

Water reuse in the food processing industries: A review on pressure-driven membrane processes as reconditioning treatments

Céline Garnier, Wafa Guiga, Lameloise Marie-Laure, Claire Fargues

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Keywords

water recycling, water reuse, food industry, membrane processes.

Abstract

 Establishing general rules for short wastewater recycling loops in the food industries is a challenging task . This work provides an overview on water consumption, effluent discharge and the main water consuming unit operations in this sector. Pressure-driven 19 membrane processes as treatment technologies will be are focused on and nanofiltration and reverse osmosis appear unavoidable. An original synthesis of the membranes used, the

21 best operating conditions and the corresponding performances are is broken down by 22 food sector and by effluent load. Recycling is mostly proposed Most of the time recycling 23 is proposed for floor washing, heating/cooling, vessel pre-cleaning, even though criteria 24 for potable water are not fulfilled potable water criteria are not reached. Water of a quality 25 which is sufficient for recycling can be obtained with a single one membrane treatment 26 stage only when few-charged weakly concentrated (COD \lt 1 g/L) non-fat effluents are concerned, originating from flushing, bottle washing or rinsing water after vegetable peeling. This critical review can be used as a guideline for recycling projects and points to 29 indicates the remaining challenges and improvements to be made. challenging progresses.

Nomenclature

- AC = Activated Carbon
- AR = Attributable Risk
- BAT = Best Available Techniques
- BOD = Biological Oxygen Demand
- BREF = BAT Reference document
- CF = Coagulation/Flocculation
- Cfeed = Concentration of the pollutant in the feed solution
- CIP = Cleaning In Place
- COD = Chemical Oxygen Demand
- Cp = Concentration of the pollutant in the permeate
- Cr = Concentration of the pollutant in the retentate
- DAF = Dissolved Air Flotation
- FDM = Food, Drink and Milk industries
- FO = Forward Osmosis
- Fp = Permeate Flowrate
- Jp = Permeate flux
- LCA = Life Cycle Analysis
- MF = MicroFiltration
- MWCO = Molecular Weight Cut-Off
- NF = NanoFiltration
- PCB = PolyChlorinated Biphenyls
- PL = Pulsed Light
- PreF = PreFiltration
- QMRA = Quantitative Microbial Risk Analysis
- R = solute retention rate
- Sm = Membrane surface
- TKN = Total Kjeldahl Nitrogen
- TMP = TransMembrane Pressure
- TN = Total Nitrogen
- TOC = Total Organic Carbone
- TP = Total Phosphorus
- TSS = Total Suspended Solids
- UF = UltraFiltration
- US = UltraSonication
- UV = UltraViolet
- RO = Reverse Osmosis
- WWTP = WasteWater Treatment Plant

1. Introduction: Benchmarking on water management in food

plants

 Human activities and particularly industrial activities contribute to climate change and 72 severe water scarcity (Huang et al., 2021). The latter is predicted projected to get worse in the coming years in North Africa, Middle East, Pakistan, India and northern China (Asano et al., 2007; Meneses et al., 2017) and restrictions on the amount of water extracted from ground water and surface sources is becoming become unavoidable in temperate 76 countries. Consequently, in order to ensure sustainable water management, water 77 resources sustainability, UNESCO has fixed as one of its main targets to reduce by 20% the amount of water used by industries by 2030 (UNESCO, 2014). Being a major consumer of water and specifically mainly drinking water (Casani et al., 2005; Valta et al., 2016; Vanham 80 et al., 2019), the food industry is particularly dramatically concerned by this issue and must 81 needs to make significant efforts to reduce its water consumption. To this end, in Europe 82 the European Commission conducted a survey in Europe of the specific water consumption and wastewater discharge in some food industries (European Commission, 2019). Like 84 other publications concerning the food industry, As other reviews dealing with food 85 industry (Klemes et al., 2008; Muro et al., 2012; Ölmez, 2013), it highlights the fact that 86 water management is greatly dependent on the sector (Table 1) and that data vary 87 considerably depending on the reference.

88 Additionally, each food sector has different water uses depending on the characteristics of 89 raw materials raw materials characteristics and on the transformation processes, as seen in 90 Table 2 for beverage, fruits and vegetables, meat processing and dairy industries. 91 Moreover, practices may vary in one given sector from country to country, as highlighted 92 by Wojdalski el al. (Wojdalski et al., 2013) in the dairy industry: in this case, water 93 consumption was shown to vary according to the degree of process automation of the 94 country, the production factors and the equipment requirements (electric power, water 95 consumption...). For instance, for in milk powder or cheese, water consumption (expressed 96 in liters of water per liter of processed milk) ranges from between 0.69 to and 1.90 in 97 Denmark whereas it is between 4.60 and 6.30 in Norway. It is also depends on function of 98 the plant size, as in at the Amul Dairy (India) for example, where the cleaning use 99 (including CIP, floor wash, crate wash and railway tanker wash) reaches 4.5 million liters 100 (Tiwari et al., 2016) representing 77% of the overall water consumption compared with 101 instead of the average 49% mentioned in Table 2. These observations for the dairy industry 102 can be generalized to other food industries.

 Given the situational analysis above, in order to reduce water consumption in the food 104 sector, two complementary strategies are envisaged to be intended: i) The development of new water-efficient production processes ii) The re-design of water networks in the plants, including water recycling or reuse. To make the different options clear, it may be useful to

107 reiterate restate the definitions applied (recycling, reuse, reconditioning, etc.). The official 108 precise definitions can be found are collected in Table 3. If there is a possibility that In the 109 **case where effluents may be polluted with undesired substances and/or particles from the** 110 food ingredients, or from but also with soils or pesticides, then recycling is preferred.

111 In several countries (such as Singapore, Australia, Israel, China and U.S. U.S.A. states such as Florida and California), many food industries have already set up water reuse and recycling projects (Meneses et al., 2017), and water reuse guidelines applicable in to the food industry are available. In Australia, the "water reuse guideline for food businesses in NSW considering reusing water" (NSW-Food-Authority., 2008) indicates both the feasible recycling solutions and a methodology to check that these solutions are not harmful to the 117 product's qualities. don't harm the product's qualities. In Europe, the European Commission has developed a guide regarding the minimum requirements for water reuse (European Commission, 2018).

120 It has to be noted that Water recycling strategies are considered at different levels scales, 121 from a geographic region to a unit operation in a plant. At the regional level, region scale, 122 wastewater may be collected from several water treatment plants to provide water – after 123 treatment - water to power stations, industrial users and even main drinking water supply 124 storage, as in the Brisbane region (Australia) where the Western Corridor Recycled Water 125 Project (WCRWP) was launched in 2009 (Apostolidis et al., 2011). This concept of "water 126 mining" dates back to the 90s (Johnson et al., 1996), and requires a tight coordination 127 between the different sectors and a good synchronisation accordance between their 128 respective water fluxes, both those produced and those required. At the factory level scale,

129 effluent is generally collected and mixed before a global treatment and possible an 130 eventual recycling for non-food uses, outside the factory like for agricultural irrigation for 131 example, or inside like for floor cleaning as illustrated by Apostolidis in the case of a 132 brewery in Austria (Apostolidis et al., 2011). Though not as common, effluent recovery at 133 the unit operation level operation unit scale and its recycling within inside the production 134 line is also possible, as it is the case in Cleaning In Place (CIP) where it is a current practice 135 to use effluent from the rinse stage for the prewash stage (European Commission, 2019). 136 Such short water recycling loops within or as close as possible to a unit operation or as 137 elose as possible to it allow to set up a treatment process which is more specific to the 138 present pollutants present, leading to higher treatment performances. As a matter of In 139 fact, collecting and mixing wastewater from different unit operations generally leads to a 140 only moderate efficiency of the treatment processes. Furthermore, pumping and transport 141 of wastewater to a wastewater treatment plant (WWTP) or to the rejection point are expen-142 sive (Manzocco et al., 2015). Consequently, it would appear to be pertinent It consequently 143 seems really relevant to develop these short recycling loops.

144

145 However, there is a lack of broad tools in this context to help re-design the water networks 146 and choose, optimize and simulate the recycling or reuse scenarios. Considering the 147 above-mentioned variations of the quality and quantity of wastewater wastewater's quality 148 and quantity even within a given food sector, a factory-by-factory study is needed. Recent-149 ly, as part of in the lifetime of a French research program (MINIMEAU ANR-17-CE10-0015, 150 2018-2022), Nemati-Amirkolaii et al. developed some tools based on a Water Pinch analy151 sis to help choose choosing the best water recycling loops in a factory, with the aim of 152 minimizing to minimize water consumption and wastewater production (Nemati-Amirkolaii 153 et al., 2019). In the same program, in order to appreciate the performances to be reached 154 by the water reconditioning treatments, Garnier et al. proposed a methodology for the de-155 velopment of a new recycling project and the definition of both the most convenient and 156 the cleanest technology for treatment, regarding as regard to the desired quality of the 157 water to be recycled (Garnier et al., 2019).

158 With regard to this, In this regard, an overview of the physical-chemical treatment 159 solutions available in the scientific literature for food industry effluent needs to be 160 established, with a focus focusing on the type of industry and considering water 161 reconditioning at unit operation level. The choice of a treatment solution and its 162 operational conditions necessarily involve the definition of the compounds to be removed 163 from the effluent and of the targeted quality for the reused/recycled water. Consequently, 164 a literature data analysis on effluent quality for each food industry sector needs to be 165 performed. Finally, the membrane processes are considered known to be simple to set up 166 and run in various industrial sectors, including among which the food transformation 167 sector and including wastewater treatment. They present several advantages, mainly their 168 modularity, robustness, compactness and the very limited pollution they generate as 169 compared to ion-exchange or adsorption processes (Cui et al., 2010; Frenkel, 2010; Guiga 170 and Lameloise, 2019; Pabby et al., 2008; Samaei et al., 2018). Furthermore, they They are 171 considered simple to set up and are already well-known by the industrialists of this 172 sector the food sector, as they have been are widely used since the 70s - 80s in the dairy industry and since the 90s in several other food industries for the processing of fluid products (Daufin et al., 2001). Consequently, the present review focuses on these processes, and specifically on the pressure-driven membrane processes as reconditioning solutions of aqueous effluent produced in the food sector.

 Several literature reviews exist that touch on this issue, but none of them target membrane applications for reducing water consumption in the food sector. In fact, some of the available articles deal with the general question of water reuse and recycling irrespective of the production sector and treatment process (Apostolidis et al., 2011; Asano et al., 2007; 181 Lens et al., 2002). Others focus are focused on the food sector but do not address performances and efficiency of the membrane processes (Barbera and Gurnari, 2018; Casani et al., 2005; Klemes et al., 2008; Meneses et al., 2017; Ölmez, 2013; Wojdalski et al., 2013). In 2021, Pervez et al. proposed a short review on membrane processes for wastewater treatment in the food sector (Pervez et al., 2021) but this article considers very few case studies based on pressure-driven membrane processes and gives a more general view on membrane technologies: membrane distillation, electrodialysis, and electrospun nanofiber membranes. Finally, in 2012 Muro et al. (Muro et al., 2012) proposed a relevant review on wastewater treatment by membrane processes in the food industries. It provides global levels of pollution for each food industry, indicates the main retained solutes by each membrane category, the mean permeate fluxes for different case studies and the remaining pollutant concentration ranges obtained. However, this review remains descriptive and does not lead to any overview or guidelines for the feasability of recycling the effluents produced.

195 Some studies works closer to our objectives deal with one specific food industry or case 196 study: dairy (Galvão, 2018; Song et al., 2018), fresh-cut vegetables (Manzocco et al., 2015), 197 brewery (Simate et al., 2011) or beverage (Tay and Jeyaseelan, 1995). They Each of them 198 They each provide valuable data and information for each the sector concerned under 199 concern, and warrant gathering and comparison. these deserve to be gathered and 200 compared to build an overview of the place of membrane processes in this context. In 201 2021, Pervez et al. proposed a short review on membrane processes for wastewater 202 treatment in the food sector (Pervez et al., 2021) but this article considered very few case 203 studies based on pressure-driven membrane processes. Finally, in 2012 Muro et al. (Muro 204 et al., 2012) proposed a relevant literature review on wastewater treatment by membrane 205 processes in the food industries. It gives the global levels of pollution for each food 206 industry, the main retained solutes by each membrane category, the mean permeate fluxes 207 for different case studies and the remaining pollutant concentration ranges obtained. 208 However, this review remains descriptive and does not provide an overview of the possible 209 guidelines for the feasability of recycling effluents produced at different unit operations 210 and in different food industries.

211 The present paper uses the above mentioned works and other multiple case studies to 212 build up a synthesis on recycling of aqueous effluents in the food sector: the major 213 effluents to treat, their composition and the relevance of the use of pressure-driven 214 membrane processes. It categorizes the case studies. This has been done That is what we 215 have done in the present paper, which proposes a classification of the effluent by food 216 industry, by origin (unit operation) and by charge (COD level). and. proposes an 217 analysisWhen necessary, raw data was were processed and analysed in terms of treatment 218 efficiency (residual pollution and permeate fluxes) and concrete recycling possibilities (in 219 accordance with the regularoty texts and the identified possible derogations). Treatment 220 and recycling trends then emerge depending on the effluent type (in accordance with the 221 regularoty regulatory texts and the identified possible derogations), as well as Θ the This 222 allows to conclude on the definition of the relevant cases for recycling and the limits of 223 application of the membrane processes. It also highlights the remaining challenges in this 224 field.

225 **2. Identification of the key parameters in the wastewater to be** 226 **reused or recycled**

227 When reusing or recycling water, knowing the quantity and detailed composition of the 228 water to be treated as well as the quality of water required for each unit operation is 229 essential In case of reuse or recycling, knowing the quantity and the detailed composition 230 of the water to be treated and the water quality required for each unit operation is an 231 essential information for the theoretical optimization of the water network as well as for 232 choosing an appropriate treatment process when necessary. For WWTP purposes, average 233 concentrations and specific loads of wastewater produced by European food industries are 234 defined through global parameters (European Commission, 2019), such as Biological 235 Oxygen Demand (BOD), Chemical Oxygen Demand (COD), Total Suspended Solids (TSS), 236 Total Organic Carbon (TOC), Total Nitrogen (TN) and Total Phosphorus (TP). Adapted to 237 the design of a WWTP, these parameters are not suitable for selecting and scaling to select

238 and scale a more specific process whose which objective may be to obtain an acceptable 239 water quality for recycling in the food industry - possibly up to a potable water quality 240 level - neither to follow or for tracking the elimination of one or several specific pollutants. 241 Indeed, in many countries, the regulatory authority stipulates applying to follow the 242 precautionary principle, meaning that potable water should be used when it is in on 243 coming into contact with food, as is the case in the European Community for which 75% of 244 the water used consumed by the food industry is potable water (Barbera and Gurnari, 245 2018; Valta et al., 2016). Quality evaluation of the treated water then requires the analysis 246 of additional global parameters (colour, conductivity, odour, oxidability, turbidity and TOC) 247 but also of more specific species such as organic micro-pollutants (pesticides, disinfectants, 248 oils, PCB…), bromate, copper, nitrates, aluminium or iron. Consequently, wastewater quality 249 has to be studied more accurately in order to scale treatment processes to ensure the 250 safety of the treated water.

251 Examples of precise compositions of wastewater from food industries are given in the 252 literature but analysis remains to be adapted on a case-by-case basis. Table 4 gathers main 253 wastewater origins and compounds present for the main food sectors, which may help to 254 select the compounds to be analysed more specifically. They can be organic such as sugars 255 (fructose, sucrose, lactose…) or acids (citric, malic, lactic…), have a proteic or a lipidic origin, 256 be minerals, and They are of course directly related to the type of food. Comparison of the 257 measured levels with the expected water quality for recycling establish which compounds 258 or "key parameters" should to be removed in priority as well as the choice of the treatment 259 process and its operational conditions. Additionally, pollutants of small molecular weight are often more difficult to eliminate due to their size, especially through membrane 261 treatment. This is the case of most of the organic acids found in the wastewater of fruit and vegetable processing or dairy industries, or of the ethanol found in the wastewater of breweries and wineries. This may also be the case for organic micro-pollutants and their degradation products that do not significantly contribute to the global parameters (COD) 265 but are present in the effluent of most of the food industry sectors. Consequently, their accumulation in the recycled water after several cycles of treatment must be investigated and controlled.

3. Physical-chemical treatment possibilities for water reconditioning

3.1. Examples of recommendations and existing practices

 Some general guidelines exist worldwide for water management in the food industries, 272 either produced by community communautary authorities (European Commission, 2018, 2019) or published as handbooks by authors (Klemes et al., 2008). The example of the European Community is interesting. Indeed, the European Union commissioned a study on the Best Available Techniques (BAT) Reference document (BREF) used in the Food, Drink 276 and Milk (FDM) Industries. For water management, this study summarizes the recycling and reuse practices in 495 factories (European Commission, 2019), that we have synthesized 278 managed to synthesize in Table 5. As mentioned above above mentioned and gathered in Table 2, Klemes et al. (2008), among other authors, also contributed to build an overview

 on water consumption in different food industries, providing valuable benchmarks to 281 manufacturers of each industry. providing to manufacturers of each industry valuable benchmarks.

 From these different syntheses, the dairy industry stands out as the main and first sector where recycling has been extensively studied and where applications were implemented on 285 an at the industrial scale (Daufin et al., 2001; Kolev Slavov, 2017). Water recycling after treatment by membrane processes is assessed (mainly UF followed by RO), and several examples exist: for instance, condensate from evaporation plants (for concentrated milk production) could be recycled as high-quality water stream after RO filtration (Mavrov and 289 Belieres, 2000; Muro et al., 2012). Elsewhere inIn this sector, simulation and experimental 290 studies were carried out at India's largest plant. the India's largest plant undertook 291 simulation and experimental studies (Tiwari et al., 2016). The wastewater from CIP of the 292 vessels used for butter clarification (q hee obtained by the elimination of the aqueous phase) could be recycled after coagulation and adsorption for its own pre-washing step. The blow-down wastewater from the cooling tower could be recycled for the same use after a membrane filtration such as RO (Tiwari et al., 2016).

 For the other food sectors, the fruit and vegetable industry provides some examples where blanching water can be reused for preliminary cleaning of freezing tunnels (European Commission, 2019; Klemes et al., 2008). 90% of the total water used in this sector is for cleaning and rinsing after peeling and many authors claimed that 90% of the water used could be saved if all the wastewater arising from the washing steps was recycled essentially for device cleaning (Lehto et al., 2014; Manzocco et al., 2015).

302 In several cases, for any food sector, disinfection may be appears critical before recycling. In addition to the conventional sodium hypochlorite treatment, the BREF for the Food, Drink and Milk sectors (European Commission, 2019) describes two emerging disinfection techniques in the fresh-cut vegetable industry : ozone/UV treatments before fresh-cut vegetable washing, and the use of Neutral Electrolyzed Oxidizing water (NEOW) for salad disinfection.

3.2. Analysis of the membrane process applications for food wastewater reconditioning

310 As observed in arises through the previous examples, membrane processes have been used for a long time and are often chosen for the treatment of wastewater from the food 312 industry. the use of membrane processes is often chosen for the treatment of wastewater from the food industry and for a long time (Daufin et al., 2001). Depending on the membrane filtration process and the membrane molecular weight cut-off (MWCO), different types of pollutants or particles can be removed (Table 6).

 The performances of the chosen membrane filtration process Whatever the membrane filtration process, its performances for a given Transmembrane Pressure (TMP) are evaluated by the pollutants retention or removal efficiency R, expressed as :

$$
R = \frac{c_r - c_p}{c_r} \cdot 100 \, (\%) \tag{1}
$$

320 Where C_r (or C_{feed}) and C_p are the concentrations of the key parameter concerned under concern respectively in the retentate (or feed) and in the permeate.

322 The permeate flux J_p obtained under a given TMP is also an essential parameter as it

accounts for the purified water productivity :

325
$$
J_p = \frac{F_p}{s_m}
$$
 (L.h⁻¹.m⁻²) (2)

327 Where F_p is the permeate flowrate (L.h⁻¹) and S_m the effective membrane area (m²).

 UF, NF and RO are usually the main treatments used as polishing steps to remove the soluble organic load and minerals. However, they need to be preceded by relevant pre-331 treatments to improve their efficiency (technically and economically) . These steps which 332 allow elimination of to eliminate TSS, turbidity or O&G (Frenkel, 2010; Muro et al., 2012) thus avoiding premature NF and RO membrane fouling or its physical damage. After possible rough pre-treatments steps such as settling, sand filtration, sieving or cartridge filtration (prefiltration, PreF) for example, MF is generally used as a membrane prefiltratrion to eliminate the smallest particulates. A post-treatment such as chemical or physical disinfection ensures the water safety and its suitability for food contact.

 Examples of reconditioning pre-treatments and treatment studies with membrane processes are gathered in Table 7 and categorized by food industry, wastewater origin 340 (unit operationunit) and global charge (COD level). The applied treaments are characterized (membrane type or cut-off, salt rejection, permeate fluxes and residual concentrations) and the potential recycling application is given when available.

3.2.1. Pre-treatment: Total Suspended Solids (TSS) and turbidity removal

345 Different solutions can be found to eliminate all particles from coarse to ultrafine particles, 346 generally including a including as most often used techniques a rough pre-treatment or clarification step, consisting in settling, sand filtration, sieving, or Coagulation/Flocculation (CF) (Azbar and Yonar, 2004; Azmi et al., 2013; Coskun et al., 2013; Ioannou et al., 2013; Mavrov et al., 1997; Pauer et al., 2013). Generally, depending on the clarifier technology, the turbidity removal efficiency varies from 90% to 99% through CF. followed by 351 elarification or granular media filtration, It is usually followed by depth prefiltration through microfiltration with cartridge filters, cross-flow microfiltration or ultrafiltration, combined or not (Barbera and Gurnari, 2018). As can be seen in Table 7 for food industry effluents, 354 prefiltration (PreF) and/or microfiltration (MF) from 100 µm down to 0.2 µm is one of the 355 most widespread pre-treatment processes encountered, regardless of whatever the industrial effluent source (Azmi et al., 2013; Bortoluzzi et al., 2017; Fähnrich et al., 1998; Gebreyohannes et al., 2015; Ioannou et al., 2013; Malmali et al., 2018; Mavrov and Belieres, 2000; Riera et al., 2013; Rogener et al., 2003; Sridhar et al., 2002; Suàrez et al., 2014; Suàrez 359 and Riera, 2015; Tay and Jeyaseelan, 1995). It may be preceded by a clarification step (sedimentation, dissolved air flotation (DAF) or centrifugation) with or without Coagulation/Flocculation (CF)

 For wastewater from brewery bottle-washing (Rogener et al., 2003), combined flocculation /belt filtration, cross or depth MF, UF, hydrocyclone or anthracite / sand filtration are 364 compared. results show that combining anthracite / sand filter and bag filters (coarse and 365 fine depth filtration) is the best solution for this kind of effluent. Belt filter is also found efficient to remove glass residues, parts of labels and coarse impurities from the mineral water bottle-washing wastewater (Mavrov and Belieres, 2000).

 CF with and without chemicals is usually used as pre-treatment of wastewater from root vegetables (Lehto et al., 2014), and sand filtration is also found competitive for carrot wastewater treatment, provided the velocity in the sand filter is low enough to allow pathogenic fungi removal (Mebalds and Hamilton, 2002). Results from Garnier et al. (2020) show that wastewater from carrot rinsing after peeling could be pre-treated by settling or trommel screening, followed by MF or UF, leading to about 90% of TSS and up to 28% for COD (Garnier et al., 2020), consistent with Reimann (2002) and Pauer et al. (2013) results 375 with pre-treatment ensured by UF (in that case considered as pre-treatment).

 In the vegetable oil refining industry sector (Coskun et al., 2013), UF may also be encountered but centrifugation and CF are the main pre-treatment processes studied. In this sector, Dissolved Air Flotation (DAF) is shown to be efficient to assist grease and oil 379 flotation, further separated with a flat scraper, Results on effluents from two fat and vegetable oils industries in Turkey (Azbar and Yonar, 2004) show that it allows to reach 381 leading to 50% of COD removal. It is improved to 90% for COD, BOD₅, TSS, Total Kjeldahl Nitrogen (TKN) and O&G if DAF is combined with chemicals (Azbar and Yonar, 2004). 383 Nevertheless, concentrations after DAF and chemical treatments in the pretreated effluent 384 remain very high and not suitable convenient for reuse as process water. Coagulation/Flocculation at a rather basic pH followed by settling also allows to decrease COD and turbidity (Khouni et al., 2020; Louhıchı et al., 2019). But these processes are efficient only for free and dispersed-oil elimination.

Finally, UV may be used before membrane treatment to inhibit bacterial build-ups or algal

 bloom and limit thereby the fouling risks (Mavrov and Belieres, 2000; Mavrov et al., 1997). 390 Finally, Eventually it is interesting to note that for flushing water in the dairy industry, no 391 pre-treatment is found necessary in the examples given of in Table 7, whatever the COD level. This may be explained by the fact that these effluents mainly contain dissolved organic compounds. This makes it possible to perform simpler treatment processes with fewer steps, which makes these effluents good candidates for treatment and recycling. This is also the case for low contaminated washing water of fresh-cut vegetables, for which a pre-treatment step followed by MF is sufficient before NF or RO treatment. On the contrary, for highly loaded effluents (COD > 10 g/L) whose pre-treatment requires a complicated chain of processes with different fluxes, correlating them with a continuous processing polishing unit seems industrially difficult. The recycling solution could then require a storage step. This is probably the case for the proposed pre-treatment of sausage 401 cooling water (Table 7) where sedimentation + MF + H_2O_2 + UV were shown necessary. This treatment example is certainly efficient at a laboratory or pilot scale but seems unfeasible at an industrial scale.

3.2.2. Treatment by membrane processes

405 The numerous and various case studies presented As shown in Table 7, membrane 406 technologies (UF, NF and RO) are used as polishing and reconditioning processes show 407 that for wastewater treatment in all food sectors. consider and study membrane proccesses 408 as polishing and reconditioning treatment. In some cases, especially when the effluent 409 presents a low charge (COD < 1 g.L⁻¹) or when it does not result from contact with food ingredients (vapour condensates, washing of mineral water bottles), the quality of treated

wastewater may allow an authorization for reuse (Mavrov and Belieres, 2000).

412 On the contrary, in the most difficult cases such as charged vegetable oil wastewater, the 413 performed treatments only allow to discharge the treated water can only be discharged 414 into the receiving environment (Khouni 2020) or to use used them for irrigation (Ochando-Pullido 2018).

 Between those two situations, most investigations result in relatively good permeate qualities for which the prospective reuse destinations proposed should be submitted to 418 the local authorities to obtain a derogation for its reuse in the process. Nevertheless, 419 sSome other "degraded" reuse opportunities are performed proposed, such as floor washing (Kyrychuk 2014). Yet, in many cases, drinking water quality is considered as reached, as the quality obtained meets applicable standards. However, direct contact with food ingredients is avoided, and uses mainly concern heating, cooling, first cleaning/washing, or bottle first washing.

 For the dairy industry, the most common effluents produced are flushing water (water-425 diluted milk) and tank washing water. The former are particularly interesting because their treatment would allow the recovery of milk components in addition to purified water. The latter can be treated to recover both water and cleaning solutions (ex. NaOH). Nanofiltration with MWCO 150 – 300 Da allows the retention of generally more than 90% 429 of the COD, reaching even 99%, COD being mainly composed of lactose and nitrogenous molecules (proteins, TKN), that are efficiently retained (Brião et al., 2019; Kyrychuk et al., 2014; Song et al., 2018; Vourch et al., 2008). Then TMP between 10 – 20 bar is usually used 432 at for up to 100 L.h⁻¹.m⁻² permeate flux. However, depending on the initial concentration of

 pollutants, which is widely uneven depending if on whether flushing waters or vapor condensates are concerned, the obtained permeates may still contain unacceptable 435 concentrations for a drinking water type, with up to several hundred ppm in lactose or few 436 hundred mg.L⁻¹ TOC (Balannec et al., 2002; Balannec et al., 2005; Bortoluzzi et al., 2017). For those more concentrated streams, a simple NF or RO treatment may be enough to produce water for heating, cooling or cleaning purposes; but more often NF plus RO or a 439 double NF is required. For the lower loads (COD < 1 gL⁻¹), a quality close to drinking water 440 is reached (TOC < 3 - 10 mg.L⁻¹) with a simple or a double-stage RO, under 20 - 30 bar, 441 corresponding to a permeate flux of about 30 L.h⁻¹.m⁻² (Brião et al., 2019; Kyrychuk et al., 2014; Mavrov et al., 2001; Song et al., 2018; Vourch et al., 2005, 2008). Additionally, authors indicate that effluent storage before treatment (24 h) lowers the effectiveness of RO or NF+RO operations (Vourch et al., 2008). This is generally due to the biodegradation of organic solutes, representing nutrient media for micro-organisms. This microbial development leads to the synthesis of lower molecular weight solutes, resulting in a 447 decreased effectiveness of the membrane process. into smaller molecules, leading to lower 448 COD retention by the membranes. This result is interesting as it confirms that it is essential to give special attention to the synchronisation of fluxes to avoid storage, as already mentioned (section 3.2.1).

451 Concerning the beverage industry, wastewater with low organic loads (< 1 g.L⁻¹) can be 452 treated through NF run at lower TMP $(8 - 10 \text{ bar})$, which allows to obtain a but high 453 permeate flux in the range 80 - 100 $\text{L} \text{h}^{-1} \text{.} \text{m}^{-2}$ depending on the membrane, while 454 eliminating up to 100% of the COD content (Braeken et al., 2004; Mavrov and Belieres,

455 2000; Rogener et al., 2003). However, only RO leads to a "drinking water quality", preceded 456 or not by a NF step. If recycling is intended for bottle washing, it may be noticed that the 457 hardness of the rinsing water must be reduced to decreased below 0.9 mmol.L⁻¹ Ca²⁺ 458 (Klemes et al., 2008) to avoid calcium deposit on bottles.

 For wastewater with higher organic loads (generally corresponding to the washing water of barrels, tanks, reservoirs or bottles that were previously in contact with beverage), a single NF or RO treatment operation proved insufficient to reach drinkable water quality, with 462 Fesidual COD values at 97 - 210 mg.L⁻¹, mainly due to ethanol in the cases of brewery and 463 vinery, and conductivities at 146 - 3320 μ S.cm⁻¹ (Braeken et al., 2004; Ioannou et al., 2015). Nevertheless, in some cases such as the winery industry, RO retentates contain high amounts of polyphenols that can be recovered and used for food or non-food applications (Ioannou et al., 2013). This second type of valorisation would make the treatment effort economically sustainable, especially when high pressures are applied or when a double-stage of NF/RO is necessary.

469 In the case of fruit and vegetable, two very different situations are encountered. On the 470 one hand, peeling and washing effluent represents the highest fluxes, while their with 471 moderate organic charge is moderate (few g.L⁻¹ or < 1 g.L⁻¹). UF treatment then appears 472 insufficient to treat this effluent with retention R below 40% - and residual COD at about 473 $-$ 800 mg.L⁻¹- or insufficient removal of micro-organisms (Mundi and Zytner, 2015; Reimann, 474 2002). UF followed by A complementary RO treatment at TMP \leftarrow up to 17 bar allows to 475 \degree obtain 92% to 98% of COD removal for a residual COD content below 60 mg.L⁻¹, but with 476 Iow permeate fluxes at 6 to 41 L.h⁻¹.m⁻² and authors conclude that reuse may be possible

477 to a possible reuse for a first washing of food ingredients (Reimann, 2002), and in any case 478 before blanching (Garnier et al., 2020). On the other hand, cooking and blanching effluent, 479 due to the enhanced mass transfer at the high temperatures applied, is highly 480 concentrated. Table 7 shows the example of soybean cooking water with 70 - 85 g.L⁻¹ COD, 481 requiring high-pressure NF treatments (20 bar) with tight membranes (150-300 Da). The 482 permeate fluxes then obtained are moderate (35 - 61 L.h⁻¹.m⁻²) and they latter still contain 483 very high COD concentrations (8 - 10 g.L⁻¹) (Pauer et al., 2013). (Pauer et al., 2013) for 484 which the Even though Authors authors indicate a possible "degraded" reuse such as floor 485 cleaning, excluding any use in the food transformation process. But even then, a risk 486 analysis should absolutely be run to ensure that this recycling has no negative impact on 487 foods and employees safety.

488 Concerning the poultry and meat production, a single or double NF operation (depending 489 in the effluent) at moderate TMP (3 - 6 bar) and permeate fluxes around 20 L.h⁻¹.m⁻², often 490 completed with a disinfection (UV) step, seem enough to treat the low charge sausage 491 $\,$ cooling waters (COD < 0.5 g.L⁻¹) seem to be treated enough to be. It allows its recycling 492 Fecycled as water of drinking quality, with TOC content below 2.5 mg.L⁻¹ in certain cases 493 (Fähnrich et al., 1998; Mavrov and Belieres, 2000; Mavrov et al., 1997). The treatment then 494 consists of a single or a double NF operation depending on the effluent, at moderate TMP 495 $\,$ (3-6 bar) and permeate fluxes around 20 L.h 4 .m 2 , often completed with a disinfection (UV) $\,$ 496 step. Fährnich (1998) notes that in case of storage tank use before treatment, the latter 497 should undergo a daily CIP operation to avoid microbial development. We can conclude 498 that even though it is weakly concentrated, effluent storage should always be avoided.

 In the case of more concentrated effluents, UF alone (30 kDa) or followed by a reverse osmosis treatment is proposed for water recycling or discharge, but without any further detail. Globally, these effluents originating from a direct contact with poultry and meat, present a particular risk of presence of pathogenic micro-organisms and an UF treatment alone seems to be insufficient for a reuse authorization.

 However, vegetable oil effluent seems to be the most difficult to treat. Oil extraction 505 processes are very different depending on the vegetable treated. Here are obviously are only presented examples generating wastewater, but it is worth noting that many processes generate organic solvent effluents that are also investigated for treatment and 508 reuse. Apart from oil process wastewater with $COD < 1$ g.L⁻¹, pre-treatment is systematically required for highly loaded effluent. Then, UF treatment alone only allows to discharge permeates into the receiving environment. RO or tight NF membrane treatments are required for reuse in the process and need to be applied at high TMP (up to 25 bar for NF and 55 bar for RO). Permeate fluxes vary significantly, from 39 to 100 $\text{L} \cdot \text{h}^{-1} \cdot \text{m}^{-2}$ depending on the initial effluent quality. However, NF performances are insufficient regarding the remaining COD amounts at $2 - 3$ g.L⁻¹ when the initial COD is about 13 g.L⁻¹ (Ochando-Pulido et al., 2018). Only RO and even a double-stage RO treatment allow to 516 botain a suitable permeate quality for reuse with a residual COD below 50 mg.L⁻¹ (Sridhar et al., 2002). Forward osmosis is also tested on olive mill wastewater (Gebreyohannes et al., 518 2015), to reduce the total discharged volume and to recover phenolic compounds. At last 519 Finally, for the most concentrated wastewater (COD 53 - 67 g.L⁻¹) only RO treatment allows 520 to reach permeates suitable for discharge, with a still high residual COD of 0.7 g.L⁻¹. A

 critical technical aspect must be highlighted concerning wastewater from vegetable oil processing: it is the negative impact of organic solvents, even in low amounts, on the membrane integrity and thus its lifetime (Low and Shen, 2021). Additionally, fouling issues arise with these effluents, making the use of membrane processes unlikely at the industrial scale.

 Eventually, forward osmosis (FO) is arousing an ever greater interest in the scientific community, with the advantage of a reversible fouling contrary to other membrane processes, where it becomes irreversible due to foulant compaction by hydraulic pressure (Gebreyohannes et al., 2015). It can be used for wastewater treatment as well as for food processing (Cath et al., 2006). It was studied for the treatment of dairy and vegetable oils 531 effluents (Gebreyohannes et al., 2015; Song et al., 2018). Nevertheless, permeate fluxes remain low. Combined with a recovery process such as RO or bio-electrochemical system, 533 FO can be used to produce pure water from wastewater."

 As a conclusion, the analysis above demonstrates that membrane processes for short-loop treatment/recycling of water in the food industry seem relevant when this wastewater 537 presents a slight-low COD load (< few g/L) and is preferentially not fat. Otherwise, it is important to evaluate the opportunity to valorize the residual solutes concentrated in retentates to ensure a global sustainability of the treatment process. For all the other cases, alternative treatment processes must be considered (other physical-chemical treatments or biological treatments).

Furthermore, when BOD/COD ratio is high, it would be preferable to avoid storage to limit

 microbial degradation of the effluent, that leads to smaller molecules, more difficult to eliminate by membrane processes.

545 In all cases, recycling with a direct food contact does not yet seem seems not yet to be common and is even prohibited by several national and community regulations, to uphold 547 ensure the precautionary principle. However, our analysis brings out diverse uses of the treated wastewater, such as heating, cooling, in boilers, or in first washing/rinsing steps of ingredients or vessels before rinsing with drinking water.

3.2.3. Post-treatments: Disinfection

 Disinfection is used to inactivate or to destroy micro-organisms present in the water. It is usually installed at the end of the treatment process scheme but can also be installed for instance before membrane treatment to limit fouling: in this case it inhibits bacterial build- ups or algal bloom and limits thereby the fouling risks (Mavrov and Belieres, 2000; Mavrov et al., 1997). as already mentioned (Mavrov and Belieres, 2000) To design a disinfection process, inactivation target is defined and expressed as the decimal reduction rate of the microorganisms number. In the fresh-cut vegetable industry, a 5 log reduction of pathogenic bacteria is generally considered as a minimum for allowing washing water to be recycled (Manzocco et al., 2015).

 Disinfection can be chemical or physical. Ozone is mainly used for its huge oxidizing effect, and chemicals containing chlorine compounds are necessary for its persistency (hypochlorite and related compounds, chloramines, chlorine dioxide, acidified sodium chlorite). In the case of physical disinfection, different technologies such as Ultraviolet Light (UV), Pulsed Light (PL) and UltraSonication (US) are possible, used alone or combined.

 Some authors have reviewed the advantages and limitations / drawbacks of each solution (Klemes et al., 2008; Manzocco et al., 2015).

 Table 8 brings together examples of disinfection post-treatment in the food industry, after membrane treatment. Disinfection with chlorination or UV is mainly proposed, even if membrane treatment also ensures disinfection by physical removal of any microorganism.

4. Conclusion

 On the basis of numerous case studies available in the literature and some literature reviews, the present work allowed to build a synthesis of the applications of membrane processes to treat food industry effluent in order to recycle it into the food production processes.

 This synthesis classified the applications according to the COD level and the efficiency of the treatment (permeate flux and composition), for each food industry. This made it 577 possible to delimit define the cases where the applied treatment leads to obtaining a water quality suitable for recycling, even though potable water criteria are not reached. The main recycling applications found deal with non-food contact, due to current regulatory limitations: recycling for floor washing, heating, cooling, bottle or vessel pre-cleaning. This work also allowed to identify the cases where membrane treatments seem to be simultaneously technically efficient and cost effective: these are the cases where only one membrane treatment stage is sufficient to obtain water quality complying with local 584 recycling requirements. This generally corresponds to few-charged low COD content (COD < 1 g/L) non-fat effluent, generally originating from flushing, bottle washing or

586 vegetable rinsing water-after peeling. For more loaded effluent, the valorization of solutes 587 recovered in the retentates would be a solution becomes essential to obtain economically efficient treatment processes.

 Finally, the data of purified water flux, applied pressure and pollutant rejections collected in this work for certain membrane types, make it possible to undertake an initial scale-up study.

 Once the overall reconditioning treatment is selected for a given new application, pilot tests have still to be run in order to confirm if the treated water quality fits with the intended purpose. Of course, the treated cases in the present work are mostly research cases dealing with the feasability of membrane treatment and some critical aspects such as flux decline, fouling, energy consumption or life cycle analysis are not brought to the fore even though they represent key parameters for industrial scale running. Simulations of the long term permeate productivity and quality obtained would then allow to validate the recycling strategy and show if a given pollutant accumulation may occur, possibly having a detrimental impact and questioning the treatment process choice. Moreover, a risk analysis, such as Quantitative Microbial Risk Assessment (QMRA) or Attributable Risk (AR), has to be performed (Lens et al., 2002) in order to establish the impacts on materials and products, including that on existing wastewater treatment. A Life-Cycle Assessment (LCA) would finally allow to estimate the overall benefits gained with the planed planned solution when compared to the existing scheme.

 Otherwise, whereas scaling phenomena may happen with hard water, membrane technologies may lead to softened water (low calcium and magnesium content)

- responsible for corrosion. Care should then be taken to obtain the right calcium-carbonate
- balance of the treated water (Hallopeau & Dubin method).

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858 **Tables:**

859 **Table 1:** Water consumption and specific wastewater discharge in some European food

860 factories (European Commission, 2019)

862 **Table 2:** Examples of specific uses of water in different food sectors (Klemes et al., 2008)

864 **Table 3**: Definitions of specific terms used

865

867 **Table 4:** Overview of the main origins of the wastewater for some food industries, and

868 parameters and compounds found therein

Type of industry	Main origins of wastewater	Parameters and compounds present in wastewater	References
Winery	Washing, cooling and cleaning equipment, facilities	Ethanol, Sugars Phenolic compounds Total Nitrogen (TN) PO_4^3 / K ⁺ / Na ⁺	(Klemes et al., 2008) (Buelow et al., 2015) (Ioannou et al., 2015)
Dairy	Clean-in-Place (CIP) Heat treatments: pasteurising, Ultra-High Temperature (UHT) processes, chilling, cooling, stream production	TSS, COD, TOC, TN, TKN, TP, color Proteins (caseins)/ Carbohydrates (lactose) / Lipids / Urea / Organic acids (citric, lactic) / Oil and Grease (O&G) Conductivity, pH NH_4^+ / PO ₄ ³⁻ / Na ⁺ / Cl ⁻ / Ca ²⁺ / Mg ²⁺ / K^+ /Na ⁺ Detergents and sanitizing agents	(Balannec et al., 2002) (Balannec et al., 2005) (Barbera and Gurnari, 2018) (Galvão, 2018) (Bortoluzzi et al., 2017) (Klemes et al., 2008) (Riera et al., 2013) (Song et al., 2018) (Suàrez and Riera, 2015)
Fats and oils	Degumming Deacidification Deodorisation steps Blowdown of the boiler De-oiling of the bleaching earth	COD, BOD, TOC, Total Dissolved Solids (TDS), TSS, color, turbidity (O&G/ Phenolic compounds / Nitrogen compounds / Pesticides Conductivity, pH SO_4^{2-} / S^2 / PO_4^{3-} / Ca^{2+} / Mg^{2+} / K ⁺ / Mn^{2+} / Fe ²⁺ / Cu ²⁺ / Zn ²⁺ / Heavy metals Catalyst used in the hydrogenation process	(Azbar and Yonar, 2004) (Azmi et al., 2013) (Gebreyohannes et al., 2015) (Klemes et al., 2008) (Pandey et al., 2003) (Sridhar et al., 2002)
Fruit and vegetables	Washing and sanitation operations such as: removing soil from ➤ unpeeled vegetables cleaning of surfaces ➤ cleaning, rinsing and ➤ cooling of processed vegetables	TSS (soil), color Sugars / Starches / Organic acids / Pesticides Brines Pathogenic microorganisms	(Barbera and Gurnari, 2018) (Klemes et al., 2008) (Lehto et al., 2014) (Millan-Sango et al., 2017) (Nelson et al., 2007) (Sinha et al., 2011)

869

871 **Table 5:** Examples of the practices of recycling or reuse in the food industry (European

872 Commission, 2019)

873 (*) nd: not defined

- 874 **Table 6:** Rejected solutes depending on the membrane type (Berland and Juery, 2002;
- 875 Muro et al., 2012)

877 * CFU= Colony Forming Units

879 **Table 8:** Examples of disinfection used as a post-treatment after membrane treatment

