

The first use of olives in Africa around 100,000 years ago

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- 1 **Title:** The first use of olives in Africa around 100,000 years ago
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27 Abstract:

28	The olive tree was an iconic plant for most of the past Mediterranean civilizations, for
29	which it had important economic values. Here, we report the earliest use of fruits and wood
30	from olive trees in Africa so far, around 100,000 years ago. These findings suggest the presence
31	of olive trees in the Atlantic coast of Morocco during most of the last glacial, and the use of
32	olives by the early Homo sapiens for fuel management and most likely for consumption.
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52 Main Text:

Across the Mediterranean Basin, two varieties of olive trees (Olea europaea) exist: a wild 53 O. europaea subsp. europaea L. var. sylvestris and a cultivated O. europaea subsp. europaea 54 L. var. europaea. The oldest wild olive findings were recovered at the Acheulean site Gesher 55 56 Benot Ya'aqov (Israel), dating back to ca. 790 ka (1; ka: kiloanni). Since then, few 57 archaeological evidence has been retrieved (2-5): ca. 62–55, 49 and 43-41 ka in Greece, Israel and Spain, respectively. From ca. 30 ka onwards, archaeological occurrences of olive remains 58 59 rather rare until the Epipalaeolithic (4, 6). It is only from the Neolithic onwards that wild olives were intensively used by Mediterranean human groups, for the direct use of the entire tree (e.g. 60 food, fuel, lighting, medicine and cosmetics) and its conceptualization in mythology and 61 religion (7, 8). The olive was one of the first cultivated trees ca. 6 ka ago owing to its valuable 62 oil derivatives from its fruit (9). 63

64 The sporadic use of wild olives during the Palaeolithic may be due to its scarcity or absence in the vegetation. However, DNA analyses and species distribution modelling (10) 65 demonstrated the capacity of the wild olive to survive the last glacial period in the 66 67 Mediterranean, although its presence would have been confined to refuge zones (4, 10, 11). One of the largest refuge zones were probably situated on the Atlantic coasts of Morocco and 68 the southern part of the Iberian Peninsula (Fig. 1). Here, we present a ca. 100-ka-old evidence 69 of the presence of wild olives during the last glacial period in the Rabat-Temara region of 70 71 Morocco (Fig. 1).

In the Rabat-Temara region, El Mnasra and El Harhoura 2 caves were discovered in 1956 and 1977, respectively (Extended Data Fig. 1). Archaeological material from the Middle Stone Age (MSA; from ca. 120 ka) and Iberomaurusian (Late Stone Age, LSA) is preserved in these caves (*12*, *13*). The findings from the MSA correspond to the Aterian culture with Levallois/micro-Levallois debitage, side scrapers and the presence of tanged tools (tanged tools

only in El Mnasra). Bone tools associated with the Aterian culture have also been recovered at 77 El Mnasra. The Aterian MSA groups at El Mnasra showed some cultural originalities; they 78 produced the largest known Nassaridae perforated shells in Africa and used pigments such as 79 hematite. Human remains were discovered in the Aterian MSA levels at both sites. These 80 stratified coastal sequences with well-preserved successions of Aterian MSA occupations are 81 rare in North Africa, and the Rabat-Temara caves are thus of crucial importance for our 82 83 understanding of the evolution and dispersal of early Homo sapiens within and outside Africa 84 (12).

85 Early Homo sapiens are considered hunter-gatherers. The animal and lithic remains found in archaeological contexts provide information about the hunter behaviour. However, the 86 findings corresponding to the gatherer behaviour (i.e. collect of plants) are uncommon for the 87 Palaeolithic, in particular those related to human diet and plant processing (14, 15, 16). In order 88 to recover plant remains at our sites, a specific methodological approach has been used (12) to 89 optimize the extraction of poorly preserved plant materials. Thus, charcoal (both sites) and 90 charred seed fragments (El Mnasra) from the Aterian MSA levels were recovered (Extended 91 Data Table 1; 12). Seventy-two percent of all charcoal fragments were identified as Olea 92 europaea (12); they can be attributed to the wild variety of Olea europaea by considering the 93 ages of the corresponding cultural levels. Due to the poor preservation of the plant remains 94 95 (12), twenty-four percent of the charcoal fragments can only be identified as dicots, which 96 includes wild olive and other wood taxa. The remaining charcoal fragments (4% of the fragments) are determined as Quercus sp. (evergreen oak), Juniperus/Tetraclinis and 97 Phillyrea/Rhamnus. Regarding the seed fragments, eighty-one percent of all fragments are 98 99 charred olive stones (Extended Data Table 1); sixteen percent cannot be identified due to their poor preservation. Wild olive stones were identified based on their morphology which strongly 100 resembles their modern counterparts (Fig. 2). Charcoal from wild olive was also found in an 101

Aterian MSA combustion feature at the nearby Contrebandiers site (*12*). This suggests the widespread use of wild olives during the Aterian MSA in the Rabat-Temara region. Although charcoal taphonomy needs to be considered carefully (*12*), there is no doubt that wild olives were used by prehistoric hunter-gatherers.

Optically stimulated luminescence and combined U-series/Electron Spin Resonance dating 106 (12, 17) from Aterian MSA levels that include the plant fragments range from ca. 115 to 46 ka 107 108 (Extended Data Table 1). Accelerator Mass Spectrometry dating of a selection of charred olive stones and olive charcoal fragments confirms that the ages of these samples are beyond the 109 110 limits of radiocarbon dating (> 50 ka) for El Mnasra and near the limit for El Harhoura 2 (12). The sole presence of seed fragments in the Aterian MSA levels does not necessarily mean 111 that olive fruits were consumed. However, olive fruits are a key alimentary resource, and since 112 they are easy to collect, one can naturally assume that the Aterian MSA groups likely used the 113 fruits in their diet. One could argue that olive fruits may also have come attached to branches 114 which were used as fuel. The charred olive stones would have therefore resulted from an 115 involuntary action. However, the use of entire branches with fruits and leaves as fuel would 116 not be efficient. Since dry fruits quickly fall off branches and thus, being lost before reaching 117 the fireplace, the material would have been used when it was freshly collected and burnt green. 118 Greenwood, however, has a high moisture content resulting in a lower heating value and high 119 pollutant content during combustion among other disadvantages of its burning properties (see 120 121 below). The species forms also hardwood which would make its collection by cutting difficult, especially without specific tools. Finally, complete olive stones would have been recovered 122 when burnt on its branches. All this points to a conscious use of olive fruits for consumption at 123 El Mnasra. 124

125 It is not entirely clear why the olives stones were broken and charred, which raises 126 important questions about human subsistence strategies. A first hypothesis would be that the

fruit could have been crushed for consumption and the leftovers thrown into the fireplace to 127 avoid the accumulation of alimentary detritus. However, eating crushed fruits would be 128 129 difficult. A second hypothesis would be that after consuming the fruit, the stones were thrown into the fire to eliminate alimentary waste. In that case, a mixture of fragmented (during 130 charring) and whole charred stones would have been recovered. Breakage via heat exposure 131 would have resulted in sharp fractures along the edges of the stones (18), because of the 132 133 splitting of the stones into two halves (19, 20). A third hypothesis would be a deliberate breakage of the stones by humans after consuming the fruits. This would have resulted in an 134 135 almost total fragmentation without specific breakage patterns, as it was observed in our samples. 136

The third hypothesis appears to be most plausible. However, why would humans have 137 crushed the stones after the consumption of olives? We assume that they used the stones to 138 create a residue to enhance combustion. Olive stones and their seeds have a high lignin and oil 139 content (21-22). Therefore, the crushed olive stone residue would result in a slow combustion 140 with long-lasting flames, favoured for cooking. When dried, the residue produces smokeless 141 flames (21), which is a major advantage for prehistoric groups living in caves. Furthermore, 142 olive wood is a good firewood by holding high heat for a long time. Wild olive (wood and 143 stones) may thus be related to fuel management here. The specific use of wild olive as fuel 144 could also be influenced by its abundance in the region. While oak and juniper are also good 145 146 combustibles and present in the landscape, they have not been much considered by the prehistoric groups as only few charcoal fragments from these plants have been recovered. 147

Wood and fruits from wild olive trees were likely collected from the vegetation around Rabat-Temara. Wild olive is an abundant evergreen sclerophyllous tree/shrub in the presentday regional vegetation characterized by a thermo-Mediterranean bioclimate (*12*). Pollen archives show that *Olea* was present in the Mediterranean vegetation since the Miocene and survived the Quaternary glaciations (4, 23, 24). Our findings demonstrate the presence of wild olive on the Atlantic coast in Morocco during the Aterian MSA and most of the last glacial period. This region has already been considered as a refuge for animals during the glacial period, such as the Algerian mouse (12).

There exists no other Aterian MSA archaeological sites for comparison so far. In northern 156 Morocco, the archaeobotanical remains recovered at Taforalt, Ifri el Baroud, Kehf el Hammar 157 158 and Ghar Cahal (25-29; Fig. 1) are much younger, i.e. from some 35 ka ago. There, it has been shown that MSA and LSA groups used different species including Juniperus/Tetraclinis, 159 160 Quercus sp., Pinus sp., Phillyrea/Rhamnus and Pistacia sp. At Taforalt from ca. 15 ka onwards, acorns from oak, pistachios and seeds from pine, juniper, legumes and wild grasses were found; 161 it is assumed that they were consumed (26, 27). These observations might underline two 162 different gathering behaviours between the Aterian MSA groups living from ca. 115-46 ka ago 163 in the Rabat-Temara region and the later MSA and LSA groups living from ca. 35 ka onwards 164 in northern Morocco. The first would be related to fuel management where a species-specific 165 selection of plants is considered due to their burning characteristics and/or their abundance in 166 the vegetation, as found in the case for the Rabat-Temara populations. The second would be 167 related to food consumption, for which a large variety of plants are used for the diet. 168

The early use of wild olives in Africa by Aterian MSA groups from ca. 100,000 years ago might represent improvements in cooking, technological innovations for wood processing and social organization, among other aspects. This finding provides new insights into the understanding of Aterian MSA hunter-gatherer economies, and complete the story of the iconic olive tree in the Mediterranean.

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177 Methods:

Sampling strategy. The recovery of archaeobotanical remains during the excavations was very 178 challenging at both El Mnasra and El Harhoura 2. In particular, since the charcoal fragments 179 'disintegrated' as soon as they were in contact with water (12). Therefore, instead of using 180 water flotation, we followed a 'dry sampling protocol' to optimize the collection of 181 182 archaeobotanical remains. In a first step, all dark-colored objects (i.e. potential archaeobotanical remains) observed during the excavation have been collected with their 183 coating sediments. These samples have been dried and sent to the laboratory (Laboratoire 184 écologie fonctionnelle et environnement (Université de Toulouse, CNRS, INPT, UPS, France) 185 for the extraction of archaeobotanical remains with a sieve of 0.25 mm mesh size and for 186 botanical identification. In a second step, the residual sediments (resulting from the excavation) 187 have been dried and gently sieved with a 1mm sieve mesh size. A visual inspection under a 188 stereomicroscope was performed on the dried-sieved sediments equal to or larger than 1 mm; 189 190 this to collect all visible dark-colored objects elements with the coating sediments that have then been sent to the laboratory for sieving (0.25 mm sieve mesh size) and botanical 191 identification. The pros and cons of using the dry sampling *versus* the water flotation protocol 192 is discussed in the Supplementary Materials (12). 193

The potential archaeobotanical remains with their coating sediments correspond to spatially dispersed combustion residues spread over the archaeological levels and combustion features (*12*). These remains were essentially recovered during the 2009, 2010 and 2017 excavations from the Aterian MSA and LSA levels and few were archived from previous excavations (2001 and 2004), which are also included in this study.

The present study focused on the Aterian MSA levels, for which a total volume of sediment of 414 litres has been analyzed (Table S1); 162 litres correspond to the sediments of combustion features and 252 liters to archaeological sediments retrieved from outside the combustion features (Table S2). A detailed overview of the sediments analyzed per
archaeological level is given in Table S1. For comparison, the total volume of sediment
processed for the MSA-LSA archaeological site Taforalt (northern Morocco) is 561 litres
including both LSA and MSA levels (28).

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Observation of charcoal and seed fragments. The anatomical wood characteristics of the 207 208 charcoal from the archaeological sites were analysed under a reflected light microscope (200x to 500x magnification). Botanical identification was possible when the wood anatomy was 209 210 observed in three dimensions, i.e., cross or transverse, radial and tangential sections (12). For comparison and aiding the identification modern *Olea europaea* charcoal reference samples 211 (Fig. S4) were produced by placing a piece of modern olive wood in an aluminium container, 212 which was covered by pure sand (e.g., Fontainebleau sand) and exposed to heat at 550 °C in 213 an oven. This approach mimics the burning process in fireplaces by avoiding the complete 214 combustion of samples as the supply of oxygen is limited. 215

Most charcoal samples contained high accumulations of iron oxides and minerals in the vessels and parenchyma (Fig. S5; *12*), which made the identification of the wood taxa difficult. The charcoal fragments were chemically cleaned to improve the observation of the main anatomical features. Oxalic acid solutions were used as they do not dissolve the carbonates from the sediments which are incorporated in the wood structure of the charcoals and thus, no mechanical stress is applied due to possible gas releases (i.e. CO2) when using hydrochloric acid solutions.

Fragments of seeds and stones were analysed under a stereomicroscope for botanical identification (*12*). Modern stones from *Olea europaea* were used for comparisons with the fossil findings (Fig. 2). A selection of samples (fossil and modern; charcoal and stones from *Olea europaea*) was analysed using a Scanning Electron Microscope (SEM) in order to observe anatomical details of wood and olive stone morphological features (Fig. 2; Figs S4, S5 and S6).

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Dating of fragments of charcoal and charred olive stones. Dating of the fragments of
charcoal and charred olive stones from Aterian MSA levels was expected to result in ages near
50-45 ka or >50 ka as samples are assumed to be older than the range of radiocarbon dating
(i.e., ca. 50 ka). This would confirm the contemporaneity of these findings and the
archaeological levels in which they were found.

A total of fourteen fragments of charcoal and olive stones were used for dating (Table S4). Six Aterian MSA fragments correspond to charcoal and two to charred olive stones. For comparison with more recent archaeological levels, five fragments from LSA and one from the Neolithic were also dated.

Charred olive stones and charcoal fragments were prepared following the routine pre-239 treatment acid-alkali-acid protocol at the radiocarbon lab (UMR 7209, AASPE) of the Museum 240 national d'Histoire naturelle (MNHN, Paris, France). Samples were pretreated using 241 hydrochloric acid (HCl, 1M, 20°C, 1h) to remove exogeneous carbonates and then rinsed with 242 MiliQ water. A few drops of sodium hydroxide solution (NaOH, 0.125 M, 20°C, 15 min) were 243 added to the MiliQ water to eliminate humic acids and then rinsed again with MiliQ. A final 244 HCl wash (1M, 1h) was applied to remove the remaining contamination from modern CO₂ 245 taken up by alkali (NaOH). Samples were combusted at temperatures superior to 700 °C. CO₂ 246 gas extractions were carried out using a carbon extraction line. Graphitization and AMS dating 247 were carried out at the Laboratoire de Mesure du Carbone 14 (CEA, Saclay, France). Dates 248 were calibrated using IntCal20 and OxCal software. 249

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Statistics and Reproducibility. Two hundred four fossil charcoal fragments and 55 seed 251 fragments from Olea europaea have been observed. They all show the same anatomical 252 characteristics. Three of the fossil seed fragments, four of the fossil charcoal fragments, two 253 modern olive seeds and one modern charcoal fragment from *Olea europaea* were observed by 254 using a scanning electron microscope, which resulted in the micrographs shown in figures 2b-255 d, 2f-h and supplementary figures 4a-f, 5a-d, 6d. Each of the four charcoal fragments was 256 257 broken to create fresh surfaces to observe the anatomical features at the three anatomical wood sections. 258

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Author contributions: Project conceptualization was initiated by L.M. and T.O. Identification of plant macro-remains was performed by T.O. Sampling was carried out by L.M., E.B.A, E.C. and R.N. Dating and faunal data were compiled by E.B.A., E.S., E.C. and C.F. Samples for dating were prepared by E.B.A., A.Z. and O.T. Excavations were led by R.N. and M.E.H. SEM images were taken and interpreted by A.S., W.K., L.M. and T.O. All authors have contributed to the writing of the manuscript and approved the final version.

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276 **Competing interests:** The authors declare no competing interests.

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279 Figure Legends/Captions (for main text figures):

Fig. 1. Location of the archaeological sites in Morocco and suitable areas for wild olive 280 tree growth during the last full glacial cycle in the Mediterranean. (A) Location of the 281 282 Aterian Middle Stone Age and Iberomaurusian Late Stone Age sites cited in the text: 1) sites in the Rabat-Temara region, 2) Ghar Cahal, 3) Kehf el Hammar, 4) Ifri el Baroud and 5) 283 284 Taforalt. (B) Location of the Rabat-Temara sites. (C) Map of potential long-term refugia (red colour), i.e., regions considered as continuously suitable for the growth of wild olive trees 285 during the last full glacial cycle (10). The names of El Harhoura 2 and El Mnasra caves are 286 highlighted in bold. 287

Fig. 2. Morphological characteristics of a modern (wild) olive stone and of fragments of
a charred olive stone (sample E12-DYJSQ) found in the Aterian MSA level 7 at El
Mnasra. (A) Modern stone (stereomicroscope). (B) (F) A furrow (SEM). (C) (G) Detailed
view of a furrow (SEM). (D) (H) Ladder-like structure in the furrow (SEM). (E) Fragment of
Aterian MSA charred olive stones (stereomicroscope). SEM: Scanning Electron Microscope.
Fu: Furrow. Note different scales.

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Data Availability:

Archaeobotanical material. All data and code that are used in the main text and supplementary materials are presented in the file Supplementary Information. The material is housed at the Department of Botany of the University of Innsbruck, Austria.

- 300 Pollen data. The percentages of *Olea* pollen from three marine sedimentary cores (12) are
 301 available in the PANGAEA database:
- 302 A4-M15627-3: https://doi.pangaea.de/10.1594/PANGAEA.55037
- 303 A3-M16004-1: https://doi.pangaea.de/10.1594/PANGAEA.55039
- 304 A2-M15669-1: https://doi.pangaea.de/10.1594/PANGAEA.55038
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