf of Lion and the east coast of Corsica (Ifremer, 2021; https://campagnes.flotteoceanographique.fr). These two sympatric Mullidae species are 72 73 among the 15 most important species in the French Mediterranean Sea in terms of landings 74 and value (Demaneche et al. 2009). FAO fishery databases reported 292 tonnes of catches for *M. barbatus* and 90 tonnes for *M. surmuletus* along the entire French Mediterranean coast in 75 76 2018 (www.fao.org). They represent together the third most important species groups in terms of annual average landings in 2008-2018 of the fleet of gillnetters [6-12m] of the Var region 77 (south-eastern coast of France). Their landings represent 6% of the average annual value in 78 79 Euros and 3% (25 tonnes) of the average annual volume landed by the Var fleet (https://sih.ifremer.fr/; Sock, 2020). In addition, fisheries landings in the south-east of France 80 are probably largely underestimated due to the absence of auctions and direct sales at ports 81 82 and to restaurants (CRPMEM PACA, 2016). By selecting individuals of a certain size and exploiting specific areas, fisheries may affect 83 mean body length, population demography, sex-ratio and reproduction (Froese et al., 2016). 84 The gonado-somatic index and gonadal development are generally related to body length, 85 with higher values in larger individuals (Michaletz, 1998). Fisheries regulation of fishing 86 effort, nets and mesh size, etc) is shown to have positive effects on mean body length, 87

- 88 population structure and reproduction indices (Roberts and Polunin, 1991; Lloret and Planes,
- 89 2003; Boudouresque *et al.*, 2021). It is thusessential to study species life-history traits in order

to understand how fish populations are impacted by fisheries, and whether the existing fishery 90 91 regulations would allow their sustainable exploitation (King and McFarlane, 2003). The morphometrics and growth of *M. surmuletus* have been studied in different 92 Mediterranean areas, such as the Adriatic Sea (Jukic and Piccinetti, 1981), the Balearic 93 Islands (Reñones et al., 1995) and the Aegean Sea (Karakulak et al., 2006; Gökhan et al., 94 2007, Arslan and Ismen, 2013; Kousteni et al., 2019). However, to our knowledge, the only 95 available data concerning these parameters for *M. surmuletus* on the French Mediterranean 96 coasts were provided by Campillo (1992) for the populations of the Gulf of Lion. Kousteni et 97 98 al. (2019) indicated in the Aegean Sea a reproduction period between March and July, while in the Gulf of Lion it occurs between June and August (Campillo, 1992). The aim of this study 99 100 was to characterize the main biological parameters (length-weight relationship, relative body condition, sex ratio, gonado-somatic index and gonadal development stage) of *M. surmuletus*, 101 102 as well as their spatial and seasonal variations, for the south-eastern coasts of France, where it 103 represents one of the major exploited fish species of high commercial value. As M. 104 surmuletus is traditionally exploited by small scale fisheries mainly in spring and autumn in this area, when this species is present in the coastal area, these two seasons were chosen for 105 106 sampling. By comparing data from fisheries regulated and non-regulated zones, it would be 107 possible to provide evidence of the effects of the existing fisheries management on the life history traits of these populations, necessary for proper stock assessment. 108

- 109
- 110

MATERIAL AND METHODS

111

112 Sampling and study zones

Sampling was done in the Var region, on the south-eastern coast of France (North-Western 113 114 Mediterranean Sea), at four sites located in a fisheries regulated zone, the adjacent marine area (AMA) of Port-Cros National Park (PCNP), and at four sites located in non-regulated 115 zones to the west and east of this area (Fig. 1). The AMA in the central part of Var 116 encompasses Hyères Bay and Lavandou Bay, with Port-Cros Island fishing regulated since 117 1963, Porquerolles island fishing regulated since 2007 and Le Levant Island which is a 118 military zone with limited access for any activity. In this oldest marine protected area in 119 Europe, regulations governing sites, fishing gear, catches, fish size, etc. are applied to both 120 professional and recreational fishing (Boudouresque et al., 2005; Robert, 2013; Astruc et al., 121 122 2018; Barcelo et al., 2018). In addition to the regulations implemented by the PCNP, there are 123 also regulations imposed by the local Prud'homies for access to some areas on certain dates

- 124 with a limit on the number of authorized vessels or regulations on the duration of setting the
- nets and their mesh and length. These coasts are influenced by the Northern Current flowing
- in an east-west direction along the continental slope (Millot, 1999). Sampling was done with
- 127 professional fishermen partners using bottom-set trammel nets between 15 and 30 m depth.
- 128 Sampling was performed at the West and AMA sites in autumn 2019 (October to December)
- and at all sites in spring 2020 (April to June). A total number of 263 individuals were
- 130 analyzed (Table 1).
- 131

132 Sample treatment

- 133 For each specimen, total length (LT) was recorded to the nearest millimetre (mm), while total
- 134 weight (WT), eviscerated weight (WE) and gonad weight (WG) were recorded to the nearest
- 135 gram (g). Sex was determined by macroscopic observation of gonads and gonadal
- development stages were assessed according to Nikolsky's scale (1963): I: immature, II:
- 137 resting, III: developing, IV: maturing, V: mature, VI: spent. Sex ratio, expressed as the
- 138 number of females per male, was calculated by size, by zone and by season.
- 139

140 Data analysis

- Data analyses were performed using STATISTICA 12.7. Normality and homogeneity of 141 variances were tested using Shapiro-Wilk and Levene tests prior to analyses (Underwood, 142 1997). Power regression analysis was used to describe the total length-total weight relation 143 according to the equation: $TW = a \times TL^{b}$ (Ricker, 1975). Differences in length between sexes. 144 zones and seasons were tested using Kruskal-Wallis non-parametric tests and multiple 145 comparisons of average rank. To examine the variation in fish condition with zone and 146 season, while avoiding the effect of size, the relative condition factor Kn was used (Le Cren 147 148 1951). Kn was computed with the formula: Kn =WE/WE', here WE is the observed individual eviscerated weight and WE' is the estimated eviscerated weight from the 149 $Log_{10}WE-Log_{10}TL$ relationship (WE' = $10^{-intercept} \times TL^{slope}$). The gonado-somatic index (GSI) 150 was calculated according to the equation: $GSI = (WG / WE) \times 100$, where WG is the gonad 151 weight and WE the eviscerated weight of specimen. Both GSI and Kn were calculated per 152 sex, per zone and per season. Differences in mean gonado-somatic index for both sexes were 153 analyzed by ANCOVA with TL as covariate to remove the effect of individual size, and zone 154 and season as factors. 155
- 156
- 157

RESULTS

160 Morphometry

- 161 Of a total number of 263 individuals measured, 179 were females, 66 males, and 18 were
- undetermined, including mostly immature specimens. Their size (TL) ranged between a
- 163 minimum of 12.2 cm and a maximum of 32.0 cm, with most individuals measuring between
- 164 17 and 23 cm (Fig. 2).
- 165 Mean (\pm SD) total lengths of females (21.5 \pm 3.8 cm) and males (20.5 \pm 2.9 cm) did not differ
- statistically (p > 0.05) and were significantly greater than immature individuals (18.1 ± 3.3
- 167 cm) (H = 13.65; p = 0.001). The relationship between TL and WT indicated an isometric
- 168 growth (a = 0.011; b = 3.080), similar between females (a = 0.011; b = 3.074) and males (a =
- 169 0.077; b = 3.180).
- 170 The surmullet sampled in the AMA zone were significantly larger than those sampled in the
- 171 West and East zones (H = 46.41; p < 0.0001) (Fig. 3). Between-zones differences were
- significantly higher for females (H = 31.06 p < 0.0001) than for males (H = 6.85 p = 0.032).
- Females measured 23.0 \pm 0.4 cm TL in the AMA compared to 20.4 \pm 0.5 and 19.5 \pm 0.6 cm in
- the West and East zones respectively. Males were larger $(21.3 \pm 0.5 \text{ cm})$ in the AMA than in
- the East zone (19.2 \pm 0.8 cm), but did not significantly differ from those of the West zone
- 176 $(20.2 \pm 0.6 \text{ cm})$ (Fig. 3). On average larger individuals were sampled in autumn than in spring
- 177 (H = 10.59; p < 0.001), for both females (22.1 \pm 0.5 and 21.1 \pm 0.4 cm, respectively) and
- males (22.5 \pm 0.8 and 19.6 \pm 0.3 cm, and respectively) (H = 4.63 p = 0.031 and H = 14.26 p <
- 179 0.0001, respectively).
- 180

181 **Relative body condition**

- 182 No difference in relative body condition (Kn) was found between males and females (p >
- 183 0.05) or between study zones (p > 0.05). Kn was higher in autumn (1.04 \pm 0.09) than in spring
- 184 (0.99 ± 0.10) for the whole population (H = 7.88; p = 0.005). However, contrasted seasonal
- tendencies occurred between zones with higher mean Kn values in the AMA in spring and in
- the West zone in autumn (Table 2).
- 187
- 188 **Reproduction**
- 189
- 190 Sex-ratio

- 191 Juveniles dominated the 12 cm TL size class and mature individuals started to dominate from
- the 14 cm size class (>75%). Females strongly dominated in all size classes with an
- increasing female-male sex-ratio with size (Fig. 2). The sex-ratio was 1:1 in the 15-16 cm size
- 194 class and reached 10:1 in the 26 cm size class. Some size classes larger than 27 cm were even
- 195 exclusively composed of females.
- 196 Higher sex-ratio values were measured in the West and East zones (3:1) than in the AMA
- 197 (2:1) (Fig. 4A), and in autumn than in spring (4:1 and 2:1, respectively) (Fig. 4B).
- 198

199 Gonado-somatic index

- 200 The gonado-somatic index increased with size for both females and males (Fig. 5). Females
- showed a higher increase in GSI with size than males. The linear relationships between
- individual size class and GSI by sex presented a higher slope for females (0.248) than for
- 203 males (0.030). The highest GSI values were found in the 31 cm size class for females and in
- the 24 cm size class for males (Fig. 5).
- Mean GSI differed among zones only for males (F = 5.39; p = 0.007), with higher values in
- the AMA compared to the West and East zones (Fig. 78A). The apparently higher GSI for
- 207 females in the AMA was not significant and was related to the greater individual size of
- females in this zone (F = 24.35; p < 0.0001). Season had a significant effect on GSI
- independently of size, which was a significant covariate for females and males (F = 54.30; p < 100
- 210 0.0001 and F = 10.14; p = 0.002, respectively). Both females and males showed a higher GSI
- in spring than in autumn (F = 31.35; p < 0.0001 and F = 9.19; p = 0.004, respectively) (Fig.
- 6B). Gonad weight and gonado-somatic index were positively correlated with Kn (p < 0.0001;
- 213 r = 0.28 and respectively p = 0.004; r = 0.18).
- 214

215 Gonadal development stages

- 216 The gonadal development stages increased with size for both females (Fig. 7A) and males
- (Fig. 7B), but there were no significant differences between females and males (p > 0.05). For
- females, stage I dominated in the 14 cm size class, stage II in 20 cm, stage III between 22 and
- 219 28 cm, while stage V showed its highest percentage in the 30 cm size class (Fig. 7A). For
- males stage II dominated in size class between 14 and 18 cm, III between 20 and 22 cm, IV in
- 221 24 cm, stage V in 26 cm, while stages III and IV were equally represented in 30 cm size class
- (Fig. 7B). For females, gonadal development stage III dominated in all zones, while stage VI
- was observed only in the AMA and West zones (Fig. 8A). For males, stage II dominated in all
- 224 zones (Fig. 8B). For both females and males individuals in stage V were more numerous in

the AMA. However, differences in gonadal development stage between zones were not

- significant (p > 0.05) and were related only to differences in the individual size for both
- 227 females and males (F = 44.20; p < 0.0001 and respectively F = 9.16; p = 0.004).
- Lower gonadal development stages dominated in autumn for both females (II and III) (F =
- 229 50.12; p < 0.0001) (Fig. 8C) and males (II and III) (F = 7.00; p = 0.010) (Fig. 8D). Significant
- 230 seasonal differences, independent of size, were also observed for both females (F = 70.63; p <
- 231 0.0001) and males (F = 18.21; p < 0.0001). However, development stages in males seemed to
- be in advance compared to females in autumn, as stage IV and V were observed for males,
- while stage I were still present in females. More advanced gonadal development stages
- occurred in spring, with stages IV, V and VI observed in similar percentages in both sexes.
- 235

236 **DISCUSSION**

237

238 The results of this article provide new original data on life-history traits of *Mullus surmuletus*

- in the Var region, South-Eastern France (NW Mediterranean), and enabled the comparison of
- 240 life-history traits of *Mullus surmuletus* in fisheries regulated and non-regulated zones in the
- 241 Port Cros National Park and neighbouring areas.
- 242 The total length and total weight of *Mullus surmuletus* were within the range of those
- recorded in other Mediterranean regions (Campillo, 1992; Arslan and Ismen, 2013 and
- references therein; Kousteni et al., 2019). In 2019 and 2020, their mean total length was in the
- 245 upper range or higher that those sampled in the Gulf of Lion during summer
- 246 (https://campagnes.flotteoceanographique.fr; www.ifremer.fr). In spring, new cohorts of
- 247 young individuals were observed in the study area, which lowered the mean total length of the
- analyzed individuals.
- 249 In this study no significant differences between the growth curves of male and female *M*.
- surmuletus were found, in accordance with the results of Machias et al. (1998), but in contrast
- to those of other authors (Reñones *et al.*, 1995; Karakulak *et al.*, 2006; Arslan and Ismen,
- 252 2013). The functional regression b value showed an isometric growth for both females and
- males, as also reported in previous studies (Campillo, 1992; Bensahla-Talet et al., 2014). This
- result differed from studies carried out in Majorca (Reñones et al., 1995), Morocco (Lamrini,
- 255 2010), the Aegean Sea (Arslan and Ismen, 2013 and references therein) and in the Bay of
- 256 Biscay (N'Da *et al.*, 2006) which indicated a positive allometric growth.
- 257 Differences in the relationship between length and weight may be related to environmental
- and trophic factors as well as reproduction and stage of maturity (Pauly, 1984; Cherif et al.,

259 2007). The study area is impacted by the oligotrophic Northern Mediterranean current (Millot,

260 1999) and is probably less productive than other marine coastal areas (Diaz *et al.*, 2001).

261 Moreover, trophic conditions and diet may influence the relative body condition. Condition

factors compare the well-being of fish based on the assumption that heavier fish of a given

length are in better condition (Froese, 2006). Fish condition is relevant because it influences

growth, reproduction and survival (Lambert and Dutil, 1997; Shulman and Love, 1999). In

this study relative body condition did not differ significantly between sexes, in accordance

with the results published by Lloret and Planes (2003). However, body condition was

267 positively correlated with gonad mass and gonado-somatic index, confirming the influence of

268 body condition on reproductive success.

269 Previous studies showed that the adults of *Mullus surmuletus* are carnivores rather

270 opportunistic feeders and feed on diverse benthic prey according to their size, but also to

zones and seasons (Bautista-Vega et al., 2008). Their main prey are amphipods, decapods and

annelids, but they also feed on mysids, brachyurans, euphausiids, mollusks, and ophiurids

273 (Bautista-Vega *et al.*, 2008 and references therein). Spatial differences in relative body

condition potentially related to diet were also discussed by Bautista-Vega (2007) for different

areas of the Gulf of Lion. In contrast, no significant differences in Le Cren relative body

condition were observed between zones in our study. However, Bautista-Vega (2007) used

Fulton index, which may be influenced by stomach content and gonad weight. In our study, a

lower relative body condition was observed in spring, that may be related to a higher

279 reproduction investment for gonad development during this season, as previously discussed280 by Shulman and Love (1999).

In this study the size at first maturity was 14 cm for females and 15 cm for males. This size

should correspond to the first year of life, as maturation during the first year was apparently a

common trait in the two *Mullus* species (Reňones *et al.* 1995). These results were similar to

those of previous studies, which reported that the mean length at first maturity was 14 cm in

the Gulf of Lion (Campillo, 1992) and between 13 and 15 cm in Mallorca and on the Egyptian

286 Mediterranean coast (Morales-Nin, 1991; Reñones *et al.*, 1995; Mehanna, 2009).

287 In the south-east of France, the percentage of females increased with size and size classes >

288 27 cm were sometimes exclusively composed of females, as recently observed by Kousteni et

289 al. (2019) in the Aegean Sea. This was also observed by Reñones et al. (1995) in Mallorca,

where individuals > 23 cm presented very low proportions of males. Females largely

dominated in all zones and in both seasons. A sex-ratio in favour of females in *M. surmuletus*

was recorded in previous studies in the Eastern Channel and the North Sea (Mahé et al.,

2005), but also in the Mediterranean Sea (Kousteni et al., 2019 and references therein), 293 294 Morocco (Lamrini, 2010) and Spain (Reñones et al., 1995). This might be attributed to 295 differences in spatial distribution between sexes. Coastal areas, probably more productive, 296 could be more favourable for feeding for females preparing for reproduction. The high proportions of females in our samples might thus be due to the females coming close to the 297 coast for feeding, before and after reproduction, which takes place in deeper waters (Machias 298 et al., 1998). The observed imbalance in the relative proportions of sexes in our samples 299 suggested that males and females displayed different spatial behaviour, with males living 300 301 offshore most of the time (Machias et al. 1998). In our study, the sex-ratio was less 302 unbalanced in the AMA (2:1) than in the West and East areas (3:1). Marine protected areas 303 are known to have positive effects on population demography and sex-ratio compared to 304 fisheries non-regulated areas (Grüss et al., 2014; Boudouresque et al., 2021). The sex-ratio of 305 the Var M. surmuletus population differed from those of the Gulf of Lion, where males 306 generally dominated and the sex-ratio females-males reached 1:8 in 2011. However, annual 307 variations were observed in the Gulf of Lion, with the sex-ratio females-males varying from 1:2 in 2019 to 1:1 in 2020. 308

Reñones *et al.* (1995) showed that gonad maturity occurs earlier in the year for males

310 (December to June) compared to females (March to June). They also indicated that for

311 females the period of reproductive activity was shorter than for males and reached a

maximum in April and May. Kousteni *et al.* (2019) indicated in the Aegean Sea a maximum

in the spawning period for both sexes between March and July. This is in agreement with the

results of our study, since the highest gonado-somatic index and the highest percentage of

mature gonads for both females and males were observed during spring (May to June). Some

authors reported a maximum spawning period in May and June (Papaconstantinou *et al.*,

1981). Campillo (1992) indicated that reproduction occurs from June to August in the Gulf of

Lion (NW Mediterranean), while in the Aegean Sea Arslan and Ismen (2013) observed the

highest GSI between January and May. However, increasing seawater temperature related to

320 global change may impact the annual reproduction cycle of marine species (Wootton, 1998 in

321 Kousteni et al., 2019). This might explain the gonad development stages (developing and

322 maturing) observed during autumn (October to December) in this study. In the future,

sampling should be completed with a larger number of individuals and cover all seasons at a

324 larger spatial scale, from coastal to deeper waters, in order to confirm the annual reproduction

325 cycle of *M. surmuletus* in the Var region.

In our study higher percentages of *M. surmuletus* reproducers were found in the AMA for 326 both females and males compared to adjacent areas. Several studies reported the effects of 327 marine reserve protection on the spawning biomass of different marine species (e.g. review by 328 Roberts and Polunin, 1991). By selecting size and targeting specific zones, fishing may 329 influence population mean size, size distribution, sex ratio, age and size at maturity, and 330 reproduction indices (Rochet, 1998). For species such as *M. surmuletus*, highly targeted by 331 commercial fisheries, information on morphometrics, population demography, growth and 332 reproduction are essential for population regulation (King and McFarlane, 2003; Winemiller, 333 334 2005). Generally, improving knowledge of growth and the reproduction cycle as well as 335 migration related to reproduction is necessary for sustainable fisheries management (Mullen, 336 1994; Machias et al., 1998).

337 The combination of the quality of the coastal and island habitats of the PCNP and the

management measures and fishing practices in the PCNP AMA thus appear to have a positive

effect on the mean total length of the surmullet population, its sex-ratio, and the gonado-

- somatic indices, potentially inducing a positive effect on reproduction and stock enhancement.
- 341

342 Acknowledgments. -

343 This study was funded by the EMFF (European Fund for Maritime Fisheries Affairs), within

the framework of the PACHA program. This study was performed in collaboration with

345 professional fishermen and Port-Cros National Park. Thanks are due to Port-Cros National

Park, Toulon fishing *Prud'homies*, Giens, Salins and Lavandou sections, and Stéphanie

347 Joubert from the Var Departmental Maritime Fisheries Committee.

348 Thanks are addressed to the association Planète Mer and the CDPMEM Var, within the

349 framework of the PELA-Méd program (Fishermen Engaged for the Future of the

Mediterranean), who contributed to this study by providing samples from the West and Eastzones of the PCNP AMA.

352 D. Bănaru benefited from leave within the ANR CONTAMPUMP project (no ANR-19-

353 CE34-0001). Thanks are also addressed to Michael Paul for English proofreading and to the

two reviewers who helped us to improve the manuscript.

355

356 **REFERENCES**

- ARSLAN M. & İŞMEN A., 2013. Age, growth and reproduction of *Mullus surmuletus*
- 359 (Linnaeus, 1758) in Saros Bay (Northern Aegean Sea). J. Black Sea / Medit. Environ.,
 360 19(2): 217-233.
- 361 ASTRUCH P., BOUDOURESQUE C.-F., ROUANET É., LE DIREACH L., BONHOMME
- 362 P., *et al.* 2018. A quantitative and functional assessment of fish assemblages of the
- 363 Port-Cros Archipelago (Port-Cros National Park, north-western Mediterranean Sea).
- 364 *Sci. Rep. Port-Cros Natl. Park*, 32: 17-82.
- BARCELO A., BERNARDI P., BUZAUD C., CREUSEFOND M., DESPINOY P.,
- 366 GABRIEL J., HILY G., MAZZELLA C., MILLIER L., CRESP G., RIDOLFI J.,
- 367 COUPEZ L., CROSSETTI G., RENOUX S. & PRODROMIDES M., 2018. Mode de
- 368 gouvernance pour la gestion concertée du coeur marin de l'île de Porquerolles, au sein
- 369 du Parc national de Port-Cros (Provence, France) : retour des acteurs sur 10 années de
- 370 pratique. Sci. Rep. Port-Cros Natl. Park, 32: 83-111.
- BAUTISTA-VEGA A., 2007. Etude des réseaux trophiques aboutissant aux rougets
- 372 méditerranéens (*Mullus barbatus* et *M. surmuletus*) par l'utilisation des isotopes stables.
- Thèse Doctorat Sciences de l'Environnement marin, Université de la Méditerranée AixMarseille 2, 156 p.
- 375 BAUTISTA-VEGA A.A., LETOURNEUR Y., HARMELIN-VIVIEN M. & SALEN-
- 376 PICARD C., 2008. -Difference in diet and size-related trophic level in two sympatric
- fish species, the red mullets *Mullus barbatus* and *Mullus surmuletus*, in the Gulf of
- Lions (north-west Mediterranean Sea). J. Fish Biol., 73: 2402-2420.
- 379 https://doi.org/10.1111/j.1095-8649.2008.02093.
- 380 BENSAHLA-TALET L., BENSAHLA-TALET A. & ZITOUNI B., 2014. Croissance
- relative pour quatre poissons (téléostéens : Sparidae, Mullidae) pêchés dans la baie
- d'Oran, Algérie (Méditerranée ouest). *In* : Troisième colloque international sur la
- biodiversité et écosystèmes littoraux (Chouikhi A., Boutiba Z., Mouffok S., Bouderbala
- 384 M. éds.), Université d'Oran publ., Algérie, p 399-407.
- BOUDOURESQUE C.F., CADIOU G. & LE DIRÉACH L., 2005. Marine protected areas: a
 tool for coastal areas management. *In*: Strategic management of marine ecosystems
 (Levner E., Linkov I. & Proth J.M. eds.), Springer publ., Dordrecht: 29-52.
- 388 BOUDOURESQUE C.-F., DOMINICI J.-M., DURIEZ O., ASTRUCH P., LE DIRÉACH L,
- 389 MÉDAIL F., SALA E., SCHOHN T. & VICENTE N., 2021. A terrestrial and marine
- 390 nature reserve in the NW Mediterranean, Scàndula (Corsica): Biodiversity and lessons
- from 46 years of management. *Sci. Rep. Port-Cros Natl. Park*, 35: 43-181.

- BISEAU A., 2020. Diagnostic halieutiques française 2019 sur les ressources halieutiques
 débarquées par la pêche française (métropolitaine). Rapport Ifremer, RBE, janvier 2020,
 30 p. https://wwz.ifremer.fr/peche.
- 395 CAMPILLO A., 1992. Les pêcheries françaises de Méditerranée : synthèse des

connaissances. Institut Français de Recherche pour l'Exploitation de la Mer publ.,
France, 206 p.

- 398 CHERIF M., GHARBI H., JARBOUI O., M'RABET R. & MISSAOUI H., 2007. Le rouget
- de roche (*Mullus surmuletus*) des côtes nord tunisiennes : reproduction, sexualité et
 croissance. *Bull. Instit. Nat. Sci. Technol. mer Salammbô*, 34: 9-19.
- 401 CRPMEM PACA, 2016. Etat des lieux et caractérisation de la pêche maritime
- 402 professionnelle et des élevages marins en PACA. Amélioration de la connaissance sur la
- 403 petite pêche artisanale et la pisciculture marine locale. Projet E-CaPE Données 2014
 404 Rapport, 103 p.
- 405 DEMANECHE S., MERRIEN C., BERTHOU P. & LESPAGNOL P., 2009. Rapport R3
- 406 Méditerranée continentale, échantillonnage des marées au débarquement. Méthode
- 407 d'élévation et évaluation des captures et de l'effort de pêche des flottilles de la façade
- 408 Méditerranée continentale sur la période 2007-2008. Programme P6 AESYPECHE
- 409 "Approche écosystémique de l'halieutique" Projet Système d'Informations Halieutiques
 410 SILL IEDEMER, França, 54 p.
- 410 SIH, IFREMER, France, 54 p.
- 411 DIAZ F., RAIMBAULT P., BOUDJELLAL B., GARCIA N., MOUTIN T., 2001. Early
- 412 spring phosphorus limitation of primary productivity in a NW Mediterranean coastal
- 413 zone (Gulf of Lions). *Mar. Ecol. Prog. Ser.*, 211: 51-62.
- 414 <u>https://doi.org/10.3354/meps211051</u>.
- FROESE B.R., 2006. Cube law, condition factor and weight-length relationships: history,
 meta-analysis and recommendations. *J. Appl. Ichthyol.*, 22: 241-253.

417 FROESE R., WINKER H., GASCUEL D., SUMAILA U.R. & PAULY D., 2016. -

418 Minimizing the impact of fishing. *Fish Fish.*, 17: 785-802.

- GARCIA-RUBIES A. & MACPHERSON E., 1995. Substrate use and temporal pattern of
 recruitment in juvenile fishes of the Mediterranean littoral. *Mar. Biol.*, 124: 35-42.
- 421 GÖKHAN G., AYDIN I. & METIN C., 2007. Length-weight relationships of 7 fish species
- 422 from the North Aegean Sea, Turkey. *Intern. J. Nat. Engin. Sci.*, 1: 51-52.
- 423 GRÜSS A., ROBINSON J., HEPPELL S.S., HEPPELL S.A. & SEMMENS B.X., 2014. -
- 424 Conservation and fisheries effects of spawning aggregation marine protected areas:

- 425 What we know, where we should go, and what we need to get there, *ICES J. Mar. Sci.*,
- 426 71(7): 1515-1534. https://doi.org/10.1093/icesjms/fsu038.
- 427 HUREAU J.C., 1986. Mullidae. In : Fishes of the North-eastern Atlantic and the
- 428 Mediterranean (Whitehead P.J.P., Bauchot M.L., Hureau J.C., Nielsen J, & Tortonese E.
- 429 éds). Les Presses de l'Unesco publ., Paris, p 877-882.
- 430 IFREMER, 2021. Indices de populations et de communautés issus des campagnes de
- 431 surveillance halieutique de l'Ifremer. Accessible à l'adresse suivante :
- http://www.ifremer.fr/SIH-indices-campagnes. Consulté pour la dernière fois le 10 mai
 2021.
- JUKIC S. & PICCINETTI C., 1981. Quantitative and qualitative characteristics of demersal
 resources in the Adriatic Sea with some population dynamics estimates. *FAO Fisheries Reports*, 253 p, agris.fao.org.
- 437 KARAKULAK F.S., ERK H. & BILGIN B., 2006. Length–weight relationships for 47
- 438 coastal fish species from the northern Aegean Sea, Turkey. J. Appl. Ichthyol., 22(4):
 439 274-278.
- KING J.R. & MCFARLANE G.A., 2003. Marine fish life history strategies: applications to
 fishery management. *Fish. Manag. Ecol.*, 10: 249-264. https://doi.org/10.1046/j.13652400.2003.00359.x
- 443 KOUSTENI V., ANASTASOPOULOU A. & MYTILINEOU C., 2019. Life-history traits of
- the striped red mullet *Mullus surmuletus* (Linnaeus, 1758) in the south Aegean Sea
 (eastern Mediterranean). *J. Mar. Biol. Assoc. U.K.*, 99(6): 1417-1427.
- LAMBERT Y. & DUTIL J.D., 1997. Can simple condition indices be used to monitor
 and quantify seasonal changes in the energy reserves of Atlantic cod (*Gadus morhua*)? *Can. J. Fish. Aquat. Sci.*, 54(1): 104-112.
- LAMRINI A., 2010. Croissance et reproduction du rouget barbet de roche (*Mullus surmuletus* L. 1758) dans la baie de M'diq (Maroc). *Rapp. Comm. Intern. Explor. Sci. Mer Médit.*, 39: 565.
- 452 LE CREN E.D., 1951. The length-weight relationship and seasonal cycle in gonad weight
 453 and condition in the perch (*Perca fluviatilis*). J. Anim. Ecol., 20: 201-219.
- 454 LLORET J. & PLANES S., 2003. Condition, feeding and reproductive potential of white
- 455 seabream *Diplodus sargus* as indicators of habitat quality and the effect of reserve
- 456 protection in the northwestern Mediterranean. *Mar. Ecol. Prog. Ser.*, 248: 197-208.
- MACHIAS A., SOMARAKIS S. & TSIMENIDES N., 1998. Bathymetric distribution and
 movements of red mullet (*Mullus surmuletus*). *Mar. Ecol. Prog. Ser.*, 166: 247-257.

- 459 MAHÉ K., DESTOMBES A., COPPIN F., KOUBI P., VAZ S., LE ROY D., CARPENTIER
- A., 2005. Le rouget barbet de roche *Mullus surmuletus* (L. 1758) en Manche orientale
 et mer du Nord. Rapport de Contrat IFREMER/CRPMEM Nord-Pas6de-Calais, 187 pp.
- 462 MICHALETZ P.H., 1998. Effect of body size on fecundity, the gonadosomatic index, egg
- 463 size, and timing of spawning of gizzard shad. J. Freshw. Ecol., 13(3): 307-315.

464 MILLOT C., 1999 - Circulation in the western Mediterranean sea. J. Mar. Syst., 20: 423-442.

465 MEHANNA S.F., 2009. - Growth, mortality and spawning stock biomass of the striped red

- 466 mullet *Mullus surmuletus*, in the Egyptian Mediterranean waters. *Medit. Mar. Sci.*, 10:
 467 5-17.
- 468 MORALES-NIN B., 1991. Parametros biologicos del salmonete de roca *Mullus surmuletus*469 (L. 1758), en Mallorca. *Bol. Inst. Esp. Oceanogr.*, 7: 139-147.
- 470 MULLEN A.J., 1994. Effects of movement on stock assessment in a restricted-range
 471 fishery. *Can. J. Fish. Aquat. Sci.*, 51: 2027-2033.
- N'DA K., DÉNIEL C. & YAO K., 2006. Growth of striped red mullet *Mullus surmuletus* in
 the northern area of the Bay of Biscay. *Cybium*, 30: 57-63.
- 474 NIKOLSKY G.V., 1963. Ecology of fishes. Academic press, London, 352 pp.
- PAPACONSTANTINOU C., TSIMINIDES N. & DAOULAS C.H., 1981. Age, growth and
 reproduction of red mullet (*Mullus surmuletus* Linnaeus, 1758) in the Gulf of Seronikos
 and Thermaikos. *Thalassographica*, 1: 39-66.
- PAULY D., 1984. Some Simple Methods for the Assessment of Tropical Fish Stocks. *FAO Fish. Tech. Rep.* Rome, FAO, 234, 52 pp.
- 480 REÑONES O., MASSUTI E. & MORALES-NIN B., 1995. Life history of the red mullet
- 481 *Mullus surmuletus* from the bottom trawl fishery off the Island of Majorca (North-West
 482 Méditerranean). *Mar. Biol.*, 123: 411-419.
- 483 RICKER W.E., 1975. Computation and interpretation of biological statistics of fish
- 484 populations. J. Fish. Res. Board. Can., 191: 1-382.
- ROBERT P., 2013. Évolution de la gouvernance : l'exemple de la pêche dans les eaux du
 Parc national de Port-Cros. *Sci. Rep. Port-Cros Natl. Park*, 27: 319-324.
- 487 ROBERTS C.M. & POLUNIN N.V.C., 1991. Are marine reserves effective in management
 488 of reef fisheries? *Rev. Fish. Biol. Fish.*, 1: 65-91.
- 489 ROCHET M. J., 1998. Short-term effects of fishing on life history traits of fishes. *ICES J.*

490 *Mar. Sci.*, 55: 371-391.

- 491 SHULMAN G.E. & LOVE R.M., 1999. The biochemical ecology of marine fishes. *In*:
- Advances in marine ecology (Southward A.J., Tayler P.A., Young C.M. eds.), 36: 1351. Academic Press, London.
- 494 SOCK L., 2020. Exploitation et Gestion des ressources halieutiques par la pêche aux petits
- 495 métiers dans le Var (en Méditerranée française) sur la période 2008-2018. Rapport
- 496 Master 2 Economie de l'énergie et des ressources naturelles. Mémoire professionnel.
- 497 Aix-Marseille Université, 114 p.
- 498 TSERPES G., FIORENTINO F., LEVI D., CAU A., MURENU M., ZAMBONI A. &
- 499 PAPACONSTANTINOU C., 2002. Distribution of *Mullus barbatus* and *M*.
- *surmuletus* (Osteichthyes: Perciformes) in the Mediterranean continental shelf:
- 501 implications for management. *Sci. Mar.*, 66: 39-54.
- 502 UNDERWOOD A.J., 1997. Experiments in ecology: their logical design and interpretation
 503 using analysis of variance. Cambridge University Press, London, 504 p.
- 504 WINEMILLER K. O., 2005. Life history strategies, population regulation, and implications
- for fisheries management. *Can. J. Fish. Aquat. Sci.*, 62(4): 872-885.
 https://doi.org/10.1139/f05-040.
- 507 WOOTTON R.J. 1998. Ecology of Teleost Fishes. London: Kluwer Academic, 386 p.
- 508 https://campagnes.flotteoceanographique.fr
- 509 www.fao.org
- 510 www.ifremer.fr
- 511 https://sih.ifremer.fr/

512 Figures and tables legends

- 514 Figure 1. Sampling sites in West, AMA (Adjacent Marine Protected Area of Hyères Bay) and East zones on
- the south-eastern coast of France, NW Mediterranean sea.
- 516 Figure 2. Percentage of individuals of *M. surmuletus* analyzed by two-cm size class (total length in cm) and by
- $\label{eq:sex.N} sex.\ N = number \ of \ individuals, F = females, M = males, Unidentif. = unidentified \ group \ includes \ immature$
- 518 individuals and those whose sex could not be identified.
- 519 Figure 3. Mean (\pm SE) total length (TL, cm) of *M. surmuletus* in West, AMA and East zones. N = number of
- 520 analyzed individuals per sex in zones.
- Figure 4. Percentages of both sexes and females:males sex-ratio of *Mullus surmuletus* by zone (A) and season
 (B).
- 523 Figure 5. Mean gonado-somatic index (GSI, %) of *Mullus surmuletus* with size (LT, cm) by sex.
- Figure 6. Mean gonado-somatic index (GSI, %) of males and females of *Mullus surmuletus* by A) zone and B)
 season.
- 526 Figure 7. Mean percentage of gonadal development stages of *Mullus surmuletus* by 2-cm size class (LT, cm)
- 527 and sex for A) females and B) males. N = number of individuals.
- 528 Figure 8. Mean percentages of gonadal development stages (GDS) of *Mullus surmuletus* A) by zone for
- females B) by zone for males C) by season for females and D) by season for males. N = number of individuals.
- 530
- 531



533 Figure 1







538 Figure 3





540 Figure 4





542 Figure 5





545 Figure 6















C)



551 Figure 8

- 553 Table 1. Number of individuals analyzed by zone and season. For each zone and season, the number of
- individuals by month is detailed in italic characters.
- 555 Table 2. Mean (\pm SE) relative body condition (Kn) by sex, zone and season.

556 Table 1

Month/Season/Zone	West	AMA	East	
October	30	60		
December	9			
Autumn 2019	39	60		
April		6	27	
Mai	30	24		
June	30	31	16	
Spring 2020	60	61	43	

558 🖸	Table 2
-------	---------

Sex	Season	West		AMA		East	
Females	Autumn	1.07	± 0.01	1.00	± 0.01	-	-
Males		1.05	± 0.03	0.99	± 0.02	-	-
Females	Spring	0.96	± 0.01	1.06	± 0.02	0.99	± 0.01
Males		0.92	± 0.02	1.01	± 0.02	1.00	± 0.02