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1 *Influence of polypropylene and steel fibres on thermal spalling and physical-mechanical properties of concrete*
2 *under different heating rates*

3 N. Algourdin², P. Pliya¹, A.-L. Beaucour^{1*}, A. Simon³, A. Noumowé¹

4

5 ¹ *CY Cergy Paris Université, Laboratory of Mechanics and Materials of Civil Engineering (L2MGC),*
6 *EA 4114, F-95000 Cergy-Pontoise, France*

7 ² *Université de Lyon, Laboratoire de Tribologie et Dynamique des Systèmes (LTDS), UMR 5513, 58*
8 *rue Jean Parot, 42023 Ecole Nationale d'Ingénieurs de Saint-Etienne, France*

9 ³ *EIFFAGE Génie-Civil, 3-7 place de l'Europe, 78140 Vélizy Villacoublay, France*

10

11 **Corresponding author:*

12 email: anne-lise.beaucour@cyu.fr

13 phone: +33 (0)1 34 25 69 75

14 **Abstract**

15 This study investigates three concrete compositions: a control concrete, a reinforced concrete containing 60
16 kg/m³ of steel fibres, and a hybrid concrete containing 60 kg/m³ of steel fibres and 0.75 kg/m³ of polypropylene
17 fibres. Cylindrical specimens were manufactured and subjected to two heating rates (10 °C/min and the ISO 834
18 fire standard) to study their spalling sensitivity. Moreover, unidirectional heat transfer and pressure
19 measurements were performed on slabs heated at 10 °C/min to 600 °C. To understand the influence of fibres on
20 spalling processes more clearly, the thermal properties were studied during heating and cooling: the gas
21 permeability, compressive strength, and Young's modulus of specimens were measured after a heating and
22 cooling cycle at 0.5 °C/min. The results show that the spalling phenomenon was more severe for cylindrical
23 specimens than for slabs. The addition of 60 kg/m³ of steel fibres had an unfavourable influence on spalling,
24 especially during the ISO 834 fire test. The addition of 0.75 kg/m³ of polypropylene fibres allowed the concretes
25 containing steel fibres to avoid spalling, regardless of the thermal loading conditions.

26

27

28 **Keywords**

29 *Polypropylene fibres, steel fibres, high-strength concrete, pore pressure, high temperatures, heating*
30 *rate, spalling, gas permeability, thermal conductivity, specimen geometry.*

31

1 **Introduction**

2 Fire safety is one of the key aspects in the design of structures. Concrete preparation methods
3 have changed significantly in recent decades. Since the 1990's, high-strength concretes have
4 become increasingly common. However, high-strength concretes exposed to high
5 temperatures exhibit a tendency to undergo explosive spalling, thus leading to direct fire
6 exposure of the steel rebar and a reduction in the cross-sectional area. Despite significant
7 advances in research, thermal spalling remains a complex problem. Two physical mechanisms
8 are often associated with this phenomenon: (a) thermal dilatation/shrinkage gradients and (b)
9 the build-up of pore pressure [1–4]. On one hand, the thermal gradient generated across a
10 concrete member section results in restrained thermal expansion, which leads to a build-up of
11 compressive stress near the concrete surface and tensile stress in the concrete interior. Biaxial
12 compressive thermal stresses parallel to the heated surface can lead to concrete spalling [5,6].
13 The second mechanism is related to the water pressure increase within the concrete during
14 heating. The pressure and concentration gradient drive vapour not only out of the concrete
15 element, but also to the colder part of the concrete, where the water vapour condenses due to
16 the temperature change. The accumulation of liquid water leads to local saturation of the
17 pores [7–9]. This “moisture clog” reduces the movement of water vapour, leading to an
18 increase in the gas pore pressure. The generation of this high pore pressure contributes to
19 explosive spalling of the concrete [6,10,11]. An important thermo-hydrous point is the
20 expansion and vaporisation of water within a few minutes after the temperature has reached
21 its critical point inside the concrete structure. The pore pressure acts as a trigger for spalling.
22 When the cracking process starts, a rapid pressure release occurs. Nevertheless, the spalling
23 mechanisms progress due to the already generated strong localisation of damage and
24 increasing thermo-mechanical stresses [12].

25 Liu et al. [13] have suggested a new perspective for fire-induced concrete spalling depending
26 on thermo-chemical spalling, which is related to the decomposition of hydrated products and
27 calcite and the rehydration of calcium oxide. All of these mechanisms are simultaneous and
28 involve complex coupled thermo–hydro–mechanical (THM) processes [14,15]. The
29 occurrence of spalling depends on the rate at which the pore pressure and thermal stresses
30 increase and the material strength decreases [4,16]. These mechanisms are related to intrinsic
31 parameters of the material such as transfer (mass and heat) and mechanical properties; they
32 are also related to environmental conditions such as the geometry of the element, moisture
33 conditions, boundary conditions, and the heating rate [17]. In one scenario, the concrete may

1 not spall at all, whereas in another scenario, with different geometry or thermal loading, it
2 may spall severely. Indeed, the contribution of each of the mechanisms as the cause of the
3 spalling can vary according to these conditions. The various aspects of spalling (surface
4 spalling, explosive spalling, corner spalling, and aggregate spalling) that can be observed
5 illustrate the complexity of the THM coupling and the plurality of the involved mechanisms
6 [18]. This is the reason that there is not a consensus agreement on the relative contribution of
7 the influencing factors to the spalling phenomenon. The factors contributing to spalling are
8 often considered to be low concrete permeability, large thermal and hygric gradients, and fast
9 moisture migration [4]. A high heating rate can be considered an unfavourable factor, as it can
10 generate high thermal and hygric gradients. However, according to some other authors, higher
11 heating rates lead to lower pore pressures due to the occurrence of surface cracking [6]. A
12 large amount of water vapour can escape to the outside of the specimen and cracking can
13 create more space for vapour and liquid water to expand, thus decreasing the internal pressure
14 and spalling of the concrete [10,19]. Gawin et al. [20] compared the heat and mass transfer
15 under two heating rates (ISO 834 fire standard and 2 °C/min) through a numerical study.
16 Lower values of the temperature gradient, moisture content, and pressure were observed
17 under the lower heating rate, resulting in approximately 2–3 times smaller mass flows and
18 approximately 10–20 times smaller heat flows at a given temperature. For slow heating (2
19 °C/min), the maximum values of the liquid moisture saturation and gas and vapour pressure
20 were slightly higher and occurred at distances 2–4 times further from the surface compared to
21 those observed during fast heating (ISO 834 fire standard).

22 The boundary conditions also have an effect on the degree of spalling. On one hand,
23 asymmetric heating amplifies thermal stresses and moisture gradients [21]. The worst results
24 were obtained with a “one-side heating condition” and a specimen with a large surface (slab),
25 because this type of specimen stores more energy for a given heating condition [22]. On the
26 other hand, the one-side heating condition allows vapour to migrate out from the unexposed
27 parts of the specimen. Some studies have shown that water can escape through cracks on the
28 unexposed surfaces, thus decreasing the risk of spalling [23]. The degree of spalling is also
29 affected by the structural size. Indeed, the larger the column diameter, the greater the thermal
30 gradient will be [22]. However, Conolly [24] concluded that thicker concrete specimens are
31 less likely to experience explosive spalling. Jansson et al. [25] compared spalling results for
32 large and small slabs with the same thickness and type of loading system. Small slabs of 600

1 $\times 500 \times 200 \text{ mm}^3$ spalled substantially less compared with large slabs of $1800 \times 1200 \times 200$
2 mm^3 .

3 To prevent concrete fire spalling, polypropylene fibres can be added [26–29]. Polypropylene
4 fibres start to expand and then melt at 160–170 °C and are absorbed by the porous network of
5 the cement matrix [1]. The void spaces left by these fibres can be considered as weak points
6 inside the concrete and the thermal stresses will cause additional cracks at the edges of the
7 voids [30,31]. This allows for the formation of an interconnected network [5]. Fibres decrease
8 the pore pressure because of the increased concrete permeability [10]. Steel fibres have an
9 effective role in limiting the loss of mechanical performance with temperature. With regard to
10 spalling, the action of steel fibres has not been definitively established. Some experimental
11 studies have shown that adding steel fibres is beneficial for reducing spalling [32–34]. Bangi
12 et al. [35] highlighted the contribution of steel fibres in reducing the pore pressure in deeper
13 regions of the concrete during rapid heating. Other authors have reported that explosive
14 spalling occurs when steel fibres are added to the concrete mix [36,37]. This could be due to
15 the capacity of steel fibres to reduce crack opening and limit water evacuation [5]. According
16 to Varona et al. [38], the high aspect ratio of steel fibres may make them more prone to lose
17 bond to the concrete matrix because of oxidation at high temperatures.

18 It is important to achieve a better understanding of the action of steel fibres and hybrid fibres
19 on concrete spalling behaviour. Considering the contradictory reported findings and the
20 influence of environmental conditions, the effectiveness of steel fibres should be investigated
21 under different heating rates, boundary thermal conditions, and specimen geometries. The aim
22 of this study, by varying the heating conditions, is to achieve a better understanding of the
23 mechanisms involved in spalling phenomena and how steel and hybrid fibres modify the
24 behaviour of high-strength concrete at high temperatures. This study investigates three
25 concrete mixtures: a reference concrete (Cref), a reinforced concrete containing 60 kg/m^3 of
26 steel fibres (CS 60), and a hybrid concrete containing 60 kg/m^3 of steel fibres and 0.75 kg/m^3
27 of polypropylene fibres (CS 0.75-60). Tests were conducted with two heating rates (ISO 834
28 fire standard and 10 °C/min). One-side heating with slab specimens and all-side heating with
29 cylindrical specimens were performed. To understand the influence of fibres on spalling
30 processes, the evolution of the physical and mechanical properties of the concretes with
31 temperature was investigated. Thermal properties (thermal conductivity, specific heat) were
32 also studied during heating and cooling. After different heating–cooling temperatures, the gas
33 permeability, compressive strength, and modulus of elasticity were measured. For this part of

1 the study, the heating and cooling rate was maintained at 0.5 °C/min to ensure homogeneity
2 of the temperature and limit thermal gradients in the specimens.

3

4 **1. Experimental schedule**

5 **1.1 Concrete constituents**

6 *Cement:* The cement used was CEM I 52.5 N from Villiers-au-Bouin (Table 1). The cement
7 density was 3.13 kg/dm³, and the compressive strength measured in standard mortar at 28 (d)
8 was 61.3 MPa with a water/cement ratio (W/C) of 0.5 [39].

9 Table 1 Chemical and physical composition of the CEM I 52.5 N cement

<i>Composition [%]</i>	
Clinker	97
Gypsum	3
<i>Chemical composition [%]</i>	
CaO	62.0
SiO ₂	20.1
Al ₂ O ₃	4.6
SO ₃	3.1
Fe ₂ O ₃	2.4
MgO	2.0
<i>Physical properties</i>	
Density [kg/m ³]	3100
Blaine surface [cm ² /g]	4400

10

11 *Aggregates:* A limestone aggregate of Tournaisis composed of calcareous (87–91%) and
12 quartz (9–13%) was used in this study. The sand and gravel were supplied as 4/10 and 10/20
13 aggregate classes, respectively. The specific gravity of both aggregates was 2.67 kg/m³.

14 *Superplasticiser:* Cimfluid 2002 polycarboxylate-based superplasticiser was used. The
15 superplasticiser density was 1.1 kg/dm³, and the dry extract was 35%.

16 *Fibres:* Monofilament cylindrical polypropylene fibres (PPF) of Duomix M12 (BEKAERT)
17 and high-carbon galvanised steel fibres (SF) of Dramix RC-80/30-CP (BEKAERT) with
18 hooked ends were used. Table 2 specifies the properties of the PPF and SF.

1

2 Table 2 Fibre properties

	<i>Fibre</i>	<i>Diameter</i>	<i>Length</i> (mm)	<i>Density</i> (g/cm ³)	<i>Tensile strength</i> (N/mm ²)	<i>Modulus of elasticity</i> (N/mm ²)
PPF	Duomix M12	32 µm	12	0.91	250 ±15%	3500–3900
SF	Dramix RC- 80/30-CP	0.38 mm	30	7.80	3070 ± 7.5%	210,000

3 **1.2 Concrete mixtures**

4 Three mixtures of high-strength concrete were investigated: concrete without fibres (Cref),
5 concrete with 60 kg/m³ of steel fibres (CS 60), and concrete with 0.75 kg/m³ of polypropylene
6 fibres and 60 kg/m³ of steel fibres (CPPS 0.75-60).

7 All the mixes had the same W/C ratio of 0.38 with 475 kg/m³ of cement. The slump of the
8 concretes without fibres ranged from 160 to 210 mm, whereas that of the concretes with fibres
9 ranged from 100 to 150 mm. The concrete mix proportions (kg/m³) are given in Table 3. The
10 target was a C55/67 concrete compressive strength class.

11 Table 3 Mix proportions of concretes

<i>Concretes</i>	<i>Mixture proportions (kg/m³)</i>							<i>f_c 28 days</i> (MPa)
	<i>Cement</i>	<i>Efficient water</i>	<i>Sand</i> <i>0/4</i>	<i>Gravel</i> <i>4/10</i>	<i>Superplasticis</i> <i>er (dry</i> <i>extract)</i>	<i>SF</i>	<i>PPF</i>	
Cref	475	181	885	884	1.0	-	-	65.2 ± 0.7
CS 60	475	181	867	866	2.85	60	-	79.0 ± 2.4
CPPS 0.75-60	475	181	867	865	2.99	60	0.75	81.3 ± 0.8

12

13 For each concrete mixture, 12 cylindrical specimens of Ø150 × 300 mm (diameter × height)
14 were tested according to the ISO 834 fire standard. For the tests at 10 °C/min, two slabs of
15 600 × 300 × 120 mm per mixture (6 slabs in total) were also tested. To conduct the residual
16 tests after slow heating (0.5 °C/min), 40 cylindrical specimens of Ø150 × 300 mm (diameter ×
17 height) were manufactured.

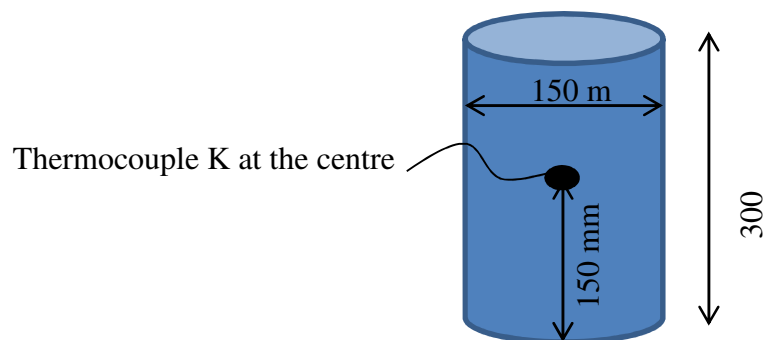
1 1.3 Specimen curing

2 Cylindrical specimens were kept in their moulds at 20 ± 2 °C for 7 d. Then, the specimens
3 were removed from their moulds and stored in plastic bags with wet rags in order to avoid any
4 water evaporation until the day of the test. The slabs were kept in plywood moulds with wet
5 rags and covered with plastic bags until the test day. The specimens were cured for at least 90
6 d to ensure that the hydration reactions had stabilised and to reduce the interstitial water in the
7 concrete.

8 1.4 Heating tests

9 1.4.1 ISO 834 fire test and spalling investigation

10 Type K thermocouples were placed in the furnace before heating and at the centre of the
11 cylindrical concrete specimens during casting (Figure 1). Two specimens per mixture were
12 equipped with thermocouples in the centre. Each thermocouple was connected to a data
13 logger that recorded continuous measurements and transmitted them to the computer.



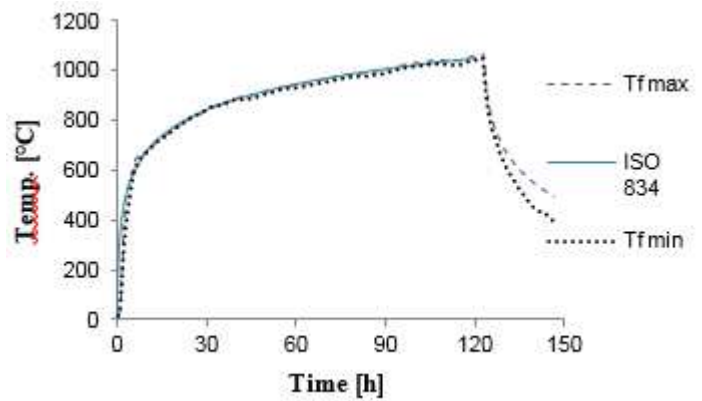
20 Figure 1 Position of the centre thermocouple inside a
21 specimen

22 An ISO 834 fire test of two hours was performed on $\varnothing 150 \times 300$ mm cylindrical concrete
23 specimens in a gas furnace (inner dimensions of 7000×5000 mm). The position of the
24 specimens in the furnace and evolution of the maximum (T_{fmax}) and minimum (T_{fmin}) furnace
25 temperatures compared to the ISO 834 fire standard curve are presented in Figure 2(a) and
26 (b), respectively.

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(a) (b)

Figure 2 (a) Specimens in the gas furnace and (b) evolution of the furnace temperatures compared to the standard ISO 834 fire curve

Spalling assessment methodology

After the ISO 834 fire test, spalling assessments were performed to provide a detailed analysis of the specimen degradation. Each specimen was weighed before and after the heating-cooling cycles. The maximum depth and percentage surface area loss due to spalling were measured. The spalled specimens were wrapped in tracing paper to draw the spalled surface. The spalled surfaces were then measured using AutoCad after scanning the images.

1.4.2 Heating test at 10 °C/min and spalling investigation

The temperature and pressure were measured within the slab during heating. Figure 3 shows the positions of the pressure and temperature gauges within the slab. Type K thermocouples were positioned on heated and not-heated faces and at different depths within the slabs.

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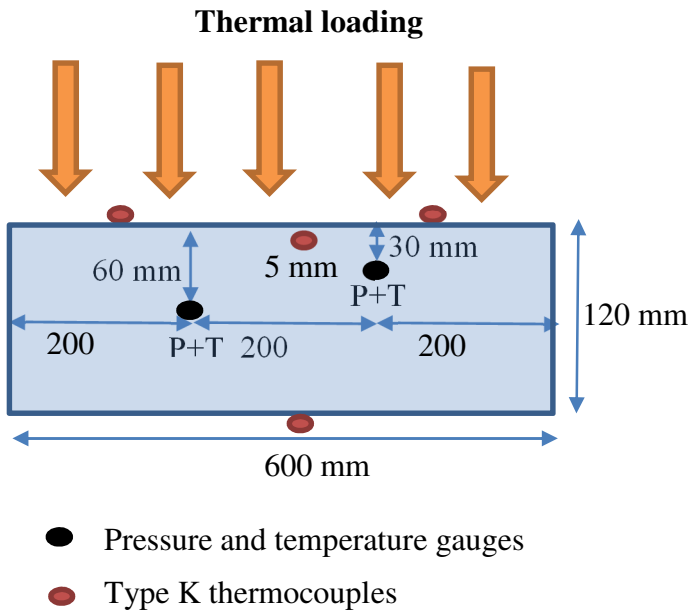


Figure 3 Scheme and photograph of the instrumentation within a slab

The 10 °C/min heating was performed in an electric furnace (Figure 4) (1300 × 1010 × 1040 mm) equipped with a ventilation system to homogenise the temperature inside the furnace. The connected data logger allowed for the temperature and pressure during heating to be recorded.

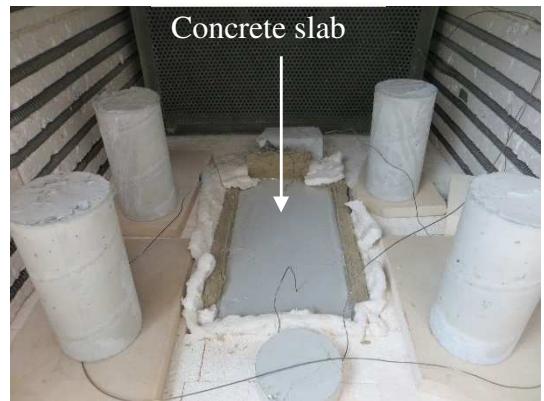


Figure 4 Outside and inside views of the electric furnace

1 Concrete slabs of $600 \times 300 \times 120$ mm (length \times width \times thickness) and four cylindrical
2 specimens of $\varnothing 150 \times 300$ mm were subjected to a heating rate of 10 °C/min from room
3 temperature to 600 °C. The specimens were then rested for 4 h and subjected to controlled
4 cooling from 600 °C to room temperature (Figure 5). As the essential chemical and physical
5 reactions occur between 100 °C and 600 °C, the target heating temperature was limited to 600
6 °C. The 4 -h rest time was chosen to obtain a temperature of 300 °C in the middle of the slab
7 (60 mm). The slab specimen was situated on the bottom of the furnace. Its upper surface was
8 exposed to high temperatures, whereas the other surfaces were thermally isolated using glass
9 wool. The lateral sides were wrapped with self-adhesive aluminium foils. The resulting one-
10 sided heating can be considered as a unidirectional heat and hydric flow.

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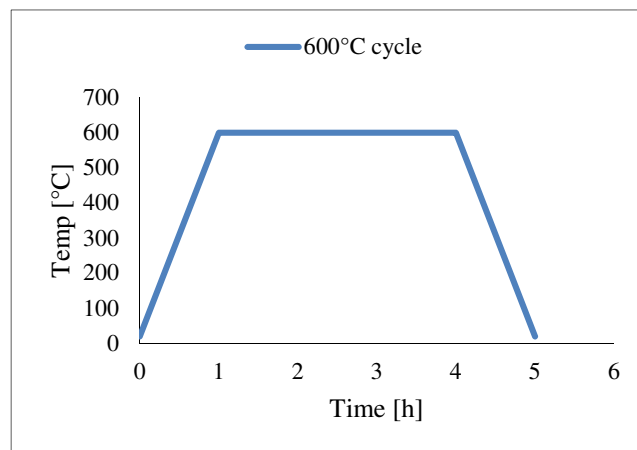
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Figure 5 Thermal profile of the 10 °C/min heating-cooling cycle

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21 Temperatures were measured on the heated and un-heated faces. A thermocouple located 5
22 mm below the exposed surface was embedded in the concrete before casting (T 5 mm). Figure
23 6 shows the temperature and pressure measuring device. Two stainless steel tubes were placed
24 in the concrete before casting at 30 and 60 mm below the heated face to measure the pore
25 pressure (P) and temperature (T 30 mm or 60 mm) simultaneously at the same point. The
26 measurement instruments developed in this study were based on an instrument previously
27 developed by Kalifa et al. [11]. They included a cylindrical sintered metal tip (12.5×24.2
28 mm) fixed to a stainless steel tube (with an outer diameter of 3.2 mm and inner diameter of
29 1.6 mm). The tubes were empty. One end was used to connect a piezoelectric transducer. A
30 thermocouple (diameter of 1 mm) was inserted into the other end of the tube until it touched

1 the cylindrical sintered metal tip. Thus, the vapour pressure and temperature could be
2 measured simultaneously at the same position during heating of the concrete specimen. The
3 presence of the thermocouple in the tube also reduced the dead volume. Another type K
4 thermocouple was fixed in a small pore on the non-exposed surface ($T_{\text{non exp. surf}}$). The
5 temperature of the furnace (T_{furnace}) was also measured using a type K thermocouple.

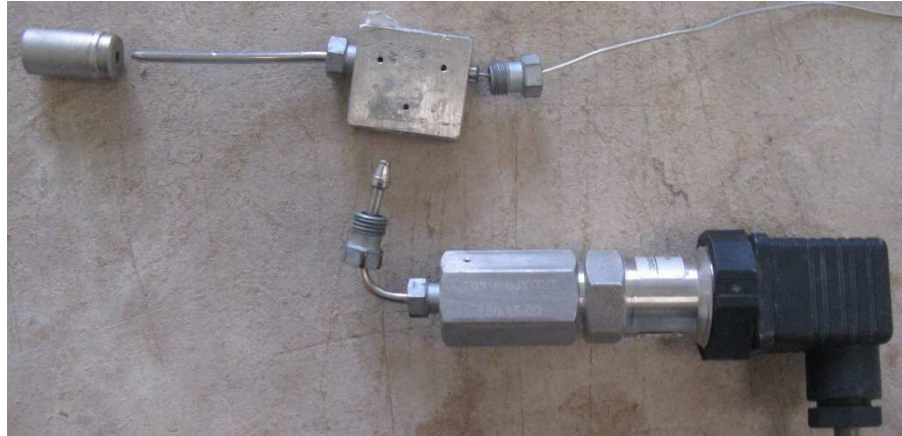


Figure 6 Temperature and pressure measurement device

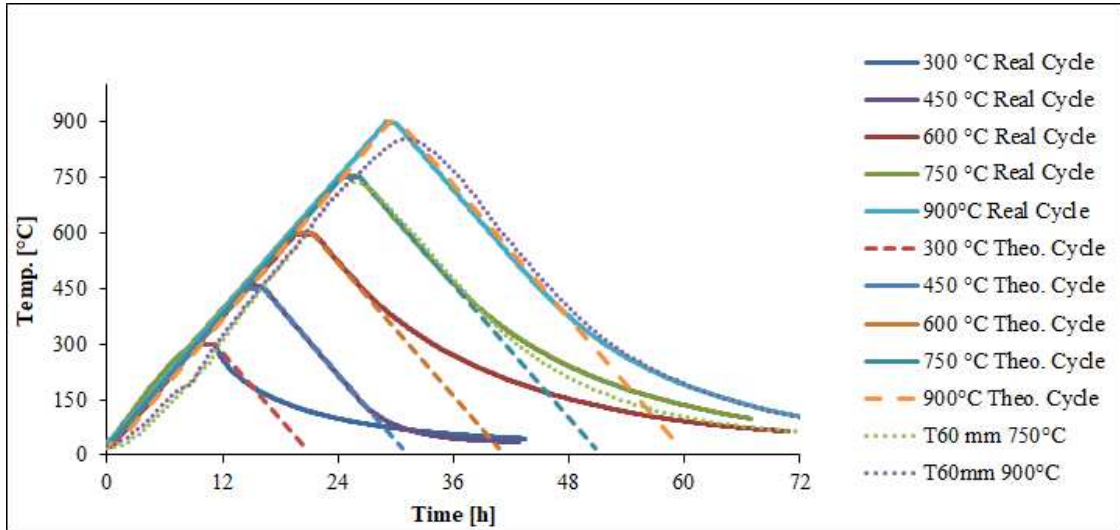
15 *Spalling assessment methodology*

16 Modelling clay was used to estimate the volume of spalled concrete. The empty spaces
17 generated by spalling were filled with the modelling clay. Then, the volume of the extracted
18 modelling clay was determined by hydrostatic weighing. Furthermore, the spalling surface
19 was estimated with the help of tracing paper in the same manner as after the ISO 834 fire
20 tests.

21 **1.4.3 Slow heating test at 0.5 °C/min and residual characterisation tests**

22 The transfer and mechanical properties were studied using $\varnothing 150 \times 300$ mm concrete
23 cylinders. The specimens were subjected to 300 °C, 450 °C, 600 °C, 750 °C, and 900 °C
24 heating–cooling cycles (Figure 7). Each cycle included a phase of increasing temperature (0.5
25 °C/min), a temperature rest phase (one hour), and a cooling phase (0.5 °C/min). The heating
26 rate of 0.5 °C/min was chosen according to the recommendations of RILEM 200-HTC [40].
27 To establish temperature-dependant material property laws, uniform temperatures had to be
28 ensured within the specimen.

29



The Figure 7 Temperature time histories of the different heating–cooling cycles before slow characterisation tests

heating tests were conducted in an electrical 1100 × 1200 × 1100 mm furnace. Type K thermocouples were used to monitor the temperatures inside (embedded thermocouple at mid-height and mid-diameter of the concrete cylinder) and on the surface of the specimens, as well as the air temperature in the furnace.

Gas permeability (k_a): The permeability was measured using a Cembureau permeameter with nitrogen as the neutral gas. Concrete specimens (diameter 150 mm × height 35 mm) were subjected to a constant upstream pressure. Gas was injected at the lower surface of the specimen. The injection pressure was applied and maintained until gas flow stabilisation through the material. The pressure and flow rate were recorded during the tests. The downstream pressure was the atmospheric pressure. The front and back pressures of the specimen were measured using thermal mass flow meters with different capacities. This allowed for the mass flow rate to be converted to an equivalent volumetric flow rate. Applying the principle of mass conservation to Darcy’s law for the isothermal flow of a gas, considered perfect, enables the apparent permeability, k_a (m^2), to be determined [41].

The apparent permeability was calculated using the following equation:

$$K_a = \frac{2 \times \mu \times Q \times l \times P_{atm}}{A(P_1^2 - P_{atm}^2)}, \quad (1)$$

where μ is the nitrogen (N_2) dynamic viscosity [$Pa \cdot s$], Q is the volume flow rate [m^3/s], P_{atm} is the atmospheric pressure [Pa], l is the thickness of the specimen [m], A is the section of the specimen [m^2], and P_1 is the absolute gas pressure at the inlet of the specimen [Pa].

1 The applied absolute gas pressure varied from 1 to 4 bar, depending on the concrete type and
2 deterioration level.

3 Slices 35 mm thick were sawn from $\text{Ø}150 \times 300$ mm concrete cylinders. Permeability
4 measurements were conducted in an air-conditioned room (20 ± 1 °C). Each slice was tested
5 at five different injection pressures.

6 *Modulus of elasticity (E)*: Three $\text{Ø}150 \times 300$ mm cylindrical specimens were tested for each
7 mixture and each heating–cooling cycle. The specimens were subjected to three loading–
8 unloading cycles with 20 s of rest during the compression test. The loading rate was 0.5
9 $\text{MPa}\cdot\text{s}^{-1}$ according to NF EN 12390-13 [42].

10 *Compressive strength (f_c)*: Four $\text{Ø}150 \times 300$ mm cylindrical concrete specimens were tested
11 for each mixture and each heating–cooling cycle. The imposed stress during uniaxial
12 compressive loading was $0.5 \text{ MPa}\cdot\text{s}^{-1}$ on an INSTRON 3000 kN hydraulic press according to
13 the European standard [43].

14 **1.4.4 Measurement of thermal properties during heating**

15 *Thermal properties (λ , a , c_p)*: The thermal conductivity and specific heat were measured at
16 high temperatures using Hot Disk probe TPS1500 equipment. The thermal diffusivity was
17 deduced from the measurements of the conductivity and specific heat. This method is based
18 on the use of a planar probe with transient heating technology. A mica probe with a radius of
19 14.61 mm and a very fine nickel double spiral (thickness 10 μm) covered with two thin layers
20 of electrically insulating materials were placed between two symmetrical halves of the
21 concrete cylinder slices (diameter 150 mm \times height 350 mm). Each specimen must have a flat
22 surface to avoid contact defects with the sensor.

23 Halves of cylinder slices were pre-dried at 80 °C until a constant mass was obtained, and then
24 heated in a 5-L electric oven controlled using the Hot Disk software. The heating rate was
25 0.5 °C/min. For each target temperature up to 600 °C, measurements were recorded under
26 isothermal conditions after waiting for the furnace and sensor temperature to stabilise (a
27 variation of less of 0.1 °C during 30 min). The isothermal holding period before the
28 measurement depends on the physico-chemical reactions of the concrete hydrate
29 decomposition, portlandite dihydroxylation, and calcite decarbonation.

2. Results and discussion

The physical characteristics of the fresh and hardened concretes before and after heating are presented in Table 4. Before analysis of the spalling differences, the evolutions of the thermal properties and gas permeability of the different concrete mixtures are described as functions of the temperature. The evolution of the residual mechanical properties is also presented. The spalling and different degradation features are compared for the same mix design as a function of the heating rate (10 °C/min or ISO 834 fire) and the geometry of the specimens. Finally, the temperatures and pressures monitored at different depths in the slab during heating at 10 °C/min allows for the influence of the fibre type on the main factors causing spalling to be analysed. Results showing the residual behaviours of the concretes under different heating conditions are discussed. The discussion focuses on the spalling mechanisms and the influence of polypropylene and steel fibres on the concrete behaviour at high temperature.

Table 4 Physical characteristics of fresh and hardened concretes before and after heating

<i>Concretes</i>	<i>Bulk density at 90 d [kg/m³]</i>	<i>Bulk density after 600 °C heating [kg/m³]</i>	<i>Entrained air in fresh concrete [%]</i>	<i>Total porosity before heating [%]</i>	<i>Total porosity after 500 °C heating [%]</i>	<i>Moisture content in weight before heating [%]</i>
<i>Cref</i>	2336 ± 3.0	2166 ± 8.4	2.8	11.2 ± 0.9	15.6 ± 0.6	4.7 ± 0.4
<i>CS 60</i>	2437 ± 2.1	2238 ± 3.2	2.2	8.5 ± 0.2	14.0 ± 0.4	4.5 ± 0.5
<i>CPPS 0.75-60</i>	2447 ± 0.5	2281 ± 12.0	2.4	8.6 ± 0.3	14.3 ± 0.4	4.7 ± 0.2

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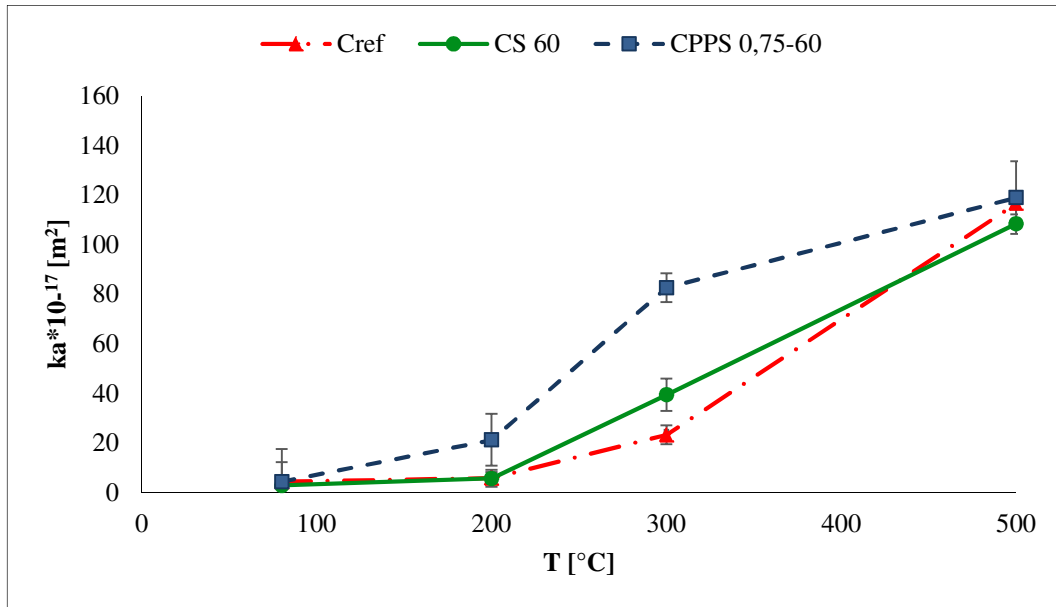
2.1 Evolution of the transfer and residual mechanical properties as a function of the temperature

2.1.1 Transfer properties

2.1.1.1 Gas permeability

Figure 8 shows the evolution of the intrinsic residual permeability of the Cref, CS 60, and CPPS 0.75-60 concretes after heat treatment at 0.5 °C/min. At 80 °C, the gas permeability values were similar for all the mixtures ($k_{int\ Cref} = 4.5 \times 10^{-17} \text{ m}^2$, $k_{int\ CS60} = 2.9 \times 10^{-17} \text{ m}^2$, $k_{int\ CPPS\ 0.75-60} = 4.5 \times 10^{-17} \text{ m}^2$). The evolutions of CS 60 and Cref permeabilities at 200 °C were not significant ($5.8 \times 10^{-17} \text{ m}^2$ and $5.9 \times 10^{-17} \text{ m}^2$, respectively). However, the CPPS 0.75-60

1 permeability increased rapidly ($21 \times 10^{-17} \text{ m}^2$). At 500 °C, the CS 60 concrete exhibited a
 2 slightly lower permeability than the two other concretes ($k_{\text{int Cref}} = 120 \times 10^{-17} \text{ m}^2$, $k_{\text{int CS60}} =$
 3 $110 \times 10^{-17} \text{ m}^2$, $k_{\text{int CPPS 0,75-60}} = 120 \times 10^{-17} \text{ m}^2$).



14 Figure 8 Residual permeability ($\times 10^{-17} \text{ m}^2$) as a function of the heating
 15 temperature (T)

16 The generation of large pores connected by micro-cracks due to the melting of polypropylene
 17 fibres created a leakage path that increased the permeability for the CPPS 0.75-60 concrete
 18 [5]. This increased permeability occurred at 300 °C for the CPPS 0.75-60 concrete, whereas
 19 for the CS 60 and Cref concretes, the increase in permeability, which was only related to
 20 cracking induced by the paste/aggregate thermal mismatch, occurred at higher temperatures
 21 between 300 °C and 450 °C.

22 The CS 60 and Cref concretes exhibited similar permeability values.

23 2.1.1.2 Thermal properties

24 *Thermal conductivity*

25 Figure 9 shows the evolution of the thermal conductivity of the three mixtures (Cref, CPPS
 26 0.75-60, and CS 60) compared to the upper and lower limits of the Eurocode 2 [44] curves as
 27 a function of the temperature during heating and cooling.

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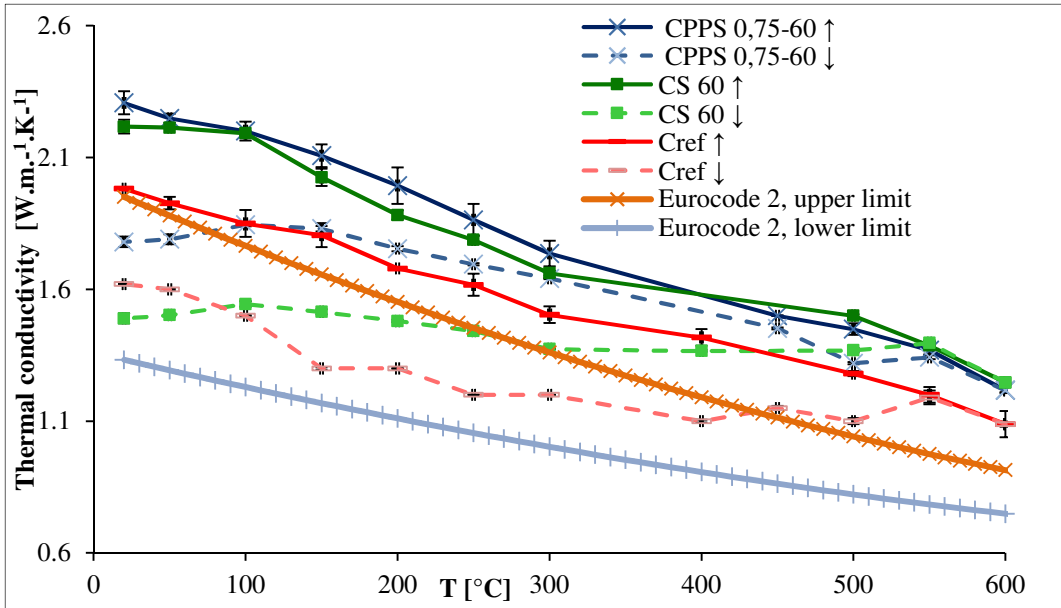


Figure 9 Thermal conductivity ($\text{W}\cdot\text{m}^{-1}\cdot\text{K}^{-1}$) evolution in the Cref, CS 60, and CPPS 0.75-60 concretes compared to the Eurocode 2 [40] curve as a function of the temperature (T) during heating (\uparrow) and cooling (\downarrow)

At 20 °C, the conductivity values for the CS 60 and CPPS 0.75-60 concretes were relatively similar (2.2 and $2.3 \text{ W}\cdot\text{m}^{-1}\cdot\text{K}^{-1}$, respectively), while the conductivity of the Cref concrete was lower ($2 \text{ W}\cdot\text{m}^{-1}\cdot\text{K}^{-1}$). From one side, the lower porosity of the CS 60 and CPPS 0.75-60 concretes ($P_{\text{Cref } 80^\circ\text{C}} = 11.2\%$, $P_{\text{CS60 } 80^\circ\text{C}} = 8.5\%$, $P_{\text{CPPS } 0.75-60 } 80^\circ\text{C}} = 8.6\%$) could explain this difference in the thermal conductivity at 20 °C. Bouziadi et al. and Li et al. [45,46] showed that the thermal conductivity of steel fibre (around $50 \text{ W/m}^\circ\text{C}$) is higher than that of the concrete material (less than $2 \text{ W/m}^\circ\text{C}$), which can explain the conductivity difference between Cref and the concretes containing steel fibres.

The thermal conductivity decreased gradually with increasing temperature: the values at 600 °C are 1.1 , 1.2 , and $1.2 \text{ W}\cdot\text{m}^{-1}\cdot\text{K}^{-1}$ for Cref, CS 60, and CPPS 0.75-60 concretes, respectively. During the cooling period, the thermal conductivity increased slightly, showing hysteresis. This was due to irreversible reactions including the departure of physically and chemically bound water and the appearance of micro-cracks at temperatures above 300 °C. In non-metallic materials, the thermal conductivity is linked to phonon scattering. The phonon collision quantity (thermal vibration) increases with heating. This leads to a reduction in the mean free path of a phonon at high temperature, thus reducing the conductivity. In contrast, during the cooling stage, the increase in conductivity was due to the decrease in phonon collision quantity.

1 The decrease in thermal conductivity during heating is also partly due to the increase in total
2 porosity and the loss of water during thermal loading.

3 The upper and lower limits for the thermal conductivity given by Eurocode 2 [44] measured
4 during heating were positioned below the thermal conductivities of the three tested concretes.
5 Nguyen [47] also concluded that the Eurocode seemed to underestimate the thermal
6 conductivity of dried concrete.

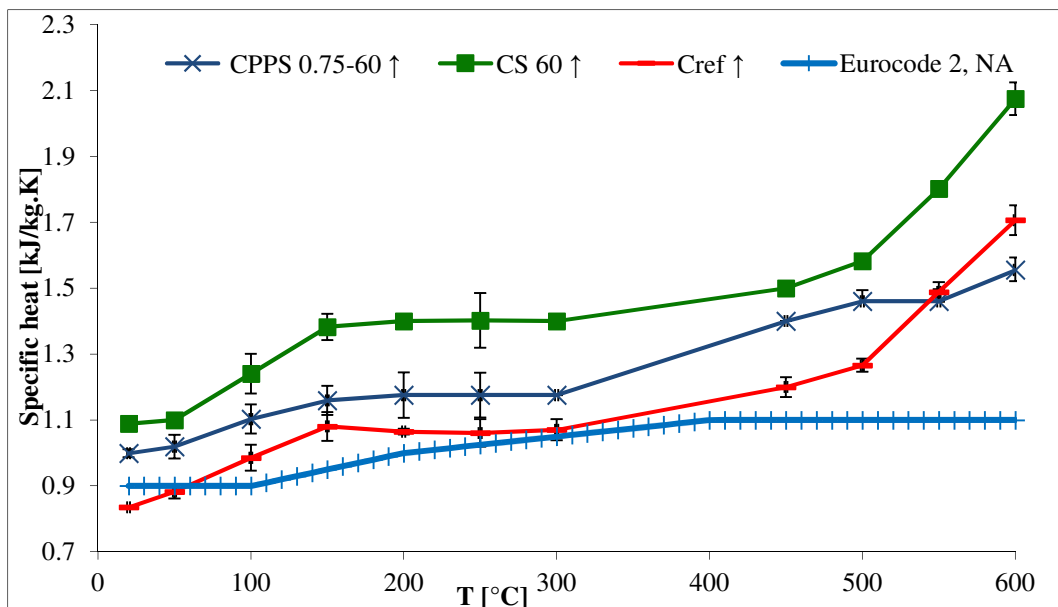
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8 *Specific heat*

9 Because the specimens should reach thermal equilibrium before measurement, the influence
10 of different physico-chemical transformations on the specific heat could not be determined
11 during these measurements. The specific heat measured in this study should thus be regarded
12 as a fundamental specific heat, which does not consider the latent heat of different physico-
13 chemical transformations.

14 Figure 10 shows the evolution of the specific heat of the Cref, CS 60, and CPPS 0.75-60
15 concretes compared to the Eurocode 2 [44] curve as a function of the temperature. The
16 specific heats of the three tested concretes increased with the temperature.

17



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Figure 10 Specific heats (kJ/kg.K) of Cref, CS 60, and CPPS 0.75-60 concretes compared to the Eurocode 2 [44] curve as a function of temperature (T) during heating (↑) and cooling (↓). The maximum standard specific heat deviation is 0.1.

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2 The specific heat increased rapidly between room temperature and 150 °C, after which the
3 increase was slow up to 500 °C. Between 500 °C and 600 °C, the specific heat began to
4 increase more rapidly. Khaliq and Kodur [48] showed the same trend with temperature for a
5 plain concrete and a concrete containing fibres.

6 The specific heat values were measured under isothermal conditions, and specimens achieved
7 hydrothermal equilibrium before measurement. It should also be noted that the samples were
8 pre-dried before the tests. The measured specific heat should thus be regarded as a
9 fundamental specific heat, which does not consider the latent heat of different physico-
10 chemical transformations. The specific heat is strongly dependent on atomic vibration, which
11 is the main mode of absorption of thermal energy in solids. As the temperature increases, the
12 average atomic vibration energy increases, thus leading to higher values of the specific heat.

13 The increase in the specific heat was also caused by an increasing porosity within the cement
14 paste. This increase in porosity involves a higher air volume with a slightly higher specific
15 heat ($1.0 \text{ kJ}\cdot\text{kg}^{-1}\cdot\text{K}^{-1}$) than that of the concrete ($0.9 \text{ kJ}\cdot\text{kg}^{-1}\cdot\text{K}^{-1}$).

16 The specific heats of the CS 60 and CPPS 0.75-60 concretes were slightly higher than that of
17 the reference concrete (Cref) at room temperature ($C_{p \text{ CPPS } 0.75-60} = 1.0 \text{ kJ}\cdot\text{kg}^{-1}\cdot\text{K}^{-1}$, $C_{p \text{ CS } 60} =$
18 $1.1 \text{ kJ}\cdot\text{kg}^{-1}\cdot\text{K}^{-1}$, $C_{p \text{ Cref}} = 0.8 \text{ kJ}\cdot\text{kg}^{-1}\cdot\text{K}^{-1}$).

19 The specific heat curve from Eurocode 2 [44] was positioned below those of the three tested
20 concretes at temperatures above 150 °C.

21 *Thermal diffusivity*

22 Figure 11 shows the evolution of the thermal diffusivity of the Cref, CS 60, and CPPS 0.75-
23 60 concretes from room temperature to 600 °C and from 600 °C back to room temperature.

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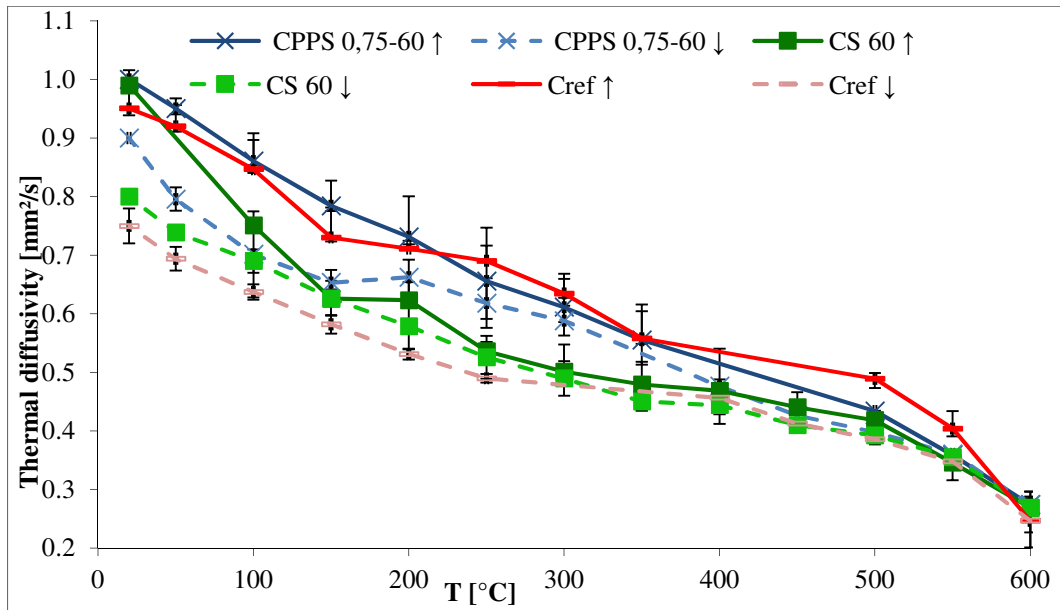


Figure 11 Thermal diffusivities (mm^2/s) of Cref, CS 60, and CPPS 0.75-60 concretes as a function of temperature (T)

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3 For the three different concretes, the thermal diffusivity decreased gradually with heating.
 4 Previous studies by Jansson [49], Kodur [50], and Bamonte [51] showed that the decrease in
 5 diffusivity was related to the decrease in the density and conductivity and increase in the
 6 specific heat.

7 Unlike the thermal conductivity, the thermal diffusivities of the CS 60 and CPPS 0.75-60
 8 concretes did not exhibit similar evolutions. The CS 60 concrete diffusivity had a greater
 9 decrease between 20 °C and 150 °C than the CPPS 0.75-60 concrete. This was related to the
 10 higher increase in the specific heat of this concrete over the same temperature range.

11 For the three mixtures, at 600 °C, the thermal diffusivity lost approximately 75% of its initial
 12 value. The Cref and CPPS 0.75-60 concretes showed very similar evolutions of the diffusivity
 13 with temperature.

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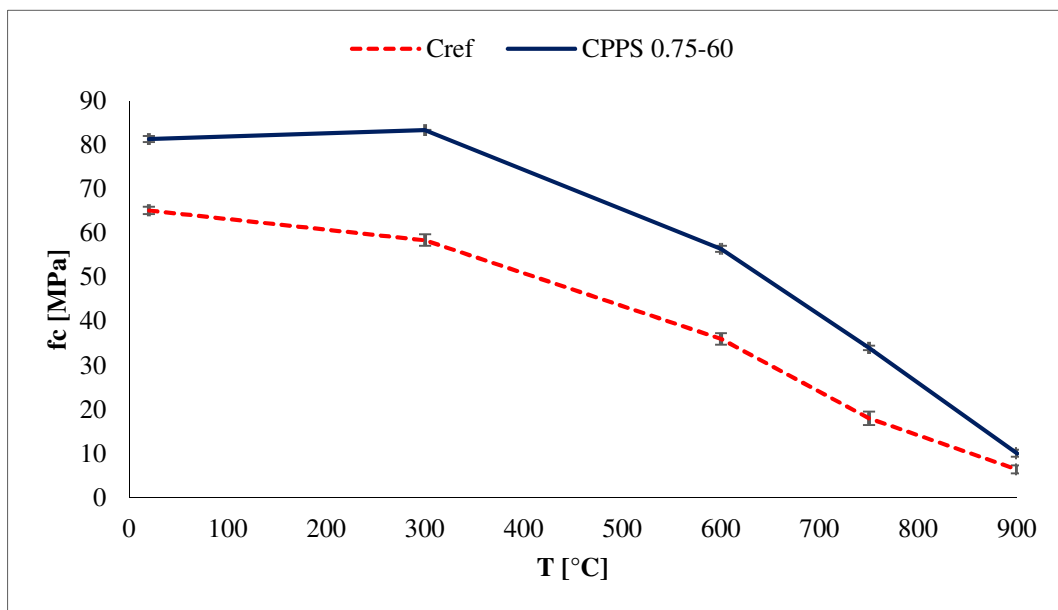
15 2.1.2 Residual mechanical properties

16 The mechanical tests at 28 d showed compressive strength values of 60 MPa for the Cref
 17 concrete and 80 MPa for the CS 60 and CPPS 0.75-60 concretes. As previous studies have
 18 shown that 0.75 kg/m^3 of polypropylene fibres does not affect the evolution of the mechanical

1 properties with temperature [52], it can be considered that the CS 60 and CPPS 0.75-60
2 concretes have similar mechanical behaviours.

3 Mechanical tests were performed on Cref and CPPS 0.75-60 concretes after cooling, to
4 evaluate the influence of the addition of PPF and SF on the mechanical properties after
5 exposure to high temperatures. The mechanical properties of Cref and CPPS 0.75-60
6 concretes were presented in a previous study [5].

7 Figure 12 shows the evolution of the absolute residual compressive strength for the Cref and
8 CPPS 0.75-60 concretes.



18 Figure 12 Residual compressive strengths of Cref and CPPS 0.75-60
19 concretes as a function of temperature

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21 The compressive strength strongly decreased above 300 °C. This was related to the thermal
22 strain mismatch between the aggregate (expanding) and cement paste (shrinkage), which led
23 to tangential and radial cracks at the paste–aggregate interface [53–55].

24 The most important improvement (approximately 15%) resulting from the addition of the
25 steel fibres to the residual compressive strength was observed between 600 °C and 750 °C.

26 This demonstrates that steel fibres reduced the damage level of the CPPS 0.75-60 concrete.

1 Figure 13 presents the relative residual compressive strength of the Cref and CPPS 0.75-60
 2 concretes compared to the ACI [56] and EC 4 [57] standards for unstressed specimens after
 3 cooling as a function of the temperature. The CPPS 0.75-60 concrete retained a relative
 4 compressive strength above the standard curves. The Cref concrete globally fit the EC 4
 5 calcareous curve.

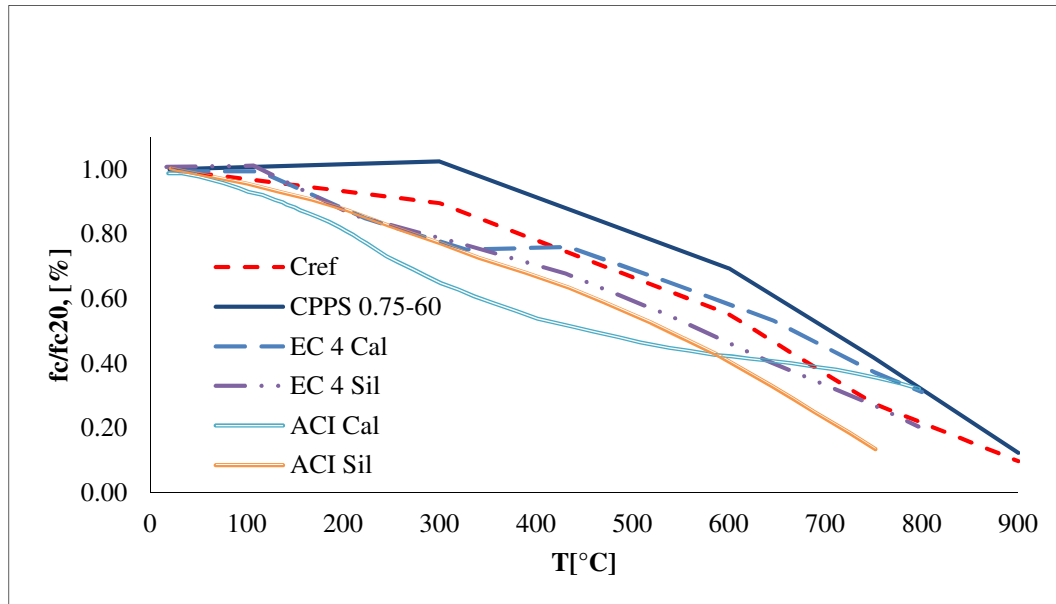
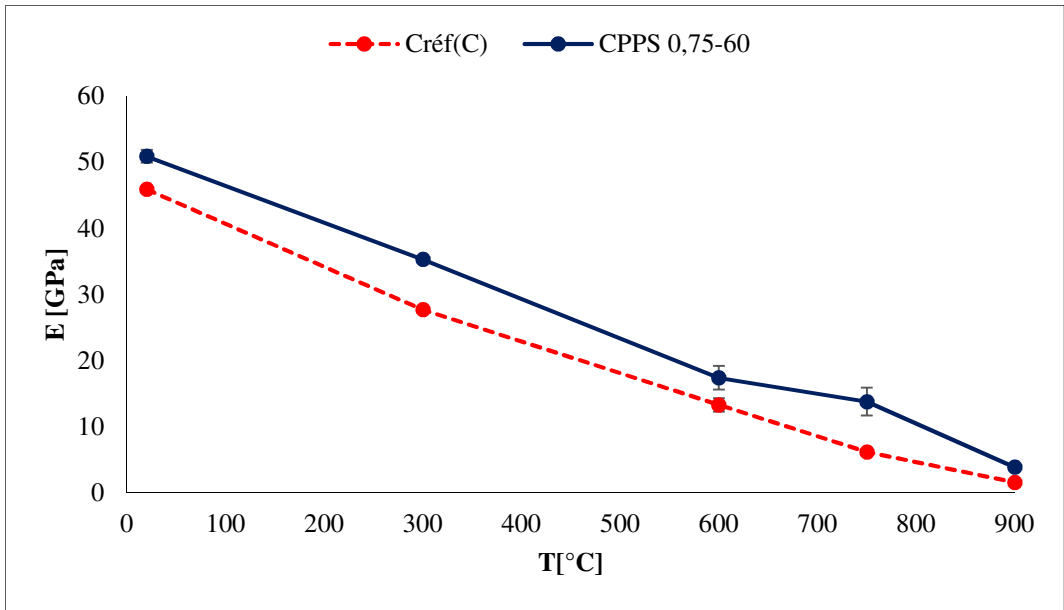


Figure 13 Relative residual (after cooling) compressive strengths of Cref and CPPS 0.75-60 concretes compared to ACI [56] and EC 4 [57] standards as a function of temperature

6 Figure 14 shows the evolution of the residual modulus of elasticity of the Cref and CPPS
 7 0.75-60 concretes with temperature. The modulus of elasticity of both concretes decreased
 8 gradually with increasing temperature. At room temperature, the Young's modulus of CPPS
 9 0.75-60 was 5 GPa higher than that of the Cref. The decrease in the modulus of elasticity was
 10 more rapid than that of the compressive strength, up to 30%–35% of the initial values at 600
 11 °C for the Cref and CPPS 0.75-60 concretes, respectively. The reduction in the residual
 12 modulus of elasticity was lower for CPPS 0.75-60 concrete than for Cref concrete.

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10 Figure 14 Residual modulus of elasticity of the Créf and CPPS 0.75-60 concretes as a
11 function of the temperature (T)

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13 From 20 °C to 750 °C, the relative modulus of elasticity of the CPPS 0.75-60 concrete
14 showed an average improvement of 8% compared to the Créf concrete.

15 At 900 °C, the modulus of elasticity values were low. A similar behaviour in the residual
16 compressive strength evolution was observed by Ezziane et al. [58]. The authors attributed
17 this behaviour to the oxidation (500 °C) and subsequent corrosion (700 °C) of the steel fibres.

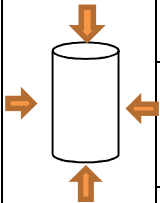
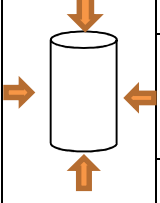
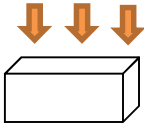
18 Globally, the residual mechanical properties of the CPPS 0.75-60 concretes were higher than
19 those of the Créf concretes, confirming the contribution of steel fibres for controlling thermal
20 cracking and limiting the spread of cracking during mechanical testing.

1 **2.2 Depth, surface, and volume of spalled concrete for different geometries**
 2 **and thermal loading**

3 An ISO 834 fire test and a heating test at 10°C/min in which cylindrical specimens and slabs
 4 for the three concrete mixtures were heated to 600 °C, were performed to investigate the
 5 effects of the heating rate and specimen geometry on concrete spalling. There was no spalling
 6 observed on concretes during heating at 0.5 °C/min. The spalling details after the ISO 834 fire
 7 test and heating at 10 °C/min are listed in Table 5.

8

9 Table 5 Spalling volume, surface, and depth on Cref, CS 60, and CPPS 0.75-60 concretes for
 10 different heating rates and specimen geometries

Concrete s	Heating rates	Shapes (mm)	Spalling volume (%)	Spalling surface (%)	Max spalling depth (cm)	Number of spalled specimens/total number of specimens	Moisture content (%)
Cref	ISO 834 fire (1100 °C)	 150 × 300	-	-	-	0/26	4.7
CS 60			Not measured	27.0 ± 3.5	3.0 ± 0.7	9/9	4.5
CPPS 0.75-60			-	-	-	0/9	4.7
Cref	10 °C/min, 600 °C	 150 × 300	Explosive spalling	Explosive spalling	Explosive spalling	4/4	4.9
CS 60			Not measured	75.0 ± 7.8	5.0 ± 1.2	4/4	5.2
CPPS 0.75-60			-	-	-	0/4	4.1
Cref	10 °C/min,		5.0	42.0	3.0	1/2	3.7
CS 60			10.0	64.0	3.0	2/2	3.2

CPPS 0.75-60	600 °C	600 × 300 × 120	-	-	-	0/2	3.5
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3 *Thermal stability of Cref concrete*

4 After the ISO 834 fire test, the Cref concrete did not exhibit any spalling (Table 6). The Cref
5 concrete cylinders exhibited explosive spalling during heating at 10 °C/min (Table 6). The
6 sloughing-off of large pieces can be attributed to sudden failure with a large release of energy.
7 The Cref concrete slab also spalled during heating at 10 °C/min. Small pieces of concrete fell
8 off the surface of the slab, showing a progressive spalling behaviour. The spalling volume
9 represented 5% of the total volume, and the spalling surface was 42% of the heated surface
10 (Table 5). The maximum spalling depth was approximately 3 cm. The spalling was more
11 severe in the concrete cylinders than the slabs. The one-side heating of the slabs allows
12 vapour and liquid water to migrate out from the specimen, which limits the risk of spalling.

13 The Cref concrete slab and cylinders heated at 10 °C/min showed spalling volumes of 5% and
14 a spalling surface of 42% (Table 7). The maximum spalling depth was approximately 3 cm.
15 The one-sided heating seems logically more favourable than multi-directional heating.

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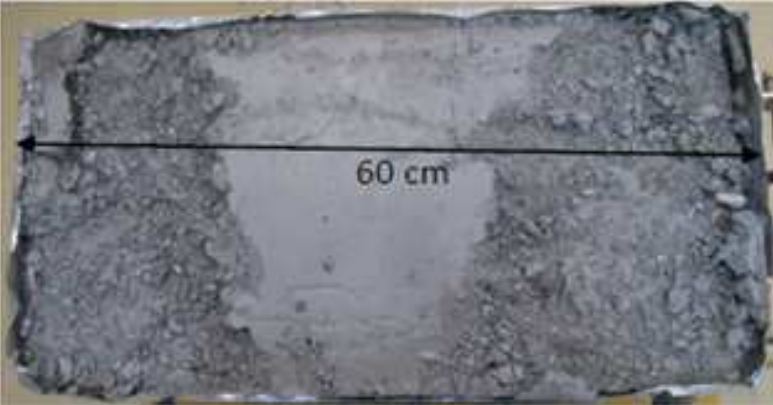

17 Table 6 Cylinders of Cref, CS 60, and CPPS 0.75-60 concretes after ISO 834 and 10 °C/min
18 heating tests

Concrete	Concrete specimen after heating	
	ISO 834 fire	10 °C/min

<p>Cref</p>		 
<p>CS 60</p>		 
<p>CPPS 0.75-60</p>		

1

2 Table 7 Heated surface of the concrete slabs after heating at 10 °C/min to 600 °C

Type of concrete mix	Concrete after heating at 10 °C/min
Cref	
CS 60	
CPPS 0.75-60	

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4 *Thermal stability of CS 60 concrete*

5 The CS 60 concrete cylindrical specimens exposed to ISO 834 fire conditions showed surface
6 spalling after 24 min of heating and a surface temperature of 850 °C (Table 6). The maximum

1 total spalling surface was approximately 27% of the exposed surface and the maximum total
2 spalling depth was 3 cm. A reduction in the mechanical properties of the steel fibres was
3 observed after cooling.

4 During heating at 10 °C/min, the four CS 60 concrete cylindrical specimens spalled covering
5 up to 75% of the total surface with a maximum spalling depth of 5 cm (Table 5 and Table 6).
6 The falling off of small pieces can be attributed to a progressive surface spalling behaviour.
7 The amount of spalling on the CS 60 concrete cylinders was higher for heating at 10 °C/min
8 to 600 °C than for the ISO 834 fire conditions.

9 The spalling phenomena on the CS 60 concrete cylinders was less severe for the ISO 834 fire
10 test than for heating at 10 °C/min.

11 The CS 60 concrete slab heated at 10 °C/min also suffered spalling and exhibited more
12 damage than the Cref concrete slab. Its spalling volume percentage was 10%, spalling surface
13 percentage was 64%, and maximum spalling depth was approximately 3 cm (Table 5 and
14 Table 7).

15 The occurrence of spalling in concrete containing steel fibres was also reported by Chen and
16 Liu [34]. Heating tests at 10 °C/min for concrete cubes with 48 kg/m³ of steel fibres showed
17 severe spalling after heating to 800 °C. The residual compressive strength of the concretes
18 was 82 MPa.

19 *Thermal stability of CPPS 0.75-60 concrete*

20 The CPPS 0.75-60 concrete did not experience any pieces falling off during the different
21 heating scenarios (Table 6 and Table 7). As for the cylindrical specimens, the CPPS 0.75-60
22 concrete slab presented in Table 6 also did not exhibit spalling. The polypropylene-and-steel
23 fibre mixture appears to be an effective solution for limiting explosive spalling.

24 In summary, the results showed that spalling occurred for CS 60 concrete regardless of the
25 specimen geometry and the boundary thermal conditions. Conversely, the CPPS 0.75-60
26 concrete did not exhibit any spalling, regardless of the heating conditions. No spalling of the
27 Cref concrete specimens occurred during the ISO 834 fire test; however, with heating at 10
28 °C/min, cylindrical specimens of Cref concrete exploded and the slab specimen exhibited
29 surface spalling. When heated at 10 °C/min, surface spalling was observed on CS 60 concrete
30 cylinders, while Cref cylinders exhibited explosive spalling, leading to concrete being broken
31 off in several pieces. This difference in the spalling behaviour highlights the influence of steel
32 fibres on the spalling process at 10 °C/min and spalling occurrence under the ISO 834 fire

1 test. For all the concrete mix designs, the unidirectional thermal loading appears more
2 favourable than heating on all sides at 10 °C/min.

3 **2.3 Temperature and pore pressure evolution within concrete slabs**

4 **2.3.1 Temperature evolution within concrete slabs during heating at 10 °C/min**

5 Figure 15 shows the temperature evolution at different depths (5 mm, 30 mm, and 60 mm
6 from the heated slab surface) and on the unexposed surface. Thermocouples located 30 mm
7 below the heated surface of the Cref and CS 60 concrete slabs broke down following spalling
8 events, and their values have not been plotted in the figure. Two thermocouples placed on the
9 heated surface (Tsurf1, Tsurf2) of each slab demonstrated that the temperature distribution
10 was homogeneous over the entire exposed section. The surface temperature evolution of the
11 Cref and CS 60 concretes showed disruption characterised by a sudden temperature decrease
12 and growth. The decrease was identified at Tsurf = 500 °C for the CS 60 concrete and Tsurf =
13 500–600 °C for the Cref concrete. This sudden change in temperature could indicate the
14 occurrence of spalling. The 60 mm thermocouple in the CS 60 concrete reached a plateau, and
15 the temperature remained almost constant for a few minutes (Figure 16). This plateau at a
16 local temperature of 130 °C can be attributed to the endothermic nature of water vaporisation.
17 Vaporisation consumes a significant amount of energy, thereby reducing the amount of heat
18 transfer. This plateau in the time–temperature curve at a depth of 60 mm was smaller for the
19 Cref concrete and did not appear for the CPPS 0.75-60 concrete (Figure 16). This is probably
20 due to thermal cracking inside the concrete, which allows for more moisture loss during the
21 test. Therefore, the clear plateau observed in the CS60 concrete indicates a greater difficulty
22 of water escaping from the CS 60 concrete. However, the gas permeability results do not seem
23 to corroborate this hypothesis: after heating at 300 °C, the permeability value for the CS 60
24 concrete was between that of the Cref and CPPS 0.75-60 concretes. However, in a previous
25 study, mercury porosity measurements [5] showed that the presence of steel fibres impacted
26 the porous network structure at high temperatures (200–500 °C). The steel fibres seemed to
27 limit the appearance of new large pores (1 µm to 10 µm). Further measurements of
28 permeability in the temperature range of 100–200 °C would be necessary to confirm or refute
29 this hypothesis.

30 The higher temperatures observed for the CS 60 concrete could be related to the spalling and
31 consequent decrease of the concrete thickness covering the thermocouple (Figure 1

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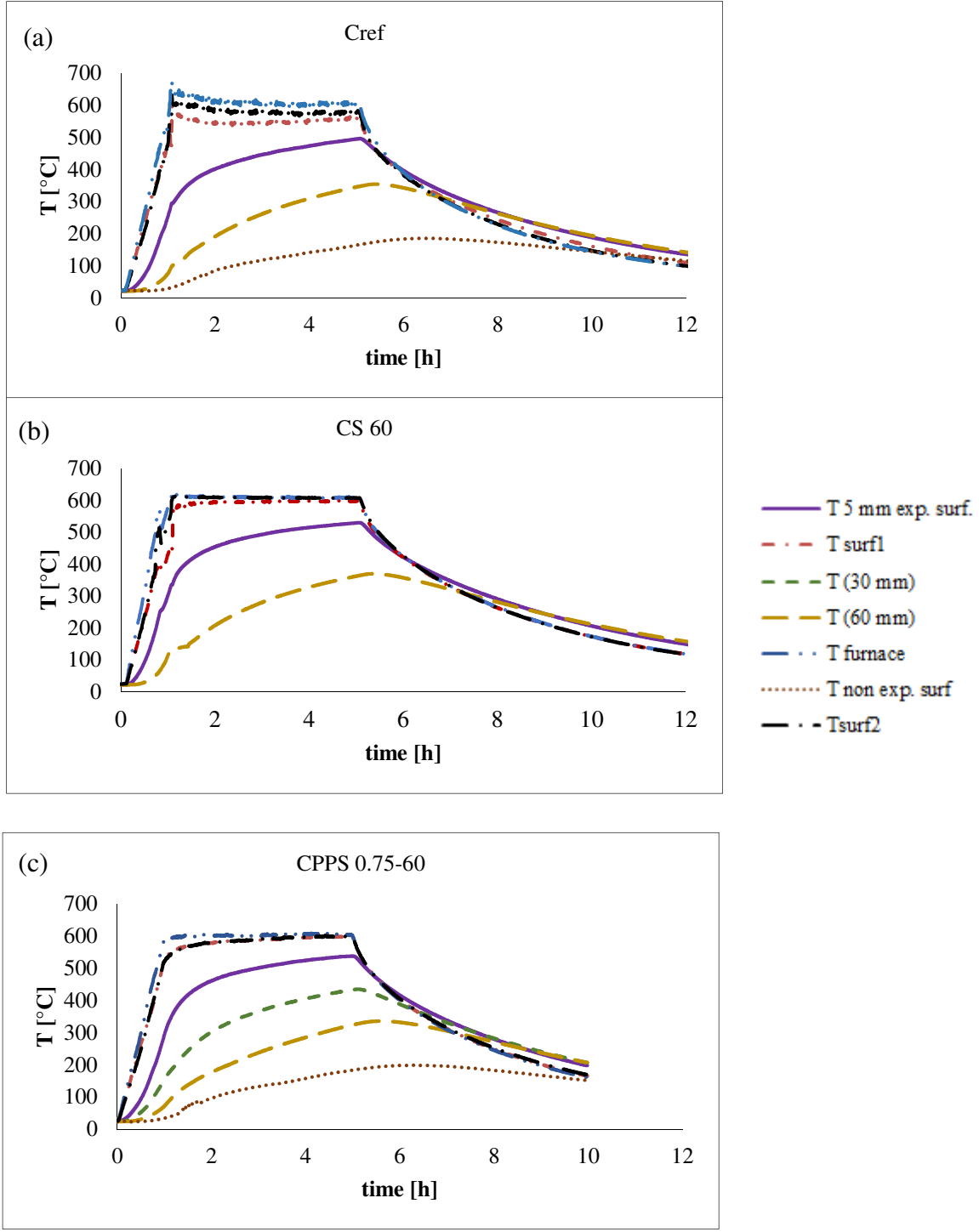


Figure 15 Temperature evolution as a function of time at different depths in the (a) Cref, (b) CS 60, and (c) CPPS 0.75-60 concrete slabs

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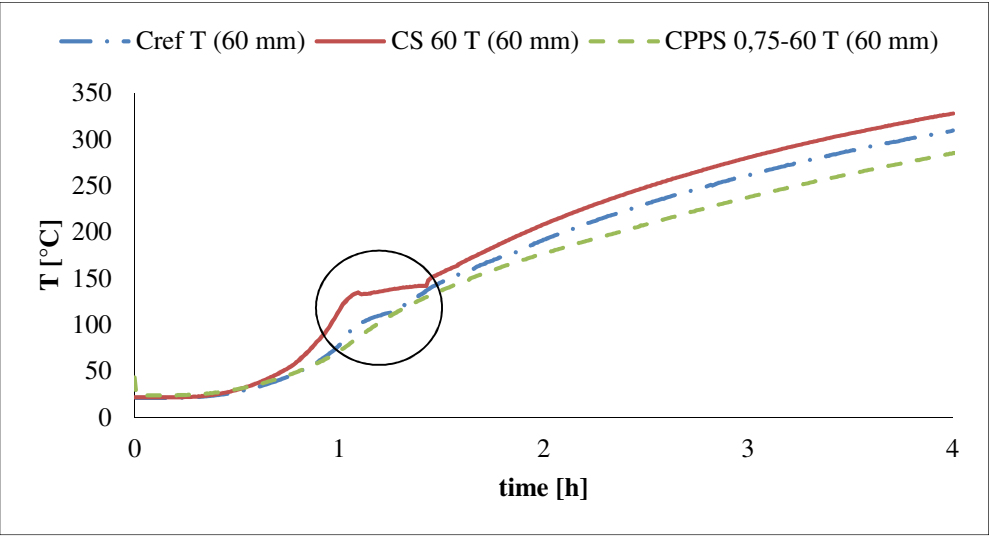
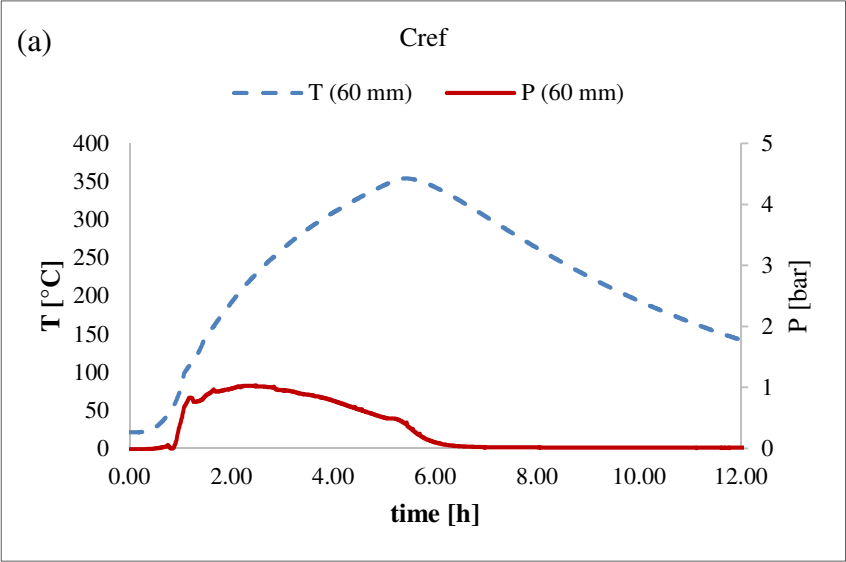


Figure 14 Temperature evolution at depths of 30 and 60 mm below the heating surface during the first 4 h for Cref, CS 60, and CPPS 0.75-60 concrete slabs

2.3.2 Pore pressure evolution within concrete slabs

Figure 17 shows the evolution of the pressures and temperatures measured at a depth of 60 mm as a function of time. Generally, the pressure increased rapidly to a maximum value and then decreased gradually. The curve for the CPPS 0.75-60 concrete did not show a consistent evolution compared to the physical phenomenon. It is possible that the measurement was disrupted by local cracking or a sensor malfunction. The maximum pore pressures within the CS 60 and Cref concretes occurred at the same time and was consistent with the same increase in temperature with time observed in the different concretes (Figure 15, Figure 17).



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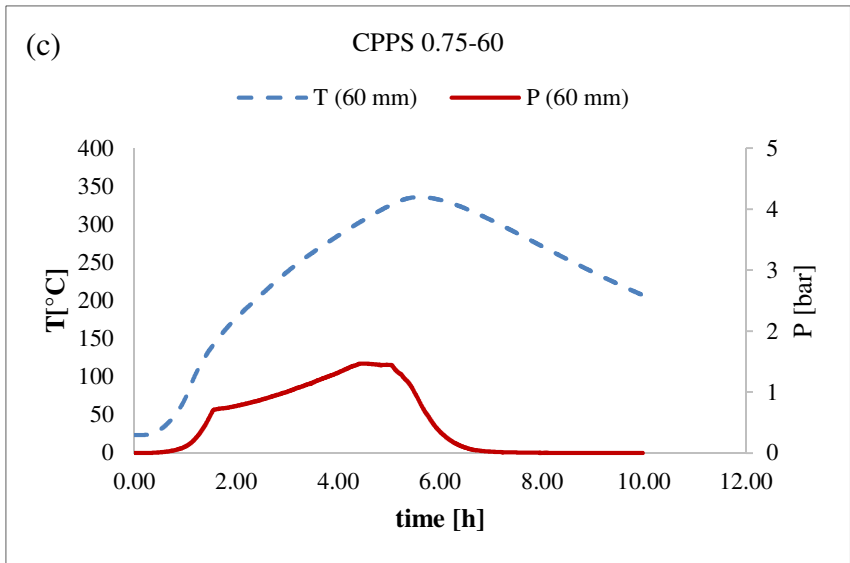
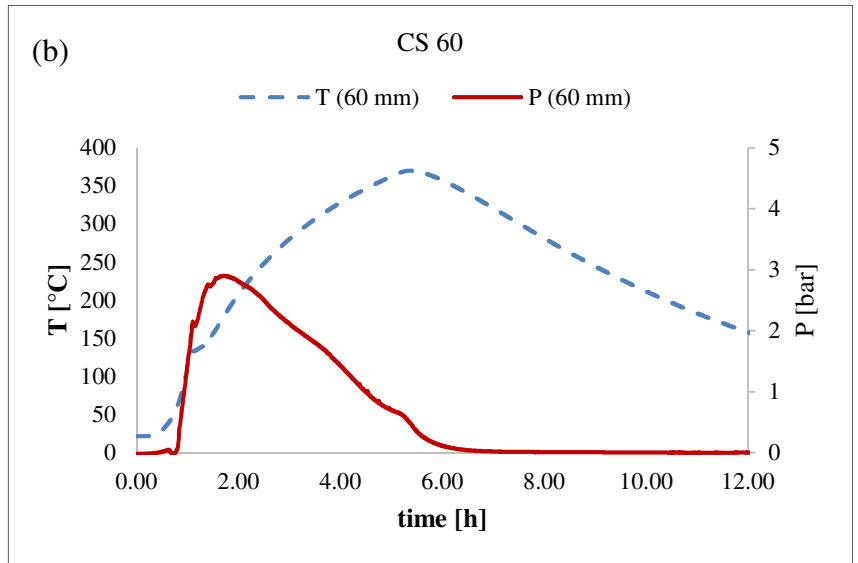


Figure 17 Temperature and pressure evolutions in the (a) Cref, (b) CS 60, and (c) CPPS 0.75-60 concretes at a depth of 60 mm as a function of time

It is important to note that the pressures measured at a depth of 60 mm did not necessarily match the value of the maximum pressure developed in the concrete. The recorded maximum pressure at 60 mm was 2.9 bar at a local temperature of 220 °C. The pressure increase

1 followed the water departure. The recorded pore pressure was higher within the CS 60
2 concrete slab. This could be related to a more difficult evacuation of water, as noted in the
3 temperature curve (Figure 15). The presence of steel fibres appears to affect the mass transfer
4 and pore pressure evolutions.

5 Bangi et al. [19] tested a concrete containing a mixture of 0.1% and 0.4% polypropylene and
6 steel fibres, respectively. The concrete with a strength of 71 MPa was heated at 10 °C/min to
7 600 °C. The pressure was measured at depths of 10, 30, and 50 mm. The maximum pressure
8 did not exceed 10 bar. The results of the present study showed lower values than those
9 reported by Bangi et al. One reason that could explain the difference between these two
10 studies is the curing method: lime-saturated water in Bangi et al. versus plastic bags in our
11 case.

12 According to Monte et al. [6], the pore pressure values of concrete slabs containing steel
13 fibres are similar to or higher than those for plain concrete. Square slab specimens with side
14 lengths of 800 mm and a thickness of 100–200 mm were subjected to ISO 834 fire heating
15 and to a membrane compression of 10 MPa.

16 Figure 18 shows the evolution of the temperature difference between the surface and a depth
17 of 60 mm as a function of the temperature at 60 mm. The Cref and CS 60 concrete curves
18 exhibit disruption, which can be explained by the spalling of the surface. The highest
19 temperature difference occurs at a local temperature in the range of 80 °C to 150 °C.
20 Otherwise, the local temperatures corresponding to the highest pore pressure range from 80
21 °C to 220 °C (Figure 17). For the CS 60 concretes, Figure 17 (b) shows that the pressure
22 increase occurs almost at the beginning of a plateau in the time–temperature curve and the
23 peak was achieved at the end of this plateau. The kinetics of the hygral and thermal processes
24 lead simultaneously to significant magnitudes of the thermal stresses associated with
25 temperature gradients and the stresses induced by pressure. This theory is consistent with the
26 hypothesis in the literature for the double spalling origin [4,59].

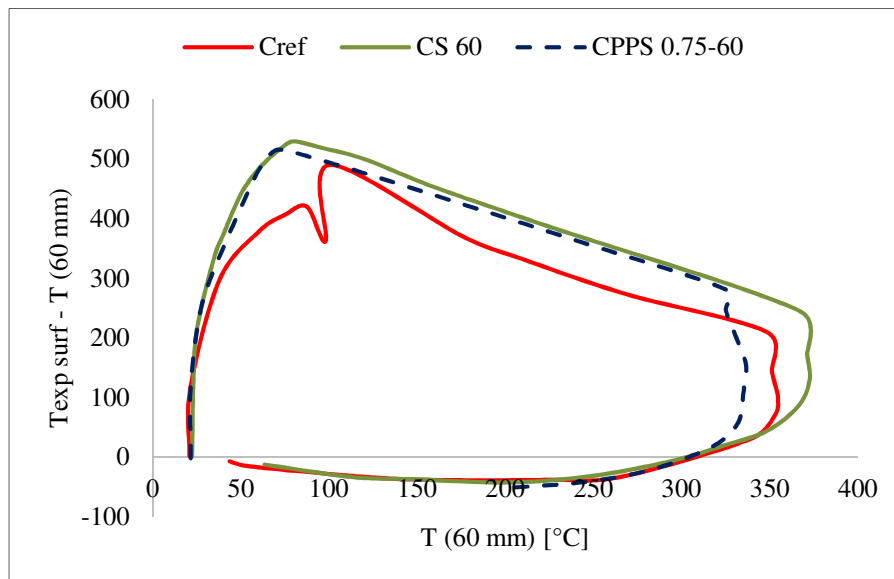


Figure 15 Evolution of the difference in temperature between the surface and a depth of 60 mm as a function of the temperature at 60 mm for Cref, CS 60, and CPPS 0.75-60 concretes

2.4 Discussion

At a heating rate of 10 °C/min, the Cref concrete cylinders showed explosive spalling, while one of the two slabs showed surface spalling. However, the Cref concrete cylindrical specimens did not spall under ISO fire conditions. A rapid increase of the temperature generates a higher thermal gradient and higher surface compressive stresses. This phenomenon may induce strong concrete cracking on the peripheral surface of the specimen. These cracks facilitate the evacuation of liquid water and steam toward the outside of the specimen, thus limiting the amount of condensed water that migrates inside the specimen. A decrease in the amount of condensed water reduces the chances of moisture clog formation [10,19]. Felicetti et al. [60] monitored the pore pressure during heating of concrete elements at rates of 120 °C/min, 10 °C/min, and 1 °C/min. The results showed that the highest pore pressure values were obtained for a heating rate of 10 °C/min because cracking induced by thermal stress (in the case of fast heating) and drying due to prolonged vapour flows (in the case of slow heating) lead to significantly lower pressure peaks. Thermally induced cracks tend to enhance gas permeability and pressure release. Spalling observations showed a greater spalling depth in the CS 60 concrete cylinders for heating at 10 °C/min (50 mm) than for the ISO 834 fire test (30 mm).

1 The difference in the spalling depth can be related to the numerical results reported by Gavin
2 et al. [20], who showed that at slow heating rates, the values of the liquid moisture saturation
3 and vapour pressure are slightly higher than those observed during fast heating, such as under
4 the ISO-834 fire conditions. In addition, at low heating rates, the maximum pressure values
5 occur at a greater distance from the heated surface than in the case of faster heating [20]. The
6 migration of fluid becomes easier, allowing for a decrease in the pore pressure. The
7 polypropylene fibres prevent spalling during one-side heating when thermal stresses play a
8 dominant role, but they also prevent the spalling of small cylinders heated on all sides where
9 the thermo-hydrous mechanism is dominant.

10 In this study, no spalling of the CPPS 0.75-60 concrete occurred. This was explained by the
11 influence of the polypropylene fibres on the concrete microstructure. This phenomenon has
12 been previously highlighted by numerous authors [52,61,62]. After the melting of
13 polypropylene fibres (170 °C), the pores become interconnected by a network of micro-
14 cracks, thus creating favourable leakage paths. The greater increase in the CPPS 0.75-60
15 permeability values between 150 °C and 300 °C compared to that of the other concretes
16 confirms this hypothesis (Figure 8). The easier fluid transport allowed for better drainage. As
17 a result, lower pore pressures could be expected within the concrete; however, the values
18 measured at a depth of 60 mm from the slab surface do not show much difference from those
19 for the Cref concrete (Figure 17). The micro-cracks that opened during heating near the
20 heated side would facilitate the departure of liquid water toward the outside of the specimen.
21 The decreased amount of liquid water reduced the consumption of latent heat due to water
22 vaporisation. Therefore, the thermal gradient within the concrete element would be much
23 lower, leading to a decrease in the thermo-mechanical stresses (Figure 18). Thus,
24 polypropylene fibres would have a favourable impact on both the thermo-hydric process and
25 the thermo-mechanical process. The absence of spalling during one-side heating when
26 thermal stresses play a dominant role on the spalling behaviour, but also the absence of
27 spalling in small cylinders heated on all sides, seem to support this hypothesis.

28 When steel fibres were added to the concrete, spalling occurred regardless of the boundary
29 thermal conditions, specimen geometry, or heating rates. The results showed the influence of
30 steel fibres for lessening the reduction of residual mechanical properties with increasing
31 temperature. Steel fibres control crack development and prevent the occurrence of large crack
32 widths [5]. During the ISO 834 fire test, the cracking on the CS 60 concrete cylinder surface
33 was not as important as it was for the Cref concrete.

1 Steel fibres increased the thermal conductivity of the concretes but decreased their specific
2 heat, especially for the CS 60 concretes (Figure 9 and Figure 10). As a result, the thermal
3 diffusivity of the CS 60 concrete was lower than that of the other concretes (Figure 11), which
4 leads to slower heat conduction. A higher thermal gradient could thus have been expected for
5 the CS 60 concrete, but the temperature evolutions within the concrete do not show such a
6 trend. Variations in the slab thickness depending on the spalling amount may impact the
7 temperature distribution within the concretes and make interpretation more difficult.
8 Otherwise, a higher modulus of elasticity leads to higher thermal stresses and increases the
9 spalling sensitivity, as evidenced by the spalling of CS 60 concretes at the higher heating rate
10 (ISO 834). Indeed, spalling can occur when the thermo-mechanical stresses and pore pressure
11 reach certain threshold values. The higher the thermo-mechanical stresses are, the lower the
12 pressure threshold value leading to spalling will be. Steel fibres may also influence the
13 thermo-hydraulic mechanism, as shown by the higher pore pressure value measured in the
14 CS60 concrete compared to that of the other concretes. However, unlike what could be
15 expected, the CS60 concrete did not exhibit lower residual permeability values than the other
16 concretes did. A longer plateau in the time–temperature curve related to heat consumption due
17 to the water phase change could indicate a greater amount of water. Water may have had more
18 difficulty migrating through the CS60 concrete because it was less damaged.

19 Steel fibres exhibited an influence on the spalling of specimens during heating at 10 °C/min.
20 The Cref cylinders exhibited explosive spalling, whereas the CS 60 cylinders presented
21 surface spalling. Steel fibres, through being pulled out or off of the specimens, absorbed a
22 large quantity of energy and modified the concrete spalling behaviour.

23

24 **3. Conclusion**

25 This study presents several heating tests (ISO 834 fire test and heating at 10 °C/min) and
26 characterisation tests at a heating rate of 0.5 °C/min for concretes with or without
27 polypropylene and/or steel fibres in order to better understand the influence of these fibres on
28 the concrete spalling behaviour. Some conclusions can be drawn from the results:

- 29 • The results show that the addition of polypropylene fibres led to an increase in the
30 residual gas permeability, particularly between 200 °C and 300 °C. The steel fibres led
31 to an increase in the thermal conductivity, but also to an increase in the specific heat.

1 Steel fibres reduced the loss of mechanical residual properties with increasing
2 temperature.

- 3 • The thermal conductivity decreased almost linearly with the temperature between 20
4 °C and 600 °C. During cooling, there was a slight gain in conductivity. The hysteresis
5 between heating and cooling can be explained by the irreversibility of reactions, such
6 as the departure of physically and chemically bound water and the appearance of
7 micro-cracks above 300 °C, which lead to deterioration of the material. Within the
8 slabs, the pressure and temperature gradients both reached significant values in the
9 same temperature range (80 °C to 220 °C). This indicates that both thermo-mechanical
10 and thermo-hydrous processes were involved in the spalling behaviour.
- 11 • Plain concrete (Cref) did not show spalling under the ISO 834 fire test, whereas
12 explosive spalling appeared during heating at 10 °C/min. Faster temperature loading
13 generated a higher thermal gradient and higher surface compressive stresses, which
14 may induce the cracking of the peripheral part. Thus, the evacuation of liquid water
15 and steam to the outside of the concrete was easier. This process also limits the
16 migration of water into the colder inner part of the specimen.
- 17 • Spalling was more severe for concrete cylinders than slabs. The one-side heating of
18 the slabs allowed vapour to migrate out from the unexposed part of the specimen. The
19 addition of steel fibres changed the spalling mode of cylindrical specimens from
20 explosive spalling in large pieces (Cref) to surface spalling in small pieces (CS 60).
- 21 • The CS 60 concrete exhibited spalling regardless of the type of thermal load (ISO 834
22 or 10 °C/min) or the boundary thermal conditions (one-side heating or all-side
23 heating). The higher modulus of elasticity of the CS 60 concrete increased the thermo-
24 mechanical stresses during heating. Steel fibres also had an influence on the thermo-
25 hydric process, as shown by the higher pore pressure value measured in the CS60
26 concrete compared to the other concretes. Furthermore, the influence of steel fibres on
27 limiting the crack widths on the cylinder periphery might explain the occurrence of
28 spalling during the ISO 834 fire test for CS 60 concrete and not Cref concrete.
- 29 • The addition of polypropylene fibres (0.75 kg/m³) to the CS 60 concrete mix was
30 effective in preventing spalling at each heating rate. The positive action of
31 polypropylene fibres was clearly shown by the higher gas permeability of the CPPS
32 0.75-60 concrete, particularly between 200 °C and 300 °C. The addition of 60 kg/m³
33 of steel fibres had an unfavourable influence on spalling, especially under rapid

1 heating (ISO 834 fire test). Adding 0.75 kg/m³ of polypropylene fibres to the CS 60
2 concrete (CPPS 0.75-60) prevented spalling. The CPPS 0.75-60 concrete did not
3 exhibit any spalling. It would be interesting to test different steel fibre contents of less
4 than 60 kg/m³ to identify the stability threshold and recognise the effects of adding
5 polypropylene fibres based on the case.

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