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► **To cite this version:**

Delphin Pantaloni, Anton Loïc Rudolph, Darshil U. Shah, Christophe Baley, Alain Bourmaud. Interfacial and mechanical characterisation of biodegradable polymer-flax fibre composites. *Composites Science and Technology*, 2021, 201, pp.108529 -. 10.1016/j.compscitech.2020.108529 . hal-03493050

HAL Id: hal-03493050

<https://hal.science/hal-03493050v1>

Submitted on 7 Nov 2022

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1 **Interfacial and mechanical characterisation of biodegradable polymer-flax fibre**
2 **composites**

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12 **Abstract**

13 Replacing glass fibres with flax fibres is a first step in reducing the ecological impact of
14 thermoset composite materials, and employing a biodegradable thermoplastic matrix
15 opens up recycling and composting as end-of-life routes. Here, a range of flax fibre
16 reinforced biodegradable thermoplastics were investigated: poly-(hydroxy alkanooate)
17 (PHA), poly-(butylene-succinate) (PBS) and poly-(lactide) (PLA). Poly-(propylene) (PP)
18 and maleic-anhydride grafted poly-(propylene) (MAPP) were studied as industry
19 benchmarks. This study systematically examines the interface between flax fibres and
20 these matrices at multiple scales, and explores the correlations between the measured
21 interfacial properties and macro-scale composite properties. Micro-droplet tests reveal that
22 the adhesion of flax with biodegradable polymers is at least similar to flax-MAPP, and
23 better than flax-PP. In-plane $[\pm 45]_s$ shear tests and tensile tests on unidirectional

24 composites reaffirm the observations at the micro-scale, that biodegradable polymer/flax
25 composites present mechanical properties comparable to or better than MAPP/flax
26 composites. Furthermore, comparison between interfacial and composite tensile properties
27 reveals that fibre-matrix adhesion has a substantial role in biocomposite performance.

28 **Keywords**

29 A.Biocomposites; B.Interfaces; B.Mechanical properties; C. Compression Moulding

30 **1. Introduction:**

31 Due to their light weight and high mechanical properties, composites are nowadays used
32 in many industrial sectors such as transport and construction. However, they often have a
33 high environmental impact due to the choice of the polymer, as well as the reinforcement,
34 glass and carbon fibres being the most commonly used. Replacing these synthetic fibres
35 by plant fibres decreases the environmental impact of the composite [1]. Among them,
36 flax fibres are widely chosen as their specific mechanical properties make them
37 competitive against glass fibres [2] and opening the way to structural or semi-structural
38 plant fibre composites.

39 Using flax fibres as a reinforcement creates a complex material with several mechanical
40 systems and interfacial regions. The main constituents are elementary flax fibres, having a
41 hierarchic structure (SI Figure.I.a) leading to a complex mechanical behaviour [3] and
42 bundles (SI Figure.I.c), aggregating several tens of elementary fibres, and coming from
43 the original arrangement of fibres within a stem. These two main fibrous elements are also
44 present in the composite structure and the associated interfaces regions needs to be taken
45 into account [4]. An elementary flax fibre/polymer matrix interface is considered as the
46 primary region of stress transfer between the matrix and the fibre [5]. A fibre/fibre

47 interphase is present in bundles; this is a 50 – 100 nm thick layer of peptic polymers [6]
48 linking fibres together, called the middle lamella. The importance of the middle lamella
49 should not be disregarded as it may be a zone of weakness in a composite material [7].
50 All these elements lead to a complex hierarchic composite structure, showed in SI
51 Figure.I.

52 Polyolefin polymers such as poly-(propylene) (PP) are commonly used with flax fibre
53 reinforcements [2], though these traditional thermoplastics, due to their petro-chemical
54 origin and limited end-of-life route (as recycling), have a limited ecological profile. With
55 the emergence of some bio-sourced and biodegradable polymers, it is relevant to examine
56 their potential as alternatives to traditional thermoplastics. Poly-(lactide) (PLA), poly-
57 (butylene-succinate) (PBS) and poly-(hydroxy alkanooate) (PHA) may replace PP due to
58 their excellent mechanical performance and their relative stability, even after a period of
59 garden composting [8]. Interestingly, all three of the biodegradable polymers (PLA, PHA,
60 PBS) have melting points under 200°C, allowing the manufacture of biocomposites
61 without damaging flax fibres [9]. Moreover, biodegradation can be an alternate end-of-life
62 scenario for these polymers as well as their flax reinforced biocomposites. However, it is
63 essential to look at the affinity between flax fibres and these polymers to understand the
64 feasibility of making effective biodegradable biocomposites, as well as appreciate their
65 mechanical properties.

66 This affinity is physically observed through the polymer/fibre interface, which can be
67 assessed from at least two scales [5]. At the micro-scale, one can measure the interfacial
68 shear strength (IFSS) of the interface between the fibre and polymer. Many protocols
69 exist, and have their own advantages and disadvantages [5]; the micro-droplet test [10] is
70 employed in this paper. One can also measure the performance of the interface at the

71 composite or macro-scale. A widely used test in composites science is the $\pm 45^\circ$ off-axis
72 tensile test developed and simplified by Rosen [11]. As it uses a unidirectional (UD) fibre
73 lay-up, it is more practical to conduct and is employed in this study.

74 For flax composites, it has been demonstrated at both scales, that epoxy resins have good
75 adherence to flax fibres [12]; recently, original matrices such as humins' resins [13] or
76 cellulose propionate [14] have also shown an interesting interfacial potential when used
77 with flax fibres . Regarding thermoplastic polymers, few research studies are available,
78 nevertheless, it is well-documented that PP presents a poor interface quality with flax, and
79 maleic-anhydride grafted PP (MAPP) is a standard solution to obtain a better interface
80 [15]. Due to its mechanical and ecological potential, interface of flax/PLA has been
81 explored and shown to be close to that of flax/epoxy resin [16]. To the authors'
82 knowledge, no articles have so far studied the interface between PHA or PBS and flax.

83 This study aims to characterise the interface at the micro-scale and determine its influence
84 on biocomposite properties, to assess whether heterogeneity of the mesostructure has any
85 role. Adhesion between five thermoplastics (PP, MAPP, PLA, PHA, PBS) and flax fibre
86 is characterised by the micro-droplet method. $[\pm 45]_s$ in-plane shear tests and tensile tests
87 on unidirectional composites are also realised and compared with interfacial shear strength
88 to evaluate the role of the quality of the interface on biocomposite performance.

89 **2. Materials/methods:**

90 2.1. Materials

91 2.1.1. Materials

92 Light-weight unidirectional flax preforms (100 gsm), known as Flaxtape® and provided
93 by Ecotechnilin (Yvetot, France), were used to make composites. It is made of untwisted
94 flax fibres linked together by pectin [17]. To be consistent, elementary flax fibres used to

95 carry out micro-droplet tests were extracted from this preform. Three biodegradables
96 polymers were used for this study: poly-(lactide) (PLA), poly-(butylene-succinate) (PBS)
97 and poly-(hydroxy alkanates) (PHA). Poly-(propylene) (PP) and maleic anhydride
98 grafted poly-(propylene) (MAPP) were used as industry references. Supplier details and
99 references are provided in SI Table I.

100 2.1.2. Composite manufacturing

101 As all the polymers investigated are thermoplastics, the film stacking process was used to
102 manufacture the composite laminates. The methodology and parameters of both
103 thermoplastic film processing and composite manufacturing were developed and detailed
104 in a previous study [8] (SI Figure II). Flax preforms and polymer films were laid
105 sequentially to make unidirectional and bi-axial composites, the orientation of flax fibres
106 depending on the composite: $[0]_{16}$ for UD and $[\pm 45]_{8s}$ for bi-axial. A volume fraction of 32
107 $\pm 1\%$ was achieved, calculated by a density method, i.e. through the exact weight and
108 dimensions for each sample; then, fibre content was calculated by inverse method,
109 knowing the fibre and matrix density. Results have been backed up by image analysis.
110 Once these laminates were manufactured, they were cut with a milling machine. Samples
111 with a shape based on ISO 527-4 for the $[\pm 45]_{8s}$ and ISO 527-5 for the $[0]_{16}$ were
112 fabricated. Longitudinal 0° and transverse 90° samples were produced from the
113 unidirectional laminates.

114 2.1.3. Micro-droplet sample manufacturing

115 Elementary flax fibres were extracted manually from the Flaxtape®. Some polymers wires
116 were obtained by melting and rapidly stretching polymer films. A polymer wire was then
117 manually fixed to an elementary fibre by making a double knot around the fibre (SI Figure
118 III.a)). Finally, the system was put in an oven for 8 min at 200°C to melt the polymer

119 double knots and transform them into micro-droplets (SI Figure III.b)). The geometry of
120 every droplet was measured with an optical microscope. For each droplet, the length,
121 diameter and fibre diameter were obtained through an average of two measures. The
122 aspect ratio was extracted from these measures by dividing the length of the droplet by its
123 radius. The pictures used for the aspect ratio characterisation were analysed using a
124 software provided by *GBX* to identify the contact angle by a Song's method [18]. For each
125 formulation, contact angle and aspect ratio are mean value from at least 20 valid
126 measurements.

127 2.2. Methods

128 2.2.1. Micro-droplet tests

129 The elementary fibre/micro-droplet system was placed in a tensile machine equipped with
130 a 2 N load cell. The fibre is placed between two razor blades with the droplet just below
131 them. The fibre is pulled at a displacement rate of 0.1 mm/min, starting with the blades
132 locking the droplet, and continuing until debonding occurs (SI Figure III.c)). Load-
133 displacement curves were obtained (Figure 1.a). For each polymer, at least 20 samples
134 were tested to calculate the mean interfacial shear strength (IFSS). IFSS is commonly
135 obtained using equation (1), where F is the debonding force, L_d the length of the droplet
136 and D_f the diameter of the fibre.

$$\text{Interfacial shear strength} = \text{IFSS} = \frac{F_{\text{debonding}}}{A_{\text{interface}}} = \frac{F}{\pi \cdot L_d D_f} \quad (1)$$

137 As recommended by Miller [10], the mean IFSS value in our study is obtained from a
138 linear regression analysis between the debonding load and the interface area (Figure 1b).

139 2.2.2. In-plane shear tests

140 The $[\pm 45]_{8s}$ samples were tensile tested at a displacement rate of 2 mm/min, on an Instron
141 machine equipped with a 10 kN load cell. An MTS biaxial extensometer was used to

142 record longitudinal and transverse strain. According to ASTM D 3518, the shear stress
143 (τ_{12}) is given by (2) and the shear strain (γ_{12}) by (3), where F is the force applied, S is the
144 sample section, ε_x and ε_y are the axial and transversal strain, respectively.

$$\tau_{12} = \frac{F}{2.S} = \frac{\sigma}{2} \quad (2)$$

$$\gamma_{12} = \varepsilon_x - \varepsilon_y \quad (3)$$

145 The shear behaviour was obtained by plotting shear stress versus shear strain. The in-plane
146 shear strength (IPSS) was taken to be equal to the shear stress at a shear strain of 5%, as
147 suggested by the standard. The shear modulus was recorded as supplementary data and
148 calculated between a shear strain of 0.1% and 0.5%. For each formulation investigated, at
149 least five samples were tested.

150 2.2.3. Tensile tests

151 Longitudinal 0° samples and transversal 90° samples were placed in an Instron machine,
152 and tested at a cross-head speed of 1mm/min, using a 10 kN load cell. Tensile tests were
153 carried out following ISO 527, and an Instron extensometer recorded strain in the loading
154 direction. Strength and strain at failure were calculated. A tangent modulus for both
155 orientations was calculated between a strain of 0.02 % and 0.1%. Furthermore, a second
156 tangent modulus was recorded for the longitudinal samples at a strain of 0.6% to 0.8%.
157 This threshold is taken when the modulus is stable whatever the formulation considered on
158 this strain range. Indeed, it is known that UD flax composites have a bi-linear behaviour
159 [19], in part due to the non-linear response of flax fibres, induce by its inner-structure
160 [20]. For each formulation investigated, at least five samples were tested.

161 2.2.4. Scanning electronic microscopy
162 A JEOL SEM (JSM-IT500HRSEM) was used to observe the micro-droplet samples after
163 debonding at an acceleration voltage of 3 kV. Transverse sections of UD composites were
164 also observed. Gold sputter coating was carried out using a sputter coater (Scancoat6)
165 from Edward.

166 **3. Results:**

167 3.1. Interfacial shear strength at micro-scale

168 Like other micro-scale interface tests, the micro-droplet test depends on several factors.
169 The first step is to ensure that the studied systems are similar and therefore can be
170 compared. For example, comparing results from studies with different operators, set-ups
171 and sample manufacturing processes may be invalid, as these may have a significant
172 influence on the droplet morphology and test result. These parameters stay constant in our
173 systematic study of five different flax/polymer systems. Furthermore, the shape of the
174 droplets has been scrutinised using microscopy to ensure mechanical results can be
175 compared across the different flax/polymer systems. The contact angle of the droplet on
176 the flax fibre and the droplet aspect ratio are presented in Table 1 and an example (on flax-
177 PHA system) of typical debonding load-displacement curve, interfacial shear strength
178 determination by linear regression and SEM images of droplet after debonding, is given in
179 Figure 1. As both these parameters are comparable for all polymers, it is concluded that
180 the shape of droplets may be regarded as similar.

181 **Table 1**

182 Furthermore, the rupture mechanism of the interfaces was observed by SEM. It was
183 ascribed as interfacial shear failure (Mode II) for all polymers investigated here- see in
184 Figure. 1.c and 1.d the case of PHA. This further ensures that the mechanical

185 polymer/fibre systems investigated can be compared. It is observed that PLA has an
186 interface comparable to a poorly-adhered epoxy, as epoxy has a mean IFSS with flax of
187 18.6 ± 4.8 (mean value based on [12,16,21,22]) against 15.6 ± 2.7 for PLA/flax (based on
188 our study). PHA, PBS and MAPP present similar IFSS with flax, though lower than that
189 of PLA (Table 1). The effectiveness of maleic anhydride is exemplified by the fact that the
190 IFSS of MAPP/flax is double that for PP/flax. Therefore, indeed, all bio-polymers have
191 better or comparable adhesion with flax than MAPP and PP. This is explained by a higher
192 surface tension for PLA/PHA/PBS than for PP/MAPP, see SI Table II, which leads a
193 better power of adhesion. Furthermore, the surface of flax fibres presents many hydroxyl
194 terminations. The presence of ester groups in these biopolymers allow some hydrogen
195 bonds with flax surface, not found with PP. These hydrogen bonds are also present with
196 MAPP due to the maleic-anhydride, explaining more comparable results.

197 **Figure 1**

198 3.2. In-plane shear strength at macro-scale

199 As fibre volume fraction influences the results from in-plane $\pm 45^\circ$ shear test, we have
200 ensured that samples have the same fibre content (Table 1). In-plane shear strength (IPSS)
201 results follow the same trend as the interface at the microscale level; values are given in
202 Table 1. PLA presents the best results, followed by PHA and then MAPP. PBS is slightly
203 below MAPP but still higher than the industry reference, PP. Once again, the effectiveness
204 of grafting PP with maleic anhydride to improve the interface with flax is observed. Note
205 that the shear stress of PLA reaches a maximum value of 34.2 ± 1.0 MPa before shear
206 strain is at 5%, leading to an IPSS of 33.2 ± 1.1 MPa.

207 The in-plane $\pm 45^\circ$ shear test is an efficient and straightforward method to obtain IPSS.
208 However, it is important to be aware that this test does not apply pure shear stress [23];

209 some inter-laminar stresses and inhomogeneous stress and strain distributions are present.
210 Nevertheless, this test leads to a good approximation [23], which can be used to affirm
211 that flax and biopolymer interfaces are better or comparable to MAPP and PP at the
212 macro-scale, just like it was observed at the micro-scale.

213 3.3. Unidirectional composite characterisation

214 3.3.1. Transverse tensile behaviour

215 Unidirectional (UD) composites were characterised through transverse 90° tensile tests, to
216 obtain the transverse modulus, strength and ultimate elongation. Focussing on the
217 strength, it appears that flax/PLA presents the best transverse strength of 25.8 ± 1.0 MPa
218 followed by PHA, PBS and MAPP (Table 1). As PP presents a lower strength than MAPP,
219 the interface should have a role in the transverse tensile strength of the composite. This
220 will be discussed in section 4.2.1, where the correlation between micro-scale and macro-
221 scale interfacial and transverse strength is examined. Notice that samples submitted to a
222 transverse tensile test present a significant concentration of strain in the matrix and at the
223 interfaces [24]. This creates zones of high internal strains, damaging the material by
224 generating micro-cracks. The eventual failure of the composites is due to the coalescing of
225 these micro-cracks into (a) macro-crack(s). The matrices respond to these high local
226 strains differently. Indeed, behaviour of the transverse-loaded composites (Figure 2.a)) is
227 similar to the response of the corresponding raw polymer (SI Figure IV). Furthermore,
228 there is a clear relation between the ultimate strain of the matrices and the ultimate strain
229 of the transverse-loaded UD composites (Figure 2.b)).

230 **Figure 2**

231 The structure of a UD flax composite is more complex in comparison to that of a synthetic
232 fibre composite (see Figure 3). In the former, the matrix is reinforced by elementary

233 fibres, which are not cylindrical or regular, as well as by larger irregular bundles. It is also
234 possible to find some residual bast tissue due to the natural origin of flax fibres. All these
235 elements generate a different strain concentration and distribution. Due to the random
236 dispersion of these fibre elements in the matrix, the high strain distribution in the matrix
237 becomes complex and can be locally high.

238 **Figure 3**

239 3.3.2. Longitudinal tensile behaviour

240 It is observed that the tensile behaviour of flax UD composites investigated is bilinear (see
241 Figure 4). This bilinear behaviour was also observed for flax/unsaturated polyester and
242 flax/epoxy composites [9,25]. Thus two stiffnesses ($E_{1,1}$ and $E_{1,2}$) were recorded, and for
243 both, bio-polymers present at least comparable values to MAPP. All the results of the
244 longitudinal tensile test are presented in Table 1. Regarding strength, PLA is followed by
245 PHA and PBS, and all biopolymers possess composite strength higher than MAPP.
246 Looking at the change of slope, it seems that the choice of the polymer does not influence
247 the strain where the change in linearity takes place. As this phenomenon is not matrix
248 dependent, it may be due to the behaviour of the fibre [9].

249 **Figure 4**

250 It is possible to back-calculate the fibre modulus using the rule-of-mixtures; results are
251 presented in Table 1. Looking at results from the first composite stiffness ($E_{1,1}$), it appears
252 that the back-calculated flax modulus obtained is close to literature value of 52.5 ± 8.6
253 GPa [26], for all considered polymer matrices.

254 **4. Discussion**

255 4.1. Influence of interface on composite shear strength

256 Two scales are of interest to obtain information on the interface(s). The micro-scale
257 examines the adhesion between the polymer and elementary fibres through the IFSS,
258 whereas the in-plane shear strength IPSS includes effects of the complex mesostructure of
259 a flax composite, such as bundles, heterogeneity in fibre properties, possible remaining
260 cortical components and fibre/fibre interphases. Both experiments show significant
261 differences such as the scales investigated, fibre volume fractions used, and stress
262 distribution generated. Nevertheless, as shown in Figure 5, there is a linear correlation
263 between IFSS and IPSS. This indicates that adhesion between flax elementary fibres and
264 the polymer is likely to be a crucial factor affecting in-plane shear strength. The in-plane
265 shear strength IPSS presents a higher value than interfacial shear strength IFSS as the
266 former does not only load interfaces, and presumably obtains higher contribution from
267 fibres. Furthermore, this relation depends on the level of individualisation (i.e. ratio of
268 elementary fibres to fibre bundles) of the preform. It is expected that a preform containing
269 more bundles will deviate from this trend as the micro-droplet test was carried out on
270 elementary fibres, and a bundle's behaviour would be more complex, according to the
271 retting degree and the composition of fibre junctions.

272 **Figure 5**

273 The micro-droplet test focusses directly on the fibre/matrix interface, and therefore avoids
274 influence by other factors (present at macro-scale tests). However, the theory is based on a
275 critical assumption of linear stress along the interface [10]. It was demonstrated
276 numerically [5,27] that there is a stress concentration where the razor blades lock the
277 droplet. This stress concentration depends on the shape of the blade [27] and the distance

278 between the blades and the fibre [5,27]. As said previously, the blade shape does not
279 scatter the results in our study as it stays unchanged. Despite the difficulty to validate the
280 assumption of linear stress, the obtained values can be compared to each other.

281 On the other hand, in-plane shear [± 45]_s test gives the in-plane shear strength of a
282 composite taking into account its mesostructure. However, the test does not create pure
283 shear as the matrix is also loaded. The composite quality has an essential role in the
284 reliability of the results. The heterogeneity of the materials, such as matrix concentration
285 zones and interlaminar zones may induce unwanted stress concentration. Nevertheless, as
286 all these artefacts are present in a composite, this test reveals the "in-use" interface shear
287 strength, which is more relevant for composite application [23].

288 4.2. Influence of interface on UD composite strength

289 4.2.1. Transverse strength

290 Generally speaking, whatever the reinforcement considered, the interface plays an
291 essential role in the behaviour of a UD composite loaded transversally [28]. As shown in
292 Figure 6, there is a clear correlation between the transverse strength of a UD composite
293 and the in-plane shear strength characterising the interface. Indeed, the transverse loading
294 of a UD composite induces high strain concentration at the interfaces [24]. It leads to
295 damage in the composite through the generation of micro-cracks at the interfaces which
296 coalesce to form (a) macro-crack(s) and eventually fracture the material. The appearance
297 of micro-cracks depends on the ability of the interface to resist applied strain. If a matrix
298 presents a better interface with fibre, the micro-cracks appear at a higher strain level, and
299 higher applied stresses are needed to create some micro-cracks locally, thereby postponing
300 the failure of the composite and leading to a higher ultimate strength. As mentioned
301 previously, this analysis was done considering a matrix reinforced by elementary fibres,

302 being naturals or synthetics. In a flax composite, bundles also experience this strain
303 concentration. In bundles, fibres are linked together by middle lamellae. It appears that the
304 stiffness of middle lamellae is close to the transverse stiffness of flax fibres [29]. This
305 natural feature found in a stem creates a remarkable cohesion inside bundles when it is
306 loaded transversely, avoiding its decohesion. During retting, fibre extraction and
307 composite manufacturing, this middle lamella is impacted, damaging this cohesion. In a
308 composite submitted to transverse tensile loading, bundles act as fibres with a more
309 prominent geometry but also as zones of weakness due to the damaged middle lamellae
310 [30]. There is diversity in fibre forms (elementary, bundles) and level of heterogeneity in
311 the UD composite due to the (random) dispersion of these fibre forms (Figure 3). The
312 orientation of the bundles emerging from the manufacturing process can reconfigure the
313 distribution of these high strain zones, thereby modifying the composite behaviour (SI
314 Figure V). Despite considering the complexity of a flax composite, it appears clearly that
315 the transverse strength is interface dependant.

316 **Figure 6**

317 4.2.2. Longitudinal strength

318 Estimating the longitudinal strength of a composite can be challenging, and many models
319 are available. A modified rule of mixture is chosen here, which considers the matrix to be
320 softer than the flax fibres, and therefore assumes failure is fibre-dominated. An effective
321 parameter (k_{eff}) is added to match the model and the experiment empirically (4). This
322 factor includes all fibre-related phenomena influencing the UD strength such as quality of
323 fibre-matrix interface, distribution in fibre length and distribution in fibre (mis)orientation
324 [31].

$$\sigma_{UD,l} = k_{eff} \cdot V_f \cdot \sigma_{fibre,l} + (1 - V_f) \sigma_{fiber,l} \cdot \frac{E_m}{E_{fibre,l}} \quad (4)$$

325 V_f is the volume fraction of fibre, $\sigma_{UD,l}$ and $\sigma_{fibre,l}$ are respectively the longitudinal
 326 strength of the UD and the fibres, E_m and $E_{fibre,l}$ are the longitudinal stiffness of
 327 respectively the matrix and the fibre. Longitudinal strength and stiffness of flax fibre are
 328 taken respectively equal to 1,043 MPa and to 53.2 GPa as obtained by Bourmaud et al.
 329 with fibres extracted from the same preform [32].

330 It appears that the factor k_{eff} is interface dependant (Figure 7.a)), but is also influenced
 331 by the ultimate strain of the matrix (Figure 7.b)). Indeed, even though the interface
 332 between PBS and flax is of moderate quality (in comparison to the other polymers), the
 333 effective parameter of PBS is high; the moderate interface properties being balanced with
 334 the high ultimate strain of the PBS matrix. The reverse is true for PLA, where the effective
 335 parameter is principally due to the high quality of the interface (at low ultimate strain of
 336 PLA). Several hypotheses are proposed. If a matrix possesses a high ultimate strain, it may
 337 be able to spread the applied stress in the composite and avoid high-stress regions
 338 responsible for failure. Another explanation is that matrix is more resilient in high strain
 339 regions, such as at the ends of a fibre. It avoids the creation of micro-damage inside the
 340 material, yielding an increase in apparent strength. Indeed, even if the failure in flax UD
 341 composites is due to fibre failure, Monti et al. [33] observed matrix cracking before
 342 specimen rupture. In both assumptions, the explanation is related to the local stress and
 343 strain concentration inside the composite.

344 **Figure 7**

345 Some studies focus on developing the factor k_{eff} to express it clearly [34]. These models
 346 are not useable on UD flax composites as it is more complex than conventional composite

347 (Figure 8). In addition to the heterogeneous fibre distribution and the discontinuity of flax
348 fibres (Figure 8.a)), the level of flax fibre individualisation also influences the strength of
349 the composite [21]. More individualised fibres lead to higher strength, where bundles act
350 as weaknesses inside the composite. This could be due to their lower aspect ratio or the
351 higher stresses generated inside bundles. However, the second hypothesis is debatable due
352 to the arrangement of fibres. As shown in Figure 8.c), flax fibres are discontinuous, but
353 thanks to their intrusive growth in the stem, their diameter tapers and decreases at the ends
354 [29]. These individual fibre ends increase the effectiveness of stress transfer between
355 fibres through the middle lamellae. Besides, Coroller et al. [21] observed that
356 individualisation leads to a larger increase in strength of a flax UD composite than
357 obtained by selecting and using higher-strength fibres. As hackling is commonly used to
358 extract flax fibres from stems, and it creates defects (*vis.* kink-bands) on fibres, a
359 compromise has to be found between highly individualised fibres and undamaged fibres
360 with higher strength.

361 Focussing on elementary flax fibres, they present a non-cylindrical section with an
362 apparent diameter evolving along the fibre length [35] (Figure 8.b)). In addition to the
363 geometric variability of flax fibres, it appears that fibre strength is dependent on the
364 location in the stem they have been extracted from: fibres of highest strength are extracted
365 from the middle of the stem [29]. A flax preform is typically made with a mix of these flax
366 fibres, leading to dispersion in geometric, structural, and mechanical properties.

367 Examining the same Flaxtape® used in our study, Gager et al. [36] observed a slight fibre
368 misorientation. Fibres are oriented at approximately $0^\circ \pm 15^\circ$ with only 5% of fibre at
369 0° . In comparison, a commercial glass UD typically presented an orientation of $0^\circ \pm 10^\circ$

370 with 13% fibres at 0°. This higher misorientation for flax preforms penalises it against
371 glass preforms, and impacts the strength of the final composite.

372 **Figure 8**

373 Despite the complexity of a UD flax composite, it appears that interfaces have an essential
374 role in the stress transfer as well as the development of damage. The biodegradable
375 polymers present higher interfacial properties with flax and lead to composites with higher
376 mechanical properties than currently industrially used PP and even MAPP.

377 **5. Conclusion**

378 The interface between flax and three biodegradable polymers (PLA, PHA, PBS) was
379 investigated at the micro-scale and compared to PP and MAPP, two industry references. It
380 is demonstrated that the adhesion and interfacial shear strength of biodegradable polymers
381 to flax is at least as good as MAPP, and more than twice that of PP. A mechanical
382 investigation at the composite scale is realised through in-plane shear tests and tensile tests
383 on unidirectional composites. The macro-scale in-plane shear strength, the longitudinal
384 tensile strength and the transversal tensile strength follow the same trend for fibre/matrix
385 adhesion observed at the micro-scale through micro-droplet tests: flax composites made
386 from biopolymers are at least as good as MAPP/flax composites, with the best values for
387 PLA/flax composites. A comparison is carried out between interfacial properties and
388 composite mechanical properties. It appears that the in-plane shear strength of the
389 composite and the UD transversal strength correlate linearly. In the longitudinal direction,
390 the strength depends on fibre-matrix adhesion, but also on the ultimate strain at failure of
391 the matrix. Based on this analysis and due to the good adherence between flax fibres and
392 biodegradable polymers, it is evident that biopolymers should be exploited as alternatives
393 to thermoplastic polyolefins as they present interesting mechanical properties and lead to

394 recyclable and compostable mid-performance materials. In the future, it is imperative to
395 explore the correlation between fibre-matrix adhesion, mechanical behaviour (such as
396 fatigue), composite architecture (such as fibre volume fraction), and durability (including
397 biodegradation).

398 **Acknowledgements**

399 This work was funded by the Interreg V.A Cross-Channel Programme through the project
400 FLOWER: Flax composites, LOW weight, End of life and Recycling (Grant Number 23).

401 **References**

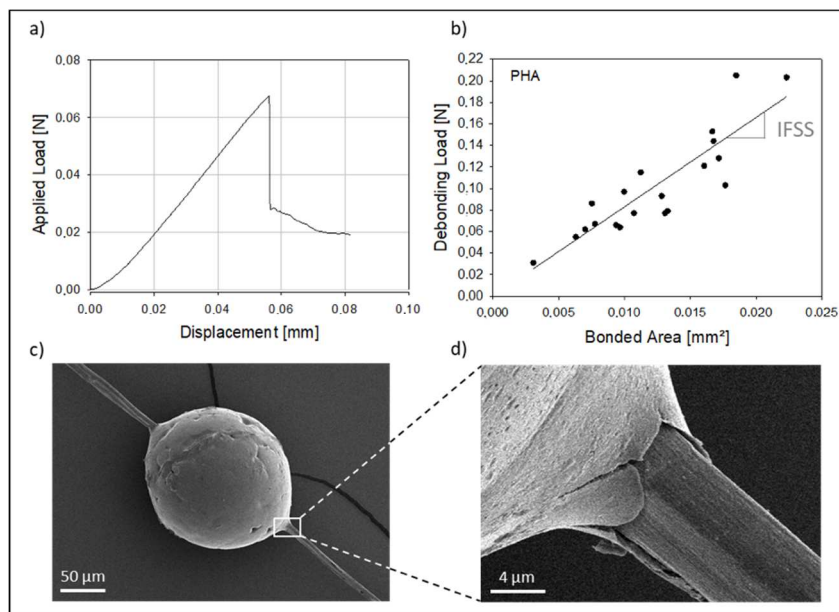
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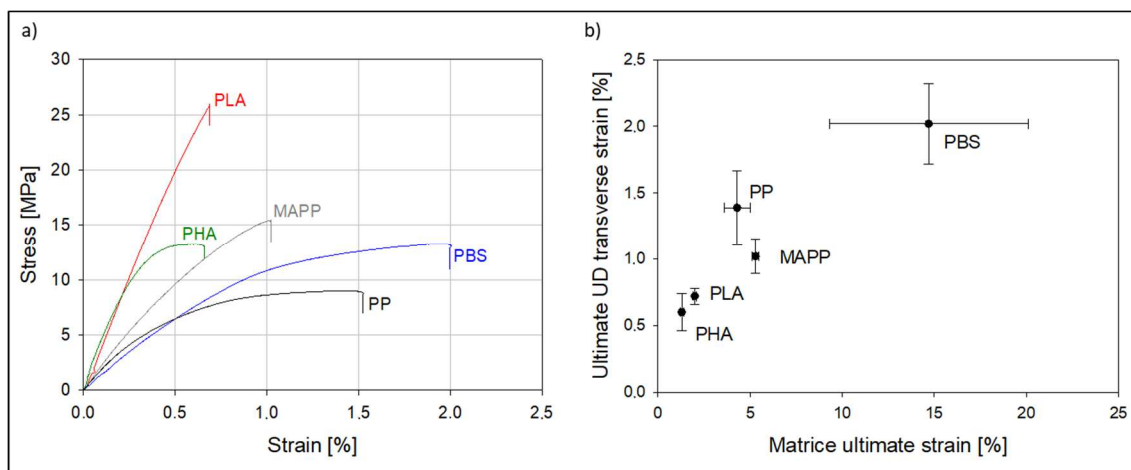
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528 Figure 1: a) Typical response of a flax/PHA droplet system undergoing a micro-droplet

529 test; b) Mean interfacial shear strength determination by linear regression of PHA bonded

530 to elementary flax fibre; c-d) PHA droplet on an elementary flax fibre with a zoomed

531 image showing the interface failing through mode II.

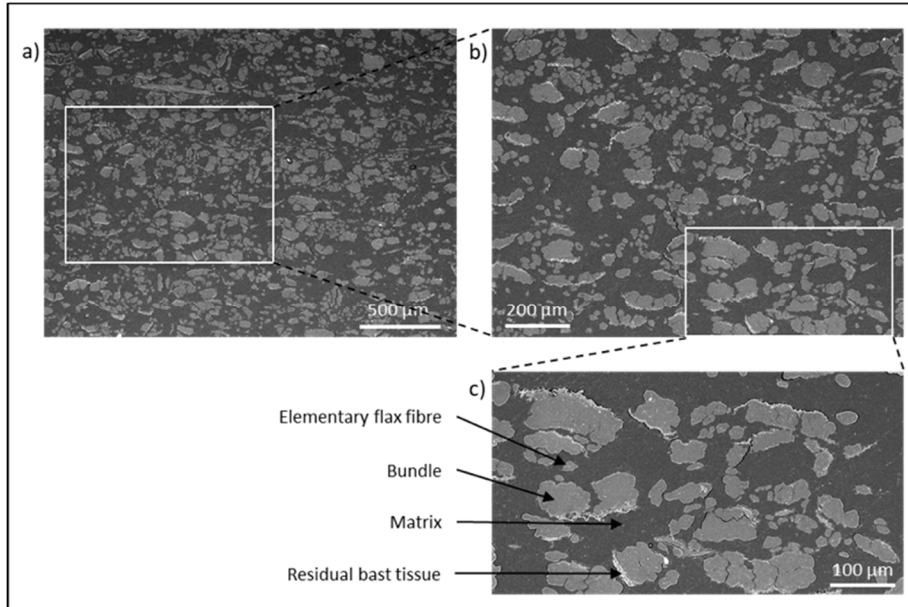


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533 Figure 2: a) Transverse tensile behaviour of UD flax composites at a volume fraction of

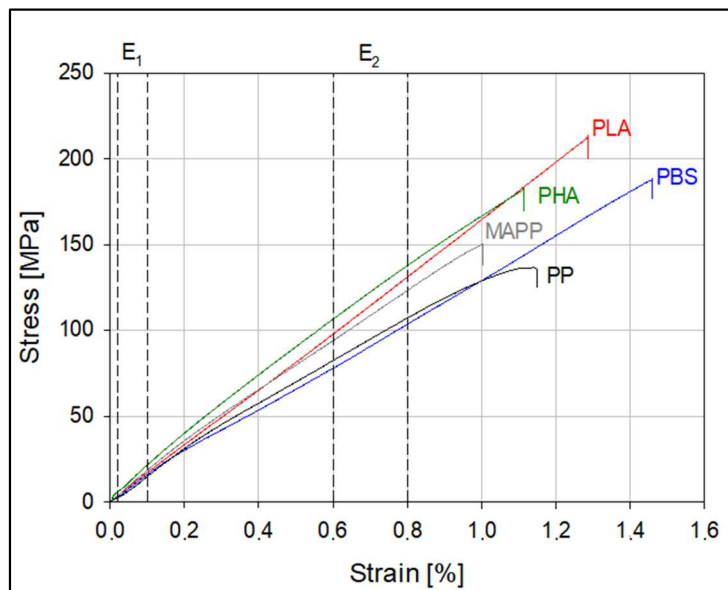
534 32%, b) relation between the ultimate transverse strain of flax composites and the ultimate

535 strain of the corresponding matrices.



536

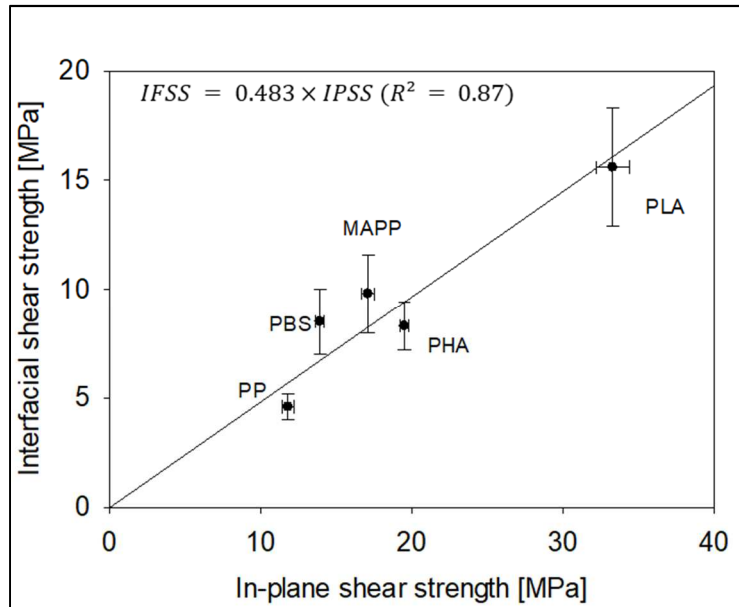
537 Figure 3: Sliced observation of an MAPP/flax composite at several scales.



538

539 Figure 4: Longitudinal tensile behaviour of unidirectional flax composites. The dotted

540 line indicates the strain range for modulus calculation.

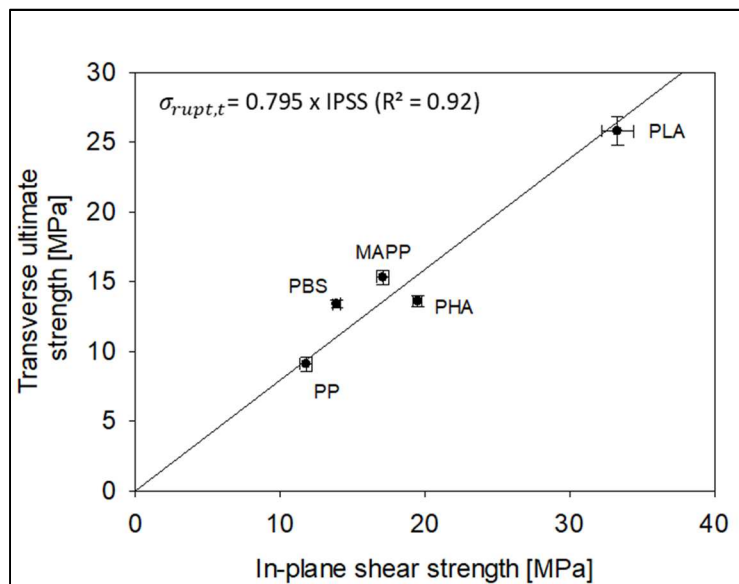


541

542 Figure 5: Linear correlation between the interfacial shear strength IFSS measured at the

543 micro-scale and the in-plane shear strength IPSS measured at macro-scale for

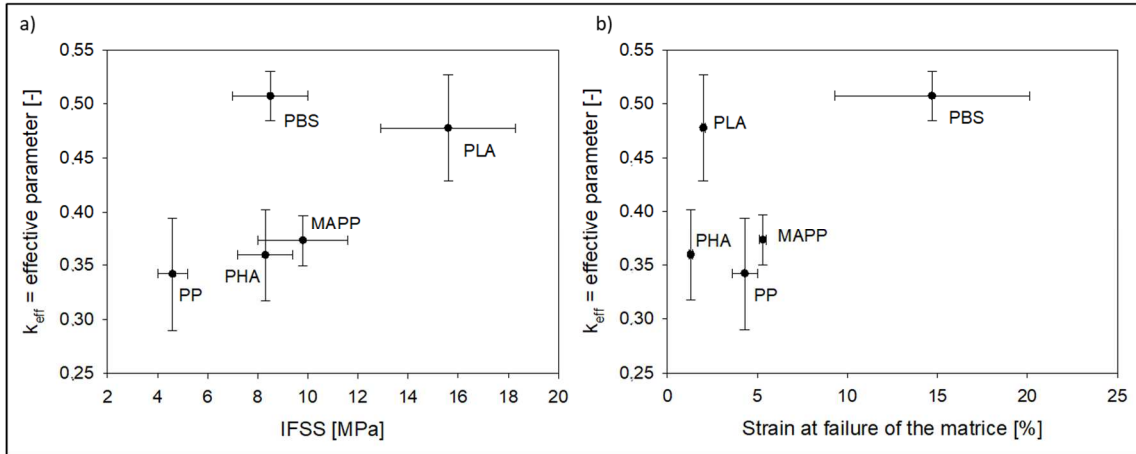
544 flax/thermoplastic composite systems.



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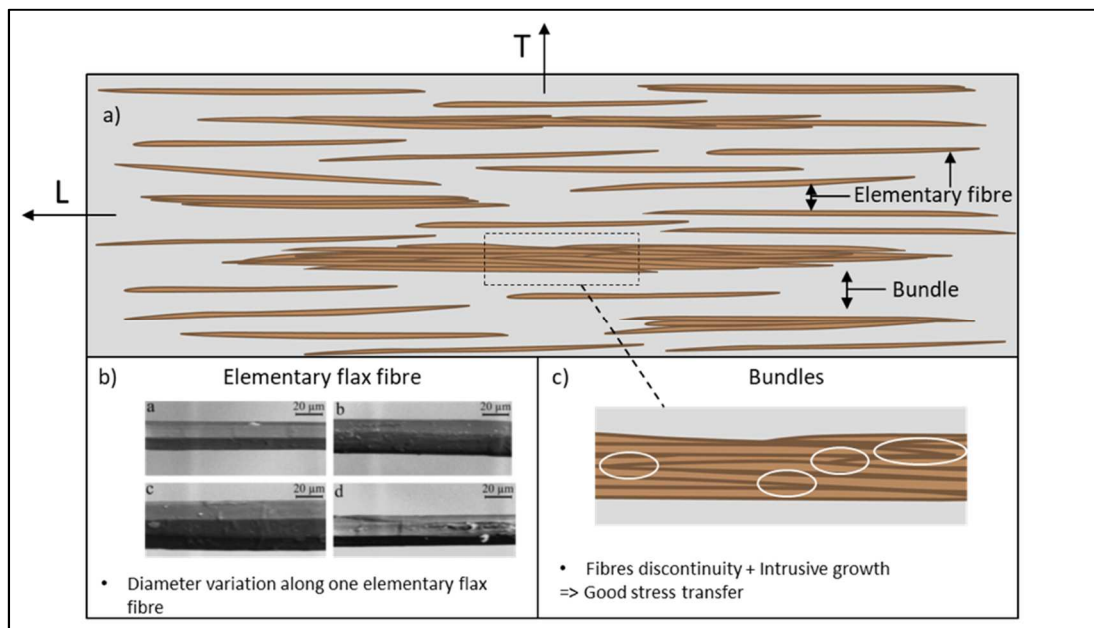
546 Figure 6: Correlation between the in-plane shear strength IPSS and the ultimate transverse

547 strength of unidirectional flax composites.



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549 Figure 7: Effective parameter (k_{eff}) of the fibre contribution at longitudinal strength in
 550 function of a) the interfacial shear strength, b) strain at failure of matrices.



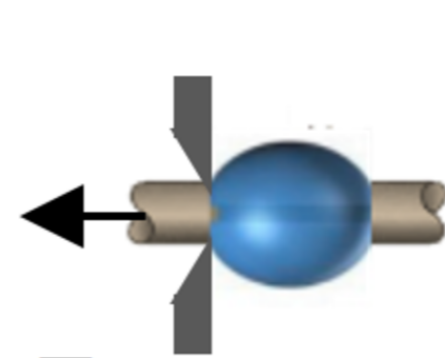
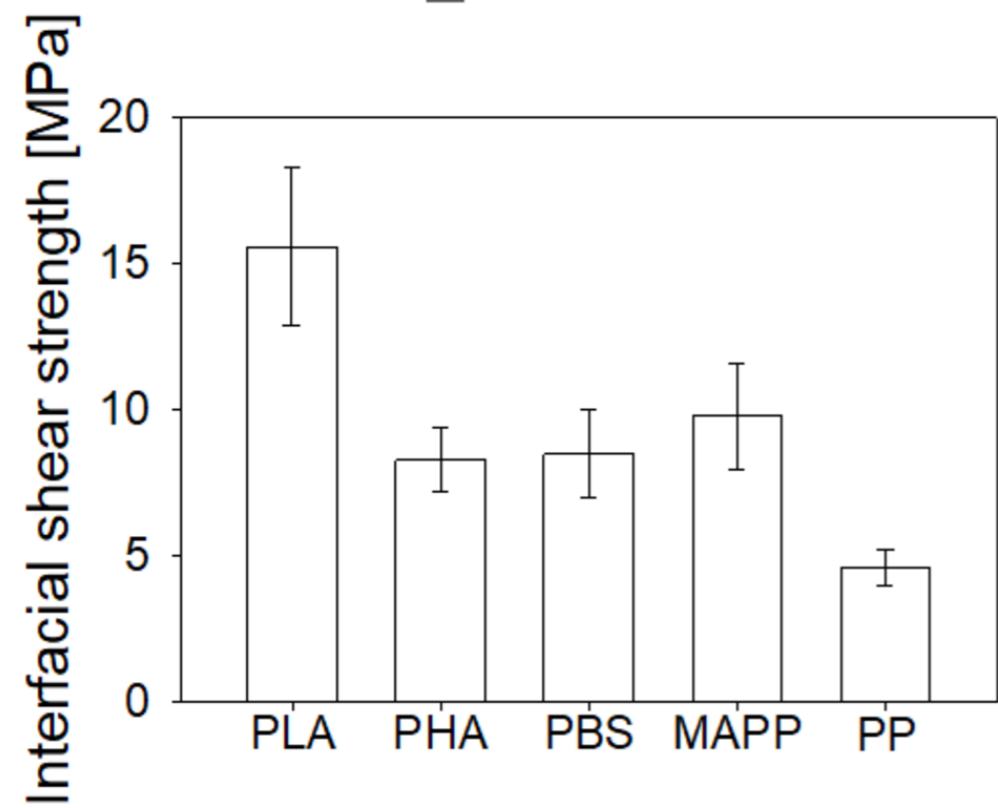
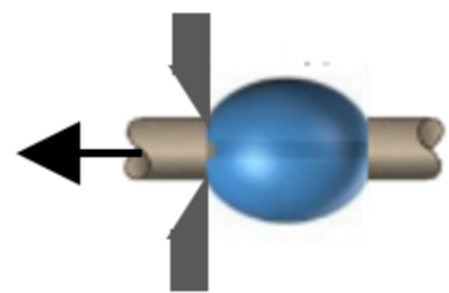
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552 Figure 8: a) Schema of a top inner view of a flax UD composite portraying the
 553 misorientation, the presence of bundles as well as discontinuous elementary fibres. L and
 554 T represent the longitudinal and transversal directions. For the purposes of clarity, the
 555 aspect ratio of the fibre is not to scale. b) SEM images extracted from [35] showing the
 556 diameter evolution of elementary flax fibre, c) Schema of a bundle focussing on the fibre
 557 discontinuities inside the bundles.

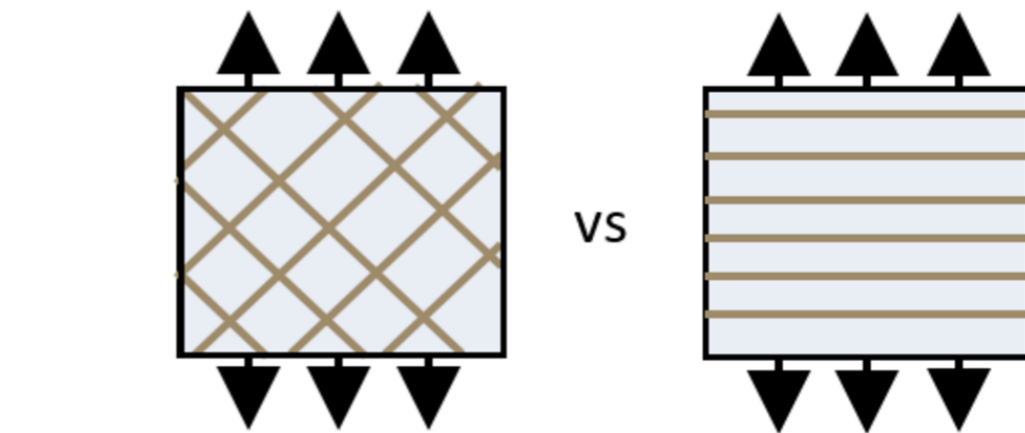
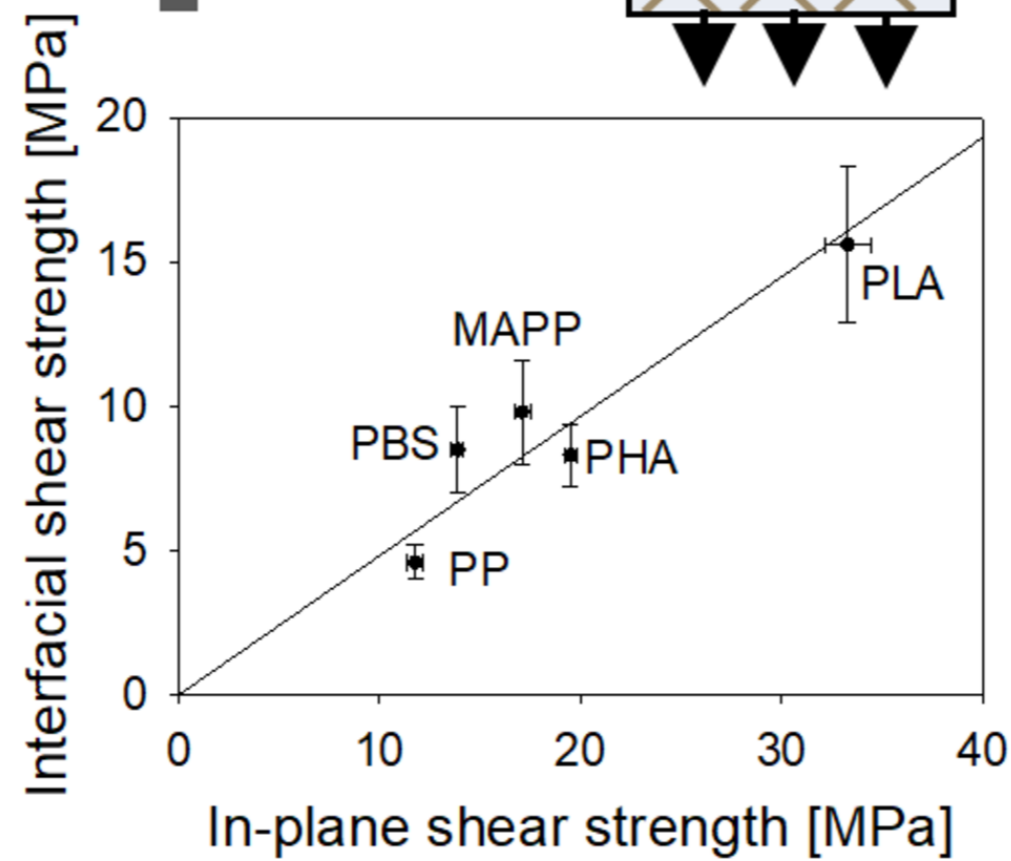
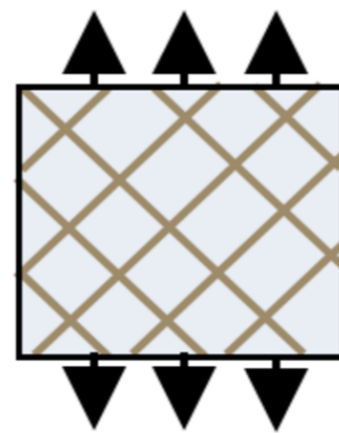
558 Table 1: Mechanical characterisation of flax composites at various scales: micro-droplet
559 test, in-plane shear test, and tensile test on unidirectional composite in both directions.
560 * $E_{1,1}$ is calculated from a strain of 0.02% to 0.1% and $E_{1,2}$ from 0.6% to 0.8%.

		PLA	PHA	PBS	MAPP	PP
Micro-droplet test	Contact angle [°]	69.3 ± 3.5	66.1 ± 7.5	72.3 ± 4.1	64.3 ± 4.6	67.7 ± 5.2
	$L_{\text{droplet}}/D_{\text{droplet}}$ [-]	1.28 ± 0.08	1.32 ± 0.09	1.24 ± 0.07	1.33 ± 0.14	1.33 ± 0.09
	IFSS [MPa]	15.6 ± 2.7	8.3 ± 1.1	8.5 ± 1.5	9.8 ± 1.8	4.6 ± 0.6
In-plane shear test on $[\pm 45]_s$	V_f [%]	32.2 ± 0.4	30.2 ± 0.9	30.4 ± 0.8	30.6 ± 0.4	32.3 ± 0.4
	G_{lt} [MPa]	1756 ± 64	1286 ± 16	572 ± 25	806 ± 18	654 ± 24
	IPSS [MPa]	33.2 ± 1.1	19.4 ± 0.3	13.9 ± 0.3	17.1 ± 0.3	12.0 ± 0.0(4)
	τ_{max} [MPa]	34.2 ± 1.0	-	-	-	-
	γ_{max} [%]	3.1 ± 0.2	-	-	-	-
Tensile test on matrices (from [3])	E_m [GPa]	3.8 ± 0.1	4.4 ± 0.3	0.75 ± 0.1	1.58 ± 0.05	1.4 ± 0.2
	$\sigma_{\text{rupt,m}}$ [MPa]	61.4 ± 0.8	38.6 ± 1.4	39.1 ± 0.5	25.1 ± 0.1	24.4 ± 0.8
	$\varepsilon_{\text{rupt,m}}$ [%]	2.0 ± 0.1	1.3 ± 0.1	14.7 ± 5.4	5.3 ± 0.2	4.3 ± 0.7
UD parameter	V_f [%]	33.5 ± 0.2	33.2 ± 0.5	32.9 ± 0.25	33.0 ± 0.8	31.7 ± 0.7
Transversal tensile test on UD	E_t [GPa]	4.2 ± 0.4	3.9 ± 0.9	1.5 ± 0.1	2.5 ± 0.3	2.0 ± 0.2
	$\sigma_{\text{rupt,t}}$ [MPa]	25.8 ± 1.0	13.6 ± 0.4	13.4 ± 0.3	15.3 ± 0.5	9.1 ± 0.5
	$\varepsilon_{\text{rupt,t}}$ [%]	0.72 ± 0.06	0.60 ± 0.14	2.02 ± 0.30	1.02 ± 0.13	1.39 ± 0.28
Longitudinal tensile test on UD	$E_{1,1}$ [GPa] *	20.1 ± 2.8	20.3 ± 3.1	16.9 ± 2.5	17.8 ± 2.8	17.9 ± 4.3
	$E_{1,2}$ [GPa] *	16.3 ± 0.9	14.8 ± 1.1	13.7 ± 1.3	13.4 ± 2.1	11.9 ± 1.6
	$\sigma_{\text{rupt,l}}$ [MPa]	216 ± 17	182 ± 13	184 ± 9	151 ± 9	133 ± 17
	$\varepsilon_{\text{rupt,l}}$ [%]	1.30 ± 0.16	1.13 ± 0.10	1.36 ± 0.15	0.99 ± 0.07	1.14 ± 0.19
Back calculation using a ROM	E_{fibre} [GPa] using $E_{1,1}$	59.8 ± 8.3	60.9 ± 9.3	51.6 ± 7.7	53.8 ± 7.4	55.9 ± 13.7
	E_{fibre} [GPa] using $E_{1,2}$	48.5 ± 2.4	44.4 ± 3.0	41.6 ± 4.0	40.4 ± 5.8	29.5 ± 16.1

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