



# Palaeoenvironmental changes in the southwestern Mediterranean (ODP site 976, Alboran sea) during the MIS 12/11 transition and the MIS 11 interglacial and implications for hominin populations

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14 **Palaeoenvironmental Changes in the Southwestern Mediterranean (ODP Site 976, Alboran  
15 Sea) During the MIS 12/11 Transition and the MIS 11 Interglacial and Implications for  
16 Hominin Populations**

17  
18 **Dael SASSOON<sup>1\*</sup>, Vincent LEBRETON<sup>1</sup>, Nathalie COMBOURIEU-NEBOUT<sup>1</sup>, Odile PEYRON<sup>2</sup>,  
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22 **Abstract**

23 The transition from the Marine Isotope Stage (MIS) 12 glacial (ca. 478–424 ka BP) to the MIS  
24 11 interglacial (ca. 424–365 ka BP) is one of the most remarkable climatic shifts of the Middle  
25 Pleistocene and is regarded as a phase of major behavioural innovation for hominins.  
26 However, many of the available pollen records for this period are of low resolution or  
27 fragmented, limiting our understanding of millennial-scale climatic variability. We present a  
28 high-temporal resolution pollen record that encompasses the period between MIS 12 and  
29 MIS 10 (434–356 ka BP), recovered from the Ocean Drilling Program (ODP) Site 976 in the  
30 Alboran Sea. This study aims to provide new insights into the response of vegetation during  
31 the transition and to highlight patterns of climatic variability during MIS 11.

32 The ODP Site 976 pollen record shows the shift from glacial to interglacial at 426 ka BP,  
33 highlighted by the transition from *Pinus*, herbaceous and steppic taxa to temperate and  
34 Mediterranean taxa. A climatic optimum for temperate and Mediterranean taxa is identified  
35 around 426–400 ka BP, equivalent to substage MIS 11c and synchronous with the maxima in  
36 SSTs, greenhouse gas concentrations and insolation. A phase with increased *Pinus* and *Cedrus*  
37 indicates the return to colder and more arid conditions during substage MIS 11b (400–390 ka  
38 BP). Substage MIS 11a (390–367 ka BP) is marked by a period of short-term warming followed  
39 by gradual cooling, until the return of glacial conditions during MIS 10. Forest contractions  
40 have been linked with high- and moderate-intensity climate events also observed in other  
41 pollen records and proxies from the Mediterranean and North Atlantic.

42 Our results confirm the intense shift during the MIS 12/11 transition and show that this  
43 region is sensitive to millennial-scale climatic variation during MIS 11. The forest contractions  
44 observed in our record during events of millennial-scale variability appear to be less intense  
45 than in the central and eastern Mediterranean. This suggests that the southwestern  
46 Mediterranean may have been less variable during periods of climatic deterioration, thereby  
47 representing a possible ecological niche for vegetation. This may have provided a source of  
48 subsistence for hominins during harsher conditions, thus contributing to their demographic  
49 expansion and technological innovations.

50  
51 **Keywords:** Southwestern Mediterranean; Middle Pleistocene; Marine record; Pollen;  
52 Vegetation dynamics; Long-term vegetation change; Climate change; Millennial-scale climate  
53 variability

54  
55 **1. Introduction**

56 The transition from the extensive glaciation of MIS (Marine Isotope Stage) 12 to the  
57 remarkably long and warm MIS 11 interglacial is regarded as one of the most extreme climatic  
58 shifts over the last 900 ka (Chaisson *et al.*, 2002; Tzedakis *et al.*, 2009; Sánchez Goñi *et al.*,  
59 2016; Marino *et al.*, 2018). This shift, occurring during Termination V (TV), stands out in the

61 Middle Pleistocene due to the exceptional increase in sea levels and greenhouse gas  
62 concentrations from MIS 12 to MIS 11 despite minimal astronomical forcing—what Berger  
63 and Wefer (2003) defined as the “Stage-11 Paradox”. In marine and terrestrial records, the  
64 MIS 12 glacial (ca. 478–424 ka BP) is often deemed as one of the most severe glacial periods  
65 of the Pleistocene, during which the global ice volume exceeded that of the Last Glacial  
66 Maximum (LGM) and the European ice sheet reached its maximum of the last 1.2 Ma (Olson  
67 and Hearty, 2009; Toucanne *et al.*, 2009; Koutsodendris *et al.*, 2019). Pollen records  
68 from Tenaghi Philippon (e.g. Tzedakis *et al.*, 2006; Pross *et al.*, 2015) and Lake Ohrid (Sadari  
69 *et al.*, 2016; Kousis *et al.*, 2018) show that this period was characterised by severe reductions  
70 in tree populations associated with a prevalence of cold conditions. In contrast, especially  
71 warm and humid conditions prevailed during MIS 11 (ca. 424–365 ka BP) even in the higher  
72 latitudes of the Northern Hemisphere (Kousis *et al.*, 2018) over a period longer than any other  
73 interglacial of the Mid- to Late Pleistocene (Marino *et al.*, 2018). The climatic optimum during  
74 substage MIS 11c has been widely recognised as a long, warm and relatively stable period of  
75 the interglacial in both marine and terrestrial records across the Mediterranean, showing that  
76 these conditions prevailed across the wider region (e.g. Oliveira *et al.*, 2016; Kousis *et al.*, 2018;  
77 Azibeiro *et al.*, 2021). Such a long-lasting interglacial period after the harsh glacial conditions  
78 of MIS 12 favoured the development of temperate vegetation across Europe and in turn led  
79 to the demographic expansion of hominin populations (Berger and Loutre, 2003; Raymo *et*  
80 *al.*, 2012; Oliveira *et al.*, 2016; Moncel *et al.*, 2018).

81 Indeed, from a hominin evolution point of view, the MIS 12/11 transition represents a  
82 significant threshold period. Genetic data and anthropological analyses have recently shown  
83 that European Neanderthal features emerged in the population between 600 and 400 ka  
84 (Hublin, 2009) and that climatic amelioration after the MIS 12 glaciation led to a phase of  
85 major innovation for hominins. Archaeological records for this period show evidence of  
86 increased occupations, new subsistence behaviours and technical innovations (e.g. core  
87 technologies, increase in light-duty tools), and an early regionalization of traditions (Moncel  
88 *et al.*, 2016; Blain *et al.*, 2021). Investigating vegetation changes during this period is key to  
89 improving our understanding of the impacts of climate on biomass availability for large  
90 herbivores, the mobility of human groups and demographic changes.

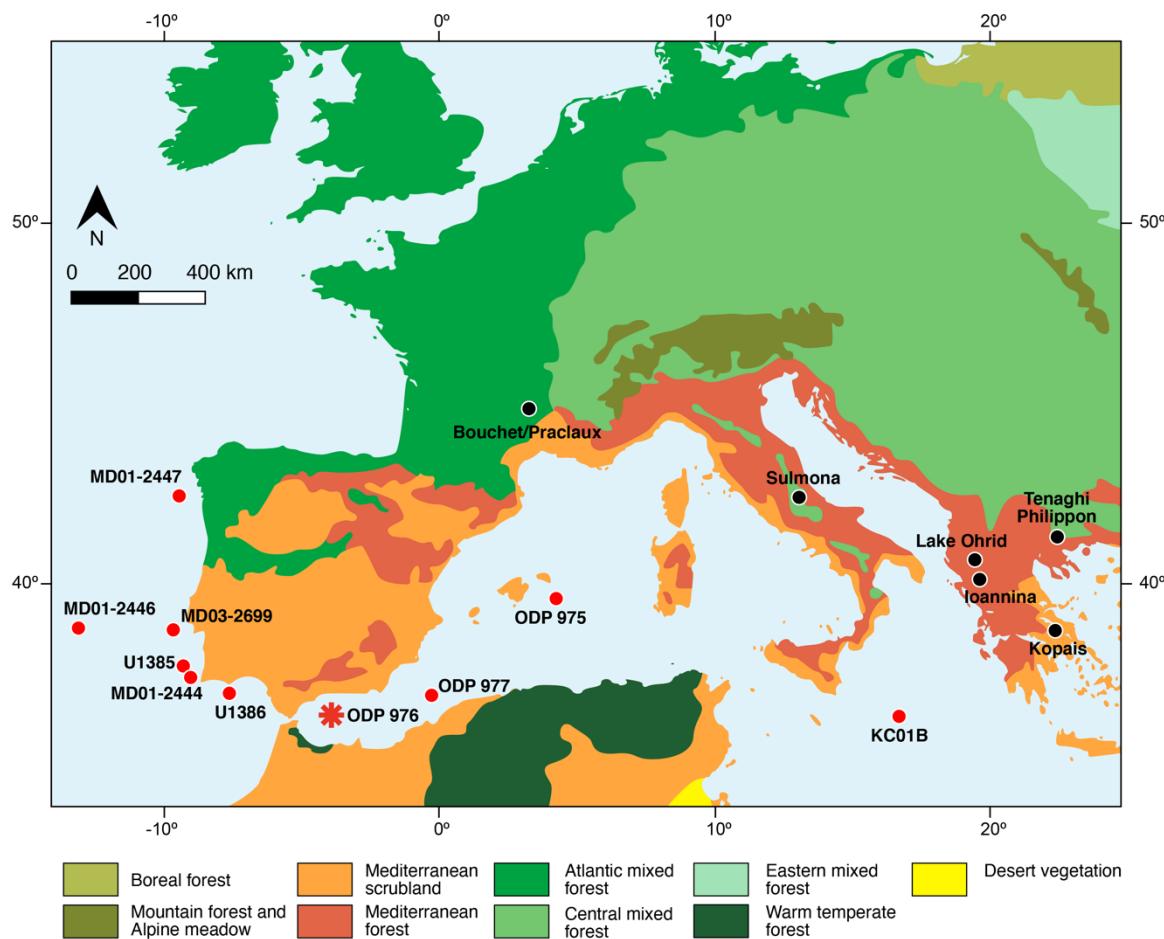
91 Furthermore, in recent years MIS 11 has received a noticeable amount of attention as it  
92 is regarded as one of the best analogues to the Holocene (MIS 1) (Loutre and Berger, 2003;  
93 Candy *et al.*, 2014). Both interglacials, MIS 11 and MIS 1, are characterised by high sea levels,  
94 intense warmth, low astronomical forcing—in particular low precession—and elevated  
95 atmospheric CO<sub>2</sub> concentrations (McManus *et al.*, 2003; Desprat *et al.*, 2005; Hes *et al.*, 2022).  
96 This makes MIS 11 an important period for investigating climatic variability and its impacts on  
97 vegetation and hominin populations during conditions similar to those of the current  
98 interglacial.

99 Although the MIS 12/11 transition has been previously studied across the Mediterranean  
100 (Fig. 1, Tab. 1) through the use of terrestrial (pollen) and marine climatic indicators (planktic  
101 foraminifera and oxygen isotopes), many of the available records are of relatively low-  
102 temporal resolution and/or fragmented (e.g. Desprat *et al.*, 2005; Tzedakis *et al.*, 2009). Thus,  
103 our understanding of short-term vegetation change and millennial-scale climatic variability is  
104 still limited. Important advances have been recently made with records from the Iberian  
105 margin (Desprat *et al.*, 2005, 2007; Oliveira *et al.*, 2016, Hes *et al.*, 2022) and new studies have  
106 attempted to increase the resolution of existing records, such as Lake Ohrid (Kousis *et al.*,  
107 2018) and Tenaghi Philippon (Ardenghi *et al.*, 2019). These studies have shown the

108 importance of long records with a high-temporal resolution to better understand the  
 109 amplitude of centennial-scale changes in temperature, precipitation, and the length of cold  
 110 episodes. However, more research is required to understand the responses of vegetation to  
 111 climate and the changes in temperature and precipitation during this transition across the  
 112 Mediterranean region, especially in the southwestern area where only few and fragmentary  
 113 terrestrial records are available (e.g. Atapuerca; Rodríguez *et al.*, 2011).

114 In this study, we present a high-temporal resolution pollen record recovered from the  
 115 ODP Site 976 in the Alboran Sea that encompasses a long timeframe from MIS 12 to MIS 10  
 116 (434–356 ka BP). The continuous, high-resolution pollen data generated in this study allowed  
 117 the study of millennial-scale vegetation changes and comparisons with other high-resolution  
 118 pollen and climatic records in the Mediterranean. This study aims to: (1) provide a new high-  
 119 resolution pollen record encompassing the MIS 12/11 transition; (2) reconstruct regional  
 120 landscape-scale changes in vegetation; (3) highlight patterns of climate variability in the  
 121 Mediterranean region; and (4) discuss hominin subsistence in this context.

122



**Figure 1** – Map showing the modern vegetation distribution (modified from Sánchez Goñi, 2022). The location of ODP Site 976 is indicated with a red star along with other marine (red dots) and terrestrial (black dots) proxy records covering MIS 12 and 11 discussed in the text. For more information about the sites and proxies used see Table 1.

123

**Table 1** – Terrestrial and marine records from the Mediterranean covering MIS 12 and 11.

Site name	Site type	Lat (°N)	Long (°W)	Elevation (m)	Period (ka BP)	MIS stages	Record type	References
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<b>Ioannina</b>	Terrestrial	39.4	20.51	470 asl	500–0	13–1	Pollen	Tzedakis, 1993, 1994; Tzedakis <i>et al.</i> , 1997, 2001
<b>IODP U1385</b>	Marine	37.57	-10,12	2578 bsl	440–365	12a–10c	Pollen, alkenones	Oliveira <i>et al.</i> , 2016
<b>IODP U1386</b>	Marine	36.83	-7,76	561 bsl	433–404	12a–11d	Pollen	Hes <i>et al.</i> , 2022
<b>KC01B</b>	Marine	36.15	17.44	3643 bsl	1200–0	36–1	Foraminifera, $\delta^{18}\text{O}$	Lourens, 2004
					464–419	12c–11c	Foraminifera, $\delta^{18}\text{O}$	Azibeiro <i>et al.</i> , 2021
<b>Kopais</b>	Terrestrial	38.37	23.13	95 asl	500–0	13–1	Pollen	Okuda <i>et al.</i> , 2001
<b>Lac du Bouchet</b>	Terrestrial	44.55	3.47	1200 asl	450–0	12–0	Pollen	Reille and De Beaulieu, 1995
<b>Lac du Pracaux</b>	Terrestrial	44.49	3.5	1100 asl	450–1	12–1	Pollen	Reille and de Beaulieu, 1990 ; Reille and de Beaulieu, 1995 ; Reille <i>et al.</i> , 1998
<b>Lake Ohrid</b>	Terrestrial	41.02	20.42	1514 asl	500–0	13–1	Pollen, foraminifera, $\delta^{18}\text{O}$	Sadori <i>et al.</i> , 2016; Wagner <i>et al.</i> , 2019
					465–430	12a–10c	Pollen, tephra	Kousis <i>et al.</i> , 2018
<b>MD01-2444</b>	Marine	37.33	10.08	2637 bsl	430–0	12–0	Foraminifera, $\delta^{18}\text{O}$ , alkenone	Martrat <i>et al.</i> , 2007
<b>MD01-2446</b>	Marine	39.03	12.37	3570 bsl	545–300	14–9	Foraminifera, $\delta^{18}\text{O}$	Voelker <i>et al.</i> , 2010
					550–290	14–8	Foraminifera, calcareous nanofossil, $\delta^{18}\text{O}$	Marino <i>et al.</i> , 2014
<b>MD01-2447</b>	Marine	42.15	-9.67	2080 bsl	426–394	12–11	Pollen, foraminifera, $\delta^{18}\text{O}$	Desprat <i>et al.</i> , 2005, 2007
<b>MD03-2699</b>	Marine	39.02	10.39	1865 bsl	580–300	15–9	Alkenones	Rodrigues <i>et al.</i> , 2011
<b>ODP975</b>	Marine	38.53	4.3	2415 bsl	1200–0	36–0	Foraminifera, $\delta^{18}\text{O}$	Pierre <i>et al.</i> , 1999; Lourens, 2004
					650–250	16–8	Foraminifera, $\delta^{18}\text{O}$	Girone <i>et al.</i> , 2013
<b>ODP976</b>	Marine	36.12	4.18	1108 bsl	434–357	12a–10c	Pollen	This study
<b>ODP977</b>	Marine	36.01	1.57	1984 bsl	540–300	13c–9a	Foraminifera, calcareous nanofossil, $\delta^{18}\text{O}$	Marino <i>et al.</i> , 2018; Azibeiro <i>et al.</i> , 2021
<b>Sulmona basin</b>	Terrestrial	-	-	360–2000 asl	500–410	13–11	Speleothems, lithology, XRF, CaCO <sub>3</sub> content, carbonate $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$	Regattieri <i>et al.</i> , 2016
<b>Tenaghi Philippon</b>	Terrestrial	41.10	24.2	40 asl	440–330	12–10	Pollen, alkenone, brGDGTs, leaf wax, levoglucosan	Ardenghi <i>et al.</i> , 2019
					1400–0	42–1	Pollen	Tzedakis <i>et al.</i> , 2006
					460–335	12–10	Cryptotephra	Vakhrameeva <i>et al.</i> , 2018

124

125

126 **2. Regional setting**

127 This study used sections of the long marine sequence recovered during Leg 161 of the Ocean  
 128 Drilling Program (ODP) (Shipboard Scientific Party, 1996) from ODP Site 976 in the Western  
 129 Alboran Sea (Fig. 2; 36°12.3'N 4°18.8'W), located about 110 km from the Strait of Gibraltar at  
 130 1108 m water depth (Combourieu-Nebout *et al.*, 1999, 2009; Gonzalez-Donoso *et al.*, 2000).

131 The Alboran Sea, a narrow extensional basin measuring 150 km wide and 350 km in  
132 length (Alonso *et al.*, 1999) is a transitional area between the Mediterranean Sea and the  
133 Atlantic Ocean (Bulian *et al.*, 2022), and represents the westernmost side of the  
134 Mediterranean, bordered by Spain to the north and Morocco to the south.

135 Circulation in the Alboran Sea is strong, mainly due to the water exchange at the Strait of  
136 Gibraltar between the inflow of low-salinity waters from the Atlantic and the outflow of high-  
137 salinity Mediterranean waters, which results in two anti-cyclonic gyres known as the Western  
138 and Eastern Alboran Gyres (WAG and EAG, respectively) (Bulian *et al.*, 2022). ODP976 is  
139 located near the centre of the WAG (Fig. 2).

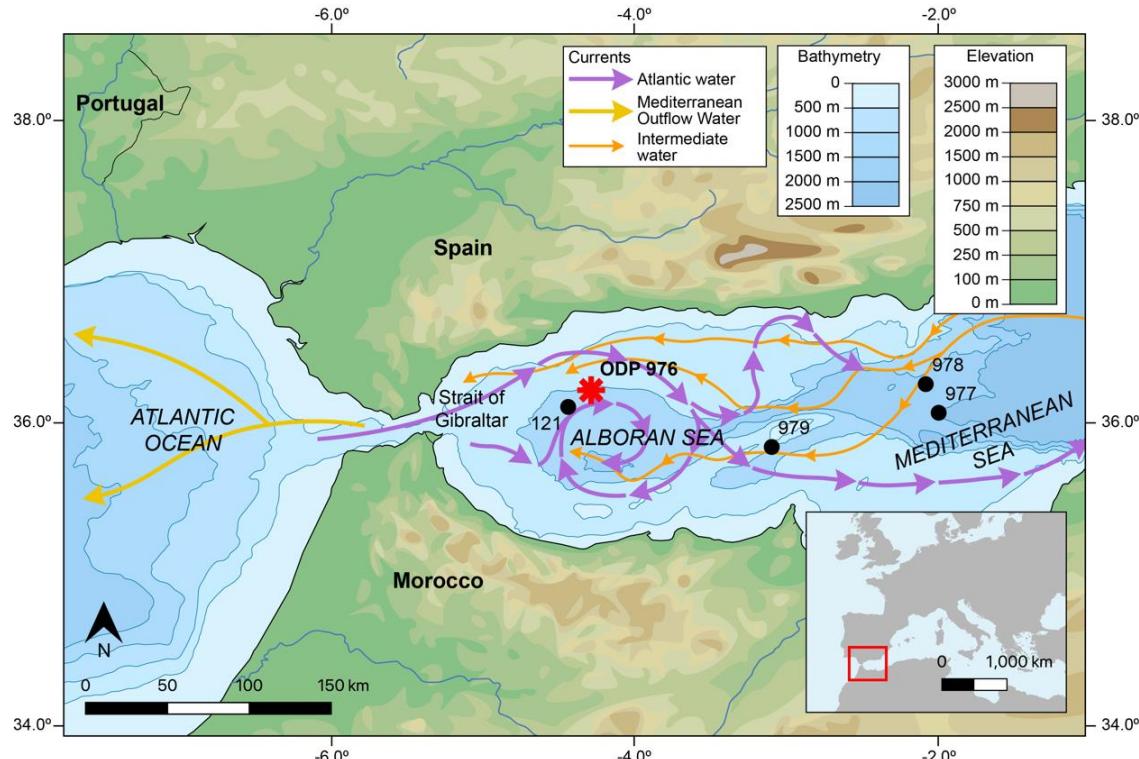


Figure 2 – Map showing the location of ODP Site 976 and the present-day surface and water circulation in the Alboran Sea (modified from Combourieu-Nebout *et al.*, 1999). Other ODP sites are marked with black dots.

140 The climate in this region is Mediterranean and strongly influenced by the Southern  
141 Azores cyclone in summer which results in long, dry summers and mild, rainy winters  
142 (Combourieu-Nebout *et al.*, 1999, 2009). Mean temperatures of the coldest months range  
143 between 10°C near the coast and -7°C at altitudes above 2000 m, while mean temperatures  
144 of the warmest months usually exceed 25°C (Garcia-Gorriz and Garcia-Sanchez, 2007; Parada  
145 and Canton, 1998); annual precipitation ranges between 400 and 1400 mm (Combourieu-  
146 Nebout *et al.*, 2009).

147 The landscape is enclosed by the mountains of the Moroccan Rif and Betic Cordillera,  
148 leading to an altitudinal range of vegetation (Quézel and Medail, 2003). Steppe vegetation  
149 with *Lygeum*, *Artemisia* and a Mediterranean group of taxa including *Olea*, *Phillyrea*, *Pistacia*,  
150 and *Quercus ilex* dominates the coast. This assemblage is replaced by a humid-temperate oak  
151 forest with *Quercus deciduous* and Ericaceae at mid-altitudes, and finally by cold-temperate  
152 coniferous forests with *Pinus* and *Abies* at higher elevations. Currently, *Cedrus* is typically  
153 found in the higher elevations of Morocco (Ozenda, 1975; Rivas Martínez, 1982; Barbero *et*  
154 *al.*, 1981; Benabid, 1982).

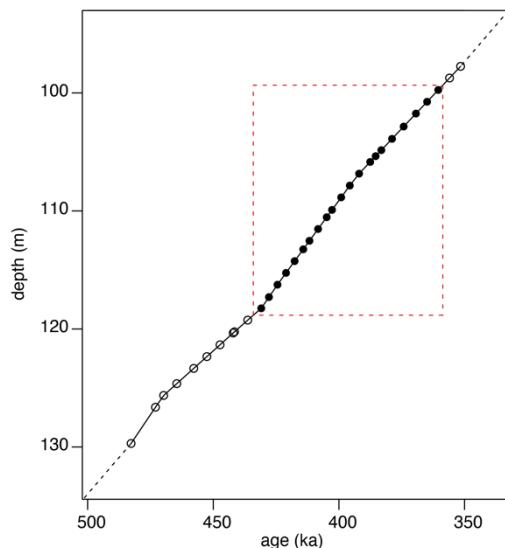
155 The location of ODP976 was chosen because previous studies have shown that the  
156 Western Alboran Sea is particularly sensitive to centennial and millennial climate change due  
157 to its unique exposure to polar tropical and Atlantic influences (Alonso *et al.*, 1999;  
158 Combourieu-Nebout *et al.*, 1999, 2002, 2009; Bulian *et al.*, 2022). It has also been recently  
159 the focus of studies on planktonic foraminifera to investigate MIS 12 and 11 by Marino *et al.*  
160 (2018) and Azibeiro *et al.* (2021), showing the ability of this location to record climatic  
161 variability during this particular period.  
162

### 163 **3. Material and Methods**

#### 164 **3.1 Chronology**

##### 165 **3.1.1 Age model**

166 The chronology for this study has been adopted  
167 from von Grafenstein *et al.* (1999), who  
168 correlated the biostratigraphic marker events in  
169 the study by de Kaenel *et al.* (1999) on ODP976  
170 (i.e. changes in the planktonic foraminifera  
171 *Globigerina bulloides*) with the benthic oxygen  
172 isotope record of Site 659. The ages presented  
173 here are in calendar ka (cal ka), consistent with  
174 the model developed by von Grafenstein (Fig. 3)  
175 and other studies that have adopted this  
176 chronology for the ODP976 core (e.g.  
177 Combourieu-Nebout *et al.*, 2009). Age  
178 interpolation of the record has a maximum age of  
179 433.868 ka BP at 118.8 m and a minimum age of  
180 356.456 ka BP at 98.85 m. Interpolation was achieved with the *interp* function of *tidypalaeo*  
181 on R.  
182



183 **Figure 3 – Age model by von Grafenstein *et al.* (1999).**  
184 Black dots within the red dotted square highlight the  
185 chronological interval adopted for this study.

##### 186 **3.1.2 MIS subdivision**

187 MIS 11 is traditionally divided into three substages: a, b and c (Hrynowiecka *et al.*, 2019). This  
188 subdivision has been adopted by most palynological studies in the Mediterranean (e.g.  
189 Oliveira *et al.*, 2016; Kousis *et al.*, 2018; Ardenghi *et al.*, 2019). Recent palaeoclimatic studies  
190 on MIS 11 in the Northern Hemisphere have introduced two additional substages at the base  
191 of MIS 11 (11d and 11e) based on minor changes in isotopic data (Railsback *et al.*, 2015;  
192 Hrynowiecka *et al.*, 2019). This distinction seems to be highly dependent on the geographical  
193 location of the records, their temporal resolution and the proxies used, and so far only few  
194 records have applied a five-substage subdivision—among pollen studies, this partition has  
195 been used in the North Atlantic off the coast of Iberia, but not in the Mediterranean.  
196 Therefore, we followed the more widely applied nomenclature for MIS 11, defining the base  
197 of the interglacial as MIS 11c.

#### 198 **3.2 Pollen analysis**

199 A total of 141 samples were selected from Holes 976 B13, B12 and C12 of the ODP Site 976  
200 marine core (representing the depths 98–119 m, dated between MIS 12 and MIS 10), at an  
201 average resolution of 10 cm with occasional higher resolution in specific areas of interest.  
Samples were dried and 5 g of sediments were treated following standard methods (Faegri

202 and Iversen, 1989) under 10% HCL, 40% HF and 20% HCL and sieved with a 10 µm sieve  
203 (Combourieu-Nebout *et al.*, 2009). Acetolysis was avoided to preserve dinoflagellates. Two  
204 *Lycopodium* tablets (batch number: 1031) were added to calculate absolute pollen  
205 concentrations (pollen grains per unit of sediment volume).

206 A minimum of 150 grains of total land pollen (TLP) were counted for each sample,  
207 excluding *Pinus* because of their natural overrepresentation in European biomes and marine  
208 records (Fletcher and Sánchez Goñi, 2008; Sánchez Goñi *et al.*, 2009; Sadori *et al.*, 2016), as  
209 well as aquatics (e.g. *Cyperaceae* and *Typha/Sparganium*) and fungal/algae spores (e.g.  
210 *Pteridophyta*). Ecological groups were based on modern climate-vegetation associations and  
211 follow the main groups defined by Suc (1984). Despite having subtropical and temperate  
212 affinities respectively, pollen grains of *Carya* and *Euonymus* were found at very low levels  
213 (<1.3%) and therefore these taxa were included within the Ubiquist group. A target of 20  
214 morphotypes was chosen to ensure an appropriate representation of vegetation  
215 composition.

216 The percentage pollen diagrams were developed using the *Rioja* package in the software  
217 *R* (Juggins, 2020). Taxa were divided into ecological groups representative of specific climatic  
218 conditions (Tab. 2).

219 **Table 2** – Taxa included in each ecological group

Ecological group	Taxa
Riparian	<i>Betula, Alnus, Pterocarya, Fraxinus, Ilex, Salix</i>
Montane	<i>Abies, Picea, Cedrus, Tsuga</i>
Temperate	<i>Acer, Hedera, Carpinus betulus, Corylus, Quercus deciduous, Fagus, Castanea, Juglans, Tilia, Ulmus, Fraxinus ornus</i> type
Mediterranean	<i>Pistacia, Buxus, Quercus ilex, Quercus suber, Olea, Phillyrea, Ostrya carpinifolia, Cistus, Arbutus unedo</i>
Herbaceous	Apiaceae undiff., Asteroidae, Cichorioideae, <i>Helianthemum</i> , Convolvulaceae undiff., Ericaceae undiff., <i>Erica arborea</i> type, Lamiaceae undiff., Liliaceae undiff., <i>Asphodelus</i> , Plantaginaceae undiff., <i>Plantago, Plantago lanceolata</i> , Celastraceae undiff.
Pioneer	Cupressaceae undiff., <i>Juniperus, Centaurea, Centaurea scabiosa, Centaurea cyanus</i>
Steppic	<i>Artemisia, Chenopodiaceae</i> undiff., <i>Ephedra distachya, Ephedra fragilis</i> , Poaceae undiff., <i>Paronychia/Herniaria, Lygeum</i>
Ubiquists	Brassicaceae undiff., Gentianaceae, Campanulaceae undiff., Caryophyllaceae undiff., Cistaceae undiff., Dipsacaceae undiff., <i>Scabiosa, Knautia</i> , Euphorbiaceae undiff., Fabaceae undiff., Geraniaceae undiff., <i>Carya, Euonymus, Ranunculaceae</i> undiff., Rosaceae undiff., Rubiaceae undiff., Saxifragaceae undiff., Solanaceae undiff., Urticaceae undiff.
Aquatics	<i>Typha/Sparganium, Isoetes</i> type, <i>Cyperaceae</i> undiff., <i>Thalictrum, Nymphaea</i>

220 type = plausible taxonomic attribution based on morphology

221 undiff. = undifferentiated

### 222 3.3. Statistical methods

223 Zonation in the pollen diagram was achieved by using the Constrained Incremental Sum-of-  
224 Squares (CONISS) cluster analysis method, based on the TLP. Zone 976-VIII-10 was added  
225 manually, based on visual observation of the CONISS results and changes in the pollen  
226 assemblage which needed highlighting. To help visualise the results from the pollen analysis,  
227 Principal Component Analysis (PCA) was implemented using PAST (Paleontological Statistic)  
228 (Hammer *et al.*, 2001). PCA plots show the distribution of samples and the loadings of the  
229 ecological groups, achieved by summing the percentages of the taxa in each group (table 2).

### 230 4. Results

#### 231 4.1 Pollen analysis

232 Pollen analysis on the marine sequence ODP976 produced a high-resolution continuous  
233 record spanning the timeframe between 434 and 356 ka BP (MIS 12 to MIS 10), with an  
234 average temporal resolution of 480 years. A higher average temporal resolution of 128 years  
235 between samples was achieved in the portion representative of the transition MIS 12/11,  
236 while the depths representative of the end of MIS 11 and initiation of MIS 10 have a lower  
237 resolution of 400 years.

238 The average TLP count for each sample was 160.8, and only in 6 samples the target of  
239 150 pollen grains was not reached (75–142 grains). The total sum of counted pollen grains for  
240 all the samples was 22,680 (not including *Pinus*). The average number of taxa included in the  
241 TLP for each sample was 21. In total, 89 pollen taxa were identified. *Pinus* was found to be  
242 overrepresented as in many other studies in the region, with a total sum of 42,061 pollen  
243 grains for all the samples. Absolute concentrations of land pollen (excluding *Pinus*) have a  
244 range of 2,964–76,473 grains/g, with the highest values occurring in two intervals at 116.55–  
245 117.08 m and 107.3–110.1 m. Pollen preservation was good throughout the core considering  
246 its marine origin, with 0.5–9% of pollen considered indeterminable.

247 Pollen zonation through CONISS revealed eight palynologically distinctive zones,  
248 summarised in Table 3. The percentage pollen diagram in Figure 4 shows taxa with  
249 abundances over 5%.

250 Pollen assemblages show a clear shift from a high abundance of *Pinus*, pioneer and  
251 steppic taxa in zone 976-I-12 to an assemblage comprised of temperate and Mediterranean  
252 taxa in zone 976-II-11. In zone 976-III-11, *Quercus deciduous* replaces *Pinus* as the dominant  
253 taxon and temperate and Mediterranean taxa reach their maximum levels. In zone 976-IV-11,  
254 temperate and Mediterranean taxa still represent the dominant proportion of the pollen  
255 assemblage, but towards the top of the zone *Q. deciduous* and *Q. ilex* slowly decline while  
256 *Artemisia*, *Cedrus* and *Pinus* increase. In zone 976-V-11 there is a shift from temperate and  
257 Mediterranean taxa to a higher abundance of *Pinus*, *Cedrus* and steppic taxa. There is a  
258 renewed increase in temperate taxa in zone 976-VI-11, but Mediterranean taxa remain low  
259 and high abundances of *Pinus* and *Cedrus* persist. From zone 976-VII-11 to 976-VIII-10, there  
260 is a continuous decrease in temperate and Mediterranean taxa and an increase in *Pinus*,  
261 montane and steppic taxa.

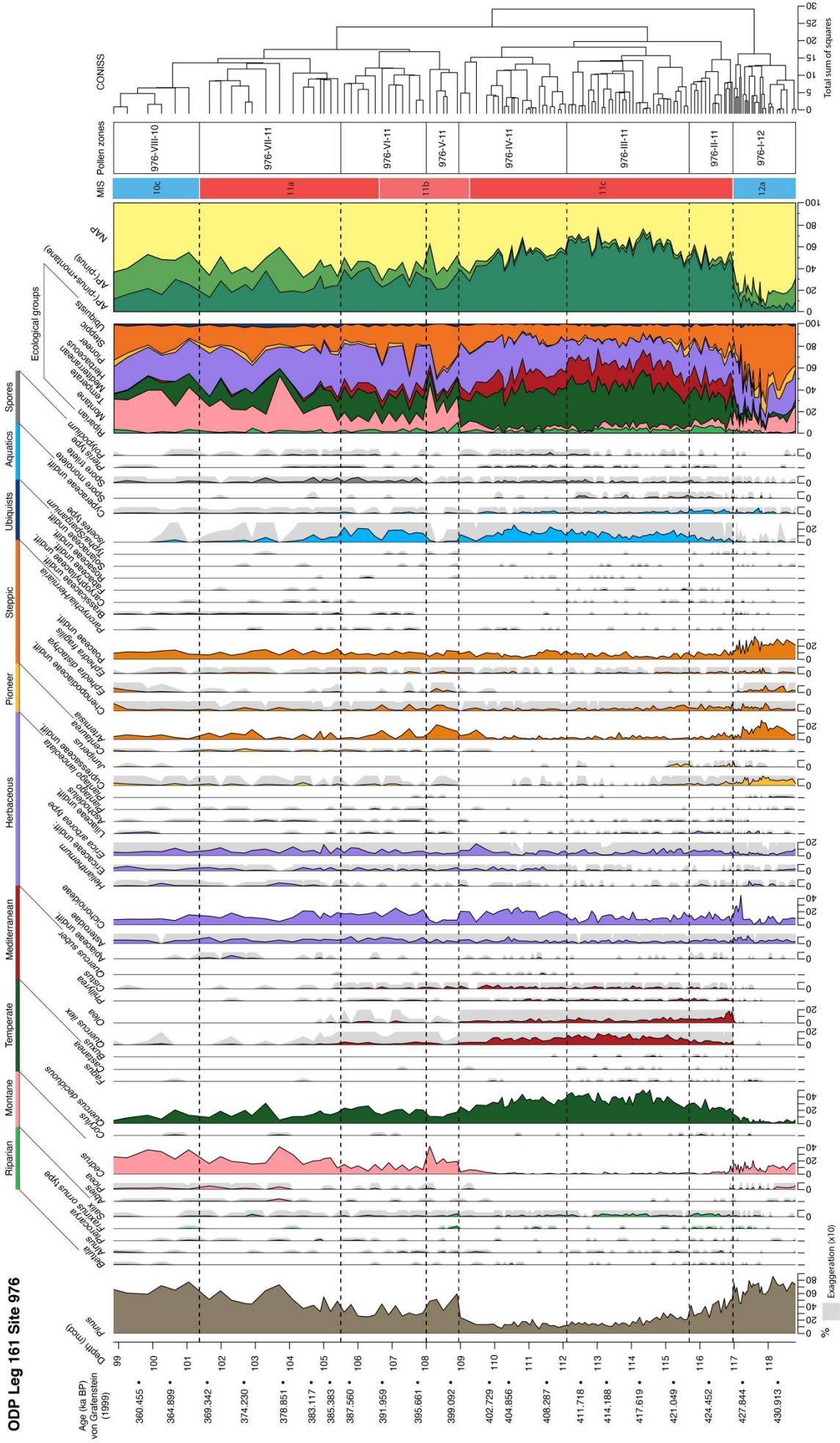
262

**Table 3** – Description of pollen assemblage zones.

Zone	Depth (m)	Age (ka BP)	Pollen description
976-VIII-10	98.85–100.85	356.456–365.343	<i>Pinus</i> reaches abundances up to 77%. <i>Cedrus</i> is very abundant 22–36%. Decrease in temperate taxa ( <i>Q. deciduous</i> 4–20%) and Mediterranean taxa appear only sporadically ( <i>Q. ilex</i> <2%). Herbaceous and pioneer taxa are present at <10%. <i>Isoetes</i> spores decrease and disappear at the end of the zone.
976-VII-11	100.85–105.5	365.343–386.005	Increase in <i>Pinus</i> (>60%), montane ( <i>Cedrus</i> >20%) and steppic taxa ( <i>Artemisia</i> >10%). Decrease in temperate and Mediterranean taxa. <i>Q. deciduous</i> declines (<20%). <i>Q. ilex</i> decreases to <4% and other Mediterranean taxa ( <i>Olea</i> , <i>Cistus</i> ) decline to <2%. Herbaceous taxa are consistently present, and pioneer taxa ( <i>Cupressaceae</i> and <i>Centaurea</i> ) are present at low rates. <i>Isoetes</i> spores decrease to less than 10%.
976-VI-11	105.5–108.95	386.005–399.435	Slight increase in temperate ( <i>Q. deciduous</i> ) and herbaceous taxa ( <i>Cichorioideae</i> ). Mediterranean taxa remain at very low rates ( <i>Q. ilex</i> , <i>Cistus</i> and <i>Phillyrea</i> occur at abundances <5%). <i>Olea</i> appears sporadically at abundances <3%. <i>Pinus</i> (20–40%), <i>Cedrus</i> (15–20%)

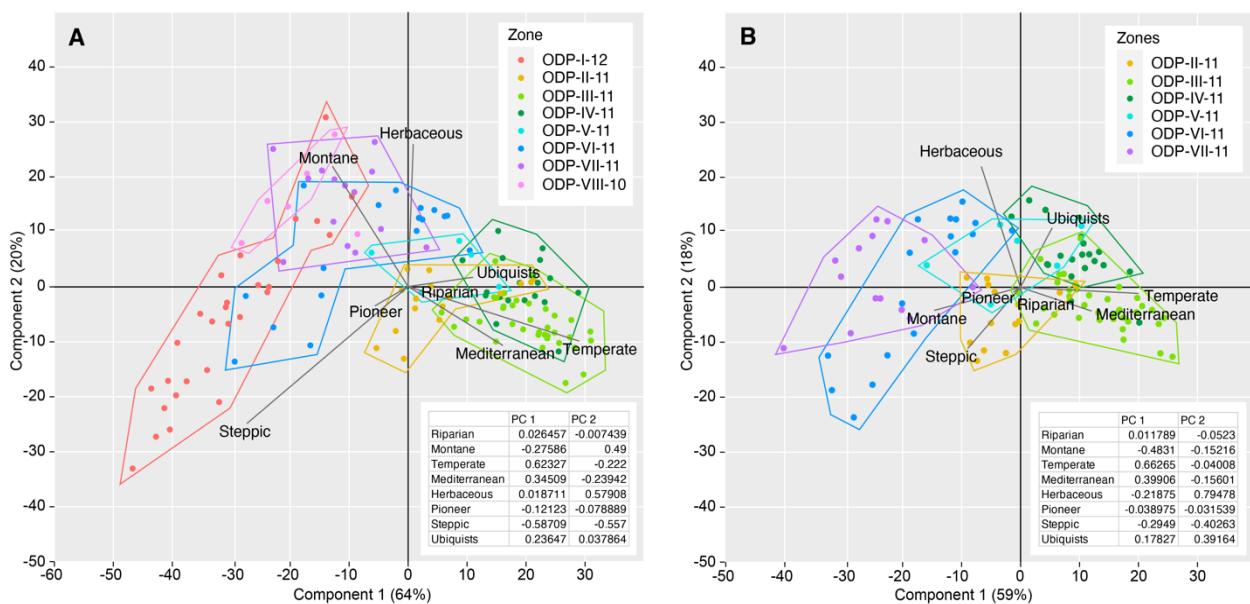
			and steppic taxa ( <i>Artemisia</i> , Chenopodiaceae and <i>Ephedra</i> ) undergo a slight decline but remain dominant. Cupressaceae occur at rates around 3%. <i>Isoetes</i> spores increase, reaching levels around 15%.
976-V-11	108.95– 110.03	399.435– 403.140	Temperate and Mediterranean taxa decline to half their previous abundance ( <i>Q. deciduous</i> 10%, <i>Q. ilex</i> 2%). All other Mediterranean and temperate taxa decrease to near zero values except for <i>Cistus</i> which persists at an abundance of 3-5%. <i>Pinus</i> rises to over 60%. Increase in abundance of montane ( <i>Cedrus</i> 30–40%) and steppic taxa ( <i>Artemisia</i> 20%). Chenopodiaceae and <i>Ephedra</i> also increase. Poaceae remains constantly abundant (10–15%). Herbaceous taxa decrease (Cichorioideae and c.f. <i>Erica arborea</i> ). <i>Isoetes</i> spores decline (<2%).
976-IV-11	110.03– 112.11	403.140– 410.277	<i>Q. deciduous</i> is the most dominant taxon, although it undergoes a steady decline with two significant drops at 111.74m (27%) and 110.28m (23%). <i>Q. ilex</i> decreases in this zone (5-11%). <i>Olea</i> decreases to an average of 4%. <i>Cistus</i> becomes more consistently present (2–6%). <i>Pinus</i> abundances remain low (5–15%) but increase slightly towards the top of the zone (23%). Herbaceous taxa become increasingly prevalent (Asteroideae up to 10%, Cichorioideae average 24%). Steppic taxa (Poaceae) are abundant at the beginning of the zone (up to 14%) before decreasing to <10 5% at the top. <i>Isoetes</i> spores reach their maximum abundance (17–26%).
976-III-11	112.11– 115.89	410.277– 423.227	<i>Q. deciduous</i> is the most abundant taxon (up to 51%), peaking above 45% at 113.02 m, 112.74 m, 112.26 m and 112.16m. <i>Q. ilex</i> also reaches its maximum abundance (peaks >15% at 113.94 m, 113.34 m and 113.02 m). <i>Olea</i> abundance is low but continuous (5–8%). Other Mediterranean taxa including <i>Phillyrea</i> and <i>Cistus</i> occur intermittently. <i>Pinus</i> declines to 15–20%. Abundances of riparian taxa are low, with <i>Salix</i> representing the most continuous taxon. Pioneer and steppic taxa are low (<10%). <i>Cedrus</i> appears intermittently below 2%. Cichorioideae remain abundant (up to 19%). Pioneer taxa abundances are only present sporadically at low abundances, while steppic taxa show continuous abundances. <i>Isoetes</i> spores increase (15–20%).
976-II-11	115.89– 116.93	423.227– 426.648	Temperate and Mediterranean taxa increase rapidly, while the abundances of montane, pioneer and steppic taxa decrease drastically. <i>Pinus</i> declines from 52% to 24%, <i>Cedrus</i> declines to less than 5%. <i>Quercus deciduous</i> increases to 30%. Riparian taxa ( <i>Salix</i> and <i>Betula</i> ) are present at low abundances. <i>Quercus ilex</i> (4–8%) and <i>Olea</i> (6–17%) make up the majority of Mediterranean taxa. Herbaceous taxa are abundant (Cichorioideae 15% and c.f. <i>Erica arborea</i> 8%). Cupressaceae decrease to 1–2%, while steppic taxa decline to <10%. <i>Isoetes</i> spores increase slightly.
976-I-12	116.93– 118.8	426.688– 433.868	<i>Pinus</i> is abundant (46–86%) with a peak at 118.14 m. <i>Cedrus</i> is abundant (up to 17%). <i>Picea</i> and <i>Abies</i> are present. <i>Quercus deciduous</i> is low (< 10%). Mediterranean taxa are mostly absent, except for individual grains of <i>Phillyrea</i> and <i>Cistus</i> . Herbaceous taxa are prevalent throughout, predominantly Cichorioideae (up to 28%). Pioneer (Cupressaceae 10%) and steppic taxa ( <i>Artemisia</i> up to 29%, Poaceae 10–30%, <i>Ephedra distachya</i> and <i>Ephedra fragilis</i> up to 10%) are abundant.

ODP Leg 161 Site 976



**Figure 4** – Pollen percentage diagram for ODP Site 976, showing taxa reaching >5% abundance plotted against depth. On the left, ages (in ka BP) from von Grafenstein *et al.* (1999) are plotted according to meters composite depth (mcd). Synthetic diagrams showing the ecological groups and AP/NAP pollen curves are shown on the right. Pollen zones with CONISS clusterings, and MIS stage equivalents, are shown on the far right. Data for taxa <5% is available in the supplementary data. Grey curves in the background indicate the  $\times 10$  exaggeration.

264 **4.2 PCA analysis**  
 265 PCA of the ecological groups, excluding *Pinus*, aquatics and spores (Fig. 5A), found that PC1  
 266 represents 64% of the total variance while PC2 represents 20%. Samples appear to be broadly  
 267 clustered according to the zonation produced through CONISS. Zones 976-I-12, 976-VI-11,  
 268 976-VII-11 and 976-VIII-10 are primarily found on the left of the biplot with negative values in  
 269 PC1, and their variance is also represented in PC2 with scores ranging from -30 to 30. These  
 270 samples appear to be influenced mainly by montane (*Cedrus*, *Picea*), steppic (*Juniperus*,  
 271 Poaceae, Cupressaceae) and pioneer groups (*Artemisia*). Zone 976-II-11 is clustered close to  
 272 the centre of the PCA plot, and seems to be influenced primarily by the riparian and pioneer  
 273 taxa (mainly *Ephedra distachya*, Chenopodiaceae and Cupressaceae). Zones 976-III-11, 976-  
 274 IV-11 and 976-V-11 are mostly clustered to the left of the diagram with primarily negative  
 275 scores in PC1 and are limited within a range of -7.5–7.5 in PC2. These zones appear to be  
 276 primarily influenced by temperate and Mediterranean groups (*Q. deciduous*, *Q. ilex*, *Cistus*  
 277 and *Olea*).  
 278 A more focused PCA was also run on the samples from zones 976-II-11 to 976-VII-11  
 279 assumed to represent the MIS 11 interglacial (Fig. 5B), achieved by removing zones  
 280 significantly influenced by montane and steppic taxa (976-I-12 and 976-VIII-10). In this plot,  
 281 PC1 represents 59% of the total variance while PC2 represents 18%. The clustering of the  
 282 samples reveals significant differences between these zones. Zone 976-II-11 remains  
 283 distributed around the middle of the biplot, with predominantly negative scores in PC2 and  
 284 influenced by pioneer, riparian and steppic taxa. Zone 976-V-11 also is distributed closer to  
 285 the centre of the plot, but appears to be more influenced by herbaceous taxa and has more  
 286 positive scores in PC2. Zones 976-III-11 and 976-IV-11 are clustered on the right, although  
 287 zone 976-III-11 is predominantly influenced by temperate and Mediterranean taxa while zone  
 288 976-IV-11 is more influenced by ubiquist taxa. Meanwhile, zones 976-VI-11 and VII are  
 289 distributed to the left and are similarly influenced by herbaceous and montane groups,  
 290 although zone 976-VII-11 has overall more negative scores in PC1.



**Figure 5** – Principal Component Analyses (PCA) of samples from (A) the entire record and (B) samples only from zones 976-II-11 to 976-VII-11, showing their distribution in relation to ecological groups. *Pinus*, aquatics and spores have been omitted from the analysis. Loadings of the ecological groups for PC1 and PC2 are presented in the bottom right of each plot.

291 **5. Discussion**

292 **5.1 Palaeoenvironmental interpretations**

293 Pollen results in the lowermost zone of this record (976-I-12), representing the period  
294 between 434 and 427 ka BP, show that the assemblage is dominated by *Pinus*, high  
295 abundances of steppic and pioneer taxa such as Poaceae, Cupressaceae, *Artemisia*, *E.*  
296 *distachya* and *E. fragilis*, suggesting that a cold climate prevailed in the region consistent with  
297 the MIS 12 glacial period. These conditions would have limited the establishment of  
298 temperate trees leaving a semi-desertic landscape characterised mainly by shrubs at the  
299 lower altitudes of the Mediterranean (Hes *et al.*, 2022). At mid- and higher altitudes, *Pinus*  
300 and other montane taxa (mainly conifers, i.e. *Cedrus* and *Picea*) would have prevailed.

301 An abrupt climatic shift is observed between zones 976-I-12 and 976-II-11, in which *Pinus*,  
302 montane, pioneer and steppic decrease drastically and are replaced by arboreal associations  
303 composed of riparian, temperate and Mediterranean taxa (Fig. 6A). This is a clear indication  
304 of the transition between MIS 12 and 11, observed specifically around 426 ka BP. The onset  
305 of assemblages comprised of *Salix*, *Quercus deciduous*, *Q. ilex* and *Olea* suggests a rapid  
306 climatic amelioration towards a warmer and more humid setting. Particularly, the marked rise  
307 in *Olea* at this time, a genus typical of the thermo-Mediterranean belt and commonly  
308 associated with warm interglacials of the Pleistocene and Holocene (Punt and Blackmore,  
309 1991; Quézel and Medail, 2003), is indicative of a significant rise in temperatures.  
310 Furthermore, the gradual increase in *Isoetes*, a taxon which is related to marshlands and  
311 freshwater, is suggestive of higher precipitation associated with the transition from glacial to  
312 interglacial (Sánchez Goñi *et al.*, 1999). The amplitude of the transition observed in this record  
313 is in line with the overall consensus that Termination V represents an extreme climatic shift  
314 (Droxler *et al.*, 2003).

315 The expansion of the temperate and Mediterranean forest in zones 976-III-11 and IV, and  
316 the consistently low percentages of *Pinus*, pioneer and steppic taxa, correspond to the period  
317 between 423 and 403 ka BP which can be correlated with the long and warm climatic  
318 optimum MIS 11c. The results are consistent with intense warmth and elevated humidity also  
319 recognised in other terrestrial and marine Mediterranean records (Oliveira *et al.*, 2016; Kousis  
320 *et al.*, 2018; Azibeiro *et al.*, 2021). Specifically, the period represented by zone 976-III-11 (423–  
321 410 ka BP) exhibits the highest abundance of temperate and Mediterranean taxa in the entire  
322 record, an assemblage made up mostly of *Q. deciduous*, *Q. ilex*, *Olea*, *Phillyrea* and *Cistus*  
323 occurring along a continuous high abundance of *Isoetes*. This period represents the warmest  
324 phase recorded, consistent with the MIS 11c climatic optimum. This is followed by a gradual  
325 decline in temperate and Mediterranean taxa throughout zone 976-IV-11, representing the  
326 latter part of MIS 11c (410–403 ka BP). Although in decline, the temperate forest still  
327 represents the dominant proportion of the assemblage and the rates of *Q. ilex* are still  
328 relatively high compared to the previous zone. Combined with the high abundances of *Isoetes*  
329 and the low rates of pioneer and steppic taxa, this indicates that the climate was  
330 predominantly warm and wet.

331 The slowly decreasing trends of *Q. deciduous* and Mediterranean taxa and the increase  
332 in *Pinus* and *Cedrus* towards the upper part of zone 976-IV-11, around ca. 400 ka BP, may  
333 indicate the onset of a cooler phase recognised in other studies as MIS 11b (Desprat *et al.*,  
334 2006; Oliveira *et al.*, 2016; Kousis *et al.*, 2018; Ardenghi *et al.*, 2019). In zone 976-V-11, the  
335 shift observed from temperate and Mediterranean taxa to an assemblage comprising *Pinus*,  
336 *Cedrus*, and steppic taxa (*Artemisia*, *Chenopodiaceae*, *E. distachya* and *E. fragilis*) is indicative  
337 of a decline in temperature and an increase in aridity. The persistence of *Q. deciduous* and

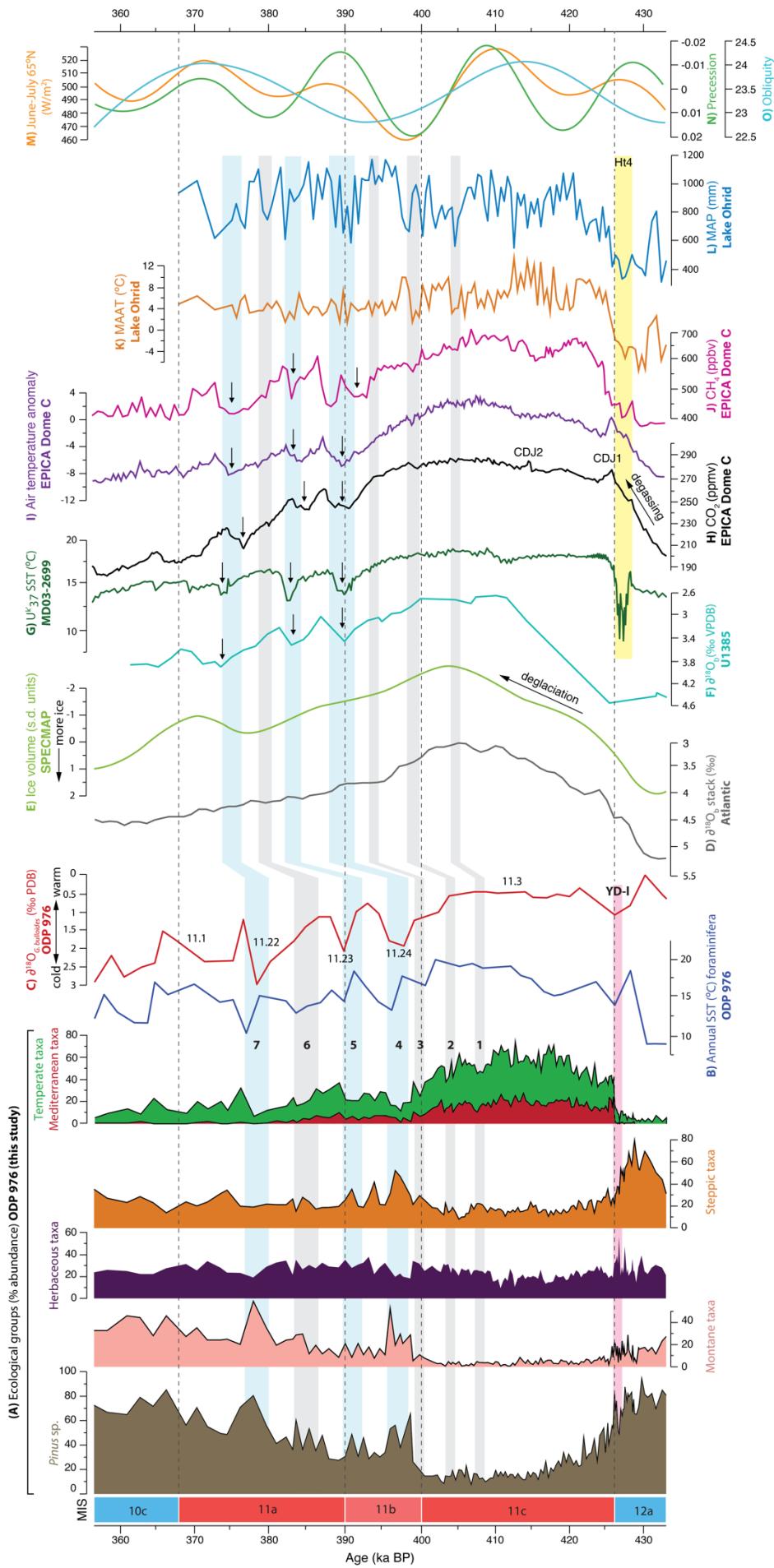
338 some Mediterranean taxa (e.g. *Q. ilex*, *Olea*, *Cistus*, although at abundances <3%) suggest that  
339 the climate was still viable for the presence of humid forests, but not warm or moist enough  
340 to support the high forest cover seen during the optimum, leading to a significant forest  
341 contraction. The expansion of *Cedrus* at mid-altitude, the increase of *Artemisia* and the  
342 decline of *Isoetes* are particularly indicative of a drier climate which would have been too  
343 harsh for temperate and Mediterranean trees, leading to colonisation by conifers and shrubs  
344 typical of a cool period.

345 This cooler phase is followed by a renewed increase in temperate taxa and a minimal rise  
346 in Mediterranean taxa, observed in zone 976-VII-11, indicating a new period of forest  
347 expansion. Together with the increase in *Isoetes*, this may be interpreted as a return of warm  
348 and humid conditions suitable for the expansion of a temperate forest, albeit reduced  
349 compared to the climatic optimum as suggested by the persistently higher abundances of  
350 *Pinus*, *Cedrus* and *Artemisia*. This phase is consistent with the conditions of MIS 11a, which is  
351 often recognised as a period of transition from temperate deciduous to cold mixed forests  
352 (Kousis *et al.*, 2018) indicative of high climatic variability (Candy *et al.*, 2014).

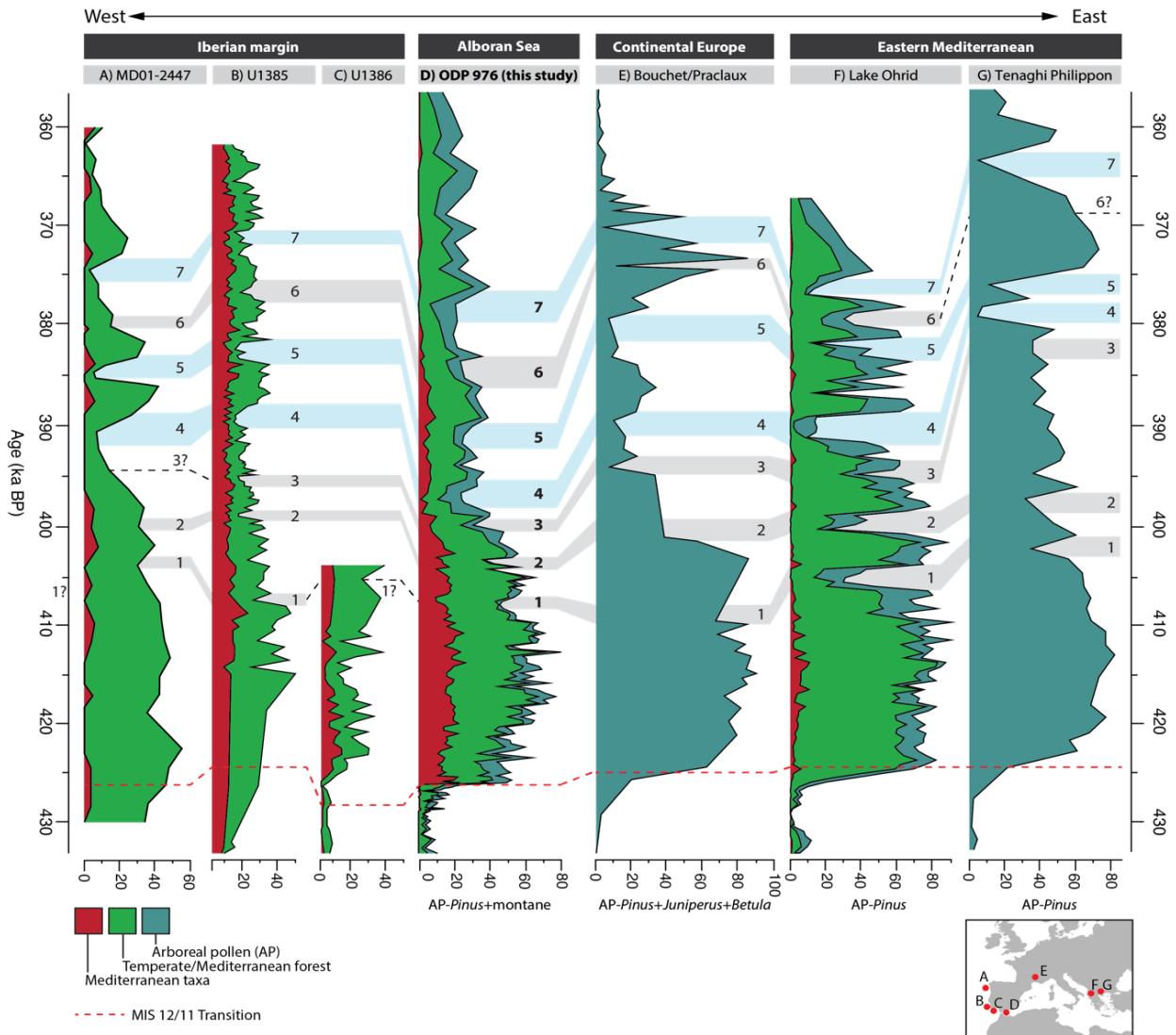
353 The uppermost zones, 976-VII-11 and VIII-10 (386–356 ka BP), encompass the transition  
354 from MIS 11 to the glacial MIS 10. The end of MIS 11a is characterised by large fluctuations in  
355 the temperate and montane forests, with a particular phase of contraction in *Q. deciduous*  
356 and an expansion of *Pinus* and *Cedrus* around 380 ka BP. This particular event occurs without  
357 an increase of steppic and pioneer taxa suggesting that a semi-arid shrubland did not develop  
358 and therefore this was a predominantly cold event not subject to a change in humidity. Such  
359 an increase in conifers, especially *Cedrus*, without a particular increase in semi-desert taxa,  
360 may also signify a probably enhanced wind input from the south of the Alboran Sea associated  
361 with the settling of montane forests in the high-altitudes of the Betic and Rif Arc mountains  
362 (Magri and Parra, 2002; Bout-Roumazeille *et al.*, 2007; Combourieu-Nebout *et al.*, 2009). This  
363 period is followed in zone 976-VIII-10 by a steady decline in *Q. deciduous* and a very sporadic  
364 appearance of Mediterranean taxa, consistent with the long-term cooling trend towards MIS  
365 10 (McManus *et al.*, 2003; Oliveira *et al.*, 2016). *Pinus* and *Cedrus* become the dominant taxa,  
366 accompanied by a rise in Cupressaceae, Chenopodiaceae and *E. distachya*, which is  
367 interpreted as the return of glacial conditions at the onset of MIS 10 around 367 ka BP,  
368 characterised by a predominantly montane forest and herbaceous/steppic assemblages.  
369

## 370 5.2 MIS 12/11 transition

371 The shift in vegetation recorded in ODP976 between 430 and 425 ka BP, characterised by the  
372 sharp transition from *Pinus*, montane and steppic taxa to temperate and Mediterranean  
373 assemblages, represents the period of climatic change from the cold and arid conditions of  
374 MIS 12 to the warm and humid conditions of MIS 11. This transition has been documented in  
375 several palaeoenvironmental and palaeoclimatic records from the Mediterranean (Tzedakis  
376 *et al.*, 2001; Girone *et al.*, 2013; Kousis *et al.*, 2018; Ardenghi *et al.*, 2019; Azibeiro *et al.*, 2021),  
377 the North Atlantic off the Iberian coast (Desprat *et al.*, 2005; Oliveira *et al.*, 2016) and  
378 continental Europe (Reille and de Beaulieu, 1995). The timing of the transition is largely  
379 synchronous across the records in the Mediterranean and North Atlantic and has been  
380 identified between 428 and 424 ka BP (Figs. 6 and 7).  
381



**Figure 6 – Comparison between (A) selected ecological groups from the ODP Site 976 record in this study, and proxies of climatic variability: (B) Annual SSTs from function transfer of foraminiferal assemblages and (C)  $\delta^{18}\text{O}$  of *G. bulloides* from ODP Site 976 (Brice, 2007), with numbered light and heavy isotopic events after Bassinot et al. (1994); (D) Benthic  $\delta^{18}\text{O}$  stack from the Atlantic (Lisicki and Raymo, 2009); (E) Ice volume from SPECMAP stacked  $\delta^{18}\text{O}$  from U1385 (Oliveira et al., 2016); (G) Alkenone SSTs from MD03-2699 (Rodrigues et al., 2011); (H) CO<sub>2</sub> atmospheric concentrations from Antarctic EPICA Dome C ice cores EDC (Nehrbass-Ahles et al., 1984); (F) Benthic  $\delta^{18}\text{O}$  from U1385 (Oliveira et al., 2020); (I) Antarctic air temperature anomaly from Antarctic EPICA Dome C ice core (Jouzel et al., 2007); (J) Methane (CH<sub>4</sub>) atmospheric concentrations from Antarctic ice cores ED (Loutre et al., 2008); (K) Mean annual temperature and (L) Mean annual precipitation reconstructions from Lake Ohrid (Kousis et al., 2018); (M) Summer insolation (Berger and Loutre, 1991). All curves are plotted within their original chronological framework. Numbered bands indicate millennial-scale forest contractions of high (blue bands 1, 2, 3 and 7) and moderate intensity (grey bands 4, 5 and 6). The light pink band indicates the Younger Dryas-like event, while the yellow band highlights the Ht4 event observed in other records.**



**Figure 7** – Comparison of the AP curves and the Mediterranean and temperate ecological groups of high-resolution pollen records from the Mediterranean which encompass MIS 12 and 11: (A) Marine site MD01-2447 (Desprat *et al.*, 2005); (B) Marine site IDOP U1385 (Oliveira *et al.*, 2016); (C) Marine site IODP U1386 (Hes *et al.*, 2022); (D) Marine site ODP 976 (this study); (E) Bouchet/Praclaux (drawn after Reille and de Beaulieu, 1995); (F) Lake Ohrid (Kousis *et al.*, 2018); (G) Tenaghi Philippon (Ardenghi *et al.*, 2019). Coloured bands indicate the millennial-scale forest contraction events identified in Figure 6, and the tentative correlations made with the other records. Dotted line indicates a correlation where no analogue was identified. All records are plotted within their original chronological framework.

383 The changes observed in our pollen record coincide with independent Sea Surface  
 384 Temperature (SST) reconstructions and planktonic  $\delta^{18}\text{O}_{\text{Globigerina bulloides}}$  records derived from  
 385 ODP976 (Fig. 6B and C) by Brice (2007), which show an overall increase from around 9 to 17°C  
 386 between 432 and 427 ka BP, and a drop in  $\delta^{18}\text{O}$  values from 1 to nearly 0‰ around 430 ka BP  
 387 (Brice, 2007). This decrease in  $\delta^{18}\text{O}_{\text{G. bulloides}}$  and the associated rise in SSTs were also detected  
 388 in several other marine records from the North Atlantic and Iberian Margin (e.g. Jouzel *et al.*,  
 389 2007; Voelker *et al.*, 2010; Vázquez Riveiros *et al.*, 2013; Oliveira *et al.*, 2016) as well as in the  
 390 Mediterranean at sites ODP 975 (Girone *et al.*, 2013) and ODP 977 (Azibeiro *et al.*, 2021),  
 391 showing a coeval response of these regions to global climatic change. Specifically, this trend  
 392 is indicative of the inflow of meltwater from the North Atlantic into the Strait of Gibraltar as  
 393 a result of the decrease in ice volume caused by increasing insolation (Hes *et al.*, 2022; Candy

394 *et al.*, 2014), as corroborated by the SPECMAP isotopic stack record (Fig. 6E) (Bassinot *et al.*,  
395 1994; Imbrie *et al.*, 1984).

396 This trend of climatic amelioration is interrupted by an abrupt return to colder and drier  
397 conditions around 428–426 ka BP as evidenced by the sudden decrease SSTs and an episode  
398 of rapid increase in  $\delta^{18}\text{O}_{\text{G. bulloides}}$  (Brice, 2007), which corresponds with a coeval and short-  
399 lived increase in *Pinus*, montane taxa and herbaceous taxa (Cichorioideae) at the expense of  
400 temperate taxa at 427 ka BP, at the interface between MIS 12 and 11 (Fig. 6). Brice (2007)  
401 defines this interval as a Younger Dryas-like event (YD-I), given its resemblance to the event  
402 following the last deglaciation between 12.9 and 11.5 ka BP. Other studies have identified a  
403 prominent cold phase during the transition, and have sometimes referred to as Heinrich-type  
404 event Ht4 (Hodell *et al.*, 2008; Rodrigues *et al.*, 2011; Girone *et al.*, 2013; Marino *et al.*, 2018).  
405 Vázquez Riveiros *et al.* (2013) observed a pulse of enhanced Ice Rafted Debris (IRD) in their  
406 record from ODP980 between 430 and 425 ka BP, synchronous with a sharp reduction in  
407 North Atlantic SSTs, suggesting a substantial ice-rafting event accompanied by a large  
408 production of brine waters during this time. This phase was also recorded by Rodrigues *et al.*  
409 (2011) in their alkenone-derived SST record from core MD03-2699 (Fig. 6G) and by Regattieri  
410 *et al.* (2016) in their  $\delta^{18}\text{O}$  record from the Sulmona basin in central Italy, showing similar  
411 responses in marine and terrestrial records. These events are common in many North Atlantic  
412 records (e.g. McManus *et al.*, 1999; Voelker *et al.*, 2010) and are related to major ice-sheet  
413 instability during periods of climate reorganisation (Regattieri *et al.*, 2016). This phase is also  
414 corroborated by the pollen-based reconstructions by Kousis *et al.* (2018) for Lake Ohrid which  
415 show a decrease in mean annual atmospheric temperatures (MAAT; Fig. 6K) and mean annual  
416 precipitation (MAP; Fig. 6L), and a phase of reduced forest cover in their pollen record at this  
417 site between 430 and 427 ka BP (Fig. 7). However, while the Ht4 stadial recognised in other  
418 records is generally understood as a cold and dry event, the peak of Cichorioideae in our  
419 record leads to the interpretation of a cold but rather humid event in this part of the  
420 Mediterranean. As suggested by several authors (e.g. Vázquez Riveiros *et al.*, 2013; Tzedakis  
421 *et al.*, 2022), the influx of freshwater caused by the deglaciation led to a weakening of the  
422 Atlantic Meridional Overturning Circulation (AMOC), which may have been caused by the  
423 activation of a bipolar see-saw pattern in precipitation between the western and eastern  
424 Mediterranean.

425 The YD-I/Ht4 event decreased the cooling effect of cold water upwelling as a result of the  
426 weakened AMOC, in turn leading to the further warming of Antarctica (Tzedakis *et al.*, 2022).  
427 This is visible in panels H, I and J in Figure 6, which show the steady increase in the  $\text{CO}_2$ , air  
428 temperature and methane ( $\text{CH}_4$ ) records from the Antarctic EPICA Dome C ice cores (Jouzel  
429 *et al.*, 2007; Loulergue *et al.*, 2008; Nehrbass-Ahles *et al.*, 2020). This exceptional warming  
430 and increase in greenhouse gas concentrations may explain the high biosphere productivity  
431 and the major increase in global forest biomass during Termination V (Brandon *et al.*, 2020).  
432 Among the pollen records from the Mediterranean and continental Europe, the onset of MIS  
433 11c is represented by a pronounced phase of forest expansion (Fig. 7). Though the specific  
434 timing of this increase in forest cover is slightly different, possibly due to discrepancies  
435 between chronologies, this response is likely to have been caused by a large uptake of  
436 atmospheric  $\text{CO}_2$  during the degassing period (Tzedakis *et al.*, 2022). The peak in  $\text{CO}_2$  at 426  
437 ka BP—also known as the first ‘Carbon Dioxide Jump’ (CDJ) (Tzedakis *et al.*, 2022)—and the  
438 concomitant peak in Antarctic air temperatures, are particularly important as they correlate  
439 with the dramatic rise in *Olea* and *Q. ilex* at this time in the ODP976 record. This interpretation  
440 is in agreement with pollen-based climatic reconstructions from Lake Ohrid, which suggest a

441 transition towards wetter and warmer conditions at the onset of MIS 11c, evidenced by a rise  
442 in MAAT by 7°C and in MAP by 150 mm at Lake Ohrid (Kousis *et al.*, 2018). The development  
443 of more Mediterranean conditions around the lower latitudes of the Alboran Sea during this  
444 time would have been necessary for the expansion of evergreen forests (Okuda *et al.*, 2001).

445 Regionally, our results are in agreement with palynological records from Lake Ohrid  
446 (Kousis *et al.*, 2018), Tenaghi Philippon (Wijmstra and Smit, 1976; Tzedakis *et al.*, 2006;  
447 Ardenghi *et al.*, 2019) and Bouchet/Praclaux (Reille and de Beaulieu, 1995), which show a  
448 synchronous expansion of forest biomass throughout Termination V. This overall trend is  
449 corroborated by palaeoclimatic data from the North Atlantic and Mediterranean which record  
450 increasing SSTs, CO<sub>2</sub>, CH<sub>4</sub> and a significant drop in  $\delta^{18}\text{O}$ . These patterns are significant because  
451 they demonstrate analogous changes in vegetation in terrestrial and marine records during  
452 this period. Nevertheless, a close comparison with the high-resolution pollen record of Lake  
453 Ohrid reveals that the amplitude of change in Mediterranean vegetation at ODP976 during  
454 the MIS 12/11 transition is significantly greater. This could suggest that the ODP976 record  
455 reflects a warmer and drier climate at the onset of MIS 11c in the southwestern  
456 Mediterranean compared to the Balkan Peninsula where Lake Ohrid is located. Due to the  
457 higher altitude of Lake Ohrid (1514 m asl) and its geomorphological context, however, this  
458 site may be recording a more local signal from a subdued Mediterranean forest, while the  
459 ODP976 marine record is likely to represent a wider regional signal of the vegetation changes  
460 occurring around the Alboran sea.

461

### 462 5.3 MIS 11 vegetation and climatic variability

#### 463 5.3.1 Long-term vegetation and climate change

464 Evaluation of the pollen data indicates that MIS 11c was the warmest substage, characterised  
465 by the maximum forest extent consistent with a climatic optimum between 426–400 ka BP,  
466 observed ubiquitously across palaeoenvironmental and palaeoclimatic records. This substage  
467 is often characterised by the largest expansion of mixed oak forest and Mediterranean taxa  
468 (Fig. 6), concurrent with the results from ODP976. This forest expansion, also referred to as  
469 the ‘Sines’ forest phase in marine records from the Iberian margin (Oliveira *et al.*, 2016; Hes  
470 *et al.*, 2022), reflects the highest degree of warming and seasonal rainfall in the south-western  
471 Mediterranean, and is associated with the light isotopic event MIS 11.3 (see Fig. 6C) as well  
472 as the strongest Northern Hemisphere summer insolation of the interglacial (Fig. 6M)  
473 (Oliveira *et al.*, 2016). The occurrence of warm conditions is particularly supported by the  
474 presence of thermophilous taxa such as *Q. ilex*, *Phillyrea* and *Olea*, which require warm and  
475 dry summers and mild winters (San-Miguel-Ayanz *et al.*, 2016). Similar findings were reported  
476 by Kousis *et al.* (2018) at Lake Ohrid for this period, who showed that annual temperatures  
477 for their site reached up to 9.5°C between 415 and 412 ka BP, with mean temperatures for  
478 the coldest month (MTCO) around 1.5°C, signifying frost-free winters. Our  
479 palaeoenvironmental interpretations correlate well with the highest foraminifera- and  
480 alkenone-based SSTs, maximum concentrations of CO<sub>2</sub> and CH<sub>4</sub> from the EPICA ice cores  
481 (Jouzel *et al.*, 2007; Nehrbass-Ahles *et al.*, 2020), and diminished  $\delta^{18}\text{O}$  (e.g. Voelker *et al.*,  
482 2010; Oliveira *et al.*, 2016). However, the ODP976 record appears to be subject to a temporal  
483 offset from the end of MIS 11c onwards, most possibly caused by differences in dating  
484 methods and the development of more precise chronologies in recent years compared to  
485 what we have adopted from von Grafenstein *et al.* (1999). Thus, the climatic optimum  
486 observed at ODP976 appears shorter than in tuned records where it is usually observed  
487 between ~426 and 396 ka BP (Tzedakis *et al.*, 2022). Nevertheless, our record is in agreement

488 with most proxies which show that the duration of MIS 11c averaged around 30 ka (McManus  
489 *et al.*, 2003; Tzedakis *et al.*, 2022), and the vegetation signatures are comparable with other  
490 pollen records from the region.

491 The exceptional amplitude of response by the temperate and Mediterranean forests to  
492 climatic amelioration observed at ODP976 perpetuates the ongoing debate regarding the  
493 ‘Stage-11 problem’ or the ‘MIS 11 Paradox’ (Imbrie *et al.*, 1984; McManus *et al.*, 2003) which  
494 refers to the disparity between the strong environmental and climatic response to the weak  
495 insolation forcing during this interglacial (Berger and Wefer, 2003). According to Tzedakis *et*  
496 *al.* (2022), the deglaciation during Termination V was significantly prolonged in comparison  
497 to other interglacials, as a result of the weak eccentricity-precession forcing and antiphasing  
498 between precession (Fig. 6N) and obliquity (Fig. 6O)—i.e. the occurrence of two precession  
499 (and insolation) peaks over the course of one obliquity cycle (Tzedakis *et al.*, 2022). This would  
500 have protracted the conditions of the interglacial for a period significantly longer than any  
501 subsequent interglacial, leading to a rise in summer insolation at both polar regions thereby  
502 enhancing the melting of sea ice and allowing more CO<sub>2</sub> outgassing from the North and South  
503 Atlantic (Vázquez Riveiros *et al.*, 2013; Tzedakis *et al.*, 2022).

504 The abundances of temperate and Mediterranean taxa reach a maximum between 420  
505 and 415 ka BP and remain elevated, in our record, until 410 ka BP, after which they begin to  
506 decrease. The long-term forest decline at the end of MIS 11c has also been recorded in other  
507 pollen records (Fig. 7) and has been connected to a decrease in summer insolation, showing  
508 a regional response of vegetation to solar forcing. These trends also resemble the decline in  
509 atmospheric CO<sub>2</sub> and CH<sub>4</sub> records from Antarctica (Jouzel *et al.*, 2007; Louergue *et al.*, 2008)  
510 and the decline in alkenone-based SSTs from the North Atlantic between 415 and 390 ka BP  
511 (Fig. 6).

512 The pollen data in the record ODP976 suggests an overall cooling during substage MIS  
513 11b (400–390 ka BP) and a return of relatively warmer conditions during MIS 11a (390–367  
514 ka BP), though reduced compared to MIS 11c, inferred from the large fluctuations between  
515 temperate and montane forests which suggest significant variability in aridity and  
516 temperature. These changes are in agreement with the patterns observed in many other  
517 palaeoclimatic and palynological records from the North Atlantic and Mediterranean (Candy  
518 *et al.*, 2014) and appear to closely follow changes in summer insolation and can be correlated  
519 with light isotopic events recognised in δ<sup>18</sup>O records (Fig. 6D, E and F), namely 11.24, 11.23  
520 and 11.22 (Desprat *et al.*, 2005; Oliveira *et al.*, 2016). Despite the chronological offset with  
521 other records, the pollen data from ODP976 seems to follow insolation and precession cycles  
522 more closely than other proxies at other sites. For instance, the increase in *Pinus* and montane  
523 taxa during MIS 11b at the expense of temperate and Mediterranean taxa coincides with the  
524 insolation and precession minima at 400 ka BP. This supports the idea that, owing to its  
525 position in the WAG (see section 2), site ODP976 is sensitive to changes in polar tropical and  
526 Atlantic influences caused by climatic variability, and is also a great candidate to observe the  
527 influence of the moderate solar forcing of MIS 11 on vegetation.

528

### 529 5.3.2 Millennial-scale vegetation and climatic variability

530 Following the prolonged and exceptionally stable climatic optimum of MIS 11c, the late part  
531 of MIS 11 is characterised by significant millennial-scale oscillations. Previous studies have  
532 connected these events with changes in the position of the polar front and the distribution of  
533 pressure systems over the North Atlantic during MIS 11 (e.g. Desprat *et al.*, 2007; Oliveira *et*  
534 *al.*, 2018, 2016; Sánchez Goñi *et al.*, 2018; Kousis *et al.*, 2018). Two types of such oscillations

535 have been identified: 1) moderate events characterised by distinct declines in forest cover  
536 with no counterpart in the SST profiles, and (2) high-intensity events marked by contractions  
537 in the temperate and Mediterranean forest synchronous with drops in SSTs and annual  
538 atmospheric temperatures (Oliveira *et al.*, 2016; Kousis *et al.*, 2018). Our pollen data  
539 documented seven of such pronounced forest contractions (marked by the numbered bands  
540 in Figs. 6 and 7), and an attempt has been made to tentatively correlate them with the  
541 changes observed in other records from the Mediterranean and North Atlantic (Fig. 7).

542 Four of such moderate-intensity fluctuations in temperate and Mediterranean forest  
543 abundance have been identified in our record (grey bands) at ca. 408, 404, 400 and 385 ka BP  
544 (events 1, 2, 3 and 6, respectively). The most notable of these oscillations is the first forest  
545 contraction, which marks the end of the MIS 11c climatic optimum and has been identified in  
546 other pollen records from the region at IODP Site U1385 at 408 ka BP (event U1385-11-fe1;  
547 Oliveira *et al.*, 2016), Site MD01-2443 at 406 ka BP (Tzedakis *et al.*, 2009), and at Lake Ohrid  
548 between 406.2–404.5 ka BP (event LO-11-1; Kousis *et al.*, 2018). Although it is difficult to  
549 locate an equivalent event at the lower-resolution pollen records from Bouchet/Praclaux  
550 (Reille and de Beaulieu, 1995) and Tenaghi Philippon (Tzedakis *et al.* 2009) they can be roughly  
551 correlated with drops in arboreal pollen around 408 and 402 ka BP, respectively.

552 Oliveira *et al.* (2016) and Kousis *et al.* (2018) have correlated this first forest contraction  
553 with the “Older Holstenian Oscillation” (OHO) detected in records from Germany, Denmark,  
554 Poland and Britain (West, 1956; Kelly, 1964; Turner, 1970; Kukla, 2003; Koutsodendris *et al.*,  
555 2011, 2012; Tye *et al.* 2016). During the OHO, vegetation in western and northern Europe  
556 underwent similar changes observed at ODP976, characterised by a strong decline in *Quercus*  
557 and *Alnus*. These taxa can tolerate cold conditions but require warm summer and spring  
558 (Dahl, 1998), thus indicating in the record a reduction in the temperatures of the warmest  
559 months. It is thought that the triggering mechanisms of the OHO were similar to the 8.2 ka  
560 event during the Holocene, which was driven by a slowdown of the North Atlantic Deep Water  
561 (NADW) formation as a result of increased discharges of meltwater from the Laurentide lakes  
562 into the North Atlantic (Barber *et al.*, 1999; Ellison *et al.*, 2006). Climate reconstructions from  
563 Lake Ohrid estimate a decrease in MAAT from 8 to 4°C and in MAP from 960 to 550 mm  
564 (Kousis *et al.*, 2018). Suggestions regarding the duration of a colder and drier climate during  
565 the OHO range between 300 and 780 years (Mangili *et al.*, 2007; Tzedakis *et al.*, 2009).  
566 Although its timing is debated (Koutsodendris *et al.*, 2010, 2011, 2012), the detection of a  
567 similar contraction in temperate forests in other records at a similar time despite  
568 chronological discrepancies points towards a synchronous supraregional response to the OHO  
569 and therefore we propose an equivalent interpretation for the changes observed in the  
570 ODP976 pollen data.

571 The high-intensity cooling events identified in our record (events 4, 5, 7) are denoted by  
572 very pronounced contractions in the temperate and Mediterranean groups and marked  
573 increases in *Pinus*, *Cedrus* and steppic taxa. These major cooling events are recognised during  
574 MIS 11b and 11a around ca. 397, 390 and 378 ka BP and are synchronous with the three light-  
575 isotopic events (11.24, 11.23 and 11.22, respectively) documented by Brice (2007) for ODP976  
576 (Fig. 6C). Despite chronological incongruities, equivalent vegetation responses correlated  
577 with abrupt changes in isotopic signatures have been reported by Oliveira *et al.* (2016) at IODP  
578 Site U1385 (Fig. 6F and 7B) at ca. 390 (U1385-11-fe5), 383 (U1385-11-fe6) and 371.5 ka BP  
579 (U1385-11-fe10), interpreted as indicative of the coolest and driest atmospheric conditions  
580 of MIS 11. Similar high-intensity forest contractions have also been documented at MD01-  
581 2447 around ca. 392, 383 and 375 ka BP (Desprat *et al.*, 2005, 2007), at Lake Ohrid around

582 390 (LO-11-4), 382 (LO-11-5) and 377 ka BP (LO-11-7; Kousis *et al.*, 2018), and at Tenaghi  
583 Philippon at 384, 378 and 376 ka BP (Ardenghi *et al.*, 2019). Across all records, the strongest  
584 forest contraction appears to be related to the first light-isotopic event 11.24 (event 4 in  
585 ODP976 at 397 ka BP) which, as indicated by the marked rise in steppic taxa in our record,  
586 appears to be the driest and coolest episode of MIS 11. The other two major forest  
587 contractions, synchronous with events 11.23 and 11.22, do not occur alongside a substantial  
588 rise in steppic assemblages, indicating that they were predominantly cold events not subject  
589 to changes in aridity but still caused a significant strain on temperate oak forests.

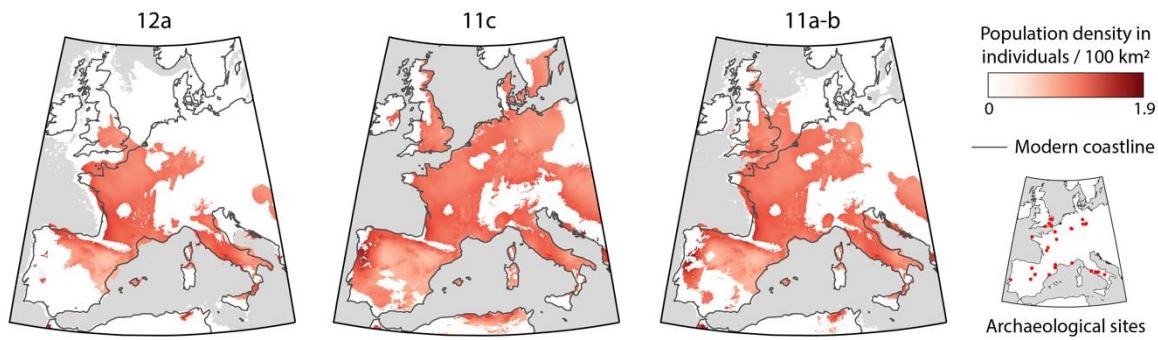
590 These high-intensity events have been linked to changes in the AMOC caused by iceberg  
591 discharges into the North Atlantic which amplified the cooling process at the end of MIS 11  
592 (Oppo *et al.*, 1998; Martrat *et al.*, 2007; Voelker *et al.*, 2010). Concurrent with the three light-  
593 isotopic events, Rodrigues *et al.* (2011) show distinctive reductions to  $\sim 10^{\circ}\text{C}$  in their alkenone-  
594 based SST record from MD03-2699 (fig. 6E). Similarly, climatic reconstructions from Lake  
595 Ohrid show significant drops in MAAT from 8 to  $2^{\circ}\text{C}$ , and reductions in MAP from around 1000  
596 to 600mm, demonstrating coeval cooling on land as well as the sea-surface during these  
597 events which match the changes in assemblages in our ODP976 record. A parallelism can also  
598 be made with the sudden drops in atmospheric  $\text{CO}_2$  and  $\text{CH}_4$  concentrations and air  
599 temperature anomalies from the Antarctic EPICA records (Figs. 6I, J and K) which demonstrate  
600 the response of vegetation in the Mediterranean to global-scale climate change.

601 Some authors (Kandiano *et al.*, 2012; Kousis *et al.*, 2018) proposed that drier conditions  
602 prevailed in the western Mediterranean and north-western Africa during the millennial-scale  
603 climatic events of MIS 11, while wetter conditions occurred in the Balkans, due to the  
604 development of a see-saw pattern in precipitation between the western and eastern  
605 Mediterranean. While latitudinal and altitudinal differences between sites must be taken into  
606 consideration with regard to the climatic reconstructions, abundances of Mediterranean taxa  
607 and representation of local/regional pollen signals, this hypothesis may explain the  
608 differences in the amplitude of change in vegetation to climate variability observed across the  
609 available high-resolution records shown in Figure 7. The changes in forest cover documented  
610 in the marine records from ODP976 and U1385, for instance, remain relatively more subdued  
611 during both moderate- and high-intensity events compared to Lake Ohrid, where  
612 Mediterranean taxa suffer an almost complete disappearance and temperate humid forests  
613 undergo much more severe diebacks. At Tenaghi Philippon, high-intensity events seem to  
614 impact vegetation at a similar rate to Lake Ohrid, although moderate events do not appear to  
615 be as impactful which could be due to the lower altitude of this site (see Tab 1). If the  
616 hypothesis that the Balkans were wetter during MIS 11 was correct, this may suggest that  
617 vegetation in this region may have reacted more intensely to the impact of cool and especially  
618 arid events, while the generally drier conditions in the western Mediterranean and around  
619 the Alboran Sea could have benefitted thermophilous vegetation even during harsher  
620 climates.

621

#### 5.4 Implications for hominin populations

622 Our record from site ODP 976 provides evidence for the strong climatic transition from MIS  
623 12 to MIS 11, which undoubtedly influenced hominin populations across Europe. From  
624 around 426 ka BP, after the MIS 12 glaciation, modelled population distributions show  
625 demographic expansion across Europe (e.g. Blain *et al.* 2021; Rodríguez *et al.*, 2022). The  
626 model by Rodríguez *et al.* (2022), for instance, estimates an increase in total population across  
627 Western Europe from a range of  $\sim 10,000\text{--}90,000$  individuals during MIS 12a to  $\sim 25,000\text{--}$



**Figure 8** - Density of hominin populations across Western Europe during substages MIS 12a, MIS 11c and MIS 11a-b (adapted from Rodríguez *et al.*, 2022).

170,000 individuals during the climatic optimum MIS 11c (Fig. 8). During the transition, archaeological sites show the emergence of new subsistence behaviours and technical innovations (core technologies, increase in light-duty tools), and evidence of an early regionalization of traditions (Moncel *et al.*, 2016, 2020, 2021a,b; García-Medrano *et al.*, 2022a,b). These behavioural changes suggest increased cognition with new skills and social interactions (Moncel *et al.*, 2015; Peretto *et al.*, 2016). The correspondence of such a behavioural threshold with the long and stable climatic amelioration observed during the interglacial MIS 11, especially after the harsh glacial event of MIS 12, leads to the supposition that climatic amelioration may have led to such social and technological innovations. Such a long-lasting interglacial period could have encouraged the expansion of favourable territories for long term occupations of hominins vegetation, fauna and hominin occupation in European temperate and Mediterranean ecosystems (Berger *et al.*, 2003; Raymo and Mitrovica, 2012; Oliveira *et al.*, 2016; Moncel *et al.*, 2018; Blain *et al.*, 2021). In particular, the long and stable climatic optimum of MIS 11c means that hominins would have had a longer time to develop a deeper level of social networks, better understanding of their direct environment and potential uses of raw materials, and possibly the spread of the early use of fire (the burning of fuel in Spain may have only begun after 230 ka BP (Fernández Peris *et al.* 2012), but there is evidence of charcoal dated to MIS 11 found in fireplaces at Terra Amata in France (Lumley, 2016) and Guado San Nicola in Italy (Lebreton *et al.*, 2019)).

The climatic inferences made on the basis of the arboreal expansion in our pollen data coincide with archaeological finds from Caune de L’Arago in the French Pyrenees, where the faunal spectrum for MIS 11 was characterised by an assemblage indicative of temperate conditions, composed of large herbivorous mammals (reindeer, bison, horse and rhinoceros), carnivores (bears, foxes) and rodents (Barsky *et al.*, 2019). Climatic amelioration during Termination V would have increased the availability of large herbivores and facilitated the demographic expansion and mobility of hominins, favouring the diffusion of behavioural innovations observed during this period.

As Szymanek and Julien (2018) and Blain *et al.* (2021) point out, the most favourable conditions for early hominid settlements comprise a moderately warm and humid climate, usually during the early or late parts of an interglacial but not during the thermal maximum. This might suggest that aridity at higher temperatures could have been a limiting factor for early hominin populations. If, as shown by the comparisons of our pollen data with other records in the region, the southwestern Mediterranean was generally more arid than central and eastern Europe, hominins may have preferred to seek areas with greater moisture availability. This may explain why, in the models by Rodríguez *et al.* (2022) (Fig. 8),

664 southwestern Iberia is less densely populated than other parts of Europe. However, the  
665 authors point out that their model is likely to be influenced by the lack of sites with suitable  
666 chronologies in this region, limiting our visualisation of the area actually inhabitable by  
667 humans (see [Santonja and Pérez-González et al., 2010](#); [Yravedra et al., 2010](#); [Carrión et al., 2011](#);  
668 [Finlayson et al., 2011](#); [Santonja et al., 2014, 2016](#); [Altolaguirre et al 2020](#); [Rubio-Jara et al., 2016](#);  
669 [López-García et al., 2021](#); [Moncel et al., 2021a, b](#); [García-Medrano et al., 2022a](#);  
670 [Lockey et al., 2022](#)).

671 Moncel *et al.* (2018) highlight that the Mediterranean has acted as a refugial area for  
672 thermophilous and subtropical taxa throughout the Quaternary. As observed in the ODP976  
673 record, vegetation changes in the southwestern Mediterranean were less intense during  
674 periods of millennial-scale climatic variability at the end of the MIS 11c optimum and during  
675 MIS 11b and 11a. Therefore, it is possible that the persistence of temperate and  
676 Mediterranean vegetation in an 'ecological niche' around the Alboran Sea may have  
677 facilitated the cultural and technological transition during MIS 11 by providing a reliable  
678 source of subsistence. In contrast, during periods of high climatic variability in NW and Central  
679 Europe, hominids would have been affected by the contractions of favourable habitats and  
680 thereby limited the spread of technological innovations ([Kretzoi and Dobosi 1990](#); [Ashton et al 2011](#);  
681 [Ashton and Davis 2021](#); [Rawlinson et al 2022](#); [Hosfield, 2022](#)).

682 The lack of archaeological sites in this region severely limits our ability to test the validity  
683 of this hypothesis, and therefore more work must be undertaken in the southwestern  
684 Mediterranean to build a better picture of the spatial distribution of hominins in the  
685 southwestern Mediterranean during the MIS 12/11 transition. Improving the coverage of  
686 archaeological sites in this region will enable a better understanding of the probability of  
687 interactions and interbreeding with other European populations, in turn shedding a light on  
688 the role of this region in the development of cultural/technological innovations and the  
689 evolution of the Neanderthal lineage.

690

## 6. Conclusions

691 This study presented a new high-temporal resolution palynological record from ODP Site 976  
692 in the Alboran Sea, which encompasses the MIS 12/11 transition and covers the entirety of  
693 MIS 11 until the beginning of MIS 10. Our palynological results provide evidence for the strong  
694 climatic shift from glacial to interglacial. The transition from *Pinus*, montane and steppic taxa,  
695 to an assemblage comprised of forested temperate and Mediterranean taxa, is coeval with  
696 major fluctuations in planktonic records (SST and  $\delta^{18}\text{O}$ ), a sharp increase in Antarctic CO<sub>2</sub> and  
697 CH<sub>4</sub> records. The timing of this shift, observed between 430 and 425 ka BP, was correlated  
698 with other pollen and marine proxy records from the Mediterranean and North Atlantic,  
699 showing a largely synchronous response across the region to global climatic change.

700 A climatic optimum for temperate and Mediterranean taxa is documented between 426  
701 and 400 ka BP, which corresponds with the warm substage MIS 11c identified in previous  
702 palaeoenvironmental and palaeoclimatic records. The data from ODP976 supports the idea  
703 that MIS 11c was an exceptionally prolonged phase, synchronous with maxima in  
704 temperature and precipitation, and consistently high greenhouse gas concentrations, likely  
705 perpetuated by the unique antiphasing between precession and obliquity that characterised  
706 the MIS 11 interglacial.

707 Following the climatic optimum, a slow cooling trend is marked by millennial-scale  
708 climatic variability. These events were recognised as moderate-intensity (no counterpart in  
709 marine proxies) and high-intensity (signature in marine and terrestrial records). Of the

711 moderate climatic oscillations observed in our record, the most notable was linked to the  
712 “Older Holstenian Oscillation” during which a minor forest contraction in temperate forests  
713 is observed almost ubiquitously around 408 ka BP across European pollen records. Three high-  
714 intensity events were identified at ca. 397, 390 and 378 ka BP and were correlated, keeping  
715 chronological uncertainties in consideration, with the light-isotopic events (11.24, 11.23 and  
716 11.22) recorded in  $\delta^{18}\text{O}$  curves from the Mediterranean and North Atlantic, related to changes  
717 in the AMOC. Out of these, possibly the strongest contraction occurred during the insolation  
718 minimum at the onset of MIS 11b, which corresponds to the light isotopic event 11.24. The  
719 amplitude of the vegetation changes observed at ODP976 during the millennial-scale events  
720 may be less intense than what has been previously found in the Balkan Peninsula. This may  
721 be due to the overall aridity of the western Mediterranean compared to the east, which could  
722 have ensured a prolonged resilience of Mediterranean vegetation during colder conditions.

723 The abrupt shift in vegetation during the MIS12/11 transition and the millennial-scale  
724 climatic fluctuations of MIS 11 may be used to infer that hominin populations would have had  
725 to adapt to these climatic changes. Climatic amelioration after the harsh glacial of MIS 12 may  
726 explain the behavioural threshold observed during the course of the long interglacial MIS 11  
727 and internal variations (MIS 11c vs. MIS 11b and 11a). A warmer and wetter climate may have  
728 helped the ancestors of the Neanderthal to develop new strategies (subsistence and  
729 technological), explaining the population increase and the diffusion of these innovations all  
730 over Europe. In the context of the Mediterranean, a generally drier climate during MIS 11  
731 compared to central or eastern Europe could have led to a less variable vegetation cover,  
732 thereby providing a more reliable source of sustenance during periods of climatic oscillation  
733 and thus further facilitating hominin innovations in this period.

734

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745

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