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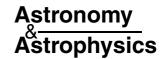
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Post-AGB stars as testbeds of nucleosynthesis in AGB stars

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ABSTRACT

We construct a data base of 125 post-AGB objects (including R CrB and extreme helium stars) with published photospheric parameters (effective temperature and gravity) and chemical composition. We estimate the masses of the post-AGB stars by comparing their position in the (log $T_{\rm eff}$, log g) plane with theoretical evolutionary tracks of different masses. We construct various diagrams, with the aim of finding clues to AGB nucleosynthesis. This is the first time that a large sample of post-AGB stars has been used in a systematic way for such a purpose and we argue that, in several respects, post-AGB stars should be more powerful than planetary nebulae to test AGB nucleosynthesis. Our main findings are that: the vast majority of objects which do not show evidence of N production from primary C have a low stellar mass ($M_{\star} < 0.56 \, M_{\odot}$); there is no evidence that objects which did not experience 3rd dredge-up have a different stellar mass distribution than objects that did; there is clear evidence that 3rd dredge-up is more efficient at low metallicity. The sample of known post-AGB stars is likely to increase significantly in the near future thanks to the ASTRO-F and follow-up observations, making these objects even more promising as testbeds for AGB nucleosynthesis.

Key words. stars: AGB and post AGB - stars: abundances - stars: evolution - nuclear reactions, nucleosynthesis, abundances

1. Introduction

The asymptotic giant branch (AGB) phase, a late stage in the evolution of low and intermediate mass stars, is quite complex. During this phase, various nuclear processes are at work in different zones of the star, and a variety of mixing mechanisms take place (see e.g. Charbonnel 2002; or Lattanzio 2002 for short reviews). Understanding this phase is important, since the elements manufactured during the AGB contribute significantly to the chemical composition of galaxies.

The first models to give some predictions on the stellar yields from AGB stars are those by Iben & Truran (1978) and Renzini & Voli (1981). Unfortunately, even nowadays, the state of stellar physics does not allow one to construct models entirely from first principles, and some quantities have to be set as free parameters. The next generation of AGB models (Groenewegen & de Jong 1993; Marigo et al. 1996) adjusted those free parameters (essentially mass loss rate and mixing length) to reproduce a few observational constraints on stellar populations. Further models have been constructed since then (e.g. by Forestini & Charbonnel 1997; Boothroyd & Sackmann 1999; Marigo 2001; Izzard et al. 2004). All those models are so-called synthetic models in that, for the thermal pulse phase, they use analytical expressions to extrapolate certain quantities obtained from full evolutionary calculations up to the planetary

nebula ejection. With the availability of fast computers, it is now possible to compute complete AGB models (Karakas et al. 2002; Herwig 2004) that follow all the pulses in detail. Testing model predictions before using them in chemical evolution models of galaxies is vital, especially because even full evolutionary calculations are computationally difficult and still imply some ad hoc parameters (mixing length, mass loss rates etc.). Indeed, as shown recently by Ventura & D'Antona (2005a,b), the predicted yields of intermediate mass stars depend strongly on the treatment adopted for convection and mass loss and on the nuclear reaction cross-sections.

As mentioned before, synthetic models published since 1993 reproduce some observables (e.g. the luminosity functions of carbon-stars and of lithium-rich stars) by construction. However, additional tests are needed and are crucial to constrain AGB models. The analysis of the chemical composition of planetary nebulae can provide some tests. Such an approach has been adopted recently by Marigo et al. (2003) using a data base of 10 planetary nebulae (PNe) observed in a wide spectral range, from the far infrared to the ultraviolet. Previously, the chemical composition of planetary nebulae samples had been used in a more empirical way to test AGB nucleosynthesis and get an insight into the relation between planetary nebulae, the final products of low and intermediate mass stars and their progenitors. For example, Peimbert (1978) defined

a category of planetary nebulae, called type I PNe, as objects having He/H > 0.125 and N/O > 0.5. Those PNe were interpreted as being born from stars that experienced the second dredge-up. While the designation "type I PNe" stayed in the literature, its definition changed several times (see Stasińska 2004). Kingsburgh & Barlow (1994) compared the nebular N/H ratio to the solar (C+N)/H ratio to find out which planetary nebulae exhibit N produced from primary C. They also identified planetary nebulae whose progenitors had experienced 3rd dredge-up, bringing to the surface carbon produced by the triple- α reaction. To this end, they constructed a (C+N+O)/H vs. C/H diagram. The N/O vs. O/H diagram has been interpreted (e.g. Henry 1990) as indicating that in some objects N is produced at the expense of O (during ON cycling). However, this diagram, depending on authors and samples, does not always lead to such a straightforward interpretation (Kingsburgh & Barlow 1994; Leisy & Dennefeld 1996). Henry et al. (2000) have plotted PN abundances of C and N as a function of progenitor mass (estimated from the stellar remnant masses by Górny et al. 1997 and Stasińska et al. 1997 and converted to progenitor masses using an initial-final mass relation), and compared this with the predictions from synthetic AGB models. This was the first attempt to compare PNe abundances directly with the results of AGB model computations for a given initial mass and it was not very conclusive.

There is another category of objects that may serve for tests of AGB models. These are post-AGB stars, i.e. stars that have already ejected their envelope but are not yet hot enough to ionize it and produce a planetary nebula. Such stars have several advantages with respect to PNe and constitute an excellent complement for testing AGB nucleosynthesis. The main advantage is that the stellar mass can be obtained directly from the observed stellar spectrum by fitting a model atmosphere that allows one to derive the stellar effective temperature, $T_{\rm eff}$, and gravity g (this can also be done for PNe nuclei, but as the stars are hotter and buried in the ionized gas, this is more difficult). The abundances of quite a variety of elements (He, Li, C, N, O, Na, Mg, Al, Si, S, Ca, Sc, Ti, Fe, Ni, Zn ...) can be obtained from a stellar atmosphere analysis. For carbon, a particularly important element in AGB evolution, the uncertainty in the estimated abundance is of the same order as for the other elements. This is not the case in planetary nebulae, where no strong carbon line exists in the optical, implying that the carbon abundance determination is subject to a higher uncertainty than the oxygen or the nitrogen abundance determination. Finally, post-AGB stars are expected to extend to smaller masses than the nuclei of planetary nebulae. Indeed, planetary nebulae with central star masses lower than 0.55 M_{\odot} do not exist since the nebular gas has dissipated in the interstellar medium long before the star has become hot enough to ionize it. On the other hand, there is no such limitation for post-AGB stars.

This paper presents the first attempt to use a large sample of post-AGB stars to test AGB nucleosynthesis. In Sect. 2, we describe the constitution of our sample. In Sect. 3 we show some empirical diagrams and propose simple interpretations. In Sect. 4 we summarize the main findings and outline some prospects.

2. The optical sample of post-AGB stars

2.1. General presentation

As mentioned above, the post-AGB phase starts when the star has expelled its envelope and left the AGB branch, and is then moving to the left in the H-R diagram. The end of AGB is characterized by strong mass loss, which (sometimes) can reach values of $10^{-4} M_{\odot} \text{ yr}^{-1}$. For stars that have experienced intense mass loss on the AGB, due to the large dust opacity in the envelope, the post-AGB star is first seen through its infrared emission due to reprocessing of the stellar radiation by the circumstellar dust grains. It is only when the envelope has sufficiently expanded and become optically thin that such stars start being optically visible. In this paper, we are interested in optically visible post-AGB stars. We used the present version (Szczerba et al., in preparation) of our catalogue of post-AGB candidates (Szczerba et al. 2001), which now contains about 330 objects. For all the sources from this catalogue we have searched the available literature for stellar parameters and chemical composition.

We then estimated the stellar masses, M_{\star} , by comparison with theoretical evolutionary paths in the ($\log T_{\text{eff}}$, $\log g$) plane. The theoretical paths we used were interpolated by Górny et al. (1997) from the post-AGB models of Schönberner (1983) and Blöcker (1995). The uncertainties in $\log T_{\rm eff}$ and $\log g$ induce an uncertainty in the derived M_{\star} . The main source of uncertainties is the low accuracy of the determinations of surface gravity, especially in the case of cool post-AGB stars $(T_{\rm eff} \text{ below } 10\,000\,\mathrm{K})$. Since the relation between $\log g$ and stellar mass on the post-AGB tracks is highly nonlinear, for each object we determined the mass $M_{\star min}$ corresponding to $(\log T_{\rm eff} - \Delta(\log T_{\rm eff}), \log g - \Delta(\log g))$ and the mass $M_{\star \rm max}$ corresponding to (log $T_{\text{eff}} + \Delta(\log T_{\text{eff}})$, $\log g + \Delta(l \log g)$). Since the derived stellar mass is a decreasing function of both $T_{\rm eff}$ and $\log g$, the values of $M_{\star \min}$ and $M_{\star \max}$ should define a conservative stellar mass interval1. However, one should keep in mind that many post-AGB stars are pulsating stars (Gautschy & Saio 1996), while such pulses are not reproduced by the evolutionary models used to derive the stellar masses. In addition, the pulsating nature of the atmosphere may introduce errors in the abundance determinations, which are done using static atmosphere models. A further source of uncertainty in the determination of masses comes, of course, from the model tracks themselves. All this implies that the masses of post-AGB stars are quite uncertain and model-dependent. In spite of this, we believe that the method provides useful information. It can be improved on in the future, as better spectra become available for spectroscopic analysis and as progress in understanding the physics of post-AGB stars is made. In particular, when complete grids with different metallicities become available, it should be possible to account for the metallicity in the derivation of the stellar masses. For the moment, as far as one can judge from several tracks computed by Vassiliadis & Wood (1994) at different metallicities, the effect of metallicity in mass

¹ The available model grid allows us to determine masses only within the range $(0.55-0.94 M_{\odot})$.

derivation would be completely dominated by the large error on $\log q$.

The details of our search and the above estimates of the stellar masses are presented in Table 1. The objects are grouped into several subtypes: RV Tau stars (29 objects), suspected RV Tau stars (6 objects from Maas et al. 2005), R CrB stars (19 objects), extreme helium stars (15 objects) and all the remaining post-AGB stars (56 objects).

The RV Tau stars are highly luminous variable stars characterized by light-curves with alternate deep and shallow minima, periods between 30 and 150 days, and F, G or K spectral types (see e.g. Preston et al. 1963). They have been identified as post-AGB stars by Jura (1986), who showed that their IRAS fluxes indicate that they have just left a phase of very rapid mass loss.

The R CrB stars (already known for more than 200 years!) are rare H-deficient and C-rich supergiants that undergo irregular declines of up to 8 mag when dust forms in clumps along the line of sight (see e.g Clayton 1996, for a review). The extreme H-deficiency of the R CrB stars suggests that some mechanism removed the entire H-rich stellar envelope. There are two major models which explain their origin: a merger scenario (Webbink 1984; Iben et al. 1986) or the final helium shell flash scenario (Fujimoto 1977; Renzini 1979). There is still no consensus about which scenario is valid (none of them can explain all the observed properties). Only the second scenario implies a post-AGB nature. We have included these stars in Table 1, but we do not consider them as bona-fide post-AGB stars. Extreme helium stars, which could be evolutionarily connected to R CrB stars (see e.g. Pandey et al. 2001), are also included in our table and discussed together with R CrB stars.

In each subtype, the objects in Table 1 are ordered by galactic coordinates l and b. For some sources, there are several entries and in Sect. 2.2 we briefly discuss the preferred determinations – usually, they are based on higher quality spectroscopic material. The columns contain the following data: (1) the object number; (2) the object coordinates l, b; (3) the IRAS name; (4) the HD number; (5) other name (either the usual name or the designation in one of the following catalogues (chosen in this order: General Catalogue of Variable Stars, LS, BD, SAO, and CD catalogues); (6) the effective tempearture; (7) the error attributed to T_{eff} ; (8) the logarithm of the surface gravity in cm s⁻²; (9) the error attributed to $\log g$; (10) references and notes for the collected stellar parameters (explanations for the abbreviations used and for notes are given at the end of the table); (11) M_{\star} in units of solar mass; (12) $M_{\star \min}$ and (13) $M_{\star \max}$.

Table 2 is ordered in the same way as Table 1. Its columns contain: (1) the object number; (2) the object coordinates l, b; (3) – (8) the abundances of C, N, O, S, Fe, and Zn, expressed as $\epsilon(X) = 12 + \log(X/H)$ where X/H is the abundance of element X in number relative to H. In the case of R CrB and extreme helium stars, the abundances are listed as $\epsilon(X) = 12.15 + \log(X/N)$, where X/N is the ratio of number density of element X to the total number density of nucleons N. Note that the second definition is more general than the earlier one and both are consistent if the abundance of helium amounts to $\epsilon(He) = 11$, a condition which is fulfilled with good accuracy in the remaining stars (see Asplund et al. 2000; and

Pandey et al. 2001). The sources for the abundances are the same as given in Col. 8 of Table 1. Overall, the typical uncertainty in elemental abundances is about 0.2–0.3 dex. However, the uncertainty in abundance ratios of heavy elements is smaller, since many sources of errors affect the derived abundances in a similar way. One exception is the case of oxygen, if its abundance has been determined from the O I 7771-5 triplet. It is well known that this triplet gives enhanced abundances, if non-LTE effects are not taken into account, and that the O I 7771-5 vs. [O I] discrepancy is higher for low metallicity (Takeda 2003). In most objects listed in Table 2, it appears that the use of this triplet was avoided.

2.2. Notes on individual objects and discussion of abundance uncertainties

For several sources we found more than one reference with stellar parameters and chemical composition determined. Below we present arguments for the preferred source of information. The object number corresponds to the number given in Col. 1 of Tables 1 and 2.

Object 1: IRAS 18384–2800. The atmospheric parameters and chemical abundances have been analyzed recently by AFGM01 and RvW01. The same atmospheric parameters were derived in both analyses. The spectra obtained by RvW01 have apparently much higher S/N-ratio than those of AFGM01, and the chemical analysis of RvW01 is based on a higher number of lines, so the results of RvW01 were chosen for further analysis. **Object 3: IRAS 17279–1119.** This star has been analyzed by AFGM01 and VW97. Both analyses gave similar value for $T_{\rm eff}$ but rather different values for the surface gravity. Since the determination of AFGM01 was based on a single spectrum, while the vW97 determination was based on several spectra at different photometric phases, it is likely that more consistent atmospheric parameters and chemical composition are obtained in the AFGM01 paper.

Object 5: IRAS 19500–1709. Both analyses by vWR00 and vWWW96 give similar atmospheric parameters. The vWR00 paper is based on a higher S/N and a broader spectral coverage and was chosen for the subsequent analysis.

Object 6: IRAS 19590–1249. We adopted the RDM03 values. The analysis of RDM03 is based on higher quality material and is based on fully blanketed non-LTE atmospheric models that should guarantee more accurate values for $T_{\rm eff}$ and $\log g$.

Object 8: PHL 1580. KL86 do not give abundances, so we had to rely on those given by CDK91.

Object 10: IRAS 19114+0002. The analysis of RH99 is based on higher quality material than in ZKP96. As a consequence the microturbulence derived by RH99 (5.25 km s⁻¹) is much lower than the supersonic value found by ZKP99 (8 km s⁻¹). Since TPJ00 give a really unusual result we selected the data from RH99.

Object 12: PG 1704+222. The analysis of MH98 is based on better quality spectra than the preliminary results of CTM93, and their results were adopted.

Object 14: IRAS 18062+2410. There are emission lines visible in the spectrum. The four papers containing a determination

Table 1. List of post-AGB objects with stellar parameters determined from model atmosphere techniques.

No.	l b	IRAS	HD	Other name	$T_{ m eff}$	Err. log g Err.	Notes	M_{\star} $M_{\star \mathrm{m}}$	in M _{+max}
(1)		(3)	(4)	(5)	(6)	(7) (8) (9)	(10)	(11) (12	
1	006.72 -10.37	18384-2800	172481	V4728 Sgr	7250	200 1.5 0.25		<0.550 <0.55	
_	007.04 04.71	E1 (255 052)	1.405.40	DD 07 4205	7250		RvW01	<0.550 < 0.55	
2		F16277-0724			7200		LBL90 ¹⁾	0.828 0.62	
3	013.23 +12.17	1/2/9-1119	158616	V340 Ser	7550 7300	150 0.75 0.25 200 1.5 0.25		0.632 0.57 <0.550 <0.55	
4	016.45 -50.43			BPS CS 29493-0046		3000 3.0 0.3		0.550 < 0.55	
5	023.98 -21.04		187885	V5112 Sgr	8000	250 1.0 0.5	vWR00	0.599 < 0.55	
Ü	020.70 21.0.	1,000 1,00	10,000	10112 581	7850	150 0.75 0.25			
6	029.18 -21.26	19590-1249		LS IV -12 111	20 500	500 2.35 0.2	RDM03 ³⁾	0.757 0.62	
					23 750	1000 2.7 0.2	MCD92	0.649 0.61	2 0.826
7	030.60 -21.53	20023-1144	190390	V1401 Aql	6600	500 1.6 0.3	LBL90 ¹⁾	< 0.550 < 0.55	0 < 0.550
8	031.33 -43.48			PHL 1580	24 000		CDK91	< 0.550 < 0.55	
					21 500	1500 3.0 0.35		0.552 < 0.55	
9	033.16 -48.12		170001	PHL 174	18 000	1000 2.7 0.2	CDK91	0.552 0.55	
10	035.62 -04.96	19114+0002	1/9821	V1427 Aql	6750	150 0.5 0.5	RH99 ZKP96	0.660 0.55	
					6800 5660	250 1.3 0.5 100 -1.0 0.5	TPJ00	<0.550 <0.55 >0.940 >0.94	
11	040.51 -10.09	19386+0155		V1648 Aql	6800	100 -1.0 0.3	PLM04	<0.550 <0.55	
12	043.06 +32.36			PG 1704+222	20 500	1000 3.0 0.2	CTM93	0.551 < 0.55	
					17 600	400 2.7 0.1	MH98 ⁴⁾	0.551 0.55	
13	043.23 -57.13	22327-1731	213985	HM Aqr	8200	1.5	vW95	< 0.550	
14	050.67 +19.79	18062+2410	341617	V886 Her	23 000	1000 2.6 0.2	MRK02	0.692 0.62	1 0.868
					23 000	200 3.0 0.25		0.558 0.55	
					22 000		PGS00	0.554 < 0.55	
			4 < 9 = 0 <		20 750	500 2.35 0.2	RDM03 ³⁾		1 > 0.940
15	051.43 +23.19		163506	89 Her	6550	500 0.6 0.3	LBL90 ¹⁾	0.611 0.56	
16 17	052.73 +50.79 053.84 +20.18			BD+33 2642 V887 Her	20 200 6600	500 2.9 0.1 300 1.05 0.5	NHK94 K95 ⁵⁾	0.552 0.55 0.550 < 0.55	
18	066.18 +18.58		172324	V534 Lyr	11 250	200 2.5 0.25			
19	067.16 +02.73			LS II +31 9	7250	100 0.5 0.3	KPT02		1 >0.940
		-, .,,			7750	200 1.0 0.25			3 0.632
20	077.13 +30.87	17436+5003	161796	V814 Her	6600		$LBL90^{1)}$		8 > 0.940
					7100	100 0.5 0.3	KPT02	0.785 0.60	4 > 0.940
21	080.17 -06.50			Egg Nebula	6500	200 0.0 0.3	KSP00b	>0.940 0.89	
22	096.75 –11.56	22223+4327		BD+42 4388	6500	250 1.0 0.5	vWR00	0.551 < 0.55	
22	000 41 46 50			DD 20 4026	6500	350 1.0 0.5	DvWW98	0.551 < 0.55	0 0.609
23	098.41 -16.73		225050	BD+39 4926 V354 Lac	7500 5750	0.5	K73	0.894 0.574 < 0.55	n n 000
24	103.35 -02.52	. 22212+3433	233636	V 334 Lac	5750 5600	150 0.5 0.5 250 0.5 0.5	RLG02 ZKP95	0.574 < 0.55	
25	113.86 +00.59	23304+6147			6750	250 0.5 0.5	vWR00	0.561 < 0.55	
					5900	200 0.0 0.5	KSP00a	>0.940 0.60	
26	123.57 +16.59	01005+7910			21 000		KYM02	0.551 < 0.55	
27	133.73 +01.50	Z02229+6208			5500	250 0.5 0.25	RBH99	0.558 0.55	1 0.604
28	161.98 +19.59		46703	V382 Aur	6000	150 0.4 0.3	LB84	0.620 0.55	
29	166.24 -09.05	04296+3429			7000	250 1.0 0.5	vWR00	0.554 < 0.55	
					6300	250 0.0 0.2	KSP99	>0.940 0.93	
20	172.05 05.50			Domand 20	7000	350 1.0 0.3	DvWW98	0.554 < 0.55	
30 31	172.95 -05.50 173.86 -82.41			Barnard 29 BPS CS 22946–0005	20 000	1000 3.0 0.1 3000 2.7 0.3	CDK94 KDK97	0.550 0.55 0.565 0.55	
32	173.86 -82.41 188.86 -14.29			DI 3 C3 22740-0003	5250	150 0.25 0.5	RLG02		0.5/1
33	196.19 –12.14				6500	250 1.0 0.5	vWR00	0.551 < 0.55	
34	204.67 +07.57		52961	PS Gem	6000	500 0.5 0.5	WvWB91	0.599 0.55	
35	206.75 +09.99			LS VI +10 15	7250	250 0.5 0.5	HR03		3 > 0.940
					7250	250 0.5 0.5	vWR00		3 > 0.940
					7000	300 0.1 0.5		>0.940 0.69	
36	208.93 +17.07	07430+1115			6000	250 1.0 0.25	RBH99	< 0.550 0.54	0 0.551

Table 1. continued.

No	l b		IRAS	HD	Other name	T ~	Err	100 a	Err	Notes		$M_{\star \mathrm{min}}$	<i>M</i>
(1)				(4)	(5)	(6)	(7)		(9)	(10)	m_{\star} (11)	$m_{\star min}$ (12)	$m_{\star \text{max}}$ (13)
37			06530-0213			6900		•	0.5	HR03		0.540	0.643
	210111	00110	00000 0210			7250			0.5	RvWG04		< 0.550	
38	218.97 –	11.76	06176-1036	44179	Red Rectangle	7500		0.8		WvWTW92	0.617		
39	236.57 -0	05.37	07140-2321		SAO 173329	6750	250	1.25	0.25	$vW97^{2)}$	< 0.550	< 0.550	0.551
40	260.83 -0	05.07	08143-4406			7150	100	1.35	0.15	RvWG04 ⁷⁾	< 0.550	< 0.550	0.550
41	264.55 + 7				BD+13 2491	9250				RPS96		< 0.550	0.551
42			10158-2844	89353	AG Ant			1.05		WvWB91		0.558	
43	269.97 –3		44000 5450		CPD-61 455	25 000			0.2	HDK96		< 0.550	
44			11000-6153		LS 2105	7300				vW97 ²⁾		< 0.550	
45	293.03 +0 295.48 +2		11385-5517	101584	V885 Cen	8500 7600			0.5	SPG99 vW97 ²⁾		< 0.550	
46 47			12222-4652		SAO 203367 SAO 223420					vW97 ²		<0.550 <0.550	0.550 0.551
48			12175-5338	100013	V1024 Cen					$vW97^{2}$		0.563	0.331
49	299.02 -4		12175 5556		LB 3219	21 250				MCD92		0.555	0.603
50			12538-2611	112374		6000				GAFP97		< 0.550	0.552
						6000				LLB83		0.551	0.624
51	309.07 +	15.18		116745	Fehrenbach's star	6950	75	1.15		GW92	0.550	< 0.550	0.552
52	317.11 +5				BPS CS 22877-0023	20 000	3000	3.0	0.3	KDK97		< 0.550	0.550
						16400	700	2.5	0.15	MH98 ⁴⁾	0.553	0.551	0.557
53	325.04 +0	08.65	15039-4806	133656	LS 3309	8000	200	1.25	0.25	vWOT968)	0.554	< 0.550	0.582
54	326.77 -0	07.49	16206-5956		LS 3591	11 200			1.0	GP03	< 0.550	< 0.550	0.624
						8500			0.2	VSL98		0.609	0.874
55	330.64 -0				LS 3593	9300			0.2	VSL98		< 0.550	0.553
56	345.58 -0	07.30			[DSH2001] 279-19	24 000	1000	3.3	0.2	MDS04	0.550	< 0.550	0.553
RV	Tau stars												
57	020.72 +	17.57			V453 Oph	5800	200	0.75	0.25	GLG98	0.552	< 0.550	0.561
					-	6250		1.5		RDvW04	< 0.550		
58	021.48 + 2	28.63			TT Oph	4800		0.5	0.25	GLG00		< 0.550	
59			18564-0814		AD Aql	6300				GLG98		< 0.550	
60	044.10 - 6	61.56		216457	DS Aqr	6500				GLG00		< 0.550	
						6500	200		0.25	GLG98		< 0.550	< 0.550
61	050 40 + 1	14.24	10201 - 2140	170756	AC II	5750	150	0.5	0.15	RDvW04	0.574	-0.550	-0.550
61			18281+2149			5000				GLG98 ⁶⁾ GLG97a ⁹⁾		< 0.550	
62 63			20117+1634 20056+1834	192300	R Sge QY Sge	5850				RGL02		0.806	
64			19163+2745		EP Lyr	6200				GLG97a ⁹⁾		< 0.550	
65	076.75 -1		1710312743		V360 Cyg					GLG97a GLG98 ⁶⁾		< 0.550	
66			04166+5719		TW Cam	4800				GLG00		0.576	
67			04440+2605		RV Tau	4500				GLG00		0.557	
68			06054+2237	41870	SS Gem	5400			0.2	GLG97b ⁹⁾		0.585	
69	195.41 -0	03.42	06034+1354		DY Ori	5900	200	1.5	0.2	GLG97a ⁹⁾		< 0.550	
70	199.39 -0	04.56	06072+0953		CT Ori	5750	150	1.0	0.2	GLG97b ⁹⁾	< 0.550	< 0.550	0.550
71	217.80 +0	09.95	07331 + 0021		AI CMi	4500		0.0		KP96	0.599		
72	226.14 +0	04.15	07284-0940	59693	U Mon	5000	200	0.0		GLG00	0.645	0.599	0.873
73			08011-3627		AR Pup	6300				GLG97a ⁹⁾		< 0.550	
74			09256-6324	82084/5	IW Car	6700				GRL94		< 0.550	
75			09538-7622			5500				MvWLE05		< 0.550	
76			12067-4508			6000				MvWW02		< 0.550	
77			12185-4856			6250				MvWW02		< 0.550	
78 70			14524-6838			6150				vW97 ²⁾		< 0.550	
79 80			13467-0141	120408		4300				GLG97b ⁹⁾		< 0.550	
80 81			17250-5951 17038-4815		UY Ara	5500 4750				GLG00 MvWLE05		0.559 <0.550	
82	339.79 –0 344.12 +2		1/030-4813		BT Lib	5800				GLG00 ¹⁰⁾		< 0.550	
83			17243-4348		LR Sco	6750				MvWLE05 ⁴⁾		0.604	
84			16230-3410		LICOCO	6250			0.5	MvWLE05		< 0.550	
85			17233-4330			6250			0.5	MvWLE05		< 0.550	
	2.2.00					0_00				2200	. 3.230		

Table 1. continued.

	1 1	TD A C	IID	0.1	<i>T</i> .	Б. 1		Б	NT /	17	17	1/
No.		IRAS (3)		Other name (5)					Notes	M_{\star} (11)	$M_{\star \min}$ (12)	
(1)	(2)	(3)	(4)	(3)	(6)	(7) ((0)	(9)	(10)	(11)	(12)	(13)
susp	ected RV Tau	stars from M	aas et al.	2005								
	033.59 -07.22			LS IV -02 29								0.894
87	039.02 -03.49	19125+0343		LS IV +03 18					MvWLE05			0.894
88	254.58 +12.94			BZ Pyx					MvWLE05			0.550
89	265.50 +00.39								MvWLE05			0.554
90	271.51 -00.50								MvWLE05			0.860
91	327.82 +00.63	15469-5311			7500	250	1.5	0.5	MvWLE05	< 0.550	< 0.550	0.557
R C	rB stars											
92	002.41 + 07.51			V2552 Oph	6750	250	0.5	0.5	RL03 11)	0.660	0.554	>0.940
93	002.52 - 05.97	18119-2943	317333	VZ Sgr	7000	250	0.5	0.5	AGL00	0.722	0.557	>0.940
94	004.43 - 19.45			_					AGL00		0.551	
95	005.81 - 03.78			V3795 Sgr					AGL00	0.599	< 0.550	0.933
96	008.31 - 05.24			GU Sgr					AGL00		0.551	
97	023.83 -02.92			FH Sct					AGL00		0.564	
98	045.05 +50.98	15465+2818	141527	R CrB					AGL00		0.554	
	.==			*****					RGA90		0.611	
	070.45 +02.20			V482 Cyg					AGL00		0.552	
	109.52 -00.39			UV Cas					AGL00		0.563	
	149.84 +01.12		25878	XX Cam					AGL00		0.551	
	188.86 -04.42		24/925						AGL00		0.552	
	279.06 +20.12			UX Ant					AGL00		0.557	
	301.74 +08.32			UW Cen Y Mus					AGL00		< 0.550	
	304.42 -02.68 307.96 +08.29			DY Cen	19 500				AGL00		0.551	
	307.90 +08.29			RT Nor					AGL00		< 0.550	
	327.22 -00.92			RZ Nor					AGL00		< 0.550	
	347.53 –14.14			RS Tel					AGL00		< 0.550	
	357.66 –15.65								AGL00		0.551	
	eme helium sta		1,000)	, 6111	0200	200	0.0	0.0	110200	0.01.	0.001	. 0.5 .0
	006.01 +26.02			V2205 Oph	22 700	1200	2 55	0.1	11102	0.715	0.705	0.721
	000.01 +20.02			LS 4357					JHHJ98	0.713		
	020.91 -08.31			V4732 Sgr					PRL01		0.699	
113	020.71 00.31			V 1732 0g1					AGL00		0.554	
114	024.41 +12.50			V2244 Oph					PRL01		0.558	
	026.55 +10.09			No Ser					PRL01		< 0.550	
	031.33 +33.28			V652 Her					JHH99		< 0.550	
	049.87 -25.21			FQ Aqr					PRL01		0.659	
				- 1					AGL00		< 0.550	
118	068.90 +04.76		225642	V1920 Cyg					PLRJ04	0.681	0.606	0.917
119	222.95 -04.18			LS 99	15 330	500	1.90	0.25	JHHJ98	0.688	0.607	0.919
120	235.21 +54.44			DN Leo	16800	600	2.55	0.2	Heb83	0.553	0.550	0.560
121	309.95 -04.25			BX Cir	23300	700	3.35	0.10	DJH98	< 0.550	< 0.550	< 0.550
122	317.65 +14.18			V821 Cen	15 500	800	2.1	0.2	PLRJ04	0.610	0.576	0.634
123	338.13 -18.71		168476	PV Tel	14000					>0.940	0.845	>0.940
124	344.19 -08.84			CD-46 11775							0.883	
125	348.17 +17.78		144941		23 200	500	3.90	0.2	HJ97	< 0.550	< 0.550	< 0.550

Notes in Col. 8:

of atmospheric parameters are not independent. The paper by AFGM01 was suggested by the work of PGS00. It is not quite clear how the atmospheric parameters were determined. The

analysis of RDM03 is based on non-LTE, fully blanketed atmospheric models and the same spectroscopic material as used in the LTE analysis by MRK02. Hence preference is given to

 $^{^1}$ Average from Table 4 of Luck et al. (1990); 2 average from two models of Van Winckel (1997); 3 an error of 500 K for $T_{\rm eff}$ has been assumed; 4 average of models for different time of observations; 5 average of models for two spectra; 6 average from two phases; 7 average from two models of Reyniers et al. (2004b); 8 average from two models of Van Winckel et al. (1996a); 9 avearage value; $^{10}\log(g)$ is averaged from two epoches; 11 errors assumed are the same as in Asplund et al. (2000).

Table 1. continued. The abbreviations used in Col. (10).

AFGM01: Arellano Ferro et al. (2001)	KDK97: Kendall et al. (1997)	RGA90: Rao et al. (1990)
AGL00: Asplund et al. (2000)	KL86: Kilkenny & Lydon (1986)	RGL02: Rao et al. (2002)
CDK94: Conlon et al. (1994)	K95: Klochkova (1995)	RL03: Rao & Lambert (2003)
CDK91: Conlon et al. (1991)	KP96: Klochkova & Panchuk (1996)	RBH99: Reddy et al. (1999)
CTM93: Conlon et al. (1993)	KPT02: Klochkova et al. (2002b)	RH99: Reddy & Hrivnak (1999)
DJH98: Drilling et al. (1998)	KSP00a: Klochkova et al. (2000a)	RLG02: Reddy et al. (2002)
DvWW98: Decin et al. (1998)	KSP00b: Klochkova et al. (2000b)	RPS96: Reddy et al. (1999)
GP03: Gauba & Parthasarathy (2003)	KSP99: Klochkova et al. (1999)	RDvW04: Reyniers et al. (2004a)
GAFP97: Giridhar et al. (1997)	KYM02: Klochkova et al. (2002a)	RvW01: Reyniers & Van Winckel (2001)
GLG98: Giridhar et al. (1998)	K73: Kodaira (1973)	RvWG04: Reyniers et al. (2004b)
GLG00: Giridhar et al. (2000)	LB84: Luck & Bond (1984)	RDM03: Ryans et al. (2003)
GRL94: Giridhar et al. (1994)	LBL90: Luck et al. (1990)	SPG99: Sivarani et al. (1999)
GLG97a: Gonzalez et al. (1997a)	LLB83: Luck et al. (1983)	TPJ00: Thévenin et al. (2000)
GLG97b: Gonzalez et al. (1997b)	MvWW02: Maas et al. (2002)	vW95: Van Winckel (1995)
GW92: Gonzalez & Wallerstein (1992)	MvWLE05: Maas et al. (2005)	vW97: Van Winckel (1997)
HDK96: Hambly et al. (1996)	MCD92: McCausland et al. (1992)	vWOT96: van Winckel et al. (1996a)
HJ97: Harrison & Jeffery (1997)	MH98: Moehler & Heber (1998)	vWR00: Van Winckel & Reyniers (2000)
H83: Heber (1983)	MRK02: Mooney et al. (2002)	vWWW96: Van Winckel et al. (1996b)
HR03: Hrivnak & Reddy (2003)	MDS04: Munn et al. (2004)	VSL98: Veen et al. (1998)
J93: Jeffery (1993)	NHK94: Napiwotzki et al. (1994)	WvWB91: Waelkens et al. (1991)
JH92: Jeffery & Heber (1992)	PGS00: Parthasarathy et al. (2000)	WvWTW92: Waelkens et al. (1992)
JH93: Jeffery & Heber (1993)	PLM04: Pereira et al. (2004)	WS81: Walker & Schönberner (1981)
JHHJ98: Jeffery et al. (1998)	PRL01: Pandey et al. (2001)	ZKP95: Zaćs et al. (1995)
JHH99: Jeffery et al. (1999)	PLRJ04: Pandey et al. (2004)	ZKP96: Zaćs et al. (1996)

work by RDM03. Their values consistently point to a higher mass of the star.

Object 19: IRAS 19475+3119. Since the paper of KPT02 is based on spectra with relatively low resolution (15 000), the analysis by AFGM01 is probably more reliable.

Object 20: IRAS 17436+5003. Both analysis by KPT02 and LBL90 result in a massive post-AGB star. KPT02 spectra have lower resolution than those of LBL90, so we adopted the data from the latter.

Object 22: IRAS 22223+4327. Both papers by vWR00 and DvWW98 are based on the same spectroscopical material and the same methods of analysis. We adopted the data from the more recent paper vWR00.

Object 24: IRAS 22272+5435. Both papers by ZKP95 and RLG02 give consistent atmospheric parameters but differ in derived abundances, particularly of Fe. Other determinations are based on relatively few lines (C, N) or on just one line (Zn, O) and may be in error. The paper by RLG02 is based on higher quality material so we used their results.

Object 25: IRAS 23304+6147 The vWR00 analysis is based on much higher resolution spectra (60 000) compared to that of KSP00 (15 000), so we used the results from vWR00.

Object 29: IRAS 04296+3429. The works by vWR00 and DvWW98 are based on the same spectroscopical material and the same methods of analysis. Data from vWR00 were adopted. KSP99 spectra have lower resolution.

Object 35: IRAS 07134+1005. All analyses of HD 56126 give similar values of atmospheric parameters. The papers by HR03 and vWR00 are based on a higher quality spectrum than the paper by K95, yet there is a difference in the absolute determination of the carbon abundance. The remaining abundances are similar. Data from vWR00 were adopted.

Object 37: IRAS 06530–0213. The analysis of RvWG04 is based on higher quality spectroscopic material than HR03, so their results were used.

Object 50: IRAS 12538–2611. The analysis of GAFP97 is based on higher quality spectra and more lines are used for the determination of the chemical abundances, so their values were preferred.

Object 52: BPS CS 22877–0023. Both analyses lead to uncertain determinations of atmospheric parameters, but MH98 used a larger number of methods, so we adopted their values.

Object 54: LS 3591. We adopted the VSL98 results since only their work gives chemical abundances.

Object 57: V453 Oph and object 60: HD 216457. The abundance analysis of RDvW04 is based on higher quality spectra and a wider spectral range than that of GLG00 and GLG98, so we adopted the results from RDvW04.

Object 98: IRAS 15465+2818. The paper by AGL00 is the only one that gives chemical abudances.

Object 113: V4732 Sgr and object 117: FQ Aqr. The paper of PRL01 gives a consistent set of abundances for the

 Table 2. Chemical composition of our of post-AGB sample.

Table 2. continued.

								. <u>=</u>							
No	. Name	ε(C)	<i>ϵ</i> (N)	<i>ϵ</i> (O)	<i>ϵ</i> (S)	ε(Fe)	$\epsilon(Zn)$	No.	Name	$\epsilon(C)$	$\epsilon(N)$	$\epsilon(O)$	$\epsilon(S)$	ϵ (Fe)	$\epsilon(\mathrm{Zn})$
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	006.72 -10.37	7.93	7.34	8.29	7.17	6.89	4.37	38	218.97 -11.76	8.62	7.82	8.72	7.04	4.00	
		8.01	7.61	8.47	7.06	6.94	4.17		236.57 -05.37	7.94	7.56		6.39	6.67	3.60
2	007.96 +26.71	8.35	8.55	8.85	7.30	7.10	4.76	40	260.83 -05.07	8.64	7.76	8.52	7.07	7.12	4.54
3	013.23 + 12.17	8.58	7.65	8.41	7.22	7.12	4.52	41	264.55 +72.47	8.46	7.79	8.37		6.30	
		8.30		8.33	7.29	6.92		42	266.85 +22.93	8.41	8.07	8.64	6.82	2.86	
4	016.45 -50.43		7.00					43	269.97 -34.08	8.25	8.24	8.82	6.90	5.82	
5	023.98 -21.04				6.86	6.91			290.54 -01.95	8.51	7.98		7.09	7.61	4.29
		9.08	8.32	9.13	7.36	7.17				9.55		8.97		7.50	
6	029.18 –21.26		7.65		7.40					7.11	7.31		6.14	6.30	
7	020 (0 21 52	6.70	7.80		6.60	6.70	2.00			8.54		8.80		7.43	4.31
7	030.60 -21.53		7.11	7.51	6.32	6.38	3.80		298.30 +08.67	8.11	7.76		7.15	6.77	3.78
8	031.33 -43.48 033.16 -48.12		7.50	8.20 7.90		6.20			299.02 -43.77	6.70	7.60			<6.70	2.76
9	035.62 -04.96					7.25		50	304.34 +36.40	7.28	7.24		6.53	6.42	3.76
10	033.02 -04.90	9.17	9.10	9.57	1.36	7.35 7.37		£ 1	200.07 . 15.10		7.34			6.31	2 44
		<7.52					<4.35		309.07 +15.18 317.11 +53.11				0.33	5.70	3.44
11	040.51 -10.09					6.40	4.07	32		<6.16		7.98			
	043.06 +32.36		<6.70			0.40	4.07	53	325.04 +08.65		7.78		6.83	6.81	
12	013.00 132.30	7.01	7.02	7.90					326.77 -07.49	7.24	7.76	0.52	0.03	0.61	
13	043.23 -57.13			8.76	7.57	6.78		31	320.77 07.19		8.00	9.30		6.70	
14	050.67 +19.79	7.19	7.43	8.47				55	330.64 -03.67			8.30		5.50	
		7.12	7.47	8.36						7.83		8.60		7.56	
		6.92	7.22	8.23	6.33	6.90			Tau stars						
		7.04	7.52	8.35	7.25					<i>((</i> 1		6.02		5.24	
	051.43 +23.19	8.30	8.29	8.66	7.01	7.08	4.27	5/	020.72 +17.57			6.93		5.34	2.50
16	052.73 +50.79	7.40	7.30	8.10		5.50		5 0	021 49 + 29 62		<6.50	7.62	7.05	5.29	2.50
17		8.27	7.66	8.74	6.96	6.72	4.60		021.48 +28.63 026.52 -05.42	8.07			7.25 7.21	6.65 5.38	3.91 4.50
18	066.18 +18.58	7.25		9.20	6.88	6.89			044.10 -61.56				6.42	6.36	3.55
19	067.16 +02.73		9.02	9.29	7.37	7.27	4.41	00	044.10 -01.50	7.20			6.16	6.50	3.33
20	055 12 20 05	8.22	0.02	8.93	7.50	7.27	4.00			6.80	<6.60	7.88	0.10	5.90	3.11
20	077.13 +30.87			9.01	7.68	7.17	4.89	61	050.49 +14.24	8.50	10.00		6.90		3.69
21	000 17 06 50	8.52	8.39	9.15	7.46	7.26	4.63		057.53 -09.75	8.15			7.58	7.01	4.41
	080.17 -06.50 096.75 -11.56		9.38	8.68 8.50	7.09	6.92	3.91		058.44 -07.46		8.83	9.15		7.24	4.46
22	090.73 -11.30	8.63	7.88	8.50	6.95 6.85	7.20 7.07			060.73 +06.94		7.82	8.83	6.60	5.71	3.90
23	098.41 -16.73		8.30	8.80	7.30	4.55		65	076.75 -11.78	<6.15		8.34	6.36	6.10	3.26
	103.35 -02.52				6.89	6.69	4.16	66	148.26 +05.26	8.79		8.44	7.19	7.00	4.28
21	103.33 02.32	7.37	7.00	8.77	0.07	7.02	6.30	67	174.77 -12.19	9.23		8.69		7.07	4.64
25	113.86 +00.59		7.68		6.98	6.72	0.50	68	188.06 +01.30	8.15	7.39	8.38	6.96	6.63	4.59
			8.69		7.05	6.86	4.68		195.41 -03.42				7.37		4.81
26	123.57 +16.59					7.19			199.39 -04.56	8.02		8.29	6.85		3.99
	133.73 +01.50				7.07	7.03			217.80 +09.95	0.5=		6	-	6.32	4.17
	161.98 +19.59			8.47		5.95	3.24		226.14 +04.15				7.09	6.71	3.91
29	166.24 -09.05	8.71	7.76		7.02	6.89			253.02 -03.00				7.65		1.00
			7.96	8.22		6.66	3.84		282.42 -09.24				7.59		4.60
		8.81	7.84		7.13	6.82			293.17 -17.24		7 70		7.03	6.90 5.63	4.10
	172.95 -05.50								295.25 +16.82 297.87 +13.36					5.63 6.37	3.60 4.06
	173.86 -82.41								297.87 +13.36 313.90 -08.68					7.00	4.06
	188.86 –14.29					6.75	3.74		330.84 +57.77	0.21	1.03	0.23	0.03	6.31	3.87
	196.19 –12.14					6.66			331.86 –13.78	8 39			7.25	6.48	4.33
	204.67 +07.57					3.05			339.79 -04.68				1.43	6.00	3.40
35	206.75 +09.99					6.50	2.07		344.12 +26.45			8.53	6.48	6.32	3.56
			7.84			6.51	3.97		345.49 -04.99		7.72			7.50	4.80
26	208 02 + 17 07	8.63		8.49	6.84	6.50			345.54 +10.26					6.80	4.20
	208.93 +17.07 215.44 -00.13			8 30	6.98	7.06 6.59			345.65 -04.69					6.50	4.30
31	21J. 14 =00.13	9.09	1.71		6.97	7.03									
		7.09		0.04	0.97	7.03		-							

Table 2. continued.

No name	$\epsilon(C)$	$\epsilon(N)$	<i>ϵ</i> (O)	<i>ϵ</i> (S)	ε(Fe)	$\epsilon(Zn)$
(1) (2)	(3)	(4)	(5)	(6)	(7)	(8)
suspected RV Tau	stars f	from N	Iaas e	t al. 2	005	
86 33.59 -07.22	8.42		9.02		7.60	
87 39.02 -03.49	8.72		9.03	7.53	7.20	4.70
88 254.58 +12.94	7.62			6.53	6.80	4.00
89 265.50 +00.39	8.22	7.82	8.33	7.53	7.20	4.70
90 271.51 -00.50	8.22	8.12	8.53		7.20	
91 327.82 +00.63	8.82	8.52	8.83	7.93	7.50	4.90
R CrB stars						
92 002.41 +07.51	9.11	8.42	8.60	6.70	6.40	4.16
93 002.52 -05.97	8.80	7.60	8.70	6.70	5.80	3.90
94 004.43 -19.45	8.90	8.50	7.90	7.30	6.70	4.50
95 005.81 -03.78	8.80	8.00	7.50	7.40	5.60	4.10
96 008.31 -05.24	8.80	8.70	8.20	7.00	6.30	4.40
97 023.83 -02.92	8.80	8.79	7.70	7.00	6.30	4.10
98 045.05 +50.98	9.20	8.40	9.00	6.80	6.50	
99 070.45 +02.20	8.90	8.80	8.10	6.90	6.70	4.40
100 109.52 -00.39	9.20	8.50	7.50	7.00	6.90	4.80
101 149.84 +01.12	9.00	8.90	8.40	6.80	6.80	
102 188.86 -04.42	8.80	8.50	8.40	6.50	6.10	3.60
103 279.06 +20.12	8.90	8.30	8.80	6.20	6.20	
104 301.74 +08.32	8.60	8.30	7.70	6.70	6.30	4.30
105 304.42 -02.68	8.90	8.80	7.70	6.90	6.50	4.40
106 307.96 +08.29	9.51	8.01	8.85	7.11	5.04	
107 327.22 -06.92	8.90	9.10	8.40	7.70	6.80	4.70
108 332.44 -03.57	8.90	8.70	8.90	6.80	6.60	4.40
109 347.53 -14.14	8.90	8.80	8.30	6.80	6.40	4.30
110 357.66 -15.65	8.60	8.60	8.70	7.50	5.50	2.90
extreme helium sta	ars					
111 006.01 +26.02	9.17	7.97	7.90	7.83	6.57	
112 007.82 +05.07	9.38	8.16	9.39	7.12	6.84	
113 020.91 -08.31	9.45	8.60	8.50	7.65	6.90	
	8.90	8.60		7.10	6.30	
114 024.41 +12.50	9.30	8.25	8.85	6.70	6.30	
115 026.55 +10.09	9.00	8.50	8.40	6.90	6.70	
116 031.33 +33.28		8.93	7.54	7.44	7.40	
117 049.87 -25.21	9.00	7.15	8.90	6.00	5.40	
	8.60	7.20	8.40	5.80	5.50	3.60
118 068.90 +04.76	9.65	8.60	9.60	7.20	6.90	4.60
119 222.95 -04.18	9.13	7.61	8.59	6.92	6.89	
120 235.21 +54.44	9.54	8.11	8.10	7.12	6.49	
121 309.95 -04.25	9.02	8.26	8.05	6.67	6.52	
122 317.65 +14.18	9.40				7.10	4.20
123 338.13 -18.71	9.50	8.90	8.40	7.00	7.50	
124 344.19 -08.84	9.54	8.33	9.06	7.13	6.78	
125 348.17 +17.78	6.80	6.46	6.95		6.38	

sample of extreme helium stars analyzed here, so their results are preferred.

3. Empirical diagrams

3.1. Choice of a metallicity indicator

Since it is expected that yields are strongly dependent on "metallicity" or, better said, on the initial chemical composition of the star, we first have to choose a reasonable metallicity indicator. As stressed, e.g., by Mathis & Lamers (1992) or Lambert (2004), the usual metallicity indicator in stellar atmospheres, Fe, cannot be used for post-AGB stars because of possible strong depletion in dust grains in a former stage and subsequent ejection of the grains (dust-gas separation). Oxygen, the most abundant "metal" and thus the best theoretical metallicity indicator, is possibly affected by nucleosynthesis on the AGB (ON cycle, hot bottom burning). From the list of elements for which we compiled the abundances, good metallicity indicators would be S and Zn. The first one is an α -element, like O, and its abundance in the Galaxy is proportional to that of O. For the second one, the nucleosynthesis mechanism is unknown a priori, but Zn appears to roughly follow Fe (Mishenina et al. 2002). Figure 1a shows $\epsilon(S)$ vs. $\epsilon(Zn)$ in our objects. The correlation is quite good (there is one outlier: V CrA, which also appears to be as an extreme object in many of the abundance-ratio diagrams of Asplund et al. 2000). The dispersion gives an idea of a realistic average abundance uncertainty: about 0.3 dex. Note that the data set spans a metallicity range of 2 dex. Figure 1b shows that S/Zn has a tendency to increase as $\epsilon(Zn)$ decreases (on average by 0.5 dex per dex). This is the well-known α -enhancement observed in Population II stars (Norris et al. 2001). The effect of α -enhancement on stellar parameters and stellar evolution is complex (Kim et al. 2002) and has not yet been investigated in AGB stars. We chose S as our principal metallicity indicator, since there are more stars with determinations of S abundances (113) than of Zn abundances (76). We keep Zn as a secondary indicator that might test the effect of α -enhanced mixtures in the stars. We note, however, that the Zn abundance measurements often rely only on one line, which makes the evaluation of statistical errors difficult.

Figure 2 shows $\epsilon(O)$ vs. $\epsilon(S)$. The dispersion is such that obviously oxygen cannot be chosen as a metallicity indicator in our sample. The reason for this dispersion is not clear a priori. It can be due to nucleosynthesis and mixing affecting the oxygen abundance. But it could also be due to larger uncertainties in the oxygen abundance than was thought. Note that the R Cr B stars and extreme helium stars show the largest dispersion and the larger proportion of objects with O/S smaller than solar.

3.2. Nitrogen enhancement

Figure 3 shows log N/O vs. ϵ (O). The objects from the R CrB class and the extreme helium stars (which are represented by black circles) show different behaviour from the rest: they draw a clear anticorrelation between N/O and ϵ (O). This diagram has also been constructed for planetary nebulae

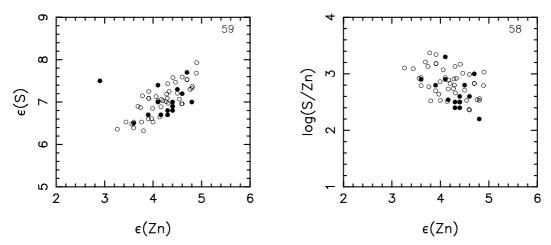


Fig. 1. a) (*Left*) The ϵ (S) vs. ϵ (Zn) relation in our post-AGB sample. b) (*Right*) The S/Zn vs. ϵ (Zn) relation. Objects from the R CrB class and extreme helium stars are represented by black circles. The number of objects in our sample with available data is indicated in the top right corner of each panel.

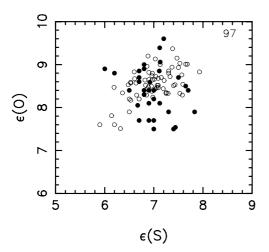


Fig. 2. The $\epsilon(O)$ vs. $\epsilon(S)$ relation.

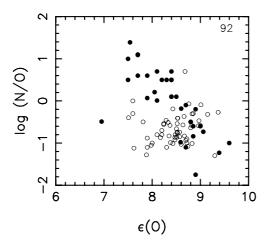


Fig. 3. The log N/O vs. ϵ (O) relation.

(e.g. Henry et al. 1989; Kingsburgh & Barlow 1994; Leisy & Dennefeld 1996) with different results depending on the authors and on the samples. Some claim not to see any anticorrelation. To our knowledge, never has the anticorrelation been

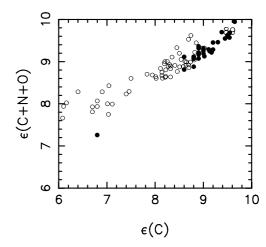
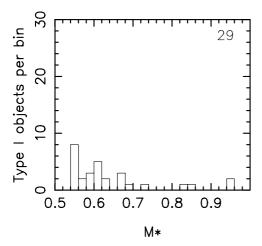


Fig. 4. ϵ (C+N+O) vs. ϵ (C).

seen so prominently for a class of PNe as for our R CrB and extreme helium stars subsample of post-AGB stars. One interpretation of such an anticorrelation is the production of N at the expense of O (ON cycle) brought to the stellar surface by the 2nd dredge-up. However, the N/O values reached by R CrB stars are much higher than for the remaining post-AGB stars and for planetary nebulae. Asplund et al. (2000) argue that CNO cycling on He-burning products has to be invoked to reach this high N enhancement.

3.3. Indications of dredge-up

Figure 4 shows $\epsilon(C+N+O)$ vs. $\epsilon(C)$. Only objects in which the abundances of the three elements (C, N, and O) are available are represented here. This plot is very similar to the plot presented by Kingsburgh & Barlow (1994) and Leisy & Dennefeld (1996) for planetary nebulae, but with a larger number of points. The objects with the highest carbon abundances, which are mainly R CrB stars and extreme helium stars, are carbon dominated. This agrees with a scenario of C being produced by



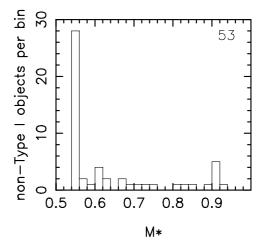


Fig. 5. Stellar mass distribution for type I post-AGB stars (left) and non-type I post-AGB stars (right). We call type I those objects in which N/S is higher than the solar (C+N)/S value.

the triple α reaction and brought to the star surface by the third dredge-up.

3.4. Dredge-up and stellar mass

A more quantitative way to define whether dredge-up mechanisms have occurred is to compare abundance ratios observed in post-AGB stars or planetary nebulae with estimates of the initial abundance ratios. For example, Kingsburgh & Barlow (1994) have proposed to call type I PNe (understood as "objects that have experienced envelope-burning conversion to nitrogen of dredged up primary carbon") those objects in which the nitrogen abundance exceeds its progenitor's C+N abundance. As a proxy to the progenitor's C+N abundance, they use the value of C+N in the Orion nebula. Since the post-AGB considered here are not necessarily all close to the Sun, and because of abundance gradients in the Galaxy, perhaps a safer way is to compare the N/S value in the post-AGB stars to the solar (C+N)/S value, instead of using abundances with respect to hydrogen. For the solar abundances, we rely on the compilation by Lodders (2003). Defining as type I those objects in which N/S is larger than the solar (C+N)/S ratio, we show histograms of masses of type I (left) and non-type I (right) post-AGB stars in Fig. 5. It is seen that, while type I objects extend over the entire range of masses in our sample, more than half of the non-type I objects have masses below 0.56 M_{\odot} . The difference in stellar mass distributions is so tremendous that it is highly significant, even taking into account the fact that error bars on stellar masses are large (as seen in Table 1 and discussed in Sect. 2.1). The conclusion remains the same, although not so strong, if we use Zn instead of S as the metallicity indicator. However, when considering only R CrB and extreme helium stars, no such difference is seen.

Similarly, one can identify objects that have experienced 3rd dredge-up as those objects in which (C+N+O)/S is larger than in the Sun. Figure 6 plots [(C+N+O)/S] (i.e. the logarithm of (C+N+O)/S minus the logarithm of the solar value of this ratio) as a function of the stellar mass. This diagram shows that, according to our definition ([(C+N+O)/S] > 0), the vast

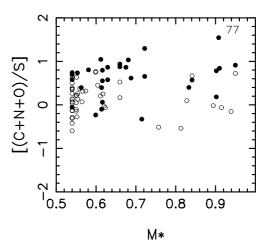


Fig. 6. [(C+N+O)/S] (i.e. the logarithm of (C+N+O)/S minus the logarithm of the solar value of this ratio) as a function of the mass of the post-AGB star. Objects with masses lower than 0.55 M_{\odot} have been placed at 0.54 M_{\odot} , objects with masses larger than 0.94 M_{\odot} at 0.95 M_{\odot} ,

majority of post-AGB stars in our sample (about 70%) have experienced 3rd dredge-up. It also suggests that the mass distributions of the two subclasses do not differ significantly.

3.5. Dredge-up and metallicity

Theoretical models (e.g. Marigo 2001) predict that 3rd dredge-up is more important at low metallicity. Figure 7 tests this prediction by plotting [(C+N+O)/S] as a function of $\epsilon(S)$. It shows a net decrease in the efficiency of the 3rd dredge-up as the metallicity increases, in agreement with the models. This is the first time that the observational evidence for this is so clear. Note that, qualitatively, the same conclusion can be drawn, at least for bona-fide post-AGB stars, when using Zn instead of S as a metallicity indicator, as seen in Fig. 8, which plots [(C+N+O)/S] as a function of $\epsilon(Zn)$. However, R CrB and extreme helium stars tend to have higher [(C+N+O)/S] than bona-fide post-AGB stars of same metallicity. They also behave

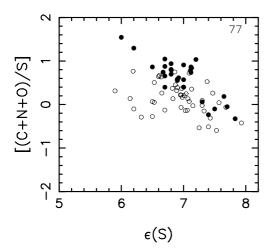


Fig. 7. [(C+N+O)/S] as a function of the metallicity as measured by $\epsilon(S)$.

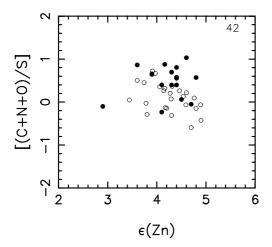


Fig. 8. [(C+N+O)/S] as a function of the metallicity as measured by $\epsilon(Zn)$.

differently in Figs. 7 and 8, but more Zn abundance determinations would be necessary to make this clear.

3.6. Carbon-rich versus oxygen-rich post-AGB stars.

Figure 9 displays the value of C/O as a function of stellar mass. It clearly shows that oxygen-rich stars, at least in our sample, tend to accumulate at the lowest masses, while this is not the case for carbon-rich stars. Note also that the proportion of carbon-rich stars is 36%, while the proportion of stars having experienced 3rd dredge-up is as large as about 70%. Of course, these percentages should be taken with a grain of salt since the errors in determined abundances may place an object in the wrong category. However, the difference between these percentages and the large spread of C/O, as well as [(C+N+O)/S] values, argues in favour of the number of carbon-rich stars being significantly smaller than the number of stars having experienced 3rd dredge-up. Qualitatively, this is expected, since 3rd dredge-up is not necessarily sufficient to produce a carbon star.

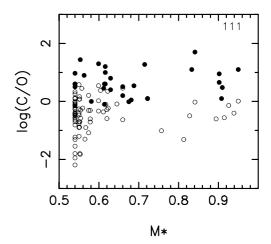


Fig. 9. Photospheric C/O versus the mass of the post-AGB stars.

4. Summary, open questions, and prospects

The main aim of this paper was to show the utility of post-AGB stars to test theories of AGB nucleosynthesis. So far, the only tests of AGB nucleosynthesis based on large samples have been made using planetary nebulae. Post-AGB stars have several advantages over planetary nebulae: 1) abundances of a large variety of elements can be derived, including of s-process elements; 2) the abundance of carbon, an extremely important element for the diagnostics, is known with the same accuracy as the other elements, while in planetary nebulae, the carbon abundance is significantly less reliable and more difficult to obain than that of O and N; 3) the determination of the atmospheric parameters $T_{\rm eff}$, and gravity g allows one to estimate the mass of the post-AGB star by comparison with theoretical stellar evolutionary tracks.

Of course, the study of post-AGB stars has its own difficulties. In particular, the abundance analysis is quite difficult and many effects have to be considered in detail (see e.g. Asplund et al. 2000). The lack of suitable lines for reliable analysis is often a problem: i) for cooler objects, the oxygen abundance is hard to derive, since useful lines of oxygen only start to show up at temperatures above 6000 K; ii) nitrogen is often derived from a few red lines, which are known to suffer non-LTE effects; iii) stars that are not enriched in carbon, sometimes have only a few suitable carbon lines.

We considered all those objects from the present version of the catalogue of post-AGB objects (Szczerba et al. 2001; Szczerba et al., in preparation) for which photospheric chemical abundances have been determined. We plotted diagrams based on these abundances, similar to the ones built for planetary nebulae studies. The same trends as for planetary nebulae were found, but in a clearer fashion (e.g. N/O vs. ϵ (O), revealing the effect of the ON cycle, or (C+N+O)/H vs. ϵ (C) indicating the presence of objects with C produced by the triple α reaction). This is extremely encouraging and shows the interest of using post-AGB stars to complement planetary nebulae, despite the difficulties in abundance determinations.

Because the post-AGB stars in our sample do not have all the same metallicities, we argued that a better indicator of third dredge-up and/or hot bottom burning is obtained by considering the photospheric abundances of C, N, O with respect to a metallicity indicator (and not with respect to H). It is therefore these ratios that we compared with the solar ratios. We show that a convenient metallicity indicator is S (Fe cannot be used for post-AGB objects because dust depletion in former stages may have affected its present photospheric abundance). Following the definition of type I planetary nebulae by Kingsburgh & Barlow (1994) but accounting for the metallicity, we define a class of type I post-AGB stars. We show that non-type I objects are in vast majority of low mass $(M_{\star} < 0.56 \, M_{\odot})$. We also show clear evidence that 3rd dredgeup is more efficient at low metallicity.

We have thus demonstrated the potential of post-AGB stars to constrain the models of AGB stars and the predicted yields. The sample of post-AGB stars is likely to grow in the near future, thanks to ASTRO-F, which is much more sensitive than IRAS and should allow the discovery of many infrared-excess stars among which post-AGB stars are found. This will make the use of post-AGB stars even more attractive and powerful. In the present paper, we limited ourselves to only a few elements and to simple interpretations without direct comparison to models. We did not address the question of observational biases, which should be investigated by performing simulations on models. Future studies will address other issues related to AGB nucleosynthesis, such as the production of s-process elements, which are more easily done with post-AGB stars than with planetary nebulae.

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