

# Efficacy and safety of treatments in cutaneous polyarteritis nodosa: A French observational retrospective study

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## ▶ To cite this version:

Thomas Bettuzzi, Marie Jachiet, Emilie Sbidian, Laure Frumholtz, Florence Cordoliani, et al.. Efficacy and safety of treatments in cutaneous polyarteritis nodosa: A French observational retrospective study. Journal of The American Academy of Dermatology, 2022, 86 (5), pp.1035-1041. 10.1016/j.jaad.2021.06.872. hal-03692814

## HAL Id: hal-03692814 https://hal.science/hal-03692814

Submitted on 22 Jul 2024

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Version of Record: https://www.sciencedirect.com/science/article/pii/S0190962221020211 Manuscript\_66410f79536ef992abd7b0673f3f7534

1	Efficacy and safety of treatments in cutaneous polyarteritis nodosa: a French
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28	Words: 2497
29	Abstract words: 200
30	Capsule summary: 41
31	Tables: 2

- 32 **Figures**: 3
- 33 Supplemental Data: https://data.mendeley.com/datasets/4896hc3w26/1
- 34 **Funding**: none

- 35 **Disclosures**: none to declare
- 36 Key words: vasculitis, cutaneous polyarteritis nodosa, treatment, colchicine, glucocorticoids,
- 37 azathioprine, methotrexate
- 38
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- 40
- 41 Abstract

42 Background: Cutaneous polyarteritis nodosa (cPAN) is a form of medium-sized vessel
43 vasculitis. Despite a disabling and prolonged course, data on treatment efficacy and safety
44 remain scarce.

45 **Objectives:** We aimed to describe treatment efficacy and safety in patients with cPAN.

46 Methods: This was a multicentre retrospective observational study, recording clinical and

47 biological data together with treatments received. The primary outcome was the rate of

48 complete response (CR) at month 3. Secondary outcomes included drug survival, and safety49 was assessed.

50 **Results:** We included 68 patients who received a median of 2 therapeutic lines (interquartile

51 range 1-3). Overall, 13/42 (31%) patients achieved CR with colchicine, 4/17 (23%) with

52 dapsone, 11/25 (44%) with glucocorticoids (GCs) alone, 1/9 (11%) with NSAIDs, 11/13

53 (84%) with GCs+azathioprine (AZA) and 7/15 (47%) with GCs+methotrexate. GCs+AZA

had the best drug survival (median duration 29.5 months [IQR 19.5-36.0]). Response at

55 month 3 was decreased with peripheral neurological involvement (odds ratio 0.19 [95%

56 confidence interval 0.03-0.81], p=0.04). Overall, the rate of treatment-related adverse events

57 was 18%, which led to treatment discontinuation in 7% of patients.

58 Limitation: Retrospective study

59 Conclusion: Colchicine seems to confer good benefit-risk balance in cPAN without

- 60 peripheral sensory neuropathy. GCs+AZA seems the best treatment for disease relapse.
- 61

#### Introduction 62

Polyarteritis nodosa is a rare necrotizing vasculitis affecting medium-sized vessels.<sup>1</sup> 63 Among adults, two clinical entities are distinguished: systemic polyarteritis nodosa<sup>2</sup> (sPAN), 64 an acute systemic life-threatening disease<sup>2</sup>, and cutaneous polyarteritis nodosa (cPAN), a 65 skin-limited vasculitis, although joint or peripheral sensory neurological involvement is often 66 67 associated.<sup>3</sup> The treatment of sPAN relies on high-dose glucocorticoids (GCs) associated or not with conventional immunosuppressants (ISs) according to the disease severity and on 68 plasma exchange and anti-viral therapy in patients with hepatitis B virus (HBV)-related 69 sPAN.<sup>4</sup> cPAN is a particular form of single-organ vasculitis,<sup>5</sup> with a chronic non-fatal 70 disabling course and frequent relapse.<sup>6</sup> cPAN features earlier disease onset and a female 71 predominance as compared with sPAN.<sup>6</sup> Moreover, cPAN seems unrelated to HBV,<sup>3,7</sup> and 72 evolution from cPAN to sPAN is unlikely.<sup>3,8,2</sup> 73

Several studies focused on the clinical and biological evolution of cPAN.<sup>3,6,9</sup> However, 74 to our knowledge, data on treatment efficacy remain scarce, without any consensus. First-line 75 76 treatments usually consist of colchicine, dapsone or non-steroidal anti-inflammatory drugs (NSAIDs).<sup>5,10</sup> Second-line treatment is represented by GCs, associated or not with an IS, 77 mostly azathioprine (AZA), methotrexate (MTX)<sup>5,6</sup> and more rarely cyclophosphamide 78 (CYC).<sup>5</sup> Likewise, intravenous immunoglobulins (IVIgs) are commonly used for childhood-79 onset PAN, with good response, but among adults, data are limited to case series.<sup>5,11,12</sup> 80

No study has focused on response rates with each therapeutic line.<sup>5,13</sup> Patients with 81 82 cPAN do not have poor prognostic features according to the Five Factor Score<sup>14</sup>, and the 83 place of ISs in the therapeutic armamentarium is questionable regarding the benefit-risk ratio. However, a relapsing course has been shown in up to 45% of patients receiving GCs,<sup>3</sup> so the 84 prescription of an IS is unavoidable in patients with refractory disease and disability.<sup>3,6,13</sup> 85 86 Therefore, the optimal benefit-risk balance between efficacy and adverse reactions of treatment is unknown.<sup>5</sup> 87

88

We performed an observational retrospective study to evaluate the efficacy and safety 89 of treatments used in cPAN.

90

#### 91 Methods

#### 92 Setting

93 We performed a multicentre observational retrospective study in three tertiary French 94 centers and included patients with a diagnosis of cPAN between January 1, 1998 and 95 December 31, 2018. The study was approved by the review committee for publications of the 96 Cochin University hospital (decision AAA-2021-08006) and conformed to scientific97 principles and research ethical standards.

98 Population

99 Patients >18 years old were selected from the PMSI chart of the medical information department database (International Classification of Diseases, 10<sup>th</sup> revision, code M300). We 100 101 included patients who had cutaneous involvement associated with a cutaneous biopsy 102 revealing medium-sized vessel arteritis confirmed by a pathologist. We excluded patients with 103 small-sized vessel leukocytoclasic vasculitis. Joint involvement and sensory neuropathy in the 104 same territory as the cutaneous lesions were allowed. We excluded patients with sPAN according the 2012 Chapel Hill definition<sup>1</sup>, proven adenosine deaminase 2 (ADA-2) 105 106 deficiency<sup>15</sup> and macular lymphocytic arteritis. Specifically, we excluded patients with 107 biopsy-proven nerve vasculitis. Patients with a clinical sensory-only neuropathy in the region 108 of cutaneous involvement could be included if electromyography excluded a mononeuritis 109 multiplex. We excluded patients with cPAN onset related to medication side effects.

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- 111

#### 112 Covariates of interest

113 For each patient, we collected demographic variables, including age at beginning of 114 symptoms, age at diagnosis and sex. We also recorded clinical data, including constitutional 115 symptoms, cutaneous lesions and topography, joint and neurologic involvement, and 116 biological data at baseline, including viral serologies, leukocyte count, gammaglobulin levels, 117 anti-nuclear antibody (ANA) and antineutrophil cytoplasm antibody (ANCA) positivity, 118 cryoglobulin and C-reactive protein (CRP) levels. For each treatment, we collected the 119 regimen, treatment line (e.g., first and second line), treatment duration, and efficacy and 120 safety, including all adverse events. A serious adverse drug reaction was defined as an 121 adverse event leading to hospitalization or death.

- 122
- 123 Outcomes

The primary outcome was the rate of complete response (CR) at month 3 (M3) after treatment initiation, defined as a complete disappearance of cutaneous lesions. When the treatment was changed before M3, it was considered a failure of the therapeutic line. Secondary outcomes were partial response (PR), defined by improvement of cutaneous lesions without CR and drug survival of each treatment, defined by the time from treatment initiation to treatment stop (i.e., the time that a patient remained on a particular treatment course). Each therapeutic regimen was evaluated separately. We also assessed variables
associated with CR in first-line therapy; prescription of an IS, biologics or systemic GCs; and
prescription of a second-line therapy. For the IS agent evaluation, we defined the "GC
weaning time" as the time before reaching a daily dosage < 10 mg/day.</li>

134

135 Statistics

136 We assessed variables associated with CR to a first-line therapy and to prescription of 137 an IS, biologics and systemic GCs. We used univariate logistic regression analysis to assess 138 variables potentially associated with CR, including age, sex, fever, nodules, livedo, ulcers, 139 joint involvement, neurologic involvement and baseline CRP level, estimating odd ratios 140 (ORs) and 95% confidence intervals (CIs). In a second step, given the presence of potential 141 confounders, we performed multivariate logistic regression analysis. Variables finally 142 included in the multivariable model were treatment, age, sex and those with p < 0.20 on 143 univariate analysis. Regarding secondary outcomes, the survival of each treatment was 144 assessed by the Kaplan-Meier method. Because CYC was prescribed for six IV infusions according to protocols established in ANCA-associated vasculitis<sup>16</sup> and GC monotherapy 145 146 should be tapered swiftly, we did not include them in the persistence model. AZA+GC was 147 the reference for computations. We used the Wald test to assess variables associated with CR 148 and the log-rank test to compare drug survival for the secondary outcome. All tests were two-149 tailed, and p < 0.05 were considered statistically significant. Data are expressed as median 150 (interquartile range [IQR]) for quantitative variables and number (percentage) for categorical 151 variables and were analyzed by using R CRAN 3.6.2.

152

### 153 **Results**

#### 154 Population

155 We included 68 patients (53 females, 78%); the median age at diagnosis was 39 years 156 (IQR 26-51). The clinical and biological characteristics at baseline are presented in 157 Supplemental Table 1. Median time from the beginning of cutaneous signs to diagnosis was 158 12 months (IQR 5-26). At diagnosis, 53 (78%) patients presented livedo, 47 (69%) nodules, 159 12 (18%) purpura and 11 (16%) ulcers; 22 (32%) patients had asymmetric clinical sensory 160 neuropathy of the legs confirmed by electromyography. No patients were positive for HBV, 161 HIV or hepatitis C virus. Twenty (29%) patients were positive for ANAs without specificity. 162 All patients were negative for ANCAs, cryoglobulinemia and phospholipid antibodies.

163 A total of 144 therapeutic lines were initiated, with a median number of 2 therapeutic 164 lines (IQR 1-3, range 0-8) for each patient. Altogether, 42 patients received colchicine 165 (median dosage 1 mg [IQR 1-1], 17 dapsone (median dosage 100 mg [IQR 100-100]), 8 166 hydroxychloroquine (HCQ), 9 NSAIDs, 13 GCs+AZA, and 15 GCs+MTX. Six patients also 167 received pulses of CYC, 6 patients IVIg, 2 patients rituximab (RTX) infusions and one patient 168 tocilizumab (TCZ). Median prednisone dosage at treatment initiation was 60 mg/day (60-60) 169 for CYC, 60 mg/day (50-60) for GCs alone, 30 mg/day (30-60) for both GC+AZA and 170 GCs+MTX, and 30 mg/day (20-30) for IVIg.

Therapeutic management by line of treatment is summarized in **Figure 1**. For first-line therapy, the most common treatments were colchicine for 34 (50%) patients, GC monotherapy for 15 (22%) and NSAIDs for 5 (7%). Five patients received a GCs+IS regimen and only 2 patients (3%) received dapsone for first line therapy. Four patients never received any pharmacological treatment and only received venous compression stockings, without achieving CR.

Overall, 42 (63%) patients had relapsing/refractory cPAN and received a second-line treatment, mainly dapsone (n=11), GCs (n=8), and GCs+AZA (n=7). Second-line versus no or single treatment was more frequent with sensory neuropathy (45% vs 11%, p=0.007), fever (19% vs 0%, p=0.02) and nodules (78% vs 54%, p=0.04) at the time of diagnosis (**Table 1**).

Factors associated with the prescription of systemic GCs, biologics or IS at any
therapeutic line (first, second, etc.) are presented in Supplementary Table 2.

183

#### 184 *Outcomes*

Results of the primary outcome are presented in **Figure 2.** Response rates were moderate with colchicine, dapsone and GC monotherapy: CR was 13/42 (31%), 4/17 (23%) and 11/25 (44%), respectively. For conventional IS agents, 11/13 (84%) patients achieved CR with GC+AZA but only 7/15 (46%) with GC+MTX. All patients receiving CYC pulses (6/6, 100%) achieved CR. Regarding other treatments, 5/6 (83%) patients achieved CR with IVIg, 0/2 patients with rituximab and 1/1 patient with TCZ.

In total, 21 (31%) patients achieved CR after first-line therapy. Clinical and biological factors associated with CR to first-line therapy are in **Table 2**. CR was less frequent with than without neurological involvement (2/17, 12% vs 19/51, 38%) and less likely on univariable and multivariable analysis (OR 0.22 [95% CI 0.04-1.09], p=0.06; and 0.19 [0.03-0.81], p=0.04 respectively, adjusted on treatment, age and sex). Likewise, CR was achieved with colchicine, NSAIDS or HCQ for only 2/15 (13%) patients with peripheral neuropathy versus
13/31 (42%) without (p=0.07).

Drug survival is depicted in **Figure 3**. Drug survival was greater in patients with GCs+AZA (median duration 29.5 months [IQR 19.5-36.0]) than colchicine (6 months [3-13], p=0.007), dapsone (6 months [5-11], p=0.04), HCQ (1 month [1-4], p=0.05; HCQ was stopped early for 2 patients because of intolerance and for 2 others because of lack of efficacy); and GCs+MTX (12 months [3-23], p=0.001). Drug survival did not significantly differ between GCs+AZA and NSAIDs (median duration 3 months [1-11], p=0.10) or GCs+IVIg (16 months [7-36], p=0.70).

GC dosage was decreased to < 10 mg/day for 11/13 (84%) patients receiving AZA, 5/6 with CYC (83%), 5/6 (83%) with IVIg and 5/13 (38%) with MTX, after a median of 3.5 (3-7), 7 (4-12), and 3 (2-3) months and not reached, respectively. At M3, the median GC dosage was 10 mg/day (10-14) for AZA, 12 mg/day (10-21) for MTX, 20 mg/day (20-30) for CYC, and 10 mg/day (6-10) for IVIg.

210 The rate of adverse reactions was 26/144 (18%), and treatment was stopped because of 211 adverse reactions in 10/144 (7%) of cases. Four episodes of diarrhea and 1 episode of 212 neutropenia were observed under colchicine. Patients receiving dapsone had symptomatic 213 anemia, dizziness and symptomatic methemoglobinemia in 5, 2 and 1 cases, respectively. 214 Rates of discontinuation because of adverse reactions were similar with dapsone, CYC, IVIg and HCQ (from 12% to 25% of cases) (Supplementary Table 3). The only serious adverse 215 216 reaction was peritonitis observed under CYC therapy, leading to hospitalization in the 217 intensive care unit.

Median follow-up was 60 months (IQR 16-137). Two patients died during follow-up, one death linked to colon cancer and another to ischemic cardiopathy. No death was related to the vasculitis course or treatment adverse events.

221

#### 222 Discussion

We report a large case series retrospectively evaluating treatment efficacy and safety in patients with cPAN. CR was variable for patients receiving colchicine and dapsone (31% and 24%, respectively), who showed rare and benign adverse events. Second-line therapy versus no or single therapy was more frequent with peripheral sensory neurological involvement (45% of cases), fever (19%) and nodules (78%). For patients who required second-line therapy, CR rate was good with GCs+AZA (84%), with good drug survival (median duration 29.5 months). 230 Our finding of female predominance and a median age of 40 years with cPAN is consistent with the literature.<sup>5,9</sup> Similar to results of a retrospective Japanese study, sensory 231 neurological involvement in the same territory as cutaneous lesions seemed associated with 232 poor outcomes.<sup>6</sup> Although we carefully excluded patients with sPAN, patients with sensory 233 234 neuropathy and fever had increased treatment requirements, which questions the existence of 235 a continuum between cPAN and sPAN. These systemic symptoms could characterize "cPAN 236 with systemic features", a clinical form more often requiring GC or IS treatment. In contrast, 237 we did not find any association with other clinical variables, particularly ulcers, found associated with poor outcomes in other studies.<sup>6,17</sup> In addition, we observed a large 238 heterogeneity among treating physicians, ranging from therapeutic abstention to CYC pulse 239 therapy, also reported previously.<sup>5,18,19</sup> 240

Colchicine and dapsone have been proposed as first-line therapy for cPAN<sup>5</sup>, and their 241 efficacy, although inconsistent, has been reported in several case series.<sup>18</sup> With the favorable 242 243 benefit-risk balance, our data support the use of colchicine and dapsone in patients with a 244 mild disease course. In our study, the benefit of HCQ or NSAIDs seemed more limited. 245 Nonetheless, median treatment length for HCQ was only 1 month (IQR 1-3), but HCQ takes 246 longer to work in most cases, so interpreting the primary outcome is difficult. GC monotherapy was often prescribed for cPAN in this study and in the literature.<sup>3,19,20</sup> 247 248 Nevertheless, Alibaz-Oner et al. reported that more than 45% of cPAN patients experienced 249 relapse after CR and that CR was never reached for 17% of patients, which emphasizes the 250 need to add IS to achieve sustained CR.<sup>3</sup>

AZA and MTX have been proposed for treating  $cPAN^{18,21}$ , but a head-to-head comparison has never been performed. In our study, CR was achieved more often with GCs+AZA than GCs+MTX or GCs alone, and the former exhibited longer drug survival and more frequently GC dosage decreased to < 10 mg/day. Therefore, the GCs+AZA combination might be the preferred second-line treatment. Likewise, with severe disease characterized by neurological involvement, it might be the preferred first-line option because of the decreased likelihood of CR with colchicine, NSAIDs or HCQ.

258 Considering the small size of treatment groups, we cannot draw definitive conclusions 259 regarding CYC or IVIg that might be used for refractory patients. Their exact place in the 260 treatment strategy remains unclear.

The strength of the study is the large scale considering the rare prevalence of cPAN. In addition, our sample characteristics are consistent with those in previous reports<sup>6,11</sup>, and we confirm the female predominance (3:1 sex ratio at disease onset) of cPAN versus sPAN, 264 which mainly occurs in men. The median age of 39 years at the time of diagnosis supports a 265 clinical pattern distinct from pediatric PAN and ADA-2 deficiency.<sup>8</sup> Moreover, the ANA positivity in 29% of patients agrees with previous reports.<sup>9</sup> 266

267 A first limitation is that our patients were all recruited from tertiary care centers, so 268 they might have had more severe disease. This might explain the primary resistance to 269 NSAIDs we observed as compared with other studies.<sup>10</sup> Moreover, treatment allocation was 270 not randomized, and indication biases remain. Thus, the analyses of treatment effect are less 271 precise, especially taking into account the heterogeneity of the disease. For instance, 272 colchicine and dapsone were mainly given as first and second line therapy respectively. It 273 might explain the apparent more frequent success of colchicine. However, we assessed the 274 efficacy of treatment with several outcomes, including drug survival, which might reflect a 275 balance between efficacy and safety. Specifically, sensory neuropathy could be interpreted as 276 a manifestation of sPAN, so classifying these patients is difficult. Nonetheless, sensory neuropathy was previously reported as a manifestation of cPAN,<sup>5,6,9</sup> and we excluded patients 277 278 with motor neuropathy and biopsy-proven nerve vasculitis, performed with clinical suspicion, 279 and patients were followed for a long time without changes to sPAN. Another limitation is the 280 retrospective design associated with inherent confounding bias and the risk of missing data 281 (specifically for adverse reactions). The recruitment period was long, and we cannot exclude a 282 shift in patient recruitment and therapeutic management strategy. In addition, only a few 283 patients with a recent diagnosis were included in the study, and we cannot draw definitive 284 conclusions on the treatment efficacy and safety of TCZ and RTX, which might be considered 285 a future option.

286 This study helps to better define the efficacy and safety of treatment in cPAN. It 287 supports a favorable benefit-risk balance of colchicine for mild to moderate disease (i.e., 288 without neurological involvement) and the use of GCs+AZA for severe cPAN (i.e., with 289 neurological involvement). Prospective studies remain warranted to assess the best treatment 290 for cPAN and to evaluate other treatments.

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355

356 **Table 1** Clinical characteristics of patients with cutaneous polyarteritis nodosa (cPAN) who

357 received a second-line treatment versus no or a single therapeutic line (n=68).

358

	Second-line	No or single	P-value
	treatment (n=42)	treatment (n=26)	
Age, years, median (IQR)	39 (25-49)	39 (28-56)	0.28
Sex	32 (76)	21 (81)	0.76
Fever	8 (19)	0 (0)	0.02
Livedo	30 (71)	23 (88)	0.13
Nodules	33 (78)	14 (54)	0.04
Purpura	10 (24)	2 (8)	0.11
Ulcers	7 (17)	4 (15)	0.89
Arthralgia	16 (38)	9 (35)	0.80
Sensory neuropathy	19 (45)	3 (11)	0.007
Baseline CRP level > 5 mg/L	24 (57)	9 (34)	0.08

359 Data are n (%) unless otherwise indicated.

360 IQR: interquartile range; CRP: C-reactive protein

361

 
 Table 2 Univariate and multivariate analysis of factors associated with complete remission
 

with first-line treatment. 

	Univariate analysis		Multivariate analysis	
	cOR (95% CI)	P-value	aOR (95% CI)	P-value
Age > 40 years	1.80 (0.63-5.09)	0.27	2.43 (0.79-7.83)	0.13
Sex	1.30 (0.36-4.68)	0.69	1.41 (0.39-5.88)	0.61
Livedo	0.86 (0.25-2.94)	0.81		
Nodules	0.85 (0.28-2.55)	0.77		
Purpura	0.39 (0.08-1.96)	0.26		
Ulcers	1.34 (0.35-5.20)	0.67		
Fever	0.72 (0.13-3.90)	0.70		
Arthralgia	1.09 (0.37-3.14)	0.88		
Neuropathy	0.22 (0.04-1.09)	0.06	0.19 (0.03-0.81)	0.04
CRP level > 5 mg/L	1.30 (0.29-5.86)	0.72		

366 cOR: crude odds ratio; aOR: adjusted odds ratio, adjusted on treatment, age and sex; 95% CI: 95% confidence interval; CRP: C-reactive protein; P-value obtained by Wald test.

### Legends

**Figure 1** Treatment received by patients with cutaneous polyarteritis nodosa (cPAN) by line of therapy (n=68). Inner circle is first-line treatment, second circle is second-line treatment, etc.

AZA: azathioprine; CYC: cyclophosphamide; GC: glucocorticoids; HCQ: hydroxychloroquine; IVIg: intravenous immunoglobulins; MTX: methotrexate; NSAIDs: non-steroidal anti-inflammatory drugs. RTX; rituximab; TCZ: tocilizumab

#### Figure 2 Clinical response by treatment regimen.

AZA: azathioprine; CR: complete response; CYC: cyclophosphamide; GC: glucocorticoids; HCQ: hydroxychloroquine; IVIg: intravenous immunoglobulins; MTX: methotrexate; NSAIDs: non-steroidal anti-inflammatory drugs; PR: partial response

#### Figure 3 Kaplan-Meier analysis of drug survival by treatment regimen.

AZA: glucocorticoids (GCs)+azathioprine; CYC: GCs+cyclophosphamide; HCQ: hydroxychloroquine, IVIg: GCs+intravenous immunoglobulins; MTX: GCs+methotrexate; NSAIDs: non-steroidal anti-inflammatory drugs





