

Thyroid Hormone Receptor α Regulates Autophagy, Mitochondrial Biogenesis, and Fatty Acid Use in Skeletal Muscle

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1 Thyroid hormone receptor-α regulates autophagy, mitochondrial biogenesis, and fatty

2 acid utilization in skeletal muscle

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- 25

26 Abstract

Skeletal muscle (SM) weakness occurs in hypothyroidism and resistance to thyroid hormone alpha (RTH α) syndrome. However, the cell signaling and molecular mechanism(s) underlying muscle weakness under these conditions is not well understood. We thus examined the role of thyroid hormone receptor alpha (TR α), the predominant TR isoform in SM, on autophagy, mitochondrial biogenesis and metabolism to demonstrate the molecular mechanism(s) underlying muscle weakness in these two conditions.

33 Two genetic mouse models, $TRa1^{PV/4}$ mice which expresses mutant Thra1PV gene 34 ubiquitously, and *SM-TRa1^{L400R/+}* mice, which expresses $TRa1^{L400R}$ in a muscle-specific manner, 35 were used in this study. Gastrocnemius muscle from $TRa1^{PV/4}$, *SM-TRa1^{L400R/+}*, and their control 36 mice was harvested for analyses.

37 We demonstrated that loss of TR α 1 signaling in gastrocnemius muscle from both the genetic 38 mouse models led to decreased autophagy as evidenced by accumulation of p62 and decreased 39 expression of lysosomal markers (LAMP1, and LAMP2) and lysosomal proteases (cathepsin B 40 and cathepsin D). The expression of PGC1 α , TFAM, and ERR α , key factors contributing to 41 mitochondrial biogenesis as well as mitochondrial proteins were decreased, suggesting that there 42 was reduced mitochondrial biogenesis due to the expression of mutant TRα1. Transcriptomic and 43 metabolomic analyses of SM suggested that lipid catabolism was impaired, and was associated 44 with decreased acylcarnitines and tricarboxylic acid cycle (TCA cycle) intermediates in the SM 45 from the mouse line expressing SM-specific mutant TRα1. Our results provide new insight into 46 TRα1-mediated cell signaling, molecular, and metabolic changes that occur in SM when TR action 47 is impaired.

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51 Introduction

52 Hypothyroidism is a common chronic condition that can occur in as many as 5% of the adult 53 population in some countries (2.3). Patients with hypothyroidism have decreased resting energy 54 expenditure and muscle strength (4,5). Additionally, thyroid hormone (TH) has profound effects 55 on SM architecture, metabolism, contractile function, myogenesis and regeneration (6-8). 56 Interestingly, TH stimulates both glycolysis and/or fatty acid β -oxidation in myocytes (9,10). It 57 also induces the transition from slow twitch to fast twitch muscle fibers as well as the metabolic 58 changes associated with that transition (6,10,11). Thus, it can stimulate SM activity based upon 59 muscle fiber type and/or fuel availability. TH also increases autophagy/mitophagy and 60 mitochondrial biogenesis (11). However, the effects of hypothyroidism on these processes is not 61 well understood.

62 Thyroid hormone receptor alpha1 (TRα1) is the pre-dominant receptor isoform in SM, and 63 is thought to mediate most of TH's actions in SM (12). Animal and human studies on the actions 64 of TH in SM have examined hypo- or hyperthyroidism at the systemic level (13). Thus, little is 65 known about the direct effects of TH on transcription, metabolism, and mitochondria on SM in 66 vivo when its actions are impaired during hypothyroidism or resistance to thyroid hormone alpha 67 (RTH α). Patients with RTH α have been reported to harbor TR α mutations, (TRa1E403X, 68 TRa1F397fs406X, or TRa1A397PfsX7) (14-16). Although patients were heterozygotes, they 69 exhibited classical features of hypothyroidism in tissues that expressed high levels of TRa such 70 as heart, skeletal muscle, and bone (14-16). Furthermore, these mutations exhibited dominant 71 negative action and interfered with the transcriptional activity of wildtype TR α (14-16). The 72 isoform-specific role of TRa1 on metabolism and mitochondrial activity has been examined in 73 several tissues (12,13) but little is known about TRa1's role in SM. Accordingly, we examined 74 two genetic mouse models in which dominant negative mutant TRa1s were expressed 75 ubiquitously or in a skeletal muscle-specific manner. These mutant TRα1s both had impaired 76 hormone binding to TH, decreased transcriptional activity, and dominant negative activity on

normal TRα isoforms (17,18). These abnormalities due to mutant TRα1 were not rescued by TH
administration (19). We examined the effects of inhibiting TRα1 activity on SM on autophagy,
mitochondrial turnover, lipid metabolism, and muscle fiber phenotype to better understand the
molecular pathogenesis underlying the impaired energy metabolism observed in SM of patients
with hypothyroidism and RTHα syndrome.

82 Materials and Methods

83 Animal models

 $TRa^{AMI/+}$ mice were generated and genotyped as described earlier (18). $TRa^{AMI/+}$ mice allow 84 the conditional expression of a TRa1 point mutant, in which the leucine present in the AF2 is 85 converted into an arginine (L400R). The $TRa1^{L400R}$ reading frame flanked by the upstream 86 87 PGKNeoRpolyA and the downstream IRESTaulacZ cassettes, was introduced in the mouse 88 THRA locus by homologous recombination under its natural promoter. The upstream 89 PGKNeoRpolyA cassette contains a simian virus 40 (SV40) polyadenylation signal, which arrests most transcription and prevents any TRa1L400R translation. Because the upstream 90 PGKNeoRpolyA cassette is flanked by two tandem loxP sequences, the expression of TRa^{AMI} 91 92 allele was induced only after CRE/loxP-mediated DNA recombination (18). To generate musclespecific TRa^{AMI/+} mice (referred as SM-TRa1^{L400R/+} mice thereafter), TRa^{AMI/+} mice then were 93 94 crossed with human skeletal actin (HSA)-cre mice, which enabled the expression of TRa1^{L400R} specifically in the muscle, while the TRa^{AMI/+} mice served as control (referred as Control 95 96 thereafter). Three to five-month old male mice were used for this study. This animal study was 97 carried out in accordance with the European Community Council Directive of September 22, 98 2010 (2010/63/EU) regarding the protection of animals used for experimental and other scientific 99 purposes. The research project was approved by a local animal care and use committee 100 (C2EA015) in Lyon and subsequently authorized by the French Ministry of Research.

101 Mice harbouring the mutant Thra1PV gene ($TRa1^{PV/4}$ mice) and *wild-type* littermates were 102 prepared and genotyped as described earlier (17). Three to four month old female mice were

used for this study. This animal study was carried out according to the protocol approved by the
 National Cancer Institute Animal Care and Use Committee.

Animals were housed in hanging polycarbonate cages under a 12-hour light/12-hour dark cycle at 23°C with food and water available ad libitum. Animals were sacrificed in CO2 chambers and gastrocnemius muscle were collected in liquid N2 and subsequently used for protein isolation.

109 Western Blot

110 A total of 20–40 mg gastrocnemius muscle were used to generate protein lysate, and the 111 following western blotting procedure was performed as described (10). Visualization was 112 performed using the enhanced chemiluminescence system (GE Healthcare). Densitometric 113 analyses of western blot images were performed by using Image J software (NIH, Bethesda, MD, 114 United States). Phosphorylated protein was normalized to total protein, and others were 115 normalized to GAPDH or β -actin. Antibodies information listed in Supplementary Table 1(1).

116 **RNA-seq and pathway analysis**

117 RNA was isolated from gastrocnemius muscle tissue using QIAzol (Qiagen, Hilden, 118 Germany), followed by clean-up using Invitek Mini Kit (Invitek, San Francisco, CA) following the 119 manufacturer's protocol. RNA-seq and pathway analysis on pooled samples of each *Control* 120 (n=4) and *SM-TRa1^{L400R/+}* (n=4) was performed by NovogeneAIT Genomics Singapore Pte Ltd. 121 Briefly, Alignments were parsed using Tophat program and differential expressions were 122 determined through DESeg2/edgeR. GO enrichment were implemented by the ClusterProfiler.

123 Metabolomics

In accordance with previously established mass spectrometry (MS)-based methods, gastrocnemius muscle samples were used for quantitative determination of targeted metabolite levels for acylcarnitine species and organic acids by the Metabolomics Core Facility of Duke-NUS Medical School (10). Muscle tissue was homogenized in 50% acetonitrile and 0.3% formic acid. For acylcarnitine and organic acid extraction, 100 µL of tissue homogenate was extracted

using methanol. The acylcarnitine extracts were derivatized with 3 M hydrochloric acid in methanol, dried, and reconstituted in methanol for analysis in liquid chromatography/mass spectrometry (LC/MS). Organic acid extracts were derivatized to form butyl esters using 3 M HCl in butanol. Samples were then reconstituted in 80% aqueous methanol and 4 μ L of this solution was used for analysis. The heatmap of lipidomic profiling was presented as mean value of each group using normalized percentage value for each lipid species, with smallest mean defined as 0%, and largest mean defined as 100%. All the analysis was done using GraphPad Prism 8.

136

137 Statistical Analysis

138 The comparison between *SM-TRa1^{L400R/+}* and *Control* mice, and *TRa1^{PW/+}* mice with its *wild-*139 *type* littermates were conducted using unpaired parametric Student's t-test in GraphPad Prism. 140 Statistical significance was declared at a p*p <0.05, **p <0.01, ****p<0.0001.

141

142 **Results**

143 TRα1 mutation decreased autophagy in gastrocnemius muscle

In the current study, we used two mouse models expressing dominant-negative mutations in TRa1: *SM-TRa1^{L400R/+}* knock-in mice which were heterozygous for a dominant negative *TRa1^{L400R}* point mutation (conversion of a Leucine to an Arginine in the AF2 domain) that was conditionally expressed in SM; and $TRa1^{PV/+}$ knock-in mice which were heterozygous for a dominant negative TRa1^{PV} frameshift mutation that was ubiquitously expressed. $TRa1^{PV/+}$ mice faithfully recapitulated the phenotype exhibited by patients with mutations of the *THRA* gene (17).

We previously observed that TH stimulated autophagy in SM (11), so we examined autophagy in the gastrocnemius muscle from *SM-TRa1*^{L400R/+} and *Control* mice. The protein levels of LC3B-II and p62 were elevated in *SM-TRa1*^{L400R/+} mice compared to *Controls* (Fig. 1A). Similarly, p62 accumulated in gastrocnemius muscle from *TRa1*^{PV/+} mice (Fig. 1B). Since p62 accumulates

155 when autophagic flux is decreased (20), the increase in p62 protein levels suggested there was 156 decreased autophagy in both mouse strains. We also assessed p62 level in wildtype C57BL/6 157 mice injected with normal saline or T_3 , and found that T_3 decreased p62 in wildtype mice 158 (Supplementary Fig. 1(1)), confirming that T_3 negatively regulates p62 protein. We next assessed 159 the expression of lysosomal marker proteins such as lysosomal-associated membrane protein 1 160 (LAMP-1) and lysosomal-associated membrane protein 2 (LAMP-2), and the lysosomal 161 proteases, cathepsin B and cathepsin D. There was decreased expression of these lysosomal proteins in SM from SM-TRa1^{L400R/+} mice compared to Control mice (Fig. 2A-B). Similar 162 163 decreases in LAMP1, cathepsin B and cathepsin D protein expression also were seen in SM from TRa1^{PV/+} mice (Fig. 2D). We next investigated the phosphorylation of TFEB (Fig. 2C and 164 165 2E), a key transcription factor for lysosomal biogenesis genes that is inhibited by mTOR 166 phosphorylation at Ser142 (21). Decreased total TFEB and/or increased phosphorylated TFEB protein levels led to an increased p-TFEB/TFEB ratios that were higher in SM-TRa1^{L400R/+} and 167 TRa1^{PV/+} mice than controls (Fig. 2C and 2E). Taken together, these results showed that the 168 169 expression of mutant TRa1 in SM decreased autophagy and decreased lysosomal protein 170 expression.

171 The mammalian target of rapamycin (mTOR) and AMP-activated protein kinase (AMPK) 172 signaling are two major pathways that control autophagy, and both are regulated by TH (11,22). 173 We found increased phosphorylation of two mTOR targets, eukaryotic translation initiation factor 174 4E (eIF4E)-binding protein 1 (4EBP1) and p70S6 kinase (p70S6K) (Fig. 3A-C), suggesting an increase in mTOR signaling in the SM from SM-TRa1^{L400R/+} mice. There also was decreased 175 176 phosphorylation of AMPK and adipose triglyceride lipase (ATGL) at Ser406 (Fig. 3D-F), a site 177 that is phosphorylated by AMPK (23) in the SM from SM-TRa1^{L400R/+} mice. Similarly, there was 178 increased phosphorylation of 4EBP1 and decreased phosphorylation of ATGL in the SM from 179 $TRa1^{PV/+}$ mice (Supplementary Fig. 2(1)). These findings showed that expression of mutant TRa1 180 in SM led to increased mTOR and decreased AMPK signaling.

181 TRα1 mutation decreased mitochondrial turnover in gastrocnemius muscle

182 TH increased mitochondrial turnover by increasing mitophagy and mitochondrial biogenesis (11,22,24). We examined several mitophagy markers in SM from SM-TRa1^{L400R/+} and Control 183 184 mice. There was no change in the expression of PINK1; however, protein levels of Drp1 and parkin were decreased in SM-TRa1^{L400R/+} mice (Fig. 4), suggesting that mitophagy may have 185 been impaired in SM-TRa1^{L400R/+} mice. In SM from $TRa1^{PV/+}$ mice, the protein levels of parkin 186 187 was unchanged but Drp1 was decreased (Supplementary Fig. 3(1)). The decreases in Drp1 188 expression also suggested that mitochondrial fission might be impaired in both mouse strains. 189 We also assessed Drp1 levels in wildtype C57BL/6 mice injected with normal saline or T₃, and 190 found that T_3 did not affect Drp1 expression in wildtype mice (Supplementary Fig. 4(1)). Thus, it 191 is possible that Drp1 expression is regulated at physiological levels of T_3 but is not further 192 increased during hyperthyroidism.

193 Peroxisome proliferator-activated receptor gamma coactivator 1-alpha (PGC1 α), 194 mitochondrial transcription factor A (TFAM) and estrogen-related receptor alpha (ERRa) are key 195 factors involved in mitochondrial biogenesis (24,25). PGC1 α , TFAM, and ERR α protein levels were decreased in the SM from SM-TRa1^{L400R/+} mice (Fig. 5A), suggesting that TRa1^{L400R} 196 197 decreased mitochondrial biogenesis. Mitochondrial proteins such as translocase of outer 198 mitochondrial membrane 20 (TOMM20), voltage-dependent anion channel 1 (VDAC1), and cytochrome c oxidase subunit 411 (COXIV) also were decreased in SM-TRa1^{L400R/+} mice (Fig. 199 200 5B-C). Similarly, *TRα1^{PV/+}* mice exhibited decreased protein levels of ERRα, TOMM20, VDAC1 201 and COXIV in SM (Fig. 5D). These results suggested that mutant TRα1 decreased mitochondrial 202 biogenesis and content in SM.

203 Dysregulated mitochondrial metabolism in muscle from *SM-TRa1*^{L400R/+} mice

We previously showed that TH increased β -oxidation of fatty acids by inducing hepatic lipophagy and CPT1 α expression (26,27). We thus examined carnitine palmitoyltransferase I β (CPT1 β) protein expression and found that it was lower in SM of *SM-TRa1*^{L400R/+} mice

207 (Supplementary Fig. 5A(1)). The expression of CPT1 β in muscle from $TRa1^{PV/+}$ mice showed a 208 similar trend but was not statistically significant (Supplementary Fig. 5B(1)). We next performed transcriptome pathway analyses of SM from SM-TRa1^{L400R/+} mice and Control mice, and found 209 210 that lipid catabolism, lipid transport, and cellular response to hormone stimulus were the major down-regulated pathways in SM-TRa1^{L400R/+} mice (Supplementary Table 1(1)). Interestingly, 211 212 pathways involved in collagen formation and SMAD signaling were upregulated (Supplementary 213 Table 2(1)). We next performed metabolomic profiling of acylcarnitines and TCA cycle 214 intermediates in SM from SM-TRa1^{L400R/+} mice. There were decreased levels of some, but not 215 all, species of short, long, and very long chain acylcarnitines compared to Control littermates 216 (Fig. 6A). The TCA cycle intermediates, citrate, fumarate, and malate also were decreased 217 suggesting there likely was decreased TCA cycle flux (Fig. 6B). These results suggested that 218 fatty acid utilization might have been impaired due to expression of the TR α 1 mutation. Finally, 219 we examined the effect of TRa1 mutation on SM fibre type. There was increased MHC-I and unchanged MHC2a protein levels in SM TRa1^{L400R/+} mice (Supplemental Fig. 6A(1)). In TRa1^{PV/+} 220 221 mice, MHC-I protein expression remained the same while there was a decrease in MHC2a 222 (Supplemental Fig. 6B(1)). Thus, the ratios of MHC-1/MHC2a were increased in SM from both 223 mouse lines (Supplemental Fig. 6(1)).

224 **Discussion**

225 While there have been studies examining TR α 1-specific regulation of gene expression in 226 the liver, small intestine, bone, and heart (28-31), little is known about TR α 1-specific regulation 227 of transcription in SM. Additionally, although the roles of TH on the metabolome and autophagy 228 recently have begun to be examined in SM (10,11), the specific role(s) of TR α 1 on these 229 processes in SM is not known. In the current study, we addressed these issues by analyzing 230 gastrocnemius muscle tissue obtained from genetically-altered mice that expressed *TR\alpha1^{L400R}* 231 specifically in SM and *TR\alpha1^{PV}* ubiquitously. Both TR α 1 mutants had impaired hormone binding 232 to TH, decreased transcriptional activity, and dominant negative activity on normal TR isoforms 233 expressed in SM (17,18). We found that expression of both TR α 1 mutants in SM led to 234 accumulation of p62 as well as decreased expression of lysosomal membrane proteins and 235 proteases (Figs. 1 and 2), suggesting that there was a late block in autophagy. We found 236 evidence for increased mTOR activity as there was increased phosphorylation of mTOR targets, 237 p70S6K, 4EBP1, and TFEB in SM that expressed TRα1 mutants (Fig. 2C and 3). Increased 238 mTOR activity phosphorylates TFEB (32), the master transcriptional regulator of lysosomal 239 protein expression, to prevent nuclear localization and transcription of lysosomal proteins by 240 TFEB (21). Additionally, we found decreased phosphorylation of AMPK and its downstream 241 target, ATGL. The decreased phosphorylation of AMPK may be due to decreased ATP utilization 242 in SM when TH action is inhibited (33) and also would decrease autophagy (34,35). These 243 findings are consistent with our earlier findings that TH stimulated autophagy by activating AMPK 244 and inhibiting mTOR signaling in metabolically active organs such as liver and SM (11,22).

245 Muscle-specific deletion of the crucial autophagic gene Atg7 caused accumulation of 246 dysfunctional mitochondria (36). Furthermore, deletion of Atg7 in adult mice just prior to exercise 247 led to damaged mitochondria and ROS damage (37). These results indicated that mitophagy 248 had a fundamental role in maintaining muscle function during physical activity. Our previous 249 studies demonstrated TH promoted mitochondrial quality control through mitophagy and 250 mitochondrial biogenesis (22,24). In this connection, we found that mutant TRa1 expression in 251 SM led to decreased levels of Drp1 and Parkin expression (Fig. 4 and Supplementary Fig. 3(1)). 252 Drp1-mediated fission appears to be a crucial prerequisite for mitophagy, and the upregulation 253 of Drp1 is associated with mitophagy during the early differentiation of muscle cells (38), and 254 TH-mediated stimulation of hepatic mitophagy (22,24). Expression of mutant TRα1 in SM also 255 decreased protein levels of PGC1a, TFAM, and ERRa (Fig. 5), key transcription factors involved 256 in mitochondrial biogenesis are regulated by TH (24), as well as decreased mitochondrial protein

levels of TOMM20, VDAC1 and COXIV (Fig. 5). Taken together, these findings suggested that
 there was decreased mitochondrial biogenesis and mitochondria content.

259 Hypothyroid patients are more dependent on muscle glycogen due to impaired ability to use 260 fatty acids (39-41). A decrease in the amount of functional mitochondria in SM could lead to 261 altered mitochondrial fuel utilization (42). To address this issue, we performed transcriptome pathway analyses of SM from SM-TRa1^{L400R/+} and Control mice. Interestingly, SM-TRa1^{L400R/+} 262 263 mice displayed down-regulation of pathways involved in lipid catabolism (Supplementary Table 264 2(1)). We observed decreased expression of CPT1 β (Supplementary Fig. 5A(1)), which imports 265 acylcarnitines into the mitochondria. Our observation that there were decreases in intracellular 266 acylcarnitines combined with decreases in citrate, fumarate, and malate levels in SM from mice expressing $TRa1^{L400R}$ further supports the notion that fatty acid utilization was impaired when 267 268 dominant negative TRa1 was expressed in SM (Fig. 6). Since the levels of long and very long 269 chain acylcarnitine species were decreased, it is possible that the entry of free fatty acids into mitochondria for β -oxidation was impaired in SM expressing *TRa1*^{L400R} due to the reduction in 270 271 CPT1ß expression. Lipolysis of triglycerides from fat droplets and lipophagy are two major ways 272 in which triglycerides are hydrolyzed to release of free fatty acids for β -oxidation by mitochondria. 273 In this connection, we found decreased phosphorylation of ATGL (Fig. 3D and F) accompanied 274 decreased autophagy (Fig. 1). Thus, decreased mitochondrial biogenesis, CPT1ß expression, 275 and autophagy shed light on why hypothyroid patients may have impaired fatty acid utilization in 276 SM.

TH regulates SM fiber type to determine fuel utilization by converting slow twitch fibers that utilize fatty acids to fast twitch fibers that use glucose (10,11). TH directly regulates the expression of genes involved in SM contraction and glucose metabolism (43-45). We previously showed that TH increased the transcription of MHC2a and decreased MHC-I protein expression most likely via autophagy (11). Interestingly, we observed both increased MHC-I protein expression and decreased autophagy in SM from $TR\alpha 1^{L400R/+}$ mice (Supplemental Fig. 6A(1)). In

283 TRa1^{PV/+} mice, MHC2a protein expression was decreased whereas MHC-I remained the same 284 (Supplemental Fig. 6B(1)); thus, the ratio of MHC1/MHC2a protein expression increased in both 285 mouse strains. Currently, the precise molecular mechanism(s) determining SM fiber type 286 expression in SM-TRa1^{L400R/+} and TRa1^{PV/+} mice remains unclear. Moreover, it is not known 287 whether the aberrant fiber type switching is a consequence of decreased local or systemic TH 288 action. Nonetheless, our findings suggest that expression of slow twitch MHC-1 muscle fibers 289 were favored over fast twitch MHC2a fibers in the SM of both mouse models. Similarly, it was 290 reported that MHCI expression increased and MHC2a expression decreased in SM of 291 hypothyroid patients (33). In this connection, TRa KO mice were reported to have decreased 292 strength compared to wild type mice (46). Moreover, Dio2 KO mice, which have impaired 293 conversion of T_4 to T_3 , exhibited decreased strength and endurance as T_3 concentration in SM 294 was reduced by 33% (47). However, another group found that *Dio2* KO mice had a markedly 295 different phenotype than hypothyroid mice as they had a high rate of SM twitch contraction and 296 resistance to fatigue due to down-regulation of PGC1a causing increased conversion to MHC2a 297 muscle fiber type (48). The reason for the differences in findings between these two groups is 298 not known since the KO mice were derived from the original parental line. The exercise behavior and lean mass in SM-TRa1^{L400R/+} mice recently were reported by Nicolaisen et al (49). The time 299 300 to exhaustion on treadmill and lean mass (measured by magnetic resonance imaging) were unchanged in SM-TRa1^{L400R/+} mice compared with the littermate controls. Currently, we do not 301 302 know the reason(s) SM-TRa1^{L400R/+} mice maintained normal endurance running capacities. Since 303 young adult animals were used in Nicolaisen's study, it is possible that the development of 304 myopathy may occur when these mice become older. Additionally, TH mediates the muscle fiber 305 switch from slow twitch to fast twitch muscle fibers in soleus muscle (10,11); thus, strength and 306 sprinting would be affected more than endurance running. Performing studies in older mice or 307 testing for skeletal muscle functions mediated by fast twitch muscles could be helpful in 308 assessing the effects of the dominant negative mutant TR α on muscle function.

309 In summary, we showed that expression of dominant-negative TRα1 mutations in SM in two 310 different mouse models resulted in decreased autophagy, mitochondrial turnover, fatty acid 311 utilization, and TCA cycle flux, as well as altered muscle fiber phenotype. These results provide 312 novel insight into the molecular and metabolic mechanism(s) of TRα1 that underlie the SM 313 changes in energy metabolism observed in hypothyroid patients and individuals with RTHα 314 syndrome.

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318 Author contributions

- 319 Conceptualization J.Z. R.A.S., and P.M.Y.;
- 320 Methodology –J.Z., K.G., S.C., and P.M.Y.;
- 321 Investigation –J.Z., K.G., J.P.H., A.L., X.Z., and C.R.H.;
- 322 Writing (Original Draft) J.Z.; P.M.Y;
- 323 Writing (Review & Editing) J.Z., K.G., S.C., and P.M.Y.;
- 324 Funding Acquisition –J.Z., K.G., S.C., and P.M.Y.,
- 325 Resources –K.G., S.C., and P.M.Y.;
- 326 Supervision P.M.Y.

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518 **Figure legends**

Figure 1. Mutant TR α 1 expression impaired autophagic degradation. (A) Immunoblot and densitometric analysis showing protein levels of p62 and LC3B-II in gastrocnemius muscle from *Control* (n=4) and *SM-TR\alpha1^{L400R/+}* (n=4) mice. (B) Immunoblot and densitometric analysis showing protein levels of p62 and LC3B-II in gastrocnemius muscle from *wild-type* (n=5) and *TR\alpha1^{PV/+}* (n=5) mice. Data are shown as mean±SD.

524 Figure 2. Mutant TRa1 expression decreased levels of lysosomal markers. (A-C) Immunoblot 525 and densitometric analysis showing protein levels of lysosomal markers LAMP1 and LAMP2 (A), 526 lysosomal protease cathepsin D and cathepsin B (B), and phosphorylation of TFEB (C) in gastrocnemius muscle from Control (n=4) and SM-TRa1^{L400R/+} (n=4) mice. (D) Immunoblot and 527 528 densitometric analysis showing protein levels of LAMP1, LAMP2, cathepsin D, and cathepsin B in gastrocnemius muscle from wild-type (n=5) and TRa1^{PV/+} (n=5) mice. (E) Immunoblot and 529 530 densitometric analysis showing phosphorylation of TFEB in gastrocnemius muscle from wild-531 *type* (n=5) and $TR\alpha 1^{PV/+}$ (n=5) mice. Data are shown as mean±SD.

Figure 3. $TRa1^{L400R/+}$ expression increased mTOR signaling and decreased AMPK signaling. (A-C) Immunoblot (A) and densitometric analysis (B-C) showing phosphorylation of mTOR targets p70S6 kinase and 4EBP1 and in gastrocnemius muscle from *Control* (n=4) and *SM*- $TRa1^{L400R/+}$ (n=4) mice. (D-F) Immunoblot (D) and densitometric analysis (E-F) showing phosphorylation AMPK and ATGL in gastrocnemius muscle from *Control* (n=4) and *SM*- $TRa1^{L400R/+}$ (n=4) mice. Data are shown as mean±SD.

Figure 4. *TRα1^{L400R/+}* expression decreased protein levels of Drp1 and parkin. (A-D) Immunoblot
(A) and densitometric analysis (B-D) showing protein levels of factors for mitochondrial quality

- 540 control, Drp1, parkin and PINK in gastrocnemius muscle from *Control* (n=4) and *SM-TRa1*^{L400R/+} 541 (n=4) mice. Data are shown as mean±SD.
- **Figure 5.** Mutant TRα1 expression impaired mitochondrial biogenesis. (A-C) Immunoblot and densitometric analysis showing protein levels of key regulators for mitochondrial biogenesis, PGC1α, TFAM, and ERRα (A), mitochondrial proteins TOMM20 and VDAC1 (B), and COXIV (C) in gastrocnemius muscle from *Control* (n=4) and *SM-TRα1^{L400R/+}* (n=4) mice. (D) Immunoblot and densitometric analysis showing levels of PGC1α, TFAM, ERRα, TOMM20, VDAC1, and COXIV in gastrocnemius muscle from *wild-type* (n=5) and *TRα1^{PV/+}* (n=5) mice. Data are shown as mean±SD.
- **Figure 6.** Mutant TR α 1 expression impaired fatty acid and TCA cycle metabolism. The levels of acylcarnitines (A) and organic acids (B) in gastrocnemius muscle from *Control* (n=4) and *SM*-*TR* α 1^{L400R/+} (n=3) mice. Data are shown as mean±SD.
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Figure 3







Α 80 Normalized Control 60 40 level $SM-TR_{\alpha}1^{L400R/+}$ 20 C22:1 C22:2 C22:3 C22:4 C22:4 C22:4 C22:5 C22:5 C22:5 C22:5 C22:5 C22:5 C22:2-OH/C18:1-DC C20:3-OH/C18:2-DC C20:3-OH/C18:3-DC C20:3-OH/C18:3-DC C20 C20:1 C20:1 C20:2 C20:2 C20:3 C20:3 C20:4 C20:5 C2 C14:1 C14:1 C14:2 C14:3 C14:3 C12:3 C12:1 C16:1 C16:2 C14-OH/C12-DC C18 C18:1 C18:2 C18:2 C18:3 C16-0H C14:1-OH S/N C14:2-OH C14 C4-DC,C6-OH C5-OH/C3-DC C6 C4-OH C16 ဗီ C16:1-OH/C14:1-DC C16:2-OH C8:1



Figure 6









Supplementary Figure 1





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Supplementary table 1. Antibody list

Antibody	Company	Catalogue number	Antibody	Company	Catalogue number
LC3B		2775	cathepsin B	Santa Cruz Biotechnology	sc-13985
p62		5114	cathepsin D		sc-6486
АМРК		5831	β-actin		sc-47778
p-AMPK (Thr172)		2535	p-ATGL (Ser406)		ab135093
p-P70S6K		9205	ATGL		ab99532
(Thr389)			ERRa	Abcam	07-662
P70S6K		9202	CPT1β		ab134988
4EBP1	Cell	9452	ΤΕΛΝΑ		ab121607
p-4EBP1	Technology	2855			ab151007
(Thr37/46)			PINK1		ab23707
Tomm20		42406	TFEB		ab2636
COXIV		4850	p-TFEB	Millipore	ABE1971
Drp1		8570	(Ser142)		
parkin		4211	PGC1a	Sigma Chemical Co	SAB2500781
LAMP1		9091	LAMP2	Thermo Fisher	PA1-655
GAPDH		5174		Scientific	
VDAC1		4661			

Supplementary Table 2. Pathway analysis of differentially expressed genes in the gastrocnemius muscle from SM-TRa1L400R/+ vs. Control mice

SM-TRa1 ^{L400R/+} vs. Control	Pathway ID	description	Adjusted p-value	Gene list
Down-regulated	GO:0046461	neutral lipid catabolic process	0.00074	Apob Ces1d Cps1 Apoa2 Ap oc3 Apoa1
	GO:0032870	cellular response to hormone stimulus	0.001445	Aldob Rhoq Fgb Apob Acvr1 Nr6a1 Fyn Eif5a Nr3c1 Arg1 Rxrg Egr1 Junb Fos Cpeb2 Myo5a Uri1 Mef2c Plcb1 Cac na1h Jak2 Tsc1 Akt3 Cps1
	GO:0032368	regulation of lipid transport	0.012703	Acsl4 Mapk9 Apoa2 Abca7 P la2g6 Apoa1 Apoc3 Atp8a1
	GO:0006639	acylglycerol metabolic process	0.001501	Apoa1 G6pc Agpat1 Apoc3 Cps1 Slc27a5 Acsl4 Apoa2 Apob Ces1d
	GO:0032409	regulation of transporter activity	0.013862	Myo5a Apoa2 Cbarp Camk2 d Plcb1 Pla2g6 Mef2c Gpd1l Neto2 Kmt2a Cacng7 Wnk2
	GO:0005581	collagen	8.58E-08	Col4a2 Col5a2 Col11a2 Col1 1a1 Col1a1 Col5a1 Col5a3 C ol15a1 Col6a1 Col6a3 Col12 a1 Col3a1 Col4a1 Col14a1 P colce Col19a1 Col6a2 Col1a 2
	GO:0071560	cellular response to transforming growth factor beta stimulus	2.31E-07	Nrep Peg10 Aspn Ankrd1 S mad5 Col1a1 Fbn1 Axin1 S mad2 Fn1
Up-regulated	GO:0046332	SMAD binding	1.33E-05	Ankrd1 Flna Acvr1 Mef2a P ml Smad7 Col5a2 Zeb2 Col3



Supplementary Figure 1. T_3 decreased p62 in gastrocnemius muscle. Immunoblot and densitometric analysis of p62 in gastrocnemius muscle from control or T3 injected wildtype male C57BL/6 mice. T_3 was given through intraperitoneal injection at a dose of 20 µg/100g body weight for 10 consecutive days.



Supplementary Figure 2. *TRa1^{PV}* expression increased phosphorylation of 4EBP1, and decreased phosphorylation of ATGL. (A-B) Immunoblot (A) and densitometric analysis (B) showing phosphorylation of 4EBP1 and 4EBP1 in gastrocnemius muscle from *wild-type* (n=5) and *TRa1^{PV/+}* (n=5) mice. (C-D) Immunoblot (C) and densitometric analysis (D) showing phosphorylation ATGL in gastrocnemius muscle from *wild-type* (n=5) and *TRa1^{PV/+}* (n=5) mice. (C-D) Immunoblot (C) and densitometric analysis (D) showing phosphorylation ATGL in gastrocnemius muscle from *wild-type* (n=5) and *TRa1^{PV+/}* (n=5) mice. Data are shown as mean±SD.



Supplementary Figure 3. TR α 1^{PV} expression decreased protein level of Drp1 but not parkin. (A-C) Immunoblot (A) and densitometric analysis (B-C) showing protein level of Drp1 and parkin in gastrocnemius muscle from *wild-type* (n=5) and *TR* α 1^{PV/+} (n=5) mice. Data are shown as mean±SD.



Supplementary Figure 4. T_3 injection didn't affect Drp1 in gastrocnemius muscle from wildtype C57BL/6. Immunoblot and densitometric analysis of Drp1 in gastrocnemius muscle from control or T3 injected wildtype male C57BL/6 mice. T_3 was given through intraperitoneal injection at a dose of 20 µg/100g body weight for 10 consecutive days.



Supplementary Figure 5. The effect of mutant TR α 1 expression on protein level of CPT1 β . (A) Immunoblot and densitometric analysis showing protein level of CPT1 β in gastrocnemius muscle from *Control* (n=4) and *SM-TR\alpha1^{L400R/+}* (n=4) mice. (B) Immunoblot and densitometric analysis showing protein levels of CPT1 β in gastrocnemius muscle from *wild-type* (n=5) and *TR\alpha1^{PV/+}* (n=5) mice. Data are shown as mean±SD.



Supplementary Figure 6. Protein levels of MHC-I and MHC2a in gastrocnemius muscle. (A) Immunoblot and densitometric analysis showing protein levels of MHC-I and MHC2a in gastrocnemius muscle from *Control* (n=4) and *SM-TRa1*^{L400R/+} (n=4) mice (A) or wild-type (n=5) and *TRa1*^{PV/+} (n=5) mice (B). Data are shown as mean±SD.

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Antibody	Company	Catalogue number	Antibody	Company	Catalogue number
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p-P70S6K		9205	ATGL		ab99532
(Thr389)			ERRa	Abcam	07-662
P70S6K		9202	CPT1β		ab134988
4EBP1	Cell	9452	ΤΕΛΝΑ		ab121607
p-4EBP1	Technology	2855			ab151007
(Thr37/46)			PINK1		ab23707
Tomm20		42406	TFEB		ab2636
COXIV		4850	p-TFEB	Millipore	ABE1971
Drp1		8570	(Ser142)		
parkin		4211	PGC1a	Sigma Chemical Co	SAB2500781
LAMP1		9091	LAMP2	Thermo Fisher	PA1-655
GAPDH		5174		Scientific	
VDAC1		4661			

Supplementary Table 2. Pathway analysis of differentially expressed genes in the gastrocnemius muscle from SM-TRa1L400R/+ VS. Control mice

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	GO:0032870	cellular response to hormone stimulus	0.001445	Aldob Rhoq Fgb Apob Acvr1 Nr6a1 Fyn E if5a Nr3c1 Arg1 Rxrg Egr1 Junb Fos Cpe b2 Myo5a Uri1 Mef2c Plcb1 Cacna1h Jak 2 Tsc1 Akt3 Cps1
	GO:0032368	regulation of lipid transport	0.012703	Acsl4 Mapk9 Apoa2 Abca7 Pla2g6 Apoa 1 Apoc3 Atp8a1
	GO:0006639	acylglycerol metabolic process	0.001501	Apoa1 G6pc Agpat1 Apoc3 Cps1 Slc27a 5 Acsl4 Apoa2 Apob Ces1d
	GO:0032409	regulation of transporter activity	0.013862	Myo5a Apoa2 Cbarp Camk2d Plcb1 Pla2 g6 Mef2c Gpd1l Neto2 Kmt2a Cacng7 W nk2
	GO:0005581	collagen	8.58E-08	Col4a2 Col5a2 Col11a2 Col11a1 Col1a1 Col5a1 Col5a3 Col15a1 Col6a1 Col6a3 C ol12a1 Col3a1 Col4a1 Col14a1 Pcolce C ol19a1 Col6a2 Col1a2
	GO:0071560	cellular response to transforming growth factor beta stimulus	2.31E-07	Nrep Peg10 Aspn Ankrd1 Smad5 Col1a1 Fbn1 Axin1 Smad2 Fn1
Up-regulated	GO:0046332	SMAD binding	1.33E-05	Ankrd1 FIna Acvr1 Mef2a PmI Smad7 Col 5a2 Zeb2 Col3a1 Tcf12 Rnf111 Col1a2 S mad2 Axin1
	GO:0014888	striated muscle adaptation	1.20E-06	Gtf2ird1 Tead1 Tnni1 Tnnc1 Kdm4a Atp2 a2 Ppargc1a Myh7 Cacna1s Gsn Tnnt1
	GO:0060415	muscle tissue morphogenesis	1.85E-05	Rbpj Tnnc1 Ankrd1 Tnni1 Col11a1 Rxra Myh7 Smad7 Tbx1 Myl2 Myl3 Col3a1

Supplementary figure legends

Supplementary Figure 1. T₃ decreased p62 in gastrocnemius muscle. Immunoblot and densitometric analysis of p62 in gastrocnemius muscle from control or T3 injected wildtype male C57BL/6 mice. T₃ was given through intraperitoneal injection at a dose of 20 μ g/100g body weight for 10 consecutive days.

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