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RESEARCH

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# Low-dose brain irradiation normalizes TSPO and CLUSTERIN levels and promotes the non-amyloidogenic pathway in pre-symptomatic TgF344-AD rats

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## Abstract

Preclinical studies have recently evaluated the impact of low-dose brain radiation therapy (LD-RT) in animal models of Alzheimer's disease (AD) showing anti-amyloid and anti-inflammatory effects of this treatment. Its effectiveness varied, however, depending on the LD-RT protocol used and the stage when the treatment was applied. In this study, we aimed to evaluate the therapeutic potential of 10 Gy delivered in five daily fractions of 2 Gy (a protocol previously shown to induce an improvement of cognitive performances) in 9-month-old TgF344-AD rats, modeling at a pre-symptomatic stage of the disease. We showed that at an early stage, LD-RT was able to lower levels of the 18-kDa translocator protein (TSPO)-mediated neuroinflammation to normal ranges in addition to the secreted CLUSTERIN, another inflammatory protein also involved in A $\beta$  aggregation. In addition, we demonstrated that LD-RT reduces all amyloid forms (~ -60 to -80%,  $P < 0.01$ ; soluble and aggregated forms of A $\beta_{40}$ , A $\beta_{42}$ , and A $\beta_{\text{oligomers}}$ ). Interestingly, we showed for the first time that sAPP $\alpha$  levels were improved by the treatment, showing a higher activation of the non-amyloidogenic pathway, that could favor neuronal survival. The current evidence confirms the capacity of LD-RT to successfully modulate two pathological hallmarks of AD, namely amyloid and neuroinflammation, when applied before symptoms onset.

**Keywords:** Radiotherapy, Alzheimer's disease, Neuroinflammation, Amyloid, Low-dose

## Background

Alzheimer's disease (AD) is a devastating neurodegenerative disease mainly known for its impact on memory abilities of patients. At the molecular level, amyloid plaques and neurofibrillary tangles (NFT) are observed. The amyloid precursor protein (APP) can be cleaved by

the  $\beta$ -secretase, releasing soluble APP $\beta$  (sAPP $\beta$ ) and C99 fragments, which is cleaved by the  $\gamma$ -secretase, liberating pathological A $\beta$  peptides composed by 40–42 amino acids (amyloidogenic pathway). The APP protein can also be sequentially cleaved by the  $\alpha$ -secretase and the  $\gamma$ -secretase releasing the sAPP $\alpha$  and C83 fragments, followed by the P3 and APP intracellular domain (AICD) fragments, preventing the release of A $\beta$  peptides (non-amyloidogenic pathway). During pathology progression, A $\beta$  peptides aggregate and form oligomers, fibrils and ultimately amyloid plaques. Soluble forms of A $\beta$ ,

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including  $A\beta_{\text{oligomers}}$ , are more toxic than plaques themselves [1].

Neuroinflammation is now well described as a key player in AD, and appears as an interesting target to treat Alzheimer's disease [2]. It is characterized by morphological, transcriptomic, and functional changes of astrocytes and microglial cells that become reactive [3–5]. Activated microglia and reactive astrocytes are mostly observed around amyloid plaques [6]. However, some studies described an early increase of neuroinflammatory markers before the appearance of clinical symptoms [7, 8] and even before amyloid plaque formation [9]. The role of neuroinflammation in Alzheimer's disease is still highly debated, and appears complex and dependent of the pathological context (amyloid alone or amyloid and tauopathy) [10, 11]. The overproduction of cytokines and chemokines such as tumor necrosis factor alpha (TNF $\alpha$ ) or interleukins (IL), is a typical response of reactive astrocytes and activated microglial cells to a change in brain homeostasis [12]. This normal protective response become overstimulated in the case of AD, leading to a chronic and certainly deleterious inflammation with disease progression [13].

Moreover, one of the main neuroinflammation biomarker used in clinical research is the 18-kDa translocator protein (TSPO), as it is overexpressed in many brain diseases, including Alzheimer's disease [4, 14–16]. Its cellular origin was firstly defined as purely microglial, but it is now shown that astrocytes and endothelial cells may also participate in TSPO overexpression in inflammatory conditions [17]. In AD, the astrocytic contribution to TSPO overexpression appears even before that of microglial cells [18].

Numerous studies targeting either amyloid, tau or the neuroinflammation failed to effectively stop or revert the disease process in Alzheimer's disease patients [19]. New therapeutic strategies are constantly under development, including low-dose brain radiation therapy (LD-RT). Considered one of the standard treatments of cancer, when delivered at low- to intermediate-doses, radiotherapy has been commonly used to treat a wide range of benign conditions, including amyloid deposits and chronic inflammation diseases [20]. In the brain, different fractionation protocols of LD-RT were tested in mouse and rat models of Alzheimer's disease at variable disease stages and post-treatment phases and the anti-amyloid and the anti-inflammatory effects of LD-RT were confirmed in most studies [21–27]. Indeed, we previously evaluated the therapeutic potential of LD-RT by comparing two different regimens (2 Gy  $\times$  5 fractions delivered weekly or daily) delivered at an advanced stage [24]. We obtained promising therapeutic effects as the memory performances in the TgF344-AD rat model significantly

improved when LD-RT was delivered in five consecutive days. This effect was not accompanied by a reduction of amyloid plaques or neuroinflammation. Consequently, we hypothesized that the disease stage at which LD-RT is delivered might play an important role in the treatment response. To verify this hypothesis, we evaluated in this study the impact of the daily treatment on AD pathology when applied at pre-symptomatic stage in the TgF344-AD rat model. We quantified neuroinflammation markers, poorly and highly aggregated forms of  $A\beta$ , and for the first time we evaluated the effect of LD-RT on the non-amyloidogenic pathway.

## Methods and materials

### Animals

TgF344-AD (TgAD) rats harbor the human APP<sub>swedish</sub> and PS1dE9 transgenes on a Fisher 344 background [28]. Male TgAD rats were treated at 9-month-old using radiation therapy (RT) and analyzed 1-month post-treatment (TgAD-RT,  $n = 12$ ). Sham-treated TgAD (TgAD,  $n = 10$ ) and sham-treated non-transgenic littermates (Wild type; WT,  $n = 10$ ) were used as controls. Animals were housed in a 12-h light–dark cycle, with food and water ad libitum. All experimental procedures were approved by the Ethics Committee for Animal Experimentation of the Canton of Geneva, Switzerland (GE9917). All experiments complied with the Animal Research: Reporting In vivo Experiments (ARRIVE) guidelines.

### Radiation therapy

The right hemisphere of TgAD-RT rats was treated with 10 Gy delivered in five daily fractions of 2 Gy with a 6 MV direct radiation field under anesthesia (2% isoflurane) using a Truebeam<sup>®</sup> Linear Accelerator (Varian Medical Systems) as previously described [29]. Briefly, a simulation computed tomography (CT) of a rat was used to setup the half-brain irradiation using a 4-MV direct field. A 10 mm 3D-printed bolus was manufactured to avoid the presence of the build-up region in the irradiated hemisphere. Daily alignment before each treatment session was verified using a 100 kV cone beam computed tomography (CBCT) acquisition. Sham-treated animals were anesthetized daily to induce the same stress due to handling and anesthesia. Animals were analyzed 1 month after the last treatment session.

### Behavior

Animals underwent behavioral experiments before and 1 month post-treatment.

### Alternative Y maze

The alternative Y maze test was used to assess the spatial working memory before and after LD-RT. Rats

were placed at the extremity of one arm of the device (50 × 50 × 10 cm) and video-tracked for 5 min. The number of good alternation (success to the test) were automatically measured and analyzed with EthoVision software (Noldus). Rats performing less than four entries during the session were excluded.

#### **Open field**

The general locomotion of animals was assessed using the open field test. They were placed at the center of the square area (45 × 45 × 40 cm) and the total distance travelled was automatically measured during 1 h using a video tracking and EthoVision software.

#### **Elevated plus maze**

This test was used to evaluate anxiety-like behaviors. Animals were placed at the center of an apparatus, constituted by 2 open arms (anxiogenic areas; 0 × 50 × 10 cm) and 2 closed arms (50 × 50 × 10 cm), and video-tracked during 5 min. The number of head dipping over the open arms, an index inversely correlated to anxiety, was automatically measured using EthoVision software. Rats performing less than four entries during the session were excluded.

#### **[<sup>125</sup>I]-CLINDE synthesis**

The CLINDE tributyltin precursor (100 μg) in acid acetic (100 μl) was incubated (70 °C, 20 min) with Na<sup>125</sup>I (185 MBq, PerkinElmer) and peracetic acid (37%, 5 μl). [<sup>125</sup>I]-CLINDE was purified using a reversed-phase column and concentrated using a Sep-Pak C18 cartridge in 95% acetonitrile (ACN). Then, ACN was evaporated and [<sup>125</sup>I]-CLINDE was dissolved in saline.

#### **Radioactivity measurement**

[<sup>125</sup>I]-CLINDE has been synthesized following the protocol described elsewhere [17]. Animals were injected with [<sup>125</sup>I]-CLINDE (6.18 ± 0.15 MBq) radiotracer in the tail-vein under anesthesia (2% isoflurane) and kept anesthetized during 1 h. Then, they were euthanized, and the following regions were dissected on ice for each hemisphere separately: hippocampus, frontal cortex and the rest of the brain. Brain samples were weighted and iodine-125 radioactivity level was measured on an automatic γ counting system for each brain region. Brain concentrations were normalized to the weight of tissue of the region of interest. Samples were then snap frozen in liquid nitrogen and stored at −80 °C until use for biochemical measurements. The blood was also collected and centrifuged at 2500g for 5 min to separate the plasma for biochemical measurements.

#### **Protein extraction**

Hippocampi and frontal cortex samples were homogenized by sonication in Triton X100 lysis buffer [50 mM Tris-HCl pH=7.4, 150 mM NaCl, 1% Triton X-100 with 1 × protease and phosphatase inhibitors (Pierce); 300 μl], centrifuged at 20,000g for 20 min at 4 °C. The supernatant contains Triton X100 (Tx)-soluble proteins. The pellet was re-suspended in a guanidine lysis buffer [50 mM Tris-HCl pH=8, 5 M guanidine HCl with 1 × protease and phosphatase inhibitors (Pierce); 180 μl], incubated for 3 h on ice and centrifuged at 20,000g for 20 min at 4 °C. The supernatant contains guanidine (Gua)-soluble proteins.

#### **ELISA tests**

For all ELISA tests, protein concentrations were normalized to the weight of tissue of the regions of interest.

#### **Aβ measurements in hippocampus and plasma samples**

Samples were diluted in diluent provided in the ELISA kit of interest: human Aβ<sub>42</sub> ELISA test (Life Technologies), human Aβ<sub>40</sub> ELISA test (Life Technologies), human Aβ oligomers ELISA test (IBL International). Tx-soluble samples were diluted as follow: 1/10 in the diluent buffer provide in Aβ<sub>40</sub> or Aβ<sub>oligomers</sub> kits, and at 1/150 in the diluent buffer for Aβ<sub>42</sub>. Gua-soluble samples were diluted as follow: 1/320 in guanidine buffer and then at 1/500 in diluent buffer for Aβ<sub>42</sub>; 1/6 in guanidine buffer and then at 1/500 in diluent buffer for Aβ<sub>40</sub>. For plasma, samples were diluted at 1/50 in the diluent buffer of Aβ<sub>40</sub> or Aβ<sub>42</sub> kits. Manufacturer's protocols were followed. Absorbances were measured at 450 nm using the EZ read 400 microplate reader (Biochrom). The absence of amyloid in WT was validated for all forms.

#### **sAPPA and sAPPβ measurements in the frontal cortex samples**

Samples were diluted at 1/10 in the diluent provided in the ELISA kit of interest (Mybiosource). The procedure was performed according to the instructions of the kits. Absorbances were measured at 450 nm using the EZ read 400 microplate reader (Biochrom).

#### **Inflammation markers in hippocampus and plasma samples**

Brain samples were diluted in diluent provided in the kit (Cytokine & chemokine 22-plex Rat ProcartaPlex™ Panel, ThermoFisher Scientific). Brain and plasma samples were loaded in simplicates and the protocol of the manufacturer was followed. Inflammation protein concentrations

were calculated using the MagPix instrument (Luminex, ThermoFisher Scientific).

### Western blot

Twenty  $\mu\text{g}$  of Tx-soluble proteins of the frontal cortex were denatured in  $1 \times$  Laemmli buffer, 2.5%  $\beta$ -mercaptoethanol for 10 min at 70 °C and then migrated with protein ladder (All blue precision plus ladder, Biorad) in Criterion™ TGX™ precast midi protein gel (Biorad) at 150 V for 55 min with the manufacturer's buffer (BioRad). Transfer on LF-PVDF membrane was performed for 7 min at 2.5A constant, and up to 25 V in the manufacturer buffer using the Trans-blot Turbo machine (BioRad). Membrane was saturated in 5% non-fat dry milk/TBST (20 mM Tris, 150 mM NaCl, 0.1% Tween20, pH=7.4) for 45 min and then incubated 48 h at 4 °C with the primary antibody in 5% milk/TBST. Following 3 washes in TBST (10 min, room temperature), the membrane was immersed in the appropriated Alexa Fluor-conjugated secondary antibody in 5% milk/TBST for 90 min. Following 3 washes in TBST (10 min, room temperature), the fluorescence was detected using the iBright imaging system (ThermoFisher Scientific). The same membrane was reused after a new saturation step. Primary antibodies were used as follows: CLUSTERIN (CLU; 1/250, mouse; R&D system), GFAP-Cy3 (1/250, mouse; Sigma), GAPDH (1/5000, rabbit; Cell signaling), SERPINA3N (1/250, rabbit; Invitrogen), STAT3 $\alpha$  (1/250, rabbit; Cell signaling) and appropriated secondary antibodies (Alexa-Fluor 488 or 555; Invitrogen) were diluted at 1/1000. Densitometry analysis was performed using ImageJ to quantify proteins and protein levels were normalized to GAPDH levels. Due to the limited number of wells on a gel, only right hemispheres of control groups (WT and sham-treated animals) were loaded. Uncropped blot images are shown in the Additional file 1.

### RNA extraction and RT-qPCR

Cortical samples were dissected on ice and placed into 400  $\mu\text{l}$  of Trizol. Samples were placed at room temperature for 5 min and 400  $\mu\text{l}$  of chloroform was added for 3 min. After a vortex and centrifugation at 12,000g for 15 min at 4 °C, the aqueous phase was collected and 1 volume of ethanol 70% was added. Samples were then transferred onto RNeasy columns (RNeasy micro kit, Qiagen) and the protocol of the manufacturer was followed. RNA was eluted with 15  $\mu\text{l}$  of nuclease free water. cDNA were synthesized using the SuperScript® VILO™ cDNA synthesis kit (Life Technologies) as describe by the manufacturer. Samples were diluted at 1/10 in H<sub>2</sub>O with 100  $\mu\text{g}/\text{ml}$  BSA and mixed with 250 nM of primers and Platinum SYBR-Green® (Platinum® SYBR® Green qPCR SuperMix-UDG; Life Technologies) for qPCR.

The following sequences of primers were used: *Aif1-F*: CAGAGCAAGGATTTGCAGGGA, *Aif1-R*: CAAACTCCATGTACTTCGTCTTG; *Itgam-F*: CTTGGTGAAACCCGAGTGGT, *Itgam-R*: TCGATCGTGTGATGCTACCG; *Trem2-F*: CCTGTGGGTCACCTCTAACC, *TREM2-R*: GGCCAGGAGGAGAAGAATGG; *Gfap-F*: TTGACCTGCGACCTTGAGTC, *Gfap-R*: GAGTGCCTCCTGGTAACTCG; *Vimentin-F*: AGCTGCACGATGAAGAGATCC, *Vimentin-R*: CATCCACTTCGCAGGTGAGT; *Il1 $\beta$ -F*: CACACTAGCAGGTGTCATCATC, *Il1 $\beta$ -R*: ATGAGAGCATCCAGCTTCAAATC; *Il6-F*: AGAGACTTCCAGCCAGTTGC, *Il6-R*: AGTCTCCTCTCCGGACTIONTGT; *Ccl5-F*: GCAGTCGTCTTTGTCACTCG, *Ccl5-R*: GGAGTAGGGGGTTGCTCAGT; *Tnfa-F*: CAGAGCAATGACTCCAAAGTA, *Tnfa-R*: CAAGAGCCCTTGCCCTAA; *Tgf- $\beta$ -F*: CCTGGAAAGGGCTCAACAC, *Tgf- $\beta$ -R*: CAGTTCTTCTCTGTGGAGCTGA; *Il10-F*: GCAGTGGAGCAGGTGAAGAA, *Il10-R*: GTAGATGCCGGTGGTTCAA; *Il4-F*: AGACGTCCTTACGGCAACAA, *Il4-R*: CACCGAGAACCCAGACTTG; *Ppia-F*: ATGGCAAATGCTGGACCAAA, *Ppia-R*: GCCTTCTTTACCTTCCCAAA. Expression levels of genes of interest were normalized to the abundance of *Ppia* gene with the  $2^{-\Delta\Delta\text{Ct}}$  method.

### Statistical analysis

A sample size analysis with the graphical Douglas Altman's nomogram approach was performed [30] and significant data were reported if  $P \leq 0.05$  and  $\beta < 0.2$ . All analyses were performed in blind conditions. Normality of residues was assessed with the Shapiro–Wilk test. One-way ANOVA and Tukey's post hoc test were used to compare plasma samples and western blot results. If data were not normal, Kruskal–Wallis test was used to compare the three independent groups, followed by Dunn's post hoc comparisons. For other results, two-way ANOVA (Group and Hemisphere as between factors) and Tukey's post hoc test were used to compare the groups. Outliers were identified using the ROUT method (Maximal false discovery rate=1%). All analyses were performed on GraphPad Prism 8. Statistical details are provided in the legend of figures. Results are presented as individual values and mean  $\pm$  SEM.

## Results

### Low-dose radiation therapy decreases neuroinflammation markers.

Nine-month-old TgAD rats were unilaterally treated with 5 consecutive fractions of 2 Gy delivered daily. TSPO levels ( $[^{125}\text{I}]$ -CLINDE binding) were significantly increased in TgAD rats compared to WT in the hippocampus (Fig. 1a), the frontal cortex (Fig. 1b), the striatum (Fig. 1c) and the rest of the brain (Fig. 1d). Interestingly, in

TgAD-RT rats, we observed a restoration of TSPO levels in the irradiated hemisphere (Right hemisphere; R). This TSPO decrease was also observed in the contralateral side (Left hemisphere; L), suggesting that the effect of LD-RT on inflammation was not restricted to the targeted area.

To better understand the mechanism involved in this anti-inflammatory effect, we quantified microglial-specific genes (*Aif1*, *Irgam* and *Trem2*; Fig. 1e) and astrocyte-specific genes (*Gfap* and *Vimentin*; Fig. 1f) in the cortex. No increase of mRNA was observed in TgAD compared to WT rats for microglial genes, suggesting that microglial cells are not reactive yet at this age. However, LD-RT significantly reduced their expression in left and right hemispheres, with a significant higher effect in the treated hemisphere. The expression of the astrocyte-specific genes was significantly increased in TgAD compared to WT mice, showing an astrocytic reactivity. Their expression was reduced in both hemispheres, without difference between ipsi- and contra-lateral sides.

To go further, we consequently quantified astrocyte reactivity markers at the protein level by western blot in the frontal cortex of animals (Fig. 1g–n). We observed an important overexpression of GFAP in TgAD rats compared to WT rats (Fig. 1g, h) but not of SERPINA3 (Fig. 1g, i) and the signal transducer and activator of transcription 3 (STAT3) (Fig. 1g, j), confirming an early but slight induction of astrocyte reactivity at this age. However, LD-RT did not impact GFAP, or the other markers, nor in the treated hemisphere or in the contralateral side.

We also quantified CLU levels by western blot, a protein expressed by astrocytes and known to be involved in A $\beta$  aggregation (Fig. 1k–n). The CLU precursor tended to decrease in sham-treated TgAD rats compared to WT rats (Fig. 1k, l). LD-RT also tended to restore these levels. At the opposite, secreted CLU (sCLU) was increased in TgAD rats compared to WT rats (Fig. 1k, m). Interestingly, LD-RT restored normal levels of sCLU in both

hemispheres. The CLU  $\beta$  chain tends to follow the same pattern than sCLU (Fig. 1k, n).

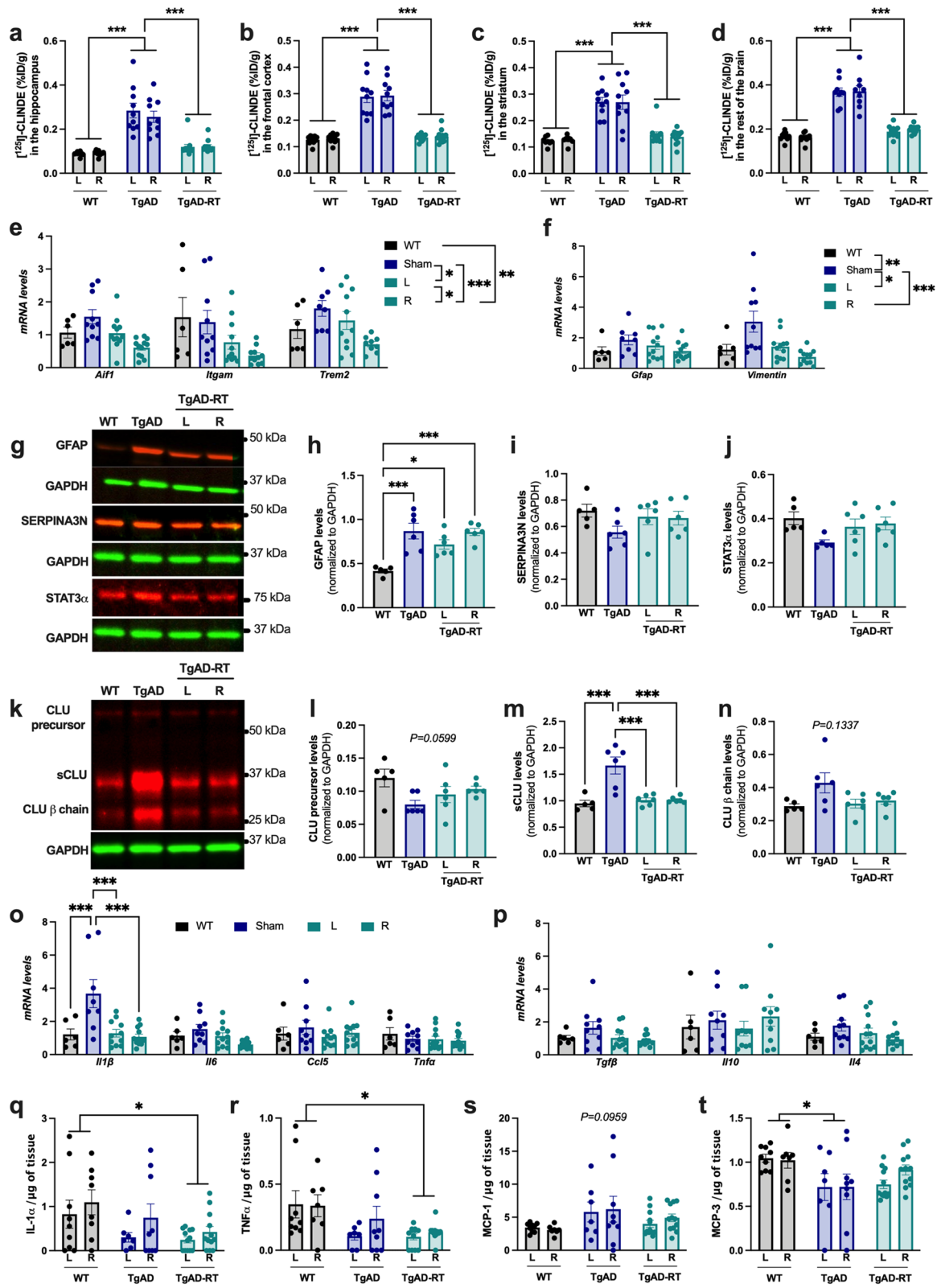
To measure other markers of neuroinflammation, we quantified pro- and anti-inflammatory cytokine-encoding genes. *Il $\beta$*  expression, a gene encoding for a pro-inflammatory cytokine was increased in TgAD compared to WT rats and normalized in both hemispheres by LD-RT (Fig. 1o). All other genes were not differentially expressed between groups (Fig. 1o, p). At the protein level, 22 cytokines/chemokines were quantified in the hippocampus of rats by ELISA. All cytokines/chemokines were detectable in the hippocampus of WT and TgAD rats, excepted GM-CSF and IL-5. Interestingly, the pro-inflammatory cytokines IL-1 $\alpha$  and TNF $\alpha$  were significantly decreased after LD-RT compared to WT animals (Fig. 1q, r). Monocyte chemotactic protein 1 (MCP-1) levels tend to increase in TgAD compared to WT rats, and to be restored by LD-RT (Fig. 1s). MCP-3 levels decreased in TgAD rats compared to WT rats and were restored after LD-RT (Fig. 1t). IL-2, IL-12p70, GRO- $\alpha$  and IL-17 $\alpha$ , were significantly decreased in TgAD rats compared to WT rats but LD-RT did not restore normal levels (*data not shown*). Other cytokine levels were unchanged in TgAD rats compared to control animals. Cytokine/chemokine levels were also quantified in the plasma, but no difference was measured between WT and TgAD animals, nor after LD-RT.

#### Low-dose radiation therapy decreases amyloid load in the hippocampus

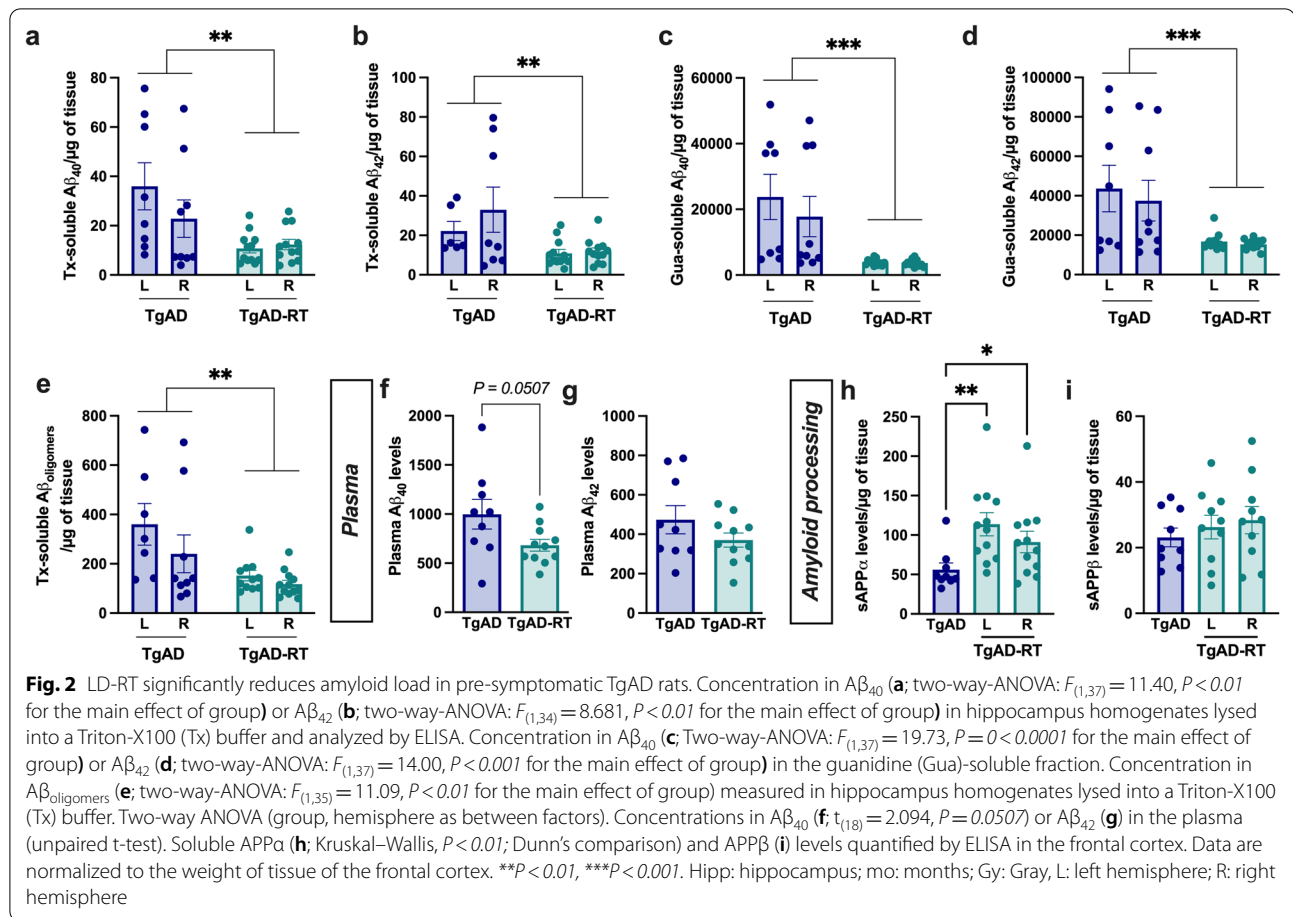
The concentration of different amyloid forms was measured in both hippocampi using ELISA tests 1 month post-treatment or sham irradiation. All Tx- and Gua-soluble forms, representing the soluble/poorly aggregated forms and the highly aggregated forms, respectively, were detectable in the hippocampus of TgAD rats at 10-month-old (Fig. 2a–e). LD-RT drastically reduced Tx-soluble A $\beta$ <sub>40</sub> (–58%, Fig. 2a) and A $\beta$ <sub>42</sub> concentration

(See figure on next page.)

**Fig. 1** LD-RT normalizes TSPO-inflammation and decreases sCLU levels in pre-symptomatic TgAD rats. The right hemisphere of 9-month-old TgAD rats was irradiated with 10 Gy (2 Gy in 5 fractions delivered daily). *Postmortem* analyses were realized 1 month post-treatment. Ex vivo measurement of [<sup>125</sup>I]-CLINDE, a TSPO specific radiotracer, in the hippocampus (**a**; two-way ANOVA:  $F_{(2,29)} = 43.980, P < 0.0001$  for group effect), the frontal cortex (**b**; two-way ANOVA:  $F_{(2,29)} = 57.90, P < 0.0001$  for group effect), the striatum (**c**; two-way-ANOVA:  $F_{(2,27)} = 34.79, P < 0.0001$  for group effect) or in the rest of the brain (**d**; two-way ANOVA:  $F_{(2,28)} = 77.550, P < 0.0001$  for group effect). **e** Quantification of microglial-specific genes by qPCR in the cortex (Two-way ANOVA:  $F_{(3,100)} = 10.47, P < 0.0001$ , for group effect). **f** Quantification of astrocyte-specific genes by qPCR in the cortex (two-way ANOVA:  $F_{(3,69)} = 7.480, P < 0.001$  for group effect). Representing immunoblot (**g**) and quantification of GFAP (**h** One-way ANOVA,  $F_{(3,19)} = 11.72, P < 0.0001$ ), SERPINA3N (**i**), and STAT3 $\alpha$  (**j**) levels in the Triton-soluble fraction of the frontal cortex. **k–m** Representing immunoblot and quantification of the different forms of CLUSTERIN (CLU precursor, one-way ANOVA,  $F_{(3,19)} = 2.933, P = 0.0599$ ; secreted CLU (sCLU), one-way ANOVA,  $F_{(3,19)} = 13.91, P < 0.0001$ ) and CLU $\beta$  chain (Kruskal–Wallis test,  $P = 0.1337$ ) in the Triton-soluble fraction of the frontal cortex. Western blot data are normalized to GAPDH. Quantification of genes encoding for pro-inflammatory cytokines (**o**; Two-way ANOVA:  $F_{(3,138)} = 9.788, P < 0.0001$  for group effect;  $F_{(3,138)} = 6.043, P < 0.001$  for gene effect;  $F_{(9,138)} = 3.748, P < 0.001$ , group x gene interaction) and anti-inflammatory cytokines (**p**; Kruskal–Wallis test) by qPCR in the cortex. **q–t** Pro-inflammatory cytokines levels quantified by ELISA in the hippocampus. Data are normalized to the weight of tissue of the region of interest. Two-way ANOVA: IL-1 $\alpha$ :  $F_{(2,24)} = 3.392, P < 0.05$  for group effect; TNF $\alpha$ :  $F_{(2,27)} = 4.918, P < 0.05$  for group effect; MCP-1:  $F_{(2,27)} = 2.2561, P = 0.0959$  for group effect; MCP-3:  $F_{(2,27)} = 3.988, P < 0.05$  for group effect. Main effects or Tukey's post hoc tests are indicated by \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ . ID: injected dose; L: left hemisphere; R: right hemisphere



**Fig. 1** (See legend on previous page.)



(-42%, Fig. 2b). Notably, this effect was observed in the treated hemisphere but also in the contralateral side. We also analyzed the concentrations of more aggregated forms in the Gua-soluble fractions such as fibrils and amyloid plaques.  $A\beta_{40}$  (-81%, Fig. 2c) and  $A\beta_{42}$  concentrations (-60%, Fig. 2d) were also reduced after treatment in both hemispheres. Moreover, the levels of  $A\beta_{oligomers}$ , known to be the most toxic form in AD, were significantly reduced in LD-RT-treated rats compared to sham-treated TgAD rats (-54%, Fig. 2e). In the plasma, LD-RT tended to also reduce  $A\beta_{40}$  (Fig. 2f) but did not impact  $A\beta_{42}$  levels (Fig. 2g).

To investigate the mechanisms involved in this  $A\beta$  reduction, we measured sAPP $\alpha$  and sAPP $\beta$  fragments to evaluate the effect of LD-RT on the non-amyloidogenic and the amyloidogenic pathways, respectively. LD-RT favored sAPP $\alpha$  levels in both hemispheres compared to sham-treated rats (Fig. 2h), without modifying the amyloidogenic pathway (Fig. 2i).

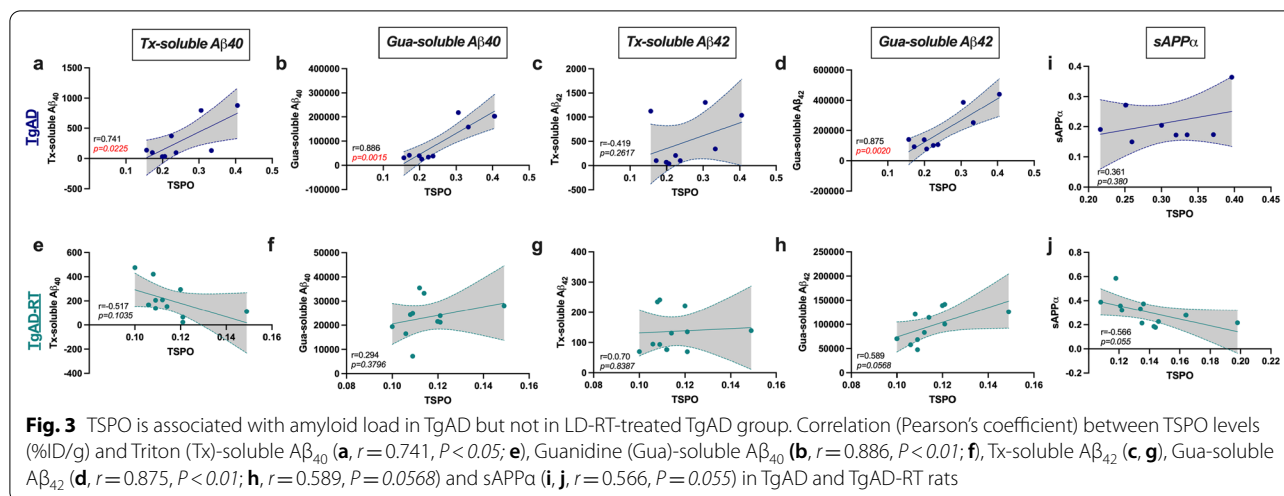
### TSPO upregulation is correlated with amyloid load in sham-treated TgAD rats

Correlation analyses revealed that the TSPO accumulation observed in TgAD was positively correlated with the amount of Tx-soluble  $A\beta_{40}$  (Fig. 3a), Gua-soluble  $A\beta_{40}$  (Fig. 3b), and Gua-soluble  $A\beta_{42}$  (Fig. 3d). However, it was not correlated with Tx-soluble  $A\beta_{42}$  concentration (Fig. 3c). Importantly, those correlations were not observed in the treated group (Fig. 3e–g), expected for Gua-soluble  $A\beta_{42}$ , which almost reached significance (Fig. 3h). At the opposite, sAPP $\alpha$  concentration was not correlated with TSPO levels in TgAD rats (Fig. 3i) but a negative correlation, almost significant, was observed after treatment (Fig. 3j).

### Validation of the preclinical stage before treatment

An evaluation of memory performances was performed before treatment and no memory deficit was observed in TgAD rats compared to WT (Additional file 2a). Moreover, an important increase of anxiety-like behaviors was observed after LD-RT or sham treatment in all groups. Indeed, all rats explore  $28.46 \pm 3.32\%$  less in the open





field after than before treatment/anesthesia (Additional file 2b). A decrease of  $52.31 \pm 11.85\%$  of the head dipping number was also measured (Additional file 2c). These results suggest that the increase of anxiety was not due to the irradiation but seems to be related to the repetitive anesthesia or manipulation of animals. Due to this anxiety increase, rats did not participate to the Y maze test after the treatment session, making impossible to interpret a potential effect of LD-RT on memory.

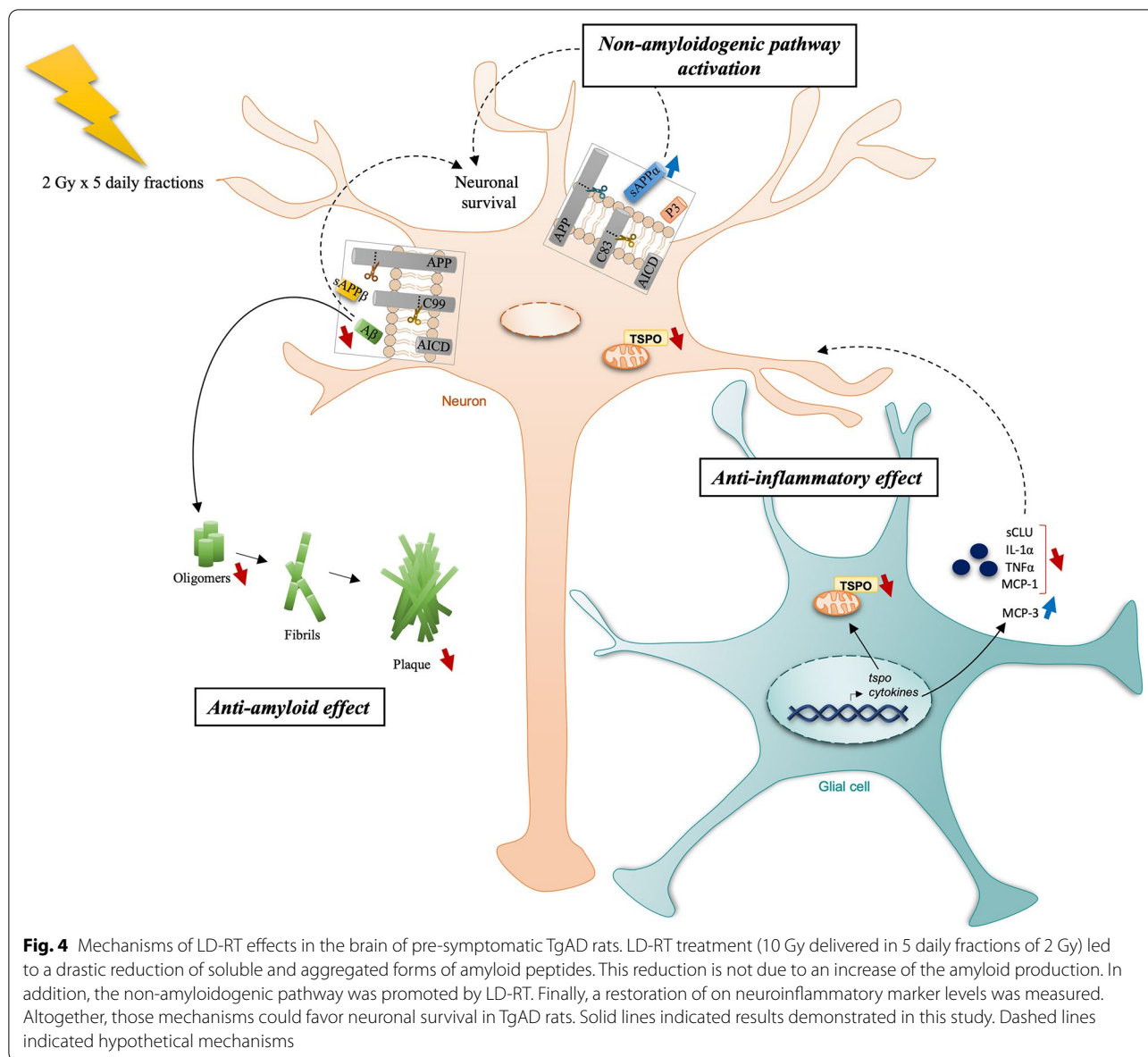
## Discussion

In this study, we evaluated the modulation of key neurochemical hallmarks of AD by a standard schedule of low-dose brain radiation therapy (LD-RT), namely 2 Gy in five fractions delivered daily, in an animal model before symptom onset. Consequently, we did not evaluate the impact of LD-RT on WT animals. A recent study showed this treatment ( $5 \times 2$  Gy daily) did not impact neuroinflammation marker (IBA1 and GFAP) levels in WT mice and did not alter cognitive performances of WT mice in the alternative Y maze test 1-, 2-, 3 or 4 weeks post-treatment [25], showing the safety of this regimen in WT animals. Moreover, we recently showed that this schedule was even able to improve memory deficits when applied at a stage with high amyloid load and neuroinflammation [24]. However, at this advanced amyloid stage, no measurable effects on amyloid plaques and inflammation were observed, possibly because of the severe pathology. Consequently, we evaluated this time the impact of this schedule at a pre-symptomatic stage. Animals were unilaterally treated at 9-month-old and AD hallmarks were assessed 1 month later.

Interestingly, we observed a clear reduction of amyloid load in the hippocampus of treated TgAD rats. This decrease was measured on all forms of A $\beta$ , namely

on soluble or poorly aggregated forms (A $\beta_{40}$ , A $\beta_{42}$  and A $\beta_{oligomers}$ ), known to be the most toxic forms in AD, and on more aggregated forms such as in amyloid plaques (Fig. 4). These results are consistent with the impact of LD-RT described on peripheral amyloid pathologies (see Ceyzériat et al. [20] for a review) and in recent publications studying LD-RT effects in AD mouse models [21–23, 25, 26]. It is also interesting to note that the same treatment in young female 3xTg-AD mice decreased significantly highly aggregated A $\beta_{42}$ , but had only a minor effect on the other forms [26]. The different effect on soluble forms, most pronounced in male TgAD rats than female 3xTg-AD mice at the same pathological stage, could also suggest a sex-dependent response to radiation exposure. Interestingly, it has been proposed that radiosensitivity could be sex-dependent at high doses, with a higher long-term radiosensitivity in females than males [31]. However, this question has been clearly under-investigated, particularly regarding low-dose radiation exposures and further studies are necessary to investigate the impact of sex in the treatment response.

It is also important to highlight that the anti-amyloid effect we observed occurred not only in the treated hemisphere, but was also visible in the contralateral side. This result suggests a mechanism able to diffuse from the treated hemisphere to the other one considering that the out-of-field exposure to LD-RT of the contralateral hemisphere was minimal as previously investigated [29]. It could for example implicate glial cells through the modulation of the release of cytokines, that would influence A $\beta$  production or degradation in the contralateral side [32–36]. Another mechanism involved in cell-to-cell communication could be the translocation of exosomes, known to be produced by neural cells, including astrocytes and microglia [37]. Indeed, irradiation



may impact the secretion, the composition and the uptake of exosomes [38, 39], and a mechanism that may be responsible of extended bystander effects of irradiation in non-targeted area. However, the role of radiation on those modifications is still poorly understood and needs further investigation. In addition, the reduction of  $A\beta_{40}$  and the tendency of reduction of the  $A\beta_{42}$  in the plasma fraction suggests that brain load decrease was not due to a higher clearance of the amyloid in the vascular system after treatment, a mechanism known to be altered in AD [40]. For the first time, we described an increase of sAPP $\alpha$  levels after treatment, showing that the non-amyloidogenic pathway is promoted, without affecting the amyloidogenic pathway. The sAPP $\alpha$  protein

having demonstrated neurotrophic and neuroprotective properties [41], its increase could directly favor neuronal survival (Fig. 4). Moreover, the negative correlation observed in the treated group suggests that the higher production of sAPP $\alpha$  fragment may be directly related to the decrease of TSPO-related neuroinflammation. However, the absence of modulation of sAPP $\beta$  levels shows that LD-RT does not impact  $A\beta$  production and suggests that the decrease of amyloid pathology observed after treatment is due to a modification of the degradation pathways.

The anti-inflammatory effect of irradiation at low doses is known since decades [20]. In our previous study, we did not observe this effect probably because of the too

advanced amyloid pathology all over the brain. Here, we measured a restoration of basal levels of TSPO in the entire brain. This result is in accordance with our previous hypothesis and suggests that treatment should be applied in the early disease phases. Additionally, the bilateral effect also suggests that anti-inflammatory molecules diffuse from the treated hemisphere to the other one to also reduce inflammation in the contralateral side. To further evaluate this hypothesis, we quantified microglia- and astrocyte-specific genes, known to be overexpressed in inflammatory conditions. Interestingly, microglial genes were not yet changed in TgAD rats compared to WT, suggesting that microglial cells are not yet activated at this age. However, astrocytic genes were significantly increased in TgAD rats compared to WT rats, showing an early response of astrocytes compared to microglia in TgAD rats. Interestingly, LD-RT reduced microglial gene expression in both hemispheres but with a higher impact in the treated hemisphere, whereas LD-RT similarly downregulated astrocytic genes in ipsi- and contra-lateral hemispheres. In addition, we previously showed that TSPO overexpression was first linked to astrocytes in this model at 12-month-old and appeared later in microglial cells [18]. Our results and our previous observations consequently suppose that the effects of LD-RT in the contralateral side could be mediated mainly by astrocytes. We consequently evaluated the effect of LD-RT on classical markers of astrocyte reactivity, such as GFAP, SERPINA3N and STAT3 overexpression [42–45]. A clear overexpression of GFAP is indeed observed in sham-treated TgAD rats compared to WT animals, showing that astrocyte reactivity is an early phenomenon, appearing even before memory alterations and is consistent with the literature in animal models [9, 46], but also in patients [7, 8]. Surprisingly, LD-RT did not impact GFAP expression, showing that LD-RT is not able to totally deactivate astrocytes. Nevertheless, the astrocytic response in TgAD rats is slight at this age as we did not observe any upregulation of SERPINA3N and STAT3 levels or an effect of LD-RT on those markers. Interestingly, CLU (also named as Apolipoprotein J), produced and released by astrocytes, has been described as a chaperone protein for A $\beta$ . An increase of CLU is observed in AD patients' brains and has been shown to be early associated with the increase of the amyloid and tau pathology [47]. Dual roles of CLU have been proposed: either CLU binds to A $\beta$  and favors its clearance through the blood brain barrier (BBB), suggesting a protective role, or it could be involved in clearance alteration and A $\beta$  toxicity (see Foster et al. [48] for a comprehensive review). On the other hand, CLU deletion in mice significantly reduced amyloid pathology,

showing its involvement in A $\beta$  aggregation [49]. Moreover, it has been recently proposed that sCLU could play a central role in A $\beta$  toxicity in human iPSC-derived neurons [50]. The restoration of basal sCLU levels observed after LD-RT is consequently consistent with the decrease of A $\beta$  peptides but more studies should be conducted to understand if sCLU decrease is the cause or the consequence of A $\beta$  reduction.

We also looked at cytokine/chemokine production in the brain, as astrocytes are known to overexpress cytokines when they become reactive even if the absolute level of cytokines is mainly produced by microglial cells [5], and that microglial reactivity in the hippocampus has been described only from 15-month-old in this model [51]. As expected, regarding the slight reactive state of astrocytes, only one cytokine-encoding gene was significantly increased in the TgAD rats compared to WT animals. Interestingly, the expression levels of this gene were reduced in both sides of the brain by LD-RT. At the protein level, cytokines were not increased in TgAD rats at this age. Only the pro-inflammatory MCP-1 chemokine, also known as CCL2, tended to increase in TgAD compared to WT rats and to be normalized after LD-RT. MCP-1 and its receptor CCR2 have been considerably studied in AD. An increase of MCP-1 levels in the plasma has been described in longitudinal studies in AD patients, and appears to be correlated with cognitive decline severity [52–54]. Furthermore, MCP-1 overexpression in APP transgenic mice led to an increase of amyloid plaques and memory decline, probably through a modulation of microglial cells [55]. A restoration of normal MCP-1 levels after LD-RT could consequently participate in beneficial effects of LD-RT observed on A $\beta$  and cognition at long term. Furthermore, a restoration of MCP-3 expression pattern was also observed after LD-RT and is accompanied by a reduction of two pro-inflammatory cytokines IL-1 $\alpha$  and TNF $\alpha$  levels (compared to WT mice), even if not increased in TgAD rats at this age, validating the anti-inflammatory effect of LD-RT in the brain (Fig. 4).

Overall, these results suggest that TSPO decrease is an early response to LD-RT without leading to a clear deactivation of astrocytes. It opens the possibility to easily follow this effect in AD patients using TSPO positron emission tomography (PET) imaging. Remarkably, the positive correlation between TSPO levels and the global amyloid load observed in sham-treated TgAD rats is consistent with our previous finding in a mouse model of AD [56]. However, this correlation was not observed after the treatment, suggesting that anti-amyloid and anti-inflammatory mechanisms of LD-RT are two distinct effects. In other words, it supposes that TSPO reduction is not due to amyloid decrease, or vice versa and that LD-RT directly impacts inflammation

and amyloid load. Nevertheless, this does not mean that the anti-inflammatory effect cannot also be involved in the degradation of amyloid through the modulation of astrocyte phagocytic properties, as an example. Further studies are necessary to decipher those mechanisms.

Finally, animals were treated at a pre-symptomatic stage as shown by the absence of alteration of behavioral performances of animals. Nevertheless, after treatment or anesthesia alone, an increase of anxiety-like behaviors was observed in all groups and treated TgAD rats did not participate to the test. This increase of anxiety has been suggested after longer exposure to isoflurane [57, 58], corroborating our hypothesis. Nevertheless, it represents a limitation of our study as it makes impossible the interpretation of LD-RT effect on memory. But due to the absence of memory alteration at this age, no improvement was expected 1 month after treatment. Longer term beneficial effects on cognition should be evaluated in future studies.

In animal models, the different stages of the pathology are well identified, making easier to choose a specific stage for applying the treatment. In addition, the TgF344-AD rat model is based on genetic mutations (as most of preclinical AD models) and are then representative of the familial AD form concerning a few percentages of AD patients (less than 5%). Our preclinical study is a proof of concept showing the clear interest of LD-RT applied in pre-symptomatic phase to decrease neuroinflammation and amyloid load, two key pathological markers observed in AD patients. Defining an equivalent pre-symptomatic at-risk condition in patients would require accurate staging using disease biomarkers and should be specifically validated. Our experiment thus paves the way for other studies which will have to evaluate the limits and effectiveness of LTD-RT, particularly according to the stages of the pathology, in addition to other doses, frequency of delivery, duration and the necessity to repeat the treatment with aging to accurately inform the design of pilot clinical studies in patients.

## Conclusions

In conclusion, our study showed that LD-RT normalized the major forms of amyloid peptides and reduced inflammation markers when the treatment was applied at a pre-symptomatic stage. Interestingly, these effects were observed on both sides of the brain, after a unilateral treatment. Our data suggest that reactive astrocytes may be the mediators of these effects, through the downregulation of cytokine production and release or through a modulation of the secreted CLUSTERIN. Overall, these data pave the way for future research to provide an in-depth characterization of the beneficial

effects of LD-RT on AD. For example, the tauopathy being more related to cognitive decline, it appears important to evaluate the effect of LD-RT on this hallmark as one study showed a reduction after LD-RT, not confirmed by our group [22, 26]. Finally, the maintenance of the beneficial effects on AD markers and cognition must be validated at long term.

## Abbreviations

A $\beta$ : Amyloid peptides; CAN: Acetonitrile; AD: Alzheimer's disease; AICD: APP intracellular domain; APP: Amyloid precursor protein; BBB: Blood brain barrier; CLU: CLUSTERIN; IL: Interleukin; LD-RT: Low-dose brain radiation therapy; G: Guanidine-soluble proteins; Gy: Gray; MCP-1: Monocyte chemoattractant protein 1; NFT: Neurofibrillary tangles; sAPP $\alpha$ / $\beta$ : Soluble APP alpha or beta; sCLU: Secreted CLUSTERIN; STAT3: Signal transducer and activator of transcription 3; TgAD: TgF344-AD rat model; TNF $\alpha$ : Tumor necrosis factor alpha; TSPO: The 18-kDa translocator protein; Tx-soluble: Triton X100-soluble proteins.

## Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12974-022-02673-x>.

**Additional file 2.** Fullblot images.

**Additional file 1.** No memory deficits in 9-months-old TgAD rats.

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## Author contributions

KC, TZ, VG and BBT designed the work. KC and BBT realized the experiments. TZ, NK, GD developed the methodology for radiation treatment. CF, TC, FF provided the CLINDE precursor. KC, TZ, VG and BBT wrote the manuscript. PM, NK, GD, CF, TC, FF and GBF revised it. All authors read and approved the final manuscript.

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## Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

## Declarations

### Ethics approval and consent to participate

All experimental procedures were approved by the Ethics Committee for Animal Experimentation of the Canton of Geneva, Switzerland (GE9917). All experiments complied with the Animal Research: Reporting In vivo Experiments (ARRIVE) guidelines.

**Consent for publication**

None.

**Competing interests**

The authors declare that they have no competing interests.

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