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AQP5, a second gene at play with CFTR in aquagenic palmoplantar keratoderma

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Aquagenic palmoplantar keratoderma (APPK), also known as Aquagenic Wrinkling, is a rare skin disease characterized by transient skin wrinkling with oedema and whitish papules mostly on the palms, rarely on the soles, after water immersion¹. It is frequently observed in patients with cystic fibrosis (CF)² but also occurs sporadically, often in young women. An excess of carriers of variants in the Cystic Fibrosis Transmembrane conductance Regulator (CFTR) gene has been observed in patients and a mild phenotype such as a CFTR-related disorder (CFTR-RD) could be unmasked³. Other genes might be at play, such as the Aquaporin 5 (AQP5) gene, involved in Non-Epidermolytic Bothnian-type palmoplantar keratoderma (NEPPK), which is a permanent condition worsened by water immersion⁴.

We investigated the involvement of AQP5 in 198 patients with an isolated APPK (86.9% of women, 92% of Caucasian ethnicity), including those from our previously published cohort³. Diagnosis was based on clinical examination by a dermatologist and familial data were collected, along with sweat test results when available (Table 1). All patients gave their written informed consent to the genetic studies and had an in-depth CFTR gene study, leading to unmask CF in one and a CFTR-RD in 13. Massive parallel sequencing of the AQP5 coding regions led to identify an AQP5 variant in six patients (3.0%), of whom two also carried a heterozygous CFTR variant (Table 1). Five AQP5 variants are clustered in the cytoplasmic Cterminal tail, where variants implicated in NEPPK are absent from. These C-terminal variants could correspond to a mild form of NEPPK, mimicking APPK. Indeed, NEPPK-causing variants are located in the extracellular end of the water channel or in extracellular loops, thus the mechanism for NEPPK seems to be water conductance dysregulation⁴. On the contrary, the C-terminal AQP5 variants found in this study are expected to moderately impact the 3D structure of AQP5 but they could significantly impair the ability of AQP5 to interact with partners, as well as its subcellular trafficking or stability at the membrane (Fig. 1). Recent studies revealed that AQP5's C-terminal tail is compulsory for AQP5 to pass protein quality controls⁵. Specific interactions between this region and multiple junctional proteins also suggest an influence on cell-to-cell adhesion regulation⁶. Hence, differences in variant location may cause different pathological processes and explain differences in the PPK phenotype. Epidemiological data also support the role of C-terminal AQP5 variants, which are significantly more frequent in patients with APPK than in a control population taken from the GnomAD database⁷ (OR:10.0, 95% CI 4.1 to 24.4, p<0.0001).

The sixth AQP5 variant found in this study, p.Asn125del, located in the membrane-spanning domain, could lead to disturb the overall conformation of the extracellular C-loop, which is

important for optimizing water transport⁸. An effect on the stability of the tetramer could also

be expected, as the extremities of the C-loop interact with each other in the neighboring

monomers.

This study eventually raises the hypothesis of a multifactorial aetiology of APPK, given the

role of CFTR and AQP5 in fluid homeodynamics. Heterozygous CFTR and AQP5 variants

may therefore be risk factors predisposing to APPK. An oligogenic model could account for

the absence of family history of APPK in patients carrying inherited AQP5 variants. It

compels us to consider AQP5 variants, even frequent ones, as potential risk factors, especially

when combined with CFTR variants. Our results prompt searching for permanent PPK, even

if discrete, as well as other cases of PPK in the patients' families. Ultimately, our study

underlines the interest of genetic exploration of APPK, including AQP5 alongside CFTR, for

medical care, genetic counselling of CF and a better understanding of the mechanisms

underlying APPK.

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Figure legend

- **Fig 1.** *AQP5* **variants found in patients referred for aquagenic palmoplantar keratoderma.** 3D structure coordinates were taken from the Protein Data Bank (http: https://www.rcsb.org/) and from the AlphaFold database (https://alphafold.ebi.ac.uk/) and were visualized using Chimera (https://www.cgl.ucsf.edu/chimera/).
- (a): Variants (green balls) are mapped on the AlphaFold2 model of the AQP5 3D structure (AF-P55064-F1-model_v1⁹), colored according to the prediction confidence score (pLDDT>90: blue, 90≥pLDDT>70: cyan, 70≥pLDDT>50: yellow). The cytoplasmic C-terminal tail is predicted as an alpha-helix (yellow). The position of the membrane bilayer was predicted using the PPM server¹⁰. (b): The monomeric model of the full length protein was superimposed on the experimental 3D structure of human AQP5, organized as a tetramer (in grey, pdb 3D9S¹¹, RMSD 0.67 Å). The position of the C-terminal, cytoplasmic helix (shown in yellow on the AlphaFold2 model and absent from the experimental 3D structures (3 other subunits in grey) is predicted to be variable, according to the position of its homologous sequence on the experimental 3D structure of human AQP2 (pdb 4OJ2, not shown).

Table 1: Genotype and clinical data of patients found to carry an AQP5 variant

Patient				Genotype				Clinical data			
number	gender	age at diagnosis	age of onset	AQP5 (NM_001651.4)	maximum allele frequency in gnomAD v3 (population**)	CFTR (NM_000492.4)	class of <i>CFTR</i> variant***	persistant thickening outside of water immersion	symptoms evocative of CFTR dysfunction	family history	background therapy
1	F	30	24	c.739G>A, p.(Glu247Lys) +/-	0.01443 (AFR)	c.1521_1523del, p.Phe508del +/-	CF	yes	sinusitis, intermediate sweat test (33mmol/L)	no	none
2	M	33	18	c.704G>A p.(Arg235His) +/-	0.0009551 (Oth)	-	-	yes	recurrent bronchitis	first degree cousin suffering from APPK	antidepressants
3	M	25	-	c.767G>A, p.(Arg256Gln) +/-	0.02131 (ASJ)	c.1210-34_1210- 6TG[12]T[5] +/-	CFTR-RD	no	no	no	none
4	F	21	-	c.794G>A, p.(Arg265His)+/-	0.0004139 (SA)	-	ı	no	no	no	none
5	F	-	26	c.374_376del, p.(Asn125del)+/-	absent	-	•	yes	no	- mother reports frequent chapping of the hands and had a pneumothorax - cousin suffers from asthma	nasal corticosteroids; sodium cromoglicate (eye drops)
6	F		-	c.728A>G, p.(Tyr243Cys)+/-	0.00005880 (NFE)	<u>-</u>	-	no	no	- testicular cancer (father), ovary cancer (sister), lymphoma (brother)	none

^{*} All variants but c.372_374del, p.(Asn125del) are located in the C-terminal region.

** AFR: African/African American, Oth: Other (population not assigned), ASJ: Ashkenazi Jewish, SA: South Asian, NFE: Non-Finnish European

*** CFTR variants were classified according to the CFTR-France database (https://cftr.iurc.montp.inserm.fr/cgi-bin/home.cgi?)

^{+/-:} heterozygous; CF: CF-causing; CFTR-RD: CFTR-RD causing

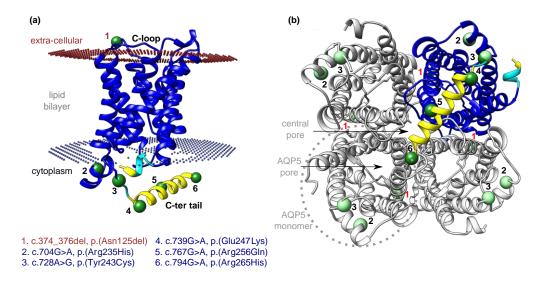


Figure 1