

# A case of QARS1 associated epileptic encephalopathy and review of epilepsy in aminoacyl-tRNA synthetase disorders

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# TITLE PAGE

2 A case of *QARS1* associated epileptic encephalopathy and review

3 of epilepsy in aminoacyl-tRNA synthetase disorders

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#### STRUCTURED ABSTRACT

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40 Introduction: Mutations in QARSI, which encodes human glutaminyl-tRNA synthetase, have 41 been associated with epilepsy, developmental regression, progressive microcephaly and 42 cerebral atrophy. Epilepsy caused by variants in QARS1 is usually drug-resistant and 43 intractable. Childhood onset epilepsy is also reported in various aminoacyl-tRNA synthetase 44 disorders. We describe a case with a milder neurological phenotype than previously reported 45 with QARSI variants and review the seizure associations with aminoacyl-tRNA synthetase 46 disorders. 47 48 Case report: The patient is a 4-year-old girl presenting at 6 weeks of age with orofacial 49 dyskinesia and hand stereotypies. She developed focal seizures at 7 months of age. Serial 50 electroencephalograms showed shifting focality. Her seizures were controlled after 51 introduction of carbamazepine. Progress MRI showed very mild cortical volume loss without 52 myelination abnormalities or cerebellar atrophy. She was found to have novel compound heterozygous variants in *QARS1* (NM 005051.2): c.[1132C>T];[1574G>A], 53 54 p.[(Arg378Cys)];[(Arg525Gln)] originally classified as "variants of uncertain significance" 55 and later upgraded to "likely pathogenic" based on functional testing and updated variant 56 database review. Functional testing showed reduced solubility of the corresponding QARS1 57 mutants in vitro, but only mild two-fold loss in catalytic efficiency with the c.1132C>T variant and no noted change in tRNA<sup>Gln</sup> aminoacylation with the c.1574G>A variant. 58 59 60 Conclusion: We describe two QARS1 variants associated with overall conserved tRNA 61 aminoacylation activity but characterized by significantly reduced QARS protein solubility, resulting in a milder clinical phenotype. 86% of previous patients reported with *QARS1* had 62 63 epilepsy and 79% were pharmaco-resistant. We also summarise literature regarding epilepsy

- in aminoacyl-tRNA synthetase disorders, which is also often early onset, severe and drug-
- 65 refractory.

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- 67 **Key words:** *QARS1*, QARS, ARS, aminoacyl-tRNA synthetase, acquired microcephaly,
- 68 DEE, seizures, epilepsy

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#### INTRODUCTION

- Mutations in aminoacyl-tRNA synthetases (aaRS) have emerged in association with diverse
- 72 neurological presentations. Variants in *QARS1*, inherited as an autosomal recessive disorder,
- have been associated with a syndrome of "Microcephaly, progressive, with seizures and
- cerebral and cerebellar atrophy" (OMIM #615760). At the time of this publication, variants
- 75 in QARS1 (encoding glutaminyl-tRNA synthetase) were reported in 25 cases [1,2] with
- 76 epilepsy affecting 86% including severe early infantile developmental and epileptic
- encephalopathy (DEE) and epilepsy of infancy with migrating focal seizures (EIMFS). 79%
- of reported *QARS1*-related epilepsy (15 of 19) are described as being pharmaco-resistant. We
- 79 report a case with a milder epileptic phenotype and biallelic *QARS1* variants supported by
- 80 functional findings in QARS1 activity and review the seizure associations with aaRS
- 81 disorders.

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#### CLINICAL REPORT

- 84 The patient is a now 4-year-old girl the firstborn of a French father and Asian mother. She
- was born at 38 weeks' gestation with intrauterine growth restriction (birthweight 2278 g,
- head circumference 32 cm, both 3<sup>rd</sup> centile). At 7 months, she presented with focal febrile
- 87 status epilepticus lasting 1.5 hours in association with adenovirus, coronavirus and rhinovirus
- 88 infections. She had a background of developmental delay, and orofacial dyskinesia -

intermittent mouthing and chewing movements and stereotypical hand-wringing movements starting from 6 weeks of age. There was no family history of epilepsy or developmental delay.

Initial examination at 7 months was remarkable for low weight 6.3 kg (<3<sup>rd</sup> centile) and small head circumference 42 cm (<10<sup>th</sup> centile). Peripheral tone was increased, becoming less evident as she grew older. She could not roll, sit or grasp objects. She could fix on but not track objects horizontally and had alternating esotropia. She was not cooing or babbling. EEG at 7 months showed right temporal discharges and brief electrographic seizures with generalised spike-and-waves. Orofacial movements and stereotypical hand movements did not have any EEG correlate. Following this, she had monthly seizures of febrile and afebrile type, with shifting focality on sequential EEGs, but migrating focality not noted in a single recording. Clinically, her seizures consisted of head and eye deviation to either side, mostly with altered awareness and sometimes with partial retention of awareness. Most seizures occurred in clusters and some were 15-20 minutes in duration. Levetiracetam and topiramate were ineffective. No seizures have been noted since initiation of carbamazepine at 17 months of age.

Her MRI at presentation showed a thin corpus callosum and enlarged ventricles (Supplementary figure 1, A and B). Progress MRI at 18 months showed progressive diffuse cerebral atrophy with prominent sulci, loss of white matter and possible delayed myelination (Supplementary figure 1, C and D).

At last follow up aged 3 years 2 months, she has stagnation of head growth representing acquired microcephaly (46 cm, <3<sup>rd</sup> centile) and persisting low weight for stature (13 kg, 105).

cm, <3<sup>rd</sup> centile). She continues to make slow developmental progress. She can take a few steps independently and continues to babble. She can reach using both hands and transfer between hands but cannot perform fine motor movements such as a pincer grip. She is visually attentive to her surroundings and has intermittent, non-disabling motor stereotypies in the form of hand wringing and flapping movements.

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#### GENETIC AND FUNCTIONAL TESTING

Biallelic *OARS1* variants were identified through whole exome sequencing (*OARS1* (NM 005051.2): c.[1132C>T]:[1574G>A]). Parental segregation confirmed the variants to be on separate alleles (trans). The c.1132C>T variant, not reported at the time of testing (July 2018) was subsequently reported in ClinVar (Variation ID: 598952). It has a population minor allele frequency (MAF) of 0.007% in gnomAD with highest MAF of 0.07% in the East Asian population (v2.1.1, gnomad.broadinstitute.org, last accessed 01/07/2021) and a CADD score of 31.0. The c.1574G>A variant has a MAF of 0.0004% in gnomAD and a CADD score of 25.8. Both variants are located in the catalytic domain of *QARS1*. At the time of reporting, both variants were considered to be variants of uncertain significance (VOUS) according to the American College of Medical Genetics and Genomics guidelines (ACMG; evidence used: PM2, PP3).[3] In view of the patient's milder phenotype compared to cases reported at the time of genetic results, functional testing was undertaken at CNRS in Strasbourg, France. The effect of the *OARSI* variants on tRNA aminoacylation activity was investigated as described in the supplementary material. This showed partial reduction in aminoacylation efficiency related to the QARS1 p.Arg378Cys variant only but drastic reduction in solubility of both variants compared to wild-type QARS1 (supplementary figure 2). Two previously reported *QARSI* variants located in the catalytic domain, p.Arg403Trp and p.Arg515Trp, also showed reduced solubility. [4] The variant classification for this

patient was subsequently revised to "likely pathogenic" (ACMG PS3\_supporting; PM2, PM3 and PP3).

#### **DISCUSSION**

Thirty-seven genes encode the family of aaRS, of which 17 are responsible for catalysing attachment of amino acids to their cognate tRNA in the cytoplasm, 17 in the mitochondria and 3 act across both cellular locations (*QARS1*, *KARS1* and *GARS1*). Of these, 34 genes are associated with human disease, which include all 3 aaRS servicing both cellular locations and all 17 servicing the mitochondria. In addition to *QARS1*, early infantile DEE is described in association with variants in *AARS1*, *FARS2*, *RARS2* and *VARS2* and seizure onset in infancy is noted in most other aaRS disorders. Neuroimaging and clinical features of aaRS associated with epilepsy are summarized in Table 1. Non-specific cortical atrophy associated with acquired microcephaly is noted in many disorders including *QARS1*, while distinct MRI changes are noted in some disorders such as those with *KARS1* and *EARS2* variants (Table 1). The phenotypes of different aaRS deficiencies show significant overlap and the central nervous system is most often affected, along with impaired hearing or vision, failure to thrive and feeding difficulties being other common themes [5].

The first description of *QARS1*-associated disease in two unrelated families described a very severe phenotype of neonatal onset epileptic encephalopathy, progressive neurological decline with delayed myelination, cortical and cerebellar atrophy [4]. Detailed phenotypic information for 22 cases including those previously published was recently summarised by Johannsen et al [1].

Overall, epilepsy associated with *QARSI* variants is thought to be more severe than other aaRS disorders, often with seizure onset on the first day of life (Table 2) and latest seizure onset at 5.5 months in reported cases. Our patient only started having seizures at 7 months of age which is later than previously described. In Johannesen's series, 28% of QARS patients reported increased seizure frequency with fever or infections similar to some episodes in our patient [1]. A migrating EEG pattern as noted in EIMFS was not noted in a single epoch in our patient but has been described in previous cases [4]. Her seizures have been remarkably responsive to carbamazepine, whereas most previous cases (15/19) had drug-refractory epilepsy, in some cases despite carbamazepine use [6], thus implying that response to carbamazepine may reflect the overall milder disease course in our patient rather than a drugspecific effect. No specific antiepileptic strategy has been highlighted as particular efficacious in previously reported QARSI encephalopathy cases apart from one report of benefit from the ketogenic diet in a severe, early onset case with multi-drug resistant epilepsy [6]. New research suggests supplementation of the deficient amino acid in aaRS deficiencies may be beneficial [7], although oral glutamine supplementation has been reported to worsen seizure control in one *QARSI* patient, for whom memantine was subsequently effective [2].

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Neuroimaging features associated with *QARS1* encephalopathy include thin corpus callosum, delayed myelination and cortical atrophy. Our patient was only noted to have mild cortical atrophy and no cerebellar atrophy or immaturity of myelination on progress MRI at 18 months of age. Few previous cases have noted the lack of posterior fossa abnormalities but cortical atrophy and hypomyelination (88%) have been noted in the majority of cases (Table 2).

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Our case is novel and adds to literature as a milder neurological phenotype associated with QARSI (Table 2) in terms of lack of developmental regression, controlled epilepsy, and subtle neuroimaging changes. The variants in our case are both missense mutations located in the catalytic domain (Figure 1), but disease-causing variants have also been reported in the N-terminal domain and the anti-codon binding domain of *QARSI* [8]. One previously reported patient with the p.(Arg378Cys) variant in combination with a null variant had a more severe epilepsy phenotype than our patient [1]. Another patient was homozygous for p.(Arg378His) but had no seizures. Five reported cases of OARS1 without epilepsy had homozygous missense mutations in the catalytic domain [2]. Functional testing of the *QARS1* variants in most prior reports have noted either complete disruption or marked reduction of glutamine aminoacylation activity as well as reduced solubility of QARS protein with preserved protein expression, thus implying an adverse impact on protein folding and aggregation [4,6]. QARS protein associated with the p.Arg378Cys and p.Arg525Gln variants was also largely insoluble, while the soluble protein showed only mild effects on aminoacylation. Interestingly, similar to our case, one prior case series [9] reported patients without epilepsy and with a less progressive course along with functional analysis showing a milder reduction in glutamine aminoacylation (67% reduction). However, aminoacylation activity in aaRS does not always correlate with disease severity [10]. We hypothesise that the low solubility of the QARS protein in our patient is likely to result in partial reduction of the level of tRNA Gln aminoacylation and may therefore contribute to the observation of some milder phenotypic features.

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# CONFLICT OF INTERST DISCLOSURES

The authors have no conflicts of interest to declare.

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## FIGURE LEGENDS

**Figure 1 :** Schematic diagram of QARS1 (NP\_005042.1) showing location of reported coding variants (this case in red), conserved HIGH and VVSKR motifs, and functional domains. NTD, N-terminal domain; CATD, catalytic domain; CP1, connecting peptide 1 within the catalytic domain; ABD, anticodon-binding domain[8].

Table 1: Aminoacyl-tRNA synthetase disorders associated with epilepsy - typical phenotype and epilepsy subtype

white matter volume loss,	multifocal discharges,	focal, infantile spasms,		progressive microcephaly, axial	[14]
Progressive cortical atrophy,	EEG hypsarrhythmia,	Generalised, myoclonic,	Infancy	Developmental delay, seizures,	VARSI
		Infantile DEE.			
subarachnoid spaces		fever or infections.			
myelination, enlarged		Can be associated with			
hypoplasia), delayed	pattern	generalised, myoclonic.			
(simplified gyri, CC	migrating seizure-like"	focal, multifocal,			
structural abnormalities	hypsarrhythmia, "focal	Multiple seizure types –		cerebral atrophy, PCH	
cerebellar atrophy, cortical	bilateral, multifocal,	frequent and prolonged.		progressive microcephaly,	[1]
Progressive cerebral and	Various: focal,	Intractable seizures,	Neonatal to infancy	Developmental delay,	ISANQ
					[13]
the brain and spinal cord	multifocal discharges			CMTN	and cytosolic)
calcification maybe noted in	centro-temporal spikes,	syndrome, infantile DEE		loss, progressive microcephaly,	mitochondrial
tract signal change,	background, fronto-	epilepticus, NCSE, West		loss, non-syndromic hearing	(both
Leukodystrophy with long	Poorly organised	Febrile seizures, status	Infancy to adolescence	Developmental delay, visual	KARS
	hypsarrythmia				
hypomyelination	electrodecrement but no			features	
cerebellar and brainstem,	Spasm with	(EIEE29/DEE29)		absent reflexes, extrapyramidal	
cortical, white matter,	excess sharp waves.	seizures. infantile DEE		spasticity, hypomyelination,	[12]
Progressive atrophy –	Slow background,	Refractory myoclonic	Infancy	Progressive microcephaly,	AARSI*
		syndrome			
		description/epilepsy			
Neuroimaging	EEG features	Seizure	Age of seizure onset	Typical Phenotype [11]	Gene

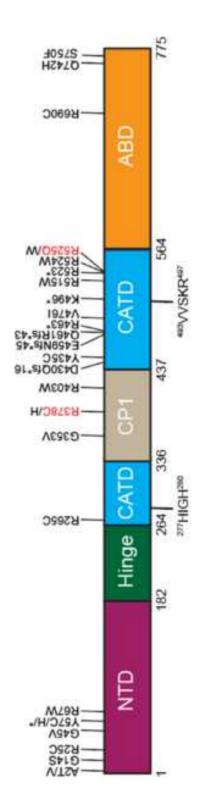
Rapid cortical atrophy,	Focal, electrographic	Absence, myoclonic,	Infancy to early	Developmental delay,	NARS2
	hemispheres in another	continua			
the dentate nuclei	asymmetry between	epilepsia partialis			
and T2 hyperintensities in	one subject, alternating	status epilepticus,		spastic paraplegia	
with cystic change, thin CC	discharges. PLEDs in	spasms, infantile DEE,		Alpers syndrome, hereditary	[17]
Cortical atrophy, sometimes	Hypsarrhythmia. Focal	Focal seizures, infantile	Infancy	Global developmental delay,	FARS2
group. CC agenesis					
improve with time in milder					
(LTBL). MRI changes can				in some.	
lactate on spectroscopy"				spasticity. A milder phenotype	
involvement and high				defects. Psychomotor delay	
thalamus and brainstem		of life		respiratory chain complex	
"Leukoencephalopathy with	disorganised	can improve after 2 <sup>nd</sup> year		involvement, elevated lactate,	
typical distribution -	background slow and	infantile DEE. Seizures		thalamus and brainstem	[16]
T2 hyperintensities in a	EEG can be normal,	Drug refractory seizures,	Infancy	Leukoencephalopathy with	EARS2
hypoplasia.					
white matter, CC					
hyperintensity in cortex and				disorder	
matter loss), T2	high amplitude	DEE		impairment, movement	
cerebellar atrophy (white	posterior predominant,	epilepsy, GTCS, infantile		decline, visual and hearing	[15]
Progressive cortical and	Multifocal discharges -	Progressive myoclonic	Infancy or childhood	Developmental delay, cognitive	CARS2
callosum					
gyral pattern, thin corpus					
CC hypoplasia, simplified	or focal	multifocal, infantile DEE.		hypotonia	

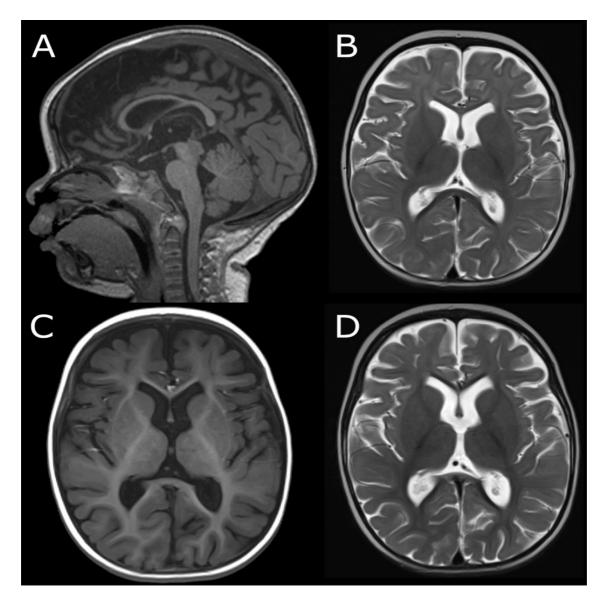
matter hyperintensities	intermittent rhythmic	childhood death		acidosis	
шусппаноп, ракпу минс	illultilocal spikes,	DEE, seizures causing		ataxia, inicrocephary, factic	[64,44]
myelination natchy white	multifocal spikes	DEE seizures causing		atavia microcenhaly lactic	[22 22]
Cortical atrophy, delayed	Background slowing,	West syndrome, infantile	Neonatal to infancy	Early developmental delay,	WARS2
dentate nuclei				lactic acidosis	
the brainstem, insula and		apnoea), infantile DEE		encephalopathy, hypertonia,	
hypoplasia, signal change in		muscle clonus and		cardiomyopathy, mitochondrial	[21]
Thin CC, cerebellar	EEG burst suppression	Focal seizures (facial	Infancy	Hypertrophic non-obstructive	VARS2
universal		and multifocal seizures			
cerebellar hypoplasia is not	polyspike and slow	movements, myoclonic		lactic acidosis	
hypomyelination. Ponto-	focus, then diffuse	blinking and clonic		developmental regression,	[20]
Diffuse cortical atrophy,	EEG showing temporal	Infantile DEE. Eye	Infancy	Developmental delay,	RARS2
atrophy in some cases.					
spectroscopy; cerebellar	discharges, multifocal				
elevated lactate on	independent occipital			Alpers syndrome	
hypomyelination and	hypsarrhythmia,	seizures, infantile DEE		progressive microcephaly,	[19]
Cortical atrophy,	EEG showing	Infantile spasm, focal	Infancy	Developmental delay,	PARS2
	suppressed	hemiplegia– epilepsy		myopathy	
syndrome like changes	hypsarrhythmia, burst-	hemiconvulsion-		Syndrome, Alpers Syndrome,	
leukodystrophy, Leigh	seizures,	GTCS, status epilepticus,	childhood	cerebellar atrophy, Leigh	[18,19]

<u>Abbreviations used in Table 1</u> CC: Corpus Callosum, CMTN: Charcot-Marie-Tooth neuropathy, Early infantile DEE: Early infantile developmental and epileptic encephalopathy, GTCS: Generalised tonic-clonic seizures, NCSE: Nonconvulsive status epilepticus, PCH: Charcot-Marie-Tooth neuropathy whereas biallelic autosomal recessive changes are described with EIEE29 Pontocerebellar hypoplasia, PLEDs: Paroxysmal lateralised epileptiform discharges. \* Dominant mutations in AARS1 are associated with

Table 2 : Features of  $\it QARS1$ -associated epileptic encephalopathy

Clinical features	In our case	In literature [1]
NEUROLOGICAL FEA	TURES	
Motor delay	Walk independently at 3 years	86% (18/21) Not walking
Speech	Babbling at 3 years	90% (18/20) No speech
Visual interaction	Fixes, follows horizontally	67% (8/12) No visual interaction
Stereotypies	Hand stereotypies at 6/52	75% (6/8) Hand stereotypies
GROWTH PARAMETE	RS	
Birth weight	2278 g (0.1 centile, -2.2 SD)	15% (3/20) Weight < -2 SD
Birth head circumference	32 cm (0.1 centile, -3.0 SD)	65% (11/17) HC < -2 SD
EPILEPSY		
Antiepileptic	Levetiracetam ineffective. Well	79% (15/19) Pharmacoresistant
medications	controlled on carbamazepine and	epilepsy
	clobazam	
Seizure onset	7 months	60% (9/15) Onset D1 life; Onset not
		recorded in 3/15.
Seizure type	Febrile and afebrile focal seizures	Multiple seizure types reported in
	Status epilepticus	literature: myoclonic, GTCS, tonic,
		spasms, focal with secondary
		generalisation, focal seizures,
		epileptic encephalopathy
MRI NEUROIMAGING		
Thin corpus callosum	Yes	79% (15/19) Corpus callosal
		hypoplasia
Cortical atrophy	Yes	89% (16/18) Cortical atrophy
Cerebellar atrophy	No	61% (11/18) Cerebellar atrophy
Hypomyelination	No	88% (15/17) Hypomyelination





**Supplementary Figure 1.** Magnetic Resonance Imaging of QARS1 case performed at 7 months (A, B) and 18 months of age (C, D). Thin corpus callosum seen on midline sagittal T1-weighted imaging (A). T2 axial imaging showing progressive cerebral atrophy, prominent sulci and ventricular dilation (B, D). Corresponding T1 axial image is also shown (C).

### **DETAILED DESCRIPTION OF FUNCTIONAL TESTING**

*QARS1* wild-type (WT), c.1132C>T, p.(Arg378Cys) and c.1574G>A, p.(Arg525Gln) variants were expressed in *E. coli* from a pET-15b plasmid with a N-terminal 6-His tag to aid purification. *In vitro* aminoacylation activity of purified recombinant *QARS1* p.Arg378Cys and p.Arg525Gln was measured

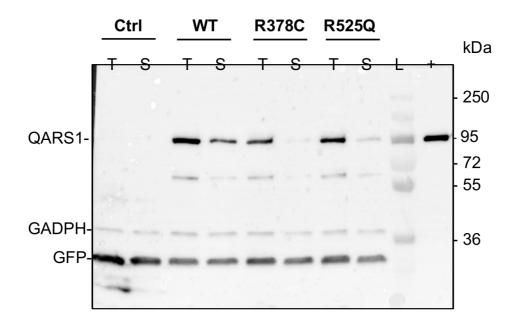
by the incorporation of [ $^{14}$ C]-glutamine into the cognate tRNA $^{Gln}$  substrate as described by Zhang [4]. *QARS1* p.Arg378Cys showed no more than a two-fold reduction in aminoacylation efficiency compared to the wild-type *QARS1*, mainly due to a modest reduction in catalytic rate ( $k_{cat}$ ), indicating the variant slightly hinders the transfer of the glutaminyl moiety to the tRNA (supplementary table 1). *QARS1* p.Arg525Gln did not have a significant effect on *in vitro* aminoacylation. However, the solubility of QARS1 p.Arg525Gln and p.Arg378Cys were drastically reduced compared to WT QARS1 in a mammalian expression system (Supplementary figure 2). While 24% of WT *QARS1* was found in the soluble fraction, about 3% of p.Arg378Cys and 4% of p.Arg525Gln could be detected in the soluble fraction. This observation suggests that the amount of mutant proteins would be reduced about 8-fold compared to the WT in cells.

Supplementary table 1: Kinetic parameters for aminoacylation of human cytosolic tRNA<sup>GIn</sup> transcripts by wild-type (WT) and variant QARS1.

QARS variant	<b>K</b> <sub>m</sub>	<b>k</b> <sub>cat</sub>	K <sub>cat</sub> /K <sub>m</sub>	Loss of catalytic
	(μM)	(min <sup>-1</sup> )	(min <sup>-1</sup> μM <sup>-1</sup> )	efficiency*
			catalytic efficiency	
WT	1.5	11.2	7.5	1.00
	(0.1)	(1.2)	(0.5)	
p.Arg378Cys	1.7	6.4	3.8	2.00
	(0.3)	(1.0)	(0.4)	
p.Arg525Gln	1.5	10.5	7.1	1.05
	(0.1)	(0.3)	(0.2)	

\*Loss of catalytic efficiency calculated as a fold change relative to WT. 0.25 to 2.5  $\mu$ M tRNA<sup>GIn</sup> transcripts were tested in the presence of 10 to 20 nM WT or variant QARS1. Values are shown as mean (SEM).

Supplementary figure 2: Effect of individual variants on QARS1 solubility.



Immunoblot showing the soluble QARS1 fraction (S) obtained after centrifugation of the total protein extract (T): Mammalian Cos7 cells were co-transfected with an empty pcDNA3.1 vector (Ctrl), pcDNA3.1 encoding wild-type QARS1 (WT) or variant QARS1 (R378C and R525Q), and GFP. The membrane was probed with both anti-His Tag (QARS1) and anti-GFP antibodies (GFP). GADPH was used as a loading control. (L) shows the protein ladder, (+) shows a positive control recombinant QARS1 purified from *E. coli* cells. Image is representative of four individual immunoblots.