

## A balance between actin and Eps8/IRSp53 utilization in branched versus linear actin networks determines tunneling nanotube formation

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#### 37 Abstract (218 words)

38 Tunneling nanotubes (TNTs) connect distant cells and mediate cargo transfer for intercellular 39 communication in physiological and pathological contexts. How cells generate these actin-40 mediated protrusions to span lengths beyond those attainable by canonical filopodia remains 41 unknown. Through a combination of micropatterning, microscopy and optical tweezer-based 42 approaches, we demonstrate that TNTs forming through the outward extension of actin (not 43 through cellular dislodgement) achieve distances greater than the mean length of filopodia, and 44 that branched Arp2/3-dependent pathways attenuate the extent to which actin polymerizes in 45 nanotubes, limiting TNT occurrence. Proteomic analysis using Epidermal growth factor receptor 46 kinase substrate 8 (Eps8) as a positive effector of TNTs showed that upon Arp2/3 inhibition, 47 proteins enhancing filament turnover and depolymerization were reduced and Eps8 instead 48 exhibited heightened interactions with the inverted Bin/Amphiphysin/Rvs (I-BAR) domain protein 49 IRSp53 that provides a direct connection with linear actin polymerases. Our data reveals how 50 common protrusion players (Eps8 and IRSp53) form TNTs, and that when competing pathways 51 overutilizing such proteins and monomeric actin in Arp2/3 networks are inhibited, processes 52 promoting linear actin growth dominate to favour TNT formation. Thus, this work reinforces a 53 general principle for actin network control for cellular protrusions where simple shifts in the 54 balance between processes that inhibit actin growth versus those that promote growth dictate 55 protrusion formation and the ultimate length scales protrusions achieve.

56

#### 57 **Main** (4006 words)

58 Intercellular communication is vital for organisms, mediating across different length scales events 59 like differentiation, tissue development/homeostasis, and wound healing. One mechanism relies 60 on filamentous actin (F-actin)-based protrusions (1). Projecting a few microns from the cell, 61 filopodia dynamically probe the environment, establishing focal adhesions or cell-cell connections 62 for collective migration (2), tissue closure (3), and neurogenesis (4). Contrastingly, tunneling 63 nanotubes (TNTs) are able to reach significantly longer distances (tens of microns) for direct 64 communication between distant cells (5) and appear structurally different from filopodia (6).

65

66 First documented in 2004 (7, 8), TNTs are non-surface adherent, membranous extensions 67 supported by F-actin that cytoplasmically connect cells allowing the transfer of cargo ranging from 68 Ca<sup>2+</sup> ions (9), RNAs (10) and plasma membrane (PM) proteins (e.g., H-Ras, Fas/CD95) (11, 12), 69 to lysosomes (13) and mitochondria (6, 14, 15). This material transport ability has transformed the 70 way we think about cell identity and the establishment of cellular networks (16, 17). For example, 71 in vivo evidence has supported a physiological role for TNT-like structures in vascular coupling 72 within the retina (18) and in facilitating cytoplasmic and membrane-bound material transfer 73 between photoreceptors (19, 20), implicating nanotube-mediated maintenance in proper tissue 74 function within the nervous system. Beyond their physiological involvement in signal 75 transduction, apoptosis and immune responses (12, 21), TNTs can contribute to cancer progression 76 (15), HIV-1 and SARS-CoV-2 transmission (22, 23), and the propagation of misfolded proteins 77 (e.g.,  $\alpha$ -synuclein, Tau, huntingtin) involved in neurodegenerative diseases (13, 24–26).

78

For protrusions to form, F-actin remodelling processes (initiation, polymerization and bundle stabilization) need to be spatiotemporally controlled at the PM in order to work against membrane tension resistance to form a tube (*27*). Proteins like IRSp53 (insulin receptor tyrosine kinase 82 substrate protein of 53 kDa) of the Bin/Amphiphysin/Rvs (BAR) family orchestrate membrane 83 shape changes and actin assembly in filopodia, microvilli, and dendritic spine formation (28-30). 84 Through its crescent-shaped inverse BAR domain IRSp53 is able to induce, sense and stabilize 85 negative curvatures found in cellular protrusions (31, 32). Its CRIB (Cdc42/Rac interactive 86 binding) domain permits regulatory control by Rho GTPases (28, 33), while its SH3 (Src 87 homology 3) domain mediates interactions with actin polymerases like VASP (vasodilator-88 stimulated phosphoprotein) (28, 34) and the formin mDial (35), and nucleating promoting factors 89 of the actin-related protein 2/3 (Arp2/3) complex like N-WASP (36) and WAVE2 (35, 37). Thus, IRSp53 self-assembly at the PM is sufficient to generate forces for protrusion growth by recruiting 90 91 polymerases and locally polymerizing F-actin at IRSp53 clusters (28, 38).

92

93 A key partner of I-BAR proteins in filopodia and microvilli formation is Eps8 (epidermal growth 94 factor receptor kinase substrate 8) (33, 39, 40). Eps8 was identified in a complex with Abi-1 95 (Abelson interactor 1) and Sos-1 (Son of sevenless homolog 1) that activates Rac (41, 42) for 96 branched actin formation by Arp2/3 (43). Eps8 displays actin regulatory behaviour that depends 97 on its binding partners: interaction with IRSp53 enhances Eps8's F-actin bundling activity, while 98 binding with Abi-1 prompts its capping activity (33, 34, 44, 45). We recently demonstrated that 99 Eps8's actin bundling activity promotes the formation of functional TNTs in neuronal cells (46), 100 suggesting a switch in common actin-regulating components in generating shorter canonical

filopodia versus longer TNTs. The mechanism(s) by which the cell uses a common pool of actininterfacing proteins to establish length scales characteristic of TNTs is unclear.

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104 To address this issue, we used micropatterning to control the distances over which actin-dependent 105 processes, and not mechanisms based on cell dislodgement, lead to TNT formation at lengths 106 beyond those of canonical filopodia. We found that Arp2/3-dependent pathways deter TNTs and 107 that upon Arp2/3 inhibition, F-actin polymerizes over longer distances in nanotubes. Arp2/3 108 inhibition further promoted a specific interaction between Eps8 and IRSp53, and not with other I-109 BAR proteins, and their co-expression facilitated functional TNT formation. Proteomic analysis 110 revealed that Eps8's interactions with branched actin networks and proteins influencing filament 111 turnover and depolymerization are reduced upon Arp2/3 inhibition, while IRSp53's interactome 112 remained unchanged and provided connections to needed polymerases. Our data show that 113 protrusion length results from a competing balance between the utilization of monomeric actin and 114 the availability of actin regulatory proteins in order to build distinct F-actin networks in a common

- 115 cytoplasm.
- 116

#### 117 **Results**

#### 118 **TNTs connect micropatterned cells at greater distances compared to filopodia**

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120 To assess TNT formation as a function of intercellular distances, we fabricated hexagonal arrays 121 of fibronectin (FN) micropatterns to tune the separation distance D (Fig. 1a, b and Supplementary 122 Fig. 1a) to be beyond the reach of filopodia which typically ranges 1–2 µm and rarely exceeds 10 123 µm (1, 27). CAD cell adherence was optimized on appropriately sized patterns to prevent 124 unwanted cell infiltration into the surrounding PEG region (Supplementary Fig. 1b–e and 125 Supplementary Video 1), ensuring that the connections we observe come from actin-driven 126 mechanisms, and not from cells that migrate apart forming TNTs through cell dislodgement (5,

127 47). Overnight cell tracking (18 hr) confirmed that CAD cells remained resident to their initial

128 micropatterns (Supplementary Fig. 1f, g, Example 1 and Supplementary Video 2), even during 129 mitosis (Supplementary Fig. 1g, Example 3 and Supplementary Video 3), and cells rarely exhibited

130 events of inter-micropattern translocation (Supplementary Fig. 1g, Example 2 and Supplementary Video 4).

131 132

133 We identified thin, substrate-detached TNT-like protrusions positive for F-actin connecting cells 134 on neighbouring patterns at 15 to 30 µm (Fig. 1c, d), and containing DiD-labelled vesicles 135 (Supplementary Fig. 2a). Using a donor-acceptor co-culture (Supplementary Fig. 2b) we found 136 DiD vesicles both in the histone 2B (H2B)-positive acceptor cells (Supplementary Fig. 2c, 137 Example 1) and in the connecting TNTs (Supplementary Fig. 2c, Example 2) supporting cargo 138 transport. After increasing D to 40 µm, we observed fewer TNTs (Fig. 1e). D15 and D20 patterns 139 showed the highest TNT frequency, while approaching D40, there was a significant decrease (Fig. 140 1f), indicating a distance dependency. On the other hand, filopodia lengths showed that a majority 141 of filopodia (90% of the population) were far shorter and did not exceed 6 µm with an average 142 length of 2.7 µm (Fig. 1g). These data show that TNTs are able to reach considerably longer 143 lengths than average filopodia, yet there seems to be an upper limit to F-actin based elongation.

144

#### 145 Inhibition of branched actin networks favours TNTs

146

147 Actin assembly can be organized into distinct architectures such as Arp2/3-dependent branched 148 filaments in lamellipodia, or bundles of un-branched linear filaments. Phenotypic characterization

149 of TNT-connected cells on D15 micropatterns revealed that cells displaying only lamellipodia

accounted for 4.1% of TNTs examined (Fig. 2a, b). In contrast, in 71.1% of cases both cells 150

- 151 involved in the connection had no lamellipodia (Fig 2a, b) while 24.7% of these TNT-connected
- 152 cells had a mix of cellular phenotypes (Fig. 2a, b). Further analysis revealed that TNTs rarely 153 emerge directly from lamellipodia (< 2% of cases) and instead originate either further up on the

154 cell body or from protrusion-rich zones (Supplementary Fig. 3). Together, this suggests an anti-

155 correlation between regions with high Arp2/3 activity and a cell's ability to form TNTs.

156

157 We next assessed if the inhibition of actin incorporation in Arp2/3-dependent networks favours 158 the formation of TNTs. Upon Arp2/3 inhibition with CK-666 (6, 48), we observed a significant 159 increase in the percent of TNT-connected cells on D15, D20 and D30 micropatterns (Fig. 2c). In

160 contrast, CK-666 had no impact on the number of TNT-connected cells on D40 patterns (Fig. 2c)

- 161
- again suggesting there is an upper limit to the length a TNT can obtain through the polymerization
- 162 of actin (Fig. 1f and Fig. 2c). We hypothesized that a competition between different actin networks 163 has a direct effect on the likelihood for a TNT to form over a given distance. Thus we directly
- 164 shifted the actin balance in favour of linear F-actin by using the formin-specific agonist drug IMM-

165 01 (49) and assessed the effect on TNTs. With IMM-01 treatment, we observed an increased

- 166 number of TNT-connected cells (Supplementary Fig. 4a, b) and of vesicles transferred from donor
- 167 to acceptor cells (Supplementary Fig. 4c), indicating that the promotion of linear actin networks 168 directly favours functional TNT formation. Together this data suggests that TNT formation is
- 169 based on the polymerization of long, linear filaments and becomes enhanced when branched actin
- 170 formation is inhibited.
- 171

#### 172 F-actin polymerization occurs over longer distances when Arp2/3 is inhibited

To gain a greater insight into how TNTs can reach longer distances, we utilized an optical tweezer (OT) setup to pull nanotubes of comparable lengths to the TNTs observed on the micropatterns to

- 176 monitor by confocal microscopy F-actin polymerization within the nanotube in control and CK-
- 177 666-treated conditions (Fig. 3a) (38, 50-52). In the mock condition, cells displayed little to no F-
- actin within the nanotubes (Fig. 3b, c and Supplementary Video 5). In contrast, CK-666-treated
- 179 cells showed a robust development of F-actin (Fig. 3d, e and Supplementary Video 6). Profiles of
- 180 the F-actin fluorescence showed a rapid decay of the signal in mock-treated cells where intensity
- values were indistinguishable from background levels beyond 5  $\mu$ m; however, CK-666-treated
- cells exhibited a shallower decay and intensities remained higher throughout the entire nanotube(Fig. 3c, e).
- 184
- Exponential fitting of the actin profiles (Fig. 3f) and force measurements (Fig. 3g, h) confirmed CK-666-treated cells had F-actin reaching significantly longer distances within the nanotube compared to mock conditions. For example, force profiles remained static over time in control
- 188 conditions for actin-devoid nanotubes (Fig. 3g), whereas large bead displacements (i.e., a rise in 189 the force,  $\Delta F$ ) were observed in the CK-666 condition (Fig. 3h), indicating that F-actin 190 development had reached the end of the tube, imparting large traction forces (Fig. 3i). This 191 characteristic actin-dependent behaviour has been described previously by us and others (*38, 50,* 192 *51, 53*). These data indicate that an inhibition of Arp2/3 activity directly correlates with the 193 polymerization of longer actin filaments.
- 194

#### 195 An Eps8-IRSp53 interaction is enhanced upon Arp2/3 inhibition

196

197 A shift in actin utilization upon Arp2/3 inhibition likely promotes interactions that outwardly 198 deform the PM and polymerize F-actin locally for TNT outgrowth. Given Eps8's previously 199 identified TNT-promoting capability (46), we investigated whether a specific Eps8-I-BAR 200 interaction favours long TNT formation. We first screened Eps8's interaction with IRTKS (insulin 201 receptor tyrosine kinase substrate) and IRSp53 based on their I-BAR domain sequence similarity 202 (32) and their involvement in the formation of filopodia and microvilli (28, 29, 39, 40). GFP-Eps8-203 wild type (WT) was used to immunoprecipitate endogenous IRTKS and/or IRSp53 in control and 204 TNT-promoting conditions using CK-666 (Supplementary Fig. 5a). IRSp53 precipitated with 205 GFP-Eps8-WT in control conditions, indicating their direct interaction in CAD cells, while IRTKS 206 did not (Fig. 4a). To see if the interaction is affected by Arp2/3 inhibition, we treated GFP-Eps8-207 WT cells with CK-666. A significant increase in eluted IRSp53 was observed, whereas no effect 208 was observed for IRTKS (Fig. 4a, b). These data indicated that interaction between Eps8 and 209 IRSp53, but not IRTKS, would favour long TNT growth.

210

211 Using spinning disk microscopy, we then characterized the process of IRSp53- and Eps8-driven 212 protrusions. IRSp53 and Eps8 in its bundling active form (capping defunct mutant; Eps8- $\Delta$ CAP) 213 were separately introduced in CAD cells, and the maximum length of cell-generated protrusions 214 was analysed before and after CK-666 addition (Fig. 4c-g). Prior to CK-666 treatment (first 30 215 min), IRSp53- and Eps8-ACAP-expressing cells were found to form lamellipodia devoid of 216 protrusions (Fig. 4c, f and Supplementary Videos 7, 8) or shorter filopodia-like protrusions (Supplementary Fig. 6a, b and Supplementary Videos 9-12). After CK-666 addition, new IRSp53-217 218 and Eps8-positive protrusions grew two to three times longer than those found in the non-treated 219 condition (Fig. 4d, g). Following CK-666 addition, we observed an increase of IRSp53

fluorescence at the plasma membrane (Fig. 4e, Supplementary Video 7) which then coincided with the generation and growth of IRSp53-positive dorsal protrusions, indicating a greater availability of IRSp53 to generate protrusions when branched actin pathways are inactivated.

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- 224

#### Eps8 and IRSp53 co-expression increases the formation of functional TNTs

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226 Together the above data suggest that Eps8 and IRSp53 specifically drive long protrusion formation 227 and that their interaction is enhanced upon Arp2/3 inhibition. To further explore this hypothesis, 228 we tested the effect of Eps8 and IRSp53 co-expression on TNT formation and their ability to 229 transfer vesicles (donor-acceptor assay). Stable co-expression of GFP-Eps8- $\Delta$ CAP and IRSp53-230 mCherry led to a doubling in the percentage of TNT-connected cells on D15 micropatterns (20.8%) 231 compared to the GFP:mCherry control cells (10.3%) (Fig. 5a, b). Notably, TNTs found in Eps8-232  $\Delta$ CAP:IRSp53 cells were positive for both proteins all along their length (Fig. 5a, inset iii). 233 Furthermore, vesicle transfer from Eps8-ACAP:IRSp53 donors to EBFP-H2B acceptors also 234 increased (Fig. 5c, d), while secretion-based transfer remained unchanged (Supplementary Fig. 7). 235 As a control we overexpressed IRTKS (Supplementary Fig. 5b) and showed it had no positive 236 impact on the percentage of TNT-connected cells (Supplementary Fig. 5c) nor on the transfer of 237 vesicles (Supplementary Fig. 5d). Similarly, the co-expression of IRTKS with Eps8-WT and Eps8-238  $\Delta$ CAP showed a significant decrease in the percentage of TNT-connected cells (Supplementary 239 Fig. 5e, f). Interestingly, the addition of CK-666 to Eps8-ΔCAP:IRSp53 cells had no further 240 enhancement on the percentage of TNT-connected cells nor on vesicle transfer as compared to 241 control GFP:mCherry cells (Fig. 5b, d), suggesting that the overexpression of Eps8 with IRSp53 242 may already saturate the cellular ability for TNTs to form.

243

# Eps8 is removed from pathways associated with filament turnover upon Arp2/3 inhibition 245

246 To analyse the actin-centric pathways through which Eps8 and IRSp53 function, GFP-Eps8-WT 247 or IRSp53-GFP were utilized as bait proteins in a whole-cell GFP-trap pull-down and the 248 interactomes were assessed against appropriately-treated cytosolic GFP-expressing cells (negative 249 controls) to identify protein hits (Supplementary Fig. 8a). In the Eps8-WT pull-down, we identified 250 36 proteins (out of 145) (Supplementary Fig. 8b), and the online Search Tool for Recurring 251 Instances of Neighbouring Genes (STRING) database (54) was used to generate association 252 networks where individual proteins were grouped into actin-based modules (Fig. 6a). As expected, 253 in control conditions Eps8 preferentially interacts with IRSp53 (Baiap2), while no other I-BAR 254 proteins were identified. Consistent with Eps8's role in membrane trafficking, several Rab-related 255 proteins were observed, e.g., Rab5 (55). In addition, our analysis revealed novel hits in Eps8's 256 interactome. We observed enrichment of Arp2/3 complex proteins (Arpc1b, Arpc3, Arpc5, Arpc51 257 and Actr3b). We also noted proteins directly affecting F-actin dynamics and organization, 258 including: (1) severing proteins (gelsolin (Gsn), advillin (Avil) and flightless 1 (Flii) (56)) and 259 phosphatases (Slingshot homology 1 and 2 (Ssh1 and Ssh2)) that activate cofilin (57); (2) pointed-260 end capping proteins (tropomodulins 2 and 3 (Tmod2 and Tmod3)) (58); (3) the bundling protein 261 eplin (Lima 1) (59); and (4) coronin 2b (Coro2b) that disassembles actin branches (60). Finally, 262 we observed significant pull-down of myosin-II complex proteins, consisting of both light (Myl6, 263 Myl12a/b) and heavy (Myh10, Myh11) chain proteins, unconventional myosin motors (Myo5a/b, 264 Myo6), and membrane-actin linkers (Myo1b/c).

266 After CK-666 treatment, 23 actin-related proteins were identified (out of 166), with several 267 overlapping hits compared to the non-treated case (Fig. 6b and Supplementary Fig. 8b). Direct 268 comparison of all the proteins in the two conditions showed changes in Eps8's interactome. Arpc5 269 disappeared upon treatment, while other Arp2/3 complex proteins had a fold change decrease 270 tendency (Fig. 6c). Furthermore, we saw a clear change in proteins that are involved in actin 271 assembly/disassembly. Avil and Ssh1 were lost (only found in the non-treated sample), while a 272 greater enrichment of actin (Actb) and the Cdc42-effector proteins Cdc42ep1 (MSE55) and 273 Cdc42bpa (MRCKa), which promote long extensions in fibroblasts (61) and deactivate cofilin 274 through LIM kinase activation (62), respectively, were present in the CK-666-treated sample (Fig. 275 6c). Gene ontological (GO) analysis (Supplementary Fig. 8d, e) showed relative decreases in GO 276 biological processes associated with the Arp2/3 complex, actin filament severing and capping, the 277 negative regulation of actin filament polymerization, and vesicle-mediated transport; no relative 278 changes were observed for pointed-end capping and F-actin bundle assembly. Together these data 279 reveal a novel ability for Eps8 to switch its association with different proteins when branched actin 280 networks are inhibited.

281

#### 282 **IRSp53 acts as a converging platform for actin-based processes**

283

284 Our data show that IRSp53 cooperates with Eps8 to facilitate processes that lead to protrusions 285 obtaining lengths characteristic of TNTs. How these proteins coordinate with other F-actin 286 regulators (e.g., polymerases) in this process is unclear. Therefore, we analysed IRSp53's 287 interactome and identified 34 and 50 actin-related protein hits in non-treated and CK-666-treated 288 conditions, respectively (Supplementary Fig. 9a, b). From these hits, direct comparison of non-289 treated versus treated samples showed no significant difference (Fig. 7a) and a STRING-generated 290 network (Fig. 7b) shows IRSp53 has an enlarged interactome as compared to Eps8. Like with 291 Eps8, we found IRSp53 interfaces with the Arp2/3 complex and associates with proteins such as 292 Shank3, Drebrin (Dbn1) and Lamellipodin (Raph1) that sculpt branched networks in dendritic 293 spines and lamellipodia (63, 64). However, far more WAVE and WASP proteins were observed 294 for IRSp53 (11 proteins) as compared to Eps8 (Wasf1 only). Unlike Eps8's interactome, F-actin 295 polymerases like the formin delphilin (Grid2ip), and those known to bind IRSp53 via SH3-296 mediated interactions (28, 34), like Vasp and Enah, were identified. IRSp53's greater link to 297 polymerization processes appears consistent with the observation that more actin isoforms (Actb, 298 Actc1, Actg1, Actl6a) as well as profilin (Pfn1) were present as compared to Eps8 (Fig. 6). 299 Furthermore, bundling proteins such as espin (Espn) (65) and fascin (Fscn1) were noted. Overall, 300 these data show IRSp53 establishes a stable, multivalent interaction profile necessary to converge 301 and promote processes affecting F-actin polymerization; however, we did not observe major 302 changes following CK-666 treatment suggesting that Eps8's interaction with IRSp53 (which is 303 increased upon Arp2/3 inhibition) switches the system towards longer actin filament formation 304 necessary for TNTs.

305

#### 306 **Discussion**

TNTs were identified as long, actin-supported protrusions mediating direct cargo transfer between distant cells (7, 8). This transfer function in different physiological and pathological contexts (5,

- distant cells (7, 8). This transfer function in different physiological and pathological contexts (5, 9, 12–15, 18–22, 24, 25) is a key difference between TNTs and filopodia (5). While actin is
- 310 ubiquitously found in TNTs, how cells develop protrusions spanning greater distances than

311 filopodia has remained unclear, and is a remarkable feat considering any TNT must rely on the

312 polymerization of cytoskeletal elements far from the cell soma where globular actin (G-actin) is at

313 a higher effective concentration. In this work we sought to address how actin-based structures,

- 314 such as TNTs, are able to achieve the lengths necessary for connecting remote cells for
- 315 communication and whether this process relies on unique cellular machinery.
- 316

317 We showed that TNT formation occurs at distances significantly higher than the average length of 318 filopodia (Fig. 1), and that Arp2/3 inhibition favours both TNT formation (Fig. 2c) and actin 319 polymerization over longer distances in nanotubes mechanically pulled from cells (Fig. 3). This 320 indicates that TNTs result from a balance between linear and branched actin networks (Fig. 2 and 321 Supplementary Fig. 4). These results bear similarity to reports in yeast, and in fibroblasts and 322 macrophages, where the inhibition of Arp2/3, or the knockout of Arpc2, promoted formin-driven 323 cable assembly (66), stress fibres and filopodia (67, 68), suggesting different actin networks are in 324 homeostasis and compete for the same pool of polymerizable G-actin (69). As a filopodium's 325 steady-state length is limited by the establishment of a G-actin concentration gradient between the 326 base and the barbed ends at the protrusion tip (27, 70), the formation of longer filaments here for 327 TNTs could in part result from an increase in G-actin levels upon Arp2/3 inhibition.

328

329 Using Eps8 as an F-actin bundling protein shown to enhance TNTs (46) we identified a preferential 330 interaction with the I-BAR protein IRSp53 in CAD cells (Fig. 4a) that promoted functional TNTs 331 capable of vesicle transfer (Fig. 5), likely through a combined effect that promotes F-actin 332 bundling and stabilizes the nanotube's inherent curvatures. We found that Arp2/3 activity serves 333 as an appreciable sink for the availability of Eps8 and IRSp53 (Fig. 6 and Fig. 7). Notably, Eps8 334 associates with Arpc1b and Arpc5L isoform-specific Arp2/3 complexes recently described as 335 having higher branching activity (71). Eps8's interaction with Arp2/3 is likely direct given the 336 scarcity of WAVE/WASP proteins observed in our pull-down, and that diminished pull-down of 337 complex proteins and loss of Arpc5-which tethers Arp2 and Arp3 to the mother filament for 338 daughter filament branching (72)-was observed upon CK-666 treatment. This contrasts IRSp53's 339 SH3 domain-mediated (37) pull-down of far more WAVE/WASP proteins that were unaffected 340 by CK-666 treatment. Such a scenario in which different pathways compete for reactants is 341 equivalent to a mass action dependency and is a general concept controlling receptor tyrosine 342 kinase signalling (73) to cytoskeletal network sizes (74, 75). Here, the reduced availability of Eps8 343 and IRSp53 when involved in branched networks diminishes their ability to drive outward 344 extension of long, linear F-actin. Indeed, upon Arp2/3 inhibition, an Eps8-IRSp53 interaction was 345 enhanced (Fig. 4a, b), existing Eps8- and IRSp53-positive protrusions further extended (Fig. 4f, g 346 and Supplementary Fig. 6) and IRSp53 even re-localized to the plasma membrane driving new 347 protrusion formation and extension (Fig. 4c, e). This also explains, for example, why IRSp53 348 overexpression alone partially inhibited the formation of functional TNTs in CAD cells (46), as a 349 new steady-state favouring actin branching was likely promoted, an effect which is amplified if 350 needed TNT-factors like Eps8 are limited within the cell.

351

Our results show a segregation between respective areas from where lamellipodia and TNTs emerge (Fig. 2 and Supplementary Fig. 3) suggesting spatial segregation of different actin networks is needed to form TNTs. While our study substantiates the role that competing networks have on the propensity for TNTs to form, regulation of protein availability and distribution to different pathways is needed. One possibility could involve 14-3-3 phospho-binding proteins 357 (identified in IRSp53's interactome, Fig. 7) which "clamp" IRSp53 in an inactive state (76, 77), 358 thus preventing its membrane binding, partner associations (e.g., Eps8) and hence its downstream 359 control of F-actin polymerization (38); however, CK-666 treatment showed no change in 14-3-3 360 protein pull-down in IRSp53's interactome. More likely, is through Eps8's novel ability to switch 361 its protein and pathway associations when Arp2/3 activity is attenuated that results in linear actin 362 growth at longer distances (Fig. 3) and promotes TNTs (Fig. 5). As observed in Eps8's interactome 363 changes (Fig. 6), regulation of F-actin severing could be achieved through: (1) diminished filament 364 binding of barbed-end capping and actin-severing proteins (loss of Gsn, Avil and Flii); and (2) 365 reinforcement of processes inactivating cofilin, for example, through the loss of cofilin-activating 366 Slingshot phosphatases, and more LIM kinase activity and effectors (Cdc42ep1, Cdc42bpa) to 367 deactivate cofilin. Proteins such as coronins (e.g., Coro2b identified in Eps8's interactome, Fig. 6) directly dissociate Arp2/3 at branching points leading to network disassembly (60, 78) and would 368 369 thus modify the frictional coupling of the actin bundle within the TNT to the cortex (51), 370 diminishing retrograde flows and thus permit more growth. Similarly, the inhibition of myosin II-371 mediated contractility elongated microvilli through retrograde flow reduction (79). Thus, by 372 attenuating processes that inhibit growth, the balance is shifted to processes that promote growth 373 via Eps8- and IRSp53-mediated interactions to directly influence F-actin polymerization and 374 bundling needed for TNTs. Our experimental work therefore reinforces in vitro reconstitution and 375 theoretical work describing the control of F-actin network sizes through a polymerase to capping 376 protein balance (75, 80). Finally, such a biphasic behaviour for Eps8 is analogous with reports 377 showing dendritic versus linear network antagonism is dependent upon profilin (81), since WASP 378 (82), formins (83) and Mena/VASP (67, 81) all contain profilin-binding sequences, and via the 379 binding of tropomodulins to specific tropomyosin-decorated actin filaments (58).

380

381 Altogether, our study shows that the formation of TNTs depends upon common protein players 382 and a balance between G-actin and accessory protein utilization in branched versus linear actin 383 networks. When competing Arp2/3 networks are inhibited, this increases the availability of 384 proteins like Eps8 and IRSp53 to exert their functions that positively lead to the extension and 385 organization of F-actin while limiting pathways that lead to filament turnover and disassembly. 386 While further studies are needed to elucidate the details of how Arp2/3 networks are spatially 387 separated and disassembled, and how severing proteins are controlled to thus favour TNT growth, 388 our work reinforces a general principle for actin network control for cellular protrusions where 389 simple shifts in the balance between processes that inhibit growth versus those that promote growth 390 dictate protrusion length scales.

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#### 403 Materials and Methods

#### 404 Cell culture

405 Mouse neuronal Cath.a-differentiated (CAD) cells were used in this study and were a gift from 406 Hubert Laude (Institut National de la Recherche Agronomique, Jouy-en-Josas, France). CAD cells 407 were cultured in Gibco Opti-MEM + GlutaMAX (Invitrogen) supplemented with 10% fetal bovine 408 serum (FBS; EuroBio) and 1% penicillin/streptomycin (100 u/mL final concentration; Thermo 409 Fisher Scientific). Cells were cultured at 37°C in a humidified 5% CO<sub>2</sub> atmosphere. Cells were

- 410 routinely monitored for mycoplasma contamination and found to be negative.
- 411

#### 412 **Drug treatments**

413 Drugs used in this study include the Arp2/3 complex inhibitor CK-666 (48) and the formin agonist 414 IMM-01 (49) and were purchased from Sigma-Aldrich. For drug treatments prior to 415 immunoprecipitation experiments, we used 50–70% confluent CAD cells that were treated with 416 50  $\mu$ M CK-666 for 1 hr. In the case of overnight drug treatments for TNT counting and co-culture

- 417 experiments, cells first adhered for 4–6 hr and were then treated with 50  $\mu$ M CK-666 or 1  $\mu$ M
- 418 IMM-01 for 16–18 hr. For optical tweezer experiments pre-attached cells were pre-treated for 1
- 419 hr with 50  $\mu$ M CK-666. Control samples were treated with an equivalent amount of DMSO which 420 did not exceed 0.001% v/v.
- 421

#### 422 Plasmids and lentiviral constructs

IRSp53-EGFP, IRTKS-EGFP, IRSp53-mCherry and IRTKS-mCherry were a kind gift from Pekka
Lappalainen (University of Helsinki, Finland) and have been described elsewhere (*32*). GFP-Eps8-

- 425 WT and the capping-deficient mutant GFP-Eps8- $\Delta$ CAP were a kind gift from Giorgio Scita 426 (Istituto FIRC di Oncologia Molecolare, Italy) and have been described elsewhere (45). tdTomato-
- 427 F-tractin and EGFP-F-tractin were a gift from Evelyne Coudrier (Institut Curie, France). Cytosolic
- 428 GFP (pEGFP-N1) and mCherry (pmCherry-N1) vectors were purchased from Clontech. H2B-
- 429 mCherry was a gift from Robert Benezra (Addgene plasmid #20972) and H2B-EBFP was a gift
- 430 from Michael Davidson (Addgene plasmid #55243).
- 431

432 For co-expression studies, gene inserts from GFP-Eps8-WT, GFP-Eps8-ACAP and IRSp53-433 mCherry were PCR amplified using PrimeSTAR GXL DNA Polymerase (Takara Bio) and the 434 amplicons were extracted from a 1% agarose gel (Monarch Gel Extraction Kit, NEB). Inserts were 435 then cloned into a pCDH1 lentiviral vector, cut at EcoR1 and BamH1 restriction sites, using In-436 Fusion HD Cloning Plus (Takara Bio). Short Gly/Ser linkers were added between GFP and Eps8, 437 and between IRSp53 and mCherry. Primers used in the cloning strategy include: EGFP-Xho1 438 forward (5'-GATTCTAGAGCTAGCGAATTCGCCACCATGGTGAGCA AGG-3'); EGFP-439 linker-Xho1 (5'-CTCGAGGCTAGCGCTCCCACTCCCGCTTCC reverse 440 CTTGTACAGCTCGTCCATGCC-3'); Linker-mEps8 forward (5'-GTGGGAGCGCTAGCC 441 TCGAGATGAATGGTCATATGTCTAACCGCTC-3'); mEps8 reverse (5'-ATCCTTCGC 442 GGCCGCGGATCCTCAGTGGCTGCTCCCTTC-3'); IRSp53 forward (5'-GATTCTAGAGC 443 TAGCGAATTCGCCACCATGTCTCTGTCTCGCTCAGAGG-3'); IRSp53-linker reverse (5'-444 CCGCTTCCGCTGTTTAAACGTCTTCCAGCCAGGGTGCG-3'); linker-mCherry forward (5'-445 CGTTTAAACAGCGGAAGCGGGAGTGGGAGCGTGAGCAAGGGCGAG GAG-3'); 446 mCherry reverse (5'-TCCTTCGCGGCCGCGGATCCCTACTTGTACAGCTCGT CCATGC-3').

#### 447

#### 448 Transient transfection and stable lentiviral transduction

Plasmid transfections were performed using Lipofectamine 2000 (Thermo Fisher Scientific)
according to the manufacturer's protocol. DNA:Lipofectamine 2000 complexes at a ratio of 1:3
(µg:µL) were added in serum-free Opti-MEM media on cells plated in 6-well plates (70%
confluency) and were incubated for 6 hr before removal. Transfection efficiency was verified 24
hr post-transfection and transfected cells were used for further experiments.

454

455 Lentiviral particles (LVs) were produced in HEK 293T cells cultured in Dulbecco's Modified 456 Eagle's Medium (Thermo Fisher Scientific), supplemented with 10% FBS (EuroBio) and 1% 457 penicillin/streptomycin (100 u/mL final concentration; Thermo Fisher Scientific) at 37°C in 5% 458 CO<sub>2</sub> humidified incubators. Cells were plated the day before transfection in T75 flasks (approx. 2 459 million) to achieve a 50–70% confluency the next day. Plasmids coding lentiviral components, 460 pCMVR8.74 (Gag-Pol-Hiv1) and pMDG2 (VSV-G), and the plasmid of interest at a ratio of 4:1:4 461 (µg), respectively, were transfected using FuGENE HD Transfection reagent (Promega) according 462 to the manufacturer's protocol. After 48 hr, LVs were concentrated using LentiX-Concentrator 463 (Takara Bio) and the pellet was resuspended up to 1 mL in serum-free Opti-MEM. CAD cells were 464 plated the day before infection in 6-well plates (approx. 100,000 cells) to achieve a 50-70%

465 confluency the next day. Cells were sequentially transduced with 100  $\mu$ L of the desired LVs, each 466 for 24 hr. After transduction, co-expressing cells were treated with 2  $\mu$ g/mL puromycin for 3 days.

467 Double-positive cells were sorted using a BD FACSAriaIII cell sorter (BD Biosciences).

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#### 469 Surface micropatterning

470 Micropatterning on glass coverslips was performed using an adapted method based Azioune et al. 471 (84). Round glass coverslips (25 mm, No. 1.5, Marienfeld) were sequentially cleaned in a bath 472 sonicator with 70% ethanol for 10 min and 2% Hellmanex (Hellma Analytics) for 20-30 min at 473 30°C, and then in 1 M KOH for 20 min; copious rinsing using ultra-pure water (resistivity >18 474 MΩ·cm) from a Milli-Q Advantage A-10 purification system (EMD Millipore) was performed 475 after each step. The coverslips were then dried under a stream of nitrogen and then plasma 476 activated (Harrick Plasma) for 5 min and then functionalized overnight in a 3% v/v solution of (3-477 aminopropyl)trimethoxysilane (APTMS) in acidified methanol (5% v/v acetic acid). Following 478 aminosilanization, coverslips were briefly rinsed with 70% ethanol and then annealed in a 120°C 479 oven for 1 hr. Individual coverslips were then placed on a 60-70 µL drop of a 100 mg/mL solution 480 of mPEG-succinimidyl valerate (MW 5000, Laysan Bio) dissolved in 0.1 M NaHCO<sub>3</sub>, pH 8.5 and 481 left to react overnight in a humified environment to prevent evaporation. The following day, PEG-

481 refer to react overslips in a numified environment to prevent evaporation. The following day, FEG 482 coated coverslips were rinsed in ultra-pure water and stored dry in a desiccator until they were
 483 used for deep-UV micropatterning.

484

485 Custom micropattern designs were drawn in CleWin (WieWeb) and the chrome-quartz 486 photomasks were manufactured at Delta Mask (Enschede, NL). The PEG-coated coverslips were 487 held in contact with the photomask using a 2.5  $\mu$ L drop of water (providing an estimated spacing 488 of 5  $\mu$ m), and the photomask was placed 5 cm away (~10 mW/cm<sup>2</sup>) from the low-pressure mercury 489 lamps (Heraeus Noblelight GmbH, NIQ 60/35 XL) housed within a UV box (UVO Cleaner, 490 Jelight); coverslips were then exposed for 5 min to deep UV light (< 200 nm) through the 491 photomask, burning exposed regions of the PEG layer to create the desired pattern on the coverslip.

492 Subsequently, to allow for stronger covalent binding of fibronectin to the patterned areas, N-

493 hydroxysulfosuccinimide (sulfo-NHS)/1-Ethyl-3-(3-dimethylaminopropyl)carbodiimide (EDC)

- 494 chemistry for amine coupling of proteins to the surface was employed. Sulfo-NHS and EDC were
- dissolved in 0.1 M MES, 0.5 M NaCl, pH 6.0 at a concentration of 6 and 124  $\mu$ M, respectively,
- and the patterned sides of the coverslips were incubated with the sulfo-NHS/EDC solution for 30
- 497 min. Coverslips were then rinsed with ultra-pure water, and then incubated for 1 hr with a
- 498 fibronectin (FN; Bovine plasma, Sigma-Aldrich) solution having a total concentration of  $35 \mu g/mL$ 499 (dissolved in 0.1 M NaHCO<sub>3</sub>, pH 8.5). The FN solution was a mixture of unlabeled and dye-labeled
- 500 FN, where for example, fluorescent FN typically comprised 15% of the total FN concentration.
- 501 The micropatterned surfaces were stored at 4°C in PBS containing 1% penicillin/streptomycin
- 502 until used for cell seeding and typically used within one week.
- 503

#### 504 Fluorescent fibronectin

Rhodamine-labelled FN was purchased from Cytoskeleton. Labelling of FN with Alexa Fluor 405 succinimidyl ester (Thermo Fisher Scientific) was performed in house. Briefly, lyophilized FN (Bovine plasma, Sigma-Aldrich) was dissolved in PBS and dialyzed overnight against PBS to remove free amines. The dialyzed FN solution was then labelled at a dye to protein ratio of 70:1 (mol:mol) for 1 hr at room temperature (RT) and in the dark to protect the reaction from light. Extensive dialysis against PBS was then performed to remove free Alexa Fluor dye. The labelled FN was concentrated using Amicon Ultra centrifugal filters (Merck), and aliquoted and stored at -

512 80°C before use. The labelling efficiency for Alexa 405 FN was determined to be 30.

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- 514

#### 515 Characterization and analysis of cell adherence on micropatterns

516 Reflection interference contrast microscopy (RICM) was performed on an inverted Eclipse Ti-E 517 inverted microscope (Nikon) equipped with an Antiflex 63X 1.25 NA oil immersion objective 518 (Zeiss Plan-Neofluar) and a Moment sCMOS camera (Teledyne Photometrics). Light from a 519 mercury-vapor arc lamp was bandpass filtered (546.1/10 nm, Melles Griot) and then directed 520 towards a filter cube containing a 50/50 beam splitter and two crossed polarizers prior to entering 521 the objective. An aliquot of suspended CAD cells (~20,000 cells) was added on top of a 522 micropatterned substrate mounted on a Chemlide CMB 35 mm magnetic chamber (Quorum 523 Technologies). Acquisition was controlled through MetaMorph and brightfield and RICM images 524 were acquired every 60 sec over 5 hr to capture as cells begin to adhere and spread on the 525 micropatterns. A reference fluorescence image of the FN micropatterns was taken at the first 526 timepoint only. RICM images were variance filtered in ImageJ/Fiji to highlight the contour of the 527 cell as the surrounding background exhibited low signal variance. Ten variance-filtered images 528 were then used as a training dataset in Weka for automatic segmentation of the contour of adhered 529 cells. Segmented images were binarized and the area was determined in ImageJ/Fiji through time.

530

## 531 Tracking cell confinement on micropatterns

532 Brightfield and fluorescence imaging was performed on an inverted Eclipse Ti-E or Ti2 inverted

533 microscope (Nikon) equipped with either a CSU-X1 or a CSU-W1 spinning disk confocal scanning

unit (Yokogawa), a fibre-coupled Coherent OBIS laser illumination system (405/488/561/640

535 nm), a 40X 1.15 NA objective (CFI Apochromat LWD Lambda S, Nikon), and a Prime 95B

- 536 sCMOS camera (Teledyne Photometrics). CAD cells were first pre-adhered for 1 hr to the
- 537 micropatterns and then imaged every 5 min over 18 hr using MetaMorph or NIS-Elements (Nikon)

538 for instrumental control. Reference fluorescence images of the FN micropatterns were taken at the

539 first timepoint only. Cells in the brightfield images were segmented from the background using an

540 Ilastik-trained model resultant from a four-image training dataset. Resulting binarized images were

- 541 then inputted into TrackMate to track an individual cell's centre-of-mass, with respect to the centre 542
- of the cell's micropattern, through the acquisition. Tracks were overlaid on images using "Track
- 543 Manager" in Icy. 544

#### 545 Bead preparation for nanotube pulling experiments

546 Streptavidin-coated polystyrene beads (3 µm in diameter, SVP-30-5, 0.5% w/v, Spherotech) were 547 washed three times in a 10X volume of PBS and recovered by centrifugation (12,000 rpm, 5 min). 548 Beads were then resuspended in PBS to a concentration of 0.05% w/v, and an appropriate amount 549 of a 1 mg mL<sup>-1</sup> biotin-conjugated concanavalin A (ConA) solution (C2272, Sigma-Aldrich) was 550 added to the bead suspension assuming a binding capacity of 10 µg ConA per mg of beads. The 551 mixture was incubated overnight at 4°C on a tabletop shaker. ConA-coated beads were rinsed three 552 times according to the steps above and finally resuspended in PBS to a concentration of 0.5% w/v.

- 553 ConA-beads were stored at 4°C and generally usable up to one month.
- 554

#### 555 Nanotube pulling experiments

556 A home-built optical tweezer (OT) coupled to an inverted Eclipse Ti C1 Plus confocal microscope 557 (Nikon) was used as previously described (38). Briefly, a 3-watt 1064 nm Ytterbium fiber laser 558 (IPG Photonics) was expanded through a Keplerian telescope and directed towards the back 559 aperture of a 100X 1.45 NA oil immersion objective (Nikon CFI Plan Apochromat Lambda). The 560 viscous drag method, including Faxen's correction for calibration near surfaces, was used to 561 determine the OT trap stiffness which averaged 60 pN µm<sup>-1</sup>. Displacements of the bead from the 562 fixed trap centre were recorded on a CCD camera (Marlin F-046B, Allied-Vision) at a frame rate 563 of 20 fps and videos were later analysed using a custom MATLAB (Mathworks) script based on 564 the "imfindcircles" function to determine the bead's centre of mass. Forces were calculated from 565 the bead positions according to the equation  $F = \kappa \cdot \Delta x$  where  $\kappa$  is the trap stiffness and  $\Delta x$  is the 566 displacement of the bead from its initial reference position determined before nanotube pulling. A 567 Nano-LP100 piezo-driven stage (MadCityLabs) was used for lateral XY movements on the setup. 568 A temperature and CO<sub>2</sub> controllable stage-top incubator (STXG-WELSX, Tokai Hit) maintained 569 cells at 37°C in a humidified, 5% CO<sub>2</sub> atmosphere during experimentation.

570

571 The day before experimentation, CAD cells expressing EGFP-F-Tractin were seeded on 572 micropatterned coverslips in which the fibronectin patches were separated at a distance of 50 µm 573 to ensure cells were well-separated for micromanipulation. One-hour prior to experimentation the 574 phenol-containing culture medium was removed, cells were rinsed with PBS, and exchanged for a phenol-free Opti-MEM medium containing: 10% FCS, ProLong<sup>TM</sup> Live Antifade Reagent 575 576 (Invitrogen) at a 1:75 dilution, 2 mg mL<sup>-1</sup>  $\beta$ -Casein (>98% pure, from bovine milk, Sigma-Aldrich) 577 for surface passivation, and 50 µM CK-666 (or the equivalent volume of DMSO for control 578 experiments). The cells were taken to the optical tweezer setup and labeled with Cell Mask<sup>TM</sup> Deep 579 Red plasma membrane stain (Invitrogen) at a 1:2000 dilution for 10 min, and ConA-coated beads 580 were added (1:50-1:100 dilution). Using a custom LabVIEW (National Instruments) program to 581 control the piezo stage, membrane nanotubes were pulled by trapping an isolated floating bead, 582 bringing it into contact with the cell for a short period of time (<10 sec), and then moving the cell 583 away from the bead in the X direction. Confocal image acquisition using 488 nm (Coherent) and

642 nm (Melles Griot) lasers were controlled with the EZ-C1 software (Nikon). Fluorescence was
bandpass filtered (ET525/50, ET665, Chroma) and detected using τ-SPAD single-photon
avalanche diodes (PicoQuant) that were controlled by the SymPhoTime 64 software (PicoQuant).
Images encompassing the nanotube and some of the cell body (typically 1024 x 512 pixels, 5X
zoom) were gathered every 30 sec after pulling.

589

#### 590 Quantification of actin profiles in pulled nanotubes

591 Image analysis was performed using custom written macros in ImageJ/Fiji. Images for the 592 membrane and actin channels were first background subtracted, and the actin channel was then 593 normalized by the average cytosolic signal measured within the cell interior to account for 594 differences in F-Tractin expression. From the membrane channel image, the nanotube's cross-595 section was fit to a Gaussian function to determine the  $\pm 2\sigma$  width of the Gaussian profile. Using 596 the line selection tool, a line was drawn starting within the cytosol, intersecting through the plasma 597 membrane and then following all along the length of the nanotube; the width of the line was set to 598 the measured  $\pm 2\sigma$  width in order to encompass the entire thickness of the nanotube. Profiles were 599 then extracted and the actin intensity plotted as a function of the length of the nanotube X, where 600 X = 0 was defined as the position of the max intensity value found within the plasma membrane 601 rim near the base of the nanotube. For curve averaging, profiles were interpolated in MATLAB to 602 obtain vectors of all the same length.

603

#### 604 **GFP-trap immunoprecipitation**

605 GFP-trap was performed using anti-GFP nanobody-coated agarose beads (Chromotek) and was 606 carried out following the supplier's recommendations. Briefly, 1.2 million CAD cells expressing 607 the GFP-tagged "bait" protein of interest were plated in 100 mm dishes. The subsequent day the 608 cells were briefly washed with PBS after drug treatment, and then scraped and centrifuged at 500 609 g for 3 min at 4°C. The supernatant was gently removed, and lysis buffer was added (4–5 volumes 610 of lysis buffer for 1 volume of cell pellet). The lysis buffer consisted of 50 mM Tris, 1% Triton, 300 mM NaCl, 5 mM MgCl<sub>2</sub>, cOmplete<sup>TM</sup> Mini EDTA-free Protease Inhibitor Cocktail (Merck) 611 at pH 7.4. The cells were lysed on ice for 30 min, after which the lysate was cleared at 14,000 rpm 612 613 for 30 min at 4°C. The cell lysate protein concentration was quantified using a Bradford protein 614 assay (Bio-Rad). Agarose beads were rinsed and equilibrated in PBS, recovered by centrifugation 615 and then resuspended in PBS +/+ (1:1 ratio). After which 20  $\mu$ L of resuspended beads were added 616 per immunoprecipitation (IP) sample (300  $\mu$ g of total protein) along with 300  $\mu$ L of dilution buffer 617 (10 mM Tris, 150 mM NaCl, 0.5% Triton, pH 7.5). The IP mixture was diluted with sterile distilled 618 water, so that the final Triton concentration did not exceed 0.5% v/v, and was then incubated for 619 1 hr at 4°C with gentle agitation to bind proteins. Three washes of 3 min each were carried out 620 with wash buffer (10 mM Tris, 150 mM NaCl, 0.5% Triton, pH 7.5). Finally, bound proteins were 621 eluted with 20 µL of 2X Laemmli sample buffer (Bio-Rad) and the sample was subsequently 622 denatured at 100°C for 5 min.

623

#### 624 SDS-PAGE and Western Blot analysis

625 SDS-PAGE was performed in 1X MOPS buffer (Sigma-Aldrich) on Criterion 4–12% precast gels

- 626 (Bio-Rad). Wells were loaded with the total eluent volume from the IP samples, containing 300  $\mu$ g of protein, whereas 10% (30  $\mu$ g) was loaded for the lysate control samples (input). The
- migration was done at 120 mV for approximately 2 hr. Proteins were transferred (100 V, 1 hr) onto

629 PVDF (polyvinylidene difluoride) membranes (GE Healthcare Life Sciences) using 1X 630 Tris/Glycine buffer (in-house 50X solution containing 250 mM Tris and 1920 mM Glycine). After 631 transfer, the membrane was blocked using 5% non-fat milk in 0.1% TBS-T (1X Tris-Buffered 632 Saline, 0.1% Tween 20, Bio-Rad) for 1 hr at RT. Primary antibodies were added at the appropriate 633 dilution, and membranes were incubated overnight at 4°C under agitation. Primary antibodies used 634 include: rabbit polyclonal anti-GFP (1:4000, A-6455, Thermo Fisher Scientific), rabbit polyclonal 635 anti-IRSp53 (1:1000, HPA023310, Sigma-Aldrich), rabbit polyclonal anti-IRTKS (1:2000, 636 HPA019484, Sigma-Aldrich), and mouse monoclonal anti-a tubulin (1:5000, T5168, Sigma-637 Aldrich) as a loading control. Membranes were washed three times in TBS-T for 10 min and mouse 638 and rabbit horseradish peroxidase (HRP)-tagged secondary antibodies were added to the 639 membrane at a 1:5000 dilution in 5% milk, for 1 hr at RT. Membranes were revealed using 640 Amersham ECL Prime (Cytiva) chemiluminescent detection reagent and imaged using an 641 ImageQuant LAS 500TM imager (GE Healthcare Life Sciences).

642

To quantify relative changes in band intensities (measured as an average value), regions of interest of the same size were drawn in ImageJ/Fiji to encompass the appropriate GFP band of the bait protein (indicates the amount of eluted bait protein), the band of the prey protein, and background values adjacent to the measured bands. Background-corrected band intensities were finally normalized by taking the prey band divided by the bait band.

648

#### 649 **TNT quantification**

650 On micropatterns: CAD cells were mechanically detached in serum-free Opti-MEM containing 651 0.5 mM EGTA (to prevent cadherin-mediated cell clumping), strained through a 40 µm nylon cell 652 strainer (Corning) and diluted to a concentration of 175,000 cells/mL using Opti-MEM containing 653 10% FBS to better ensure singularized cells. Micropatterned coverslips were generally attached to 654 the bottom of open 35 mm dishes (P35G-1.5-20-C, MatTek) using silicon grease (Dow Corning), 655 and 60,000 cells were seeded within the volume defined by the 20 mm dish opening. Otherwise, 656 micropatterned coverslips were placed in 6-well plates and 250,000 cells were used for seeding in 657 this case. After 4–6 hr of adherence, unattached cells were then removed manually using a pipette 658 by gently rinsing with PBS. Cells were then cultured 16-18 hr overnight prior to a two-step 659 fixation and dye staining.

660

661 Cells were fixed with 2% paraformaldehyde (16% PFA aqueous solution, methanol free, EM grade, Electron Micorscopy Sciences), 0.05% glutaraldehyde (25% GA aqueous solution, Grade 662 663 I, Sigma-Aldrich), 0.2 M HEPES (1 M HEPES, Gibco) in PBS for 20 min at 37°C, followed by a 664 second fixation in 4% PFA, 0.2 M HEPES in PBS for 20 min at 37°C. Following fixation, cells 665 were quenched in 50 mM NH<sub>4</sub>Cl for 10–30 min at RT and carefully washed in PBS prior to dye 666 labelling. Alexa Fluor 647 phalloidin or Rhodamine phalloidin (1:50-1:200 dilution in PBS, 30 667 min incubation in the dark at RT; Thermo Fisher Scientific) was used for F-actin staining, WGA 668 Alexa Fluor 488 conjugate (1:300 dilution in PBS, 20 min incubation in the dark at RT; Thermo 669 Fisher Scientific) was used to stain the plasma membrane, and 4',6-diamidino-2-phenylindole 670 (DAPI) (1:1000 dilution, 2 min incubation in the dark at RT) was used to stain the nuclei. Between 671 staining, samples were washed with PBS. Finally, samples were mounted/sealed using Aqua-672 Poly/Mount (Polysciences) or Mowiol 4-88 (Sigma-Aldrich) and left to polymerize overnight in 673 the dark.

675 Samples were imaged using a 40X 1.3 NA oil immersion objective (Zeiss Plan Apo) on an inverted 676 confocal microscope (Zeiss LSM 700) equipped with 405/488/561/640 nm lasers and controlled 677 by the ZEN software. The whole cellular volume, typically 12 µm in thickness, was imaged by 678 acquiring 0.4 µm-thick slices. Images were analyzed in the Icy software using the "Manual TNT 679 annotation" plug-in (http://icy.bioimageanalysis.org/plugin/manual-tnt-annotation/) for manual 680 identification and numeration of cells connected by TNTs. Connections between cells on 681 neighbouring micropatterns were annotated as TNTs if the following criteria were met: (i) they 682 were thin (diameter < 800 nm), (ii) membranous and F-actin positive, (iii) did not contact the 683 substrate and thus would be found in the middle and upper stacks, and (iv) were continuous along 684 their length without obvious breaks (e.g., tip-to-tip bound filopodia) to directly link the cell bodies 685 of the connected cells. The percent of TNT-connected cells on micropatterns was obtained by 686 counting the TNT-connected cells and dividing by the number of nearest-neighbour cell-occupied 687 micropatterns (i.e., isolated cell-occupied micropatterns were excluded since nearest-neighbour 688 micropatterns are unoccupied and thus incapable of having a TNT spanning between 689 micropatterns).

690

691 <u>In normal cell culture</u>: In Supplementary Figs 4 and 5, 220,000 cells were plated into 35 mm Ibidi 692  $\mu$ -dishes (Ibidi), cultured 18 hr overnight and then fixed, stained and imaged similarly to what was

described above for the micropatterned samples. The percent of TNT-connected cells was obtained

by counting the TNT-connected cells in an image and dividing by the total number of cells present

- 695 in the field of view.
- 696

#### 697 Manual single-cell analysis of TNT origin

Wild-type CAD cells plated on D15 micropatterns (see TNT quantification on micropatterns, Fig. 2) were classified into either a mixed cell phenotype (exhibiting hairy/filopodial and lamellipodial/ruffled characteristics) or a lamellipodia-only phenotype. Then, the immediate cellular vicinity from which the TNT was originating was categorised. TNTs were categorised as emanating from a filopodia-rich region, directly from a lamellipodia/ruffle region, or spatially separated above a lamellipodia/ruffle region.

704

#### 705 Quantification of vesicle transfer by co-culture assays

706 By confocal microscopy: Vesicle transfer assays such as those in Supplementary Fig. 2 and Fig. 5 707 were performed on D15 micropatterns, while IMM-01 drug-treated co-cultures were performed in 708 35 mm Ibidi u-dishes (Supplementary Fig. 4). Donor cells were stained with DiD (Thermo Fisher 709 Scientific; 1:3000 dilution in culture media for 30 min in the dark at 37°C) to visualize vesicles, 710 whereas cells expressing a fluorescently tagged histone 2b (H2B) fusion protein were used as 711 acceptor cells. Predominately, H2B-EBFP-transfected CAD cells were used as an acceptor cell 712 population unless otherwise stated. Donors and acceptors were co-cultured overnight (16–18 hr) 713 at a 1:1 ratio; the total amount of cells plated in Ibidi u-dishes was 200,000, while the number of 714 cells plated on D15 micropatterns (placed in 6-well plates) was 250,000. In parallel, supernatant 715 controls were performed in Ibidi µ-dishes to measure secretion-based vesicle transfer. Here, equal 716 amounts of donor and acceptor cells (100,000 for Ibidi-based co-cultures and 125,000 for 717 micropattern-based co-cultures) were separately cultured. After 16-18 hr, the conditioned media 718 of the donors was collected, briefly centrifuged (1,000 rpm, 4 min) to remove dead cells, and then 719 exchanged for the media of the acceptor cell sample. The acceptors cells were then cultured for 720 another overnight incubation with the conditioned media. All samples were fixed, stained and

imaged according to the protocol described above for TNT quantification. The Icy software was

used to annotate acceptor cells with and without internalized DiD-positive vesicles. The percent

of total transfer was assessed by quantifying the number of acceptor cells containing donor-derived

- 724 DiD-vesicles and dividing it by the total number of acceptor cells analysed across the acquired
- 725 images for a given sample.
- 726

727 By flow cytometry: In Supplementary Fig. 5d, CAD cells expressing IRTKS-EGFP where stained 728 with DiD (donor population) and cultured at a 1:1 ratio (300,000 total cells) with H2B-mCherry 729 expressing CAD cells (acceptor population) in 6-well plates. In parallel, co-cultures using EGFP 730 expressing donor cells were used as controls. After an overnight co-culture (16-18 hr), cells were 731 mechanically detached and washed briefly with a dilute trypsin solution (0.03% w/v trypsin in)732 PBS) to remove non-internalized vesicles attached on the cell exterior. Cells were passed through 733 a 40 µm nylon cell strainer to separate cell aggregates and fixed in 2% PFA. Flow cytometry data 734 was acquired with a FACSymphony A5 flow cytometer (BD Biosciences). GFP, mCherry and DiD 735 fluorescence were analysed at excitation wavelengths of 488, 561 and 647 nm, respectively. Ten 736 thousand events were acquired for each condition and data was analysed using FlowJo (BD 737 Biosciences). The percent of total transfer was calculated by dividing the number of double 738 positive cells (H2B-mCherry acceptor cells containing donor-derived DiD-vesicles) with the total 739 number of analysed H2B-mCherry acceptor cells (Q2/Q1). Two biological repeats were conducted 740 with each condition done in triplicate.

741

#### 742 Time-lapse microscopy of protrusion formation

743 CAD cells at 50-70% confluency were co-transfected with IRSp53-EGFP and tdTomato-F-tractin 744 or GFP-Eps8- $\Delta$ CAP and tdTomato-F-tractin according to the transfection protocol above. Six 745 hours prior to the acquisition, 220,000 of the co-transfected cells were plated in 35 mm dishes 746 (Ibidi), or 250,000 cells were plated on 40 µm fibronectin micropatterns placed in 6-well plates 747 (Supplementary Fig. 6, Example 3). Samples were mounted on a Chemlide CMB 35 mm magnetic 748 chamber (Quorum Technologies). Time-lapse imaging was performed on an Eclipse Ti-E inverted 749 microscope (Nikon) equipped with a CSU-X1 spinning disk confocal scanning unit (Yokogawa), 750 a 60X 1.4 NA oil immersion objective (Nikon Plan Apo VC), a fiber-coupled Coherent OBIS laser 751 illumination system (405/488/561/640 nm), and Prime 95B sCMOS cameras (Teledyne 752 Photometrics) for single or dual camera mode acquisition. Acquisition was controlled by 753 MetaMorph. Two positions with z-stack slices (0.6 µm thickness) covering the 12 µm cell volume 754 were acquired at a 1-min interval over 90 min (except when imaging IRSp53 recruitment at the 755 membrane which was imaged with a 30-sec interval). Cells were imaged 30 min prior to flowing 756 in CK-666 at a final concentration of 50  $\mu$ M, that was subsequently imaged for 60 min. A 757 humidified 37°C and a 5% CO<sub>2</sub> environment was maintained in a Life Imaging Services Gmbh 758 enclosure.

759

#### 760 Filopodia quantification and length measurements

For fixed conditions (Fig. 1g), filopodia were quantified using the automated analysis pipeline developed by Bagonis et al. (*85*). Maximum intensity projection images of filopodia (both surfaceand non-attached) were created and the cell bodies were manually segmented for filopodia detection using phalloidin staining. When needed, Hyugens (Scientific Volume Imaging) was used for image deconvolution to improve filopodia detection in samples having weak actin fluorescence. For time-lapse imaging (Fig. 4d, g), maximum intensity projection images were created in ImageJ/Fiji. In the first 30 min of imaging (control condition prior to CK-666 addition), a protrusion containing actin (as F-tractin) and the protein of interest was followed and when it reached its maximum length (e.g., just before retraction), its length was manually measured from its base to the tip. The same procedure was performed after CK-666 treatment, with the difference being that the imaging duration was increased to 60 min in order to sample length changes in manually tracked protrusions.

774

#### 775 Fluorescence profile measurements

The intensity of IRSp53 at the membrane (Fig. 4e) before and after the addition of CK-666 was analysed in ImageJ/Fiji ("Plot Profile" plugin) by drawing a straight line (10  $\mu$ m long) perpendicular to the cell edge. The middle of the line was positioned directly at the boundary of cell edge and the background such that individual curves could be properly aligned and overlaid.

780

#### 781 **Proteomic analysis by mass spectrometry**

782 Sample preparation: CAD cells were plated in 100 mm dishes (800,000 cells) the day before 783 transfection. Following a 24-hr transfection, GFP-Eps8-WT or IRSp53-EGFP cells, along with 784 cytosolic GFP-expressing cells, were treated in parallel either with DMSO or with 50 µM CK-666 785 for 1 hr. After washing and lysing the cells, samples were processed for GFP-trap 786 immunoprecipitation (described above). After protein binding, two 3-min washes were done in 787 lysis buffer followed by three 3-min washes in the dilution buffer prior to on-bead digestion and 788 mass spectrometry (MS) analysis. Three independent preparations were performed for Eps8, while 789 five independent preparations were performed for IRSp53.

790

791 On-bead digestion followed by LC-MS/MS analysis: Digestion was performed strictly as 792 described by Chromotek. Briefly, beads were resuspended in digestion buffer (50 mM Tris-HCl 793 pH 7.5, 2 M urea, 1 mM DTT and 5  $\mu$ g/ $\mu$ l of trypsin (Promega)) for 3 min at 30°C. Supernatants 794 were transferred to new vials and beads were washed twice using 50 mM Tris-HCl pH 7.5, 2 M 795 urea and 5 mM iodoacetamide buffer. All washes were pooled and incubated at 32°C for overnight 796 digestion in the dark. Peptides were purified using a standard C18-based clean-up protocol using 797 a Bravo AssayMap device (Agilent). LC-MS/MS analysis of digested peptides was performed on 798 an Orbitrap Q Exactive Plus mass spectrometer (Thermo Fisher Scientific) coupled to an EASY-799 nLC 1200 (Thermo Fisher Scientific). A home-made C18 column was used for peptide separation 800 and consisted of a 30 cm nano-HPLC capillary column (75 µm inner diameter) filled with 1.9 µm 801 Reprosil-Pur Basic C18-HD resin (Dr. Maisch HPLC GmbH) that terminated with a silica 802 PicoTip<sup>®</sup> emitter tip (New Objective). The column was equilibrated and peptides were loaded in 803 100% solvent A (H<sub>2</sub>O, 0.1% formic acid (FA)) at 900 bars. Peptides were eluted at 300 nL min<sup>-1</sup> 804 using a linear gradient of solvent B (acetonitrile (ACN), 0.1 % FA) from 2% to 35% during 55 805 min, 35% to 60% during 10 min, and 60% to 90% during 5 min (total chromatographic run was 806 80 min including a high ACN step and a column regeneration step). Mass spectra were acquired 807 in the data-dependent acquisition mode with the XCalibur 2.2 software (Thermo Fisher Scientific). 808 Automatic switching between MS and MS/MS scans was performed to select the 10 most abundant 809 precursor ions (top10 method) from the survey scan for higher-energy collision dissociation 810 (HCD) peptide fragmentation. Survey MS scans were acquired at a resolution of 70,000 (at m/z 811 400) with a target value of  $3 \times 10^6$  ions and was limited in range from 400 to 1700 m/z. HCD 812 peptide fragmentation was performed with a normalized collision energy (NCE) set at 27%.

813 Intensity threshold for ion selection was set at  $1 \times 10^6$  ions with a charge-state exclusion of z = 1814 and z > 7. The MS/MS spectra were acquired at a resolution of 17,500 (at m/z 400). Isolation

- 815 window was set at 1.6 Th. Dynamic exclusion was employed within 30 s.
- 816

817 Protein identification and quantification: MS Data were searched using MaxOuant (version 818 1.6.6.0) employing the Andromeda search engine (86) against a reference Mus musculus proteome 819 (55,470 entries; downloaded from Uniprot June 1, 2021). The following search parameters were 820 applied: carbamidomethylation of cysteines was set as a fixed modification, while oxidation of 821 methionine and protein N-terminal acetylation were set as variable modifications. The mass 822 tolerances in MS and MS/MS were set to 5 ppm and 20 ppm, respectively. Maximum peptide 823 charge was set to 7 and 5 amino acids were required as a minimum peptide length. At least 2 824 peptides (including 1 unique peptide) were asked to report a protein identification. A false 825 discovery rate (FDR) of 1% was set for both protein and peptide levels. Intensity-based absolute 826 quantification (iBAQ) values were generated from the sum of peak intensities of all peptides 827 corresponding to a specific protein divided by the number of observable peptides. The match 828 between runs features was allowed for biological replicate only.

829

830 Statistical analysis: Proteins identified in the reverse and contaminant databases and proteins "only 831 identified by site" were first removed from the analysis. Remaining proteins with at least 2 peptides 832 were kept for further analysis and the associated peptide intensities were summed and log 833 transformed (log<sub>2</sub>). Summed intensity values were normalized by median centering within 834 conditions (normalizeD function of the R package DAPAR) (87). Proteins without any iBAQ value 835 in a condition, while present in another, have been considered as proteins quantitatively present in 836 a condition and absent in the other. Next, missing values were imputed using the *impute.mle* 837 function of the R package *imp4p* (88). Proteins with a fold-change inferior to 1.5 (i.e.,  $\log_2(FC) <$ 838 0.58) are considered not significantly differentially abundant between conditions. Statistical 839 testing of proteins with a FC superior to 1.5 was conducted using a limma t-test thanks to the R 840 package limma (89). An adaptive Benjamini-Hochberg procedure was applied on the resulting p-841 values thanks to the adjust.p function of the R package cp4p (90) using the robust method 842 described in (91) to estimate the proportion of true null hypotheses among the set of statistical 843 tests. The proteins associated to an adjusted P-value inferior to an FDR level of 1% have been 844 considered as significantly differentially abundant proteins. Thus, proteins of interest are therefore 845 those considered to be present in one condition and absent in another, and those proteins identified 846 based on pairwise comparison of intensities according to the adjusted P-value and FC thresholds.

847

#### 848 **Bioinformatic analysis**

849 UniProt identifiers/accession numbers of the proteins of interest (specifically those related to the 850 actin cytoskeleton) were inputted into the online Search Tool for Recurring Instances of 851 Neighbouring Genes (STRING) database (54) to generate an interaction network visualized using 852 Cytoscape. Medium confidence (minimum score, 0.4) interactions were sourced from databases, 853 experiments, co-expression, neighborhood and gene fusion evidence. The proteins in the network 854 were grouped manually according to their function and the networks were then exported as .svg 855 files for color coding in Adobe Illustrator for easier visualization. Gene Ontology (GO) analysis 856 of biological processes was performed using PANTHER 17.0, employing Fisher's Exact test with 857 a false discovery rate (FDR) correction. The whole Mus musculus gene database was used as a 858 reference list. Output parameters for a given GO term include: 1) the protein count in the input; 2)

a reference count (Ref cout) for the total number of proteins in the mouse database assigned to a

given GO term; 3) the fold enrichment value (observed/expected) which is determined from the

861 protein count divided by the number of proteins expected to be annotated in a randomly generated

- network of the same size; and 4) the FDR that measures the significance of the fold enrichment.
- 863

#### 864 Statistical analysis

865 Statistical analysis was performed in GraphPad Prism. P < 0.05 was considered statistically 866 significant and all P values are indicated in the figures. The specific statistical tests performed, the 867 number of independent experiments and the total number of samples analysed are indicated in the 868 figure captions.

869

### 870 Data availability

871 The mass spectrometry proteomics data have been deposited to the ProteomeXchange Consortium

via the PRIDE (92) partner repository with the dataset identifier PXD035976. All data needed to

evaluate the conclusions in the paper are present in the paper and/or the Supplementary Materials.

874

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895

## 896 **Contributions**

897 J.M.H., P.B. and C.Z. conceived the study and acquired funding. J.M.H. and N.L. designed and

898 performed experiments, analysed the resulting data, and wrote the original manuscript. T.C. 899 performed mass spectrometry measurements and performed statistical analyses with O.G.G under

performed mass spectrometry measurements and performed statistical analyses with Q.G.G under
 the supervision of M.M. D.C. performed IMM-01 experiments. A.B. provided molecular biology

900 the supervision of W.M. D.C. performed hym-of experiments. A.B. provided molecular ofology 901 expertise, reagents and generated lentiviral constructs used in the study. S.D. provided technical 902 expertise and design assistance for the micropatterning protocol. J.M.H., N.L., P.B. and C.Z.

903 reviewed and edited the final manuscript. All authors approved the manuscript prior to submission.

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# 1181 **Figures**





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#### 1184 Fig. 1: TNTs connect neighbouring CAD cells across varying distances.

1185 (a) Cartoon depicting fibronectin (FN) patterns produced as a hexagonal array of circles (diameter of 31 µm) with edge-to-edge separation distances (D) of 15, 20, 30 and 40 µm were tuned along 1186 1187 the center-to-center distance (d) between circles. (b) Left: Representative fluorescent images of 1188 FN micropatterns spaced by 15 and 40 µm with their respective calculated fast Fourier transform 1189 (FFT) images (upper right insets). Right: Corresponding radial profiles determined from the FFT 1190 images plotted as a function of the spatial frequency ( $\mu m^{-1}$ ). Solid lines in the radial profile plots 1191 indicate the expected center-to-center d spacing between circular patterns and line up nicely with 1192 peaks in the measured profile, indicating high fidelity in the manufacturing process. (c, d) 1193 Representative surface and upper stack maximum intensity projections of CAD cells plated on 15 1194 and 30 µm FN micropatterns. TNTs connecting cells on two different micropatterns are annotated 1195 with a white arrowhead. Subpanels (i, ii, iii) show zoom-ins and XZ projections through the axis

of the indicated TNTs. (e) Representative maximum intensity projection of CAD cells plated on 40 µm FN micropatterns showing no TNTs between cells. (f) Violin plot of the percentage of TNT-connected micropatterns for D15, D20, D30 and D40 micropatterns. The median percentage of TNT-connected micropatterns (teal solid lines in the plot) on D15, D20, D30 and D40 micropatterns is 9.8%, 5.5%, 4.8%, and 0%, respectively; guartiles are annotated with dotted teal lines. Each data point corresponds to a quantified image in which on average approximately 30 cell-occupied micropatterns were within the acquired field of view; data was pooled from three experiments. The total number of individual micropatterns quantified per condition is indicated in parentheses. Statistical analysis was performed using a Kruskal Wallis test with Dunn's multiple comparison test. ns = non-significant for P > 0.9999; \*\*, P = 0.0074; \*\*\*\*, P < 0.0001. (g) Left: Representative images of CAD cell filopodia (magenta, Phalloidin-Alexa Flour 647). Cell body edges are marked with a dotted white line. Right: Dot plot of individual filopodia lengths (18 cells, n = 546 filopodia) and the corresponding histogram showing that 90% of the population (shaded gray region) had lengths that were less than 6  $\mu$ m. Scale bars: (b) 100  $\mu$ m; (c - e) 30  $\mu$ m. Subpanels. 5 μm; (g) 5 μm. 



#### 1225 Fig. 2: TNT prevalence negatively correlates with Arp2/3 activity.

1226 (a, b) TNT-connected cells characteristically lack lamellipodial features. (a) Representative 1227 maximum intensity projection images of cells with different morphologies that are connected by 1228 TNTs. TNTs can be formed (i) between two cells forming only lamellipodia, (ii) between two cells 1229 showing a mix of phenotypes (e.g., one of the connected cells displays only (or partial) 1230 lamellipodia while the other connected cell shows no lamellipodia), or (iii) between two non-1231 lamellipodia cells displaying a higher density of peripheral protrusions. Dashed yellow boxes 1232 correspond to subpanels below each image that show zoom-ins and XZ projections of TNTs that 1233 were made through the axis of the connection. Yellow arrowheads directly point to the TNT. (b) 1234 Bar graph showing the characterization of TNTs between cells of different morphologies plated 1235 on D15 micropatterns (n = 97 TNTs). Lamellipodia, 4.1%; Mixed, 24.7%; and No Lamellipodia, 1236 71.1%. (c) Whisker box plot showing the percentage of TNT-connected micropatterns for D15, 1237 D20, D30 and D40 micropatterns in cells treated with 50 µM CK-666 as compared to the mock 1238 condition (DMSO vehicle control). Mock vs. CK-666 average values were  $8.8 \pm 1.5\%$  vs.  $17.6 \pm$ 1239 1.9% for D15 micropatterns,  $5.0 \pm 0.8\%$  vs.  $10.6 \pm 1.4\%$  for D20 micropatterns,  $4.0 \pm 0.8\%$  vs.  $8.3 \pm 1.5\%$  for D30 micropatterns, and  $2.0 \pm 0.9\%$  vs.  $2.3 \pm 0.8\%$  for D40 micropatterns (mean  $\pm$ 1240 1241 SEM). Each data point corresponds to a quantified image in which on average approximately 30 1242 cell-occupied micropatterns were within the acquired field of view; data was pooled from three 1243 experiments. The total number of individual micropatterns quantified in each condition is indicated above each box. The data was analysed using an unpaired Mann-Whitney test. Scale bars, 30 µm; 1244 1245 Subpanels, 5 µm.

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# Fig. 3: Inhibition of branched actin formation results in greater F-actin development in pulled nanotubes.

- (a) Experimental setup for pulling membrane nanotubes using a concanavalin A (Con-A)-coated bead ( $\sim$ 3 µm in diameter) trapped in an optical tweezer (OT). CAD cells stably expressing the small F-actin-binding peptide F-tractin fused to EGFP (green) were exogenously labelled with the lipophilic Cell Mask<sup>TM</sup> Deep Red plasma membrane stain (magenta). Intensity profiles of the F-
- 1254 actin fluorescence were measured along the nanotube axis and plotted against the nanotube length.
- 1255 (**b**, **d**) Representative time-lapse images of a nanotube pulled from a DMSO-treated (mock control)
- 1256 (Supplementary Video 5) and a CK-666-treated cell (Supplementary Video 6). White arrowheads
- 1257 annotate the progression of actin development within the nanotube in **d**. (**c**, **e**) Plot of actin profiles
- 1258 within pulled nanotubes for mock- and CK-666-treated cells. Insets show a magnified view at the

tube extremity to better highlight the greater presence of F-actin in the CK-666 condition as compared to the mock condition. Mock condition, 11 tubes; CK-666 condition, 12 tubes. (f) Left: Exponential fits to the actin intensity profiles were performed to determine a characteristic decay length (2l) at which the initial intensity at X = 0 decays to a value of  $1/e^2$ . For visualization purposes of the analysis, exponential fits are shown for the mean actin profiles computed from the individual plots presented in e and f. Upper and lower limits of the intensity range are shaded. Right: Dot plot of the characteristic decay lengths (2l) for mock- and CK-666-treated cells. Data is represented as the mean  $\pm$  SEM. Mock (11 tubes), 2.78  $\pm$  0.50; CK-666 (12 tubes), 5.80  $\pm$  0.73. Statistical analysis was performed using an unpaired Mann-Whitney test. (g) Top: Force plot of a pulled nanotube from a mock-treated cell showing no F-actin development. Solid teal line, 10-point moving average curve. Bottom: Associated images of the indicated time points (g1, g2). (h) Top: Force plot of a pulled nanotube from a CK-666-treated cell showing F-actin development spanning the entire nanotube length. Peaks in the force plot (black arrowheads), with magnitudes of  $\Delta F$ , arise when retrograde flows outcompete actin polymerization (at the nanotube tip) causing bead displacement towards the cell body (recorded as a positive rise in the force in the lab frame). Solid teal line, 10-point moving average curve. Shaded grey region corresponds to a magnified view on the right. Bottom: Associated images of the indicated time points (h1, h2). (i) Histogram of the force peak magnitudes ( $\Delta F$ ). Sample size, 33 peaks. The trapped bead is annotated by a dotted white circle when not clearly visible. Scale bars, 5 µm. 

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1290 Fig. 4: Eps8 and IRSp53 are recruited to form longer protrusions upon Arp2/3 inhibition. 1291 (a) Representative Western Blots showing GFP-trap immunoprecipitation bands of the IRSp53 1292 and IRTKS pray proteins in the GFP-Eps8-WT bait precipitate (left) and input lysate (right), with 1293 or without 50 µM CK-666 treatment. (b) Relative IRSp53 band intensity quantification. Both the 1294 CK-666-treated and DMSO-treated bands for IRSp53 were normalized with respect to their Eps8-1295 WT bait bands (detected by an anti-GFP antibody). Relative band intensity was  $157.5 \pm 8.9\%$  for 1296 the CK-666 condition as compared to the DMSO control (was set to 100%). Data are from three 1297 individual experiments and are represented as a mean  $\pm$  SEM. Statistical analysis was performed using a t-test with Welch's correction, P = 0.0235. (c) Representative time-lapse images (2, 36, 45) 1298 1299 and 56 min from Supplementary Video 7) of protrusion formation in IRSp53-transfected cells

1300 before and after CK-666 addition (at 30 min). Yellow arrowheads show protrusions that are formed after CK-666 addition. Subpanels (i, ii) show the enlarged sections of the cell edge before (i) and 1301 1302 after (ii) the addition of CK-666, demonstrating the recruitment of IRSp53 at the membrane (ii). 1303 (d) Scatter plot comparing the maximum protrusion length before  $(4.3 \pm 0.2 \ \mu\text{m})$  and after CK-666 addition  $(13.2 \pm 0.3 \text{ }\mu\text{m})$  in IRSp53-transfected cells containing the F-actin label tdTomato-F-1304 1305 tractin. Twenty-five cells were analysed, and the number of protrusions analysed in each condition 1306 is indicated in parentheses. Data are from 10 individual experiments and are represented as a mean 1307  $\pm$  SEM. Statistical analysis was performed using an unpaired t-test with Welch's correction, P < 1308 0.0001. (e) Profile plots of IRSp53 intensity determined across the membrane before (left) and 1309 after the addition of CK-666 (right). Magnified views of the cell edge (dashed black boxes) are provided to better highlight the recruitment of IRSp53 at the cell membrane in the CK-666 1310 1311 condition as compared to the control. Two cells were analysed: before CK-666, 28 measurements; 1312 after CK-666, 25 measurements. (f) Representative time-lapse images (0, 15, 45 and 65 min from 1313 Supplementary Video 8) of protrusion formation in Eps8- $\Delta$ CAP-transfected cells before and after 1314 CK-666 addition (at 30 min). Yellow arrowheads show protrusions that are formed after CK-666 1315 addition. (g) Scatter plot comparing the maximum protrusion length before  $(7.4 \pm 0.3 \ \mu\text{m})$  and 1316 after CK-666 addition  $(15.7 \pm 0.5 \,\mu\text{m})$  in Eps8- $\Delta$ CAP-transfected cells containing the F-actin label tdTomato-F-tractin. Twenty-one cells were analysed, and the number of protrusions analysed in 1317 1318 each condition is indicated in parentheses. Data are from 9 individual experiments and are 1319 represented as a mean ± SEM. Statistical analysis was performed using unpaired t-test with Welch's correction and P value < 0.0001. Scale bars: (c) 10  $\mu$ m, Insets, 10  $\mu$ m; (e) 20  $\mu$ m. 1320 1321

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# Fig. 5: Eps8–IRSp53 co-expression leads to the formation of functional TNT-like protrusions on micropatterns.

1334 (a) Representative surface and upper stack images of control GFP:mCherry and GFP-Eps8-1335  $\Delta$ CAP:IRSp53-mCherry expressing CAD cells plated on D15 micropatterns (Alexa 405-labelled 1336 FN) treated with either DMSO or CK-666. Subpanels (i-iv) show magnified projections of the 1337 TNTs indicated in the dashed yellow boxes; XZ and YZ projections were made through the axis 1338 of the TNT. (b) Whisker box plot of the percentage of TNT-connected cells on D15 micropatterns 1339 for GFP:mCherry + DMSO (10.3  $\pm$  1.6%), Eps8- $\Delta$ CAP:IRSp53 + DMSO (20.8  $\pm$  2.8%), 1340 GFP:mCherry + CK-666 (21.4  $\pm$  3.1%), and Eps8- $\Delta$ CAP:IRSp53 + CK-666 cells (23.5  $\pm$  2.4%) 1341 (mean  $\pm$  SEM). Total number of quantified cells on patterns is indicated below the Whisker plots 1342 for each condition. Data were pooled from 3 individual experiments and each data point 1343 corresponds to a quantified image in which on average approximately 10 cells were within the 1344 acquired field of view. Mean values are indicated as a + symbol on the graph for each condition. 1345 Statistical analysis was performed using a Kruskal Wallis test with Dunn's multiple comparison 1346 test. Significant P values for each comparison are stated on the plot, ns = non-significant for P >1347 0.9999. (c) Representative images of GFP-Eps8- $\Delta$ CAP:IRSp53-mCherry donor cells co-cultured 1348 with H2B-EBFP acceptors treated with either DMSO or CK-666. Dashed yellow circles annotate 1349 Alexa 405-labelled FN patterns for clarity and yellow arrowheads show the donor-originating 1350 vesicle in the acceptor cell. Subpanels (i, ii) show magnified projections of the acceptor cell 1351 containing DiD-labeled vesicles (yellow arrowheads); XZ and YZ projections were made through 1352 the vesicle. (d) Bar graph showing the percentage of H2B-EBFP acceptors containing DiD-stained 1353 vesicles in GFP:mCherry + DMSO ( $28.8 \pm 1.7\%$ ), Eps8- $\Delta$ CAP:IRSp53 + DMSO ( $35.7 \pm 0.7\%$ ), 1354 GFP:mCherry + CK-666 (37.0  $\pm$  1.9%), and Eps8- $\Delta$ CAP:IRSp53+CK-666 (37.2  $\pm$  1.5%) 1355 experiments. Total number of quantified acceptor cells is indicated for each condition. Data are 1356 from at least 3 individual experiments and are represented as a mean  $\pm$  SEM. Statistical analysis 1357 was performed using an ordinary ANOVA with Tukey's multiple comparison test. Significant P 1358 values for each comparison are stated on the bar graph. ns = non-significant for GFP:mCherry + 1359 CK-666 vs. Eps8- $\Delta$ CAP:IRSp53 + DMSO, P = 0.9246; for GFP:mCherry + CK-666 vs. Eps8-1360  $\Delta CAP:IRSp53 + CK-666$ , P = 0.9999; and for Eps8- $\Delta CAP:IRSp53 + DMSO$  vs. Eps8- $\Delta$ CAP:IRSp53 + CK-666, P = 0.8807. Scale bars, 20 µm; Subpanels, 10 µm. 1361 1362

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#### Fig. 6: Eps8's interactome reveals a weakened interaction with Arp2/3 complex components and proteins affecting filament turnover and depolymerization upon CK-666 treatment.

and proteins affecting filament turnover and depolymerization upon CK-666 treatment.

1372 (a) STRING-generated networks of differentially abundant proteins present in Eps8-WT as 1373 compared to the negative control for non-treated (DMSO) (a) and CK-666-treated (b) CAD cells. 1374 The sizes of the nodes (i.e., protein gene names) were scaled based on the degree of connectivity in the networks, and the transparency of the edges relate to the calculated score of the protein-1375 protein interaction in the STRING database. (c) Direct comparison of identified protein hits 1376 between non-treated and treated Eps8 samples. Left: iBAQ plot of proteins only present in the 1377 Eps8 treated sample. Center: Volcano plot of common proteins to both non-treated and treated 1378 1379 Eps8 samples. Dashed vertical lines mark the binary logarithm position of a fold change of 1.5, 1380 and the dashed horizontal lines marks the adjusted P-value threshold. Cyan-shaded square corresponds to a magnified view of the indicated region on the right of the volcano plot. Right: 1381 1382 iBAQ plot of proteins only present in the Eps8 non-treated sample.

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#### 1386 Fig. 7: IRSp53's interactome remains invariant to Arp2/3 inhibition.

1387 (a) Direct comparison between non-treated and treated IRSp53 samples. Left: iBAO plot of 1388 proteins only present in the treated (top) and non-treated (bottom) IRSp53 samples. Right: Volcano 1389 plots of common proteins to both non-treated and treated IRSp53 samples. Dashed vertical lines 1390 mark the binary logarithm position of a fold change of 1.5, and the dashed horizontal line marks 1391 the adjusted P-value threshold. Cyan-shaded square corresponds to a magnified view of the 1392 indicated region. (b) Combined STRING-generated network of all identified protein hits in the 1393 IRSp53 pull down (both non-treated and treated samples). The sizes of the nodes (i.e., protein gene 1394 names) were scaled based on the degree of connectivity in the networks, and the transparency of the edges relate to the calculated score of the protein-protein interaction in the STRING database. 1395 1396 Italicised hits are those proteins present only in the treated (e.g., Gsn, Arpc1b, Arpc3, Tmod3, 1397 Rab10, Myh3) or non-treated (e.g., Sptbn5) IRSp53 sample shown in a.

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