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1 **Methods of sampling and sample preparation for detection of** 2 **microplastics and nanoplastics in the environment**

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11 12 **Abstract:**

13 Microplastics and nanoplastics are a new type of emerging pollutant that appears in the environment.
14 The difference between those two is based on the particle size. The studies about microplastics and
15 nanoplastics have recently increased because of the growing social awareness and because of the
16 biological effects they provoke. To clarify these effects, proper sampling and identification methods
17 are required. The lack of standard methods up to now makes the studies and the comparisons hard.

18 This chapter provides an overview of the main existing methods of sampling, sample preparation,
19 and the identification of debris comprise of microplastics (MPs) and nanoplastics (NPs) in nature. In
20 conclusion, the methods employed for these purposes depend on the type of material, the size, and
21 the matrix in which the polymer is involved.

22

23 **Keywords:** sampling; microplastics; nanoplastics; sample preparation; detection; identification

24

25 **1. Introduction**

26 Since utilisation of natural latex for producing tires (John Boyd Dunlop, 1888), the world of plastic
27 polymers underwent amazing development, with the production of a great variety of materials
28 resistant to UV, high temperature, and mechanical stress. As a consequence, plastic polymers became
29 resistant to biodegradation and polymer debris accumulated in the environment, resulting in
30 environmental pollution. These plastic debris comprise MPs and NPs. As well explained by Gigault
31 et al. (2021), the distinction between microparticles and nanoparticles takes into consideration both
32 size- and size-dependent properties. Also, as defined by the US National Nanotechnology Initiative,
33 the dimension of nanomaterials ranges between 1 and 100 nm, and their specific physicochemical
34 and biological properties are absent in microsize materials. This will be approached later in this
35 chapter.

36 Since about 2015, the interest in small-size MPs and NPs raised because their presence in water, food,
37 air and soil represents some risks which still remain unclear (Becker et al. 2020). In the human body,
38 these small particles can pass the major physiological barriers that are the skin, lung, and gut, and
39 accumulate in several organs such as the liver and brain. In the blood and organs, they might interact
40 with macromolecules such as proteins. In the human body (Gillois et al., 2018, Li et al., 2020) they
41 could affect the intestinal microbial consortium and mucus, with possible consequences on the
42 immune system. They are responsible for immunity disorders in mice (Hirt et al., 2020).

43 Being small, MPs and NPs display a high specific surface area and can therefore interact with a wide
44 range of organics and minerals in the environment. Their physicochemical properties drive their
45 transport pathways and fate in the environment, with several consequences.

46 Ecotoxicological concerns related to MPs and NPs:

- 47 - Transport, infiltration in sediments and residence time of ecological importance: exposure
48 time of organisms (Waldschläger and Schüttrumpf. 2020).
- 49 - Adsorption, transport, and release of metals and organic pollutants in the environment.

- 50 - Release of potentially toxic plastic additives in the environment.
- 51 - MPs and NPs transport by wind and water,
- 52 - Possible chronic health effects linked to air contamination by MPs and NPs (Saha et al. 2020),
- 53 transport mechanisms of plastics poorly understood.
- 54 - Photodegradation with release of harmful COVs (Lomonaco et al. 2020)

55 Qualitative and quantitative monitoring of MPs and NPs is necessary to identify the polymer variety
56 in environmental samples, to assess environmental pollution and contamination of living organisms
57 by MPs and NPs, and to understand the environmental fate of MPs and NPs (i.e. their degradation
58 pathways). Moreover, standardized analytical methods for identifying and quantifying the most
59 abundant types of plastics found in the environment are necessary for data comparison (Ribeiro et al.
60 2020). They are urgently needed by academics, industry, environmental and nongovernmental
61 organizations, regulation bodies, and politics (Becker et al. 2020; Elert et al. 2017); La Nasa et al.
62 2020).

63 MPs analysis involves 3 steps: sampling, sample preparation and detection.

64 The heterogeneous distribution of MPs and NPs in environmental samples requires representative
65 sampling (Klein et al. 2018). The amount of samples depends on the concentration of particles and
66 their size class. Sample preparation depends on the complexity of environmental sample and on the
67 detection method used. Sampling and sample preparation methods are important in terms of
68 representativeness and method harmonization (Becker et al. 2020; Elert et al. 2017).

69 This review will focus on the detection of MPs and NPs in samples taken from the environment.

70

2. Sample collection for the detection of microplastics (MPs) and nanoplastics (NPs)

The strategy to obtain samples for the detection of MPs and NPs changes depending on the source: high-tide line, beaches and different depths of the water column, among others. This is because of the difference in the concentration and type of MPs in all of them. In general, as detailed by Hidalgo-Ruz et al. (2012), three types of sampling are distinguished: selective, bulk, and by volume-reduced.

Selective sampling is used for samples taken from beaches. This method consists of the identification and collection of MPs directly by the person conducting the study (Hidalgo-Ruz et al., 2012). To make this real, plastics must have a size perceptible to the subject (Hidalgo-Ruz et al., 2012). Therefore, the main limitation of this type of sampling is the analysis of MPs with sizes below this perceptible range and the human factor for their identification (Crawford and Quinn, 2017).

Bulk sampling refers to taking a volume in which MPs are believed to be found in the medium to be studied (Hidalgo-Ruz et al., 2012). Selecting this method is due to three factors: i) that the samples can be coated with other materials; ii) that there are many MPs of a small size in a volume that is not very large in comparison; iii) that MPs cannot be recognized with the naked eye (Hidalgo-Ruz et al., 2012).

The main advantage lies in the fact that many MPs can be extracted in a single intake, although in contrast, the concentration of MPs based on the total size of the sample can be small, as the volume of the sample is not reduced. Furthermore, depending on where these samples are taken, they may or may not be representative of the environment as a whole since the distribution of MPs over the entire surface is uneven.

The last method discussed is sampling by volume reduction. In the same way as in the previous case, samples would be taken from the place where the study is to be carried out. However, the water sample is subjected to a filtration prior to the analysis (Hidalgo-Ruz et al., 2012).

Contrary to bulk sampling, in this method a very large study area is covered since most of the sample is eliminated, leaving only the solid part that is larger than that of the filter. The main limitation lies

96 in the size of the filter available, since the smaller MPs will be eliminated along with the rest of the
97 sample, which causes interesting data to be lost depending on the study (Crawford and Quinn, 2017).

98 Once the sampling methods that can be used and the cases in which they are used are described, the
99 type of samples that can be obtained will be developed.

100 **2.1.Aqueous phase sampling**

101 The water samples are taken directly from the area in which the study is to be carried out. The mass
102 of water is taken and treated to obtain the data to be interpreted. Although the sample is extracted
103 from the same area, the concentration of MPs in it varies depending on the characteristics of the
104 material, such as size and shape, as well as the adhered substances, in addition to the environmental
105 conditions of each area, depth, and location.

106 Nets are often used to collect MPs from water samples. The chosen network will depend on the depth
107 and the area in which the study is carried out. (Wang and Wang 2018). If the samples belong to a
108 more superficial part, the neuston (Rivers et al. 2019) or manta (Schönlau et al. 2020), (Kazour et al.,
109 2019) will be normally used. The pore diameters of this type of nets are approximately 333 μm (Wang
110 and Wang 2018; Prata et al. 2019; Schönlau et al. 2020; Rivers et al. 2019), smaller than the size of
111 MPs that are usually found in those zones. Although the most common size of this type of net is the
112 one mentioned above, it can vary depending on the study, as is the case of the one carried out by
113 Suaria et al. 2020, which used a 200 μm neuston-type. For samples collected in the water column, the
114 type of net used is the bongo type (Wang et al. 2018; Prata et al. 2019). This is characterized by being
115 a double net that allows obtaining simultaneous equal samples at two points. For studies that require
116 greater precision due to the fact that the particle size of MPs is even smaller than those mentioned
117 above, the plankton type is used (Prata et al. 2019), whose pore diameter is 100 μm .

118 Although less frequent, another type of equipment is used to obtain samples (Prata et al., 2019), which
119 are pumps (Schönlau et al., 2020). The system to obtain water by pumps is capable of collecting
120 several cubic meters of water per hour (Tamminga et al., 2019). The water is taken and filtered to

121 collect MPs larger than those used for the filters. Filters can range from 500 μm (Schönlau et al.,
122 2020), 300 μm (Tamminga et al., 2019), (Schönlau et al., 2020), to 50 μm (Schönlau et al., 2020).
123 This technology is also used for a specific depth where extraction is guaranteed. This system is used
124 for the superficial study of the water, that is, approximately 5 cm under the top of water.

125 **2.2. Sediment Sample**

126 MPs that remain longer in the environment are those collected in sediment samples (Van
127 Cauwenberghe et al., 2015). Due to the density or accumulation of other substances on the surface of
128 plastics, they remain sunken and subjected to different actions of the environment, leading to the
129 degradation of the original plastics into smaller and more disparate pieces distributed at different
130 depths. As reported by Wang et al. (2018), bulk sampling is usually used to obtain sediment samples,
131 although they are also obtained selectively on beaches and by volume reduction.

132 The concentration in which MPs are found depends mainly on the depth and the area where they are
133 extracted. It is common to take these samples on beaches because they are dragged by the high tide
134 line, where the accumulation is large (Wang et al., 2018; Prata et al., 2019; Hidalgo-Ruz et al., 2012),
135 and from the seabed (Wang et al., 2018; Zhang et al., 2020), although they can also be extracted at
136 different depths of the water column (Prata et al., 2019).

137 As already mentioned, the most used method to obtain these samples is coarse sampling. Selective
138 sampling can be done manually (Crawford and Quinn, 2017) or by using spoons, tweezers, and other
139 gadgets that allow the person to pick up the MPs desired by the user directly and at the same moment.
140 Another option to extract MPs from beaches is to submerge a metal mesh in the sand (Kunz et al.,
141 2016) or a stainless-steel shovel (Song et al., 2015), with a surface area of 50x50 cm. This allows one
142 to obtain sediment samples of the superficial layer, up to 5 cm deep, or others deeper, up to 10 cm.
143 After collecting what remains in the mesh or in the spoon, the MPs are mixed with the sand from the
144 beach, so the entire sample is taken, which could be called a bulk sampling, and is passed through a
145 sieve to perform separation (Crawford & Quinn, 2017). On the seabed, although the investigations

146 are minor due to the great depths reached, there are some authors such as Zhang et al. (2020) who
147 place several hollow stainless-steel boxes distributed over the entire surface that covers the study
148 where MPs are deposited, dragged by the current and sunk, as already mentioned, to be later collected
149 and studied.

150 **2.3. Biota Sample**

151 As MPs are found immersed in marine ecosystems, it is easy to think that the species that live in these
152 environments can be directly influenced by their presence and even intervene in their vital functions.
153 The ingestion of this material can be both direct because it is immersed in large bodies of water and
154 indirect, following the trophic chain of the ecosystem, as shown in Figure 1.

155

156 **Insert figure 1**

157

158 To obtain this type of sample, it is necessary to perform work to collect marine species that may have
159 been affected by living with this type of material in their habitat, either by taking them directly from
160 the environment or for a study based on species that enter our diet, they can be purchased directly in
161 food stores (Griet et al., 2015).

162

163 **3. Sample Preparation**

164 Once the samples have been obtained, it is necessary to extract only the part that belongs to the MPs
165 and discard the rest. When samples are taken mainly from beaches and bodies of water, the part
166 removed will be water, sand, and organic or inorganic substances adhered to the surface of the MPs.
167 Therefore, the main steps will be common, namely reduction in sample volume, as long as it has not
168 been done previously, and thus purification (Prata et al., 2019).

169 **3.1. Separation of MPs and NPs from the sample**

170 The most used reduction and purification techniques are density separation, sieving, filtration, and
171 digestion. These techniques can be used individually or in combination for best results, e.g., digestion
172 followed by sieving or density separation and filtration. The selection of one technique will depend
173 on the specific case of each type of sample.

174 In the next section, we will go on to explain in detail what each of the mentioned techniques consists
175 of and in which cases its application is useful.

176

177 3.1.1. Filtration and Sieving

178 To perform the separation of MPs from sand or water, the sample was passed through a filter. MPs
179 and other substances larger than the filter pore will remain in it, thus separating them from the smaller
180 ones.

181 The filters used are generally cellulose, whose typical pore sizes range between 20 and 43 μm (Wang
182 et al., 2017 ; Thiele et al., 2019). Although smaller sizes have also been achieved by changing the
183 type of material, there are cellulose nitrate filters capable of reaching 5 μm in diameter and up to 1.2
184 μm made of fiberglass (Thiele et al., 2019).

185 One of the alternatives to increase the effectiveness of the technique, as proposed by Funck et al.
186 (2020), would be to pass the sample through the filter, applying some pressure on it. As can be
187 detected, the filters mentioned above are made of very fragile materials, so if this technique is applied
188 to them, they will break. Because of this, it is necessary for the filters to be made of a more resistant
189 material to avoid breakage. Funck et al. (2020) used several 10 μm , 50 μm and 100 μm stainless steel
190 filters. This method is interesting when a rapid extraction of MPs is required due to the high volume
191 of samples.

192 The sieving differs from filtration by the use of a sieve to separate the MPs from the rest of the sample.
193 Usually, the sieves that are used have a mesh size between 0.038 - 4.750 mm (Fu et al., 2020) and are

194 made of a resistant material. For example, steel (Löder et al., 2015) allows the passage of water or
195 other substances correctly, without breaking or deforming easily.

196 The process is as simple as passing the sample through sieves of the desired size. To separate MPs of
197 different sizes, the process can be repeated several times with sieves of different sizes, from the largest
198 to the smallest (Moore et al., 2002). This method is especially effective for water samples and
199 sediment samples that have already separated the attached matter from the MP (Löder et al., 2015).

200

201 3.1.2. Flotation and elutriation

202 The method of separation by flotation uses the physical property of the density between the material
203 and other substances. This is possible because of the Bouyant force of the liquid with a density higher
204 than that of the object to be separated. Immersing the material, it displaces its same volume in the
205 liquid where it is introduced, resulting in a thrust force equal to the displaced volume. If the material
206 weighs less than that of the displaced volume, part of it is suspended above the liquid until the weight
207 of the material and the thrust are the same value (Hwang, 2001). On the other hand, if the material
208 weighs more than the volume of the displaced liquid, it will sink.

209 The density of polymers varies as a function of the physicochemical properties that differentiate each
210 other, such as molecular weight, degree of polymerization, or cross-linking of the chains. Within the
211 same type, there may also be variations, depending on the degree of crystallinity. Those with the
212 highest crystallinity are also those with the highest density, due to the increasing degree of
213 compaction between the polymer chains of the macromolecules that make up the material (Callister,
214 2016). Taking the example of low-density polyethylene (LDPE) and its antagonist, high-density
215 polyethylene (HDPE), their mean densities are 0.9245 g / cm^3 and 0.9585 g / cm^3 . Although these
216 values are quite similar, there are some commercial polymers that increase or decrease this value.
217 Below, Table 1 shows the density ranges of some of the most commonly used polymers and,
218 therefore, most commonly found in MPs research:

219 **Insert table 1**

220 On the other hand, it is also necessary to take into account the density of sediments and sand. Wang
221 and Wang (2018), Hidalgo-Ruz et al. (2012), and Prata et al. (2019) note these values between 2.65-
222 2.70 g / cm³.

223 The separation method is based on the choice of one of the salts, mixed with distilled water (Quinn
224 et al., 2016) until the densities shown in Table 2. As a result, the sample to be separated. On the
225 surface, MPs will be separated from unwanted materials such as silica or other substances.

226 **Insert table 2**

227 Depending on the material desired to be separated, the type of liquid used will be chosen. Table 3
228 shows which solutions would be able to extract any of the MPs or sediments discussed above.

229 **Insert table 3**

230 After comparing, it could be considered that the best option is the direct selection of the solution with
231 the highest density in order to guarantee the separation of any type of material. However, salts mixing
232 that provide the highest densities and the best results also has the worst environmental impact. This
233 is due to the type of chemical compounds. Furthermore, they are the highest costs (Wang et al., 2018).
234 On the contrary, solutions with lower density such as those of water and those saturated with sodium
235 chloride are very cheap, easily accessible to any laboratory, and their environmental impact is much
236 lower than the previous ones. Hence, these advantages result in the high utilisation of low-density
237 solutions in research.

238 There are many investigations that use different salts to make the separations. Quinn et al. (2016)
239 compared different solutions to perform the separation: fresh water, NaCl, NaBr, NaI, and ZnBr₂. In
240 this article, it is revealed that solutions based on NaI and ZnBr₂ obtain the highest polymer recovery
241 rate, up to 99%, due to their high density. In the case of fresh water, the one with the lowest density
242 will therefore have the worst recovery rates. Lastly, NaCl obtains recovery rates lower than those of

243 other salts but better than those of fresh water. However, it is one of the most widely used for the
244 separation of MPs; since it is cheap, respectful to the environment, and for polymers with a density
245 similar to those of HDPE, very commonly found in water, it allows obtaining a recovery of up to
246 90%.

247 Once this mixing process has been carried out, a filtration could be performed to finally separate the
248 solution from the desired material, and the process can even be repeated several times to increase the
249 recovery of the material (Woodall et al., 2014).

250 **3.2. Purification: Removal of organic material**

251 Purification is a methodology widely used for sediment samples. MPs submerged for very long
252 periods of time, presenting adhesion of organic species such as zooplankton, phytoplankton, biofilms,
253 or other marine microorganisms (Wang and Wang, 2018). These interfere in the characterization of
254 the samples. For example, the biological material ranges between 0.5 - 7.0%, are those that are taken
255 from beaches. Because of digestion, the organic matter adhering to the MPs is reduced without
256 affecting the structural and chemical integrity of the polymers. This method is interesting for
257 biological samples (Roch and Brinker, 2017), especially when it comes to examining collections from
258 digestive tracts of these species (Kühn et al., 2017).

259 There are different methods of digestion depending on the chemical agent used: acid, alkali,
260 oxidizing, and enzymatic. Currently, the most widely used methods are acid, alkali and oxidizing;
261 however, the enzyme is gaining more and more prominence due to the fact that it presents a less
262 aggressive character with treated MPs (Courtene-Jones et al., 2016), in addition to giving very good
263 results purification.

264 Purification consists of making a solution with one of the agents that appear in Table 4. At a certain
265 concentration, time, and temperature, the sample is immersed in water to be treated to eliminate
266 organic matter.

267 **Insert table 4**

268 There are parameters that can be varied to improve the efficiency of the process, such as temperature
269 or concentration. Figure 2 is obtained from the study carried out by Karami et al. (2017). It can be
270 observed that the efficiency of elimination of organic matter varies as follows:

271 **Insert figure 2**

272

273 As observed in Figure 2, it can be concluded:

- 274 - Alkali solutions give different results. The KOH solution is always maintained in high
275 efficiency ranges, although the temperature varies. The maximum value was reached at
276 40 ° C. However, solutions based on NaOH depend on the temperature variation,
277 increasing the efficiency as the temperature increases.
- 278 - Acid solutions based on HCl and HNO₃, at a concentration of 5% by volume, show similar
279 behaviour with temperature ranges, even with a small decrease to 50 ° C. As soon as the
280 concentration is increased to 37% HCl and 69% HNO₃, clearly the efficiency increases
281 from the lowest temperatures, and although for HCl it increases slightly, in the case of
282 HNO₃ it decreases as the temperature increases.
- 283 - Oxidizing solutions based on H₂O₂ present high extraction efficiency values from 40 ° C
284 and progressively increase as the temperature increases.

285 The main drawback when the temperature and concentration are increasing is that not only the
286 presence of organic matter but also the most sensitive polymers can be degraded, falsifying the
287 subsequent results. This can be clearly seen because the color of the MPs varies with increasing
288 temperature in alkali and oxidizing solutions (Karami et al., 2017), (Roch and Brinker, 2017).
289 Regarding acid solutions, at the highest concentrations, some MPs such as LDPE, HDPE, PP and
290 PET melt even at room temperature (Karami et al., 2017).

291 Although mainly the agents described separately are used, combinations of various of them were also
292 made to proceed with the digestion. For example, Roch and Brinker (2017) perform digestion from
293 the mixture of HNO₃ and NaOH. This method showed a MPs recovery rate of ≥95%, and all tested
294 polymer types were recovered with only minor changes in weight, size, and color with the exception
295 of polyamide.

296

297 **4. Identification and quantification**

298 Once the samples have been obtained and properly separated, as explained in the previous sections,
299 a series of techniques and instruments for the study and characterization of the MPs that are obtained
300 are necessary. The scientific community opts for the following for the identification of MPs:

- 301 i) Identification and optical microscopy
- 302 ii) Electron microscopy
- 303 iii) Fourier transform infrared spectroscopy
- 304 iv) Raman spectroscopy

305 **4.1. Identification and optical microscopy**

306 The optical identification of MPs is one of the most widely used techniques. It is carried out with
307 the naked eye or by means of an optical microscope, depending on the size of the MPs in the
308 samples obtained already separated from the possible substances not relevant for the study. Larger
309 pieces can be directly identified and quantified; however, smaller ones require microscopy to
310 ensure that the pieces are MP and will not be confused with sand, shell fragments, plants, minerals,
311 or rocks of similar sizes (Kunz et al., 2016). Due to the possible confusion and mistakes produced
312 by optical identification, Norén (2007) establishes a series of steps to follow to minimize these
313 errors.

- 314 1. Guarantee the absence of cellular material or visible organic structures adhered to the MPs.

- 315 2. If the MP is fiber-shaped, it should have a similar width throughout its entire surface.
- 316 3. MPs must be homogeneous in shape, and they will be shown defined colors.
- 317 4. If the MP is discolored or transparent, a microscope with high magnification will be used.
- 318 Fluorescence is recommended to exclude the organic origin.

319 The main aspects that are allowed to be obtained through these techniques are the type, source, state
320 of degradation, and color (Hidalgo-Ruz et al., 2012). This technique is widely used because of its low
321 cost compared to the other techniques that will be discussed.

322 **4.2. Electron Microscopy**

323 This type of microscopy differs from the previous one since it uses a high-intensity electron beam to
324 generate high-resolution images. The one used for the identification of MPs is the so-called scanning
325 electron microscope (SEM).

326 The electron beam falls on the surface of the sample, obtaining as a result image of it at high
327 magnifications, up to one million, showing details less than 0.5 nm (Wang and Wang, 2018).

328 This technology makes it possible to differentiate the possible substances adhering to MPs from those
329 that are not. In addition, it can be combined with other techniques to obtain more information. For
330 example, to know the state of degradation and elemental composition of the samples, one can resort
331 to X-ray energy dispersion spectroscopy (EDS) together with SEM (Fries et al., 2013).

332 The main problem with this technique is the high cost of the equipment and the difficulty in preparing
333 the samples (Wang et al., 2018). They must be under vacuum conditions and treated to convert them
334 into conductive materials (Fries et al., 2013) through which the electrons that generate the image
335 circulate.

336 **4.3. Fourier transform infrared spectroscopy**

337 This technique, called Fourier transform infrared spectroscopy (FTIR), generates a spectrum of the
338 material based on its chemical bonds and its component structure. These are specific to each one. An
339 infrared beam is deposited on the sample, generating the vibration of part of the molecules that make

340 up it (Löder and Gerdts, 2015). The spectrum obtained is compared with those of already known
341 materials and thus it is known with certainty which is the sample material (Wang and Wang, 2018),
342 (Courtene-Jones et al., 2016). It also allows us to know, as in the previous case, the state of
343 degradation of the polymer.

344 This technology is used not only for the identification of the type of MP (Kühn et al., 2017), but also
345 for its quantification (Courtene-Jones et al., 2016) by differentiating them from materials that are not
346 MPs.

347 Many studies opt for this technique that incorporates a variation, for example, FTIR with Attenuated
348 Total Reflectance (ATR) (Kunz et al., 2016; Song et al., 2015; Kühn et al., 2017; Courtene-Jones et
349 al., 2016). This variation with respect to the initial technique consists of the incorporation of an
350 optically dense crystal that makes it possible to measure the changes produced in the infrared beam
351 when striking the sample (ThermoFisher Scientific). FTIR-ATR is especially useful for the analysis
352 of materials of sizes greater than 500 μm (Xu, Z. et al., 2020).

353 The main limitations of this method are the high cost of the equipment and the time (Wang et al.,
354 2018) required to analyze and interpret the data obtained for the subsequent study.

355 **4.4. Raman spectroscopy**

356 The principle of operation of this technique is based on the use of a monochromatic laser beam that
357 is irradiated on the sample. This causes a spectrum of light to be generated at different frequencies
358 by the light absorbed and reflected from the beam, depending on the atomic composition and
359 molecular structure of the material on which it falls (Löder and Gerdts, 2015). As in the generated
360 previous case, the spectrum is specific for each material (Wang and Wang, 2018), so in this way the
361 type of polymer or other substance belonging to each sample is identified quite precisely (Song et al.,
362 2015; Löder and Gerdts, 2015) and allows quantifying the MPs present in each one (Song et al.,
363 2015).

364 Raman spectroscopy can be combined with traditional light microscopy to detect MPs whose sizes
365 are too small that they cannot be found otherwise. This technique, called micro-Raman, then makes
366 it possible to work at different sizes, even counting MPs of a few micrometers (Löder and Gerdts,
367 2015). However, the use of this technique can generate results that generate errors when confused
368 with other materials, due to the presence of additives or other chemicals, normally associated with
369 MPs (Huppertsberg and Knepper, 2018).

370

371 After describing the main identification and quantification methods, it can be concluded:

- 372 1) According to the location of the research, a determined sampling type will be chosen to
373 obtain a certain sample. This can be seen in Table 5.
- 374 2) Once the sample is obtained, its identification will also be based on the ease of
375 manipulation and precision. Table 6 shows the main advantages and disadvantages of each
376 one.

377

378 **Insert table 5**

379

Insert table 6

380 **5. Advance Methods for the Detection of MPs and NPs**

381 Pyrolysis-GCMS (Py-GC/MS) is one promising method for the direct quantification of MPs and NPs
382 in environmental samples (Fabbri et al., 2000; La Nasa et al., 2020; Gigault et al., 2021). Pyrolysis-
383 MS was first reported in 1948, and py-GC/MS was progressively developed with the advent of GC
384 in 1952 and of chemically inert fused silica capillary columns in 1979 (Tsuge and Ohtani, 2002). Py-
385 GC/MS is like a 'symbiotic technique' in which macromolecules (organic compounds) and polymers
386 are degraded into small volatile fragments that are efficiently separated in a GC column. The obtained
387 chromatogram, called the pyrogram, is polymer specific and individual peaks can be identified with
388 mass spectrometry (Pico and Barcelo, 2020; Tsuge and Ohtani, 2002)(Figure 3 and 4).

389 Polymer degradation occurs through rapid sample heating (at >500°C for 10 s to 1 min), which is the
390 first key parameter of a py/GC-MS system. This is obtained only with Curie point and tungsten
391 filament pyrolyzers. The second key parameter is maintaining a high temperature throughout the
392 whole analytical system, to avoid products condensation and adsorption in the system, except for the
393 column head where the concentration of molecules occurs before chromatographic separation. The
394 complete description of pyrolyser types and system configurations have been reviewed in Dehaut et
395 al. (2020).

396 Classical applications of py-GC/MS are polymer characterization (specific composition and / or
397 chemical structures, degradation mechanisms, and related kinetics) (Tsuge and Ohtani, 2002). The
398 most recent applications of py-GC/MS are in fast polymer identification and quantification in
399 environmental samples (Dehaut et al. 2020), through analysing their specific pyrolysis products. Their
400 nature and proportion are immediately related to the applied pyrolysis temperature. The main
401 products obtained for various polymers are reported by La Nasa et al. (2020)), and more products are
402 described for other polymers such as polyurethane (PUR), polycaprolactam (PA-6), acrylonitrile
403 butadiene styrene (ABS), nylon 66 (PA-66) and polytetrafluoroethylene (PTFE) (Dehaut et al. 2020).

404 In polymer mixtures or in field samples, accurate and specific polymer quantification can only be
405 performed using specific markers. Such markers have been identified for only a few polymers. For
406 polypropylene (PP), the major pyrolysis product present at temperatures between 560 and 700 °C is
407 2,4-dimethyl-1-heptene. It has been proposed as a marker of PP. For polyethylene (PE), no molecule
408 was identified as a marker, but the target 97 and 83 m/z ions and also 55 m/z ions have been proposed
409 as markers for α -alkenes, and for α , ω -alkadienes, respectively, which are pyrolysis products of PE.
410 The proposed markers for polystyrene pyrolysis are the styrene dimer (2,4-diphenyl-1-butene) and
411 the styrene trimer (2,4,6-triphenyl-1-hexene). The latter is detected below 600 °C and absent at 700
412 °C. Finally, ϵ -caprolactam, and methyl methacrylate were proposed as markers for the pyrolysis of
413 PA-6 and PMMA, respectively (Dehaut et al., 2020).

414 Considering these markers, the identification of MPs in environmental samples using py-GC/MS was
415 often partial. Moreover, only a selected part of the sampled microparticles could usually be analysed.
416 In addition, identification of fibers is challenging because of their low mass due to their shape.
417 Therefore, identification of single particles with GCMS can be difficult and is dependent on the
418 particle mass (Dehaut et al., 2020).

419 **Insert figure 3**

420 **Insert figure 4**

421

422 Moreover, pyrolysis of field samples generates complex pyrograms with nonspecific pyrolysis
423 products, which are common to the pyrolysis of natural organic matter and polymers. Therefore, the
424 analysis of field samples using py-GC/MS requires both sample purification and identification of
425 specific polymer markers. In complex samples such as soil, sediments, or biological samples,
426 interactions and aggregates between nanoplastics and matrice components need to be overcome to
427 isolate nanoplastics. Quantitation should be the final step in nanoplastics analysis. In their excellent
428 review, Cai et al. (2021) indicated that only 5 out of 33 screened papers published by the beginning
429 of December 2020 presented real field data on detection and analysis of nanoplastics. The analyzed
430 samples were seawater, snow, air, sand, and agricultural soil, and measurements were performed
431 using thermochemical or spectroscopic methods.

432 Moreover, Py-GC/MS allows the identification, and determination of polymer mass per sample, but
433 gives no information about particle number or morphology, which are required data for ecotoxicology
434 studies (Cai et al. 2021, Bartkova et al. 2021)

435 Furthermore, lower limit of detection (LOD) are needed for nanoplastic determinations in field
436 samples by py-GC/MS (LOD measured of 0.6 µg/L PMMA in water, and 52µg/g for PS in fish
437 samples)(Cai et al., 2021).

438

439 **6. Major challenges**

440 The challenges about the sampling and sample preparation for the detection of MPs and NPs can vary
441 as a function of the water matrices in which they are contained. The main problem that these issues
442 are addressing are the unexistence of clear and standardized procedures for the sampling and detection
443 that does not let a real and true comparison between different studies.

444 Despite this, there is no knowledge about how the MPs and NPs evolved in the aqueous solutions
445 along time and so about the evolution of their ecotoxicity and persistence which make more difficult
446 the sampling.

447 Beside these reasons, an increase in the awareness of the aqueous plastic pollution is needed.

448 So, as a future goal, the main challenge will consist of the development of standardized methodologies
449 for sampling and for the detection and quantification of the micro- and nanoparticles in real water.

450

451 **7. Conclusions and perspectives**

452 MPs and NPs are present in the environment, including the biota. In this chapter, an overview of the
453 main existing methods of sampling, sample preparation, and the identification of MPs and
454 nanoplastics in all compartments is provided.

455 The main conclusions are that the methods employed for these purposes substantially depend on the
456 type of material, the size of the polymer, and the matrix in which the polymer is involved.

457 The scarce information obtained about these procedures indicates the lack of standard methods and
458 the need of an international agreement that allows for a routine application for comparison purposes.

459 In addition, there exists a need to develop appropriate MPs and NPs risk assessment methods,
460 including those regarding their interactions with other pollutants and with living organisms.

461

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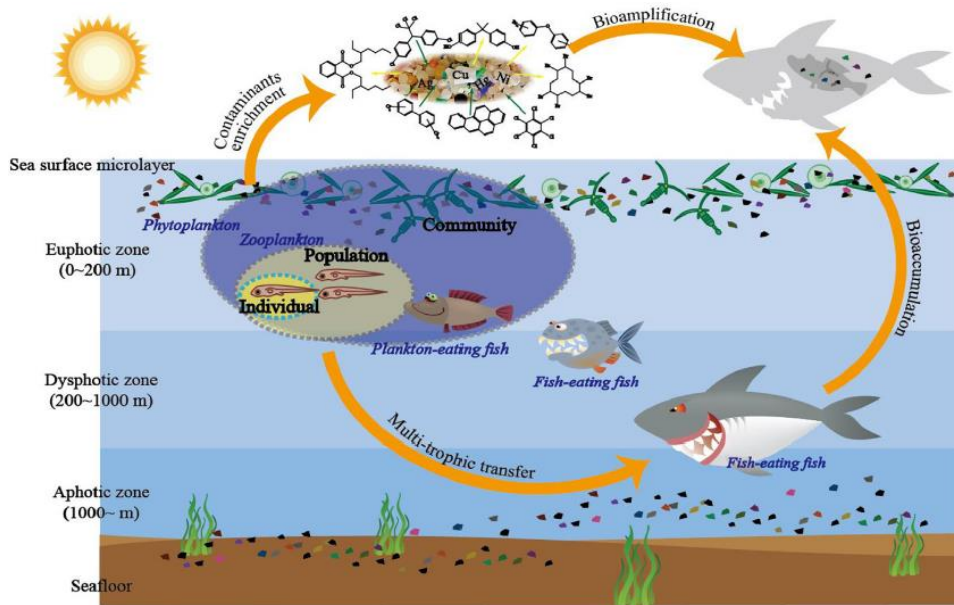
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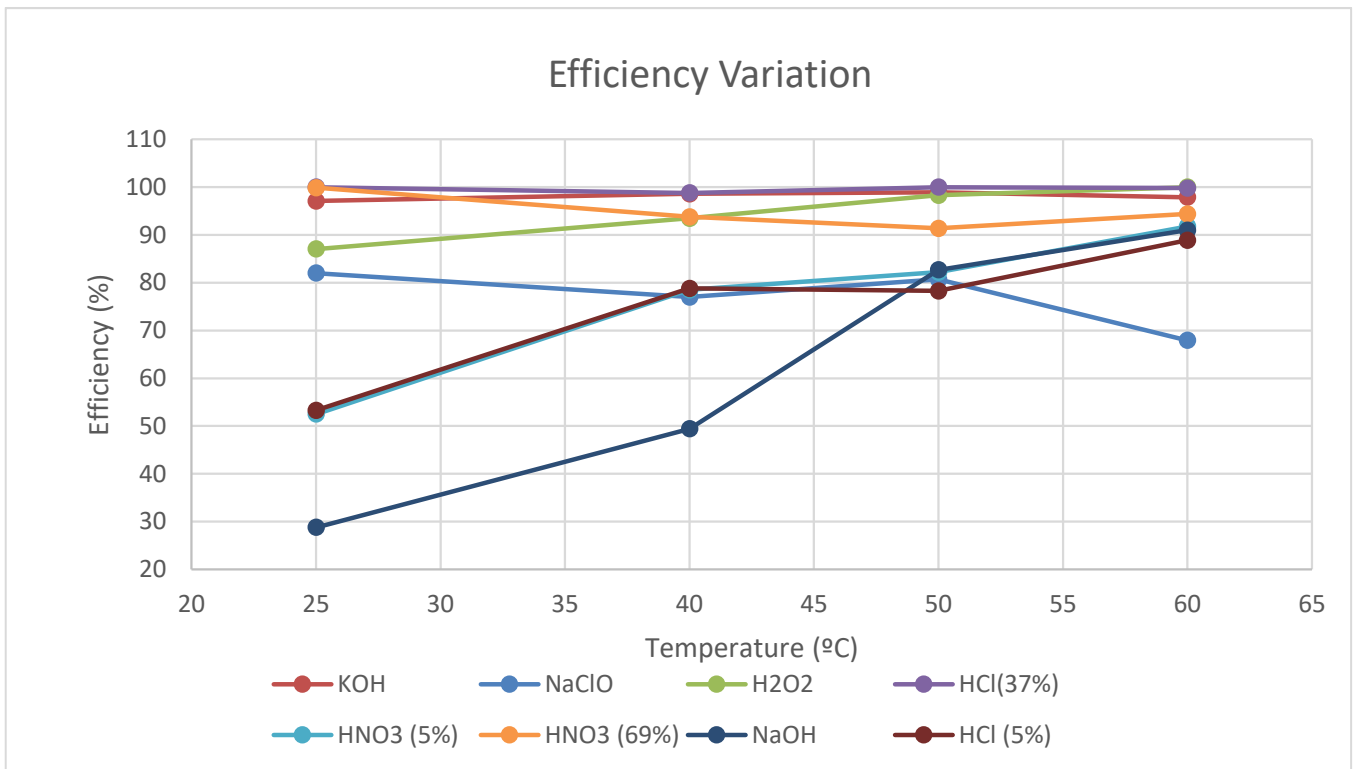
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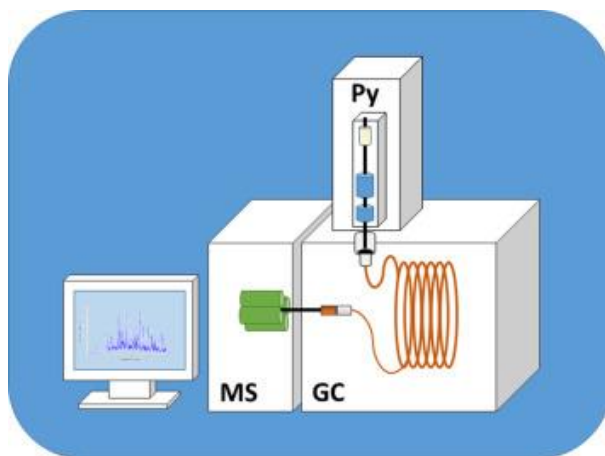


477 Figure 1. Introduction of Microplastics inside the Tropical Chain of Oceans Obtained from (Ma, H.
 478 et al., 2020)



479

480 Figure 2. Variation in the removal efficiency of organic matter from microplastic as a function of
 481 temperature and digestion. Own elaboration of the seed according to the data of Karami et al.
 482 (2017).

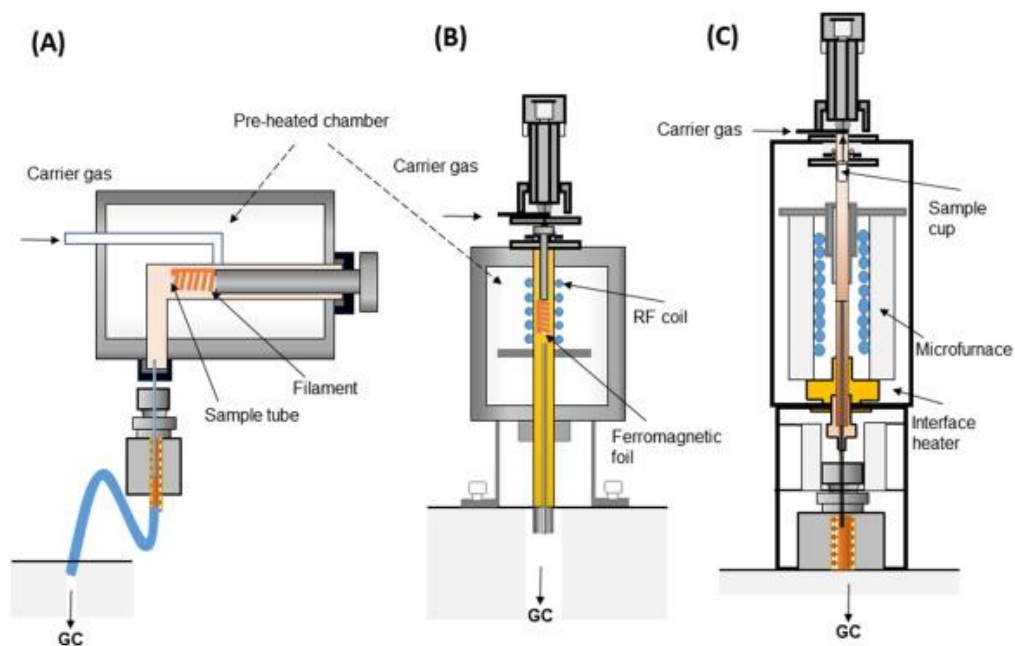


483

484

Figure 3. Scheme of the instrumentation in Py-GC-MS. From Picó et al. 2020.

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486

487

Figure 4. Scheme of the different types of pyrolyzers currently in used. From Picó et al. 2020.

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489

490

Table 1. Density of some commercially typical polymers. (Data obtained from Agranoff, 1998).

Polymer	Density (g/cm³)
Low-density polyethylene (LDPE)	0.92-0.93
High-density polyethylene (HDPE)	0.95-0.96
Vinyl polychloride (PVC)	1.30-1.58
Polypropylene (PP)	0.90-0.91
Polistyrene (PS)	1.04-1.05
Polimethylmetacrylate (PMMA)	1.17-1.20
Poliethylenethereftalate (PET)	1.29-1.40

491

492

493

Table 2. Density of typical solutions used in density separation. (Data obtained from Quinn et al.,

494

2016).

Solution	Density (g/cm³)
Water	1.00
Salty water	1.03
NaCl supersaturated solution	1.20
Solution of NaI	1.80
Solution of ZnCl	1.50-1.70
Solution of ZnBr₂	1.70

495

496 *Table 3. Selection by density of the solution for each material that guarantees its separation. Own*
 497 *elaboration from data of table 1 and 2.*

Solution	LDPE	HDPE	PVC	PP	PS	PMMA	PET	Sediments
Water	Yes	Yes	No	Si	No	No	No	No
Salty water	Yes	Yes	No	Yes	No	No	No	No
Solution of NaCl	Yes	Yes	No	Yes	Yes	Yes	No	No
Solution of NaI	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
Solution of ZnCl	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
Solution of ZnBr ₂	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No

498

499 *Table 4. Type of digestion used for the separation of organic material from the microplastic and the*
 500 *normally used chemical agent.*

Type of digestion	Agent	References
Alkali	KOH	(Thiele et al. 2019), (Kühn et al. 2017), (Karami et al. 2017), (Enders et al. 2016)
	NaOH	(Karami et al. 2017)
Acid	HNO ₃	(Karami et al. 2017)
	HCl	(Karami et al. 2017)
	NaClO	(Karami et al. 2017), (Enders et al. 2016)
Oxidizing	H ₂ O ₂	(Karami et al. 2017), (Xu, Z. et al. 2020)
Enzymatic	K-Proteinase,	(Karlsson et al. 2017)

	Trypsin	(Courtene-Jones et al. 2016)
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501

502

Table 5. Conditions for the selection of the sampling type and the obtained sample.

Sampling		
Selective	Bulk	Volumen reduction
Visible Microplastics	Non-viscous microplastics	Large area of study
Beaches	Low concentration of MPs	-
-	Beaches	-
Samples		
Sediments	Water	Water
-	Sediments	Sediments

503

504

505

Table 6. Comparison of advantages and disadvantages for every identification technique.

Advantages	Drawbacks
Identification and optical microscopy	
Low cost	Errors due to human factors
Easy Manipulation	Difficult Identification of Smaller Pieces
Electronic microscopy	
High-resolution	High cost
Identification to the nanometric scale	Minucious preparation of the samples
Substances Differentiation	Vacuum Conditions
-	Cualified Emplolyees

FTIR	
Identification of Microplastic Type	High cost
Precise identification of materials	Time
Quantification	Generation of nonsimple data to analyze
Raman spectroscopy	
Identification of MP type	Precise
Identification of other materials	-
Quantification	-
Identification of MPs with sizes close to the micra (micro-Raman)	-

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