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Neuronal perception of the social environment generates an inherited memory that controls the development and generation time of *C. elegans*

Marcos Francisco Perez¹, Mehrnaz Shamalnasab², Alejandro Mata-Cabana³, Simona Della Valle^{1,6}, María Olmedo³, Mirko Francesconi²*, Ben Lehner^{1,4,5,7}*

Twitter handles:

- @BenLehner
- @francemirko
- @MfPez

^{*}Correspondence to mirko.francesconi@ens-lyon.fr and ben.lehner@crg.eu

¹ Systems Biology Program, Centre for Genomic Regulation (CRG), The Barcelona Institute of Science and Technology, Dr. Aiguader 88, Barcelona 08003, Spain.

² Univ Lyon, ENS de Lyon, Univ Claude Bernard, CNRS UMR 5239, INSERM U1210, Laboratory of Biology and Modelling of the Cell, 46 Allée d'Italie, Site Jacques Monod, F-69007, Lyon, France.

³ Departamento de Genética, Facultad de Biología, Universidad de Sevilla, Seville, Spain.

⁴ Universitat Pompeu Fabra (UPF), Barcelona, Spain.

⁵ Institució Catalana de Recerca i Estudis Avançats (ICREA), Pg. Lluis Companys 23, Barcelona 08010, Spain.

⁶ Current affiliation: Department of Engineering Science, University of Oxford, Oxford OX1 3PJ, United Kingdom.

⁷ Lead contact

SUMMARY

An old and controversial question in biology is whether information perceived by the nervous system of an animal can 'cross the Weismann barrier' to alter the phenotypes and fitness of their progeny. Here we show that such intergenerational transmission of sensory information occurs in the model organism, *C. elegans*, with a major effect on fitness. Specifically, that perception of social pheromones by chemosensory neurons controls the post-embryonic timing of development of one tissue – the germline – relative to others in an animal's progeny. Neuronal perception of the social environment thus intergenerationally controls the generation time of this animal.

INTRODUCTION

Phenotypic variation within a population – whether behavioral, morphological or physiological – is the basis of individuality and the raw material upon which natural selection acts. While phenotypic variation can arise due to genetic variation, the environment can play a large role: frequently a single genotype can produce alternative phenotypes in response to different environments – an ability called phenotypic plasticity¹. The biotic environment, such as chemical or social cues from conspecifics or predators can also be an important source of variation. For example, *Caenorhabditis elegans* nematode worms growing in an unfavorable environment of high population density and temperature and low food enter dauer diapause, an alternative larval stage characterized by morphological, physiological and behavioral alterations and longevity². *C. elegans* and other nematodes sense population density by secreted pheromones called ascarosides, analogous to quorum sensing in bacteria³. Although dauer entry is the most drastic transition induced by ascaroside pheromones, a range of plastic phenotypic responses are observed at various stages of the worm lifecycle, from slowed development⁴ to shifts in reproductive traits, metabolism and social behavior⁵.

Phenotypic plasticity can also sometimes operate across generations, whereby parental or ancestral environment induces phenotypic changes in progeny. For example, exposure of the water flea *Daphnia cucullata* to chemical cues indicating the presence of predators results in the production of progeny born with larger defensive helmets⁶ and female population density reduces larval size in the coral reef fish *Pomacentrus amboinensis*⁷. Intergenerational regulation of phenotypic plasticity has also been reported in mammals, with parental perception of higher population density in the red squirrel *Tamiasciuris hudsonicus* accelerating progeny growth rates⁸.

While the control of somatic developmental timing has been well studied in *C. elegans* and *Drosophila melanogaster*⁹, little is known about how the coordination of developmental timing between tissues changes in response to environmental cues. In *C. elegans* the timing of somatic and germline developmental can vary across individuals and genotypes¹⁰⁻¹² but the study of soma/germline developmental coordination has been mostly limited to the ongoing bidirectional communication that links germline development with that of the functionally and physically intertwined somatic gonad^{13,14}. In both *C. elegans* and *Drosophila*, neuronal signaling regulates germline proliferation in response to environmental conditions^{15,16}. However, these reports of neuronal signaling to the germline are limited to a single generation.

C. elegans has emerged as a powerful model organism for studying intergenerational and transgenerational epigenetic inheritance^{17,18}. Although numerous examples of intergenerational and transgenerational epigenetic inheritance have now been documented in *C. elegans*, most of these involve the stable or transient inheritance of RNAi- or piRNA-triggered gene silencing¹⁹⁻²⁴, the inheritance of environmentally-triggered changes in small RNA abundance^{25,26} or of environmentally-triggered changes in repeat and transgene expression²⁷. It remains unclear how most of these phenomena relate to physiological intergenerational plastic responses to natural environments¹⁷. However, recent reports of multigenerational effects of the environment on stress resistance and life history traits²⁸⁻³², on behavioral avoidance of pathogenic bacteria^{33,34} and on pathogen resistance³⁵ suggest that non-genetic inheritance in *C. elegans* may indeed have ecological significance.

In general, though, the intergenerational responses to environmental perception in this and other organisms remain unclear. Indeed, whether the effects of stimuli perceived in somatic tissues (in particular the nervous system) are communicated to the germline across the Weismann barrier' - the hypothetical frontier that insulates germ cells and ensuing generations from information flowing from somatic tissues - remains largely unknown, with only a few examples of the transmission of environmental information perceived by neurons to future generations³⁶⁻³⁹, even though the capacity to transmit information from neurons to the germline likely exists^{40,41}.

We previously reported that maternal age is an important cause of phenotypic variation in *C. elegans* progeny¹¹. Most of these phenotypes, including size at hatching, time to reach adulthood and starvation resistance, could be explained by an age-dependent increase in the supply of a lipoprotein complex, vitellogenin, to oocytes. However, we also reported that maternal age affects the relative developmental timings of somatic and germline tissues and that this effect was independent of embryonic vitellogenin levels. This indicated that somatic and germline developmental timings are partially uncoupled in isogenic individuals, and that their relative timing can be altered by changes in maternal physiology.

Here we report that the timing of post-embryonic germline development in isogenic animals in a constant environment is actually controlled by neuronal perception of the social environment by an animal's parent. Neuronal perception in one generation – in this case, of a social cue – can therefore control the timing of development of a tissue within an animal in the next generation. The nervous system therefore communicates information about the social environment of an animal to its progeny to determine their generation time.

RESULTS

Exposure of parents to pheromone induces germline delay in progeny

We previously described in *C. elegans* an effect of maternal age on the relative timings of somatic and germline maturation in progeny¹¹. Although progeny of the youngest mothers reach both somatic and germline maturity later, this delay impacts somatic timing disproportionately, leading to the production of embryos sooner after the adult molt. During the course of these experiments, we noticed that if parental worms were transferred to a fresh plate during adulthood (Figure 1A), their progeny reached germline maturity more rapidly than worms whose parents were returned to the same, previously used plate (Figure 1B, C).

We counted worms in a population before and after somatic maturity (L4/YA molt) and reproductive maturity (the appearance of the first embryo), and use these counts to estimate the time at which 50% (T_{50}) of the population crossed the developmental milestone (Figure S1A). While time to reach somatic maturity varied in our experiments, time to germline maturity was robustly and consistently reduced with respect to the adult molt (described as Δ soma-germline), and nearly always reduced in absolute terms (Figure S1B), thus impacting the progeny minimum generation time. The relative Δ soma-germline values are much more consistent across experiments and treatment groups than the absolute transition T_{50} timings (between-trial heterogeneity comprises 80% and 98% of total variability, respectively; Figure S1B), likely because uncontrolled factors, such as temperature fluctuations, impact both soma and germline developmental speed to the same extent.

This observation suggested the possibility that the parental environment influenced the phenotype of progeny. To investigate this further, we moved worms to fresh plates at various times prior to collection of progeny. We observed a maximum acceleration of germline maturity in progeny that hatched around 1 day after parents were transferred to fresh plates, after which the effect slowly decreased with the time the parents spend on the fresh plate (Figure S1C-F).

These observations led us to hypothesize that the effect of moving to a fresh plate vs remaining on a used plate is due to conditioning by pheromones secreted by worms: parents coming from used plates have been exposed to the pheromone accumulated since hatching, while parents moved to fresh plates are initially not exposed to pheromone, which then accumulates with time. However, these observations could also be explained by decreased food availability or quality caused by consumption. To exclude this possibility, we kept food supply constant across conditions by transferring adult worms onto fresh plates conditioned by either a bacteria-free crude pheromone extract from a dense worm liquid culture or by filtered bacteria-free medium from a bacterial culture as control. We collected a synchronized cohort of hatching progeny around 1 day later and immediately transferred it to fresh plates for development (Figure 1D). We found that parental exposure to crude pheromone extract delays the relative timing of germline maturation in progeny (Figure 1E, F), typically by 0.5-2 h (Figure S1B). Although affected by maternal age¹¹, we found no reproducible impact of parental pheromone exposure on progeny brood size (p-value across 7 trials; 0.81; Figure S1G).

While there was a tendency for progeny of pheromone-treated worms to be delayed in reaching the adult molt, this varied substantially between trials on solid media (Figure S1B). To clarify this, we used a previously published protocol that precisely measures somatic

developmental timings in single worms in liquid culture⁴². We found that progeny of pheromone-treated parents reached adulthood around 1 h later than progeny of control-treated parents (Figure S1H; Bonferroni-adjusted p-value across 3 replicates = 7.06×10^{-8}). This delay was largely due to an extension of the L1 larval stage by an average of 48 min (Figure 1G: adjusted p-value = 2.78×10^{-13}). Other larval stages did not contribute significantly to this delay, either individually or in combination (Figure S1I; combined delay 1 min, adjusted p-value = 1 for all stages). Interestingly, however, around 25% of the total progeny developmental delay induced by exposure of parents to pheromone was due a slight extension of all 4 periods of molting lethargus, a sleep-like quiescent state⁴³ (Figure 1H; adjusted p-value = 1.22×10^{-5}). Taken together, these results suggest that the delay observed is largely due to a delay in developmental initiation rather than a slowing of developmental rate⁴⁴.

The phenotypes of the first progeny hatching on a fresh plate, laid shortly after parents were transferred, resembled those of worms hatched on the used plate, suggesting that it was an intergenerational effect of parental environment, rather than the environment encountered upon hatching, that determined the phenotype of progeny (Figure S1C-F). To confirm this, we performed two control experiments. In the first experiment, we harvested embryos laid by pheromone-exposed or control parents and briefly hypochlorite treated and washed them before allowing them to hatch on fresh plates (Figure S2A). In the second experiment, we harvested embryos laid by untreated parents and allowed them to hatch on either pheromone-conditioned or control plates (Figure S2D). In both cases it was the environment experienced by the parents, not the progeny upon hatching, which determined the delayed germline phenotype in progeny (Figure S2B, C, E-H).

Exposure of parents to ascarosides is sufficient to induce germline delay in progeny

The observation that the extent of germline acceleration decreases with the time the parents spend on the fresh plate after ~ 1 day (Figure S1B-E) also suggests that the concentration of crude pheromone to which a hermaphrodite is exposed quantitatively modulates the extent of the germline delay phenotype observed in progeny. To test this, we performed a doseresponse experiment that showed that indeed the extent of relative germline delay varied in an approximately log-linear fashion with pheromone concentration (Figure 2A, Figure S3A). This demonstrates quantitative control of progeny phenotypes in response to environmental cues perceived by parents.

Which kind of pheromone is responsible for this intergenerational phenotype? The predominant pheromones characterized in *C. elegans* are the ascarosides, a group of small, secreted fatty acid-based molecules that mediate density perception upstream of dauer formation, among other functions⁴⁵. To test the role of ascarosides we prepared crude pheromone extract from loss-of-function mutants for the metabolic genes *dhs-28* and *daf-22*, both required for the production of the biologically active short-chain ascarosides⁴⁶ (Figure 2B). Indeed, *dhs-28* and *daf-22* crude extracts are unable to elicit any germline delay in the progeny of exposed wildtype worms (Figure 2C; Figure S3B).

daf-22 worms fail to produce hundreds of metabolites, not only ascarosides⁴⁷. For this reason, we tested whether exposing parents to a synthetic blend of major ascarosides (#2, #3) would induce a relative germline delay in progeny. Indeed, we found that parental exposure to synthetic ascarosides was sufficient to elicit this intergenerational phenotype (Figure 2D; Figure S3C). Progeny response to parental ascaroside exposure was dose responsive in a log-linear fashion, with high concentrations of ascarosides eliciting a similar degree of relative

germline delay to our crude pheromone extracts. Note however that we do not exclude any additional contribution by other *daf-22* or *dhs-28* dependent secreted metabolites.

Pheromone perception in parental neurons mediates progeny phenotypes

Pheromones such as ascarosides are detected by chemosensory neurons. We tested if perception of pheromone is required in the parents to elicit the intergenerational effect of pheromone in the progeny. We mated hermaphrodites bearing loss-of-function mutations in neuronal-specific genes involved in pheromone signal transduction to wildtype males prior to pheromone exposure (Figure 3A). In this way, the assayed progeny possess a functional allele and the effect of the mutation can be more easily attributed to its lack of function in parental neurons. Additionally, we avoid mutant phenotypes which can complicate assaying development in homozygous mutant progeny. Control mothers are wildtype hermaphrodites mated to loss-of-function mutant males such that the genotypes of the assayed progeny of both groups were identical heterozygotes.

We first tested *tax-2* and *tax-4*, encoding two subunits of a cyclic nucleotide-gated ion channel previously implicated in signal transduction downstream of pheromone activity in chemosensory neurons⁴⁸. We found that progeny of *tax-2* and *tax-4* mutants already displayed delayed germline maturation relative to wildtype under control conditions (Table S2), and indeed do not respond with a further delay to parental pheromone exposure (Figure 3B, C; Figure S4A, B). We went on to test mutants of two guanylate cyclases, DAF-11 and ODR-1, that relay signals from the GPCRs that detect environmental stimuli to control TAX-2/TAX-4 ion channel function⁴⁸. We found that the progeny of *daf-11* parents phenocopy the progeny of *tax-2/tax-4* parents, showing a constitutive germline delay (Table S2) that failed to respond further to parental pheromone exposure (Figure 3D; Figure S4C). This was in keeping with the reported role of DAF-11 in counteracting dauer formation downstream of pheromone exposure⁴⁹. In contrast, progeny of mutants for *odr-1*, which does not affect dauer formation⁵⁰, did respond to parental pheromone exposure (Figure 3D; Figure S4C).

To identify which neurons were required for the intergenerational response to pheromone, we tested the *tax-2* regulatory mutant *p694*, which compromises TAX-2 function in a subset of chemosensory neurons⁵¹. We found that this mutant displayed a robust intergenerational response to pheromone (Figure 3C; Figure S4B). Of the 6 pairs of chemosensory neurons in which *tax-2* functions in the *p694* mutant, 5 pairs also express *daf-11*⁴⁹: the ASI, ASJ, ASK, AWB and AWC neurons. We tested genetic ablations of these 5 specific pairs of neurons. The results show that the ASK and ASI neurons are both required for the intergenerational germline delay response to pheromone (Figure 3E, Figure S4D). The AWB neurons were not required for germline delay. The germline delay was largely abrogated or absent for the ASJ and AWC ablation strains in most trials, but we note that both did show a significant pheromone-induced delay in 1/5 and 1/4 trials respectively. As these are unlikely to be false positives, we conclude that these neurons are not essential for the intergenerational germline delay response to pheromone but that they may enhance sensitivity to pheromone. We also note that the ASK ablation strain exhibited a strong overall developmental delay (Figure S4D).

Germline delay results from delayed initiation of post-embryonic development

What is the developmental origin of the soma-germline heterochrony that we observe at adulthood? A recent study found that the developmental delay arising after recovery from

starvation-induced L1 arrest occurred not due to a slowing of developmental rate but rather due to a delay in initiation of post-embryonic development upon feeding⁴⁴. This led us to hypothesize that pheromone exposure in the parents might impact the relative timing of post-embryonic developmental initiation in progeny somatic or germline tissues, rather than their relative rate of development. Further, this hypothesis could explain the intergenerational germline delay as a latent effect of maternal control over an early developmental event, whose effects manifest in progeny up to adulthood. To test this hypothesis, we monitored the timings of initial postembryonic divisions of the primordial germ cells (PGCs) Z2 and Z3, the M mesoblast cell and the head (H) lineage of the hypodermal seam cells (Figure 4A).

We observed that while parental exposure to pheromone had a modest impact on the timings of somatic M cell division and a negligible impact on H seam cell division, the initial division of the PGCs is strongly delayed (Figure 4, B-E). Interestingly, we observed that interindividual variability within groups was much more pronounced for initial PGC divisions than for somatic cell divisions (Figure 4F). Importantly, parental exposure to a blend of synthetic ascarosides #2 and #3 led to a dose-responsive slowing of PGC division relative to M cell division (Figure 4G, H), with the highest concentrations having a similar impact to crude pheromone extract.

Pheromone perception is required for maternal age-dependent changes in progeny heterochrony

We previously reported maternal age as influencing soma-germline heterochrony in adulthood¹¹. Can this be explained by differential timings of initial post-embryonic divisions in somatic and germline tissues? Indeed, maternal age had a negligible effect on the timing of the initial division of the M cell and H cells but had a strong effect on the division of the PGCs, which were delayed in progeny of older mothers (Figure 4I, J). While this observation can explain the relative germline delay with respect to somatic maturity observed in adulthood in progeny of older mothers, these worms still tend to reach somatic and germline maturity sooner than early progeny¹¹, implying an overall acceleration of development.

We also previously reported that while many phenotypic effects of maternal age could be explained by differential provisioning of the yolk lipoprotein complex vitellogenin, it was unlikely to be the cause of the observed soma-germline heterochrony¹¹. Further, parental vitellogenin provisioning to embryos is not altered in response to pheromone exposure (Figure 5A). Therefore, we wondered whether the apparent effect of maternal age on somagermline heterochrony could be explained not by age per se but by elevated pheromone exposure in older mothers. To test this hypothesis, we assayed soma-germline heterochrony in adulthood in tax-4 mutants, in which pheromone is unable to induce intergenerational germline delay. First, we showed that tax-4 worms were capable of conditioning media to induce intergenerational germline delay in wildtype worms (Figure 5B, C). Further, we confirmed by examining early embryo autofluorescence¹¹ that tax-4 worms displayed an increase in embryonic vitellogenin loading with maternal age (Figure 5D). Likewise, progeny length at hatch, previously shown to be vitellogenin-dependent, increased with maternal age in tax-4 mutant worms (Figure 5E). However, tax-4 mutants did not display a delayed germline in the progeny of the oldest mothers (Figure 5F, G). This indicates that the previously-reported alteration of progeny soma-germline heterochrony with maternal age is indeed pheromone-dependent, rather than an intrinsic consequence of maternal age.

Inheritance requires DAF-7/TGF-β in mothers and DAF-12/NHR and DAF-3/Co-SMAD in

progeny

To better understand how the effects of parental pheromone exposure are inherited, we tested whether progeny sired by pheromone-exposed males also exhibit a germline delay (Figure 6A). In the design and interpretation of this experiment we assume that any signal inherited via sperm would remain stable after spermatogenesis until fertilization. We used sperm-less fog-2 mutant females to ensure that all progeny were sired by males, and wildtype males so that assayed progeny were fog-2(+/-) hermaphrodites that were able to self-fertilize. We found no evidence for transmission of paternal pheromone exposure via sperm in male-sired progeny (Figure 6B; Figure S5A). The converse experiment, with females exposed to pheromone, confirmed that memory of maternal pheromone exposure is transmitted through the oocyte (Figure 6B; Figure S5A), or possibly to the early embryo in utero. However, we cannot exclude inheritance via sperm, due to two caveats. First, we did not test transmission via sperm in selfing hermaphrodites, due to the difficulty of cleanly distinguishing maternal and paternal transmission. Second, both pheromone production and responses are sex-specific in C. elegans⁵², meaning a different physiological response to pheromone in males could also underlie a failure to observe transmission to their progeny.

High pheromone concentrations can suppress germline proliferation in adult hermaphrodites by downregulating the expression of the TGF-β ligand *daf-7* in ASI neurons¹⁵. Additionally, *daf-7* expression has been shown to be downstream of *daf-11*, *tax-2* and *tax-4* in multiple contexts^{53,54} and has been implicated in transgenerational inheritance^{33,34}. We wondered whether this established neuron-to-germline signaling axis might also contribute to the intergenerational inheritance that we observe. As *daf-7* mutants are dauer-constitutive, we crossed wildtype males to *daf-7(e1372)* mutant hermaphrodites⁵⁵ to ensure wildtype-like development in heterozygous progeny before pheromone exposure. Note that as *daf-7* mutant males are defective for crossing, the controls assayed in this experiment are male-sired homozygous wildtype worms, rather than *daf-7* heterozygotes. Like *tax-2/4* and *daf-11* mutants, progeny of *daf-7* mutant mothers have a constitutively delayed germline (Table S2), consistent with low *daf-7* expression signaling high environmental pheromone concentration, and they do not respond further to maternal pheromone exposure (Figure 6C; Figure S5B).

The principal downstream effector of the daf-7 TGF-β pathway is DAF-3, a Co-SMAD whose activity is antagonized by DAF-7⁵⁶. As such, daf-3 mutants phenocopy high daf-7 expression and display superficially wildtype development in benign conditions, with males competent for crossing. We exposed daf-3(e1376) null mutants to pheromone- or controlconditioned plates and assayed their progeny. The germline in daf-3 mutants is constitutively advanced with respect to the soma (Figure 6D; Table S2). This appears to result primarily from a delay in somatic, but not germline, development (Figure S5C). Like daf-7 mutants, however, daf-3 mutants do not display any disproportionate germline delay in response to parental pheromone exposure (Figure 6D). We hypothesized that DAF-3 might act in the maternal somatic gonad downstream of DAF-7 to influence the germline and the phenotypes of the next generation⁵⁷. However, rescuing daf-3 function in progeny restored pheromoneinduced germline delay in the progeny of mutant mothers (Figure 6E; Figure S5D), indicating that DAF-3 is dispensable in parents and acts in progeny to facilitate intergenerational germline delay. Indeed, daf-3(-/-) progeny of daf-3 heterozygous mothers do not display a germline delay in response to parental pheromone exposure, unlike their daf-3(+/-) siblings (Figure 6F, Figure S5E). Unlike wildtype worms, in a daf-3 mutant line exposure of parents to pheromone does not delay the initial division of the primordial germ cells in progeny (Figure 6G-H, Figure S5F-G). This indicates that DAF-3 acts to prevent germline delay at the stage of developmental initiation and not by affecting the course of later post-embryonic development.

Another factor that responds to pheromone downstream of DAF-7/TGF-β, and possibly DAF-3 (Jia et al. 2002), in the dauer fate decision is the nuclear hormone receptor DAF-12. *daf-12* mutants display extensive heterochronic phenotypes during development⁵⁸ and *daf-12* has been proposed to contribute to developmental robustness⁵⁹. *daf-12*(*rh61rh411*) null mutants do not display germline delay in response to parental pheromone exposure (Figure 6I). *daf-12* mutants have an extremely advanced germline relative to somatic development (Figure 6I; Table S2), with embryos appearing shortly after the completion of L4/YA molt. Like *daf-3* mutants, this appears to be a result of the mutation introducing a substantial delay in the completion of somatic, but not germline, development (Figure S5H).

We rescued *daf-12* function in progeny and found that DAF-12 is not necessary in parents for pheromone-induced intergenerational germline delay (Figure 6J; Figure S5I). However, wildtype *daf-12* in heterozygous mothers can rescue the pheromone-induced germline delay in *daf-12* (-/-) mutant progeny (Figure 6K; Figure S5J). However, although maternally-rescued *daf-12*(-/-) worms are responsive to parental pheromone perception, they still display a constitutively advanced germline (Figure 6K; Figure S5J). From this we conclude that DAF-12 controls soma/germline relative timings within the same generation, as well as being necessary for the pheromone-induced intergenerational germline delay. The later effect, though not the former, can be rescued by a maternal copy of *daf-12*.

Most upstream pathways that converge on DAF-12 act through the cytochrome P450 DAF-9, which produces small molecule DAF-12 ligands known as dafachronic acids⁶⁰. We hypothesized that dafachronic acid itself could be inherited through the oocyte in order to influence progeny developmental initiation through modulating the activity of DAF-12. To test this, we used *daf-9(m540)* loss-of-function mutant hermaphrodites⁶¹. These worms were raised to adulthood on plates supplemented with (25S)-Δ7-dafachronic acid (DA) to bypass the constitutive dauer phenotype and induce wildtype-like development. We crossed these *daf-9* mutant hermaphrodites to wildtype males to ensure that the resulting *daf-9(+/-)* progeny also displayed wildtype-like development. We then moved the *daf-9* mutant mothers to plates supplemented with 0 nM (vehicle only), 10 nM or 100 nM DA, or to pheromone- or control-conditioned plates with no DA and collected their progeny to assay phenotypes. We found that parental DA feeding had no effect on progeny somatic or germline development (Figure S5K, L). Indeed, exposure of *daf-9* mutant mothers to pheromone induced a robust germline delay in their progeny (Figure S5K, L), invalidating the hypothesis that DA is the inherited signal.

The lack of requirement in parents for either DAF-3 or DAF-9/DAF-12 suggests that parental DAF-7 controls progeny germline development via a non-canonical signaling axis.

In order to test for the involvement of the insulin/insulin-like signalling (IIS) pathway, we assayed a null mutant of the FOXO orthologue *daf-16*. We find that this mutant displays a clear and significant germline delay in response to exposure of the previous generation to pheromone (Figure S5M, N) and thus we exclude an essential role for the canonical IIS pathway in either the P0 or G1 generations.

DISCUSSION

We have shown here that neuronal perception of the environment can intergenerationally control the development and generation time of an animal. Specifically, neuronal sensing of a social cue transmits a signal that crosses the Weismann barrier to the germline to control the post-embryonic initiation of germline development in the next generation. Inheritance via the oocyte required the TGF- β ligand DAF-7 in parents and its targets DAF-3/CoSMAD and DAF-12/NHR in progeny. Neuronal perception of pheromone also underlies the previously reported control of soma-germline heterochrony by maternal age, meaning that maternal age determines phenotypic variation intergenerationally by at least three signals in this species (Figure 7).

Previous work in *C. elegans* has shown using neuronally-expressed transgenes that there is the potential for the inheritance of information from neurons but did not connect this potential to actual environmental stimuli^{40,41}. Other examples of inter-generational memory in *C. elegans* involve very different mechanisms of sensing that do not involve the parental nervous system, for example environmental stimuli such as temperature²⁷ or osmotic stress³⁵ that likely act directly on all cells, including the germ cells, or the uptake of environmental RNA by the intestine^{33,34}. In contrast, our study uses an environmental signal that is only detected by neurons to demonstrate unequivocally that the nervous systems of *C. elegans* transmits ecologically relevant information about the environment to alter the physiology and fitness of the next generation.

The pheromone-induced intergenerational germline delay that we describe is likely to have a considerable impact on fitness. Minimum generation time is a critical fitness parameter in C. elegans. Indeed, a mutant that displayed a 50% increase in total fecundity at the cost of a modest extension of minimum generation time of 2-3 h was consistently outcompeted by wildtype worms in an 'eating race' 62. C. elegans undergo rapid population expansion, rarely lasting for more than 3 or 4 generations⁶³, on ephemeral resource patches, followed by widespread entry into the dauer diapause awaiting the dispersal of a few individuals to a new resource patch⁶⁴. For population founders, minimizing the generation time at any cost to take advantage of plentiful resources during the exponential phase of population expansion is likely to be a high-fitness strategy. As the resource patch nears depletion, this strategy may no longer be optimal. Pheromone is likely to be a vital cue for worms looking to adapt their life history traits, and that of their progeny, to the appropriate stage of the population cycle. Indeed, previous studies have found that contrary to the increase in progeny generation time reported here as a consequence of parent's exposure to pheromone, direct exposure to whole pheromone accelerates development and so reduces the generation time of the exposed worms⁴, with males secreting additional compounds that accelerate hermaphrodite development⁶⁵. The outcome, in terms of the life history traits exhibited by individuals and populations in the wild, is likely to be the result of an interplay of both direct and inherited effects of chemical communication.

Previous work in the nematode *Pristionchus pacificus* has shown that pheromone can indicate the age structure of a burgeoning population to adaptively influence progeny developmental outcomes. The composition of whole pheromone in this species is stage-specific, such that only pheromone produced by adults, not juveniles, can elicit an alternative developmental trajectory, a predation-enabling mouth morphology, in developing worms⁶⁶. In contrast, our study demonstrates direct inheritance of parental pheromone perception to alter progeny phenotypes, similar to recent reports⁶⁷, including one in another nematode species⁶⁸. Given

the importance of conspecific competition to organisms of all kinds, we speculate that such mechanisms to alter progeny phenotypes in response to the size and state of the population are widespread.

In summary, we have shown intergenerational control of the developmental timing of a specific tissue in an animal, in response to neuronally-perceived environmental cues experienced by the previous generation. This example, which controls the generation time of the animal, adds to the growing body of evidence 18,36,37,39,67 that neuronal perception of the environment can be inherited across generations and be an important influence on animal phenotypes and fitness.

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AUTHOR CONTRIBUTIONS

M.F.P. conceived and performed experiments, analyzed data and drafted the manuscript. M.S. and M.F. performed the experiments shown in Figure 2D and Figure S3C. S.D.V and M.F. performed the experiments shown in Figure 2A, Figure S1B-E and Figure S3A. A.M.C. and M.O. performed the experiments shown in Figure 1G,H and Figure S1H,I and analyzed the data. M.F. discovered the effect, conceived and performed experiments, analyzed data and edited the manuscript. B.L. conceived experiments and edited the manuscript.

DECLARATION OF INTERESTS

The authors report no conflict of interest.

Figure 1. Parental exposure to media previously conditioned by worms leads to relatively delayed germline maturity

- **A)** Experimental schematic demonstrating the division of a synchronized adult population plated onto fresh plates or returned to the used plate they were raised on, with progeny collected later for assaying developmental timings.
- **B)** Timings of the L4 to young adult molt (blue), a proxy for somatic maturity, and the appearance of the first embryo (red), a proxy for germline maturity, for worms whose parents were moved to a fresh plate or remained on a used plate. T_{50} is the estimated time when half of the population passed through a developmental transition. T_{50} calculated based on counts of between 193 and 346 worms (n = 193-346).
- C) The time between somatic maturity and germline maturity for worms whose parents were moved to a fresh plate or remained on a used plate, derived from the T_{50} measurements shown in panel B. This corresponds to the period of young adulthood where worms are adult but not yet gravid.
- **D**) Experimental schematic demonstrating the conditioning of plates with crude pheromone extract, produced by filtering liquid media in which worms had been cultured for 3-4 days. Parental worms were moved to plates conditioned with crude pheromone extract or control extract derived from a culture with no worms.
- E) Timings of the L4/YA molt (blue) and first embryo (red) for worms whose parents were moved to plates conditioned with control extract or crude pheromone extract. n = 141-254.
- **F**) The time between somatic maturity and germline maturity for worms whose parents were moved to plates conditioned with control extract or crude pheromone extract, derived from the T_{50} measurements shown in panel **E**.
- **G**) Boxplot showing duration of the L1 larval stage for single worms whose parents were exposed to control (grey) or pheromone-conditioned (pink) plates. n= 23, 21.
- **H**) Boxplot showing the combined duration of the four molting lethargus periods (M1-4) for single worms whose parents were exposed to control (grey) or pheromone-conditioned (pink) plates. n= 23, 21.

All experiments were replicated at least 3 times independently (see Table S1). Panels **G** and **H** show data from a single representative replicate. Panels **B**, **C**, **E** and **F** show representative data from a single trial. Significance levels shown in panels **G** and **H** are from unpaired t tests on the data shown, whereas p values cited in main text are from linear mixed model analysis of 3 replicates pooled. Boxplots show Tukey whiskers with data points overlaid. Error bars in panels **B**, **C**, **E** and **F** show 95% confidence interval (note that they may not be visible when the error is small). P0, parental generation. G1, first progeny generation. YA, young adult. ***, p< 0.001 *****, p< 0.0001. See also Figure S1 and S2.

Figure 2. The effect of crude pheromone extract is dose-dependent and is likely to be mediated by major ascarosides.

- **A)** The time between somatic and germline maturity for worms whose parents were exposed to various dilutions of crude pheromone extract. L4/YA molt and first embryo T_{50} measurements are shown in **Figure S3A**. n = 214-429.
- **B)** Experimental schematic demonstrating the conditioning of plates with wildtype (pink) or mutant (blue) pheromone extract. Wildtype hermaphrodites are then exposed to control or conditioned plates and progeny are collected to assay developmental phenotypes.
- C) The time between somatic maturity and germline maturity for worms whose parents were exposed to control plates (grey), wildtype pheromone extract (pink), or daf-22 or dhs-28 mutant pheromone extract (blue). T_{50} measurements shown in **Figure S3B**. n = 137-283.
- **D**) The time between somatic maturity and germline maturity for worms whose parents were exposed to vehicle-only control plates (grey), various concentrations of an equimolar blend of synthetic major ascarosides #2 and #3, or crude pheromone extract. T_{50} measurements shown in **Figure S3C**. n = 191-337.

All experiments were replicated at least 2 times independently (see Table S1). Panels **A**, **C** and **D** show representative data from a single trial. P0, parental generation. G1, first progeny generation. Pher, crude pheromone conditioned plates. NS, not significant. ****, p < 0.0001. Error bars in panels **A**, **C** and **D**, 95% CI. See also Figure S3.

Figure 3. The TAX-2/TAX-4 cyclic nucleotide-gated channels and the upstream guanylyl cyclase DAF-11 are required in parental neurons for progeny response to exposure of parents to pheromone.

- **A)** Experimental schematic demonstrating crossing wildtype males to mutant hermaphrodites (and vice versa) prior to pheromone exposure. After crossing hermaphrodites are then exposed to control or conditioned plates and heterozygous progeny from crosses are collected to assay developmental phenotypes. Males carry a fluorescent paternity marker that allows confirmation of efficient crossing and removal of any self progeny.
- **B)** Time between somatic and germline maturity for tax-4 heterozygous worms whose mothers were wildtype hermaphrodites (left) or homozygous tax-4(ok3771) mutant hermaphrodites (right) exposed to control plates (grey) or wildtype pheromone extract (pink). T_{50} measurements shown in **Figure S4A**. n = 81— 210.
- C) Time between somatic and germline maturity for worms heterozygous for either the tax-2(ok3404) null allele (left half) or tax-2(p694) regulatory mutant (right half) whose mothers were wildtype hermaphrodites (left of dashed line) or homozygous tax-4(ok3771) mutant hermaphrodites (right of dashed line) exposed to control plates (grey) or wildtype pheromone extract (pink). T_{50} measurements shown in **Figure S4B**. n = 129-250.
- **D)** Time between somatic and germline maturity for worms heterozygous for mutant alleles of the receptor-bound guanylyl cyclases daf-11(m47) (left half) or odr-1(n1936) (right half) whose mothers were wildtype hermaphrodites (left of dashed line) or homozygous mutant hermaphrodites (right of dashed line) exposed to control plates (grey) or wildtype pheromone extract (pink). T_{50} measurements shown in **Figure S4C.** n = 57-271.
- **E**) Time between somatic and germline maturity for worms with genetic ablations of the ASI, ASJ, ASK, AWB or AWC chemosensory neurons exposed to control plates (grey) or wildtype pheromone extract (pink). Note ASK ablation strain marked with \dagger exhibits a strong developmental delay (more than 6h). T_{50} measurements shown in **Figure S4D.** n = 125-264.

All experiments were replicated at least 2 times independently (see Table S1). All panels show representative data from a single trial. All data shown in a single panel are from the same trial. P0, parental generation. F1, first filial generation. WT, wildtype. Ctrl, control-conditioned plates. Pher, crude pheromone conditioned plates. NS, not significant. **, p < 0.01. ***, p < 0.001. ****, p < 0.001. ****, p < 0.001. Pairwise tests are subject to Bonferroni corrections for multiple testing within each trial. Error bars represent 95% CI. Statistical comparisons of 'baseline' germline delay across progeny/parental genotypes are provided in Table S2. See also Figure S4 and Table S2.

Figure 4. Initiation of germline development is delayed in progeny of worms exposed to pheromone.

- A) Microscopy images showing the primordial germ cells (PGCs), somatic M cell (mesoblast precursor) and somatic H cells (hypodermal seam cell precursor) before and after initial divisions during L1 stage larval development. Merged images show brightfield and mCherry fluorescence in red (PGCs) or GFP fluorescence in green (M cell and H seam cells). Scale bar for all images $10~\mu m$.
- **B**) Timings of initial divisions of the somatic M cell (blue, left of dashed line) and PGCs (red, right of dashed line) for progeny of parents exposed to control or pheromone conditioned plates. n = 48-109.
- **C**) Impact of pheromone on timings of initial division of the somatic M cell (blue) or PGCs (red). Impacts are calculated from data shown in panel **B**.
- **D)** Timings of initial divisions of the somatic H cells (blue, left of dashed line) and PGCs (red, right of dashed line) for progeny of parents exposed to control or pheromone conditioned plates. n = 51-98.
- **E**) Impact of pheromone on timings of initial division of the somatic H cells (blue) or PGCs (red). Impacts are calculated from data shown in panel **D**.
- **F**) Fraction of individuals with divided M cells (blue) or PGCs (red) at various time points for data shown in panel **b**. Error bars show 95% confidence intervals derived from the binomial distribution.
- G) Timings of initial divisions of the somatic M cell (blue, left of dashed line) and PGCs (red, right of dashed line) for progeny of parents exposed to control plates, increasing concentrations of synthetic ascarosides #2 and #3 or crude pheromone extract. n=87-224.
- **H**) The time between T_{50} s for the PGCs and the somatic M cell reporter for progeny of parents exposed to control plates (grey), increasing concentrations of synthetic ascarosides #2 and #3 (black) or crude pheromone extract (pink), calculated from data from panel **G**.
- I) Timings of initial divisions of the somatic M cell (blue, left of dashed line) and PGCs (red, right of dashed line) for progeny of mothers on day 1, 2 or 3 of adulthood. n= 93-253.
- **J**) Timings of initial divisions of the somatic H cell (blue, left of dashed line) and PGCs (red, right of dashed line) for progeny of mothers on day 1, 2 or 3 of adulthood. n = 63-141.

All experiments were replicated at least 2 times independently (see Table S1). All panels show representative data from a single trial. All data shown in a single panel are from the same trial. PGCs, primordial germ cells. Ctrl, control-conditioned plates. Pher, crude pheromone conditioned plates. P0, parental generation. Wrt, with respect to. NS, not significant. **, p < 0.01. ***, p < 0.001. ****, p < 0.0001. Pairwise tests are subject to Bonferroni corrections for multiple testing within each trial. Error bars represent 95% CI.

Figure 5. Pheromone-insensitive *tax-4* mutants do not show increasing relative germline delay with maternal age.

- **A)** Boxplot showing total fluorescence of a yolk protein/vitellogenin fusion reporter, VIT-2::GFP, in early embryos from parents treated with control (grey) or pheromone-conditioned (pink) plates.
- **B**) The time between somatic and germline maturity for worms whose parents were exposed to control (grey), wildtype pheromone-conditioned (pink) or tax-4 pheromone-conditioned (purple) plates. T₅₀ measurements shown in **C**.
- C) Timings of the L4/YA molt (blue) and first embryo (red) for worms whose parents were exposed to control, wildtype pheromone-conditioned or *tax-4* pheromone-conditioned plates.
- **D**) Boxplot showing autofluorescence, a proxy for vitellogenin content, in early embryos from day 1 or 3 wildtype mothers (left of dashed line) or *tax-4* mothers (right of dashed line).
- **E**) Boxplot showing length of L1 larvae at hatch from day 1, 2 or 3 wildtype mothers (left of dashed line) or *tax-4* mothers (right of dashed line).
- **F**) The time between somatic and germline maturity for worms whose parents were wildtype(left of dashed line) or *tax-4* mothers (right of dashed line) on day 1 (grey) or day 3 (blue) of adulthood. Genotypes of progent match maternal genotypes.
- **G**) Timings of the L4/YA molt (blue) and first embryo (red) for worms whose parents were wildtype(left of dashed line) or *tax-4* mothers (right of dashed line) on day 1 or day 3 of adulthood. Genotypes of progeny match maternal genotypes.

All experiments were repeated 3 times independently. All data show a single representative trial. Data from panel $\bf D$ comes from 3 replicates pooled and analysed together. Data are normalized to the mean of wildtype day 1 in each trial to allow plotting together. Data from panels $\bf E$, $\bf F$ and $\bf G$ come from the same trial. Error bars in panels $\bf B$, $\bf C$, $\bf F$ and $\bf G$ show 95% confidence interval (may not be visible when error is small). Boxplots show Tukey whiskers with data points overlaid. Ctrl, control-conditioned plates. Pher, crude pheromone conditioned plates. WT, wildtype. NS, not significant. ****, p < 0.0001. Statistical comparisons of 'baseline' germline delay for panel $\bf F$ is provided in Table S2. See also Table S2.

Figure 6. Effects of parental pheromone exposure are inherited via the oocyte and require DAF-7/TGF- β in parental neurons and the Co-SMAD DAF-3 and nuclear hormone receptor DAF-12 in progeny.

- **A)** Schematic showing experiment to test for transmission of parental pheromone exposure via male sperm (left of dashed line). The converse experiment, to confirm transmission via the oocyte, is also shown (right of dashed line).
- **B**) Time between somatic and germline maturity for male-sired hermaphrodites whose mothers (left of dashed line) or fathers (right of dashed line) were exposed to control plates (grey) or crude pheromone (pink). T₅₀ measurements shown in **Figure S6A**. n = 94-154.
- C) Time between somatic and germline maturity for male-sired wildtype worms (left of dashed line) or male-sired heterozygous progeny of daf-7(e1372) mutant mothers (right of dashed line) whose mothers were exposed to control plates (grey) or crude pheromone (pink). T_{50} measurements shown in **Figure S6B**. n = 102-200.
- **D)** Time between somatic and germline maturity for wildtype worms (left of dashed line) or daf-3(e1376) mutant worms (right of dashed line) whose parents were exposed to control plates (grey) or crude pheromone (pink). T_{50} measurements shown in **Figure S6C**. n = 120-242.
- **E)** Time between somatic and germline maturity for daf-3 heterozygous progeny whose wildtype mothers (left of dashed line) or daf-3(e1376) mutant mothers (right of dashed line) were exposed to control plates (grey) or crude pheromone (pink). T₅₀ measurements shown in **Figure S6D**. n = 73-233.
- **F)** Time between somatic and germline maturity for daf-3(+) (left of dashed line) or homozygous daf-3(e1376) mutant (right of dashed line) progeny whose daf-3 heterozygous mothers were exposed to control plates (grey) or crude pheromone (pink). T_{50} measurements shown in **Figure S6E**. n = 85-135.
- **G**) Impact of pheromone on timings of initial division of the somatic M cells (blue) or PGCs (red) for wildtype worms (left of dashed line) or daf-3(e1376) worms (right of dashed line). Impacts are calculated from data shown in panel **S6F**. n = 50-155.
- **H**) Impact of pheromone on timings of initial division of the somatic H seam cells (blue) or PGCs (red) for wildtype worms (left of dashed line) or daf-3(e1376) worms (right of dashed line). Impacts are calculated from data shown in panel **S6G**. n = 36-175.
- I) Time between somatic and germline maturity for wildtype worms (left of dashed line) or daf-12(rh61rh411) mutant worms (right of dashed line) whose parents were exposed to control plates (grey) or crude pheromone (pink). T₅₀ measurements shown in **Figure S6H**. n = 143-230.
- **J**) Time between somatic and germline maturity for daf-12 heterozygous progeny whose wildtype mothers (left of dashed line) or daf-12(rh61rh411) mutant mothers (right of dashed line) were exposed to control plates (grey) or crude pheromone (pink). T₅₀ measurements shown in **Figure S6I**. n = 63-181.

K) Time between somatic and germline maturity for daf-12(+) (left of dashed line) or homozygous daf-12(rh61rh411) mutant (right of dashed line) progeny whose daf-12 heterozygous mothers were exposed to control plates (grey) or crude pheromone (pink). T₅₀ measurements shown in **Figure S6J**. n = 67-194.

All experiments were replicated at least 2 times independently (see Table S1). All panels show representative data from a single trial. All data within a panel comes from the same trial. Error bars in panels show 95% confidence interval. Pairwise tests are subject to Bonferroni corrections for multiple testing within each trial. Ctrl, control-conditioned plates. Pher, crude pheromone conditioned plates. P0, parental generation. F1, first filial generation. NS, not significant. ***, p < 0.001. ****, p < 0.0001. Statistical comparisons of 'baseline' germline delay across progeny/parental genotypes are provided in Table S2. See also Figure S5 and Table S2.

Figure 7. Summary of the reported intergenerational effects on phenotypic variation in *C. elegans*.

- A) Our results are consistent with a model whereby population density, communicated by ascaroside pheromone concentration, is perceived in the parent's chemosensory neurons and transmitted via the TGF- β ligand DAF-7. The signal is inherited via the oocyte, crossing the Weismann barrier and delaying the initial divisions of the primordial germ cells of progeny. This leads to a delay in germline maturity in adulthood and an increased generation time. Germline delay requires DAF-3/Co-SMAD and DAF-12/NHR.
- **B)** Maternal age influences progeny physiology via at least three inherited signals. Maternal age causes progeny germline delay directly via increased exposure to pheromone of older mothers. Maternal age determines size at hatching, developmental speed and resistance to L1 starvation via an increasing supply of the yolk protein vitellogenin to embryos. Maternal age also influences progeny brood size via an unknown mechanism.

STAR Methods

RESOURCE AVAILABILITY

Lead contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by the lead contact, Ben Lehner (ben.lehner@crg.eu).

Materials availability

Strains generated in this study are available from the lead contact upon request.

Data and code availability

CellProfiler pipelines for image analysis and R scripts for estimating soma-germline developmental timings are available from the lead contact upon request. All experimental data reported in this paper will be shared by the lead contact upon request. Any additional information required to reanalyze the data reported in this paper is available from the lead contact upon request.

EXPERIMENTAL MODEL AND SUBJECT DETAILS

C. elegans culture

All worms were cultured using standard methods at 20°C. Worms were fed on nematode growth medium (NGM) plates seeded with *Escherichia coli* OP50. Worm strains used in this study are listed in the STAR Key Resources table. Some strains were provided by the CGC, which is funded by NIH Office of Research Infrastructure Programs (P40 OD010440). The ASJ ablation strain ZD763 was a kind gift of Dennis Kim. Wildtype chromosomal marker strains were identified using *wormbuilder.org*⁶⁹.

Plates used for experiments were seeded with food spots in the centre of the plate that did not contact the edge of the plates; the food was not spread across the entire surface of the plate. Typical food spots were around 50-60 mm in diameter for 90 mm plates and 30-40 mm in diameter for 60 mm plates.

METHOD DETAILS

Staging somatic and germline development in vivo.

Molting and appearance of the first fertilized egg were used as developmental transitions to stage somatic and germline development, respectively, as in 11. Briefly, transitions were monitored in animals on agar plates using brightfield microscopy with an MZ9S stereo microscope (Leica). The fraction of the population that had undergone a developmental transition was estimated by counting worms before or after the transition, at timepoints before and after 50% of the population had undergone the transition.

Crude pheromone preparation

Crude pheromone was prepared by growing worms in large-scale liquid culture in liquid NGM medium. Worms from a small starting liquid culture were bleached and the embryos allowed to hatch overnight in M9 to arrest development at L1. Worms were then seeded into a 250 ml liquid culture in a 2.5 L Erlenmeyer flask at a density of 5-10 worms per µl. Streptomycin-resistant OP50-1 food that had previously been grown overnight in LB medium before washing and resuspension at high density was added to a final concentration of 50 mg ml⁻¹, in the presence of 25 μg ml⁻¹ streptomycin. Worms were grown at 20 °C with shaking at 180 rpm with additional food being added as necessary to avoid starvation for 4 days before harvesting pheromone, resulting in a population of gravid adults and abundant hatched larvae. Control cultures were grown in parallel with OP50-1 in liquid NGM supplemented with streptomycin but without any worms added. To harvest, cultures were spun gently at 200 g for 1 min several times to remove worms from suspension without any worm lysis. The cloudy supernatant was then spun for 15 minutes at 3000 g to pellet remaining bacteria. The clear supernatant was then passed through a 0.22 µm filter to exclude any remaining bacteria to yield the final crude pheromone preparation. This preparation was frozen and stored in 1 ml aliquots at -70 °C. For the bulk of the experiments, 3 large pheromone preparations were produced independently to use as biological replicates. Where smaller pheromone preparations were produced (e.g. in the case of dhs-28 or daf-22 mutant pheromone), a small batch of wildtype pheromone was produced in parallel for use as control in the relevant experiments.

Conditioned plate assay

To set up a synchronized parental generation, around 20 synchronized gravid day 1 adults were allowed to lay eggs on a 90 mm NGM plate for 2-3 h before being removed, resulting in typical densities of 200-400 worms. Approximately 65 h later, when these eggs have developed into young adult or newly gravid worms, they were washed with M9 buffer into a plastic 15 ml tube and spun down at 200 g before the supernatant was aspirated to 100 µl. Worms were then distributed drop by drop between a fresh plate and the used, conditioned plate with a pipette tip rinsed with 0.1% Triton-X (Sigma Aldrich) to prevent worms sticking to the plastic. Worms were distributed alternating plates drop by drop to ensure an even distribution between plates; we find that if a given volume of a suspension of late-larval stage or adult worms is divided in half, the first aliquot pipetted contains the majority of worms. To avoid this we split the suspension into at least 10 aliquots and alternate them between plates. Typical adult densities ranged from 50-200 worms per plate. Plates were allowed to dry before worms were incubated at 20 °C. 18-26 h later, plates were washed several times with M9 medium to remove adults and any hatched larvae, which were discarded. Embryos remaining on the plates were allowed to hatch for 1-2 h before newly hatched larvae were collected in M9 buffer, spun down at 200 g and transferred to fresh 90 mm plates for development. As these worms hatched on a plate with food they were never starved at any point. Typical larval densities ranged from 100-500 worms per plate. Both parental and larval densities varied between trials but were kept constant within trials. Care was taken to immediately remove any adults or embryos which may have contaminated the preparation of hatching worms. Larger contaminating larvae could be easily discriminated by size and removed at a later point prior to assay. Somatic and germline development were assayed as described above.

Experiments with crude pheromone were performed as described above, substituting control-

or pheromone-treated plates for fresh and used plates. To prepare pheromone or control plates, $300~\mu l$ of a freshly thawed pheromone aliquot was applied to the lawn of a 60~mm plate by pipetting, and spread to cover the entire surface of the plate by tilting and rotating the plate. The plate was allowed to dry and then used within 1 h after application of pheromone. As typical liquid culture densities used to prepare the crude pheromone were 5-10 worms per μl , this was roughly equivalent to the secretions of 1500-3000 worms from L1 to adulthood.

Experiments with synthetic ascarosides #2 and #3 were also performed as above. Synthetic ascarosides were a kind gift of Frank Schroeder. asc#2 and asc#3 stock solutions were 5 μ M in 100% ethanol. Plates were prepared with an equimolar mix of asc#2 and asc#3, which was added to 300 μ l of control supernatant and applied to plates as above. The ascaroside concentration reported in the figures represents the molarity of both ascarosides combined in the solution applied to the plate e.g. 10 mM refers to 5 mM each of asc#2 and asc#3. The ethanol concentration of control and diluted ascaroside solutions were adjusted by addition of ethanol prior to application to plates so that ethanol concentration was held constant across treatments.

Early life exposure control experiments

We performed control experiments to confirm that parental pheromone exposure, rather than early-life exposure of progeny to pheromone, was responsible for the observed phenotypes. In one control experiment (as shown in the schematic in Figure S2A), we prepared larvae that had hatched in the absence of pheromone, although their parents had been treated on pheromone or control plates. Embryos laid on plates by pheromone- or control-treated parents were scraped gently from the surface of the plate with a glass coverslip and collected after prior removal of adults and larvae. A mild alkaline hypochlorite treatment ('bleaching') was applied to kill any remaining hatched larvae before 3 washes with M9 buffer. Embryos thus prepared were then transferred onto a fresh plate. At least 2 h later, newly hatched larvae were removed, and embryos were allowed to hatch for a further 1-2 h. Larvae hatched in this time were collected and transferred to fresh plates for development and assay as described for the conditioned plate assay.

In a second control experiment (as shown in the schematic in Figure S2D), we prepared larvae that had hatched in the presence or absence of pheromone, although they were derived from the same untreated parental cohort. Parental worms were not transferred to pheromone or control plates but remained on the plate on which they had developed. Embryos were then scraped and briefly bleached as above. These embryos were then transferred to recently prepared pheromone and control plates. At least 2 h later, newly hatched larvae were removed, and embryos were allowed to hatch for a further 1-2 h. Larvae hatched in this time were collected and transferred to fresh plates for development and assay as above.

Crossing experiments to assay mutation effect in the parental generation

In several assays, mutant hermaphrodites later treated with pheromone or control plates were first crossed to wildtype males prior to treatment, such that assayed progeny would be heterozygous for the mutation (as shown in the schematic in Figure 3A). This was to more confidently ascribe the intergenerational effects of the mutant gene to its action in the parental generation, as the assayed progeny would carry one functional wildtype allele, as well as in order to avoid mutant phenotypes which complicated assaying homozygous mutant progeny, such as slow or heterogeneous rates of development or widespread dauer entry

(such as in daf-7(e1372) and daf-9(m540) mutants). Where possible, we assayed controls from treated wildtype mothers which had been previously mated with mutant males, such that the genotypes of the heterozygous progeny compared between control and treated conditions were identical. For daf-7(e1372) mutants, this was not possible due to the severe mating defect of males. For this strain, heterozygous progeny of mutant mothers were compared to homozygous wildtype controls, as noted in the main text. Additionally, for X-linked genes that were thus assayed (daf-3, daf-12 and odr-1), we note that although the genotypes of the assayed hermaphrodites were identical across conditions, in this case they grew alongside male siblings of different genotypes (wildtype male siblings in the case of wildtype mothers but hemizygous mutant male siblings in the case of mutant mothers).

Wildtype males used were of the strain BCN2080⁷⁰, which carries a single-copy *pmyo-2::mCherry* transgene. The bright, stable pharyngeal fluorescence of the transgene was used as a paternity marker. Where mutant males were used for control crosses, the mutant strain was first crossed to BCN2080 to generate a new mutant strain with the paternity marker. Parental generation hermaphrodites were mated from young adulthood to *pmyo-2::mCherry* males at a ratio of 2-3 males per hermaphrodite, with 80-120 hermaphrodites per 60 mm plate per strain. After around 6h of mating, hermaphrodites were picked manually onto pheromone or control plates. Progeny could then be collected 18-20h later and transferred to a fresh plate for development and assay. Crosses thus performed normally yielded 100% cross progeny at the point of larvae collection. However, the fluorescent paternity marker allowed for the removal of any contaminating self-fertilised progeny prior to assay. Male siblings of the assayed hermaphrodites were left on the plates and ignored during the assay— only hermaphrodites were scored.

daf-7(e1372) and daf-9(m540) hermaphrodites frequently enter dauer, leading to problematic heterogeneity in maternal population age. To bypass dauer and ensure a more developmentally synchronized maternal population, prior to crossing at the young adult stage we raised daf-7 and daf-9 mutant hermaphrodites from hatching on plates with E. coli OP50 supplemented with 100 nM (25S)- Δ 7-dafachronic acid immediately prior to seeding. We confirmed that maternal dafachronic acid supplementation does not affect progeny somagermline heterochrony (see Figure S5I).

Heterozygous selfing parent experiments to assay mutation effect in the progeny generation

For daf-3 and daf-12 mutations we performed experiments where heterozygous parents were exposed to control- or pheromone-treated plates. In order to mark the wildtype chromosome, we identified strains from wormbuilder.org⁶⁹ that contained a bright stable fluorescent marker integrated at a genetic location as close as possible to the relevant mutation. In this way recombination frequencies between the fluorescent marker and the mutant alleles would be negligible, allowing us to use the fluorescent marker as a proxy for the wildtype allele. For daf-12 we used strain EG7992, marker genetic position X: 1.87, 0.5 cM from daf-12 (estimated 0.50 % recombination rate). For daf-3, we used strain EG7972, marker genetic position X:-18.91, 0.53 cM from daf-3 (estimated 0.53% recombination rate). Background unc-119 mutations were crossed out of these strains prior to use in these experiments.

Males carrying the wildtype allele and fluorescent marker were crossed to mutant hermaphrodites. Fluorescent heterozygous virgin hermaphrodite F1 progeny were picked to a fresh plate at L4 and moved to control- or pheromone-treated plate as young adults. Around 18-24h later progeny were collected by hatching and moved to a fresh plate. At the L4 stage,

around 100 non-fluorescent (homozygous mutant) progeny were picked onto a fresh plate, while around 100 fluorescent (heterozygous or homozygous wildtype) siblings were picked onto a second fresh plate. Somatic and germline development were then assayed in these worms.

Experiment with fog-2 feminized worms to assay maternal or paternal transmission

In order to investigate whether exposure to pheromone could influence progeny phenotypes via the paternal line, synchronized populations of N2 males were established by a 2 h egg-lay with male-fertilized hermaphrodites. Around 200 young adult males were transferred by picking to previously prepared pheromone or control plates and were incubated on these plates for 24 h. Following incubation with pheromone, males were washed off these plates and transferred by pipetting to a plate with around 100 young adult spermless fog-2(q71)mutant hermaphrodites that had been synchronized by egg-laying. Males had been removed from fog-2 mutant plates prior to the L4/young adult molt to ensure that hermaphrodites remained virgins. N2 males were allowed to mate with fog-2 hermaphrodites for 2 h before being removed. Around 18 h later hermaphrodites and hatched larvae were washed from the plates and larvae hatching during a 1-2h interval were collected and transferred to fresh plates for development and assay. As fog-2 hermaphrodites are unable to self-fertilize, all progeny were sired by the pheromone- or control-treated N2 males. All progeny were heterozygous for the fog-2 mutation and thus hermaphrodites were capable of self-fertilization. In the reciprocal experiment conducted in parallel to confirm transmission via the female line, fog-2 mutant hermaphrodites were mated for 2 h by N2 males on a single plate. Following mating, fertilized hermaphrodites were manually transferred by picking to pheromone or control plates before progeny were collected for assay around 18-24h later.

Timing of initiation of soma/germline post-embryonic development

Division of the two primordial germ cells (PGCs) was assayed using the germline-expressed *mCherry::H2B* fusion in strains BCN9111 and BCN9112, derived from strain EG6787. Larvae with two germ cell nuclei were counted as undivided, larvae with three or more clearly separated germ cell nuclei were scored as divided. As previously reported⁷¹, we observed an asymmetric initial division of the PGCs, with one cell dividing before the other. H cell divisions were assayed using a *SCMp:gfp* seam cell reporter in strain BCN9112, derived from strain JR667. H cells are the three anterior-most pairs of seam cells (H0, H1 and H2); H1 and H2 are the last group of seam cells to undergo initial divisions in L1 larvae (H0 cells do not divide). We chose to assay H cells instead of the earlier-dividing and more posterior V cells because they divide at a similar time to the PGCs in control worms. Worms were scored as divided when at least one of the four H1/2 cells had divided. The division of the single post-embryonic mesoblast, the M cell, was assayed with an *hlh-8:gfp* fusion in strains BCN9111, derived from strain PD4666.

To assay the impact of pheromones on timings of initial post-embryonic divisions in fed larvae, we first divided a synchronized cohort of day 1 adults between plates conditioned with crude pheromone or control medium. Around 24 hours later, we synchronized a population of worms by washing all adults and larvae off these plates with M9 buffer and allowing embryos to hatch. After 1 hour, the newly hatched larvae were collected in M9 buffer. Each treatment group was immediately divided between 4 fresh NGM plates seeded with OP50 to continue development. These worms were not starved at any point, as they hatch on a plate with food and are rapidly replated on food after collection. Hatching and

development were conducted at 25 °C for these assays. From around 3.5 h after initial collection, larvae were periodically assayed using epifluorescence microscopy conducted with a DMI6000B inverted microscope (Leica) fitted with an ORCAFlash4.0 V2 Digital CMOS camera (Hamamatsu). To assay, larvae were collected with M9 buffer into a plastic 15 ml tube from one plate each per treatment group. The tube was topped up with M9 + 0.01% Triton-X before worms were spun down at 200 g for 1 min. Supernatant was aspirated to 100 µl. 1 M NaN₃ was then added to a final concentration of 50 mM in order to rapidly anaesthetize the worms and halt development. Anaesthetized worms were transferred by pipetting into a 96 well plate. Worms were observed through the camera with live view using MetaMorph software (Leica). At each time point, the number of worms with relevant cells either divided or undivided were counted manually. Note as examination of germ cells particularly required inspection in the Z plane these assays were unsuitable for automated counting. Time points were taken every 1-1.5 h until more than 50% of the worms had undergone cell division.

Maternal age experiments

Day 1, 2 and 3 mothers were synchronized as in¹¹; 'day 1 adults' refer to adults 56-62 h after hatching from the egg or 68-74 h after the egg was laid, while 'day 2 adults' and 'day 3 adults' in each trial are 24 h and 48 h older, respectively. Mothers of the *tax-4* mutant strain VC3113 were approximately 12 h older than their wildtype counterparts, due to a developmental delay of a similar extent.

Brightfield and fluorescence microscopy

Brightfield microscopy to measure the length of L1 larvae at hatching and fluorescence microscopy to measure autofluorescence and VIT-2::GFP fluorescence was conducted as described previously in 11 . Brightfield and epifluorescence microscopy were conducted with a DMI6000B inverted microscope (Leica) fitted with an ORCA-Flash4.0 V2 Digital CMOS camera (Hamamatsu). Embryos for measuring green autofluorescence as a proxy for vitellogenin loading were imaged with a 20 x objective. In all other experiments, embryos and L1 larvae were imaged with a 10 x objective lens. Worms and embryos were imaged in M9 buffer in an 8-well μ -slide (Ibidi), with worms anaesthetized with 10 mM NaN3. For all epifluorescence microscopy experiments, all settings and exposure times were held constant within each experiment.

Single worm luminometry to assay development

Developmental timings of single worms were determined by luminometry as in⁴². Briefly, parents were exposed to pheromone- or control-conditioned plates for ~24h before single embryos were transferred into a well of a white, flat-bottom, 96-well plate by manual picking with an eyelash. Each well contained 200 μl of S-basal media with 10 g l⁻¹ *E. coli* OP50 (wet weight) and 100 μM D-Luciferin. Plates were sealed with a gas-permeable cover (Breathe Easier, Diversified Biotech). We measured luminescence (Berthold Centro LB960 XS3) for 1 sec, at 5-min intervals. We performed all experiments inside temperature-controlled incubators (Panasonic MIR-154). Temperature was monitored using a Thermochron iButton (Maxim Integrated).

QUANTIFICATION AND STATISTICAL ANALYSES

Staging somatic and germline development in vivo.

Count data on the number of worms pre/post each developmental transition was modelled using a binomial generalized linear model, and the time at which half of the population had undergone the transition (T_{50}) was estimated using the function 'dose.p' of the library 'MASS' in R^{72} . 95% confidence intervals were estimated by multiplying the standard error obtained by the 'dose.p' function by ± 1.96 . Δ soma-germline values for each group were calculated by subtracting the germline T_{50} from the soma T_{50} . 95% confidence intervals for the Δ soma-germline values were estimated by first calculating a standard error by taking the square root of the sum of the two squared T_{50} standard errors, and then multiplying by ± 1.96 . The significance of the difference between two calculated T_{50} or Δ soma-germline values was determined by using the 'comped' function in the library 'drc' in R, as in 11. 'comped' takes as input the two T_{50} values, their standard error and a desired probability level (for example 0.95). The output is the confidence interval of the ratio of the two T_{50} values at the chosen probability level. The difference between two T_{50} is not significant at a given probability level when the confidence interval of the ratio contains T_{50} . Bonferroni corrections were used to adjust significance thresholds to allow for multiple comparisons within a trial.

To compare the effect of pheromone on developmental transition T_{50} values and on the Δ soma-germline values across experiments, we performed a meta-analysis on the effects and standard error of each experimental group. To this end maximum likelihood random-effect models were fitted using the 'rma' function in the library 'metafor' in R^{74} with the option'metho'' set to 'ML' and results were plotted using the 'forest' function in the library 'metafor' in R.

Timing of initiation of soma/germline post-embryonic development

As described above for staging soma and germline development, count data from larvae pre/post each developmental transition was modelled using a binomial generalized linear model, and the time at which half of the population had undergone the developmental transition (T_{50}) was estimated using the function 'dose.p' of the library 'MASS' in R. 95% confidence intervals were estimated by multiplying the standard error obtained by the 'dose.p' function by 1.96. The impact of pheromone on a particular cell division was calculated by subtracting the relevant T_{50} from control group from the T_{50} of the pheromone treated group. 95% confidence intervals were then estimated as described above for Δ somagermline values.

Brightfield and fluorescence microscopy

Quantitative analysis of fluorescence images and measurement of L1 larvae length was conducted with CellProfiler software⁷⁵. Worm length measurement was conducted with the Cell Profiler Worm Toolbox package⁷⁶. Data were manually curated to ensure accurate thresholding of worms and embryos. Presented epifluorescence data from embryos are all from early embryos. This was achieved by post-hoc synchronization by selecting early embryos from corresponding brightfield images of mixed-stage embryo preps obtained by alkaline hypochlorite treatment.

Single worm luminometry to assay development

The raw data from the luminometer were analyzed as described in⁴². The data were analyzed using ChronoOSX 3⁷⁷. To determine the timing of the molts, the trend-corrected data were converted to binary, using 75% of the value of the moving average as a threshold. We then evaluated the data for onset and offset of molting by detecting the transitions in the binarized data. Transitions from 1 to 0 correspond to onset of the molt and transitions from 0 to 1 correspond to offset of the molt. The variability of the luminometry signal introduces noise in the binarized data. To prevent this noise from affecting the detection of the transitions, a simple rule was applied: onsets were followed by "0" for at least 1 hr, and offsets were preceded by "0" for at least 1 hr. We calculated the duration of each larval stage and molt from the beginning and the end of the four molts.

p-values on representative data shown in figures come from unpaired *t* tests on only the data shown. p-values cited in the main text come from combined analysis of all 5 replicates and batches by linear mixed model analysis. For combined analysis, data were first normalized by subtracting the corresponding mean statistic of the control group from the data for each individual worm to allow effects to be analyzed across replicates. A linear mixed model was fitted using the 'lme4' package in R, fitting the reported outcome by pheromone treatment and hatching time as explanatory variables and replicate as a random effect. To obtain p-values and test for significance an ANOVA was performed comparing this model with a null model lacking pheromone treatment as an explanatory variable. 9 tests in total were performed, testing L1 to adult, L1 molt to adult, L1, L2, L3, L4, all molts, L2 to adult and L2+L3+L4. Reported p-values were thus Bonferroni-adjusted for 9 tests. Times for L1 to adult, L1 and all molts combined were significantly affected by pheromone treatment.

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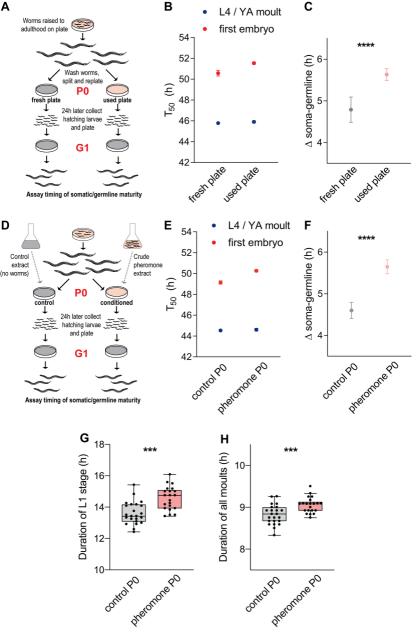
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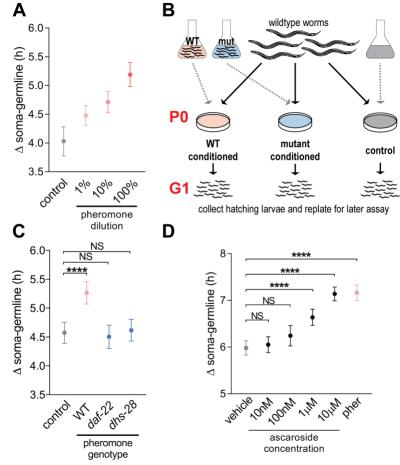
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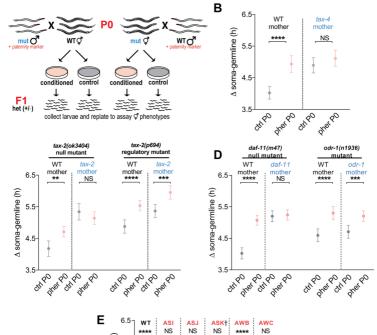
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