

Stranded in the high tide line: spatial and temporal variability of beached microplastics in a semi-enclosed embayment (Arcachon, France)

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1 Stranded in the high tide line: spatial and temporal variability of beached microplastics 2 in a semi-enclosed embayment (Arcachon, France) 3 4 Charlotte Lefebvre^{1,2}, Isabel Jalón Rojas¹, Juliette Lasserre¹, Sandrine Villette ², Sophie 5 6 Lecomte², Jérôme Cachot¹, Bénédicte Morin^{1*} 7 ¹ EPOC, University of Bordeaux, CNRS, OASU, EPHE, UMR 5805, 33600 Pessac, France 8 9 ² CBMN, University of Bordeaux, CNRS, Bordeaux INP, UMR 5248, 33600, Pessac, France 10 *Corresponding author 11 12 Email address: benedicte.morin@u-bordeaux.fr 13 UMR CNRS 5805 EPOC-OASU - Bâtiment B2, allée Geoffroy Saint-Hilaire, CS50023 -33615 Pessac Cedex, France 14 15 16 17 Preference for color: Online version only 18 19 20 21 Abstract 22 Coastal environments are a predominant ultimate destination of marine debris, becoming a key focus of studies assessing microplastic (MP) contamination. Here, we described the visible 23 24 fraction of MP (from 0.5 to 5 mm) that washed up during the high tide at different sites of a semi-enclosed mesotidal bay and investigated the main abiotic factors driving MP beaching. 25

Three contrasted beaches of the Arcachon Bay (SW France) were monitored on a monthly basis during 2019. Samplings were made along a 100 m longitudinal transect at the high-water strandline (4 quadrats of 0.25m^2) and at an intermediate tidal range. Each sampled particle was characterized by morphometric data (e.g. size, shape, color, roughness) and polymer identification was performed by ATR-FTIR technique. Results show that MP concentration was higher on the beach located at the mouth of the bay ($36.0 \pm 39.2 \text{ MP.m}^{-2}$) than at the back and the outside of the bay (respectively 2.7 ± 4.4 and $1.7 \pm 2.4 \text{ MP.m}^{-2}$). This may be related to the strong currents at the entry of the embayment and the beach orientation, exposed to predominant winds. Beached MP were mainly pre-production pellets and fragments as they represented respectively 49 % and 39 % of all analyzed shapes. Polymers with low density were particularly abundant. Polyethylene represented 69 % of all the particles while polypropylene accounted for 17 % and polystyrene for 10 %. We also observed that MP were mostly washed up when wind, waves and river flow were more intense. Analysis suggest that wind direction and speed are key factors influencing beaching as strong onshore wind enhance this process.

- Key-words: microplastic, beaching, quantification, identification, environmental factors,
- 42 Atlantic coast

Introduction

Since its discovering in 1950s, plastic is omnipresent in our everyday life. Its use is unavoidable in all industries such as packaging, building, electronic, textile or agriculture. "Plastic materials" expression commonly refers to various synthetic polymer types in which many additives such as flame retardants or stabilizers can be included (Thompson et al., 2009).

In 2015, 380 million tons of plastic were produced worldwide (Geyer et al., 2017) and since the beginning of plastic production, around 4900 million tons already entered the natural environment, which is equivalent to 60% of all plastics ever produced (Geyer et al., 2017). Moreover, plastic litter is recognized as being ubiquitous in the marine environment (Jeftic et al., 2009). This pollution is now raising serious concerns about environmental, economic, aesthetical and societal issues (Bergmann et al., 2015; Goverse et al., 2014; Moore, 2008).

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Estimations based on modeling indicate that 5 trillion of plastic particles are floating at the surface of the ocean, 92.4 % of them being particles with dimensions between 0.33 mm and 4.75 mm (Eriksen et al., 2014). Actually, authors have assigned different size categories of plastic litter. Microplastic (MP) category commonly refers to pieces which have a size inferior to 5 mm (Gago et al., 2016; Marine Strategy Framework Directive, 2013). Lower limit size, which makes the distinction with nanoplastics particles, can vary between 1 µm (da Costa et al., 2016) and 100 µm (Bergmann et al., 2015) among studies and working groups. Recently, Frias and Nash (2019) proposed a consensual definition: "Microplastics are any synthetic solid particle or polymeric matrix, with regular or irregular shape and with size ranging from 1 µm to 5 mm, of either primary or secondary manufacturing origin, which are insoluble in water". A common size range definition is crucial for consistency and comparison between studies. Besides, MP can be described by a secondary origin when they come from fragmentation and degradation of larger plastic pieces (Cole et al., 2011; GESAMP, 2015). On the contrary, primary MP have two major origins, they are either plastic particles manufactured at small size (GESAMP, 2015), or discarded in the environment at a small size (inferior to 5 mm; Boucher and Friot, 2017). MP are also commonly described by their shape (e.g. pellets, fragments, foams, fibers) and color (e.g. white, black, blue, red) (e.g. Hidalgo-Ruz et al., 2012; Lusher et al., 2020).

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Once in the marine environment, MP are known to adsorb hydrophobic chemicals (Engler, 2012). Consequently, organic pollutants such as PCBs and PAHs have been found on MP (pellets and fragments) collected on sandy beaches (e.g. Gorman et al., 2019; Ogata et al., 2009) but also other contaminants like metals (e.g. Massos and Turner, 2017). Moreover, MP can be ingested by a large diversity of marine organisms, such as invertebrates (e.g. Courtene-Jones et al., 2019), seabirds (e.g. Amélineau et al., 2016; Baak et al., 2020) and turtles (e.g. Duncan et al., 2019; Matiddi et al., 2019). Chemicals that are associate to MP are bioavailable and can impair early stage development of different species (e.g. Cormier et al., 2021; Pannetier et al., 2020; Scopetani et al., 2018) but can also be transferred to upper trophic level (Cousin et al., 2020).

MP fragmentation process seems to occur preferentially in specific systems such as beaches given that they are exposed to UV radiation, wave and wind actions and in some places to tidal cycles (e.g. Andrady, 2011; Cooper and Corcoran, 2010; Corcoran et al., 2009). Moreover, beaches are likely to be a hot spot for plastic among all litter types as it could make up 92% of total recovered litter (Vlachogianni et al., 2018). For example, observations of exceptional high concentrations, up to 258 408 items per m², has been reported at one beach of Lantau Island (Hong-Kong, Fok and Cheung, 2015). Turra et al. (2015) also suggested that deposition on sandy beaches may be the predominant fate of MP, including pre-production pellets. Despite the multiplication of sampling surveys on beaches over the last years (e.g. Carvalho et al., 2021; Pérez-Alvelo et al., 2021; Tata et al., 2020), the temporal and spatial variabilities in the distribution and transport patterns of MP are not yet clearly understood for this compartment. This may be related to the lack of recurrent (e.g. monthly) multi-site monitoring and the multiple environmental and anthropic factors influencing the MP beaching process at different time scales. Indeed, anthropic factors that influence variabilities of MP

contamination of beaches include, for instance, the distance to an industrial or urban center or proximity to port facilities (e.g. Antunes et al., 2018; Hidalgo-Ruz and Thiel, 2013). The closeness and density of anthropic activities tend as well to increase concentration of MP according to previous studies (e.g. Browne et al., 2011; Hidalgo-Ruz and Thiel, 2013). Variations in beached MP concentrations at global, regional and local scales may also be influenced by environmental parameters such as the proximity to a river mouth (e.g. Constant et al., 2019; Karthik et al., 2018; Williams et al., 2016), the river influx of microplastics (Karthik et al., 2018) and hydrodynamics features (e.g. Balthazar-Silva et al., 2020; Williams et al., 2017). In coastal and nearshore waters, tidal currents, wind-driven currents, wave processes (shoaling, breaking) and their related currents may affect the behavior, transport and beaching of MP (Forsberg et al., 2020; Jalón-Rojas et al., 2019a; Zhang, 2017). Beaching and MP concentration on shoreline may also depend on beach-specific factors such as the specific exposure and morphology (e.g. beach profile, slope, topography, beach rock) (e.g. Lo et al., 2020; Pinheiro et al., 2019; Ryan et al., 2018).

An accurate estimation of fluxes and modelling of transport pathways requires qualitative and quantitative assessment of standing stock of MP in all aquatic compartments (regardless of the size range of particles). For instance, deposition and recapturing processes are known, but not systematically considered in modeling studies due to the lack of data to implement this process. Actually, studies often sampled MP within the sediment. Yet, the fraction of "large" MP (1-5 mm) that freshly washed up onto the beach is rarely described specifically (e.g. Antunes et al., 2018). However, this fraction may help to evaluate MP standing stock and inputs in this compartment, as well as to assess the complex dynamic and high variabilities even at a local scale. It also may reflect, at least partially, what is floating at the sea surface near the coastline before being transport by tides to the beach. Additionally, the Marine Strategy Framework Directive (MSFD) Technical Subgroup on Marine Litter (TSG-ML)

recommends to study beach litter distribution (including MP) and its variations in order to support management policies and evaluate efficiency of mitigation strategies (Marine Strategy Framework Directive, 2013). Moreover, beached MP surveys are not expensive, do not necessitate complicated preparations and analysis time is shorter when considering only the visible fraction. Still, it provides reliable data for the description in the environment but also for models inputs.

In this overall context, this paper reported the description of MP beaching at three different locations of the Arcachon Bay (South-West, France) by conducting monthly sampling over one year. This triangular-shaped lagoon, connected to the Atlantic Ocean, is mainly influenced by a semi diurnal tidal cycle (Plus et al., 2009). It is also a place supporting several anthropic pressures like growing urbanization, fishing, shell farming and a strong seasonal tourist activity. The study focuses on MP that freshly beached with the high tide line at an intermediate tidal range for the Atlantic coast. Besides, this study takes into account environmental factors such as wind, wave and river flow during the whole sampling period to better understand MP deposition in this area. Therefore, this research aims to (1) make a quantitative and qualitative analysis of MP deposition on three different beaches in the Arcachon Bay, (2) evaluate the spatial and temporal variability in MP distribution over one year and (3) evaluate the influence of environmental factors on MP beaching variability.

Methods

2.1 Studied area

The Arcachon bay is a lagoon located on the South West coast of France and connected to the Atlantic Ocean (44°40′N, 1°10′W; Fig. 1A). This triangular shaped lagoon extends over

a surface of 160 Km² at high tide (Cayocca, 2001). A complex network of channels and intertidal flats characterizes the inner bay. At the mouth, two main channels called North and South channels connect the bay to the ocean and make the water circulation possible (Fig. 1A). Tides are semidiurnal and dominate the hydrodynamic in both the inner bay and inlet (Plus et al., 2009; Salles et al., 2015). Tidal range oscillates between 0.80 m and 4.60 m (Cayocca, 2001) and the mean tidal prism is 384 million m³, meaning here that two third of the water volume is renewed during each tidal cycle (Plus et al., 2009). Winds are also a major factor influencing the hydrodynamic of the bay, the strongest coming frequently from the west and north-west (onshore winds hereafter) (IFREMER, 2007). Strong currents (up to 2 m.s⁻¹) occur at the inlet and main channels while they are weaker (below 0.5 -m.s⁻¹) outside the bay and in intertidal areas (Plus et al., 2009). General water circulation displays a major marine water inflow by the South channel and a major outflow by the North Channel (Salles et al., 2015). The outer bay is influence by waves with wave height ranging from 0.1 to about 10 m (Castelle et al., 2007). The Leyre river is the major contributor to continental water input in the bay (Plus et al., 2009) with a mean annual flow of 17.30 m³.s⁻¹ (calculated over the past 55 years, http://www.hydro.eaufrance.fr/, last visit on May 3rd 2021).

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The Arcachon bay supports several anthropic activities that are economically important for the region, such as oyster farming and spat collection and sale. There is also professional and recreational fishing all year long. The Arcachon bay is also a major touristic destination welcoming more than 750,000 people per year (from April to September). The recreational use of the marine area, such as sailing, is increasing at this season. Additionally, this region is becoming more and more attractive; as a result, local population and urbanization are increasing. In 2017, around 150,000 residents lived around the Arcachon Bay (National Institute of Statistics and Economic Studies, population census of 2017) while in 2006 they were 130,000 residents. Besides, sewage from five wastewater treatment plants (among which one is

industrial and the others are urban ones) discharge in the ocean by a wastewater drainage pipe named Wharf (Fig. 1A). The mean daily flow of the Wharf is 60,000 m³ among which half of the volume came from the industrial wastewater treatment plant. Industrial wastewater is coming from a manufacturer of paper-based packaging that use pine cellulose from the local forest.

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2.2 Field measurements

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2.2.1 Sampling of MP

The three studied beaches are sandy. According to precedent studies (Lorin & Viguier 1987, Sénéchal at al., 2009), grain size on beaches around Arcachon Bay is around 350 μm so they are categorized as medium-grained. The first beach is located outside of the bay, the second at its mouth and the third one at the back of the bay (Fig. 1A). The outside station (OS) is an oceanic beach directly exposed to high-energy waves and onshore winds. The mouth station (MS) is also exposed to onshore winds and is located on the South Channel where strong currents occur. Finally, the back station (BS) is located in a region mainly dominated by tides and close to the Leyre river outlet. Samplings were made each month from January 2019 to December 2019 at an intermediate tidal range (around 3 - 3.5 m) to minimize the variability due to the spring-neap tidal cycle. From May to September, the municipality cleans MS beach every day. To minimize the effect of cleaning on data collection, samplings were made just after the end of the high tide and before the cleaning. The sampling protocol was based on MSFD guidance (e.g. same sampling day between sites, reference points, no jetties or breakwater, no impact on local species) (Marine Strategy Framework Directive, 2013) and recommendations made by the Cedre (Center of documentation, research and experimentation on accidental water pollution) for the sampling of MP on sandy beach of the Atlantic Ocean (e.g. same tidal range, transect length). Sampling protocol was adapted in order to make a focus solely on MP that were freshly deposited onto the beach by the last high tide. Dates of sampling were chosen according to tidal range and the hour of the first high tide, that had to be early in the morning. As such, the three studied sites were sampled on the same day after the first high tide of the day and before the second high tide of the day. The high tide mark was carefully identified by checking humidity within the tide line (e.g.: shell with water, wet sea grass blades), the sand humidity and uniformity (over the last high tide line sand was dry and many footprints were visible while under the last tide line there were no or few footprints and sand grains were flattened by the water tidal movement). Along a 100 m longitudinal transect, a quadrat of 0.50 m length sides (0.25 m²) was laid on the tide line at 25 m, 50 m, 75 m and 100 m (Fig. 1B). GPS coordinates were taken at the beginning and the end of the transect (0 and 100 m). In total, 1 m² of the high tide line was meticulously inspected at each site for MP collection. Inspection was conducted by checking the quadrat surface, firstly without disturbance and secondly by checking each organic or mineral item constituting the tide line and removing them to check also if plastic-like items were not hidden by other materials. All suspected plastic microparticles (e.g. colored items, hardly breakable, no ornamentation, no squeaking under stainless steel pliers) that were visible from the naked eyes (from 0.5 to 5 mm) were recovered and then kept in ziplock plastic bags corresponding to the sampled quadrat.

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1.2.2 Environmental data collection

In situ hydrodynamics and meteorological data from local monitoring networks or numerical models were collected and analyzed to gain further understanding of the spatial and temporal variability of MP beaching and of the role of environmental drivers on it. In particular, 5 datasets covering the studied period, from December 2018 to December 2019, were considered:

226	a.	Hourly water level measurements at Eyrac station (Fig. 1A), provided by the French
227		Naval Hydrographic and Oceanographic Service (SHOM). Tidal range (TR) was
228		calculated from this dataset as the difference between high and low waters.
229	b.	Hourly wind speed (Uwind) and direction observations at Cap-Ferret station (Fig.
230		1A) provided by the French national meteorological service (METEO France).
231	c.	Hourly significant wave height (HS) and dominant wave direction (DP) at Cap-
232		Ferret CANDHIS station (44.6525, -1.446667), provided by the HOMERE wave
233		hindcast database (Boudière et al., 2013) and recalibrated using past observations
234		from the French CANDHIS dataset at this same station. Readers can refer to

d. Hourly surface current velocities in the Bay of Biscay based on numerical simulations with MARS2D, provided by the Modeling and Analysis for Coastal Research MARC (spatial resolution : 250 m, Rank 2; Pineau-Guillou, 2013).

Castelle et al. (2020) for a detailed explanation of the recalibration method.

e. Daily river discharge (Q) recorded at Salles (44.548112, -0.871571), supplied by the DREAL Aquitaine and available on the French National database Banque Hydro.

2.3 Sample analysis

2.3.1 Visual and chemical characterizations of MP

During analysis, nitrile gloves and 100% cotton lab coat were worn, the lab bench and tools were cleaned with 70 % filtered Ethanol, aluminum containers and stainless steel pliers were used to sort and handle particles. As recommended by the Marine Strategy Framework Directive (2013), size (length and width), shape (i.e. pellet, fragment, film, fiber/filament or foam; photos in Fig. S1), a sub category of shape (e.g. for pellet particles: cylindrical, spheroid, pressed and flat; for fragment particles: rounded, sub-angular and angular), opacity (i.e.

transparent or opaque), color (e.g. white, blue, black, yellow, green,...) and surface particle's roughness (i.e. smooth or rough) were recorded for each sampled particle. Hereafter, data for shapes, colors and sizes refer to this visual characterization of particles. Particles were measured under the binocular (Micros AUSTRIA MS 1107, magnification range: x10 - x30) with a graph paper. Items were weighted for each shape category of each quadrat (Mettler Toledo AE240S; scale division: 0.1 mg) and then summed up to obtain the overall weigh of particles from each quadrat.

The chemical characterization of MP was performed using a Fourier-Transform Infrared (FTIR) spectrometer (Nicolet, Nexus 870) equipped with an MCT detector with an Attenuated Total Reflectance (ATR) diamond crystal accessory (Pike technology, MIRacle). All spectra were recorded at a resolution of 4 cm⁻¹ over the range 4000-600 cm⁻¹ and analyzed with OMNIC software (Thermofisher, V9.2.98). Among the 500 items that were collected throughout the year and visually characterized, 86% (430 items) were analyzed by ATR-FTIR (see Table 1 for details by site). Most of the sampled items were large and thick enough to provide a great quality of spectra with good signal to noise ratio (expect for two particles that were excluded of the study). Automatic baseline correction was performed on each spectrum. The spectra were then matched to different libraries (described in Table S1) provided by Thermo Fisher to assign a chemical composition. A manual validation of the identified polymer was made for each item (e.g. presence and matching of the characteristic absorption bands, recurrence of the listed polymers). Each synthetic polymer was listed under its own name (e.g. polyethylene), mineral and cellulosic compounds were gathered to form the category "non-plastic" (NP) and items that were not identified were listed as unknown category (UNK). Spectra of each polymer type of MP are available in Figure S2, together with the corresponding spectra of the polymer in the reference library.

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2.3.2 Correction of the MP concentration

As only a fraction of items was analyzed by ATR-FTIR, we corrected MP concentrations for each month to take into account MP that have been visually described but not chemically identified. We used the following calculation (eq.1):

$$[MP]_{corrected} = Tot_{MP} \times \frac{Tot_{item}}{Tot_{FTIR}}$$
 (1)

where [MP]_{corrected} corresponds to the corrected concentration of MP (in MP.m⁻²), Tot_{MP} represents the total amount of chemically identified MP, Tot_{item} corresponds to the total amount of particles that were sampled, and Tot_{FTIR} represents the total amount of items that were analyzed by ATR-FTIR. In the following text, all MP concentration data refer to the corrected concentrations.

2.4 Data analysis

The map of the sampling locations was made with the ArcGis software (V10.7.1). Statistical analyses were performed with the R software (RStudio Team, 2016; V1.1.463). The packages "ggplot2" (Wickham, 2016) and "ggpubr" (Kassambara, 2020) were employed to generate figures. Distribution data did not fulfill normality and homoscedasticity assumptions that are required for parametric tests. As such, non-parametric tests were running to analyze the spatial variability. The Kruskall-Wallis (H-test) test was performed to test the null hypothesis (H0) of similar dimension's (i.e. width and length) and similar MP concentration between sites. When differences between factors were noticed, the Wilcoxon test (W-test) was performed (significance level, 0.05). The Fisher-exact test was done to compare colors, shapes and polymers proportions between two factors as these variables often display a headcount of less than five (significance level, 0.05). The null hypothesis (H0) tested was that morphometric data of polymer types proportions would be equally distributed between sites.

The temporal evolution of the MP abundance and the different environmental parameters were compared through time-series analysis, Pearson correlation coefficient calculation and principal component analysis (PCA). For this purpose, we considered the values of the environmental parameter at the moment of each sampling but also weighted averaged values of current velocities, wind speed, significant wave heights and river flow over the precedent 10 days following eq. 2, which gives more weight to data closer to the sampling date:

$$P_{mean} = \frac{\sum_{j=0}^{2\Phi\Delta t} P_{j} 10^{-j\Delta t/\phi}}{\sum_{j=0}^{2\Phi\Delta t} j = 0}$$
 (2)

where P_{mean} is the weighted averaged value of the environmental parameter P; j is the number of data points prior to the calculation point (j=0); Δt the sampling interval (days); and Φ is the memory decay of the system meaning that Φ is the number of days in the past when the exponentially decaying weighting factor decreases to 10%, with 2Φ taken as a limit for P_{mean} computation (Davidson et al., 2013). These weighted averages are commonly used in coastal physical oceanography for averaging waves (e.g. Castelle et al., 2014; Davidson et al., 2013; Splinter et al., 2013) in order to consider the memory effect of the systems (e.g. significant morphological changes that may occur or big amounts of plastic that may be found on the beach several days after a big storm).

Results

3.1 Characterization and spatial distribution of beached microplastic

Particles' mean length for Outside Station (OS), Mouth Station (MS) and Back station (BS) were respectively 3.5 ± 0.8 mm, 3.4 ± 0.7 mm, 3.5 ± 0.4 mm and mean width were 3.0 ± 1.2 mm, 2.8 ± 1.1 mm, 2.6 ± 1.1 mm. There were no differences of particles' dimensions between sites (length, H-test, N = 500, p-value = 0.7; width, H-test, N = 500, p-value = 0.4). The main recovered length range at all sites was between 3 mm and 4 mm (> 42%) while main width

range was 3-4 mm at OS (36.4%), 2-3 mm at MS (34.3%) and 1-2 mm at BS (37.9%; Fig. S3). Mean total weight of particles was 21.0 ± 41.6 mg.m⁻² at the OS, 584.2 ± 743.4 mg.m⁻² at MS and 32.4 ± 68.5 mg.m⁻² at BS (Table S2).

Pellets particles represented 45.5% of all collected items at OS, 50.3% at MS and 34.3% at BS (Fig. 2A). The main subcategory of shape among pellets items was the flat/disk one (at least 40.8%) while cylindrical pellets constituted at least 25.1% (Table S3). The second most described general shape was fragment (27.3% at OS, 40.9 % at MS and 34.3% at BS). A greater proportion of foam was found at OS and BS (respectively 22.7% and 22.9%) while it was only 8.1% at MS. Fibers constituted 4.5%, 0.5% and 2.8% of particles found respectively at OS, MS and BS. Films were also found in limited proportions as they made up 0%, 0.2% and 5.7% of all particles, respectively at OS, MS and BS (Fig. 2A). There were no differences in the global shape composition of particles between sites (Fisher's exact test, N = 12, p-values > 0.3).

Regarding opacity characteristic, transparent particles were slightly more numerous than opaque ones at MS (64.8%), on the contrary to proportions found at OS and BS (respectively 54.5% and 57.1% of opaque particles). White-colored particles were predominant whatever the site (from 46% to 73%; Table 2) while blue items were the second color described (from 9.9% to 28.6%; Table 2). Particles' surface was mainly smooth (from 53.5% to 68.2%). Regarding the global composition of colors, there were no differences between the three sites (Fisher's exact test, N = 12, p-values > 0.7) as for transparency and roughness characteristics (Fisher's exact test, N = 12, p-values > 0.9).

Mean concentration of MP was 1.8 ± 2.4 MP.m⁻² at OS, 36.0 ± 39.2 MP.m⁻² at MS and 2.7 ± 4.4 MP.m⁻² at BS (Table 1). MP concentrations were significantly different between sites (H-

test, N = 36, p-value = 0.001). MS had a higher MP concentration than at the two others stations (W-test, N = 12, p-values < 0.006; Fig. 3) while OS and BS had similar MP concentrations (W-test, N = 12, p-value = 0.93; Fig. 3). These differences can be related to the particular location of each beach and their exposition to different environmental and hydrodynamic forcing, which is analyzed in Section 3.2 and discussed in detail in Section 4.2.

Among all items analyzed by ATR-FTIR spectroscopy (N = 430), 96.9% of them were plastic polymers (Table 1), meaning that the visual sorting made on the field was reliable. A vast majority of items were made of polyethylene (PE), as it accounted for 59.1% of all items at OS, 71.2% at MS and 58.8 % at BS (Fig. 2B). Depending on the location, polypropylene (PP) or polystyrene (PS) were the second type of polymer identified. Indeed, PS represented 22.7% and 26.5% of the particles, respectively at OS and BS while it represented only 7.5% at MS (Table S4). Regarding PP, it constituted 13.6%, 17.7%, and 8.8% of analyzed particles, respectively at OS, MS and BS. Even though they were scarce, unusual polymers such as ethyl vinyl acetate (EVA) and poly(isobutyl methacrylate) (PiBMA) were identified at MS (respectively 1.1% and 0.3%). Non-plastic (mineral and cellulosic compounds) made up 4.5%, 0.3% and 2.9% of all particles while unknown polymers represented 0%, 1.9% and 2.9%, respectively at OS, MS and BS. Polymer composition were not different between sites (Fisher's exact test, N = 12, p-values > 0.7).

3.2 Temporal variability of beached MP and influence of environmental factors

The monthly variability of MP concentration was relatively important at each site as standard deviations were systematically higher than mean concentrations. All sites displayed an absence of MP at least on one occasion (Table 1, Table S5). In September, all stations displayed a null concentration (Table S5). Maximal concentrations were 8.0 ± 5.6 MP per m² at OS (in

April), 112.9 ± 63.6 MP per m² at MS (in February) and 15.0 ± 6.8 MP per m² at BS (in February; Fig. 4A, Table S5). MS showed a more marked seasonality, with a wider concentration range. Overall, MP concentrations tended to be lower from May to September 2019 while it was higher from February to April 2019 and then from October to December 2019 in particular at MS. Unlike the other winter months, MP concentrations were very low in January, except at OS.

To gain further insight into the temporal and spatial variabilities and trends, we evaluated the temporal evolution of the main environmental factors that may play a role on beaching and dispersion of MP in nearshore water and discussed their potential impact. Figure 4 shows the temporal variability of MP concentrations (Fig. 4A) along with the times series of several environmental factors during the sampling period: tidal range (TR; Fig. 4B), significant wave height (HS; Fig. 4C), wind speed and direction (U_{wind}; Fig. 4D) and the mean daily flow of the Leyre River (Q; Fig. 4E). The dashed lines highlight sampling days.

First, we checked that tidal ranges (TR, ranging from 1.3 to 5.0 m) were similar for all the sampling dates (around 3.5 m, Fig. 4B), as planned by the sampling protocol. This confirms the lack of influence of the spring-neap tidal cycle on samplings. Significant wave height (HS) ranged from 0.1 to 4.7 m, with higher values during winter and autumn times (i.e. from January to April and from October to December) and lower values at mid-spring and summer times (i.e. from May to September; Fig. 4C). Westerly winds (onshore winds) were dominant throughout the year and, as for HS, they were more intense in winter and autumn times. Wind speed (U_{wind}) ranged between 1.3 m.s⁻¹ and 17.3 m.s⁻¹, excluding data recorded after the last sampling day (Fig. 4D). Daily river flow (Q) presented also a similar seasonal variability with lower values in summer (up to 4.3 m³.s⁻¹ in September) and higher values around February (up to 36.5 m³.s⁻¹), and then from early November to late December (up to 60.1 m³.s⁻¹; Fig. 4E).

conditions (i.e. high wind speed, wave height and river discharges), and this was particularly notable in February. MS displayed also high concentrations in November-December which were at least thirty times higher than at OS and BS. Interestingly, the low concentrations observed in January took place during offshore winds, while the maximum concentrations observed in February occurred during onshore winds. This suggests that wind direction plays a key role for MP beaching which will be analyzed in depth in the Discussion (Section 4.2). Pearson correlations between MP concentrations and environmental forcing (for the sampling day and weighted over 10 days, eq. 2) confirmed these trends, particularly at MS (Table S6). Concentrations at MS were positively correlated with Q (sampling day : r = 0.85, weighed on 10 days : r = 0.63, Table S6), HS (sampling day : r = 0.79, weighed on 10 days : r = 0.83) and U_{wind} in the West-East axis (sampling day : r = 0.62, weighted on 10 days : r = 0.61). The best Pearson correlation coefficient at OS was found with Uwind in the North-South axis weighted on 10 days (r = 0.45) even though it was relatively poor (Table S6). MP concentrations at BS were slightly correlated with HS (r = 0.57) and U_{wind} in the West-East axis (r = 0.40), both weighted on 10 days. Additionally, a PCA was conducted to further explore the relationship between the environmental factors and MP concentrations variability over one year (Fig. 5). Environmental data weighted over the 10 days before the sampling were used as this time range provided the best representation of MP concentration variance over a year. The two first dimensions account for 71.3% of the total variance (PC1: 49.8%, PC2: 21.5%). The analysis represented correctly the MS and OS variance, as their arrows were close to the correlation circle. BS representation by studied factors was lower than for the two other stations. Weighted HS contributed to 27.1%

of the total variance in the first dimension, MP concentration at MS account for 22.8% and

weighted U_{wind} in the West-East axis to 19.1%. PC1 indicates that HS and westward winds prior

In general, highest concentrations of beached MP took place during energetic hydrodynamic

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to the sampling increased together with the MP concentrations at MS. This trend was also shown for BS but to a lesser extent. MP concentrations at MS and BS were correlated together, and were also correlated to the river daily flow weighted on 10 days. Concentrations at OS contributed at 50.7% of the PC2 and U_{wind} from the North-South axis accounted for 28.9%. MP concentrations at the OS were increasing meanwhile northward winds increased too.

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Discussion

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4.1 Characterization and spatial distribution of beached microplastics

Considering morphometric data (i.e. dimensions, color and shape), the three sites (OS, MS, and BS) presented a statistically similar profile of contamination. This homogeneity between sites may be explained by the high proportions of pellets at each site. In previous studies, high proportions of pellets already steer the morphometric data (Antunes et al., 2018; Prata et al., 2020). Indeed, pellets are raw material that are calibrated at the production step so they are relatively homogenous, even if different pre-production pellet types existed (e.g. 5 mm diameter transparent and white, opaque and black, 3 mm of diameter red and opaque, 2 mm diameter cylindrical transparent and white). These pre-production pellets were found in coastal areas over the five continents, for example in California (United-States), Borneo (Malaysia), Sicilia (Italy) or Jakarta (Indonesia) (Ogata et al., 2009). As a matter of fact, pellets are discarded in the environment before being transformed by manufacturer, which means before being turned into any kind of goods. Several studies reported that pellets represented more than 70% of collected items on beaches in Portugal (Antunes et al., 2018; Prata et al., 2020) and slightly less at an island off the Brazilian coast (60%, Ivar do Sul et al., 2009). Similar pellets proportions (49% in this study) were detected in South Africa (Ryan et al., 2018) and at Famara beach in Canary Island (Spain, Herrera et al., 2018).

Pellets are considered as primary MP as they are produced at a size inferior to 5 mm (GESAMP, 2015). Description of MP shape is important because it can be linked, among other things, to a primary or a secondary origin. In this study, primary MP (i.e. pellets only) represented 49% of all the collected items (Table S4.). This result highlights the non-negligible contribution of MP coming from industrial activities (e.g. production or molding). Actually, plastic industries have already been suspected to be a source of pellets deposition onto beaches close to industrials center. It is due to losses during several processes such as the handling of pellets, the loading/unloading on and from truck or ships (Turra et al., 2015), but also at many other steps like transport or cleaning (Cole and Sherrington, 2016). Port facilities are also suggested as an input source of pellets in the marine environment (Antunes et al., 2018). However, port facilities in the Arcachon Bay do not support commercialization and transport of goods supplies. Main activities are related to local fishing, aquaculture or recreational uses. Yet, Arcachon Bay is close to Bordeaux city (approximately 50 Km) and to the mouth of the Gironde estuary (approximately 100 Km). Moreover, two cities (Bordeaux and Royan) are located at the water's edge of the Gironde estuary. These two cities host plastic industries and/or port facilities that support commercial exchanges. Thus, the Gironde estuary may catch accidentally discharged and spilled pellets that may then enter the Atlantic Ocean. This estuary is one of the largest in Europe and its mean flow is around 841 m³.s⁻¹ (based on the annual mean flow of the two main tributaries, the Garonne and Dordogne rivers, calculated over 109 and 26 years respectively; http://www.hydro.eaufrance.fr/, last visit on April 7th 2021). Its plumes can extend along the coast when southwesterly winds blow (Costoya et al., 2017). Therefore, it could be a contributor to MP transport to the ocean and to the Arcachon Bay. This is further discussed in Section 4.2 by analyzing the mean currents in the continental shelf area of the bay.

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Regarding other type of shapes, fragments represented almost 40 % of all sampled particles (Table S4), which was similar to proportions found in South Africa coastline (33%, Ryan et al.,

2018). However, higher proportions of fragments were recorded in Chile, (89 %, Hidalgo-Ruz and Thiel, 2013) or in Brazil (96% in Costa et al., 2010; 99% in Pinheiro et al., 2019). Different sources and pathways of contamination may lead to different shape proportions between areas. However, pellets and fragments are the two predominant MP shapes in beach samples (e.g. all above-cited sources). Foams are regularly found among beach litter (e.g. Antunes et al., 2018; Ryan et al., 2018) and in this study they were found at each site even thought it was in moderate proportions (less than 30 %). Styrofoam©, which is a branded polystyrene foam, may be encountered in very high proportions in some sandy beaches such as in South Korea where they composed 90% of collected items (Heo et al., 2013; Kim et al., 2015). Thus, this high proportion was related to the Styrofoam© buoys placed in sea farm using hanging-culture. However, we have to underline that comparisons with other studies are not easy regarding the diversity of size range studied (i.e. MP, mesoplatic, macroplastic), the selected sampling strategies (position on the beach, sampling depth, number of replicate, etc.) or analytical methodologies (sieving, density separation, etc.).

The low film occurrence found at OS and MS at the Arcachon Bay may be explained by an easier dispersion once they are deposed on beaches. They are more likely to be dispersed by wind or small perturbations than other shapes since they are thin and light. The higher proportion found at BS may be due to the higher load of organic matter in the high tide line at this site, which favors the retention of films. The lower occurrence of films at OS can be also due to their dynamical behavior. As demonstrated by Forsberg et al., 2020, films tend to sink more often in the surf zone. Additionally, McDermid and McMullen, 2004 suggested that in marine environments, films and foams sank more easily due to biofilm formation on their large surface and therefore, did not reach the coastline.

As mentioned above, the comparison between studies and regions should be made with caution. Other than the already mentioned differences in methodology, previous studies used different units regarding MP concentration description and do not systematically analyze the chemical structure of sampled items, or a very small fraction (e.g. McDermid and McMullen, 2004; Pinheiro et al., 2019). Data from studies cited for comparison purpose included a size range of particles from 63 µm (Constant et al., 2019) to 50 mm (Heo et al., 2013), and the sampling depth ranged from the surface of the sand (Kusui and Noda, 2003) to first meter (Turra et al., 2014). The wide range of methodologies employed in plastic pollution research field make comparisons harder. When it was possible, data that better fit with our study were chosen preferentially (e.g. item size range, sampling depth). Nevertheless, concentrations found at the Arcachon Bay $(13.5 \pm 27.4 \text{ MP.m}^{-2} \text{ for the whole studied area, Table 1)}$ were generally low compared to concentrations commonly described in other sandy beaches. For instance, very highly contaminated areas such as South Korea beaches displayed concentration up to 46,334 ± 71,291 items.m⁻² (Kim et al., 2015) whereas dimly contaminated areas displayed concentrations around few items per square meter like in Japanese beaches (3.41 item.m⁻², Kusui and Noda, 2003).

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Regarding polymer types, PE is the most produced plastic type in the world (PlasticsEurope, 2020). Thus, considering the whole studied area, its high prevalence (69%) was not surprising. Similar proportions were reported from samples collected on beaches in Brazil (78%, Turra et al., 2015), in Portugal (68%, Prata et al., 2020), or in the high tide line of a touristic beach in India (52%; Karthik et al., 2018). Regarding PP, even if it is a commonly produced polymer, it was identified at 17% in this study, which is close to the study made in Brazil (18%, Turra et al., 2015). As reviewed by Mendoza et al. (2020), PE and PP tend to be the two main polymers found in beach compartment from the Bay of Biscay (North-East

Atlantic Ocean), which is consistent with this study. Furthermore, PS represented here 10%, which is higher than in Portugal (2%, Prata et al., 2020) or in Brazil (0%, Turra et al., 2015). PE, PP and PS are mainly used in the packaging industry (PlasticsEurope, 2020) and they are also the more common plastic types found on worldwide beaches (Bancin et al., 2019; De-la-Torre et al., 2020; Ilechukwu et al., 2019; Karthik et al., 2018). Two other polymers, EVA and PiBMA, were also found at MS in a very low proportion (around 1% of all analyzed particles). As this station displayed a higher abundance of particles, the probability to find unusual polymers was more important.

Almost all types of polymers identified in this study have a density lower than the density of seawater. It means that these polymers are likely to float at the sea surface, if they are not too degraded or too colonized. As demonstrated in experimental simulations (Forsberg et al., 2020), these low-density particles can easily reach the coast and be deposited on the beach with tides and waves.

4.2 Influence of environmental factors on microplastic beaching

Two contrasted environmental conditions were described in 2019, one revealing a high-energy state (i.e. from October to April) and the other describing a low-energy state (i.e. from May to September; Fig. 4). Higher concentrations of beached MP were mostly recovered during the energetic state, concurrently with high wind speed, wave height and river daily flow. This result is in agreement with previous studies on beaches from the East Atlantic coast (Portugal and Canary Island) that showed higher MP concentration in winter and autumn (Antunes et al., 2018; Herrera et al., 2018; Prata et al., 2020). On the contrary, during spring and summer, when wind was weak wave height was low and river discharges also, MP concentrations were generally lower than in winter/autumn and even presented several null concentrations. For

instance, in September no MP was found on any beaches when wind was particularly weak for several weeks before the sampling.

Among the studied environmental factors, wind direction and speed stand out as key factors on MP beaching at the studied sites. Looking only at one season (e.g. winter), MP concentrations were higher during onshore (westerly) strong wind events (February) while lower concentrations were observed during offshore (easterly) weak wind events, particularly at MS and BS. The PCA analysis (Fig. 5) also highlighted the correlation of West-East winds axis and monthly MP concentration at MS and BS. Indeed, seaward winds increase the inflow by the South channel (Salles et al., 2015), where MS is located, so higher marine input passed into the bay. This may have increased the availability of MP at sea surface and thus enhanced the beaching. Onshore winds also increase the water confinement of the southeastern part of the bay (IFREMER, 2007), where BS is located, which could favor the MP accumulation and beaching in this region. On the contrary, offshore winds could have pushed back MP that were at the sea surface close to the coastline, making the beaching harder. This behavior was already demonstrated under laboratory experimental conditions (Forsberg et al., 2020). Furthermore, it has been shown that offshore winds reduce the input flow of the South pass (Salles et al., 2015), which may reduce the MP input into the bay and therefore beaching.

MP concentrations were also well correlated with significant wave height (HS) at MS and BS, which are not directly exposed to waves. This may be due to the covariance of wave characteristics with wind, which seems to be a prevailing driver of MP beaching at these inner stations. Nevertheless, strong waves can also favor the transport of MP toward the coastline and the bay entry through the Stokes drift (Forsberg et al., 2020) which can also explain the higher correlation between HS and concentration of beached MP in the inner bay. OS displayed the lowest MP concentrations $(1.8 \pm 2.4 \text{ MP per m}^2 \text{ in average})$ which, curiously, presented a poor correlation with wind and waves characteristics despite the higher exposition of this site to these

two factors. Actually, this high exposition to wind may explain this result given that strong onshore wind events may have dispersed microplastic toward the top of the beach before the sampling, as already suggested for low density microplastics by Browne et al. (2010). This may lead to an underestimation of overall MP abundance at this site, and more particularly for lighter MP such as polystyrene foam or other items with large surface such as films.

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In addition to the environmental factors directly related to beaching, other forcing and hydrodynamic processes may influence the spatial and temporal variability of MP concentrations in the studied sites. In fact, flood times matched with high beaching concentrations, particularly at the mouth station and a good correlation between MP concentrations with river flow was found at MS and BS. The relationship between MP concentrations and river discharges close to beaches was also found by Karthik et al. (2018). This environmental factor cannot be directly linked to the MP beaching process but it may result in a more important input of MP in the system. However, the fate of MP released at the Leyre outlet will be analyzed in future modeling studies. Tidal currents and bay circulation can also affect the spatial variability. Indeed, the local water mass at BS is rapidly renewed (less than 1 day; Plus et al., 2009), which may mitigate an accumulation effect at this region. The higher concentration at MS (36.0 ± 39.2 MP.m⁻² in average) may be explained by its location at the Southern Chanel and its exposition to predominant winds. This part of the bay, close to the mouth, is characterized by stronger tidal currents and high residual fluxes (Plus et al., 2009) that may form a privileged crossroad of debris, promoting high beaching rates during favorable winds.

Embayment and oceanic circulation may thus influence the amount of MP that enters and leaves the lagoon and thus may impact the concentrations of MP that beached around the bay. The analysis of currents at the bay scale requires high-resolution numerical modeling. Here, we

discussed the ocean circulation at the continental shelf from the available Modeling and Analysis for Coastal Research (MARC) product. We compared the average residuals current velocities of the ten previous days of each sampling time point (February and May scenarios are provided in Fig. S4). In general, longshore drift was oriented from North to South (see February scenario in Fig. S4). However, opposite directions of currents were found in March and October, while there was no clear trend in May. This North-South predominant orientation of longshore drift may favor the transport of particles from the Gironde estuary to the water around the bay, supporting the hypothesis discussed in Section 4.1. This hypothesis will be tested in future studies together with the influence of the inner-bay currents on the MP transport thanks to high-resolution numerical modeling.

Understanding and assessing the individual role and importance of environmental factors on MP beaching is therefore a difficult task, especially in a coastal bay subject to multiple and complex hydrodynamic processes. The fact that the different forcing followed a similar seasonal variability makes this evaluation even harder. Yet, this study gives some interesting insights into the influence of local hydrodynamic on MP beaching in a semi-enclosed mesotidal lagoon. Wind, waves and currents seem to be important factors for understanding MP transport and beaching in the different part of the bay. In particular, as MS and BS are protected from swell and exposed to onshore winds, it suggests that wind orientation and speed are key factor influencing beaching at these sites.

However, the above correlations, and therefore the influence of individual factors, should be interpreted with cautious as wind, waves and river flow, respond to the similar large-scale atmospheric forcings (Castelle et al., 2017; Jalón-Rojas and Castelle, 2021), displaying a similar variability. An evaluation of the relative influence of each factor requires a longer discussion, which considers the particular location, characteristics and conditions of each studied site, and

a numerical modeling study. Therefore, it will be explored in future studies by coupling two numerical models, TrackMPD (Jalón-Rojas et al., 2019b) which describes MP transport in the marine environment and Mars3D, that describes the hydrodynamic of the region (Kombiadou et al., 2014; Lazure and Dumas, 2008).

Conclusion

In this study, the spatial and temporal variability of MP that washed up with the high tide on three sandy beaches were studied for a semi-enclosed mesotidal embayment (Arcachon Bay, France). MP sizes, shapes and colors were similar between the three studied sites even though it could be due to the great proportion of pre-production pellets, which are calibrated MP. Industrial pellets are pervasive and induce a keen interest at worldwide scale, especially because of their known origin. Here, pellets represented almost the half of collected items, before fragment and foam. Even though comparisons between studies are still difficult, the highest concentration found at MS, were in the range of those recorded on the Northeastern part of the Atlantic coast. However, mean MP concentration at the Arcachon Bay is lower compared to concentrations found along the Atlantic coast and at worldwide scale.

Spatial and temporal distributions were analyzed together with environmental factors to better understand their variability. The studied year can be divided into high and low energy periods according to the strength of environmental factors, mainly wave height, wind orientation and wind speed. These two high and low energy states correspond respectively to high and low MP beaching displaying a marked seasonal variability. This trend was particularly perceptible at MS, exposed to western winds (onshore wind) and protected from swell, suggesting that wind is a key factor influencing beaching. However, other environmental and hydrodynamic forcing like oceanic circulation and wave Stokes drift, river and estuarine plums,

water renewal from the bay or beach specific factors might also affect the presence of particles at nearshore waters and beaching.

Beaches are areas of great interest in the description of MP distribution. Actually, MP fluxes and budget among aquatic compartments remain unknown and beaches tend to be a hot spot for plastic deposition (in particular at the tide lines). Due to multiple different MP characteristics (e.g. morphological or chemical), the description of their transport and behavior is still complex. Additionally, many environmental and anthropic factors tend to play a role in this process. Therefore, it is not possible for now to generalize the importance of each factor at the global scale since no clear pattern is reported in the literature and there are important variations at local scale. To model complex processes such as beaching and recapturing of MP on beaches, we need to document their distribution at different locations and scales but also at different times. We also need to study sites where multiple environmental and anthropic drivers could be taken into account both individually and in combination. To collect far more data, citizen sciences have been shown to be useful as demonstrated for instance by Hidalgo-Ruz and Thiel (2013) and encouraged by the Marine Strategy Framework Directive (2013). The protocol described in this study, along with some documentation helping recognize MP and the high tide line, can be used for citizen science and NGO awareness activities as it has already been tested in the Atlantic coastline during this project.

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Author contributions

This study was conceptualized by BM, JC, SL and CL. Methodologies were set up by BM, JC, SL, IJR and CL. Data validation and duration was made by IJR. MP sampling and characterization (both visual and chemical), statistical analysis and visualization were made by CL. Environmental factors analysis and visualizations were made by IJR, JL and CL. Resources

were provided by SV, JC, SL and BM. CL and IJR wrote the original draft and IJR, SV, JC, SL, and BM reviewed and edited the manuscript. JC, SL, BM and SV supervised CL. BM, JC and SL acquired the financial support and BM managed the project. All authors contributed to the article and approved the submitted version.

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Figure 5. PCA variable plot based on monthly data. All environmental factors are weighted over the 10 days before the sampling. OS: MP concentration at the Outside Station; MS: MP concentration at the Mouth Station; BS: MP concentration at the Back Station; SpeedWind_NS10d: wind speed in the North-South direction axis (+ North; - South); SpeedWind_EW10d: wind speed in the East-West direction axis (+ West; - East); HeightWave10d: significant wave height; Flow10d: mean river daily flow. _ Sizing: 1 column

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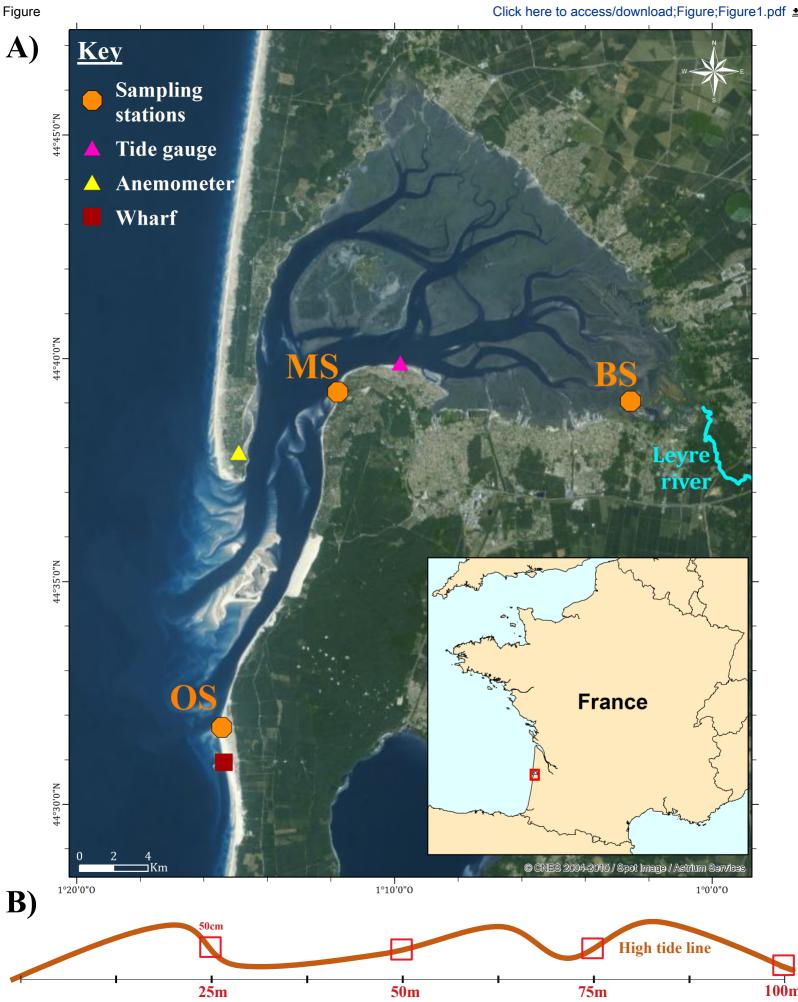
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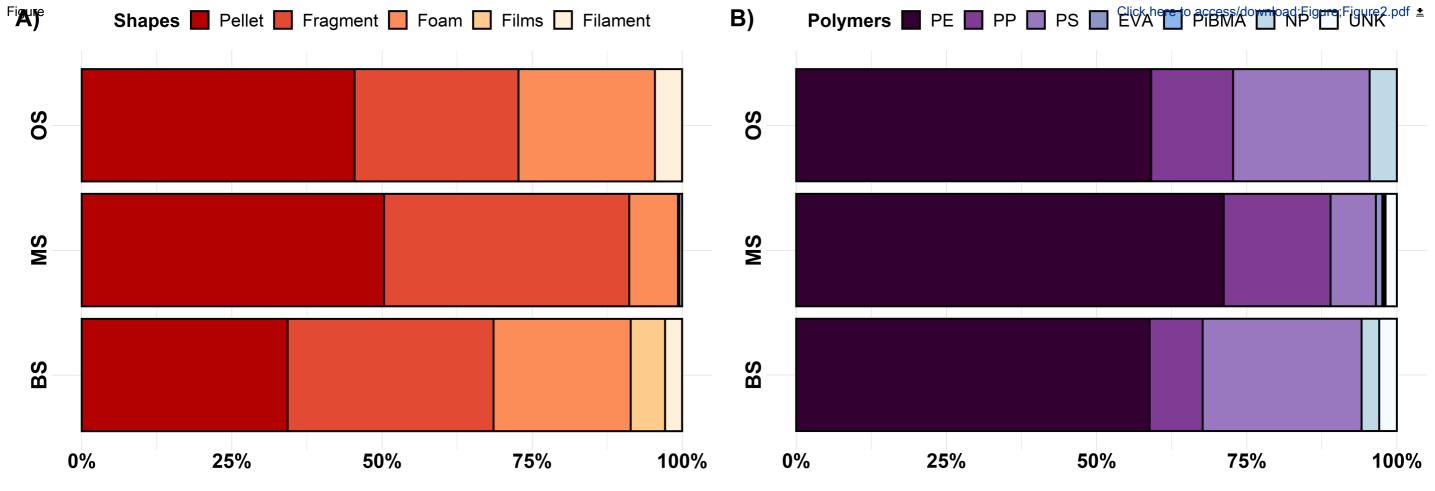
Table 1. Abundance of sampled particles (visually characterized), abundance of particles analyzed by ATR-FTIR, abundance of particles that were chemically identified as MP, contribution of MP particles among all collected particles (in %), mean MP concentration and standard deviation (SD) after data correction (in MP.m⁻²) and concentrations range found at each site and in the whole studied area (Total) (in MP.m⁻²).

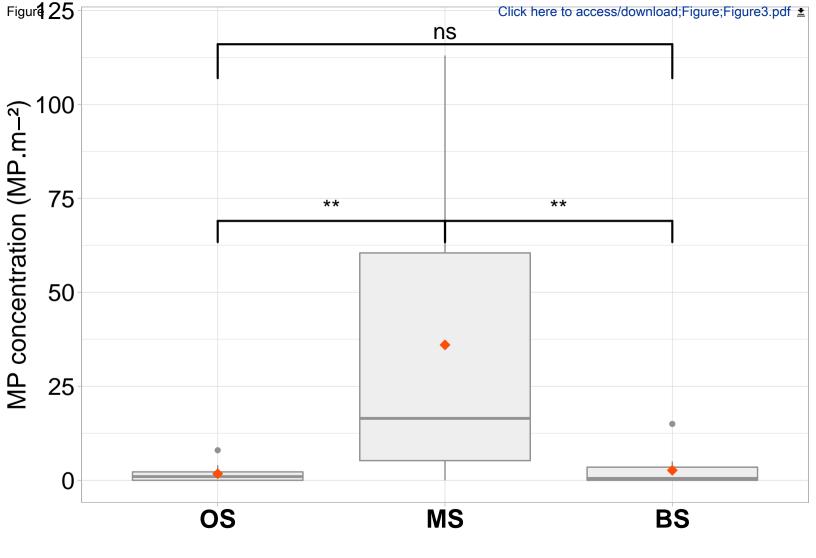
	Sampled particles	Particles analyzed by ATR-FTIR	Particles identified as MP	Contribution of MP (in %)	MP concentration (mean ± SD, in MP.m ⁻²)	Concentration range (in MP.m ⁻
os	22	22	21	95.5	1.8 ± 2.4	0.0 - 8.0
MS	443	372	364	97.8	36.0 ± 39.2	0.0 – 113.0
BS	35	35	32	91.4	2.7 ± 4.4	0.0 – 15.0
Total	500	430	417	96.9	13.5 ± 27.4	0.0 – 113.0

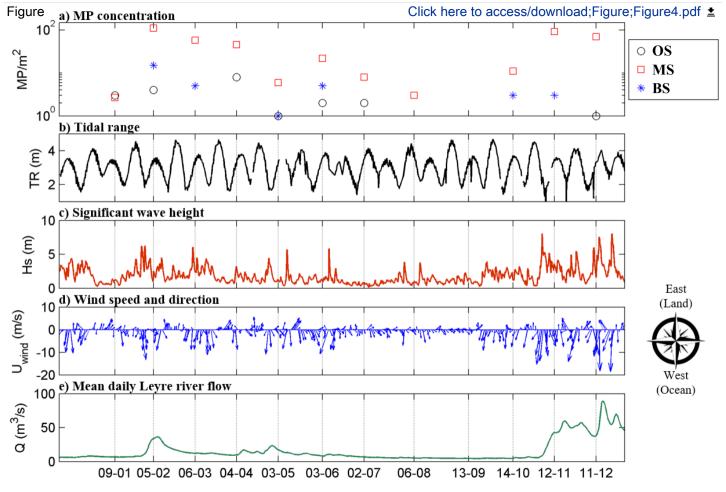
Table 2. Color proportions (in %) of visually characterized particles at the three studied sites and in the whole studied area (Total)

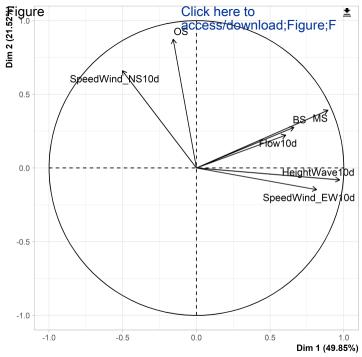
	White	Blue	Black	Red	Orange	Grey	Green	Pink	Yellow
OS	70.0	9.9	3.8	1.8	5.4	1.3	3.2	0.5	4.1
MS	72.7	13.6	9.1	4.6	0.0	0.0	0.0	0.0	0.0
BS	45.7	28.6	5.7	5.7	0.0	5.7	5.7	0.0	2.9
Total	68.4	11.4	4.2	2.2	4.8	1.6	3.2	0.4	3.8











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This study was conceptualized by BM, JC, SL and CL. Methodologies were set up by BM, JC, SL, IJR and CL. Data validation and duration was made by IJR. MP sampling and statistical analysis and visualization were made by CL. Environmental factors analysis and visualizations were made by IJR and CL. Resources were provided by SV, JC, SL and BM. CL wrote the original draft and IJR, SV, JC, SL, and BM reviewed and edited the manuscript. JC, SL, and BM and SV supervised CL. BM, JC and SL acquired the financial support and BM managed the project. All authors contributed to the article and approved the submitted version.