



**HAL**  
open science

## Synapse-specific modulation of synaptic responses by brain states in hippocampal pathways

Manon Rampon, Julien Carponcy, Mégane Missaire, Romain Bouet, Régis Parmentier, Jean-Christophe Comte, Malleret Gaël, Salin Pa

► **To cite this version:**

Manon Rampon, Julien Carponcy, Mégane Missaire, Romain Bouet, Régis Parmentier, et al.. Synapse-specific modulation of synaptic responses by brain states in hippocampal pathways. 2022. hal-03735728

**HAL Id: hal-03735728**

**<https://hal.science/hal-03735728v1>**

Preprint submitted on 21 Jul 2022

**HAL** is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

1 **Title: Synapse-specific modulation of synaptic responses by brain states in hippocampal**  
2 **pathways**

3

4 **Abbreviated title: Hippocampal synaptic responses during the sleep-wake cycle**

5

6 Rampon M<sup>1,2,4</sup>, Carponcy J<sup>1,2,3,4</sup>, Missaire M<sup>1,2,4</sup>, Bouet R<sup>2</sup>, Parmentier R<sup>1,2</sup>, Comte JC<sup>1,2</sup>,

7 Malleret, G<sup>1,2</sup>, Salin PA<sup>1,2</sup>

8

9 1. Forgetting processes and cortical dynamics' team, Centre de Recherche en  
10 Neurosciences de Lyon (CRNL), University of Lyon, F-69500, Bron, France.

11 2. CNRS UMR 5292, INSERM U1028, F-69500, BRON, France.

12 3. Medical Research Council Brain Network Dynamics Unit, University of Oxford,  
13 Oxford OX1 3TH, United Kingdom

14 4. Equal contribution

15 **Corresponding author email address: [paul.salin@sommeil.univ-lyon1.fr](mailto:paul.salin@sommeil.univ-lyon1.fr)**

16 **Number of pages: 52**

17 **Number of words for abstract (188), introduction (650), and discussion (1496)**

18 **Number of figures: 7**

19 **Acknowledgements:** This work was supported by the FRM (Fondation pour la Recherche  
20 Médicale) to MR, the ANR DEPSOM to PAS and GM and grants of Region Rhone-Alpes to  
21 PAS and from FRC to GM. We would like to thank the generous help of researchers,  
22 engineers and students at different stages of the project and especially, V Hok, PA Libourel,  
23 and N Fourcaud-Trocme.

24 **Declaration of Competing Interest:** All authors declare no competing interests.

25

**Abstract:**

26 Changes in synaptic transmission play a major role in memory processes. Modulation of  
27 synaptic responses by brain states remains however poorly understood in hippocampal  
28 networks, even in basal conditions. We recorded evoked synaptic responses at five  
29 hippocampal pathways in freely moving rats. We showed that, at the perforant path to dentate  
30 gyrus (PP-DG) synapse, responses increase during wakefulness compared to sleep. At the  
31 Schaffer collaterals to CA1 (SC-CA1) synapse, responses increase during non-REM sleep  
32 (NREM) compared to the other states. During REM sleep (REM), responses decrease at the  
33 PP-DG and SC-CA1 synapses compared to NREM, while they increase at the fornix to  
34 nucleus accumbens synapse (Fx-NAc) during REM compared to the other states. These  
35 modulations were linked to presynaptic changes in glutamate release. In contrast, responses at  
36 the fornix to medial prefrontal cortex synapse (Fx-PFC) and at the fornix to amygdala synapse  
37 (Fx-Amy) were weakly modulated by vigilance states. Synaptic responses were also linked to  
38 local field potential oscillations and were highly correlated between Fx-PFC and Fx-NAc but  
39 not between Fx-Amy and these synapses. These results reveal synapse specific modulations  
40 that may regulate information transfer during memory consolidation.

41 **Keywords:** sleep-wake cycle, local field potential (LFP) oscillations, medial prefrontal  
42 cortex, nucleus accumbens, amygdala.

43

44 **Significance Statement:**

45 Surprisingly, the cortical network dynamics remains poorly known at the synaptic level. We  
46 tested the hypothesis that brain states would modulate synaptic changes in the same way at  
47 different cortical connections. To tackle this issue, we implemented a comparative approach  
48 to explore in freely-moving rats the synaptic behavior of five connections upstream and  
49 downstream the hippocampus. Our study reveals that synaptic responses are modulated in a  
50 highly synapse-specific manner by wakefulness and sleep states as well as by local low and

51 high frequency oscillations at these connections. Moreover, we found large and rapid synaptic  
52 changes during wake and sleep state transitions. These effects are likely related to the role of  
53 sleep in hippocampal dependent forms of memory.



## INTRODUCTION

54

55

56 Mammals continually adapt their behavior to their internal state and surrounding  
57 environment. This adaptation is coupled with dynamic brain state changes characterized by  
58 rapid shifts in EEG and local field potentials (LFP). The best-defined brain states are those  
59 observed during the sleep-wake cycle. Wakefulness is divided into two states in rodents,  
60 active wake (AW) and quiet wake (QW) characterized by different motor activities and the  
61 presence (AW) or absence (QW) of small amplitude fast oscillations. In contrast, during  
62 sleep, brain states are characterized by high amplitude slow oscillations during non-REM  
63 sleep (NREM) and low amplitude fast oscillations during rapid eye movement sleep (REM).  
64 Both sleep states contribute to consolidate information that has been encoded during  
65 wakefulness (Rasch and Born, 2013).

66 The memory consolidation is also believed to depend on changes in synaptic efficacy in the  
67 hippocampal networks. Do vigilance states impact synapses uniformly as recently proposed in  
68 the Synaptic Homeostasis Hypothesis (SHY (Tononi and Cirelli, 2014)) or, on the contrary,  
69 do they selectively modulate synaptic transmission? SHY states that synaptic responses that  
70 increase during wakefulness and decrease during NREM that follows wakefulness. Such  
71 global synaptic downscaling during sleep was found in neocortical pathways [(Vyazovskiy et  
72 al., 2008), but see (Chauvette et al., 2012) (Cary and Turrigiano, 2021)]. However, it is within  
73 the hippocampus (Hpc) that memory mechanisms have been mainly studied. Strangely  
74 modulation of synaptic efficacy in hippocampal networks during brain state changes remains  
75 poorly described. Studies found that synaptic transmission in the Hpc is differentially gated  
76 by vigilance states (Winson and Abzug, 1977). They showed that at the perforant path (PP) to  
77 the dentate gyrus (DG) synapse, synaptic responses increase their amplitude during  
78 wakefulness compared to sleep. Later, other studies suggested that synaptic transmission at

79 the Schaffer collaterals (SC) to CA1 pathway decreases during REM compared to NREM and  
80 with the occurrence of theta oscillation (Leung, 1980). Together, these studies suggested that  
81 a given sleep state may exert opposite modulation of synaptic responses in different  
82 hippocampal networks, a result that may have important consequences concerning the  
83 knowledge we have on the role of brain states in memory processes.

84 While the PP to DG and SC to CA1 synapses play a critical role in memory, other  
85 hippocampal pathways were found to be involved in memory. Among them, connections  
86 between the Hpc and the medial prefrontal cortex (PFC) constitute a major hub for memory  
87 consolidation (Maingret et al., 2016). The connections between the Hpc and the nucleus  
88 accumbens (NAc) have also been involved in forms of memory underlying contextual fear  
89 conditioning and appetitive learning (Levita et al., 2002)(LeGates et al., 2018)(Trouche et al.,  
90 2019). The connection between the Hpc and the basolateral area of the amygdala (Amy) is  
91 also important for encoding a context related to an emotional memory (Zhang et al., 2015).  
92 Given the role of the pathways between these areas and the hippocampus in memory and the  
93 sleep role in these processes, it is surprising that sleep-dependent modulation of synaptic  
94 transmission at these connections have not been studied.

95 To better understand the link between brain state dynamics and synaptic changes, we  
96 performed continuous long-term recordings of evoked synaptic responses in five different  
97 limbic areas: DG, CA1, PFC, NAc and Amy of freely moving rats. We assessed, within the  
98 Hpc, the modulation of synaptic transmission at the PP-DG synapse and at the SC-CA1  
99 synapse, and the modulation of synaptic transmission in three hippocampal outputs between  
100 the fornix (Fx which consists of axons from the Hpc), and the nucleus accumbens (Fx-NAc  
101 synapse), the medial prefrontal cortex (Fx-PFC synapse) and the amygdala (Fx-Amy synapse)  
102 (Boeijinga et al., 1993). We wanted to find out whether synaptic responses change  
103 simultaneously and in the same fashion in these different hippocampal pathways across

104 different brain states, or not. Altogether our results revealed a synapse-specific modulation of  
105 synaptic responses that may contribute to regulate the information transfer to, from and within  
106 the Hpc during wakefulness and sleep.

107

108

109

110

111

112

113

114

115

116

117

118

119

120

121

122

123

124

125

126

127

128

129

130

## MATERIALS AND METHODS

131

### 132 **Animals**

133 We used data collected from 35 Dark Agouti male rats (Janvier Labs) aged of 10-15  
134 weeks and weighing between 200-250 grams. Animals were maintained in individual cages  
135 on a 12hr/12hr light-dark cycle (9am-9pm) at a room temperature of 24°C with food and  
136 water *ad libitum*. The animal care and treatment procedures were in accordance with the  
137 regulations of the local Lyon 1 University CE2A-UCBL 55) and European Union Council  
138 (2010/63/EU) ethics committee for the use of experimental animals. The protocol was  
139 approved by the French ethical committee for the use of experimental animals (Permit  
140 Number: DR2016-29). Efforts were made to minimize the number of animals, or any pain and  
141 discomfort occurred to them during surgical or behavioral procedures.

142

### 143 **Surgery**

144 Rats were first anesthetized in an induction chamber under isoflurane (2-2.5%) then  
145 placed in a stereotaxic frame where anesthesia was maintained by a 0.75-1% isoflurane gas  
146 mix enriched in oxygen. After incision of the scalp, craniotomies were performed at the  
147 position of the electrodes and screws. Reference screws were fixed above the cerebellum. All  
148 the electrodes were implanted in the right side of the brain, except for EEG electrodes. The  
149 position of LFP and stimulating electrodes was illustrated on Figures 1B, 2A&F and 3A&F.  
150 One group of rats (n =10) was implanted with a recording array of 8 electrodes in the DG (A:  
151 -3.3mm, L: +2.4mm, stereotaxic coordinates are given relative to bregma, in the Antero-  
152 Posterior (A), Lateral (L) and Depth (D) dimensions; Figure 1B and Figure 1-1; (Missaire et  
153 al., 2021)). The array was lowered about 1mm below the CA1 *stratum pyramidale*, which was

154 recognizable by a high rate of spiking activity (D~2.6mm) until the modest spiking activity of  
155 the DG was visualized (D~3.5mm). The perforant path (PP) stimulating electrode was then  
156 lowered (A: -7.5mm, L: +4mm) while stimulating at 0.33Hz and was fixed at the depth  
157 corresponding to the expected evoked response (D~3.7mm; Figure 1-1). This first group of  
158 rats was also implanted with one EEG screw above the prefrontal cortex and one EEG screw  
159 above the parietal cortex on the left side of the brain. Another group of rats (n=25) was  
160 implanted with recording electrodes at three different synapses. First, the CA1 electrode was  
161 lowered (A: -4mm, L: 2mm; Figure 2A and Figure 1-1) until visualization of the high spiking  
162 activity of the CA1 *stratum pyramidale* (D~2.5mm) and fixed 100-200 $\mu$ m under this layer.  
163 We then lowered the Schaffer Collaterals (SC) stimulating electrode (A: -4mm, L: 3.1mm;  
164 Figure 1-1) while stimulating at 0.33Hz until visualization of the best evoked response in CA1  
165 (D: 3-3.5mm). Subsequently, we lowered and fixed the recording electrodes in the PFC (A:  
166 +2.5 mm, L: 0.5 mm, D: 4 mm; Figure S1F), the NAc (A: +1.2 mm, L: 0.8 mm, D: 7 mm;  
167 Figure S1G) and the Amy (A: -3.2, L: 4.8, D: 8.5; Figure S1H). Then, we began the descent  
168 of the fornix (Fx) stimulating electrode (A: -1.7 mm, L: 0.7 mm, D:4.2-4.4 mm) (Figures  
169 2A&F, 3A&F and Figure 1-1) until we obtained stereotyped responses in the PFC, the NAc  
170 and the Amy as described in several studies (Mulder et al., 1997), (Mulder et al., 1998).  
171 Paired-pulse stimulations were applied with a 50 ms delay to assess paired-pulse depression  
172 or facilitation of the PP-DG, SC-CA1, Fx-PFC, and Fx-NAc synapses. For both groups of  
173 rats, two EMG electrodes were implanted bilaterally in the neck muscles. All electrodes were  
174 connected to an electrode interface board (EIB-27, Neuralynx, U.S.A.) and a protective hat  
175 was made with dental cement. At the end of the surgical procedures, a subcutaneous injection  
176 of 3 ml of glucose (2.5%) supplemented with carprofen (5mg/kg) was given to the animals.  
177  
178

179 **Recording conditions**

180 One week after surgery, rats were introduced in their recording chambers and plugged  
181 for recording. The recording chambers consisted of a 60 x 60 x 60 cm faradized box with  
182 removable container for the litter, so that the rats could be changed daily at 10 am without  
183 being unplugged. While in the recording chambers, the animals were provided with food and  
184 water *ad libitum*. Once the synaptic transmission was stabilized, and after at least two days of  
185 habituation, recordings took place during several days.

186

187 **Recording setup**

188 For the group of rats implanted in the DG, the recording array (700  $\mu\text{m}$  x 300  $\mu\text{m}$ ) was  
189 made of 8 tungsten wires (45  $\mu\text{m}$  diameter) arranged on two lines of 4 electrodes (Missaire et  
190 al., 2021). The stimulating electrode lowered in the PP was made of two stainless steel twisted  
191 wires (100  $\mu\text{m}$  in diameter California Fine Wire, U.S.A) de-insulated at the tip. For the  
192 second group of rats, the recording electrodes consisted of two twisted tungsten wires (25  $\mu\text{m}$   
193 in diameter California Fine Wire) de-insulated at the tip. Stimulating electrodes were made  
194 either with two twisted tungsten wires (45  $\mu\text{m}$  in diameter) or two stainless steel twisted wires  
195 (100  $\mu\text{m}$  in diameter California Fine Wire), also de-insulated at the tip. For both groups of  
196 rats, EMG electrodes were made by golden plating a small and round solder ball at the de-  
197 insulated and hooked tip of a conventional small electric wire. All these electrodes, along with  
198 reference screws, were connected to a custom-made 16 channels analog preamplifier using the  
199 EIB-27 connector. The signals were then conveyed *via* an electric rotary joint (Plastics One,  
200 U.S.A.) to a 16-channel amplifier (AM-Systems, U.S.A.) within which these signals were  
201 amplified with a gain of 1000. Signals from the different electrodes were then acquired and  
202 digitized at 5 kHz by a custom MATLAB software (The MathWorks, U.S.A.) driving a NI-  
203 6343 acquisition board (National Instruments, U.S.A.) before being stored on a computer. For

204 all rats, continuous LFP recordings were acquired during a full recording period of several  
205 days.

206

### 207 **Electrical stimulation**

208 During recording, stimulations consisted of 200  $\mu$ s monophasic current pulses  
209 delivered by an isolated pulse stimulator (model 2100 AM-Systems). The interval between  
210 two stimulations on the same electrode was at least 30 seconds, and for the second group of  
211 rats implanted for recording at three synapses the delay between the two stimulation sites Fx  
212 and SC was at least 15 seconds. During the habituation period, evoked responses were tested  
213 by gradually incrementing the current intensities of the electrical stimulations until we  
214 obtained clear and typical post-synaptic potentials on at least one pathway. For PP  
215 stimulation, the intensity ranged from 140 to 640  $\mu$ A (mean: 231  $\mu$ A). For SC, the stimulation  
216 intensity ranged from 120 to 300  $\mu$ A (mean: 202  $\mu$ A). For Fx, the stimulation intensity ranged  
217 from 80 to 600  $\mu$ A (mean: 291  $\mu$ A). Stimulus intensities were selected at around 50-75% of  
218 the intensity necessary to evoke the maximum amplitude of fEPSP. To control a potential  
219 disturbing effect of electrical stimulation on vigilance states, we compared for each rat the  
220 amount of vigilance states during several days of stimulation with a period of the same  
221 duration without stimulation. We found that electrical stimulation had no effect on vigilance  
222 state amounts (Figure 4-1).

223

### 224 **Short-term plasticity evoked by paired-pulse stimulation**

225 Paired-pulse stimulation of synaptic responses at short intervals evoked paired pulse  
226 depression (PPD) or facilitation (PPF) of responses at many brain synapses. PPD and PPF  
227 represent a form of short-term plasticity. Modulation of the paired-pulse ratio (PPR) of  
228 evoked synaptic responses has been shown to depend on presynaptic mechanisms of

229 neurotransmitter release (Stevens and Wang, 1995) (Salin et al., 1996). Paired-pulse  
230 stimulation of evoked responses was carried out using a 50 ms inter-stimulus interval during 6  
231 hours. While paired-pulse depression was observed at PP-DG synapse (Figure 1H), paired-  
232 pulse facilitation was found at SC-CA1, Fx-NAc, and Fx-PFC synapses (Figure S3C). For  
233 quantification of the paired-pulse stimulation, we divided the slope of the second stimulation  
234 by the first one. We thus obtained a percentage of paired-pulse depression or facilitation  
235 (paired-pulse ratio) for each synapse of each animal in the different vigilance states (Figure  
236 1H and Figure 1-3).

237

### 238 **Histological verification**

239 At the end of all recordings, electrode locations were marked by passing currents (1s  
240 or 3s, 500  $\mu$ A) under anesthesia (isoflurane 2%). The brain was then extracted, cryoprotected  
241 in a sucrose solution (30 %) and frozen. Transverse sections (40  $\mu$ m) were performed using a  
242 cryostat and a neutral red staining was carried out on brain slices. The electrode placements  
243 were thus verified and reported on schemes taken from the atlas of Paxinos and  
244 Watson(Anon, 2021). The microphotographs of the histological sections showed the typical  
245 locations of the stimulation and recording sites that correspond to the areas targeted by  
246 stereotactic coordinates (Figure 1-1).

247

### 248 **Vigilance state classification**

249 Offline inspection of EMG, EEG (only for the group of rats implanted at the PP-DG  
250 synapse) and/or LFP spectral analysis were used to identify the vigilance states of the animals  
251 by bouts of five seconds. We classified them into 5 categories: two waking states (quiet  
252 wakefulness and active wakefulness – QW and AW) and three sleeping states (NREM,  
253 intermediate sleep or IS and REM). IS was not included in either NREM or REM because it



254 corresponds to a very different brain state (Gervasoni et al., 2004). AW was recognizable by  
255 a theta rhythm in CA1, DG and EEG signals, and an important muscular activity on EMG.  
256 QW was characterized by a weak muscular activity and delta-like activity in the PFC, NAc  
257 and EEG recordings. NREM was characterized by the occurrence of slow waves in PFC, NAc  
258 and EEG signals and a very weak muscle activity. REM was determined by a prominent theta  
259 rhythm in CA1, DG and EEG recordings and muscle atonia on EMG (Figure 4-1). IS, located  
260 between NREM and REM, was characterized by a combination of slow waves and theta  
261 rhythm in PFC and EEG recordings, along with muscle tone declining toward atonia. Because  
262 of the very short duration of IS (Figure 4-1), and thus the very small number of synaptic  
263 responses collected during that state, we choose not to analyze it. Recording periods that did  
264 not fulfill the criteria for vigilance states (due to movement artifacts or drowsiness between  
265 wakefulness and NREM) were discarded.

266

### 267 **Synaptic responses**

268        Figures 1,2&3 show a schematic of the position of recording and stimulating  
269 electrodes used to study the five synapses of interest linked to the hippocampal circuit.  
270 Animals were only included in the dataset after histological verifications of the electrode sites  
271 (Figure 1-1).

272 At the PP-DG synapse, animals displayed a clear positive (excitatory) peak with a delay of  
273 3.5-5.5 ms after the stimulus artefact in at least one of the 8 electrodes of the recording array.  
274 The positive polarity of the fEPSPs recorded at this synapse (Figure 1C&D) corresponds to  
275 the depolarizing responses of the intracellular synaptic potentials generated at this synapse  
276 (Colino and Malenka, 1993). For the slope analysis of these fEPSP evoked potentials, data  
277 were averaged on all electrodes displaying a clear positive peak with a linear slope. In

278 average, during 24h, we analyzed the following number of fEPSPs: during AW =  $627 \pm 48$ ,  
279 during QW =  $479 \pm 26$ , during NREM =  $792 \pm 35$ , during REM =  $252 \pm 16$ , n = 10 rats).

280 At the SC-CA1 synapse, evoked responses presented one clear excitatory negative  
281 peak with a delay of 5-10 ms after electrical stimulation. The negative polarity of the fEPSP  
282 recorded at this synapse (Figure 2B&C) corresponds to the depolarizing responses of the  
283 intracellular synaptic potentials generated at the SC-CA1 synapse (Andersen et al., 1980). In  
284 average, during 24h, we analyzed the following number of fEPSPs by rats: AW =  $635 \pm 75$ ,  
285 QW =  $648 \pm 51$ , NREM =  $850 \pm 31$ , REM =  $277 \pm 23$ , n = 11 rats).

286 Stimulation of the fornix evoked a monosynaptic response in the three efferent  
287 structures (PFC, NAc and Amy). For the PFC, the majority of recording sites were located in  
288 the pre-limbic area (Figure S1F&K); for the NAc, the recording sites were located in the shell  
289 (Figure 1-1); and for the Amy, the recording sites were located in the basolateral area (Figure  
290 1-1). The fornix connections are constituted by axons of the ventral hippocampus and also the  
291 dorsal CA1 hippocampus (Trouche et al., 2019). Evoked LFP responses at the Fx-NAc, Fx-  
292 PFC and Fx-Amy synapses were analyzed when these responses presented the three following  
293 criteria: an early negative deflection of around 5ms after stimulation called N5, and two  
294 positive peaks at around 9 ms and 23 ms after stimulation referred as P10 and P25 (Figures  
295 2G&H, 3B&C and 3G&H). The positive polarity of the fEPSP at Fx-NAc synapse (the  
296 monosynaptic P10 component, Figure 3C) corresponds to the depolarizing responses of the  
297 intracellular synaptic potentials generated at the Fx-NAc synapse (Mulder et al., 1997)  
298 (Boeijinga et al., 1993) (Mulder et al., 1998). The Fx-NAc synapse we recorded here mainly  
299 corresponds to the connections of the pyramidal cells of the ventral hippocampus to the  
300 dopamine D1 receptor-expressing medium spiny neurons in the medial NAc shell, although a  
301 contribution of pyramidal cell axons from the dorsal hippocampus to fast-spiking interneurons  
302 in the NAc is also present (Trouche et al., 2019). At the Fx-NAc synapse, data from 11

303 animals were conserved and responses were analyzed during a 24h period. A total of 4882  
304 responses were thus collected during AW, 4374 during QW, 7210 during NREM and 2089  
305 during REM (means by rats: AW =  $444 \pm 73$ , QW =  $398 \pm 64$ , NREM =  $655 \pm 94$ , REM =  
306  $190 \pm 32$ ). For the Fx-PFC synapse, the dataset was constituted of 9 animals (mean  $\pm$  SEM by  
307 rats: AW =  $539 \pm 80$ , QW =  $469 \pm 38$ , NREM =  $823 \pm 45$ , REM =  $242 \pm 11$ ). Evoked LFP  
308 responses at the Fx-Amy synapse were analyzed when these responses presented the three  
309 following criteria: an early negative deflection of around 5ms after stimulation called N5, and  
310 two positive peaks at around 9 ms and 23 ms after stimulation referred as P10 and P25 (Figure  
311 3G&H). For the quantification of the evoked response at this synapse we computed the  
312 positive slope of the component P10. The shape of evoked responses we obtained at this  
313 synapse was very similar to the one observed in anesthetized rats (Mulder et al., 1998). The  
314 evoked responses recorded at synapses downstream the Hpc (Fx-NAc, Fx-PFC and Fx-Amy  
315 synapses) mainly reflect synaptic responses(Boeijinga et al., 1993). However, as with other  
316 evoked synaptic responses recorded in LFP, we cannot eliminate a contribution from  
317 population spike and active conductance mixed with the synaptic response. To minimize such  
318 a contribution, we preferred the measurement of the slope to the measurement of the peak  
319 amplitude of the response. Slope measurement is also less subject to amplitude variations due  
320 to baseline LFP oscillations.

321

### 322 **Slope measurement of evoked responses**

323 fEPSPs of 24h continuous recording were extracted and analyzed offline for slope  
324 measurements. The stability of the shape and the amplitude of the evoked responses recorded  
325 over 24h was verified by superimposing averaged fEPSP obtained during 3-hour recordings  
326 (i.e. 8 superimposed averaged traces). Animals with unstable recordings (i.e. sudden change  
327 of shape or progressive and wide changes in fEPSP slope) have been removed from the

328 database. Time cursors for fEPSP slope analysis were positioned manually. The slope was  
329 computed at the initial part of fEPSP for PP-DG, SC-CA1 and the slope (between 20% and  
330 80%) of the response for Fx-NAc, Fx-PFC and Fx-Amy synapses. The slope of the fEPSPs  
331 was then normalized by dividing their value by the average of the slopes of fEPSPs recorded  
332 over 24 hours.

333 To assess synaptic variability (Figure S2), the coefficient of variation (CV) of each  
334 distribution of synaptic slopes was computed during the different vigilance states. The CV is  
335 the square root of the variance of the distribution divided by its mean (Martin, 1966)  
336 (Otmakhov et al., 1993). CV is used as an index in quantal analysis and it is assumed to be  
337 independent on quantal size. In case of synaptic efficacy changes, an increase or decrease in  
338 CV suggest a presynaptic modulation. In contrast, if synaptic response is modulated at a  
339 purely postsynaptic site, it will not alter the CV.

340

#### 341 **Modulation of synaptic responses during transitions between vigilance states**

342 In order to study the time course of synaptic changes during transitions between  
343 vigilance states, we averaged the two last fEPSPs (slope) evoked during the episode of a  
344 given state (corresponding to a period of 30s, the interval between two stimulations), and the  
345 two first fEPSPs evoked during the following state. We thus obtained four time points for  
346 each transition between vigilance states, and the differences of the fEPSP slope between these  
347 points were tested by a Friedman ANOVA test. The differences between these different  
348 segments were then further assessed by a post-hoc Dunn's multiple comparison test. Epochs  
349 with wakefulness transitions to drowsiness and with NREM transition to IS were removed  
350 from the transition analysis.

351

#### 352 **Modulation of synaptic responses within vigilance state episodes**

353 To assess the dynamic modulation of evoked responses within the different episodes  
354 of wakefulness, NREM and REM, we selected ‘long duration’ episodes (i.e. episodes lasting  
355 at least 100 s). We subdivided these datasets into first, middle and last third of the episodes.

356

### 357 **Analyses of pre-stimulus LFP recordings**

358 Besides the shift in brain states during vigilance states, studies have found that locally  
359 generated oscillations also modulate communication between cortical areas (Fernández-Ruiz  
360 et al., 2021). The importance of LFP oscillations is underlined by the Communication  
361 Through Coherence hypothesis (Fries, 2005) proposing that ongoing oscillations provide a  
362 flexible way to synchronize neuronal firing in distant areas during cognitive processes that  
363 involve them. However, the changes in synaptic responses by oscillations have not yet been  
364 explored during the different vigilance states. To test the Communication Through Coherence  
365 hypothesis that poses that “postsynaptic rhythm modulates synaptic input gain”, the link  
366 between pre-stimulus LFP oscillations and synaptic response was assessed. Ongoing LFPs  
367 were first recorded in the DG, CA1, PFC, NAc and Amy simultaneously with the synaptic  
368 responses. The correlation between the pre-stimulus LFP oscillations at different band waves  
369 (slow waves: 0.5-2 Hz, delta: 2-4 Hz, theta: 5-8 Hz, sigma: 9-14 Hz, low gamma: 38-45 Hz;  
370 high gamma: 55-95 Hz) and the slope of evoked fEPSPs was then analyzed for each synapse  
371 of interest. We thus band pass filtered the LFP signals obtained in the bands of interest  
372 (forward and reverse filtering using `filtfilt()` function). Measurement of the power of the  
373 filtered LFP was then carried out over a pre-stimulus period of 2 s for slow waves, 1s for delta  
374 oscillations, 500 ms for theta and sigma oscillations and 250 ms for low and high gamma  
375 oscillations (custom-written MATLAB scripts (MathWorks)). The calculation of the  
376 instantaneous phase of theta oscillations was obtained by the argument of the complex  
377 analytical signal of the Hilbert transform and the frequency was obtained by the calculus of

378 the derivative of the instantaneous phase divided by  $2\pi$ . The amplitude of the oscillations was  
379 calculated by the modulus of the analytical signal of the Hilbert transform.

380 In addition, LFP power spectra were computed for every 5 s epoch within the 0-100  
381 Hz frequency range using a Fourier transform analysis. These spectral analyses were  
382 performed using the Chronux toolbox (Chronux data analysis platform  
383 from <http://chronux.org>). To normalize data, power spectral densities were averaged for each  
384 frequency range on a 24 h period and each vigilance state. Data were then normalized to the  
385 total power (sum of power spectral densities on the 0-100 Hz range on a 24 h period with all  
386 vigilance states).

387

### 388 **Statistical analysis**

389 All statistical analyses were performed using R (R Core Team 2021). Figures were  
390 created using “ggplot2” R package. For the Friedman tests, the effect size was estimated by  
391 computing Kendall W effect size using the “rstatix” package. The effect size (to compare  
392 means) is considered large when it is greater than 0.8, medium when it is greater than 0.5 and  
393 small when it is less than this value. Given the multiple sources of variability (animal,  
394 position of electrodes) and the heteroscedasticity of the variables quantifying oscillations  
395 (oscillation power), the statistical analyses of the Figure 4 were carried out using linear  
396 mixed-effect models (LMM). Mixed-effect models incorporate both fixed-effect parameters  
397 and random effects. Lmer of “lme4” package provides tools to analyze mixed effects of linear  
398 models (Bates et al., 2015). In contrast with classical regression assumes observations are  
399 independent of each other, LMM can account for repeated measurements by estimating  
400 random effects in addition to fixed effects for the entire dataset. We analyzed the influence of  
401 four possible fixed effects on the slope of evoked responses: (i) four vigilance states as factor;  
402 (ii) power of frequency bands as numeric; (iii) six frequency bands (slow waves: 0.5-2 Hz,

403 delta: 2-4 Hz, theta: 5-8 Hz, sigma: 9-14 Hz, low gamma: 38-45 Hz; high gamma: 55-95 Hz)  
404 as factor (see paragraph above); (iv) time of recording (on 24h). Type II analysis of variance  
405 Wald chi-square tests were used to assess the significance of each fixed effect to the model.  
406 For classical linear correlation, the coefficient of determination  $R^2$ , allows to estimate the  
407 predictive capacity of the model. The total variance in  $y$  ( $y$  = synaptic slopes) is explained by  
408 all the predictors in the model. However, this coefficient favors the most complex models. In  
409 order to select the best model, an information criterion approach is preferred, since Akaike  
410 information criterion (AIC) and Bayesian information criterion (BIC) indicators penalize for  
411 the number of predictors. Thus, AIC and BIC tests were performed to test model fit before  
412 and after sequential addition of random effects. After carrying out these tests, subjects were  
413 considered as random effects (for intercept and slope) in all statistical analyses. The fixed  
414 effects represent the mean effect across all animals after removal variability (i.e. model: lmer  
415 (Dependent Variable (synaptic slopes) ~ 1 + Independent Fixed Effects + (1|animals), data)).  
416 To optimize our model, we checked the normality of the model residual. To assess the  
417 relationship between the oscillation power and synaptic slopes we computed the beta  
418 estimates ( $\beta$ ) of the regression curves.  $\beta$ , the slopes of predictors, assess the relative  
419 contribution of each predictor (oscillation power at a given frequency band) to the overall  
420 prediction of the dependent variable (synaptic response quantified by synaptic slopes). The  
421 higher the betas are in absolute value, the stronger the link between synaptic responses and  
422 oscillations. Beta zero ( $\beta_0$ ), the intercept of the regression curves, corresponds to the average  
423 synaptic slope during the different vigilance states. To compare between the different datasets  
424 shown in Figure 4, we also computed marginal ( $R^2_m$ , the proportion of variance explained by  
425 fixed effect factors) and conditional coefficients of determination ( $R^2_c$ , the proportion of  
426 variance explained by fixed and random effect factors)(Nakagawa and Schielzeth, 2013). For  
427 clarity reasons, only the marginal coefficient of determination ( $R^2_m$ ) is mentioned in the

428 Results section. For Pearson correlation and partial correlation measurements, the package  
429 “correlation” was used. Partial correlations are a measure of the correlation between two  
430 variables that remains after controlling for all the other relationships. Fisher z-transformation  
431 was used to normalize the Pearson correlation coefficients. This explains why in Figure 7 the  
432 correlation coefficient values can be greater than 1. To detect non-linearity between theta  
433 phase and synaptic responses (Figure 5), surrogates are obtained by randomizing the data  
434 using R. In this Figure, the fitting curves and the coefficients of determination of the  
435 correlations were carried out using OriginPro software. One asterisk means that the  
436 coefficient is significant at the 5% level, 2 is at the 1% significance level, and 3 is at the 0.1%  
437 significance level.

438

439

440

441

442

443

444

## RESULTS

445

446       Synaptic responses at the PP-DG, SC-CA1, Fx-NAc, Fx-PFC and Fx-Amy pathways  
447 were monitored during long-term recording in freely moving rats in order to fully depict the  
448 modulation of evoked responses during brain state changes. We first described the behavior of  
449 each synapse throughout the sleep-wake cycle.

450

451 **Vigilance state dependent modulation of evoked responses at the Perforant Path to**  
452 **Dentate Gyrus synapse.**



453 As shown in a representative sample of one-hour recording (Figure 1C), the slope of  
454 the fEPSP at PP-DG synapse was dynamically modulated during vigilance states. Increases in  
455 synaptic response were thus observed during AW episodes (indicated by full line arrows),  
456 whereas drops in synaptic amplitude were found during REM episodes (indicated by dashed  
457 line arrows). When averaged on a 24h period of continuous recording, the PP-DG fEPSP  
458 waveforms taken from the same animal clearly showed different amplitudes of the synaptic  
459 responses during wakefulness and sleep (Figure 1D). The analysis from the entire group of 10  
460 rats indicated a variation of fEPSP slopes at the PP-DG synapse in the following direction:  
461 AW > QW > NREM > REM (Figure 1E; Friedman test,  $\chi^2(3) = 30$ ,  $p = 1.38e-06$ ; post-hoc  
462 Dunn's test  $p=0.01$  between AW and QW, QW and NREM and NREM and REM;  $p = 0.002$   
463 between AW and NREM and QW and REM;  $p = 0.001$  between AW and REM; Kendall's  
464 effect size =0.89). The synaptic slopes' variability as assessed by the coefficient of variation  
465 was higher during REM than during AW (Figure 1-2).

466 Given the vigilance state-dependent changes at the PP-DG synapse, we then  
467 determined the time course of these synaptic changes during transitions between two different  
468 consecutive vigilance states. For each transition between wake and sleep states, we observed a  
469 significant modulation of synaptic responses (Figures 1F & 1-3). Large and rapid increase in  
470 the synaptic responses of 22 % was thus observed during transitions from REM to AW  
471 between two consecutive synaptic responses (i.e. 30s inter-stimulus interval, Friedman test  
472  $\chi^2(3) = 19.7$ ,  $p = 1.98e^{-04}$ ). Moreover, synaptic responses were rapidly modulated within 30 s  
473 between AW and QW (Friedman test  $\chi^2(3) = 20.6$ ,  $p = 1.25e^{-04}$ ). Fast changes in synaptic  
474 responses were also found for other state transitions (from NREM to REM: a 12% decrease,  
475 Friedman test  $\chi^2(3) = 23.9$ ,  $p = 2.65e^{-05}$ ). We next examined changes in synaptic responses  
476 within each vigilance state episodes (Figure 1G). To do so, we computed the evolution of the  
477 synaptic responses across the course of the different episodes of AW, QW, NREM, and REM

478 by dividing each episode by thirds (see star Methods). fEPSPs were not modulated during  
479 AW ( $p = 0.078$ ), QW ( $p = 0.521$ ) or NREM ( $p = 0.436$ ) episodes. In marked contrast, the  
480 synaptic slopes deeply decreased during the course of REM episodes (Friedman test,  $\chi^2(2) =$   
481  $13.9$ ,  $p = 0.0008$ ), from the beginning to the middle ( $p = 0.021$ ) and from the middle to the  
482 last part of the episode ( $p = 0.002$ ) suggesting that synaptic responses were actively  
483 modulated during this sleep state.

484 We then considered that the changes in synaptic responses we observed during the  
485 wake-sleep cycle could be caused by vigilance state dependent neuromodulation (i.e.  
486 acetylcholine, noradrenaline or serotonin) that is known to impact synaptic transmission (Lee  
487 and Dan, 2012). We therefore examined whether paired-pulse stimulation of evoked  
488 responses was modulated during the sleep-wake cycle. Modulation of the paired-pulse ratio  
489 (PPR) of evoked responses is a form of short-term plasticity that has been shown to depend on  
490 presynaptic mechanisms of neurotransmitter release (Stevens and Wang, 1995), (Manabe et  
491 al., 1993). A decrease in synaptic responses associated with an increase in PPR suggests that  
492 neurotransmitter release probability decreased (due to an increased failure rate in the response  
493 to the 1st stimulation of the pair). Reciprocally, an increase in synaptic responses associated  
494 with a decrease in PPR, strongly suggests that neurotransmitter release probability increases  
495 (due to a decrease in the failure rate to respond to the 1st stimulation). Paired-pulse  
496 stimulation at 50 ms inter-stimulus interval evoked paired-pulse depression at PP-DG synapse  
497 (Figure 1H) as already known (Colino and Malenka, 1993). Here, long-term recordings of  
498 paired-pulse responses revealed an increase in PPR during REM compared to AW and QW  
499 (Friedman test  $\chi^2(3) = 13.1$ ,  $p = 0.004$ , effect size: 0.49; post-hoc Dunn's test AW vs REM  $p$   
500  $= 0.02$ , QW vs REM  $p = 0.04$ ,  $n = 9$  rats). In addition, at the PP-DG synapse, synaptic slope  
501 variability as assessed by computing the coefficient of variation (CV) was greater in REM  
502 than in AW (Figure 1-2). The state-dependent CV modulation must be related to the increased

503 paired-pulse ratio observed in REM as compared to AW (see Methods). Altogether, these  
504 results suggest that presynaptic mechanisms of neurotransmitter release likely contribute to  
505 the vigilance state-dependent modulation of PP-DG synaptic responses.

506

507 **Vigilance state dependent modulation of evoked responses at Schaffer Collaterals to**  
508 **CA1 synapse.**

509 The slope of SC-CA1 evoked synaptic responses was also deeply modulated during  
510 the sleep-wake cycle (Figure 2B&C), with an increase during NREM and a decrease during  
511 AW and REM. The analysis from the entire group of 11 rats indicated a variation of fEPSP  
512 slopes at this synapse in the following direction: NREM > QW > [AW = REM] (Figure 2D;  
513 Friedman test,  $\chi^2(3) = 27.1$ ,  $p = 5.58e^{-06}$ ; post-hoc Dunn's test: NREM vs REM  $p < 0.001$ ,  
514 NREM vs AW  $p < 0.001$ , NREM vs QW  $p < 0.001$ , REM vs AW  $p = 0.2$ , REM vs QW  $p =$   
515  $0.01$ , AW vs QW  $p < 0.001$ ; Effect size:  $r=0.88$  except for REM vs AW). Thus, in contrast  
516 with the PP-DG synapse, synaptic transmission at the SC-CA1 synapse was the highest during  
517 NREM.

518 We then determined the time course of synaptic changes at SC-CA1 synapse during  
519 the transitions between vigilance states (Figures 2E & 1-3). A rapid modulation of synaptic  
520 responses was found at several transitions between brain states. Fast synaptic changes were  
521 thus observed during transitions from NREM to REM (a 23% decrease in 1 min, Friedman  
522 test,  $\chi^2(3) = 29.72$ ,  $p = 1.57e^{-06}$ ; post-hoc Dunn's test  $p < 0.0001$ ) and from REM to QW  
523 (Friedman test,  $\chi^2(3) = 29.5$ ,  $p = 1,75e^{-06}$ ; post-hoc Dunn's test  $p = 0.003$ , Figure S3A). We  
524 also observed rapid synaptic changes for transitions between NREM and AW (Friedman test,  
525  $\chi^2(3) = 22.74$ ,  $p = 4,56e^{-05}$ ; post-hoc Dunn's test  $p < 0.009$ ). Thus, at the SC-CA1 synapse,  
526 rapid changes in fEPSP were observed during transitions between vigilance states, recalling  
527 those seen at the PP-DG synapse.

528 We next computed the evolution of the synaptic responses within each episode by  
529 dividing each episode by thirds (Figure S3B). During REM episodes, the synaptic responses  
530 decreased rapidly between the first third and the second third ( $p = 0.0006$ ), as at the PP-DG  
531 synapse. The analysis by thirds did not reveal any modulation during the other states. We then  
532 examined whether paired-pulse stimulation of evoked responses was modulated during the  
533 sleep-wake cycle (Figure 1-3). A paired-pulse facilitation of synaptic response was observed  
534 at this synapse (in contrast with PP-DG synapse) that was increased during REM compared to  
535 QW and NREM (Friedman test  $\chi^2(3) = 17.55$ ,  $p = 0.0005$ , effect size: 0.71; post-hoc Dunn's  
536 test: QW vs REM  $p = 0.04$ ; NREM vs REM,  $p = 0.04$ ,  $n = 8$  rats). Moreover, an increase in  
537 paired-pulse facilitation was also found during AW compared to QW (QW vs AW,  $p = 0.04$ ).  
538 Thus, the results are consistent with a decrease in synaptic response during REM and AW due  
539 to a presynaptic mechanism.

540

541 **Vigilance state dependent modulation of evoked responses at hippocampal downstream**  
542 **synapses.**

543 **The fornix to medial prefrontal cortex synapse.** The slope of evoked responses at the Fx-  
544 PFC synapse (P10 component, Figure 2G-H) was also significantly modulated during the  
545 sleep-wake cycle in the following direction: [NREM = QW] > [REM=AW] (Figure 2G;  
546 Friedman test,  $\chi^2(3) = 9.4$ ,  $p = 0.04$ ; post-hoc Dunn's test: NREM vs REM  $p = 0.03$ , NREM  
547 vs AW  $p = 0.02$ , NREM vs QW  $p > 0.05$ , REM vs AW  $p > 0.05$ , REM vs QW  $p = 0.055$ , AW  
548 vs QW  $p = 0.008$ ; Effect size: 0.36,  $n = 9$  rats). Then, the modulation of synaptic slopes during  
549 vigilance state transitions was analyzed (Figures 2J & 1-3). We observed a rapid decrease in  
550 the synaptic response of NREM to REM (Friedman test,  $\chi^2(3) = 11.3$ ,  $p = 0.009$ ; post-hoc  
551 Dunn's test:  $p = 0.006$ ) and an increase in response from REM to QW (Friedman test,  $\chi^2(3) =$   
552  $10.73$ ,  $p = 0.013$ ; post-hoc Dunn's test:  $p = 0.02$ ). The evolution of the evoked responses

553 during each vigilance state episodes was then computed by dividing each vigilance state  
554 episode by thirds (Figure 1-3). Evoked responses in the Fx-PFC pathway were not  
555 significantly modulated within a given vigilance state episode. No modulation of paired-pulse  
556 facilitation was also found during the sleep-wake cycle (Figure 1-3,  $p > 0.05$ ,  $n = 7$  rats).

557

558 **The fornix to Nucleus Accumbens synapse.** The slope of evoked responses at the Fx-NAc  
559 synapse (P10 component, see Star Methods) was also modulated during the sleep-wake cycle  
560 as shown using estimation graphics from the full group of rats (Friedman test:  $\chi^2(3) = 16.6$ ,  $p$   
561  $= 0.0008$ ; effect size: 0.50;  $n = 11$  rats, Fig 3B-C). In marked contrast with the PP-DG, SC-  
562 CA1 and Fx-PFC synapses, evoked responses at the Fx-NAc synapse increased during REM  
563 compared with NREM and wake (REM vs NREM:  $p = 0.006$ ; REM vs AW:  $p = 0.01$ ; REM  
564 vs QW:  $p = 0.006$ ; AW vs QW:  $p = 0.63$ ; AW vs NREM:  $p = 0.21$ ; QW vs NREM:  $p = 0.24$ ,  
565 Figure 3B-C). Therefore, evoked responses at Fx-NAc synapse changed during vigilance  
566 states in the following direction: REM > [AW=NREM=QW].

567 We next computed the variation of synaptic responses during vigilance state transitions  
568 (Figures 3E & S3A). We observed a fast modulation of evoked responses during transitions  
569 from NREM to REM (Friedman test,  $\chi^2(3) = 19.04$ ,  $p = 0.0003$ ; post-hoc Dunn's test:  $p =$   
570  $0.003$ ) and from REM to AW (Friedman test,  $\chi^2(3) = 17.95$ ,  $p = 0.0005$ ; post-hoc Dunn's test:  
571  $p = 0.0008$ ). The change in synaptic responses during vigilance state episodes was also  
572 assessed by dividing each episode by thirds (Figure 1-3). In marked contrast with the PP-DG  
573 and SC-CA1 synapses, evoked responses were not modulated during REM episodes ( $p =$   
574  $0.1933$  and  $p = 0.0940$  respectively) at Fx-NAc synapse as at Fx-PFC synapse. Finally, no  
575 modulation of paired-pulse facilitation was found during the sleep-wake cycle (Figure 1-3,  $p$   
576  $> 0.05$ ,  $n = 7$  rats).

577

578 **The fornix to amygdala synapse.** Responses to the Fx-Amy synapse were also modulated  
579 during the sleep-wake cycle (Friedman test,  $\chi^2(3) = 11.3$ ,  $p = 0.009$ ,  $n = 9$  rats, effect size:  
580 0.42, Fig 3G-H). Responses decreased during NREM compared to wakefulness (AW vs QW  
581  $p = 0.074$ ; AW vs NREM:  $p = 0.012$ ; QW vs NREM:  $p = 0.004$ ; NREM vs REM  $p = 0.426$ ;  
582 REM vs AW:  $p = 0.098$ ; REM vs QW:  $p = 0.91$ ). We also observed a fast modulation of  
583 evoked responses during transitions from AW to QW (Friedman test,  $\chi^2(3) = 9.73$ ,  $p = 0.02$ ,  
584 post-hoc Dunn's test:  $p = 0.03$ ) and from AW to NREM (Friedman test,  $\chi^2(3) = 14.1$ ,  $p =$   
585 0.003; post-hoc Dunn's test:  $p = 0.02$ , Figures 3J & S3A). The evolution of the evoked  
586 responses during each vigilance state episodes was then computed by dividing each vigilance  
587 state episode by thirds. As at Fx-NAc and Fx-PFC synapse (Figure 1-3), evoked responses in  
588 the Fx-Amy pathway were not significantly modulated during vigilance state episodes.

589  
590

591 **Pre-stimulus modulation of evoked responses by the magnitude of local oscillations.**

592 We next considered that the modulation of evoked responses could be linked to local  
593 oscillations. Local brain states as characterized by spontaneous LFP oscillations are  
594 continuously changing on a shorter time scale (Kay and Frank, 2019). Spontaneous LFP  
595 oscillations recorded in the DG, CA1, PFC, NAc and Amy shared similarities in each  
596 vigilance state (Figure 4-1). Delta oscillations were prominent during NREM in the five areas  
597 although during REM, phasic theta waves were found in these structures that were associated  
598 with the prominent tonic theta oscillation (Figure 4-1 (Buzsáki, 2002), (Montgomery et al.,  
599 2008),(Meyer et al., 2020),(Adamantidis et al., 2019)). We determined whether synaptic  
600 slopes could be influenced by the ongoing LFP oscillation immediately preceding the  
601 electrical stimulation triggering the evoked response. We then investigated the relationship  
602 between the magnitude of pre-stimulus oscillations and the slope of the synaptic responses  
603 (Figure 4). Long-term recordings allow to compute correlations between synaptic slope and

604 pre-stimulus LFP oscillation power for each vigilance state. The power of the pre-stimulus  
605 oscillations was quantified for slow oscillations (0.5-2 Hz), delta (2-4 Hz), theta (5-8 Hz),  
606 sigma (9-14 Hz), low gamma (38-45 Hz) and high gamma (55-95 Hz) and then the z-scored  
607 power of these oscillations was correlated with the slope of each evoked response as shown in  
608 the Figure 4A2 for theta waves. To carry out multiple correlations, we used Linear Mixed  
609 effect Models (LMM (Bates et al., 2015), see Methods), with the power of the frequency  
610 bands as fixed effects and animals as random effects. Thus, we determined whether the power  
611 of different frequency bands correlates with the modulation of the synaptic responses.

612 At the PP-DG synapse, during AW, synaptic responses were negatively correlated  
613 with the magnitude of the theta oscillations ( $R^2m = 0.042$ ,  $p = 1.231e^{-06}$ ,  $n = 10$  rats; Figure  
614 4A1&D). We computed the marginal coefficient of determination ( $R^2m$ ) which estimates the  
615 proportion of variance explained by the fixed-effects factors (i.e. oscillation power). During  
616 QW as well, synaptic slopes were negatively correlated with theta oscillations, but also with  
617 slow oscillations, delta, sigma and gamma oscillations ( $R^2m = 0.093$ ,  $p = 6.166e^{-14}$ ) as for  
618 NREM ( $R^2m = 0.087$ ,  $p = 3.026e^{-12}$ ). In contrast, during REM, fEPSPs were positively  
619 correlated with the slow oscillations although negatively correlated with theta, sigma and  
620 gamma oscillations ( $R^2m = 0.073$ ,  $p = 2.388e^{-14}$ ). To sum up, at this synapse, correlations  
621 between synaptic responses and oscillation power were found at all vigilance states and were  
622 predominantly negative.

623 At the SC-CA1 synapse, during AW, synaptic responses were positively correlated  
624 with the slow oscillations although negatively correlated with the low gamma oscillations  
625 ( $R^2m = 0.031$ ,  $p = 0.0047$ ,  $n = 10$  rats; Figure 4B&D). In contrast, during REM, fEPSPs were  
626 positively correlated with the slow oscillations although negatively correlated with high  
627 gamma oscillations ( $R^2m = 0.008$ ,  $p = 0.010$ ). Thus, at this synapse, correlations between

628 synaptic responses and oscillation strength are only observed during AW and REM and the  
629 level of latter correlation was low.

630 At the Fx-PFC synapse, during AW, we found a positive correlation with sigma ( $R^2_m$   
631 = 0.005 and  $p = 0.0048$ ,  $n = 9$  rats, Fig 4C&D) and, during REM, a positive correlation with  
632 theta ( $R^2_m = 0.019$  and  $p = 0.003$ ). At the Fx-NAc and Fx-Amy synapses, we found no  
633 significant correlation between the slope of the synaptic responses and the power of the  
634 oscillations whatever the state of vigilance (Fig 4-2). Altogether, these results showed that the  
635 synaptic responses of the hippocampal pathways we studied were very weakly correlated with  
636 the magnitude of pre-stimulus oscillations with the exception of the PP-DG synapse.

637

638 **Correlation between the phase of theta oscillations and synaptic responses.** Since  
639 theta oscillation is a predominant waveband in the brain areas we studied, we next  
640 characterized changes in synaptic response related to the phase of this oscillation during AW  
641 and REM (Figure 5). The graphs (Figure 5A-D) show the correlation between the pre-  
642 stimulus theta phase and the synaptic slope for all rats during AW (2 cycles from  $-180$  to  $510^\circ$   
643 with  $30^\circ$  bin size; the thick red line with the confidence interval is the fitting curve of the  
644 entire dataset, the surrogates of the entire dataset are represented by a black curve) and REM.  
645 At the PP-DG synapse (Fig 5A&D left), synaptic slopes increased weakly at the rising phase  
646 of the theta waves during AW (phase:  $-118.5 \pm 11.1^\circ$ , increase in synaptic slope:  
647  $100.72 \pm 0.17\%$ ) and REM (phase:  $-92.3 \pm 13.9^\circ$  increase in synaptic slope:  $101.45 \pm 0.34\%$ ). At  
648 the SC-CA1 synapse (Figures 5B&D left), synaptic slopes increased before the top of the  
649 theta waves during AW (for the phase at  $-9.03 \pm 7.5^\circ$ , increase in synaptic slope:  
650  $101.11 \pm 0.13\%$ ) and REM (phase:  $-3.6 \pm 7.2^\circ$ , increase in synaptic slope:  $101.72 \pm 0.19\%$ ). At  
651 the Fx-NAc synapse (Figures S5B1&S5B3), synaptic slopes also increased after the wave top  
652 during AW (phase:  $17.71 \pm 11.7^\circ$ , increase in synaptic slope:  $102.48 \pm 0.5\%$ ) and before the



653 wave trough during REM (phase:  $149.39 \pm 14.05^\circ$ , increase in synaptic slope:  $102.72 \pm 0.61\%$ ).  
654 In contrast, at the Fx-PFC and Fx-Amy synapses, synaptic slopes were only slightly correlated  
655 with theta phase (Fig 5C&5D right, Fig 4-2). These results thus showed the existence of links  
656 between the phase of theta oscillations and synaptic slopes, during AW and REM, especially  
657 at the SC-CA1 and Fx-NAc synapses. However, these phase-dependent modulations of  
658 synaptic slopes were small compared to that of vigilance states.

659

660 **Correlation between theta frequency and synaptic responses.** We then examined  
661 whether synaptic responses were linked to the variation in theta frequency. The correlation  
662 between theta frequency and synaptic responses was computed at each synapse (Figure 6). At  
663 the PP-DG synapse, a negative correlation was found between theta frequency and synaptic  
664 slope, mainly during AW and REM (Figure 6A left and middle). The correlation was weaker  
665 in QW than in AW and REM (Figure 6A right). At the SC-CA1 synapse, a negative  
666 correlation between theta frequency and synaptic slope was also found in AW and sleep but  
667 not in QW (Figure 6B). At the Fx-PFC synapse, synaptic slopes were negatively correlated  
668 with theta frequency selectively during AW (Figure 6C). In contrast, at the Fx-NAc and Fx-  
669 Amy synapses, synaptic slopes did not appear to be linked to theta frequency whatever the  
670 state of vigilance (Figure 4-2). Thus, these results showed the existence of a low-level  
671 negative correlation between pre-stimulus theta frequency and synaptic slopes at the PP-DG,  
672 SC-CA1 and Fx-PFC synapses that contributes only weakly to explain the variance in the  
673 responses at these synapses.

674

675 **Covariation of the synaptic responses at the three hippocampal efferent synapses.**

676 We next examined whether there was some degree of covariation of the responses at these  
677 synapses. We took advantage of the experimental design that evoked simultaneous responses  
678 at the three hippocampal efferent pathways to determine whether the synaptic responses at

679 these synapses covaried together at each stimulation of the fornix (i.e. Fx-PFC, Fx-NAc, Fx-  
680 Amy, see inset Fig 7A). Figure 7A shows the superimposed time course of the responses at  
681 the Fx-PFC, Fx-NAc and Fx-Amy synapses for a rat. The two-by-two correlation between  
682 these synapses revealed a high degree of correlation between the responses of the Fx-PFC and  
683 Fx-NAc synapses, in contrast to the correlations between the responses of the Fx-PFC and Fx-  
684 Amy synapses and between the responses of the Fx-NAc and Fx-Amy synapses (Fig 7A left).  
685 We next computed the correlation coefficient of the correlations of the synaptic slopes for  
686 two-by-two synapses for each vigilance state (Fig 7B). We did not observe a modulation of  
687 the covariation of synaptic responses during the sleep-wake cycle (Figure 7C). When the  
688 correlation was calculated for each animal on all synaptic responses, whatever the state of  
689 vigilance, it appeared that the correlation between the synaptic slopes of the Fx-PFC and Fx-  
690 NAc synapses was much higher than the correlation between the Fx-PFC and Fx-Amy  
691 synapses and the correlation between the Fx-NAc and Fx-Amy synapses (Figure 7D,  
692 correlation between Fx-PFC and Fx-NAc:  $r = 0.88 \pm 0.15$ ; correlation between Fx-PFC and Fx-  
693 Amy:  $r = 0.06 \pm 0.03$  and correlation between Fx-NAc and Fx-Amy:  $r = 0.07 \pm 0.02$ ;  $n = 8$  rats).  
694 We then asked what contribution a common covariation between the responses of these 3  
695 synapses could make to these correlations. To test this, we computed the partial correlation  
696 between the responses of these 3 synapses and observed that the correlation coefficients  
697 between the Fx-PFC and Fx-NAc synapses was almost identical as that was obtained  
698 previously for the two-by-two correlations (correlation between Fx-PFC and Fx-NAc:  $r =$   
699  $0.88 \pm 0.15$ ; correlation between Fx-PFC and Fx-Amy:  $r = 0.03 \pm 0.03$ ; correlation between Fx-  
700 NAc and Fx-Amy:  $r = 0.01 \pm 0.03$ ). To summarize, these results revealed a covariation of  
701 synaptic responses between the Fx-PFC and the Fx-NAc synapses which did not co-vary  
702 with the Fx-Amy synaptic responses and that was not modulated during the sleep-wake cycle.  
703

704  
705  
706

## DISCUSSION

707

708         This work shows that brain states differentially modulate synaptic transmission of  
709 pathways projecting to, within and from the Hpc. We thus found that, during REM, synaptic  
710 transmission can be either decreased (PP-DG, SC-CA1 and Fx-PFC) or increased (Fx-NAc)  
711 depending on the synapse.

### 712 **Synapse-specific modulation of responses.**

713         Given the variability of the synaptic responses, we recorded them for very long periods of  
714 time, which allows to obtain a large sample of fEPSPs for each vigilance state. The  
715 fluctuation of the responses was not due to electrode movements since we control the fEPSPs  
716 during several days (see Methods). Synaptic responses' variability is a major feature of  
717 synaptic transmission even when synaptic potentials are recorded *in vitro* (Otmakhov et al.,  
718 1993). Brain temperature changes contribute to synaptic variability (Moser et al., 1994).  
719 However, temperature is unlikely to explain the synapse-specific modulations since in the  
720 same structure, the PP-DG and SC-CA1 synapses behave very differently.

721         We found that during wakefulness, responses at the PP-DG synapse were largely increased  
722 compared with sleep. This result expands the work of Winson and Abzug (1978), that did not  
723 show at the time the changes in synaptic transmission between AW and QW and between  
724 REM and NREM. Indeed, noradrenaline depletion was found to abolish the wake-NREM-  
725 dependent modulation of responses at the PP-DG synapse (Dahl et al., 1983). Given the low  
726 level of noradrenaline release during NREM compared to AW and the lack of noradrenaline  
727 during REM, our result could thus involve a noradrenergic beta receptors-dependent  
728 facilitation of synaptic transmission during wakefulness at the perforant path terminals (Haas  
729 and Rose, 1987). The rapid changes in fEPSPs during transitions between vigilance states

730 could be linked to fast modulation of noradrenergic signaling as observed in the thalamus  
731 (Osorio-Forero et al., 2021).

732 In contrast, at the SC-CA1 synapse, we found an enhancement of synaptic responses  
733 during NREM. Leung showed that SC-CA1 synaptic responses are higher during NREM than  
734 during AW, but not between NREM and QW (Leung, 1980). This author also found a  
735 decrease of SC-CA1 synaptic responses during REM compared to NREM and QW but not  
736 compared to AW. Here, with many more rats, we found that synaptic responses were the  
737 lowest during REM. Using paired-pulse stimulation, we reveal an increase in paired-pulse  
738 facilitation (PPF) in REM suggesting a presynaptic mechanism for the decrease in synaptic  
739 slope. This reduction in glutamate release could be due to the strong cholinergic activity in the  
740 Hpc during REM (Marrosu et al., 1995). This cholinergic signaling during REM would thus  
741 inhibit the hippocampal network by activating presynaptic muscarinic receptors at the  
742 Schaffer's collaterals (Hasselmo and Schnell, 1994).

743 Our findings also reveal for the first time a marked sleep-wake cycle dependent  
744 modulation of synaptic responses at the Fx-NAc synapse. Surprisingly, an increase in Fx-NAc  
745 transmission was observed during REM compared with the other vigilance states. This  
746 increase could be linked to postsynaptic factors since PPF is not modulated during REM.  
747 Corticosterone has been shown to increase AMPA receptor-mediated responses by a  
748 postsynaptic mechanism selectively in shell spiny neurons (Campioni et al., 2009). Since  
749 corticosterone is released during REM, it is possible that this neurotransmitter induces an  
750 increased response by a postsynaptic mechanism. Another possible explanation could arise  
751 from the increased burstiness of VTA dopaminergic neurons observed during REM (Dahan et  
752 al., 2007), which would increase dopaminergic signaling in the NAc during this state. Thus,  
753 during REM, dopamine release could activate dopamine receptors located on spiny neurons  
754 thereby enhancing AMPA mediated synaptic responses (Goto and Grace, 2008). Our result

755 should be linked with works suggesting an involvement of REM in reward systems including  
756 the NAc to enhance memory consolidation (Perogamvros and Schwartz, 2012).

757         Altogether, our results suggest that vigilance states might help organize the transfer of  
758 information in networks upstream and downstream the Hpc critically involved in memory  
759 (Figure 4-2). Synaptic slope is a key factor contributing to control the spike firing probability  
760 as well as the speed and temporal precision of their emission, a parameter quantified in  
761 information efficacy (London et al., 2002). Thus, during NREM, the information transfer  
762 would be facilitated by the increase in synaptic transmission at the SC-CA1 synapse. In  
763 contrast, during REM, transmission would be greatly reduced everywhere, at the exception of  
764 the Fx-NAc synapse. Following the most frequent sequence of vigilance states (i.e.  
765 wakefulness-NREM-REM), the information might be transferred faster from the entorhinal  
766 cortex to the DG during wakefulness and then, within the Hpc (SC-CA1) during NREM.  
767 Finally, the information flow would be facilitated to the NAc during REM, while the Hpc-  
768 PFC transmission would be enhanced during NREM. In contrast, at the Fx-Amy synapse, the  
769 information flow would be facilitated, albeit faintly, during AW.

#### 770         **Correlation between synaptic responses and LFP oscillations**

771         We also revealed correlations between synaptic responses and pre-stimulus  
772 oscillations, as proposed by the Communication Through Coherence hypothesis. PP-DG  
773 synaptic responses seem to be more modulated by local oscillations power than other  
774 synapses. At this synapse, several types of waves except slow oscillations were negatively  
775 correlated with synaptic slopes. Correlations were found for the theta band during all  
776 vigilance states, and especially during REM. Granular cell recordings show that spontaneous  
777 EPSPs, that are mainly generated at the PP-DG synapse, are coherent with theta (Pernia-  
778 Andrade and Jonas, 2014). Since the PP-DG responses are characterized by a paired-pulse  
779 depression, it is likely that the increase in theta power, corresponding to higher excitatory

780 drive at this synapse, leads to a depression of the subsequent synaptic responses. Theta-  
781 dependent synaptic modulation may contribute to the integration of different information  
782 conveyed by theta waves in granular cells. In contrast, we found that the slow oscillation  
783 power was positively correlated with synaptic responses during REM at the PP-DG synapse  
784 but also at the SC-CA1 synapse. This effect may seem surprising given that slow waves are  
785 not predominant during this state. However, at the beginning of REM episodes, DG and CA1  
786 slow waves show a higher power than later (middle and end periods) during these episodes  
787 (Figure 4-1). This transient substate at the beginning of REM episodes, that we have clearly  
788 separated from intermediate sleep, also corresponds to the period when synaptic responses are  
789 greater (Figures 1G&1-3). This result suggests that the last two-thirds of a REM episode may  
790 exert a specific role, perhaps of reorganizing excitability, that could be related to the  
791 redistribution of interneuron activity (Grosmark et al., 2012).

792 We also reveal that the responses at the SC-CA1 synapse reached their maximum at  
793 the peak of the theta during AW and REM. This phase-dependent modulation of synaptic  
794 responses suggests that pre-stimulus oscillations create periodic windows that can facilitate  
795 transmission. This modulation of the synaptic slope at theta peak coincides with the minimum  
796 discharge for pyramidal cells and the maximum discharge for several types of interneurons  
797 (Klausberger and Somogyi, 2008). Thus, the modulation of excitatory and inhibitory neuron  
798 activity in CA1 could contribute to enhance the driving force for SC-CA1 fEPSPs evoked at  
799 peak theta compared to those evoked at trough. Our result contrasts with a study in  
800 anesthetized rats where responses at this synapse is maximal during the descending phase of  
801 theta (Schall et al., 2008). One possible explanation could lie in key differences between theta  
802 oscillations in the anesthetized and awake animals (Buzsáki, 2002). We also found theta  
803 phase-dependent modulations of synaptic transmission at the Fx-PFC, Fx-NAc, and Fx-Amy  
804 synapses. These modulations of responses related to theta phase may allow the encoding of

805 information as observed between the Hpc and the PFC. It is of interest to note that the  
806 connection between the Hpc and the NAc (Fx-NAc) presents a periodic theta increase in  
807 responses during AW (peak) and REM (trough). This phase-dependent synaptic modulation  
808 may further enhance the role of REM at the Fx-NAc synapse during memory processing.

809 **Covariation of synaptic responses.**

810 Our results also reveal a covariation of synaptic responses at the Fx-PFC and Fx-NAc  
811 pathways. In contrast, we did not observe any covariation between the Fx-Amy synapse and  
812 the Fx-PFC and Fx-NAc synapses whatever the state of vigilance. Interestingly, it has been  
813 shown that pyramidal cells in the ventral Hpc send axons that bifurcate into multiple branches  
814 that can reach the prelimbic area of the PFC, the shell of the NAc, and the basolateral  
815 amygdala, the areas in which we recorded synaptic responses (Ciocchi et al., 2015).  
816 Therefore, a variation in excitability at one of these multi-branch axons could explain the  
817 covariation of synaptic responses we observed. The covariation of synaptic responses between  
818 Fx-PFC and Fx-NAc pathways may underlie a synchronization of neuronal activity in the  
819 PFC and the NAc, a factor that may help the information transfer from the Hpc to these  
820 structures.

821 To summarize, in contrast with hypotheses proposing homogenous synaptic  
822 modulations during vigilance state changes, our findings reveal that the five hippocampal  
823 pathways behave differently. Local oscillations also contribute to this differential modulation,  
824 albeit at a weaker level. These modulations in the synaptic responses may allow a sequential  
825 integration of information in the hippocampal network driven by behaviors during  
826 wakefulness and offline memory processing during sleep.

827

828

829 **Data availability:** Data are available via reasonable requests to the corresponding author.  
830 **Author contributions:** Conception and design of the study: JC, RP and PAS. Data  
831 acquisition: MR, MM and JC. Data analysis MR, MM and PAS. Analysis software: JCC.  
832 Drafting the manuscript: GM and PAS. All authors reviewed and accepted the final draft of  
833 the manuscript.

834

835

836

837

838

## REFERENCES

- 839 Adamantidis AR, Herrera CG, Gent TC (2019) Oscillating circuitries in the sleeping brain.  
840 *Nat Rev Neurosci* 20:746–762.
- 841 Andersen P, Silfvenius H, Sundberg SH, Sveen O (1980) A comparison of distal and  
842 proximal dendritic synapses on CA1 pyramids in guinea-pig hippocampal slices in  
843 vitro. *J Physiol* 307:273–299.
- 844 Anon (2021) The Rat Brain in Stereotaxic Coordinates - 6th Edition. Available at:  
845 [https://www.elsevier.com/books/the-rat-brain-in-stereotaxic-coordinates/paxinos/978-](https://www.elsevier.com/books/the-rat-brain-in-stereotaxic-coordinates/paxinos/978-0-12-374121-9)  
846 [0-12-374121-9](https://www.elsevier.com/books/the-rat-brain-in-stereotaxic-coordinates/paxinos/978-0-12-374121-9) [Accessed May 21, 2021].
- 847 Bates D, Mächler M, Bolker B, Walker S (2015) Fitting Linear Mixed-Effects Models Using  
848 **lme4**. *J Stat Softw* 67 Available at: <http://www.jstatsoft.org/v67/i01/> [Accessed  
849 September 14, 2021].
- 850 Boeijinga PH, Mulder AB, Pennartz CM, Manshanden I, Lopes da Silva FH (1993)  
851 Responses of the nucleus accumbens following fornix/fimbria stimulation in the rat.  
852 Identification and long-term potentiation of mono- and polysynaptic pathways.  
853 *Neuroscience* 53:1049–1058.
- 854 Buzsáki G (2002) Theta oscillations in the hippocampus. *Neuron* 33:325–340.
- 855 Campioni MR, Xu M, McGehee DS (2009) Stress-induced changes in nucleus accumbens  
856 glutamate synaptic plasticity. *J Neurophysiol* 101:3192–3198.
- 857 Cary BA, Turrigiano GG (2021) Stability of neocortical synapses across sleep and wake states  
858 during the critical period in rats. *Elife* 10:e66304.
- 859 Chauvette S, Seigneur J, Timofeev I (2012) Sleep oscillations in the thalamocortical system  
860 induce long-term neuronal plasticity. *Neuron* 75:1105–1113.



- 861 Ciocchi S, Passecker J, Malagon-Vina H, Mikus N, Klausberger T (2015) Selective  
862 information routing by ventral hippocampal CA1 projection neurons. *Science*  
863 348:560–563.
- 864 Colino A, Malenka R (1993) Mechanisms Underlying Induction of Long-Term Potentiation in  
865 Rat Medial and Lateral Perforant Paths *In vitro*. *J Neurophysiol* 69:1150–1159.
- 866 Dahan L, Astier B, Vautrelle N, Urbain N, Kocsis B, Chouvet G (2007) Prominent burst  
867 firing of dopaminergic neurons in the ventral tegmental area during paradoxical sleep.  
868 *Neuropsychopharmacology* 32:1232–1241.
- 869 Dahl D, Bailey WH, Winson J (1983) Effect of norepinephrine depletion of hippocampus on  
870 neuronal transmission from perforant pathway through dentate gyrus. *J Neurophysiol*  
871 49:123–133.
- 872 Fernández-Ruiz A, Oliva A, Soula M, Rocha-Almeida F, Nagy GA, Martin-Vazquez G,  
873 Buzsáki G (2021) Gamma rhythm communication between entorhinal cortex and  
874 dentate gyrus neuronal assemblies. *Science* 372:eabf3119.
- 875 Fries P (2005) A mechanism for cognitive dynamics: neuronal communication through  
876 neuronal coherence. *Trends Cogn Sci* 9:474–480.
- 877 Gervasoni D, Lin S-C, Ribeiro S, Soares ES, Pantoja J, Nicolelis MAL (2004) Global  
878 forebrain dynamics predict rat behavioral states and their transitions. *J Neurosci Off J*  
879 *Soc Neurosci* 24:11137–11147.
- 880 Goto Y, Grace AA (2008) Limbic and cortical information processing in the nucleus  
881 accumbens. *Trends Neurosci* 31:552–558.
- 882 Grosmark AD, Mizuseki K, Pastalkova E, Diba K, Buzsáki G (2012) REM sleep reorganizes  
883 hippocampal excitability. *Neuron* 75:1001–1007.
- 884 Haas HL, Rose GM (1987) Noradrenaline blocks potassium conductance in rat dentate  
885 granule cells *in vitro*. *Neurosci Lett* 78:171–174.
- 886 Hasselmo M, Schnell E (1994) Laminar Selectivity of the Cholinergic Suppression of  
887 Synaptic Transmission in Rat Hippocampal Region Ca1 - Computational Modeling  
888 and Brain Slice Physiology. *J Neurosci* 14:3898–3914.
- 889 Ho J, Tumkaya T, Aryal S, Choi H, Claridge-Chang A (2019) Moving beyond P values: data  
890 analysis with estimation graphics. *Nat Methods* 16:565–566.
- 891 Kay K, Frank LM (2019) Three brain states in the hippocampus and cortex. *Hippocampus*  
892 29:184–238.
- 893 Klausberger T, Somogyi P (2008) Neuronal diversity and temporal dynamics: the unity of  
894 hippocampal circuit operations. *Science* 321:53–57.
- 895 Lee S-H, Dan Y (2012) Neuromodulation of Brain States. *Neuron* 76:209–222.

- 896 LeGates TA, Kvarita MD, Tooley JR, Francis TC, Lobo MK, Creed MC, Thompson SM  
897 (2018) Reward behaviour is regulated by the strength of hippocampus-nucleus  
898 accumbens synapses. *Nature* 564:258–262.
- 899 Leung LS (1980) Behavior-dependent evoked potentials in the hippocampal CA1 region of  
900 the rat. I. Correlation with behavior and EEG. *Brain Res* 198:95–117.
- 901 Levita L, Dalley JW, Robbins TW (2002) Disruption of Pavlovian contextual conditioning by  
902 excitotoxic lesions of the nucleus accumbens core. *Behav Neurosci* 116:539–552.
- 903 London M, Schreiber A, Häusser M, Larkum ME, Segev I (2002) The information efficacy  
904 of a synapse. *Nat Neurosci* 5:332–340.
- 905 Maingret N, Girardeau G, Todorova R, Goutier M, Zugaro M (2016) Hippocampo-cortical  
906 coupling mediates memory consolidation during sleep. *Nat Neurosci* 19:959–964.
- 907 Manabe T, Wyllie DJ, Perkel DJ, Nicoll RA (1993) Modulation of synaptic transmission and  
908 long-term potentiation: effects on paired pulse facilitation and EPSC variance in the  
909 CA1 region of the hippocampus. *J Neurophysiol* 70:1451–1459.
- 910 Marrosu F, Portas C, Mascia M, Casu M, Fa M, Giagheddu M, Imperato A, Gessa G (1995)  
911 Microdialysis Measurement of Cortical and Hippocampal Acetylcholine-Release  
912 During Sleep-Wake Cycle in Freely Moving Cats. *Brain Res* 671:329–332.
- 913 Martin AR (1966) Quantal Nature of Synaptic Transmission. *Physiol Rev* 46:51–66.
- 914 Meyer G, Carponcy J, Salin PA, Comte J-C (2020) Differential recordings of local field  
915 potential: A genuine tool to quantify functional connectivity (vol 13, e0209001, 2018).  
916 *Plos One* 15:e0228147.
- 917 Missaire M, Fraize N, Comte J-C, Truchet B, Parmentier R, Salin P-A, Malleret G (2021)  
918 Working and Reference Memory Tasks Trigger Opposed Long-Term Synaptic  
919 Changes in the Rat Dentate Gyrus. *Cereb Cortex N Y N 1991* 31:2980–2992.
- 920 Montgomery SM, Sirota A, Buzsaki G (2008) Theta and gamma coordination of hippocampal  
921 networks during waking and rapid eye movement sleep. *J Neurosci* 28:6731–6741.
- 922 Moser EI, Moser MB, Andersen P (1994) Potentiation of dentate synapses initiated by  
923 exploratory learning in rats: dissociation from brain temperature, motor activity, and  
924 arousal. *Learn Mem Cold Spring Harb N* 1:55–73.
- 925 Mulder AB, Arts MP, Lopes da Silva FH (1997) Short- and long-term plasticity of the  
926 hippocampus to nucleus accumbens and prefrontal cortex pathways in the rat, in vivo.  
927 *Eur J Neurosci* 9:1603–1611.
- 928 Mulder AB, Hodenpijl MG, Lopes da Silva FH (1998) Electrophysiology of the hippocampal  
929 and amygdaloid projections to the nucleus accumbens of the rat: convergence,  
930 segregation, and interaction of inputs. *J Neurosci Off J Soc Neurosci* 18:5095–5102.
- 931 Nakagawa S, Schielzeth H (2013) A general and simple method for obtaining R<sup>2</sup> from  
932 generalized linear mixed-effects models. *Methods Ecol Evol* 4:133–142.

- 933 Osorio-Forero A, Cardis R, Vantomme G, Guillaume-Gentil A, Katsioudi G, Devenoges C,  
934 Fernandez LMJ, Lüthi A (2021) Noradrenergic circuit control of non-REM sleep  
935 substates. *Curr Biol CB* 31:5009-5023.e7.
- 936 Otmakhov N, Shirke AM, Malinow R (1993) Measuring the impact of probabilistic  
937 transmission on neuronal output. *Neuron* 10:1101–1111.
- 938 Pernia-Andrade AJ, Jonas P (2014) Theta-Gamma-Modulated Synaptic Currents in  
939 Hippocampal Granule Cells In Vivo Define a Mechanism for Network Oscillations.  
940 *Neuron* 81:140–152.
- 941 Perogamvros L, Schwartz S (2012) The roles of the reward system in sleep and dreaming.  
942 *Neurosci Biobehav Rev* 36:1934–1951.
- 943 Rasch B, Born J (2013) About sleep’s role in memory. *Physiol Rev* 93:681–766.
- 944 Salin PA, Scanziani M, Malenka RC, Nicoll RA (1996) Distinct short-term plasticity at two  
945 excitatory synapses in the hippocampus. *Proc Natl Acad Sci U S A* 93:13304–13309.
- 946 Schall KP, Kerber J, Dickson CT (2008) Rhythmic constraints on hippocampal processing:  
947 state and phase-related fluctuations of synaptic excitability during theta and the slow  
948 oscillation. *J Neurophysiol* 99:888–899.
- 949 Stevens CF, Wang Y (1995) Facilitation and depression at single central synapses. *Neuron*  
950 14:795–802.
- 951 Tononi G, Cirelli C (2014) Sleep and the price of plasticity: from synaptic and cellular  
952 homeostasis to memory consolidation and integration. *Neuron* 81:12–34.
- 953 Trouche S, Koren V, Doig NM, Ellender TJ, El-Gaby M, Lopes-Dos-Santos V, Reeve HM,  
954 Perestenko PV, Garas FN, Magill PJ, Sharott A, Dupret D (2019) A Hippocampus-  
955 Accumbens Tripartite Neuronal Motif Guides Appetitive Memory in Space. *Cell*  
956 176:1393-1406.e16.
- 957 Vyazovskiy VV, Cirelli C, Pfister-Genskow M, Faraguna U, Tononi G (2008) Molecular and  
958 electrophysiological evidence for net synaptic potentiation in wake and depression in  
959 sleep. *Nat Neurosci* 11:200–208.
- 960 Winson J, Abzug C (1977) Gating of neuronal transmission in the hippocampus: efficacy of  
961 transmission varies with behavioral state. *Science* 196:1223–1225.
- 962 Zhang C-L, Houbaert X, Lepleux M, Deshors M, Normand E, Gambino F, Herzog E, Humeau  
963 Y (2015) The hippocampo-amygdala control of contextual fear expression is affected  
964 in a model of intellectual disability. *Brain Struct Funct* 220:3673–3682.
- 965  
966  
967
- 968
- 969

970  
971  
972  
973  
974  
975  
976

### Figure Legends

977 **Figure 1. The response at the perforant path-dentate gyrus (PP-DG) synapse is**  
978 **increased during waking compared to sleep states. A.** Sagittal section of the rat brain  
979 illustrating the schematic locations of recording and electrical stimulation sites. In one group  
980 of rats, synaptic responses were evoked at the perforant path (PP) to the dentate gyrus (DG)  
981 synapse and in another group of rats, the synaptic responses were evoked at the Schaffer  
982 collaterals (SC) to CA1 area of the dorsal Hpc synapse and at the fornix (Fx) to the medial  
983 prefrontal cortex (PFC), the nucleus accumbens (NAc) and the amygdala (Amy) synapses. **B.**  
984 To evoke responses of the PP-DG synapse, stimulating electrodes were located in the PP  
985 (close to the medial entorhinal cortex) and an array of 8 recording electrodes were placed in  
986 the superior blade of the DG of the dorsal Hpc. **C.** Top: typical single fEPSP trace during the  
987 four vigilance states. Right: enlargement of the initial part of the single fEPSPs showing their  
988 slopes (superimposed traces). Scales: 0.2mV; 2.5ms. Middle: Dynamics of the vigilance states  
989 during one hour of recordings (diurnal period). Bottom: Modulation of the synaptic responses  
990 in the same animal during the same period. Thick arrows indicate increase in synaptic  
991 response, observed during AW, while dashed arrows show a decrease in synaptic responses,  
992 usually observed during REM. Data were normalized to the average of the synaptic slopes  
993 obtained during a continuous 24h period. **D.** Average of synaptic responses for AW, QW,  
994 NREM and REM during 24h of continuous recording in one animal. Scale bars: 0.2mV;

995 2.5ms. **E.** During wakefulness synaptic responses increased compared to sleep (Friedman test,  
996  $\chi^2(3) = 30$ ,  $p = 1.38e^{-06}$ ,  $n = 10$  rats). During REM, synaptic responses drop significantly  
997 compared to all other vigilance states. The number of fEPSPs analyzed was 5044 for AW,  
998 4089 for QW, 7595 for NREM and 2241 for REM. **F.** The slope of the synaptic responses  
999 changed rapidly during transitions between two distinct vigilance states. The normalized slope  
1000 of synaptic responses was averaged at the four points of each sequence. Synaptic transmission  
1001 rapidly decreased within 30 seconds during the transitions AW-QW, QW-NREM and NREM-  
1002 REM and increased during the transition REM-AW. Transitions between vigilance states  
1003 were first selected and then the synaptic responses were averaged for each rat at the four  
1004 points of each sequence 30 seconds apart. Only the most frequent transitions are illustrated  
1005 (mean $\pm$ SEM). **G.** Intra-episode modulation of synaptic response at the PP-DG synapse. Slope  
1006 quantification was obtained by subdividing each vigilance state episode in three bouts. During  
1007 REM, synaptic responses rapidly decreased while synaptic responses were not significantly  
1008 modulated during the other vigilance state episodes. **H.** Modulation of paired-pulse depression  
1009 during vigilance states. Paired-pulse depression decreased during REM compared to  
1010 wakefulness suggesting that presynaptic mechanisms could be involved in the modulation of  
1011 synaptic slopes.

1012

1013 **Figure 2. Schaffer collaterals-CA1 and fornix-medial prefrontal cortex evoked synaptic**  
1014 **responses are increased during NREM sleep and quiet wake compared to active wake**  
1015 **and REM sleep. A.** To evoke responses at the Schaffer collaterals to CA1 (SC-CA1) synapse  
1016 two stimulating electrodes were placed in the stratum radiatum of area CA3 of the dorsal Hpc.  
1017 In the same rats, two recording electrodes were placed in the CA1 area of the dorsal Hpc. **B.**  
1018 Modulation of SC-CA1 synaptic responses during the sleep-wake cycle. Top: Single fEPSP  
1019 trace during AW, QW, NREM and REM. Right: enlargement of the initial part of the single

1020 fEPSPs showing their descending slopes (superimposed traces). Scales: 0.5mV; 10ms.  
1021 Middle: dynamics of the vigilance states during one hour of recordings during the diurnal  
1022 period. Bottom: modulation of the normalized synaptic responses in the same animal during  
1023 the same period. Thick arrows indicate increase in synaptic slope, observed during NREM,  
1024 while dashed arrows show a decrease in synaptic transmission, more specifically observed  
1025 during REM. **C.** Average of synaptic responses at CA3-CA1 synapse during 24h (same rat as  
1026 in A). Scale: 1mV; 2.5ms. **D.** Each state of vigilance corresponds to a specific modulation of  
1027 synaptic responses at CA3-CA1 synapse. During NREM, synaptic responses were increased  
1028 compared to the other states although during REM, synaptic responses decrease significantly  
1029 compared to all other vigilance states. The large circles represent the average (with SEM) of  
1030 individual data from each rat (indicated by small circles). The number of fEPSPs analyzed  
1031 was 6987 for AW, 7126 for QW, 9345 for NREM and 2937 for REM, n=11 rats). **E.** Synaptic  
1032 responses changed rapidly during transitions between vigilance states at CA3-CA1 synapse.  
1033 An increase in fEPSP was observed between the transition from AW to QW, the transition  
1034 from QW to NREM and the transition from REM to AW. On the other hand, the synaptic  
1035 response decreased sharply from NREM to REM. **F.** To evoke responses at the fornix to the  
1036 PFC (Fx-PFC) synapse, two stimulating electrodes were placed in the fornix and two  
1037 recording electrodes were placed in the prelimbic area (PL) of the PFC. **G.** Modulation of Fx-  
1038 PFC synaptic responses during the sleep-wake cycle. Top: Single fEPSP trace during AW,  
1039 QW, NREM and REM. Right: enlargement of the initial part of the single fEPSPs showing  
1040 their descending slopes (superimposed traces). Middle: dynamics of the vigilance states  
1041 during one hour of diurnal period. Bottom: the time course of synaptic responses in the same  
1042 animal during the same period. Thick arrows indicate an increase in synaptic response in QW  
1043 and NREM and a decrease in AW and REM. **H.** Average of Fx-PFC synaptic responses  
1044 during 24h (same rat as in G). Arrow indicates the synaptic response (P10 positive response at

1045 10 ms). Scale: 0.2mV, 5ms. **I.** At the Fx-PFC synapse, responses during NREM were  
1046 increased compared to AW and REM. Responses at this synapse were also increased during  
1047 QW compared to AW (n = 9 rats). **J.** At the Fx-PFC synapse, a decrease in evoked responses  
1048 was observed during transition between NREM and REM. For each transition between states  
1049 represented, the slope of the fEPSP was computed for the two last responses of a given state,  
1050 and for the two first responses of the following state for each animal.

1051

1052 **Figure 3. Responses at the fornix-nucleus accumbens and fornix-amygdala synapses**  
1053 **were modulated during the sleep-wake cycle. A.** To evoke responses at the fornix to the  
1054 NAc (Fx-NAc) synapse, two stimulating electrodes were placed in the fornix and two  
1055 recording electrodes were placed in the shell of the NAc. **B.** Top: Single fornix-nucleus  
1056 accumbens synaptic response trace during AW, QW, NREM and REM. Arrows indicate the  
1057 P10 and P25 evoked responses (positive responses respectively at 10 and 20-30 ms). Right:  
1058 enlargement of the initial part of the single fEPSPs showing their slopes (superimposed  
1059 traces). Middle: dynamics of the vigilance states during one hour of recordings during the  
1060 diurnal period. Bottom: the time course of synaptic responses in the same animal during the  
1061 same period. Thick arrows indicate an increase in synaptic response during REM. Data were  
1062 normalized to the average of the slope of the synaptic response obtained during a continuous  
1063 24h period. **C.** Average of the fornix-nucleus accumbens synaptic responses during 24h (same  
1064 animal as in A). **D.** The Fx-NAc synaptic responses were increased during REM compared to  
1065 wakefulness and NREM (n=11 rats). **E.** Responses changed rapidly during transitions  
1066 between vigilance states at the fornix-nucleus accumbens synapse. A rapid increase in fEPSP  
1067 slope was observed during transitions between NREM and REM although a decrease was  
1068 found at the transition between REM and AW. **F.** To evoke responses at the fornix to the  
1069 amygdala (Fx-Amy) synapse, two stimulating electrodes were placed in the fornix and two

1070 recording electrodes were placed in the basolateral amygdala. **G.** The slopes of synaptic  
1071 responses tend to increase during AW. Top: Single fornix-amygdala synaptic response trace  
1072 during AW, QW, NREM and REM. Arrows indicate the P10 and P25 evoked responses  
1073 (positive responses respectively at 10 and 20-30 ms). Right: enlargement of the initial part of  
1074 the single fEPSPs showing their slopes (superimposed traces). Middle: dynamics of the  
1075 vigilance states during one hour of recordings during the diurnal period. Bottom: the time  
1076 course of synaptic responses in the same animal during the same period. Thick arrows  
1077 indicate frequent increases in synaptic response during AW. **H.** Average of the Fx-Amy  
1078 synaptic responses (same animal as in G). Arrow indicates the P10 synaptic response. **I.** The  
1079 Fx-Amy synaptic responses were increased during wakefulness compared to NREM (n= 9  
1080 rats). **J.** Modulation of synaptic responses at the Fx-Amy synapse during transitions between  
1081 vigilance states. A decrease in synaptic slope was observed during transitions between AW  
1082 and QW. Transitions between vigilance states were first selected and then the synaptic  
1083 responses were averaged at the four points of each sequence for each animal. Scale bars:  
1084 0.2mV, 5ms.

1085

1086 **Figure 4. Correlation between the synaptic responses and the magnitude of pre-stimulus**  
1087 **oscillations. A.** Correlations between pre-stimulus oscillation power and synaptic slope at the  
1088 PP-DG synapse during the sleep-wake cycle (from left to right: AW, QW, NREM and REM).  
1089 **A1.** The color code corresponds to the correlations between the different frequency bands  
1090 (SO, slow waves: 0.5-2 Hz,  $\delta$  (delta): 2-4 Hz,  $\theta$  (theta): 5-8 Hz,  $\sigma$  (sigma): 9-14 Hz,  $\gamma$ L (low  
1091 gamma): 38-45 Hz;  $\gamma$ H (high gamma): 55-95 Hz) and the synaptic slope. Measurement of the  
1092 power of the filtered LFP was carried out over a pre-stimulus period of 2s for slow wave, 1s  
1093 for delta oscillations, 500ms for theta and sigma and 250ms for low and high gamma  
1094 oscillations. The different regression lines (lm function of R, grey lines) correspond to the



1095 correlation (linear fitting curve and confidence interval) obtained for each rat (24h  
1096 recordings). At the PP-DG synapse, during AW, synaptic slopes were negatively correlated  
1097 with the magnitude of theta oscillations ( $R^2_m = 0.042$ ,  $p = 1.23e^{-06}$ ; beta estimate ( $\beta$ ):  
1098 normalized synaptic slope (%)/oscillation power,  $\beta = -2.35$ ;  $n = 10$  rats). During QW as well,  
1099 fEPSPs were negatively correlated with theta oscillations, but also with delta, sigma and  
1100 gamma oscillations ( $R^2_m = 0.093$ ,  $p = 6.16e^{-14}$ ; for delta:  $\beta = -5.28$ , theta:  $\beta = -4.12$ , sigma:  
1101  $\beta = -5.06$ , low gamma:  $\beta = -2.93$ , high gamma:  $\beta = -2.98$ ) as for NREM ( $R^2_m = 0.087$ ,  $p =$   
1102  $3.02e^{-12}$ , delta:  $\beta = -2.62$ , theta:  $\beta = -3.91$ , sigma:  $\beta = -3.86$ , low gamma:  $\beta = -1.91$ , high gamma:  
1103  $\beta = -2.82$ ). In contrast, during REM, fEPSP slopes were positively correlated with the slow  
1104 oscillations although negatively correlated with theta, sigma and gamma oscillations ( $R^2_m =$   
1105  $0.073$ ,  $p = 2.38e^{-14}$ , SO:  $\beta = 3.97$ , theta:  $\beta = -5.35$ , sigma:  $\beta = -3.27$ , low gamma:  $\beta = -3.89$ ,  
1106 high gamma:  $\beta = -5.35$ ). **A2.** Detailed observation of A1: the correlation between synaptic  
1107 slopes at the PP-DG and the magnitude of theta during REM. The different grey regression  
1108 lines correspond to the results obtained for each animal and the black regression line  
1109 corresponds to the regression line obtained for the entire dataset. The correlation was negative  
1110 for all rats. **B.** At the SC-CA1 synapse, during AW, synaptic slopes were positively correlated  
1111 with the slow oscillations although negatively correlated with the low gamma oscillations  
1112 ( $R^2_m = 0.031$ ,  $p = 0.0047$ , for SO:  $\beta = -1.01$  and for low gamma:  $\beta = 1.204$ ;  $n = 10$  rats). In  
1113 contrast, during REM, fEPSPs were positively correlated with the slow oscillations although  
1114 negatively correlated with high gamma oscillations ( $R^2_m = 0.008$ ,  $p = 0.010$ , for SO:  
1115  $\beta = 2.204$  and for high gamma:  $\beta = -2.53$ ). **C.** At the Fx-PFC synapse, during AW, we found a  
1116 positive correlation with sigma ( $R^2_m = 0.005$  and  $p = 0.0048$ , for sigma:  $\beta = 6.25$ ;  $n = 9$  rats)  
1117 and, during REM, a positive correlation with theta ( $R^2_m = 0.019$  and  $p = 0.003$ ; for theta:  
1118  $\beta = 7.07$ ). **D.** Matrix representing the beta parameters of the significant correlations between  
1119 the synaptic slopes and the power of the different frequency bands for the three cortical

1120 synapses. Estimates in blue are negative while estimates in red are positive. The intensity of  
1121 the color scale indicates the level of the beta estimates.

1122

1123 **Figure 5. Correlation between the phase of theta oscillations and the synaptic responses.**

1124 **A.** At the PP-DG synapse, modulation of the synaptic slope by the pre-stimulus theta phase  
1125 during active wake (AW, purple) and REM sleep (REM, green). Top: superimposed single  
1126 traces representing the raw data (black), the filtered data in the theta band (blue) and the theta  
1127 phase (red). The black arrows indicate the time of the electrical stimulation and synaptic  
1128 response. Bottom: Superimposed correlations (grey dots) between the theta phase (from  $-180^\circ$   
1129 to  $540^\circ$ ) and the synaptic slopes of data acquired over 24h ( $n=10$  rats) during AW (left) and  
1130 REM (right). On the same graphs, average correlation of the entire data set (purple dots for  
1131 AW and green dots for REM) and the superimposed fitting curve (red). The theta phase  
1132 randomized surrogate data generation of the entire data set is represented by a dark line and  
1133 the confidence interval by the thickness of this line (500 randomizations). Fitting of the  
1134 correlation results indicates that the period of the sinusoid is  $175.5 \pm 11.1^\circ$  ( $R^2 = 0.48$ ,  $p =$   
1135  $0.003$ ) and  $189.4 \pm 13.9^\circ$  ( $R^2 = 0.42$ ,  $p = 0.01$ ) for AW and REM respectively. **B.** Same as in A  
1136 for the SC-CA1 synapse. Fitting of the correlation results indicates that the period of the  
1137 sinusoid is  $175.5 \pm 11.1^\circ$  ( $R^2 = 0.48$ ,  $p = 0.003$ ) and  $189.4 \pm 13.9^\circ$  ( $R^2 = 0.42$ ,  $p = 0.01$ ) for AW  
1138 and REM respectively. Fitting of the correlation results indicates that the period of the  
1139 sinusoid is  $175.5 \pm 11.1^\circ$  ( $R^2 = 0.48$ ,  $p = 0.003$ ) and  $189.4 \pm 13.9^\circ$  ( $R^2 = 0.42$ ,  $p = 0.01$ ) for AW  
1140 and REM respectively. **C.** Same as in A and B for the Fx-PFC synapse. The correlation of the  
1141 entire data set was fitted by a sinusoid (period:  $90.1 \pm 2.8^\circ$ ,  $R^2 = 0.42$ ,  $p = 0.003$ ) for AW.  
1142 During REM, the correlation between theta phase and synaptic slope was not fitted by a  
1143 sinusoidal function ( $R^2 = 0.15$ ,  $p = 0.85$ ). ns: non-significant. **D.** The 2 graphs show where the  
1144 phase relationship of the synaptic slope maximum to the  $180^\circ$  period sinusoid (PP-DG and

1145 SC-CA1) or 90° period sinusoid (Fx-PFC connected by a dashed line) in AW (purple dots)  
1146 and REM (green dots). The mean of the maximum synaptic slope is also shown (y:±SEM)  
1147 relative to the surrogate (dark gray dots). At the PP-DG synapse, synaptic slopes tend to  
1148 increase weakly at the rising phase of the theta waves during AW (phase: -118.5±11.1°,  
1149 increase in synaptic slope 100.72±0.17% (surrogate: 99.8±0.2%)) and REM (phase: -  
1150 92.3±13.9° increase in synaptic slope 101.45±0.34% (surrogate: 100.7±0.3%)). At the SC-  
1151 CA1 synapse, synaptic slopes tend to increase weakly at the top of the theta waves during AW  
1152 (phase: -9.03±7.5°, increase in synaptic slope: 101.11±0.13% (surrogate: 99.9±0.21%)) and  
1153 REM (phase: -3.6±7.2°, increase in synaptic slope 101.72±0.19% (surrogate: 99.9±0.24%)).  
1154 At the Fx-PFC synapse, synaptic slopes tend to increase weakly at two phases of the theta  
1155 waves during AW (phase: -167.29±7.9° and increase in synaptic slope: 102.2±0.49%  
1156 (surrogate: 99.9±0.6%) and phase: 12.3±7.8°, (surrogate: 100.9±0.5%)). Scale bars: 250 ms  
1157 and 0.1mV.

1158

1159 **Figure 6. Correlation between the theta frequency and the synaptic responses. A.** At the  
1160 PP-DG synapse, theta frequency and synaptic slope were negatively correlated. Top-left:  
1161 sample data with the raw trace (black) and the filtered theta band (red) and bottom-left the  
1162 correlation between theta frequency and synaptic slope during AW for one rat. Arrow shows  
1163 the synaptic response. Middle, the correlations were calculated with the entire dataset (AW: r  
1164 = -0.10, p = 4.6e<sup>-15</sup>; QW: r = -0.03, p = 0.02; NREM: r = -0.03, p = 0.003; REM: r = -0.11, p  
1165 = 8.0e<sup>-09</sup>; n = 10 rats). Only the linear fitting curves (and their confidence interval) are shown  
1166 for the different vigilance states. Right: the correlation coefficient (corrected with Fisher z-  
1167 transformation) of all rats was weaker in QW than in AW and REM (Friedman test,  $\chi^2(3) =$   
1168 10.92, p = 0.0018, followed by post-hoc Dunn's test, AW vs QW p = 0.03; REM vs QW p =  
1169 0.04). **B.** At the SC-CA1 synapse, a negative correlation between theta frequency and

1170 synaptic slope was found in AW and sleep but not in QW. Left: Correlation between theta  
1171 frequency and synaptic slope during REM for one rat. Middle, correlations during AW:  $r = -$   
1172  $0.08$ ,  $p < 2.2e^{-16}$ ; QW:  $r = -0.006$ ,  $p = 0.2$ ; NREM:  $r = -0,04$ ,  $p < 2.2e^{-16}$ ; REM:  $r = -0.09$ ,  $p <$   
1173  $2.2e^{-16}$ ,  $n = 11$  rats. Right: the correlation coefficient (corrected with Fisher z-transformation)  
1174 of all rats was weaker in QW than in AW and REM (Friedman test,  $\chi^2(3) = 21.44$ ,  $p = 8.54e^{-5}$ ,  
1175 post-hoc Dunn's test, AW vs QW  $p = 7.27e^{-4}$ ; REM vs QW  $p = 8.74e^{-4}$ ). C. At the Fx-PFC  
1176 synapse, responses were negatively correlated with theta frequency in wakefulness but not in  
1177 sleep. Left : correlation between theta frequency and synaptic slope during AW for one rat.  
1178 Middle: correlations during AW:  $r = -0.04$ ,  $p < 0.006$ ; QW:  $r = -0.03$ ,  $p = 0.01$ ; NREM:  $r = -$   
1179  $0.009$ ,  $p = 0.4$ ; REM:  $r = -0.03$ ,  $p = 0.15$ ,  $n = 9$  rats. Right : a difference in correlation  
1180 coefficients was observed between AW and NREM (Friedman test,  $\chi^2(3) = 10.73$ ,  $p = 0.013$ ,  
1181 post-hoc Dunn's test  $p = 0.02$ ).

1182

1183 **Figure 7. Covariation of the synaptic responses between the three hippocampal efferent**  
1184 **pathways. A.** Correlation of the synaptic slopes between pairs of synapses during the sleep-  
1185 wake cycle. The rationale for the experiment is presented in the inset (top) on a sagittal  
1186 section of the rat brain that illustrates the site of electrical stimulation in the fornix  
1187 corresponding to the hippocampal axons that connect neurons in the PFC, the NAc and the  
1188 Amy. Left top to bottom: time course of synaptic slopes (normalized) for the 3 efferent  
1189 pathways of a rat for 50 minutes. The evolution of the synaptic slopes is superimposed to  
1190 illustrate the covariation of the responses. Covariations are indicated by arrows. Right and  
1191 from top to bottom, the graphs show the correlations between the slope of Fx-PFC and Fx-  
1192 NAc synapses (top), between the slope of Fx-NAc and Fx-Amy synapses (middle) and  
1193 between the slope of Fx-PFC and Fx-Amy synapses (bottom) and the linear fitting curve with  
1194 the confidence interval (same data as in left). **B.** The dark gray linear fitting curves correspond

1195 to two-by-two correlations of the slopes of the 3 synapses from one rat during the vigilance  
1196 states (AW, QW, NREM and REM). The colored curves are the linear fitting curve (with the  
1197 confidence interval, the Pearson correlation coefficient ( $r$ ) and the  $p$  value) of the data  
1198 correlations obtained from 8 rats. **C.** The correlation coefficients ( $r$  coefficient corrected with  
1199 Fisher  $z$ -transformation; Fisher transformation explains why values are higher than 1) were  
1200 not modulated by the sleep-wake cycle ( $p > 0.05$ , Friedman test,  $n = 8$  rats). From left to right,  
1201 for each vigilance state, the slope of the linear fitting curves of the correlations between the  
1202 responses of Fx-NAc and Fx-PFC synapses, between Fx-Amy and Fx-PFC synapses, and  
1203 between Fx-NAc and Fx-Amy synapses. **D.** comparison of the correlations of the synaptic  
1204 slopes between the 3 pairs of synapses regardless of the vigilance states (correlation between  
1205 Fx-PFC and Fx-NAc synapses ( $r = 0.88 \pm 0.15$ ); correlation between Fx-PFC and Fx-Amy  
1206 synapses ( $r = 0.06 \pm 0.03$ ); correlation between Fx-NAc and Fx-Amy synapses ( $r = 0.07 \pm 0.02$ ),  
1207  $n = 8$  rats, 14016 responses for the 3 synapses). The level of correlation was much higher for  
1208 the Fx-NAc/Fx-PFC pair than for the Fx-Amy/Fx-PFC and Fx-NAc/Fx-Amy pairs (Friedman  
1209 test,  $\chi^2(2) = 12.56$ ,  $p = 0.0018$ , followed by post-hoc Dunn's test,  $p = 0.002$  between the  
1210 correlation Fx-PFC and Fx-NAc synapses and the correlation Fx-PFC and Fx-Amy synapses;  
1211  $p = 0.016$  between the correlation Fx-PFC and Fx-NAc synapses and the correlation Fx-NAc  
1212 and Fx-Amy synapses).

1213

1214 **Figure 1-1. Histological verification of electrode implantations.** **A.** Electrode implantation  
1215 at the PP-DG synapse. Left: Location of the stimulation electrodes in the PP for individual  
1216 rats. Right: location of the recording electrode arrays in the DG for individual rats. **B.**  
1217 Microphotography of a coronal brain section showing the location of the perforant path  
1218 stimulation electrodes. **C.** Location of the recording electrodes in the dentate gyrus of the  
1219 dorsal hippocampus. **D.** location of the stimulation (CA3) and recording (CA1) electrodes at

1220 the CA3-CA1 synapse. **E.** location of the stimulation electrodes in the fornix. **F.** Location of  
1221 the recording electrodes in the PFC (prelimbic area). **G.** Location of the recording electrodes  
1222 in the NAc (shell). **H.** Location of the recording electrodes in the Amy (basolateral amygdala)  
1223 in individual rats. **I.** Location of the stimulation (CA3) and recording electrodes (CA1) in a  
1224 coronal section of the dorsal hippocampus. **J.** Location of a stimulation electrode in the  
1225 fornix. **K.** Location of recording electrodes in the PFC (prelimbic area). **L.** Location of  
1226 recording electrodes in the NAc (shell). **M.** Location of recording electrodes in the Amy  
1227 (basolateral area).

1228

1229 **Figure 1-2. Row A-E.** graphs illustrating the quantification performed successively for PP-  
1230 DG, SC-CA1, Fx-PFC, Fx-NAc and Fx-Amy synapses. **Column 1 Left and Middle:**  
1231 Analysis of the entire dataset using estimation statistics (with DABEST package under R (Ho  
1232 et al., 2019)) leads to similar results as computed per rat (Figures 1-3). **Left:** Estimation  
1233 graphic with the plot of the entire datasets for each vigilance state, the standard deviation  
1234 (SD) for each group (vertical dark bars) and the mean value (gap in the vertical dark bar).  
1235 **Middle :** the 95% confidence interval of the mean difference between vigilance states was  
1236 obtained by performing bootstrap resampling (black vertical bars). The black dots represent  
1237 the mean difference between AW and the other vigilance states. The zero level of these  
1238 graphs corresponds to the synaptic slope values in AW. The curves show the resampled  
1239 distribution of the mean difference. **Column 2:** Variability of synaptic slopes assessed by the  
1240 coefficient of variation (CV,  $CV = SD/mean$ ) at each synapse. At the PP-DG synapse, the CV  
1241 is greater in REM than in AW. At the SC-CA1 synapse, the CV is higher in AW than in QW  
1242 and NREM. The CV is also higher in REM than in NREM. At the Fx-PFC synapse the CV is  
1243 higher in AW than in QW and NREM. At the Fx-NAc synapse the CV is higher in AW than

1244 in NREM and REM. The CV is also higher in QW than in REM. At the Fx-Amy synapse the  
1245 CV is higher in AW than in NREM and REM.\*\*\*  $p < 0.001$ , \*\*  $p < 0.01$ , \*  $p < 0.05$ .

1246

1247 **Figure 1-3. A. Sleep-Wake cycle transitions.** Modulation of synaptic slope during  
1248 transitions between QW and AW, AW and NREM, NREM and AW, REM and QW and  
1249 finally between NREM and QW. These transitions were less frequent than the transitions  
1250 shown in Figures 1-3. There were several significant changes in synaptic slope during the  
1251 transitions, particularly at the PP-DG and SC-CA1 synapses. At these 2 synapses the change  
1252 in slope is large and sometimes rapid within 30s. We also observe slope changes at the Fx-  
1253 PFC, Fx-NAc and Fx-Amy synapses for some transitions. **B.** Intra-episode modulation of  
1254 synaptic slopes at the SC-CA1 synapse. Slope quantification was obtained by subdividing  
1255 each vigilance state episode in three bouts. During NREM, synaptic slopes increased while  
1256 during REM, synaptic responses rapidly decreased. Intra-episode modulation of synaptic  
1257 efficacy at the Fx-PFC, Fx-NAc and Fx-Amy synapses. No modulation of synaptic slope was  
1258 observed during the vigilance states. **C.** Modulation of Paired-Pulse Facilitation (PPF) at the  
1259 SC-CA1 synapse (inter-stimulus interval 50ms) by vigilance states. Paired-pulse ratio  
1260 increased during REM compared to wakefulness. At this synapse, paired-pulse ratio also  
1261 increased during AW compared to QW and decreased during NREM compared to REM. In  
1262 contrast, no modulation of paired-pulse ratio at the Fx-PFC and Fx-NAc synapses was found  
1263 during the sleep-wake cycle. \*\*\*  $p < 0.001$ , \*\*  $p < 0.01$ , \*  $p < 0.05$ . Scale bars: 10ms, 0.5mV.

1264

1265 **Figure 4-1. Ongoing local field potentials during the sleep-wake cycle.** **A.** Top: Bouts of  
1266 LFP recording during the sleep-wake cycle in the 5 structures studied (DG, CA1, PFC, NAc  
1267 and Amy). Bottom: traces of EMG recordings during the sleep-wake cycle. **B.** Spectral  
1268 analysis (mean $\pm$ SEM) in DG, CA1, PFC, NAc and Amy during wakefulness and sleep.

1269 NREM was characterized by delta oscillations although AW and REM were identified by  
1270 prominent theta oscillations. **C.** Spectral analysis of LFP in DG and CA1 at the beginning,  
1271 middle and end of the REM episodes (n = 6). **D.** Simultaneous recordings of LFP bouts of  
1272 phasic theta during REM recorded in CA1, PFC, NAc and Amy. **E.** Percentage of vigilance  
1273 state amount in a group of rats before and after 24 hours of electrical stimulation of CA3 area  
1274 and fornix (n=15). No change in the amount of vigilance states was observed after continuous  
1275 electrical stimulation. IS: intermediate sleep.

1276

1277 **Figure 4-2. A.** Correlation between oscillation power and the synaptic slope at the Fx-NAc  
1278 and at the Fx-Amy synapses (related to Figure 4). **A1.** At the Fx-NAc synapse, no correlation  
1279 was found in AW ( $R^2_m = 0.001$ ,  $p = 0.8$ ; 9 rats), QW ( $R^2_m = 0.003$ ,  $p = 0.8$ ), NREM ( $R^2_m =$   
1280  $0.001$ ,  $p = 0.1$ ) and REM ( $R^2_m = 0.009$  and  $p = 0.4$ ). **A2.** No significant correlation was also  
1281 found at the Fx-Amy synapse in AW ( $R^2_m = 0.002$ ,  $p = 0.051$ ; 9 rats), QW ( $R^2_m = 0.002$ ,  $p =$   
1282  $0.9$ ), NREM ( $R^2_m = 0.007$ ,  $p = 0.06$ ) and REM ( $R^2_m = 0.002$  and  $p = 0.9$ ). **B1.** Correlation  
1283 between theta phase and the synaptic slope at the Fx-NAc synapse (related to Figure 5).  
1284 Fitting of the correlation results indicates that the period of the sinusoid is  $176.6 \pm 11.7^\circ$  ( $R^2 =$   
1285  $0.43$ ,  $p = 0.003$ ) and  $176.5 \pm 12^\circ$  ( $R^2 = 0.44$ ,  $p = 0.002$ ) for AW and REM respectively. **B2.**  
1286 Correlation between theta phase and the synaptic slope at the Fx-Amy synapse. Fitting of the  
1287 correlation results indicates that the period of the sinusoid is  $91.13 \pm 2.1^\circ$  ( $R^2 = 0.63$ ,  $p = 3.6e^{-5}$ )  
1288 and  $90.1 \pm 1.5^\circ$  ( $R^2 = 0.76$ ,  $p = 5.5e^{-7}$ ) for AW and REM respectively. **B3.** The graph shows  
1289 where the phase relationship of the synaptic slope maximum to the  $180^\circ$  period sinusoid (Fx-  
1290 NAc) or  $90^\circ$  period sinusoid (Fx-Amy connected by a dashed line) in AW (purple dots) and  
1291 REM (green dots). The mean of the maximum synaptic slope is also shown ( $y \pm \text{SEM}$ ) relative  
1292 to the surrogate (dark gray dots). At the Fx-NAc synapse, synaptic slopes tend to increase  
1293 weakly at the top of the theta waves during AW (phase:  $-17.71 \pm 11.7^\circ$ , increase in synaptic



1294 slope:  $102.48 \pm 0.5\%$  (surrogate:  $100.09 \pm 0.57\%$ ) and at the trough of the theta waves during  
1295 REM (phase:  $149.39 \pm 14.05^\circ$ , increase in synaptic slope:  $102.72 \pm 0.61\%$  (surrogate:  
1296  $100.73 \pm 0.65\%$ ). At the Fx-Amy synapse, synaptic slopes tend to increase weakly at the rising  
1297 phase of the theta waves during AW (phase:  $-75.36 \pm 5.65^\circ$ , increase in synaptic slope:  
1298  $101.22 \pm 0.19\%$  (surrogate:  $99.68 \pm 0.31\%$ ) and at the decaying phase of the theta waves  
1299 ( $107.9 \pm 5.6^\circ$  (surrogate:  $100.37 \pm 0.31\%$ )). During REM, synaptic slopes tend to increase  
1300 weakly at the top of the theta waves (phase:  $-25.11 \pm 3.35^\circ$ , increase in synaptic slope:  
1301  $101.46 \pm 0.17\%$  (surrogate:  $100.29 \pm 0.29\%$ ) and at the trough of the theta waves ( $156.3 \pm 3.35^\circ$   
1302 (surrogate:  $100.47 \pm 0.29\%$ )). **C. Correlation between theta frequency and the synaptic slope**  
1303 (related to Figure 6). **C1.** No correlation was found between the theta frequency and the  
1304 synaptic slope at the Fx-NAc synapse (AW:  $r = 0.015$ ,  $p = 0.24$ ; QW:  $r = -0.002$ ,  $p = 0.9$ ;  
1305 NREM:  $r = 0.006$ ,  $p = 0.5$ ; REM:  $r = 0.02$ ,  $p = 0.14$ ;  $n = 11$  rats). No significant correlation  
1306 was observed at this synapse between vigilance states (Friedman test,  $\chi^2(3) = 0.71$ ,  $p = 0.87$ ).  
1307 **C2.** No correlation was found between the theta frequency and the synaptic slope at the Fx-  
1308 Amy synapse (AW:  $r = -0.003$ ,  $p = 0.74$ ; QW:  $r = -0.03$ ,  $p = 0.06$ ; NREM:  $r = -0.005$ ,  $p = 0.6$ ;  
1309 REM:  $r = 0.03$ ,  $p = 0.09$ ;  $n = 9$  rats). No significant correlation was observed at this synapse  
1310 between vigilance states (Friedman test,  $\chi^2(3) = 4.06$ ,  $p = 0.25$ ). Scale: 0.5mV, 500ms. **D.**  
1311 Schematic representation of the main results. This diagram, which represents a summary of  
1312 the main results, shows that the 2 states of wakefulness and sleep exert very different roles on  
1313 synaptic slopes. REM decreases synaptic responses at all synapses except the one between the  
1314 hippocampus and the nucleus accumbens (Fx-NAc synapse) where it is increased. NREM  
1315 increases synaptic responses at the SC-CA1 synapse and the synapse between the  
1316 hippocampus and the prefrontal cortex. This suggests a facilitation of information transfer to  
1317 these 2 synapses during this sleep state according to a hypothesis (Rasch and Born, 2013).  
1318 Finally, the responses of the 3 cortical synapses (PP-DG, SC-CA1 and Fx-PFC), were more

1319 modulated by pre-stimulus LFP oscillations than the 2 subcortical synapses (Fx-NAc and Fx-  
1320 Amy).

1321

1322















