

Diet and trophic interactions of Mediterranean planktivorous fishes

Chia-Ting Chen, François Carlotti, Mireille Harmelin-Vivien, Benoit Lebreton, Gaël Guillou, Laura Vassallo, Marjorie Le Bihan, Daniela Bănaru

▶ To cite this version:

Chia-Ting Chen, François Carlotti, Mireille Harmelin-Vivien, Benoit Lebreton, Gaël Guillou, et al.. Diet and trophic interactions of Mediterranean planktivorous fishes. Marine Biology, 2022, 169 (9), pp.119. 10.1007/s00227-022-04103-1 . hal-03838867

HAL Id: hal-03838867 https://hal.science/hal-03838867

Submitted on 9 Dec 2022

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers. L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

1	Diet and trophic interactions of Mediterranean planktivorous fishes
2	
3	Chia-Ting Chen ^{a,+,*} , François Carlotti ^a , Mireille Harmelin-Vivien ^a , Benoit Lebreton ^b ,
4	Gaël Guillou ^b , Laura Vassallo ^a , Marjorie Le Bihan ^a , Daniela Bănaru ^a
5	
6	^a Aix-Marseille Université et Université de Toulon, Mediterranean Institute of
7	Oceanography (MIO), CNRS/INSU, IRD, UM 110, Campus universitaire de Luminy,
8	case 901, 13288 Marseille cedex 9, France
9	^b UMR 7266 Littoral, Environnement et Sociétés (CNRS - Université de la Rochelle),
10	2 rue Olympe de Gouges, 17000 La Rochelle, France
11	
12	⁺ Present address: Institute of Oceanography, National Taiwan University, Taipei,
13	Taiwan
14	
15	E-mail addresses: chiating.chen9692@gmail.com,
16	francois.carlotti@mio.osupytheas.fr, mireille.harmelin@mio.osupytheas.fr,
17	gael.guillou01@univ-lr.fr, benoit.lebreton@univ-lr.fr, baboulaura1@gmail.com,
18	marjolebihan1@gmail.com, daniela.banaru@mio.osupytheas.fr
19	*Corresponding author

21 Highlights

- Diets of seven Mediterranean planktivorous fishes: Engraulis encrasicolus,
- 23 Sardina pilchardus, Sardinella aurita, Sprattus sprattus, Cepola macrophthalma,
- 24 *Chromis chromis* and *Boops boops*, are detailed.
- Copepods, decapod larvae and fish eggs were their main prey.
- Prey groups, size distribution and average size differed among fish species.
- Stomach content and stable isotope compositions showed contrasted results in
 terms of dietary niches, overlap and prey diversity among fishes.
- Stable isotope compositions displayed more similarities in diet between studied
 fish species than stomach content analysis, suggesting potential trophic
 competition, particularly among Engraulidae and Clupeidae.
- Even in coastal zones, small pelagic fish did not seem to compete much with the
 main pelago-demersal planktivorous fish species for their food resources.
- 34

35 Keywords

36 Small pelagic fish; diet composition; prey-predator size-ratio; trophic niche overlap;37 food competition

- 38
- 39
- 40

41 Abstract

42 Diet and trophic interactions of seven species of planktivorous fishes: European 43 anchovy Engraulis encrasicolus, European sardine Sardina pilchardus, round sardinella Sardinella aurita, European sprat Sprattus sprattus, red bandfish Cepola 44 45 macrophthalma, damselfish Chromis chromis and bogue Boops boops, were studied in 46 the Bay of Marseille (North-Western Mediterranean Sea) from March to September 47 2017. Taxonomic composition and size distribution of prey were studied using 48 stomach content analysis, and compared to prey availability determined by continuous 49 zooplankton sampling at a fixed point. Frequently consumed items included copepods, 50 decapod larvae and fish eggs. Comparatively, E. encrasicolus consumed more 51 calanoid copepods (i.e. Centropages spp.), S. pilchardus, S. aurita and S. sprattus 52 consumed more harpacticoid copepods (i.e. Microsetella/Macrosetella spp.), C. 53 macrophthalma consumed more decapod larvae, C. chromis consumed more pteropods and B. boops consumed more benthic polychaetes. Sardina pilchardus 54 55 consumed the widest diversity of prey. Prey size distribution and average prey size 56 significantly differed among species. The prey-predator size ratio (PPSR) was highest 57 for *B. boops* and lowest for *S. aurita*. Carbon and nitrogen stable isotope composition 58 of species overlapped, probably due to the ingestion of particulate organic matter 59 from the same sources at the base of the planktonic food web in the Bay of Marseille. Furthermore, trophic niche overlap supported the hypothesis of potential trophic 60 61 competition between Engraulidae and Clupeidae.

62 1. Introduction

Small planktivorous fish represent a fundamental trophic group in many ecosystems
(Peck et al. 2020) as they feed on diverse plankton groups and are forage species for
many predators including mackerel, hake and tuna (Palomera et al. 2007; Bănaru et al.
2013, 2019). Small planktivorous fishes also have a high commercial value as they
represent more than 50% of the annual landings in the Gulf of Lion and more widely
in the Mediterranean Sea (Bănaru et al. 2013; FAO 2020).

Bottom-up changes in the pelagic food web induced by climate change via 69 70 hydrological processes are suspected to be one of the major drivers of planktivorous 71 fish populations, including in the North-Western Mediterranean Sea (NWMS) 72 (Moullec et al. 2016 and references therein; Bănaru et al. 2019; Feuilloley et al. 73 2020). Moreover, the NWMS has also been impacted by changes in the management 74 of sewage water, leading to a reduction of nutrient inputs (Raimbault et al. 2021) that 75 may potentially impact plankton communities, as demonstrated in other Mediterranean areas (Pagès et al. 2020). Zooplankton play a pivotal role in marine 76 77 ecosystems, as they support fisheries production and mediate fluxes of nutrients and 78 chemical elements (Banse 1995). Mesozooplankton of 200 µm to 1000 µm in length, 79 mainly consisting of copepods, constitute the main prey of adult planktivorous fish, 80 and the bottom-up control hypothesis involves changes in the quantity or quality of 81 these prey (Le Bourg et al. 2015). In addition, recent studies have demonstrated that the quality of plankton depends on both taxonomic group and size class 82 83 (Harmelin-Vivien et al. 2019; Chen et al. 2019a).

In coastal areas, the changes described above may have contributed to the reduction of planktivorous fish biomass and their relative proportions in fish communities (Ourgaud et al. 2015; Cresson et al. 2019). In the NWMS, it has been hypothesized

that changes in both taxonomic composition and individual size of zooplankton may 87 88 underlie recently observed changes in the diet of some planktivorous fish species such 89 as the European pilchard and the European anchovy (Le Bourg et al. 2015; Chen et al. 90 2019a). A recent decline in planktivorous fish biomass, abundance, body size and 91 relative body condition has been observed and may have led to changes in fish diet (STECF 2015; Ourgaud et al. 2015; GFCM 2019; Saraux et al. 2019; Cresson et al. 92 93 2019; Chen et al. 2021). In the changing environmental context of the Mediterranean 94 Sea, this bottom-up control hypothesis highlights the need to study the composition of 95 zooplanktivorous fish diet and trophic interactions, and to consider zooplankton prev 96 groups and size in order to better estimate their role in the pelagic food webs. 97 Knowledge of dietary specialization, including potential sharing of food resources 98 among co-occurring members of the fish community, would help determine functional 99 roles and to identify species for which potential competitive interactions during 100 periods of prey scarcity may occur (Burbank et al. 2019). This is essential for 101 ecosystem management and conservation (Bachiller et al. 2021).

102 In the NWMS, previous studies on planktivorous fish diet have focused on the 103 taxonomic composition of stomach contents (Stergiou and Karpouzi 2002; Costalago 104 and Palomera 2014). Some of these studies were based on the isotopic composition of 105 muscle tissue and of the prey of planktivorous fish (Cresson et al. 2014; Costalago et 106 al. 2014; Brosset et al. 2016), and some of them also provided information on prey 107 size structure (Le Bourg et al. 2015; Albo-Puigserver et al. 2019; Chen et al. 2021). 108 Combining stable isotope analyses (SIA) and stomach content analyses (SCA) offers 109 different and complementary insights into trophic relationships. While SCA provide information on recently consumed prey (hours to one day), SIA (measurement of δ^{13} C 110 and $\delta^{15}N$ values) of muscle tissues provides information on food sources integrated 111 over time (weeks to months) (Vander Zanden et al. 2015). An underlying assumption 112

is that isotopic compositions accurately reflect species dietary breadths over a periodof time defined by tissue-specific turnover rates.

115 The present study focused on the diet and trophic interactions of seven planktivorous 116 species: European anchovy Engraulis encrasicolus (Linnaeus, fish 1758) 117 (Engraulidae), European sardine Sardina pilchardus (Walbaum, 1792) (Clupeidae), 118 round sardinella Sardinella aurita (Valenciennes, 1847) (Clupeidae), European sprat 119 Sprattus sprattus (Linnaeus, 1758) (Clupeidae), red bandfish Cepola macrophthalma (Linnaeus, 1758) (Cepolidae), damselfish Chromis chromis (Linnaeus, 1758) 120 121 (Pomacentridae) and bogue Boops boops (Linnaeus, 1758) (Sparidae) in the Bay of 122 Marseille, North-Western Mediterranean Sea. The study was performed from March 123 to September 2017. These species represent a range in body sizes, shapes, and habitat 124 occupations (entire water column in the case of pelagic Engraulidae and Clupeidae 125 species, benthic and pelagic environments for the demersal B. boops and C. chromis, and burrows in soft-bottoms for C. macrophthalma (Stergiou and Karpouzi 2002)). 126 127 Several previous studies have focused on diet, notably in commercially important E. 128 encrasicolus and S. pilchardus, which demonstrated diet changes and reduced prey 129 diversity (Le Bourg et al. 2015; Brosset et al. 2016). Using a multi-proxy approach, Bachiller et al. (2020, 2021) highlighted a trophic latitudinal gradient in E. 130 131 encrasicolus and S. pilchardus in the Western Mediterranean Sea and a trophic niche overlap between S. pilchardus and S. aurita. Information on other pelago-demersal 132 133 planktivorous species from the Gulf of Lion is lacking.

Our aim here was to determine the food resources consumed by planktivorous fish. Our hypothesis is that competition for food resources may occur between the NWMS planktivorous species, leading to the observed changes in small pelagic fish populations. The information provided by our study will improve food web modeling, which is increasingly applied to predict fish population and ecosystem dynamics. We investigated the diet of pelago-demersal planktivorous fish by combining SCA and SIA. Specifically, we aimed: (1) to analyze fish diet in terms of prey taxonomic groups and prey sizes over the entire sampling period, (2) to estimate the trophic overlap among these species using SCA and SIA, and (3) to compare the dietary diversity and overlap of trophic niches using both methods, to test the hypothesis of potential trophic competition.

145

146 **2.** Material and methods

147 *2.1. Study site*

148 The Bay of Marseille (South of France) is located in the eastern part of the Gulf of 149 Lion in the NWMS. In this bay, phyto- and zooplankton communities benefit from 150 diverse marine and terrestrial nutrient input (Bănaru et al. 2014; Chen et al. 2019a). 151 The Bay of Marseille is influenced from the south by the intrusions of the offshore 152 Northern Current (Petrenko et al. 2005), and occasionally from the west by the intrusions of the Rhone River plume, and by the coastal Huveaune River, depending on 153 wind and rain events (Cresson et al. 2012; Fraysse et al. 2014). The bay is also subject 154 155 to anthropogenic and terrestrial inputs from the Marseille sewage treatment plant at 156 Cortiou (Millet et al. 2018) (Fig. 1).

157 2.2. Sampling and sample processing

Fish were sampled through a partnership with local fishermen working with lampara net, gillnets and trawling (Fig. 1). Where possible, 30 individuals of each species were sampled in the early morning, each month from March 2017 to September 2017. Alongside this monthly sampling, data were also analyzed collectively - and not seasonally - because the number of individuals sampled each month widely differed between species. The potential impact of seasonality on the results is considered separately (see section 4.4.). The number of samples for body length measurements, 165 SCA and SIA are listed in Table 1.

166 Once caught, fish were immediately put on ice and kept at -20°C upon arrival at the167 laboratory to inhibit digestion of the stomach contents.

I68 Zooplankton was collected monthly at the Solemio station (43.24°N; 5.29°E) simultaneously with the SOMLIT (Service d'Observation en Milieu LITtoral) long-term national program for littoral observation (Fig. 1). Zooplankton was sampled vertically from 50 m depth (close to the bottom) to the surface with an 80-µm mesh size net (50 cm opening diameter). Zooplankton samples were preserved in a buffered 4% formaldehyde - seawater solution.

In the laboratory, total body length (TL) of each fish was measured to the nearest
millimeter. Each individual was sexed by examination of the gonads. Digestive tracts
were collected and preserved individually in a buffered 4% formaldehyde - seawater
solution for later SCA. Dorsal white muscle was sampled from each fish and frozen at
-20°C for later SIA.

179 2.3. Analysis of fish diet and plankton composition

180 The number of analyzed individuals for total body length measurements, the 181 minimum, maximum and mean total body length (cm), the proportion of empty 182 stomachs and the degree of repletion per species are displayed in Table 1. The mean 183 degree of stomach repletion (SRD) was estimated visually using a semi-quantitative 184 scale of prey volume in stomach: 0 = empty, 1 = > 0 - 25 % full, 2 = 25 - 50% full, 3185 = 50 - 75% full, 4 = 75 - 100% full. Empty stomachs were not considered in diet 186 index calculations.

Zooplankton prey were identified and sorted for further taxonomic and size analyses.
The taxonomic groups of zooplankton found in both fish stomachs and plankton net
samples were identified and the number of individuals in each group were counted
using a stereomicroscope (Leica M205C) as described by Chen et al. (2021). The

191 main copepod groups were identified using the website 'Marine Planktonic Copepods'

192 (<u>https://copepodes.obs-banyuls.fr/en/loc.php?loc=14</u>) (Razouls et al. 2005).

193 The maximum length (sum of prosome and urosome lengths for copepods) was measured on the first 30 individuals of representative prey groups found in each 194 stomach and zooplankton net sample. Size measurement allowed the calculation of a 195 prey-predator size ratio (PPSR) between each fish and its prey, achieved by 196 197 determination of the most consumed prey size range by species and comparison with 198 the size of the available zooplankton prey in the 80-µm mesh size net. For graphic 199 representation, PPSR values were multiplied by 1000. Dry weight (DW) of each 200 organism was estimated from length-weight relations gathered from the literature 201 (Table S1). The degree of stomach fullness (SFD) was used to assess feeding intensity (as described by Bachiller et al. (2016)). The SFD, expressed in μ g.cm⁻¹, is defined as 202 203 the sum of prey dry weight in the stomach divided by the total length of the fish.

204 2.3.1. Trophic indices

205 Diet composition based on stomach content analyses (SCA) was analyzed using several 206 complementary indices: frequency of occurrence (O%: percentage of non-empty 207 stomachs containing a given prey item), numerical percentage (N%: mean percentage 208 per stomach of the number of a given prey item related to the total number of all prey in 209 each stomach), dry weight percentage (W%: mean percentage per stomach of the 210 weight of a given prey item related to the total weight of all prey in each stomach). 211 These indices were used to calculate the index of relative importance (IRI) following 212 the formula (Pinkas et al. 1971):

$$IRI = 0\% \times (N\% + W\%)$$

and then expressed as a percentage (IRI%) (Cortés 1997).

For consistency, IRI was also used to compute trophic niche width and dietary overlap.

215 To compare the community composition of zooplankton sampled with nets and the

216 zooplanktonic prey in fish diet, IRI% was also calculated by month for zooplankton

sampled with the 80-µm mesh size plankton net. Here, IRI% integrates information on

the abundance, occurrence and biomass of zooplankton groups sampled with nets.

219 2.3.2. Diversity indices

The Shannon diversity index was determined to quantify the diversity of prey in fishstomachs and then for zooplankton net samples, using the formula:

$$H' = -\sum_{i=1}^{s} p_i \ln p_i$$

where p_i is the mean proportion (IRI%) of the prey group *i*, and *S* is the total number of prey groups.

The Pielou evenness index was computed to determine the evenness of prey group distribution in the diets of the studied species, using the formula: $I = H' \div \ln(S)$

where H' is the Shannon diversity index and *S* is the total number of prey groups found in stomach contents per species. This index was also estimated for the 80-µm mesh size plankton net.

229 Trophic niche breadth and prey diversity in relation to increasing fish size was230 analyzed following the method proposed by Bachiller and Irigoien (2015).

231 2.4. Stable isotope analysis (SIA)

232 For the SIA, where possible, at least three fish were analyzed per month and per 233 species among those previously analyzed for SCA (Table 1). Fish muscle tissues were 234 freeze-dried, ground into a fine powder and a subsample was packed into a 5×8 mm tin 235 cup. Carbon and nitrogen stable isotope analyses were performed using a 236 continuous-flow isotope-ratio mass spectrometer (Delta V Plus, Thermo Scientific) 237 with a Conflo IV interface coupled to an elemental analyzer (Flash EA 1112, Thermo 238 Scientific) equipped with the Smart EA option. Analyses were conducted at the Littoral, Environment and Societies Joint Research Unit stable isotope facility (CNRS -239

240 University of La Rochelle, France). The δ^{13} C and δ^{15} N values are expressed in δ 241 notation as deviations from standards (Vienna Pee Dee Belemnite for δ^{13} C and N₂ in air 242 for δ^{15} N), in ‰, according to the formula:

243
$$\delta X = \left[\left(\frac{\text{Rsample}}{\text{Rstandard}} \right) - 1 \right] \times 1000$$

where X is ¹³C or ¹⁵N, R_{sample} is the isotopic ratio of the sample and $R_{standard}$ is the isotopic ratio of the standard. Calibration was carried out using reference materials (USGS-24, -61, -62, IAEA-CH6, -600 for carbon; USGS-61, -62, IAEA-N2, -NO-3, -600 for nitrogen). The analytical precision of the measurements was <0.15‰ for carbon and nitrogen based on analyses of USGS-61 and USGS-62 used as laboratory internal standards.

The δ^{13} C values were corrected for the effect of lipids when the C/N ratio was higher than 3.5 according to the formula developed by Post et al. (2007):

$$\delta^{13}C_{normalised} = \delta^{13}C_{sample} - 3.32 + 0.99 \times C/N$$

Individual and mean trophic level (TL) of fish species (TL_{fish}) were calculated using δ^{15} N values according to the following formula (Vander Zanden and Rasmussen 254 2001):

$$TL_{teleost} = \lambda + (\delta^{15}N_{teleost} - \delta^{15}N_{baseline}) \div 3.4$$

where $\delta^{15}N_{\text{fish}}$ is the $\delta^{15}N$ value of the consumer, λ the trophic level of the baseline and $\delta^{15}N_{\text{baseline}}$ the $\delta^{15}N$ value of the baseline. The mean annual $\delta^{15}N$ value of the 200-300 µm size class of zooplankton sampled in the framework of SOMLIT (see section 2.2.) (Chen et al. 2019a) was considered as the baseline for primary consumers (i.e. trophic position $\lambda = 2$) and a trophic fractionation factor of 3.4 was used for the computations (Post 2002).

261 2.5. *Resource partitioning*

262 The total dietary trophic niche width (DNW) based on stomach content analysis was

estimated to compare fish species trophic diversity (Schoener 1970): $DNW = e^{H'}$

with
$$H' = -\sum (IRI_i \times log_2 IRI_i)$$
.

265 Overlap in species diet (T%; Schoener 1970) was calculated according to the formula:

$$T\% = (1 - 0.5\Sigma | IRI_{xi}\% - IRI_{yi}\% |) \times 100$$

where IRI_{xi} % and IRI_{yi} % are IRI% for the prey item *i* in the fish species *x* and *y*.

267 In theory, T% varies from zero (when the two groups of fish feed on totally different

268 prey items) to one (when they consume the same prey items in the same proportions).

269 Index values higher than or equal to 0.6 are considered significantly elevated (Keast

270 1978).

266

271 2.6. *Statistical analyses*

272 Data normality and homogeneity were tested using Shapiro-Wilk and Levene tests. 273 Non-parametric analysis of variance Kruskal-Wallis tests were used to examine 274 differences in total body length, average prey size, PPSR, and isotopic compositions $(\delta^{13}C \text{ and } \delta^{15}N)$ among species. Dunn's multiple non-parametric post-hoc tests were 275 276 used to pinpoint which specific means significantly differed from the others. 277 Spearman's correlation was used to test the relationship between the total body length and stable isotopic compositions (δ^{13} C and δ^{15} N) of fish species. Differences in diet 278 composition between species were tested using one-way analysis of similarity 279 280 (ANOSIM). SIMPER analysis provided the average dissimilarity of their diets. The 281 prey groupings were based on Bray-Curtis mean dissimilarities. Differences of prey 282 size distribution among species were tested with the Chi-square test. The Bray-Curtis 283 dissimilarity was also calculated for interspecific pairwise comparisons of prey size 284 distribution. Changes in the range of the Shannon-Wiener diversity index (H') and 285 **PPSR** of each individual predator with increasing size were analyzed according to the 286 methods described in Scharf et al. (2000) and Bachiller and Irigoien (2013, 2015). To represent interspecific differences in dietary and isotopic compositions, non-metric 287

multi-dimensional scaling (nMDS) was carried out on the similarity matrix of the diet (IRI%) and the stable isotopic compositions (δ^{13} C and δ^{15} N) of fishes, respectively. The differences between the isotopic niche and the dietary niche overlaps were tested with a χ^2 test and Spearman's rank order correlation. Data processing was carried out using the software R (R Core Team 2021).

293

294 **3. Results**

3.1. Prey availability

Available prey were often smaller than 1.5 mm with the most abundant prey ranging in size from 0.5 to 0.8 mm (36.4%) (Fig. 2). Zooplankton was dominated by copepods (IRI% = 84.8%), especially calanoid copepods (IRI% = 72.3%) (Fig. 3). Other zooplankton groups such as Monstrilloid and Sapphirinid copepods, fish larvae, tintinnids, echinoderm and cephalopod larvae, and other microzooplankton groups were also observed in net samples and contributed to overall diversity (Shannon diversity index = 1.00 ± 0.25 (mean ± standard deviation)).

303 *3.2. Biometry and stomach fullness of caught fish*

304 Body size was measured from a total of 715 fish, SCA was measured from 446 individuals and SIA from 173 individuals (Table 1). Total body length (Table 2) 305 306 differed significantly among species (H = 129.4, P < 0.001). Cepola macrophthalma was the longest (29.3 \pm 6.8 cm), followed by S. aurita, B. boops, S. pilchardus, C. 307 308 chromis and E. encrasicolus, the lowest mean total length being recorded in S. 309 sprattus (11.2 \pm 1.0 cm). The proportion of empty stomachs was lowest for S. pilchardus (2.1%) and highest for C. chromis (20.6%), and stomach content was 310 about half full for most species (Table 2). The SFDs varied significantly between 311 species (H = 36.64, P < 0.001), with highest values for C. macrophthalma and C. 312 chromis and lowest values for S. pilchardus (Table 2). 313

314 *3.3. Prey group composition*

For each species, trophic niche breadth based on prey diversity (i.e. H') did not vary

with fish size (Fig. S1) or between sexes (not displayed, P > 0.05 for all species).

317 The average diet composition differed significantly among species (ANOSIM R =

318 0.15, P < 0.001) (Table 3, Fig. 3).

Engraulidae and Clupeidae species mainly preyed on copepods (IRI% > 86). 319 320 Although small harpacticoid (Microsetella/Macrosetella spp. and Euterpinidae) and 321 cyclopoid (Oncaeidae and Corycaeidae) copepods were not the most abundant in the 322 environment, they were present in high proportions as prey (Fig. 3, Table S2). 323 Engraulis encrasicolus and S. aurita consumed higher proportions of calanoid copepods than S. pilchardus and S. sprattus. Cepola macrophthalma consumed a high 324 325 proportion of decapod larvae in addition to calanoid copepods (Acartiidae and 326 Calanidae). Chromis chromis and B. boops both consumed other prey that were not abundant in the environment during the same sampling periods. Chromis chromis 327 328 consumed a high proportion of gastropods (pteropods), cypris larvae and ostracods, 329 while *B. boops* consumed benthic polychaetes and cypris larvae. Both species 330 ingested high proportions of amphipods and decapod larvae.

The SIMPER analysis (Table 3) showed that the IRI% of copepods contributed the most (> 60%) to the dissimilarities of diet between the studied species, but the IRI% of other prey such as gastropod and decapod larvae was also high (> 5%).

Bray-Curtis dissimilarity indices on prey composition were lowest between *S*. *pilchardus* and *S. aurita* (Table 4), while the highest values were found between *S. sprattus* and both *C. macrophthalma* and *C. chromis*.

Prey diversity ($\chi^2 = 26$) and evenness ($\chi^2 = 24$) indices differed significantly among fish species (P < 0.001 for both). *Sprattus sprattus* exhibited the highest prey diversity (H' = 0.95 ± 0.08) and *C. chromis* presented the highest prey evenness (J = 0.76 ± 340 0.11). Cepola macrophthalma showed the lowest values for both indexes (H' = $0.29 \pm$

341 0.11, J = 0.32 ± 0.14) (Table 5). The zooplankton composition of the 80-µm mesh size 342 net generally showed a higher group diversity but had about the same evenness index

as fish stomach content (Table 5).

344 *3.4. Prey size structure*

Prey size distribution differed significantly among species ($\chi^2 = 405.23$, P < 0.001), with one or two modes of prey size between 0.1 and 2 mm (Fig. 4). *Sardina pilchardus* and *S. sprattus* both presented a high consumption of prey ranging between 0.5 and 1.0 mm in size, while *S. aurita*, *C. macrophthalma*, *C. chromis* and *B*.

349 *boops* also consumed a high proportion of prey > 2 mm (up to 40% for *B. boops*).

Average prey size and PPSR differed significantly among species (H = 54 and H = 61,

respectively, with P < 0.001 for both). *Boops boops* presented the highest values for

average prey size (8.54 ± 6.31 mm), and *S. pilchardus* the lowest (0.99 ± 0.21 mm)

(Fig. 5A). *Boops boops* also had the highest average value for PPSR, and *C. macrophthalma* the lowest (Fig. 5B). A significant increase of trophic niche breadth
based on PPSR with increasing fish size was observed in *B. boops* (Fig. S2). For other
species, no change in mean prey size or of trophic niche breadth based on PPSR and

357 prey diversity was observed with increasing body size.

358 Prey size distribution was significantly different between *B. boops*, *S. pilchardus* and

- 359 *S. sprattus* (Table 6) and the most similar between the Clupeidae (< 0.30).
- 360 *3.5. Stable isotope composition*

Mean δ^{13} C and δ^{15} N values and the estimated trophic level differed significantly among species (δ^{13} C: H = 35.67, P < 0.001; δ^{15} N: H = 61.52, P < 0.001, TL: H = 61.50, P < 0.001). *Sprattus sprattus* had the highest δ^{13} C values and *B. boops* and *S. pilchardus* had the lowest (Table 7). *Boops boops* and *C. macrophthalma* had the highest δ^{15} N values and estimated trophic levels, while *S. sprattus* and *E. encrasicolus* 366 presented the lowest. Spearman's correlation tests highlighted significant negative 367 correlations between δ^{13} C values and total body length for *S. pilchardus* (Table 7). 368 Significant positive correlations were found between δ^{15} N values and both estimated 369 trophic levels and fish size for *C. chromis* and *B. boops*, while significant negative 370 correlations were found for *E. encrasicolus*.

371 *3.6. Dietary niche widths and diet overlaps*

372 *Chromis chromis* had the highest DNW and *C. macrophthalma* the lowest (Table 8).

373 Higher and significant dietary niche overlaps were found between S. pilchardus, S.

aurita and *E. encrasicolus*, while overlap was also observed between *E. encrasicolus*and *C. macrophthalma*.

The nMDS analysis based on SCA showed no ellipse overlaps between S. sprattus 376 377 and the other species except for S. pilchardus. Sprattus sprattus differed the most 378 from E. encrasicolus, S. aurita and C. macrophthalma (Fig. 6A). Sardina pilchardus, C. chromis and B. boops had an intermediate position between the two groups. The 379 380 nMDS analysis based on isotopic compositions displayed more extensive ellipse overlaps among all fish species, with S. sprattus on one side, close to E. encrasicolus 381 382 and S. aurita, while the other species appeared on the other side of the biplot (Fig. 6B). With both SCA and SIA, S. sprattus and C. macrophthalma were the most distant 383 384 species.

385

386 **4. Discussion**

This study characterized the diet of seven Bay of Marseille fish species with the complementary use of stomach content (SCA) and stable isotope (SIA) analyses, and also considered the size of prey consumed. Diet studies generally focus on composition of prey species, data on prey size tending to be rare, despite prey size being a defining factor in pelagic fish growth (Thoral et al. 2021). For planktivorous species, 392 inter-specific differences in diet and prey size depend on the gill raker density as well as 393 the number of gill arches, whereas gape height determines the maximum size of prey ingested (Velip and Rivonker 2018). Moreover, prey energy content is generally 394 closely linked to both species/groups composition and size (Harmelin-Vivien et al. 395 2019; Chen et al. 2019a). We adopted this approach in the context of recently 396 397 observed changes to small pelagic fish populations in the NWMS, assumed to be 398 related to changes in the composition of zooplankton, fish diet and trophic 399 interactions (Brosset et al. 2016; Saraux et al. 2019).

400 *4.1. Prey group and prey size composition*

Our study shows that diets differed from ambient prey availability, suggesting 401 402 differential prey selection (Karachle and Stergiou 2013; Costalago and Palomera 2014; 403 Chen et al. 2021). Dietary differences may be related to body shape, size, jaw 404 morphology and habitat (Karachle and Stergiou 2013; Frédérich et al. 2014). In our study, differences in prey composition and diversity, prey size structure and dietary 405 406 overlaps allowed the differentiation of two main groups, which also differed in mean 407 size, morphology and foraging habitats. The first group included the strictly pelagic 408 Clupeidae (S. pilchardus, S. aurita and S. sprattus), which preyed mostly on small 409 sized copepods. The second group contained the bentho-demersal Cepolidae (C. macrophthalma), Pomacentridae (C. chromis) and Sparidae (B. boops), which 410 411 consumed larger copepods, other zooplankton groups and varying proportions of 412 benthic prey. The Engraulid E. encrasicolus was intermediate due to the wide 413 spectrum of planktonic prey consumed.

Engraulis encrasicolus, S. pilchardus and *S. sprattus* consumed mainly small and
medium size copepods, such as harpacticoid (*Microsetella/Macrosetella* spp., *Euterpina acutifrons*) and cyclopoid (Oncaeidae, Corycaeidae) copepods, in
accordance with previous observations from the literature (Costalago et al. 2014; Le

Bourg et al. 2015; Albo-Puigserver et al. 2019; Bachiller et al. 2020, 2021). Sprattus 418 419 sprattus, which had the highest relative proportion of copepods in its stomach contents, 420 fed on a higher proportion of cyclopoid copepods than the other Clupeidae species, as reported by Le Bourg et al. (2015). Bachiller et al. (2020) also observed a latitudinal 421 422 gradient of diet variation in *E. encrasicolus* and *S. pilchardus* along the NWMS coast. 423 Our results seem to confirm poorer feeding conditions previously described for 424 northern Mediterranean populations, with smaller prey consumed compared to the 425 southern populations which consumed high proportions of decapods, malacostracans, 426 and euphausiids (Bachiller et al. 2020). In terms of prey size, the preferred prey size 427 range of E. encrasicolus, S. pilchardus and S. sprattus was wider in the Bay of Marseille (0.4 - 0.9 mm) than in the Gulf of Lion (0.2 - 0.5 mm) (Le Bourg et al. 2015), 428 429 with larger prey (1.1 - 1.5 mm) consumed in higher proportions. The larger plankton 430 prey size in the Bay of Marseille was probably linked to the high production induced by terrestrial inputs (Fraysse et al. 2014). Mean PPSR values of these three species were 431 432 higher in the Bay of Marseille (11.50 \pm 1.94, 44.83 \pm 15.76, and 11.09 \pm 3.68, respectively) than in the Gulf of Lion (7.32 \pm 6.57, 5.20 \pm 1.86, and 6.21 \pm 1.61, 433 434 respectively) during the summer months, possibly due to temporal variation in prey size 435 (Chen et al. 2021). It seems important therefore that PPSR comparisons should be 436 undertaken contemporaneously.

The diet of *S. aurita* was similar to that of *S. pilchardus* in the Bay of Marseille, but
presented higher prey diversity and evenness. Bachiller et al. (2021) also observed
more diet similarities between *S. aurita* and *S. pilchardus* than with *E. encrasicolus*.
This was likely due to their similar filtering apparatus structure, with smaller gill raker
spaces than in *E. encrasicolus* (Costalago and Palomera 2014). Bachiller et al. (2021)
found a high proportion of salps, appendicularians, chaetognaths and polychaetes in *S. aurita*, but not in *S. pilchardus*. These dietary differences may suggest more

444 opportunistic feeding in S. aurita, as observed in the Aegean Sea (Lomiri et al. 2008). 445 The prey size distribution of S. aurita observed in the Bay of Marseille was similar to 446 that observed in the Ebro River Delta by Albo-Puigserver et al. (2019). Although S. 447 *aurita* had a higher average prey size than the other Clupeidae, it presented the lowest 448 PPSR due to its larger body size. The high consumption of *Microsetella/Macrosetella* 449 spp. copepods by the four small sized pelagic fish (Engraulidae and Clupeidae) may be 450 related to the high input of aggregates in the Bay of Marseille with which these 451 copepods were associated (Chen et al. 2021 and references therein).

452 Among bentho-demersal species, C. macrophthalma mainly preved on decapod larvae, 453 calanoid (Acartiidae and Calanidae) copepods, and small proportions of gelatinous 454 zooplankton with their associated *Phronima* spp. amphipods. *Cepola macrophthalma* is 455 considered a benthic opportunist preying mainly on diverse zooplankton groups, but 456 also ingesting some benthic organisms (Stergiou 1993). Similarly, C. chromis consumed both planktonic and benthic organisms (Mapstone and Wood 1975; Bell and 457 458 Harmelin-Vivien 1983; Dulčić 2007; Pinnegar et al. 2007; Pinnegar 2018). We 459 observed that *C. chromis* consumed high proportions of pteropods, copepods, decapod 460 larvae, and amphipods. Pteropods are prey that contain high protein and lipid contents 461 (Harmelin-Vivien et al. 2019), but were rare in the diet of other species in our study. 462 The high proportion of pteropods in *C. chromis* diet may be explained by powerful jaws specialized in ram suction feeding like other phylogenetically close pomacentrid 463 464 species (Frédérich et al. 2013, 2014; Chen et al. 2019b). Boops boops consumed a 465 wide diversity of benthic prey in addition to zooplanktonic crustaceans, as previously 466 observed in the Bay of Marseille (Bell and Harmelin-Vivien 1983; Cresson et al. 2014). 467 This demersal species can be considered an opportunistic omnivore (Stergiou and 468 Karpouzi 2002; El-Haweet et al. 2005). In the present study *B. boops* consumed mainly annelids, gelatinous zooplankton and pteropods. Despite the generally low energy 469

content of small gelatinous zooplankton (Harmelin-Vivien et al. 2019; Chen et al.
2019a), this diet is reflective of its opportunistic predation behavior. *Cepola macrophthalma*, together with *C. chromis* and *B. boops*, but also *S. aurita*, consumed a
high proportion of prey > 2 mm in size, related to both larger body, and thus a larger
mouth size for *C. macrophthalma* and *S. aurita*, and to the powerful jaws for *C. chromis*(Frédérich et al. 2013, 2014; Chen et al. 2019b).

While Bachiller and Irigoien (2013) observed an increase in trophic niche breadth
based on PPSR in *E. encrasicolus* and *S. pilchardus*, and a decrease with growth in *S. sprattus*, a corresponding increase with increasing fish size was observed only for *B. boops* in the present study, possibly reflecting the poorer feeding conditions in the Bay
of Marseille compared to those of the Atlantic Sea.

481 *4.2. Stable isotope composition of planktivorous fish species*

482 Stable isotope analysis revealed that strictly pelagic planktivorous fish (i.e. E. encrasicolus, S. pilchardus, S. aurita, S. sprattus) demonstrated generally higher 483 mean δ^{13} C and lower mean δ^{15} N values than bentho-demersal species (C. 484 macrophthalma, B. boops), excluding C. chromis. This is consistent with previous 485 486 observations in the Gulf of Lion (Le Bourg et al. 2015) and the Ebro River Delta (Albo-Puigserver et al. 2019). Similar mean δ^{15} N values between *E. encrasicolus* and 487 S. sprattus, and between S. pilchardus and S. aurita respectively, indicate close trophic 488 level consistency between these species (Hussey et al. 2014). However, δ^{13} C values 489 differed significantly between species pairs, with S. sprattus presenting higher $\delta^{13}C$ 490 491 values than *E. encrasicolus*, and *S. aurita* presenting higher values than *S. pilchardus*, 492 allowing some isotopic segregation of these four species in spite of high isotopic 493 overlaps. The values reported were similar to those observed for these species in the Gulf of Lion in 2010-2014, but differed from those recorded in 2004-2005 (Brosset et 494 al. 2016). This may be linked to changes in zooplankton community structure and/or in 495

496 the organic matter composition at the base of the pelagic food webs. *Sardina pilchardus* also presented higher relative $\delta^{15}N$ values than *E. encrasicolus* and *S. aurita* in our 497 studies, corresponding to the observations in the nearby Western Mediterranean Sea. In 498 our study, this observation can be related to the higher proportion of eggs in the diet of 499 S. pilchardus, as isotopic compositions of fish eggs are generally similar to those of 500 adult fish (Chen 2019). The higher δ^{15} N values and trophic levels of *B. boops* and *C*. 501 macrophthalma may be related to their consumption of crustacean larvae, chaetognaths 502 and benthic organisms. The higher dispersion of $\delta^{13}C$ and $\delta^{15}N$ values observed in these 503 two bentho-demersal species may result from a higher diversity of sources of organic 504 matter at the base of the pelagic and the benthic food webs in the Bay of Marseille 505 506 (Cresson et al. 2012).

507 While no relationship was detected between fish size and diet composition, or between 508 fish size and trophic niche breadth, changes in fish isotopic compositions occurred with size for some species. We observed a decrease of $\delta^{13}C$ values with growth in S. 509 *pilchardus* and of δ^{15} N values in *E. encrasicolus*, while δ^{15} N values of *C. chromis* and 510 B. boops increased. These alterations may be linked to changes in diet or foraging 511 512 zones, or to zooplankton community changes related to changes of primary producers, 513 and thus of carbon food sources, as observed in the Gulf of Lion (Costalago et al. 2012). The increase of δ^{15} N values and of trophic niche breadth (i.e. PPSR) with growth 514 515 of *B. boops* may be related to the higher ability of this species to capture larger prev when growing. In contrast to our observations, Bachiller et al. (2021) showed 516 increasing δ^{13} C values with size for *E. encrasicolus* and *S. aurita* and decreasing δ^{15} N 517 518 values with size for S. pilchardus. This may be related to differences in foraging 519 patterns with growth, as larger prey and better body condition were observed in the fish populations from the southern areas of the Mediterranean Sea (Bachiller et al. 2020). 520

521 *4.3. Differences in trophic interactions revealed by SCA and SIA*

522 This study highlighted differences and complementarity between SCA and SIA, as the two methods demonstrated contrasting results. We found a higher degree of dietary 523 overlap with the SIA than with the SCA between S. pilchardus, S. aurita and S. sprattus. 524 525 However, even if the different species ingested different zooplankton groups, these 526 prey may have similar isotopic composition due to similar POM sources at the base of 527 the food web and similar trophic levels (Bănaru et al. 2014). Le Bourg et al. (2015) 528 demonstrated that in the last decade S. pilchardus and E. encrasicolus had similar diets 529 to S. sprattus in the Gulf of Lion. However, E. encrasicolus appeared to be less in 530 competition with the Clupeidae species in the Bay of Marseille. The results of SCA also suggested less competition among bentho-demersal fish, indicating specialization on 531 532 different prey groups and sizes, despite the high similarities of their isotopic 533 compositions. In addition, we found some species (i.e. S. aurita, C. macrophthalma, C. chromis and B. boops) to be highly opportunist, in agreement with the observations of 534 535 other authors (El-Maremie and El-Mor 2015; Pinnegar 2018; Albo-Puigserver et al. 536 2019; Bachiller et al. 2020, 2021). By contrast, E. encrasicolus, S. pilchardus and S. 537 sprattus fed mainly on copepods and seemed to be less opportunist feeders. However, with sufficient food availability, dietary overlap does not necessarily imply 538 competition for food resources (Coe et al. 2001). Our data thus tend to show a higher 539 potential for competition between the Engraulidae and Clupeidae species than 540 541 between the other species studied. Data on the quality and quantity of zooplankton 542 available as prey remain essential to confirm or disprove the hypothesis on the 543 limitation of food resources.

544 4.4. Methodological issues and improvements

The main difficulty for multi-species fish diet studies is in simultaneously obtainingboth plankton prey and fish samples. Here, monthly fish and zooplankton sampling

547 was carried out several days and a few kilometers apart. However, as some of our 548 target species consumed high proportions of large prey (> 2 mm), certain prey 549 categories that the fish were feeding on locally may have been missed. Combining 550 multiple nets to capture a wider range of prey size and categories would allow a more 551 precise comparison of diet with available zooplankton (Costalago and Palomera 2014; 552 Albo-Puigserver et al. 2019; Bachiller et al. 2020).

553 It was not possible to collect monthly data for all our study species, as not all belong 554 to targeted fisheries, necessitating time-aggregation of data. For example, a large sample of S. pilchardus was compared to small samples (< 30) of S. sprattus, C. 555 556 macrophthalma, C. chromis, and B. boops. Planktivorous species diets may also vary monthly/seasonally (Chen et al. 2021) along with the isotopic compositions of the 557 558 primary producers (i.e. baseline), as previously shown in the Bay of Marseille by 559 Bănaru et al. (2014). For improved fisheries management, better temporal sampling 560 would better determine whether the observed differences of fish isotopic compositions 561 are truly related to dietary differences or to changes in the isotopic compositions of 562 the primary food sources. Furthermore, global climate change, and associated changes 563 in water convection, and urban and river inputs, could drastically alter the nutrient inputs at the base of the food web, thereby altering the availability of different 564 plankton prey groups. 565

Nevertheless, our extensive survey provided the best possible results. Most previous studies in the Mediterranean Sea have focused on the feeding of *E. encrasicolus*, *S. pilchardus* and *S. sprattus* with samples obtained from oceanographic surveys in targeted areas and periods, and have faced similar difficulties in relating plankton availability to fish feeding (Costalago et al. 2012, 2014; Le Bourg et al. 2015; Bachiller et al. 2020). In addition, as the commercial value of species tends to define research priorities, more scientific knowledge is available for *E. encrasicolus* and *S*. *pilchardus*, but remains more limited for *S. aurita*, *S. sprattus* (Palomera et al. 2007)
and the other species in this study.

Finally, better harmonization between fish and zooplankton sampling might include 575 576 the simultaneous use of acoustic systems to detect fish species at given feeding depths 577 (prior to capture) and of multiple net stratified-horizontal tows (such as the multiple 578 plankton sampler Hydro-Bios) to target zooplankton at the same depths. In addition, 579 as different prey types have different digestion rates, the rapid conservation of fish 580 samples immediately following capture could also ensure better preservation of 581 stomach contents. The use of DNA barcoding can also improve the prey 582 identification, especially gelatinous prey (Lamb et al. 2019; Bachiller et al. 2021).

583

584 **5.** Conclusion

585 Similarities in the dietary and isotopic composition revealed by this study suggest 586 higher potential trophic competition among strictly pelagic species under conditions 587 of scarce food resources, while little competition was evident among bentho-demersal 588 species.

589 Our results highlight that inter-specific similarities in isotopic composition does not 590 necessarily imply similar diets. While SCA differed significantly between species, 591 similar inter-specific isotopic compositions may result from similar POM sources at the 592 base of the food web. Long-term monitoring of zooplankton communities and 593 planktivorous fish diets is necessary to improve our understanding of the variability of 594 species interactions in the context of climate change and to underpin ecosystem-based 595 studies for fisheries management in the NWMS.

596

597 Acknowledgements

598 Thanks are due to the fishermen: Hubert Baty, Patrick Fernandez and Mr. Esposito for

599 their interest in our study and their willingness to cooperate and provide fish samples; 600 to the crew of the R.V. Antedon II and colleagues at the Mediterranean Institute of Oceanography (M.I.O.): Dorian Guillemain, Michel Lafont from the Service 601 Atmosphère et Mer (S.A.M.) and to Guillermo Feliu and Lucas Lhomond for their 602 help during sampling; to Patrick Raimbault, Christian Grenz and Loïc Guilloux in 603 604 charge of the SOMLIT long-term survey in Marseille; to Célia Losson, Tom Robert, 605 Emeline Bard, Nour Lahat, Manon Desplechin, Manon Gaultier and Guillaume 606 Lassus for their help during dissections; to Valentina Tirelli and Yves Letourneur for their valuable advice on the manuscript of the PhD thesis of C.-T. Chen and on this 607 608 paper, and to Michael Paul for improvement of the English. The authors gratefully 609 acknowledge the Microscopy and Imaging facilities of the Mediterranean Institute of 610 Oceanography (Aix-Marseille University) and the staff. Thanks are also due to the 611 French Ministry of Higher Education, Research and Innovation for providing the PhD funding for C.-T. Chen. D. Bănaru received funding within the ANR 612 613 CONTAMPUMP project (N° ANR-19-CE34-0001). The project leading to this publication received funding from the European FEDER Fund under project 614 615 1166-39417 and the project MERITE (Marine Ecosystem Response to the Input of 616 contaminants in the coasTal zonE) which was funded by MERMEX MISTRAL CNRS. Thanks are expressed to the two anonymous reviewers and to the Associate 617 618 Editor Dr Ewan Hunter for their helpful comments for improving our manuscript.

- 619
- 620 **Declarations**
- 621 **Conflict of interest**
- 622 The authors declare that they have no conflicts of interest.
- 623 **Ethical approval**
- 624 All applicable national and/or institutional guidelines for sampling, care, and

625 experimental use of organisms for the study were followed.

626

627 **References**

- Albo-Puigserver M, Borme D, Coll M, et al (2019) Trophic ecology of range-expanding round sardinella and resident sympatric species in the NW Mediterranean. Mar Ecol Prog Ser 620:139–154. https://doi.org/10.3354/meps12962
- Bachiller E, Albo-Puigserver M, Giménez J, et al (2020) A trophic latitudinal
 gradient revealed in anchovy and sardine from the Western Mediterranean Sea
 using a multi-proxy approach. Sci Rep 10:17598.
 https://doi.org/10.1038/s41598-020-74602-y
- Bachiller E, Giménez J, Albo-Puigserver M, et al (2021) Trophic niche overlap
 between round sardinella (Sardinella aurita) and sympatric pelagic fish species in
 the Western Mediterranean. Ecology and Evolution 11:16126–16142.
 https://doi.org/10.1002/ece3.8293
- 640 4. Bachiller E, Irigoien X (2015) Trophodynamics and diet overlap of small pelagic
 641 fish species in the Bay of Biscay. Mar Ecol Prog Ser 534:179–198.
 642 https://doi.org/10.3354/meps11375
- 5. Bachiller E, Irigoien X (2013) Allometric relations and consequences for feeding
 in small pelagic fish in the Bay of Biscay. ICES J Mar Sci 70:232–243.
 https://doi.org/10.1093/icesjms/fss171
- 646 6. Bachiller E, Skaret G, Nøttestad L, Slotte A (2016) Feeding ecology of Northeast
 647 Atlantic Mackerel, Norwegian Spring-Spawning Herring and Blue Whiting in
 648 the Norwegian Sea. PLoS One 11:e0149238.
 649 https://doi.org/10.1371/journal.pone.0149238
- 650 7. Bănaru D, Carlotti F, Barani A, et al (2014) Seasonal variation of stable isotope
 651 ratios of size-fractionated zooplankton in the Bay of Marseille (NW
 652 Mediterranean Sea). J Plankton Res 36:145–156.
 653 https://doi.org/10.1093/plankt/fbt083
- 8. Bănaru D, Diaz F, Verley P, et al (2019) Implementation of an end-to-end model
 of the Gulf of Lions ecosystem (NW Mediterranean Sea). I. Parameterization,
 calibration and evaluation. Ecol Modell 401:1–19.

- 657 https://doi.org/10.1016/j.ecolmodel.2019.03.005
- Bănaru D, Mellon-Duval C, Roos D, et al (2013) Trophic structure in the Gulf of
 Lions marine ecosystem (north-western Mediterranean Sea) and fishing impacts.
 J Mar Syst 111–112:45–68. https://doi.org/10.1016/j.jmarsys.2012.09.010
- Banse K (1995) Zooplankton: Pivotal role in the control of ocean production: I.
 Biomass and production. ICES J Mar Sci 52:265–277.
 https://doi.org/10.1016/1054-3139(95)80043-3
- Bell J, Harmelin-Vivien ML (1983) Fish fauna of French Mediterranean *Posidonia oceanica* seagrass meadows. 2. Feeding habits. Tethys 11:1–14
- Brosset P, Le Bourg B, Costalago D, et al (2016) Linking small pelagic dietary
 shifts with ecosystem changes in the Gulf of Lions. Mar Ecol Prog Ser 554:157–
 171. https://doi.org/10.3354/meps11796
- Burbank J, Finch M, Drake DAR, Power M (2019) Diet and isotopic niche of
 eastern sand darter (*Ammocrypta pellucida*) near the northern edge of its range: a
 test of niche specificity. Can J Zool 97:763–772.
 https://doi.org/10.1139/cjz-2018-0291
- 673 14. Chen C-T (2019) Diet of planktivorous fish species of the Marseille region
 674 (Northwest of the Western Mediterranean). PhD Thesis, Aix-Marseille
 675 University
- 676 15. Chen C-T, Bănaru D, Carlotti F, et al (2019a) Seasonal variation in biochemical
 677 and energy content of size-fractionated zooplankton in the Bay of Marseille
 678 (North-Western Mediterranean Sea). J Mar Syst 199:103223.
 679 https://doi.org/10.1016/j.jmarsys.2019.103223
- 16. Chen C-T, Carlotti F, Harmelin-Vivien M, et al (2021) Temporal variation in
 prey selection by adult European sardine (*Sardina pilchardus*) in the NW
 Mediterranean Sea. Prog Oceanogr 196:102617.
 https://doi.org/10.1016/j.pocean.2021.102617
- 684 17. Chen C-T, Robitzch V, Sturaro N, et al (2019b) 'Homemade': the phenotypic
 685 diversity of coral reef damselfish populations is driven by the local environment.
 686 Biol J Linn Soc 127:361–376. https://doi.org/10.1093/biolinnean/blz049
- 18. Coe P, Johnson B, Kern J, et al (2001) Responses of Elk and Mule Deer to Cattle
 in Summer. Journal of Range Management 54:205

689 19. Cortés E (1997) A critical review of methods of studying fish feeding based on
690 analysis of stomach contents: application to elasmobranch fishes. Can J Fish
691 Aquat Sci 54:726–738. https://doi.org/10.1139/f96-316

- Costalago D, Navarro J, Álvarez-Calleja I, Palomera I (2012) Ontogenetic and
 seasonal changes in the feeding habits and trophic levels of two small pelagic
 fish species. Mar Ecol Prog Ser 460:169–181.
 https://doi.org/10.3354/meps09751
- 696 21. Costalago D, Palomera I (2014) Feeding of European pilchard *Sardina*697 *pilchardus* in the northwestern Mediterranean: from late larvae to adults. Sci Mar
 698 78:41–54. https://doi.org/10.3989/scimar.03898.06D
- 699 22. Costalago D, Palomera I, Tirelli V (2014) Seasonal comparison of the diets of 700 juvenile European anchovy Engraulis encrasicolus and sardine Sardina 701 in the Gulf of Lions. J Sea Res 89:64-72. pilchardus https://doi.org/10.1016/j.seares.2014.02.008 702
- Cresson P, Le Direach L, Rouanet E, et al (2019) Functional traits unravel
 temporal changes in fish biomass production on artificial reefs. Mar Environ Res
 145:137–146. https://doi.org/10.1016/j.marenvres.2019.02.018
- Cresson P, Ruitton S, Fontaine M-F, Harmelin-Vivien M (2012) Spatio-temporal variation of suspended and sedimentary organic matter quality in the Bay of Marseilles (NW Mediterranean) assessed by biochemical and isotopic analyses.
 Mar Poll Bull 64:1112–1121. https://doi.org/10.1016/J.MARPOLBUL.2012.04.003
- Cresson P, Ruitton S, Ourgaud M, Harmelin-Vivien M (2014) Contrasting
 perception of fish trophic level from stomach content and stable isotope analyses:
 A Mediterranean artificial reef experience. J Exp Mar Biol Ecol 452:54–62.
 https://doi.org/10.1016/j.jembe.2013.11.014
- 715 26. Dulčić J (2007) Diet composition of young-of-the-year damselfish, *Chromis*716 *chromis* (Linnaeus, 1758) (Osteichthyes: Pomacentridae), from the eastern
 717 Adriatic Sea. Cybium 31:95–96
- 27. El-Haweet A, Hegazy M, Abuhatab H, Sabry E (2005) Validation of length
 frequency analysis for *Boops boops* (bogue) growth estimation. Egypt J Aquat
 Res 31:399–408

- 28. El-Maremie H, El-Mor M (2015) Feeding habits of the Bogue, *Boops boops*(Linnaeus, 1758) (Teleostei: Sparidae) in Benghazi Coast, Eastern Libya. JLS
 10:189–196. https://doi.org/10.17265/1934-7391/2015.05.001
- 724 29. FAO (2020) The State of Mediterranean and Black Sea Fisheries (FAO, Rome,725 2020). FAO

30. Feuilloley G, Fromentin J-M, Stemmann L, et al (2020) Concomitant changes in
the environment and small pelagic fish community of the Gulf of Lions. Prog
Oceanogr 186:102375. https://doi.org/10.1016/j.pocean.2020.102375

- Fraysse M, Pairaud I, Ross ON, et al (2014) Intrusion of Rhone River diluted
 water into the Bay of Marseille: Generation processes and impacts on ecosystem
 functioning. J Geophys Res 119:6535–6556.
 https://doi.org/10.1002/2014JC010022
- 733 32. Frédérich B, Olivier D, Litsios G, et al (2014) Trait decoupling promotes
 roc Biol Sci 281:20141047. https://doi.org/10.1098/rspb.2014.1047
- 736 33. Frédérich B, Sorenson L, Santini F, et al (2013) Iterative ecological radiation and
 737 convergence during the evolutionary history of damselfishes (Pomacentridae).
 738 Am Nat 181:94–113. https://doi.org/10.1086/668599
- 34. GFCM (2019) Report of the Working Group on Stock Assessment of Small
 Pelagic Species (WGSASP). Scientific Advisory Committee on Fisheries. Rome:
 General Fisheries Commission for the Mediterranean, FAO. 61
- 35. Harmelin-Vivien M, Bănaru D, Dromard CR, et al (2019) Biochemical
 composition and energy content of size-fractionated zooplankton east of the
 Kerguelen Islands. Polar Biol 42:603–617.
 https://doi.org/10.1007/s00300-019-02458-8
- 36. Hussey NE, MacNeil MA, McMeans BC, et al (2014) Rescaling the trophic
 structure of marine food webs. Ecol Lett 17:239–250.
 https://doi.org/10.1111/ele.12226
- 749 37. Karachle PK, Stergiou KI (2013) Feeding and ecomorphology of three clupeoids
 750 in the North Aegean Sea. Mediterr Mar Sci 15:9–26.
 751 https://doi.org/10.12681/mms.350
- 752 38. Keast A (1978) Trophic and spatial interrelationships in the fish species of an

- 753 Ontario temperate lake. Environ Biol Fishes 3:7–31.
 754 https://doi.org/10.1007/BF00006306
- 39. Lamb PD, Hunter E, Pinnegar JK, et al (2019) How quantitative is
 metabarcoding: A meta-analytical approach. Mol Ecol 28:420–430.
 https://doi.org/10.1111/mec.14920
- 40. Le Bourg B, Bănaru D, Saraux C, et al (2015) Trophic niche overlap of sprat and
 commercial small pelagic teleosts in the Gulf of Lions (NW Mediterranean Sea).
 J Sea Res 103:138–146. https://doi.org/10.1016/j.seares.2015.06.011
- 41. Lomiri S, Scacco U, Mostarda E, Andaloro F (2008) Size- related and temporal
 variation in the diet of the round sardinella, *Sardinella aurita* (Valenciennes,
 1847), in the central Mediterranean Sea. J Appl Ichthyol 24:539–545.
 https://doi.org/10.1111/j.1439-0426.2008.01083.x
- 42. Mapstone GM, Wood EM (1975) The ethology of *Abudefduf luridus* and *Chromis chromis* (Pisces: Pomacentridae) from the Azores. J Zool 175:179–199.
 https://doi.org/10.1111/j.1469-7998.1975.tb01395.x
- 43. Millet B, Pinazo C, Bănaru D, et al (2018) Unexpected spatial impact of
 treatment plant discharges induced by episodic hydrodynamic events: Modelling
 Lagrangian transport of fine particles by Northern Current intrusions in the bays
 of Marseille (France). PLoS One 13:e0195257.
 https://doi.org/10.1371/journal.pone.0195257
- 44. Moullec F, Benedetti F, Saraux C, et al (2016) Climate change induces
 bottom-up changes in the food webs of the Mediterranean Sea. In: Moatti J-P,
 Thiébault S (eds) The Mediterranean region under climate change. IRD Éditions,
 Marseille, France, pp 219–228
- 45. Ourgaud M, Ruitton S, Bell JD, et al (2015) Response of a seagrass fish
 assemblage to improved wastewater treatment. Marine Pollution Bulletin 90:25–
 32. https://doi.org/10.1016/j.marpolbul.2014.11.038
- Pagès R, Baklouti M, Barrier N, et al (2020) Changes in rivers inputs during the
 last decades significantly impacted the biogeochemistry of the eastern
 Mediterranean basin: A modelling study. Prog Oceanogr 181:102242.
 https://doi.org/10.1016/j.pocean.2019.102242
- 47. Palomera I, Olivar MP, Salat J, et al (2007) Small pelagic fish in the NW

- 785 Mediterranean Sea: An ecological review. Prog Oceanogr 74:377–396.
 786 https://doi.org/10.1016/j.pocean.2007.04.012
- Peck MA, Alheit J, Bertrand A, et al (2020) Small pelagic fish in the new
 millennium: A bottom-up view of global research effort. Prog Oceanogr
 191:102494. https://doi.org/10.1016/j.pocean.2020.102494
- Petrenko A, Leredde Y, Marsaleix P (2005) Circulation in a stratified and
 wind-forced Gulf of Lions, NW Mediterranean Sea: in situ and modeling data.
 Cont Shelf Res 25:7–27. https://doi.org/10.1016/j.csr.2004.09.004
- 793 50. Pinkas L, Oliphant MS, Iverson ILK (1971) Food habits of albacore, bluefin tuna,
 794 and bonito in California waters. Fish Bull 152:1–105
- 795 51. Pinnegar JK (2018) Why the damselfish *Chromis chromis* is a key species in the
 796 Mediterranean rocky littoral a quantitative perspective. J Fish Biol 92:851–872.
 797 https://doi.org/10.1111/jfb.13551
- 52. Pinnegar JK, Polunin NVC, Videler JJ, de Wiljes JJ (2007) Daily carbon,
 nitrogen and phosphorus budgets for the Mediterranean planktivorous damselfish *Chromis chromis.* J Exp Mar Biol Ecol 352:378–391.
 https://doi.org/10.1016/j.jembe.2007.08.016
- 802 53. Post DM (2002) Using stable isotopes to estimate trophic position: models,
 803 methods, and assumptions. Ecology 83:16. https://doi.org/10.2307/3071875
- 804 54. Post DM, Layman CA, Arrington DA, et al (2007) Getting to the fat of the
 805 matter: models, methods and assumptions for dealing with lipids in stable isotope
 806 analyses. Oecologia 152:179–189. https://doi.org/10.1007/s00442-006-0630-x
- 807 55. R Core Team (2021) R: A language and environment for statistical computing. R
 808 Foundation for Statistical Computing, Vienna, Austria
- 809 56. Raimbault P, Boudouresque C-F, Bănaru D, et al (2021) Le milieu marin autour
 810 de Marseille. In: Raimbault P, Guiot J, Mazurek H, et al. (eds) Marseille et
 811 l'Environnement Bilan, Qualité et Enjeux Le développement durable d'une
 812 grande ville littorale face au changement climatique. Presses Universitaires de
 813 Provence, Marseille, France, pp 171–256
- 814 57. Razouls C, de Bovée F, Kouwenberg J, Desreumaux D (2005) Diversity and
 815 geographic distribution of marine planktonic copepods. In: Marine Planktonic
 816 Copepods. https://copepodes.obs-banyuls.fr/en/loc.php?loc=14

- Saraux C, Van Beveren E, Brosset P, et al (2019) Small pelagic fish dynamics: A
 review of mechanisms in the Gulf of Lions. Deep-Sea Res Pt II 159:52–61.
 https://doi.org/10.1016/j.dsr2.2018.02.010
- 820 59. Scharf FS, Juanes F, Rountree RA (2000) Predator size-prey size relationships of 821 marine fish predators: interspecific variation and effects of ontogeny and body 822 size on trophic-niche breadth. Mar Ecol Prog Ser 208:229-248. https://doi.org/10.3354/meps208229 823
- 824 60. Schoener TW (1970) Nonsynchronous Spatial Overlap of Lizards in Patchy
 825 Habitats. Ecology 51:408–418. https://doi.org/10.2307/1935376
- 826 61. STECF (2015) Scientific, Technical and Economic Committee for Fisheries
 827 (STECF) Mediterranean Assessments part 2 (STECF-15-06). Publications
 828 Office of the European Union, Luxembourg, EUR 27221 EN, JRC 95822
- 829 62. Stergiou KI (1993) Abundance-depth relationship, condition factor and adaptive
 830 value of zooplanktophagy for red bandfish, *Cepola macrophthalma*. Journal of
 831 Fish Biology 42:645–660. https://doi.org/10.1111/j.1095-8649.1993.tb00374.x
- 832 63. Stergiou KI, Karpouzi VS (2002) Feeding habits and trophic levels of
 833 Mediterranean fish. Rev Fish Biol Fish 11:217–254
- 64. Thoral E, Queiros Q, Roussel D, et al (2021) Changes in foraging mode caused
 by a decline in prey size have major bioenergetic consequences for a small
 pelagic fish. J Anim Ecol n/a: https://doi.org/10.1111/1365-2656.13535
- 837 65. Vander Zanden MJ, Clayton MK, Moody EK, et al (2015) Stable Isotope
 838 turnover and half-life in animal tissues: a literature synthesis. PLoS ONE
 839 10:e0116182. https://doi.org/10.1371/journal.pone.0116182
- 840 66. Vander Zanden MJ, Rasmussen JB (2001) Variation in δ¹⁵N and δ¹³C trophic
 841 fractionation: Implications for aquatic food web studies. Limnol Oceanogr
 842 46:2061–2066. https://doi.org/10.4319/lo.2001.46.8.2061
- 843 67. Velip DT, Rivonker CU (2018) Trophic dynamics of few selected nearshore
 844 coastal finfishes with emphasis on prawns as prey item. J Sea Res 136:28–36.
 845 https://doi.org/10.1016/j.seares.2018.03.002
- 846

- 848 Fig. 1. Planktivorous fish (black dots) and zooplankton sampling sites (Solemio, red star) in the Bay of
- 849 Marseille, NW Mediterranean Sea. Huveaune river (bold line), Cortiou sewage treatment plant (black850 triangle).

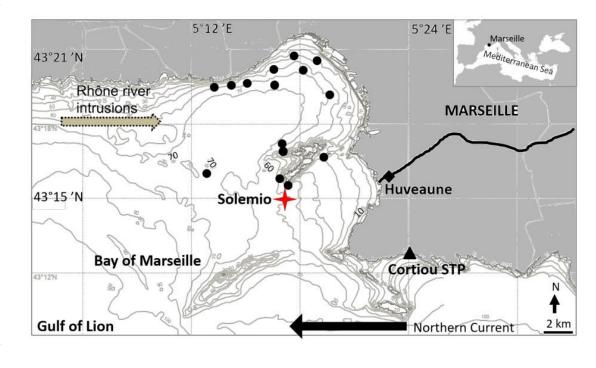


Fig. 2. Size spectrum (0.1 mm size classes) of zooplankton sampled in the Bay of Marseille between

856 March and September 2017 with an 80-µm mesh size net. Zooplankton (N = 2394) from 14 different 857 samples were measured.

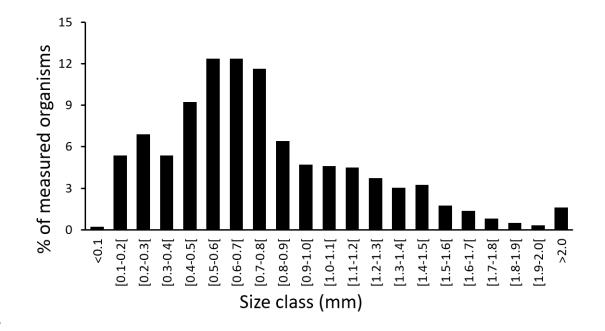
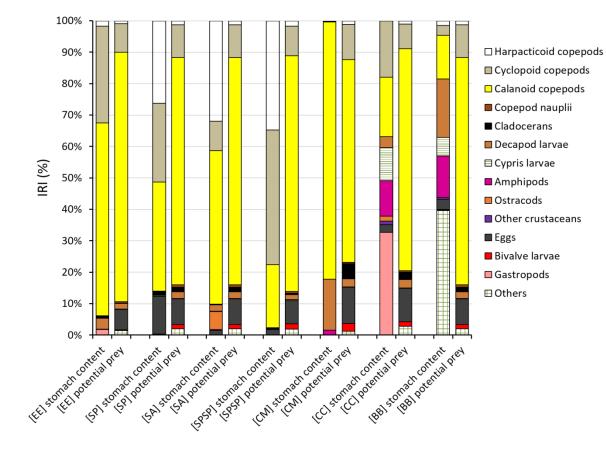


Fig. 3. Average index of relative importance (IRI%) of zooplankton in the stomach contents of each fish species compared to the composition of zooplankton sampled with the 80- μ m mesh size net (potential prey) from March to September 2017 in the Bay of Marseille. For abbreviations of species: [EE] = *E. encrasicolus*, [SP] = *S. pilchardus*, [SA] = *S. aurita*, [SPSP] = *S. sprattus*, [CM] = *C. macrophthalma*, [CC] = *C. chromis*, [BB] = *B. boops*.



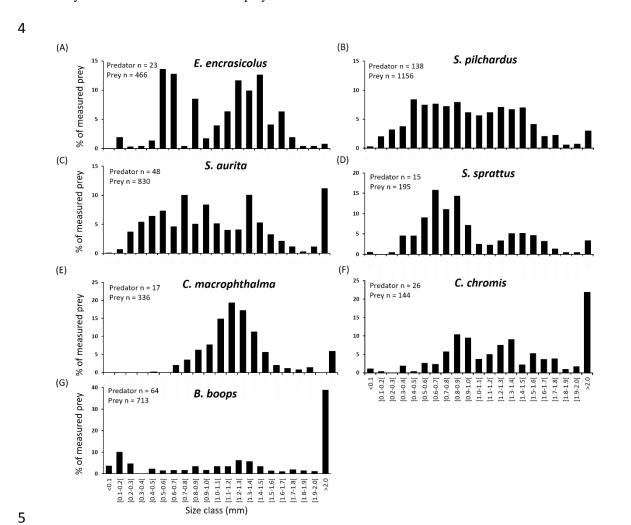
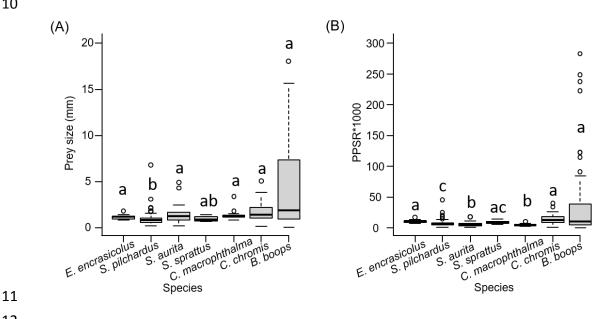


Fig. 4. Proportion of consumed prey by 0.1 mm size classes for the studied species (A - G) in the Bay

of Marseille (March to September 2017). "Predator n" is the number of stomachs of fish analyzed.
"Prey n" is the number of measured prey items in their stomach content.

6 Fig. 5. (A) Average prey size (± standard deviation) and (B) average predator-prey size 7 ratio (PPSR, values multiplied by 1000) by species in the Bay of Marseille (March to 8 September 2017). Superscript letters represent post-hoc groups and species with 9 same letters are not significantly different (P > 0.05).





12

14Fig. 6. Non-metric multi-dimensional scaling (nMDS) plot of the diet composition similarities (A)15based on stomach content analysis (IRI%, Bray-Curtis) and (B) based on isotope compositions (δ^{13} C16and δ^{15} N values, in ‰, Euclidean) of the studied planktivorous teleost species in the Bay of Marseille17(March to September 2017).

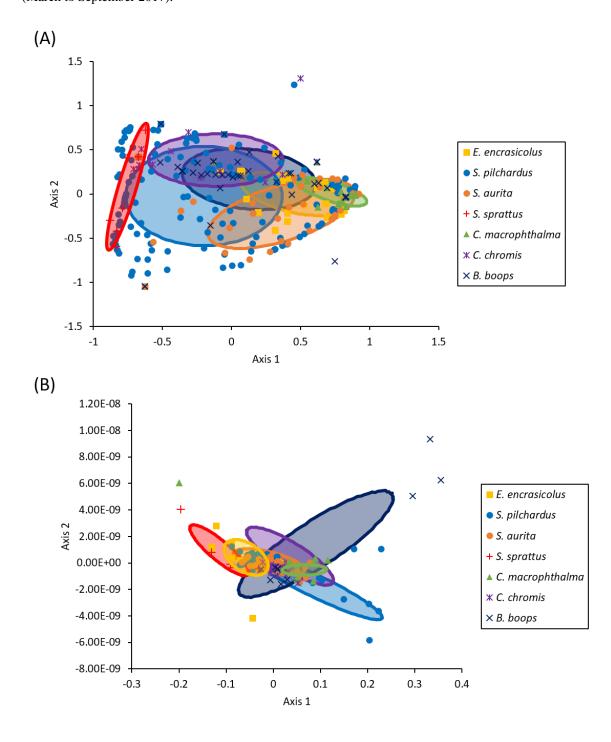


Table 1. Number of samples of planktivorous fish for total length measurements (TL), stomach content
 analyses (SCA) and stable isotope analyses (SIA) by month.

	<i>E</i> . (encrasico	olus	<i>S</i> .	pilchard	lus		S. aurita	!	, L	S. sprattu	S
Month	TL	SCA	SIA	TL	SCA	SIA	TL	SCA	SIA	TL	SCA	SIA
Mar.	4	4	4	97	44	11	7	10	5	0	0	0
Apr.	0	0	0	64	44	8	6	10	4	0	0	0
May	4	4	4	45	44	6	6	7	5	7	7	4
Jun.	0	0	0	28	28	8	26	8	9	0	0	0
Jul.	31	15	9	21	21	7	36	12	10	0	0	0
Aug.	0	0	0	35	20	8	30	17	8	0	0	0
Sep.	0	0	4	44	23	9	30	13	9	8	8	4
Total	39	23	21	334	224	57	141	77	50	15	15	8

Table 1 (continued). Number of samples of planktivorous fish for total length measurements (TL),
 stomach content analyses (SCA) and stable isotope analyses (SIA) by month.

	C. mad	crophthal	ma	(C. chromi	s		B. boops	
Month	TL	SCA	SIA	TL	SCA	SIA	TL	SCA	SIA
Mar.	0	0	0	0	0	0	33	11	11
Apr.	0	0	0	0	0	0	6	2	0
May	0	0	0	3	3	3	23	9	0
Jun.	17	17	9	18	18	9	16	6	0
Jul.	0	0	0	4	4	4	13	8	0
Aug.	0	0	0	1	1	1	27	22	0
Sep.	0	0	0	0	0	0	25	6	0
Total	17	17	9	26	26	17	143	64	11

28	Table 2 . Details of biometric measurements (n), minimum (min), maximum (max) and mean (± SD, standard deviation) of total length (cm), proportion of empty stomachs,
29	mean degree of stomach repletion (SRD) ($0 = \text{empty}, 5 = \text{full}$) (\pm SD) and stomach filling degree (SFD) (\pm SD) of the studied planktivorous fish species. Superscript letters
	represent post-hoc groups after Kruskal-Wallis tests comparing the total body length ($\chi^2 = 1059.90$, P = 0.002). Species with the same letters have similar sizes (P > 0.05).

Species	Family	n	Т	otal len	gth (cm))	Empty stomachs (%)	SRD	SFD
			min	max	mean	SD			
E. encrasicolus	Engraulidae	39	10.5	12.7	11.6 ^b	0.6	6.3	2.1 ± 1.2	21.1 ± 10.0^{bc}
S. pilchardus	Clupeidae	334	10.0	18.1	13.0 ^d	0.6	2.1	2.3 ± 1.3	$13.0\pm0.8^{\rm c}$
S. aurita	Clupeidae	141	15.5	27.5	23.4 ^c	1.3	19.7	2.4 ± 1.3	30.2 ± 26.4^{ab}
S. sprattus	Clupeidae	15	10.1	12.5	11.2 ^b	1.0	15.1	1.8 ± 1.1	50.4 ± 3.9^{a}
C. macrophthalma	Cepolidae	17	21.2	43.9	29.3 ^c	6.8	18.6	3.0 ± 1.3	68.9 ± 17.5^{a}
C. chromis	Pomacentridae	26	9.3	13.8	11.7 ^b	0.6	20.6	2.1 ± 1.1	$68.6\pm38.0^{\rm a}$
B. boops	Sparidae	143	15.1	35.0	19.9 ^a	1.8	13.6	2.2 ± 0.9	22.6 ± 6.9^{bc}

Table 3. Results of SIMPER analysis of prey groups that contributed to the dissimilarities (based on Bray-Curtis distances) of the diet of the studied planktivorous teleost species in the Bay of Marseille. Contrib. = Contribution, Cumulative % = cumulative contribution.

Prey groups	Average	Contrib. %	Cumulative %	Е.	<i>S</i> .	<i>S</i> .	<i>S</i> .	С.	С.	В.
	dissimilarity			encrasicolus	pilchardus	aurita	sprattus	macrophthalma	chromis	boops
Calanoid copepods	17.64	28.25	28.25	61.40	34.70	48.80	0.00	81.80	18.90	13.90
Cyclopoid copepods	12.05	19.30	47.55	30.80	25.10	9.36	60.70	0.10	17.80	3.09
Harpacticoid copepods	8.67	13.89	61.44	1.74	26.20	31.90	31.20	0.24	0.10	1.54
Others	5.69	9.12	70.56	0.00	0.33	0.00	0.00	0.00	0.00	39.60
Gastropods	4.84	7.75	78.31	1.74	0.00	0.01	0.00	0.00	32.70	0.19
Decapod larvae	4.27	6.83	85.14	3.44	0.08	2.01	0.00	16.20	3.49	18.60
Amphipods	3.03	4.86	90.00	0.00	0.02	0.09	0.00	1.60	11.30	13.10
Cypris larvae	2.08	3.34	93.33	0.01	0.33	0.00	0.00	0.00	10.50	5.97
Teleost eggs	2.08	3.32	96.66	0.03	12.00	1.46	2.66	0.00	2.45	3.24
Ostracods	0.97	1.55	98.21	0.00	0.00	5.71	0.00	0.00	1.60	0.03
Other crustaceans	0.65	1.04	99.25	0.00	0.01	0.30	3.59	0.00	1.16	0.55
Cladocerans	0.41	0.66	99.90	0.78	1.12	0.23	1.85	0.00	0.00	0.00
Bivalve larvae	0.03	0.05	99.96	0.10	0.00	0.01	0.00	0.00	0.00	0.17
Copepod nauplii	0.03	0.04	100.00	0.00	0.14	0.06	0.00	0.00	0.00	0.00

40 Table 4. Bray-Curtis' dissimilarity indices for the pairwise comparisons of the composition of stomach

41 content between the studied planktivorous fish species. The most significant (> 0.6) values of the index

42 are in bold.

Species	Е.	<i>S</i> .	<i>S</i> .	<i>S</i> .	С.	С.
species	encrasicolus	pilchardus	aurita	sprattus	macrophthalma	chromis
S. pilchardus	0.61					
S. aurita	0.59	0.28				
S. sprattus	0.50	0.42	0.37			
C. macrophthalma	0.76	0.78	0.77	0.83		
C. chromis	0.68	0.79	0.76	0.83	0.54	
B. boops	0.72	0.67	0.62	0.74	0.63	0.61

43

44 45 46

Table 5. Shannon's diversity (H') and Pielou's evenness index (J) calculated according to %IRI of the diet of the studied planktivorous fish species and for the zooplankton sampled with the 80 μm mesh

47 size net in the Bay of Marseille (March to September 2017). Superscript letters represent post-hoc

48 groups after Kruskal-Wallis tests. Values with the same post-hoc letters are not significantly different 49 (P > 0.05).

Species	H'	H'	J	J
	Stomach	Zooplankton	Stomach	Zooplankton
	content		content	
E. encrasicolus	$0.69 \pm 0.05^{\rm bc}$	0.85 ± 0.32	0.61 ± 0.15^{ab}	0.35 ± 0.12
S. pilchardus	$0.61\pm0.08^{\mathrm{bc}}$	1.00 ± 0.25	0.63 ± 0.11^{bc}	0.41 ± 0.10
S. aurita	0.69 ± 0.32^{bc}	1.00 ± 0.27	0.61 ± 0.22^{ab}	0.41 ± 0.11
S. sprattus	$0.95 \pm 0.08^{\circ}$	1.83 ± 0.24	$0.67\pm0.07^{\mathrm{abc}}$	0.60 ± 0.07
C. macrophthalma	0.29 ± 0.11^{a}	1.25 ± 0.08	$0.32\pm0.14^{\rm a}$	0.49 ± 0.05
C. chromis	0.71 ± 0.33^{c}	1.08 ± 0.26	$0.76 \pm 0.11^{\circ}$	0.44 ± 0.10
B. boops	0.47 ± 0.29^{ab}	1.00 ± 0.25	0.48 ± 0.21^{ab}	0.41 ± 0.10

50

Table 6. Bray-Curtis' dissimilarity indices for the pairwise comparisons of the prey size distribution
 between the studied planktivorous fish species. The highest significant (> 0.6) values of the index are in
 bold.

54

Spacios	Е.	<i>S</i> .	<i>S</i> .	<i>S</i> .	С.	С.
Species	encrasicolus	pilchardus	aurita	sprattus	macrophthal	ma chromis
S. pilchardus	0.49					
S. aurita	0.34	0.25				
S. sprattus	0.44	0.20	0.26			
C. macrophthalma	0.44	0.53	0.35	0.53		
C. chromis	0.48	0.39	0.27	0.37	0.31	
B. boops	0.63	0.61	0.48	0.62	0.54	0.39

Table 7. Mean (\pm standard deviation) δ^{13} C and δ^{15} N values and trophic levels (TL) of the planktivorous fish species

in the Bay of Marseille. Spearman's rho and associated P-value testing the rank correlation between the total body

- length and δ^{13} C, δ^{15} N and TL are indicated. n = sample size. Superscript letters represent post-hoc groups after Kruskal-Wallis test comparing the mean δ^{13} C and δ^{15} N values and the TLs. Values with the same post-hoc letters are not significantly different (P > 0.05). Significant rho correlation values are in bold.

00	not significantly	unicient (1 >	0.05). Significan	t mo conclation	values are in bolu.

1										
Species	n	δ ¹³ C (‰)	rho	Р	δ^{15} N (‰)	rho	Р	TL	rho	Р
E. encrasicolus	17	-19.8 ± 0.1^{ab}	-0.12	0.639	$7.2\pm0.6^{\circ}$	-0.66	0.004	$2.9\pm0.2^{\circ}$	-0.66	0.004
S. pilchardus	60	-20.0 ± 0.3^{a}	-0.45	0.001	8.3 ± 0.4^{bd}	0.04	0.755	3.2 ± 0.1^{bd}	0.04	0.755
S. aurita	50	-19.6 ± 0.2^{bc}	-0.08	0.595	8.0 ± 0.3^{d}	0.09	0.521	3.1 ± 0.1^{d}	0.09	0.521
S. sprattus	5	$-19.5 \pm 0.6^{\circ}$	0.00	1.000	6.9 ± 1.2^{cd}	0.00	1.000	2.8 ± 0.3^{cd}	0.00	1.000
C. macrophthalma	9	-21.1 ± 2.5^{bc}	0.37	0.169	9.3 ± 0.4^{a}	0.33	0.211	3.5 ± 0.1^{a}	0.33	0.211
C. chromis	17	-19.7 ± 0.1^{bc}	0.06	0.815	$8.3\pm0.2^{\mathrm{ab}}$	0.49	0.044	3.2 ± 0.1^{ab}	0.49	0.044
B. boops	11	-20.2 ± 0.4^{a}	-0.30	0.370	$10.6\pm3.8^{\rm a}$	0.85	0.001	3.9 ± 1.1^{a}	0.85	0.001

- species and pairwise comparisons of dietary niche overlap on the upper diagonal. The highest dietary niche width
- values and the high niche overlaps (> 0.60) are in bold.

Species	DNW S.	. pilchardu	s S. aurita	S. sprattus C	C. macrophthalm	a C. chromis	B. boops
E. encrasicolus	2.3	0.62	0.62	0.33	0.65	0.42	0.22
S. pilchardus	3.6		0.72	0.55	0.35	0.40	0.23
S. aurita	3.2			0.43	0.51	0.34	0.22
S. sprattus	2.6				0.00	0.22	0.08
C. macrophthalma	2.2					0.24	0.32
C. chromis	5.4						0.41
B. boops	4.1						

Table 8. Dietary trophic niche width (DNW) based on stomach content analysis of the studied planktivorous fish

70 **Table S1.** Regression equations of dry weight (DW) against total length (TL) used for zooplankters found in the field and/or in *S. pilchardus* stomach content during this study.

2

	Zooplankton group	DW (μg) -TL (μm)	Reference
Crustaceans			
Copepods	Calanoids		
	Pleuromamma	Log DW = 2.285 log TL - 5.965	Mauchline, 1998
	Calanus	Log DW = 2.790 log TL - 7.370	Mauchline, 1998
	Centropagidae	Log DW = 2.243 log TL -5.568	Mauchline, 1998
	Candaciidae	DW = 106.2	Pitois and Fox, 2006
	Temoridae	Log DW = 2.179 log TL - 5.567	Mauchline, 1998
	Acartidae	Log DW = 3.208 log TL - 7.644	Mauchline, 1998
	Lucicutidae	DW = 16.9	Delpy, 2013
	Isias	Log DW = 2.33 log TL - 3.034	Dumont et al., 1975
	Clauso/Paracalanidae	Log DW = 2.738 log TL - 6.934	Mauchline, 1998
	Cyclopoids		
	Oncaeidae	DW = 1.34	Borme et al. 2009
	Corycaeidae	DW = 62	Pitois and Fox, 2006
	Oithonidae	DW = 2.2	Pitois and Fox, 2006
	Harpacticoids		
	Microsetella/Macrosetella	Log DW = 2.648 Log TL – 17.937	Satapoomin, 1999
	Euterpinidae	Log DW = 2.857TL – 7.857	Ara, 2001
	Distioculus	Log DW = 4.400TL + 0.176	Dumont et al., 1975
	Clytemnestra	DW = 0.3	Delpy, 2013
Cladocerans	Evadne	Log DW = 0.033TL – 7.785	van der Lingen 2002
	Podon	DW = 1.6	Fonda Umani et al. 1979
Ostracods	Ostracods	DW = 6.036	Borme et al. 2009
Amphipods	Phronima	DW = 40; DW = 770	Le Bourg et al. 2015
• •	Other amphipods	DW = 40	Le Bourg et al. 2015
Larvae			U
Crustaceans	Copepod nauplii	Log DW = 2.848 log TL - 7.265	Borme et al. 2009
	Cirriped nauplii	DW = 1.1	Borme et al. 2009
	Cirriped cypris	DW = 5.4	Hopkins, 1966
	Decapods Zoea	DW = 27.798	Borme et al. 2009
	Euphausiids	Log DW = 2.8 log TL + 0.456	Lindley et al., 1999
	Isopods	Log DW = 4.51 log TL – 11.64	Hopkins 1966
Mollusks	Bivalve	DW = 3.758	La Mesa et al. 2008
	Pteropods	DW = 0.6	Borme et al. 2009
Sinhononhoras		DW = 0.0	Hopkins 1966
Siphonophores Ophiuroide			-
Ophiuroids		Log DW = 2.22 log TL - 2.24	Robinson et al. 2010
Polychaetes	Consistence	$Log DW = 1.92 log_TL + 0.17$	Galasso et al. 2018
Chaetognaths	Sagitta spp.	Log DW = 1.875- 1.442 log TL	Vergara-Soto et al. 2010
Teleost eggs	Anchovy eggs	DW = 30.1	Borme et al. 2009

74Table S2-1. Mean stomach content composition of the studied planktivorous fish species in the Bay of Marseille from March to September 2017. O% =75percentage of prey occurrence, N% = percentage of prey numerical abundance, W% = percentage of prey weight. IRI% = percentage of relative importance

76 index. The highest percentages by species are in bold.

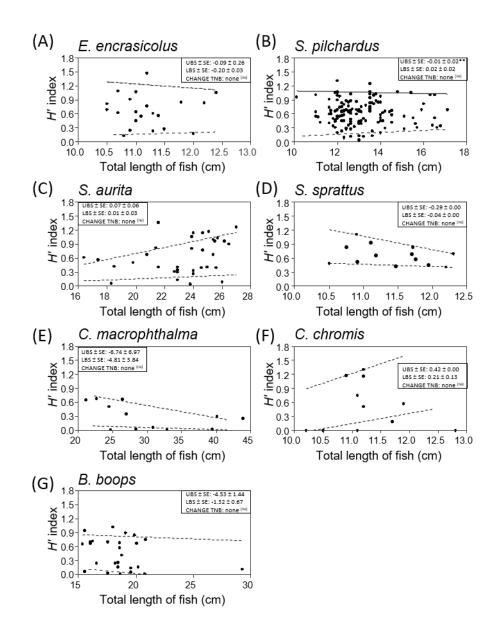
Prey category	E. encrasicolus				S. pilchardus				S. aurita				S. sprattus			
	0%	N%	W%	IRI%	0%	N%	W%	IRI%	0%	N%	W%	IRI%	0%	N%	W%	IRI%
Harpacticoid copepods	0.3	3.0	3.0	1.7	0.6	26.2	23.4	26.2	0.7	32.3	31.2	31.9	0.5	30.3	26.4	34.7
Cyclopoid copepods	0.8	28.2	29.4	30.8	0.6	22.8	24.1	25.1	0.3	10.4	10.5	9.4	1.0	15.8	19.1	42.9
Calanoid copepods	0.9	57.7	56.5	61.4	0.6	32.5	33.4	34.7	0.7	42.7	43.6	48.8	0.2	49.1	49.3	20.1
Copepod nauplii	0.0	0.0	0.0	0.0	0.0	0.9	1.0	0.1	0.0	0.3	0.3	0.1	0.0	0.0	0.0	0.0
Cladocerans	0.2	2.1	2.1	0.8	0.1	2.6	2.6	1.1	0.1	0.6	0.6	0.2	0.1	1.0	1.1	0.3
Decapod larvae	0.4	4.6	4.6	3.4	0.0	0.5	0.5	0.1	0.3	3.2	3.3	2.0	0.0	0.0	0.0	0.0
Cypris larvae	0.0	0.1	0.1	0.0	0.0	1.4	1.4	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Amphipods	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.5	0.6	0.1	0.0	0.0	0.0	0.0
Ostracods	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	5.7	5.7	5.7	0.0	0.0	0.0	0.0
Other crustaceans	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.5	0.5	0.3	0.1	1.0	1.1	0.3
Eggs	0.0	0.4	0.4	0.0	0.3	11.7	12.1	12.0	0.1	3.6	3.6	1.5	0.4	1.5	1.7	1.8
Bivalve larvae	0.1	0.4	0.4	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Gastropods	0.3	3.4	3.4	1.7	0.0	0.1	0.1	0.0	0.0	0.1	0.1	0.0	0.0	1.2	1.2	0.0
Others	0.0	0.0	0.0	0.0	0.1	1.0	1.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

77 78 79 80 Table S2-2. Mean stomach content composition of the studied planktivorous fish species in the Bay of Marseille from March to September 2017. O% = percentage of prey occurrence, N% = percentage of prey numerical abundance, W% = percentage of prey weight. IRI\% = percentage of relative importance index. The highest percentages by species are in **bold**.

Prey category	С. п	nacro	phthe	alma	С. с	hrom	is		B. boops				
	0%	N%	W%	IRI%	0%	N%	W%	IRI%	0%	N%	W%	IRI%	
Harpacticoid copepods	0.3	0.6	0.6	0.2	0.1	0.4	0.2	0.1	0.2	4.1	1.5	1.5	
Cyclopoid copepods	0.1	0.6	0.6	0.1	0.7	19.0	19.2	17.8	0.1	5.5	2.1	3.1	
Calanoid copepods	0.9	72.5	74.7	81.8	0.6	20.3	20.3	18.9	0.4	13.6	4.7	13.9	
Copepod nauplii	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
Cladocerans	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
Decapod larvae	0.8	19.5	17.3	16.2	0.3	4.9	4.9	3.5	0.3	22.5	8.6	18.6	
Cypris larvae	0.0	0.0	0.0	0.0	0.3	10.7	10.7	10.5	0.1	6.3	1.2	6.0	
Amphipods	0.2	6.8	6.8	1.6	0.3	6.9	7.0	11.3	0.2	14.5	8.7	13.1	
Ostracods	0.0	0.0	0.0	0.0	0.3	1.8	1.8	1.6	0.0	0.3	0.2	0.0	
Other crustaceans	0.0	0.0	0.0	0.0	0.1	1.8	1.8	1.2	0.1	0.7	5.5	0.5	
Eggs	0.0	0.0	0.0	0.0	0.1	4.6	4.6	2.4	0.1	5.4	2.0	3.2	
Bivalve larvae	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.8	0.5	0.2	
Gastropods	0.0	0.0	0.0	0.0	0.7	29.5	29.5	32.7	0.1	0.6	0.4	0.2	
Others	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	28.8	64.6	39.6	

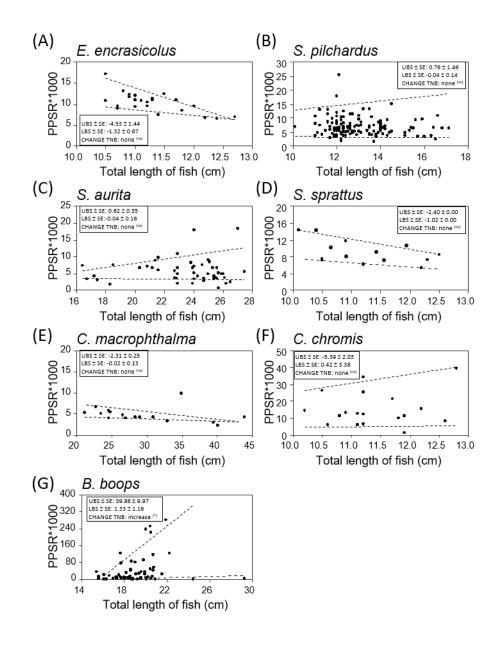
82 Fig. S1. Scatter plots illustrating Shannon-Wiener diversity index (H') of prey as functions of predator 83 total body length (cm) for the studied species in the Bay of Marseille from March to September 2017. 84 Each point represents the prey diversity in the stomach content of a single fish. Dotted quantile 85 regression lines represent changes in the range of diversity as trophic niche breadth (TNB) with 86 increasing predator size. Upper- (UBS) and lower-bound slopes (LBS) are quantile regressions 87 estimating 90th (upper) and 10th (lower) quantiles of diversity vs. predator length comparisons (*** P < 88 0.0001, ** P < 0.001, * P < 0.01, ' P < 0.1, none = not significant). SE is the standard error of each 89 quantile regression. Results from quantile regressions of diversity vs. predator length comparisons are 90 also presented. CHANGE TNB represents decreases or increases in trophic niche breadth based on 91 statistically significant differences between UBS and LBS (P > 0.05 and thus no change in TNB for 92 all).

93



96 Fig. S2. Scatter plots illustrating prey-predator size ratios (PPSR)*1000 as functions of predator total 97 body length (cm) of the studied species in the Bay of Marseille from March to September 2017. Each 98 point represents the PPSR*1000 in the stomach content of a single fish. Solid quantile regression lines 99 represent significant changes in the range of the PPSR*1000 as trophic niche breadth (TNB) with 100 increasing predator size while dotted quantile regression lines represent non-significant changes. 101 Upper- (UBS) and lower-bound slopes (LBS) are quantile regressions estimating 90th (upper) and 10th 102 (lower) quantiles of PPSR*1000 vs. predator length comparisons (*** P < 0.0001, ** P < 0.001, * P < 103 0.01, ' P < 0.1, none = not significant). SE is the standard error of each quantile regression. Results 104 from quantile regressions of PPSR*1000 vs. predator length comparisons are also presented. CHANGE 105 TNB represents decreases or increases in trophic niche breadth based on statistically significant 106 differences between UBS and LBS (P > 0.05). There was no change in TNB for all species, except for 107 *B. boops* (P = 0.004).

108



111 **References**

- Ara K (2001) Length-weight relationships and chemical content of the planktonic copepods in the Cananeia Lagoon estuarine system, Sao Paulo, Brazil.
 Plankton Biol Ecol 48:121–127.
- Borme D, Tirelli V, Brandt SB, Umani SF, Arneri E (2009) Diet of *Engraulis encrasicolus* in the northern Adriatic Sea (Mediterranean): ontogenetic changes
 and feeding selectivity. Mar Ecol Prog Ser 392:193–209.
- Delpy F (2013) Ecologie du ctenophore *Mnemiopsis leidyi* (Agassiz, 1865) dans
 l'Etang de Berre : Etude des facteurs contrôlant sa population et son impact
 potentiel sur l'écosystème planctonique. thesis, Aix-Marseille
- 121 4. Dumont HJ, Van de Velde I, Dumont S (1975) The dry weight estimate of biomass in a selection of Cladocera, Copepoda and Rotifera from the plankton, periphyton and benthos of continental waters. Oecologia 19:75–97.
- 5. Fonda Umani S, Specchi M, Buda-Dancevich M, Zanolla F (1979) Lo
 zooplancton raccolto presso le due bocche principali della Laguna di Grado (Alto
 Adriatico Golfo di Trieste). I. Boll Soc Adriat Sci 63:83–95.
- 6. Galasso HL, Richard M, Lefebvre S, Aliaume C, Callier MD (2018) Body size
 and temperature effects on standard metabolic rate for determining metabolic
 scope for activity of the polychaete *Hediste (Nereis) diversicolor*. PeerJ 6:e5675.
- 130 7. Hopkins TL (1966) A volumetric analysis of the catch of the Isaacs-Kidd
 131 midwater trawl and two types of plankton net in the Antarctic. Aust J Mar
 132 Freshwat Res 17:147–154.
- 133 8. La Mesa M, Borme D, Tirelli V, Poi ED, Legovini S, Umani SF (2008) Feeding
 134 ecology of the transparent goby *Aphia minuta* (Pisces, Gobiidae) in the
 135 northwestern Adriatic Sea. Sci Mar 72:99–108.
- 136 9. Le Bourg B, Bănaru D, Saraux C, Nowaczyk A, Le Luherne E, Jadaud A, Bigot
 137 JL, Richard P (2015) Trophic niche overlap of sprat and commercial small
 138 pelagic teleosts in the Gulf of Lions (NW Mediterranean Sea). J Sea Res
 139 103:138–146.
- 140 10. Lindley JA, Robins DB, Williams R (1999) Dry weight carbon and nitrogen
 141 content of some euphausiids from the north Atlantic Ocean and the Celtic Sea. J
 142 Plankton Res 21:2053–2066.
- 143 11. van der Lingen CD (2002) Diet of sardine Sardinops sagax in the southern
 144 Benguela upwelling ecosystem. South African Journal of Marine Science
 145 24:301–316.
- Mauchline J (1998) The biology of calanoid copepods. In: *Advances in Marine Biology*. Blaxter JHS, Southward AJ, Tyler PA (eds) Academic Press, San Diego, USA, p 245–292
- 149 13. Pitois SG, Fox CJ (2006) Long-term changes in zooplankton biomass
 150 concentration and mean size over the Northwest European shelf inferred from
 151 continuous plankton recorder data. J Mar Sci 63:785–798.
- 14. Robinson LA, Greenstreet SPR, Reiss H, Callaway R, Craeymeersch J, Boois I,
 Degraer S, Ehrich S, Fraser HM, Goffin A, Kröncke I, Jorgenson LL, Robertson
 MR, Lancaster J (2010) Length–weight relationships of 216 North Sea benthic
 invertebrates and fish. J Mar Biol Ass 90:95–104.
- 15. Satapoomin S (1999) Carbon content of some common tropical Andaman Sea
 157 copepods. J Plankton Res 21:2117–2123.
- 158 16. Vergara-Soto O, Calliari D, Tiselius P, Escribano R, González ML,
 159 Soto-Mendoza S (2010) Functional response of *Sagitta setosa* (Chaetognatha)
 160 and *Mnemiopsis leidyi* (Ctenophora) under variable food concentration in the

- 161 Gullmar fjord, Sweden. Rev Biol Mar Oceanogr 45:35–42.