

Identification of levers against the waste of fragile food products: management and consumption of strawberries by French consumers

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INTRODUCTION

Fruit and vegetable losses between harvest and consumption can reach 36% of the total volume of product (Ademe, 2016; FAO, 2013). Therefore, the study of consumers behaviors concerning these products of short shelf life and high perishability is of great interest in the fight against food waste. Among these fragile products :

SayFoöð

STRAWBERRIES

OBJECTIVES

RESULTS & DISCUSSION

This study aims to identify **French consumers** position in this strawberries loses. From purchase expectations to at-home management and perception. A representative sample of the population (N=509) was questioned by ONLINE QUESTIONNAIRE



METHOD (questionnaire structure)

Purchasing expectations

Consumption habits

Purchase locations, frequency, budget, selection criteria, seasonality, packaging, perceptual acceptability (photo scale*)

Management at home

Storage area, time, reheating, container, washing, detection criteria of damaged strawberries, reaction to a damaged strawberry

Perceptual acceptability (photo scale*)

* Visual presentation of 5 stages of strawberries degradation

From No-degradation (stage 0)

>50%

To highly bruising, crushed >1/2 fruit surface (stage 4)







Fig. 7. Consumption intent of the punnet presented

> Consumption until later stages (full punnet still eaten for 64% of consumers at stage 3 cutting off damaged parts for some)





Perceptual acceptability (purchase vs consumption)

-: 4								
	0'	%	10%	20%	30%	40%	50%	60%
	Other	0%						
	I don't wash them	5	5%					

Fig. 4. Strawberry punnet washing

CONCLUSION

2%

35%

31%

32%

Fig. 5. Storage time before consumption

> At home, the strawberries will be confronted in their packaging, at different levels of temperature and humidity, up to 2-3 days.

from stages 0 to 4, in full, without cutting any damaged part (cluster 6).

2,3 % only purchase and consume strawberries at stage 0. At the first signs of degradation they are thrown away (cluster 9).

High variability of consumer profiles, from wasteful behaviors to health risk behaviors

Freshness is an important decision criteria for strawberries purchase. In stores, strawberries punnet are quickly neglected, although once purchased consumers will more easily accept their degradation (at the time of consumption). During home storage, the development of smart packaging could help increase the freshness time of strawberries, taking into account the different uses. Beyond storage difficulties, there is a high acceptance variability for strawberry defects. More communication is needed on the consumability, whether late consumption presents health risks, and on how to enhance strawberries with recipes adapted to their sensory evolution.

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