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A Polymer-free Paclitaxel-eluting Stent versus a Bare Metal Stent for De Novo Femoropopliteal Lesions: The BATTLE Trial

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Tweet/handle : (@GouefficYann); We suggest as tweet: BATTLE RCT: Zilver PTX vs Misago. Zilver PTX failed to show superiority for freedom from ISR at 1y for the repair of femoropopliteal lesions

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ABSTRACT

Background: No randomized studies have compared self-expanding paclitaxel eluting stents with bare metal stents in the treatment of femoropopliteal lesions.

Objectives: The primary objective of the BATTLE trial is to demonstrate the clinical superiority of the Zilver[®] PTX[®] stent over the Misago[®] stent in the treatment of femoropopliteal lesions

Methods: BATTLE is a randomised, multicenter, controlled trial in patients with symptomatic (Rutherford category 2–5) *de novo* lesions of the superficial femoral or proximal popliteal artery. The primary endpoint was freedom from in-stent restenosis at one year where restenosis was defined as a peak systolic velocity index >2.4 at the target lesion. The Kaplan–Meier method was used to evaluate time-to event data for freedom from in-stent restenosis over the two-year follow-up period.

Results: Between March 2014 and August 2016, 186 patients were enrolled; 91 were assigned to the Misago[®] arm and 90 to the Zilver[®] PTX[®] arm. Kaplan–Meier one-year estimates of freedom from ISR were 88.6% for Misago[®] and 91% for Zilver[®] PTX[®] (HR=1.2 [95% CI 0.6-2.4]; p=0.64). Comparing Misago[®] with Zilver[®] PTX[®], two-year estimates were 6.4% and 1.2% (HR=7.3 [95% CI 0.9-59.3]; p=0.0632) for mortality, 74.6% and 78.8% (HR=1.2 [95% CI 0.6-2.1]; p=0.62) for patency, and 14.4% and 12.4% (HR=1.2 [95% CI 0.5-2.8]; p=0.69) for target lesion revascularization.

Conclusions: In the treatment of symptomatic femoropopliteal lesions, the Zilver[®] PTX[®] stent failed to show superiority over the Misago[®] stent in freedom from ISR atone year.

KEY WORDS: Femoropopliteal; Zilver[®] PTX[®]; Misago[®]; paclitaxel; restenosis;

CONDENSED ABSTRACT

BATTLE is the first randomized controlled trial to compare a polymer-free paclitaxel-eluting stent (ZCONilver[®] PTX[®]) versus a bare metal stent (Zilver[®] PTX[®]; Misago[®]) for the treatment of de novo femoropopliteal lesions in symptomatic patients. Freedom from in-stent restenosis (ISR) was the primary endpoint. The Zilver[®] PTX[®] stent failed to show superiority over the Misago[®] stent in freedom from ISR at one year. This level 1 evidence does not support the use of paclitaxel-coated, polymer-free Zilver[®]PTX[®] instead of bare metal stents to prevent in-stent restenosis for the treatment of femoropopliteal lesions.

ABBREVIATIONS AND ACRONYMS

ABI: Ankle-Brachial Index **ACE:** angiotensin-converting-enzyme **BMI:** body mass index

MACE: Major adverse clinical events

PAD: peripheral artery disease

SIROCCO: SIROlimus Coated Cordis SMART Nitinol Self-expandable Stent for the treatment of Obstructive Superficial Femoral Artery Disease

TASC: Trans-Atlantic Inter-Society Consensus document II on management of peripheral arterial disease.

TECCO: traitement des lésions athéromateuses de l'artère fémorale commune par technique endovasculaire versus chirurgie ouverte

TER: Target Extremity Revascularization

TLR: Target Lesion Revascularization

INTRODUCTION

Recently, the European Society of Cardiology in collaboration with the European Society for Vascular Surgery have recommended that endovascular therapy should be the first choice treatment for femoropopliteal lesions <25 cm.¹ Restenosis continues to be the Achilles' heel of endovascular treatment of femoropopliteal lesions. Efforts to prevent restenosis first focused on stenting, to prevents elastic recoil and constrictive remodeling that follow percutaneous angioplasty (PTA). Randomized clinical trials have demonstrated that self-expanding bare metal stents (BMS) were superior to PTA, but in-stent restenosis rates remained high.³⁻⁵ In such cases, in-stent restenosis is primarily caused by intimal hyperplasia. Randomized controlled trials comparing sirolimus eluting stents to BMS demonstrated a non-statistically significant trend towards reduction in late lumen loss.^{6, 7}

In 2011, apolymer-free, paclitaxel eluting, self-expending stent (PES) showed superior 12-month outcomes compared to PTA.⁹ Interestingly, the study was designed to randomize patients who required bailout stenting. These patients underwent a secondary random assignment to receive either provisional BMS or PES, during which a superior 12-month primary patency rate of 89.9% for PES compared with 73.0% for BMS (p=0.01) was observed. However, the study was not powered for this endpoint and no conclusion could be drawn. Currently, no studies have compared PES to BMS for the primary treatment of femoropopliteal lesions. The primary objective of the BATTLE trial (Bare metal stent versus paclitaxel-eluting stent in the trial (Bare metal stent vs. paclitaxel eluting stent in the setting of primary stenting of intermediate-length femoropopliteal lesions) was to demonstrate the clinical superiority of primary stenting using a polymer-free PES (Zilver[®] PTX[®], Cook Medical, Bloomington, IN, USA) over a latest-generation self-expanding, bare nitinol stent (Misago[®] RX, Terumo Corp., Tokyo, Japan) in the treatment of femoropopliteal lesions in symptomatic patients

METHODS

Study design:

BATTLE was a national, multicenter, prospective, randomized controlled trial conducted at 10 centres in which 186 patients with symptomatic femoropopliteal lesions were randomly assigned to receive Misago[®] or Zilver[®] PTX[®] stents. The trial was conducted in accordance with the ICH-E6, French Good Clinical Practice guidelines, and appropriate regulatory requirements. The ethical committee approved the study for France (CPP Ouest IV- Nantes #33/13). Information has been given to the patient. The trial was designed by the first author in collaboration with the department of clinical research of Nantes. This trial was registered on ClinicalTrials.gov (NCT02004951). The full protocol has been previously published.¹⁰

Patients:

Inclusion and exclusion criteria are provided in detail in the full protocol.¹⁰ Briefly, patients were eligible for enrolment if they had a history of symptomatic peripheral arterial disease (PAD) (Rutherford stage 2–5) and *de novo* atherosclerotic lesions (stenosis and/or occlusion) of the superficial femoral artery, the proximal popliteal artery, or both. Target lesion length was required to range from 2 to 14 cm (inclusive) with at least 1 patent runoff vessel (<50% diameter stenosis throughout its course) and be eligible for treatment with a maximum of two stents per lesion. The main exclusion criteria were asymptomatic lesions, restenosis, and no atheromatous disease.

Randomization and masking:

Eligible patients were randomly assigned in a 1:1 ratio to Misago[®] or Zilver[®] PTX[®] stent implantation. Simple randomization was performed with the use of a web-based s y s t e m before the procedure. Randomization was stratified according to investigational site to ensure proportional assignment. Because of the nature of the interventions, treating physicians were aware of study-group assignments. Patients remained blinded to the assigned

and received treatment until the primary endpoint analysis. The clinical events committee, site personnel who conducted clinical follow-up assessments (except when conducted by the implanting investigator), core laboratory personnel (who assessed duplex ultrasonography and radiographs), and individuals involved in the data analysis were also blinded to treatment assignment until the primary endpoint analysis. An independent data reviewer, blinded to treatment to treatment assignment, monitored aggregate safety data. The sponsor did not have access to treatment assignment.

The Misago[®] RX, a self-expending nitinol stent with a rapid exchange catheter, was compared to the Zilver[®] PTX[®], a polymer-free PES with an over-the-wire system. During the trial, available maximum lengths for Misago[®] RX and Zilver[®] PTX[®] were 15 and 10 cm, respectively. Interventions and follow-up information is given in detail in the full protocol. Briefly, clinical follow-up visits were scheduled to take place at 30 days, 12 and 24 months. All patients underwent a duplex scan at 30 days, 12 and 24 months post-procedure. Biplane X-rays were recorded at one, 12, and 24 months for evaluation of stent fractures. An intravenous bolus of 50 IU/kg heparin and aspirin (dose left to the discretion of the interventionalist) were administered. In both arms, post procedure medical treatment included aspirin 75 mg daily (for a minimum duration of two months) and clopidogrel 75 mg daily throughout the length of the study (two years). In case of contraindication to clopidogrel, ticlopidine was given at a dose according to standard hospital practice. Aspirin was the only antiplatelet agent added for patients who were receiving oral anti-coagulant treatment. Initiation and discontinuation of antiplatelet medications were documented Outcomes:

The primary outcome was the rate of freedom from in-stent restenosis at one year after the procedure. Restenosis was defined as a peak systolic velocity index >2.4 at the target lesion.

The secondary endpoints and their definitions are provided in detail in the full protocol.¹⁰ Briefly, primary sustained clinical improvement at 1, 12 and 24 months post procedure was defined as a sustained upward shift of 1 category of the Rutherford classification for claudicants and by wound healing and rest pain resolution for patients in critical limb ischemia, without the need for repeated target lesion revascularization (TLR) in surviving patients. Secondary sustained clinical improvement at 1, 12 and 24 months post procedure was defined as primary sustained clinical improvement at 1, 12 and 24 months post procedure was defined as primary sustained clinical improvement including the need for repeated TLR. A cost effectiveness analysis was performed using the incremental cost-effectiveness ratio based on quality of life for cost-utility analysis and on freedom from instent restenosis for cost-effectiveness. These data will be released in a separate manuscript Statistical analysis:

We calculated that a sample of 186 patients, randomly assigned in a 1:1 ratio, would be required to provide the study with an 80% power to detect a between-group difference of 19.3% in the rate of freedom from in-restenosis (86.2% in the PES group and 66.9% in the bare metal stent group), at a two-sided alpha level of 0.05 and 10% dropout. These estimates were based on the findings of the Zilver[®] PTX[®] randomized controlled study at one year for the PES group.⁹ For the bare metal stent group, estimates were based on a mean of the restenosis rates in previously published studies .³⁻⁵ Data on freedom from in-stent restenosis for the Misago[®] stent were not available.

Continuous data are presented as the means \pm standard deviation, or as medians with interquartile ranges for non-normal distributions or censored data sets. Categorical data are given as count and percentage. Continuous data were compared with the use of the Student's t-test. Chi-squared or Fisher's exact tests were used for comparison of categorical data. A modified intention-to-treat analysis was performed to include only patients who had undergone randomization and met the major inclusion criteria. The per-protocol analysis

included only randomized patients who received the assigned treatment. All patients were analyzed according to their initial study group assignment. The Kaplan–Meier method was used to evaluate time-to-event data for all-cause mortality, patency, freedom from restenosis, freedom from thrombosis, TLR target extremities revascularization (TER) and sustained clinical improvement over the two-year follow-up period. Differences between groups were assessed using the log-rank test and a hazard ratio (HR) with a 95% confidence interval (CI) in the Cox model. All p values are two-sided; p<0.05 indicated a statistically significant difference and no correction was made for multiple comparisons. All statistical analyses were performed using SAS version 9.4 (SAS Institute, Cary, North Carolina). Role of the funding source:

The sponsor of the study had no role in the study design, data collection and analysis, decision to publish, or preparation of the manuscript.

RESULTS

Between March 2014 and August 2016, we enrolled 186 patients (figure 1). Of these, five patients were not randomized and were withdrawn from the analysis. Three of these cases were twice included, one patient had a contraindication to antiplatelet treatment, and one patient was not eligible due to lesion characteristics. Consequently, these 5 patients were not treated and not followed up. Ninety-one patients were assigned to Misago[®] and 84 underwent the assigned intervention (2 ineligible lesions; 1 chronic renal failure; 1 failure to cross the lesion; 1 randomization error; 2 non-authorized stents). Ninety patients were assigned to Zilver[®] PTX[®] and 85 received the assigned intervention (3 ineligible lesions; 1 failure to cross the lesion; 1 non-authorized stent). The characteristics of the patients in the modified intention-to-treat population were well balanced between groups, with the exception of diabetes mellitus rates (table 1). Based on symptoms, interventions were performed on 70 limbs (82%) in the Misago[®] group and 68 limbs (79%) in the Zilver[®] PTX[®] group. The

mean lesion length was 7.6±4.1 cm in the Misago[®] group versus 6.9±3.5 cm in the Zilver[®] PTX[®] group. Procedural characteristics and target lesions at baseline are described in table 2. Technical success defined as residual angiographic stenosis of no greater than 30% were 100% in each group. One-hundred-and-two stents were implanted in the Misago[®] group and 117 in the Zilver[®] PTX[®] group. Overall, the most commonly used stent diameters were 6 mm (73.9%).

The mean stent length per patient in Misago[®] and Zilver[®] PTX[®] groups was 9±4 and 7±3 cm, respectively. Concomitant interventions among Misago[®] and Zilver[®] PTX[®] groups occurred in16 of 85 and 19 of 86 patients, respectively (p=0.60). Additional angioplasty or stenting were performed for the iliac arteries (Misago[®]: n=9 and Zilver[®] PTX[®]: n=4), the femoropopliteal arteries (Misago[®]: n=10 and Zilver[®] PTX[®]: n=16) and the below-the-knee arteries (Misago[®]: n=1 and Zilver[®] PTX[®]: n=2). No debulking therapy was performed. The median follow-up was 24 months (interquartile range, 24–26). Follow-up data at one year and two years, respectively, were available for 80 and 68 patients with Misago[®], and 83 and 76 with Zilver[®] PTX[®] (figure 1).

In the modified intention-to-treat analysis, Kaplan–Meier one-year estimates of freedom from in-stent restenosis were 88.6% (12 events) for Misago[®] and 91% (11 events) for Zilver[®] PTX[®] (HR=1.2 [95% CI 0.6-2.4]; p=0.64) (figure 2A). Comparing Misago[®] with Zilver[®] PTX[®], two-year estimates were 80.9% and 85.8% for freedom from in-stent restenosis (figure 2A). Per-protocol analysis within this initial cohort yielded similar results (data not shown).

Regarding thrombosis, there was no difference between both groups at one year (Misago[®] vs. Zilver[®] PTX[®]: 3.8% versus 6.1%; HR=0.9 [95% CI 0.3-2.3]; p=0.75) (figure 2B). At one year, primary patency was 84.8% and 85.1% (HR=1.2 [95% CI 0.6-2.1]; p=0.62) for the Misago[®] and Zilver[®] PTX[®] groups, respectively (figure 2C). Misago[®]-treated patients demonstrated similar rates of TLR versus Zilver[®] PTX[®]-treated patients at one year (8.7% vs. 8.4%; HR=1.2 [95% CI 0.5-2.8]; p=0.69) (figure 2D). Target extremity revascularization was also similar (3.7% versus 4.8%; HR=0.4 [95% CI 0.1-1.3]; p=0.12). At one year, 62% and 38% of the patients in the Misago[®] group were asymptomatic or presented with claudication, respectively. For the Zilver[®] PTX[®] group, 53%, 43%, and 4% of the patients were asymptomatic, presented with claudication, or critical limb ischemia, respectively. Overall, symptoms, based on Rutherford status, was improved for both groups but with a difference observed between them at one year (p=0.04) (figure 3). The primary sustained clinical improvement at one year was 84.8% and 83.3% in the Misago[®] and the Zilver[®] PTX[®] groups, respectively (HR=0.9 [95% CI 0.5-1.6]; p=0.65). At one year, the resting ABI was significantly improved compared with baseline in both groups (Misago[®]: 0.96±0.19 from 0.71±0.21; Zilver[®] PTX[®]: 0.92±0.19 from 0.68±0.18) without any difference between the groups (p=0.33) (figure 4).

Sixty-eight and 76 patients completed two years of follow-up in the Misago[®] and Zilver[®] PTX[®] groups, respectively. Regarding all secondary endpoints, two-year results did not differ from the 1-year results (Table 3). At 2 years, no difference was observed in term of in-stent restenosis, mortality, in-stent thrombosis, patency and TLR in a post-hoc analysis comparing claudicant and critical limb ischemia patients in both arms. No difference was observed in dual antipaletlet therapy between both groups at one month (Misago[®]: 64%; Zilver[®] PTX[®]: 71%; p=0.30), one year (28% and 35%; p=0.35), and two years (28% and 33%; p=0.54). At two years of follow-up, no statistically significant difference was observed between study groups in term of MACE (Misago[®]: 6.4%, Zilver[®] PTX[®]: 1.2%; HR=7.3 [95% CI 0.9–59.3]; p=0.0632). Seven deaths were noted in the Misago[®] group and one in the Zilver[®] PTX[®] group (HR=7.3 [95% CI 0.9-59.3]; p=0.06) (figure 5). Deaths were not

related to the procedure, nor to the devices. In the Misago[®] group, deaths were related to pulmonary cancer (n=3), sepsis (n=2), trauma (n=1), and multi-system organ failure (n=1). One death was noted in the Zilver[®] PTX[®] group due to haemorrhagic shock. No major amputations were noted at two years. Other reported adverse events were noted in the Misago[®] group such as stroke (n=2), myocardial infarction (n=2), and acute ischemia of the target limb (n=1). In the Zilver[®] PTX[®] group, we observed one case of myocardial infarction and two cases of acute ischaemia of the target limb. Among the Misago[®] and Zilver[®] PTX[®] groups, two (one type III and one type IV) and one (type IV) stent fractures were observed at 12 months. The EQ-5D-3L questionnaire was completed at one, 12, and 24 months by 123 (72.0%), 107 (62.6%), and 103 (60.6%) patients, respectively (table 4). In both groups, the majority of patients had sustained improvement in the mobility and pain–discomfort dimensions of the EQ-5D-3L questionnaire.

DISCUSSION

Recent guidelines proposed endovascular therapy as a first-choice strategy for femoropopliteal lesions <25 cm, but further evidence is required to determine the algorithm to treat these lesions.¹ Although numerous previous studies have suggested that paclitaxel eluting devices appear to be the most promising treatment for femoropopliteal lesions, these studies compared drug-eluting devices to plain balloon angioplasty as the main comparator.¹¹⁻¹³ The BATTLE trial is the first randomized clinical trial to compare BMS with polymer-free PES with the objective of demonstrating the superiority of polymer-free PES in achieving freedom from in-stent restenosis at 12 months. In this trial, polymer-free PES failed to show superior efficacy compared with BMS for the treatment of patients with symptomatic superficial femoral and proximal popliteal PAD. Secondary endpoints such as sustained clinical

improvement, patency, and TLR also showed no significant differences between both groups. In BATTLE, the Zilver[®] PTX[®] seemed to achieve comparable outcomes to previous studies. Indeed, in the Zilver[®] PTX[®] randomised clinical trial, the mean lesion treated in the PES group was 6.64±3.89 cm long (versus 6.9±3.5 cm in BATTLE), and the primary patency and the TLR rates at one year were 83.1% and 9.5%, versus 85.1% and 8.4% in BATTLE, ⁹ respectively. Therefore, the absence of a difference between groups in the BATTLE trial is not related to worse outcomes for Zilver[®] PTX[®]. Regarding Misago[®], previous randomized clinical trials are not available, but observational data from the main Misago[®] registries reported one year patency of 82.9–87.6% and TLR rates of 10.1–13.0%, which are consistent with BATTLE outcomes.^{14, 15}

Few head-to-head comparisons have been published comparing drug-eluting stent and BMS. A self-expanding sirolimus-eluting stent showed a trend toward reducing late lumen loss compared with BMS at six months, but without significant difference at 18 or 24 months.^{6, 7} Regarding PES, in the second arm of randomization of the Zilver[®] PTX[®] trial, patients who had acute failure in the angioplasty group underwent secondary random assignment to receive either provisional BMS or Zilver[®] PTX^{®.9} The five-year patency and freedom from clinically driven TLR rate was significantly better for the provisional PES group than for the provisional BMS group, which demonstrates the efficacy of paclitaxel with a similar stent platform between both groups.¹⁶ However, the Zilver[®] PTX[®] trial was powered to assess the Zilver[®] PTX[®] stent versus angioplasty and conclusions could not be drawn from the second arm of randomization. In BATTLE, despite the absence of a difference between groups at one and two years, an effect of paclitaxel can be observed. Indeed, the shape of the Kaplan–Meier curves depicting freedom from in-stent restenosis were different between both groups. Interestingly, BMS curve declines mostly from four to eight months and then plateaus. With PES, the drop is delayed from seven to 12 months. This difference

in pattern between both curves may reflect the paclitaxel effect, which delays intimal hyperplasia, but without any advantage at 12 months in terms of in-stent restenosis and patency. The absence of a difference between both arms could be explained by the stent platform. The Misago[®] self-expandable stent utilizes a different stent platform which may reduce in-stent restenosis rate ^{17, 18} Furthermore, drug release control could also contribute to the BATTLE results. Zilver[®] PTX does not utilize a polymer to release paclitaxel, delivering approximately 95% of the total drug within 24 hours of deployment, with sustained paclitaxel levels in the artery wall over 56 days.¹⁹ On the other hand, in-stent restenosis predominantly occurs within a year following nitinol stenting in the femoropopliteal segment.²⁰ As such, the kinetics of paclitaxel release by Zilver[®] PTX[®] do not match the kinetics of restenosis at the femoropopliteal level. Recently, Gray et al. published the findings of the IMPERIAL randomized controlled study, which compared Eluvia[®] (Boston Scientific,

Marlborough, MA, USA), a polymer-coated paclitaxel-eluting stent with Zilver[®] PTX[®].²¹ At one year, primary patency and freedom from TLR were significantly superior for Eluvia[®], which may suggest the potential of polymer coating to obtain a sustained paclitaxel release and restenosis inhibition. At one year, in-stent thrombosis rates with Misago[®] and Zilver[®] PTX[®] were 6.7% and 7.6%, respectively. Thus, concerns regarding increase in-stent thrombosis using drug-eluting therapy may be unfounded. IMPERIAL also reported low rates of in-stent thrombosis with 1.7% in the Eluvia group and 4.0% in the Zilver PTX group, which was not significantly different between the groups.

Recently, Katsanos et al. published a meta-analysis of randomized clinical trials investigating the risk of death following application of paclitaxel-coated balloons and stents in the femoropopliteal artery.²² For PES, all-cause death was similar to control arms at one year but there was an increased risk of death with paclitaxel-coated stents at five years. Katsanos et al included one year BATTLE's data before the availability of the 2 year data.

Herein we observed a trend to have a higher mortality in the BMS group. In BATTLE, the causes of deaths are available and they were not related to the procedure, nor to the devices. It is tempting to compare these findings with paclitaxel-coated balloon trials. However, it is important to note that in most of the paclitaxel-coated balloon trials, calcified lesions and failure of vessel preparation were exclusion criteria, which was not the case in the BATTLE or IMPERIAL studies.¹¹⁻¹³ Further trials with direct comparisons between drug-eluting devices and bare metal stents are expected to provide information that would enable the development of a femoropopliteal treatment algorithm.

This study has several potential limitations. The generalization of BATTLE outcomes is limited to patients selected using rigid inclusion and exclusion criteria, and therefore cannot be extrapolated to longer femoropopliteal lesions. Indeed, lesions in the BATTLE study are <10 cm, similar to those included in the Zilver[®] PTX[®], IMPERIAL, and drug-coated balloon randomized studies. Moreover, BATTLE did not include a treadmill exercise test as a secondary endpoint and post-procedure exercise programs were not recorded. To date, Zilver[®] PTX[®] and IMPERIAL trials have shown improvement regarding functional status, but without any significant difference in clinical status between devices. Additionally, BATTLE included CLI patients, typically with more advanced disease and different treatment objectives, which could adversely affect study outcomes.²³ In BATTLE, independent core laboratory measures were blinded to treatment assignment but biases were possible for some variables since the treating physicians were not blinded to treatment assignment.

An ascertainment bias may have been introduced since the clinical follow up was at times provided by the operator rather than blinded site personnel. Finally, the absence of superiority of the Zilver[®] PTX[®] over Misago[®] does not mean a non-inferiority between both devices since the BATTLE studywas underpowered to answer the non-inferiority question.

CONCLUSION

In conclusion, the BATTLE randomized clinical study demonstrated that Zilver[®] PTX[®], a polymer-free PES, is not superior to Misago[®], a bare metal stent, in treatment of symptomatic femoropopliteal disease. Determination of the advantages of drug-eluting therapy over bare metal stents is still required to define the optimal strategy for the treatment of intermediate-length femoropopliteal lesions.

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PERSPECTIVES

WHAT IS KNOWN?

Bare metal stent and drug eluting devices have shown to be a more effective option than plain balloon angioplasty for the femoropopliteal treatment. Head to head randomized clinical trial are now required to develop an algorithm for treatment of the femoropopliteal lesions.

WHAT IS NEW?

BATTLE is the first randomized controlled trial to compare a paclitaxel-eluting stent with a bare metal stent as a primary treatment of femoropopliteal lesions. We found the paclitaxel-coated, polymer-free Zilver[®] PTX[®] stent was not superior to the bare metal stent, Misago[®] for freedom from in-stent restenosis.

WHAT IS NEXT?

More head to head comparisons between bare metal and drug eluting devices will be needed to define the optimal strategy for endovascular treatment of this difficult lesion subset.

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Figure

FIGURE LEGENDS

Figure 1: Randomization and follow-up scheme.

Figure 2: Kaplan–Meier estimates of the rates of (A) freedom from in-stent
restenosis, (B) freedom from in-stent thrombosis, (C) primary patency, and (D)
target lesion revascularization. CI=confidence interval. HR=hazard ratio.
ISR=in-stent restenosis. TLR=target lesion revascularization.
Figure 3: Distribution of Rutherford categories.

Figure 4: Resting ankle-brachial index. ABI=ankle-brachial index.

SD=standard deviation. D=day. M=month

Figure 5: Kaplan–Meier estimates of the survival rates. CI=confidence interval. HR=hazard ratio.

Central illustration: Freedom from in-stent restenosis (left) and resting ABI

(right) up to 2 years. CI=confidence interval. HR=hazard ratio. ISR=in-stent

restenosis. ABI=ankle-brachial index. SD=standard deviation. D=day.

M=month

 Table 1: Baseline demographic and clinical characteristics of the modified intention-to-treat

 Population

	Misago (n=85)	Zilver PTX (n=86)	
Age (years)	68±12	71±12	
Male	62 (73)	62 (72)	
Hypertension	52 (61)	59 (69)	
Hyperlipidemia	61 (73)	55 (65)	
Diabetes	22 (26)	41 (48)	
Smoking at baseline	28 (33)	20 (23)	
Coronary artery disease	34 (40)	27 (31)	
Renal insufficiency	6 (7)	8 (9)	
Obesity (BMI>25)	54 (64)	58 (67)	
History of ischemic stroke or transien	t		
ischemic attack	9 (11)	11 (13)	
Vascular surgical history	26 (31)	26 (30)	
History of lower limb amputation	1 (1)	0 (0)	
Statin at baseline	66 (78)	67 (78)	
ACE inhibitors at baseline	32 (38)	22 (26)	
Antiplatelet drug at baseline	78 (92)	80 (93)	
Dual antiplatelet drug at baseline	45 (53)	41 (48)	
Rutherford at baseline			
2	14 (16)	16 (19)	
3	56 (66)	52 (60)	
4	12 (14)	12 (14)	
5	3 (4)	6 (7)	

Data are n (%), unless otherwise stated. Plus–minus values are means \pm SD. Rutherford stage

2 corresponds to moderate intermittent claudication, stage 3 severe intermittent claudication,

stage 4 ischemic pain at rest, and stage 5 ischemic ulcers. ACE=angiotensin-converting enzyme. BMI=body mass index.

	Misago (n=85)	Zilver PTX (n=86)	
Treated limb			
Right leg	45 (53)	44 (51)	
Left leg	40 (47)	42 (49)	
Lesion length (cm)	7.6±4.1	6.9±3.5	
Reference vessel diameter (cm)	5.75±0.55	5.79±0.64	
Occlusion	30 (35)	33 (38)	
No of patent runoff vessels at baseline			
1	13 (15)	11 (13)	
2	12 (14)	27 (31)	
3	60 (71)	48 (56)	
Anaesthesia			
Local+sedation	55 (65)	57 (67)	
Local +regional	27 (32)	20 (23)	
General	3 (4)	9 (10)	
Duration of procedure (min)	53±34	52±29	
Arterial access to the culprit SFA			
Femoral antegrade	27 (32)	35 (41)	
Femoral retrograde	58 (69)	51 (59)	
Brachial	0 (0)	0 (0)	
Pre-dilatation	70 (83)	69 (80)	
Number of stents during the			
procedure	102	117	

Table 2: Baseline angiographic and procedural characteristics

1	68 (80)	57 (66)
2	17 (20)	27 (31)
3	0 (0)	2 (2)
Total stent length (cm)	11 ± 6	10±5
Diameter per stent (mm)	6±0.5	6±0. 5
Length per stent (cm)	9±4	7±3
Stented arterial segment*		
Proximal SFA	14/102 (14)	10/117 (9)
Mid SFA	55/102 (54)	56/117 (48)
Distal SFA	44/102 (43)	46/117 (39)
Proximal popliteal artery	15/102 (15)	11/117 (9)
Post-dilatation	73 (86)	79 (92)
Technical success	85 (100)	86 (100)
Concomitant ipsilateral procedure	16 (19)	19 (22)
Heparin		
intravenous bolus	83 (98)	82 (95)
Aspirin		
intravenous bolus	11 (13)	18 (21)
Arterial Hemostasis		
manual compression	31 (36)	39 (45)
closure device	56 (66)	54 (63)

Data are n (%), unless otherwise stated. Plus–minus values are means \pm SD. *More than one

arterial segment per stent was allowed. SFA=superficial femoral artery.

Table 3: Secondary endpoints at two years after stent implantation in a modified intention-to-

Treat Analysis

	Misago	Zilver PTX	HR	
	(n=85)	(n=86)	[95% CI]	p- value
All cause of mortality	6.4	1.2	7.3 (0.9– 59.3)	0.06
Major amputation	0	0	NA	NA
Primary sustained clinical improvement	77.6	77.8	0.9 (0.5–1.6)	0.65
Secondary sustained clinical improvement	89.1	87.6	0.7 (0.3–1.5)	0.33
In-stent restenosis	19.1	14.2	1.2 (0.6–2.4)	0.64
In-stent thrombosis	6.7	8.6	0. 9 (0.3– 2.3)	0.75
Primary patency	74.6	78.8	1.2 (0.6–2.1)	0.62
TLR	14.4	12.4	1.2 (0.5–2.8)	0.69
TER	3.7	10.1	0.4 (0.1-1- 3)	0.12
Ankle-brachial index	0.9±0. 2	0.9±0.2	NA	0.44
Stent fracture (n)	2	1	NA	0.61

Data are Kaplan Meier estimates unless otherwise stated. NA=not available. TLR=target

lesion revascularisation. TER=target extremity revascularisation.

	Misago	Zilver PTX	Difference [95% CI]	p- value
Baseline to 1 Month	n= 59	n=	64	
Mobility	38 (64.4)	34 (53.1)	0.1 [-0.1 to 0.3]	0.20
Self-care	2 (3.4)	4 (6.3)	-0.0 [-0.1 to 0.1]	0.68
Usual activity	15 (25.4)	15 (23.4)	0.0 [-0.1 to 0.2]	0.79
Pain/ discomfort	37 (62.7)	34 (53.1)	0.1 [-0.0 to 1.0]	0.28
Anxiety	12 (20.3)	13 (20.3)	0.0 [-0.1 to 0.2]	0.99
Baseline to 12 Months	n= 55	n	=52	
Mobility	28 (51)	25 (48.1)	0.0 [-0.2 to 0.2]	0.76
Self-care	0 (0.0)	3 (5.8)	-0.0 [-0.1 to 0.0]	0.11
Usual activity	17 (31)	13 (25)	0.0 [-0.1 to 0.2]	0.49
Pain/ discomfort	26 (47.3)	32 (61.5)	-0.1 [-0.3 to 0.0]	0.13
Anxiety	9 (16.4)	10 (19.2)	-0.0 [-0.2 to 0.1]	0.69
Baseline to 24 Months	n= 52	n	=51	
Mobility	29 (55.8)	27 (53)	0.0 [-0.2 to 0.2]	0.77
Self-care	2 (3.9)	3 (5.9)	-0.0 [-0.1 to 0.1]	0.68
Usual activity	18 (34.7)	11 (21.6)	0.1 [-0.1 to 0.0]	0.14
Pain/ discomfort	29 (55.8)	26 (51)	0.1 [-0.1 to 0.2]	0.63
Anxiety	12 (23.0)	12 (23.6)	0.0 [-0.2 to 0.2]	0.96

Table 4: Health-related quality of life (EQ-5D-3L)

Data are n (%)











Figure 3 : Distribution of Rutherford categories





