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Translational structural and functional signatures of chronic alcohol effects in mice

Short title: Brain fingerprints of alcohol exposure

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Key words: multimodal brain MRI, diffusion tensor imaging, resting state fMRI, functional connectivity, alcohol addiction, mouse models

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ABSTRACT

BACKGROUND: Alcohol acts as an addictive substance which may lead to alcohol use disorder. In humans, Magnetic Resonance Imaging (MRI) showed diverse structural and functional brain alterations associated with this complex pathology. Single MRI modalities are mostly used, but are insufficient to portray and understand the broad neuroadaptations to alcohol. Here we combined structural and functional MRI and connectome mapping in mice, to establish brain wide fingerprints of alcohol effects with translatable potential.

METHODS: Mice underwent a chronic intermittent alcohol drinking protocol for six weeks before being imaged under medetomidine anaesthesia. We performed open-ended multi-variate analysis of structural data and functional connectivity mapping on the same subjects.

RESULTS: Structural analysis showed alcohol effects for prefrontal cortex/anterior insula (PFC/AI), hippocampus (HIP) and somatosensory cortex (SS). Integration with microglia histology revealed distinct alcohol signatures, suggestive of advanced (PFC/AI, SS) and early (HIP) inflammation. Functional analysis showed major alterations of AI, ventral tegmental area (VTA) and retrosplenial cortex (RSP) connectivity, impacting communication patterns for salience (AI), reward (VTA) and default mode (RSP) networks. AI appeared as a most sensitive brain center across structural and functional analyses.

CONCLUSIONS: This study demonstrates alcohol effects in mice, which possibly underlie lower top-down control and impaired hedonic balance documented at behavioral level, and aligns with neuroimaging findings in humans despite the potential limitation induced by medetomidine sedation. This study paves the way to identify further biomarkers, and to probe neurobiological mechanisms of alcohol effects using genetic and pharmacological manipulations in mouse models of alcohol drinking and dependence.

Abbreviations

ACA Anterior cingulate cortex
ACB Nucleus accumbens
AD Axial diffusivity
AI Agranular insula
ALC Voluntary alcohol intake mice
AMG Amygdala nuclei
AUD Alcohol use disorder
BLA Basolateral amygdalar nucleus
BST Bed nuclei of the stria terminalis
cc Corpus callosum
CTRL Control
CEA Central amygdalar nucleus
CP Caudoputamen
(d)HIP (dorsal) hippocampus
DMN Default-mode network
DORpm Thalamus polymodal association cortex related
DTI Diffusion tensor imaging
ec External capsule
ECT Ectorhinal cortex
ENT Entorhinal cortex
FA Fractional anisotropy
FC Functional connectivity
FD Fiber density
fHIP Hippocampal formation
(rs)fMRI (resting state) functional Magnetic Resonance Imaging
GM Grey matter
HBN Habenula
MD Mean diffusivity
MO Motor cortex

MRI Magnetic Resonance Imaging

MRN Midbrain reticular nucleus

PERI Perirhinal cortex

PFC Prefrontal cortex

PIR Piriform cortex

RAmb Midbrain raphe nuclei

RD Radial diffusivity

RE Nucleus of reunions

ROI Region of interest

RSP Retrosplenial cortex

SEP Septal nucleus

SS(p) (primary) Somatosensory

TH Thalamus

VTA Ventral tegmental area

WM White matter

Introduction

Alcohol use and abuse account for a tremendous burden of disease worldwide (1,2) and is a leading cause of physical and psychological harm to users and their social environment (3). After prolonged, repeated exposure, alcohol acts as an addictive substance that alters broad spectra of neuromolecular targets and signaling cascades (4), initiates genes expression changes, affects the synaptic function (5) and triggers functional and structural brain changes (6,7). Alcohol use disorder (AUD) is therefore considered a complex condition, characterized by distinct stages of the addiction cycle, associated to neuroadaptive brain changes (8).

In humans, Magnetic Resonance Imaging (MRI) studies extensively describe alcohol effects (9–12) highlighting vulnerability of the white matter (WM) (13–15) and revealing gray matter (GM) targets of alcohol use and abuse (16–18). Resting state functional MRI (rsfMRI) connectome investigations bring further evidence that chronic alcohol use leads to neurocircuitry adaptations across cognitive and emotional brain networks and across the alcoholism spectrum (19–23). Recent studies showed a link between patterns of functional connectivity (FC) and neuropathological conditions (24–27) in alcoholism.

Single MRI modalities are however insufficient to portray the complex AUD patterns. Multi-modal MRI and multi-parametric classifiers are necessary to better understand how structural abnormalities relate to alterations of brain function and how these imaging signatures capture, or even predict alcohol consumption behavior. Many of these factors are difficult to control and document in human investigations where mechanistic studies are challenging (28–31). Therefore, translation of these approaches in animal neuroimaging research is essential to reveal the neurobiological underpinnings of multivariate imaging signatures and to advance the quest of stratification markers of AUD.

In rodent behavioral models of alcohol exposure (32,33) longitudinal MRI studies have tracked the brain morphometric profiles (15,34–39) and Diffusion Tensor Imaging (DTI) revealed WM sensitivity to alcohol exposure (14). Limited information is available regarding the effects of alcohol on functional networks' architecture in rodents (20,40–45) and

multimodal studies combining structural and functional MRI are lacking in rodent models of alcohol drinking.

In the present study we carried out a multi-modal in-vivo MRI investigation to identify the consequences of alcohol consumption on brain wide structural and functional circuitries in a mouse model of voluntary drinking. We used the chronic two-bottle choice intermittent access paradigm (46,47), and developed advanced multivariate analysis of structural data (DTI, fiber tractography, morphometry, histopathology) and functional network mapping on the same subjects. Our analyses generate both structural and functional fingerprints of alcohol effects consistent with literature from alcoholism research in humans. This study also sets the basis for further whole brain neuroimaging investigations, using genetic and pharmacological manipulations in mouse models of alcohol drinking.

METHODS AND MATERIALS

Mice and alcohol exposure paradigm. Male mice (50% C57BL/6J - 50% 129Sv Pas) were used for all experiments (ethics 35_9185.81/G-13/15 from Freiburg-Germany and 2003-10-08-[1]-58, Strasbourg-France). Experimental details are given in Supplementary Information 1.1). Voluntary alcohol intake was tested using intermittent access two-bottle choice drinking alcohol paradigm (Fig.1, A) in mice (ALC; n=11), compared to a control group that had access to water only (CTRL; n=12) as previously described (40) and detailed in Supplementary Information 1.2.

In-vivo MRI experiments. 24h after the last alcohol drinking session, in-vivo mouse brain multimodal MRI was performed to acquire T2-weighted images, resting-state functional MRI (rsfMRI) and DTI data, as previously described (48). To evaluate significant structural differences between groups, we performed a multivariate analysis including parametric maps calculated from DTI and T2-weighted data. We generated spatial maps that combined all significant structural MRI parametric modifications in a global cluster. We then used a voxel-wise approach and assigned a specific structural signature of modifications for each voxel.

Voxels presenting similar pattern of multivariate structural modifications were extracted as clusters, covering specific brain regions. We further explored rsfMRI data to map FC using graph theory (49) and seed-based analysis. Detailed methods are provided in Supplementary Information 1.3.

Immunohistological staining. To investigate the brain microstructural substrate of alcohol-induced modifications, we performed IBA1 and GFAP immunostaining of microglia and astrocytes, as described in Supplementary Information 1.4.

RESULTS

Setting up alcohol drinking for MRI investigations

We used a classical model of voluntary alcohol drinking - the intermittent two-bottle choice drinking procedure (Figure 1A) - known to lead to high levels of alcohol consumption in mice (40). Levels of alcohol drinking stabilized over the sessions (Figure 1B) and the mean alcohol intake during the whole experiment was of 11.06 g/kg body weight / 24 hours (one-sample t-test, $p<0.05$). Water intake was comparable in the two ALC and CTRL groups. Image acquisition was performed 24 hours after the last alcohol drinking session, leaving animals in a withdrawal/abstinent state.

Open-ended structural MRI reveals distinct alcohol signatures in PFC/AI, HIP and SS

To investigate potential structural modifications in ALC mice, we conducted a data-driven multivariate analysis combining DTI-derived quantitative parametric indices and voxel-based morphometry results (Figure 2A-D). Overall results are mapped in Figure 2A and E, indicating brain areas significantly impacted by alcohol in GM and WM respectively. We identified three GM clusters (Figures 2B, C, D) and one WM cluster (Figure 2F), each characterized by a specific structural MRI multi-parametric signature.

For the GM regions, a first cluster, covering the prefrontal cortex (PFC) and partially the insular cortex (AI), featured significantly higher diffusivity values in ALC mice compared to CTRL (Figure 2B) including axial (AD, $z = 2.98$), radial (RD, $z = 2.61$) and mean (MD, $z =$

2.76) diffusivity. The fractional anisotropy (FA), depending on RD and AD values, was also higher in the PFC/AI ($z = 2.57$), a likely consequence of the high AD increase in ALC mice. Morphometry measurements showed a volumetric decrease of these areas (logjacobian, $z = -2.13$), while fibers density (FD) mapping derived from tractography showed higher values (FD, $z = 2.66$). Forming a second cluster, dorsal hippocampus (dHIP) presented a very different pattern of structural modifications (Figure 2C). FA values were significantly higher ($z = 2.84$) in the ALC group compared to CTRL, whereas decreased diffusivity values were found for AD ($z = -2.1$), RD ($z = -2.98$), and MD ($z = -2.83$). A third pattern of structural MRI signatures covered the somatosensory (SS) cortex of ALC mice (Figure 2D), showing a tendency for lower diffusivity values for MD ($z = -1.85$), RD ($z = -1.83$) and AD ($z = -1.71$). Morphometric measurements detected a significant decrease of SS volume ($z = -2.09.16$) in ALC mice (Figure 2D). Finally, a WM cluster (Figure 2E) covering the corpus callosum (cc) and the external capsule (ec) showed a similar pattern of change in ALC mice as for the dHIP, characterized by higher FA values ($z = 3.49$) and lower diffusivity in RD ($z = -2.3$), MD ($z = -2.2$) and AD ($z = -1.79$).

In sum, our analysis detected significant effects of voluntary alcohol drinking on the mouse brain microstructure, with distinct multivariate signatures characterizing PFC/AI, dHIP, SS and cc/ec areas.

Alcohol exposure induces activation of microglia and astrocytes in PFC/AI and HIP

To investigate the neurobiological basis for microstructural differences induced by alcohol drinking, we examined neuroinflammatory processes considered essential in alcohol-related neuroadaptations (50). We focused on AI, PFC and HIP (Figure 3), the main nodes for plasticity identified in our functional and structural MRI analysis. We performed IBA1 and GFAP immunostaining of microglia and astrocytes. We quantitatively evaluated the surface (% area) of marked cells (for both IBA1 and GFAP), as well as the number of microglial cells (for IBA1). GFAP % area quantification revealed an astrogliosis trend in PFC/AI ($p=0.0525$) and HIP ($p=0.047$, data not shown), associated with cell reshaping into dominant bipolar

features in the ALC group, specific to astrocytic activation. IBA1 staining revealed comparable changes in the PFC and AI of ALC mice, characterized by significant increase in microglial cell number for ALC mice with higher statistical significance for PFC (Figures 3A). This was associated with microglial shape changes: less ramified cell processes with larger extra-cellular space for ALC mice (Figure 3B) resulted in a lower % of IBA1 stained surface compared with the CTRL brains in AI and PFC. A different pattern was observed in HIP (Figure 3A), which also showed significant increase of microglial cells ($p<0.001$), but combined with increased IBA1 staining coverage for ALC mice. Altogether therefore, alcohol increased the number of microglial cells in all three regions, accompanied with either cell processes shrinking (AI, PFC) or hypertrophy (HIP), consistent with the distinct MRI signatures.

We next integrated structural multi-parametric MRI (Figure 2) and histological quantification of microglial activity (Figure 3B) to provide a fingerprint of structural modifications in the PFC/AI and HIP of alcohol-exposed mice. In the PFC/AI areas (Figure 3C), the global significant increase of DTI-derived features was associated with microglial activation and processes shrinking, suggestive of inflammatory processes that may have led to other tissue damages. In contrast, the HIP signature (Figure 3D) showed a significant increase of FA only, associated with increased number of activated, ramified microglial cells, a likely hallmark of an earlier phase of neuro-inflammation.

Graph network analysis of rs-fMRI data demonstrates major alteration of AI, VTA and RSP connectivity

We further evaluated FC differences using graph network analysis. We focused on a circuit of 26 brain regions known for their involvement in drug reward, alcohol seeking and drinking behavior (5,6). We first used the 26x26 FC matrix to characterize group-specific FC patterns (Figure 4), and mapped the FC organization of statistically significant connected nodes for each group (network diagrams, Figures 4A and B). We ranked these nodes according to their significance in “degree”, and also show their associated significant “hubness” (Figures 4A

and B – graph bars). Overall, there was a lower number of significantly connected nodes in ALC (20) compared to CTRL (23) mice. The most significant node in terms of degree was the HIP for both groups. However, in ALC mice, graph network diagrams highlighted hyper-connectivity of RSP, appearing as the second most influential node in the ALC brains for the number of significant connections (degree=7), and showing highest hubness values (10.3). Further, reward-related nodes decreased their hubness, including the ACB (ALC 3.3 vs CTRL 4.6), VTA and RAmb (not-significant in ALC group). In contrast, aversion-related nodes strengthened their importance as hubs in ALC mice, including habenula (HBN, ALC 5.7 vs. CTRL 4.6) and central amygdala (CEA, ALC 1.1 vs CTRL non-significant), suggesting altogether modifications in the hedonic balance.

Next, we carried-out an inter-group statistical comparison of FC matrices (ACL vs. CTRL; two-sample t-test, $p<0.05$, uncorr.), showing alcohol sensitive nodes and connections (Figure 4C and D). We established a ranking for most changed nodes (Stouffer coefficient, $p<0.05$, uncorr., Figure 4C), and summarized significantly changed connections graphically (Figure 4D). We found significant FC differences for three nodes: AI, VTA and RSP. As regards to their connectivity, edges connecting AI to DORpm ($p=0.0009$), prefrontal cortex (PFC; $p=0.022$), raphe nuclei ($p=0.034$), hippocampal formation (PERI/ECT/ENT or fHIP; $p=0.038$) and the septum (SEP; $p=0.048$) were significantly modified in ALC compared to CTRL mice. Additionally, core nodes of the Default Mode Network (DMN), the RSP and ACA, showed strongly modified connectivity with sensory areas in the ALC group: RSP with olfactory cortical areas (RSP - PIR connection; $p=0.037$) and ACA with somatosensory cortex (ACA – SSp connection; $p=0.001$). FC was also modified for VTA – ACA ($p=0.010$), representative for DMN-reward inter-network connectivity. Finally, some other significant FC alterations were observed, involving basal ganglia/extended amygdala nodes and connections (SEP, CP, CEA, BLA) (Figure 4C).

In conclusion, three brain areas and their associated connections show most significant differences: the AI – hub of the salience network; VTA – core node of the

mesocorticolimbic dopamine circuitry and key for reward/aversion mechanisms; RSP –main driver of the DMN in the rodent brain.

Seed voxel-wise analysis of rsfMRI data reveals alcohol FC patterns for salience (AI), reward (VTA) and default mode network (RSP) nodes

To acquire a brain-wide view of functional alterations for the three major alcohol-modified nodes, we performed a seed-based voxel-wise inter-group comparison ($p<0.05$, FDR cluster-corrected; Figure 5). We examined FC for AI (salience), VTA (reward) and RSP (DMN), and also explored the PFC, amygdala (AMG), bed nuclei of stria terminalis (BST) and SS (Suppl. Figure 2) networks, as they showed either strong modifications in our structural analysis, or have been largely associated with alcohol seeking/drinking behavior (19,21,40,45,51). First, AI significantly increased its connectivity with somatomotor cortices (SS and MO) and VTA following ALC exposure (Figure 5A). Next, alcohol consumption induced VTA hyperconnectivity with core regions of reward (ACB, CP), aversion (HBN), salience (AI) and DMN (ACA and RSP) (Figure 5B). VTA additionally showed increased FC with nucleus of reuniens (RE), thalamic area associated with memory processes. Third, alcohol drinking altered RSP's FC (Figure 5C), with increased patterns toward somatomotor cortices, substantia nigra (SN), midbrain reticular nucleus (MRN) and thalamic areas (TH). Finally, modifications of PFC FC (Suppl Figure 2) included significantly weaker PFC - AI connectivity in ALC compared to the CTRL mice, but stronger FC between PFC and CP, AMG and VTA

Data from seed-based analysis (Figure 5A, B, C and Suppl. Figure 2) are summarized in network diagram (Figure 5D), representing significant voxel-wise FC modifications, with a focus on AI, VTA and RSP. In sum, this analysis shows strong alterations of salience (AI), reward (VTA) and DMN (RSP) -like networks, with basal ganglia (ACB, BST, CP) and aversive subcortical centers (AMG, HBN) and several cortical areas (PFC, HIP, SS).

DISCUSSION

In this study, we used the 2-bottle choice chronic intermittent access paradigm (40,47,52–54), considered a standard model of excessive voluntary alcohol drinking in mice. We performed non-invasive MRI in these mice and analyzed their brain state after 6 weeks drinking using multi-parametric structural MRI and classification approaches, as well as mapping of intrinsic functional networks' architecture. Our data provide in-vivo fingerprints of alcohol-induced modifications of both microstructural and functional connectome, capturing brain-wide and regional effects of chronic alcohol consumption.

Structural MRI indicators point to specific modifications in GM areas, shown critical in human AUD (6,16,51,55), including prefrontal, insular and sensory-motor cortices and hippocampus. We mapped region-specific microstructural patterns – possibly accounting for differential vulnerability or reactivity to alcohol, or highlighting time-dependent evolution of the pathology. The results were attuned with ex-vivo findings of differential histopathologic patterns of microglial and inflammatory processes.

We further show in the same animals, perturbed functional inter-play between driver-nodes of salience (AI), reward (VTA) and default mode networks (RSP). FC modifications include basal ganglia (ACB, BST, CP and AMG), aversive subcortical centers (HBN) and executive as well as sensory control areas (PFC, SS), all evocative of connectome modifications described in AUD (19,56). The key findings are schematically summarized in Figure 6, showing areas found most affected from structural analysis and FC alterations. It is of note that, in our multimodal analysis, PFC/AI is a key disrupted brain region at both structural and functional levels.

The analysis of microstructural modifications uncovers region-specific fingerprints

Multivariate statistics of structural MRI identified three different parametric profiles of significant alcohol effects in GM, spatially localized in PFC/AI, SS, and HIP. This data-driven finding is consistent with previous reports of altered cortical and subcortical systems involving the PFC, HIP and SS (57) in both human and rodents (58–62).

The first cluster – overlapping PFC and partly AI shows increase of all diffusivity values, with higher increase of AD - associated to main diffusion/fibers orientation - than RD and resulting in a significant FA elevation. This particular parametric signature relates to immunohistochemistry findings in PFC/AI, showing a greater number of microglial cells but reduced/depleted ramifications in ALC mice. This is suggestive of an activated microglial phenotype, often described in the context of ongoing neurodegeneration and neurotoxicity (63). Therefore, higher diffusivity indices in PFC/AI might reflect combined inflammatory and degenerative processes, enlargement of extracellular space and/or cellular loss. Alcohol consumption has indeed been related to neuroinflammation (50,64,65) and neurodegeneration in postmortem human alcoholics (66) and mice treated with ethanol (64,67).

The second (HIP) and the third (SS) clusters of significant alcohol induced effects identified by multivariate classification as well as the WM cluster (cc/ec); are characterized by lower diffusivity and higher FA. The higher density of IBA1+ cells with highly ramified profile in the HIP of ALC mice correspond to an earlier stage of microglial reactivity and proliferation (68), although other microstructural affectations cannot be excluded. Reduced AD and RD values were previously associated with early phase of microglial, astrocytes infiltration, and acute axonal damage in mice (69,70). However, these reduced diffusivities could also reflect the development of cytotoxic brain edema (71).

While interpretation of some diffusion parameters can be challenging (72), they have been extensively used to better understand the physiopathology of brain diseases (73–76) investigating combined white and grey matter changes (77–83).

Modifications in diffusion parameters have been associated to different stages of Wallerian degeneration in axons, initiating an inflammatory response (84). According to the profile of diffusion indices, microstructural alterations following a nerve injury could be divided in two phases: (i) decrease of diffusion parameters would be related to the earliest stage of neuroinflammation (microglial proliferation) whereas (ii) gradual increase of MD, AD, RD have been associated with the later phase of neuropathological processes, including

microglial activation with morphology changes; myelin clearance and astrogliosis (84). A recent translational study in chronically drinking humans and rats associated a widespread increased MD in the brain GM with robust decrease in extracellular space tortuosity explained by reduction of microglia complexity (85). Additionally, ethanol abstinent rats (86) showed increased MD occurring concomitantly with increases in myelin associated proteins, flayed myelin, enhanced mitochondrial stress and neuroinflammatory response in medial PFC. In coherence with our histological findings, we therefore suggest that the observed microstructural modifications in the PFC, HIP and SS could be related to differential stages of the neuroinflammatory and neurodegenerative process. In PFC, the global increase of diffusion parameters, might reflect more advanced pathology associated with alcohol induced neurotoxicity and characterized by reactive microglia, astrogliosis and possibly ongoing axonal and myelin damage (50,64,66,67).

In our study we also report regional morphometric divergence in the ALC mice: (i) decreased volume of the PFC/AI and SS, where advanced inflammatory processes might lead to various degenerative processes; (ii) enlarged HIP volume corroborating a different pattern of IBA1 staining. Similarly, a group exploring a transgenic mouse presenting higher alcohol consumption detected decreased volume of the PFC and SS but not HIP (87). Alcohol related brain volume changes have been previously reported in human (55,88) studies, showing reduction in fronto-parietal areas including PFC, AI, and brain reward system as well as white matter tracts (89), also consistent with our functional analysis.

Finally, higher FA values were intriguingly but constantly observed in our study and positively correlated with alcohol consumption (Suppl Figure1). McEvoy et al., recently examined the WM FA as a function of alcohol intake in Human, and found increased FA in several major tracts – including cc - with increasing alcohol intake, reaching a maximum at the moderate drinking level, and only decreasing with greater alcohol intake. Because many studies previously reported decreased FA values related to AUD mechanisms or abstinence (9,10,58,86), we suggest that our findings might capture ongoing moderate pathology.

Impaired inter-networks communication reflects corticolimbic dysfunction.

Our functional analysis identified remodeling of network connectivity. We show with graph theory a strong impact of alcohol drinking on hubness properties of cortical FC nodes, notably RSP and SS. In addition, reward/aversion centers of the mesocorticolimbic circuitry (VTA, ACB and HBN) as well as basal ganglia (CP, SEP, PAL, BST and CEA) showed altered (decreased or increased) hubness, suggestive of unbalanced processing of the reward/aversion mechanisms at circuitry level. Direct statistical comparison of FC matrices of ALC and CTRL groups completed the picture with alterations of AI and the salience network, and seed-based analysis revealed modified communication between AI and reward/aversion and default mode systems. The latter analysis also highlighted FC differences of other nodes, which were also identified in the multivariate structural analysis: (i) the PFC/ACA - involved in decision-making and inhibitory control behavior in alcohol dependency (51); (ii) SS/MO areas, (iii) HIP network and (iv) basal ganglia nodes (ACB, BNT, AMG). This overlap between structural and functional findings is in line with the structural-functional correspondence hypothesis of brain networks (90,91).

Our findings from the rsfMRI analysis are aligned with both preclinical and human studies - consistently showing perturbed mesocorticolimbic communication in AUD (19,92). In rodent research, VTA has been widely described as crucial node of this system, regulating dopamine release in addiction and responsible for the craving state in alcohol dependency (44,93,94). Our results indicate increased FC of the VTA with other-reward centers including ACA, ACB, CP, HBN, HIP; and the thalamus. Several pathological mechanisms have been associated with an increased inter-network FC and hyperconnectivity (95–97), which could be explained as a maladaptive mechanism mediated by dedifferentiation of functional networks (98). Other studies in mice showed a predictive link between elevated activity within reward-related networks and vulnerability for alcoholism (51,99). A comparable intermittent ethanol exposure protocol in mice (93) generated similar hyperexcitability of the cortico-striatal pathway. The hypersynchrony of the VTA's rsfMRI signal with other reward areas (notably ACB) might be related to increased firing rate of dopamine neurons led by chronic

alcohol consumption (94,100) and/or an increase of its release in the ACB (101). In humans, VTA-RSP and VTA-ACA increased inter-communication – as seen in the seed-based analysis - has been associated with increased anxiety in alcoholics (23). RSP and ACA nodes are central for the DMN state, and DMN changes in AUD have been largely associated to disrupted cognitive and emotional functions. DMN disrupted interaction with other networks, including salience and the executive control network (102) is known to affect cognition, emotion, attention and impulsivity, contributing to craving and relapse in substance use disorders (23). Moreover, the weakened “willpower” of alcohol users has been suggested to be the consequence of the disruption of a triadic model (56) involving the AI, PFC, and basal ganglia networks.

RsfMRI acquisition in our study was performed under anesthesia using the alpha-2-adrenergic agonist medetomidine. Based in literature (103–106), medetomidine at low doses induces sedation rather than full anesthesia, and reasonably preserves the integrity of FC networks as compared to awake rodents. Nevertheless, we cannot exclude a specific impact of the medetomidine sedation on the FC of ethanol exposed mice. Repeated dexmedetomidine subcutaneous administration during withdrawal was previously reported to lead to a decrease of withdrawal symptoms in rats exposed to alcohol (107). So far no data are available regarding such an interaction and its impact on the functional connectome.

Of note is that AI was identified from both structural and functional analyses as a brain center strongly altered by alcohol exposure (Figure 6). Similar changes were found in AUD patients (108) using graph-based analysis, showing stronger connectivity and increased centrality of the anterior insula associated with increased risk of relapse. AI may therefore drive integration of interoceptive states in AUD, coherently with AI within-networks FC modifications that have been associated with motivation and alcohol craving (19). Consistently, several preclinical studies showed that functional modulation of insula (93,109) significantly alters alcohol intake. This brain structure mediates interoceptive effects of alcohol (110) and addiction-related internal states (112,114). Particularly, the anterior insula presenting a distinct connectivity pattern from posterior/medial insula (111), would drive

alcohol consumption despite negative consequences (113,115). All these roles may modulate the alcohol intake (116), therefore AI structure and function may represent both a biomarker and a mechanistic basis to evaluate and understand AUD.

Conclusions

With multimodal structural and functional MRI performed in the same subjects, we here identify several signatures of alcohol-induced neuroadaptations in mice, pointing at strong and possibly early sensitivity of the PFC/AI. More broadly, the preclinical model of excessive alcohol drinking used in this study identifies brain-wide alterations, possibly underlying the lower top-down control and impaired hedonic balance typically observed at behavioral level (117). Finally, our data also corroborate neuroimaging results in humans (19,56), paving the way to identify further translatable biomarkers and probe circuit and/or treatment mechanisms using genetic and pharmacological manipulations in mouse models of alcohol drinking and addiction.

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LEGENDS TO FIGURES

Figure 1: Chronic alcohol exposure: experimental design and drinking behavior.

A. Experimental design of the two-bottle choice drinking alcohol paradigms, consisting in 20 sessions of 24h hours of access to alcohol (ALC mice, n=11) or water (CTRL mice, n=12) for 45 days. Alcohol consumption over time is represented in **B**. **C.** 24h after the last alcohol access session, mouse brain MRI is acquired combining resting-state functional MRI (rsfMRI), advanced-DTI and anatomical imaging sequences to respectively investigate functional connectivity, structural connectivity and morphological brain changes. Brains were then collected for immunohistology of microglia cells (IBA1 and GFAP).

Figure 2. Signatures of structural modifications upon voluntary alcohol drinking.

Multivariate data driven analysis was performed using several quantitative MR-based parameters reflecting structural tissue characteristics. Structural MRI parameters include axial diffusivity (AD), associated to longitudinal diffusivity of water molecules along tissues; radial diffusivity (RD) informing perpendicular diffusion to the longitudinal axis; mean diffusivity (MD) extracted from rotationally invariant diffusion in a voxel; fractional anisotropy (FA) corresponding to a normalized measure of diffusion direction (118); fiber density (FD) extracted using tractography algorithms to calculate the intervoxel connectivity, and morphological deformation (logjacobian). Voxels with significant inter-groups differences in the GM (**A**) and the WM (**E**) between ALC (n=11) and CTRL (n=12) groups (ALC vs. CTRL groups) are shown in red ($p<0.05$ uncorr; freedom degree = 21). **B**, **C**, **D**. Data driven clustering results identify three main clusters of inter-group differences (ALC vs. CTRL), with specific multivariate signatures presented in the associated radar plots. Dark blue circles represent CTRL group values; larger circles show an increase from CTRL values and smaller circles indicate a decrease. Significant differences between groups (ALC vs. CTRL) at $p<0.05$ ($z = 2$) are represented by light blue circles, and at $p<0.01$ ($z = 3$) in red circles. **B**. Coronal slices show the first cluster covering prefrontal cortex (PFC) and partly rostral

agranular insular (AI) areas characterized by similar parametric signatures (associated plot shows higher AD, RD, MD, FA, FD and lower volume in ALC mice), **C**. The cluster covering dorsal hippocampal brain regions (dHIP) shows lower diffusivity (AD, RD, MD) and higher FA, FD and volume in ALC than CTRL group. **D**. The cluster covering somatosensory (SS) and motor areas is characterized by lower diffusivity (AD, RD, MD) and FD, higher FA and smaller volume in ALC than in CTRL group. **F**. A significantly different WM cluster was found covering the corpus callosum (cc) and the external capsule (ec) characterized by lower diffusivity (AD, RD, MD), higher FA and smaller volume in ALC than in CTRL group.

Figure 3. Microglia modifications upon voluntary alcohol drinking.

A. Representative images of IBA1 staining are shown in the PFC of CTRL and ALC mice, exemplifying counting (top panels) and thresholding approaches to segment on the IBA1 staining the morphology of the microglial cells (red) and to measure the % IBA1 stained area.

B. Quantitative histopathological analysis of IBA1 staining in the prefrontal cortex (PFC), the insular cortex (AI), and the hippocampus (HIP) in CTRL (grey) and ALC (blue) mice. Differences between groups were evaluated regarding the density of positive cells (cells/100000 μ m²) and the stained % area (two-sample t-tests; *p<0.05; **p<0.01; ***p<0.001; ****p<0.0001).

C and D. Quantitative parameters derived from advanced-DTI and histological differences reaching statistical significance in inter-group comparison, and are represented in Z-score (*p<0.05, **p<0.01). The radar-plots in **C and D** show the pattern (dark blue line) of combined results including significant group differences in MD, RD, AD, FD, FA, IBA1 stained % area, IBA1 density of positive cells, and logjacobian in AI/PFC and HIP. The green lines indicate the p<0.05 thresholds of significance (increase or decrease) relative to the CTRL group parameters – bold grey line. Giving a global perspective on the pathological state of the PFC, **C** shows a potential relationship between the significant increase of all diffusivity-related quantitative MRI parameters and a microglial response reflecting an increased number of IBA1 cells but a decrease of %stained area in ALC mice due to

shrinkage of microglial processes. **D.** In HIP, the plot illustrates a different pathological pattern than in the PFC, showing a significant increase in FA only, associated with an increase of both the number and the coverage percentage of microglial cells in the HIP.

Figure 4. Remodeling of functional connectivity across 26 brain regions upon voluntary alcohol drinking.

A, B. Network diagrams for each group (**A** – CTRL group n=12; **B** – ALC group n=11) of the brain functional connectivity. Statistically significant connections ($p<0.01$, FDR corrected; CTRL freedom degree = 11; ALC freedom degree = 10) are presented as lines connecting the nodes in each graph (thickness is correlated with the connection strength, and colors with the correlation coefficient value). The size of nodes indicates the “hubness” property while their color reflects the “degree” property of the respective node (higher in green). Histograms represent the ranking of significantly connected nodes according to the degree, and the hubness coefficient of each node. **A.** In CTRL mice dorsal hippocampus (dHIP), DORpm thalamic nucleus (thalamus polymodal association cortex-related) and caudate putamen (CP) present the highest degree (rank 1, highest degree = 7). Cortical retrosplenial area (RSP) and pallidum (PAL) were ranked equally on the second position (degree = 6), followed by septal nuclei (SEP) (rank 3, degree = 5). Nodes of basal ganglia system showed particular prominence within the global FC matrix: the caudate putamen (CP), pallidum (PAL), septal nuclei (SEP) and bed nuclei of the stria terminalis (BST) were ranked 2nd, 3rd, 4th and 6th respectively (CP: degree = 7; hubness = 7.2; PAL: degree = 6; hubness = 7; SEP: degree = 5, hubness = 6.9; BST: degree = 4, hubness = 6.5). Reward-aversion related nodes such as the accumbens nucleus (ACB), ventral tegmental area (VTA), raphe nucleus (RAmb) or habenula (HBN) showed comparative degree values (degree = 4) but different influences in hubness. The RSP presented a high degree of connectivity and hubness (degree = 6; hubness = 5). The insular cortex (AI) showed strong significant connectivity particularly towards prefrontal cortex (PFC), VTA, piriform cortex and CP. **B.** In ALC mice, we found higher maxima and lower minima of significantly connected nodes, in both degree (ALC: max

= 8, min = 1; CTRL: max = 7, min = 2) and hubness (ALC: max = 10.3, min = 1.14; CTRL: max = 7.7, min = 1.3), when compared to CTRL mice. The most significant node in degree was the dHIP, also showing higher hubness values in ALC group (9.6) then in CTRL (6.7) group. RSP was found as one of the most influential nodes in the ALC brains, showing the highest hubness values, and ranked 2nd for the number of significant connections (degree = 7; hubness = 10.3). The reward related nodes such as ACB, VTA and RAmb decreased their hubness (ACB: hubness = 3.3 in ALC group vs. 4.6 in CTRL group; VTA and RAmb: not significant hubness in ALC group). The aversion related nodes strengthened their importance as hubs, including the HBN (hubness = 5.7 in ALC group vs. 4.6 in CTRL group) and the central amygdala (CEA hubness = 1.1 in ALC vs. not significant in CTRL). **C and D** show inter-groups comparison graphs (ALC vs CTRL) of the brain functional connectivity. Statistically significant differences ($p<0.01$, FDR corrected) were calculated according to the Stouffer coefficient. **C.** Ranking of most different nodes between ALC and CTRL groups (Stouffer analysis, $p<0.05$, uncorr., freedom degree = 21) is provided in the histogram. Tables show all significantly different connections (edges) between groups (** $p<0.001$, ** $p<0.01$, * $p<0.05$). Four separate sections are presented, to get together the AI changed connections, the DMN-related areas (RSP and ACA), and the VTA. The last section shows significantly modified edges between all other nodes. **D.** Differences between ALC and CTRL brain FC are graphically represented on a sagittal brain view, showing both significantly changed nodes (green circles) and significantly different edges (red lines, increased FC; blue lines, decreased FC). Connection strength differences are depicted on a scale of correlation coefficients.

[Abbreviations: anterior cingulate area (ACA); nucleus accumbens (ACB); agranular insular cortex (AI); auditory area (AUD); basolateral/basomedial amygdalar nuclei (BLA/BMA); bed nuclei of the stria terminalis (BST); caudate putamen (CP); central amygdalar nucleus (CEA); dorsal hippocampus (dHIP); thalamus polymodal association cortex related (DORpm); thalamus sensory-motor related (DORsm); habenula (HBN); primary motor cortex (MOp); periaqueductal grey (PAG); pallidum (PAL); piriform cortex (PIR); prefrontal cortex (PFC);

perirhinal/ectorhinal/entorhinal cortex (PERI/ECT/ENT or fHIP); Raphe nucleus (RAmb); retrosplenial cortex (RSP); septum nucleus (SEP); primary somatosensory cortex (SSp); temporal association area (TEa); ventral hippocampus (vHIP); visual area (VIS); ventral tegmental area (VTA)]

Figure 5. Remodeling of seed-voxelwise functional connectivity for most changed nodes upon voluntary alcohol drinking. Inter-group (ALC vs. CTRL) differences in the functional connectivity patterns derived from seed-based analysis for: **A.** agranular insula (AI); **B.** ventral tegmental area (VTA); **C.** retrosplenial cortex (RSP). Voxel-wise inter-groups statistical comparison was carried out on seed-based connectivity maps, using a two-sample t-test, $p<0.05$, FDR cluster corrected, freedom degree = 21. Scales represent t-values for contrasts: ALC FC > CTRL FC in red (there was no significant ALC FC < CTR). **D.** Summary scheme of functional seed-based analysis showing key FC modifications for each of the three selected seeds (AI, VTA and RSP) in addition to differences in prefrontal cortex (PFC – suppl. Figure 2A), amygdala (AMG - suppl. Figure 2B), bed nuclei of stria terminalis (BST– suppl. Figure 2C) and somatosensory cortex (SS - suppl. Figure 2D). Alcohol exposure strongly impacted the functional connectivity of all these centers with limbic areas, known to mediate reward/aversion and stress responses (accumbens - ACB; AMG; habenula – HBN; caudate putamen – CP and BST). Additionally, the network drivers displayed perturbed functional connectivity towards brain areas that shown structural MRI parametric modifications: PFC; Anterior cingulate area – ACA, SS and hippocampus – HIP. Red lines indicate increased connectivity in ALC group, while blue lines indicate weakened FC in alcohol drinking mice, compared to CTRL.

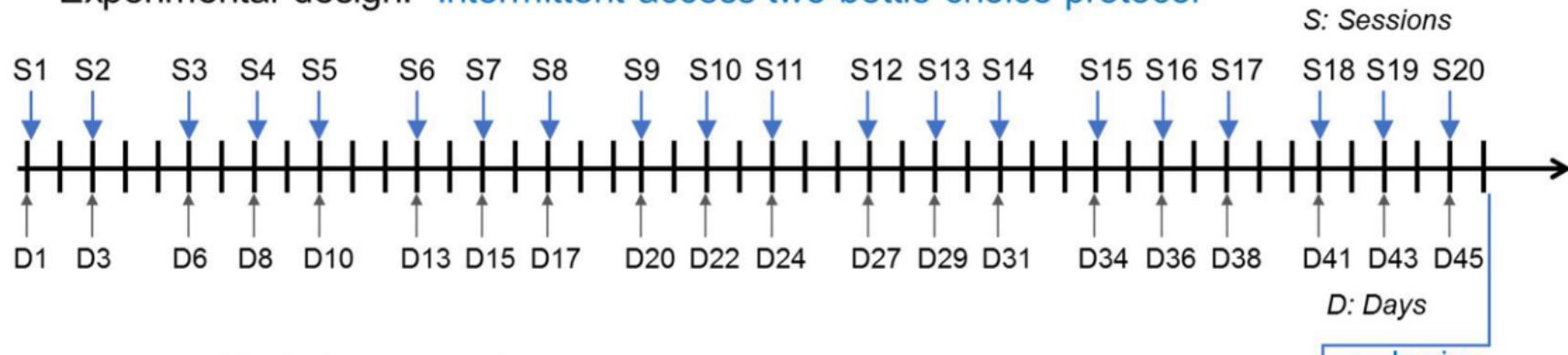
[Abbreviations: anterior cingulate area (ACA); nucleus accumbens (ACB); agranular insular cortex (AI); amygdala (AMG); caudate putamen (CP); habenula (HBN); hippocampus (HIP); motor cortex (MO); midbrain reticular nucleus (MRN); retrosplenial cortex (RSP); reunions nucleus (Rn); substantia nigra (SN); somatosensory cortex (SS); thalamus (TH); ventral tegmental area (VTA)]

Figure 6. Summary of key structural and functional modifications in mice upon voluntary alcohol drinking.

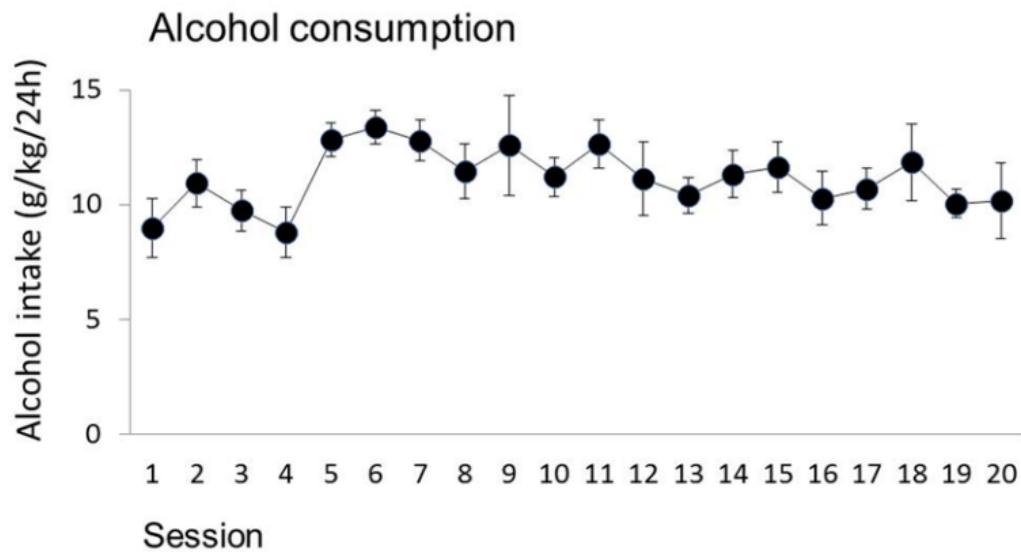
Schematic representation of key structural and functional findings. Centers identified from open-ended multivariate structural analysis are shown (PFC/AI, SS, HIP, grey). Centers identified from graph theory results among 26 regions of interest (AI, green; VTA, red; RSP, yellow) are shown combined with seed-based FC mapping data, highlighting significantly altered cross-talk between salience network (AI connectivity - green), reward-aversion circuitry (VTA connectivity – red) and default mode network (RSP connectivity - orange) in the ALC group. Alcohol exposure strongly impacted FC of these centers with limbic areas, known to mediate reward/aversion and stress responses (acumbens – ACB; amygdala – AMG; habenula – HBN; caudate putamen – CP and bed nuclei of stria terminalis – BST). Additionally, these driver networks displayed perturbed FC towards brain areas that showed structural MRI parametric differences: prefrontal cortex – PFC; Anterior cingulate area – ACA, somatosensory cortex – SS and hippocampus – HIP. Solid lines indicate increased connectivity, while dashed lines indicate weakened FC in alcohol drinking mice, compared to CTRL.

[Abbreviations: anterior cingulate area (ACA); nucleus accumbens (ACB); agranular insular cortex (AI); amygdala (AMG); bed nucleus of stria terminals (BST); caudate putamen (CP); thalamus polymodal association cortex related (DORpm); thalamus sensory-motor related (DORsm); habenula (HBN); hippocampus (HIP); piriform cortex (PIR); prefrontal cortex (PFC); retrosplenial cortex (RSP); raphe nucleus (RAmb); reunions nucleus (Rn); septal nuclei (SEP); somatosensory cortex (SS); ventral tegmental area (VTA)]

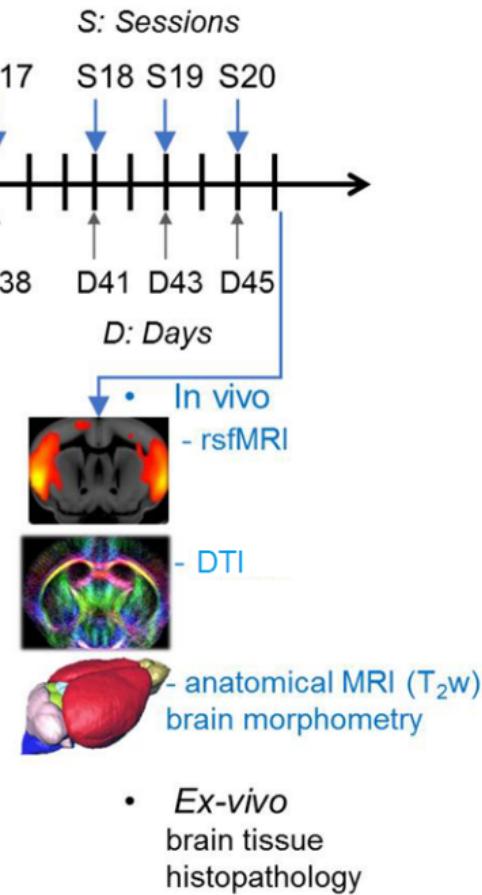
A Experimental design: Intermittent access two-bottle choice protocol



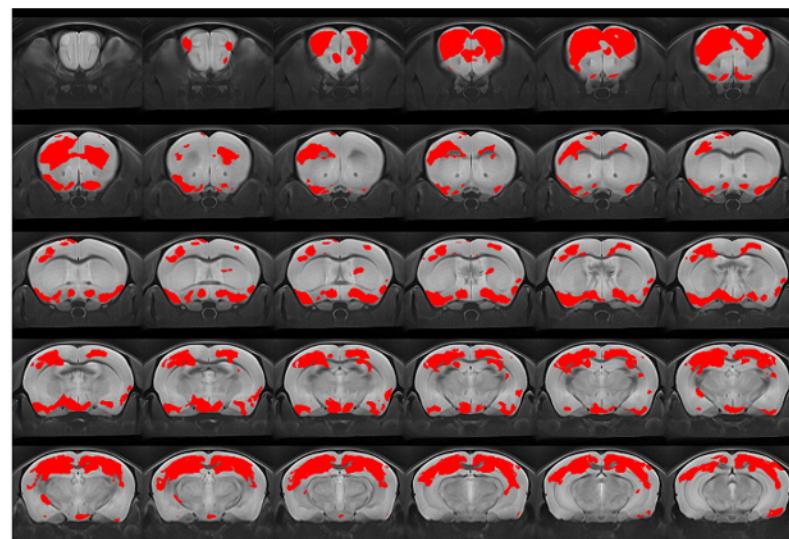
B



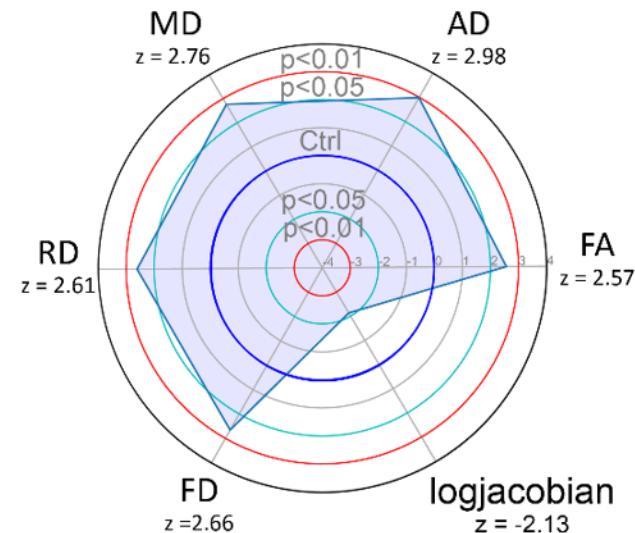
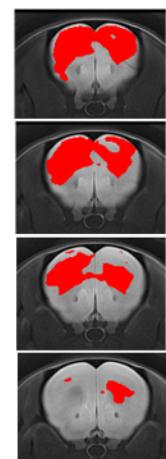
C



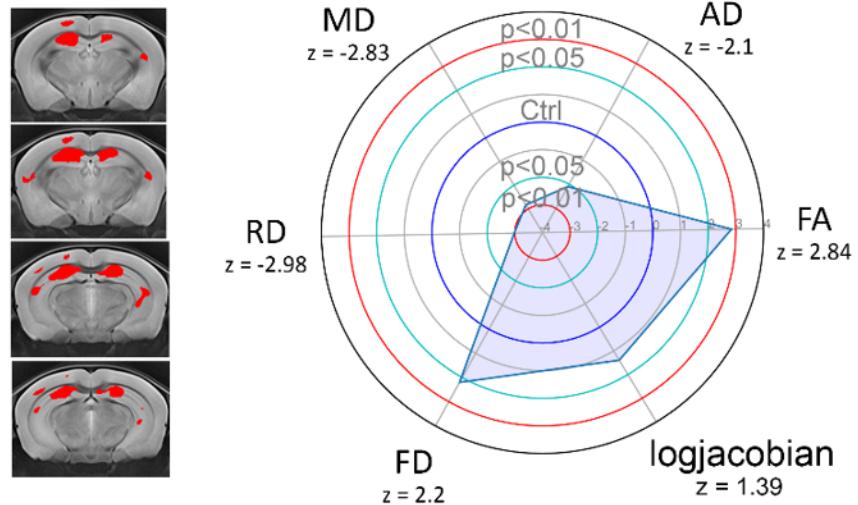
A Mean significant gray matter cluster



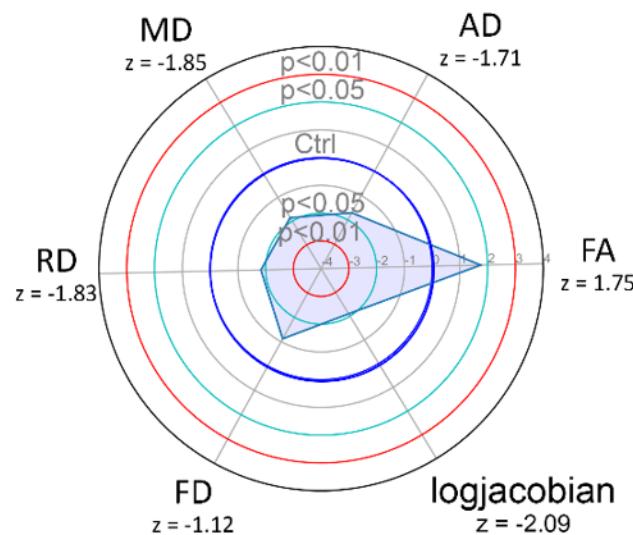
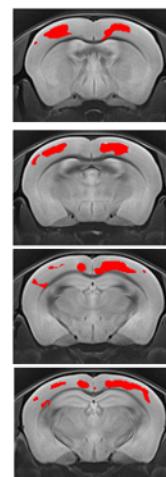
B PFC/AI cluster



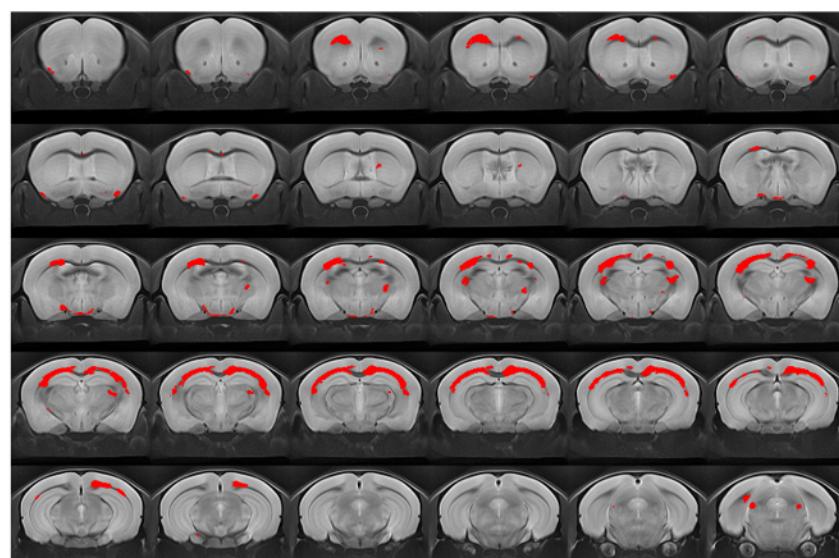
C dHIP cluster



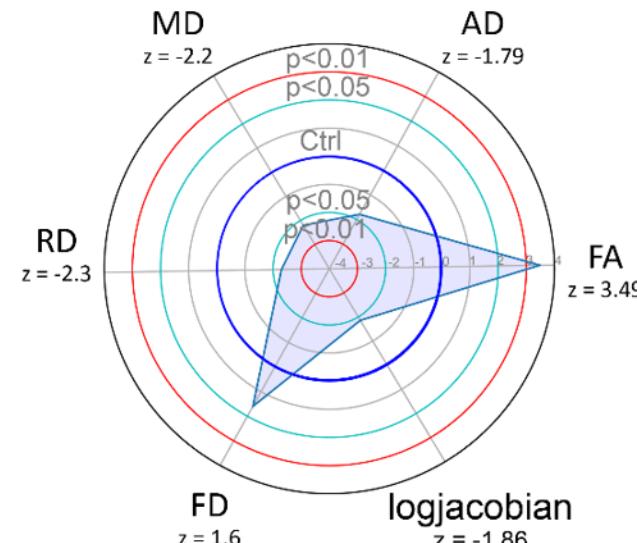
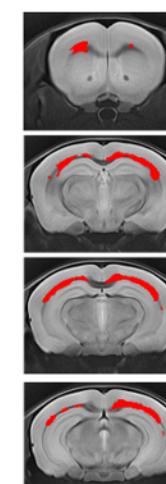
D SS cluster

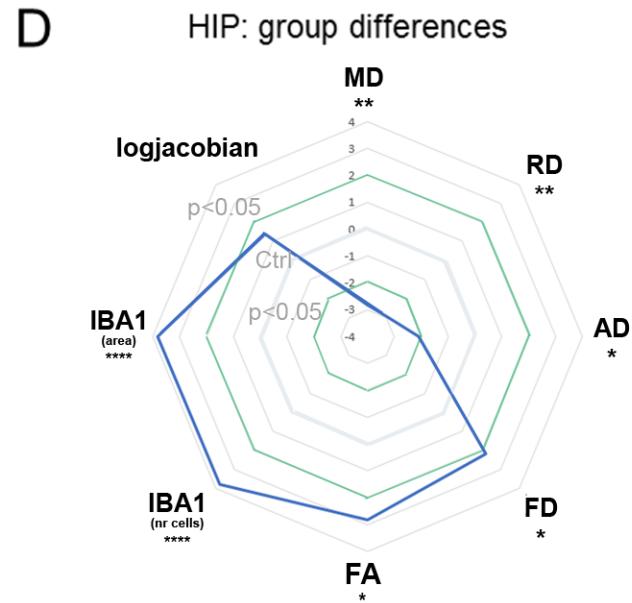
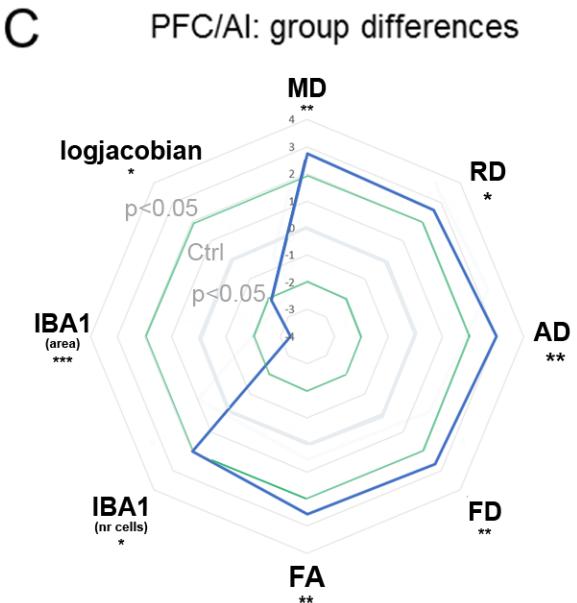
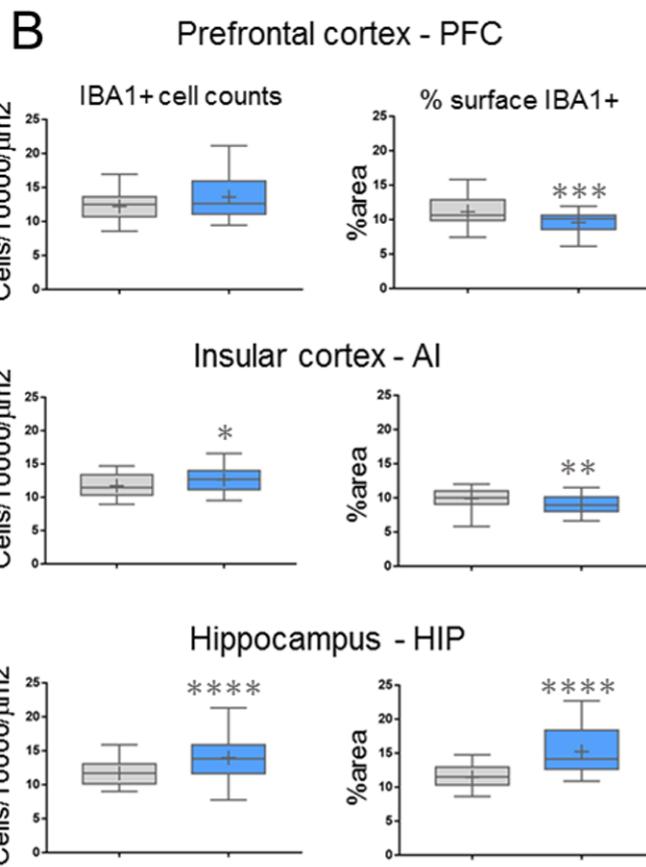
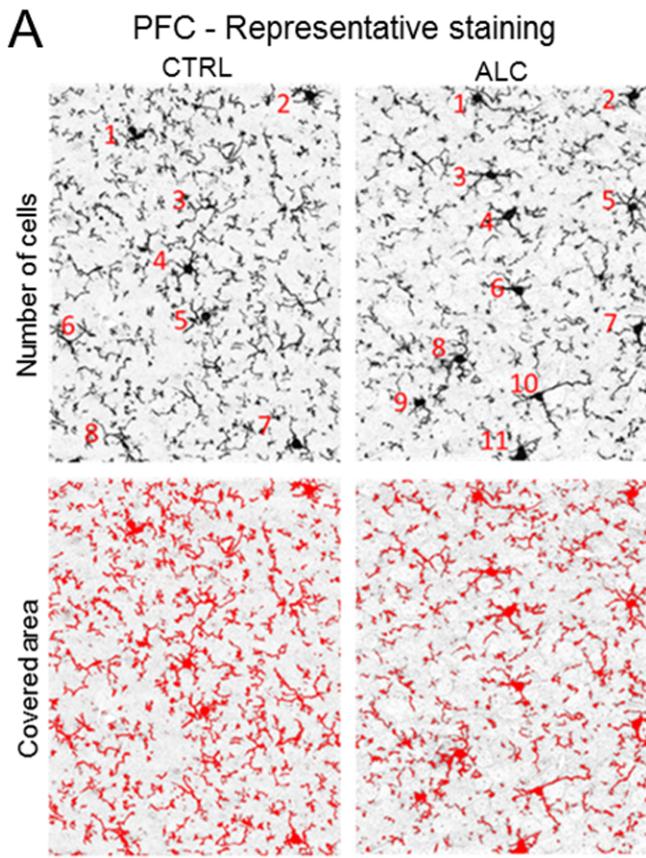


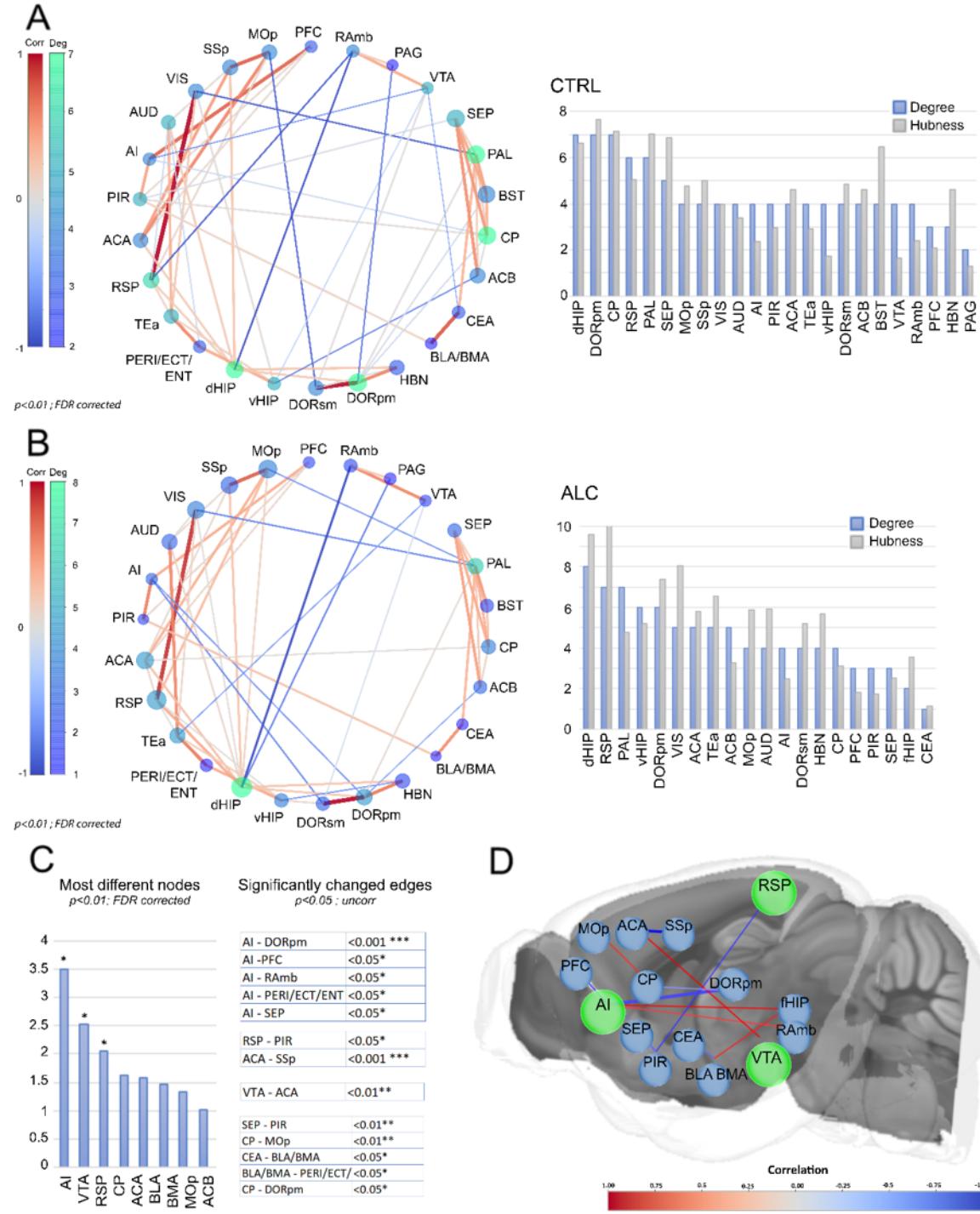
E Mean significant white matter cluster



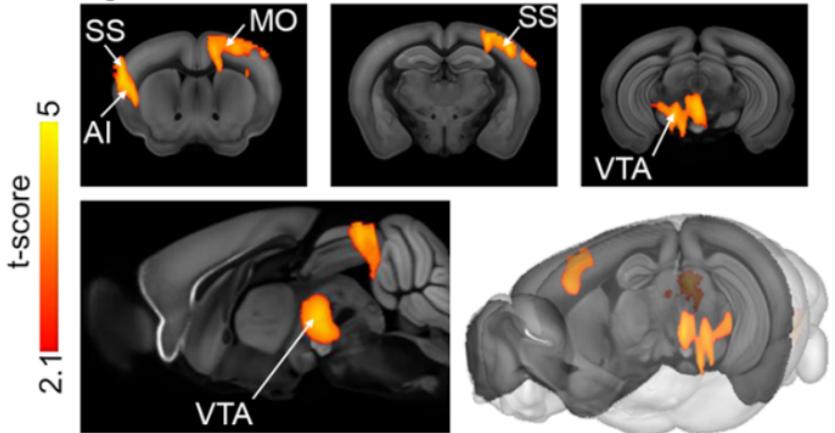
F Corpus callosum cluster



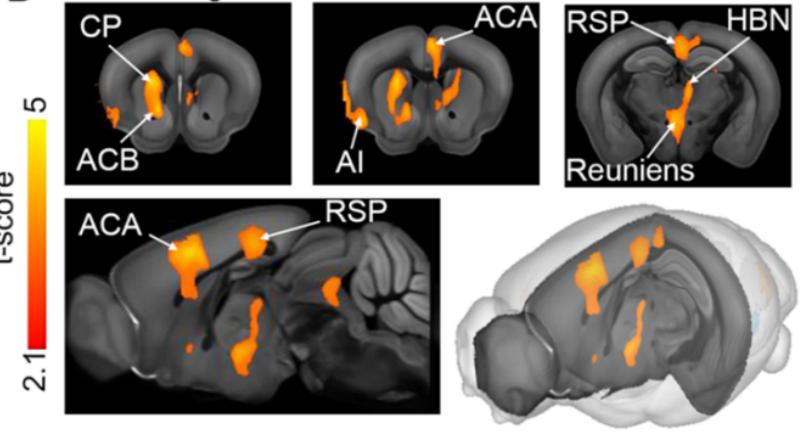




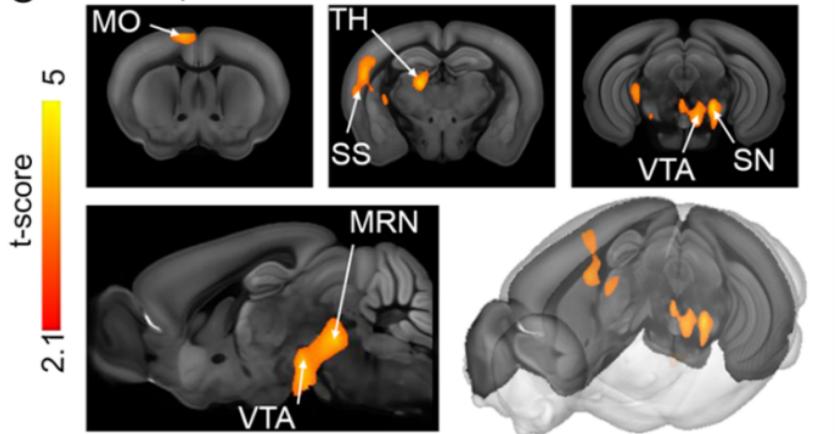
A Agranular Insula - AI



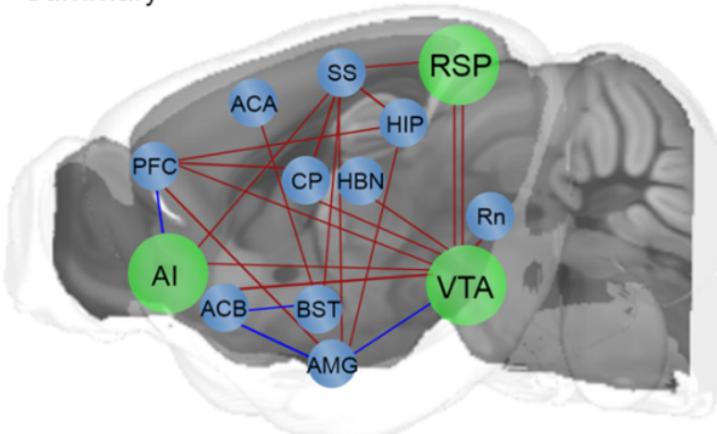
B Ventral tegmental area - VTA



C Retrosplenial cortex - RSP



D Summary



Default Mode Network

