# Two results on nodal sets of eigenfunctions of sub-Laplacians 

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#### Abstract

We prove two results concerning the nodal sets of eigenfunctions of sub-Laplacians. The first one asserts the validity in this setting of Courant's theorem on the number of nodal domains of eigenfunctions. The second one is the $C \lambda^{-\frac{1}{2}}$ density (with respect to the subRiemannian distance) of the nodal sets of eigenfunctions with eigenvalue $\lambda$.


## 1 Introduction and main results

Let $M$ be a smooth, connected, compact manifold of dimension $N$ endowed with a smooth volume $\mu$. Let $X_{1}, \ldots, X_{m}$ be smooth vector fields on $M$ satisfying Hörmander's bracketgenerating condition $\operatorname{Lie}\left(X_{1}, \ldots, X_{m}\right)=T M$ and let $\Delta$ be the sub-Laplacian

$$
\Delta=-\sum_{i=1}^{m} X_{i}^{*} X_{i}
$$

where $X_{i}^{*}=-X_{i}-\operatorname{div}_{\mu}\left(X_{i}\right)$ is the adjoint of $X_{i}$ in $L^{2}(M, \mu)$.
Sub-Laplacians are a natural generalization of the Euclidean Laplacian and the LaplaceBeltrami operator in Riemannian geometry. They have been studied a lot, one of the milestones in this field being the paper 9 where Hörmander proved their hypoellipticity.

Let $\Omega$ be a connected open subset of $M$. The operator $\Delta: C_{c}^{\infty}(\Omega) \rightarrow C_{c}^{\infty}(\Omega)$ is nonpositive, symmetric and densely defined in $L^{2}(\Omega, \mu)$. In the sequel, we denote by $\left(\Delta_{\Omega}, \mathcal{D}\left(\Delta_{\Omega}\right)\right)$ its Friedrichs extension (see Section 2 for reminders). When $\partial \Omega \neq \emptyset$, this corresponds to Dirichlet boundary conditions.
Proposition 1. The selfadjoint operator $\left(-\Delta_{\Omega}, \mathcal{D}\left(\Delta_{\Omega}\right)\right)$ has discrete point spectrum $0 \leqslant$ $\lambda_{1} \leqslant \lambda_{2} \leqslant \ldots \leqslant \lambda_{n} \leqslant \ldots \rightarrow+\infty$ (with repetitions according to multiplicities). There exists an orthonormal basis $\left\{\varphi_{n}\right\}_{n \in \mathbb{N}}$ of $L^{2}(\Omega, \mu)$ such that for every $n \in \mathbb{N}, \varphi_{n} \in \mathcal{D}\left(\Delta_{\Omega}\right)$ and $-\Delta_{\Omega} \varphi_{n}=\lambda_{n} \varphi_{n}$.

Our goal is to study the nodal sets of eigenfunctions of $-\Delta_{\Omega}$ (i.e., the set where an eigenfunction $\varphi$ vanishes) and the nodal components (i.e., the connected components of $\{\varphi \neq 0\})$. The analogous problem for the Laplace-Beltrami operator on a Riemannian manifold has been investigated a lot, see 13 for a recent overview. Our results extend results which are well-known for eigenfunctions of Laplace-Beltrami operators.
Assumption 1. We assume that one of the following holds:

1. $N=2$
2. or the manifold $M$, the volume $\mu$ and the vector fields $X_{1}, \ldots, X_{m}$ are real-analytic.

Under this assumption, it is known (see [6] and [16]) that any $u$ satisfying $\left(\Delta_{\Omega}-\lambda\right) u=0$ in $\Omega$ for some $\lambda \in \mathbb{R}$ and vanishing in a non-empty open subset of $\Omega$ vanishes in fact everywhere in $\Omega$. This unique continuation property will be used in the proof of Theorem 1 .

[^0]Assumption 2. We assume that either $\Omega=M$, or the boundary of $\Omega$ is smooth and noncharacteristic, meaning that for any $x \in \partial \Omega$, there exists $1 \leqslant i \leqslant m$ such that $X_{i}(x) \notin T_{x} \partial \Omega$.

Under this second assumption, the eigenfunctions of $-\Delta_{\Omega}$ are smooth up to the boundary $\partial \Omega$ (see [12, Theorem III, point (4)]), which will be important in the proofs.

We denote by $Z_{f}=\{f=0\} \subset \bar{\Omega}$ the zero set of a function $f$. A nodal domain of $f$ is a connected component of $\Omega \backslash Z_{f}$. Our main results generalize to the subelliptic setting Courant's theorem ( $[8]$ ) and the density of the zero set of eigenfunctions; they seem to be the first results concerning nodal sets of sub-Laplacians.
Theorem 1. Under Assumptions 1 and 2 , for any $n \in \mathbb{N}$, any eigenfunction of $-\Delta_{\Omega}$ with eigenvalue $\lambda_{n}$ has at most $n$ nodal domains.
Theorem 2. Under Assumption 2, there exists $C>0$ depending only on $\Omega$ such that for any eigenpair $\lambda, \varphi$, the nodal set $Z_{\varphi}$ intersects any sub-Riemannian ball of radius greater than $C \lambda^{-1 / 2}$.

The definition of sub-Riemannian balls will be recalled in Section 5, they are the natural extension of Riemannian balls to the present subelliptic setting.
Remark 2. Theorem 2 is optimal in the following sense. Consider the Baouendi-Grushin sub-Laplacian $\Delta_{\mathrm{BG}}=\partial_{x}^{2}+x^{2} \partial_{y}^{2}$ on $(-1,1)_{x} \times(\mathbb{R} / 2 \pi \mathbb{Z})_{y}$. If $k \in \mathbb{Z}$ and $\psi_{k}$ is in the lowest energy space of the $1 D$ operator $H_{k}=-\partial_{x}^{2}+k^{2} x^{2}$ on $(-1,1)_{x}$, then $\Psi_{k}:(x, y) \mapsto \psi_{k}(x) \cos (k y)$ is an eigenfunction of $-\Delta_{\mathrm{BG}}$ associated with eigenvalue $\mu_{k}=|k|+o(1)$ as $k \rightarrow+\infty$. From the knowledge of the geometry of the Grushin balls (see [4, Section 3.1]), we obtain that balls of radius $c \mu_{k}^{-\frac{1}{2}}$ for $c$ small enough do not necessarily intersect the nodal set of $\Psi_{k}$, proving the sharpness of Theorem 2 .

The organization of the paper is as follows. In Section 2, we prove Proposition 1. In Section 3, we prove Theorem 1. In Section 4, we introduce tools coming from sub-Riemannian geometry, namely the nilpotent approximation and the desingularization, which are used in the proof of Theorem 2 given in Section 5

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## 2 Proof of Proposition 1

In this section, we prove Proposition 1.
We first recall briefly the classical Friedrichs extension construction. We denote by $q_{\Omega}$ the quadratic form on $C_{c}^{\infty}(\Omega)$ given by $q_{\Omega}(v, w)=(\Delta v, w)$ where $(\cdot, \cdot)$ denotes the $L^{2}(\Omega, \mu)$ scalar product. It is closable and we denote by $\widehat{q}_{\Omega}$ its closure. Explicitly, denoting by $H$ the Hilbert space completion of $C_{c}^{\infty}(\Omega)$ with respect to the scalar product $(v, w)_{H}=$ $(v, w)+q_{\Omega}(v, w)$, the inclusion map $\iota: C_{c}^{\infty}(\Omega) \rightarrow L^{2}(\Omega, \mu)$ extends by continuity to a linear $\operatorname{map} \hat{\iota}: H \rightarrow L^{2}(\Omega, \mu)$. The quadratic form $q_{\Omega}$ also extends by continuity to a quadratic form $\widehat{q}_{\Omega}$ over $H$, so that if $\bar{v}$ and $\bar{w}$ denote the equivalence classes of $\left\{v_{n}\right\}$ and $\left\{w_{n}\right\}$ in $H$, then $\widehat{q}(\bar{v}, \bar{w})=\lim _{n \rightarrow \infty} q_{\Omega}\left(v_{n}, w_{n}\right)$. One can check that $\hat{\iota}$ is injective, hence $\widehat{q}_{\Omega}$ can be seen as a quadratic form on $L^{2}(\Omega, \mu)$, with domain $\mathcal{D}\left(\widehat{q_{\Omega}}\right)=\widehat{\iota}(H)$. More concretely, the domain $\mathcal{D}\left(\widehat{q}_{\Omega}\right)$ consists of those $v \in L^{2}(\Omega, \mu)$ such that there exists $\left\{v_{n}\right\} \subset C_{c}^{\infty}(\Omega)$ such that $v_{n} \rightarrow v$ in $L^{2}(\Omega, \mu)$ and $q_{\Omega}\left(v_{n}-v_{\ell}\right) \rightarrow 0$ as $\ell, n \rightarrow \infty$.

Then the Friedrichs extension of $\left(\Delta, C_{c}^{\infty}(\Omega)\right)$ is the operator $\left(\Delta_{\Omega}, \mathcal{D}\left(\Delta_{\Omega}\right)\right)$ where

$$
\begin{equation*}
\mathcal{D}\left(\Delta_{\Omega}\right)=\left\{v \in \mathcal{D}\left(\widehat{q}_{\Omega}\right): \widehat{q}_{\Omega}(v, \cdot) \text { is } L^{2}(\Omega, \mu)-\text { continuous }\right\} \tag{1}
\end{equation*}
$$

and $\Delta_{\Omega} v \in L^{2}(\Omega, \mu)$ is defined through the Riesz representation theorem by the relation $\left(\Delta_{\Omega} v, w\right)=\widehat{q}_{\Omega}(v, w)$ for any $w \in \mathcal{D}\left(\widehat{q}_{\Omega}\right)$ (note that $\mathcal{D}\left(\widehat{q}_{\Omega}\right)$ is dense in $L^{2}(\Omega, \mu)$ ).

By the same procedure, for any open set $U \subset M$ (in particular $U=M$ ) we obtain the Friedrichs extension $\left(\Delta_{U}, \mathcal{D}\left(\Delta_{U}\right)\right)$ of the non-positive symmetric operator $\Delta: C_{c}^{\infty}(U) \rightarrow$ $C_{c}^{\infty}(U)$ (densely defined on $L^{2}(U, \mu)$ ).

Lemma 3. Let $v \in \mathcal{D}\left(\widehat{q}_{\Omega}\right)$, and denote by $\bar{v}$ its extension by 0 in $M \backslash \Omega$. Then $\bar{v} \in \mathcal{D}\left(\widehat{q}_{M}\right)$.
Proof. Let $v_{n} \in C_{c}^{\infty}(\Omega)$ such that $v_{n} \rightarrow v$ in $L^{2}(\Omega, \mu)$ and $q_{\Omega}\left(v_{n}-v_{\ell}\right) \rightarrow 0$ as $n, \ell \rightarrow \infty$. Denote by $\bar{v}_{n} \in C_{c}^{\infty}(M)$ the extension of $v_{n}$ by 0 in $M \backslash \Omega$. We have $\bar{v}_{n} \rightarrow \bar{v}$ in $L^{2}(M, \mu)$ and

$$
q_{M}\left(\bar{v}_{n}-\bar{v}_{\ell}\right)=\left(\Delta\left(\bar{v}_{n}-\bar{v}_{\ell}\right), \bar{v}_{n}-\bar{v}_{\ell}\right)=\left(\Delta\left(v_{n}-v_{\ell}\right), v_{n}-v_{\ell}\right)=q_{\Omega}\left(v_{n}-v_{\ell}\right) \underset{n, \ell \rightarrow \infty}{\longrightarrow} 0
$$

Thus $\bar{v} \in \mathcal{D}\left(\widehat{q}_{M}\right)$.
Classical subelliptic estimates [9] imply that $\left(\Delta_{M}, \mathcal{D}\left(\Delta_{M}\right)\right)$ has a compact resolvent. Using [15, Theorem XIII. 64 p.245], this implies that

$$
\left\{\bar{v} \in \mathcal{D}\left(\widehat{q}_{M}\right) \mid\|\bar{v}\|_{L^{2}(M, \mu)} \leqslant 1 ; \widehat{q}_{M}(\bar{v}) \leqslant b\right\}
$$

is compact in the $L^{2}(M, \mu)$ topology for all $b \in \mathbb{R}$. Hence

$$
\begin{equation*}
\left\{v \in \mathcal{D}\left(\widehat{q}_{\Omega}\right) \mid\|v\|_{L^{2}(\Omega, \mu)} \leqslant 1 ; \widehat{q}_{\Omega}(v) \leqslant b\right\} \tag{2}
\end{equation*}
$$

is compact in the $L^{2}(\Omega, \mu)$ topology for all $b \in \mathbb{R}$, since $v$ can be extended to $\bar{v}$ thanks to Lemma 3. Applying again [15, Theorem XIII. 64 p.245], this time to $\left(\Delta_{\Omega}, \mathcal{D}\left(\Delta_{\Omega}\right)\right)$, we obtain the existence of a complete orthonormal basis $\left\{\varphi_{n}\right\}_{n=1}^{\infty}$ in $\mathcal{D}\left(\Delta_{\Omega}\right)$ so that $-\Delta_{\Omega} \varphi_{n}=\lambda_{n} \varphi_{n}$ with $0 \leqslant \lambda_{1} \leqslant \ldots \leqslant \lambda_{n} \leqslant \ldots \rightarrow+\infty$.

## 3 Proof of Theorem 1

We start the proof of Theorem 1 with the following integration by parts formula which follows from the definition of the quadratic form $\widehat{q}_{\Omega}$ recalled above:

Lemma 4. If $u \in \mathcal{D}\left(\widehat{q}_{\Omega}\right)$, then $X_{i} u \in L^{2}(\Omega, \mu)$. Moreover if $u, v \in \mathcal{D}\left(\widehat{q}_{\Omega}\right)$, then

$$
\widehat{q}_{\Omega}(u, v)=-\sum_{i=1}^{m} \int_{\Omega}\left(X_{i} u\right)\left(X_{i} v\right) d \mu
$$

We denote by $E_{\lambda_{k}}$ the eigenspace associated to the eigenvalue $\lambda_{k}$ of $-\Delta_{\Omega}$.
Lemma 5 (Min-max principle). [15, Theorem XIII. 1 p. 76]

1. $\varphi \in \mathcal{D}\left(\widehat{q}_{\Omega}\right) \backslash\{0\}$ belongs to $E_{\lambda_{1}}$ if and only if it minimizes over $\mathcal{D}\left(\widehat{q}_{\Omega}\right) \backslash\{0\}$ the Rayleigh quotient

$$
\begin{equation*}
R(\varphi)=\frac{\sum_{i=1}^{m}\left\|X_{i} \varphi\right\|_{L^{2}(\Omega, \mu)}^{2}}{\|\varphi\|_{L^{2}(\Omega, \mu)}^{2}} \tag{3}
\end{equation*}
$$

In this case $R(\varphi)=\lambda_{1}$.
2. If $\varphi \in \mathcal{D}\left(\widehat{q}_{\Omega}\right) \backslash\{0\}$ is orthogonal to $E_{\lambda_{1}}, \ldots, E_{\lambda_{k-1}}$ and $R(\varphi)=\lambda_{k}$, then $\varphi \in E_{\lambda_{k}}$.

The next two lemmas are classical in the Riemannian setting but their proofs require some care in the present sub-Riemannian (sR) context.
Lemma 6. Let $D \subset M$ be a connected open set with $\partial D \neq \emptyset$. Then $\lambda_{1}(D)>0$, and $\lambda_{1}(D)$ is a simple eigenvalue. Moreover, any corresponding eigenvector does not change sign in $D$.

Proof. Assume for the sake of a contradiction that $\lambda_{1}(D)=0$ and let $u$ be an eigenfunction $\Delta u=0$. Then $(\Delta u, u)=0$ hence by definition $\widehat{q}_{D}(u, u)=0$, which implies $\left\|X_{i} u\right\|_{L^{2}(D, \mu)}=0$ for any $i$ thanks to Lemma 4. But thanks to hypoelliptic regularity [9] we know that $u \in$ $C^{\infty}(D)$ (a priori not up to the boundary if $D$ is arbitrary) hence $X_{i} u \equiv 0$ in $D$. Then $\left[X_{i_{1}},\left[X_{i_{2}}, \ldots\right] \ldots\right] u \equiv 0$ for any bracket of the vector fields, hence by the Hörmander bracketgenerating condition $u$ is constant in $D$. The only constant which belongs to $D\left(\Delta_{D}\right)$ is 0 hence a contradiction.

Let $u_{0} \neq 0$ be in the first eigenspace of $\Delta_{D}$. Then $\left|u_{0}\right| \in \mathcal{D}\left(\widehat{q}_{\Omega}\right)$ and for any $i$,

$$
X_{i}\left|u_{0}\right|= \begin{cases}X_{i} u_{0} & \text { a.e. in }\left\{u_{0}>0\right\} \\ 0 & \text { a.e. in }\left\{u_{0}=0\right\} \\ -X_{i} u_{0} & \text { a.e. in }\left\{u_{0}<0\right\}\end{cases}
$$

The proof of this fact is classical and consists in approximating $\left|u_{0}\right|$ by $f_{\varepsilon} \circ u$ where $f_{\varepsilon}(z)=$ $\left(z^{2}+\varepsilon^{2}\right)^{1 / 2}-\varepsilon$. Then one has $R\left(\left|u_{0}\right|\right)=R\left(u_{0}\right)$ where the Rayleigh quotient $R$ is defined in (3). According to Lemma 5, this implies that $\left|u_{0}\right|$ is also in the first eigenspace of $\Delta_{D}$, which concludes the proof. Hence $u_{0}^{+}=\left(u_{0}+\left|u_{0}\right|\right) / 2$ and $u_{0}^{-}=\left(\left|u_{0}\right|-u_{0}\right) / 2$ are also in the first eigenspace. If for both of them there exists a set on which they are positive, we get a contradiction with the unique continuation of eigenfunctions (implied by Assumption 11). Hence $u_{0}^{+} \equiv 0$ or $u_{0}^{-} \equiv 0$, which implies the lemma.

Lemma 7. Let $u \in \mathcal{D}\left(\Delta_{\Omega}\right)$ satisfying $-\Delta_{\Omega} u=\lambda u$ in $\Omega$. Let $D$ be a nodal domain of $u$. Then the restriction $\underline{u}$ of $u$ to $D$ belongs to $\mathcal{D}\left(\Delta_{D}\right)$, and it is an eigenfunction of the Dirichlet problem in $D$, associated to the smallest eigenvalue $\lambda=\lambda_{1}(D)$.

Proof. Thanks to Assumption 2, $u$ is smooth up to the boundary of $\Omega$ (see [12, Theorem III, point (4)]), hence $\underline{u}$ is smooth up to the boundary of $D$. Without loss of generality, we assume that $\underline{u}$ is non-negative. We follow the proof of Lemma 2.0.1 in [2], which does not use any regularity on the boundary of the nodal domain.

We fix a Riemannian structure on $M$, which induces a distance dist ${ }_{R}$ and a gradient $\nabla_{R}$. Let $\chi_{n} \in C_{c}^{\infty}(\bar{D})$ be a cut-off function such that

- $\chi_{n}(x)=1$ for $\operatorname{dist}_{R}(x, \partial D) \geqslant 1 / n$
- $\chi_{n}(x)=0$ for $\operatorname{dist}_{R}(x, \partial D) \leqslant 1 /(2 n)$
- $\left\|\nabla_{R} \chi_{n}\right\|_{L^{\infty}} \lesssim n$
- $\left\|\nabla_{R}^{2} \chi_{n}\right\|_{L^{\infty}} \lesssim n^{2}$
(the existence of $\chi_{n}$ is shown in [2]). Since $X_{1}, \ldots, X_{m}$ are smooth, this implies that $\left\|X_{i} \chi_{n}\right\|_{L^{\infty}} \lesssim n$ and $\left\|X_{i}^{*} \chi_{n}\right\|_{L^{\infty}} \lesssim n$ for any $i$, and $\left\|\Delta \chi_{n}\right\|_{L^{\infty}} \lesssim n^{2}$.

We set $u_{n}=\chi_{n} \underline{u}$. We have $u_{n} \rightarrow \underline{u}$ in $L^{2}(D, \mu)$. Let us prove that $q_{D}\left(u_{n}-u_{\ell}\right) \rightarrow 0$ as $\ell, n \rightarrow \infty$. To simplify notations, we set $\alpha=\alpha_{n, \ell}=\chi_{n}-\chi_{\ell}$. We have

$$
\begin{align*}
\left|q_{D}\left(u_{n}-u_{\ell}\right)\right|= & \int_{D} \sum_{i=1}^{m}\left(X_{i}\left(u_{n}-u_{\ell}\right)\right)^{2} d \mu=\int_{D} \sum_{i=1}^{m} \alpha u X_{i}^{*}\left(\left(X_{i} \alpha\right) u+\alpha\left(X_{i} u\right)\right) d \mu \\
= & -\int_{D} \alpha u^{2} \Delta \alpha d \mu-\int_{D} \alpha^{2} u \Delta u d \mu \\
& \quad-\int_{D}\left(\sum_{i=1}^{m}\left(X_{i} \alpha\right)\left(X_{i}^{*} u\right) \alpha u+\left(X_{i}^{*} \alpha\right)\left(X_{i} u\right) \alpha u\right) d \mu  \tag{4}\\
= & I_{1}+I_{2}+I_{3} .
\end{align*}
$$

We show that $I_{j} \rightarrow 0$ for $j=1,2,3$, a $n, \ell \rightarrow+\infty$ (recall that the dependence of $\alpha$ in $n, \ell$ is omitted in the notations). We denote by $A_{n}$ the support of $\nabla \chi_{n}$, in particular $\operatorname{vol}\left(A_{n}\right) \rightarrow 0$. We have

$$
\begin{equation*}
\left|\int_{D} \alpha u^{2} \Delta \alpha d \mu\right| \leqslant C \ell^{2} \int_{A_{\ell}} u^{2} d \mu+C n^{2} \int_{A_{n}} u^{2} d \mu . \tag{5}
\end{equation*}
$$

We use the fact that $u$ is smooth up to the boundary to get that $u^{2} \leqslant C \ell^{-2}$ in $A_{\ell}$ and similarly $u^{2} \leqslant C n^{-2}$ in $A_{n}$. Hence

$$
\left|I_{1}\right|=\left|\int_{D} \alpha u^{2} \Delta \alpha d \mu\right| \leqslant C\left(\operatorname{vol}\left(A_{\ell}\right)+\operatorname{vol}\left(A_{n}\right)\right) \underset{n, \ell \rightarrow+\infty}{\longrightarrow} 0 .
$$

Then, we have

$$
\left|\int_{D} \alpha^{2} u \Delta u d \mu\right|=\lambda \int_{D} \alpha^{2} u^{2} d \mu \leqslant C\left(\operatorname{vol}\left(A_{\ell}\right)+\operatorname{vol}\left(A_{n}\right)\right) \int_{D} u^{2} d \mu \underset{n, \ell \rightarrow+\infty}{\longrightarrow} 0 .
$$

One can also check that

$$
I_{3}=-\frac{1}{2} \int_{D} u^{2}\left(\sum_{i=1}^{m} \alpha X_{i}^{2} \alpha+\left(X_{i} \alpha\right)^{2}+\alpha\left(X_{i}^{*}\right)^{2} \alpha+\left(X_{i}^{*} \alpha\right)^{2}+\alpha^{2}\left(\operatorname{div}_{\mu}\left(X_{i}\right)\right)^{2}\right) d \mu
$$

and once again

$$
\left|I_{3}\right| \leqslant C \ell^{2} \int_{A_{\ell}} u^{2} d \mu+C n^{2} \int_{A_{n}} u^{2} d \mu \leqslant C\left(\operatorname{vol}\left(A_{\ell}\right)+\operatorname{vol}\left(A_{n}\right)\right) \underset{n, \ell \rightarrow+\infty}{\longrightarrow} 0
$$

All in all, $\left|q_{D}\left(u_{n}-u_{\ell}\right)\right| \rightarrow$ as $n, \ell \rightarrow+\infty$.
Hence $\underline{u} \in \mathcal{D}\left(\widehat{q}_{D}\right)$. Then we have to check that $\left|\widehat{q}_{D}(\underline{u}, v)\right| \leqslant C(\underline{u}, v)_{L^{2}(D, \mu)}$. It is sufficient to check it for $v \in C_{c}^{\infty}(D)$ and then extend it by density to $\mathcal{D}\left(\widehat{q}_{D}\right)$. Let $v \in C_{c}^{\infty}(D)$. We have

$$
\begin{aligned}
\widehat{q}_{D}(\underline{u}, v) & =-\lim _{n \rightarrow+\infty} \int_{D} \sum_{i=1}^{m} X_{i}\left(\chi_{n} u\right) X_{i} v d \mu=\lim _{n \rightarrow+\infty}\left(\Delta u_{n}, v\right)_{L^{2}(D, \mu)} \\
& =(\Delta \underline{u}, v)_{L^{2}(D, \mu)}=-\lambda(\underline{u}, v)_{L^{2}(D, \mu)}
\end{aligned}
$$

since $u_{n}=\underline{u}$ on $\operatorname{Supp}(v)$ for $n$ sufficiently large. Hence $\underline{u} \in \mathcal{D}\left(\Delta_{D}\right)$.
Assume for the sake of a contradiction that $\lambda>\lambda_{1}(D)>0$. Let us denote by $u_{0} \geqslant 0$ an element of the first eigenspace of $-\Delta_{D}$ which exists thanks to Lemma 6. Then according to Lemma 1, $u_{0}$ and $\underline{u}$ are orthogonal for the $L^{2}(D, \mu)$ scalar product. But both functions are non-negative, and thanks to the unique continuation property of eigenfunctions which is satisfied thanks to Assumption 1, we know that $u_{0}$ and $\underline{u}$ cannot vanish on any open set. This gives $u_{0}=0$ or $\underline{u}=0$. Both possibilities are impossible since $\lambda>\lambda_{1}(D)>0$, hence the contradiction.

To prove Theorem 11 we follow the arguments of [8, Chapter VI (p. 453-454)] (see also [5, Appendix D]). Suppose that $u \in E_{\lambda_{k}}$ has at least $(k+1)$ nodal domains $D_{1}, \ldots, D_{k+1}$. We also assume $\lambda_{k-1}<\lambda_{k}$. For $1 \leqslant i \leqslant k$, we denote by $u_{i}$ the restriction of $u$ to $D_{i}$, which lies in the first eigenspace of the Dirichlet problem in $D_{i}$ according to Lemma 7. In particular its Rayleigh quotient $R\left(u_{i}\right)$ is equal to $\lambda_{k}$ due to Point 1 . of Lemma 5. We extend $u_{i}$ by 0 in $\Omega \backslash D_{i}$, and we still denote by $u_{i}$ this extension, which belongs to $\mathcal{D}\left(\widehat{q}_{\Omega}\right)$ according to Lemma 3. We can determine $a_{i}$ such that $f=\sum_{i=1}^{k} a_{i} u_{i}$ is orthogonal in $L^{2}(\Omega, \mu)$ to the $(k-1)$ first eigenfunctions $\varphi_{1}, \ldots, \varphi_{k-1}$ of $-\Delta_{\Omega}$ on $\Omega$. We have $R(f)=\lambda_{k}$, hence $f$ is an eigenfunction for $\lambda_{k}$ according to the min-max principle (Point 2 of Lemma 5). But $f$ vanishes in the open set $D_{k+1}$ in contradiction with the unique continuation property of eigenfunctions which is satisfied thanks to Assumption 1.

Remark 8. Without assuming Assumption 1, counterexamples to the unique continuation property are known, although for a perturbation of $\Delta$, and not directly for $\Delta$ (see [3]).

## 4 Sub-Riemannian tools

This section introduces the tools of sub-Riemannian (sR) geometry which will be needed in the proof of Theorem 2. For a more comprehensive introduction to sR geometry, we refer to [1] and 4].

SR metric and sR balls. The sR metric is defined for $q \in M, v \in T_{q} M$ as

$$
g_{q}(v)=\inf \left\{\sum_{i=1}^{m} u_{i}^{2}, \quad v=\sum_{i=1}^{m} u_{i} X_{i}(q)\right\}
$$

and it is finite for $v \in \mathcal{D}=\operatorname{Span}\left(X_{1}, \ldots, X_{m}\right)$. It induces a notion of distance $d: M \times M \rightarrow$ $\mathbb{R}_{+}$, and the distance between two points is always finite thanks to Hörmander's bracket generating condition (Chow-Rashevsky's theorem). The sR balls are then defined as

$$
\begin{equation*}
B_{r}(q)=\left\{q^{\prime} \in M, d\left(q, q^{\prime}\right)<r\right\} \tag{6}
\end{equation*}
$$

for $q \in M$ and $r>0$.
SR flag. We define the sR flag as follows: we define $\mathcal{D}^{0}=\{0\}, \mathcal{D}^{1}=\mathcal{D}$, and, for any $j \geqslant 1, \mathcal{D}^{j+1}=\mathcal{D}^{j}+\left[\mathcal{D}, \mathcal{D}^{j}\right]$. For any $q \in M$, this gives a flag

$$
\{0\}=\mathcal{D}_{q}^{0} \subset \mathcal{D}_{q}^{1} \subset \ldots \subset \mathcal{D}_{q}^{r-1} \nsubseteq \mathcal{D}_{q}^{r(q)}=T_{q} M
$$

The integer $r(q)$ is called the non-holonomic order of $\mathcal{D}$ at $q$.
For $i \in\{0, \ldots, r(q)\}$, we set $n_{i}(q)=\operatorname{dim} \mathcal{D}_{q}^{i}$. The sequence $\left(n_{i}(q)\right)_{0 \leqslant i \leqslant r(q)}$ is called the growth vector at point $q$. The number

$$
\begin{equation*}
\mathcal{Q}(q)=\sum_{i=1}^{r(q)} i\left(n_{i}(q)-n_{i-1}(q)\right) \tag{7}
\end{equation*}
$$

is generically the Hausdorff dimension of the metric space induced by the sub-Riemannian distance on $M$ (see [14]).

We define a non-decreasing sequence of weights $w_{i}(q)$. Given any $i \in\{1, \ldots, N\}$, there exists a unique $j \in\{1, \ldots, N\}$ such that $n_{j-1}(q)+1 \leqslant i \leqslant n_{j}(q)$. We set $w_{i}(q)=j$. Roughly speaking, $w_{i}(q)$ is the minimal length of the brackets of $X_{1}, \ldots, X_{m}$ needed to generate $i$ independent directions at $q$.

### 4.1 Nilpotentization

The aim of the following paragraphs is to introduce a system of local coordinates, called privileged coordinates, in which it is natural to write Taylor expansion of vector fields defined on the sR manifold. In particular, the first order in the Taylor approximation is called the nilpotent approximation of the vector field.

Non-holonomic orders. The non-holonomic order of a smooth germ of function is

$$
\operatorname{ord}_{q}(f)=\min \left\{p \in \mathbb{N}: \exists i_{1}, \ldots, i_{p} \in\{1, \ldots, m\} \text { such that }\left(X_{i_{1}} \ldots X_{i_{p}} f\right)(q) \neq 0\right\}
$$

where we adopt the convention that $\min \emptyset=+\infty$.
The non-holonomic order of a smooth germ of vector field $X$ at $q$, denoted by $\operatorname{ord}_{q}(X)$, is the real number

$$
\operatorname{ord}_{q}(X)=\sup \left\{\sigma \in \mathbb{R}: \operatorname{ord}_{q}(X f) \geqslant \sigma+\operatorname{ord}_{q}(f), \quad \forall f \in C^{\infty}(q)\right\}
$$

For example, there holds $\operatorname{ord}_{q}([X, Y]) \geqslant \operatorname{ord}_{q}(X)+\operatorname{ord}_{q}(Y)$ and $\operatorname{ord}_{q}(f X) \geqslant \operatorname{ord}_{q}(f)+$ $\operatorname{ord}_{q}(X)$. As a consequence, every $X$ which has the property that $X\left(q^{\prime}\right) \in \mathcal{D}_{q^{\prime}}^{i}$ for any $q^{\prime}$ in a neighborhood of $q$ is of non-holonomic order $\geqslant-i$.

Privileged coordinates. Locally around any $q \in M$, it is possible to define a system of so-called privileged coordinates of $M$ (see [4).

A family $\left(Z_{1}, \ldots, Z_{N}\right)$ of $N$ vector fields is said to be adapted to the sR flag at $q$ if it is a frame of $T_{q} M$ at $q$ and if $Z_{i}(q) \in \mathcal{D}_{q}^{w_{i}(q)}$ for any $i \in\{1, \ldots, N\}$. In other words, for any $i \in\{1, \ldots, r(q)\}$, the vectors $Z_{1}, \ldots, Z_{n_{i}(q)}$ at $q \operatorname{span} \mathcal{D}_{q}^{i}$.

A system of privileged coordinates at $q$ is a system of local coordinates $\left(x_{1}, \ldots, x_{N}\right)$ verifying

$$
\begin{equation*}
\operatorname{ord}_{q}\left(x_{i}\right)=w_{i}, \quad \text { for } 1 \leqslant i \leqslant N \tag{8}
\end{equation*}
$$

In particular, privileged coordinates satisfy $\partial_{x_{i}} \in \mathcal{D}_{q}^{w_{i}(q)} \backslash \mathcal{D}_{q}^{w_{i}(q)-1}$ at $q$, meaning that privileged coordinates are adapted to the flag.

For example, if $\left(Z_{1}, \ldots, Z_{N}\right)$ is an adapted frame at $q$, it is proved in [10, Appendix B] that the inverse of the local diffeomorphism

$$
\left(x_{1}, \ldots, x_{n}\right) \mapsto \exp \left(x_{1} Z_{1}\right) \circ \cdots \circ \exp \left(x_{N} Z_{N}\right)(q)
$$

defines privileged coordinates at $q$ (called exponential coordinates of the second kind).
Dilations. Fix $q \in M$. For every $\varepsilon \in \mathbb{R} \backslash\{0\}$, the dilation $\delta_{\varepsilon}: \mathbb{R}^{N} \rightarrow \mathbb{R}^{N}$ is defined by

$$
\delta_{\varepsilon}(x)=\left(\varepsilon^{w_{i}(q)} x_{1}, \ldots, \varepsilon^{w_{N}(q)} x_{N}\right)
$$

for every $x=\left(x_{1}, \ldots, x_{N}\right)$ - we omit the dependance in $q$ in the notation. A dilation $\delta_{\varepsilon}$ acts also on functions and vector fields on $\mathbb{R}^{N}$ by pull-back: $\delta_{\varepsilon}^{*} f=f \circ \delta_{\varepsilon}$ and $\delta_{\varepsilon}^{*} X$ is the vector field such that $\left(\delta_{\varepsilon}^{*} X\right)\left(\delta_{\varepsilon}^{*} f\right)=\delta_{\varepsilon}^{*}(X f)$ for any $f \in C^{1}\left(\mathbb{R}^{N}\right)$. In particular, for any vector field $X$ of non-holonomic order $k$, there holds $\delta_{\varepsilon}^{*} X=\varepsilon^{-k} X$.

Nilpotent approximation. Fix a system of privileged coordinates $\psi_{q}=\left(x_{1}, \ldots, x_{N}\right)$ : $U \rightarrow \mathbb{R}^{N}$ defined in a neighborhood $U$ of $q$. Coming back to the vector fields $X_{1}, \ldots, X_{m}$, we write the Taylor expansion

$$
\begin{equation*}
X_{i}(x) \sim \sum_{\alpha, j} a_{\alpha, j} x^{\alpha} \partial_{x_{j}} \tag{9}
\end{equation*}
$$

For a sequence of integers $\alpha=\left(\alpha_{1}, \ldots, \alpha_{N}\right)$, we define the weighted degree of $x^{\alpha}=$ $x_{1}^{\alpha_{1}} \ldots x_{N}^{\alpha_{N}}$ to be $w(\alpha)=w_{1}(q) \alpha_{1}+\ldots+w_{N}(q) \alpha_{N}$. Since $X_{i} \in \mathcal{D}$, its non-holonomic order is necessarily -1 , hence there holds $w(\alpha) \geqslant w_{j}(q)-1$ if $a_{\alpha, j} \neq 0$. Therefore, we may write $X_{i}$ as a formal series

$$
X_{i}=X_{i}^{(-1)}+X_{i}^{(0)}+X_{i}^{(1)}+\ldots
$$

where $X_{i}^{(k)}$ is a homogeneous vector field of degree $k$, meaning that

$$
\delta_{\varepsilon}^{*}\left(\psi_{q}\right)_{*} X_{i}^{(k)}=\varepsilon^{k}\left(\psi_{q}\right)_{*} X_{i}^{(k)}
$$

We set

$$
\widehat{X}_{i}^{q}=\left(\psi_{q}\right)_{*} X_{i}^{(-1)}, \quad 1 \leqslant i \leqslant m
$$

which is a vector field on $\mathbb{R}^{N}$. Then $\widehat{X}_{i}^{q}$ is homogeneous of degree -1 with respect to dilations, meaning that $\delta_{\varepsilon}^{*} \widehat{X}_{i}^{q}=\varepsilon^{-1} \widehat{X}_{i}^{q}$ for $\varepsilon \neq 0$. Moreover,

$$
\widehat{X}_{i}^{q}=\lim _{\varepsilon \rightarrow 0} \varepsilon \delta_{\varepsilon}^{*}\left(\psi_{q}\right)_{*} X_{i}
$$

in the $C^{\infty}$ topology (all derivatives uniformly converge on compact subsets). For $\varepsilon>0$ small enough we have

$$
\begin{equation*}
X_{i}^{\varepsilon}:=\varepsilon \delta_{\varepsilon}^{*}\left(\psi_{q}\right)_{*} X_{i}=\widehat{X}_{i}^{q}+\varepsilon R_{i, \varepsilon}^{q} \tag{10}
\end{equation*}
$$

where $R_{i, \varepsilon}^{q}$ depends smoothly on $\varepsilon$ for the $C^{\infty}$ topology (see also [1] Lemma 10.58]). An important property is that $\left(\widehat{X}_{1}^{q}, \ldots, \widehat{X}_{m}^{q}\right)$ generates a nilpotent Lie algebra of step $r(q)$ (see [10, Proposition 2.3]).

Finally, the nilpotent approximation of $X_{1}, \ldots, X_{m}$ at $q$ is then defined as $\widehat{M}^{q} \simeq \mathbb{R}^{N}$ endowed with the vector fields $\widehat{X}_{1}^{q}, \ldots, \widehat{X}_{m}^{q}$. The nilpotent approximation depends a priori on the initial choice of privileged coordinates. An explicit example of computation of nilpotent approximation is given in [10, Example 2.8].

The nilpotent approximation of a measure $\mu$ on $M$ at $q \in M$ is the measure on $\mathbb{R}^{N}$

$$
\begin{equation*}
\widehat{\mu}^{q}=\lim _{\varepsilon \rightarrow 0} r^{-\mathcal{Q}(q)} \delta_{\varepsilon}^{*} \mu \tag{11}
\end{equation*}
$$

where the convergence is understood in the vague topology. It is important to note that $\widehat{\mu}^{q}$ is proportional to the Lebesgue measure.

### 4.2 Desingularization

Regular and singular points. We say that $q \in M$ is regular if the growth vector $\left(n_{i}\left(q^{\prime}\right)\right)_{0 \leqslant i \leqslant r\left(q^{\prime}\right)}$ at $q^{\prime}$ is constant for $q^{\prime}$ in a neighborhood of $q$. Otherwise, $q$ is said to be singular. If any point $q \in M$ is regular, we say that the structure is equiregular.

Desingularization of vector fields. When $q \in M$ is a singular point, it is possible to lift locally in a neighborhood $U$ of $q$ the vector fields $X_{1}, \ldots, X_{m}$ to vector fields $\widetilde{X}_{1}, \ldots, \widetilde{X}_{m}$ on $\widetilde{U}=U \times \mathbb{R}^{K}$, so that the lift $\widetilde{q}=(q, 0)$ of $q$ is a regular point in $\widetilde{U}$, and many properties of the vector fields are preserved.
Lemma 9. [10, Lemma 2.5 and Theorem 2.9] Let $q$ be a point in $M$. Then there exists $K \in \mathbb{N}$, a neighborhood $U \subset M$ of $q$, coordinates $(x, y)$ on $\widetilde{U}=U \times \mathbb{R}^{K}$, and smooth vector fields on $\widetilde{U}$,

$$
\widetilde{X}_{i}(x, y)=X_{i}(x)+\sum_{j=1}^{K} b_{i j}(x, y) \partial_{y_{j}}, \quad i=1, \ldots, m
$$

such that

- $\widetilde{X}_{1}, \ldots, \widetilde{X}_{m}$ satisfy Hörmander's bracket generating condition in $\widetilde{U}$;
- every $\widetilde{p}$ in $\widetilde{U}$ is regular;
- denoting by $\pi: \widetilde{M} \rightarrow M$ the canonical projection, and by $\widetilde{d}$ the sub-Riemannian distance defined by $\widetilde{X}_{1}, \ldots, \widetilde{X}_{m}$ on $\widetilde{U}$, we have $\pi_{*} \widetilde{X}_{i}=X_{i}$, and for $p \in U$ and $\varepsilon$ small enough,

$$
\begin{equation*}
B(p, \varepsilon)=\pi\left(B^{\tilde{d}}((p, 0), \varepsilon)\right) \tag{12}
\end{equation*}
$$

## 5 Proof of Theorem 2

The proof of Theorem 2 splits into two steps. The first one consists in proving an upper bound on the first eigenvalue of the Dirichlet sub-Laplacian in a sR ball whose radius tends to 0 . This upper bound is uniform in the center of the ball when this center is a regular point. The second step is to use Lemma 9 (i.e., a desingularization) to conclude.

### 5.1 The first eigenvalue of the sub-Laplacian in a small sR ball

We fix $q \in M$ and we take a chart $\psi_{q}: U \rightarrow \mathbb{R}^{N}$ of privileged coordinates at $q$, with $\psi_{q}(q)=0$. Pushing forward to $\mathbb{R}^{N}$ the vector fields $X_{i}$ (resp. the measure $\mu$ ), we can consider them as vector fields (resp. a measure) on $U$. In the sequel, we also push-forward the distance, the balls etc. In particular the push-forward of the ball $B_{r}(q)$ defined in (6) is denoted by $B_{r, q} \subset \mathbb{R}^{N}$, and it is centered at $0 \in \mathbb{R}^{N}$. For that to make sense, we require $0<r<r(q)$ where $r(q)$ is the maximal radius such that $B_{r}(q) \subset U$.

The nilpotent approximations of $X_{1}, \ldots, X_{m}$ (resp. of $\mu$ ) at $q$ are vector fields $\widehat{X}_{i}^{q}$ (resp. a measure $\widehat{\mu}^{q}$ ) in $\mathbb{R}^{N}$ (not only near 0 , since we can extend them by homogeneity). They induce a nilpotentized sR distance and nilpotentized sR balls $\widehat{B}_{r, q}$ (with center $0 \in U$ ).

We denote by $\Delta_{r, q}$ the Dirichlet sub-Laplacian in $B_{r, q}$, constructed with the vector fields $X_{1}, \ldots, X_{m}$ and the measure $\mu$. For $r \leqslant r(q)$, we denote by $L_{r}^{2}$ the space $L_{r}^{2}=L^{2}\left(B_{r, q}, \mu\right)$. We also fix $u_{1} \in C_{c}^{\infty}\left(\widehat{B}_{1 / 2, q}\right)$ such that $u_{1}(0) \neq 0$. Finally, we set

$$
u_{r}(x)=r^{-\mathcal{Q}(q) / 2} u_{1}\left(\delta_{1 / r} x\right)
$$

and we have $u_{r} \in C_{c}^{\infty}\left(\widehat{B}_{r / 2, q}\right)$.
Lemma 10. There exists $c(q)>0$ such that for any $r \leqslant r(q)$ and any $1 \leqslant i \leqslant m$,

$$
\begin{equation*}
\left\|\widehat{X}_{i}^{q} u_{r}\right\|_{L_{r}^{2}} \leqslant c(q) r^{-1}\left\|u_{r}\right\|_{L_{r}^{2}} \tag{13}
\end{equation*}
$$

Remark 11. Note that the norms involved in 13) are the $L_{r}^{2}$ norms and not the $L^{2}\left(\widehat{B}_{r, q}, \widehat{\mu}^{q}\right)$ norms, which would have been more "natural" to state an inequality like 13.)

Proof. First, the ball-box theorem ([4], [10, Corollary 2.1]) yields the existence of $0<\alpha \leqslant 1$ (depending on $q$ ) such that

$$
\begin{equation*}
B_{\alpha r, q} \subset \widehat{B}_{r, q} \subset B_{\alpha^{-1} r, q} \tag{14}
\end{equation*}
$$

We use the fact that $u_{r}(x)=r^{-\mathcal{Q}(q) / 2} u_{1}\left(\delta_{1 / r} x\right)$ and the homogeneity in $r$ of $\widehat{X}_{i}^{q}, \widehat{B}_{r, q}$ and $\widehat{\mu}^{q}$. Due to 11 this implies the following two convergences

$$
\begin{aligned}
r\left\|\widehat{X}_{i}^{q} u_{r}\right\|_{L^{2}\left(\widehat{B}_{r, q}, \mu\right)} & =r^{-\mathcal{Q}(q) / 2}\left\|\widehat{X}_{i}^{q} u_{1}\right\|_{L^{2}\left(\widehat{B}_{1, q}, \delta_{r}^{*} \mu\right)} \underset{r \rightarrow 0}{ }\left\|\widehat{X}_{i}^{q} u_{1}\right\|_{L^{2}\left(\widehat{B}_{1, q}, \widehat{\mu}^{q}\right)} \\
\left\|u_{r}\right\|_{L^{2}\left(\widehat{B}_{\alpha^{2} r, q}, \mu\right)} & =r^{-\mathcal{Q}(q) / 2}\left\|u_{1}\right\|_{L^{2}\left(\widehat{B}_{\alpha^{2}, q}, \delta_{r}^{*} \mu\right)} \xrightarrow[r \rightarrow 0]{\longrightarrow}\left\|u_{1}\right\|_{L^{2}\left(\widehat{B}_{\alpha^{2}, q}, \widehat{\mu}^{q}\right)}
\end{aligned}
$$

Taking the ratio of the two convergences (justified by the fact that $u_{1}(0) \neq 0$ hence the last limit is $\neq 0$ ), we obtain

$$
\begin{equation*}
\left\|\widehat{X}_{i}^{q} u_{r}\right\|_{L^{2}\left(\widehat{B}_{r, q}, \mu\right)} \leqslant c(q) r^{-1}\left\|u_{r}\right\|_{L^{2}\left(\widehat{B}_{\alpha^{2} r, q}, \mu\right)} \tag{15}
\end{equation*}
$$

Using (14) (for $\alpha^{-1} r$ and $\alpha r$ instead of $r$ ), we obtain

$$
\left\|\widehat{X}_{i}^{q} u_{r}\right\|_{L_{r}^{2}} \leqslant\left\|\widehat{X}_{i}^{q} u_{r}\right\|_{L^{2}\left(\widehat{B}_{\left.\alpha^{-1} 1_{r, q}, \mu\right)}\right.} \leqslant c(q) r^{-1}\left\|u_{r}\right\|_{L^{2}\left(\widehat{B}_{\alpha r, q}, \mu\right)} \leqslant c(q) r^{-1}\left\|u_{r}\right\|_{L_{r}^{2}}
$$

which implies the lemma.
Corollary 12. For any $q \in M$, there exists $c(q)>0$ such that for any sufficiently small $r$, there holds $\lambda_{1}\left(B_{r}(q)\right) \leqslant c(q) r^{-2}$.

Proof. We fix $q \in M$ and $1 \leqslant i \leqslant m$. According to (14), we know that $u_{\alpha r}$ is in the domain of the quadratic form defining $\Delta_{r, q}$. We write $X_{i}=\widehat{X}_{i}^{q}+R_{i}^{q}$ as in 10). Then, $R_{i}^{q}$ has only homogeneous of order $\geqslant 0$ components, implying that $\delta_{r}^{*} R_{i}^{q} u_{\alpha}$ is uniformly bounded in $r$. Thus,

$$
\begin{equation*}
\left\|R_{i}^{q} u_{\alpha r}\right\|_{L_{r}^{2}}^{2} \leqslant C(q)\left\|u_{\alpha r}\right\|_{L_{r}^{2}}^{2} . \tag{16}
\end{equation*}
$$

Hence,

$$
\begin{aligned}
\left\|X_{i} u_{\alpha r}\right\|_{L_{r}^{2}}^{2} & \leqslant 2\left(\left\|\widehat{X}_{i}^{q} u_{\alpha r}\right\|_{L_{r}^{2}}^{2}+\left\|R_{i}^{q} u_{\alpha r}\right\|_{L_{r}^{2}}^{2}\right) \\
& \leqslant\left(c(q) r^{-2}+C(q)\right)\left\|u_{\alpha r}\right\|_{L_{r}^{2}}^{2} \\
& \leqslant c^{\prime}(q) r^{-2}\left\|u_{\alpha r}\right\|_{L_{r}^{2}}^{2}
\end{aligned}
$$

where in the second inequality we used Lemma 10 . By the min-max principle (Lemma 5), we get the result.

Lemma 13. When $q$ is regular, the constant $c(q)$ in Corollary 12 can be taken uniform in a small neighborhood of $q$.
Proof. We use the fact that taking a nilpotent approximation is a "uniform" procedure near a regular point (but it is not uniform near a singular point). This fact is described in Section 2.2 .2 in [10], and it mainly relies on the property that $q$ being regular, there exists a frame $Y_{1}, \ldots, Y_{N}$ which is an adapted frame at every point $q^{\prime}$ in a neighborhood $V$ of $q$. This yields a continuously varying system of privileged coordinates in $V$, and a "continuous" nilpotent approximation in $V$ (see Definition 2.9 in [10]).

This implies that the constant $\alpha$ in can be taken uniform over $q^{\prime} \in V$. Note that $u_{r} \in C_{c}^{\infty}\left(\widehat{B}_{r / 2, q}\right) \subset C_{c}^{\infty}\left(\widehat{B}_{r, q^{\prime}}\right)$ for $q^{\prime}$ in $V$ (possibly made slightly smaller) by continuity at this point we should recall that $\widehat{B}_{r / 2, q}$ and $\widehat{B}_{r, q^{\prime}}$ are both centered at $0 \in \mathbb{R}^{N}$. Then, the convergence $\sqrt{11}$ is also uniform over $V$, so the inequality 15 remains true in $V$ with a uniform constant $c(V)$ : for any $q^{\prime} \in V$,

$$
\left\|\widehat{X}_{i}^{q^{\prime}} u_{r}\right\|_{L^{2}\left(\widehat{B}_{r, q^{\prime}}, \mu\right)} \leqslant c(V) r^{-1}\left\|u_{r}\right\|_{L^{2}\left(\widehat{B}_{\alpha^{2} r, q^{\prime}}, \mu\right)}
$$

All in all, 13 is seen to hold at any $q^{\prime} \in V$, with a constant $c\left(q^{\prime}\right)$ uniform over $q^{\prime} \in V$.
Following Definition 2.9 in [10], we know that $q^{\prime} \mapsto X_{i}\left(q^{\prime}\right)-\widehat{X}_{i}^{q^{\prime}}\left(q^{\prime}\right)=R_{i}^{q^{\prime}}$ is continuous in $q^{\prime} \in V$. This implies that the constant $C(q)$ in 16) can be taken uniform over $V$. More precisely, this means that there exists $C(V)>0$ such that for any $r>0$ and any $q^{\prime} \in V$,

$$
\begin{equation*}
\left\|R_{i}^{q^{\prime}} u_{\alpha r, q^{\prime}}\right\|_{L_{r, q^{\prime}}^{2}}^{2} \leqslant C(V)\left\|u_{\alpha r, q^{\prime}}\right\|_{L_{r, q^{\prime}}^{2}}^{2} \tag{17}
\end{equation*}
$$

where we have indicated that both the eigenfunction and the $L^{2}$ space also depend on the point $q^{\prime}$ (and the constant $\alpha$ is uniform over $V$ ). This implies that the constant $c(q)$ in Corollary 12 can be taken uniform over $V$, which proves Lemma 13.

Remark 14. Corollary 12 and Lemma 13 establish upper bounds on the first Dirichlet eigenvalue. Note that lower bounds on the first Neumann eigenvalue were established in [11], this is equivalent to Poincaré's inequality.

### 5.2 End of the proof of Theorem 2

Let us finish the proof of Theorem 2
We assume that $\varphi_{\lambda}$ is an eigenfunction of $-\Delta_{\Omega}$ not belonging to the first eigenspace $E_{\lambda_{1}}$. We denote by $D_{j}$ its nodal domains. According to Lemma 7, the restriction of $\varphi_{\lambda}$ to each domain $D_{j}$ is an eigenfunction of the Dirichlet sub-Laplacian $\Delta_{D_{j}}$, it belongs to its first eigenspace, and $\lambda_{1}\left(D_{j}\right)=\lambda$ for each $D_{j}$. Now, if $x \in \Omega$ and $d\left(q, Z_{\varphi_{\lambda}}\right)>r$, where $d$ is the sub-Riemannian distance (either in $M$ or in $\Omega$, this does not change anything here), then $B_{r}(q) \subset D_{j}$ for some $j$. By the min-max principle, it implies that $\lambda=\lambda_{1}\left(D_{j}\right) \leqslant \lambda_{1}\left(B_{r}(q)\right)$. But $\lambda_{1}\left(B_{r}(q)\right) \leqslant c(q) r^{-2}$ thanks to Corollary 12 , hence $r \leqslant c(q) \lambda^{-1 / 2}$.

If $q$ is regular, using Lemma 13 , we obtain that the constant $c\left(q^{\prime}\right)$ above is in fact uniform for $q^{\prime}$ in a neighborhood of $q$. Hence any sR centered in a neighborhood $V$ of $q$ and of radius $\geqslant c^{\prime}(V) \lambda^{-1 / 2}$ will intersect $Z_{\varphi_{\lambda}}$, which concludes the proof of the theorem "locally near $q$ " in this case.

If $q \in \Omega$ is a singular point, the idea is to desingularize the vector fields at $q$ thanks to Lemma 9 in order to be able to apply the regular case that we just addressed. Following the notations of Lemma 9, we consider

$$
\widetilde{X}_{i}(x, y)=X_{i}(x)+\sum_{j=1}^{K} b_{i j}(x, y) \partial_{y_{j}}, \quad i=1, \ldots, m
$$

for $(x, y) \in U \times \mathbb{R}^{K}$.

It is tempting to consider the sub-Laplacian

$$
\widetilde{\Delta}=-\sum_{i=1}^{m} \widetilde{X}_{i}^{*} \widetilde{X}_{i}
$$

on $U \times \mathbb{R}^{K}$ (the adjoint being computed with respect to $\widetilde{\mu}=\mu \otimes \mathscr{L}_{\mathbb{R}^{K}}$, where $\mathscr{L}_{\mathbb{R}^{K}}$ is the Lebesgue measure on $\mathbb{R}^{K}$ ). But this does not work for our purposes, and instead we will build a sub-Laplacian $\widetilde{\Delta}^{c}$ satisfying the following key properties:

- It is defined on the compact manifold $\Omega \times(\mathbb{R} / 2 \pi \mathbb{Z})^{K}$.
- In a neighborhood of $(q, 0)$ we have $\widetilde{\Delta}^{c}=\widetilde{\Delta}$.
- The vector fields defining $\widetilde{\Delta}^{c}$ satisfy Hörmander's bracket generating condition everywhere in $\Omega \times(\mathbb{R} / 2 \pi \mathbb{Z})^{K}$.
The construction of $\widetilde{\Delta}^{c}$ is achieved through cut-offs and extensions of the vector fields $\widetilde{X}_{i}$. In the sequel, $\mathbb{R} / 2 \pi \mathbb{Z}$ is identified with $[-\pi, \pi)$ (with periodic boundary).

Fix $\delta>0$ small and $V_{1} \Subset V_{2} \Subset U$ neighborhoods of $q$. We consider the following cut-off functions:

- $\chi_{0}: \Omega \rightarrow \mathbb{R}^{+}$a smooth function which is equal to 1 in $V_{2}$ and 0 in $\Omega \backslash U$.
- $\chi_{1}:(\mathbb{R} / 2 \pi \mathbb{Z})^{K} \rightarrow \mathbb{R}^{+}$a smooth function which is equal to 1 for $|y| \leqslant 2 \delta$ and equal to 0 for $|y| \geqslant 3 \delta$.
- $\chi_{2}: \Omega \rightarrow \mathbb{R}^{+}$a smooth function which is equal to 1 on $\Omega \backslash V_{2}$ and equal to 0 in $V_{1}$.
- $\chi_{3}:(\mathbb{R} / 2 \pi \mathbb{Z})^{K} \rightarrow \mathbb{R}^{+}$a smooth function which is equal to 0 for $|y| \leqslant \delta$ and 1 for $|y| \geqslant 2 \delta$.
Note that $\chi_{1}$ and $\chi_{3}$ are periodic. We consider the vector fields

$$
\widetilde{X}_{i}^{c}(x, y)=X_{i}+\sum_{j=1}^{K} \chi_{0}(x) \chi_{1}(y) b_{i j}(x, y) \partial_{y_{j}}
$$

on $\Omega \times(\mathbb{R} / 2 \pi \mathbb{Z})^{K}$ and the sub-Laplacian on $\Omega \times(\mathbb{R} / 2 \pi \mathbb{Z})^{K}$ defined by

$$
\widetilde{\Delta}^{c}=-\sum_{i=1}^{m}\left(\widetilde{X}_{i}^{c}\right)^{*} \widetilde{X}_{i}^{c}+\left(\chi_{2}(x)^{2}+\chi_{3}(y)^{2}\right) \sum_{j=1}^{K} \partial_{y_{j}}^{2}
$$

Let $\varphi_{\lambda}(x)$ be an eigenfunction of $-\Delta_{\Omega}$, with eigenvalue $\lambda$. We consider $\psi_{\lambda}: \Omega \times$ $(\mathbb{R} / 2 \pi \mathbb{Z})^{K} \rightarrow \mathbb{R}$ defined by $\psi_{\lambda}(x, y)=\varphi_{\lambda}(x)$. This is an eigenfunction of $-\widetilde{\Delta}^{c}$ with eigenvalue $\lambda$. We apply Step 1 to $\widetilde{\Delta}^{c}$, which has all required properties: it is defined on a compact manifold, it is subelliptic, the vector fields defining it are regular at ( $q, 0$ ) (since they coincide with $\widetilde{X}_{i}$ near $(q, 0)$ ), and the non-characteristic boundary condition is verified on $\partial\left(\Omega \times(\mathbb{R} / 2 \pi \mathbb{Z})^{K}\right)$.

Therefore, there exists $c(\widetilde{q})>0$ uniform near $(q, 0)$ (for $\left.\widetilde{q} \in \widetilde{V} \subset \Omega \times(\mathbb{R} / 2 \pi \mathbb{Z})^{K}\right)$ and independent of $\lambda$ such that

$$
\begin{equation*}
Z_{\psi_{\lambda}} \text { intersects any sR ball of radius } \geqslant c(\tilde{V}) \lambda^{-1 / 2} \text { centered at a point } \widetilde{q} \in \tilde{V} \tag{18}
\end{equation*}
$$

These sR balls are computed with the vector fields defining $\widetilde{\Delta}^{c}$, and these vector fields coincide near $(q, 0)$ with $\widetilde{X}_{i}$; hence it is equivalent to compute the sR balls with the vector fields $\widetilde{X}_{i}$ since we are considering small balls near $(q, 0)$, with radius much smaller than $\delta$. By the projection property $(12)$, since $Z_{\psi_{\lambda}}=Z_{\varphi_{\lambda}} \times(\mathbb{R} / 2 \pi \mathbb{Z})^{K}$, we finally obtain that

$$
\begin{equation*}
Z_{\varphi_{\lambda}} \text { intersects any sR ball of radius } \geqslant c(\widetilde{V}) \lambda^{-1 / 2} \text { centered at a point } \pi(\widetilde{q}) \in \pi(\widetilde{V}) \tag{19}
\end{equation*}
$$

where $\pi: \Omega \times(\mathbb{R} / 2 \pi \mathbb{Z})^{K}$ is the canonical projection. The constant involved in 19$)$ is thus uniform in a neighborhood of $q$. Using the compactness of $\bar{\Omega}$ we obtain the result.

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