

## Non-optimal methodology questions indirect treatment comparison of dupilumab vs. other biologics in severe asthma

Arnaud Bourdin, Nicolas Molinari

### ▶ To cite this version:

Arnaud Bourdin, Nicolas Molinari. Non-optimal methodology questions indirect treatment comparison of dupilumab vs. other biologics in severe asthma. Respiratory Medicine, 2022, 191, pp.105999. 10.1016/j.rmed.2020.105999 . hal-03548301

HAL Id: hal-03548301

https://hal.science/hal-03548301

Submitted on 30 Jan 2022

**HAL** is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

Arnaud Bourdin, MD, PhD

Department of Respiratory Diseases, Montpellier University Hospitals,

Arnaud de Villeneuve Hospital, Montpellier, France

INSERM U 1046, University of Montpellier, Arnaud de Villeneuve Hospital, Montpellier, France

Nicolas Molinari, PhD IMAG, CNRS, University of Montpellier, CHU Montpellier, Montpellier, France

E-mail address: nicolas.molinari@inserm.fr.

\* Arnaud de Villeneuve Hospital, Department of Respiratory Diseases, 191 Avenue du Doyen Gaston Giraud, 34090 Montpellier, France. E-mail address: a-bourdin@chu-montpellier.fr (A. Bourdin).

# Non-optimal methodology questions indirect treatment comparison of dupilumab vs. other biologics in severe asthma

ARTICLE INFO

Keywords
Benralizumab
Dupilumab
Indirect treatment comparison
Matching-adjusted indirect comparison
Mepolizumab
Severe eosinophilic asthma

To the Editor:

We read with interest the article by Bateman E et al. [1] that attempted to evaluate the relative efficacies of dupilumab vs. benralizumab, mepolizumab, omalizumab, and reslizumab through an indirect treatment comparison (ITC). After careful review, we have concluded the methodology and results lack scientific robustness and credibility because individual trial and patient differences were not considered. Therefore, the conclusions drawn by the authors that "dupilumab was associated with statistically significantly lower annualized severe asthma exacerbation rates compared with benralizumab, mepolizumab, and reslizumab" and "statistically significantly greater improvement in lung function compared with benralizumab and reslizumab (at week 24) and omalizumab (at week 52)" are not credible.

The Bucher methodology [2] employed by Bateman and colleagues failed to meet basic assumptions of an ITC from well-recognized health technology assessment standards. Fundamentally, the Bateman analysis failed to address 1) differences in relevant treatment effect modifiers between studies, such as baseline asthma control, BMI, sex, smoking, background medication requirements, and upper airway disease, presence of nasal polyposis, and use of oral corticosteroids (OCS), and 2) major design differences between trials.

To this point, my colleagues and I published a robust matching-adjusted indirect comparison (MAIC) early in 2020 [3]. Using this gold-standard methodology, we analyzed results from the Phase III benralizumab trials with exacerbation reduction as the primary endpoint (SIROCCO and CALIMA) vs. the Phase III exacerbation trial of dupilumab (LIBERTY ASTHMA QUEST). We found that "substantial heterogeneity and lack of overlap between trial populations precluded matching adjustment." [3] The dupilumab studies enrolled patients receiving medium-dosage inhaled corticosteroids (ICS) and excluded patients receiving maintenance OCS, whereas the benralizumab primary analysis populations were all uncontrolled on high-dosage ICS/LABA with or without OCS. After matching the populations for treatment modifiers known to impact treatment effect of asthma biologics, we obtained a sample size of 16 patients. The populations were too

dissimilar for meaningful comparison.

MAIC leverages individual patient data from clinical studies to generate an adjusted trial population that matches important baseline clinical and other features of a second trial population. MAIC methodology matches all possible treatment-effect modifiers, and is widely accepted and used [3–6]. By contrast, Bucher's method [2], employed by Bateman E et al. [1], erroneously assumes the relative effect of a given treatment is the same across studies, uses relative effects to compare treatments, and does not address treatment effect modifiers (treatment confounders) that may be different between studies.

Comparing efficacy outcomes between substantially different studies using indirect methods is challenging, and their findings can be difficult for physicians and others in the health care community to interpret [7, 8]. We feel that the methodology applied in the current analysis was incomplete, and, therefore, find the stated conclusions on relative efficacy between dupilumab and the other asthma biologics misleading.

#### Acknowledgments

Medical writing support was provided by Michael A. Nissen, ELS, of AstraZeneca.

### References

- E.D. Bateman, A.H. Khan, Y. Xu, et al., Pairwise indirect treatment comparison of dupilumab versus other biologics in patients with uncontrolled persistent asthma, Respir. Med. (2020), https://doi.org/10.1016/j.rmed.2020.105991.
- [2] H.C. Bucher, G.H. Guyatt, L.E. Griffith, et al., The results of direct and indirect treatment comparisons in meta-analysis of randomized controlled trials, J. Clin. Epidemiol. 50 (1997) 683–691.
- [3] A. Bourdin, D. Husereau, N. Molinari, et al., Matching-adjusted comparison of oral corticosteroid reduction in asthma: systematic review of biologics, Clin. Exp. Allergy 54 (2020) 442–452.
- [4] D.M. Phillippo, A.E. Ades, S. Dias, et al., NICE DSU technical support document 18: methods for population-adjusted indirect comparisons in submissions to NICE, 2016. Available at, http://www.nicedsu.org.uk. Accessed Sept. 26, 2018.
- [5] A. Bourdin, D. Husereau, N. Molinari, et al., Matching-adjusted indirect comparison of benralizumab versus interleukin-5 inhibitors: systematic review, Eur. Respir. J. 52 (2018) 1801393.

- [6] Y. Cabon, N. Molinari, G. Marin, et al., Comparison of anti–interleukin-5 therapies in patients with severe asthma: global and indirect meta-analyses of randomized placebo-controlled trials, Clin. Exp. Allergy 47 (2017) 129–138.
- [7] F. Song, Y.K. Loke, T. Walsh, et al., Methodological problems in the use of indirect comparisons for evaluating healthcare interventions: survey of published systematic reviews, BMJ 338 (2009) b1147, https://doi.org/10.1136/bmj.b1147.
- [8] A. Bourdin, N. Molinari, Indirect treatment comparison of asthma biologics fraught with methodology issues, J. Allergy Clin. Immunol. 143 (2019) 1266–1267.

Arnaud Bourdin, MD, PhD\* Department of Respiratory Diseases, Montpellier University Hospitals, Arnaud de Villeneuve Hospital, Montpellier, France INSERM U 1046, University of Montpellier, Arnaud de Villeneuve Hospital, Montpellier, France

Nicolas Molinari, PhD IMAG, CNRS, University of Montpellier, CHU Montpellier, Montpellier, France

E-mail address: nicolas.molinari@inserm.fr.

\* Arnaud de Villeneuve Hospital, Department of Respiratory Diseases, 191 Avenue du Doyen Gaston Giraud, 34090 Montpellier, France. *E-mail address:* a-bourdin@chu-montpellier.fr (A. Bourdin).