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Ultrafast Ultrasound Imaging in Pediatric and Adult Cardiology: Techniques, Applications and Perspectives

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ABSTRACT

Ultrasound techniques currently used in echocardiography are limited by conventional frame rates. Ultrafast ultrasound imaging is able to capture images at frame rates up to 100 times faster compared to conventional imaging. Specific applications of this technology have been developed and tested for clinical use in pediatric and adult cardiac imaging. These include ultrafast Doppler or vector flow imaging, shear wave imaging, electromechanical wave imaging and backscatter tensor imaging. The principles of these applications are explained in the manuscript with illustrations on how these methods could be applied in clinical practice. Ultrafast ultrasound has great clinical potential in the assessment of cardiac function, in noninvasive hemodynamic analysis, while providing novel techniques for imaging coronary perfusion and evaluating rhythm disorders.

Key Words: ultrafast imaging • echocardiography • pediatric • cardiac function • shunt • valvulopathy

ABBREVIATIONS:

BTI: backscatter tensor imaging

CHD: congenital heart disease

CUDA: coronary ultrafast Doppler angiography

EDPVR: end-diastolic pressure-volume relationship

ESPVR: end-systolic pressure-volume relationship

ETI: elastic tensor imaging

MS: myocardial stiffness

SWE: shear wave elastography

VFI: vector flow imaging

KEY POINTS

- Ultrafast ultrasound imaging could be a central non-invasive imaging tool, particularly in congenital and pediatric cardiology.
- Myocardial stiffness (MS) assessment by ultrafast ultrasound imaging has the potential to become a cornerstone of ultrasound imaging in cardiology, particularly for the noninvasive assessment of systolic and diastolic physiology.
- Further clinical developments could potentially reduce the need for cardiac MRI or imaging techniques requiring radiation.

Echocardiography plays a central role in the diagnosis and management of patients in cardiology. During the last two decades, new technologies based on conventional ultrasound have been introduced in clinical practice and have improved diagnostic capabilities¹. Tissue Doppler imaging², strain imaging³, and 3D echocardiography⁴ have found a role in clinical cardiology in most centers. While most of these techniques have been widely accepted in adult cardiology, application of these techniques in children is limited by specific technical challenges⁵. The heart rates in newborns is three times higher than in the adults requiring higher temporal resolution, while the anatomical structures are much smaller requiring higher spatial resolution. Moreover, in patients with congenital heart disease (CHD) the morphology and loading conditions can be highly variable. This results in the need for specific ultrasound tools for pediatric and congenital heart disease. In addition, the noninvasive assessment of cardiac function remains a major challenge in cardiology, especially in adults. Systolic and diastolic function require a specific evaluation and new parameters independent of loading conditions.

Most of the current tools in echocardiography rely on focused ultrasound beams which intrinsically limits frame rate and temporal resolution. Ultrafast ultrasound imaging was recently introduced based on utilizing of non-focused plane wave ultrasound technology. This results in very high temporal resolution compared to conventional imaging⁶. The challenge is spatial resolution for which different solutions have been developed, such as the use of multiple plane waves for one image (coherent compounding) or the use of harmonic frequencies⁷. Applications of ultrafast imaging include novel methods to assess myocardial viscoelastic properties (such as myocardial stiffness)^{8,9}, imaging of coronary flow¹⁰, intracavitary blood flow^{11,12,13}, as well as tools to study electromechanical coupling^{14,15}, and methods to study the dynamic characteristics of myocardial fiber orientation^{16,17,18}. Ultrafast

ultrasound has also been proposed for noninvasive central venous pressure assessment^{19,20,21} and brain perfusion²².

The introduction of ultrafast ultrasound created a revolution in non-invasive diagnostic capabilities but, at the moment, is only at the clinical proof-of-concept stage. Further clinical developments could potentially reduce the need for cardiac MRI or imaging techniques requiring radiation²³. Therefore, the objective of this review is to provide an overview of ultrafast ultrasound imaging in cardiology.

ULTRAFAST ULTRASOUND IMAGING

Basic concepts

Although the use of ultrasonic plane-wave transmission rather than line-per-line focused beam transmission has been long researched, clinical application of this technology was only recently made possible through increasing computing capabilities and the introduction of powerful graphical processing unit (GPU)-based platforms, making it possible the appearance of ultrasound system capable of acquiring per channel data in real-time does⁶. Ultrafast imaging is based on the use of plane or divergent waves, instead of focused beams (figure 1). Plane and divergent waves are generated by applying a plane or circular delay on the elements of the transducer. In both cases, it is possible to reconstruct an entire image with a single emission. This imaging approach results in a lower spatial resolution and a lower contrast of the images. A technique that can be used to overcome this limitation is to use multiples plane waves transmitted at slightly different angles to obtain one image. Indeed, coherent combination of compounded plane-wave transmissions (also called coherent plane wave compounding) allows to recover high-spatial resolution without compromising the high

frame rate²⁴. Consequently, blood and tissue motion in addition to tissue structure may now be explored using high frame rate ultrasound imaging (Central figure).

Blood flow

- *Ultrafast Doppler imaging*

Conventionally, blood flow is detected with Doppler ultrasound by discriminating signals according to their temporal characteristics based on Doppler frequency²⁵. As red blood cells tend to move faster than the surrounding tissue, their Doppler frequency is generally higher and the two signals can be separated by applying a temporal filter. In cardiac imaging, myocardial tissue also moves which can make blood flow detection more challenging. In ultrafast ultrasound, all the pixels (or voxels) in a frame (or in a volume) are analyzed simultaneously, and both the temporal and spatial characteristics of the incoming signals can be exploited²⁶. Tissue is known to be more spatially coherent than blood and is far less deformable than blood. This results in the signals from neighboring pixels or voxels inside a tissue area to be more likely correlated to one another. This additional spatial information allows the use of spatiotemporal filters which dramatically improve blood detection²⁷. Hence, ultrafast ultrasound not only brings the possibility of imaging high velocity flow but also the ability to efficiently discriminate blood flow from tissue movement.

- *Coronary ultrafast Doppler angiography (CUDA)*

Flow detection in the coronary circulation requires distinguishing the blood signal from myocardial movement. This becomes even more challenging for imaging the coronary microvasculature (with a diameter less than 100 micrometer). The use of specific and adaptive spatiotemporal filters²⁸ allows separation of blood flow from tissue motion resulting in the evaluation of coronary anatomy, intramural perfusion and coronary flow reserve. It has recently been shown that the spatiotemporal information using transthoracic ultrafast

ultrasound allows the detection of coronary flow in epicardial and intramyocardial arteries in both children and adults¹⁰. Furthermore, power Doppler imaging may be used to quantify blood volume. It relies on the measurement of pulse-to-pulse decorrelation of returning echocardiographic signals from the same location to detect moving objects.

- Ultrafast vector flow imaging (VFI)

Doppler imaging as implemented in clinical scanners is often limited to the measurement of blood flow velocities in the axial direction, i.e. detecting blood moving toward or away from the probe. Detecting more complex flow velocities in different directions is made possible by vector flow imaging (VFI). Initially this was based on speckle tracking of injected microbubbles using contrast echocardiography (echo-PIV or echographic particle image velocimetry)²⁹. This method was developed using conventional imaging techniques at lower frame rates thereby having an intrinsic frame rate limitation. For application in children, the use of contrast agents is limiting the clinical applicability. VFI can also be achieved without contrast agents by tracking blood speckles. This approach is generally referred to as blood speckle flow imaging³⁰ and requires temporal high-pass filtering to remove the high-amplitude signals from surrounding tissues. The advantage of vector flow imaging is its low angle dependence, which differentiates it from spectral Doppler techniques. It allows visualizing and estimating the direction and velocities of blood flow in different directions from any angle. While 2D velocities estimations are limited by through-plane motion, ideally three or four-dimensional techniques could overcome this problem. The main technical limitation is the huge amount of information gathered by 4D flow acquisitions making implementation on standard scanners impossible³¹. Velocity information in different directions allows for analysis of the exact vector velocity³². This gives access to more complex flow patterns including visualization of intracardiac or intravascular vortices³³.

Vortex imaging has been demonstrated to provide important novel hemodynamic information contributing to novel insights in cardiovascular pathophysiology and disease detection³⁴.

Tissue motion – Imaging of Natural Waves and Shear Wave Elastography

Higher frame rates make it possible to visualize short-lived myocardial tissue motion that cannot be detected by conventional ultrasound techniques. This allows the detection of myocardial mechanical waves that occur naturally (for instance at the time of valve closure or following electrical depolarization) or are generated by transmitting an external mechanical wave by acoustic radiation force.

- *Electromechanical wave imaging*

Electromechanical coupling is a very short-lived cardiac event and is the time between electrical and mechanical activation³⁵. This delay is very short, in the order of tens of milliseconds³⁶ and propagation of the electromechanical activity throughout the myocardium occurs at a similar delay. At the tissue level, the depolarization of myocardial regions triggers electromechanical activation (i.e., the first time at which the muscle transitions from a relaxation to a contraction state). Spatially, this electromechanical activation forms the electromechanical wave (EW) front that follows the propagation pattern of the electrical activation sequence. At high frame rate, EWI uses radio frequency (RF)-based cross-correlation, a motion estimation method that can be up to ten times more accurate than brightness mode (B mode)-based speckle tracking. Ultimately, being able to see the motion (displacement or deformation) induced by the electromechanical coupling makes it possible to deduce the mechanical activation timing and to map it^{37,38}.

- *Assessment of myocardial stiffness - Natural waves and Shear Wave Elastography (acoustic radiation force)*

What is Stiffness ?

Stiffness is an intrinsic property of soft tissues which reflects the tissue composition and organization at macroscopic and microscopic scales. Conventional assessment of soft tissue elastic properties (i.e stiffness) relies on mechanical testing, for instance by the application of an external stress and the measurement of the resulting tissue deformation. This general principle was developed for the analysis of elastic properties of ex vivo tissues, and was then applied to noninvasive imaging techniques such as ultrasound or MRI through the quantification of the deformation using the so-called static elastography technique. Static elastography, however, do not provide quantitative estimate of tissue stiffness because the stress distribution cannot be quantified accurately in vivo, even though strain imaging provides accurate deformation estimates. Dynamic and transient elastography techniques^{39,40} based on the propagation of low frequency shear waves in tissue were introduced to overcome this limitation. These approaches relying tracking shear wave propagation at ultrafast frame rates (>1000fps) in order to quantify the shear velocity are quantitative thanks to the direct link between shear velocity and shear modulus [see Equation 1]. They have now been implemented in commercial medical devices and ultrasound scanners to quantify stiffness in the breast, in the liver or in skeletal muscles.

Assuming that the medium is incompressible, infinite and isotropic, shear wave propagation velocity can be derived from general equations of the dynamic theory of linear elasticity⁴¹. Therefore, the stiffness of a tissue can be approximated by estimating the shear modulus (μ) using the equation relating shear wave speed (V_c), shear modulus (μ) and local density (ρ), knowing that ρ is almost constant in soft tissue ($\rho \approx 1000 \text{ kg/m}^3$):

$$V_c = \sqrt{\frac{\mu}{\rho}} \quad \text{Equation [1]}$$

The shear modulus is one of several quantities used to measure the stiffness of tissue or a material. Ultrafast imaging measured V_c in soft tissue is in the order of 1-10 meter per second, or 1-10 millimeter per millisecond which is within the temporal resolution of ultrafast

imaging. A shear wave can be generated by using an external force or can occur naturally related to intrinsic mechanical events such as valve closure.

External stimulus – Acoustic radiation force (figure 2)

External generation of shear waves in soft tissue is possible using acoustic radiation force^{42,43}.

A short burst of several hundred microseconds (μ s) of focused ultrasound can induce micrometric tissue displacements in a small zone of myocardium (figure 2). The transient mechanical excitation produces a shear wave in the low kHz frequency range which propagates through the myocardium at a velocity that is dependent on the tissue stiffness⁴⁴.

Using ultrafast imaging, myocardial wall motion is subtracted from the average wall motion during the acquisition, resulting in net tissue motion induced by the shear wave. Shear wave speed (V_c) can be computed at each depth of the image using the spatiotemporal data of the shear wave propagation. Finally, the shear modulus μ (i.e., stiffness) can be derived at each location using the equation described above [1].

The advantage of using an external stimulus to generate the shear waves is that it is possible to choose both the timing of the tissue assessment and the location of the shear wave source. Indeed, as the shear wave is generated by an external stimulus controlled by the investigator, one can estimate MS at any time during the cardiac cycle⁴⁵. As MS varies throughout the cardiac cycle^{45,46}, one may analyze the MS at a time in the cardiac cycle relevant to the clinical question (during the active relaxation or the diastasis for example). The disadvantage of this approach is that it is only possible to analyze a specific myocardial region, as defined by the push area. Indeed, because of the physical properties of both the shear wave (kHz frequency) and the medium (e.g. thickness of the myocardium), shear wave propagation is interpretable only in an area of few centimeters⁴⁷. It is therefore a segmental analysis and only reflects MS within the interrogated area.

Measuring shear wave velocities using Internal events (figure 3)

The motion of the heart can be summarized as contraction and relaxation of the myocardium. However, the local motion of cardiovascular tissues over the course of an entire cardiac cycle results from various transient events such as the valvar closing and opening, sudden changes in blood pressure and electrical conduction through the myocardium. All these events elicit natural mechanical waves during the cardiac cycle¹⁴. During valve closure, a transient mechanical shear wave is generated at the annulus of the valve which propagates through the adjacent myocardium⁴⁸. Similarly, sudden changes in chamber pressure, such as following atrial contraction, generates LV myocardial stretch that propagates from base to apex with a speed proportional to myocardial elasticity⁴⁹. The correlation between MS and myocardial stretch, using the theory of wave propagation in elastic tubes (Moens-Korteweg equation), deserves further exploration^{50,51}.

Currently, only shear waves induced by the aortic or mitral valve closure have been used to deduce the shear velocity. The advantage of this approach is that only ultrafast imaging, without external acoustic radiation force is used to visualize and analyze natural phenomena⁵². Usually, tissue velocity is estimated between every two frames using a Doppler autocorrelation method. Anatomical acceleration M-mode maps are extracted along the midline of the LV septum, yielding a spatiotemporal representation of the local tissue acceleration throughout the cardiac cycle⁵². Moreover, the amplitude of these natural waves is at least one order of magnitude higher than acoustic radiation force induced shear waves and thus are more easily visualized⁴⁷. The main disadvantage of this approach is that the timing is dictated by the intrinsic event, i.e. the shear waves are visible just after atrioventricular valve closure (during isovolumetric contraction) and just after the semilunar valve closure (during isovolumetric relaxation). Finally, such low frequency natural shear waves present large wavelengths and their velocity may be affected by the geometry of the myocardial wall making the link between shear velocity and stiffness more complicated⁵³ (figure 4).

Technical limitations

For relatively isotropic and homogeneous organs, such as the liver or breast, the Young's modulus can be derived directly from the shear velocity ($E \approx 3\mu$). However, the propagation of elastic waves in the myocardium is more complex due to the active properties of the muscle fibers. This includes stiffness changing over time, the anisotropy of the tissue relating to the complex fiber orientation of different layers, and the geometry of the ventricles⁵⁴.

These parameters induce a complex wave propagation in three dimensions, complicating the relationship between shear wave characteristics and elastic tissue properties⁵⁵.

Moreover, guided wave propagation occurs when the wall thickness and the shear wavelength become on the same order of magnitude⁵⁶. The main consequence of this is a modification of the shear wave velocity and therefore, an alteration of the link between V_c and μ [Equation 1]. Correia et al, using Shear Wave Imaging (external stimulus) showed, that the accuracy could be significantly altered for myocardial stiffness superior to 25 KPa and for myocardial wall thickness inferior to 5-mm, in vitro on calibrated mimicking tissue phantoms using a phased-array probe (2.75MHz)⁵⁷.

The reader should keep in mind that the link between shear velocity and stiffness is not always straightforward. Therefore, shear velocity should be always reported by researchers. Complex biomechanical modelling can be used in order to derive viscoelastic parameters such as the elastic anisotropic properties of the myocardium⁵⁸.

Tissue structure – Myocardial Fiber Imaging

Availability of a technique for assessing myocardial fiber orientation would have important potential clinical applications in patients with CHD. First myocardial fiber orientation can be altered in patients with CHD and this can be important for understanding myocardial mechanics. Secondly myocardial fiber disarray can occur during ventricular remodeling

resulting in myocardial regional dysfunction. Two different techniques based on ultrafast scanning allow to imaging of fiber orientation.

- *Backscatter Tensor Imaging (BTI)*

BTI is based on ultrafast ultrasound acquisitions which are used to quantify the spatial coherence of ultrasonic speckle echoes at each point of the plane⁵⁹ or the volume^{16,60}. Spatial coherence allows us to understand the tissue structure and reveals the anisotropy of the ultrasonic speckle in the myocardium (see figure 9 for example). The BTI technique is also able to provide information on each fiber size and each fiber structure⁶¹.

- *Elastic tensor imaging (ETI)*

Elastic tensor imaging (ETI) is based on shear wave imaging¹⁷. Shear wave propagate faster in the direction of the fibers. By using several SWE acquisitions along different directions, fiber orientation can be estimated compared to histology as gold standard¹⁷. This technique was initially based on the rotation of a 2D ultrasound probe to create shear waves propagating along different directions. More recently, 3D elastic tensor imaging (3D-ETI) was introduced¹⁸.

APPLICATIONS IN PEDIATRIC AND CONGENITAL CARDIOLOGY

From a very practical point of view, the variation of frame rate (from conventional to ultrafast) does not change the clinical constraints of pediatric cardiology. Indeed, the transmission/reception frequency, allowing to optimize the spatial resolution and thus to adapt to the anatomy explored, will be generally the same whatever the frame rate. In addition, the type of probe (phased-array or linear) and angular dependency remains the same. In the future, the manufacturer (and not the practitioner) will need to adapt their

systems and their "probe to system" transmissions in order to allow the application of ultrafast imaging in pediatrics (as in adult cardiology).

For this reason, little precision will be given in this "Applications" chapter on the type of equipment, type of probe or emission/reception frequencies, as these parameters will be broadly comparable to daily clinical practice. In the case of an exception (e.g. for CUDA only demonstrated with a linear probe for technical reasons), precision will be provided.

In this chapter, the applications will therefore be grouped by type of disease and not by age group (traditionally used in pediatrics) because all the techniques presented do not have specific limits according to the patient's age or weight.

Diastolic function

Analysis of diastolic function is a major challenge in pediatric and congenital cardiology. Parameters conventionally used in adult cardiology, such as pulsed-wave Doppler (PW), continuous-wave Doppler (CW) or tissue Doppler imaging (TDI), have limitations in pediatrics for two main reasons: (1) these parameters are highly dependent on heart rate, heart size and body size; (2) the variable anatomy and loading conditions in children. Dragulescu et al. have shown that conventional ultrasound seems inadequate in pediatric patients with cardiomyopathy to assess diastolic dysfunction⁶². More generally, the use of parameters depending on anatomy are limited in the presence of cardiac malformations^{63,64}. Ultrafast ultrasound allows a direct measurement of viscoelastic properties and diastolic MS. Initial data are promising. Using myocardial shear wave imaging, Song et al showed that measuring diastolic stiffness was feasible in children and they published reference values in healthy controls⁶⁵. Villemain et al showed that SWE could differentiate healthy volunteers and patients with sarcomeric hypertrophic cardiomyopathy⁸ (figure 5). It is interesting to note that the degree of diastolic dysfunction using conventional methods (echo and MRI parameters)

correlated with MS assessment. More validation is required but shear wave echocardiography is a promising new tool for the assessment of diastolic function in children. Nevertheless, whether by SWE or natural shear waves, the assessment of MS currently remains segmented (limited to one specific myocardial segment). This is the main application limitation of these techniques at the moment.

Ultrafast ultrasound-based flow imaging techniques could also be used for studying diastolic function. The more detailed 2D/3D flow information as obtained with vector flow imaging, could be used to calculate energy losses during diastole and to calculate intraventricular pressure gradients during early filling representing early diastolic suction. Initial studies in adults have been promising but clinical validation in children is still required⁶⁶.

Shunt and valvar disease

The hemodynamic assessment of shunts and valvulopathies is complex in pediatric cardiology. Doppler-based imaging techniques are currently used in clinical settings using spectral analysis techniques (CW and PW Doppler) for local velocities and color-coded techniques (CFI) for flows in a wider field of view. Unfortunately, these techniques have inherent limitations including angle dependence and low frame rates, which may lead to inaccurate evaluation⁶⁷. In addition, both CFI and PW Doppler are limited by aliasing limiting the velocity range and leading to potentially ambiguous results. Currently, estimation of valvar regurgitation is at best semi-quantitative. Clearly, improved flow measurements are necessary.

Ultrafast VFI possesses important advantages. Due to its low dependency of insonation angle and its temporal resolution, it can more accurately estimate flow and pressure gradients¹³. Accordingly, it may be well-suited to study the hemodynamic consequences of a valvulopathy and for estimating flows through shunts, for example atrial septal defects

(ASD) and ventricular septal defects (VSD) (figure 6)⁶⁸. Recently, Hansen et al compared VFI to conventional Doppler imaging showing that VFI may provide additional information – in particular the flow analysis at the apex or in the ascending aorta – compared to conventional echocardiography and become an useful additional diagnostic tool⁶⁹. Fadnes et al also showed that complex intraventricular flow velocity patterns could be quantified using ultrafast VFI by comparing VFI with color flow imaging and pulsed wave Doppler using manual angle correction⁶⁸. The angle independence of this parameter could significantly decrease variability when measuring peak velocities in shunt flows. In addition, more recently, the same group demonstrated the feasibility of VFI for cardiac 4D acquisitions (figure 7)³³. They compared their results to MRI and showed that 4D VFI is reliable and robust. Using this approach, it might be possible to analyze and assess, in a volumetric acquisition and at the bedside, all relevant hemodynamic parameters (e.g. flow, pressure, size) of shunts and in different valvulopathies. One of the challenges for this approach remains the very large datasets that have to be stored and processed. While feasibility has been proven, it will take a long journey to a readily available clinical application.

Coronary imaging

Coronary ultrafast Doppler angiography (CUDA, figure 8) allows unprecedented noninvasive visualization and analysis of intramural coronary perfusion and hemodynamics such as coronary flow reserve. Osmanski et al showed that it is technically possible to visualize the coronary flow (veins and arteries)²⁶. Then, Maresca et al, on an animal model (using a coronary flow probe as gold standard) and on the human in transthoracic (children and adults), proved that the CUDA allowed an anatomical and hemodynamic analysis of the coronary flow¹⁰. No other imaging tool is currently able to assess hemodynamic flow variation in the coronaries. Using power-velocity integrals (PVI), a metric proportional to

flow rate⁷⁰, CUDA could provide a quantitative measurement of coronary flow variations and coronary flow reserve. This direct measurement of flow variation overcomes the limitations of existing Doppler techniques allowing for the analysis of dynamic myocardial perfusion. Nevertheless, except this clinical publication, to our knowledge there are no other published clinical applications of CUDA. In addition, a linear probe was used in this work, which theoretically limits clinical applications in cardiology. It will therefore be necessary to provide evidence of the application of this technique with a phased-array probe. Notwithstanding, a variety of pathological situations could benefit from this new capability. For example, right ventricular (RV) function is a major determinant of prognosis in pulmonary arterial hypertension (PAH). RV hypertrophy (RVH) triggered by pressure overload is initially compensatory but often leads to RV failure. Despite similar RV afterload and mass, some patients develop adaptive RVH (concentric with retained RV function), while others develop maladaptive RVH, characterized by dilatation, fibrosis, and RV failure⁷¹. The differentiation of adaptive versus maladaptive RVH is imprecise, but adaptive RVH is associated with better functional capacity and survival. Although RV ischemia is implicated in contributing to RV dysfunction in PAH, the (mal)adaptive myocardial perfusion response to this situation is currently largely unexplored because of a lack of available tools. CUDA could help us to understand and differentiate between adaptive versus maladaptive responses. Likewise, functionally univentricular hearts, have unique, but largely unexplored aberrations in myocardial perfusion. Files and Arya recently suggested that, while the hypertrophied RV in PAH frequently shows an inadequate microvascular density and subsequent ischemia, ischemia is uncommon in hypoplastic left heart syndrome (HLHS)⁷². One hypothesis for systemic RV dysfunction is a mismatch between myocardial perfusion and tissue restructuring (fibrosis, collagen deposition)⁷³. An intramural coronary imaging tool would likely advance our understanding and analysis of the pathophysiological mechanisms. For

example, in unoperated patients with congenitally corrected transposition of the great arteries, Hauser et al. showed using positron emission tomography (PET) that systemic RV coronary reserve is decreased in the absence of ischemic symptoms⁷⁴. Thus, the global impairment of stress flow dynamics may indicate altered global vasoreactivity, and quantitative changes in microcirculation suggest that their role in the pathogenesis of systemic RV dysfunction is important. Nevertheless, PET is difficult to use in clinical practice, especially in pediatrics⁷⁵. Access to a non-invasive bedside tool such as CUDA to analyze myocardial perfusion could be revolutionary. Lastly, Nield et al investigated whether specific coronary Doppler patterns intra-operatively predicted adverse early myocardial events⁷⁶ in newborns with transposition of the great arteries (TGA) before the arterial switch operation (ASO). Forty patients were recruited and thirty-two had intra-operative transesophageal echo (TEE) plus an epicardial echo during surgery. They showed that flow reversal in the left coronary artery was associated with the composite endpoint (post-operative ST changes, ventricular tachycardia, need for extracorporeal membrane oxygenation) and for delayed chest closure. This suggest that in TGA, myocardial perfusion analysis just before and immediately after ASO provides information relevant to the patient's clinical course. Further clinical studies using ultrafast imaging are expected to explore intramural perfusion in these patients.

Cardiomyopathies and myocardial fibers' structure

Risk assessment in a variety of pediatric cardiomyopathies using conventional imaging parameters is quite limited⁶². The ultrafast ultrasound tools previously described could aid in the evaluation and risk-stratification of pediatric cardiomyopathies and myocarditis. In adults⁷⁷ and in children⁸, Villemain et al explored the potential of SWE to distinguish normal from pathological, finding a strong correlation between SWE and clinical status. In addition, they showed, using ETI (previously compared to histology¹⁷), that the fractional anisotropy

was different between healthy volunteers and patients with sarcomeric hypertrophic cardiomyopathy (figure 5). Therefore, ultrafast imaging could shed new light on myocardial function and structure, especially in a variety of cardiomyopathies. In a systematic review on hypertrophic cardiomyopathies published in 2002, Barry J. Maron⁷⁸ noted that the “LV myocardial architecture is disorganized [...] with multiples intercellular connections often arranged on chaotic alignment and with expanded interstitial (matrix) collagen,”. This is supported by previous work that tried to link myocardial histological explorations and MS⁷⁹. The degree and type of myocardial fibers’ disarray are different according to the etiology of cardiomyopathy, and the new tools presented (shear wave imaging, BTI, ETI) allow a quantitative assessment of this disarray. Despite this, shear wave imaging and ETI currently only allow for segmental exploration which could limit the use of these techniques for the global understanding of a myocardial fiber's disarray.

Moreover, due to frame rate limitations, myocardial (or ventricular) structure cannot yet be observed in the beating heart, with the exception of BTI (figure 9)¹⁶. The understanding of cardiac embryogenesis is a fundamental point in the analysis of the function and structure in CHD. For example, the RV has distinct embryological origins from the second heart field, whereas the LV originates from first heart field progenitors⁸⁰. This may partially explain the varied molecular response and histological makeup of the RV relative to the LV when subjected to increased pressure and volume loading, and may explain why well-proven medical therapies for LV dysfunction fail to show benefit for RV failure⁸¹. The normal RV myocardial architecture has superficial circumferential fibers and deep longitudinal fibers with the majority of contraction occurring longitudinally from base to apex under normal circumstances. Ultimately, BTI could alter our comprehension of the link between myocardial structure and cardiac function, especially in CHD where abnormal myocardial structure may determine function, however this remains vastly under-explored.

Rhythm disorders

Ultrafast ultrasound allows to study electromechanical coupling which could be useful for the detection of abnormal electrical activation patterns. Recently, by studying fifteen pediatric patients with Wolff-Parkinson-White syndrome, Melki et al³⁸ have shown that electromechanical wave imaging (EWI) was capable of consistently localizing accessory pathways with better accuracy than traditional clinical tools such as Arruda's or Boersma's one (figure 10) using invasive electrophysiology as the gold standard. Studying electrical activation patterns may facilitate preparation of complex electrophysiology procedures and may help in better understanding pathophysiology of bundle branch block. At the present time, the main limitation of the EWI lies in its absolute necessity to be realized in volume acquisition, therefore in 3D/4D, due to the variability of propagation of the electrical activity. As long as this technique is not tested and confirmed with matrix probes able to perform ultrafast imaging, these results will remain questionable from a clinical point of view.

Vascular applications

Ultrafast ultrasound imaging could also be used for the assessment of vascular stiffness using localized vessel wall pulse wave velocity and wall shear stress measurements. The conventional method of looking at vascular stiffness includes the measurement of pressure wave propagation (tonometry) over relatively long distances like carotid-brachial or carotid-femoral resulting in relative nonspecific assessment of vascular stiffness. More local assessments of different vascular beds could be important as regional vessel wall remodeling may be present and may be clinically relevant, especially in CHD. A good example is patients after coarctation of the aorta where significant differences were found in vessel wall structure proximal and distal from the coarctation⁸². Studying regional wall properties would

thus potentially add novel information. Ultrafast ultrasound allows for measurement of pulse wave velocities in shorter vessel segments. Couade et al showed using SWE that a local assessment of arterial stiffness is possible⁸³. Afterwards, Maksuti et al confirmed these results comparing in vitro SWE and mechanical testing to assess arterial stiffness⁸⁴. Concerning clinical applications, Marais et al compared local assessment (by SWE) to global assessment (by the reference technique, e.g. tonometry) in order to differentiate healthy volunteer and essential hypertensive patients. They showed that local assessment presents heterogeneous results and allows to identify the stiffest areas. Bernal et al also demonstrated that SWE could estimate the stiffness of vascular anastomoses in synthetic material⁸⁵, namely polytetrafluoroethylene (ePTFE) and polyethyleneterephthalate (Dacron). Knowing that the use of these materials is very frequent in pediatric cardiac surgery and that their stiffening is one of the most recurrent problems during the growth of children, the analysis of their stiffness seems essential. In addition, although this application seems more limited in pediatrics, the evaluation of atherosclerotic plaque by SWE is also a new tool opening new perspectives in the understanding of this disease, in particular to identify unstable plaques⁸⁶. Ultrafast Doppler also offers the possibility to quantitatively map the vascular resistivity index over large areas as performed in the brain of neonates using trans fontanelle imaging²². Thanks to the very high sensitivity of ultrafast Doppler, functional brain imaging has been shown feasible in neonates by Demené et al²⁷.

Liver stiffness

Studying liver stiffness in cardiac patients provides information on central venous pressure (CVP) as shown almost 10 years ago⁸⁷. Shear wave elastography has become a well-established technique for evaluating liver stiffness and has been applied to assess CVP. In a pediatric population with CHD, Jalal et al showed a strong correlation between LS and CVP

assessed during right heart catheterization²⁰. Villemain et al compared LS to other parameters used in clinical practice (N-terminal pro-B-type natriuretic peptide, inferior vena cava diameter, pulsed-Doppler profile of hepatic veins) to estimate CVP (also assessed during right heart catheterization) and showed that it had the strongest correlation with CVP¹⁹. Moreover, LS varies over time with the CVP and could theoretically be used to monitor CVP (figure 11). This is especially important as other echographic parameters (inferior vena cava collapsibility, hepatic veins pulsed Doppler, right atrium volume) have important limitations for pediatric applications.

The importance of quantitative CVP assessment is well described for prognostication of PAH patients⁸⁸. However, in pediatrics, due to a lack of reliable tools this parameter is not widely used to evaluate PAH. Likewise, the assessment of filling pressures in the functionally univentricular heart is limited, although important due to the preload dependence of the Fontan circulation. In addition, the significant risks of long-term hepatic impairment in patients with a functionally univentricular hearts is emerging as an increasingly important prognostic factor^{89,90}. Therefore, better diagnostic tools to characterize liver morphology, stiffness and their relationship to the cardiac status and pulmonary arterial pressures in the Fontan circulation is needed. Noninvasive quantitative evaluation of right heart filling pressures was very limited before the advent of LS²¹. Therefore, quantitative assessment of CVP by SWE in this population deserves further study.

Nevertheless, the parameters that can influence liver stiffness (notably fibrosis, inflammation or cholestasis) can complicate its interpretation at the patient's bedside. As with any diagnostic tool, it should be used with an understanding of its limitations and confounding factors²¹.

APPLICATION IN ADULT CARDIOLOGY – FOCUS ON CARDIAC FUNCTION AND MYOCARDIAL STIFFNESS ASSESSMENT

Since the end of the nineteenth century, the ventricular pressure-volume relation (PV loop) has become an important tool for understanding cardiovascular physiology including intrinsic ventricular pump properties, depicted by the end-systolic and end-diastolic pressure-volume relationships (ESPVR and EDPVR, respectively)⁹¹. By studying the volume and pressure in a cavity, assessment of hemodynamic pump parameters and of intrinsic ventricular properties became possible⁹². Likewise, strain (ϵ , segment length relative to a specified standardized length) can assess the contractility^{93,94} and MS (μ) will impact diastolic function^{95,96}, especially in late diastole (EDPVR, see figure 12)^{97,98}.

Myocardial Compliance and EDPVR

During the passive diastolic period, myocardial stiffness reflects only the passive elastic properties of the myocardium. The EDPVR is currently the index for characterizing the passive elastic properties of the entire ventricle. Chamber stiffness is the change in ventricular pressure relative to a change in its volume (dP/dV), as reflected by the slope of the EDPVR (β). Therefore, chamber stiffness, which is by definition independent of loading conditions, is a central parameter for understanding the EDPVR and hence diastolic function. It would be useful to clinicians to be able to quantify noninvasively myocardial diastolic properties and ventricular compliance independent of the loading conditions. Current echocardiography parameters to evaluate diastolic function are dependent on loading conditions and often interdependent. Moreover, most of these parameters reflect early relaxation and not end-diastolic or passive stiffness as described by Zile et al⁹⁹. Ultimately, clinicians need to integrate multiple parameters (including mitral inflow by pulsed wave

Doppler, mitral annular velocities by tissue Doppler imaging, pulmonary venous flow by pulsed wave Doppler, velocity of flow progression by M-mode and color Doppler) to differentiate between normal and abnormal pathological groups¹⁰⁰. This particularly the case in many pathological situations, for example cardiomyopathies¹⁰¹ and heart failure with reduced (HFrEF) or preserved (HFpEF) ejection fraction¹⁰². There is therefore a need to develop new diagnostic tools to better characterize and hence manage these patients.

During the last decade, shear wave elastography was proposed to quantify the end-diastolic myocardial stiffness. Early studies were performed and validated on large animal models such as an ovine model of infarcted myocardium¹⁰³. Noninvasive SWI evaluation of diastolic myocardial stiffness was able to differentiate between stiff, noncompliant infarcted wall and softer wall containing stunned myocardium. This was highly correlated with local invasive measurements of the end-diastolic strain-stress relationship performed with sonomicrometers and pressure catheter¹⁰³.

Recently, several proofs of concept studies have demonstrated the possibility of estimating MS by ultrafast imaging in adults^{104,50,77,52}. External acoustic radiation force was used in patients with sarcomeric hypertrophic cardiomyopathy (HCM), showing that MS was significantly higher in HCM-HFpEF patients than in healthy volunteers⁷⁷ (figure 13).

Likewise, positive correlations were found between MS and echocardiographic diastolic parameters and with cardiac magnetic resonance fibrosis markers (late gadolinium enhancement, myocardial T1 pre-contrast). In addition, MS increased significantly with age in healthy volunteers, as did echocardiographic parameters used in clinical practice, as described by Caballero et al¹⁰⁵. Petrescu et al, using natural valve closure, observed significantly higher MS in patients with cardiac amyloidosis compared with healthy volunteers and also increases in MS with aging⁵² (figure 14). Concerning cardiac amyloidosis, Pislaru et al, working on correlation between MS and myocardial stretch,

showed a relation between patient outcome and MS estimated by this approach⁵¹.

Investigation of MS in dilated ischemic cardiomyopathy and heart transplant were also performed, using natural valve closure¹⁰⁶. Therefore, now that proof-of-concept of human application of these techniques has been demonstrated, possible applications seem numerous and varied including the assessment of diastolic function at the bedside. The challenge now is to incorporate MS into clinical management and to validate its use for the diagnosis and management of diastolic dysfunction.

Myocardial Contractility and ESPVR

During cardiac contraction, myocardial stiffness becomes driven by the myocyte contraction and matrix elasticity¹⁰⁷. Therefore, myocardial stiffness must be analyzed in terms of contractile stress properties. ESPVR is a linear parameter (figure 12) and can be characterized by a slope (E_{es} , end-systolic elastance) and a volume axis intercept (V_o), so that:

$$P_{es} = E_{es} \cdot (V_{es} - V_o) \quad \text{Equation [2]}$$

where P_{es} and V_{es} are end-systolic pressure and volume, respectively. Importantly, this relationship was initially shown to be independent of afterload¹⁰⁸. Ultimately, the ESPVR, characterizes properties of the ventricular chamber when the myocardium is at maximal activation at a given contractile state. Noninvasive measures of cardiac function are sometimes used as surrogates for systolic function. These measures include ejection fraction, wall motion, and myocardial strain. Current noninvasive measures of myocardial wall motion and function do not directly reflect myocardial contractility. MS could be a more direct parameter linked to intrinsic myocardial contractility^{109,110,111}. Using PV relations, Sagawa et al¹⁰⁹ and Mirsky et al¹¹² showed the relation between myocardial stiffness and contractility. Using isolated papillary muscles, Taubert et al¹¹⁰ showed that inotropic agents increase MS during systole. It has also been shown that transverse stiffness, measured using small high-

frequency indentations, is an index of contractility in beating canine interventricular septum¹¹³. In summary, MS could be used to better understand the systolic function. To date, however, MS has not been used in clinical practice to measure contractility even though several studies have demonstrated that systolic MS estimated by ultrafast imaging could provide new insights into systolic function^{45,114}. Pernot et al, in Langendorff perfused isolated rat hearts, demonstrated that systolic MS increased immediately after isoproterenol stimulation and followed the development of systolic pressure. They concluded that systolic MS provides a noninvasive index of myocardial contractility⁴⁵. In the same pre-clinical model, Vejdani-Jahromi et al reached the same conclusion¹¹⁴. These experiments were performed using external acoustic radiation stimulation and ultrafast imaging in order to be able to select the timing of assessment. Nevertheless, Petrescu et al, using natural valve closure, have demonstrated that end-systole MS (just after aortic valve closure) was different between healthy volunteers and patients with cardiac amyloidosis⁵². As such, it is the only study, to date, to investigate MS for assessment of systolic function in humans. Ultrafast imaging, now applicable in clinical practice, would therefore offer the possibility of having a quantitative parameter more directly related to myocardial contractility. Nonetheless, more studies are needed to validate the clinical application of MS for assessment of systolic function.

Current clinical limitations of MS assessment by ultrafast ultrasound imaging

The main clinical limitation, common to both approaches (internal or external stimulus), is currently a segmented and not a global myocardial analysis. This is very similar to the history of speckle tracking imaging which was initially developed to allow segment analysis and then gradually improved to allow a global analysis of the heart. The stakes will be the same for the ultrafast imaging. The development of a 2D multiplane analysis or more generally a 3D

ultrafast imaging approach will probably be necessary to analyze heart as a whole. Initial pre-clinical studies are beginning to open this possibility^{115,116}, clinical proof-of-concept is now the next step.

Lastly, and more specifically concerning natural shear waves generated by the mitral valve, the electrical conduction through the myocardium leads to mechanical activation of myocardium too^{14,37}. There are therefore two natural events that can overlap, very close in a temporal point of view. However, the sequence of myocardial activation cannot be correlated to MS, because there is no link between these two parameters. Nevertheless, it is important to be aware of electromechanical waves, which have a propagation speed in the same order of magnitude as shear waves in the myocardium, so that these events can be differentiated.

CONCLUSION

Ultrafast ultrasound imaging is a recent technology in cardiology. Because of its innovative character and the importance of the varied applications it offers, it has the potential to become a central non-invasive tool in this field. However, some questions remain unanswered and collaboration between clinicians, researchers, and manufacturers will play a key role towards achieving this goal. In this review, we aimed to shed light on current and possible future clinical applications of ultrafast ultrasound imaging in cardiology.

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FIGURES

Figure 1: Conventional and ultrafast ultrasound imaging

On the left, conventional imaging with focused emission. On the right, ultrafast imaging with plane wave emission.

Figure 2: Stiffness assessment by external stimulus

The shear wave is initiated by an external stimulus and then visualized by ultrafast imaging. On B-Mode acquisition, we can see the propagation of the shear wave and deduced the shear wave speed (V_c). [courtesy from Villemain et al, ref⁷⁷]

Figure 3: Stiffness assessment by internal stimulus

Here, the shear wave is generated by an internal stimulus (valve closure) and the ultrafast imaging allows to see its propagation. On M-Mode acquisition along the midline of the LV septum, a spatiotemporal representation of the local tissue acceleration is obtained and allows to estimate the shear wave speed (V_c) [courtesy from Petrescu et al, ref⁵²]

Figure 4: Different technological approaches (internal or external stimulus) to assess myocardial stiffness using ultrafast ultrasound imaging

The natural shear waves have a very variable propagation directivity and a wavelength that could make their analysis subject to bias. On the other hand, the shear wave generated by acoustic radiation force requires a more local analysis.

Figure 5 : Pediatric myocardial stiffness assessment by Shear Wave Elastography

(A) Elastography results. (B) Fractional anisotropy results. [courtesy of Villemain et al⁸, with authorization of Elsevier]

HCM = hypertrophic cardiomyopathy; HV = healthy volunteer.

Figure 6: Shunts assessment. Comparison between conventional color flow imaging (CFI) and vector flow imaging by speckle tracking (ST)

VSD shunt (on the left) and ASD shunt (on the right) assessed by vector flow imaging.

LA = left atrium; LV = left ventricle; LVOT = left ventricle outflow tract; RA = right atrium; RV = right ventricle

[courtesy of Fadnes et al⁶⁸, with authorization of Elsevier]

Figure 7: 4D vector flow imaging

3D rendering of the flow path lines in three parts of the cardiac cycle corresponding to diastole, diastasis and systole, respectively.

[courtesy of Wigen et al³³, with authorization of IEEE]

Figure 8: Coronary Ultrafast Doppler Angiography (CUDA). Intramural coronary vasculature in open-chest swine.

Sub-epicardial arterioles are successfully detected using ultrafast Doppler imaging. Upper panels show a long axis view of venous coronaries in mid-systole (left) and arterial coronaries in mid-diastole (right). Lower panels show a mid-level short axis view of venous coronaries in mid-systole (left) and arterial coronaries in mid-diastole (right). [courtesy of Maresca et al¹⁰, with authorization of Elsevier]

Figure 9: Myocardial fiber orientation assessed by Backscatter Tensor Imaging (BTI)

3D representation of fibers orientation in the left ventricle of an open-chest sheep at four different moments of the cardiac cycle
[courtesy of Papadacci et al¹⁶ and Nature Journals; No change has been made.
[http://creativecommons.org/licenses/by/4.0/.](http://creativecommons.org/licenses/by/4.0/)]

Figure 10: Electromechanical wave imaging on patients before and after successful radiofrequency ablation of accessory pathways

Figure published by Melki et al (ref 10). Thanks to EWI, the authors were able to compare noninvasively electrical activation delays, before (A) and after (B) radiofrequency ablation of accessory pathways. [courtesy of Melki et al³⁸, with authorization of Elsevier]

Figure 11: Correlation between liver stiffness and central venous pressure (CVP), pre- and post-volume loading, with an example of evaluation of liver stiffness by shear wave elastography (kPa).

Correlation between liver stiffness and central venous pressure (CVP), pre- and post-volume loading, with an example of evaluation of liver stiffness by shear wave elastography (kPa). [courtesy of Villemain et al¹⁹, with authorization of Elsevier]

Figure 12: Pressure-Volume relations

Left: the 4 phases of the cardiac cycle are readily displayed on the PV loop, which is constructed by plotting instantaneous pressure vs. volume. This loop repeats with each cardiac cycle and shows how the heart transitions from its end-diastolic state to the end-systolic state and back. Right: with a constant contractile state and afterload resistance, a progressive reduction in ventricular filling pressure causes the loops to shift toward lower volumes at both end systole and end diastole. When the resulting end-systolic PV points are connected, a reasonably linear end-systolic PV relationship (ESPVR) is obtained. The linear ESPVR is characterized by a slope (Ees) and a volume axis intercept (Vo). In contrast, the diastolic PV points define a nonlinear end diastolic PV relationship (EDPVR). [courtesy from Burkhoff et al, adapted from ref⁹²]

Figure 13: Myocardial Stiffness in adult hypertrophic cardiomyopathy (HCM) and healthy volunteer (HV)

Comparison of MS between HCM group (in red) and HV group (in green). [courtesy of Villemain et al⁷⁷, with authorization of Elsevier]

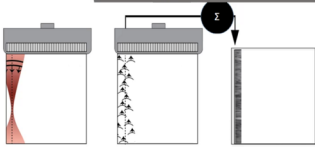
Figure 14: Variation of shear wave velocity at mitral valve closure with the degree of diastolic function and E/E' in adult population (healthy volunteer and cardiac amyloidosis)

A) Shear wave velocities are shown after the mitral valve closure increase with the severity of diastolic dysfunction (grades: 0 to 3) (B) Correlation between shear wave propagation velocity after mitral valve closure and conventional echocardiographic parameter of diastolic function, E/E'. Correlation line have been fitted only to data points corresponding to cardiac amyloidosis patients. (Pink) Healthy volunteers; (green) cardiac amyloidosis. [courtesy from Petrescu et al, ref⁵²]

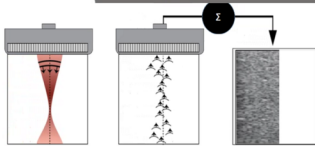
Central Illustration. Ultrafast Imaging in Cardiology

Possible applications of ultrafast ultrasound imaging in cardiology

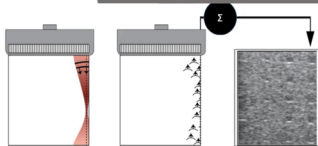
Conventional ultrasound imaging



Conventional ultrasound imaging

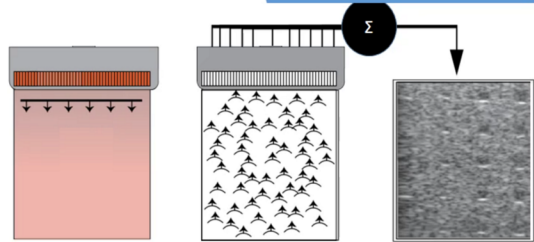


Conventional ultrasound imaging



≈ 25 to 50 frames / second

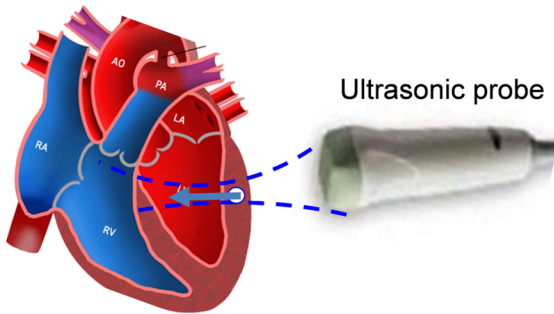
Ultrafast ultrasound imaging



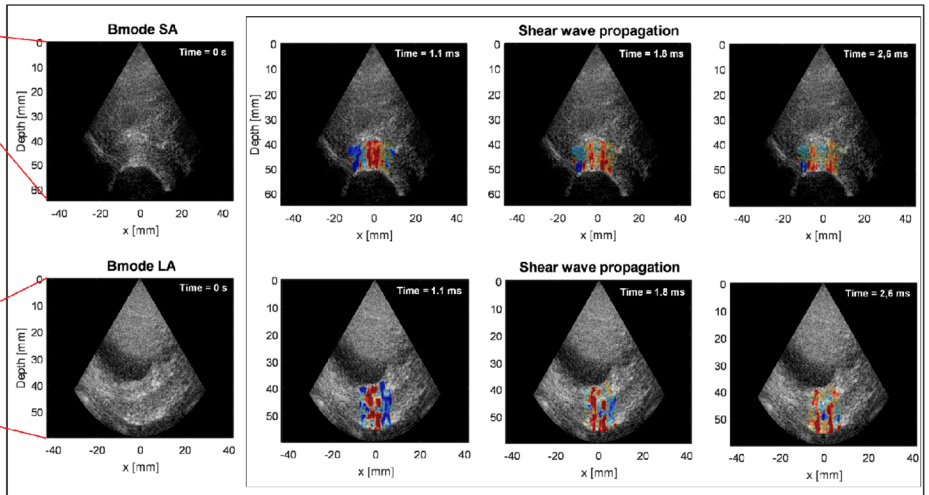
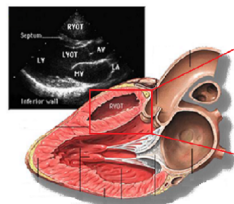
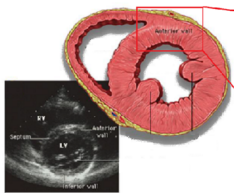
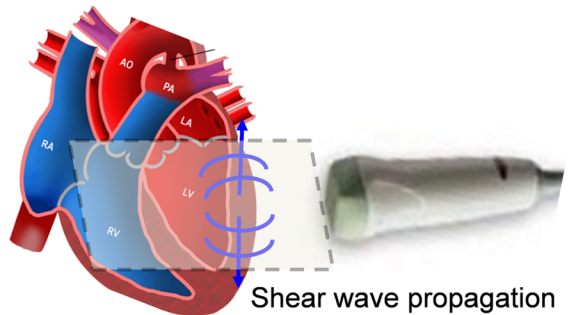
≈ 2500 to 5000 frames / second

External Stimulus and UF imaging

Step 1: External Stimulus by Acoustic Radiation Force

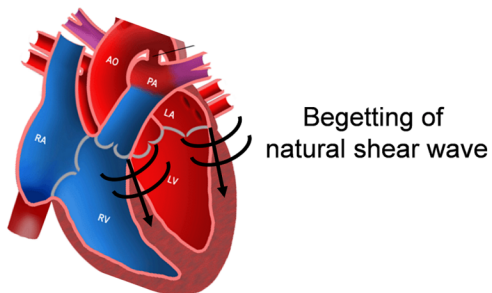


Step 2: UF imaging

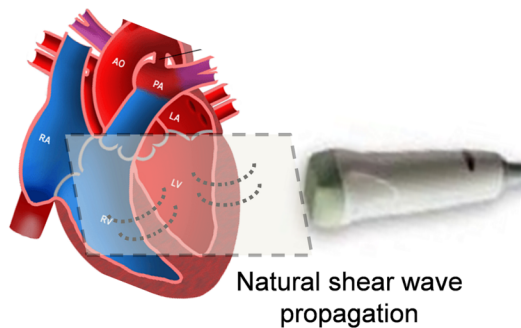


Internal Stimulus and UF imaging

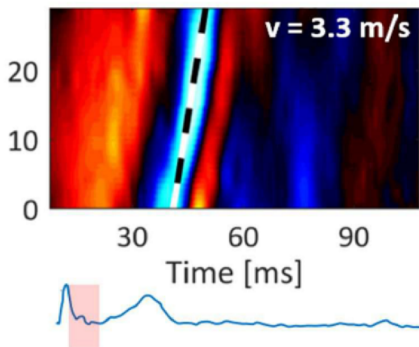
Step 1: Internal Stimulus by
Valve closures



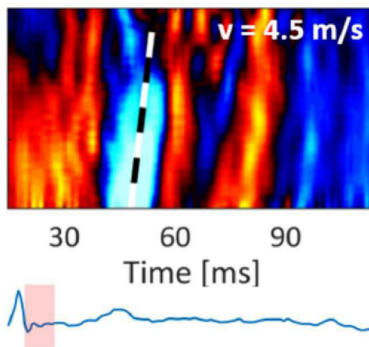
Step 2: UF imaging



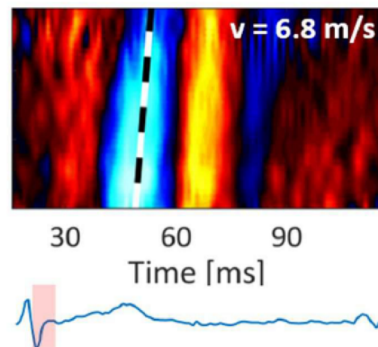
HV (20-39 y)



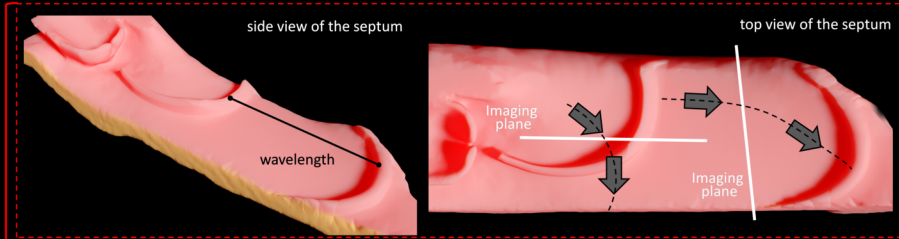
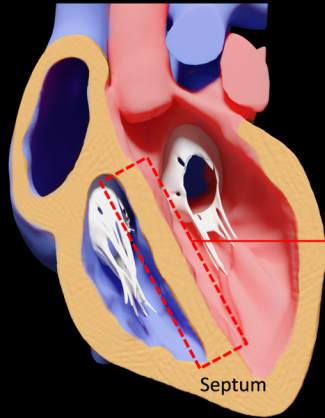
HV (60-80 y)



CA

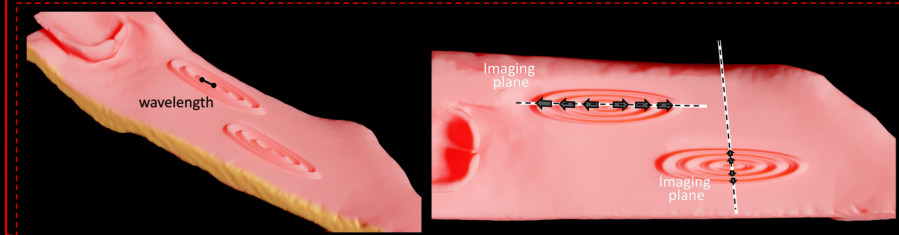


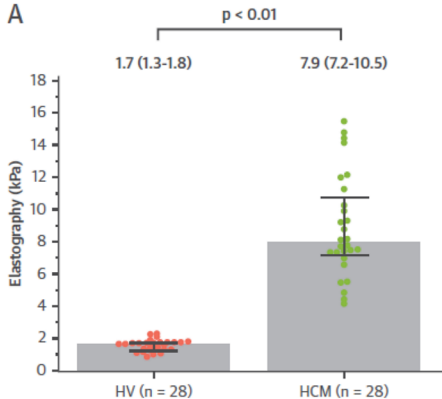
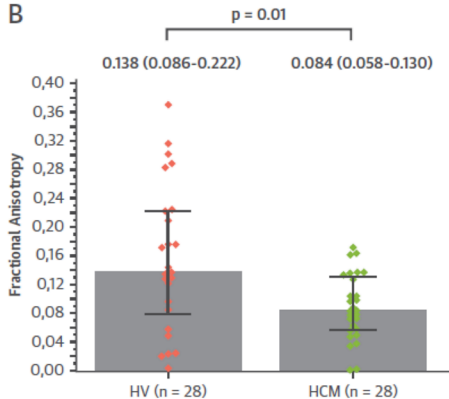
Natural Shear Wave



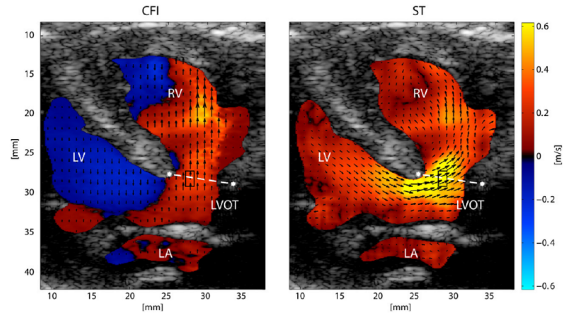
Acoustic Radiation Force

Velocity vector →

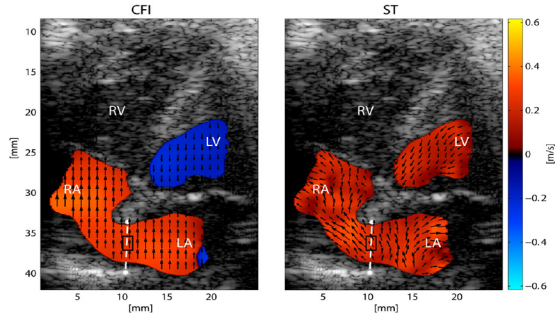


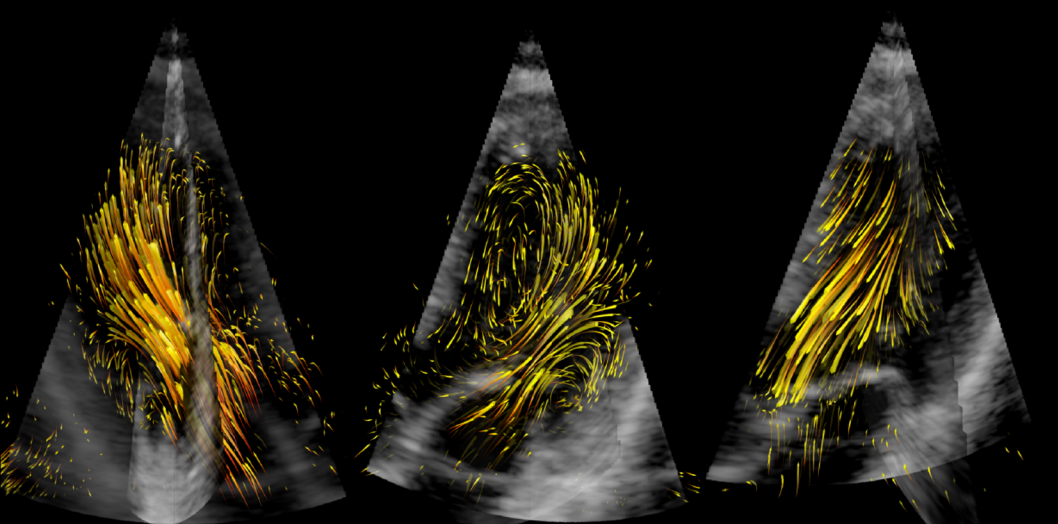
A**B**

VSD

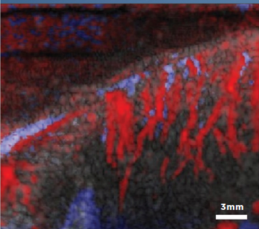


ASD

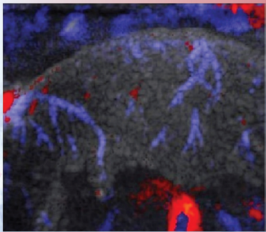
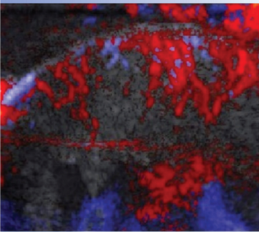
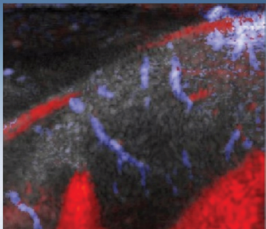




VENOUS CORONARY FLOW

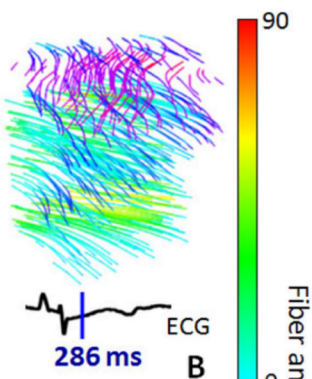
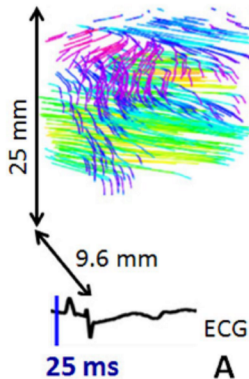


ARTERIAL CORONARY FLOW



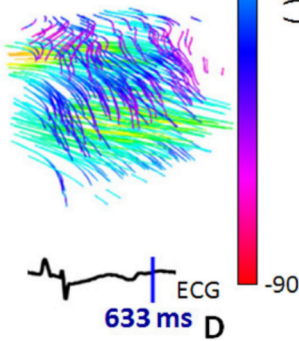
Late diastole

Early systole



Late systole

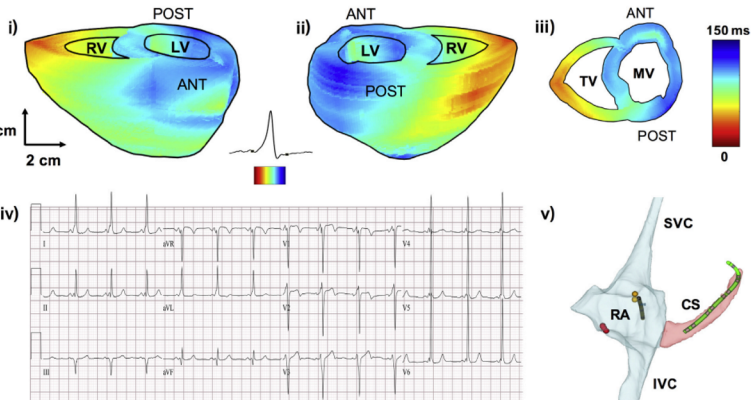
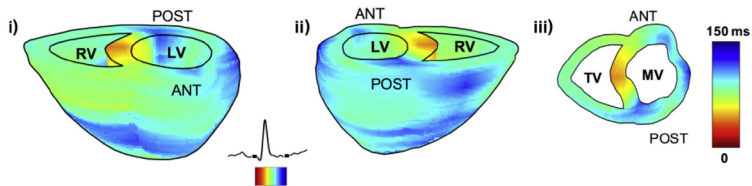
Early diastole

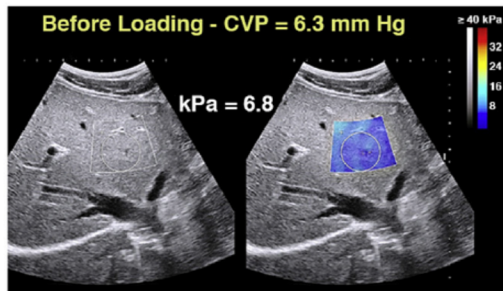


Fiber angles (°)

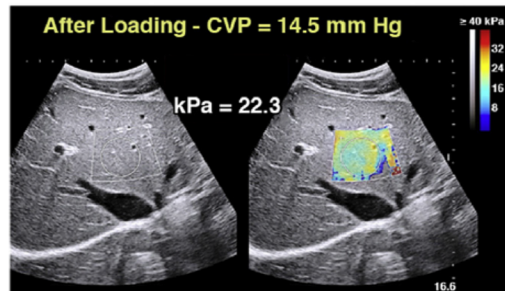
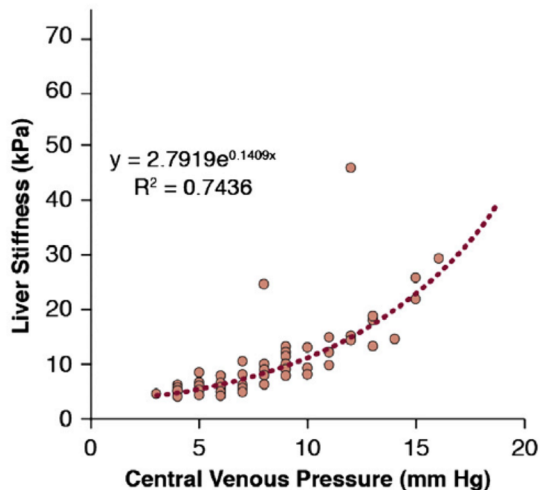
90

-90

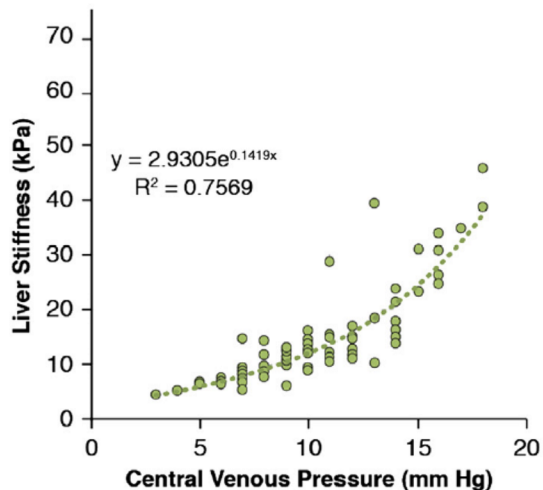
A**B**

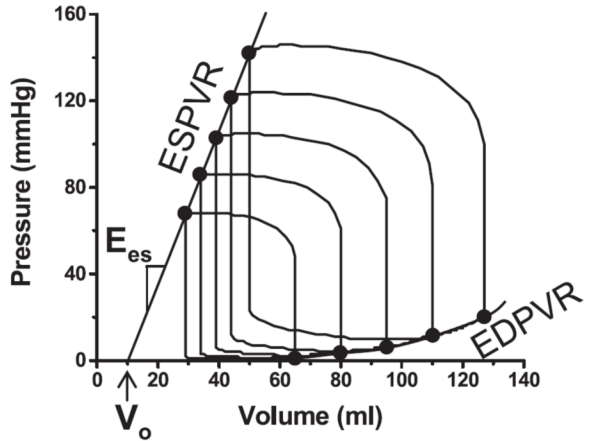
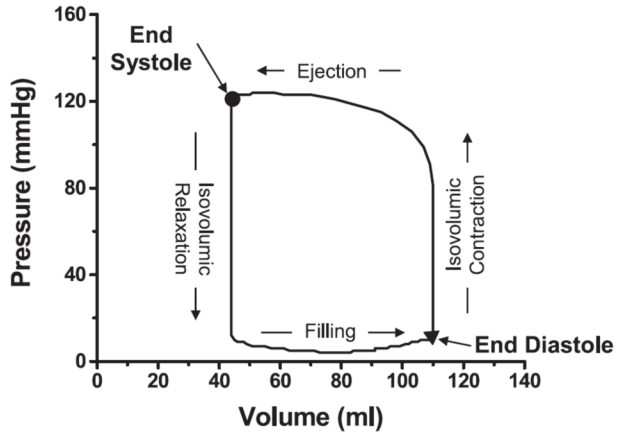


Pre-Volume Loading



Post-Volume Loading





HV Versus HCM

