

Using Microfluidics and Fluorescence Microscopy to Study the Assembly Dynamics of Single Actin Filaments and Bundles

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- 1 **TITLE:**
- 2 Using Microfluidics and Fluorescence Microscopy to Study the Assembly Dynamics of Single
- 3 Actin Filaments and Bundles
- 4

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- 19

20 **SUMMARY:**

- 21 We present protocols for simple actin filament microfluidic assays, in combination with
- 22 fluorescence microscopy, that allow one to accurately monitor individual actin filaments in real-
- 23 time while sequentially exposing them to different protein solutions.
- 24

25 ABSTRACT:

26 In order to decipher the complex molecular mechanisms that regulate the assembly and 27 disassembly of actin filaments, it is a great asset to monitor individual reactions live in well-28 controlled conditions. To do so, live single-filament experiments have emerged over the past 20 29 years, mostly using total internal reflection fluorescence (TIRF) microscopy, and have provided 30 a trove of key results. In 2011, in order to further expand the possibilities of these experiments 31 and to avoid recurring problematic artifacts, we introduced simple microfluidics in these assays. 32 This study details our basic protocol, where individual actin filaments are anchored by one end 33 to the passivated coverslip surface, align with the flow, and can be successively exposed to different protein solutions. We also present the protocols for specific applications and explain 34 35 how controlled mechanical forces can be applied, thanks to the viscous drag of the flowing 36 solution. We highlight the technical caveats of these experiments and briefly present possible 37 developments based on this technique. These protocols and explanations, along with today's availability of easy-to-use microfluidics equipment, should allow non-specialists to implement 38 39 this assay in their labs.

40

41 INTRODUCTION:

42 The assembly and disassembly of actin filaments and actin filament networks are controlled by

- 43 several biochemical reactions and depend on the mechanical context. In order to gain insight
- 44 into these complex mechanisms, it is invaluable to be able to observe individual reactions on

individual filaments (in sufficiently large numbers). Over the past decades, the observation of
dynamic actin filaments in real-time, mostly using total internal reflection fluorescence (TIRF)
microscopy, has emerged as a key technique and has provided an impressive list of results that

- 48 could not have been obtained with bulk solution biochemical assays¹.
- 49

50 To achieve this, one needs to maintain fluorescently labeled actin filaments close to the surface of the microscope coverslip while exposing them to solutions of actin-binding proteins (ABPs), 51 52 which can also be fluorescently labeled. Doing so provides a means to monitor events taking 53 place on individual filaments in well-controlled biochemical conditions, and thus quantify 54 reaction rates. However, a number of specific limitations should be considered. Artificially 55 maintaining filaments close to the surface, often thanks to multiple anchoring points or by using a crowding agent such as methylcellulose, can alter their behavior (e.g., causing pauses in their 56 57 polymerization and depolymerization²). Tracking the contour of each filament can be 58 challenging, particularly if new filaments or filament fragments accumulate in the field of view 59 over time. The reactions take place in a finite volume where the concentration of actin 60 monomers and ABPs can vary over time, potentially making it difficult to derive accurate rate 61 constants. Finally, renewing or changing the solution of ABPs is difficult to achieve in less than 62 30 s and will often lead to inhomogeneous protein content in the sample.

63

64 A bit over 10 years ago, inspired by what was already done to study individual Deoxyribonucleic 65 Acid (DNA) strands³, we introduced a new technique based on microfluidics to observe and manipulate individual actin filaments⁴. It allows one to circumvent the aforementioned 66 limitations of classical single-filament techniques. In these microfluidics assays, actin filaments 67 68 are grown from spectrin-actin seeds adsorbed on the coverslip. Filaments are thus anchored by 69 one end only to the bottom of the microfluidic chamber and fluctuate above the surface 70 without sticking. Filaments align with the flow of incoming solutions, thereby easing the 71 monitoring of their contour length and maintaining them in a shallow region above the 72 coverslip where TIRF can be used. Different solutions are simultaneously flowed into the 73 chamber without mixing, and the filaments can be exposed to them sequentially and rapidly.

74

Here, we propose a series of basic protocols to set up single-actin-filament microfluidics assays in the lab. Coverslips and microfluidics chambers can be prepared in advance (in half a day), and the experiment itself, where several biochemical conditions can be tested, is done in less than a day.

79

80 **PROTOCOL:**

81

82 1. Microfluidic chamber preparation

83

1.1. Select a SU-8 master mold with several chamber patterns. Typical chambers are crossshaped with three inlets and one outlet, 20 μ m high and 800 μ m wide (**Figure 1**). Such master molds can be purchased from external companies or made in academic laboratories (e.g., Gicquel, Y. et al.⁵).

- 5
- 89 1.2. Place tape around the edge of the mold. 90 91 1.2.1. Put ~50 cm long, 19 mm wide, standard transparent office tape (see Table of Materials) 92 on a bench, sticky side up. Place the mold vertically at one end and along the midline of the 93 tape. 94 95 **1.2.2.** Roll the mold to the other end of the tape to create a 1 cm border around the mold. 96 Fold down the tape over the bottom of the mold. 97 98 1.3. Prepare Polydimethylsiloxane (PDMS) solution. 99 100 1.3.1. In a disposable weighing dish, directly pour 25–30 g of PDMS base (Table of Materials). 101 Add 10% weight/weight PDMS curing agent (Table of Materials) with a disposable plastic 102 Pasteur pipette. 103 104 1.3.2. Mix manually and thoroughly with a plastic stick. Ensure that the curing agent is well 105 incorporated into the PDMS base, even if stirring creates lots of bubbles. 106 107 1.4. Degas the PDMS solution in a vacuum desiccator (Table of Materials) for at least 5 min 108 at room temperature (RT). Bubbles will expand, rise to the surface, and burst when the vacuum 109 is broken. 110 111 1.5. Pour the PDMS solution over the SU-8 mold. Use a plastic stick to scrape and transfer as much of the mixture as possible. 112 113 114 1.6. Degas PDMS for a second time (5 min in the vacuum desiccator). Make sure to get rid of 115 most bubbles (a few small bubbles at the top surface are fine). 116 117 1.7. Place the mold in an oven at 70 °C for at least 5 h for the PDMS to reticulate and solidify. 118 119 1.8. Remove solid PDMS chambers from the mold. 120 121 CAUTION: Silicon wafers for SU-8 molds are extremely fragile, so extensive care must be taken 122 when separating the PDMS from wafers. Work on a hard, flat surface and keep the wafer flat on 123 the surface. 124 125 1.8.1. With a razor blade, make a circular cut in the PDMS, about 1 cm away from the edge of 126 the mold. All patterns must be at least 0.5 cm inside the cut. Gently peel off the central PDMS 127 block with gentle tugs. 128 129 CAUTION: When peeling off, maintain the SU-8 mold flat on the benchtop to prevent breaking 130 it. 131

132 1.8.2. Place PDMS on clean aluminum foil, the molded surface facing the aluminum foil, to133 protect its surface from dust and to make patterns more visible.

134

135 1.9. Choose and cut a chamber with a razor blade at least 0.5 cm away from the pattern. The
136 resulting PDMS block is around 0.5 cm high, 1.5 cm wide, and 3 cm long. Pierce three inlets and
137 one outlet with a biopsy punch 0.75 mm I.D. (Table of Materials).

138

139 1.10. Clean the PDMS chamber with ultrapure ethanol (Table of Materials) and air-dry using a
140 safety blowgun (Table of Materials). Place the PDMS with the pattern facing up in a clean Petri
141 dish, and close the dish with its lid.

142

143 2. Glass coverslip cleaning

144

NOTE: Here, a standard coverslip cleaning procedure, based on a series of sonication steps, is
 detailed. Other glass coverslip-cleaning procedures have been described in many other
 publications that can achieve similar satisfying results⁶⁻⁹.

148

Place 10–20 coverslips (40 mm long) on a Polytetrafluoroethylene (PTFE) holder (Table of Materials). Sonicate the coverslips in 0.5 L of 2% glass cleaning solution (Table of Materials)
in a 1 L glass beaker (35 °C, 30 min).

152

153 2.2. Dispose the glass cleaning solution and rinse the coverslips extensively with dH2O in at154 least three successive 0.5 L baths.

155

Prepare 0.5 L of 2 M KOH in a 1 L glass beaker. Sonicate the coverslips in KOH (RT, 30 min). Dispose KOH and rinse the coverslips with dH2O in at least three 0.5 L baths.

158

159 CAUTION: Use appropriate lab safety protection equipment (gloves, glasses, and lab coat). 160

161 2.4. Transfer and sonicate the coverslips in 0.5 L of ultrapure ethanol (RT, 30 min). Coverslips
162 can be kept in ethanol for up to 2 weeks. Close the beaker with thermoplastic film (Table of
163 Materials) to prevent evaporation. Before use, dry the coverslip with air flow.

164

165 3. PDMS chamber assembly

166

167 3.1. Preheat the hot plate to 100 °C. Place up to three cleaned PDMS chambers and glass 168 coverslips in a clean Petri dish. Place the open Petri dish in a deep Ultraviolet (UV) cleaner (λ = 169 185 nm, see **Table of Materials**) and expose it to UV light for 3–5 min.

170

171 NOTE: Alternatively, PDMS chambers and coverslips can be exposed to air or oxygen plasma for172 30 s.

3.2. Gently position the PDMS chamber over the coverslip. Make sure the two surfaces put
 in contact were directly exposed to UV. The PDMS automatically sticks to the glass and the
 chamber becomes clearly visible.

177 3.3. To remove any air trapped at the PDMS-coverslip interface, very gently press the
178 surface with a finger. For a tighter bonding, press more strongly over corners and sides. Make
179 sure that the ceiling of the chamber does not come in contact with the glass surface.

180

181 3.4. Place the chamber with the glass bottom facing the hot plate at 100 °C for 5 min. After
182 this step, the glass-PDMS bonds become permanent, and chambers can only be used once. Use
183 the chamber immediately or store it in a clean Petri dish for up to a week.

184

186

185 4. [OPTIONAL] Direct passivation and functionalization

187 NOTE: Depending on the application, chambers can be passivated and functionalized either 188 once connected to the microfluidic controlling device (see Table of Materials) or by manually 189 injecting solutions directly into the chamber with a pipette prior to its connection to the 190 microfluidic device. The latter offers the advantage of consuming less reagent and avoiding 191 potential contamination by flowing the solution through the polyether ether ketone (PEEK) 192 tubing of the microfluidic device. In all the following steps, solutions are injected by directly 193 sticking the pipette tip into the outlet. In order to avoid creating bubbles inside the chamber, 194 make sure to have a tiny droplet sticking out of the pipette tip when plugging the tip into the 195 outlet of the PDMS chamber. Likewise, remove the pipette tip before the entire volume has 196 been injected.

197

198 4.1. Inject 20 μL of PLL-PEG (1 mg/mL in Phosphate-buffered saline (PBS)). Incubate for a
199 minimum of 1 h (or overnight) at RT. To prevent evaporation, place the PDMS chamber in a
200 humid box (e.g., an empty tip box with water in the lower compartment and the PDMS
201 chamber on the tip-holding platform).

202

4.2. Inject 20 μL of 100 pM spectrin-actin seeds (in F-buffer, see Table 1 and Table 2). Wait
for no more than 1 min. Adjust the seed concentration and timing to tune seed surface density,
high enough for large statistics and low enough for filaments not to overlap.

206

NOTE: Alternatively, if spectrin-actin seeds are not available, use biotin-functionalized short
 filament segments that will be immobilized on a streptavidin-coated coverslip^{9,10}.

209

210 4.3. [OPTIONAL] Inject 20 μ L of 5% bovine serum albumin (BSA) in F-buffer. Leave at RT for 211 10 min.

212

213 4.4. [OPTIONAL] Inject 20 μL of 1 mg/mL β -casein in F-buffer. Leave at RT for 10 min.

214

NOTE: Follow steps 4.3 and/or 4.4 to further passivate the chamber. The choice of passivation
depends on the proteins used and does not work equally well on all ABPs. When using actin
alone, PLL-PEG or BSA is sufficient.

218		
219	5.	Connect microfluidic device
220		
221	NOTE:	Use a pressure-based microfluidic system with up to four channels to control flows in the
222	microf	luidic chamber (Figure 1A, see Table of Materials). To avoid bubbles forming in the
223	microf	luidic tubing and perturbing flow stability, degas all solutions. Place 5 mL of dH ₂ 0 and 10
224	mL of	F-buffer stock in a vacuum desiccator connected to a vacuum pump (ultimate vacuum
225		nbar) and degas for at least 1 h at RT.
226		
227	5.1. <mark></mark>	Rinse inlets + outlet tubings with dH ₂ O (500 μL, 300 mbar).
228		
229	5.2. <mark></mark>	Fill all 2 mL reservoir tubes (see Table of Materials) with 300 μL of F-buffer. Set pressure
230	to 300	mbar and let five to eight drops go to waste. Repeat for each channel and set pressure
231	to 0.	
232		
233	5.3. <mark></mark>	Connect the outlet and rinse the chamber extensively.
234		
235	5.3.1.	Set the pressure for the reservoir tube 4 (outlet) to 50 mbar. Once a droplet comes out
236		he tubing end, connect the tubing to the outlet of the PDMS chamber. The liquid fills in
237		amber and comes out of all inlets.
238		
239	5.3.2.	[OPTIONAL] If the chamber has been directly passivated (section 4), set pressure to 100
240		to rinse the chamber with 50–100 μ L of F-buffer (3–5 min). Remove the excess liquid at
241	inlets v	with a cleaning tissue.
242		
243	5.3.3.	Set pressure to 20 mbar.
244		
245	5.4. <mark></mark>	Connect inlets.
246		
247	5.4.1.	Set the pressure for the reservoir tube 1 to 50 mbar. To avoid introducing air bubbles,
248	<mark>ensure</mark>	e that a droplet comes out of the tubing and the PDMS inlet.
249		
250	5.4.2.	Connect the tubing to inlet 1 (the two droplets merging when connecting). Set the
251	<mark>pressu</mark>	re to 30 mbar.
252		
253	5.4.3.	Repeat steps 5.4.1–5.4.2 to connect inlets 2 and 3.
254		
255	5.5. <mark></mark>	Set the pressure of all inlets to 20 mbar and the outlet pressure to 0 mbar. Ensure that
256	<mark>the flo</mark>	w rates in the inlets are roughly equal (see Troubleshooting section).
257		
258	[Place	Figure 1 here]
259		
260	6.	Configuring the setup with standard flow rates
261		

NOTE: The computer-controlled pressure system allows easy and precise adjustment of the pressures of all inlets/outlet connected to the PDMS chamber, therefore the control of incoming and outcoming flow rates. Preset configurations can be saved and turned on/off with a single mouse click. Below are the recommended configurations (unless otherwise stated, outlet pressure is set to 0 mbar). See **Table 3** for expected flow rates for these preset configurations. The pressures indicated here must be adjusted depending on the chamber geometry and system configuration.

269

272

274

- 270 6.1. Change: Use this preset when changing one or more reservoir(s). It creates a mild
 271 backward flow in the tubing of interest to prevent introducing bubbles.
- 273 6.2.1. Set all inlet pressures to 12 mbar and outlet pressure to 5 mbar (Figure 2B).
- 275 6.2. High Flow 'All': Use this preset to rapidly inject three solutions in parallel. They will
 276 reach the chamber within 4 min.
- 277

279

- 278 6.2.1. Set all inlet pressures to 150 mbar.
- 280 6.3. High Flow 'x': Use this preset to rapidly inject a solution. It will reach the chamber within
 281 3 min (Figure 3A–C).
- 282
- 6.3.1. Set inlet 'x' pressure to 150 mbar (~15 μL/min.). The pressure in the other inlets is
 adjusted to around 100 mbar, such that the resulting flow rate in these inlets is ~500 nL/min.
- 286 6.4. Mid Flow 'All': Use this preset to pause the system.
- 287
- 288 6.4.1. Set all inlets to 20 mbar (Figure 2A).
- 289

6.5. Mid Flow 'x': Use this preset to allow the solution 'x' to fill in most of the main channel
width (see Figure 2C,D), while restricting the other inlet solutions to the channel sides. Actin
filaments in the chamber will thus be exposed to the biochemical condition imposed by solution
'x' only.

- 294
- 295 6.5.1. Set inlet 'x' pressure to 12 mbar. Set the pressure in the other inlets and adjust to ~9
 296 mbar, such that their respective flow rates are ~ 150 nL/min.
- 297 298
- 298 [Place Figure 2 here]
- 299
- 300 7. Changing solution 'x'
- 301

NOTE: As shown in **Figure 3A–C**, it is important to keep in mind that solutions take minutes to flow from a reservoir tube to the main channel of the chamber. This minimal 'dead' time is imposed by the liquid volume contained in the tubing and the flow profile within the tubing (**Figure 3A–C**).

306				
307	7.1. Prepare 200–300 μL of solution in a new reservoir tube. Set pressure to Change setting			
308	(see section 6).			
309				
310	7.2. Unscrew the reservoir tube of inlet 'x'. The solution in the tubing will slowly flow			
311	backwards, from the chamber to the free tubing tip. The measured flow rate becomes negative			
312	(Figure 2B).			
313				
314	7.3. Once a tiny droplet has formed at the tubing tip, screw in the new tube with the fresh			
315	solution. Once the tube is correctly tightened to the pressure system, the flow rate of the inlet			
316	returns to positive.			
317				
318	7.4. Set the pressure setting to High Flow 'x' .			
319	7.4. Set the pressure setting to Fight Flow X .			
320	7.5. Depending on the microfluidic configuration and chamber geometry, wait for 3–5 min			
320 321				
321	for the solution to fully fill in the tubing and reach the chamber.			
	7.6 [ODTIONAL] Follow this presses by measuring the increase in fluerescence over time			
323	7.6. [OPTIONAL] Follow this process by measuring the increase in fluorescence over time			
324 225	(Figure 3C).			
325	[Dlass Figure 2 here]			
326 327	[Place Figure 3 here]			
	Pasic single filement experiment: Adenosine diphesenhete (ADD) actin barbed and			
328	8. Basic single filament experiment: Adenosine diphosphate (ADP)-actin barbed end			
328 329	8. Basic single filament experiment: Adenosine diphosphate (ADP)-actin barbed end <mark>depolymerization</mark>			
328 329 330	depolymerization			
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328 329 330 331 332 333 334	depolymerization NOTE: This section assumes a non-functionalized chamber (section 5 only). If the chamber has			
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350	8.2.2. Inject for 5 min at High Flow 3, followed by 5 min at Mid Flow 3. During this second step,
351	reduce pressure in channels 1 and 2 to 7–8 mbar to get a counter flow ~-100 nL/min, so that
352	the entire chamber surfaces are BSA passivated.
353	
354 355	NOTE: Since the BSA solution is more viscous, the pressures need to be adjusted accordingly.
356	8.3. Change tube 3 to F-buffer and rinse the channel (5 min, High Flow 3).
350 357	o.s. Change tube 5 to r-build and thise the channel (5 min, figh flow 5).
	Property the following 200, 200 up colutions of proteins being diluted in E buffer
358	8.4. Prepare the following 200–300 μL solutions, all proteins being diluted in F-buffer:
359	Inlet 1, polymerization solution: 1 μ M 10% Alexa-488 labeled G-actin, 1 μ M profilin (Table 1).
360	Inlet 2, aging solution: 0.15 μM 10% Alexa-488 labeled G-actin.
361	Inlet 3, depolymerization solution: F-buffer only.
362	NOTE: Profilip is used here to provent coeptaneous publication and maintain a constant
363	NOTE: Profilin is used here to prevent spontaneous nucleation and maintain a constant
364	concentration of G-actin.
365	O Change to be 2 (another 7) Intertucing the Ulab Flow All proport for 2 A pring The
366	8.5. Change tubes 1 to 3 (section 7). Inject using the High Flow All preset for 3–4 min. The
367	three solutions have now filled the PEEK tubing and reached the chamber (Figure 3A). The glass
368	surface can be exposed to any inlet solution without deadtime (<1 s, Figure 3D,E).
369	
370	8.6. Switch on the microscope. Set the settings: 150 mW 488 nm excitation laser at 10%–
371	20% power, 100–200 ms camera exposure time, 200–300 nm TIRF penetration depth, 60x
372	objective. These settings are used throughout the manuscript.
373	Q Z Eilement not uneritation (Figure 44)
374	8.7. Filament polymerization (Figure 4A)
375	9.7.1 Cot the pressure estimate Mid Flow 1 for x10 min
376	8.7.1. Set the pressure setting to Mid Flow 1 for ~10 min.
377	0.7.2 [OPTIONAL] Decendench manifestion (1 frame (20 a. TIPE)) Filements should not meaning at
378	8.7.2. [OPTIONAL] Record polymerization (1 frame/20 s, TIRF). Filaments should polymerize at
379	around 10 subunits/second (sub/s) ^{1,12} .
380	
381	8.8. Filament aging: Set the pressure setting to Mid Flow 2 for 15 min. At the critical
382	concentration, 0.15 μ M G-actin, filament length will remain constant, and filaments will turn to
383	>99% ADP-F-actin ⁴ .
384	
385	8.9. Depolymerization (Figure 4A):
386	
387	8.9.1. Start acquisition at 1 frame/5 s, in epifluorescence mode. As there is a very low
388 389	fluorescence background in channels 2 and 3, it is not necessary to use TIRF.
390	8.9.2. After one to two frames, switch to Mid Flow 3. Filaments should depolymerize at around
391	10 sub/s (reference ¹²).
392	

393		To reset the experiment, break all fluorescently labeled filaments by continuously
394		ing them to the laser at maximum power for ~2 min. To test different conditions, change
395	<mark>solutic</mark>	ons 1, 2, or 3 and inject them (High Flow , 3–4 min). Repeat steps 8.7–8.9.
396		
397	9.	Other single-filament experiments
398		
399	9.1.	Testing the interactions of ABPs with F-actin
400		-
401	NOTE:	Microfluidics has been successfully used to quantify the activity of several side-binding
402		such as cofilin, tropomyosin, and Arp2/3. Following the protocol in section 8:
403	,	
404	9.1.1.	Change channel 3 to the fluorescent ABP of interest in the F-buffer. Inject (High Flow 3,
405	3 min)	
406	3 mm,	•
407	912	Filament polymerization: Set the pressure setting to Mid Flow 1 for 10 min.
408	5.1.2.	
409	913	ABP binding: Start acquisition with TIRF. Adjust frame rate depending on the ABP
410		ntration. After 1–2 frames, switch to Mid Flow 3 .
411	conce	
412	ΝΟΤΕ·	Depending on the ABP, it can also be possible to rapidly (e.g., for less than 5 s) switch to
412		ow 2 to further reduce the background fluorescence when taking an image.
413		W Z to further reduce the background hubrescence when taking an image.
415	Q 1 /	ABP unbinding: While continuing the acquisition, switch to Mid Flow 2 .
415	9.1.4.	Abr unbinding. While continuing the acquisition, switch to wild now 2.
417	9.2.	Polymerization with formin at the free barbed end
417	9.2.	Polymenzation with formin at the free barbed end
418	ΝΟΤΕ	Formins have been shown to affect filament barbed end polymerization. Microfluidics is
419		ularly adapted to measure formin binding and unbinding rates and their impact on
420 421	•	nt elongation.
421	mame	
	0 2 1	Drepare the following colutions:
423		Prepare the following solutions:
424 425		el 1: 10 nM formin in F-buffer (Table 1).
425		lel 2: 1 μM 10% Alexa-488 labeled G-actin, 4 μM profilin.
426	Chann	el 3: F-buffer.
427	0 2 2	Changes to have 1, 2, and 2 (as sting 7) being the Ulah Flow All properties 2, 4 min
428	9.2.2.	Change tubes 1, 2, and 3 (section 7). Inject using the High Flow All preset for 3–4 min.
429	0 2 2	territete filese et est est est est est est est est e
430	9.2.3.	Initiate filament polymerization: Set the pressure setting to Mid Flow 2 for 2 min.
431	0.2.4	Examination of the second back and the the second second second second second for 20 s
432	9.2.4.	Formin binding to filament barbed end: Set the pressure settings to Mid Flow 1 for 30 s.
433	0 0 5	
434		Formin-mediated polymerization: Set the pressure setting to Mid Flow 2 . With formin
435	mDia1	. at their barbed end, filaments should polymerize at around 50 sub/s ¹³⁻¹⁵ .
436		

437 Polymerization/depolymerization from surface-anchored formin 9.3. 438 439 NOTE: The polymerization and depolymerization rates of formin-decorated barbed ends have 440 been shown to depend on the tension applied to the filament. In microfluidics, the friction of 441 the fluid flow along the filament side generates a tension proportional to the filament length and to the flow rate^{14,16}. 442 443 444 9.3.1. Use the method in section 8 described above, replacing steps 8.1, 8.2, and 8.3 for 445 surface passivation with: 446 447 Change tube 3 to 1 µg/mL anti-His antibody in F-buffer. Inject for 2 min with High 9.3.1.1. 448 Flow 3. 449 450 9.3.1.2. Change tube 3 with 5% BSA in F-buffer. Inject for 5 min at High Flow 3, followed 451 by 5 min at Mid Flow 3. During this second step, reduce pressure in channels 1 and 2 to 7–8 452 mbar to get a counter flow ~-100 nL/min so that the entire chamber surfaces are BSA 453 passivated. 454 455 9.3.1.3. Change tube 3 to 100 nM His-tagged formin in F-buffer. Inject for 5 min with High Flow 3. Change tube 3 with F-buffer. Inject for 5 min with High Flow 3 to ensure that no 456 457 formins remain in the tubing. 458 459 9.3.2. Prepare and inject the following solutions (all 200–300 μL, in F-buffer): 460 Channel 1: 1 µM 10% Alexa-488 labeled G-actin 461 Channel 2: 1 µM unlabeled G-actin, 4 µM profilin. 462 Channel 3: F-buffer only. 463 464 9.3.3. Filament nucleation: Expose the surface-anchored formins to G-actin (setting Mid Flow 1). 465 466 467 9.3.4. Filament polymerization: Expose the chamber to profilin-actin using Mid Flow 2. 468 469 9.3.5. Start acquisition: 1 frame/2 s, epifluorescence. With formin mDia1, filaments should polymerize at 50–80 sub/s, depending on the filament length and the flow rate¹⁴. 470 471 472 9.3.6. Filament depolymerization: Start acquisition (1 frame/4 s, epifluorescence). After 1–2 473 frames, expose the filaments to F-buffer, Mid Flow 3. With formin mDia1, filaments should 474 depolymerize at 5–15 sub/s, depending on the filament length and flow rate¹⁴. 475 476 9.4. Actin filaments with unlabeled segments 477 NOTE: Actin fluorescent labeling creates several artifacts, such as pauses during 478 depolymerization¹⁷ and altered tropomyosin binding¹⁸. A workaround for these artifacts is to 479 use microfluidics to assemble filaments displaying unlabeled segments. 480

481					
482	9.4.1.	Prepare and inject the following solutions (200–300 μL in F-buffer):			
483		el 1: 1 μ M unlabeled G-actin, 1 μ M profilin.			
484		el 2: 0.3 μM 10% Alexa-488 labeled G-actin.			
485	enann				
486	942	Sequentially expose the surface to channel 2 (5 min), channel 1 (10 min), and channel 2			
487					
488	(15 min) to generate ADP-actin unlabeled segments with fluorescently labeled segments at each end.				
488 489	eache	inu.			
	0 5	Barbad and anchored filements with galcolin			
490	9.5.	Barbed end-anchored filaments with gelsolin			
491	NOTE	Authorization and the contract of the contract of the state			
492		With spectrin-actin seeds, filaments polymerize at their free barbed end while the			
493	pointed end is stabilized by the spectrin-actin seed. An alternative is to anchor filaments with a				
494	barbeo	d end capper such as gelsolin.			
495					
496		Prepare a F-actin solution of 4 μ M 10% Alexa-488 labeled G-actin in 20 μ L of F-buffer.			
497		e actin spontaneously nucleate and polymerize at RT for at least 30 min on the bench.			
498	Wrap	the tube in aluminum foil to protect it from light.			
499					
500		Meanwhile, prepare the microfluidic chamber and passivate the surface with a mixture			
501	of 5%	BSA and 1% biotin-BSA (see step 8.2).			
502					
503	9.5.3.	Rinse channel 3 with F-buffer (2 min at High Flow 3). Inject 10 μ g/mL neutravidin in F-			
504	buffer	(4 min at High Flow 3).			
505					
506	9.5.4.	Change tubes to:			
507	Chann	el 1: 10 nM biotin-gelsolin (Table 1).			
508	Chann	el 2: F-buffer.			
509	Chann	el 3: 0.4 μM prepolymerized F-actin.			
510					
511	9.5.5.	Inject all solutions together using the High Flow All setting for 3 min.			
512					
513	9.5.6.	Expose the entire chamber to gelsolin (Mid Flow 1 , 30 s).			
514					
515	9.5.7.	Attach filaments to the surface (Low Flow 3: Channel 3 at 3 mbar, Channels 1 and 2 at ~2			
516		for about 2 min).			
517	,				
518	9.5.8.	[OPTIONAL] If the filament density is too low, repeat step 9.5.6.			
519	2.3.0.				
520	9.5.9	Pointed end depolymerization: Start acquisition (1 frame/30 s, epifluorescence). After			
521		ames, expose filaments to buffer only, Mid Flow 2 . Filaments should depolymerize at			
522	around 0.2 sub/s.				
523	around				
523 524	10.	Fascin-induced filament bundle formation and disassembly by ADF/cofilin			
.	-0.				

NOTE: To form actin filament bundles, take care to have a sufficiently high filament seed density at the surface of the chamber. When exposed to fascin protein, neighboring filaments that fluctuate laterally will be dynamically cross-linked by fascin proteins. As fascin quickly unbinds from the filament side¹⁹, fascin has to be constantly present in the main flowing solution in order to maintain filament bundling.
10.1. Follow steps 8.1–8.3.

534 10.2. Prepare the following 200–300 μL solutions, all proteins being diluted in F-buffer:

535 Channel 1: Polymerization solution (1 μ M 10% Alexa-488 labeled G-actin, 1 μ M profilin).

536 Channel 2: Bundling solution (200 nM fascin (**Table 1**), 0.15 μM 10% Alexa-488 labeled G-actin).

- 537 Channel 3: Disassembly solution (200 nM ADF/cofilin (**Table 1**), 100 nM fascin, 0.15 μ M 10%
- 538 Alexa-488 labeled G-actin).
- 539

540 10.3. Change tubes 1 to 3 (section 7). Inject using the **High Flow All** preset, for 3–4 min. 541

542 10.4. Filament polymerization: Set the pressure setting to Mid Flow 1 for ~10 min.
543 Polymerization can be imaged with TIRF.

544

545 10.5. Filament bundling (Figure 4C): Start image acquisition (1 frame/5 s, epifluorescence).
546 After 1–2 frames, set the pressure setting to Mid Flow 2 and observe filament bundling.

547

551

553

548 10.6. Bundle fragmentation: Start image acquisition (1 frame/5 s, epifluorescence). After 1–2
549 frames, set the pressure setting to Mid Flow 3 and observe the cofilin-induced disassembly of
550 both single filaments and bundles.

552 11. Microfluidic device cleaning procedure

554 NOTE: To avoid any contamination from one experiment to another, it is critical to extensively 555 clean and completely dry all the tubings and flow meters after each experiment.

556

557 11.1. Disconnect all tubings from the PDMS chamber and discard the chamber.

558

559 11.2. To clean PEEK tubing and flow meters, tape the tubing ends in an empty 15 mL plastic 560 tube and inject the following solutions at maximum pressure until the reservoir is almost 561 empty:

- 562 400 μL of F-buffer.
- 563 400 μL of 0.5 M NaOH.
- 564 400 μ L of pure water.
- 565 200 µL of isopropanol.
- 566
- 11.3. Replace with an empty reservoir and blow air until the tubings are fully dry (~2–4 min,
 maximum pressure).

- 569 570 12. Image analysis 571 572 NOTE: While this manuscript focuses on the method to assemble, manipulate, and visualize 573 single actin filaments in microfluidics, a brief method to analyze acquired movies is provided 574 here. The analysis is performed on 16-bit images, using ImageJ, following section 8. 575 576 12.1. Image treatment is minimal: 577 578 12.1.1. Import the polymerization or depolymerization image stack. 579 580 12.1.2. [OPTIONAL] Homogenize image intensity with function Subtract Background (default settings (i.e. 'Rolling ball radius' = 50 pixels)). This is particularly useful if the background 581 582 fluorescence changes during the course of a movie or if fluorescence illumination is not 583 homogeneous over the field of view. 584 585 12.1.3. Adjust brightness and contrast (background near zero, filaments near maximum). 586 587 12.2. Create filament kymograph: 588 589 12.2.1. Select a filament that does not pause, break or detach. Do not select based on behavior 590 otherwise. Draw a line 1–2 pixels above (Straight Line tool). Save the filament number (Add in 591 **ROI Manager**). 592 593 12.2.2. Apply the function **Reslice** (Slice count: 5 pixels). Calculate the maximum intensity 594 (function Zprojection). 595 596 12.3. Measure the polymerization/depolymerization rate: 597 598 12.3.1. On the kymograph, draw a line along the filament barbed end (Straight Line tool, Figure 599 **4A**). Measure the line width and height (function **Measure**). 600 601 12.4. Repeat steps 12.2 - 12.3over multiple filaments. Calculate the polymerization/depolymerization rates (Figure 4A): 602 $v = \frac{w * pix}{2.7 * h * dt}$, where v is the rate (in sub/s), w the line width (pixels), pix the pixel size (nm), h 603 the line height (frames), and dt the time between frames (in second). Here, 2.7 nm corresponds 604 605 to the effective contribution of an actin subunit to the filament length. 606 607 **REPRESENTATIVE RESULTS:**
- For all the experiments described above, fluorescently labeled actin filaments should be clearly
 visible, with good contrast, indicative of low background fluorescence from the surface (Figure
 4, see Supplementary File 1 for troubleshooting of common issues). Actin filaments should also
 not stick to the surface: when the dominant flow rate is low, the actin filaments' lateral

fluctuations should be perceptible when observing them live and allow one to clearly determine that they are anchored by one of their ends only. Similarly, when using TIRF imaging, their vertical fluctuations should be visible by changes in intensity along their length and time. Depending on the applied flow rates, one may need to adjust the TIRF penetration depth to optimize the image quality of the actin filaments acquired by TIRF.

617

618 When exposing filaments to polymerization conditions (see section 8), filament elongation 619 should be regular (i.e., the elongation at the end of the filament is not impeded by surface 620 interaction or permanent sticking). In addition, the measured filament barbed end elongation rate should match the expected value according to the actin concentration in the tube^{1,20}, 621 622 indicating that the tube solution has been correctly flowed up to the microfluidic chamber 623 (Figure 4A). Similarly, when exposed to a buffer solution, filaments should depolymerize steadily at a rate that reflects their ADP-content⁴ (Figure 4A). When exposing already grown 624 625 actin filaments to a solution of fluorescently labeled cofilin, cofilin clusters will be nucleated and 626 grow toward both the pointed and barbed ends (Figure 4B) at a rate that is dependent on the 627 cofilin concentration. When assessing a potential cross-linking activity of an ABP, such as fascin (Figure 4C), close-by actin filaments forming bundles will be easily detected by their higher 628 629 fluorescence intensity and a change in their lateral fluctuations.

630

631 The flow of liquid applies a viscous friction force on actin filaments that are anchored to the 632 surface of the microfluidic chamber. The friction force coefficient on F-actin is $\eta = 6.10^{-4}$ pN·s/µm², expressed per filament micron length¹⁴. At intermediate flow rates, as filament 633 height fluctuates around a constant average of 250 nm above the surface, there exists a force 634 635 gradient from the free-floating end up to the filament anchoring point. One can therefore 636 compute the applied tension at any point along the filament, using F = $6\eta\pi Lv$, where v is the 637 local flow velocity 250 nm above the surface (Figure 1B) and L is the downstream filament 638 segment length (i.e., from the considered point up to the free end). For higher flow rates, the 639 filament average height is not constant but increases linearly from the anchoring point to the free end, remains below 250 nm on average, and will vary depending on the flow rates, thus 640 641 leading to a more complex tension force profile along the filament²¹.

- 642
- 643 [Place Figure 4 here]
- 644

645 **FIGURE AND TABLE LEGENDS:**

646 Figure 1: Injecting solutions through a microfluidic chamber. (A) Standard microfluidic setup for 647 single actin filaments experiments. Protein solutions, placed in reservoirs 1–3, are pushed into 648 the chamber by adjusting the pressure in the gas phase. The generated flow rate is measured 649 by flow meters. Inside the microfluidic chambers, solutions do not mix and occupy space 650 depending on the relative pressures applied (here, equal pressure on all inlets). Typical 651 dimensions: reservoir tubes contain up to 2 mL of solution. PEEK tubing (0.25 mm inner 652 diameter) connects the reservoirs to the flow meters (after 10 cm of tubing) and then to the PDMS chamber (after another 70 cm). Silicon tubing and stainless steel tubing couplers are 653 used to connect the PEEK tubing to the PDMS inlets. The main microfluidic channel is 20–60 µm 654 655 high, around 1 mm wide and 1 cm long. (B,C) Flow profiles inside the microfluidic chamber. The fluid generates a parabolic profile across the chamber height: v(z) = 6z(h-z)R/h3w, where h and w are the chamber height and width, and R is the total flow rate (**B**). When the chamber width is considerably larger than its height, the flow is nearly uniform across the chamber, except at

- the PDMS surfaces, where it goes to zero (C). Bottom: Single actin filaments polymerized fromsurface-anchored spectrin-actin seeds.
- 661

Figure 2: The pressure applied to each reservoir controls the partition/spatial distribution of solutions inside the microfluidic chamber. (A) With equal pressure applied to the reservoirs, each solution occupies one-third of the chamber. (B) When changing a reservoir tube (here reservoir 3), the effective pressure drops down to zero, creating a backward flow. (C,D) Increasing the relative pressure on one of the reservoirs allows exposure of the glass surface to a single solution. The field of view in the middle of the chamber can be sequentially exposed to solutions 1 and 2 by alternating between configuration Mid Flow 1 (C) and Mid Flow 2 (D).

670 Figure 3: Delayed arrival of solutions from the reservoirs to the PDMS chamber and rapid 671 change of biochemical conditions. (A-C) Delayed arrival of solutions from the reservoirs to the 672 PDMS chamber. (A) Depending on the chamber geometry, the tube length, and the applied 673 pressure at the inlet(s), the replacement of one solution by another is not instantaneous. After 674 changing the reservoir tube to one containing a fluorescent solution (0 min), the solution 675 progressively fills in the tubing (0.4 min) and the PDMS chamber (1–2 min). Indicative timing is 676 given for a 150 mbar applied pressure, 80 cm PEEK tubing, and a 1600 µm wide, 20 µm high 677 PDMS chamber. (B) The parabolic flow profile inside the PEEK tubing generates an effective gradient of fluorescence along the tubing radial profile and inside the chamber (see also Figure 678 679 **1B**). **(C)** Delayed arrival of solutions can be quantified by measuring the background 680 epifluorescence signal in the chamber as a function of time. Experimental conditions: 0.5 μ M 681 10% Alexa-568-labeled G-actin is injected with 150 mbar through a flow meter and 80 cm PEEK 682 tubing. (D,E) Rapid change of biochemical conditions. (D) Pattern of incoming solutions in two Mid Flow conditions. (E) Increase in background fluorescence as a readout of actin 683 684 concentration. Time t = 0 is set as the onset of fluorescence increases. Solution 1: 0.5 μ M 10% 685 Alexa-488-labeled G-actin, solution 2: F-buffer. (C,E) PDMS chamber: 20 μm high and 1600 μm 686 wide. The epifluorescence intensity, $\sim 2 \mu m$ above the surface, was quantified by averaging the 687 signal over the full field of view, normalized to 0 in the absence of fluorophore and 1 at 688 maximum intensity.

689

690 Figure 4: Representative results. Typical experiments in which actin filaments are polymerized 691 from spectrin-actin seeds and exposed to different ABPs. For the sake of clarity, only a fraction 692 of the field of view is shown. (A) Outcome from the basic polymerization-depolymerization 693 experiment (section 8). Filaments are polymerized with a solution of 0.8 µM 10% Alexa-488 694 labeled G-actin, aged for 15 min to convert all subunits into ADP-actin (not shown), and 695 depolymerized when exposed to F-buffer only. Bottom: kymographs used to quantify the 696 polymerization and depolymerization rates. Acquired at 1 frame/5 s, 200 ms exposure time, 150 697 mW 488 nm laser at 9% power, TIRF (laser penetration depth 250 nm). (B) Fragmentation of 698 single actin filaments by 500 nM mCherry-cofilin-1. Actin is labeled with ATP-ATTO488²² 699 (yellow) and cofilin-1 is fused to mCherry (blue). Top: fraction of a field of view. Note: protein

700 aggregates on the surface. Bottom: kymograph showing the binding of cofilin-1 to a filament 701 (arrowheads show cofilin-1 domain nucleation events), leading to a fragmentation event 702 (lightning symbol). Acquired at 1 frame/4 s, 200 ms exposure, 150 mW 488 nm laser at 16% and 703 100 mW 561 nm laser at 12% power, epifluorescence. (C) Bundling of actin filaments by fascin 704 (section 10.5). Filaments were first polymerized with 0.8 µM 5% Alexa-488 labeled G-actin and 705 bundled with 200 nM fascin. Compared with single filaments, filament bundles appear two- to 706 threefold brighter and not perfectly aligned with the flow. Acquired at 1 frame/10 s, 200 ms 707 exposure, 20% 200 W Mercury lamp intensity, epifluorescence. (A-C) The background was 708 subtracted with ImageJ's ad hoc function.

- 709
- 710 Table 1: Actin and actin-binding proteins^{23–30}
- 711

Table 2: F-buffer composition. DABCO and a relatively high concentration of DTT are used to
 limit photo-induced damage to filaments due to light exposure during fluorescence microscopy
 experiments.

715

Table 3: Correspondence between applied pressures and measured flow rates. The resulting flow rates highly depend on the experimental setup. Values are given for a microfluidic chamber with a 1 cm long main channel of cross-section 20 μ m x 800 μ m (height x width), connected to each reservoir with 80 cm long PEEK tubing.

720

Supplementary File 1: Classical issues, causes, and solutions. They commonly encountered
 issues when working with microfluidics and/or single actin filaments.

723

724 **DISCUSSION:**

725 Compared to standard single-filament methods where actin filaments are anchored to the 726 surface by multiple points along their length or maintained close to it by a crowding agent such as methylcellulose, microfluidics offers a number of advantages. As interactions with the 727 728 surface are minimal, the artificial pauses these interactions can induce during both elongation 729 and depolymerization are avoided. The filaments are aligned by the flow, parallel to each other, 730 easing their monitoring and the measurement of their lengths. The solution around the 731 filaments is constantly renewed, exposing them to constant protein concentrations. Being able 732 to rapidly (<1 s, Figure 3D,E) switch between different protein solutions to which the filaments 733 are exposed allows one to perform time-controlled sequential experiments, which are often 734 instrumental for kinetic studies. Finally, the viscous drag exerted by the flowing solution on the 735 filaments can be exploited to apply controlled mechanical stress on the filaments 736 (Representative Results section). One should note that moderate fluid flows (Mid Flow pressure 737 settings) bring filaments close enough to the surface (~250 nm) to efficiently image them with 738 TIRF while generating minimal tension $(<1 \text{ pN})^{14}$.

739

Compared to classical single-filament assays, however, microfluidics will require larger volumes of protein solutions: typically a few 100 μ L, when a standard experiment could be done with less than 10 μ L. This can be a limitation when using precious proteins. Classical experiments can be used to help establish the relevant experimental conditions (e.g., absolute or relative 744 concentrations of different proteins) before starting a series of microfluidic experiments. 745 Another limitation, as for any other single-filament techniques in vitro, comes from the 746 imperfect passivation of the coverslip surface. Reproducibility in coverslip cleaning and binding 747 of the passivation layer (BSA, PEGylation, etc.) is always hard to control. A one-step passivation technique based on PEG-silane surface treatment has become the technique of choice in many 748 laboratories^{7,15}. As such, the effective density of filament seeds may vary between experiments 749 750 by roughly twofold, even when repeated as accurately as possible. One should aim for a satisfactory range of filament surface density and be prepared to repeat the experiment if 751 752 needed. Commonly encountered issues when working with microfluidics and/or single actin 753 filaments are discussed in Supplementary File 1.

754

755 For the basic protocol presented here, one should note that spectrin-actin seeds, which can be 756 viewed as short stabilized filaments, are randomly oriented as they stick to the surface. As a 757 consequence, as the filaments grown from these seeds align with the flow, their portion closest 758 to the seed will be sharply bent, each with its own angle. The length over which filaments are 759 bent is usually very small when filaments are exposed to mid or high flows. In fact, this length 760 will generally be smaller than the diffraction limit (~200 nm) and will thus not be easily 761 detected. Importantly, the ABPs that are sensitive to filament curvature will bind and function 762 differently in this highly bent region. To avoid biasing results, the simplest is to exclude this 763 region from the analysis²¹.

764

Before we started using microfluidics to manipulate and visualize single actin filaments, it had already been used to study single DNA filaments³, which are far more flexible. This can give rise to notable differences, as the flow can dramatically unwind DNA and change its apparent length dramatically. Microfluidics can also be used, very similarly to the method presented here, to study microtubules; these are much stiffer but can nonetheless be made to align with the flow in order to measure their elongation and depolymerization, taking advantage of the rapid switch of conditions^{31,32}, or be bent by a perpendicular flow to measure microtubule plasticity⁷.

773 We have presented here the protocol for the basic experiment, where filaments are anchored 774 by one end only and where the flow direction in the field of view is the same throughout the 775 experiment. These two characteristics can be varied. For example, filaments can be anchored 776 by multiple points in order to generate a different force profile along the filament. Likewise, the 777 flow direction can be varied (in the vicinity of the junction between the entry channels, in the 778 flow chamber) to locally bend filaments, as the unanchored part will be pointing in a different direction than the anchored filament segment²¹. Filaments elongating from randomly anchored 779 spectrin-actin seeds can also be exposed to cross-linking proteins to form bundles³³ (see section 780 781 10). By combining microfluidics with other techniques (micropatterning, optical tweezers, etc.) or designing microfluidic chambers with compartments to modify flow lines, multiple 782 configurations can be created to study specific ABP activity onto single filaments or to form 783 small actin networks³⁴. The number of combinations, together with the advantage and 784 785 versatility of microfluidics, offers many tools to researchers in order to decipher the spatio-786 temporal regulation of actin networks at the molecular scale. 787

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794

795 **DISCLOSURES:**

- The authors declare no conflicts of interest.
- 797

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