

Childhood asthma heterogeneity at the era of precision medicine: Modulating the immune response or the microbiota for the management of asthma attack

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Abstract (249 words)

Exacerbations are a main characteristic of asthma. In childhood, the risk is increasing with severity. Exacerbations are a strong phenotypic marker, particularly of severe and therapy-resistant asthma. These early-life events may influence the evolution and be involved in lung function decline.

In children, asthma attacks are facilitated by exposure to allergens and pollutants, but are mainly triggered by microbial agents. Multiple studies have assessed immune responses to viruses, and to a lesser extend bacteria, during asthma exacerbation. Research has identified impairment of innate immune responses in children, related to altered pathogen recognition, interferon release, or anti-viral response. Influence of this host-microbiota dialog on the adaptive immune response may be crucial, leading to the development of biased T helper (Th)2 inflammation. These dynamic interactions may impact the presentations of asthma attacks, and have long-term consequences.

The aim of this review is to synthesize studies exploring immune mechanisms impairment against viruses and bacteria promoting asthma attacks in children. The potential influence of the nature of infectious agents and/or preexisting microbiota on the development of exacerbation is also addressed. We then discuss our understanding of how these diverse host-microbiota interactions in children may account for the heterogeneity of endotypes and clinical presentations. Finally, improving the knowledge of the pathophysiological processes induced by infections has led to offer new opportunities for the development of preventive or curative therapeutics for acute asthma. A better definition of asthma endotypes associated with precision medicine might lead to substantial progress in the management of severe childhood asthma.

Introduction

Childhood asthma is a major public health issue in industrialized countries. Development and progression of the disease is marked by exacerbations, also called asthma attacks, which are one of the most prevalent causes of hospitalization in children with consequently significant costs worldwide [1–3]. They constitute key events in the natural history of childhood asthma and are major markers of its heterogeneity [4]. Mechanisms leading to asthma attacks are not fully understood and may differ between children, according to their age range or phenotype.

Pediatric literature on asthma usually distinguishes preschool recurrent wheeze / also called preschool asthma in children aged 5 years and younger; from school-age children asthma, in those aged 6 to 11 years; and adolescent asthma, in those aged 12-17 years [3,5,6]. During preschool years, these events can be isolated, with few or no interval symptoms, and their persistence despite conventional maintenance treatment, such as inhaled corticosteroids (ICS), is a marker of severity [6,7]. Although viral infections are the main triggers of acute asthma, early and multiple allergic sensitization is a strong risk factor of presenting severe and frequent exacerbations [7,8]. In school-age children and 77 adolescents, acute asthma attacks are usually less frequent, and not only triggered by lung infections, but also by exposure to allergens and pollutants [3,9,10]. Exacerbations rates increase with the severity of the disease, which is defined according to treatment pressure to obtain asthma control [4,5]. Repetition of frequent and severe episodes under high doses of ICS associated with another maintenance treatment (mainly long acting beta2 agonists) is a criteria of severe asthma in these age-groups [11,12], as demonstrated in pediatric asthma cohorts [13,14]. Additionally, it is now recognized that patients prone to exacerbations constitute a distinct susceptibility phenotype, possibly associated with different endotypes, including specific airway inflammation patterns, or inflammatory mechanisms in response to infectious agents [15]. In some individuals, the severity of the disease and propensity to develop acute asthma may also vary throughout the course of childhood [16]. These early-life events can influence the long-term evolution at adult-age, in terms of asthma

persistence, phenotype and alterations of lung function, that may lead to early chronic obstructive pulmonary disease (COPD) [17]. Early interventions could modify the natural history of the disease. However, in children with severe asthma, conventional maintenance therapies may be insufficient to prevent asthma attacks [7,18], and repeated or prolonged oral corticosteroids are associated with many side effects, such as defective growth [19]. New treatment strategies are now needed. Interestingly, some studies have shown the efficacy of biologics in pediatric asthma, mainly on severe exacerbations, and suggested disease-modifying properties of some of them, making it a particularly attractive strategy in children [20].

Viruses are closely linked to wheezing illnesses during early childhood [21]. Respiratory syncytial virus (RSV), and rhinoviruses (RV), both RNA viruses, are among the most common causes of lower respiratory tract infections, i.e. bronchiolitis and/or pneumonia, with a predominance of RSV in the first 12 months of life and then RV in the following years [22]. Birth cohort studies and other epidemiological studies have shown a strong association between early RV-induced wheeze, and to a lesser extent, RSV-induced wheeze, and subsequent development of childhood asthma [23–26]. Moreover, pediatric asthma attacks are mainly triggered by respiratory viruses, particularly RV, both in the preschool and school-age [10,27–31]. The question of whether asthma-associated underlying inflammation promotes the pathogenic effect of viral infection or whether the virus induces exaggerated inflammation is still under debate and has been the subject of many research studies over the past 25 years.

Alongside viruses, there is also a growing interest on the impact of bacteria in the onset of asthma attacks and the perpetuation of inflammation. Neonatal airway colonization 112 with bacteria including Haemophilus influenzae, Moraxella catarrhalis and/or Streptococcus 113 pneumoniae, has been associated with persistence of asthma [32]. Indeed, Kloepfer, et al. have shown frequent viral and bacterial co-infection in asthmatic children aged 2-18 years [33]. It is well known that viral infection can predispose to bacterial secondary infection. A few studies have begun to describe inflammatory phenotypes linked with altered microbiota,

known as dysbiosis, within the airways [34,35]. Interactions between viruses and bacteria, personal risk factors (e.g. genetic background and atopy), and environmental exposures may promote more severe acute asthma episodes that will influence the progression of asthma [21]. However, the precise role of each of these factors and their interplay with the host immune defenses remains to be elucidated.

The aim of this review was to synthesize studies exploring human innate immune mechanisms responses against viruses and bacteria during asthma attacks and to provide hypotheses to decipher how they may contribute to the phenotypes observed in childhood asthma. We will then discuss how therapeutic strategies targeting these pathways may improve the management of acute asthma in children.

1/ Impact of viruses on the onset of asthma attacks: chicken or egg?

Up to now, mechanisms explaining susceptibility to develop acute asthma upon respiratory viruses, in particular RV and to a lesser extend RSV, in asthmatic children prone to exacerbation are not fully understood. As innate immune cells play a central role in the onset of anti-viral defenses, they have been the focus of many studies in pediatric and adult 133 asthma, conducted both ex-vivo and in-vivo, contributing to the identification of new asthma endotypes. The original studies presented in this review have been summarized in **Table 1.**

1.1 Virus recognition during asthma attack is mainly driven by airway epithelial cells

Before addressing the viral infections impact on asthma attacks, we will briefly describe the virus-induced anti-viral responses. Airway epithelial cells (AEC) are the main cellular targets of pathogens, and act as sentinel cells in response to infection **(Fig 1)** [36– 38]. These structural cells are a central part of innate immune response [39]. They first act 142 as a complex physicochemical barrier, *via* the presence of tight intercellular junctions and the muco-ciliary escalator, clearing foreign particles out. If not cleared, Pathogen Associated Molecular Patterns (PAMP) on the surface of infectious agents, will then be recognized through Pattern Recognition Receptors (PRR), in particular Toll-Like Receptors (TLR) and intracellular RNA helicases, which will trigger innate immune responses. Although AEC play an early and central role in orchestrating innate immune defenses, innate immune cells including alveolar macrophages (AM) and dendritic cells (DC), especially plasmacytoid DC (pDC), are also involved in innate immune responses against pathogens [40–44].

Studies aiming to explore PRR recognition by epithelial cells and innate immune cells from asthmatic children are multiple but heterogeneous. In cultures of primary AEC from children with severe therapy resistant asthma (STRA), lower expression levels of extracellular and intracellular PRR than healthy controls were observed at baseline [45]. Expression of PRR was also decreased upon infection with RV on these cultures and in those from adult asthmatics, suggesting a persistent defect in adulthood [45,46]. Hence, in

AM from adults with severe asthma, Rupani, et al. also showed a reduction of TLR7 expression after RV infection compared with healthy subjects, with an effect potentially 158 mediated by microRNAs [47]. Conversely, in ex vivo cultures of cells from broncho-alveolar lavages (BAL) cells and peripheral blood mononuclear cells (PBMC) from adults with mild-to-moderate asthma, no impairment of PRR expression (TLR, RNA-helicases) was observed 161 [48]. This discrepancy was also illustrated by our *in vivo* real-life study conducted in 72 school-age children with allergic asthma hospitalized for severe exacerbation, associated with viral infection in 64% (RV: 51%) [49]. Whereas viral infection did not modulate PRR expression and function on PBMC as compared with non-infected asthmatic patients, a reduced expression of PRR was reported in a sub-group of children prone to reinfection outside an exacerbation (steady state 8 weeks later), and displaying neutrophilic airway inflammation away from exacerbation [10,49]. Although present both at exacerbation and steady state, this impairment of PRR expression as well as the inflammatory profile was not associated with the clinical evolution and risk of exacerbations in the year following exacerbation [50].

Altogether, these data suggest that impairment of PRR recognition in asthmatic children could be limited to a subpopulation of patients, potentially severe, and may persist into adulthood. Rather than an altered baseline expression or synthesis of PRR, a down-regulation of the expression and activation of the co-receptors, and/or enzymes involved in 175 signaling may be determinant. Longitudinal in vivo studies could provide more insights into 176 these mechanisms and allow studying their dynamics during the course of the disease.

1.2 Modulation of anti-viral responses

Activation of PRR on AEC and innate immune cells will onset various signaling pathways, such as interferon regulatory factors (IRF) 3 and 7, and nuclear factor-kappa B pathway (NF-kB). This will lead to the production of anti-viral molecules such as interferons (IFN) and anti-microbial peptides, including interferon-stimulated genes (ISG) as well as cathelicidins and defensins [51]. Anti-microbial peptides have immunomodulatory activities and can alter host cellular responses. LL-37, also called human cationic antimicrobial peptide is the only human peptide of the cathelicidin family and one of the most-studied [52,53]. In in vitro models, LL-37 has the ability to reduce virus replication, notably for RSV 187 [53,54]. In a population of 77 asthmatic children, Arikoglu, et al. have shown that children prone to develop acute asthma attacks displayed higher blood levels of cathelicidins and lower levels of vitamin D at baseline than children with controlled asthma, suggesting a role for anti-microbial peptides in acute asthma [55]. However, the evolution of these baseline levels during acute asthma attacks and their impact on the anti-viral and inflammatory response remain unknown.

The majority of studies conducted in asthmatic subjects have had the aim to explore anti-viral IFN response upon viral infection. They have observed a defect of production of 195 type I IFN. In response to RV, most ex-vivo studies have demonstrated an impairment of IFN-α and IFN-β production in AEC from pediatric asthmatic patients compared to levels observed in cells from healthy controls [45,56–58]. This impairment was also demonstrated 198 in adult cells [59–61]. Interestingly, similar results have been observed in ex-vivo cultures of 199 PBMC. As early as 2002, Bufe, et al. have shown in an ex-vivo model a defective production of IFN-α in PBMC from pediatric asthmatic patients compared to healthy controls, upon Newcastle disease virus (NDV) infection, an avian respiratory virus belonging to the Paramyxoviridae family and well-known potent inductor of IFN-α [62]. They later extended these observations in whole blood cells cultures from adult asthmatics, upon infection with either NDV of RSV [63]. In the later years, similar results have been shown in pediatric studies [64,65] but also in adult studies [45,48,66]. So far, only a few studies have been 206 conducted upon *in vivo* inoculation and natural infection. In a cohort of preschool children, IFN-α systemic levels were reduced at the time of RV-induced exacerbation in asthmatics, as compared with healthy controls during an asymptomatic RV infection [30]. In our recently published cohort of preschool asthmatic children with natural virus-induced exacerbation (RV: 73%), the most severe children, who were prone-to-exacerbation, displayed lower plasma concentrations of IFN-β at exacerbation than the others, suggesting a defect of production in response to viruses limited to this sub-population [8]. In another study conducted in older children, we did not observe altered IFN responses in sputum, plasma and cultures of stimulated-PBMC of patients presenting a virus-induced exacerbation, compared with those with a non-virus-induced exacerbation [49]. In adult asthmatics, a significant type I IFN defect was demonstrated in bronchial epithelium and sub-epithelium 217 obtained from bronchial biopsies compared with healthy controls, after experimental infection 218 with RV-A16 [67]. In contrast, Schwantes, et al. described elevated rather than low RNA levels of type I IFN in sputum from adult asthmatic patients, compared to those observed in healthy subjects, early in the course of a virus-induced exacerbation.[68].

Following their discovery in 2003, there has been increasing knowledge regarding the 223 implication of type III IFN implication in anti-viral responses [69]. *Ex-vivo* studies conducted 224 in AEC from asthmatic subjects have suggested a parallel impairment of IFN- λ 1 and IFN-λ2/3 production upon RV infection in pediatric patients [45,56,57], and this impairment 226 seemed to persist in adult patients [46,59]. *In vivo*, this defective response was not observed at the time of asthma exacerbation in sputum and/or PBMC from atopic asthmatic children [30,49,70], nor in adults [68,71], suggesting that there are compensatory mechanisms or 229 other sources of IFN, supplementing the defect observed in resident cells.

A few studies have explored the potential pathways leading to a defect of IFN production in asthmatic patients. Downregulation of IRF3 or IRF7, following virus infection in 232 asthmatic cells, has been suggested [57,59]. Gielen, et al. have also demonstrated a role of the molecule suppressor of cytokine signaling 1 (SOCS1), exercising a negative-feedback on IFN production following viral infection in children with STRA [57].

Collectively, these studies suggest a potential impairment of anti-viral IFN response, in particular type I IFN, during asthma attack. Rather than explained by immaturity in the first years of life, this defective response could also be limited to a sub-phenotype of patients who are prone-to-exacerbation, from early childhood to adulthood. The effect of age, the

kinetics of the IFN response following viral infection and the impact of viral load in the airways remain to be addressed.

1.3 Cytokines and epithelial-derived alarmins (IL-25, IL-33 and TSLP) response against

viral infection

Airway epithelial cells display immunoregulatory properties by producing pro-inflammatory cytokines, including alarmins interleukin (IL)-25, IL-33 and thymic stromal lymphopeietin (TSLP), released upon viral infection, and implicated in the recruitment of macrophages, DC, T cells and granulocytes, such as eosinophils and neutrophils. This will promote the adaptive immune response through DC maturation and migration to draining lymph nodes associated with the airways. Dendritic cells will thus induce naïve T cell differentiation into antigen-specific T cells. This will drive the adaptive immune response within the airways to clear the virus out. The alarmins also contribute to a biased T helper (Th)2 immune response by activating type 2 innate lymphoid cells (ILC2) and polarizing DC in order to promote T cells differentiation (**Fig 1**). This specific cytokine environment in asthmatic patients favor naïve T cells polarization into Th2 cells, producing IL-4, IL-5, IL-13, as opposed to Th1 cells, producing IFN-γ and TNF-β [37,72]. These cytokines are responsible for the type 2 inflammation and induce the pathophysiological features of asthma, including eosinophil mobilization, mucus hypersecretion, smooth muscle hyperplasia and airflow obstruction [3,73]. . Under the influence of IL-5, eosinophils will enter the airways and perpetuate type 2 inflammation [49,74]. They will also contribute to resolution of immune responses, including tissue repair [75]. Other cytokines, such as type 17 cytokines: IL-17, IL-21, IL-22, can also promote mucus hypersecretion and production of 262 cytokines and chemokines by AEC. They will favor the recruitment of neutrophils, through the induction of C-X-C chemokines, conducting to a state of chronic inflammation [67]. In the longer term, IL-17 may contribute to the development of airway remodeling during asthma by enhancing the production of profibrotic cytokines, proangiogenic factors, proteases and collagen [76,77].

In children, the influence of respiratory viruses and innate immune mechanisms on the adaptive immune response development may be crucial. First, some respiratory viruses may induce the release of alarmins, and thus favor the development of Th2 inflammation. A recently published study showed that children with RV-positive-bronchiolitis displayed increased IL-4/IFN-γ ratio in nasopharyngeal aspirates [78]. Upon RSV infection, Lee, et al. observed a higher production of TSLP by AEC from asthmatic children compared to healthy controls [79]. Hence, some respiratory viruses may induce Th2 inflammation in the airways of children and this may be increased in an asthmatic environment. In a cohort of preschool 275 asthmatic children, ILC markers, such as soluble ST2, were induced in vivo following RV infection in preschool asthmatic children, and were correlated with nasal levels of IL-33 [80]. In our study of school-age children, at exacerbation, airway inflammation in infected patients was characterized by significantly higher IL-5 concentration and eosinophil count than in 279 non-infected patients [49]. This may not be specific to childhood, as Jackson, et al. have also demonstrated an induction of IL-4, IL-5 and IL-13 in BAL following RV inoculation in 281 asthmatic subjects, associated with exacerbation severity [81]. Additional in vitro experiments showed that IL-33 directly induced Th2 cytokine production by T cells and ILC2. However, this RV-inducedTh2 inflammation could be limited to an asthmatic environment in 284 adults, as suggested by an *in vitro* study reproducing the induction of IL-4 and IL-13 by asthmatic PBMC after co-exposition with RV and IL-33, but showing no effect on PBMC from healthy donors [82]. In addition, exposure to respiratory viruses has also been associated with an increase in Th17 cytokines, as demonstrated in co-cultures of RSV-infected AEC with T cells [83].

289 Interferon production is also closely linked to Th2 and inflammatory cytokines. In asthmatic preschool children prone to exacerbation, we observed simultaneously lower production of Th1 cytokines (IFN-γ), Th2 cytokines (IL-5), pro-inflammatory cytokines (TNF-α), regulatory cytokines (IL-10), and type 1 IFN (IFN-β) during virus-induced exacerbation in a subgroup of preschool children with characteristics of severe asthma and a history of

frequent exacerbations [8]. This association seems to persist in adults, as suggested by 295 Parsons, et al. reporting a parallel decrease of type III IFNs and of IL-6, (C-X-C motif) ligand (CXCL)8 and CXCL10 in adult asthmatic AEC inoculated with RV [46]. In a murine model of allergic asthma, IRF3 controlled the parallel evolution of IFN and Th2 cytokines during acute episodes induced by allergen exposure [84]. Some adult studies have suggested bi-directional influences during viral infection. Upon RV infection, pre-treatment with Th2 cytokines in cultures of AEC may impair TLR3 and IRF3 signaling pathway [59], or type 1 and 3 IFN expression [57]. Lower production of type I IFN, displayed by some children, could also reduce the apoptosis of neighbored-infected cells and increase viral loads, consequently amplifying airway inflammation, inflammatory cytokine production and thus, asthma attack severity [58,60].

Altogether, these studies confirm close interactions between innate and adaptive immune mechanisms against viruses in an asthmatic environment. Modulating airway inflammation, particularly Th2 inflammation, could therefore directly improve anti-viral responses during asthma attacks in some children.

1.4 Viral behavior during asthma attack

Although the impairment of anti-viral responses plays a key role in asthma attack, characteristics of the microorganisms are also important. First, pathogenicity of RV strongly differs according to subtypes, probably because of the implication of different cellular targets. Indeed, infection with RV-C strains, which use cadherin-related family member 3 (CDHR3) as a receptor, may be associated with higher clinical severity [10,31,85], whereas B serotypes seem to be responsible for milder symptoms. Interestingly, single nucleotide 317 polymorphism in the CDHR3 gene, which influences the efficiency of RV-C to infect its target cells, has been associated with childhood asthma susceptibility [86]. Moreover, different viral strains could have different replication rates and thus induce higher viral loads [87]. Rhinovirus C strains could also modulate the airways inflammation, and induce higher levels of Th2 and/or Th17 cytokines, as shown in preschool children with RV-C-induced wheeze [88]. Second, systemic viremia has been observed in children infected with respiratory viruses, such as RV-C, and young age was found to be a risk factor associated with viremia [89]. This state could induce an enhanced inflammation in children by interaction of viruses with systemic immune cells. Finally, viral-coinfection has been frequently observed at exacerbation in asthmatic children, particularly in the preschool years [30,31]. The combined effects of several viruses within the airways may modulate both the innate and adaptive responses.

These data demonstrate that, in susceptible children, the nature of respiratory viruses, their spreading, as well as their interactions with the host cells may directly impact the inflammation and the severity of asthma exacerbations.

1.5 Emerging role of the airways virome

334 The role of viral carriage and/or asymptomatic infection at steady state, *i.e.* outside an exacerbation, in asthmatic patients has also been hypothesized. Hence, pediatric studies have shown a frequent virus shedding in children, with RV positive samples observed in 19- 29% of unselected asthmatic children and in 15-23% of healthy children [10,28,90,91]. In the previously-cited cohort of preschool children prone to exacerbation, we observed even higher rates, with 67% of positive PCR (51% for RV) at steady state [8]. In 78 school-age children, we also observed that 10% of children had positive RV sampling at exacerbation and steady state, and that RV serotypes were systematically different at both time points, pointing toward reinfection rather than persistence [10]. Consistent with these observations, 343 Bergauer, et al. also found 54% of RV at steady state in preschool children with asthma, vs 45% in healthy controls [30]. Interestingly, RV carriage in both asthmatics and healthy controls was found to be associated with higher levels of type III IFN at baseline than in subjects without. This increase in baseline inflammation seems to persist in adulthood. 347 Hence, in sputum cells from 57 asthmatic adults, da Silva, et al. have shown higher baseline levels of IFN and anti-viral molecules compared with healthy subjects [92]. In all, one could hypothesize that RV persistence in asthmatic patients could induce a pro-inflammatory state and/or a desensitization of PRR, which could reduce the response against pathogens within the airways upon new infection.

Alongside RV, other respiratory viruses, could also take part in these processes. Metagenomic analyses have made it possible to identify hundreds of viral species within the 354 airways, constituting the respiratory tract virome [93]. In non-asthmatic children, Wang, et al. have shown multiple common epidemic respiratory viruses in children with severe acute respiratory infection, whereas, the virome was less diverse and mainly dominated by the Anelloviridae family in healthy children [94]. Anelloviruses are major components of the virome and display immunomodulatory properties on both innate and adaptive immunity [95]. Although their presence has been associated with an impaired lung function in asthmatic children [96], to our knowledge, no study has evaluated their association with asthma attacks. Thus, the contribution of these viruses and their interactions with both pathogenic infectious agents, as well as commensal bacteria from the pulmonary microbiota on chronic inflammation and the onset of acute asthma remain to be determined.

2/ The emerging role of pathogenic bacteria and microbiota in asthma

Increasing evidence indicates that the respiratory microbiota, including bacterial and viral microorganisms has an important role in respiratory health and disease [97,98]. In addition, recent data underline the role of bacterial infections in the development and progression of asthma, as summarized in **table 2**.

During the first weeks of life, the respiratory tract begins to develop a niche-specific 371 community pattern, where Staphylococcus aureus and Corynebacterium replace the originally colonizing bacteria and become the dominant microorganisms [98]. The most dramatic changes occur during the first 2 months. In the following six months, the respiratory 374 microbiota continues to mature; relative abundance of S. aureus declines, and an increase in Moraxella, Streptococcus, Haemophilus, Dolosigranulum, Alloiococcus, and Prevotella sp. is observed. This period is crucial and alterations of the microbiota have been implicated in the development and the manifestations of chronic lung diseases. .

2.1 Bacteria and asthma development

Using bacterial culture techniques, it has been demonstrated that neonates born to 381 asthmatic mothers with upper airway colonization with S. pneumoniae, M. catarrhalis, and/or 382 H. influenzae were at higher risk of presenting asthma at the age of 5 years [32]. This was associated with an aberrant immune response, with increased IL-5 and IL-13 synthesis in PBMC obtained at the age of 6 months [99]. Interestingly, evaluation of the gut microbiota in infants included in the Canadian (CHILD) study showed that infants at risk of asthma exhibited transient alterations of the microbiota, known as dysbiosis, in neonates [100]. More 387 specifically, the relative abundance of the commensal bacterial genera Lachnospira, 388 Veillonella, Faecalibacterium, and Rothia was significantly decreased in children at risk of asthma. Furthermore, antibiotic-induced gut dysbiosis has been shown to facilitate the development of allergic asthma in experimental murine models and clinical studies [101]. In a population-based cohort, it has been reported that pre- and post-natal antibiotic exposure was associated with a higher asthma risk [102]. No significant difference in bacterial diversity was observed between samples from those with wheeze and healthy controls. Age and attendance at day care or kindergarten were important factors in driving bacterial diversity whereas wheeze and viral infection were not found to be significantly associated to the bacterial communities. In the Avon Longitudinal Study of Parents and Children (ALSPAC) cohort, children for whom antibiotics course was reported before the age of 2 years were more likely to have asthma at age 7, although microbiota was not characterized [103]. Similarly, in British Columbia (Canada), "controlled" antibiotic use during infancy was associated with a reduction in the incidence of pediatric asthma, and was related with the preservation of gut microbial communities [104]. Altogether, these data confirm the need to preserve the microbiota in early infancy in order to limit the development of asthma.

2.2 Relationship between bacteria and asthma attack

Bacterial infections potentially contribute to the severity of symptomatic respiratory viral infections and asthma attacks in children. Indeed, there are bidirectional interactions between viruses and airway bacteria that appear to modulate the severity of illness and the likelihood of asthma attack [20]. Pediatric studies have shown that upper respiratory tract 409 colonization with Streptococcus, Haemophilus, and/or Staphylococcus genus during RSV and RV infection increases the risk of hospitalization independently of age and of the presence of asthma [105,106]. In our previously-cited cohort of preschool children, asthma attacks were frequently associated with viral infection (94%, mostly RV). Pathogenic bacteria 413 were isolated in induced sputum in 56%, mainly H. influenza, M. catharralis or S. pneumoniae [21]. In adult asthmatics, asymptomatic RV infection was associated with 415 increased abundance of *Dolosigranulum* and *Corvnebacterium*, whereas symptomatic RV 416 infection seemed to be related with a higher frequency of Moraxella [107]. In another adult study, co-infection with virus and bacteria induced higher levels of cytokine/chemokine than bacterial infection [108]. Interestingly, circulating CCL2 and CCL5 concentrations were increased in infected asthmatic patients compared with non-asthmatic patients. 420 Streptococcus species may also influence the course of asthma exacerbation, as shown by

421 Kama, et al. in preschool children [109]. Indeed, patients with S. pneumoniae colonization in the pharyngeal microbiota had significantly shorter wheezing episodes and reduced lung 423 inflammation (including lower levels of $TNF-\alpha$).

In summary, these data suggest an ability for bacteria to promote asthma attacks and modulate the inflammation during childhood. Targeting bacterial infections during asthma attacks could thus be an alternative strategy in some children.

2.3 Dysbiosis and impact on asthma natural history

Early-life dysbiosis of the microbiota, in particular lung microbiota, may have long-term consequences on asthma natural history. During viral infection in children less than two 431 years old, detection of *Moraxella* was found to be associated with current wheeze at 5 years 432 old and presence of *Streptococcus, Moraxella, or Haemophilus* was associated with a high 433 risk of asthma development [110]. Mansbach, et al. showed in a joint modeling analysis adjusting for 16 covariates, including viral trigger, that a higher relative abundance of 435 Moraxella or Streptococcus species 3 weeks after day 1 of hospitalization for severe bronchiolitis was associated with an increased risk of recurrent wheezing [111]. In contrast, no significant difference in microbiota composition was observed between oro-pharyngeal microbiota from children with acute wheezing (0-14 years old) and healthy controls [112]. In this study, the large range of patient ages and day care attendance were important confounding factors, since the microbiota evolves throughout childhood.

441 In school-age asthmatic children, Zhou, et al. assessed by longitudinal measurements the relationship between nasal airway microbiota and either loss of asthma control, or risk of severe exacerbations [113]. Whereas the commensal 444 Corynebacterium / Dolosigranulum cluster characterized the patients with the lowest risk of 445 disease progression, a switch towards the Moraxella cluster was associated with the highest risk of severe asthma exacerbations. Similarly, in another cohort of school-age asthmatic 447 children, nasal microbiota dominated by Moraxella species was associated with increased 448 exacerbation risk, and eosinophil activation at exacerbation [35]. Staphylococcus or

449 Corynebacterium species–dominated microbiota were linked with reduced respiratory illness 450 and exacerbation event rates, whereas Streptococcus species-dominated microbiota increased the risk of RV infection. Interestingly, using unbiased airway microbiome-driven 452 clustering, Abdel-Aziz, et al. recently described in adult asthmatics two distinct robust severe asthma phenotypes that were associated with airway neutrophilia, and not related to the 454 presence of Moraxella species [114]. Robinson, et al. assessed the lower airway microbiota by performing BAL at steady state in severe preschool wheezers [34]. They reported two 456 profiles: a Moraxella species "dysbiotic" cluster, associated with airway neutrophilia and a "mixed microbiota" cluster associated with macrophage- and lymphocyte-predominant airway inflammation, thus suggesting that bacteria might influence the characteristics of lung inflammation.

Altogether, these data show that airway dysbiosis in early life might contribute to recurrent wheeze and asthma, and to the severity of the disease. Among bacterial species, 462 the early presence of M. Catharralis and H. influenzae during childhood seems to be a marker of evolution toward a severe disease, through the modulation of the inflammatory reaction. In contract, colonization with S. pneumoniae might have some anti-inflammatory effects. However, the role of bacteria is often exacerbated or modulated by intrinsic (atopy, inflammation characteristics) or extrinsic factors, such as viral infections and antibiotics.

3/ Consequences on asthma phenotypes and endotypes

470 It is now clear that phenotyping and even more so, endotyping asthmatic patients is an essential step to understand the diversity of immune responses at the time of an asthma attack. We will review the commonly described endotypes of childhood asthma, successively based on airway leukocyte infiltrate, profiles of allergic sensitization and nature of asthma trajectories.

Among airway inflammatory phenotypes, neutrophilic asthma appears to be a distinct endotype, associated with asthma severity in adults, and possibly involved in corticosteroid insensitivity [76]. In children, several studies have shown that association of airway neutrophilia with severity is inconstant [115–118], and may not persist throughout the course of the disease [116,119]. However, neutrophils present in the airways of severe asthmatic children may have enhanced survival and proinflammatory functions that could increase baseline inflammation [120]. As previously stated, airway neutrophilia has also been associated with a different IFN response, at baseline and at the time of asthma attack, both in adults [66,92] and pediatric studies [49]. This could have an impact on lung infections. Thus, we have shown that a subgroup of school-aged children with positive viral PCR both at baseline and exacerbation displayed airway neutrophilia [49]. In severe adult asthmatics, airway neutrophilia has also been associated with lesser microbiota diversity in BAL [114,121]. Finally, experimental RV infection in adult asthmatic subjects directly induces bronchial mucosal neutrophilia [122]. Therefore, the neutrophilic endotype may be characterized by an alteration of airway microbiota and association with viral infections.

Airway eosinophilia is highly frequent in asthmatic children, observed in severe and non-severe asthma, often but not always associated with response to ICS, thus highlighting the diversity of eosinophilic profiles in pediatric asthma [116,118,123]. Mouse models and adult studies have suggested a role of IL-5 induced airway eosinophilia as a positive regulator of RV receptor intercellular adhesion molecule (ICAM)-1 on AEC, and a negative regulator of PRR and antiviral responses [124,125]. However, in children, it remains unclear whether airway eosinophils are involved in the pathophysiology of severe asthma, and in the propensity to develop acute asthma attacks [126]. In addition, peripheral blood eosinophilia, currently used as the basis for selection of eosinophil-targeted biologics, may not be representative of airway eosinophilia in children [127]. Most importantly, it has been reported that eosinophilia is not necessarily associated with higher levels of Th2 cytokines [118], and other cells such as alarmin-stimulated ILC2 may have a greater biological importance in the pathophysiology of asthma attacks [128]. Eosinophils can also have beneficial effects in childhood asthma, as they display regulatory functions and contribute to lung repair and mucosal homeostasis [75]. Peripheral blood eosinophilia has recently been identified has a biomarker predicting the decrease of severity throughout the adolescent years [16]. Finally, it remains to be determined whether eosinophil-targeted biologics, such as anti-IL-5 mepolizumab, are efficient in reducing asthma attacks in children [129]. Overall, as opposed to adults, airway eosinophilia does not appear as the preferential biomarker to classify pediatric patients nor to assess their risk of acute asthma attacks.

Rather than through the recruitment of eosinophils, type 2 inflammation may play a key role in some children's susceptibility to develop acute asthma attacks through IgE sensitization. Hence, atopy, defined as allergic sensitization, is a key feature associated with risk of asthma attacks in childhood [7,8,14]. As shown by latent-class analyses, atopy is also one of the main factors that may account for the heterogeneity of the disease, especially in the preschool years [130,131] and could drive response to treatment [3]. Pre-existing atopy may play a role in the modulation of IFN response upon viral infection in children, although 517 studies have shown conflicting results [59,61,65]. Durrani, et al. have suggested a direct implication of the high-affinity IgE receptor (FcεRI) in this defect, as its cross-linking on pDC from asthmatic allergic patients is associated with reduced IFN secretion upon RV infection [65]. Following virus-induced exacerbation in atopic children, upregulation of FcεRI receptor on monocytes and DC was observed, associated with a concomitant upregulation of pro-inflammatory cytokines, including IL-4 and IL-13 [132], suggesting that respiratory viral infection in atopic children may initiate an atopy-dependent cascade that amplifies virus-induced airway inflammation. This could initiate long-term remodeling and inflammation.

Hence, IgE sensitization, especially if occurring early in life and multiple, has been identified as the main factor associated with long-term asthma risk (recurrence of exacerbations, persistence of asthma, impaired lung function) in neonatal cohorts, including MAAS (Great Britain), MAS (Germany), PARIS (France) and PASTURE (Europe) [133–136].

Describing asthma trajectories in neonatal longitudinal cohorts may precisely allow identifying novel endotypes. For instance, in a birth cohort of children at high risk of atopy, cord blood cells were tested for their ability to produce IFN after exposure to polyinosinic-polycytidylic acid (Poly I:C), a double stranded RNA that mimics viral PAMP [137]. A group of low producers of type I and III IFN response upon stimulation representing 24% of the patients was identified. They displayed higher risk of lower respiratory tract infection and persistent wheeze at the age of 5, suggesting that these clinical outcomes are partly determined by constitutional mechanisms.

Altogether, beyond airway leukocyte and type 2 inflammation, childhood asthma endotypes seem to be associated with the characteristics of airway microbiota and of the associated immune response. Because these might involve dynamic processes, the study of asthma trajectories throughout childhood is crucial. A better characterization of asthma endotypes will be an essential step in order to achieve a personalized medicine.

4/ In the future: machine learning and systemic biological approaches

Digital tools provide an innovative way to study the integrated immune response in 545 asthmatic patients. For instance, Custovic, et al. used machine learning in an in vitro model of RV-A16 infection on PBMC extracted from 11 years old children and described 6 clusters of cytokine response to infection [138]. One cluster, with patients from whom PBMC displayed low IFN responses, high pro-inflammatory cytokines, low Th2 responses and moderate regulatory responses, was associated with early-onset asthma and the highest risk of asthma exacerbations and hospitalizations for lower respiratory tract infection.

Omic technologies, known as genomic, epigenomic, transcriptomic, proteomic, single-cell omics, metabolomics, microbiomics, exposomics, are others fast-developing

tools, generating a massive amount of data reflecting the biological state of cell populations at a given time, that will certainly make possible in the future to identify new endotypes and their biomarkers [139,140]. For instance, with the development of the Human Genome Project, genome-wide association studies have allowed to link childhood asthma with association signals in or near genes involved in innate immune response pathways, such as 558 the TLR1 locus, and the IL-33 locus [141,142]. Transcriptomics analyses, which aim at investigating all RNA transcripts in a biological sample, will certainly enable the identification of a large quantity of genes modulated in certain conditions. A recent study has described 94 distinct gene-expression modules between virus-induced and non-virus-induced exacerbation in nasal and sputum cells from a large cohort of school-age children [143]. In asthma attacks, this tool may also provide information on the activated pathways linked with inflammatory and anti-microbial response [144,145]. RNA sequencing in nasal lavage cells from asthmatic children at exacerbation led to identify some genes overexpressed as relevant "nodes" linking genes of the inflammatory response, such as IRF7 [144]. Transcriptomic analyses have also been used to identify genes associated with different phenotypes of asthmatic patients [146]. Finally, metabolomics, the study of the metabolites produced in living systems (both humans and microbiota) represents another promising strategy in the upcoming years to address the role of immuno-metabolism as well as lung and gut microbiota in asthma pathophysiology [147,148].

To sum up, systemic approaches integrating all biologic pathways are now increasingly used to study the mechanisms leading to susceptibility to acute asthma attacks in children. They may facilitate the identification of novel multimodal biomarkers linked with specific endotypes and therapeutic targets.

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5/ Therapeutic strategies modulating innate immune defenses during asthma attacks

Conventional maintenance treatment, such as ICS, may be insufficient to prevent attacks in children, especially in severe asthma. Severe therapy-resistant asthma is precisely characterized by repeated severe exacerbations despite high dose daily treatment. As the knowledge about infection-underlying pathophysiological processes grows, new therapeutic approaches that may contribute to either improve innate immune responses or limit the occurrence and consequences of infections during asthma attacks have been recently explored (**Figure 2**).

5.1 Immunostimulatory therapeutics

As we have shown earlier, asthmatic children may display an impairment of PRR signaling that leads to susceptibility to infection-induced asthma attacks. One of the strategies to enhance their anti-viral responses could involve stimulation of PRR. This strategy has only been tested in pre-clinical and adult studies. Following promising results 593 from pre-clinical studies [149], Silkoff, et al. reported results of a clinical trial assessing the 594 effect of CNTO3157, a TLR3 agonist, upon in vivo inoculation of RV-A16 in adult subjects with mild-to-moderate asthma [150]. The molecule was ineffective in blocking the effect of RV-16 challenge on the onset of asthma exacerbation, without effect on asthma symptoms nor lung function. Additionally, all post-inoculation exacerbations occurred in the CNTO3157 group, and two were severe, thus pointing toward a lack of efficacy and safety of the TLR3 targeting drugs.

Another way of enhancing PRR activation and activate different pathways could therefore be the administration of PAMP-like adjuvants or particles. Some teams have hypothesized that Poly I:C, a double stranded RNA that activates TLR3 and intracellular receptors, might modulate anti-viral responses. Preclinical studies have shown contrasting results, with promising effect in the context of Influenza A virus infection [52,151], but concerns regarding its safety. Indeed, Tian, et al. have described, in a mouse model, a prolonged IFN response upon S. pneumonia and S. aureus infection, inducing an impaired

bacterial clearance [152]. We have also demonstrated in a murine model of allergic asthma that TLR3 ligands can enhance the Th2 response [153]. Thus, the exact consequences of administering exogenous TLR ligands (including TLR7-8) in humans are still unknown and their potential role in bacterial secondary infections in the lungs need to be addressed.

Another immunomodulatory strategy, particularly appealing in pediatric asthma, could rely on the administration of bacterial lysates [154]. Two main therapies have been described: polyvalent mechanical bacterial lysates (PMBL®) and Broncho-Vaxom OM-85 BV. They contain lysates of 8 pathogenic bacteria including H. influenzae and S. pneumoniae. Both PMBL® and OM-85 administration have proven to be efficient in preventing respiratory tract infections in adult and pediatric patients with chronic bronchitis and/or history of recurrent chronic infections [155–159]. Interestingly, in a trial conducted in 618 elderly COPD patients, Ricci, et al. observed a reduced number of seroconversion against numerous viral pathogens in patients treated with PMBL®, as well as a better control of the number of all infectious episodes and COPD exacerbations, suggesting that the preventing effect of PMBL® on acute infections was not only on bacterial infections, but also on viral infections [160]. In 152 school-aged children with allergic asthma, Emerick, et al. have described a reduction of exacerbations after 12 weeks of treatment with PMBL®, and no serious adverse event, although no improvement of asthma control scores were achieved 625 [161]. In 75 preschool children with recurrent wheeze, Razi, et al. demonstrated that OM-85 BV reduced the rate and duration of wheezing episodes in the 12 months following the treatment initiation, and reduced the number of acute respiratory tract illnesses [162]. Finally, in toddlers aged 6-18 months, a clinical trial is ongoing to assess the preventive effect of OM-85V on the onset of first wheeze episode related to lower respiratory tract infection during a 3 years observational period [163]. Regarding the mechanisms of action, prevention of acute respiratory infections was not induced by purified LPS or bacterial DNA, suggesting that other PAMP contained in bacterial lysates would activate innate immunity and lead to promotion of type 1 inflammation by DC [164–166].

Altogether, immunostimulatory therapeutics may represent a promising strategy as additional treatments to prevent asthma attacks but their safety and efficacy need to be properly addressed. Because multiple microorganisms may be involved in acute asthma, it remains also unclear whether they would have an impact on the onset and severity of acute asthma attacks in children.

5.2 Therapeutics enhancing anti-viral responses

Anti-microbial peptides, among which LL-37, are key molecules of the innate immune responses against both viruses and bacteria. Thus, it has been hypothesized that supplementing with LL-37 or inducing its production among AEC could enhance anti-644 infectious defenses. Sousa, et al. have tested the effect of exogenous cathelicidin on RV-1B replication after inoculation on cultures of AEC [167]. They reported that exogenous LL-37, as well as homologous porcine cathelicidins, either administered prior or after infection, displayed antiviral activity against RV by reducing the metabolic activity of infected cells. 648 However, one preclinical study in a mouse model of asthma showed in vivo a deleterious effect of exogenous cathelicidin-related antimicrobial peptide in airway inflammation and 650 responsiveness [168], and to our knowledge, there is no published study *in vivo* in humans. Nevertheless, promising results regarding vitamin D supplementation on the release of LL-652 37 by AEC in *in vitro* experiments have been published [169–171]. In clinical studies, there is evidence toward a protective effect of vitamin D supplementation on risk of acute respiratory infections in children [172]. Although there are other effects of vitamin D that might explain its clinical efficacy [80,173], there is a well-studied biological link between vitamin D and host microbial peptides, via the translocation of vitamin D to the nucleus of AEC, where it activates Vitamin v responsive elements in promoter regions of anti-microbial peptide genes such as LL-37 [52,171,174]. Hence, targeting the vitamin D / cathelicidin axis could represent a promising strategy during acute asthma in children.

As studies have shown deficient IFN responses in asthmatic patients, it has been hypothesized that IFN supplementation upon viral infection could enhance anti-viral

responses and reduce asthma attacks severity. Interferon therapies (pegylated IFN-α in association with ribavirin) have first been developed in other diseases such as in hepatitis C and human immunodeficiency virus [175,176]. Ribavirin is a synthetic guanosine nucleoside that impairs the synthesis of viral mRNA [52]. Its clinical utility, upon respiratory virus infection, has been shown in RSV, Adenovirus, RV, or in (SARS)-CoV immunocompromised 667 patients [177–180]. Since exogenous IFNs reduced RV replication in *in vitro* cultures of RV-infected AEC from asthmatic patients [181], a trial was initiated in 147 adult asthmatic patients developing symptoms of viral infection (68% RV) to evaluate the efficacy of inhaled IFN-β treatment for 14 days [182]. Overall, it did not improve asthma symptoms, but it enhanced morning peak expiratory flow recovery and reduced the need for additional treatment, i.e. oral corticosteroids or antibiotics. In an exploratory analysis of the subset of more difficult-to-treat patients, IFN supplementation improved asthma control questionnaires. In addition, it boosted anti-viral innate immunity with persistent elevated serum levels of CXCL10, and decreased levels of pro-inflammatory molecules such as CCL4 and CXCL8. In the INEXAS phase 2 trial, designed to assess efficacy of inhaled IFN-β1a for 14 days to 677 prevent asthma exacerbations in adults, McCrae, et al. also reported improvement in the morning peak expiratory flow in the treated arm compared with placebo, but the study stopped early [183,184]. No study has yet been conducted in pediatric patients.

Collectively, anti-viral therapies could represent potential therapies in the treatment of acute asthma attacks in children. However, the exact timing of administration upon viral infection and onset of acute asthma, and the population of children who might benefit from these strategies remain to be determined.

5.3 Role of anti-microbial therapeutics

Apart from ribavirin, other anti-viral therapies, such as capside-targeting molecules pleconaril, BTA-798 and V-073 have been studied in enteroviruses infections. However, none of these compounds have proven sufficient efficacy and safety in clinical trials [185]. In particular, a phase 2 clinical trial with intranasal pleconaril in children aged 6 years and older, and adults, showed no impact of treatment on the onset of RV-induced cold symptoms or acute asthma exacerbation [186]. Although their efficacy needs to be addressed in clinical 692 trials, DNAzyme therapies could also be promising strategies, as recently suggested by an in vitro study showing good catalytic activity of 2 candidates (Dua-01 and Dua-02) on various RV strains [187].

As described above, bacteria and microbiota may be associated with asthma development and attacks, and antibacterial therapies have emerged as alternative strategies to prevent and/or to treat asthma exacerbation [154,188,189]. Treatments aiming to influence the composition of the microbiota are presently tested in different clinical situations and recent data have suggested that these methods might have some interest in asthma. Transplantation of healthy microbiota seems a promising alternative as demonstrated in gut 701 inflammatory diseases [190]. In preclinical study, Arrieta, et al. demonstrated that oral inoculation with four bacterial species previously identified as associated with risk of childhood asthma to germ-free mice improved allergic airway inflammation in their adult offspring [100]. Several studies have also evaluated the benefit of prebiotic and probiotic but their interest during childhood asthma attack has yet to be evaluated [191,192]. Another option may be to administer bacteria metabolites, which can mimic the effect of normal microbiota. Thus, feeding pregnant mice with short chain fatty acid (SCFA), such as acetate, was associated with modulation of the maternal microbiota and protection from developing allergic airway disease in the offspring [193]. Finally, an increasing number of studies in experimental models of lung infections has demonstrated the potential interest of fecal microbiota transplantation and/or SCFA supplementation, suggesting that they might be efficient in bacteria- and virus-induced exacerbations [194–196].

The potential modulatory effects of some antibiotics on asthma attacks in children are 714 subject of intense research. First, in terms of prevention, Schwerk, et al. observed a positive impact of long-term antibiotics (mainly amoxicillin and amoxicillin-clavulanic acid) in preschoolers with severe wheeze who had positive bacterial infection on BAL samples, with reduced rates of exacerbations and hospitalizations at 6 months follow-up compared with

rates before treatment [197]. Second, immunomodulatory effects of macrolides are well-described [198], and have been evaluated in the treatment of acute asthma in children. Hence, in the Early Administration of Azithromycin and Prevention of Severe Lower 721 Respiratory Tract Illnesses in Preschool Children (APRIL) study, Bacharier, et al. conducted a pacebo-controlled trial in 607 preschool children with recurrent wheeze and no controller medication, testing the efficacy of azithromycin started prior to the development of lower respiratory tract illness [199]. Macrolide administration reduced the risk of progressing to 725 severe lower respiratory tract illness (*i.e* requiring a course of oral steroids), without evidence for induction of azithromycin-resistant organisms, nor adverse events. In the Copenhagen Prospective Studies on Asthma in Childhood 2010 (COPSAC2010) cohort, children with recurrent asthma-like symptoms, some of whom under maintenance treatment, were randomly assigned to receive either azithromycin or placebo in case of episode of asthma-like symptoms, lasting at least 3 days [200]. Children treated with azithromycin displayed a significant reduction of episode length, and the effect size increased with early 732 administration of treatment. Moreover, Mandhane, et al. conducted a placebo-control trial in preschool children aged 12 to 60 months, presenting to the emergency department with wheeze, to assess the effect of azithromycin [201]. They did not show a reduction of duration of respiratory symptoms in the treated group, neither in the time to the next exacerbation upon 6 months follow-up. Thus, there is still limited evidence on the use of azithromycin as a preventive treatment of acute asthma attacks [202]. In addition, studies have been conducted in adult patients to test the effect of azithromycin as a preventive strategy, with conflicting results [203–205]. Notably, Gibson, et al. described in a placebo-controlled trial that 48 weeks maintenance treatment with azithromycin decreased the frequency of asthma exacerbations and improved asthma-related quality of life in symptomatic asthma despite current maintenance treatment [204]. In a meta-analysis of the three main studies conducted in adult patients [203–205], maintenance treatment with azithromycin was associated with a reduced rate of exacerbations in asthma as well as in all subgroups (non-eosinophilic, eosinophilic and severe asthma), and a good tolerance [206]. Examining each exacerbation

type separately, patients with eosinophilic asthma reported fewer oral corticosteroid courses, and patients with non-eosinophilic and severe asthma reported fewer antibiotic courses. Additionally, a specific effect of macrolides in neutrophilic asthma had been reported 749 previously by Simpson, et al. in adult subjects with severe refractory asthma, treated with clarithromycin for 8 weeks [207]. Clarithromycin therapy reduced sputum concentrations of IL-8 and neutrophil numbers leading to lower levels of neutrophil elastase and Matrix metallopeptidase (MMP)-9 concentrations versus placebo. Finally, a decrease of inflammatory cytokines, notably IL-1β, IL-6 and IL-33, was observed in vitro in cultures of human AEC from asthmatic patients pretreated with clarithromycin, in a context of RV14 infection, suggesting a direct anti-viral effect [208]. Consistent with this hypothesis, another *in vitro* study showed an effect of azithromycin to reduce RV replication after inoculation in AEC, associated with an increase in IFN and interferon-stimulated genes mRNA expression and protein production [209].

To sum up, although macrolides and more particularly azithromycin constitute an appealing strategy in acute asthma, further studies are needed to identify the phenotypes of potential responders and the possible adverse events. Since antibiotics have the potential limitation of eliminating commensal bacteria that protect from asthma development, it must be emphasized that their use should only be considered in particular clinical situations [188].

5.4- Potential role of biologics targeting type 2 inflammation in anti-microbial response

We have highlighted the close interactions between underlying airway inflammation, host anti-microbial responses and microorganisms leading to asthma attacks. Therefore, novel therapeutics targeting inflammatory pathways in asthma, such as anti-Th2 inflammation biologics, may have a specific impact on lung infections.

Omalizumab is an anti-IgE monoclonal antibody, targeting the effector mechanisms of Th2 inflammation. After proof of efficacy in pediatric clinical trials, it has been widely

prescribed in severe asthmatic atopic children aged older than 6 years, providing more insights on the longer-term evolution [210]. In real-life studies, we have observed higher levels of asthma control after its initiation, and a significant decrease of asthma attacks in children previously prone to exacerbation [211]. Hence, a direct effect of omalizumab on RV-induced exacerbations in children has been suggested [212,213]. In the Preventative Omalizumab or Step-up Therapy for Severe Fall Exacerbations (PROSE) study, a placebo-controlled trial conducted among 478 inner-city asthmatic children aged 6 to 17 years with 1 781 or more recent exacerbations, Esquivel, et al. observed a decrease of the duration of RV infections, viral shedding, and risk of RV-induced illnesses in omalizumab-treated patients [212]. A recently published adult study including results from two clinical trials has compared the effect of omalizumab on the response to an experimental inoculation with RV-16 in allergic asthmatic adults [214]. Omalizumab-treated patients displayed a reduction of symptoms of lower respiratory tract infection, more pronounced in the four first days following inoculation, suggesting that the protective effect of omalizumab on virus-induced 788 exacerbations occurs in the early stages of infection. Teach, et al. described other results from the PROSE study that compared omalizumab with placebo and omalizumab with an inhaled corticosteroid boost with regard to fall exacerbation rates when initiated 4 to 6 weeks before return to school [215]. They recorded 86 exacerbations, among which 89% were associated with a respiratory tract virus detection, most commonly RV (81%). More importantly, they observed a significantly lower fall exacerbation rate in the omalizumab group, but no difference between omalizumab and inhaled corticosteroid boost except in the 795 subgroup of patients with exacerbation during the run-in phase. In an ex vivo study of PBMC taken during the intervention phase, the authors observed increased IFN-α responses following RV-A16 inoculation in the omalizumab-treated group, suggesting that the mechanism of Omalizumab protection against exacerbations could involve IFN-α dependent antiviral effect [20]. Another study in children with exacerbation-prone asthma before and 800 during omalizumab treatment described the effect of ex vivo inoculation of RV and Influenza A virus on PBMC and blood pDC, after IgE cross-linking on cell-surface FcεRI [216]. The

authors observed that omalizumab increased both virus-induced IFN-α responses in PBMCs and pDC, and subsequently reduced FcεRI expression on pDC. Altogether, the lower asthma exacerbation rates consecutive to omalizumab treatment were related to IFN-α 805 responses and attenuated FcεRI expression on pDC.

Omalizumab remains the most-studied biologic in pediatric asthma but others have been experimented in the past years [217]. Mepolizumab, an anti-IL-5 antibody therapy, has proven to be efficient in reducing the exacerbation rate in adults and is now available in children older than 6 years old with eosinophilic asthma in Europe and the US [218]. As previously stated, its efficacy in reducing exacerbation rates in pediatric clinical trials and 811 real-life studies remain to be determined [129]. However, adult studies suggest it may have a modifying effect on RV-induced inflammatory response. Hence, a placebo-controlled trial was conducted in adult patients with mild asthma, randomized to receive mepolizumab versus placebo, followed by RV-16 inoculation, to study its impact on anti-viral responses [219]. The authors showed that mepolizumab attenuated baseline blood eosinophils numbers and activation status, but did not prevent the activation of remaining eosinophils upon RV infection. However, after infection, it enhanced levels of airway B lymphocytes and AM and modified BAL levels of CCL20 and IL-1RA. Effects of other drugs targeting Th2 cytokines and alarmins, including lebrikizumab (anti IL-13), dupilumab (anti IL-4R), reslizumab (anti-IL-5), benralizumab (anti-IL-5R), tezepelumab (anti-TSLP), or anti-IL-33 monoclonal antibodies are currently studied in pre-clinical and clinical studies [217].

In the next years, new studies are needed regarding these novel treatments, both in allergic and non-allergic asthmatic children, to provide new evidence on their immunological effects and potential disease-modifying properties, and to fully determine the phenotypes/endotypes of good responders. Most importantly, specific studies in the youngest children need to be carried out, with appropriate end-points [129]. This effort will contribute to enter the era of precision medicine in pediatric asthma.

6. Conclusion

831 In conclusion, asthma attacks are a main feature of pediatric asthma, especially of severe asthma. We have highlighted studies suggesting impairment of the mucosal anti-microbial immune responses during acute asthma and/or at steady state. Interestingly, these alterations seem to inconstantly persist into adulthood. These various altered pathways may reflect different endotypes underlying asthma heterogeneity and consequently, constitute targets for new treatment approaches. Preventing, understanding and efficiently managing acute asthma attacks remain one of the unmet needs in severe childhood asthma, especially in the youngest children. At the era of precision medicine, early interventions targeting mucosal immune responses, lung infections, and microbiota, in early childhood, could have disease-modifying properties and positive impact on the trajectory of childhood asthma.

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CrediT:

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Figure Legends:

Figure 1: Summary of the main mechanisms favoring asthma development and involved in asthma attack.

- These mechanisms **(in red)** involve: (1) Impairment of innate immune responses; (2) Influence of the host-microbiota dialog on Th2 inflammation; (3) Pathogen characteristics; (4) Airway leukocyte inflammation. These dynamic interactions may impact the presentations of asthma attacks, and have long-term consequences.
-

AM: Alveolar macrophages; AEC: airway epithelial cells; DC: dendritic cells; IFN: Interferon; IL: Interleukin; ILC2: type 2 innate lymphoid cells; IRF: interferon regulatory factor; PAMP: 870 Pathogen-associated molecular pattern; PRR: pattern recognition receptor; RV: Rhinovirus; TSLP: Thymic stromal lymphopoietin.

Figure 2: Possible therapeutics strategies to limit asthma development/progression and attacks.

These strategies **(in green)** target: (1) Enhancement of the innate immune responses; (2) Anti-infectious therapeutics and strategies to modulate the microbiota; (3) Alarmins and anti-Th2 biologics.

883 **Capsule summary:**

- 884 Characteristics of host-microbiota interactions in asthmatic children favor asthma attacks
- 885 and may allow to define asthma endotypes. This knowledge offers promising perspectives to
- 886 treat asthmatic children using precision medicine.

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1

2 **Table 1: Major studies (pediatric and adult population) assessing immune responses to viral infection during asthma exacerbation**

3 *Studies conducted in animal models, and/or without administration of viral particles (e.g. administration of TLR agonists, double-stranded RNAs) were not*

4 *included in this table.*

5 AEC: Airway epithelial cells; AM: Alveolar macrophages; BAL: broncho-alveolar lavage; CCL: C-C motif ligand; CXCL: C-X-C motif ligand; FcεRI: high-affinity IgE receptor; IgE: Immunoglobulin E;
6 IFN: Interferon; IL: Int

protein 5; NDV: Newcastle disease virus; PBMC: peripheral blood mononuclear cells; pDC: plasmacytoid dendritic cells; PBMC: Peripheral blood mononuclear cells; PCR: Polymerase chain reaction;
PIV3: parainfluenza virus type

8 PIV3: parainfluenza virus type 3; PRR: pattern recognition receptor; RIGI-I: retinoic-acid inducible gene I; RSV: Respiratory syncytial virus; RV: Rhinovirus; sFasL: Serum Soluble Fas Ligand; sICAM-

9 1: Soluble intercellular adhesion molecule-1; siRNA: small interfering RNA; SOCS1: Suppressor Of Cytokine Signaling 1; sST2: soluble suppression of tumorigenicity 2 (IL-33 receptor IL1RL1); STAT:
10 signal transducer and

signal transducer and activator of transcription; STRA: severe therapy resistant asthma; Th2: T helper 2; TLR: Toll like receptor; TNF: Tumor necrosis factor.

2

3 **Table 2: Major human studies (pediatric and adult population) assessing the impact of pathogenic bacteria and microbiota during the**

4 **development, the attack and the natural history of pediatric asthma.**

5 BAL: Broncho-alveolar lavage; EVW: Episodic Viral Wheeze, MTW: Multiple trigger Wheeze, RSV: Respiratory syncytial virus; RV: Rhinovirus

Graphical Abstract

- Characteristics of host-microbiota interactions in asthmatic children favor asthma attacks and may allow to define asthma endotypes.
- This knowledge offers promising perspectives to treat asthmatic children using precision medicine

