

South Asian Summer Monsoon and subtropical deserts

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1	Chapter 15
2	South Asian Summer Monsoon and subtropical deserts
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Abstract

The relationships between south Asian monsoon and Northern Hemisphere (NH) 24 subtropical deserts have generated a lot of research in the recent times as both systems, despite of 25 26 contrasting climates, are expected to be severely affected by anthropogenic climate change. This review envisages two pathways for the monsoon-desert relationship. The first one hypothesizes a 27 significant influence of the monsoon on subtropical deserts whereby convection over the Indian 28 Summer Monsoon (ISM) region induces Rossby-wave descent to its west. The second one 29 proposes a very different perspective by emphasizing the potential role of NH deserts on ISM 30 either through the changes of surface heating over the subtropical deserts or by dry air intrusions 31 from arid regions into the monsoon domain. However, most current coupled climate models 32 struggle to simulate realistically these monsoon-desert relationships due to various reasons, as 33 34 documented in this chapter, calling for advances in coupled models with improved physical parameterizations. 35

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Keywords: Indian summer monsoon, NH subtropical deserts, monsoon-desert relationship,
anthropogenic climate change

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42 **15.1 Introduction**

Monsoon and desert regions coexist at the subtropical latitudes of the African-Asian 43 continent (e.g., Rodwell and Hoskins, 1996; Warner, 2004). The mutual association between 44 these two contrasting climates has been studied in the past as well as in the recent times (e.g., 45 Ramage, 1966; Charney, 1975; Charney et al., 1977; Shukla and Mintz, 1982; Sud and Fennessy, 46 1982; Smith, 1986a, 1986b; Mooley and Paolino, 1988; Sud et al., 1988; Parthasarathy et al., 47 1992; Yang et al., 1992; Webster, 1994; Rodwell and Hoskins, 1996, 2001; Sikka, 1997; 48 Claussen, 1997; Bonfils et al., 2000; Douville et al., 2001; Xue et al., 2004; Yasunari et al., 2006; 49 Wang, 2006; Wu et al., 2009; Biasutti et al., 2009; Lavaysse et al., 2009; Xue et al., 2010; 50 Bollasina and Nigam, 2011a, 2011b; Bollasina and Ming, 2013; Tyrlis et al., 2013; Cherchi et al., 51 2014; Vinoj et al., 2014; Shekhar and Boos, 2017; Sooraj et al., 2019). As desertification is a 52 fundamental process of the ongoing climate change (Cook and Vizy, 2015; Zhou, 2016; Wei et 53 al., 2017) and climate projections of the south Asian monsoon remain uncertain (e.g., IPCC, 54 2013; Sabeerali et al., 2015; Annamalai et al., 2015; Sooraj et al., 2015; Krishnan et al., 2016; 55 Kitoh, 2017; Singh and Achutarao, 2018; Wang et al., 2020), a renewed interest to understand 56 the monsoon-desert relationships has grown. Furthermore, these two climate systems are affected 57 by severe temperature, rainfall and radiation biases in current climate models (e.g., Bollasina and 58 59 Ming, 2013; Levine et al., 2013; Sperber et al., 2013; Roehrig et al., 2013; Prodhomme et al., 2014; Sandeep and Ajayamohan, 2015; Samson et al., 2016; Haywood et al., 2016; Terray et al., 60 2018), and improving their representation is an important aspect to have better climate forecasts 61 and projections (e.g., Cherchi et al., 2014; Terray et al., 2018; Sooraj et al., 2019). 62

Against the backdrop of this, we made an attempt to provide a comprehensive overviewof the mutual relationships between these two contrasting climates thereby highlighting the

underlying mechanisms. The chapter is organized as follows: Section 15.2 describes the salient 65 climatological characteristics of the monsoon-desert system and highlights the historical 66 67 background on the existence of subtropical deserts over African-Asian regions at the same latitude than the south Asian monsoon. Section 15.3 focuses on the south Asian monsoon (i.e., 68 Indian Summer Monsoon, ISM) influence on the hot subtropical deserts, thus presenting the 69 70 monsoon-desert paradigm using observation, reanalysis and coupled General Circulation Models (GCMs). Section 15.4 reviews the literature on the potential role of deserts in modulating the 71 ISM. Finally, Section 15.5 encapsulates the main highlights as drawn from this Chapter review. 72

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15.2 The Monsoon-Desert system: Background settings

The monsoon-desert system over African-Asian region is characterised by a sharp rainfall gradient during the boreal summer (e.g., from June to September) with heavy rainfall in the monsoon regions of the northern hemisphere (NH), but only sporadic and low rainfall in the adjacent arid regions (Fig. 15.1a). The contrasts between the two climates are further corroborated when considering other important parameters such as surface albedo or net radiation budget at the Top of the Atmosphere (TOA; Fig. 15.1b-c).



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Figure 15.1: Climatological map of (a) rainfall (mm day⁻¹), (b) land surface albedo (%) and (c) net radiation budget at TOA (Wm⁻²), for boreal summer period (June to September). In (a) rainfall climatology is computed for the 1986-2014 period from Global Precipitation Climatology Project (GPCP version 2.1; Huffman et al., 2009). In (b) and (c), albedo and radiation climatology is computed for the 2000-2018 period from the Clouds and the Earth's Radiant Energy System Energy Balanced and Filled (CERES-EBAF edition 4.0; Kato et al., 2018). In (b) and (c), the region highlighted in the black rectangle refers to "subtropical deserts".

The subtropical desert regions, with bright sandy surface terrains, clear sky conditions, 90 high temperature, reduced soil moisture and lack of vegetation, are characterised by relatively 91 92 high surface albedo (Fig. 15.1b; Sikka, 1997; Warner, 2004; Terray et al., 2018; Sooraj et al., 2019). Figure 15.1b shows two important examples for subtropical deserts: The Arabian-Iran-93 Thar desert located just to the west of the ISM system (Sikka, 1997) and the Sahara just to the 94 north of the West African Monsoon (WAM) (Lavaysse et al., 2009). In this Chapter, these high 95 albedo regions lying across north Africa and west Asia (i.e., the geographical region bounded by 96 20°W-75°E, 15°-40°N; Fig. 15.1b) are hereafter collectively referred to as "subtropical deserts" 97 (or simply "arid regions"). 98

As per the traditional theory dating back to the 1970s, the subtropical desert climates are 99 associated with the descending branch of the Hadley circulation over the subtropics of the NH 100 101 (Warner, 2004). However, NH Hadley circulation is weakest during boreal summer, which is completely out of synchronization with some of the observed summer climate features along the 102 NH subtropics (e.g., the co-existence of both moist monsoon and desert climates at the same 103 104 latitude). Consequently, this traditional view is now not well accepted in the literature (Yang et al., 1992; Rodwell and Hoskins, 1996; Wang, 2006; Wu et al., 2009). In a pioneering study, 105 Charney (1975) made an attempt to explain the enhancement of subsidence over subtropical 106 107 desert of the NH during boreal summer, by invoking a mechanism called biosphere-albedo feedback. As per their study, the pronounced reduction in vegetation cover (i.e., over-grazing) 108 over subtropical deserts regions increases surface albedo, thus causing enhanced radiative 109 cooling (Fig. 15.1c). This radiative loss is balanced by enhanced descent (Fig. 15.2), which in 110 turn results in reduced rainfall, thus leading to further decrease in vegetation cover (i.e., 111 desertification amplification). However, their mechanism ignored the possible influence of 112

horizontal heat advection and hence found to be inappropriate over the NH subtropical deserts 113 (e.g., Hoskins, 1986). Later, Yang et al. (1992) and Webster (1994) proposed another concept 114 involving a closed "Walker type" circulation linking convection over south Asia to the 115 subsidence over arid regions to its west. Nevertheless, subsequent studies (i.e., the seminal work 116 of Rodwell and Hoskins, 1996, 2001; Hoskins, 1986) dispelled this notion, as their studies 117 showed no signature of a closed overturning circulation. Based on the scale analysis of the 118 thermodynamic equation, Rodwell and Hoskins (1996) also argued for the importance of 119 horizontal heat advection for the existence of these subtropical desert regions. This currently 120 recognized paradigm is often referred in the literature as the "monsoon-desert mechanism", and 121 is further described in Section 15.3. 122

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Figure 15.2: Vertical cross-section of atmospheric circulation in terms of vertical component of 125 velocity (10⁻² Pa s⁻¹, shaded) and horizontal wind divergence (10⁻⁶ s⁻¹, contours) during July, 126 along a pressure-longitude plane averaged over two latitude bands (a) 20^{0} N and (b) 40^{0} N. The 127 circulation fields are taken from the ERA-Interim reanalysis (Dee et al., 2011) and the 128 climatology is computed for the 1986-2014 period. The negative (dashed) and positive 129 (continuous) contours correspond, respectively, to absolute magnitudes of 1, 2, 3 and 4 units. 130 The zero contours are highlighted in thick black color. Negative (positive) shading implies 131 ascending (descending), while negative (positive) contours implies convergence (divergence). 132 The presentation using July climatology follows the observational conjecture that it corresponds 133 to the peak of monsoon activity (e.g., Tyrlis et al., 2013). 134

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136 In contrast to the subtropical desert, the vegetated land surface over south Asian landmass shows a reduced surface albedo and the ISM region is radiatively surplus highlighting the role of 137 clouds and moisture on the radiation balance (Fig. 15.1b-c; Sooraj et al., 2019). Furthermore, the 138 139 ISM land region and the Bay of Bengal are characterized by strong ascending motion extending throughout the troposphere (see Fig. 15.2a), thus exemplifying the monsoon induced 140 stratification due to the ISM rainfall and its associated diabatic heating (Fig. 15.1a). The 141 corresponding low-level convergence is consistent with the thermo-dynamical response due to 142 this diabatic heating (Fig. 15.2a; e.g., Neelin and Held, 1987). 143

The transition zone between this ISM convection center and the hot subtropical deserts to its west (i.e., extending from Mediterranean to west Asian landmass) is characterized by the existence of several regional heat lows with lower-level convergence and ascending motions (i.e., below 600-hPa) capped aloft by upper-level subsidence and divergence (i.e., mostly confined between 200 and 600-hPa) as displayed in Figure 15.2a. Figure 15.2b shows the intensification of these descending motions (extending throughout the troposphere) over west Asia and eastern Mediterranean regions at the northern boundary of the domain, thus highlighting the pronounced subsidence over these regions. Figure 15.2a-b highlights that the southern and northern regions of the hot subtropical deserts show totally different vertical structures of the local atmospheric circulation (Sooraj et al., 2019).

154 15.3 Monsoon influence over hot subtropical deserts

155 The idea that the existence of subtropical deserts is related to the ISM is dated back to mid-90s. Rodwell and Hoskins (1996) suggested a monsoon-desert mechanism whereby, in a 156 linear modelling framework, remote diabatic heating in the Asian monsoon region induces a 157 Rossby-wave pattern to the west, interacting with the southern flank of the mid-latitude 158 westerlies and causing descent over eastern Sahara and the Mediterranean (Figs. 15.2 and 15.3). 159 The associated atmospheric response has the form of an anticyclone at upper levels and a 160 cyclone at lower levels, with a deepening of the isentropic surfaces due to the mid-tropospheric 161 warming (Fig. 15.3a). When this far poleward thermal structure interacts with the southern flank 162 of the mid-latitude westerlies, the air moves down the isentropes on their western side (Wang et 163 al., 2012), as evident from Figure 15.3b where the northerly component of the westerly flow 164 crosses the isentropic surfaces. Further, according to Rodwell and Hoskins (1996), the subsiding 165 air is also of mid-latitude origin as revealed by their trajectory analysis. Regions of adiabatic 166 descent are strengthened by "local diabatic enhancement" and longitudinal mountain chains 167 induce a blocking of the westerly flow (Rodwell and Hoskins, 2001). The idea of the monsoon-168 desert mechanism linking the ISM to the Mediterranean has been then easily extended to other 169 regions with Mediterranean-type of climates, like California and Chile, remotely forced by 170

monsoon regions to the east (Rodwell and Hoskins, 2001). Overall, the theoretical framework
based on these pioneering works is well established in terms of the origin of subtropical highs in
the summer hemispheres (Cherchi et al., 2018).

174 In agreement with idealized model simulations, results focused on ERA40 reanalysis (Uppala et al., 2005) confirmed strong mid and upper-level warming spreading westward and 175 causing significant depression of the isentropes, which are linked to Rossby wave activity away 176 from the diabatic heating sources (Tyrlis et al., 2013). Over the eastern Mediterranean and 177 Middle East, the subsidence and northerly flow (Etesian winds) are recognized as manifestations 178 of the Rossby wave structure triggered by the ISM convection (Tyrlis et al., 2013; Rizou et al., 179 2018). In a similar framework, processes at work in the monsoon-desert mechanism have been 180 analyzed in 20th century simulations from coupled GCMs participating to the 5th Coupled Model 181 182 Intercomparison Project (CMIP5; Taylor et al., 2012), showing how few of them are able to simulate the mechanism for the correct reasons (Cherchi et al., 2014). CMIP5 coupled GCMs 183 tend to underestimate (overestimate) ISM related diabatic heating at upper (lower) levels, 184 185 resulting in a weaker forced response (Cherchi et al., 2014). Moreover, CMIP5 coupled GCMs with a severe dry bias over the ISM region depict the weakest mid-latitude winds and minimum 186 descent over the Mediterranean, as well as little vertical variation in diabatic heating (Cherchi et 187 al., 2014). On the other hand, when simulated precipitation over India improves in the coupled 188 GCMs, the extratropical teleconnection with the Mediterranean region improves as well (Jin et 189 al., 2019). In other words, the uncertainty associated with monsoon simulations needs to be 190 considered in future climate projections even outside the monsoon domain. Interestingly, air-sea 191 coupling seems also to be important to correctly represent the monsoon-desert teleconnections, 192 as in coupled model simulations the divergence field associated with the ISM is more favorable 193

194 for inducing westward Rossby wave propagation than in uncoupled simulations (Osso' et al.,195 2019).

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Figure 15.3: (a) Schematic diagram of the monsoon desert-mechanism with descent over the desert region (orange) induced by the heating over the monsoon convective region (cyan) interacting with local westerlies. [Adapted by permission from Wang et al., 2012]. (b) JJA mean wind (ms⁻¹, green vectors), meridional wind velocity (ms⁻¹, shaded), and pressure levels (hPa, contours with 50-hPa contour interval) on isentropic surfaces at 325K using NCEP/NCAR reanalysis dataset (Kalnay et al., 1996). The climatology is computed for the period 1958-2019.

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Within boreal summer, descent enhancement over the Mediterranean and east Sahara has been observed during the onset of the ISM (Rodwell and Hoskins, 1996). In early July, when convection migrates over northern continental India, the Rossby wave structure amplifies impacting the circulation over the eastern Mediterranean and Middle East (Tyrlis et al., 2013). In the peak of the monsoon season, the combined diabatic heating pattern over the Arabian Sea and Bay of Bengal regions exerts the largest descent over the eastern Mediterranean (Cherchi et al., 2014). As the monsoon activity is associated with active and break spells, it could be argued that successive Rossby wave pulses are released, inducing a cumulative effect over the region until the peak of the monsoon activity is reached in July (Tyrlis et al., 2013).

The processes recognized as part of the monsoon-desert mechanism vary at interannual 215 timescales as well, with imprints of severe weak and strong ISMs noticeable over the 216 Mediterranean (Cherchi et al., 2014). Interestingly, the monsoon forcing is more significant 217 during strong ISMs, with enhanced subsidence over the Mediterranean region, than during weak 218 ISMs (see Fig. 15.4). During a strong monsoon, upper tropospheric heating expands westward 219 reaching a maximum over northern Arabian Peninsula modulating thermodynamic and dynamic 220 patterns there and likely governing the occurrence of extremes over the region (Attada et al., 221 222 2019). ISM rainfall is significantly and negatively correlated with precipitation over Black Sea/Balkans region (Osso' et al., 2019). This kind of relationships suggests the possibility of 223 using the ISM characteristics as potential predictors for the summer conditions over the 224 225 Mediterranean region. At interannual to inter-decadal timescales, these dynamics are part of a larger picture involving North Africa (Liu et al., 2001; Wu et al., 2009; He et al., 2017) and 226 portions of Eurasia via the so-called "silk road pattern" and "circumglobal teleconnection" (Lu et 227 al., 2002; Enomoto et al., 2003; Ding and Wang, 2005; Saeed et al., 2014; Wang et al., 2017; 228 Stephan et al., 2019, also see Chapter 13 and 14). 229

The monsoon-desert mechanism as first established using a linear modelling framework, is also supported by relating prehistoric lake-levels to Milankovitch-monsoon forcing (Rodwell and Hoskins, 1996) and extrapolated to the existence of "mega-deserts" and "mega-monsoon" areas in specific periods (Wang et al., 2014). Evidences of moist events over east Sahara have been observed (Gaven et al., 1981; Kowalski et al., 1989), consistent with shutting off of the
monsoon-desert mechanism (Quade et al., 2018). Some of those wet events have been dated to
correspond to minimum NH summertime insolation, linked with minimum intensity of ISM
(Clemens et al., 1991). Some of these arguments have been confirmed with GCM studies
(Claussen, 1994; Perez-Sanz et al., 2014).

As the ISM rainfall is projected to increase, the monsoon-desert teleconnection is 239 consistent with the changes in 21st century projections over the Mediterranean region, at least for 240 its central part corresponding to the largest increase in subsidence (Cherchi et al., 2016). 241 However, other factors at play, i.e. like the warming and moistening of the troposphere under 242 climate change, which enhance significantly the greenhouse effect over the deserts (Zhou, 2016; 243 Wei et al., 2017), the North Atlantic Oscillation (Blade et al., 2012; Kalimeris and Kolios, 2019) 244 or the changes in frequency/intensity of blocking systems (Masato et al., 2013; Tyrlis et al., 245 2015), may influence and shape the response in future climate projections. In future projections, 246 the local atmospheric dynamics contribute in maintaining local temperature and precipitation 247 248 balance over eastern and southern Mediterranean regions, suggesting a stronger influence of land surface warming on local atmospheric circulation and progressing desertification (Zhou, 2016; 249 Wei et al., 2017; Barcikowska et al., 2020). In a climate change perspective, the influence from 250 ISM on the Mediterranean region may have consequences also on the sea surface characteristics 251 in terms of temperature and ecosystems (Kim et al., 2019). 252



Figure 15.4: Composite of omega at 500 hPa (units hPa hr⁻¹) for (a) strong and (b) weak 254 monsoon years for the boreal summer monsoon period (June to September), using NCEP/NCAR 255 reanalysis dataset (Kalnay et al., 1996) for the period 1958-2019. Strong years are 1959, 1961, 256 1970, 1975, 1983, 1988, 1994 and weak years are 1965, 1966, 1968, 1972, 1974, 1979, 1982, 257 1985, 1986, 1987, 2002, 2004, 2009, 2014, 2015 (based on normalized All India Rainfall (AIR) 258 AIR index exceeding standard deviation). The index taken 259 1 is from https://www.tropmet.res.in/~kolli/MOL/Monsoon/Historical/air.html. 260

261 15.4 Potential role of deserts in modulating ISM

The "monsoon-desert mechanism" described in the previous section, perceives the subtropical deserts of the NH to be a rather "passive" recipient in the relationship. However, from a different perspective, it is also argued that heat lows, changes of surface heating over the subtropical deserts and dry air intrusions (whether natural or anthropogenic) from arid regions into the monsoon domain can exert a significant control on the WAM and ISM systems, at both

the intra-seasonal and seasonal time scales (Charney, 1975; Charney et al., 1977; Shukla and 267 Mintz, 1982; Sud and Fennessy, 1982; Sud et al., 1988; Claussen, 1997; Bonfils et al., 2000; 268 269 Douville et al., 2001; Xue et al., 2004; Yasunari et al., 2006; Xue et al., 2010; Krishnamurti et al., 2010; Bollasina and Nigam, 2011a, 2011b; Bollasina and Ming, 2013; Parker et al., 2016; 270 Terray et al., 2018; Sooraj et al., 2019). For example, Sahelian Heat Low plays a key-role in the 271 272 WAM evolution through its low-level cyclonic circulation and induced moisture convergence, and this is well established in observations, reanalysis and GCM simulations (Haarsma et al., 273 2005; Biasutti et al., 2009; Lavaysse et al., 2009; Shekhar and Boos, 2017). On similar lines, 274 ISM, especially its onset and early part, is known to be influenced by the atmospheric variability 275 over the subtropical desert regions (i.e., northwest part of India and west central Asia; Ramage, 276 1966; Smith, 1986a, 1986b; Mooley and Paolino 1988; Parthasarathy et al., 1992; Bollasina and 277 Nigam, 2011b; Bollasina and Ming, 2013; Vinoj et al., 2014; Rai et al., 2015; Sooraj et al., 278 2019). During boreal summer, the monsoon depressions formed over the Bay of Bengal move 279 280 northwestward across the Indian landmass, and eventually merge and dissipate in the heat-low region (Wang, 2006; Krishnamurti et al., 2013). The relationship between this seasonal heat low 281 282 and ISM has been examined in perpetual boreal spring atmospheric GCM (i.e., AGCM) 283 experiments by Bollasina and Ming, (2013). Remarkably, they found that the surface heating 284 (i.e., with no seasonal variation of insolation in their perpetual experiments) over northwestern semi-arid areas is able to uniquely control the northwestward migration of ISM rainfall at 285 286 seasonal time scale and of the monsoon depressions at intra-seasonal time scale.

Furthermore, recent modeling studies show increasing evidence of the impact of dust aerosols on the ISM at various time scales (i.e., from weekly to decadal) through aerosol radiative effects (Ramanathan et al., 2005; Lau et al., 2006; Meehl et al., 2008; Wang et al.,

290 2009; Nigam and Bollasina, 2010; Bollasina et al., 2011; Vinoj et al., 2014; Jin et al., 2014, 2016a, 2016b; Solmon et al., 2015). For example, Vinoj et al. (2014) using AGCM sensitivity 291 292 experiments argue that the presence of dust loading over North Africa and West Asian arid regions induced atmospheric heating over there, thus promoting abundant moisture transport into 293 the ISM region, with associated enhanced rainfall (e.g., over Monsoon Core Region, MCZ). 294 295 Thus, their study basically showed that the arid regions can also act as a dust induced atmospheric heat source (at least in a relative sense) during boreal summer and modulate ISM 296 rainfall at the synoptic time scale. This is consistent with earlier studies (Smith 1986a, 1986b; 297 Mohalfi et al., 1998), and also in line with other recent studies focusing on the impact of Middle 298 East dust aerosols on ISM rainfall (Jin et al., 2014, 2015, 2016a; Solmon et al., 2015). However, 299 the rainfall responses in each of these studies display heterogeneous distributions both in space 300 and time (Solmon et al., 2015; Jin et al., 2016b; Sanap and Pandithurai, 2015). For example, 301 Solmon et al. (2015) conducted a study (using a regional climate model) to examine the 302 303 interaction between Middle East dust and ISM. Similar to Vinoj et al. (2014), they found an increase in rainfall restricted to the southern part of India with other parts, and central and 304 305 northern India showing a significant decrease. Recently, Kumar and Arora, (2019) also claimed 306 that enhanced dust forcing and associated warming over the Arabian Sea are unlikely to create a positive feedback on ISM rainfall, because of its limited spatial extent. To sum up, it is not 307 308 altogether clear whether this part of the theory focusing on the role of Middle East dust on ISM 309 is in definitive form.

This framework based on the relative heat source concept has also been extended to other time scales and to the ISM onset (Rai et al., 2015; Chakraborty and Agrawal, 2017; Samson et al., 2017; Terray et al., 2018; Sooraj et al., 2019). In particular, Samson et al. (2017) and Terray 313 et al. (2018) demonstrated the sensitivity of NH monsoon regions (in particular African-Asian monsoon) to the land surface thermal forcing over these arid regions. Using regional and global 314 315 coupled GCMs, respectively, they modified the land surface albedo using up-to-date satellite estimates. According to them, the persistent tropical rainfall errors in current coupled GCMs are 316 partly associated with insufficient surface thermal forcing and incorrect representation of the 317 surface albedo over the NH continents. Improving the parameterization of the land albedo in a 318 regional coupled model (Samson et al., 2017) and two global coupled GCMs (i.e., SINTEX; 319 Masson et al., 2012 and CFSv2; Saha et al., 2014; Terray et al., 2018), leads to a significant 320 reduction of the model systematic dry bias over land. They further showed that African-Asian 321 monsoon circulation is, partly, a response to the large-scale pressure gradient between the hot 322 NH subtropical deserts and the relatively cooler oceans to the south. A concept, which may have 323 implications for the ISM response in the context of climate change as desertification has been 324 identified as a robust feature of global warming (Zhou, 2016; Wei et al., 2017). 325

In a companion modeling study, Sooraj et al. (2019) found that ISM evolution and 326 327 intensity are significantly affected with opposite polarity to prescribed negative and positive surface albedo perturbations over the whole hot subtropical desert lying to the west of ISM, 328 including the remote Sahara Desert. This is consistent with the hypothesis that the arid regions 329 can also act as a relative heat source and modulate the ISM, but also the whole tropical climate 330 during boreal summer (Terray et al., 2018). The darkening of the deserts (negative albedo 331 perturbations) leads to advancement of the ISM onset by one month, with a rapid northward 332 propagation of the rainfall band over the Indian domain (see Fig. 15.5). The brightening of the 333 deserts (i.e., positive albedo perturbation) shows non-linear response in ISM rainfall and 334 circulation with significantly larger amplitude (figure not shown). 335



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Figure 15.5: (a) Time-latitude evolution of rainfall climatology (mm day⁻¹) averaged along 70°-338 90°E (over both ocean and land points) from a control simulation performed with the SINTEX-339 F2 coupled model (Masson et al., 2012). (b) time-latitude evolution of anomalous rainfall 340 response averaged along 70°-90°E from "Desert m20" sensitivity experiment (see below). In 341 (b), the responses that are above the 95% confidence level according to a permutation procedure 342 with 9999 shuffles are encircled. "Desert m20" is a sensitivity experiment performed with the 343 SITEX-F2 coupled model in which the background land albedo has been artificially decreased 344 by -20% over the whole hot subtropical desert extending up to the Sahara in the west (see 345 highlighted box in Figure 15.1). [Adpated by permission from Sooraj et al., 2019] 346

Whilst the processes highlighted above (i.e., surface thermal forcing over arid regions) are mostly demonstrated at seasonal time scale, a recent observational study shows the evidence at the daily timescale as well (Sooraj et al., 2020). While examining the ISM rainfall extremes

over the MCZ region at daily time scale, these authors found that a similar surface thermal 350 signature over Indo-Pakistan Arid Region (IPAR) is among the best precursors of the ISM wet 351 352 daily extremes at longer lead times (e.g., one or two weeks in advance), outperforming Sea Surface Temperature precursors based on the Monsoon Intra-Seasonal Oscillation (e.g., Wang et 353 al., 2005, Roxy et al., 2017). With the additional role of moist processes, the study revealed the 354 355 surprising existence of a strong water vapour positive feedback over the drier IPAR, at intraseasonal and daily time scales, in line with the strong longwave greenhouse effect as found 356 over arid regions in the context of global warming (Zhou, 2016; Wei et al., 2017). Further, 357 according to their study, the enhanced surface warming and amplified water vapor feedbacks 358 may be another significant contributor to the recent increasing trend in rainfall wet extremes over 359 Indian landmass. In the backdrop of global warming, the results from Sooraj et al. (2020) may 360 have larger implications concerning the changes in ISM rainfall extremes as well as their 361 potential predictability. 362

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15.5 Summary and future perspectives

This chapter presents a comprehensive review on the monsoon-desert system focusing on the mutual relationships between these two contrasting climates, which, surprisingly, coexist at the same latitude of the NH, and highlights the underlying mechanisms. Such a review assumes significance, as recently there is a renewed interest to understand the close relationships between the two systems since both of them are expected to be severely affected by anthropogenic climate change in the forthcoming decades.

Firstly, the literature focusing on the monsoon influence on subtropical deserts is reviewed by highlighting the monsoon-desert mechanism whereby convection over ISM (and also the neighboring Bay of Bengal) induces strong descending motions over the NH subtropical

deserts (i.e., to the west of ISM region), with the local subsidence and northerly flow (Etesian 373 winds) being manifestations of the Rossby wave structure associated with ISM convection (Fig. 374 375 15.3). These different processes are further summarized in Figure 15.6. Hence, the theoretical framework, as suggested by earlier pioneering works (Rodwell and Hoskins, 1996, 2001), is now 376 well established from more recent observational and modeling studies (e.g., Uppala et al., 2005; 377 Tyrlis et al., 2013; Cherchi et al., 2014; Cherchi et al., 2018; Jin et al., 2019). Additional 378 evidences are also presented to show that the monsoon-desert mechanism and the underlying 379 processes operate at interannual timescales as well (Cherchi et al., 2014). However, most of the 380 state-of-the-art coupled GCMs are unable to simulate this monsoon-desert relationship, partly 381 due to the systematic monsoon dry bias affecting many current GCMs. For example, CMIP5 382 coupled GCMs with a severe dry bias over the ISM region depict the minimum descent over the 383 subtropical deserts (Cherchi et al., 2014). In future projections, the monsoon-desert relationship 384 remains elusive with ISM affecting mostly the central part of the Mediterranean region (Cherchi 385 386 et al., 2016), despite that desertification and ISM rainfall are both projected to increase during the 21th century (Zhou, 2016; Wei et al., 2017; Wang et al., 2020). But, assessing the robustness 387 388 of this counter-intuitive signal is challenging for several reasons. For example, it is not known if 389 this paradox is related to the large uncertainty affecting ISM simulations (i.e., large biases in ISM mean characteristics as mentioned above) in current coupled GCMs or if it is the sign of the 390 391 increasing role of radiative or surface land processes in shaping the climate of the deserts under 392 global warming. Furthermore, the subtropical deserts are also affected by large temperature and 393 radiation biases in current coupled GCMs (e.g., Samson et al., 2016; Terray et al., 2018). To sum up, both significant modeling developments, and an exhaustive analysis of all the external 394

forcings at play (Blade et al., 2012; Kalimeris and Kolios, 2019; Masato et al., 2013; Tyrlis et al.,

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2015) are required to assess the fate of the monsoon-desert paradigm in our future world.

Secondly, we offered a different perspective by emphasizing the potential role of deserts 397 398 in modulating ISM either through the changes of surface heating over the subtropical deserts or related to dry air intrusions from arid regions into the ISM domain (e.g., Krishnamurti et al., 399 2010; Bollasina and Nigam, 2011a, 2011b; Bollasina and Ming, 2013; Vinoj et al., 2014; Jin et 400 al., 2014, 2016a; Solmon et al., 2015; Parker et al., 2016; Terray et al., 2018; Sooraj et al., 2019). 401 Most of these studies, based on numerical modeling frameworks, show that the surface land 402 warming paves the way for enhanced ISM rainfall through increased southwesterly monsoon 403 flow and hence moist transport into the Indian continent. The associated processes are further 404 summarized in Figure 15.6. For example, recent studies using fully coupled GCMs found that by 405 406 darkening/brightening the subtropical deserts, the seasonality of ISM could be significantly modified (Fig. 15.5; e.g., Samson et al., 2017; Terray et al., 2018; Sooraj et al., 2019). 407 Furthermore, a recent observational study provided new insights of the role of subtropical deserts 408 409 (e.g., surface thermal forcing over IPAR) on the subseasonal modulations of ISM, and the occurrence of ISM daily rainfall extremes (Sooraj et al., 2020). These new studies challenge both 410 the passive role of the desert as described in the monsoon-desert paradigm and the view that the 411 lower tropospheric thermal contrast has only a minor role in the ISM evolution at different time 412 scales from days to decades (Dai et al., 2013). 413



Figure 15.6: Schematic diagram summarizing the various interactive process and mechanisms in the monsoon-desert system over the African-Asian continent (i.e., from the monsoon to the "deserts" on the left and from the "deserts" to the monsoon on the right).

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The subtropical deserts are particularly vulnerable to climate change (i.e., desert 418 amplification with enhanced warming signal especially over the Sahara, the Arabian Peninsula 419 and Middle-East) as suggested by several recent studies (e.g., Cook and Vizy, 2015; Zhou, 420 2016). The warming and moistening of the troposphere under climate change may in turn 421 influence the local monsoon atmospheric circulation and, thus, eventually affect the monsoon-422 desert teleconnection in future climate. Further, the enhanced surface warming and amplified 423 424 water vapor feedbacks over the arid regions adjacent to ISM (Sooraj et al., 2020) may have also significant implications for changes in frequency and intensity of ISM rainfall daily extremes 425 426 under global warming scenario. However, as for the monsoon-desert mechanism, elucidating in a 427 more robust way the potential role of the subtropical deserts on ISM will require both additional analysis of observations and improved GCMs with reduced rainfall biases, more detailed
parameterizations for aerosols and improvements of the radiation codes embedded in these
models.

433 **Conflict of interest statement**

The corresponding author states no conflict of interest on behalf of all authors.

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Figure 15.1: Climatological map of (a) rainfall (mm day⁻¹), (b) land surface albedo (%) and (c) net radiation budget at TOA (Wm⁻²), for boreal summer period (June to September). In (a) rainfall climatology is computed for the 1986-2014 period from Global Precipitation Climatology Project (GPCP version 2.1; Huffman et al., 2009). In (b) and (c), albedo and radiation climatology is computed for the 2000-2018 period from the Clouds and the Earth's Radiant Energy System Energy Balanced and Filled (CERES-EBAF edition 4.0; Kato et al., 2018). In (b) and (c), the region highlighted in the black rectangle refers to "subtropical deserts".

Figure 15.2: Vertical cross-section of atmospheric circulation in terms of vertical component of 746 velocity (10⁻² Pa s⁻¹, shaded) and horizontal wind divergence (10⁻⁶ s⁻¹, contours) during July, 747 along a pressure-longitude plane averaged over two latitude bands (a) 20°N and (b) 40°N. The 748 circulation fields are taken from the ERA-Interim reanalysis (Dee et al., 2011) and the 749 climatology is computed for the 1986-2014 period. The negative (dashed) and positive 750 (continuous) contours correspond, respectively, to absolute magnitudes of 1, 2, 3 and 4 units. 751 The zero contours are highlighted in thick black color. Negative (positive) shading implies 752 753 ascending (descending), while negative (positive) contours implies convergence (divergence). The presentation using July climatology follows the observational conjecture that it corresponds 754 to the peak of monsoon activity (e.g., Tyrlis et al., 2013). 755

Figure 15.3: (a) Schematic diagram of the monsoon desert-mechanism with descent over the desert region (orange) induced by the heating over the monsoon convective region (cyan) interacting with local westerlies. [Adapted by permission from Wang et al., 2012]. (b) JJA mean wind (ms⁻¹, green vectors), meridional wind velocity (ms⁻¹, shaded), and pressure levels (hPa, contours with 50-hPa contour interval) on isentropic surfaces at 325K using NCEP/NCAR
 reanalysis dataset (Kalnay et al., 1996). The climatology is computed for the period 1958-2019.

Figure 15.4: Composite of omega at 500 hPa (units hPa hr⁻¹) for (a) strong and (b) weak

763 monsoon years for the boreal summer monsoon period (June to September), using NCEP/NCAR

reanalysis dataset (Kalnay et al., 1996) for the period 1958-2019. Strong years are 1959, 1961,

765 1970, 1975, 1983, 1988, 1994 and weak years are 1965, 1966, 1968, 1972, 1974, 1979, 1982,

⁷⁶⁶ 1985, 1986, 1987, 2002, 2004, 2009, 2014, 2015 (based on normalized All India Rainfall (AIR)

r67 index exceeding 1 standard deviation). The AIR index is taken from

768 https://www.tropmet.res.in/~kolli/MOL/Monsoon/Historical/air.html.

Figure 15.5: (a) Time-latitude evolution of rainfall climatology (mm day⁻¹) averaged along 70°-

90°E (over both ocean and land points) from a control simulation performed with the SINTEX-

F2 coupled model (Masson et al., 2012). (b) time-latitude evolution of anomalous rainfall

response averaged along 70°-90°E from "Desert_m20" sensitivity experiment (see below). In

(b), the responses that are above the 95% confidence level according to a permutation procedure

with 9999 shuffles are encircled. "Desert_m20" is a sensitivity experiment performed with the
SITEX-F2 coupled model in which the background land albedo has been artificially decreased

by -20% over the whole hot subtropical desert extending up to the Sahara in the west (see

highlighted box in Figure 15.1). [Adpated by permission from Sooraj et al., 2019]

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Figure 15.6: Schematic diagram summarizing the various interactive process and mechanisms in the monsoon-desert system over the African-Asian continent (i.e., from the monsoon to the "deserts" on the left and from the "deserts" to the monsoon on the right).