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CONVECTIVE DRYING OF YACÓN (SMALLANTHUS SONCHIFOLIUS) SLICES: A SIMPLE PHYSICAL MODEL INCLUDING SHRINKAGE --Manuscript Draft--

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Abstract:	Yacón is a tuberous root from the Andean region, and a potential functional food because of the presence of fructo-oligossacharides (FOS). Due to its high moisture in natura , the product is prone to microbial degradation. The evolution of yacón cylindrical slices under convective drying is here studied from experimental work and theoretical considerations about bulk properties. The operation of a pilot-scale convective dryer allowed monitoring the moisture and dimensions of yacón slices. Evolution of moisture under temperature, and relative humidity, controlled conditions is described through a two-parameter drying kinetic model. A novel approach for estimating shrinkage effects is proposed, comparing measured dimensions with predictions based upon hypothetical shrinkage behaviors. The drying kinetics and the shrinkage approach are finally combined with the global energy balance for a single slice, in order to describe the evolution of surface temperature and other yacón slice properties along the drying period.



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Prof. Rakesh. K. SINGH Editor-in-Chief LWT - Food Science and Technology São Paulo, January 10th 2022

Dear Prof. SINGH,

We are sending you a revised version of the manuscript that we have submitted in July 2021, coauthored by Artemio Plana-Fattori, Denis Flick, Carmen C. Tadini and myself. This version contains improvements, marked in red, motivated by the constructive criticism demonstrated by the Reviewers.

We thank you for considering our paper for publication. Looking forward to hearing from you.

Yours sincerely,

Bianca Cristine Marques

On behalf of all authors

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Responses to reviewer's remarks

We would like to thank the Editors and Reviewers for their suggestions, that were carefully reviewed. A new section in the manuscript (3.5) is marked in red. We kindly invite you to verify this new version, hoping that it is now appropriate for publishing at LWT. Thank you again for helping us improve our work.

HIGHLIGHTS

The evolution of yacón slices under convective drying was studied at pilot scale. 81 Experimental data were collected under controlled air temperature and humidity. 79 Moisture loss observations were approximated through a novel two-parameter model. 81 Shrinkage of yacón slices was described by a combination of hypothetical models. 80 The global energy balance allowed to predict surface water activity and temperature. 84

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3	
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13 ABSTRACT

14 Yacón is a tuberous root from the Andean region, and a potential functional food because of the 15 presence of fructo-oligossacharides (FOS). Due to its high moisture in natura, the product is prone 16 to microbial degradation. The evolution of yacón cylindrical slices under convective drying is here 17 studied from experimental work and theoretical considerations about bulk properties. The operation 18 of a pilot-scale convective dryer allowed monitoring the moisture and dimensions of yacón slices. 19 Evolution of moisture under temperature, and relative humidity, controlled conditions is described 20 through a two-parameter drying kinetic model. A novel approach for estimating shrinkage effects 21 is proposed, comparing measured dimensions with predictions based upon hypothetical shrinkage 22 behaviors. The drying kinetics and the shrinkage approach are finally combined with the global energy balance for a single slice, in order to describe the evolution of surface temperature and other 23 24 vacón slice properties along the drying period.

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27 KEYWORDS

28 Yacón, convective drying, drying kinetics, shrinkage behavior

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- 36 The global energy balance allowed to predict surface water activity and temperature. 84

38 **1. Introduction**

37

The mechanisms underlying the processing of food raw materials must be understood in order to:

a) manufacture, in a reproducible manner, products for consumption, b) assess the influence of
raw material variability, and c) provide insight into process optimization. Consumers are
increasingly interested in the ingredients and processes associated with their food. "Clean labels"
with recognizable ingredients, and as few preservatives as possible, are a trend in the food market
(Asioli et al., 2017).

45 Here we focus on yacón (Smallanthus sonchifolius), a tuberous crop from the Asteraceae family, 46 originally from the Andean region and nowadays cultivated worldwide. Its roots, described as 47 succulent and mildly sweet, with a thin peel, can be eaten raw. While in the majority of storage 48 roots the energy is stored as starch, in yacón it is stored as inulin and fructo-oligo-saccharides 49 (FOS) instead. These compounds naturally exist in plants, but in concentrations usually lower 50 than those in yacón roots. The human gastrointestinal tract does not have enzymes to digest these 51 compounds, so they reach the gut microbiota practically intact (Grau and Rea, 1997; Hermann et 52 al., 1999; Seminario et al., 2003; Lebeda et al., 2012). In other words, albeit sweet, they have a 53 low caloric value for humans, making them an interesting option for diabetics. In addition, inulin 54 and FOS are appreciated as effective and safe prebiotics (Fernandez et al., 2013) with claims of 55 immunomodulatory effects (Watzl et al., 2005). Root flesh colors vary from white to yellow, 56 orange, and purple, depending on the genotype (Hermann et al., 1999). Chemical characteristics, such as phenolic compounds and saccharides, may vary significantly between cultivars (Graefe et 57 58 al., 2004; Khajehei et al., 2018b).

59 As a source of inulin and fructose, tuberous roots of yacón can be employed in the production of 60 cold drinks and alcohol, dry crisps, jams and stewed fruits, sweeteners and some dairy products 61 like yoghurt (Lebeda et al., 2012). A major portion of tuberous root biomass of yacón is 62 composed of water (> 70% of fresh weight) (Lachman et al., 2003). Water activity is also high, 63 leading to a short shelf life; partial hydrolysis of oligo-fructans can start within only a few days 64 after harvest (Graefe et al., 2004). Drying is a convenient way to prepare yacón for storage, and 65 the influence of drying conditions on the chemical composition of yacón samples has been 66 investigated (Scher et al., 2009; Campos et al., 2016; Khajehei et al., 2018a; Salinas et al., 2018). 67 Several techniques have been applied to dehydrate yacón samples, including hot air convection drying (Scher et al., 2009), vacuum drying (Reis et al., 2012), freeze drying (Khajehei et al., 68 69 2018a), as well as hybrid techniques combining forced convection with osmotic dehydration 70 (Perussello et al., 2013, 2014) or microwave heating (Shi et al., 2015). However, in drying yacón 71 samples, none of these studies have controlled the air relative humidity. In other words, caution 72 should be exercised in discussing these results: without control of relative humidity, ambient 73 conditions may vary due to drying of the product. Such a control has been implemented in the 74 drying of many foods, including apples (Assis et al., 2019; Sjoholm & Gekas, 1995) and potatoes 75 (Hassini et al., 2007; Sandoval-Torres et al., 2017; Chua et al., 2000). 76 One of the most important physical changes undergone by food during drying is the reduction of 77 its volume. Loss of water and heating cause stresses in the cellular structure of the food matrix,

18 leading to changes in shape and decrease in dimension (Mayor and Sereno, 2004). The volume

4

reduction and shape modification of yacón samples under convective drying has been scarcely
investigated (Bernstein and Noreña, 2014).

81 Different modeling approaches have been used for studying the evolution of fruits and other 82 high-moisture-content food materials under convective drying (Castro et al., 2018). A complete 83 thermo-hygro-mechanical model requires, in addition to thermal conductivity and water 84 diffusivity, the knowledge of rheological parameters (Young's modulus, Poisson's coefficient, 85 contraction coefficient due to water loss...). Especially under large deformation, the food material 86 cannot be considered as purely elastic. Thermo-physical and mechanical parameters depend on 87 temperature and moisture, and they are difficult to measure or estimate (Curcio and Aversa, 88 2014). In the case of yacón, these parameters were assessed under selected conditions (Blahovec 89 et al., 2013; Perussello et al., 2013). The coupling of large deformation with heat and mass 90 transfer phenomena in a single physical model constitutes a formidable challenge for yacón 91 samples, because of the high water content in the fresh product and the significant volume 92 reduction along the drying period. Determining the best approach for modelling requires, as a 93 previous step, to choose the purpose and application of the model itself; simple models can fit the 94 results properly, allowing the implementation of engineering aims (Castro et al., 2018).

95

This study concerns the convective drying of sets of cylindrical slices of yacón, after experiments carried out in a pilot-scale convective dryer; the operating conditions of air flow, temperature and relative humidity (RH) were controlled, which allowed stable ambient conditions. In accordance with literature (Bernstein and Norena, 2014), our preliminary tests have shown that the shrinkage 100 of yacón is by no means negligible. This result motivated us to design the set of experiments so 101 we could measure the dimensions of selected samples throughout the drying period. Our first 102 objective is thus to investigate the existence of relations between the ambient conditions and the 103 modifications undergone by yacón cylinders during the drying period. The second objective is to 104 study selected parameters associated with the convective drying of yacón samples, while 105 considering a generalization of the shrinkage behavior identified from measurements. 106 107 2. Material and Methods 108 Tuberous roots of yacón used in this work were cultivated in Piedade, Sao Paulo, Brazil, and later 109 purchased from a local market in two batches of 17 kg: one in July 2020, and the other in 110 September 2020. The selected roots were free of injuries, and had a diameter higher than 40 mm. 111 These roots had a tan surface and light-yellow flesh (Figs. 1a and 1b). 112 113 2.1. Vapor sorption isotherms 114 A VSA1055 vapor sorption analyzer (Decagon Devices, USA) was used to obtain vapor sorption 115 isotherms. Yacón roots were cut into slices with 40 mm diameter and 3 mm thickness, and pre-116 dried in a forced circulation oven (model N480; Nova Ética, Brazil) for one hour. Isotherms were run using static (DVS) and dynamic (DDI) methods, from $a_w = 0.9$ to $a_w = 0.1$, then returning to 117 118 $a_w = 0.9$. Experimental data were adjusted assuming the Guggenheim, Anderson and De Boer 119 (GAB) model (van der Berg, 1984):

6

120
$$\frac{X_w}{X_{w,\text{mono}}} = \frac{CKa_w}{(1 - Ka_w)(1 + (C - 1)Ka_w)} , \qquad (1)$$

wherein X_w is the water content (kg/kg db); $X_{w,mono}$ is the monolayer water content (kg/kg db); Cis the Guggenheim constant, K is the GAB correction factor, and a_w is the water activity in the food matrix.

124

125 2.2. Pretreatment

126 One setback in drying yacón is a browning effect caused by polyphenol oxidase (PPO), right after 127 cutting the roots and exposing the enzyme to oxygen (Lachman et al., 2003; Yan et al., 1999); a 128 blanching pretreatment is necessary in order to minimize this effect. Following Reis et al. (2012), 129 a citric acid pretreatment was used: firstly, using molds, approximately 500 g of yacón roots were 130 cut into cylindrical slices (40 mm diameter and 7 mm height) (Fig. 1b); secondly, the slices were 131 submerged in 500 mL of a 2 g/L aqueous citric acid (purity 95 g/100g; Tate & Lyle, Brazil) 132 solution for 3 min; finally, the slices were placed on absorbent paper before use. 133 Before each experiment, three slices were randomly picked to have their moisture determined. 134 The dry-matter mass was determined according to AOAC method 926.12 (1996); results ranged 135 from 9 to 11% of fresh weight.

136

137 2.3. Drying experiments at pilot-scale

Drying experiments were performed in a LM-ES20 drying oven (Labmaq, Brazil). This oven has a chamber with four removable trays, each placed upon a scale, which allows real-time recording of weight. It is also possible to control the temperature and relative humidity at the air-drying inlet. On the roof of the oven, there is a 10 cm quartz window, equipped with a S6D stereomicroscope (Leica, Germany); images of a single sample can be acquired during the whole drying period.

For each drying experiment, 42 yacón slices (360 g total) were placed on the top tray, and dried until no variation in weight was recorded for fifteen minutes. The following ambient conditions were studied: [$T_{air} = 50$ °C, RH = 20 %]; [60 °C, 20 %]; [50 °C, 30 %] and [60 °C, 30 %], all at an airspeed of 4 m/s. Three full drying experiments were conducted under each of these four ambient conditions.

149

150 *2.4. Dimensions*

151 To determine the slice diameter over time, images acquired along with the drying experiments 152 with the stereo-microscope setup were analyzed through an image processing software (version 153 LAS6; Leica Microsystems Applications, Switzerland). In the case of the sample height, in a 154 separate experiment, three yacón slices were dried in the same pilot unit. The height was 155 measured using a micrometer (model 103-137; Mitutoyo, Brazil), in a point near the border and 156 also at the center. The whole procedure was repeated many times along the drying period, for 157 each of the four controlled ambient conditions. This method assumes that the cylindrical format 158 was maintained during the drying process. Although irregularities appeared on the samples and

the shape became somewhat disturbed, the circular shape was roughly retained. It is possible toconsistently identify a diameter and a height along the drying period.

161

162 **3. Macroscopic modeling**

163 In this work, the average properties are estimated from measurements collected over ensembles164 of many cylindrical slices of yacón slices (Fig.1b).

165

166 *3.1. Shrinkage*

Shrinkage during drying takes place simultaneously with moisture diffusion, and thus may affect the moisture removal rate; volume changes and deformation depend on several factors including sample geometry, dehydration method and drying conditions (Moreira et al., 2000). Experimental work has demonstrated that shrinkage behavior encountered during drying of real food products is neither ideally three-dimensional, nor unidimensional (Sjoholm and Gekas, 1995).

172 In the scope of this study, the sample volume was calculated by adding the volumes of the dry173 matter and the water:

174
$$V = m_{dm} \left(\frac{1}{\rho_{dm}} + \frac{X_w}{\rho_w} \right)$$
(2)

175
$$V_0 = m_{dm} \left(\frac{1}{\rho_{dm}} + \frac{X_{W0}}{\rho_W} \right),$$
 (3)

wherein *V* is the volume (m³); V_0 is the initial volume before drying (m³); m_{dm} is the mass of the dry-matter mass (kg); ρ_{dm} is the density of the dry-matter mass (kg m⁻³); ρ_w is the water density (kg m⁻³); and X_{w0} is the initial water content of the product (kg water/kg dry matter), on dry basis, before drying.

180 The water content was expressed in its normalized form (X_w^*) :

181
$$X_w^* = \frac{X_w}{X_{w0}}$$
 (4)

182 Dimensionless volume (V^*) and surface (S^*) of the sample can be computed from measured 183 dimensions and water content, as:

184
$$V^* = \frac{1 + \left(\frac{\rho_{dm}}{\rho_W}\right) X_{W0} X_W^*}{1 + \left(\frac{\rho_{dm}}{\rho_W}\right) X_{W0}}$$
(5)

185 or, alternatively:

186
$$V^* = \frac{(\pi D^2 H/4)}{(\pi D_0^2 H_0/4)} = H^* (D^*)^2$$
 (6)

187
$$S^* = \frac{(2 \pi D^2/4) + \pi D H}{(2 \pi D_0^2/4) + \pi D_0 H_0} = D^* \left(\frac{D^* + 2 H^* H_0/D_0}{1 + 2 H_0/D_0}\right) .$$
(7)

188 Simplified models, based on different assumptions, may describe the shrinkage behavior of the

189 slices. For all the approaches, the slice surface area can be expressed in the form of Eq. 7.

A first approach, named as "vertical model", based on measurements performed at the beginning
of drying, assumes that the shrinkage in the radial direction is negligible compared to the vertical
one:

193
$$H_{\text{vert}}^* = \frac{V}{V_0}; D_{\text{vert}}^* = 1$$
 (8)

A second approach assumes isotropic shrinkage. This approach resembles the linear, uniform
model described by Mayor and Sereno (2004) for a cube, but to predict height and diameter
directly, instead of the area:

197
$$H_{\rm iso}^* = D_{\rm iso}^* = \left(\frac{v}{v_0}\right)^{\frac{1}{3}}$$
 (9)

Finally, after seeing that the measurements did not match any of these approaches, we looked for intermediate behaviors allowing a satisfying match with the experimental results. Hereafter, Eq. 8 and 9 are combined. The dimensionless height assuming combined shrinkage is expressed as:

201
$$H_{\text{comb}}^* = (H_{\text{iso}}^*)^b (H_{\text{vert}}^*)^{(1-b)}; \quad D_{\text{comb}}^* = (D_{\text{iso}}^*)^b$$
, (10)

202 wherein b is the moisture-dependent weighting parameter.

The first approach ($D^* = 1$) fits the measurements at the beginning of drying (Fig. 4). Yet progressively (as X_w^* decreases) the diameter of the slices also decreases. This is why we propose increasing the relative importance of the isotropic approach along with the drying process. An approach using a similar principle was proposed by Suzuki et al. (1976); it was described by Mayor and Sereno (2004) as a "semi-core drying model". Our approach, however, involves a 208 different geometry and does not require as many parameters. At the end $(X_w^* \approx 0)$, equal 209 importance is given to the purely-vertical and isotropic approaches, resulting in:

210
$$b = \frac{1}{2}(1 - X_w^*)$$
 (11)

Assuming such a combined shrinkage behavior, the dimensionless total surface (S_{comb}^*) is calculated through Eq. 7, using the dimensionless height and diameter from Eq. 10.

213

214 3.2. Drying kinetics

Semi-theoretical models have been derived by simplifying general series solutions of Fick's
second law; they are thus valid within the air temperature, relative humidity, flow velocity and
moisture content range for which they were developed; further, these models require less
time compared to theoretical thin-layer models and do not need assumptions of geometry of a
typical food, its mass diffusivity or conductivity. Many of these semi-theoretical drying models
have been compared in the literature (e.g., Panchariya et al., 2002); some of them are shown in
Table 2.

The evolution of the overall moisture in the product under drying can be described through the moisture ratio:

224
$$MR = \frac{X_w - X_{we}}{X_{w0} - X_{we}}$$
, (12)

where X_{we} is the water content in equilibrium, estimated from vapor sorption isotherms. In the scope of this study, the following two-parameter model was adjusted to the drying kinetics data:

227
$$MR = exp(-k_1 t - (k_2 t)^2);$$
 (13)

the inverse value of parameter k_1 can be called characteristic drying time. Equation 13 can be seen as an extension of the Lewis (1921) drying model, which considers the first term in the exponential only.

232
$$\frac{dMR}{dt} = (-k_1 - 2tk_2^2) (exp(-tk_1 - t^2k_2^2)) .$$
(14)

233 When drying starts (t = 0), it follows $dMR/dt = -k_1$. By defining the dimensionless time t *

234 = $t k_1$ (at any time), the evaporative water loss per dimensionless area can be expressed as:

235
$$\frac{dMR}{dt^*S^*} = -MR\left(1 + \frac{2tk_2^2}{k_1}\right)\frac{1}{S_{\text{comb}}^*}$$
(15)

236

237 3.3 Heat transfer coefficient between yacón samples and surrounding air

238 *3.3.1. Experimental method*

239 The heat transfer coefficient is a key parameter for assessing the importance of exchanges

240 between the product under consideration and its surroundings. Looking for its experimental

241 determination, a well-known material of regular geometry was heated in the same conditions as

For each experiment, two calibrated thermocouples were used: one inserted in the aluminum cylinder, filled with thermal paste (MasterGel Maker, Cooler Master, Taiwan) and the other exposed to the air, as shown in Fig. 1d. The measurements (carried out at $T_{air} = 60 \degree \text{C}$, RH =20% and speed of 4 m/s) were carried out until the recorded temperatures became constant, or almost. Data acquisition was performed using Labview software (National Instruments, USA). The heat transfer coefficient was determined using a two-step approach, based on the lumped

250 capacitance method (Incropera et al., 2007, pp.256-263). The energy balance takes the form:

251
$$-\Box A_S (T - T_{air}) = m C_P \frac{dT}{dt}$$
, (16)

wherein *h* is the heat transfer coefficient (Wm⁻²K⁻¹), A_S is the surface area exposed to airflow (m²), *T* is the product temperature at any time (°C), T_{air} is the air temperature (°C), *m* is the mass (kg) and C_P the specific heat (J kg⁻¹K⁻¹) of the product, and *t* is the time (s).

255 Observations revealed that the air temperature did not reach perfect steady state evolution. Hence, 256 in the first step, Eq. 16 was integrated numerically using an in-house source code written in 257 Python 3.7 language. The second step involved the minimization of the sum squared differences 258 of residuals between measured and predicted temperatures, these latter obtained after assuming 259 selected h values. Such minimization has considered the Nelder-Mead method. 260

261 *3.3.2. Global energy balance method*

Assuming that all the incoming heat is translated into evaporation at the surface temperature, it follows (McCabe et al., 2014, p.807):

$$264 \qquad -\frac{dm_w}{dt\,s} = -\frac{d(m_{dm}\,X_w)}{dt\,s} = \frac{\Box}{L_v} \left(T_{air} - T_{surf} \right) \rightarrow -\frac{dX_w}{dt} = \frac{\Box\,S\left(T_{air} - T_{surf}\right)}{m_{dm}\,L_v} , \qquad (17)$$

265 wherein m_w is the mass of water in the sample (kg).

266 The time derivative of Eq. 12 is:

267
$$\frac{dMR}{dt} = \frac{1}{X_{w0} - X_{we}} \frac{dX_w}{dt} \rightarrow -\frac{dX_w}{dt} = -(X_{w0} - X_{we}) \frac{dMR}{dt}$$
 (18)

268 Combining Eqs. 17 and 18, the time derivative of Eq. 12 can be expressed in terms of

269 temperature values in ambient air and at the product surface:

$$270 \quad -(X_{w0} - X_{we})\frac{dMR}{dt} = \frac{\Box S(T_{air} - T_{surf})}{m_{dm} L_{v}} \to \frac{dMR}{dt} = -\frac{\Box S(T_{air} - T_{surf})}{m_{dm} L_{v}(X_{w0} - X_{we})} .$$
(19)

271 When drying starts, $dMR/dt = -k_1$; hence, at this moment:

272
$$\Box = k_1 \frac{m_{dm} L_v (X_{w0} - X_{we})}{S_0 (T_{air} - T_{wb})} , \qquad (20)$$

273 assuming that $T_{surf} = T_{wb}$ at t = 0.

274 Application of Eq. 20 requires the mass of dry-matter in the sample. The mass density of dry-

275 matter in our samples was estimated to be about 1590 kg/m³. Firstly, data provided by Hermann

et al. (1999) about nine accessions of fresh yacón allowed us to assess the averaged weight
fraction of selected pure components: 0.374 % for proteins, 0.0235 % for fat, 10.8 % for
carbohydrates, 0.361 % for fibers, and 0.505 % for ash. These values were considered in applying
the Choi and Oikos (1986)'s approach for estimating the mass density of dry-matter of yacón
samples at the temperature 40 °C. This temperature value is between the temperature prevailing
in the product when drying starts (about 20 °C) and the ambient surrounding temperature (60 °C
during the drying period).

283

284 *3.4. Global energy balances*

The evaporative water loss can be expressed by a global energy balance assuming that all the heat entering the sample causes water evaporation. Equation 17 can be applied if the variation of sensible heat can be neglected. This is approximately the case except at the beginning of drying, when the sample temperature increases toward the wet-bulb one if free water is available on the surface.

The initial water content is very high ($X_{w0} \approx 11 \text{ kg/kg d.b.}$); therefore, it can be assumed that the water activity is close to 1 and that the product surface temperature is close to the wet-bulb one ($T_{surf} = T_{wb}$). Thus, combining Eqs. 19 and 20, we obtain:

293
$$\frac{T_{\text{air}} - T_{\text{surf}}}{T_{\text{air}} - T_{wb}} = \frac{(dMR/dt)/S}{(dMR/dt)|_{t=0}/S_0} = \frac{1}{1 - X_{we}/X_{w0}} \frac{S}{S_0} \frac{dX_w^*}{k_1 dt} = \frac{1}{(1 - X_{we}/X_{w0}) S^*} \frac{dX_w^*}{dt^*} , \qquad (21)$$

where:

295
$$\frac{dMR}{dt} = \frac{1}{1 - X_{we}/X_{w0}} \frac{dX_w^*}{dt}$$
 (22)

296 The water mass balance can also express the evaporative water loss:

297
$$\frac{-dm_w}{dt\,s} = k(c_{w,\text{surf}} - c_{w,\text{air}}) \quad , \tag{23}$$

wherein *k* is the mass transfer coefficient (m s⁻¹), $c_{w,surf}$ is the concentration of water vapor in the air on the surface of the product (kg m⁻³), and $c_{w,air}$ is the water vapor concentration in the surrounding air (kg m⁻³).

301 Eq. 23 can be written in terms of dimensionless water content evolution:

302
$$\frac{dX_w}{dt} = \frac{k S (c_{w, \text{surf}} - c_{w, \text{air}})}{m_{dm}}$$
 (24)

303 Comparing Eqs. 17 and 24, and rearranging water vapor concentration values in the place of 304 temperatures, we can estimate the water activity at the slice surface as:

$$305 \quad \frac{c_{w,\text{air}} - a_w c_{w,\text{sat}}(T_{\text{surf}})}{c_{w,\text{air}} - c_{w,\text{sat}}(T_{wb})} = \frac{T_{\text{air}} - T_{\text{surf}}}{T_{\text{air}} - T_{wb}} \quad .$$

$$(25)$$

306 The saturated water vapor concentration is obtained from the ideal gas law and Clausius-

307 Clapeyron relation (Çengel et al., 2015):

308
$$c_{w,\text{sat}}(T_{\text{surf}}) = \frac{P_{\text{sat}}^{T_{\text{surf}}} M_w}{R T_{\text{surf}}} , \qquad (26)$$

309 wherein $P_{\text{sat}}^{T_{\text{surf}}}$ is the saturated vapor pressure at a temperature *T* and *R* is the gas constant (8.314)

- 310 J K⁻¹ mol⁻¹). The water concentration at the surface was estimated through a GAB model for
- 311 parameters $X_{w,\text{mono}}$, C and K resulting from desorption measurements.
- 312 In summary:
- 313 a) pilot-scale drying experiments allowed the monitoring of water content X_w and slice
- 314 dimensions *D* and *H* under controlled ambient conditions;
- b) for each of these ambient conditions, desorption models enabled us to estimate the equilibrium
- 316 moisture X_{we} value;
- 317 c) with the latter, the evolution of the moisture ratio MR was represented through the two-
- 318 parameter drying kinetics, providing the initial drying rate;
- d) monitoring the slice dimensions allowed us to identify a mean shrinkage behavior, and hence
- 320 to predict the slice surface evolution;
- e) finally, the availability of water content and surface evolutions allowed us to estimate the
- 322 surface temperature and the surface water activity (Eq. 25).
- 323
- **4. Results**
- 325 4.1. Vapor sorption isotherms
- 326 Vapor sorption isotherms for yacón (Fig. 2) can be characterized as being type III, which are
- 327 common for products with a high quantity of soluble sugars (Rizvi, 2005; Al-Muhtaseb et al.,

328 2002). It can be observed that there was little difference between static and dynamic methods,329 and between tested temperatures, and no visible hysteresis.

GAB model parameters, adjusted to the isotherms, are shown in Table 3. $X_{w,mono}$ is an estimation

of the monolayer water content; under this value, food materials tend to be very stable (Roos,

332 2008). However, packaging conditions are important to delay the re-absorption of water.

333

334 *4.2. Drying kinetics*

Figure 3 shows the evolution of the moisture ratio of ensembles of yacón slices, under the ambient conditions here considered. Table 4 summarizes the results obtained after applying Eq.13, and other models available in the literature, to the data obtained from each of the three tests carried out under each of the four controlled conditions; averaged values were compared using ANOVA and a post-hoc Tukey test (p<0.05), carried out using Statgraphics software (version 19 Centurion; Statgraphics Technologies, USA). A number of findings emerge from these results.

a) Under the ambient conditions considered, the application of Eq. 13 allows a smaller root mean-square-error (RMSE) than other two-parameters models available in the literature.
 We argue that the Eq. 13 constitutes a good candidate for engineering aims.

b) The influence of ambient conditions on the values estimated for model parameters is here
preliminary assessed, because only three runs were conducted under each ambient
condition. Excepting the Page model, the influence of both air temperature and relative

348		humidity on parameter k_1 seems significant. This finding is consistent with the physical
349		meaning of this parameter; it is directly related to the initial drying rate, and its value
350		increases with the driving force $(T_{air} - T_{wb})$. The influence of air temperature on the
351		second parameter of Eq. 13, of Modified Page, and of Henderson-Pabis models seems
352		significant.
353	c)	It is quite hard to compare model parameters estimated from our experimental data with
354		those provided by other authors. Air flow and temperature conditions were different, and
355		there was no control of air relative humidity, allowing ambient conditions which were
356		perhaps unsteady. An additional difficulty comes from the diversity of yacón; Hermann et
357		al. (1999) studied nine different cultivars of yacón, and they differed in appearance and
358		composition: the dry matter content alone could range from 98 to 136 g/kg, suggesting
359		that the drying kinetics can vary from a cultivar to another. Reis et al. (2012) reported the
360		time of purchase, but not the location; Shi et al (2013) purchased their roots in China; and
361		Lisboa et al. (2018) reported a purchase in Brazil, but not the season. None of these
362		studies reported the variety used, nor any descriptors, there thus being a possibility that
363		those authors studied different varieties of yacón.

364

365 4.3. Shrinkage

Left-hand side of Fig. 4 summarizes all the available experimental data, in terms of
dimensionless values for the slice height (Fig. 4a) and diameter (4c) as function of the
dimensionless water content. Triplicates were conducted. Right-hand side of Fig. 4 compares

369 measurements with similar predicted by hypothetical shrinkage behaviors; in the case of slice 370 height, triangles indicate averaged values; in the case of slice diameter, measurements do not 371 correspond to same water content and then averaging was not possible.

372 Figures 4b and 4d compare measurements and hypothetical shrinkage behaviors: purely-vertical, 373 isotropic and combined models for both diameter and height (Eqs. 8, 9, and 10, respectively). Up 374 to $X_w^* = 0.2$, the slice diameter remained at more than 90 % of the initial value; the proposed 375 vertical model is thus a more realistic approach than the isotropic one. Afterward, there was a 376 drastic reduction in diameter. Figures 4b and 4d suggest that the combined behavior, which mixes 377 the vertical and the isotropic approaches, describes the slice shrinkage better than the others. 378 Looking for a consistent approach for predicting the shrinkage of yacón slices under convective 379 drying, the combined approach was considered.

380

381 4.4. Heat transfer coefficient between yacón samples and surrounding air

382 A first estimation of the heat transfer coefficient relevant to our problem comes from

experimental work with aluminum slices (sub-section 3.3.1). The results obtained were h = 41 W

 $m^{-2} K^{-1}$ for the 35 mm cylinder and 53 W $m^{-2} K^{-1}$ for the 20 mm one.

385 The consistency of these findings can be discussed using the correlation method. Taking in

account uniform heat flux conditions over a flat plate under laminar flow, it can be shown that the

387 averaged Nusselt, Reynolds and Prandtl numbers are related through the correlation

388 Nu = $\alpha Re^{\beta} Pr^{\gamma}$ (Incropera et al., 2007, p.410). In our case, this expression can be

rewritten in order to indicate the heat transfer coefficient as a function of the cylinder diameter: $h = \delta D^{\beta-1}$ wherein $\beta - 1 < 0$. According to this rationale, the heat transfer coefficient should increase during drying while the yacón dimension reduces. Hence, it is consistent to reach h = 41W m⁻² K⁻¹ for experimental data collected with a 35 mm aluminum cylinder and 53 W m⁻² K⁻¹ with a 20 mm one.

394 A second estimation of the heat transfer coefficient between yacón samples and surrounding air can be obtained by applying the expression $h = \delta D^{\beta-1}$ to our experimental conditions. Given 395 396 the airflow and temperature conditions above the surface of the cylinders, we can estimate the 397 Reynolds number to be about 10000 for a 40 mm cylinder (yacón sample, before any drying), 398 hence lower than the critical value for the laminar-turbulent transition for external flow 399 (Incropera et al., 2007, p.361). For these conditions, that correlation yields a heat transfer 400 convective coefficient 39 Wm⁻²K⁻¹ for a 40 mm cylinder. Note that the aforementioned 401 correlation and the experimental values correspond to a physical problem bounded by an 402 adiabatic surface below the cylinder.

Finally, the heat transfer coefficient between yacón samples and surrounding air was estimated by applying Eq. 20, i.e. by considering the initial evaporative rate results. The value obtained $(32 \text{ W m}^{-2} \text{ K}^{-1})$ implicitly takes into account the global influence of a number of factors affecting the heat and mass transfer relevant to the problem, including: a) the fact that not one but an ensemble of 42 yacón slices were simultaneously processed in the convective dryer pilot unit; b) the role played by the heterogeneous exposure of slices to air flow, c) the influence of thermal radiation interaction of slices with the metallic walls of the dryer, and d) the fact that there was a
metallic holed surface below the yacón samples, allowing a complex situation of heat and mass
transfer.

412

413 *4.5. Predictions of temperature and water activity on the surface*

Experimental results displayed in Fig. 3 suggest that the most reproducible condition was T_{air} = 414 60 °C, RH = 20 %. We hypothesize that better reproducibility is due to the humidity stabilization 415 416 system of the convective dryer pilot unit. On the one hand, when the thermo-hygrometer detects a 417 value of *RH* below the set point, the control system of the drying oven sprays water into the 418 airflow and as it is not preheated, it could destabilize the temperature in the oven. On the other 419 hand, when humidity is above the set point, the air passes through a refrigerating system, where 420 water condensates and is removed, and the air must be heated again before re-entering the oven. 421 At the highest temperature (60 $^{\circ}$ C), the air has a higher ability to hold water from the samples 422 without going over the set point; and, in the lowest RH, there is no need to add moisture to the 423 air at the end of the drying process, to keep a high RH, leading to less destabilization. In the 424 forthcoming last steps of this study, we restrict our attention to measurements and predictions 425 corresponding to the ambient condition $T_{air} = 60$ °C, RH = 20%.

426 The identification of a suitable shrinkage behavior allows to predict the slice surface, which is 427 exposed to surrounding air along the drying period (S^*). Representing the drying kinetics 428 through the two-parameter model allows to predict, also along the whole period, the drying rate 429 $\frac{dX_w^*}{dt^*}$. Figure 5a shows the predictions for the slice surface (Eq. 7) and for the drying rate (Eqs. 14 430 and 22) as a function of the dimensionless water content. The influence of the total surface 431 decrease on the drying rate $\frac{dX_w^*}{dt^*S^*}$ is noticeable, but only partially explains the drop in this drying 432 rate. Figure 5b exhibits the same variables as function of time, which can be compared with the 433 classical drying curves (Mujumdar, 2006). Note that $\frac{dX_w^*}{dt^*S^*}$ does not present a constant rate 434 period, indicating that some drying limitation due to the resistance of water migration from the 435 center to the surface of the product may exist.



The availability of key quantities S^* and $\frac{dX_w^*}{dt^*}$ enables to estimate surface-averaged values for the temperature *T*, the water activity a_w and the water content X_w at the slice surface along the drying period. Figure 5c shows that, as expected, the predicted water content at the surface decreases more rapidly than the volume-averaged value for the sample. Note that GAB models do not accurately represent the sorption phenomena at very high ($a_w > 0.93$) water activities (Basu et al., 2006); hence, the predicted water content at the surface tends to be underestimated at the beginning of drying.

Finally, Fig. 5d displays the water activity and temperature at the product surface. In the case of
the water activity, the departure from pre-drying conditions is immediate, contrarily to
experimental results (see for instance Figure 1 of Bernstein and Norena, 2014). In the case of
temperature, firstly the surface-averaged temperature increases almost instantaneously from the

initial product temperature (20 °C) up to the wet bulb temperature (about 35 °C); later on, this
temperature increases from the wet-bulb temperature up to the air temperature along the
remaining drying period. It would be interesting to assess the reliability of these predictions, for
instance using a non-invasive technique, such as an infrared thermometer.

452

453 4.6. A remark about moisture diffusivity

454 Shi et al. (2013) and Lisboa et al. (2018) used the Crank (1975) solutions to the Fick's laws in 455 order to estimate the effective moisture diffusion coefficient for yacón samples. These solutions, 456 however, assume that the shrinkage is negligible. Results in Section 4.3 demonstrate that this is 457 not the case for yacón samples as tested here. The infinite slab and the finite cylinder models, 458 common in the literature, revealed to be unreliable fits for the experimental drying data displayed in Fig. 3. In the case of the infinite slab model, estimated moisture diffusivity was 4.0 10^{-10} m² s⁻¹ 459 at 50 °C, and 7.4 10^{-10} m² s⁻¹ at 60 °C, and a root mean square error of 0.033 and 0.060 in MR 460 461 units, respectively. However, the fitted curve tended to underestimate the moisture ratio in the 462 beginning of the drying period, and to overestimate it after two hours of drying. Anyway, given 463 the drastic differences in sample's water content, dimensions and temperature between the 464 beginning and the end of the drying process, it is likely incorrect to attribute a single, constant 465 moisture diffusivity value over the whole drying process.

466

467 **5. Conclusions and Recommendations**

468	The study focused on the evolution of yacón samples having a particular shape and being
469	exposed to convective drying under controlled ambient conditions (mean air velocity of 4 m/s, air
470	temperature of 50 and 60 $^{\circ}$ C, air relative humidity of 20 and 30 $^{\circ}$). The slice dimensions were
471	measured along the drying period, as an original contribution to the classical monitoring of
472	moisture loss. A dataset including triplicates of samples' water content, diameter and height
473	allowed us to study the evolution of yacón slices while including the influence of shrinkage.
474	Surface-averaged temperature and water activity tendencies were estimated from standard
475	assumptions about heat and mass transfer phenomena, providing a useful insight about the drying
476	evolution of a complex food product. The following conclusions were reached.
477	
478	i) The diameter of yacón slices decreased to about 60-70 % of initial value after 6 hours of
479	drying without a clear dependence on the ambient condition under consideration, i.e. following
480	nearly the same decreasing tendency. The height of yacón slices was more difficult to determine,
481	because irregularities which progressively appeared on upper and lower surfaces along the drying
482	period. Available results indicated a reduction to 5-30 % of initial value after 6 hours of drying,
483	with the decreasing tendency being a little different under relative humidity of 20 and 30 %.

485 ii) In the case of yacón slices as tested here, a combined shrinkage behavior was identified: it
486 mixes purely-vertical (no diameter modification) with isotropic shrinkage (that progressively
487 operates inside the product matrix). Such a novel approach was later applied in predicting firstly

the slice total surface as a function of the water content inside it, and secondly the evolution ofselected properties at the yacón slice surface along the drying period.

490

491 iii) The application of two-parameter model for representing the drying kinetics (Eq. 13) allowed 492 us to estimate the heat transfer coefficient between yacón samples and surrounding ambient 493 conditions. The value obtained ($32 \text{ W m}^{-2} \text{ K}^{-1}$) implicitly includes the global influence of a 494 number of factors affecting the heat and mass transfer relevant to the problem. Two other 495 approaches (experimental work with aluminum cylinders, and correlation involving 496 dimensionless numbers) provided independent estimates of this transfer coefficient, and the 497 whole set of results seems consistent.

498

iv) Evolutions of moisture ratio from measurements were poorly represented by the semitheoretical model proposed by Lewis (1921), towards the ending of the drying period (Fig. 3).
That classical model was proposed under a number of assumptions including negligible
shrinkage, which constitutes a hypothesis unacceptable for yacón samples. The inclusion of a
quadratic term in Eq. 13 apparently mitigates this problem (Fig. 3). We argue that the Eq. 13
constitutes a good candidate for engineering aims, in which the whole drying period must be
represented as properly as possible.

506 The crucial issue of this study was to follow the dimensions of the sample throughout the drying 507 period. Our pioneering strategy could be improved, for example by measuring the height of the 508 sample using an optical detection method. 509 The suitability of our approach to the design and optimization of the process as well as of the 510 final product could be explored. As a preliminary step, testing this approach should consider 511 wider ranges of ambient conditions (airflow, temperature and relative humidity) and including 512 different varieties of yacón and other raw food products. Much work remains to be done in order 513 to clarify the relationship between shrinkage and moisture loss.

514

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667

668 **Figure captions**

- **Fig. 1.** Yacón roots: (a) in *natura*, still with their tan-colored peel; (b) being cut for the drying
- 670 experiments, with their light-yellow flesh visible; (c) dried, with the perforated tray on the
- background; and (d) experimental arrangement to estimate the heat transfer coefficient.
- **Fig. 2.** Sorption isotherms (desorption and adsorption) for yacón obtained at two temperatures
- through the methods DDI and DVS, in comparison with the adjusted GAB model for DVS test at
- 674 60 °C.

- **Fig. 3.** Moisture ratio of yacón slices, expressed in function of time (a) at $T_{air} = 50$ °C and RH =
- 676 30 %; (b) at 60 °C and 30 %; (c) at 50 °C and 20 %; (d) at 60 °C and 20 %, compared to the
- drying kinetics model proposed in this work, and to the Lewis (1921) model.
- **Fig. 4.** Dimensionless height and diameter of yacón slices as a function of dimensionless water
- 679 content along with the drying: (a) all height measurements performed under four ambient
- 680 conditions; (b) height measurement averages, compared to predictions reached after assuming
- 681 different hypothetical behaviors for slice shrinkage; (c) as in (a) but for the diameter; (d) as in (b)
- but for the diameter. In the case of the vertical shrinkage assumption, the dimensionless diameterequals unity (Eq.8).
- **Fig. 5.** Predictions about the drying behavior of yacón slices. In display (a), the dimensionless surface S^* comes from Eq.7, the drying rate dX_w^*/dt^* comes from Eq.22 with dMR / dt from Eq.14. In display (b), same as (a) but as a function of time. In display (c), slice-averaged and surface moisture as a function of time. In display (d), surface temperature from Eq.21 and water activity from Eq.25 as a function of time.

689

690

691 Justifying key references

Please see below our remarks regarding our five key references, sorted by year of publication. Theyare indicated by a star in the reference section of our manuscript.

694

Lewis, W. K. - 1921 - The rate of drying the solid materials. The Journal of Industrial and
Engineering Chemistry, 13: 427-432. <u>https://doi.org/10.1021/ie50137a021</u>.

697 > This founding article allowed us to understand the basic rationale of semi-theoretical drying
698 kinetics models. The Lewis' model can be presented as

 $699 \quad dMR / dt = -k t,$

where symbols are explained in our Nomenclature. In the present study we propose an extensionof the Lewis' model:

702 $dMR/dt = -k_1 t - k_2 t^2$.

The second-order term might incorporate, implicitly, the bulk influence of complex phenomena in drying the solid matrix (including shrinkage, which was neglected by Lewis). Results suggest that this extended model fits better our experimental data than the Lewis' one.

706

2) Hermann, M., Freire, I., Pazos, C. - 1999 - Compositional diversity of the yacón storage root. In
« Andean Roots and Tuber Crops », International Potato Center Program Report 1997-1998, Lima
(Peru), pp.425-432.

> Very few articles compare the physico-chemical composition (fibers, proteins, carbohydrates,
etc) of different yacón varieties. This article allowed us to estimate the dry-matter mass density
associated with an averaged composition over nine yacón cultivars.

714	3) Mayor, L., Sereno, A. M 2004 - Modelling shrinkage during convective drying of food
715	materials: A review. Journal of Food Engineering, 61: 373-386. https://doi.org/10.1016/S0260-
716	<u>8774(03)00144-4</u> .

717 > This classical reference inspired us in our analysis of experimental data, more precisely in
718 comparing measurements of dimensions of yacón slices along the drying period with predictions
719 from hypothetical shrinkage behaviors.

4) Scher, C. F., Rios, A. O., Norena, C. P. Z. - 2009 - Hot air drying of yacón (Smallanthus sonchifolius) and its effect on sugar concentrations. International Journal of Food Science and Technology, 44 : 2169-2175. <u>https://doi.org/10.1111/j.1365-2621.2009.02056</u>.

> This dense article discusses the influence of drying conditions on yacón sugar contents and water
 activity, among other relevant characteristics. The design of our own experimental work was, in
 some extent, inspired by this article.

728

5) Bernstein, A., Norena, C. P. Z. - 2014 – Study of thermodynamic, structural, and quality
properties of yacón (Smallanthus sonchifolius) during drying. Food and Bioprocess Technology,
7: 148-160. <u>https://link.springer.com/article/ 10.1007/s11947-012-1027-y</u>.

732 > This very interesting article provided us insight about yacón samples: their volume reduction
733 along some hours of drying, their micro-structure after different treatments, and water activity at
734 selected temperatures.

735

1	CONVECTIVE DRYING OF YACÓN (SMALLANTHUS SONCHIFOLIUS) SLICES:
2	A SIMPLE PHYSICAL MODEL INCLUDING SHRINKAGE
3	
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12 ABSTRACT

Yacón is a tuberous root from the Andean region, and a potential functional food because of 13 14 the presence of fructo-oligosaccharides (FOS). Due to its high moisture in natura, the product 15 is prone to microbial degradation. The evolution of yacón cylindrical slices under convective 16 drying is here studied from experimental work and theoretical considerations about bulk 17 properties. The operation of a pilot-scale convective dryer allowed monitoring the moisture 18 and dimensions of yacón slices. Evolution of moisture under temperature, and relative 19 humidity, controlled conditions is described through a two-parameter drying kinetic model. A 20 novel approach for estimating shrinkage effects is proposed, comparing measured dimensions 21 with predictions based upon hypothetical shrinkage behaviors. The drying kinetics and the 22 shrinkage approach are finally combined with the global energy balance for a single slice, in 23 order to describe the evolution of surface temperature and other yacón slice properties along 24 the drying period.

25

26 KEYWORDS

27 Yacón, convective drying, drying kinetics, shrinkage behavior

28

29 HIGHLIGHTS

30 The evolution of yacón slices under convective drying was studied at pilot scale. 81

31 Experimental data were collected under controlled air temperature and humidity. 79

32 Moisture loss observations were approximated through a novel two-parameter model. 81

- 33 Shrinkage of yacón slices was described by a combination of hypothetical models. 80
- 34 The global energy balance allowed to predict surface water activity and temperature. 84

35 **1. Introduction**

The mechanisms underlying the processing of food raw materials must be understood in order
to: a) manufacture, in a reproducible manner, products for consumption, b) assess the
influence of raw material variability and c) provide insight into process optimization.
Consumers are increasingly interested in the ingredients and processes associated with their
food. "Clean labels" with recognizable ingredients, and as few preservatives as possible, are a
trend in the food market (Asioli et al., 2017).

42 Here we focus on yacón (Smallanthus sonchifolius), a tuberous crop from the Asteraceae 43 family, originally from the Andean region and nowadays cultivated worldwide. Its roots, 44 described as succulent and mildly sweet, with a thin peel, can be eaten raw. While in the 45 majority of storage roots the energy is stored as starch, in yacón it is stored as inulin and 46 fructo-oligosaccharides (FOS) instead. These compounds naturally exist in plants, but in 47 concentrations usually lower than those in yacón roots. The human gastrointestinal tract does 48 not have enzymes to digest these compounds, so they reach the gut microbiota practically 49 intact (Grau and Rea, 1997; Hermann et al., 1999; Seminario et al., 2003; Lebeda et al., 50 2012). In other words, albeit sweet, they have a low caloric value for humans, making them 51 an interesting option for diabetics. In addition, inulin and FOS are appreciated as effective and 52 safe prebiotics (Fernandez et al., 2013) with claims of immunomodulatory effects (Watzl et 53 al., 2005). Root flesh colors vary from white to yellow, orange, and purple, depending on the 54 genotype (Hermann et al., 1999). Chemical characteristics, such as phenolic compounds and 55 saccharides, may vary significantly between cultivars (Graefe et al., 2004; Khajehei et al., 56 2018b).

As a source of inulin and fructose, tuberous roots of yacón can be employed in the production
of cold drinks and alcohol, dry crisps, jams and stewed fruits, sweeteners and some dairy
products like yogurt (Lebeda et al., 2012). A major portion of the tuberous root biomass of

yacón is composed of water (>0.7 g/g w.b.) (Lachman et al., 2003). Water activity is also
high, leading to a short shelf-life; partial hydrolysis of oligo-fructans can start within only a
few days after harvest (Graefe et al., 2004). Drying is a convenient way to prepare yacón for
storage, and the influence of drying conditions on the chemical composition of yacón samples
has been investigated (Scher et al., 2009; Campos et al., 2016; Khajehei et al., 2018a; Salinas
et al., 2018).

Several techniques have been applied to dehydrate yacón samples, including hot air 66 67 convection drying (Scher et al., 2009), vacuum drying (Reis et al., 2012), freeze-drying 68 (Khajehei et al., 2018a), as well as hybrid techniques combining forced convection with 69 osmotic dehydration (Perussello et al., 2013, 2014) or microwave heating (Shi et al., 2015). 70 However, in drying yacón samples, none of these studies have controlled the air relative 71 humidity. In other words, caution should be exercised in discussing these results: without 72 control of relative humidity, ambient conditions may vary due to the drying of the product. 73 Such control has been implemented in the drying of many foods, including apples (Assis et 74 al., 2019; Sjoholm & Gekas, 1995) and potatoes (Hassini et al., 2007; Sandoval-Torres et al., 75 2017; Chua et al., 2000).

One of the most important physical changes undergone by food during drying is the reduction
of its volume. Loss of water and heating cause stresses in the cellular structure of the food
matrix, leading to changes in shape and a decrease in dimension (Mayor and Sereno, 2004).
The volume reduction and shape modification of yacón samples under convective drying has
been scarcely investigated (Bernstein and Noreña, 2014).

81 Different modeling approaches have been used for studying the evolution of fruits and other

82 high-moisture-content food materials under convective drying (Castro et al., 2018). A

83 complete thermo-hygro-mechanical model requires, in addition to thermal conductivity and

84 water diffusivity, the knowledge of rheological parameters (Young's modulus, Poisson's

85 coefficient, contraction coefficient due to water loss...). Especially under large deformation, 86 the food material cannot be considered purely elastic. Thermo-physical and mechanical 87 parameters depend on temperature and moisture, and they are difficult to measure or estimate 88 (Curcio and Aversa, 2014). In the case of yacón, these parameters were assessed under 89 selected conditions (Blahovec et al., 2013; Perussello et al., 2013). The coupling of large 90 deformation with heat and mass transfer phenomena in a single physical model constitutes a 91 formidable challenge for yacón samples, because of the high water content in natura and the 92 significant volume reduction along the drying period. Determining the best approach for 93 modeling requires, as a previous step, to choose the purpose and application of the model 94 itself; simple models can fit the results properly, allowing the implementation of engineering 95 aims (Castro et al., 2018).

96 This study concerns the convective drying of sets of cylindrical slices of yacón, after 97 experiments carried out in a pilot-scale convective dryer; the operating conditions of airflow, 98 temperature and relative humidity (RH) were controlled, which allowed stable ambient 99 conditions. In accordance with the literature (Bernstein and Norena, 2014), our preliminary 100 tests have shown that the shrinkage of yacón is by no means negligible. This result motivated 101 us to design the set of experiments so we could measure the dimensions of selected samples 102 throughout the drying period. Our first objective is thus to investigate the existence of 103 relations between the ambient conditions and the modifications undergone by yacón cylinders 104 during the drying period. The second objective is to study selected parameters associated with 105 the convective drying of yacón samples while considering a generalization of the shrinkage 106 behavior identified from measurements.

107 2. Material and Methods

Tuberous roots of yacón used in this work were cultivated in Piedade, Sao Paulo, Brazil, and
later purchased from a local market in two batches of 17 kg: one in July 2020, and the other in

6

110 September 2020. The selected roots were free of injuries and had a diameter higher than 40

111 mm. These roots had a tan surface and light-yellow flesh (Figs. 1a and 1b).

112 2.1. Vapor sorption isotherms

113 A VSA1055 vapor sorption analyzer (Decagon Devices, USA) was used to obtain vapor

sorption isotherms. Yacón roots were cut into slices with 40 mm diameter and 3 mm

- thickness, and pre-dried in a forced circulation oven (model N480; Nova Ética, Brazil) for one
- hour. Isotherms were run using static (DVS) and dynamic (DDI) methods, from $a_w = 0.9$ to
- 117 $a_w = 0.1$, then returning to $a_w = 0.9$. Experimental data were adjusted assuming the
- 118 Guggenheim, Anderson and De Boer (GAB) model (van der Berg, 1984):

119
$$\frac{X_w}{X_{w,mono}} = \frac{CKa_w}{(1-Ka_w)(1+(C-1)Ka_w)}$$
(1)

120 Wherein X_w is the water content (kg/kg db); $X_{w,mono}$ is the monolayer water content (kg/kg

121 db); C is the Guggenheim constant, K is the GAB correction factor, and a_w is the water

122 activity in the food matrix.

123 2.2. Pretreatment

One setback in drying yacón is a browning effect caused by polyphenol oxidase (PPO), right 124 125 after cutting the roots and exposing the enzyme to oxygen (Lachman et al., 2003; Yan et al., 126 1999); a blanching pretreatment is necessary in order to minimize this effect. Following Reis 127 et al. (2012), a citric acid pretreatment was used: firstly, approximately 500 g of yacón roots 128 were cut into cylindrical slices (40 mm diameter and 7 mm height) (Fig. 1b), using circular 129 cutters; secondly, the slices were submerged in 500 mL of a 2 g/L aqueous citric acid (purity 130 95 g/100g; Tate & Lyle, Brazil) solution for 3 min; finally, the slices were placed on 131 absorbent paper before use.

132 Before each experiment, three slices were randomly picked to have their moisture determined.

133 The dry-matter mass was determined according to AOAC method 926.12 (1996); results

134 ranged from 0.09 to 0.11 g/g w.b.

135 2.3. Drying experiments at pilot-scale

Drying experiments were performed in a LM-ES20 drying oven (Labmaq, Brazil). This oven has a chamber with four removable trays, each placed upon a scale, which allows real-time recording of weight. It is also possible to control the temperature and relative humidity at the air-drying inlet. On the roof of the oven, there is a 10 cm quartz window, equipped with a S6D stereo-microscope (Leica, Germany); images of a single sample can be acquired during the whole drying period.

For each drying experiment, 42 yacón slices (360 g total) were placed on the top tray and dried until no variation in weight was recorded for fifteen minutes. The following drying air conditions were studied: [$T_{air} = 50$ °C, RH = 20 %]; [60 °C, 20 %]; [50 °C, 30 %] and [60 °C, 30 %], all at an airspeed of 4 m/s. Three full drying experiments were conducted under each of these four conditions.

147 2.4. Dimensions

148 To determine the slice diameter over time, images acquired along with the drying experiments 149 with the stereo-microscope setup were analyzed through an image processing software 150 (version LAS6; Leica Microsystems Applications, Switzerland). In the case of the sample 151 height, in a separate experiment, three yacón slices were dried in the same pilot unit. The 152 height was measured using a micrometer (model 103-137; Mitutoyo, Brazil), at a point near 153 the border and also at the center. The whole procedure was repeated many times along the 154 drying period, for each of the four controlled ambient conditions. This method assumes that 155 the cylindrical format was maintained during the drying process. Although irregularities 156 appeared on the samples and the shape became somewhat disturbed, the circular shape was

roughly retained. It is possible to consistently identify a diameter and a height along thedrying period.

159 **3. Macroscopic modeling**

160 In this work, the average properties are estimated from measurements collected over

161 ensembles of many cylindrical slices of yacón slices (Fig.1b).

162 3.1. Shrinkage

163 Shrinkage during drying takes place simultaneously with moisture diffusion, and thus may

164 affect the moisture removal rate; volume changes and deformation depend on several factors

165 including sample geometry, dehydration method and drying conditions (Moreira et al., 2000).

166 Experimental work has demonstrated that shrinkage behavior encountered during drying of

167 real food products is neither ideally three-dimensional nor unidimensional (Sjoholm and

168 Gekas, 1995).

In the scope of this study, the sample volume was calculated by adding the volumes of the drymatter and the water:

171
$$V = m_{dm} \left(\frac{1}{\rho_{dm}} + \frac{X_w}{\rho_w} \right)$$
(2)

172
$$V_0 = m_{dm} \left(\frac{1}{\rho_{dm}} + \frac{X_{w0}}{\rho_w} \right)$$
(3)

wherein *V* is the volume (m³); V_0 is the initial volume before drying (m³); m_{dm} is the mass of the dry-matter mass (kg); ρ_{dm} is the density of the dry-matter mass (kg m⁻³); ρ_w is the water density (kg m⁻³); and X_{w0} is the initial water content of the product (kg water/kg dry matter), on a dry basis, before drying.

177 The water content was expressed in its normalized form (X_w^*) :

178
$$X_w^* = \frac{X_w}{X_{w0}}$$
 (4)

- 179 Dimensionless volume (V^*) and surface (S^*) of the sample can be computed from measured
- 180 dimensions and water content, as:

181
$$V^* = \frac{1 + \left(\frac{\rho_{dm}}{\rho_w}\right) X_{w0} X_w^*}{1 + \left(\frac{\rho_{dm}}{\rho_w}\right) X_{w0}}$$
(5)

182 or, alternatively:

183
$$V^* = \frac{\left(\pi D^2 H/4\right)}{\left(\pi D_0^2 H_0/4\right)} = H^*(D^*)^2$$
(6)

184
$$S^{*} = \frac{\left(2 \pi \frac{D^{2}}{4}\right) + \pi D H}{\left(2 \pi \frac{D_{0}^{2}}{4}\right) + \pi D_{0} H_{0}} = D^{*} \left(\frac{D^{*} + 2 H^{*} \frac{H_{0}}{D_{0}}}{1 + \frac{2 H_{0}}{D_{0}}}\right)$$
(7)

Simplified models, based on different assumptions, may describe the shrinkage behavior of the slices. For all the approaches, the slice surface area can be expressed in the form of Eq. 7. A first approach, named as "vertical model", based on measurements performed at the beginning of drying, assumes that the shrinkage in the radial direction is negligible compared to the vertical one:

190
$$H_{vert}^* = \frac{V}{V_0}; D_{vert}^* = 1$$
 (8)

A second approach assumes isotropic shrinkage. This approach resembles the linear, uniform
model described by Mayor and Sereno (2004) for a cube, but to predict height and diameter
directly, instead of the area:

194
$$H_{iso}^* = D_{iso}^* = \left(\frac{V}{V_0}\right)^{\frac{1}{3}}$$
 (9)

Finally, after seeing that the measurements did not match any of these approaches, we lookedfor intermediate behaviors allowing a satisfying match with the experimental results.

Hereafter, Eq. 8 and 9 are combined. The dimensionless height assuming combined shrinkageis expressed as:

199
$$H_{comb}^* = (H_{iso}^*)^b (H_{vert}^*)^{(1-b)}; \quad D_{comb}^* = (D_{iso}^*)^b$$
 (10)

200 wherein *b* is the moisture-dependent weighting parameter.

201 The first approach $(D^*=1)$ fits the measurements at the beginning of drying (Fig. 4). Yet 202 progressively (as X_w^* decreases) the diameter of the slices also decreases. This is why we 203 propose increasing the relative importance of the isotropic approach along with the drying 204 process. An approach using a similar principle was proposed by Suzuki et al. (1976); it was 205 described by Mayor and Sereno (2004) as a "semi-core drying model". Our approach, 206 however, involves a different geometry and does not require as many parameters. At the end 207 $(X_w^* \approx 0)$, equal importance is given to the purely-vertical and isotropic approaches, resulting 208 in:

$$209 b = \frac{1}{2} (1 - X_w^*) (11)$$

Assuming such a combined shrinkage behavior, the dimensionless total surface (S_{comb}^*) is calculated through Eq. 7, using the dimensionless height and diameter from Eq. 10.

212 *3.2. Drying kinetics*

Semi-theoretical models have been derived by simplifying general series solutions of Fick's second law; they are thus valid within the air temperature, relative humidity, flow velocity and moisture content range for which they were developed; further, these models require less time compared to theoretical thin-layer models and do not need assumptions of the geometry of typical food, its mass diffusivity or conductivity. Many of these semi-theoretical drying models have been compared in the literature (e.g., Panchariya et al., 2002); some of them are shown in Table 2. The evolution of the overall moisture in the product under drying can be described throughthe moisture ratio:

222
$$MR = \frac{X_w - X_{we}}{X_{w0} - X_{we}}$$
(12)

where X_{we} is the water content in equilibrium, estimated from vapor sorption isotherms. In the scope of this study, the following two-parameter model was adjusted to the drying kinetics data:

226
$$MR = \exp(-k_1 t - (k_2 t)^2)$$
 (13)

the inverse value of parameter k_1 can be called characteristic drying time. Equation 13 can be seen as an extension of the Lewis (1921) drying model, which considers the first term in the exponential only.

230 The time derivative of Eq. 13 can be expressed as:

231
$$\frac{dMR}{dt} = (-k_1 - 2 t k_2^2) \left(\exp(-t k_1 - t^2 k_2^2) \right)$$
(14)

When drying starts (t = 0), it follows $dMR/dt = -k_1$. By defining the dimensionless time $t^* = t k_1$ (at any time), the evaporative water loss per dimensionless area can be expressed as:

234
$$\frac{dMR}{dt^*S^*} = -MR\left(1 + \frac{2tk_2^2}{k_1}\right)\frac{1}{S_{comb}^*}$$
(15)

235 3.3 Heat transfer coefficient between yacón samples and surrounding air

236 3.3.1. Experimental method

237 The heat transfer coefficient is a key parameter for assessing the importance of exchanges

between the product under consideration and its surroundings. Looking for its experimental

- determination, a well-known material of regular geometry was heated in the same conditions
- as the yacón slices were dried. Two aluminum cylinders, each containing a hole (1 mm radius,
- 10 mm height), were used in this experiment. Their properties are summarized in Table 1.

For each experiment, two calibrated thermocouples were used: one inserted in the aluminum cylinder, filled with thermal paste (MasterGel Maker, Cooler Master, Taiwan) and the other exposed to the air, as shown in Fig. 1d. The measurements (carried out at $T_{air} = 60$ ° C, RH =20% and speed of 4 m/s) were carried out until the recorded temperatures became constant, or almost. Data acquisition was performed using Labview software (National Instruments, USA).

The heat transfer coefficient was determined using a two-step approach, based on the lumpedcapacitance method (Incropera et al., 2007). The energy balance takes the form:

$$250 -h A_S(T-T_{air}) = m C_P \frac{dT}{dt} (16)$$

wherein *h* is the heat transfer coefficient (Wm⁻² K⁻¹), A_S is the surface area exposed to airflow (m²), *T* is the product temperature at any time (°C), T_{air} is the air temperature (°C), *m* is the mass (kg) and C_P the specific heat (J kg⁻¹ K⁻¹) of the product, and *t* is the time (s).

254 Observations revealed that the air temperature did not reach perfect steady-state evolution.

Hence, in the first step, Eq. 16 was integrated numerically using an in-house source code

written in Python 3.7 language. The second step involved the minimization of the sum

squared differences of residuals between measured and predicted temperatures, these latter

258 were obtained after assuming selected *h* values. Such minimization has been considered the

259 Nelder-Mead method.

260 *3.3.2. Global energy balance method*

Assuming that all the incoming heat is translated into evaporation at the surface temperature,
it follows (McCabe et al., 2014, p.807):

$$263 \qquad -\frac{dm_w}{dt\,S} = -\frac{d(m_{dm}\,X_w)}{dt\,S} = \frac{h}{L_v} \left(T_{air} - T_{surf} \right) \longrightarrow -\frac{dX_w}{dt} = \frac{h\,S\left(T_{air} - T_{surf} \right)}{m_{dm}\,L_v} \tag{17}$$

264 wherein m_w is the mass of water in the sample (kg).

265 The time derivative of Eq. 12 is:

$$266 \qquad \frac{dMR}{dt} = \frac{1}{X_{w0} - X_{we}} \frac{dX_w}{dt} \rightarrow -\frac{dX_w}{dt} = -(X_{w0} - X_{we}) \frac{dMR}{dt}$$
(18)

267 Combining Eqs. 17 and 18, the time derivative of Eq. 12 can be expressed in terms of

268 temperature values in ambient air and at the product surface:

$$269 \quad -(X_{w0}-X_{we})\frac{dMR}{dt} = \frac{hS\left(T_{air}-T_{surf}\right)}{m_{dm}L_{v}} \rightarrow \frac{dMR}{dt} = -\frac{hS\left(T_{air}-T_{surf}\right)}{m_{dm}L_{v}\left(X_{w0}-X_{we}\right)}$$
(19)

270 When drying starts, $dMR/dt = -k_1$; hence, at this moment:

271
$$h = k_1 \frac{m_{dm} L_v (X_{w0} - X_{we})}{S_0 (T_{air} - T_{wb})}$$
 (20)

272 assuming that $T_{surf} = T_{wb}$ at t = 0.

273 Application of Eq. 20 requires the mass of dry matter in the sample. The mass density of dry 274 matter in the samples used in this work was estimated to be about 1590 kg/m³. Firstly, we 275 used data provided by Hermann et al. (1999) about nine accessions of fresh yacón, including 276 the averaged weight fraction of selected pure components, as an estimation for the 277 composition of the samples used in this work: 0.37 % for proteins, 0.024 % for fat, 11 % for 278 carbohydrates, 0.36 % for fibers, and 0.51 % for ash. These values were considered in 279 applying the Choi and Oikos (1986)'s approach for estimating the mass density of dry-matter 280 of yacón samples at the temperature of 40 °C. This temperature value is between the 281 temperature prevailing in the product when drying starts (about 20 °C) and the ambient 282 surrounding temperature (60 °C during the drying period). 283 3.4. Global energy balances

The evaporative water loss can be expressed by a global energy balance assuming that all the heat entering the sample causes water evaporation. Equation 17 can be applied if the variation of sensible heat can be neglected. This is approximately the case except at the beginning of

- available on the surface.
- 289 The initial water content is very high ($X_{w0} \approx 11 \text{ kg/kg d.b.}$); therefore, it can be assumed that

290 the water activity is close to 1 and that the product surface temperature is close to the wet-

bulb one $(T_{surf} = T_{wb})$. Thus, combining Eqs. 19 and 20, we obtain:

292
$$\frac{T_{air} - T_{surf}}{T_{air} - T_{wb}} = \frac{(dMR/dt)/S}{(dMR/dt)|_{t=0}/S_0} = \frac{1}{1 - X_{we}/X_{w0}} \frac{S}{S_0} \frac{dX_w^*}{k_1 dt} = \frac{1}{(1 - X_{we}/X_{w0})} \frac{dX_w^*}{S_0} \frac{dX_w^*}{dt^*}$$
(21)

wherein:

$$294 \qquad \frac{dMR}{dt} = \frac{dX_w^*}{dt} \tag{22}$$

295 The water mass balance can also express the evaporative water loss:

$$296 \qquad \frac{-dm_w}{dt\,S} = k \left(c_{w,surf} - c_{w,air} \right) \tag{23}$$

wherein *k* is the mass transfer coefficient (m s⁻¹), $c_{w,surf}$ is the concentration of water vapor in the air on the surface of the product (kg m⁻³), and $c_{w,air}$ is the water vapor concentration in the surrounding air (kg m⁻³).

$$300 \quad \frac{dX_w}{dt} = \frac{k S \left(c_{w,surf} - c_{w,air}\right)}{m_{dm}} \tag{24}$$

301 Comparing Eqs. 17 and 24, and rearranging water vapor concentration values in the place of

302 temperatures, we can estimate the water activity at the slice surface as:

$$303 \qquad \frac{c_{w,air} - a_w c_{w,sat}(T_{surf})}{c_{w,air} - c_{w,sat}(T_{wb})} = \frac{T_{air} - T_{surf}}{T_{air} - T_{wb}}$$
(25)

- 304 The saturated water vapor concentration is obtained from the ideal gas law and Clausius-
- 305 Clapeyron relation (Çengel et al., 2015):

$$306 \qquad c_{w,sat}(T_{surf}) = \frac{P_{sat}^{T_{surf}} M_w}{R T_{surf}}$$
(26)

307 wherein $P_{\text{sat}}^{T_{\text{surf}}}$ is the saturated vapor pressure at a temperature *T* and *R* is the gas constant

- 308 (8.314 J K⁻¹ mol⁻¹). The water concentration at the surface was estimated through a GAB
- 309 model for parameters $X_{w,mono}$, C and K resulting from desorption measurements.

310 In summary:

- 311 a) pilot-scale drying experiments allowed the monitoring of water content X_w and slice
- 312 dimensions D and H under controlled ambient conditions;
- b) for each of these ambient conditions, desorption models enabled us to estimate the
- 314 equilibrium moisture X_{we} value;
- 315 c) with the latter, the evolution of the moisture ratio MR was represented through the two-
- 316 parameter drying kinetics, providing the initial drying rate;
- d) monitoring the slice dimensions allowed us to identify a mean shrinkage behavior, and
- 318 hence to predict the slice surface evolution;
- e) finally, the availability of water content and surface evolutions allowed us to estimate the
- 320 surface temperature and the surface water activity (Eq. 25).
- 321 3.5 Statistical analyses
- 322 Vapor sorption isotherm data were fitted using nonlinear regression, through the Statgraphics
- 323 Centurion XV software (StatPoint, Inc., USA). The agreement between the experimental data
- 324 and the calculated values was assessed by the coefficient of determination (r^2) and root-mean-
- 325 square error (RMSE).
- 326 Drying kinetics data were fitted using nonlinear regression, using the Solver tool from Excel
- 327 2019 (Microsoft, USA), and the agreement between experimental and model values was
- 328 evaluated using the root mean square error (RMSE). The model parameters (eq. 13) were
- 329 analyzed by the ANOVA applying Tukey's test at a 95% confidence level as a posthoc test,
- 330 using Statgraphics Centurion XV software (StatPoint, Inc., USA).

4. Results

332 4.1. Vapor sorption isotherms

Vapor sorption isotherms for yacón (Fig. 2) can be characterized as being type III, which are
common for products with a high quantity of soluble sugars (Rizvi, 2005; Al-Muhtaseb et al.,
2002). It can be observed that there was little difference between static and dynamic methods,
and between tested temperatures, and no visible hysteresis.

GAB model parameters, adjusted to the isotherms, are shown in Table 3. $X_{w,mono}$ is an

estimation of the monolayer water content; under this value, food materials tend to be very

339 stable (Roos, 2008). However, packaging conditions are important to delay the re-absorption

of water.

341 4.2. Drying kinetics

Figure 3 shows the evolution of the moisture ratio of ensembles of yacón slices, under the ambient conditions here considered. Table 4 summarizes the results obtained after applying Eq.13, and other models available in the literature, to the data obtained from each of the three tests, carried out under each of the four controlled conditions. ANOVA performed along with an analysis of residuals, showed no evidence of heteroscedasticity in any of the tested models (Table 4). Some findings emerge from these results.

a) Under the ambient conditions considered, the application of Eq. 13 allows a smaller
root-mean-square-error (RMSE) than other two-parameters models available in the
literature. We argue that Eq. 13 constitutes a good option for engineering aims.

b) The influence of ambient conditions on the values estimated for model parameters is here preliminarily assessed because only three runs were conducted under each ambient condition. Excepting the Page model, the influence of both air temperature and relative humidity on parameter k_1 seems significant. This finding is consistent

355 with the physical meaning of this parameter; it is directly related to the initial drying 356 rate, and its value increases with the driving force $(T_{air} - T_{wb})$. The influence of air 357 temperature on the second parameter of Eq. 13, of Modified Page, and Henderson-358 Pabis models seems significant.

359 c) It is quite hard to compare model parameters estimated from our experimental data 360 with those provided by other authors. Airflow and temperature conditions were 361 different, and there was no control of air relative humidity, allowing ambient 362 conditions which be perhaps unsteady. An additional difficulty comes from the 363 diversity of yacón; Hermann et al. (1999) studied nine different cultivars of yacón, and 364 they differed in appearance and composition: the dry matter content alone could range 365 from 98 to 136 g/kg, suggesting that the drying kinetics can vary from a cultivar to 366 another. Reis et al. (2012) reported the time of purchase, but not the location; Shi et al 367 (2013) purchased their roots in China, and Lisboa et al. (2018) reported a purchase in 368 Brazil, but not the season. None of these studies reported the variety used, nor any 369 descriptors, there thus being a possibility that those authors studied different varieties 370 of yacón.

371 4.3. Shrinkage

The left-hand side of Fig. 4 summarizes all the available experimental data, in terms of dimensionless values for the slice height (Fig. 4a) and diameter (4c) as a function of the dimensionless water content. Triplicates were conducted. The right-hand side of Fig. 4 compares measurements with similar predicted by hypothetical shrinkage behaviors; in the case of slice height, triangles indicate averaged values; in the case of slice diameter, measurements do not correspond to the same water content and then averaging was not possible. 379 Figures 4b and 4d compare measurements and hypothetical shrinkage behaviors: purely-380 vertical, isotropic and combined models for both diameter and height (Eqs. 8, 9, and 10, 381 respectively). Up to $X_w^* = 0.2$, the slice diameter remained at more than 90 % of the initial 382 value; the proposed vertical model is thus a more realistic approach than the isotropic one. 383 Afterward, there was a drastic reduction in diameter. Figures 4b and 4d suggest that the 384 combined behavior, which mixes the vertical and the isotropic approaches, describes the slice 385 shrinkage better than the others. Looking for a consistent approach for predicting the 386 shrinkage of yacón slices under convective drying, the combined approach was considered. 387 4.4. Heat transfer coefficient between yacón samples and surrounding air 388 A first estimation of the heat transfer coefficient relevant to our problem comes from 389 experimental work with aluminum slices (sub-section 3.3.1). The results obtained were h = 41W m⁻² K⁻¹ for the 35 mm cylinder and 53 W m⁻² K⁻¹ for the 20 mm one. 390 391 The consistency of these findings can be discussed using the correlation method. Taking into 392 account uniform heat flux conditions over a flat plate under laminar flow, it can be shown that 393 the averaged Nusselt, Reynolds and Prandtl numbers are related through the correlation Nu = $\propto Re^{\beta}Pr^{\gamma}$ (Incropera et al., 2007, p.410). In our case, this expression can be rewritten 394 to indicate the heat transfer coefficient as a function of the cylinder diameter: $h = \delta D^{\beta-1}$ 395 396 wherein $\beta - 1 < 0$. According to this rationale, the heat transfer coefficient should increase during drying while the vacón dimension reduces. Hence, it is consistent to reach $h = 41 \text{ W m}^{-1}$ 397 2 K⁻¹ for experimental data collected with a 35 mm aluminum cylinder and 53 W m⁻² K⁻¹ with 398 399 a 20 mm one. 400 A second estimation of the heat transfer coefficient between vacón samples and surrounding

401 air can be obtained by applying the expression $h = \delta D^{\beta-1}$ to our experimental conditions.

402 Given the airflow and temperature conditions above the surface of the cylinders, we can

403 estimate the Reynolds number to be about 10000 for a 40 mm cylinder (yacón sample, before 404 any drying), hence lower than the critical value for the laminar-turbulent transition for 405 external flow (Incropera et al., 2007, p.361). For these conditions, that correlation yields a 406 heat transfer convective coefficient 39 $Wm^{-2}K^{-1}$ for a 40 mm cylinder. Note that the 407 aforementioned correlation and the experimental values correspond to a physical problem 408 bounded by an adiabatic surface below the cylinder.

409 Finally, the heat transfer coefficient between yacón samples and surrounding air was 410 estimated by applying Eq. 20, i.e. by considering the initial evaporative rate results. The value obtained (32 W m⁻² K⁻¹) implicitly takes into account the global influence of many factors 411 412 affecting the heat and mass transfer relevant to the problem, including: a) the fact that not one 413 but an ensemble of 42 yacón slices were simultaneously processed in the convective dryer 414 pilot unit; b) the role played by the heterogeneous exposure of slices to airflow, c) the 415 influence of thermal radiation interaction of slices with the metallic walls of the dryer, and d) 416 the fact that there was a metallic holed surface below the yacón samples, allowing a complex 417 situation of heat and mass transfer.

418 *4.5. Predictions of temperature and water activity on the surface*

419 Experimental results displayed in Fig. 3 suggest that the most reproducible condition was T_{air} 420 $= 60 \,^{\circ}$ C, $RH = 20 \,^{\circ}$. We hypothesize that better reproducibility is due to the humidity 421 stabilization system of the convective dryer pilot unit. On the one hand, when the thermo-422 hygrometer detects a value of *RH* below the set point, the control system of the drying oven 423 sprays water into the airflow and as it is not preheated, it could destabilize the temperature in 424 the oven. On the other hand, when humidity is above the set point, the air passes through a 425 refrigerating system, where water condensates and is removed, and the air must be heated 426 again before re-entering the oven. At the highest temperature (60 °C), the air has a higher 427 ability to hold water from the samples without going over the set point; and, in the lowest RH, 429 leading to less destabilization. In the forthcoming last steps of this study, we restrict our 430 attention to measurements and predictions corresponding to the ambient condition $T_{air} = 60$ 431 °C, RH = 20%.

428

432 The identification of a suitable shrinkage behavior allows predicting the slice surface, which 433 is exposed to surrounding air along the drying period (S^*) . Representing the drying kinetics 434 through the two-parameter model allows to predict, also along the whole period, the drying rate $\frac{dX_w^*}{dt^*}$. Figure 5a shows the predictions for the slice surface (Eq. 7) and the drying rate (Eqs. 435 14 and 22) as a function of the dimensionless water content. The influence of the total surface 436 decrease on the drying rate $\frac{dX_w^*}{dt^*S^*}$ is noticeable, but only partially explains the drop in this 437 438 drying rate. Figure 5b exhibits the same variables as a function of time, which can be compared with the classical drying curves (Mujumdar, 2006). Note that $\frac{dX_w^*}{dt^*S^*}$ does not present 439 440 a constant rate period, indicating that some drying limitations due to the resistance of water 441 migration from the center to the surface of the product may exist.

The availability of key quantities S^* and $\frac{dX_w^*}{dt^*}$ enables to estimate surface-averaged values for the temperature *T*, the water activity a_w and the water content X_w at the slice surface along the drying period. Figure 5c shows that, as expected, the predicted water content at the surface decreases more rapidly than the volume-averaged value for the sample. Note that GAB models do not accurately represent the sorption phenomena at very high ($a_w > 0.93$) water activities (Basu et al., 2006); hence, the predicted water content at the surface tends to be underestimated at the beginning of drying.

Finally, Fig. 5d displays the water activity and temperature at the product surface. In the caseof the water activity, the departure from pre-drying conditions is immediate, contrarily to

451 experimental results (see for instance Figure 1 of Bernstein and Norena, 2014). In the case of 452 temperature, firstly the surface-averaged temperature increases almost instantaneously from 453 the initial product temperature (20 °C) up to the wet-bulb temperature (about 35 °C); later on, 454 this temperature increases from the wet-bulb temperature up to the air temperature along the 455 remaining drying period. It would be interesting to assess the reliability of these predictions, 456 for instance using a non-invasive technique, such as an infrared thermometer.

457 *4.6. A remark about moisture diffusivity*

Shi et al. (2013) and Lisboa et al. (2018) used the Crank (1975) solutions to Fick's laws to 458 459 estimate the effective moisture diffusion coefficient for yacón samples. These solutions, 460 however, assume that the shrinkage is negligible. Results in Section 4.3 demonstrate that this 461 is not the case for yacón samples as tested here. The infinite slab and the finite cylinder 462 models, common in the literature, revealed to be unreliable fits for the experimental drying 463 data displayed in Fig. 3. In the case of the infinite slab model, estimated moisture diffusivity was 4.0 10^{-10} m² s⁻¹ at 50 °C, and 7.4 10^{-10} m² s⁻¹ at 60 °C, and a root mean square error of 464 465 0.033 and 0.060 in MR units, respectively. However, the fitted curve tended to underestimate 466 the moisture ratio at the beginning of the drying period and to overestimate it after two hours 467 of drying. Anyway, given the drastic differences in the sample's water content, dimensions 468 and temperature between the beginning and the end of the drying process, it is likely incorrect 469 to attribute a single, constant moisture diffusivity value over the whole drying process.

470 **5. Conclusions and Recommendations**

The study focused on the evolution of yacón samples having a particular shape and being
exposed to convective drying under controlled ambient conditions (mean air velocity of 4 m/s,
air temperature of 50 and 60 °C, air relative humidity of 20 and 30 %). The slice dimensions
were measured along the drying period, as an original contribution to the classical monitoring
of moisture loss. A dataset including triplicates of samples' water content, diameter and

height allowed us to study the evolution of yacón slices while including the influence of
shrinkage. Surface-averaged temperature and water activity tendencies were estimated from
standard assumptions about heat and mass transfer phenomena, providing a useful insight
about the drying evolution of a complex food product. The following conclusions were
reached.

481 i) The diameter of yacón slices decreased to about 60-70 % of the initial value after 6 hours 482 of drying without a clear dependence on the ambient condition under consideration, i.e. 483 following nearly the same decreasing tendency. The height of vacón slices was more difficult 484 to determine because of irregularities that progressively appeared on upper and lower surfaces 485 along the drying period. Available results indicated a reduction to 5-30 % of the initial value 486 after 6 hours of drying, with the decreasing tendency being faster in the samples dried at 20% 487 than in the samples dried at 30%, which can be explained by the faster dehydration if 488 Equations 10 and 11 are considered.

489 ii) In the case of yacón slices as tested here, a combined shrinkage behavior was identified: it 490 mixes purely-vertical (no diameter modification) with isotropic shrinkage (that progressively 491 operates inside the product matrix). Such a novel approach was later applied in predicting 492 firstly the slice total surface as a function of the water content inside it, and secondly the 493 evolution of selected properties at the vacón slice surface along the drying period. 494 iii) The application of a two-parameter model for representing the drying kinetics (Eq. 13) 495 allowed us to estimate the heat transfer coefficient between yacón samples and surrounding ambient conditions. The value obtained $(32 \text{ W m}^{-2} \text{ K}^{-1})$ implicitly includes the global 496 497 influence of many factors affecting the heat and mass transfer relevant to the problem. Two 498 other approaches (experimental work with aluminum cylinders, and correlation involving 499 dimensionless numbers) provided independent estimates of this transfer coefficient, and the 500 whole set of results seems consistent.

iv) Evolutions of moisture ratio from measurements were poorly represented by the semitheoretical model proposed by Lewis (1921), towards the ending of the drying period (Fig. 3).
That classical model was proposed under some assumptions including negligible shrinkage,
which constitutes a hypothesis unacceptable for yacón samples. The inclusion of a quadratic
term in Eq. 13 mitigates this problem (Fig. 3). We argue that Eq. 13 constitutes a good option
for engineering aims, in which the whole drying period must be represented as properly as
possible.

508 v) The results from the energy balance allowed to estimate properties that could not be

509 directly measured, or that would disturb the system. It gave insight on aspects that were not

510 clear from the experimental data, such as the immediate decrease in the water activity and the

511 different evolution of the water content on the sample surface and center.

512 The crucial issue of this study was to follow the dimensions of the sample throughout the

513 drying period. Our pioneering strategy could be improved, for example by measuring the

514 height of the sample using an optical detection method.

The suitability of our approach to the design and optimization of the process as well as of the final product could be explored. As a preliminary step, testing this approach should consider wider ranges of ambient conditions (airflow, temperature and relative humidity) and include different varieties of yacón and other raw food products. Much work remains to be done to clarify the relationship between shrinkage and moisture loss.

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- 679 Figure captions
- **Fig. 1.** Yacón roots: (a) in *natura*, still with their tan-colored peel; (b) being cut for the drying
- 681 experiments, with their light-yellow flesh visible; (c) dried, with the perforated tray on the
- background; and (d) experimental arrangement to estimate the heat transfer coefficient.
- 683 Fig. 2. Sorption isotherms (desorption and adsorption) for yacón obtained at two temperatures
- through the methods DDI and DVS, in comparison with the adjusted GAB model for DVS
- $685 \qquad \text{test at } 60 \ ^{\circ}\text{C}.$
- **Fig. 3.** Moisture ratio of yacón slices, expressed in function of time (a) at $T_{air} = 50$ °C and *RH*
- 687 = 30%; (b) at 60 °C and 30%; (c) at 50 °C and 20%; (d) at 60 °C and 20%, compared to the
- drying kinetics model proposed in this work, and to the Lewis (1921) model.
- 689 Fig. 4. Dimensionless height and diameter of yacón slices as a function of dimensionless
- 690 water content along with the drying: (a) all height measurements performed under four
- ambient conditions; (b) height measurement averages, compared to predictions reached after
- assuming different hypothetical behaviors for slice shrinkage; (c) as in (a) but for the
- 693 diameter; (d) as in (b) but for the diameter. In the case of the vertical shrinkage assumption,
- the dimensionless diameter equals unity (Eq.8).
- 695 Fig. 5. Predictions about the drying behavior of yacón slices. In-display (a), the dimensionless
- 696 surface S^* comes from Eq.7, the drying rate dX_w^*/dt^* comes from Eq.22 with dMR/dt
- from Eq.14. In-display (b), same as (a) but as a function of time. In-display (c), slice-averaged
- and surface moisture as a function of time. In-display (d), surface temperature from Eq.21 and
- 699 water activity from Eq.25 as a function of time.

700 Justifying key references

- 701 Please see below our remarks regarding our five key references, sorted by year of publication.
- They are indicated by a star in the reference section of our manuscript.
- 1) Lewis, W. K. 1921 The rate of drying the solid materials. The Journal of Industrial and
- 704 Engineering Chemistry, 13: 427-432. <u>https://doi.org/10.1021/ie50137a021</u>.
- 705 > This founding article allowed us to understand the basic rationale of semi-theoretical drying
 706 kinetics models. The Lewis' model can be presented as
- 707 dMR/dt = -kt,
- where symbols are explained in our Nomenclature. In the present study we propose an extensionof the Lewis' model:
- 710 $dMR/dt = -k_1t k_2t^2$.
- The second-order term might incorporate, implicitly, the bulk influence of complex phenomena
 in drying the solid matrix (including shrinkage, which was neglected by Lewis). Results suggest
 that this extended model fits better our experimental data than Lewis' one.
- 2) Hermann, M., Freire, I., Pazos, C. 1999 Compositional diversity of the yacón storage root.
- 715 In « Andean Roots and Tuber Crops », International Potato Center Program Report 1997-1998,
- 716 Lima (Peru), pp.425-432.
- >Very few articles compare the physicochemical composition (fibers, proteins, carbohydrates,
- etc) of different yacón varieties. This article allowed us to estimate the dry-matter mass density
- associated with an averaged composition over nine yacón cultivars.
- 3) Mayor, L., Sereno, A. M. 2004 Modelling shrinkage during convective drying of food
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- This classical reference inspired us in our analysis of experimental data, more precisely in
 comparing measurements of dimensions of yacón slices along the drying period with
 predictions from hypothetical shrinkage behaviors.
- 4) Scher, C. F., Rios, A. O., Norena, C. P. Z. 2009 Hot air drying of yacón (Smallanthus
 sonchifolius) and its effect on sugar concentrations. International Journal of Food Science and
- 728 Technology, 44: 2169-2175. https://doi.org/10.1111/j.1365-2621.2009.02056.
- > This dense article discusses the influence of drying conditions on yacón sugar contents and
- 730 water activity, among other relevant characteristics. The design of our experimental work was,
- to some extent, inspired by this article.
- 5) Bernstein, A., Norena, C. P. Z. 2014 Study of thermodynamic, structural, and quality
 properties of yacón (Smallanthus sonchifolius) during drying. Food and Bioprocess
 Technology, 7: 148-160. https://link.springer.com/article/ 10.1007/s11947-012-1027-y.
- > This very interesting article provided us insight about yacón samples: their volume reduction
- along some hours of drying, their micro-structure after different treatments, and water activity
- at selected temperatures.

NOMENCLA	ATURE
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a_w	Water activity [-]
$a_{w,surf}$	Water activity at the slice surfaces [-]
b	Moisture-dependent weighting parameter [-]
С	Guggenheim constant, GAB model [-]
C_P	Specific heat [J kg ⁻¹ K ⁻¹]
$C_{w,air}$	Water vapor concentration in the surrounding air [kg m ⁻³]
$c_{w,\text{sat}}(T)$	Concentration of water in saturated air at a temperature T [kg m ⁻³]
$\mathcal{C}_{w,\mathrm{surf}}$	Concentration of water vapor in the air at the surface of the product [kg m ⁻³]
D	Diameter [m]
D_0	Initial diameter of the food slice before drying [m]
D^*	Dimensionless diameter of the food slice (D/D_0)
$D_{\rm comb}^*$	D* assuming combined shrinkage behavior [-]
$D_{\rm iso}^*$	D* assuming isotropic shrinkage [-]
D _{vert} *	D^* assuming vertical shrinkage only [-]
h	Heat transfer coefficient [Wm ⁻² K ⁻¹]
Н	Height [m]
H_0	Initial height of the food slice before drying [m]
H^*	Dimensionless height of the food slice (H/H_0)
$H_{\rm comb}^*$	H* assuming combined shrinkage behavior [-]
H [*] _{iso}	<i>H</i> [*] assuming isotropic shrinkage [-]
H [*] _{vert}	H^* assuming vertical shrinkage only [-]
k	Convective mass transfer coefficient [m s ⁻¹]

K	GAB correction factor [-]
k_1	Kinetic model parameter [s ⁻¹]
<i>k</i> ₂	Kinetic model parameter [s ⁻¹]
L_{ν}	Latent heat of evaporation of water [J kg ⁻¹]
m	Mass [kg]
<i>m</i> _{dm}	Dry-matter mass [kg]
m _w	Water mass [kg]
MR	Moisture ratio [-]
M_w	Molar mass of water [g/mol]
Nu	Nusselt number [-]
$P_{\rm sat}^T$	Saturated vapor pressure at a temperature <i>T</i> [Pa]
Pr	Prandtl number [-]
R	Gas constant, 8.314 [J K ⁻¹ mol ⁻¹]
Re	Reynolds number [-]
S	Total surface of the food slice [m ²]
S_0	Initial total surface of the food slice before drying [m ²]
S^*	Dimensionless total surface of the slice
S [*] _{comb}	<i>S</i> [*] assuming combined shrinkage behavior [-]
t	Time [s]
<i>t</i> *	Dimensionless time
Т	Temperature [°C]
T _{air}	Air temperature [°C]
$T_{ m surf}$	Temperature at the slice surface [°C]

T_{wb}	Wet-bulb temperature [°C]
V	Volume
V_0	Initial volume of the food slice before drying [m ³]
V*	Normalized volume [-]
X_{we}	Estimated water content in the equilibrium, on dry basis [kg/kg]
X_w	Measured water content in the food product, on dry basis [kg/kg]
$X_{w, ext{mono}}$	Monolayer water content [kg/kg], dry basis
X_{w0}	Initial water content of the food product before drying [kg/kg], on dry basis
X_w^*	Dimensionless water content in the food product [-]
Greek letters	
α	Constant for Nusselt correlation [-]
β	Constant for Nusselt correlation [-]
γ	Constant for Nusselt correlation [-]
δ	Constant for Nusselt correlation [-]
λ	Thermal conductivity [Wm ⁻¹ K ⁻¹]
ρ	Dry-matter mass density [kg m ⁻³]
ρ $ρ_{dm}$	Dry-matter mass density [kg m ⁻³] Dry-matter mass density [kg m ⁻³]

Table 1

Dimensions and thermophysical properties of the aluminum cylinders used to estimate the heat transfer coefficient.

Piece	1	2
<i>D</i> [mm]	35	20
H [mm]	7	3
Hole volume [m ³]	7.07 10 ⁻⁸	7.07 10 ⁻⁸
Cylinder volume [m ³]	6.66 10 ⁻⁶	0.87 10-6
Mass [g]	17.99	2.35
Surface area (A_S), exposed to airflow [m ²]	1.7 10 ⁻³	0.5 10 ⁻³
Thermophysical properties at 331 K*		
$\lambda (W m^{-1} K^{-1})$	238.0	
$C_p (\mathrm{J \ kg^{-1} \ K^{-1}})$	917.6	
ho (kg m ⁻³)	2707	

*Source: Perry & Green (1997)

Table 2.

Models used in the literature to describe drying kinetics.

Model	Equation	Reference		
Lewis	$MR = exp(-k_1 t)$	Lewis (1921)		
Page	$MR = exp(-k_1 t^n)$	Panchariya et al. (2002); Shi et al. (2013)		
Modified Page	$MR = exp(-k_1 t)^n$	Panchariya et al. (2002); Shi et al. (2013)		
Henderson-Pabis	$MR = a \exp(-k_1 t)$	Panchariya et al. (2002); Shi et al. (2013)		

Table 3

GAB model parameters^{*} adjusted to experimental data of yacón, for adsorption and desorption curves, through the dynamic (DDI) and static (DVS) operation modes.

	$X_{w, ext{mono}}$ [kg/kg, d.b.]		С	[-]	K [-]		
Mode	adsorption	desorption	adsorption	desorption	adsorption	desorption	
DDI 50 °C	1.04 10-1	1.29 10-1	1.12 100	1.32 100	$1.00\ 10^{0}$	9.73 10-1	
DDI 60 °C	1.79 10 ⁻¹	1.34 10-1	7.34 10-1	$2.06\ 10^{0}$	9.41 10-1	9.79 10-1	
DVS 50 °C	1.20 10-1	1.37 10-1	$1.41 10^{0}$	$1.17 \ 10^{0}$	9.71 10 ⁻¹	9.70 10-1	
DVS 60 °C	1.21 10-1	1.16 10-1	9.08 10-1	$1.45 \ 10^{0}$	9.79 10 ⁻¹	9.84 10-1	

*All adjustments had a Pearson's correlation coefficient higher than 0.997.

			This work*			Reis <i>et al.</i> (2012)	Shi et al. (2013)	Lisboa (201	<i>et al.</i> 8)
Mo	del	$T_{air} = 50 \text{ °C},$ RH = 30 % $(T_{wb} = 32.6 \text{ °C}),$ 4 m/s	$T_{air} = 60 ^{\circ}\text{C},$ RH = 30 % $(T_{wb} = 40.0 ^{\circ}\text{C}),$ 4 m/s	$T_{air} = 50 ^{\circ}\text{C},$ RH = 20 % $(T_{wb} = 28.7 ^{\circ}\text{C}),$ 4 m/s	$T_{air} = 60 ^{\circ}\text{C},$ RH = 20 % $(T_{wb} = 35.4 ^{\circ}\text{C}),$ 4 m/s	<i>T_{air}</i> = 55 °C, 11.325 Pa ^{**}	<i>T_{air}</i> = 45°C, 1.5 m/s	$T_{air} = 50 ^{\circ}\text{C},$ 1.5 m/s	<i>T_{air}</i> = 60 °C, 1.5 m/s
	$k_1 [\times 10^{-4} \text{s}^{-1}]$	$1.05 \pm 0.004 \ ^{\rm aA}$	$1.30\pm0.09~^{bB}$	$1.15\pm0.03^{\mathrm{aA}}$	$1.42\pm0.04~^{bB}$				
Eq.13	$k_2 [\times 10^{-5} \mathrm{s}^{-1}]$	$5.94\pm0.1~^{aA}$	$6.88\pm0.4^{\text{ bA}}$	$5.40\pm0.9~^{\mathrm{aA}}$	6.08 ± 0.2 bA				
	RMSE	1.39×10 ⁻²	1.85×10 ⁻²	1.16×10 ⁻²	8.00×10 ⁻³				
Lowis	$k_1 [\times 10^{-4} \mathrm{s}^{-1}]$	1.37 ± 0.02^{aA}	1.75 ± 0.07^{bA}	$1.42\pm0.05~^{aA}$	$1.72\pm0.02^{\text{ bA}}$		1.18×10 ⁻⁴		
Lewis	RMSE	3.42×10 ⁻²	3.46×10 ⁻²	2.58×10 ⁻²	2.26×10 ⁻²		3.38×10 ⁻²		
	$k_1 [\times 10^{-5} \mathrm{s}^{-1}]$	$2.52\pm0.7~^{\mathrm{aA}}$	$3.03\pm1~^{aA}$	$3.83\pm1^{\mathrm{aA}}$	4.21 ± 0.7 ^{aA}	3.83×10 ⁻⁵	9.11×10 ⁻⁵	3.03×10 ⁻⁵	4.69×10 ⁻⁵
Page	n [-]	$1.19\pm0.03~^{\mathrm{aA}}$	$1.20\pm0.04~^{\mathrm{aA}}$	$1.15\pm0.04~^{\mathrm{aA}}$	$1.20\pm0.04~^{\mathrm{aA}}$	1.50	1.24	0.95	1.90
	RMSE	1.16×10 ⁻¹	1.05×10^{-1}	1.09×10 ⁻¹	9.65×10 ⁻²	$R^2 = 0.995$	1.45×10 ⁻²	$R^2 = 0.999$	$R^2 = 0.999$
Modified	$k_1 [\times 10^{-4} \text{s}^{-1}]$	$1.33\pm0.02^{\mathrm{aA}}$	$1.60\pm0.2~^{\text{bA}}$	$1.39\pm0.04^{\mathrm{aA}}$	$1.64\pm0.07~^{bA}$	7.42×10 ⁻⁵	1.13×10 ⁻⁴		
Daga	n [-]	$1.20\pm0.02~^{\mathrm{aA}}$	$1.20\pm0.04~^{\mathrm{aA}}$	$1.16\pm0.05~^{\mathrm{aA}}$	1.16 ± 0.02^{aA}	1.50	1.24		
Page	RMSE	1.91×10 ⁻²	1.95×10 ⁻²	1.56×10 ⁻²	1.12×10 ⁻²	$R^2 = 0.995$	1.47×10 ⁻²		
Henderson-	$k_1 [\times 10^{-4} \mathrm{s}^{-1}]$	1.44 ± 0.04 ^{aA}	1.81 ± 0.2 ^{bA}	$1.49\pm0.09~^{\mathrm{aA}}$	$1.79\pm0.07~^{bA}$	8.33×10 ⁻⁵	1.24×10 ⁻⁴	2.31×10 ⁻⁶	2.81×10 ⁻⁶
Dabia	a [-]	1.06 ± 0.01^{aA}	$1.09\pm0.02~^{\mathrm{aA}}$	$1.05\pm0.03~^{\mathrm{aA}}$	$1.06\pm0.01~^{aA}$	1.07	1.05	0.98	0.97
Pauls	RMSE	2.95×10 ⁻²	2.90×10 ⁻²	2.31 10-2	1.91×10 ⁻²	$R^2 = 0.967$	3.00×10 ⁻²	$R^2 = 0.999$	$R^2 = 0.999$

Table 4. Parameters for selected models, estimated from yacón drying kinetics; and comparison between this work and values from the literature. In the case of results from this work, values provided are indicated as arithmetic average \pm standard deviation over triplicates.

*Same lower-case letters on the same line indicate no significant difference in relation to the temperature, and upper-case letters, in relation to the relative humidity (p > 0.05). **Absolute pressure.





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Yacon slice

Ambient

(**d**)

(b)

Aluminum cylinder over a piece of cork











Conflict of Interest and Authorship Conformation Form

Please check the following as appropriate:

 \checkmark All authors have participated in (a) conception and design, or analysis and interpretation of the data; (b) drafting the article or revising it critically for important intellectual content; and (c) approval of the final version.

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