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1 On the long-term delayed strain of concrete structures

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8

9 Abstract

10 Creep and shrinkage of concrete are essential for the safety assessment of large civil engineering  
11 structures. The present paper presents two different approaches to predicting the delayed strain  
12 considering a single material point to represent the structure. The first one is a decoupled approach,  
13 such as design codes, that splits the delayed strain into four components and predicts each of them as  
14 a function of several parameters such as concrete strength. In the second approach, delayed strain is  
15 modeled as the viscoelastic response of concrete to applied external loads and/or internal hygric  
16 stresses. The advantages and inconveniences of both methods are discussed. In the end, delayed  
17 strains of concrete are predicted using these approaches for two examples of real structures: a  
18 prestressed concrete bridge and a mock-up of a biaxially prestressed containment building.

19 Keywords: Concrete (E), Creep (C), Shrinkage (C), Long-term performance (C), Drying

20 1 Introduction

21 For sensitive structures such as prestressed bridges or nuclear containment, the prediction of delayed  
22 deformations is crucial. Indeed, due to these deformations, a loss of prestressing is observed with  
23 structural consequences such as large deflections of bridges [1,2], implying repairs and retrofits, which  
24 increase the likelihood of accidental damage, as was the case with the rupture of the Palau Bridge  
25 [3,4]. In the case of nuclear power plants, the prediction of the delayed deformation is crucial in view  
26 of an extension of the service life [5,6].

27 In the last decade or two, a variety of works have attempted to predict the macroscopic creep or  
28 shrinkage behavior of cement-based materials from the smallest scale by using micromechanics. A  
29 recent benchmark [7] compares for instance the performance of homogenization schemes for  
30 nonaging basic creep of cementitious materials derived by three different groups in the framework of  
31 continuum mechanics. Such homogenization models are also available for ageing creep (see for  
32 instance [8, 9, 10]), to make it possible to predict the creep behavior of cementitious materials from  
33 the early age. Homogenization can also be performed numerically, for instance with the Fast Fourier  
34 Transform [11]. Not only can micromechanics be used to predict macroscopic behavior, it can also be  
35 used to identify creep properties at the lower scale from macroscopic measurements (see, e.g., [7] or  
36 [11]). For what concerns shrinkage, in the same spirit, Aili et al. [12] showed that the macroscopic  
37 material properties that govern autogenous shrinkage can be obtained by homogenization. Other  
38 example, Agofack et al. [13] predict early-age macroscopic shrinkage of cement with a chemo-poro-  
39 elastoplastic model employing homogenization. The goal of micromechanical modeling is to make it  
40 possible to predict macroscopic mechanical behavior from the microstructure and microscopic  
41 mechanical properties, where the microstructure can be obtained for instance from hydration models.

42 Once the microscopic mechanical properties known, homogenization schemes coupled with hydration  
43 models should make it possible to predict macroscopic mechanical properties for a variety of mix  
44 designs, without needing to be calibrated with further experiments for each mix design.

45 There are still discussions about the physical aspects concerning creep and shrinkage. Nevertheless, it  
46 is conventionally admitted in modern codes, at a macroscopic level, that in the absence of drying,  
47 delayed deformation is decomposed into a part of (autogenous) shrinkage (in the absence of  
48 mechanical load) and a part of (basic) creep (which is the additional delayed deformation due to the  
49 presence of mechanical load). Of course, these macroscopic effects are due to phenomena occurring  
50 at smaller scales. Autogenous shrinkage is related to cement hydration, which induces self-desiccation.  
51 Consequently, capillary forces due to the decrease in internal relative humidity could explain the  
52 shrinkage [12, 14]. Note that other hypotheses, such as the existence of colloidal eigenstresses, are  
53 possible [15] and that, maybe, a coexistence of the phenomena exists: the effect of eigenstresses is  
54 particularly significant at early age when the effect of hydration evolves significantly over time.  
55 Concerning basic creep, the main assumption is that basic creep is due to shear slip at overstressed  
56 creep sites [16,17]. It has also been proposed that basic creep originates from microprestress  
57 relaxation [16], local microscopic relaxations [18], or dissolution-precipitation phenomenon [19, 20,  
58 21]. There is still a discussion about these phenomena and their importance because it is very difficult  
59 to quantify their effect. But C-S-H plays a major role in the phenomenon because a back-analysis of  
60 creep tests with different water-to-cement ratios and different supplementary materials shows an  
61 intrinsic viscous behavior, in the sense that the viscous behavior of C-S-H does not depend on mix  
62 design [22].

63 When drying occurs, additional delayed strains are observed, including drying shrinkage and drying  
64 creep. As drying is a diffusive process, the size of the structural elements and the relative humidity  
65 influence the magnitude and kinetics of drying shrinkage and drying creep. On a smaller scale, capillary  
66 forces could also explain the drying shrinkage. For drying creep, two main phenomena should be  
67 considered. The first one is the structural effect since drying is non-uniform and induces cracking at  
68 the surface of the concrete elements in the case of load-free tests [23]. When loading is applied (for  
69 instance, during a creep test or when prestressing is used), thanks to the load, less cracking and hence  
70 a larger delayed deformation due to shrinkage would be measured [24,25]. But the structural effect  
71 could not explain the drying creep amplitude alone, indicating a part of the drying creep is intrinsic to  
72 the material [26]. The origin of this intrinsic part of the drying creep is still discussed. Several  
73 explanations are possible such as the microdiffusion of water [27], the lubricant role of water diffusion  
74 [28, 29], or the coupling between capillary forces and an external loading [30]. Finally, a hygro-  
75 mechanical coupling has been highlighted which can explain a small part of the deformations [31].  
76 Examples of modeling studies based on the multi-scale and multi-physics approach and its application  
77 of the method to real bridges are presented in Maekawa's pioneering work [32,33] and other examples  
78 [34, 35].

79 In the following, only a macroscopic approach will be used to show its application to real structures.  
80 The macroscopic models reflect as much as possible the influence of major phenomena of the lower  
81 scale: drying, the strength of concrete (reflecting the role of the water-to-cement ratio), and the type  
82 of cement (or the use of supplementary cementitious materials). But, of course, information is lost  
83 when going from the micro to the macro scale with as consequence a possible discrepancy between  
84 measurements on structures and modeling. This can be compensated by adjusting the parameters of  
85 the shrinkage and creep laws based on the deformations of the structure considered or on laboratory  
86 specimens when they are available. After a presentation of two models that will be used, an application

87 of this strategy to the case of a real bridge and a one-third mockup of a nuclear power plant vessel will  
 88 be described.

## 89 2 Modeling

90 Two macroscopic approaches are possible for the modeling of delayed behavior. The first is  
 91 conventional methods used in most design codes like EC2 [36] or fib models like actual MC2010 [37]  
 92 or the future MC2020. This approach splits the delayed deformations into four uncoupled  
 93 components: autogenous shrinkage, drying shrinkage, basic creep, and drying creep. The other is a  
 94 fully coupled approach without assuming the classical decomposition of delayed strain above. Note  
 95 that the two approaches are used here at the level of a single material point, using analytical relations.  
 96 Consequently, taking into account phenomena like the structural part of the drying creep could not be  
 97 considered because taking it into account would require finite element modeling to consider humidity  
 98 and stress gradients.

### 99 2.1 Modeling with four components using codes for design

100 An example of the approach with four components of delayed strain is MC2010 [37]. Note that this  
 101 approach is very similar to the one of the future EC2 [38], which adds the possibility to adjust the  
 102 parameters of the equations governing the different components to experimental results. Shrinkage  
 103 and creep are predicted as a function of the strength of concrete, the type of cement, the relative  
 104 humidity of the environment, the notional size of the structure, and the loading age. This model is  
 105 relatively simple because it should be applied by engineers for cross-section calculations at a stage  
 106 where concrete is only defined by its strength. Of course, a lot of parameters are not considered. For  
 107 example, aggregate content, type, and Young's modulus are very influential on concrete creep and  
 108 shrinkage but are not considered by the codes. It is the same for the quality of the binder (water-to-  
 109 cement ratio, quantity of binder, use of SCMs...) which is not considered while all the micro-scale  
 110 studies have shown its importance on delayed strains. Decoupling is also a simplification that will be  
 111 discussed later.

112 The model reads as follows. The delayed strain  $\varepsilon^c$  of concrete is the sum of basic shrinkage  $\varepsilon^{bs}$  (i.e.,  
 113 autogenous shrinkage), drying shrinkage  $\varepsilon^{ds}$ , basic creep  $\varepsilon^{bc}$ , and drying creep  $\varepsilon^{dc}$ .

$$\varepsilon^c = \varepsilon^{bs} + \varepsilon^{ds} + \varepsilon^{bc} + \varepsilon^{dc}. \quad (1)$$

114 Basic shrinkage  $\varepsilon^{bs}$  and drying shrinkage  $\varepsilon^{ds}$  are expressed as:

$$\varepsilon^{bs} = \xi_{cbs1} \alpha_{bs} \left( \frac{0,1 f_{cm}}{6+0,1 f_{cm}} \right) \left( 1 - e^{-0,2 \xi_{cbs2} \sqrt{t}} \right), \quad (2)$$

$$\varepsilon^{ds} = \xi_{cds1} \left[ (220 + 110 \alpha_{ds1}) e^{-\alpha_{ds2} f_{cm}} \right] \beta_{RH} \left[ \frac{(t-t_s)}{0,035 \xi_{cds2} h^2 + (t-t_s)} \right]^{0,5}, \quad (3)$$

115 with  $\alpha_{bs}$ ,  $\alpha_{ds1}$  and  $\alpha_{ds2}$  are parameters that depend on the type of cement,  $h$  is the notional size of  
 116 the considered structure (equal to  $A_c/2p$ , where  $A_c$  is the cross-section and  $p$  is the perimeter) in  
 117 millimeters;  $f_{cm}$  is the strength of concrete in MPa;  $t_s$  is the age of the concrete in days at the start of  
 118 drying;  $\xi_{cbs1}$ ,  $\xi_{cds1}$ ,  $\xi_{cbs2}$  and  $\xi_{cds2}$  are the parameters introduced to give the possibility to adjust the  
 119 predictions to experimental results (the default values are equal to 1).  $\beta_{RH}$  is a function of the relative  
 120 humidity  $RH$ , given in MC2010.

121 Basic creep  $\varepsilon^{bc}$  and drying creep  $\varepsilon^{dc}$  are expressed respectively by basic creep function  $\varphi_{bc}(t, t_0)$  and  
 122 drying creep function  $\varphi_{dc}(t, t_0)$ , i.e.,  $\varepsilon^{bc}(t, t_0) = \frac{\sigma_0}{E_c} \varphi_{bc}(t, t_0)$  and  $\varepsilon^{dc}(t, t_0) = \frac{\sigma_0}{E_c} \varphi_{dc}(t, t_0)$ , where

123  $\sigma_0$  is the applied constant stress,  $E_c$  is the tangent modulus of elasticity and  $t_0$  is the age of the  
 124 concrete at loading. Basic creep function and drying creep function read:

$$\varphi_{bc}(t, t_0) = \xi_{bc1} \frac{1.8}{(f_{cm})^{0.7}} \ln \left( 1 + \left( \frac{30}{t_{0,adj}} + 0.035 \right)^2 \frac{(t-t_0)}{\xi_{bc2}} \right), \quad (4)$$

$$\varphi_{dc}(t, t_0) = \xi_{dc1} \beta_{dc}(f_{cm}, RH, t_0, \xi_{dc2}) \beta_{dc,t-t_0} \quad (5)$$

125 with  $t_{0,adj}$  is the adjusted age at loading of the concrete based on the type of cement and the curing  
 126 temperature;  $\xi_{bc1}$ ,  $\xi_{bc2}$ ,  $\xi_{dc1}$  and  $\xi_{dc2}$  are parameters that may be adjusted according to the  
 127 experimental results. The expressions of  $\beta_{dc}$  and  $\beta_{dc,t-t_0}$  are:

$$\beta_{dc}(f_{cm}, RH, t_0) = \frac{412}{(f_{cm})^{1.4}} \frac{1 - \frac{RH}{100}}{\sqrt[3]{0.1 \frac{h}{100}}} \frac{1}{0.1 + (t_{0,adj})^{0.2}} \quad (6)$$

$$\beta_{dc,t-t_0} = \left[ \frac{t - t_0}{\xi_{dc2} \beta_h + t - t_0} \right]^{\gamma(t_0)} \quad (7)$$

$$\gamma(t_0) = \frac{1}{2.3 + 3.5/\sqrt{t_{0,adj}}} \quad (8)$$

$$\beta_h = \min \left\{ 1.5h + 250 \left( \frac{35}{f_{cm}} \right)^{0.5}, 1500 \left( \frac{35}{f_{cm}} \right)^{0.5} \right\} \quad (9)$$

128 where  $h$  is the notional size. Table 1 summarizes the used parameters.

129 Table1: Parameters of equations 4 to 9

$t_0$	Age at loading
$t_{0,adj}$	Adjusted age at loading of the concrete based on the type of cement and the curing temperature
RH	Ambient relative humidity
H	Notional size = half cross-section divided by the perimeter of the section
$\xi_{bc1}$ , $\xi_{bc2}$ , $\xi_{dc1}$ and $\xi_{dc2}$	Parameters that could be adjusted to experimental results; default values = 1
$f_{cm}$	Mean compressive strength

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131 These functions are empirical but take into account the influence of the strength, RH, age at loading  
 132 and size of the concrete structures which are the main physical parameters influencing the drying  
 133 creep.

134 The predicted strains are not local strains but are related to the cross-section of the considered  
 135 concrete member. It means that internal stresses are not predicted using this approach. The advantage  
 136 of this approach is the simplicity for the use of engineers, but one drawback is the fact that the  
 137 phenomena are uncoupled. In a real structure, concrete is affected by drying. But basic creep  
 138 decreases when the internal relative humidity decreases. This has been demonstrated on a  
 139 macroscopic scale with basic creep tests on samples that were submitted to drying before the creep  
 140 test [39, 40] and, recently, using micro-indentation [41–44]. The consequence is that for a loaded  
 141 drying specimen, because drying creep is obtained by subtracting the basic creep from the total creep,  
 142 estimation of its basic creep from a companion non-drying specimen would result in an  
 143 underestimated drying creep. Moreover, the two parts' kinetics are different - basic creep is

144 logarithmic while drying creep is asymptotic [45, 46]. The size of the concrete members affects drying  
 145 creep but not basic creep. As a result, the decoupled modeling of basic creep and drying creep impacts  
 146 the prediction of the long-term behavior of concrete structures. Hence, the need for a fully coupled  
 147 approach has arisen.

## 148 2.2 Modeling with a fully coupled approach

149 One of the examples of a fully coupled approach was developed by Aili et al. [47]. They regarded  
 150 concrete as viscoelastic porous material subjected to externally applied loads and internal hygric stress  
 151 (i.e., capillary pressure) due to drying or self-desiccation. The compliance of concrete was considered  
 152 dependent on the internal relative humidity. The delayed behavior of concrete was then modeled as  
 153 linear viscoelastic strain. In this model, the four components of decoupled method correspond  
 154 approximately to the following: autogenous shrinkage and drying shrinkage as the viscous response of  
 155 concrete to the capillary pressure, respectively, due to self-desiccation and drying; basic creep as a  
 156 viscous response to the applied load; drying creep as the viscous response to an amplified part of the  
 157 capillary pressure in the presence of compression load (as proposed by Sellier et al. [31]).

158 This model has some simplifications when the micro-scale is considered: firstly, it is a non-aging model  
 159 meaning that hydration is not considered and early age could not be addressed. Then, to consider only  
 160 capillary forces, its applicability is limited to relative humidities between 100% and 40%. Note also that  
 161 for drying creep, as explained later, a fitting of experimental results is needed.

162 In the following, the model is briefly presented. Stress-strain relationships are given in terms of  
 163 volumetric and deviatoric components. For the volumetric part, the mean stress  $\sigma_v = tr(\underline{\sigma})/3$  (where  
 164  $\underline{\sigma}$  is stress tensor) is related to volumetric strain  $\varepsilon_v = tr(\underline{\varepsilon})$  (where  $\underline{\varepsilon}$  is strain tensor) via:

$$\varepsilon_v^e + \varepsilon_v^c = \int_{-\infty}^t J^K(t - \tau) \frac{d\sigma'_v(\tau)}{d\tau} d\tau, \quad (10)$$

165 where  $J^K$  is the bulk creep compliance,  $\varepsilon_v^e$  is the elastic strain, and  $\sigma'_v$  is effective mean stress. To  
 166 compute the strain evolution  $\varepsilon_v^c(t)$  over time, we need to assess the creep compliance  $J^K$  and  
 167 effective stress evolution  $\sigma'_v$ , both of which depend on the drying state (more specifically, the internal  
 168 relative humidity  $h_r(t)$  and saturation degree  $S_L(t)$ ).

169 On the one hand, the bulk creep compliance reads as:

$$J^K(T, h_r, t - t_0) = \frac{1}{K} + \frac{1}{C(h_r)} \ln \left( 1 + \frac{t - t_0}{\tau(T)} \right), \quad (11)$$

170 where  $K$  is the elastic bulk modulus,  $C$  and  $\tau$  are the creep compliance and characteristic time,  
 171 depending respectively on the relative humidity and temperature.

172 On the other hand, the effective volumetric stress  $\sigma'_v$  is assessed in time-incremental form by:

$$d\sigma'_v = d\sigma_v - \kappa d\sigma_h, \quad (12)$$

173 where  $\kappa$  and  $\sigma_h$  are respectively the drying creep coefficient and pore water stress. Drying creep  
 174 coefficient  $\kappa$  equals 1 in the case of drying with no load, whereas it is larger than 1 for cases of drying  
 175 under compression load. Its value needs to be fitted with experimental results. Pore water stress  $\sigma_h$   
 176 can be computed from capillary pressure  $P_c(S_L)$  by:

$$\sigma_h(t) = \int_{-\infty}^t b(t - \tau) \frac{d(S_L(\tau)P_c(\tau))}{d\tau} d\tau, \quad (13)$$

177 where  $b$  is the viscoelastic Biot coefficient. For the details related to the computation of the  
178 parameters  $P_c$ ,  $b$ , the function of  $C(h_r)$ , and the deviatoric stress-strain relationship, readers are  
179 invited to see the original model in [47].

180 The model is based on the physical origin of the delayed strain, and the coupling between different  
181 components of delayed strain is considered. As mentioned in the introduction, several hypotheses  
182 exist in the literature to explain the origin of drying creep. The present model provides an alternative  
183 way (see section 9.1 of [47]) to follow the explanation of the lubricant role of water diffusion. The  
184 delayed strain of various drying/loading cases is modeled in a unified manner, with only one fitting  
185 parameter, drying creep coefficient  $\kappa$ . The influence of varying temperature and relative humidity can  
186 be integrated easily. Since the model is written in integral form like design codes (e.g., MC2010), it can  
187 be easily applied in engineering practice. However, it should be kept in mind that a constant drying  
188 creep coefficient assumption is a strong simplification. Instead, the creep coefficient should be related  
189 to the intensity of drying and the mechanical load. Another drawback of the model is that its  
190 implementation in conventional finite element codes in the framework of the superposition principle  
191 is not direct since various parameters (stress, temperature, and RH histories) in all previous steps are  
192 needed to calculate the next step. It is, of course, possible to store these parameters at each time step  
193 for each Gaussian point but it means working with large tables in the calculations.

### 194 3 Application to real structures

195 The best way to apply these approaches to predict the very long-term behavior of real structures  
196 appears to be fitting the parameters of the constitutive relations. This was for instance proposed for  
197 the prediction of the deflections of long-span prestressed bridges [48]. Indeed, the parameters of the  
198 codes are mainly dependent on the compressive strength. It is possible to obtain the same strength  
199 with different concrete mixes, especially where low-carbon concretes are developed. As a result, the  
200 variability of the creep is very high. For instance, in the future Eurocode 2 [49], the 5% fractile of the  
201 distribution of the creep coefficients  $\varphi(t, t_0)$  corresponds to  $0,5 \varphi(t, t_0)$  and the 95% fractile to  
202  $1,4 \varphi(t, t_0)$ .

203 Estimation of long-term delayed strain is presented with two examples: a prestressed concrete bridge  
204 and a mock-up of a biaxially prestressed concrete containment building.

#### 205 3.1 Application to the Savines bridge

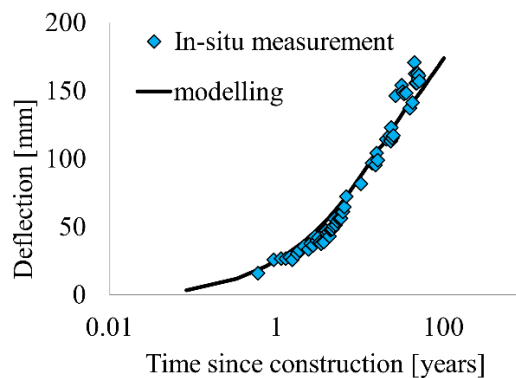
206 The Savines Bridge (France) is a post-tensioned prestressed concrete bridge constructed between 1958  
207 and 1960 by the free cantilever method. It is a 77 m long box-girder bridge made of 13 spans, each of  
208 them consisting of 22 cast-in-place segments with depths varying from 4.15 m at main piers to 1.15 m  
209 at mid-span (see Figure 1). Each span consists of two cantilevers connected by hinge devices located  
210 at the mid-span sections. These hinge devices are materialized by a steel ball-and-socket arrangement  
211 allowing free horizontal displacement and rotation at mid-span. In Figure 1, this configuration leads to  
212 large deflections that are visible. Figure 2 presents the evolution of the deflection at the mid-span of  
213 the section between piers P6 and P7. It can be seen that the deflection evolves as a logarithmic function  
214 of time.



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Figure 1 View of the Savines bridge. The hinges allow large deflections that are visible at each mid-span (photo credited to J.M. Torrenti)



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Figure 2 Evolution of the measured deflection at mid-span of the section between piers P6 and P7, data from [50] and comparison with the adjusted model. Note that the measurement baseline has changed over time and the evolution of the deflection was adjusted to obtain continuity (but with an important uncertainty). It implies it is difficult to comment on the difference existing at later ages.

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A previous study [50] has shown that it is possible to adjust the parameters of the relations proposed in codes for the amplitude and kinetics of basic and drying creeps, autogenous and drying shrinkages. The predicted amplitudes of the strains were multiplied by a weighting factor to adjust the measured deflections (and the kinetics were unchanged). The best prediction of deflections (Figure 2), obtained from the least square method, gave the optimum values of the weights. The amplitudes of drying shrinkage, basic creep, and drying creep were multiplied by 1.6, 1.6, and 1.4, while autogenous shrinkage remained unchanged. These values are slightly higher than the 95% fractile indicated in the future EC2 but could be explained by the fact that this bridge is particularly sensitive to delayed strains due to its specificity (hinges in the middle of each span). It should be pointed out that the optimization of the parameters does not give a unique solution: it is possible with several choices to adjust the model to fit the experimental deflection. For instance, part of the delayed deflection could also be explained by the loss of prestressing in cantilever tendons [51].

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236

This study considered the effect of shear forces at mid-span [2]. Indeed, in bridges built by the cantilever method, these forces could play an important role, and their effect on delayed deflections



237 is not negligible. This study emphasizes that the modeling practice must consider precisely the delayed  
238 strains in the material and deserves a keen understanding of the concrete structure behavior with its  
239 environment.

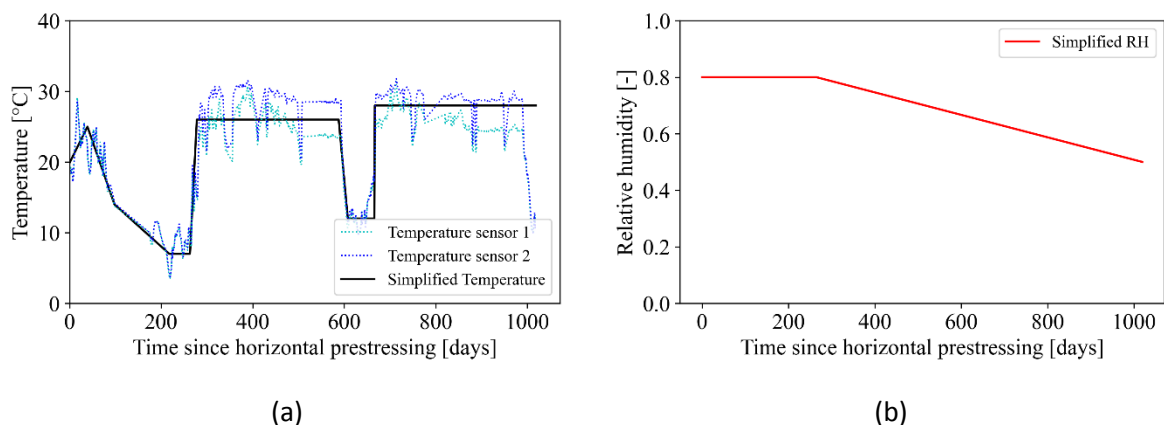
### 240 3.2 Application to the VeRCoRs mock-up

241 VeRCoRs is a mock-up at the 1/3 scale of a biaxially prestressed concrete containment of a nuclear  
242 power plant [52]. It is highly instrumented to monitor its behavior. The in-situ measurement recorded  
243 the temperature, relative humidity, and strain of the structure. In addition, using concrete from the  
244 same casting as the mock-up, cylindrical samples of 1 m height and 22 cm diameter were prepared.  
245 Tests were performed on these samples in laboratory conditions (temperature equal to 20°C, and the  
246 relative humidity for drying samples equal to 50%) to characterize the delayed strain behavior under  
247 four different conditions:

- 248 - test 1) sealed load-free i.e. autogenous shrinkage measurement;
- 249 - test 2) drying load-free giving drying shrinkage by subtraction of autogenous shrinkage;
- 250 - test 3) sealed and loaded giving basic creep by subtraction of autogenous shrinkage;
- 251 - test 4) drying and loaded giving drying creep by subtraction of autogenous and drying  
252 shrinkages and basic creep.

253 In the following, we use the results of the four tests to fit the two models in section 2 and predict the  
254 delayed strain of the mock-up under the prestressing load, recorded temperature, and relative  
255 humidity. We consider a small unit of the material unit in the mock-up, subjected to a vertical stress  
256 of 6.3 MPa and a horizontal stress of 10.6 MPa. These stresses correspond to the prestress in vertical  
257 and horizontal prestressing tendons and are to relax over time. The vertical prestress was applied 15  
258 days later than the horizontal one. Based on the recorded temperature and relative humidity, we  
259 consider the simplified temperature and relative humidity history shown in Figure 3. The complete  
260 history of the temperature and RH measurements was recently published in a paper concerning the  
261 Vercors mockup [39]. The real variations of the relative humidity are more complicated than our simple  
262 assumption and it could certainly be an improvement to consider the real history in a future  
263 calculation.

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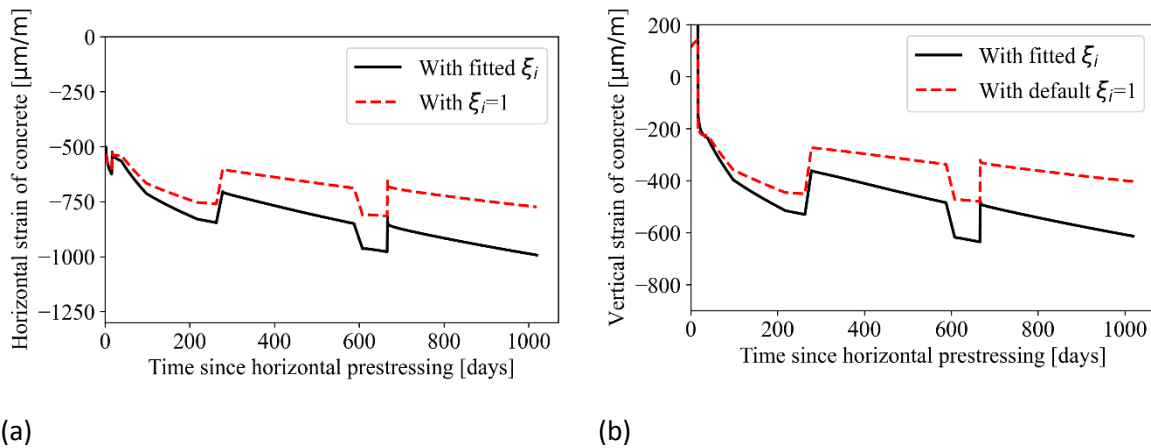
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266 Figure 3 Simplified temperature (a) and RH (b) history for the modeling of the mock-up. Recorded  
267 temperature by two sensors are also shown in (a).

268 For the decoupled modeling with MC2010 in section 2.1, the measured time evolutions of the creep  
 269 and shrinkage tests 1-4 were calibrated to Eqs. 2-9 by adjusting the fitting parameters. The best-fit  
 270 parameters are listed in 2. Except for basic shrinkage where equation 1 was not adapted to the  
 271 experimental results (but basic shrinkage is not very important in this application because prestressing  
 272 was applied when the concrete was older than 3 months), the parameters corresponding to the  
 273 amplitude of the phenomena (subscript 1) are close to 1 for drying shrinkage but larger for basic and  
 274 drying creeps. A comparison of the results of the use of this model with the fitted parameters and the  
 275 default values (1 for all the parameters of table 2) is presented in figure 4. The difference highlights  
 276 the importance of this fitting procedure to obtain a good prediction of the delayed strains because  
 277 code relations only give mean values. Then, inserting these values together with the thickness,  
 278 temperature, and relative humidity of the mock-up into Eqs.2-9, we can estimate the time evolution  
 279 of the delayed strain of the mock-up. The prediction can also be performed considering the stress  
 280 relaxation in reinforced tendons. Details of the coupling between the relaxation of tendons and  
 281 delayed strain of concrete were previously described in [53] and omitted here since it is out of the  
 282 main scope of the article.

283 Table 2 Fitting parameters for the four components of delayed strain in Eqs.2-9 in MC2010

Basic shrinkage		Drying shrinkage		Basic creep		Drying creep	
$\xi_{cbs1}$	$\xi_{cbs2}$	$\xi_{cds1}$	$\xi_{cds2}$	$\xi_{bc1}$	$\xi_{bc2}$	$\xi_{dc1}$	$\xi_{dc2}$
152	0.002	0.8	0.4	2.1	1.6	1.6	3.4



284  
 285 Figure 4: comparison of the predicted horizontal (a) and vertical (b) strains of the Vercors mockup in  
 286 the case of default values ( $\xi_i = 1$ ) or fitted values for the coefficients  $\xi_{cbs1}$ ,  $\xi_{cds1}$ ,  $\xi_{cbs2}$ ,  $\xi_{cds2}$ ,  $\xi_{bc1}$ ,  
 287  $\xi_{bc2}$ ,  $\xi_{dc1}$  and  $\xi_{dc2}$

288 For the coupled approach with the model in section 2.2, firstly, we compute the basic creep as the  
 289 difference of measured strain in tests 3 and test 1. Then, considering the viscoelastic Poisson's ratio as  
 290 0.2 based on the collected database in [54], the creep compliance in Eq.11 is fitted against the basic  
 291 creep to obtain the bulk elastic modulus  $K = 17$  GPa, creep modulus  $C_{sat} = 70$  GPa and characteristic  
 292 time  $\tau_0 = 44$  d under constant relative humidity and constant temperature.

293 Secondly, the creep compliance is assessed by considering its dependency on temperature and relative  
 294 humidity. For the variation of the creep modulus  $C$  in function of relative humidity, we based ourselves  
 295 on the microindentation test of [43]. Given the water-to-cement ratio of the concrete used in the

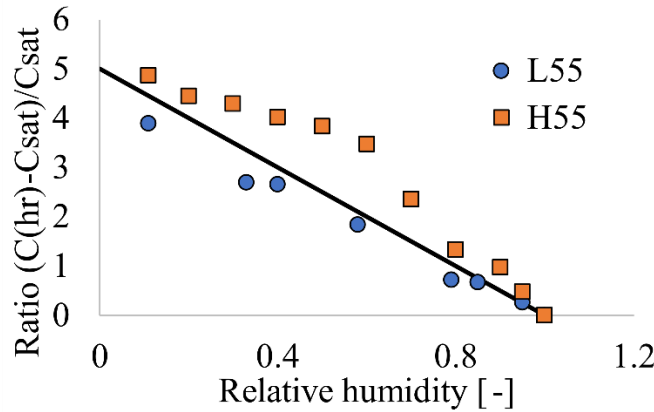
296 mock-up is 0.52, we considered only the indentation creep modulus of the cement pastes with water-  
 297 to-cement ratio of 0.55 from [43], as shown in Figure 4. During the decrease of relative humidity, the  
 298 ratio between the increase  $C(h_r) - C_{sat}$  of creep modulus to the creep modulus  $C_{sat}$  at the saturated  
 299 state can be regarded to be a linear function of the relative humidity:

$$\frac{C(h_r) - C_{sat}}{C_{sat}} = 5(1 - h_r). \quad (14)$$

300 Then, we assume that, for the mock-up, the creep modulus varies following Eq.14 as a function of  
 301 relative humidity over time. For the characteristic time of creep, referring to [55], thermo-activation is  
 302 applied as follows:

$$\tau(T) = \tau_0 \exp\left(Q \left(\frac{1}{T} - \frac{1}{T_0}\right)\right), \quad (15)$$

303 where  $Q=2500$  K is the activation energy of water viscosity [56],  $T$  and  $T_0=293.15$  K are the current  
 304 temperature and temperature of the reference test in Kelvin.



305  
 306 Figure 54 Variation of creep modulus of cement pastes in function of relative humidity, data from [43].  
 307 L55 and H55 are low-heat and high early-strength Portland cement pastes, respectively. Their water-to-  
 308 cement ratio is 0.55.

309 Thirdly, the evolutions of relative humidity and pore water pressure are assessed based on the  
 310 desorption isotherm measured on the samples under the same drying conditions as tests 2 and 4 [57].  
 311 The desorption isotherm (Table 3) gives the relationship between saturation degree  $S_L$  and relative  
 312 humidity  $h_r$ . Capillary pressure  $P_c$  is calculated from Kelvin's law [12]. Knowing the evolution of  $S_L$  and  
 313  $P_c$  in test 2 and test 4, on the one hand, we can check the quality of the fitting by comparing the strain  
 314 of test 2 with the predicted strain by Eqs.10-13 using  $\kappa = 1$ . On the other hand, by fitting the strain  
 315 predicted by Eqs.10-13 against the strain results of test 4, we obtain the creep coefficient  $\kappa = 1.7$  for  
 316 the case of drying with the presence of load. Table 4 summarizes the fitted parameters of the coupled  
 317 model.

318 Table 3. Desorption isotherm

HR (%)	100	97	92	84	75	58	43	23	0
S (%)	100	86.7	79.4	67.5	53.6	37.2	25.5	15.2	0

319

320

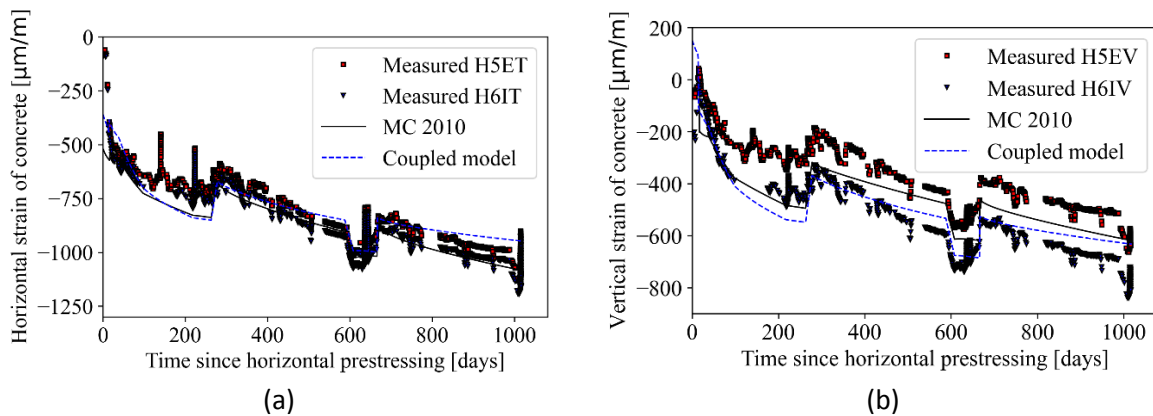
Table 4. Fitted parameters of the coupled model.

321

Young's modulus [GPa]	Uniaxial creep modulus [GPa]	Creep characteristic time [days]	Poisson ratio [-]	Elastic Biot coefficient [-]	Long-term Biot coefficient [-]	Drying creep coefficient $\kappa$ [-]	Sorption isotherm $a_1$ [-]	Sorption isotherm $b_1$ [MPa]
30	126	44	0.2	0.33	0.79	1.7	0.44	19

322

323 Finally, we predict the strain evolution of the considered unit of material in the mock-up, under the  
 324 vertical and horizontal stress and temperature and relative humidity history shown in Figure 3.



325 Figure 6 Comparison of measured and predicted strain of the VeRCoRs mock-up: (a) horizontal strain; (b)  
 326 vertical strain.

327 The predictions of the MC2010 and coupled model are compared with in-situ measured data in Figure  
 328 6. Measured data are from two sensors, H5E and H6I, located at mid-height of the mock-up, far from  
 329 unusual features like the hatch. H5E was placed 7.6 cm away from the external surface of the mock-  
 330 up and H6I 7.3 cm away from the internal surface. It can be seen that, despite simulation of a single  
 331 material point, the prediction of long-term delayed strains by the two modelings are within the range  
 332 of variations of measured strain by the two sensors. Compared with the rate of increase of the delayed  
 333 strains of measurement in the long term, the predictions of the MC2010 model seem better than that  
 334 of the coupled model. The lower quality of the prediction of the latter one may be because the  
 335 structural part of drying creep is not considered here. Another limitation of the coupled model is the  
 336 isotropic choice of parameter  $\kappa$ . It should also be noted that these results certainly depend on the size  
 337 of the considered structure and could not be generalized.

338 4. Conclusions

339 We presented two different methods to predict the delayed strains of concrete. The first is similar to  
 340 the methods of design codes, such as the fib model codes MC2010 and MC2020. This method splits  
 341 the delayed strain into four components: autogenous shrinkage, drying shrinkage, basic creep, and  
 342 drying creep, and considers them independent from each other. The other is a fully coupled approach  
 343 that models the four components in a unified manner. This method is based on the physical origin of  
 344 the delayed strains and considers potential coupling between different components.

345 The first model is applied to a bridge and the two models are applied to the mock-up of a nuclear  
 346 containment vessel. The results show that, by fitting the parameters of the models to experimental

347 results of laboratory testing, the evolution of long-term deformation of the real structures can be  
348 relatively well estimated. We infer that the fitting parameters of both approaches can reproduce the  
349 involved physical phenomena.

350 With the promotion of low-carbon construction, concretes with the same strength will have very  
351 different mix-design. The delayed strains of these concrete structures can differ from each other  
352 significantly. In these cases, we need models providing the possibility to fit parameters with laboratory  
353 experiments, such as the above two models.

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