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Review Article

An In Vitro Method to Study Male Reproductive Toxicology: A Review on the Bio-AlteR® Technology Allowing a “Physio-Toxicology” Approach

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Introduction

Increasingly, toxicology studies are using toxicogenomics on lines of cultured cells to identify genes whose expression is altered by toxics. However, this approach is not feasible in testicular toxicity, because there is no line of germ cells to respond to this request because the differentiation of germ cells is dependent on interactions with the somatic cells of the testis [1,2]. During the golden age of French research, we have developed and validated two culture systems of germ cells together with Sertoli cells, in bicameral chambers, in a defined culture medium, which maintain the blood testis barrier [3-5] and enable studying the mitotic phase of spermatogenesis, the entire meiotic phase, and the first steps of spermiogenesis over a 4-week culture period in the 20 days old rat [5-7]. These in vitro systems should be a major methodological breakthrough in assessing toxicological potency of chemical compounds on a relatively long time period and enabling the study of many aspects of their mechanism of action while reducing greatly the number of animals needed. It must be noted that our systems of culture in bicameral chamber allow studying the effects of a toxic substance added to the basal compartment of the culture chamber, and thus mimics what could happen in vivo in the testis. Indeed, the cellular junctions, between sertoli cells and between germ cells and Sertoli cells, which are essential for spermatogenesis, are maintained or rebuilt in our systems of culture [3]. Therefore, before reaching the germ cells, in our system, the toxic substance must cross the barrier of Sertoli cells (the main component the blood-testis barrier). By contrast, in “conventional” cultures wells, a compound may be toxic to differentiated germ cells because it is placed directly in contact with these cells, whereas in vivo, it may not have access to the compartment of the seminiferous tubules where this population of germ cells is located.

In addition, the possibility of rather long term cultures of the cells will allow, most often, testing for the reversibility of the observed effects. Our cultures can be analyzed by cell physiology, cytology, biochemical and molecular biological approaches allowing the determination of the mechanisms responsible for the gonadal toxicity or carcinogenic effect of organic or mineral compounds and of nanoparticles.

In these models it is indeed possible to analyze:

1. The alterations of the blood-testis barrier.
2. Survival/death of somatic and/or germ cells, proliferation of Sertoli cells and spermatogonia (stem cells of spermatogenesis).
3. The course of meiotic division (key stage of spermatogenesis during which genetic recombinations occur).
4. Cytogenetic abnormalities of germ cells.
5. The expression of specific genes in the germ cells or Sertoli cells (transcriptome).
6. The peptide profiling of the culture supernatant/cultured cells (proteome).

Our co-cultures can also serve as an original tool for rapid screening test molecules for therapeutic purposes in order to improve a failing male fertility.

The use of a cell population exposed (treated) or not (control group) to the substance allows to get rid of much of the variability between animals that are encountered in testing in vivo and to optimize the power of the tests.

Scientific Validation of these Systems (Physiology)

Two important aspects of the results obtained using in vitro models are their reproducibility (see Figure 7 in Staub et al.) [5], and their relevance to the in vivo (physiological) situation (see below).

The germ cell-Sertoli cell coculture systems that we settled [8-10]; have been carefully validated from the physiological point of view, on many aspects, over the last decades. To our knowledge, there is no other system of culture of male germ cells and Sertoli cells which has been so carefully and extensively validated. Hence, the availability of a physiologically relevant in vitro systems allowing screening the mechanism of action of a large number of potentially toxic/active molecules, at low concentrations on a relatively long period of time, is of an utmost interest. We were the first [5] to show that the whole meiotic process could occur in vitro in a mammal (the rat). This was proven by cytological and cytometrical methods and by

germ cell specific gene expression; subsequently we showed that the development of the meiotic step, *in vitro*, in the testis of pubertal rats was close to what happens *in vivo* when considering the changes in the cell populations of different ploidy, the gene expression of germ cells, the kinetics of differentiation of BrdU-labeled early or middle pachytene spermatocytes and the levels of apoptosis in the different cell populations, even if the rate of *in vitro* differentiation of BrdU-labeled spermatocytes slowed down when reaching the stage of middle pachytene spermatocytes [11]. Then, we also showed, there was no significant difference between the percentages of leptotene, zygotene, pachytene, and diplotene stages in 42-day-old rats and on day 16 of culture of seminiferous tubules from 23 day-old rats, indicating a similar development *in vivo* and *in vitro* [12].

We showed that FSH and testosterone have positive and somewhat overlapping effects on the meiotic divisions and the post-meiotic expression of a germ cell-specific gene, effects which cannot be related solely to their ability to reduce germinal cell apoptosis [13]. These results have been confirmed by others using KO mouse models [14-16]. We have shown that β NGF and its two receptors are similarly expressed *in vivo* and under our culture conditions and that both β NGF and TGF β are able to regulate the second meiotic division of rat spermatocytes by blocking secondary spermatocytes in metaphase (metaphase II) [17,18]. In vertebrates, mature oocytes are arrested at metaphase II until fertilization, because of the presence of a cytostatic factor (CSF) in their cytoplasm. We have shown that Mos, Emi2, cyclin E and Cdk2, the four proteins of CSF are present in male rat meiotic cells. In co-cultures of pachytene spermatocytes with Sertoli cells, β -NGF increases the number of metaphases II, while enhancing Mos and Emi2 levels in middle to late pachytene spermatocytes, pachytene spermatocytes in division and secondary spermatocytes; these results suggest strongly that CSF is not restricted to the oocyte [6,7]. In addition, they reinforce the view that, β NGF by enhancing Mos in late spermatocytes, is one of the intra-testicular factors which adjusts the number of round spermatids that can be supported by Sertoli cells. Actually, the yield of meiosis *in vivo* is not four round spermatids from one pachytene spermatocyte, but only two round spermatids from one pachytene spermatocyte [19]. Thereafter, we have demonstrated that β NGF and TGF β 1 have a totally redundant effect on this step [6,7]. These results may offer an explanation to the study of Ingman and Robertson who did not observe any effect on male meiosis of the absence of TGF β 1 in SCID null mutant mice [20]. Indeed, male gametes synthesize TGF β 1 with greatest abundance detected in spermatocytes and early round spermatids *i.e.*, precisely, the same germ cell types which synthesize β -NGF [18]. Therefore, it is more tempting to speculate that the absence of effects of TGF β 1 knock out reported by these authors was due to the redundant effect of β -NGF on that step. We have shown that meiotic progression of rat spermatocytes requires mitogen-activated protein kinases of Sertoli cells and close contacts between the germ cells and the Sertoli cells [21,22]. Now, connexin 43 is detected between spermatocytes and Sertoli cells in our cultures [21]. These results fit with a study [23] showing that replacement of connexin 43 by connexin 26 in transgenic mice impairs spermatogenesis leading to the absence of germ cells beyond primary spermatocytes.

Furthermore, we have shown that both meiotic divisions are blocked by pharmacological inhibitors of MPF [24], as could be expected [25]. On the mitotic step of spermatogenesis, we have got results consistent with a role of GDNF in inhibiting the S-phase entrance of a large subset of differentiated type A spermatogonia, together with an enhancing effect of the factor on a small population of undifferentiated (stem cells) spermatogonia [26]. Actually these studies fit quite well with the results of the *in vivo* studies [27-30]. Further, we have shown that Cx43 gap junctions between Sertoli cells participate in the control of Sertoli cell proliferation and that Cx43 gap junctions between Sertoli cells and spermatogonia are indirectly involved in germ cell number increase by controlling germ cell survival rather than germ cell proliferation [4]. Similarly, by using Sertoli cell conditional Cx43 knock-out mice recent findings have reported that Cx43 is essential for control of Sertoli cell proliferation and differentiation [22,31]. Recently, we showed that our seminiferous tubule culture model, in bicameral chambers, allowed the settlement of the blood-testis barrier (BTB) in 8-day-old male rat cultures and the differentiation of spermatogonia into round spermatids [32]. Taken together, such data support the view that our co-culture systems enable to highlight mechanisms pertinent to the physiological processes. Hence toxicological studies on toxicants, and/or their identified “active” metabolites, performed with these models are most relevant.

Scientific Validation of these Systems (Toxicology)

We compared cultures of normal, and irradiated by gamma rays germ cells. In spermatocytes for non-irradiated cultures, the comet assay revealed the presence of breaks of DNA, whose number decreased during the culture, resulting from the involvement of mechanisms of DNA repair associated with meiotic recombination. In irradiated cells, the development of DNA strand breaks was heavily modified. Thus, our model is able to detect genotoxic lesions and/or abnormal DNA repairing [33,34]. Numerous studies have shown the toxicity of heavy metals to spermatogenic cells. A growing body of studies is available regarding the reproductive effects of chromium (VI) in men and animals [35-37], but a detailed analysis of spermatogenesis is not available. Kawanishi *et al.* have demonstrated that chromium (VI) produce noxious ROS including superoxide anion, singlet oxygen, and hydroxyl radicals through the formation of chromium (V) intermediates [38]. In male mice exposed to chromium (V), the major finding reported was the alteration of permeability of the blood-testis barrier [37]. A significant reduction in semen quality is also observed in male welders occupationally exposed to chromium: decrease in sperm count, mobility and vitality, large number of morphologically abnormal spermatozoa, and these semen changes are dose dependent [36]. Low concentrations of Cadmium are found in food and water [39]. Cadmium loading of the environment is a result of human activities such as fossil fuel combustion, agriculture, and the manufacturing of Nickel-Cadmium batteries. High concentrations of Cadmium in male smokers' seminal fluid and blood are associated with high oxidative stress and damage. The testis is extremely vulnerable to Cadmium as shown by *in vivo* and *in vitro* studies in several mammalian species [40-42]. Cadmium induces poor semen quality and carcinogenicity [43,44]. Although numerous studies describe the testicular damages

induced by Cadmium, the mechanisms underlying its toxicity remain not completely understood. Chung and Cheng and Siu et al showed that the blood-testis barrier is particularly vulnerable to Cadmium which inhibits, dose-dependently, the assembly of Sertoli cells tight junction-permeability barrier [42,45]. It was hypothesized that activation of c-JNK signal transduction pathway by Cadmium could lead to general cellular apoptosis in the seminiferous epithelium [46]. Additionally hypothesized was the fact that Cadmium mimics the effects of androgens [47] and has potent estrogen-like activity [48].

We have studied, in our culture systems, the effects of concentrations of chromium or Cadmium similar to those which can be observed in the blood (“physio-toxicology”) on the spermatogenic process. [3,12,49]. The numbers of late spermatocytes and of round spermatids were decreased by chromium(VI) even at the lower concentration (1 µg/L). The percentage of synaptonemal complex abnormalities increased slightly with the time of culture and dramatically with chromium (VI) concentrations. This study shows that chromium (VI) is toxic for meiotic cells even at low concentrations, and its toxicity increases in a dose-dependent manner. The number of Sertoli cells did not appear to be affected by Cadmium. By contrast, spermatogonia and meiotic cells were decreased by 1 and 10 µg/L Cadmium in a time and dose dependent manner. Cadmium caused a time-and-dose-dependent increase of total abnormalities, of fragmented Synaptonemal Complexes and of asynapsis from concentration of 0.1 µg/L. Additionally, we observed a new Synaptonemal Complex abnormality, the “motheaten” Synaptonemal Complexes. This abnormality is frequently associated with asynapsis and Synaptonemal Complexes widening which increased with both the Cadmium concentration and the duration of exposure. This abnormality suggests that Cadmium disrupts the structure and function of proteins involved in pairing and/or meiotic recombination. These results show that Cadmium induces dose-and-time-dependent alterations of the meiotic process of spermatogenesis *ex vivo*, and that the lowest metal concentration, which induces an adverse effect, may vary with the cell parameter studied. Our systems have been used to study the effects of low doses of Bisphenol A which is a plasticizer commonly found in many consumer and industrial products. Bisphenol A is an endocrine disruptor due to its structural similarity to estrogen and suspected to be harmful to spermatogenesis despite some controversy [50-53]. Our work has shown the deleterious effects of BPA (1 nM and 10 nM) by combining transcriptomic analysis and analysis of synaptonemal complexes by immunocytochemistry. BPA interferes with the course of meiosis by altering the synaptonemal complexes of spermatocytes. The transcriptomic analysis carried out on 120 genes involved in the first prophase of meiosis confirms the immunocytochemical observations because the transcription of 60 of these genes is modified [54].

Lilly Research Laboratories financed a pilot study to evaluate in our model the toxicity of 4 molecules known for their testicular toxicity in *in vivo* studies: 1,3-dinitrobenzene (at 6 µM or 60 µM), methoxyacetic acid (at 0.5 mM or 2.5 mM), Bisphenol A (at 5 µM or 50 µM) and lindane (at 5 µM or 30 µM). DNB is a nitroaromatic compound used in the production of polymers, pesticides and dyes. *In vivo* studies have shown that DNB induces severe effects including

Sertoli cell vacuolation, spermatocyte depletion and multinucleated and misshapen spermatids [55,56]. MAA is the toxic metabolite of 2-methoxyethanol, a solvent used in printing inks, varnishes, and as a de-icing additive. The toxic effect of MAA on pachytene spermatocytes, has been described *in vivo* [57,58]. Although Leydig cells are a target of BPA [59], *in vitro* studies using primary Sertoli cells demonstrated direct targeting through disruption of cell-cell signaling [56-61]. Lindane is a pesticide used in both agriculture and parasiticide treatment for lice. Lindane induces apoptosis in Sertoli cells as well as in spermatogonia and spermatocytes [62]. Bio-AlteR® has made it possible to find the same effects as those described *in vivo* for these 4 compounds: Sertolian toxicity and disruption of spermatogenesis. In addition, we were able to hypothesize different mechanisms of action explaining their toxicity and also overcome the shortcomings of the European ReProTect project for 1,3-dinitrobenzene and methoxyacetic acid. It should be noted that this project (www.reprotect.eu) included a battery of 14 tests responsible for predicting the disruption of female and male fertility and embryonic development, but that the tests used were unable to predict the toxicity of 1,3-dinitrobenzene and of methoxyacetic acid on spermatogenesis [63]. The results show very close similarities between the results of the published *in-vivo* studies and the results obtained using the Bio-AlteR® technology. Our model can also respond to the need of some eco-toxicology studies. A large number of environmental factors can pollute air, water and food and may potentiate each other when present as a mixture [32,64,65]. Numerous studies suggest a decline in semen quality in some parts of the world [49,66-73]. This might occur in response to adverse environmental factors [74].

We then Tested Pesticides Selected on the Basis of Their Persistence in Water and Food

Carbendazim is a broad-spectrum benzimidazole fungicide used to prevent and eliminate fungal plant diseases [75]. Carbendazim has been reported to induce, *in vivo*, a number of testicular alterations such as atrophic seminiferous tubules [76,77], decreased germ cell numbers, sloughing of the seminiferous epithelium [77-80] and abnormal development of the acrosome [81]. Carbendazim has been also reported to induce dysfunction of the somatic Sertoli cells cell by inhibiting microtubule assembly in a colchicine-like manner [75,82-84]. However, the mechanism of action of carbendazim was not fully elucidated, especially at low doses, even if its status of endocrine disruptor has been raised [85,86]. We tested 3 low concentrations of carbendazim: 50 nM, 500 nM and 5 µM. It should be emphasized that 5 µM (IC₅₀ for the colchicine-like effect) is 60 times lower than the serum concentration of rats treated with 25 mg of CBZ/kg weight/day for 48 days [87]. We have shown that Carbendazim induces an alteration of the blood-testicular barrier (decrease in Connexin 43 and its functionality) and proves to be an endocrine disruptor (androgen-like effect) at a concentration of 50 nM by regulating on the one hand the estrogen receptor messenger RNAs (Era and ERβ) and secondly by increasing the messenger RNAs of TP1 and TP2, two androgen-dependent genes specific to round spermatids [88]. An additional advantage of our culture systems is that they make it possible to test the effect of combinations of molecules at low concentrations for a period of several weeks.

As an example, we studied the cocktail (carbendazim 50 nM- iprodione 50 nM) because unlike carbendazim, iprodione, a dicarboximide fungicide, is known to have anti-androgenic effects by lowering circulating testosterone levels, inhibiting testicular testosterone production and delaying pubertal development in male rats [89]. Moreover, these two pesticides are present together in the environment following their use alone or in cocktails in marketed products. We have shown by transcriptomic and proteomic studies, in rat seminiferous tubule cultures, that the cocktail triggers effects greater than the sum of the cumulative effects of 50 nM CBZ and 50 nM IPR tested separately [90]. We also compared the effects of the cocktail (carbendazim 50 nM- iprodione 50 nM) and of each of these 2 fungicides at 50 nM in cultures of rat seminiferous tubules, on physiological parameters. Our results show that (i) the presence of iprodione with carbendazim (cocktail) cancels the effect of carbendazim on the increase in androgen-dependent TP1 and TP2 mRNAs and on the decrease in *Era* and *ERβ* mRNAs. Nevertheless, carbendazim alone or iprodione alone or the cocktail induces toxicity on spermatogenesis by decreasing the number of round spermatids (the direct precursors of spermatozoa). These results strongly suggest that at the concentrations used, the effects of iprodione and carbendazim do not solely depend on their respective anti-androgen and androgen-like effects but should involve several mechanisms of action [65].

A cocktail of two micropollutants (benzo[a]pyrene and atrazine at 1 µg/L each) was also tested. Atrazine has been one of the widely used agricultural pesticides all over the world. Atrazine concentrations varied from 0.2 to 14.7 µg/L in soil-water samples from La Côte Saint André (Isère, France) [91]. Studied reservoirs in Brazil showed the presence of atrazine at mean levels from 7.0 to 15.0 µg/L [92]. Although its use has been banned in France from 2003, and by the European Union from 2007, atrazine can be persistent in the soil and rivers. Atrazine is now recognized to display endocrine disrupting effects on the male reproductive system of mammals [93-95]. In rodents, in vivo studies have shown that exposure to atrazine delays puberty (Stoker et al., 2000)-[94], decreases testosterone and increases estradiol levels [95], alters meiosis [96], and reduces sperm counts [95,97]. Benzo[a]pyrene can be formed as a result of incomplete combustion from industrial processes, smoking tobacco, charring of grilled foods, and exhaust from diesel and gasoline engines. Inhalation and oral ingestion are two major routes of Benzo[a]pyrene exposure [98]. Values for oral exposure to Benzo[a]pyrene through drinking water range from 0.007 to 0.7 µg/L [99]. In vivo, Benzo[a]pyrene can affect the hormonal balance and gonadal tissue growth and development, induces apoptosis in male germ cells leading to decreased spermatozoa quality and quantity [100-104]. Inhibition of meiotic divisions of rat spermatocytes by Benzo[a]pyrene has been shown in an early in vitro study [104]. The effect of the mixture (benzo[a]pyrene and atrazine at 1 µg/L each) was investigated in our validated BioAlter® model, either during or after the establishment of the blood-testis barrier by using 8- or 20-22-day-old rats. Cultures were performed over a 3-week period. Our results showed that the mixture reduced the number of round spermatids by targeting the middle to late pachytene spermatocytes. These effects were observed in 8- and in 20-22-day-old

rat seminiferous tubule cultures. However, the decrease of the number of round spermatids was faster and more marked in the 8-day- than in the 20-22-day-old rat seminiferous tubule cultures. Hence, our study emphasizes the possible influence of the age of an individual on the effect of (a) toxicant(s) on spermatogenesis [32].

We then tested the effects of Glyphosate alone, the most used herbicide in the world today [33]. Indeed, Glyphosate has been mixed with other chemicals to constitute glyphosate-based herbicides such as Roundup® which has been used in agricultural fields and home gardens [105]. Formulated glyphosate and its degradation products accumulate in the environment [106]. Glyphosate has been detected in various waters: (i) from 2 to 430 µg/L (11.8 nM to 2.5 µM) in river water and stream water in the USA [107-110] (ii) from 0.1 to 2.5 µg/L i.e. 0.6 nM to 14.8 nM [111,112] in various waters in Europe. Higher levels (up to 165 µg/L i.e. 976 nM) were found in France [113] and Denmark [114]. Human beings may be exposed to glyphosate through food and drinking water [115]. Controversial in vivo studies exist on the effect of glyphosate alone on male reproductive system. Two studies have shown that glyphosate affects spermatogenesis (i) in mice by decreasing the number of spermatozoa and the plasma levels of testosterone [116], (ii) in rabbits resulting in a decline in ejaculate volume and sperm concentration [117]. By contrast, two groups have shown that glyphosate does not affect male reproduction in rat [118,119]. There are only very few in vitro studies on the effect of glyphosate alone on primary cultures of testicular cells. Seralini's team showed that within 24-48 h glyphosate was essentially toxic to Sertoli cells [120]. The group of Meroni showed that glyphosate could alter the blood-testis barrier at a high concentration (100 µg/mL (588 µM) [121]. Toxic effects on sperm progressive motility but not on sperm DNA integrity were induced in human by glyphosate alone at 360 µg/L (2.1 µM), a concentration that greatly exceed environmental exposures in Europe [122]. We tested the effects of low concentrations of Glyphosate (50 nM, 500 nM, 5 µM or 50 µM) in our model. The observed decrease of Clusterin mRNAs by glyphosate at 50 nM or 500 nM suggested that glyphosate would target the integrity of Sertoli cells. Glyphosate targeted also young spermatocytes and middle to late pachytene spermatocytes resulting in a decrease of the numbers of round spermatids. This study underlines that the effect of a toxicant should be also studied at low doses and during the establishment of the blood-testis barrier [123]. More recently, we evaluated the effects of waters of different origins, hospital effluent waters and/or different drinking waters) on several parameters of the seminiferous epithelium. Concentrated culture medium was diluted with the waters to be tested (final concentrations of the tested waters were between 8 and 80%). The integrity of the blood-testis barrier was assessed by the trans-epithelial electric resistance (TEER). The levels of mRNAs specific of Sertoli cells, of cellular junctions, of each population of germ cells, of androgen receptor, of estrogen receptor α and of aromatase were also studied. We showed that some waters may have an impact on some parameters involved in the process and/or regulation of spermatogenesis, directly at the level of the seminiferous epithelium, including some endpoints related to possible endocrine disrupting effects [124]. Although our model allows reducing the number of rats by 20 to 30 as compared to in vivo studies; in agreement with the 3R

rule (Reduction, Refinement and Replacement), it does not provide an answer to the cosmetics industry, which must no longer kill animals for toxicology studies.

In order to replace the use of animals in toxicology studies, we settled the culture of pre-pubertal domestic cat seminiferous tubules (veterinary wastes) in our model. We carried out a comparative study on the effects of 3 testicular toxicants, 1,3-dinitrobenzene at 60 μ M, 2-methoxyacetic acid at 2.5 mM and carbendazim at 50 nM or 500 nM in cat or rat seminiferous tubule cultures for a period of 3 weeks. Sertoli cell or each germ cell populations as well as the levels of Sertoli cell or germ cell specific mRNAs were studied. The harmful effects of the 3 toxicants on pre-meiotic, meiotic and post-meiotic cell numbers and on Sertoli or germ cell specific mRNAs were clearly observed in the two species, even if there might be some small differences in the intensity of the effects on some of the studied parameters. Hence, the culture of prepubertal domestic cat seminiferous tubules in our validated BioAlter® model might be a solution to the requirements of the EU cosmetics directive and REACH legislation for male reproductive toxicology studies [125].

Conclusions

It should be underlined that most of the growth factors, cytokines, neurotrophins and steroid hormones produced within the testis, and necessary for spermatogenesis, are widely expressed in the organism and/or necessary for the regulation of other vital functions. For instance, (i) the glial cell-derived neurotrophic factor (GDNF) has been observed in the central nervous system [126] and peripheral organs including the kidneys, lungs, blood, and testes [127-129]; (ii) the receptor tyrosine kinase c-Kit and its ligand Stem Cell Factor (SCF) are involved in haemopoiesis, melanogenesis and spermatogenesis [130,131]. In this line, it has been reported that men with impaired semen parameters have an increased mortality rate suggesting semen quality may provide a fundamental biomarker of overall male health [132,133]. Taken together, these features suggest the possibility of using this in vitro bioassay as a “warning system”.

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