

## Designing for Transforming Practices: Maps and Journeys

Ambra Trotto, Caroline C.M. Hummels, Pierre Lévy, Jeroen P.A. Peters, Rosa van der Veen, Daisy Yoo, Marlene Johansson, Malin Johansson, Maarten L. Smith, Sander van der Zwan

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# GREETINGS TRAVELLER

#### WELCOME TO OUR WORLD OF DESIGNING FOR TRANSFORMING PRACTICES

This collection of infographics is a visual journey through the development, the application, and the communication of our approach in designing for transforming practices. This is a collection of perspectives: how do we view and shape societal transformation through a dialogue across different standpoints?

While the work is grounded in design research as the driving tradition of knowledge production, the collection embraces multiple kinds: disciplinary, cultural, social, and organisational perspectives. It respects the systemic nature of the act of transforming. The purpose of the upcoming pages is not to propose clear-cut solutions regarding how to achieve societal goals, but rather to sketch a landscape of learnings, experiences, and opportunities for a specific kind of transformation to happen.

One could see this collection as a teaser for a bigger journey through uncharted territories of transforming practices.

Buckle up and we hope you enjoy the journey.

#### Ambra Trotto

esigner, leader and design researcher, I am obsessed with eliciting societal transformation through creativity and design. I want it to become a common practice. I want to see systems at the service of people rather than people at the service of systems. I want to crack the cages that constrain our conventional ways of thinking and operating, by opening up possibilities to dream and shape purposeful lives and a healthy planet.



Over the past 25 years I have always worked at the forefront of design research pushing its boundaries, e.g., by (co-)establishing the fields of research through design and tangible and embodied interaction. With designing for transforming practices, we are taking the next leap, imagining alternative futures, connecting design and philosophy, while embracing ambiguity, complexity, aesthetics, and ethics. It is thrilling to learn toegther in the minor key and make new friends in our quest for a sustainable world in becoming. I hope you will join us too!



Pierre Lévy Transforming practices empower a perpetual possibility of change, of alternative thinkings, of transformations and therefore of freedom of minds and bodies. For me, transforming perspectives are consequently a vital aesthetic, towards an improvement of the world always in the making and always in motion.



As a person, I would like the world to be fair and sustainable, as well as beautifully weird and strangely wonderful. As a designer and researcher, I want to help make that happen. For me, TP is a way of working that helps to lift design and creativity to where it should be. A driving and catalyging force for the it should be. A driving and catalysing force, fed by a multitude of values, skills, competences and more from a range of different people to synthesise radical new ways of how things could be.

#### Rosa van der Veen

Working with systemic transformation processes as a design researcher, TP helps me to recognize and design for different forms of transformation and to critically examine the impact generated in these processes. TP forces me to move from the general to larger transformation processes are key in generating impact on the long run.



#### Daisy Yoo

"Change is the only constant in life," said an ancient Greek philosopher. This old wisdom remains as true as ever. The society will keep on changing whether we want it or not. The question then is how: How should we engage in change? What roles do we, as designers, entrepreneurs, policymakers, citizens, play in these changing times? TP provide lenses, theories, tools, and most importantly, a co-developing learning community to tackle these important questions.



#### Marlene Johansson

The cultural and creative sector is transformative in their practices. My research and practice is focusing on the uniqueness of the value of entrepreneurs within the CCSI sector to the society and the business community. Values that drive creatives to pursue their ventures to make a difference and drive a transformation towards saving the planet and the well-being of people. Practices that are very much coherent with the values in the work that we do in the Design Competence and Experience Center. Transformation through creativity, design and innovation.



#### Malin Johansson

With my 20-year experience as behavioural scientist and leader, I see designing for transforming practices as an extremely important knowledge platform and methodology toolbox to scale up individuals' abilities and strenghts; and from a multidimensional macro perspective, to shape purposeful lives and a healthy planet.
With creativity and design intertwined in the transformation,
we are gonna make it!



#### Maarten Smith

I'm interested in TP because I'm interested in materials and words to think and move further with.

#### Sander van der Zwan

My interest in TP lies to a great extend in the following question: How can certain ways of designing and philosophising correspond in trying to figure out and create the practices that are worth wanting? Such correspondence is never done by the designer or the philosopher alone. Rather, the designing and philosophising is done collaboratively with the multidimensional synergies between the people we work with.



Designing for Transforming Practices exists to catalyse ecosystems into transforming existing practices into truly sustainable ones, through design. It does it by initiating and curating multidimensional synergies, driven by beauty, diversity and meaning. The scope is to imagine and propose sustainable futures, which are those futures where all beings are respected and actions to heal the planet are taken, towards a horizon of collective thriving. Those futures are populated by people living purposeful lives, in beautiful living spaces.

practices are & Steady, ways of living and horking with others in

#### **Transformation** | noun

trans for ma tion | \ tran(t)s-fər- mā-shən , -for- \

Transformation is a substantial change, often associated when one configuration is converted or changed into another, whereby the change is major or complete (Mirriam Webster dictionary). We use the term 'transformation' when designing for transforming practices (TP) to denote substantial a person, a community or society, triggered by the need of creating alternative ways to engage with the world, addressing specific societal challenges. In this context, people and personal transformations (Hummels et al., 2019; Hummels, 2021).

practices are informed by roughly defined aspirations, certain "rules" and specific arrange arrange sality of PRACTICES ....

Re-designing material

and related activities enables us to explore, together with a plurality of actors, alternative ways of embodying values and triggering new attitudes and behaviors. It enables discussing and doing ethics, and developing and nurturing alternative paradigms that empower towards co-responsibility, elicit aesthetics engagement, embrace complexity and situatedness, are powered by efforts of codevelopment. It takes us closer to sustainable futures.

making use of a design approach revolving around complexity, ethics, aesthetics and situated new alternative paradigms. Designing for Transforming Practices is a way to capture transdisciplinary endeavors,

aiming to co-develop practices within new alternative paradigms.

FOUNDATION OF TP

Designing for quest Transforming Practices

PARADIGM SHIFTS

is an approach or a methodology, but at the same time, it is a repository, an attitude, an aspiration, a quest, ... towards transforming existing and developing new alternative practices to engage

with the world in co-responsible ways. attitude

aspiration

Why is there

methodology

Cransforming Practices leaps. connection with The socio-technical revolutions that our humanity has produced relate to paradigmatic leaps. Scientific and engineering developments, in connection with natural resources and the establishment of new infrastructures open up for new ways to engage and transform our reality, building new formats of value exchange.

And where are we now and where are we currently heading? For many years now, humanity has witnessed, with growing concern, a relentless increase in the number and impact of societal challenges. Values, such as respect and equality for more than human species are acquiring more and more space in driving the way that we design our futures. The models of a "Purpose Economy" or the "Transformation Economy" follow these lines.

The World Economic Forum urges building new models of value-creation, acting upon the principles of complexity. Developing open, flexible, adapting, adaptive, and therefore resilient systems, which are based on interconnections that cannot be reduced or brought back to separate elements, disrupts the dominant adage of certainty, truth, efficiency, simplification, and objective knowledge. These systems might be able to handle external shocks or disruptions like global warming or Covid-19.

"Tensions in paradigm shifts are asking for the transformation of practices"

anges in shared beliefs, values, models and exemplars to After the emergence of a new paradigm, previous paradigms continue to exist, although they are losing influence gradually. The difficulties of finding our way out of major societal challenges, are signs that shifting to a new paradigm is difficult. The simultaneous existence of different societal paradigms can lead to fierce tensions and conflicts, since paradigms by definition do not align and are based on different sets of values and beliefs. Given these tensions, we argue that it is not enough to develop alternative abstract economic structures, organisations and models that might address societal challenges. We postulate that a transformation of concrete practices is needed to bring new emerging paradigms to fruition, while recognizing the historical development of theorists, that emerge from the establishment of new practices

MSFORMATION

last decades, the value propositions that companies develop has greatly evolved. It has transformed from pride of ownership using the companies manufactured commodities to empowering creativity through platforms that such companies provide, next to or instead of their goods. What also evolved are their economic drivers, which have gone from mass production and consumption to mass participation on platforms, including peer-to-peer transactions. Another element that notably transformed is companies' geographical perspective, which went from local to possibly global and then to glocal, together with their relationship with

consumers: from linear top-down to networked

PARADIGM SHIFT IN COMPANIES' VALUE PROPOSITIONS

# DRIVING PRINCIPLES

complexity

practices

Humanity, in an endangered planet, is dealing with a new level of complexity, that cannot be ignored in the comfort of the existing silos.

New, complex, interconnected systems are made of structures, people, processes, rules, and practices. When Designing for Transforming Practices, those systems' complexity is respected and understood. Choosing not to focus only on some details, but considering and working with them in their entirety.

And in doing so, giving space to the many different perspectives that all the actors have, within the system, Where all actors feel included. Where all actors become aware of their contribution and their gains in the process of understanding such complexity and changing parts of the system.

Aesthetics: it is not inherent in

experience: what is beautiful for you, how do you make something that is of your own,

how does something become

meaningful for your purposes,

It emerges through an

a thing itself.

aesthetics

ethics: co-response-ability

multidisciplinary design practice

material

appropriating arrangement

how does something tune with your intentions, wishes and wants? Aesthetics and beauty can refer to small details as well as impress complex systems.

Through design, we can propose possible futures and

design for beauty.

What is the beauty of a tax system? What is the beauty of a business model? Or of a

Imagine many actors in a long systemic process of transformation, working together.

Co-development means noticing each other, learning the common game, finding a common language and learning new competencies (knowledge, skills and attitude).

Through co-development we let people engage in an experience without judgment, feeling safe and free to show one's vulnerabilities, to respond to surprises through reflections.

Co-development and co-creation generate different kinds of results: tools, methods, models, platforms, products, systems, services, policies, media and stories that prototype possible futures.

These prototypes can be experienced, discussed, reflected upon and tested in relation to nowadays practices and past learnings.

We are situated and our practices are situated. What does that mean?

co-develop

As beings, either humans or not, we are fully connected with the environment that we act in. We are fully intertwined and inseparable from the ecological. And we cope with it, with our skills. We translate our intentions into actions, with the skills that we have

Our practices are connected to our context. Therefore, when designing for Transforming Practices, we work with global societal challenges, by acting in a local way, depending on the specific context, with local actors, on local practices.

We aim at realising the transformation economy.
The transformation economy consists in creating meaningful context-specific proposals, built with long-lasting profitable, ethical and fair businesses, based on multiactors' collaborations and value sharing.

lenses

situatedness

Taking responsibility together.

Taking responsibility for society requires freedom and 'real' individualism.

Borrowing from Saul, who claims that an individual can only be an individual within society, as part of it and taking responsibility for it. Such taking responsibility is grounded on equality, honesty, choice, and sustainability.

Becoming able to respond

Hummels (2019)

# ACTIVITIES IN TRANSFORMATION

Designing for Transforming Practices relies on carrying out a series of activities, supported by a series of tools. The activities can be divided in two categories: 1) design and research activities aimed at the creation of material arrangements, and 2) activities focusing on collaborating and learning.

The activities can be carried out more than once and in any order, although we generally start from the two activities: "continuous orientation" and "immerse and empower." The pace of jumping from one activity to another in an iterative manner can be determined by the team, although a higher pace is recommended, especially during the early phases of the design process, for it allows to gather insights into the challenges and opportunities. During the later phases of the design process, maintaining a high pace can still be beneficial, to stimulate the process of reflection in- and onaction, so as to produce new knowledge relevant both for the specific project, and for the development of skills and experience in Transforming Practices.

Before all activities are set in motions and along the whole process, it is necessary to work with actors on their attitude and approach; it is important to establish a contract about a shared code of conduct, that discusses and internalises the foundational principles of Designing for Transforming Practices; such contract is constantly renegotiated in a constructive climate of trust and openness.

It is important to start working, right from the beginning, with all actors, on the notion of "continuous orientation." Involved actors will be asked to continously revisit the challenge at hand, from their personal perspective as well as from the perspective of the organisation and community that they represent. The collaboration does not follow traditional rules applied by the current innovation system: it is neither goal-oriented nor solution-driven. Problems are continuously identified, as they emerge along the process, contextualised in the system that engenders them, and addessed in a systemic way.

This dynamic emergence of new challenges along this collaborative process, requires a constant re-orientation of attention and efforts to hack and transform existing systems. In this process, the constellation of actors evolves: some leave, some enter, some stay.

Actors are trained to be and embody change, activated and empowered towards transformation





Through designerly ways of doing, understanding what is the ecosystem we want to target and affect, and in what ways, in addressing a specific societa

Embodying yourself in the relevant context Trying out different lo-fi prototypes through small interventions with relevant actors in different environments. Reflecting in- and on- action (evolving awareness) Documentation of the experiences to use throughout the process.





Creating and maintaining a learning curve through reflection in- and on- action

Empathy and equality as an attitude in communication. Use of different media to share progress and to engage with each other: logs, interviews, prototypes, documentaries, exhibitions. Experiential ways of communication to be able

to feel/understand each other's perspectives.



envision & create

Collaboratively building design proposals addressing the challenge

Acquiring insights about the context through qualitative and quantitative methods Empirical and experimental field studies with design interventions



rganising collaboration modes: Identification of skills and ways to support each other. Continuous constructive dialogue for tuning of expectations & planning Formalities: arranging funding, setting up of contracts, permits, agreements etc.





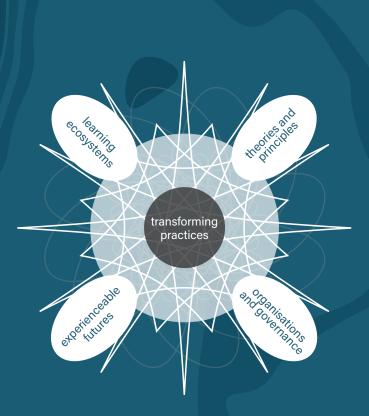
# TAYERS OF TRANSFORMATION

Transformation happens on different levels, at the same time.

All these layers of transformation need to take place, in order for an alternative practice to be established. The meaning of values and aspirations changes; it is imperative that all actors involved in the process embody such transformation; the transformation is reached by carrying out together a series of activities; those activities produce new compositions of sociomaterial entities; the transformation needs to be situated in a specific context, characterised by specific elements.

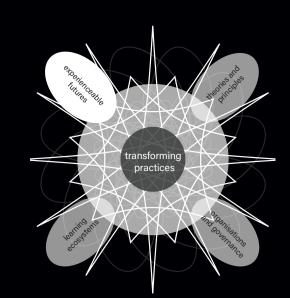


Designing for transforming practices is an approach that transforms current practices into more sustainable ones. In the course of complex processes of responsible codevelopment, a variety of outputs are produced. Such outputs, however, are not the end-goals in and of themselves. Rather we see them as manifestations that inform the transformation of existing practices. Each of these outputs constitutes alternative practices while at the same time it is constituted by practices.





# EXPERIENCEABLE FUTURES



#### STATION OF BEING

The fully functional 'Station of Being' was completed and officially opened in the Northern Swedish city of Umeå in 2019. The design provides a more pleasant waiting experience for commuters: from wai(s)ting time into time to reflect, to feel, and to be.

The aim of the Station is to make public transport more attractive and promote increased use, thus having positive environmental impact by lowering the carbon emissions of the city.

conical mirrors allow passengers to see an arriving bus from different positions in the station dynamic lighting fills the space to alert passengers which bus line is arriving while also informing passengers approaching the station

an open and visible space to increase the sense of safety hanging wooden pods can be fully rotated to find shelter from the wind and create solitary or social spaces while offering a surface to lean on

> the pods can be turned out of the way for a snowplough to clear all snow in a single pass, removing the need for ground heating

additional distance between bus and station afford quick boarding and avoid unnecessary stopping a different soundscape for each bus line echoes fragments of the final destination, gently alerting passengers to the bus' arrival



Developed through Transforming Practices, the Station of Being project was design-driven, addressed a societal challenge in a locally specific way and involved multiple stakeholders. The end result is a fully functional prototype that elicits a new type of experience and thereby influences related behaviour.

The project drew upon a wide-ranging group of local stakeholders. This includes stakeholders involved in the design and research process, such as students and staff from the local design school (Umeå Institute of Design), as well as key actors of the system in which this design project was situated (e.g. public transport

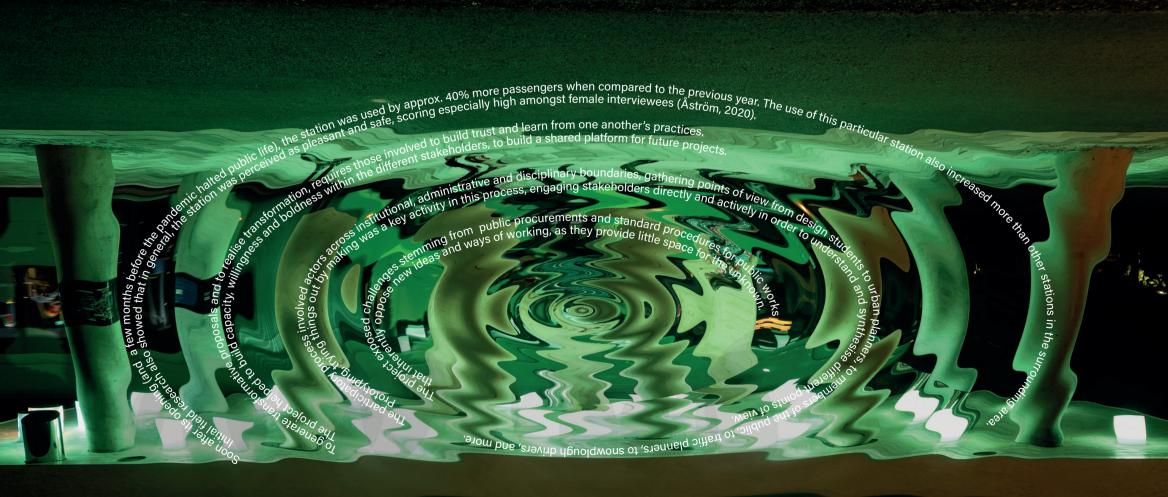
company, a real estate owner, a local power company, etc.) and several companies involved in the production of the station.

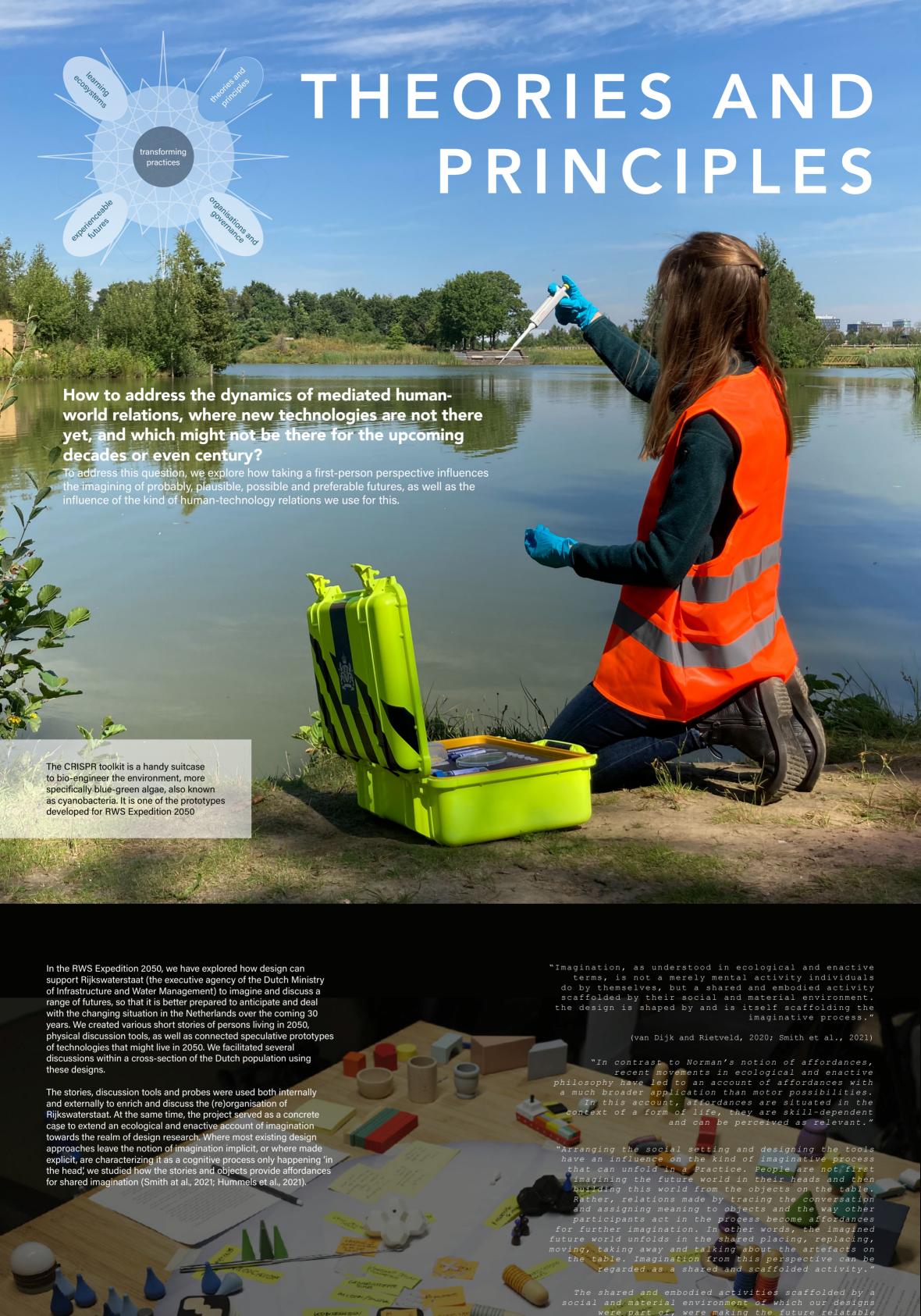
The Station of Being is an example of a type of Transforming Practices output we call "experiential futures."

As a fully functional prototype that can be experienced by the public, a possible new future becomes visceral, perceivable, and directly impacts the daily life of people and surroundings by affording new behaviours: thus, prompting "transformation."

Importantly, the transformation prompted by the Station of Being extends beyond the specific design artifact and the specific challenge it aimed to address.

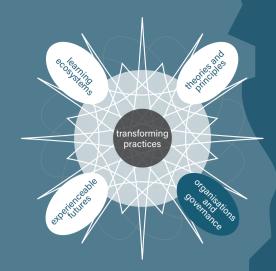
Zooming out, the design and the process create a ripple effect, with practices beyond the use of public transport, kindling further transformations along the way. For example, in addition to having an impact on the use and perception of public transport infrastructure, the Station of Being contributes in a concrete way to establish a vision for Umeå as a Smart City and to embrace the capacity and skills of the involved stakeholders to develop this vision further.







# ORGANISATIONS & GOVERNANCE



RISE RESEARCH INSTITUTES OF SWEDEN - ORGANIZATIONS IN TRANSFORMATION

RISE is a state-owned research institute working in close collaboration with industry (both Swedish & International), academia and the public sector, with the aim to support sustainable innovation through the development of products, services, processes and technologies. RISE has 3000 employees situated all over Sweden, with expertise ranging from tech developers to philosophers and from designers to business and innovation managers. The company has been in an extensive process of re-organization. New constellations of groups and management were created, resulting in employees having to adjust to new colleagues, managers and working processes.

In the unit Societal Transformation (a group of 22 employees within RISE), the need arose for an internal transformative process whereby the team would codevelop a unified offer. In this co-creative process, the aim was to find a way to navigate the complexity of working with complicated stakeholder networks, wicked societal challenges, new colleagues, the pandemic, the wide range of different expertise within the group and the different dreams and intrinsic motivations.

The target for this project was not merely to deliver an offer to communicate externally, but was focused on designing a process that would allow for co-creating a common foundation, purpose and mission, and organise the work of the unit accordingly. The project aimed to create space for alternative ways of looking at business strategies, business development and personal development. Throughout this process, a dynamic learning ecosystem started to emerge - a space for continuous growth and development within the organization, whereby the practice of understanding each other, of working together and communicating the offer of the unit Societal Transformation is continuously transformed in line with the experimental nature of the unit.

Throughout the project, different forms of transformations

emerged due to different activities within the transforming practices process

Definition of core values, answers on what transformation means for the group of people in this team, familiarity with new colleagues. Transforming perception of who we are as a group, and what can be achieved collectively - transforming the perception of what it means to work in such a constellation.

#### **Activities**





Reflection on personal dream projects, on personal values, and personal intrinsic motivations. What do we want to bring to this world, and why? Collect & Analyse: collecting the above from all the team members, reflecting and analysing outcomes. What does it say about us, how do we connect and how do we differ?

#### Outcomes

Creation of support within the group, willingness to use the process of designing for transforming practices. Growing attitude of openness and curiosity for the unknown – wanting to transform together.



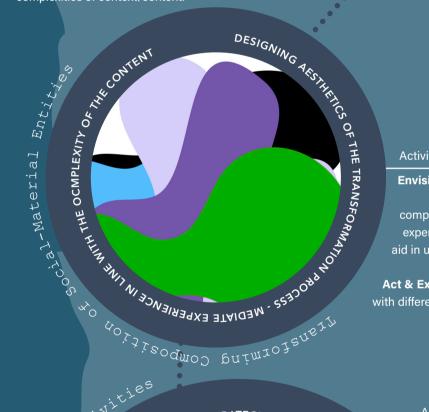
Activities



Immerse & Empower: immerse in the TP process, methods and tools and empower others to use it and read about it. **Continuous Orientation**: Writing internal unit offer text to understand the contribution of the unit to the outside world.

#### Outcomes

Keynotes, internal/external communication, experimental platform to navigate through offer and complexities of context/content.



Activities



**Envision & Create: transforming** visual language to match complexity of the offer and using experimentation and ideation as aid in understanding relations and processes within the unit. Act & Experience: experimentation with different mediators - what works, and what doesn't?

Situating the

Collabora

OR ORGANIZATION STRATEGY - WORKSHOPS

OR Stage sections and

OR ORGANIZATION STRATEGY - WORKSHOPS

OR Stage sections and

OR ORGANIZATION STRATEGY - WORKSHOPS

OR Stage sections and

OR ORGANIZATION STRATEGY - WORKSHOPS

ORGANIZATION STRATEGY - WORKSHOPS

OR ORGANIZATION STRATEGY - WORK Collaborate & Organize: host workshops, discussions with group to work on content creation. What are we doing how do we identify ourselves? Collect & Analyse: organizing the findings of discussion. Reflect & Learn: reflect and reiterate on the findings.

#### The process

consciously moved from the scale of the individual to the scale of the organization. Exploration along

> this scale led to a discussion that opened space for intrinsic motivations and dream projects to be coupled to the realization of the unit offer. Making sure to leverage individual drivers when creating the business strategy, connecting every individual to the strategy whilst also connecting every individual to each other.

Here two things happened: all

individuals have their own space within the strategy, whilst also recognizing that the combined effort of the team together creates a unique offer for their customers and clients. Outcome: Recognition of emerging qualities that were not recognized before.

**Activities** 





EMERGING OF LEARNING ECOSTSTERN Act & Experience: experience new weekly meetings, new integration of content in weekly processes. Organize and collaborate: finding new research

applications, new connections within organizations, connecting dream projects to strategy, organizing new collaborations.

we do this by constantly zooming in & **OUT When tackling societal challenges** 

### Outcomes

Facilitation process and workshop

templates to work on

this with a big group of people. Experimentation of different mediators.

Common agreement on process and landscape of our unit.

#### Outcomes

Unit offer, visual societal transformation landscape, description of working processes. Awareness of organization, and how individuals in the organization can connect to it. Being able to find others in the organization. Connecting dream projects to mission, vision, and purpose of the company. Trust in constant transformation process within learning ecosystem.

#### Changes in **Interaction** >> Technological Developmen

>> Concept Development >> Software Development

>> Facilitation

>> Prototyping

>> Lectures

#### Changes in Values

>> Governance Structures >> Policy Making

>> Insights in Transforma >> Dissemination of Rese



Alternative learning ecosystems are needed to address the major societal challenges; these learning eco-systems have to anticipate and contribute to the establishment of future paradigms, formed by a set of shared beliefs and values, common models and acknowledged narratives (Kuhn, 1970). Over the past 20+ years we have been working with colleagues, students, and partners to explore and develop alternative learning ecosystems and alternative practices of learning together (e.g., Hummels & Vinke, 2009; Hummels, 2017; Hummels & Lévy, 2021). Even though it was not always made explicit at the time, all our efforts with regard to learning were based on the principles

Are our contemporary education systems empowering people to develop, grow, le of transforming practices: complexity, situatedness, aesthetics, co-response-ability and co-development

(literally) challenging and unknown, the development of accompanying practices requires a particular attitude and approach: experimenting, learning by doing and daring to fail, working with resistance and ambiguities (Sennett, 2008, 2012; Trotto, 2011). There is a need for lifelong learners in an environment that continuously allows them to learn "in minor key" (Ingold, 2017), i.e., by reflectively exploring and experimenting without a fixed goal.

Transforming practices support people to engage in a learning experience without judgement, respond to surprises by reflecting, and to learn from their actions with the possibility to transform (Hummels and Lévy, 2021; Hummels, 2021)

DEVELOPING NEW SKILLS BASED ON TRUST



(Hummels, 2021).

DIGITAL SPACES FOR MAPPING AND LEARNING

MATCHMAKING AT Koy Lesign - Frank Ko PROJECT MARKETS

PROBING EMERGING

EXHIBITIONS

Innovation Actors



age, as they pass through

`factory lines' (Robinson and

EMBODIED INTERACTION FACILITATED WITH TOOLKITS

The experiences and competences we have built up during this long journey have brought us to our next step, which is creating learning ecosystems that enable the transformation of practices on a European scale and beyond.

ENGAGEMENT CATALYSER

TO BREAK THE ICE

In June 2021, RISE, in collaboration with the Eindhoven University of Technology, initiated a Design Competence and Experience Centre, with the purpose of catalysing ecosystems and transform existing practices into more sustainable ones. The centre initiates and curates multidimensional synergies, based on beauty, diversity, and meaning to tackle nowadays grand challenges and to boost the creation and establishment of alternative paradigms.



EMBODIED POLICY

PHYSICAL MAPPINGS FOR

GROUP REFLECTION

## Design Competence and Experience Centre

PURPOSE exists to catalyse ecosystems and transform existing practices into more sustainable ones

MISSION by initiating and curating multidimensional synergies

**VALUES** with beauty, diversity and meaning

for sustainable futures VISION



Center will produce:

- New entrepreneurial and business formats that evolve the existing notions of value-creation in a direction of sustainability
- Experienceable manifestations of sustainable futures, that will support the transformation of existing practices into more sustainable practices
- Life-long learning paths
- New social dynamics/governance formats, to implement sustainable practices across sector



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Authors

Ambra Trotto, Caroline Hummels, Pierre Lévy, Jeroen Peeters, Rosa van der Veen, Daisy Yoo, Marlene Johansson, Malin Johansson, Maarten Smith, Sander van der Zwan

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Ambra Trotto, Caroline Hummels, Jeroen Peeters, Rosa van der Veen

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