

# Angiotensin-converting enzyme and dipeptidyl peptidase-4 inhibitor-induced angioedema: A disproportionality analysis of the WHO pharmacovigilance database

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Marion Lepelley, Charles Khouri, Clémence Lacroix, Laurence Bouillet. Angiotensin-converting enzyme and dipeptidyl peptidase-4 inhibitor-induced angioedema: A disproportionality analysis of the WHO pharmacovigilance database. Journal of Allergy and Clinical Immunology: In Practice, 2020, 8 (7), pp.2406-2408.e1. 10.1016/j.jaip.2020.03.015. hal-03620949

## HAL Id: hal-03620949 https://hal.science/hal-03620949v1

Submitted on 29 Nov 2024

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#### 1 <u>Title page</u>

- 2 Angiotensin-converting enzyme and dipeptidyl peptidase-4 inhibitor induced angioedema:
- 3 a disproportionality analysis of the WHO pharmacovigilance database
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- 5 Angiotensin-converting enzyme and dipeptidyl peptidase-4 inhibitors induced angioedema
- 6
- 7 Manuscript word count: 2058
- 8 Table count: 2
- 9 Figure count: 0
- 10
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- 26 No funding was received by any author for this work.
- 27 Marion Lepelley has no conflicts to disclose.
- 28 Charles Khouri has no conflicts to disclose.
- 29 Clémence Lacroix has no conflicts to disclose.
- 30 Laurence Bouillet has no conflicts to disclose.

31 Clinical Implications:

There is no data concerning the risk of bradykinin-mediated angioedema with dipeptidyl peptidase-4 inhibitors (DPP-4i) apart from that of vildagliptin in combination with ACEi. This disproportionality analysis demonstrates that concomitant exposure to DPP-4i and ACEi is associated with an increased reporting risk of angioedema, but not with DPP-4i without ACEi.

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Angioedemas (AE) are induced by vasodilation and increased vascular permeability due to the release of inflammatory mediators, including bradykinin (BK) (1). BK-mediated angioedema (BK-AE) results from either the overproduction of BK or inhibition of its degradation. Mast cells are not thought to be involved, and pruritus and urticaria are absent in this form of AE.

BK is metabolized primarily by angiotensin converting enzyme (ACE), neutral endopeptidase
and aminopeptidase P; and secondarily by dipeptidyl peptidase-4 (DPP-4). Moreover, BK
stimulates the release of substance P, which also increases vascular permeability. Substance
P is inactivated primarily by ACE and secondarily by DPP-4 and neutral endopeptidase.

The lack of awareness about BK-AE, as well as the inefficacy of antihistamines and corticosteroids, can delay its management and potentially lead to a fatal outcome (2).

The main etiologies of BK-AE are hereditary, acquired or drug-induced. Among drugs able to induce BK-AE, angiotensin-converting enzyme inhibitors (ACEi) are the most often reported (3). The use of ACEi contributes to the accumulation of BK and substance P which can lead to the onset of BK-AE. This rare adverse drug reaction (ADR) occurs in 0.1 to 0.7% of patients treated with ACEi (3). African-Americans, smokers, and females are at increased risk of ACEiinduced BK-AE (4).

55 DPP-4 degrades BK and substance P when ACE is inhibited (1). Furthermore, DPP-4 activity 56 decreases during ACEi-associated BK-AE (5). Thus, concomitant use of ACEi and DPP-4 57 inhibitors (DPP-4i) could have a synergistic effect on the accumulation of BK and substance 58 P. To date, an increased risk of BK-AE has only been described with the concomitant use of vildagliptin and ACEi (6). However, the risk of BK-AE with DPP-4i therapy without ACEi and
with DPP-4i drugs, other than vildapgliptin, in combination with ACEi is unknown.

The aim of this study was to evaluate whether the combination of ACEi and DPP-4i is associated with an increased AE reporting risk, compared to ACEi alone or to DPP-4i alone, in the World Health Organization's (WHO) pharmacovigilance database, Vigibase<sup>®</sup>, using disproportionality analysis. When we refer to ACEi or DPP-4i as taken alone, we mean that ACEi is taken without DPP-4i, or DPP-4i is taken without ACEi. The patient may have been on additional medications besides these two classes.

We extracted from VigiBase<sup>®</sup> all reports of "angioedemas", according to the high level term of the Medical Dictionary for Regulatory Activities (MedDRA), from November 14<sup>th</sup> 1967 to December 14<sup>th</sup> 2017. Given the absence of the term "bradykinin-mediated angioedema" in the MedDRA, we excluded all reports associated with symptoms suggesting another underlying mechanism such as histamine-mediated AE (urticaria, pruritus, rash, rash erythematous, rash maculo-papular).

We selected reports involving at least one ACEi, coded as a suspect drug; or at least one
DPP-4i, coded as a suspect or concomitant drug.

We performed a disproportionality analysis in which we calculated the reporting odds ratio 75 (ROR) of AE involving ACEi alone, DPP-4i alone and ACEi+DPP-4i, if the number of reports 76 was  $\geq$  5. A signal was considered significant if the lower boundary of the 95% confidence 77 78 interval (95%CI) was > 2 (7). According to the additive interaction model, a ROR value for co-79 exposure that exceeds the sum of the RORs estimated for each individual class of drug 80 supports a potential drug-drug interaction (8). Details on the Anatomical Therapeutic Chemical codes and ROR calculation used for drug selection are provided in the Online 81 Repository Text (APPENDICES A1 and A2). 82

In order to assess the robustness of the results, we conducted complementary analyses with
drugs known not to induce BK-AE, as negative controls: dihydropyridine calcium channel
blockers (CCB) and glucagon-like peptide-1 (GLP-1) analogues.

87 We extracted 340,686 reports of BK-AE from Vigibase®. Patient characteristics are 88 summarized in TABLE 1. Among them, 19,997 were attributed to ACEi, with a corresponding ROR of 5.69 (95%CI 5.61-5.78) (TABLE 2). Individually, every ACEi was associated with a 89 disproportionality signal, though the ROR could not be calculated for 3 ACEis (TABLE E1 in 90 91 the Online Repository Text). The DPP-4i drug class was involved in 677 reports of AE with a 92 corresponding ROR of 0.43 (95%CI 0.40-0.47). Individually, no DPP-4i drug was associated with an AE disproportionality signal, though the ROR could not be calculated for 5 DPP-4is 93 (TABLE E2 in the Online Repository Text). Concomitant exposure to ACEi and DPP-4i was 94 95 involved in 345 reports of AE with a corresponding ROR of 42.77 (95%Cl 36.93-49.53), which supports the hypothesis of a drug-drug interaction between ACEi and DPP-4i. No AE 96 disproportionality signal was associated with the use of dihydropyridine CCB, nor with GLP-1 97 analogues. 98

To our knowledge this is the first international pharmacovigilance study exploring the reporting risk of AE induced by the interaction between DPP-4i and ACEi. Concomitant exposure to DPP-4i and ACEi was associated with an increased reporting risk of AE. Numerous cases of AE in patients treated concomitantly with an ACEi and a DPP-4i have been reported in the literature. A meta-analysis of phase III studies of vildagliptin showed an increased risk of AE among patients taking an ACEi and vildagliptin at a daily dosage of 100 mg (6). Here we demonstrate a possible class effect of DPP-4i.

In this study, exposure to DPP-4i alone was not associated with a disproportionality signal for
AE. Nevertheless, this result does not completely eliminate the risk of an AE with DDP-4i.
Under-reporting, well described in pharmacovigilance, could have led to an underestimation
of the number of cases of AE with DPP-4i alone. Case reports have been reported in the
literature, but to date, clinical trials and epidemiological studies have failed to demonstrate
an increased risk of AE with DPP-4i alone (6).

This disproportionality analysis had several limitations. ADR reporting rate may be influenced by media coverage, the ADR severity, and the number of patients using the drug. Moreover, the lack of detailed patient data in Vigibase<sup>®</sup> prevented appropriate adjustments on potential confounders, such as ethnicity, sex and smoking status. Furthermore, the fact that the term "bradykinin-mediated angioedema" does not exist in the MedDRA might have resulted in our including misclassified AE cases. Nevertheless, we found that exposure to ACEi was associated with an increased reporting risk of AE whereas dihydropyridine CCB and GLP-1 analogues were not, supporting the robustness of the results (9). This study indicates that the increased reporting risk of BK-AE due to pharmacodynamic drug-drug interaction between ACEi and vildagliptin applies to all DPP4i, though DPP4i does not increase the reporting risk of BK-AE without concomitant ACEi.

123

#### 125 Acknowledgements

126 The authors would like to thank the Uppsala Monitoring Center (UMC) for providing the data

127 analyzed in the present study. Results and conclusions are those of the authors and not 128 necessarily those of the National Centers, UMC or WHO. We thank Dr. Alison Foote

- 129 (Grenoble Alpes University Hospital) for language editing.
- 130

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- 158

### 160 Tables

Characteristics	ACEi	DPP-4i	ACEi + DPP-4i
	N = 19 997	N = 677	N = 345
Female (%)	8725 (44%)	414 (61%)	156 (45%)
Male (%)	10482 (52%)	218 (32%)	485 (54%)
Unspecified (%)	790 (4%)	45 (7%)	4 (1%)
Mean age ± SD	64.1 ± 13.5	65.3 ± 11.8	66.7 ± 11.5
(years)	(0-103.5)	(25.0-91.7)	(30.0-91.1)
(min-max)	2010 (10%)	199 (29%)	30 (9%)
Unspecified (%)			
Severe (%)	8600 (43%)	297 (44%)	264 (77%)
Death (%)	226 (1%)	14 (2%)	14 (4%)
Origin of report			
- North America	8543 (43%)	387 (57%)	148 (43%)
- South America	48 (0%)	2 (0%)	0 (0%)
- Africa	1162 (6%)	6 (1%)	1 (0%)
- Europe	7765 (39%)	153 (23%)	176 (51%)
- Asia	928 (5%)	118 (17%)	9 (3%)
- Oceania	1551 (8%)	11 (2%)	11 (3%)

## 161 Table 1. Characteristics of patients with BK-AE

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163 Table 2. Disproportionality analysis of AE reports associating with ACEi and DPP-4i

Drugs	Cases (N)	Non-cases (N)	ROR [95% CI]
ACEi	19997	168673	5.69 [5.61-5.78]
DPP-4i	677	71233	0.43 [0.40-0.47]
ACEi + DPP-4i	345	369	42.77 [36.93-49.53]
Details of DPP-4i			
associated:			
Sitagliptin	225	213	48.30 [40.05-58.26]
Linagliptin	37	55	30.75 [20.27-46.64]

Vildagliptin	40	30	60.94 [37.96-97.83]
Saxagliptin	43	102	19.27 [13.49-27.52]
Alogliptin	3	7	NA
Dihydropyridine calcium	3155	165896	0.87 [0.84-0.90]
channel blockers			
GLP-1 analogues	388	102224	0.17 [0.16-0.19]

164 NA = not available (due to numbers of cases < 5)