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1		The social value of conservation initiatives in the workplace
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13		Highlights
14	-	We explored how biodiversity-friendly initiatives at work can influence employees
15	-	Biodiversity knowledge, perception, connectedness to nature and behaviour were explored
16	-	Initiatives can have small but significant impact on conservation awareness and behaviour
17	-	Initiatives can help connect people to nature averting the extinction of experience
18	-	Benefits of conservation action at work are thus two-fold (social and ecological)
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20		

21 Abstract

22 The success of conservation efforts largely depends on broad-based public support. 23 However, the growing separation between people and elements of nature, due to global 24 processes such as urbanization, may decrease individual connection with nature and public support for conservation. Encouraging interactions between people and nature becomes, 25 26 therefore, of major importance. As people spend most of the daily time at work, enhancing 27 the interaction between people and biodiversity in their work places could sustainably 28 benefit people and conservation directly (protecting biodiversity) and indirectly (via people's 29 actions). Yet, to date, little effort has been made to explore biodiversity in workplaces and its 30 influence on the knowledge, perception and behavior of employees.

In this study, we explored how top-down biodiversity-friendly initiatives 31 32 (management of the outdoor areas, communication campaign with signs, exhibitions of 33 nature photography) at work (power plant in rural France) can influence employees' 34 biodiversity-related knowledge, attitudes and behaviors, using a before-after survey. We 35 showed that the influence of such initiatives in the workplace can have small but significant 36 impacts on awareness and behavior of employees in their private everyday life. By 37 implementing new settings in the everyday life of the employees, the studied company (the 38 French electricity company EDF) may have defined new social norms in the workplace. Thus 39 conserving biodiversity in workplaces may mutually benefit conservation directly through 40 preserving local biodiversity and indirectly by influencing and strengthening people's 41 relationship to it.

42

44 Introduction

45 Biodiversity continues to decline, despite the increase in conservation efforts (Rands et al. 2010). Halting or decelerating this decline will largely depend on people's daily actions and 46 47 on the ability to generate strong public support for encouraging governments to implement 48 effective conservation policies (Keniger et al. 2013). The support and enthusiasm of people 49 are therefore essential (Ehrlich 2002). Yet, although most people are increasingly aware and 50 concerned about environmental issues, very few do modify their behaviors accordingly (Koger and Winter 2010). One reason invoked to explain this gap between awareness and 51 52 actions is related to the decreased feeling of interconnections between people and nature, 53 resulting from an increased separation due to global processes such urbanization (Turner et 54 al. 2004; Miller 2005; Strohbach et al. 2009). This issue is profoundly concerning, given the 55 mounting evidence regarding the positive health and wellbeing outcomes of interacting with 56 nature (Bratman et al. 2012; Keniger et al. 2013; Shanahan et al. 2015), but mostly since 57 these interactions may influence the way people value nature and its conservation (Fuller 58 and Irvine 2010).

59 Today, the majority of the world's population lives in cities and spend most of their 60 time indoors (Koger and Winter 2010), in particular at work, with limited interaction with 61 elements of nature in their daily life (Miller and Hobbs 2002). This life style gradually 62 separates people from the biological reality and contact with flora and fauna, resulting in an 63 "extinction of experience" (Pyle 1978; Miller 2005). This extinction of experience is a major 64 environmental and societal issue, because it can modify the way people value nature and, therefore, undermine conservation efforts (Soga and Gaston 2016). Indeed, some evidence 65 66 already demonstrates that the experience of nature during childhood was (1) influential for those active in conservation (Chawla 1999); (2) related to people's affinity for biodiversity 67

(Lindemann-Matthies et al. 2010; Shwartz et al. 2013) and also that this nature-deficit (Louv
2008) could (3) influence the construction of individual environmental identity (Clayton
2003), which consequently may decrease individual awareness and support for conservation
(Noss et al. 2012). This extinction of experience is not merely an environmental concern,
because it is well established that interaction with nature leads to a multitude of health and
wellbeing benefits for people (reviewed by Keniger et al. 2013).

74 Averting this extinction of experience involves increasing both the opportunity to directly experience nature and the *orientation* towards engaging with nature (Lin et al. 2014; 75 76 Soga and Gaston 2016). One straightforward way to achieve this goal is to promote daily 77 interaction with biodiversity in the places where people live and work (Miller and Hobbs, 78 2002). Urban policies and practices have already started to enhance biodiversity in urban 79 areas (e.g., Skandrani and Prévot, 2015), which in turn may increase individual health and 80 wellbeing (Maas et al. 2006, Fuller et al. 2007). Today, an average person spends much of 81 his/her live at work (on average 8.0 hours per day during weekdays for Americans; BLS 82 2012), making the workplace the most dominate everyday life surrounding. It is therefore important to understand to what extent interaction between people and biodiversity can be 83 84 enhanced in the workplace and how this interaction could influence individual attitudes and 85 behaviors.

To date, little effort was made to explore biodiversity in the workplace (Snep et al. 2011) and its influence on the perception of the employees (Kaplan 2007). Workplaces often consist of a mixture between grey and green infrastructures (e.g., buildings, private gardens). From ecological perspective, these green spaces could increase connectivity (Snep et al 2009; Löfvenhaft et al. 2002), host diversity of common species and sometimes offer refuges for endangered species (Snep et al. 2011). Moreover, the roofs and balconies of

92 many workplaces could be converted to green roofs that can create several microhabitats 93 (Bates et al. 2013) and enhance biodiversity (Madre et al. 2013). These "living roofs and walls" are designed as opportunities to reconcile humans and biodiversity in the urban 94 environment (Francis and Lorimer 2011). From the social perceptive, Kaplan's (1993) 95 96 pioneering study has pointed out that proximity and availability of nature in the workplace 97 can foster many desired outcomes and even the simplest contact with nature (i.e., nature 98 views from the office window) provides significant psychological benefits for employees. In a 99 more recent work, she further demonstrated that employees preferred nature settings to 100 places with major buildings areas (Kaplan, 2007). A recent study covering over seven 101 thousand participant from 16 countries has demonstrated that having internal green spaces 102 in the workplace can increase happiness and inspiration of employees and reduce boredom 103 and anxiety (Human Spaces 2015). Yet, it is not clear to what extent efforts to conserve 104 biodiversity at the workplace could influence employees' relationship with nature and 105 conservation.

106 In this study, we explored how the implementation of biodiversity-friendly initiatives 107 in a workplace (a power plant) influenced employees' relationship with biodiversity. From 108 January 2012, the management team of the studied power plant in the west of France 109 implemented several biodiversity-friendly practices in outdoor areas within the site. 110 Together with these initiatives, a communication campaign (i.e., signs and exhibition of 111 nature photography) was conducted, in order to inform employees in those practices. We 112 explored the outcomes of these initiatives on employees' relations to biodiversity by 113 conducting a before-after survey. Specifically, we aimed to understand (1) how those 114 initiatives influenced biodiversity-related perceptions, knowledge and connectedness of

employees with nature, and (2) to what extent these initiatives were translated intoindividual nature-related behavioral changes.

117 **1** Material and methods

118 **1.1 Study area**

119 The study was conducted in an industrial site, a power plant that produces electricity using 120 coal and fuel oil in the western France. The power plant is located on the estuary of the Loire 121 River to the Atlantic Ocean, about 30 kilometers west of the Nantes metropolis (one of the 122 largest metropolis in France with about 900,000 inhabitants). The power plant and the small 123 town adjacent to it 'Cordemais' (3000 inhabitants) are located within the European network of protected areas 'Natura 2000'. This protected area is mainly composed of extensively 124 125 managed grassland and wet meadows grazed by cattle and surrounded by a dense network 126 of hedgerows.

127 The industrial site is managed by the French electricity company EDF. During the recent years EDF has adopted a biodiversity-friendly approach for the management of its 128 129 sites. This approach primarily aims at gathering environmental knowledge to better assess 130 potential impacts on nature of EDF sites, so as to minimize those impacts by protecting 131 ecosystems and the services they provide. More specifically, practices were selected to 132 increase the diversity of local flowering species in order to promote the presence of 133 pollinating insects and insectivore fauna. EDF started implementing the program in the Cordemais power plant from January 2012, introducing five practices as following: (1) 134 135 creating flower-meadows using over 38 local species in three separated locations (near the reception, administrative and cafeteria buildings); (2) late mowing of remnant meadows 136 137 located near the reception and cafeteria buildings; (3) identifying non-indigenous plant

species in order to remove them; (4) reducing the use of pesticides; and (5) using mulching
by leaving behind mowed grass to allow natural soil enrichment and creating a composting
platform for valuing green waste of the site, which was commissioned in January 2013.

141 The change toward more sustainable management of open spaces within the power 142 plant was accompanied with a communication campaign aiming to explain the implemented 143 actions process and to increase conservation awareness of employees and visitors. Two 144 photo exhibitions about nature were installed, the first in summer 2012 and the second in summer 2013. They were both installed in two areas: one on the access road to the power 145 plant and the other within the site. In addition, educational panels were placed in the power 146 147 plant: two about the overall approach for biodiversity-friendly management and one near 148 each flowering meadow areas or late mowing areas. Employees were also encouraged to 149 read some informative articles and explanations about these actions on the EDF website and 150 on the power plant internal pages.

151

152 2.2. *Study design*

153 During July-September 2011, before the initiatives were implemented, we used the power 154 plant mailing list to send online questionnaires to the 400 employees (Survey 1). The email 155 contained the questionnaire and a few words about the study context. The questionnaire 156 was filled out online using an internal software tool that employees knew and used regularly 157 to give their opinion on different subjects and it was strictly anonymous. The questionnaires 158 were first sent in early July 2011, a revival took place in August 2011, and the survey was 159 stopped on the 15th September 2011. Two years later, after the pro-biodiversity initiatives 160 were implemented, we passed exactly the same questionnaire by email to the employees, in 161 July-September 2013 (Survey 2).

162 **1.3** Questionnaire design and measures

163 We constructed a questionnaire based on previously developed and tested tools (European Commission 2013; Simon and Goeldner-Gianella 2012; Cosquer 2012) that were used to 164 165 explore the relationship between individuals and biodiversity in Europe and France (see 166 Appendix A for a translated version of the questionnaire). For each of the respondents we 167 collected few socio-professional details including the gender [gender], age (categorical: <30, 168 31-49 and 50< years old [age]) and profession (workers, employees with master's degrees equivalent and managers [profession]). The central part of our survey was set to measure 169 170 changes in four main topics: biodiversity knowledge, biodiversity perception, connectedness 171 to nature and nature-related behavior. The questionnaire contained 20 questions aiming to 172 explore these themes (Appendix A).

173 1.3.1 Individual awareness to biodiversity

174 *1.3.1.1 Biodiversity knowledge*

175 Biodiversity knowledge was measured following the Euro-Barometer of the European 176 Commission (2013) and Simon and Goeldner-Gianella (2012): Familiarity with the concept of 177 biodiversity [biodiversity definition] was assessed by summing the scores of two items. The 178 first item explored whether the respondent knows the meaning of term "biodiversity" 179 (yes/no); if s/he answered "yes", the respondent was asked to write a definition of the term. 180 We scored the answer as following: no point for a negative answer, one point for a positive 181 answer without definition, two points for a positive answer with definition referring to the 182 diversity of plants and animals and three points for a positive answer with definition 183 referring to interactions between all components of nature in the ecosystems. The second 184 item asked respondents whether they think that ecosystems provide services to people

(yes/no/don't know) [*ecosystem services*]. Again, if the respondent answered "yes", s/he was
asked to give examples. Respondents got no point for negative answer, one point if they did
not know, two points for positive answer and three points if s/he gave a scientifically
validated example according to the Millennium Ecosystem Assessment (MEA 2005).

189 1.3.1.2 Perception of the state of local biodiversity

190 The perception of the state of local biodiversity was assessed by three different items. The 191 first (termed [perception of main threats]) asked respondents to identify the main threats for 192 biodiversity in the town of the power plant. This multiple selection item included a list of ten potential threats (based on the IUCN list of threats) and answers were scored based on 193 194 expert's opinion on the local threats. Three points were given to respondents who identified 195 "urbanization" or "industry" as potential threats followed by "agriculture", "transports", or 196 "global change" (two points), "invasive species" or "hunting" (one point) and no points were 197 given for other answers (e.g., "hikers"). We considered the sum of each respondent's scores. The second item (termed [local biodiversity perception]) assessed in the 1-5 Likert scale 198 199 (from "very bad" to "very good") the state of biodiversity within the power plant. The higher 200 the score, the better respondent perceived the state of biodiversity. In the third item 201 (termed [local biodiversity assessment]) respondents were asked to identify important areas 202 for biodiversity within the power plant. Respondents could choose between 13 areas (e.g., 203 cafeteria building) within the power plant and its immediate proximity. The importance for 204 biodiversity of these 13 sites was independently ranked (0 to 3 points) by experts, based on 205 local biological reality and biodiversity surveys. Since biodiversity initiatives increased the 206 biodiversity value of some sites (e.g., flowering meadows near reception building), this 207 expert-based ranking changed between the two questionnaires surveys. To score the 208 answers, we assigned to each site quoted by the respondent the biodiversity score assessed

by the expert. We summed all these scores for all the sites quoted by the respondent, tocompute a final score for [*local biodiversity assessment*] for each respondent.

211 **1.3.2** Connectedness to nature

212 We assessed the connectedness to nature using a derived version of the Inclusion of Nature 213 in Self (INS) scale developed by Schultz (2002). This graphical measure examines to what 214 extent an individual includes nature in cognitive representations of the self. Respondents 215 were asked to choose out of six overlapping circles representing "nature" and "self", which 216 picture best describes their relationship with the nature. The lowest connectedness to 217 nature was attributed to respondents who selected the graphic with no overlap between 218 circles and the highest connectedness was attributed to respondents who selected the 219 graphic with 100% overlap between circles.

220 **1.3.3** Individual practices towards biodiversity

221 We surveyed two specific individual behaviors: (i) the use of public green spaces and (ii) 222 ecological management of private gardens. People have multiple reasons for visiting public 223 green spaces and recent studies demonstrated that interacting with nature was not the only 224 one (Irvine et al. 2013; Shwartz et al. 2013). Therefore, we explored declared motivation of 225 visiting green spaces as an indicator of individual practices that could be influenced due to 226 the program implemented. The [motivations for visiting green spaces] was assessed using 227 two related questions exploring: (1) the frequency of visits to public green spaces (never, 228 rarely, occasionally, frequently, and very frequently) and (2) the motivations for those visits. 229 Respondents were asked to select three from a list of twelve possible answers. Answers 230 were classified into four groups according to the strength of interaction with nature in the *motivations* of the respondents for visiting public green spaces. The final score for eachrespondent was computed by multiplying the answer of the two questions (see Appendix B).

233 The second practice was related to the ecological management of private gardens. 234 Private gardens evoke strong sense of place feelings (Gross and Lane 2007) and can generate 235 meaningful connection with nature that could facilitate nature-related behaviors (Goddard 236 et al. 2010). Enhancing biodiversity in domestic gardens is one of the objectives of many 237 gardens owners (Davies et al. 2009). Thus, we explored nature-related practices conducted by the respondents in their private gardens [practices in private gardens] using two 238 239 complementary questions (respondents that did not have any garden were excluded from 240 this analysis): first, respondents were asked on the percentage of their garden surface that is 241 kept un-managed (one point for 0%, two points for less than 5%, three points for 5%-15%, 242 four points for 15%-40% and five points for more than 40%) (Following Cosquer 2012). 243 Second, respondents were asked to choose their main motivation in a 7-items list. We 244 scored their answer as following: zero when the motivation mentioned was related to 245 laziness (convenience / lack of maintenance), one for reasons related to fear of nature (not 246 to attract wild animals, fear of insects) or for aesthetical reasons (not aesthetic), two for 247 positive aesthetic reason and three for reasons related to environmental awareness (for 248 pollinators and for wild fauna and flora). The final individual score concerning practices in 249 the private garden was computed by multiplying these two items.

250 1.4 Data analysis

Seven separate linear models (LMs) were built to explore the influence of the biodiversityfriendly initiatives on employees' knowledge about biodiversity, perception of the state of local biodiversity and individual practices toward biodiversity. We first used five LMs to explore changes in *biodiversity definition, ecosystem services, perception of main threats,*

255 local biodiversity perception and assessment before and after the initiatives (dummy variable 256 named survey). All non-categorical variables were scaled to standardise the effect sizes by 257 subtracting the mean from each value and dividing by the standard deviation. Socio-258 demographic variables and connectedness to nature were added to the models to account 259 for their potential effect. However, since 39.2% of respondents did not mention their 260 profession, this variable was excluded from all models. We then built two additional LMs to 261 explore the effects of survey, biodiversity definition, ecosystem services, perception of main 262 threats, local biodiversity perception, local biodiversity assessment and connectedness to 263 nature on the two nature-related behaviours separately (motivations for visiting green 264 spaces and practices in private gardens). In these models, we included main effects and 265 interactions between survey and other explanatory variables (excluding socio-demographic 266 variables), to exhaustively investigate the potential mechanisms underlying changes in 267 behavior. We checked for the absence of collinearity between the independent variables 268 (variance inflation factors values < 2; Zuur et al. 2007) and the impact of potential outliers 269 using R packages AER (Kleiber and Zeileis 2008) and car (Fox and Weisberg 2011). We tested 270 the model's assumptions for normality and non-constant error in variance using Shapiro-271 Wilk and Breusch-Pagan tests (respectively).

For model selection, we used the model-averaging approach, i.e., linear regression with multimodel inference (Burnham and Anderson 2002) with the MuMIn package (Barton 2013). Following this method, all models are ranked on the basis of the Akaike's information criterion corrected for small sample size (AICc) (Burnham and Anderson 2002). For variables from the most parsimonious models (i.e., Δ AICc<10), we averaged their estimates and standard errors weighted by each model's AICc (Burnham and Anderson 2002). Model averaging yielded the post-probability (hereafter PP) of an explanatory variable affecting the

dependant variable and took into account the number of times the term appeared as significant in the selected models. A rule of thumb for using these post-probabilities was to consider that PP >0.95, 0.95–0.5, and <0.5 corresponded roughly to the classical p-values <0.01, 0.01–0.05, >0.05 (see Shwartz et al. 2013 and refs within for more details). Thus, we identified those variables for which PP>0.95 as being "strongly" supported by the model and variables for which PP>0.5 "moderately" supported.

285 2 Results

286 Response rates were similar before and after the initiatives: 37.25% of employees responded 287 before (n=149) and 30% (n=119) after. Men represented 82.5% of the respondents, which is 288 similar to the proportion of men among the power plants employees (i.e., 90%). 289 Respondents were distributed rather evenly among the three age groups with a small bias 290 toward younger employees (<30 years old represented 35.3% of respondents when this age group represented 23.1% of the power plant employees). The second group (31-49 years 291 292 old) represented 38.6% of the respondents when they represented 43.8% of employees and 293 the older employees (50< years old) represented 25.0% of the respondents when they represented 33.1% of employees. We found no significant difference in socio-professional 294 295 variables between the two surveys (before and after the power plant initiatives on 296 biodiversity). The distributions of age groups (χ^2 = 0.45, 2df, p = 0.80), genders (χ^2 = 1.70, 1df, 297 p = 0.19) and professions ($\chi^2 = 0.23$, 2df, p = 0.89) were similar the two parts of the survey.

298

2.1 Impact of the initiatives on biodiversity knowledge and perception

The vast majority of respondents were familiar with the concept of biodiversity and ecosystem services and the initiatives did not influence degree of familiarity. Of the respondents 93% and 84% had already heard the word "biodiversity" and thought that the natural spaces and greenspaces can give "services" to the society (respectively), but only
44% and 25% gave a scientifically-relevant definition and relevant examples for services
(respectively). However, this knowledge did not change significantly after the initiatives. We
also found that men demonstrated lower knowledge compare to women (Table 1).

306 The majority of respondents were aware of the state of biodiversity in their local 307 territory. Of the respondents 78% gave at least one item among the most threats on 308 biodiversity based on the IUCN. Moreover, 90% of the respondents listed one out of the five 309 expert-based biodiversity richest areas among the 13 proposed locations within the power 310 plant. However, neither the *perception of main threats* nor the *local biodiversity assessment* 311 within the power plant changed significantly after the initiatives (Table 1). On the other 312 hand, the perception of biodiversity status within the power plant (local biodiversity 313 perception) was higher after the initiatives (Table 1). Finally, individual connectedness to 314 nature was positively and significantly correlated to most biodiversity knowledge and 315 perception variables, excluding perception of main threats, for which we found that older 316 employees were better aware of the main threats for biodiversity conservation in the town 317 (Table 1).

318 2.2 Impact of biodiversity initiatives on individual practices towards biodiversity

Motivations for visiting green spaces were best explained by respondents' local biodiversity assessment and perception, the knowledge variables and by the interaction between survey and connectedness to nature (Table 2). In more details, respondents that visit public green spaces to interact with nature were: (1) those with higher level of biodiversity knowledge; (2) those who assessed the biodiversity-rich locations in the power plant more accurately; and (3) those who perceived the state of biodiversity in the power plant to be poor. More interestingly, the initiatives seemed to have a complex influence on the declared motivation to visit public green spaces. In general, both before and after the initiatives, we recorded a positive relationship between connectedness to nature and participants' nature-related motivations for visiting public green spaces. However, this relationship was stronger after the initiatives (Fig. 1). Thus connectedness to nature had a stronger influence on the declared motivation after the initiatives (Fig. 1).

The variable *Practices in the private gardens* was explained by all three biodiversity perception variables, *connectedness to nature* and the survey dummy variable (Table 2). Respondents who kept larger unmanaged area for biodiversity in their garden were the ones providing more accurate assessment of threats and biodiversity-rich locations in the power plant, more connected with nature and perceived the state of biodiversity in the power plant lower. Finally, respondents declared they keep more unmanaged area in their gardens for biodiversity oriented motivations after the initiatives than before.

338

339 **3 Discussion**

340 Conserving biodiversity in the places where people live and work was proposed as a mean to 341 provide opportunities for meaningful interactions with the natural world (Miller 2005; 342 Kowarik 2011; Dunn et al. 2006). In this study, we showed that the implementation of 343 biodiversity-friendly initiatives in a workplace (here a power plant) by the management team 344 has complex consequences on employees' knowledge, attitudes and declared behaviors. 345 Contrary to our expectations, these initiatives did not have a significant impact on either 346 employees' biodiversity assessment or their knowledge about biodiversity and ecosystem 347 services. However, after the initiatives, employees seem to perceive correctly the better status of biodiversity in their workplace and the initiatives also seem to have affected 348

349 employees' declared practices towards biodiversity in their private lives, in direct and indirect manners. Indeed, after the initiatives, respondents were more likely to leave 350 351 unmanaged areas in their gardens for biodiversity purposes than before. In a more indirect 352 way, initiatives may have influenced participants' connectedness to nature in a way that 353 enhanced them to seek more interaction with nature when visiting public green spaces. 354 Thus, conserving biodiversity at work may mutually benefit conservation directly through 355 preserving local biodiversity and indirectly by providing more opportunities for people to 356 interact with nature and potentially strengthening people's relationship with it (Miller and 357 Hobbs 2002).

The biodiversity-friendly initiatives provided by the company demonstrated an 358 interesting influence on individual declared behaviors. This result can be interpreted as an 359 360 effect of the new social norms defined by the company when implementing new settings in 361 everyday life of the employees (Cialdini et al. 1990). These norms were both descriptive 362 (flowering sites, meadows, photo exhibitions) and injunctive (education flyers explaining why the company was involved in this campaign). Following the theory of planned behavior 363 364 (Ajzen 1991), norms (defined as "perceived social pressure to perform or not to perform the 365 behavior", p. 188) impact the intention to act (and eventually action) at the same level as 366 attitudes (which themselves are linked with values and identity). Indeed, social norms have 367 been shown to have a prominent effect on individual behaviors (e.g., Schultz et al. 2007), 368 even without being recognized as having a role by individuals who actually changed their 369 behavior (e.g., Nolan et al. 2008). In our case, the fact that these new social norms were 370 proposed by a personality with a high status (i.e. the employer) may have increased their 371 effects on the employees (see Cialdini and Goldstein 2004). Indeed, the importance of the 372 source credibility in the trust and adhesion to a world vision is prominent in environmental

373 communication (Koger and Winter 2010). Our results propose further that social norms and 374 individual attitudes are interrelated in individual actions. We showed that initiatives have 375 encouraged individuals already connected to nature to be even more prone to set nature-376 related behaviors (Fig. 1). Attitude and social norms are two out the three categories of 377 motivation factors of individual actions in the theory of planned behavior (Ajzen 1991). We 378 provided here new evidence that these factors can be related at the individual level.

379 Note that these small behavioral changes can further impact individual attitudes, 380 following cognitive dissonance theory (Festinger 1957). Following this theory, when 381 confronted with a disjunction between their behaviors and their attitudes, individuals tend to modify one of them in order to fill the gap between their thoughts and their actions 382 383 (Osbaldiston and Schott, 2012). Concerning environment, Thøgersen (2004) proposed that 384 small behavioral changes could affect environmental attitudes and become, therefore, more 385 sustainable. We thus provided some evidence that conserving biodiversity in workplaces 386 may mutually benefit conservation indirectly, by influencing and strengthening people's relationship to it. Furthermore, there is growing body of evidence that the interaction with 387 388 nature could have several other benefits for people, such as improving wellbeing (e.g. 389 Balmford and Bond 2005; Kaplan and Kaplan 1989; Ulrich 1984). Enhancing biodiversity in 390 the workplace could therefore serve as a "win-win" solution that benefits both employees 391 and biodiversity conservation (but see, Pett et al. 2016 for the people-biodiversity paradox).

However, we should be aware of some limitations of our study and their potential implications. First, according to all questionnaire surveys, we assumed that declared behaviors reflect actual respondents' behaviors, ignoring potential discrepancies between declarations and facts. These potential biases could have been addressed by asking more questions to the respondents to add internal consistency to the data (Yin 2003), or by

397 observing actual behaviors. We also did not measure whether people notice the changes in 398 biodiversity, or took part in the proposed activities, quantifying this aspect could have 399 strengthened our understanding and conclusions. Other studies have demonstrated some 400 contradicting results regarding lay people assessment of species diversity (Fuller et al. 2007; 401 Lindemann-Matthies et al. 2010; Shwartz et al. 2014; Pett et al. 2016). Although we did not 402 ask people to estimate species richness or diversity, we did investigate their perception 403 about the state of biodiversity within and in the near vicinity of the power plant. In 404 accordance, we found that employees perceived that state of biodiversity was better after 405 the initiatives, only in the power plant. These results correspond with the results of the ecological surveys conducted. Furthermore, we also found that the vast majority of the 406 407 respondents (90%) identified specific biodiversity-rich areas in the same way as experts. 408 These results coincide with Bayne et al. (2012) who demonstrated a positive and strong 409 correlation between people's ranking of disturbance levels (aerial photos) in boreal forest 410 areas and measures of disturbance and the diversity of forest specialist birds.

411 Alternatively and similarly to another study (Kaplan 2007), these results could also 412 indicate a pro-environmental skewed study population, due to our obligation to introduce 413 the research subject (i.e., biodiversity) in the request email sent to the employees. Thus, 414 while respondents were representative of all the employees in age, gender and profession, 415 the surveyed population could have been biased toward employees with pro-environmental 416 profile. Indeed, the panel of respondents, who live near or within a Natura 2000 protected 417 area, showed a relatively high knowledge and affinity to biodiversity compared to general 418 French public. For instance, 93% of our respondents have heard the word "biodiversity" 419 compared to 78% (2010) and 87% (2013) of general French public (Euro-Barometer, 420 European Commission 2013). This potential bias can explain the high level of knowledge and

421 correct assessment biodiversity rich areas, but also the lack of straightforward influence of 422 the initiatives on employees' knowledge, perception and declared behavior. Moreover, we 423 cannot determine whether the differences in the answers to the questionnaire after the 424 initiatives were due to real changes in perception, or simply since employees were more 425 aware of the project and that resulted in a response bias. More qualitative in-depth 426 interviews could have shed light on this important bias. Future research should aim to 427 compliment such quantitative approach with more qualitative interview that may help 428 validate the results and better understand mechanisms (see Shwartz et al. 2012).

Finally, all our results have been achieved in the French (and more broadly western cultural context). Yet, several studies underlined the variations in attitudes to nature across cultures (e.g. Buijs et al. 2009, Corral-Verdugo et al. 2008) and cannot be generalized to other cultures without caution.

433 **4 Conclusions**

Although we cannot overrule the influence of these potential biases, our results are 434 435 consistent with theories and models developed in conservation psychology to explain 436 individual attitudes and behaviors toward the environment (see Stern 2000 and Clayton 437 2012). We showed that biodiversity-friendly initiatives provided by the company were not sufficient to have strong influence on people's knowledge and attitudes towards 438 439 biodiversity, but did influence declared pro-environmental behaviors. However, we believe it 440 is highly important to keep on exploring the social personal benefits, in terms of wellbeing of 441 employees for instance. A recent multi-cultural study demonstrated the benefits both 442 employers and employees can gain from enhancing green infrastructure in the workplace (Human Spaces 2015). For instance, when exploring the elements most wanted in the office, 443

444 presence of nature (indoor plants) came second in importance (mentioned by 20% 445 interviewees) after having natural light (44%). Therefore, a number of leading organizations 446 are now providing employees opportunities to interact with nature at work such initiative 447 can also enhance employees' creativity and happiness sat work (Human Spaces 2015). The 448 context of our study was different than the study describe above (office vs. open power 449 plant), but future research could benefit from further investigation of how enhancing nature 450 in different type of workplaces could help aligning the agendas of employers, employees and 451 conservation directly (protecting biodiversity) and indirectly (through enhancing the 452 connection between people and nature). Our results present a new call for employers to 453 take into account the environments they offer to their employees, including green spaces, 454 and provide elements for further discussion on the importance of Biophilia in the workplace.

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464

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634 **Table 1**:

- 635 Results of four linear models exploring knowledge (biodiversity definition and ecosystem services) and perception (main threats, local
- 636 biodiversity perception and assessment) before and after the implementation of the biodiversity initiatives in the power plant, while accounting
- 637 for three profile variables (gender, age and connectedness to nature). Estimated average coefficients ± S.E. are presented for all variables.
- 638 Important (PP>0.95) and moderately important (0.5<PP<0.94) variables are flagged with * or ** respectively and PP is presented in parentheses.

Variables	Biodiversity knowledge		Biodiversity perception		
	Biodiversity definition	Ecosystem services	Perception of main threats	Local biodiversity perception	Local biodiversity assessment
Intersect	0.34±0.26	-0.01±0.30	-0.26±0.24	-0.43±0.23	-0.59±0.24
Survey (before)	-	-	-	-	-
Survey (after)	0.08±0.12	-0.01±0.07	0.00±0.06	0.52± 0.12**(1.00)	0.05±0.06
Age (<30)	-	-	-	-	-
Age (31-49)	-0.00±0.06	0.12±0.15*(0.67)	0.37±0.20*(0.84)	0.07±0.13	0.01±0.06
Age (50<)	-0.02±0.08	-0.11±0.17*(0.67)	0.32±0.21*(0.84)	0.19±0.22	0.00±0.06
Gender (female)	-	-	-	-	-
Gender (man)	-0.66±0.16**(1.00)	-0.29±0.21*(0.81)	-0.09±0.15	-0.03±0.10	0.01±0.09
Connectedness to Nature	0.06±0.06*(0.62)	0.08±0.07*(0.71)	0.03±0.05	0.05±0.06*(0.56)	0.15±0.06**(0.96)

639 Table 2:

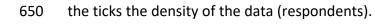
640 Results of two linear models exploring respondents' practices towards biodiversity before and after the

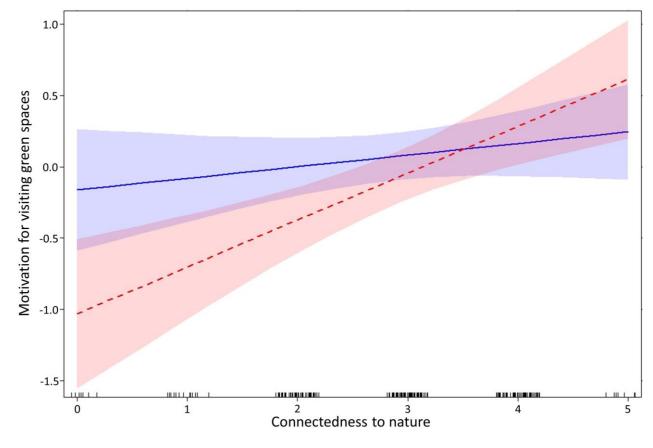
- 641 implementation of the biodiversity initiatives in the power plant, while accounting for three profile
- 642 variables (gender, age and connectedness to nature). Estimated average coefficients ± S.E. are
- 643 presented for all variables. Important (PP>0.95) and moderately important (0.5<PP<0.94) variables are
- 644 flagged with * or ** respectively and PP is presented in parentheses.

Variable type	Variable	Motivations for	Practices in
		visiting green	private gardens
		spaces	
Socio-economic	Intercept	0.07±0.13	0.02±0.19
	Gender (female)	-	-
	Gender (male)	0.02±0.09	-0.10±0.17
	Age (18-30)	-	-
	Age (31-49)	-0.02±0.09	-0.02±0.01
	Age (50 and more)	0.04±0.12	0.06±0.15
Context	Survey (before)	-	-
	Survey (after)	-0.17±0.13**(0.97)	0.10±0.14*(0.81)
Relation to nature	Connectedness to nature	0.11±0.09**(1.00)	0.24±0.08**(1.00)
Biodiversity knowledge	Biodiversity definition	0.14±0.09*(0.86)	-0.03±0.06
	Ecosystem services	0.06±0.08*(0.63)	0.05±0.06
Biodiversity perception	Perception of main threats	3.9E-3±0.06	0.06±0.09*(0.50)
	Local biodiversity perception	-0.03±0.07*(0.57)	-0.16±0.10*(0.86)
	Local biodiversity assessment	0.20±0.08**(0.98)	0.08±0.09*(0.84)
Interactions	Context & Biodiversity definition	-0.02±0.07	-9.2E-3±0.56
	Context & Ecosystem services	9.2E-3±0.06	0.01±0.06
	Context & Perception of main threats	0.04±0.09	-0.04±0.10
	Context & Local biodiversity perception	-0.04±0.10	0.04±0.11
	Context & Local biodiversity assessment	-0.06±0.11	0.12±0.17
	Context & Connectedness to nature	0.26±0.17*(0.85)	-0.01±0.07

Figure 1:

The significant interaction between employees' motivations for visiting public green spaces
and connectedness to nature before (blue) and after (dashed red) the implementation of the
biodiversity initiatives in the power plant. The bands indicate the confidence intervals and





Appendix A: the main domains and questions and associated scores used in this study.

Domains and questions	Format	Scoring range
Socio-professional details		
- gender	Dichotomous closed-ended	male/female
- age	Multiple-choice closed-ended	1-3 classes
- profession	Multiple-choice closed-ended	1-3 classes
Familiarity biodiversity definition* /**		
- Have you ever heard the word "biodiversity"	Dichotomous closed-ended	Yes/No
If yes, can you give your definition in a few words?	Open-ended question	0-3 points
Familiarity ecosystem services * /**		•
- In your opinion, the natural spaces and greenspaces can provide "services" to the society?	Dichotomous closed-ended	Yes/No/Don't know
If yes what services do you think?	Open-ended question	0-3 points
Local Knowledge *	Open-ended question	0-3 points
- In your opinion, what could threaten biodiversity at the town of Cordemais?	Multiple-choice closed-ended	0-3 points
	(11 choices; more than one	1 16 mainta
- Can you identify areas of the workplace and its	selection possible)	1-16 points
proximity where biodiversity is most important to you?	Multiple-choice closed-ended	
	(13 choices more than one	
C . 1	selection possible)	
Connectedness to nature ***		0.5
please choose the design that best describes your	Multiple-choice closed-ended (6	0-5
relationship to nature	choices)	
Biodiversity perception **		1.5
- In your opinion, what is the state of biodiversity in your	Multiple-choice closed-ended (5	1-5
workplace?	options)	
Use of public green spaces ***		1 5 1
- How frequently do you visit public green spaces? (never,	Multiple-choice closed-ended (5	1-5 points
rarely, occasionally, frequently, and very frequently)	choices)	
- Why?	Multiple-choice closed-ended	Classified to
5	(12 choices more than one	0-4 points
	selection possible; Appendix B)	1
Practices in the private gardens ***		
- Do you have a private garden?	Dichotomous closed-ended	NA/1
If yes, what is the percentage of your garden surface that	Multiple-choice closed-ended (5	1-5
you kept un-managed?	choices)	
J		
Why?	Multiple-choice closed-ended (7	Classified to
	choices)	0-3 points
Other questions (no taken into account for this study)		
- Within the power plant, the nature is present.	Likert	1-5
- Can you identify areas of the workplace and its	Multiple-choice closed-ended	1-16
proximity where you would like to see more biodiversity?	(choices 13)	1-10
655 * Borrowed or adapted from European Commission		l

** Borrowed or adapted from Simon and Goeldner-Gianella (2012) *** Borrowed or adapted from Cosquer (2012)

659 **Appendix B**: Use of public greenspaces (Borrowed or adapted from Cosquer (2012))

- 660
- a. "Do you visit green spaces and natural areas?"
- Multiple-choice closed-ended coded 1 to 5: never, rarely, occasionally, frequently, and veryfrequently
- 664

670

b. "Why ?" to evaluate the motivation for visiting public greenspaces

666 *Respondents were asked to select maximum three out a list of twelve possible answers and* 667 *answers were classified into five groups according to the strength of interaction with nature*

- 668 in the motivation of the respondents for visiting green spaces. We kept the maximum scores
- 669 for each respondent.
 - **Possible answers Reason was linked to** Temporary scoring nature range I do not see the point No, absence of interest 1. 0 2. There are no park near my Weak, other 1 home Weak, other 3. I do not have time 1 The parks are too crowded Weak, other 4. 1 Activities with the kids Medium, social activity 5. 2 Walking a pet 6. Medium, social activity 2 Relaxing with family / friends 7. Medium, social activity 2 Outdoor recreation Strong, activities in 8. 3 nature 9. Picnic Strong, activities in 3 nature 10. Relaxation / breathing Strong, activities in 3 nature 11. Sport Strong, activities in 3 nature 12. Observe nature Very strong, explicitly 4
- 671

672 The final score for each respondent was computed by multiplying the answers of the two

673 questions (a. and b.). For example, if a respondent choose "never" because "The parks are

674 too crowded" and "Walking a pet", for this question, the final score is: $1 \times 2 = 2$